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3953483  THE ULTIMATE SPAM COOKBOOK: 100+ Quick and Delicious Recipes from Traditional to Gourmet. By The Hormel Foods Corporation. With more than 100 unique recipes for every meal of the day, from breakfast hash in the morning and a pulled BBQ sandwich for lunch to savory grilled cheese and guacamole dip for a snack in between. Whether you want to prepare elevated, gourmet dishes or cook with classic, down home style, these recipes have it all. Well illus. in color. 152 pages. Fox Chapel. Paperbound. Pub. at $12.99  $9.95
Recipe Collections


★ 4740206 THE NEW YORK TIMES COOKING NO-RECIPE RECIPES. By Sam Sifton. Color photos. 242 pages. Ten Speed. Paperback. Pub at $28.00 saved $17.95


Low Fat & Healthy Cooking

LIMITED QUANTITY 495822S GLUTEN-FREE BREAD: More than 100 Artisan Loaves for a Healthier Life. By Ellen Brown. A gluten-free diet does not mean that simple pleasures like toast or PBJ have to be out of reach. It includes mouthwatering recipes that are as delicious as their gluten-containing counterparts. Try Portuguese Sweet Bread, Humpty Pecan Stuffed, or Focaccia Bread. Color photos. 248 pages. Running Press. Paperback. Pub at $25.00 saved $6.95


4988730 SUPERFOODS RECIPES & PREPARATION. By Saskia Fraser. Discover the powers of superfoods, how they can aid brain function and weight loss, promote healthy skin and help you feel good. With wholesome and tasty recipes, this edition is your ultimate guide to getting the maximum nutrients out of the meal you prepare. Color photos. 128 pages. Flame Tree. 8¼x11¼. Paperback. Pub at $24.95 saved $6.95

1906208 DIABETIC LIVING EVERYDAY COOKING, Volume 11, Ed. by Lauren Lastowka. When you're looking for inspiration for something fresh, light, and nutritious for breakfast, lunch, or dinner, these healthy recipes are made with the busy cook in mind. You'll find salads, soups, main dishes, sides and desserts. Enjoy. Color photos. 160 pages. Meredith. 8¼x11¼. Paperback. Pub at $39.95 saved $9.50

192706X THE BIG BOOK OF LOW-SODIUM RECIPES. By Linda Larsen. From hearty breakfasts like Raisin Apple Pancakes and Turkey & Bean Enchiladas, each page offers meals that are so tasty, you won't need to give up your favorite flavors. Offers more than 500 delicious low-sodium recipes! Adams Media. Paperback. Pub at $20.99 saved $5.95

4933383 KETO SWEET TOOTH COOKBOOK. By Aaron Day. Creating keto desserts and sweet treats can be tricky, but with a little know-how you can make virtually anything you can imagine with sugar. For more detailed information on how to make chocolate cheesecake and salted caramel brownies, to peanut butter cups, “apple” pie, chocolate chip cookies, and ice cream! Color photos. 160 pages. Alpha. Paperback. Pub at $19.99 saved $5.95

1916082 100 DAYS OF REAL FOOD ON A BUDGET. By Lisa Leake. Whether a local food co-op is a requirement for you or you simply would like to spend less at the grocery store, the resources and recipes found herein will help give you out-of-pocket food without overspending. Recipes include Cinnamon Roll Pancakes; Chicken Burrito Bowls; Apple-glazed Pork Chops; Oatmeal Cake; and more. Fully illus. in color. 296 pages. Morrow. Paperback. Pub at $29.99

4984960 UNICORN FOOD: Beautiful Plant-Based Recipes to Nourish Your Inner Magical Beast. By Kat Oddell. Brightly colored bowls and salads, loaded with vegetables and glowing with goodness. Gently fermented milks and desserts are delicious to drink. Probiotic breakfast custards and deeply fruity “prunutels” (protein-rich, nut-doughs). Using ingredients that are all natural and super-nutritious, here is a rainbow of recipes that redefine clean eating. Well illus. in color. 184 pages. Workman. Paperback. Pub at $19.95

4985955 THE EZECA DETOX: The Low-Chemical Diet for Eliminating Skin Inflammation. By Karen Fischer. This program features delicious, easy-to-prepare dishes that the whole family will enjoy. All the recipes are dairy free and low chemical, and include gluten-free, vegan, high protein and children’s options. The meals are designed to tone your body and improve your skin. Tailored programs that treat mild to severe skin problems. Well illus. in color. 230 pages. Exisle. Paperback. Pub at $24.95 saved $5.95

4992703 BUDDHA BOWLS: Grain + Green + Protein. By Hannah Pennington. Getting dishes on the table through the day from breakfast to dinner and everything in between: Chia Pudding; Hummus Rancheritos; Beef Fat; Miso Soup; Nuttly Sesame Tofu; Shiitake “Bacon”; and more! These recipes are designed to feed one, for easy weeknight solo cooking, but can easily be doubled up to feed a crowd. Color photos. 199 pages. Workman. Paperback. Pub at $19.95

4993229 THE AYURVEDIC COOKBOOK: Get Fit in Just 2 Weeks. By Gita Ramesh. Offers recipes that are simple, fresh, organic and easily digestible. These recipes are effective in keeping the body healthy and disease free. To make the herbal diet easy to understand and follow, a two week chart is provided as ready reckoner. Well illus. in color. 156 pages. Hachette. Paperback. Pub at $14.95

4993289 WELCOME HOME HEALTHY COOKBOOK. By Hope Comfornt. Featuring superfood, anti-inflammatory ingredients, there are plenty of options for everyone, whether you prefer to use your slow cooker, stovetop, or oven. Recipes include: Lightened Up Spinach Artichoke Dip; Berry-Topped Wheat Pancakes; Artichoke Dip; Berry-Topped Wheat Pancakes; Hearty Lentil and Barley Soup; Zucchini Lasagna; Baked Apples and Dates; Morning Glory Cupcakes; and more. Color photos. 246 pages. Good Books. Paperback. Pub at $19.99

LIMITED QUANTITY 4904545 HELP YOURSELF: A Guide to Gut Health for People Who Love Delicious Food. By Lindsay Maitland Hunt. This isn’t a health book that only talks about—and eating! A holistic health system of medicines. This guide includes all the information you need to know to start a whole-food, plant-based diet, including a comprehensive list of what to eat, real talk about supplements, and the most important tip you’ll find: you don’t need to eat perfectly to get great results. Color photos. 248 pages. Page Street. Hardcover. Pub at $22.99 saved $6.95

★ 4993674 HEALTHY ALKALINE DIET GUIDE: What to Know, Why It Works, and What to Eat. By Lauren O’Connor. This compact guide covers everything you’ll need to know to start a whole-food, plant-based alkaline diet, including a comprehensive list of what to eat, real talk about supplements, and 50 easy-to-prepare alkaline recipes. Color photos. 155 pages. Workman. Paperback. Pub at $13.99 saved $6.95

★ 494259X THE TURMERIC COOKBOOK: 50 Delicious Recipes for the Healing Superfood. By William Laska. Solves the problem of not having enough money or time to eat tasty, healthy food. Aids in the fight against inflammation and disease. Includes scruptious and budget-savvy “dirty, lazy,” keto recipes the whole family will love. For less than $10 to make, with 10 grams of net carbs per serving. Color photos. 224 pages. Adams Media. Paperback. Pub at $19.95 saved $9.95

★ 3911500 KALE: The Complete Guide to the World's Most Powerful Superfood. By Rhiannon Peterson. Kale is one of the most nutrient-dense vegetables, kale is the versatile superfood everyone is talking about—and eating! A holistic health guide that teaches you how to unlock the health benefits, how to use turmeric and kale delicious recipes. Fully illus. in color. 128 pages. Aster. Paperback. Pub at $12.99 saved $9.95

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Quick & Easy Cooking

4939921 TASTE OF HOME LIGHT & EASY WEEKNIGHT COOKING. 300+ Quick and Healthy Family Favorites. Ed. by Mark Hagen. Savor all the foods you love while still eating right—even when your schedule is slammed. Collects 307 irresistible, no-fuss recipes for breakfast and dinner. Fully illus. in color. 256 pages. Trusted Media Brands. Paperback. Pub. at $17.99 $12.95

4983610 OUR BEST 5-INGREDIENT FRESH FAMILY RECIPES: Easy, Healthy Dishes Everyone Will Love! This will become your go-to cookbook for quick, easy and delicious recipes to make for family and friends. Includes family-pleasing recipes, full of flavor yet simple for everyday meals. Fully illus. in color. 254 pages. Gooseberry Patch. Paperback. Pub. at $16.95 $12.95

4951772 FRIEDGE LOVE: Organize Your Refrigerator for a Healthier, Happier Life—With 100 Recipes. By Kristen Hong. Eat better, save money, and get the best out of your food. This guide-part organizer and part meal-prep handbook—is your ticket to a smarter, better-organized, harder-working fridge that serves your real life needs. Includes secrets to optimal fridge organization, shopping tips, and more than 100 easy plant-based recipes. Well illus. in color. 334 pages. Workman. Paperback. Pub. at $19.99 $14.95

4915860 KEEPING IT SIMPLE: Easy Weeknight One-Pot Recipes. By Yasmyn Fahm. Dinner in one pot, perfect for the end of a busy weekday! Friendly, practical advice on mouthwatering recipes such as Cashew Chicken Stir-fry, Weeknight Curry, Quick Cococonut Mussels, and more. Well illus. in color. 176 pages. Harde Grant. Paperback. Pub. at $24.99 $19.95

4990992 THE BIG BOOK OF PALEO SLOW COOKING. By Natalie Perry. Treat yourself to what you love—delicious and easy to make paleo meals, including 200 recipes by a leading paleo blogger. Perry takes fresh and easy to find paleo ingredients and uses the magic of the slow cooker to make delicious meals with an incredible richness of aroma and depth of flavor. Color photos. 304 pages. Harvard Common. Paperback. Pub. at $24.99 $16.95

494224X NACHOS FOR DINNER: Simple Recipes Meals the Whole Family Will Love. By Dan Whalen. Sheet pan nachos! Yes, now you have an invitation to eat a plate of nachos and call it dinner. Baked in the oven with gooey cheese and all your favorite toppings, these nachos are an indulgent base, melting layer, flavorful topper—Whalen creates dozens of sheet pan dishes that balance the typical requirements of a meal. Color photos. 152 pages. Ulysses. Paperback. Pub. at $19.99 $14.95

4963334 HOT AIR, DON'T CARE! Amazing Air Fryer Meals in Minutes. Ed. by Janet Giovanelli. Find 137 recipes, including: Spinach and Tomato Fritatta, Brown Sugar Bacon, Glazed Doughnuts, Veggie Tacos, and more. Plus tips for getting the most out of your air fryer and some of the ways to use it as well as easy prep advice to make your meals even more mouthwatering. Color photos. 143 pages. Centennial. 8½x11¼. Spiralbound. Pub. at $16.95

1924454 THE ONE-BOWL BAKER. Easy, Unfussy Recipes for Decadent Cakes, Brownies, Scones, and Bread. By Stephanie Simmons. Baking all your favorite dishes just got one step easier with Simmons’s recipes, which are faster, easier and don’t leave you with a pile of dirty dishes! Wash Click, stir, and bake—It’s that easy! Fully illus. in color. 152 pages. Workman. Paperback. Pub. at $19.99 $14.95

4961183 250 BEST MEALS IN A MUG. By Camilla V. Saulsbury. When you’re dinner solo and are pressed for time, meals in a mug are the perfect solution! All of the recipes can be easily doubled or tripled when you need to feed more than one. Each recipe is ideal for bakers with limited time or counter space, since there’s no need for fussy extra steps like creaming or beating. Fully illus. in color. 528 pages. Workman. Paperback. Pub. at $22.99 $16.95

4985379 FIVE INGREDIENT DINNERS: 100+ Fast & Flavorful Meals. By America’s Test Kitchen. Shelves queues with big, bold flavors while sticking to a quick and easy recipe routine (without adding more work) with elegantly uncomplicated meals that are short on ingredients but not on flavor. With recipes for creating back-pocket dinners using just five ingredients that require little in way of planning, here to make mealtime more manageable. Fully illus. in color. 270 pages. America’s Test Kitchen. Pub. at $30.00 $21.95

4986310 SHEET PAN 5-INGREDIENT COOKBOOK: Simple, Delicious, and Delicious. By Sarah Anne Jones. Seventy-five one-pan recipes for your sheet pan with five ingredients! You can make a complete meal using only one pan and wind up with a fabulous feast. Jones shares recipes that require five ingredients, so Skyhorse. Paperback. Pub. at $19.99 $14.95

4978617 THE VAN LIFE COOKBOOK. By Susan Marque. The essential cookbook for anyone looking to hit the road in their Van! A perfect travel companion to your mobile lifestyle, this is full of creative, flavorful recipes especially crafted for making meals in tight spaces. Fully illus. in color. 128 pages. Lyons. Paperback. Pub. at $19.95 $14.95

4912780 MODERN INSTANT POT COOKBOOK: A Hundred and One Tried and Tested Recipes for Your Instant Pot. By Hope Comferdor. It’s easier than ever to make delicious meals with your Instant Pot—and these mouthwatering recipes will make sure you never run out of ideas. Great for culinary novices and seasoned Instant Pot aficionados alike! Fully illus. in color. 152 pages. Workman. Paperback. Pub. at $16.95 $12.95

1909571 GOOSEBERRY PATCH OUR BEST QUICK & EASY CASSEROLES. Our top 100 best and most popular casseroles from every meal of the day, this makes it easy to собеr on the table fast without sacrificing flavor. Filled with well-tested recipes for every meal of the day, this will become your go-to cookbook for quick, easy and delicious recipes to make for family and friends. Includes family-pleasing recipes, full of flavor yet simple for everyday meals. Fully illus. in color. 256 pages. Gooseberry Patch. Paperback. Pub. at $16.95 $12.95

2012111 GOOD FOOD FAST: Delicious Recipes That Won’t Waste Your Time. By Monica Stevens Lee. From soups to salads to precious, these 80 simple recipes can be thrown together in a flash, from speedy mid-week meals to relaxed weekend feasts. Most can be on the table in 30 minutes. With a focus on fresh, seasonal ingredients, you’ll grab this recipe collection time after time. Well illus. 152 pages. National Trust. Paperback. Pub. at $16.95 $12.95

4966077 THE ONE-PO T CASSEROLE COOKBOOK: Easy Oven-to-Table Recipes. By Sara Mells. Nothing beats the authentic taste of a piping-hot, home-cooked casserole straight from the oven. Here are 75 easy, tasty one-pot dishes along with casserole basics, storing, and freezing tips; and eggs, dairy, gluten and nut-free, vegetarian, vegan, make ahead, and freezer friendly options. Recipes like Sweet Potato Carrot Casserole; Clean-Plate Chicken & Sausage Scones with Peach Butter, and more. Color photos. 150 pages. Rockridge. Paperback. Pub. at $12.99 $7.95

4910141 CLEAN PALEO REAL LIFE: Everything You Need to Know About Clean Eating While Escaping to the Beach. By Miranda Stevens Lee. From soups to salads to precious, these 80 simple recipes can be thrown together in a flash, from speedy mid-week meals to relaxed weekend feasts. Most can be on the table in 30 minutes. With a focus on fresh, seasonal ingredients, you’ll grab this recipe collection time after time. Fully illus. in color. 270 pages. America’s Test Kitchen. Pub. at $29.99 $19.99

4988868 THE COMPLETE INSTANT POT COLLECTION. Photos by Erin Scott. Discover the magic of your multi-cooker! With quick, easy, and delicious family recipes for every meal of the day, this features over 175 favorite dishes that require little prep and yield delicious meals in minutes. Fully illus. in color. 268 pages. Workman. Paperback. Pub. at $30.00 $21.95

4982073 AUTHENTIC INDIAN COOKING WITH YOUR INSTANT POT. By Jenny Tschiesche. One pot cooking for the week done in just one afternoon. Fully illus. in color. 176 pages. Page Street. Paperback. Pub. at $22.99 $17.95

1910906 THE WORKWEEK LUNCH RECIPES COOKBOOK. By Taia Konick. Tackle your midday cravings with never been easier with these simple, easy-to-cook recipes for expansive menu of your Instant Pot and air fryer. Impart layers of flavor to beloved masalas and curries in less than the traditional technique. You’ll find over 100 family-friendly recipes for breakfast, main dishes, soups, stews, and chilies; sides; sheet pans and casseroles. Each recipe includes nutrition information. Recipes include: Pumpkin Spice Pancake Bites; Spinach and Mushroom Frittata; Maple-Glazed Salmon; and more. Color photos. 210 pages. Good Books. Paperback. Pub. at $19.99 $14.95

3751732 THE EVERYTHING EASY INSTANT POT COOKBOOK. By Kelly Jagers. Inside this informative guide you’ll find 300 easy recipes from tried and true classics to modern culinary delights including, Sweet Potato Breakfast Bowl; Loaded Game-Day Queso; Brussels Sprouts with Bacon; Peach Cobbler; and so much more. You’ll wonder how you ever lived without this fantastic appliance! Color photos. 302 pages. Adams Media. Paperback. Pub. at $19.99 $13.95

4760068 BETTY CROCKER FAST FROM-SCRATCH MEALS. Ed. by Anne Ficken. Whether you’re preparing family meals in 30 minutes or less or you’ll find everything you need to get dinner on the table fast without sacrificing flavor. Fully illus. in color. 304 pages. HMH. Paperback. Pub. at $19.99 $14.95


4990130 TASTE OF HOME INSTANT POT, AIR FRYER & SLOW COOKER COOKBOOK. Ed. by Amy Glasier. Say hello to hassle-free cooking! Enjoy easy and delicious meals as you prepare in advance; you’ll be set for the week ahead! Fully illus. in color. 270 pages. Trusted Media Brands. Paperback. Pub. at $19.95 $14.95

** Price cut to $4.95 **

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Outdoor Cooking & Grilling


4871200 THE GREAT OUTDOORS COOKBOOK: Over 100 Recipes for the Campground, Trail, or RV. By Melanie Jenkinson. Whether you’re a serious hiker, weekend warrior, RV camper, or glamper, this guide will help you elevate your next meal in the great outdoors! Inside, you’ll find 100 delicious recipes for campfire food, drinks, helpful planning and packing tips, and cooking methods to make your meals sustaining and memorable. Fully illus. in color. 176 pages. Sterling. 8 1/4 x 10 1/4. Paperback. Pub. at $22.95 $17.95 ★

483979X THE ULTIMATE SURVIVAL COOKBOOK. By T. MacWeth & the eds. of Outdoor Life. Emergency rations never tasted this good! Forget about those dry crackers and canned sardines, and get ready to enjoyski-ride strawberry jam, cedar plank bourbon and maple glazed salmon and dozens more dishes from a professional survival instructor. Cover has metal corners. Fully illus. in color. 240 pages. Weldon Owen. Paperback. Pub. at $19.95 $12.95


Vegetarian Cooking


4763185 PLANT-BASED MEATS: Heavenly Highs for Vegans, Flexitarians, and Curious Carnivores. By Robin Asbell. Reducing your meat consumption is easier than ever with the myriad of alternatives available today. With a handy guide to ingredients, cooking methods, and the basic flavor profiles behind what makes “meat” so tasty, this collection of recipes is for meat lovers or vegans who want to expand their plant-based repertoire. Color photos. 183 pages. Countryman. Pub. at $23.95 $6.95 ★

4826004 VEGAN COMFORT COOKING: 75 Plant-Based Recipes to Satisfy Cravings and Warm Your Soul. By Melanie MacDonald. This collection of recipes will have you preparing your mind, body, and soul with ingredients that include the tastes of the past in a way that makes the present impossible to deny. Includes 8 baking projects, 16 pantry staples, 30 one-pot meals, and more. Color photos. 200 pages. Ten Speed. 8 1/4 x 10 1/4. Paperback. Pub. at $29.99 PRICE CUT to $7.95 ★

4895801 CAST-IRON CAMPING COOKBOOK. By Pauline Reynolds-Nuttall. The 75 easy recipes collected here will make your camp the place to be. With one-skillet meals designed for fast prep, simple cooking, and quick cleanup, you’ll always have something delicious like Walnut and Date Oatmeal; Chicken and Bacon Quesadillas, or Rustic Crusted Salmon. Color photos. 168 pages. Rockridge. Paperback. Pub. at $16.99 PRICE CUT to $7.95 ★

4724933 THANK YOU FOR SMOKING: Fun and Fearless Recipes Cooked with a Whiff of Wood Fire on Your Grill or Smoker. By Paul C. Dubove. Well illus. in color. 254 pages. Speed. Pub. at $30.00 $7.95 ★


Pastas

4719702 THAT NOODLE LIVIDI: Soulful, Savory, Spicy, Slurpy. By Mike & Stephanie Li. In this life-affirming compendium of information for proper noodle preparation from a wide variety of cultures, plus 75 delicious recipes. Includes tips on cooking both dried and fresh noodles into a restaurant quality feast. 251 pages. Workman. 7 1/2 x 10 1/2. Paperback. At $30.00 $22.95 ★

4733584 SIMPLE, ELEGANT PASTA DINNERS. By Nikki Marie. Pasta is the perfect base for everything the seasons have to offer, and here are 75 inspiringly delicious recipes inspired by the season. Includes: Shortcut Spaghetti with Mushroom Pesto; Whole Wheat Penne; Pesto Pizza with Tuna. Color photos. 144 pages. Chronicle. Paperback. Pub. at $19.99 $8.95 ★


4819950 THE ALTERNATIVE FLOUR COOKBOOK: Plant-Based Kitchen. By Kim Lutz. You can easily enjoy all the benefits of alternative flours in 100 savory and sweet plant based recipes like Cinnamon Mug Coffee Cake; Arthritis Tolerating Plantain and Sweet Potato Spelt Salmon; Almond Ricotta; Barbecue Seitan Sandwiches; Sesame Almond Noodles; Maple Bourbon Bread Pudding; and more. Well illus. in color. 170 pages. Sterling/Epiphany. Paperback. Pub. at $19.95 $13.99 ★

2191091 COOKING WITH PLANT-BASED MEAT: 75 Vegan and Vegetarian Recipes For All Your Meaty Cravings. By America’s Test Kitchen. You’ll find expert tips for cooking with plant-based meat and other foods from the ultimate meatless smashers burgers to one-pan stuffed zucchini. Plus, options to use dairy, eggs, or plant-based substitutes give you the flexibility to eat just as you would if you weren’t. Color photos. 182 pages. America’s Test Kitchen Pub. at $27.99 $21.95 ★

4775058 EAT MORE PLANTS. By Molly Krebs. Features 75 delicious ways to pack more vegetables into every meal with inspired recipes like Creamy Zucchini-Basil Soup; Spinach Lasagna; and Kung Pao Cauliflower. Forget bland salads and boring sides–these dishes will show you how to love your vegetables. Color photos. 192 pages. Page Street. Paperback. Pub. at $21.99 PRICE CUT to $9.95

4799925 VEGAN COOKBOOK: Tasty Recipes and Tips for Your Health. By Christa Palinkas. Whether you are just curious about the abundance of legumes, the versatility of grains and the adaptability of dried fruits, seasonal vegetables, seeds, spices and herbs, or are omnivorous and want to cut one that is free of animal fats and derivatives. Try Wild Pea Soup with Potato Gnocchi, or Pistachio and Almond Cakes. Well illus. in color. 160 pages. White Star. Pub. at $16.95 PRICE CUT to $9.95 ★

4733606 THE ULTIMATE VEGAN COOKBOOK. By Emily von Euw et al. With more than 600 recipes, this indispensable kitchen staple is perfect for seasoned vegans looking to build their repertoires, cooks new to the basics of plant-based cuisine and curious meat-eaters on the hunt for new flavors. Gluten-free, soy-free and sugar-free options are included. 32 color photos of color photos. 432 pages. Page Street. Paperback. Pub. at $30.00 PRICE CUT to $3.95 ★

476515X THE KIRPAI COOKBOOK. By Atma Jo Ann Loe. Essential reading for those seeking to widen the range of their vegetable's and become better acquainted with the rewards of a vegetarian diet and the Kirpali principles of imparting love to the preparation of his food. Baked, boiled, fried and seasonal adapted for home use. 446 pages. Countryman. Paperback. Pub. at $21.95 PRICE CUT to $3.95 ★

4897987 VEGAN MAC & CHEESE. By Robin Robertson. Whether you are a vegan or simply someone adding more plant-based meals to your diet, you will find more than 50 plant-based recipes for your fave-potato comfort food in exciting new directions. Recipes include: Mom’s Baked Mac & Cheese; Chickpea Mac, Mom’s One-Pot Cheesy Mac. Well illus. 143 pages. Harvard Common. Paperback. Pub. at $9.99

3997723 ONE-DISH VEGAN, REVISED. By Robin Robertson. A well-rounded vegan meal, with plenty of protein and other nutrients, often requires two or three courses, both filling and delicious. From appetizers, buddha bowls, and soups to main dishes and sweet plant based recipes like Quinoa and Black Bean Salad; Quinoa Sundown Chili; and Lobster Mushroom Newberg. 175 recipes. Harvard Common. Paperback. Pub. at $24.99 PRICE CUT to $2.95 ★

4909132 FRESH FROM THE VEGAN SLOW COOKER. By Robin Robertson. In more than 200 vibrantly flavored and inventive recipes, Robertson unveils the breadth and versatility of vegan slow cooking. From zesty Asian, anise-scented, and herbed comfort food, to unique moderate and sweet desserts. The many recipes that are gluten free, soy free, or both are clearly labeled. Including: Crockery Cassoulet; Lasagna Primavera; Handcrafted Ketchup; and more. Color photos. 324 pages. Harvard Common. Paperback. Pub. at $19.99 $9.95 ★
Asian & Eastern Cuisines

★ 4960230 COOKING WITH JAPANESE PICKLES: 97 Quick, Classic and Seasonal Recipes. By Koko Yokoyama. Homemade Japanese pickles are tasty, nutritious and easy to make. Contains 76 recipes for pickles you can make at home using fresh vegetables, as well as 21 recipes for delicious home-style dishes that incorporate the pickles you’ve made. Try Eggplant in Sweet Mustard, Pickled Garlic, Red Onion Pickled in Sweet Vinegar, and more. Well illus. in color. 112 pages. Tutle. $12.95

★ 4839404 CLASSIC WOK COOKING. By Sunil Vijayanokar et al. Recipes previously appeared in Wok Works. Discover the amazing versatility of wok cooking with this collection of more than 160 fresh and aromatic recipes. Chapters include Crispy Snacks and Finger Food, Soups and Appetizers, Main Dishes, Seafood and Fish, Vegetable Main Dishes, Side Dishes, and Sweet Dishes and Desserts. Fully illus. in color. 224 pages. Lion. $35.00

★ 4959550 THE UNOFFICIAL BRIDGETTSON COOKBOOK. By Lex Taylor. Channel your inner featherington sister with 100 Bridgettson inspired recipes for every course and occasion. Features dazzling dishes such as Queen Charlotte’s Flap Jamps; Romaniers, Citrus Glazed Quails a la Hastings and The Duke’s Favorite Gooseberry Pie. Color photos. 236 pages. Media. Pub. at $21.99

★ 4887119 THE ROADS TO ROME. By J. Wrisley & P. Vlatiello. Discover the origins of Roman dishes by cooking your way through the roads that built the eternal city. Wrisley and Vlatiello encounter farmers and artisans who reveal the origins of the ingredients that gave rise to such iconic dishes as pasta Cacio e Pepe and Spaghetti all’Amatriciana. Color photos. 320 pages. Hungry Planet. $16.95

★ 4823532 MAZI: Modern Greek Food. By C. Mourouggiou & A. Care. Well illus. in color. 288 pages. Firefly. Pub. at $35.00

★ 3964010 TASTING ITALY: A Culinary Journey. By America’s Test Kitchen. 382 pages. National Geographic. 9x11½. Color photos. $11.95


Jewish Cuisine

★ 1910706 THE SEASONAL JEWISH KITCHEN: A Fresh Take on Tradition. By Amelia Saltsman. Takes us beyond the standards to explore myriad flavors ideal for modern meals. Saltsman traces the delicious story of cooking from its ancient roots to today’s focus on seasonality, sustainability, and Middle Eastern fare, to bring us recipes like Hummus and Olive Oil Polenta, and Roasted Cauliflower with Orange & Olive Oil Polenta Upside-Down Cake. 310 pages. Sterling. $29.95

★ 4973241 THE INSTANT POT KOSHER COOKBOOK: 100 Recipes to Nourish Body and Soul. By Paula Shoyer. The kasher recipes collected here include a mouthwatering mix of traditional Eastern European and Middle Eastern favorites like Peruvian Chicken Soup, Everything Bagel BBQ Chicken Wings, and Thai Red Curry Fish, along with Passover-friendly options and healthier versions of favorite comfort foods. Color photos. 204 pages. Sterling Epicure. Pub. at $22.95

Regional & Exotic Cuisines

★ 4598998 MALAYSIAN COOKING: A Master Cook Reveals Her Best Recipes. By Carol Selva Rajah. Introduces the art of cooking in Malaysia’s most aromatic cuisine, with more than 300 recipes. Celebrates the wonderful fragrances to excite both the palate and sense of smell. Rajah has included a collection of new and traditional Malaysian dishes for anyone wishing to serve the best flavors of this Far Eastern culture. Color photos. 112 pages. Tutle. $29.99

★ 1914251 INDIA: A Journey for Food Lovers. By Priya Vikramasinha et al. Discover the vast array of dishes that make up the cuisine of today’s India. Wadi gives a new twist to Mediterranean cooking as he highlights the essence of Indian food and drink, including spices, breads and seafood. Color photos. 296 pages. Rizzoli. Pub. at $29.95

★ 1914170 FLAVOURS OF ALEPPO: Celebrating Syrian Cuisine. By D. Janssens & A. G. Badra. Celebrates the city’s multicultural roots in a mix of popular Middle Eastern dishes, such as Fatoush, Hummus, Mana’ish, and Shawarma, along with regional dishes like Schnibbel Dijama with Lamb and Potatoes, Chicken with Couscous, and Baklava. You can be sure that no matter where a dish may have originated, it will celebrate the bold fresh flavors of Jerusalem’s kitchens. Color photos. 184 pages. Sterling. Pub. at $27.95

★ 4980123 JERUSALEM FOOD: Bold Flavors from the Middle East and Beyond. By Yitzchak Rehav. Celebrates the city’s multicultural roots in a mix of popular Middle Eastern dishes, such as Fatoush, Hummus, Mana’ish, and Shawarma, along with regional dishes like Schnibbel Dijama with Lamb and Potatoes, Chicken with Couscous, and Baklava. You can be sure that no matter where a dish may have originated, it will celebrate the bold fresh flavors of Jerusalem’s kitchens. Color photos. 184 pages. Sterling. Pub. at $27.95

European Cuisines

★ 4866770 NOTES FROM A SWEDISH KITCHEN. By Margareta Schildt Landgren. The author shares wonderful stories from growing up in the Swedish culinary tradition, and along the way shares over 100 fabulous recipes that capture Swedish cuisine’s delicious, varied and often unexpected charms. 224 pages. IMM Lifestyle Books. Paperbound. Pub. at $19.99

★ 4841377 BASQUE COUNTRY: A Culinary Journey Through a Food Lover’s Paradise. By Marti Buckley. The author unlocks the mysteries of this culinary world by bringing together its intensely ingredient-driven recipes. Recreates the flavors of Basque customs and the Basque kitchen, and vivid photographs of both food and place. Basque cooking is a marriage of simplicity and refinement, and the author cooking for family and friends. 326 pages. Paper. $35.00

★ 3913481 THE FUNDAMENTAL TECHNIQUES OF CLASSIC ITALIAN CUISINE. By Cesare Casella et al. This comprehensive guide to traditional Italian cooking lays out the skills needed to render the flavors and details of classic Italian recipes. Based on the curriculum of the International Culinary Center and the Institute of Italian Studies, it breaks down the techniques of Italian cooking in a way that will appeal to home cooks and professionals alike. Includes over 200 recipes. Color photos. 512 pages. Stewart, Tabori & Chang. 10x14¼. Color photos. $19.95

★ 4582222 PUGLIA: The Silver Spoon. Ed. by Michelle Lo. Featuring more than 50 authentic, easy to prepare recipes from both Puglia, Italy as well as the neighboring region of Basilicata. Each chapter is found in traditional recipes from Orecchiette with Broccoli Rabe to Lamb with aromatic Herbs. Color photos. 272 pages. Phaidon. Pub. at $39.95

★ 4740035 STIR-FRYING HYGGYE. By Bijou Cyd. Good food makes everyone feel warm and cared for, which is the very essence of Hyggye. This Danish way of life has been embraced by Americans who want that same sense of comfort. Includes a recipe that will keep you coming back for more. Color photos. 110 pages. Countryman. Pub. at $18.95


★ 1905414 THE NEW MEDITERRANEAN TABLE: Modern and Rustic Recipes Inspired by Traditions Spanning Three Continents. By Sameh Wadi. Takes us beyond the traditional Mediterranean dishes, such as Fattoush, Dolmas with Lamb and Potatoes, Chicken with Couscous, and Baklava. You can be sure that no matter where a dish may have originated, it will celebrate the bold fresh flavors of Jerusalem’s kitchens. Color photos. 184 pages. Sterling. Pub. at $27.95

★ 1912194 VEGETARIAN: 400 Regional Italian Recipes. By Slow Food Editore. This amazing collection of more than 550 traditional New England recipes, compiled by some of the region’s best chefs. Color photos. 312 pages. Schiffer. Pub. at $34.99


★ 4883209 HEALTHY MEXICAN: Over 140 Authentic Low-Calorie, Big-Flavor Recipes. By Hayla van der Velde de la Garza. Traditional Mexican ingredients aren’t just delicious, they’re good for you too! This cookbook reproduces this crave-worthy cuisine with 140 recipes. Each recipe contains smart, better-for-you alternatives that you and your guests will approve of. Quick preparations with short ingredient lists. Fully illus. in color. 272 pages. The Experiment. Paperbound. Pub. at $19.95

★ 4954810 CUBA: The Cookbook. By M. Galvez & I. Tomade. Features 350 traditional Cuban recipes collected by the country’s foremost culinary authorities. Included are iconic dishes and regional specialties that reveal the island’s diverse food culture. Well illus. in color. 432 pages. Phaidon. Pub. at $49.95
**Notable Chefs & Celebrities**

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4980026 **THE GOOD HOMEMADE CHRISTMAS COOKBOOK**. Ed. by Jane Francisco. Inside you'll find 300 delicious recipes including Pork Crown Roast with Pear Stuffing, Green Bean Cheddar casserole, Pecan and Apple Cheesecake, along with fanciful gingerbread houses. There are also dazzling holiday decorating ideas and craft projects that will inspire you to create new traditions. Well illus. in color. 422 pages. Hearst. Pub. at $30.00

$6.95

3997X **THE PERFECT TURKEY: More Than 100 Mouthwatering Recipes for the Ultimate Feast**. By Kartin Saras. Whether you take the conventional roast and roast it in an oven or dress it up with a variety of marinades and rubs, these guarantees that your turkey starts from a flavor packed foundation. You’ll also find delicious side dishes, stuffing suggestions, desserts, and the ultimate Thanksgiving leftovers sandwich! Color photos. 240 pages. Cider Mill. Paperbound. Pub. at $18.95

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Desserts

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**3930904 S’MORES! Gooey, Melty, Crunchy Riffs on the Campfire Classic.** By Dan Whalen. Enjoy your S’mores all year long with more than 50 playful, irresistible recipes that completely challenge the definition of a S’more. Riffs range from classic Salted Campfire Classic. to more than 50 playful, irresistible recipes that completely challenge the definition of a S’more. Riffs range from classic Salted to classic Salted and absolutely delicious, it’s great for home bakers of any skill level looking to expand their repertoire. 136 pages. Chronicle. Pub. at $18.95 $6.95

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**4959510 EVERYONE CAN BAKE: Simple Recipes to Master and Mix.** By Dominique Ansel. Shares simple, go-to recipes including cakes, cookies, and tarts, that everyone can bake with easy-to-follow instructions and kitchen tips. An inspiring resource for every baker. Color photos. 327 pages. S&S. 8x11x1. Pub. at $37.50 *PRICE CUT to $9.95


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