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THE GREAT APES: A Short History. By Chris Henshil. Presents a comprehensive and authoritative overview of the evolution of the human species. This is a unique and authoritative account that will interest anyone interested in the story of humankind, its relationship with its closest primate relatives, from antiquity to the present. A philosopher and historian specializing in primatology, Henshil brings to bear the latest research on the evolution of the human species. In this compelling work, he offers a balanced view of human and ape behavior, and sets the stage for understanding the complex relationships between us and our relatives. 321 pages. Yale. Pub. at $36.00

THE FIRST DOMESTICATION OF HUMANS AND ANIMALS COEVOLVED. By: R. Piro and B.R. Fogg. This fascinating work, the authors change the narrative about how wolves became domesticated and, in turn, humanity’s best friend. Rather than reinforce how people mastered and tamed an aggressive, dangerous species, they describe coevolution and mutualism. Illus. 326 pages. Yale. Pub. at $38.00

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WILD MAN FROM BORNEO: A Fascinating Creature. 175 pages. Firefly.


OUR WILD CALLING: How Man’s Remarkable Quest to Save the Animals Are People Too. By I. McAllister with C. Harper. This book summarizes the lives of the 133 species of dinosaurs, their anatomy and environment, their place in the world of the planet for millions of years. 507 pages. Johns Hopkins. Pub. at $57.00

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THE LAST WILD WOLVES: Ghosts of the Great Bear Rainforest. By Ian McAllister with C. Durrell Trench. This comprehensive volume describes the author’s experiences following two wolf packs, one that dominates the extreme outer coastal islands and the other on the north coast of the British Columbia, and another that lives farther inland in the heart of the temperate rain forest. The compelling text is illustrated by over one hundred vivid photographs of the wolves. 192 pages. Greystone. 10”x11”. Paperbound. Pub. at $24.95
How to survive: Self-reliance in extreme circumstances. By John Hudson. The stories told here—deserted on an island, stranded at sea, lost in the jungle, living through a pandemic, and other harrowing events—are described in breathtaking detail with invaluable lessons for dealing with anything and everything the world may throw at you. 310 pages. Countryman. Paperback. Pub. at $15.95 $11.95.

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394246X FORAGING THE OZARKS: Finding, Identifying, and Preparing Edible Wild Foods in the Ozarks. By Bo Brown. Guides readers to the bounty of edible wild foods found in the Ozark Mountains of Missouri and Arkansas. An authoritative guide for nature lovers, outdoor enthusiasts, and gastronome that includes detailed descriptions of each plant, including photographs, concise descriptions, and delicious recipes for each. This book is a must have for anyone who enjoys foraging in the Ozarks. 240 pages. Stackpole. Paperback. Pub. at $15.95 $12.95.


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4739088 HANDY POCKET GUIDE TO ASIAN GEMSTONES. Text by Carol Clark. Stunning color photographs and informative text by a noted writer on gemstones, will delight both gem collectors and lovers of fine jewelry alike. 64 pages. Periplus. Paperback. Pub. at $14.95 $12.95.
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★ 4697502 SAVING AMERICA'S AMAZON: The Threat to Our Nation's Most Vast River System. By Bob Raines. In this compelling portrait of Alabama's river basin, Raines drives home the state's loss from man's hand, and contrasting it with another Alabama—a wild place of incredible diversity, of ancient gardens and modern edens. The ascendant view among scientists today is that Alabama's wild places must be protected as an internationally important "biodiversity hotspot." Willow Creek. Illus. in color. 128 pages. NewSouth. Pub. at $35.00 $26.95

3787788 THE HURRICANE PREPAREDNESS HANDBOOK. By Bob Stieers. Proper preparation can limit damage, perhaps even prevents losses during a hurricane. This small reference is an invaluable step by step guide for everyone who lives in a region threatened by these terrifying storms. No one should go through a hurricane without first reading this manual. Illus. 215 pages. Skyhorse. Paperbound. Pub. at $14.99 $26.95


3904093 RIVERS OF POWER: How a Natural Force Raised Kingdoms, Destroyed Civilizations, and Shaped Our World. By Laurence C. Smith. Rivers, more than any road, technology, or political leader, have shaped the course of human civilization. They have opened frontiers, founded cities, settled borders, and fed billions. Smith reveals how and why rivers have so profoundly influenced our civilization and examines the importance of our current crisis of humanity. Illus., some in color. 356 pages. Little, Brown. Pub. at $29.00 $17.95


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3783146 THE HORSE: Its Nature. Revealed. Text by E. Brengard, photos by S. Stuewer. A skilled photographer captures the creatures of many breeds, showing us how they are observing us close up and from afar, interacting with each other and relaxing in solitude. Those majestic images, many of the full-page, are complimented with informed text discussing horse behavior and how it is being showcased in each featured photo. 207 pages. Firefly. 9x12”. Price: $9.95 $29.95

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3880117 OUR PLANET. By Alastair Fothergill et al. This stunning photographic companion to the groundbreaking Netflix original documentary series, takes you on a journey across the globe's different biological realms to present stunning visuals of nature's most intriguing animals in action, and environmental changes on a scale that must be seen to be believed. Ten Speed. 8½x11”. Price: $35.00 $7.95

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– 46 –
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**395564X THE END OF ALZHEIMER’S: The First Program to Prevent and Reverse Cognitive Decline.** By Dale E. Bredesen. Reveals the alarming truth about how Alzheimer’s disease is not one condition, as it is currently treated, but three! Dr. Bredesen then targets the metabolic factors that can trigger “down-sizing” in the brain. His protocol shows how to reverse cognitive decline using lifestyle modifications along with a precision medicine approach that has yielded unprecedented improvements. Illus. 308 pages. Avery. Paperback. Paperbound at $17.00.

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**4674073 RISING ABOVE LYME DISEASE.** By Julia Greenspan. Through the comprehensive whole-body approach that Greenspan shares in this book, you will learn how to recognize the very personal ways in which the disease may affect one’s life, she argues that it is possible to find relief, become your own advocate, and ultimately, rise above Lyme. 256 pages. Fair Winds. Paperback. Paperbound at $24.95.

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**3769039 AUTO-IMMUNE RESPONSE SOLUTION: A 5-Step Plan to Fight the Inflammatory Auto-Immune Response and Beat Lyme Disease.** By Darin Ingels. Ingels shares his revolutionary approach to treating and healing Lyme disease. Yet he chooses to approach his experience as a naturopathic physician, as well as his own experiences as a Lyme patient, he provides a path to wellness by fortifying the microbiome and immune system, and strengthening the body’s ability to heal from within. 372 pages. Avery. Paperback at $27.00.


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**298472 CBD EVERYDAY.** By Sandra Hinchcliffe. Fully illus. in color. 150 pages. Skyhorse. Pub. at $16.95 $2.95

**DVD 385309 HYPNOTHERAPY.** VisionQuest. Paperbound. Pub. at $17.95 $13.95


**297452 THE FOUNDATIONS OF IRIODOLOGY: The Eyes as the Key to Your Health.** By Eliseo Alvarado. Illus. in color. 148 pages. Healing Arts 8½x11½. Pub. at $40.00 $27.95

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**396526X YOGA TO STAY YOUNG: Simple Poses to Keep You Flexible, Strong, and Pain-Free.** By Rachel Scott. From simple neck stretches to more advanced moves like the dog and the tree pose, you’ll explore beginner-friendly physical positions guided by clear, color illustrations. Regardless of your age or physical ability, it’s never too late to start practicing and prolonging a healthy, active lifestyle. 208 pages. Rockridge. Paperbound. Pub. at $15.99 $11.95

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– 62 –
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