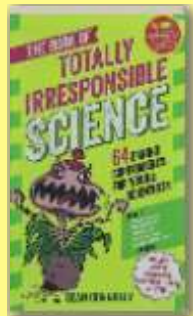


Science & Health

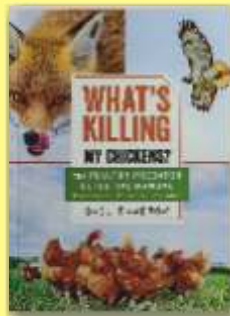
Bargain Books



Page 52 **\$6.95**



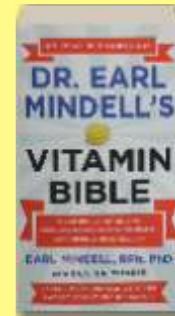
Page 42 **\$5.95**



Page 36 **\$4.95**



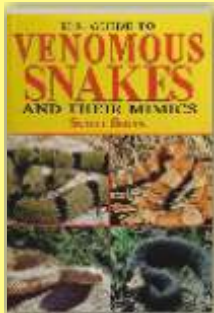
Page 46 **\$6.95**



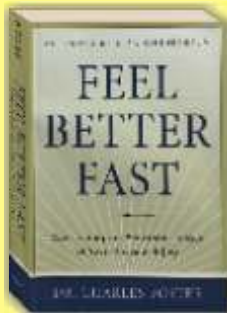
Page 53 **\$7.95**



Page 36 **\$5.95**



Page 33 **\$5.95**



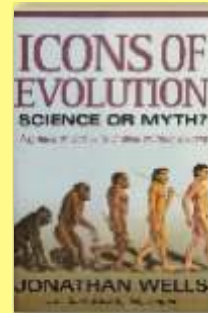
Page 61 **\$2.95**



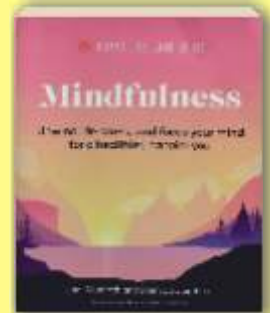
Page 50 **\$4.95**



Page 30 **\$2.95**



Page 7 **\$4.95**



Page 58 **\$7.95**



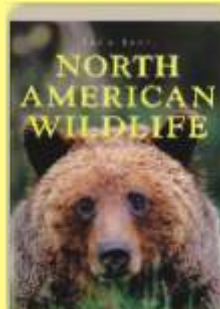
Page 8 **\$5.95**



Page 18 **\$6.95**



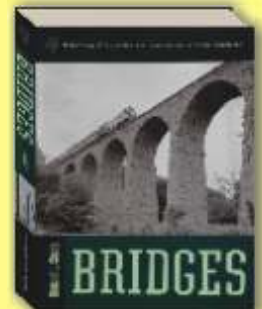
Page 4 **\$7.95**



Page 37 **\$6.95**



Page 24 **\$6.95**



Page 21 **\$9.95**

OUR GUARANTEE

You must be satisfied with any item purchased from this catalog or return it within 60 days for a full refund. No questions asked.

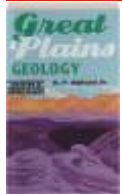
All items are new, and all books are hardbound unless marked otherwise. Shipment is normally within 48 hours. Some items may be temporarily out of stock, in which case a second shipment will be made, normally in 14 days, but in no case later than 60 days. Most items are in limited supply and at these prices may sell out fast. If any item is sold out your money will be refunded by bank check.

Save up to 80% off cover prices on these subjects:

Aging	63	Environment & Ecology	3	Nature Photography	48
Airplanes & Airlines	6	Essays on Nature	44	New Age Spirituality	57
Animals	36	Exercise & Fitness	51	Nutrition & Weight Management	49
Anthropology	9	Facing Illness & Death	62	Paleontology & Evolution	7
Archaeology	8	Farm & Domesticated Animals	35	Philosophical Essays	19
Architectural Surveys	22	Fishing & Hunting	31	Philosophy	17
Architecture	21	Foreign Language	17	Pregnancy, Childbirth & Parenting	65
Astronomy, Space Travel & Cosmology	4	General Health & Self-Help	66	Psychology	14
Beauty & Skin Care	52	Healing & the Mind	61	Regional Architectural Styles	22
Birds & Birding	40	Health & Medical References	52	Relationships	64
Business	24	Healthy Cooking & Special Diets	50	Religion & Science	29
Chemistry & Physics	9	Horses & Horsemanship	34	Research Tools & Sourcebooks	16
Communication Skills	64	Insects	30	Science & History	28
Complementary & Alternative Medicine	56	Inspiration, Motivation & Self-Discovery	58	Science & Invention	29
Computer Books	26	Life Science	8	Science & Nature for Children	42
Dictionaries	17	Lives & Works of Philosophers	19	Science Essays & Surveys	28
Diseases & Disorders	54	Marine Mammals, Fish & Reptiles	33	Scientific Text and Reference	29
Earth Science	2	Mathematics	27	Sexuality & Sexual Expression	65
Economics	19	Medical Science	23	Social Science	10
Education	16	Men's Health & Self-Help	66	Stress & Pain Management	55
Engineering	20	Monographs on Architects	23	Women's Health & Self-Help	66
Engineering & Architecture	21	More Works on Nature	45	Words & Language	16

Current titles are marked with a ★.

Earth Science



★**8998477** **GREAT PLAINS GEOLOGY.** By R.F. Diffendal Jr. Describes the distinct features of 57 geologic sites, including fascinating places such as Raton Pass in Colorado and New Mexico, the Missouri Breaks of Montana, and the Ashfall Fossil Beds in Nebraska. Fully illus. in color. 210 pages. Bison. Paperbound. **\$15.95**



★**9059229** **MYTHS OF GEOGRAPHY: Eight Ways We Get the World Wrong.** By Paul Richardson. Our maps may no longer be stalked by dragons and monsters, but our perceptions of the world are still shaped by geographic myths. Richardson challenges recent popular accounts of geographical determinism and shows that how the world is represented often isn't how it really is—that the map is not the territory. Illus. 303 pages. Hanover Square. Paperbound. Pub. at \$19.99 **\$14.95**



★**9080651** **THE TURNING TIDE: A Biography of the Irish Sea.** By Jon Gower. A hymn to a sea passage of historical importance. Combining social and cultural history, travelogue and politics, Gower charts a sea which has carried both Vikings and saints; invasion forces, royals, and rebels; writers, musicians and fishermen. Photos, most in color. 308 pages. Harper. Paperbound. Pub. at \$21.99 **\$16.95**



★**9059245** **FOUR POINTS OF THE COMPASS: The Unexpected History of Direction.** By Jerry Brotton. Leads us on a journey of directional discovery. Societies have understood and defined directions in very different ways based on their locations in time and space. Brotton reminds us how crucial the four cardinal directions have been to everyone who has ever walked our planet. 16 pages of color photos. 209 pages. Atlantic Monthly. Pub. at \$27.00 **\$19.95**

★**587114X** **PREPARING DINOSAURS: The Work Behind the Scenes.** By Caitlin Donahue Wylie. An investigation of the work and workers in fossil preparation labs reveals the often unacknowledged creativity and problem-solving on which scientists rely. Illus. 251 pages. MIT Press. Paperbound. Pub. at \$75.00 **\$24.95**



★**9063285** **EXTINCTIONS: From Dinosaurs to You.** By Charles Frankel. Can past mass extinctions teach us how to avoid future planetary disaster? The history of mass extinction together with the latest climate research, Frankel maintains, show us a way out. If we curb our destructive habits, particularly our drive to kill and consume other species, and work instead to conserve what biodiversity remains, the Earth might yet recover. Well illus. 280 pages. Univ of Chicago Press. Pub. at \$26.00 **\$19.95**



★**9063110** **ADVENTURES IN MAPS.** By Debbie Hall. Features 20 awe-inspiring journeys, ranging in distances from a few miles to great treks across land, sea, air, and space. Some chart the route a traveler followed, while some are the fruits of exploration, and others were made to help future travelers find their way. Fully illus. in color. 218 pages. Bodleian Library. Pub. at \$40.00 **\$31.95**

Due to a Supreme Court decision, we are now required to collect applicable state sales tax (which may include city and county taxes) based on the **delivery address** of your order. **If tax is due and your order will be shipped to the address preprinted on the order form, your tax rate is printed under the address.**

★ means that Postage & Handling is **NOT** part of the taxable amount.

If you are shipping this order to one of the following states please add sales tax:

AR 6.5%	FL 6%	IN 7%	ME 5.5%	NE 5.5%	OK★ 4.5%	TX 8%	WV 6%
AZ 5.6%	GA 4%	KS★ 6.5%	MI★ 6%	NJ 6.625%	PA 6%	UT★ 4.85%	
CA 7.25%	HI 4%	KY 6%	MN 6.875%	NM 5.125%	RI 7%	VA 5.3%	
CO 2.9%	IA★ 6%	LA 5%	MO 4.225%	NV 6.85%	SC 6%	VT 6%	
CT 6.35%	ID★ 6%	MA★ 6.25%	NC 4.75%	NY 4%	SD 4.5%	WA 6.5%	
DC 6%	IL 6.25%	MD 6%	ND 5%	OH 5.75%	TN 7%	WI 5%	

States in red above also have local taxes. To get the total rate go to HamiltonBook.com/tax

There are currently no states where we are required to collect a delivery fee.

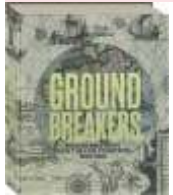
Scan to get the total tax rate including local taxes.



Earth Science

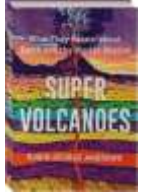


796305X NEW HAVEN'S SENTINELS: The Art and Science of East Rock and West Rock. By J. Zeilinga de Boer & J. Wareham. More than two-dozen artists, including Frederick Church, George Durrie, and John Weir, captured the magic of these mountains and produced an impressive body of classic American landscapes. In the same period, the science of geology was evolving rapidly, triggering an inevitable controversy over the origin of rocks. Fully illus. in color. 156 pages. Wesleyan. 10 1/4 x 8 1/4. Pub. at \$30.00 **PRICE CUT to \$7.95**

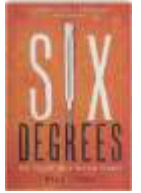


★9039686 GROUNDBREAKERS: Remarkable Maps from the Low Countries, 1500-1900. By Anne-Rieke van Schaik. Van Schaik immerses herself in the many stories behind the fascinating maps, prints, atlases, globes and instruments belonging to The Phoebus Foundation's collection. These objects testify to glorious moments and dark interludes in the history of the Low Countries. Fully illus. most in color. 304 pages. Hannibal. 10 1/4 x 11 1/4. Pub. at \$65.00 **PRICE CUT to \$44.95**

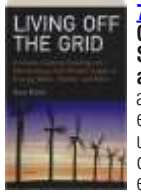
Environment & Ecology



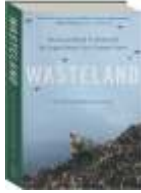
9126694 SUPER VOLCANOES: What They Reveal About Earth and the Worlds Beyond. By Robin George Andrews. Revels in the incomparable power of volcanic eruptions past and present, Earthbound and otherwise—and recounts the daring and sometimes death-defying careers of the scientists who study them. 312 pages. Norton. Pub. at \$27.95 **\$7.95**



7802552 SIX DEGREES: Our Future on a Hotter Planet. By Mark Lynas. Argues that by the end of this century, the planet will heat up between 1.4 and 5.8 degrees Celsius. While six degrees doesn't sound like much, a six degree rise in Earth's average temperature would be enough to reshape the world almost beyond recognition, as outlined here. 335 pages. National Geographic. Paperbound. Pub. at \$16.95 **\$4.95**



7835248 LIVING OFF THE GRID: A Simple Guide to Creating and Maintaining a Self-Reliant Supply of Energy, Water, Shelter, and More. By Dave Black. Offers a gamut of alternative ways to make life more efficient, economical, and Earth friendly. Valuable for the urban dweller concerned about the size of his carbon footprint and the rural self-sufficiency enthusiast. The concepts presented here can save you money and help you be a better citizen of the planet. Illus. 280 pages. Skyhorse. Paperbound. Pub. at \$12.95 **\$6.95**



9023925 WASTELAND: The Secret World of Waste and the Urgent Search for a Cleaner Future. By Oliver Franklin-Wallis. A deep dive into the global waste crisis, exposing the hidden world that underpins our economy—and finds out the dirty truth behind a simple question: what really happens to what we throw away? 392 pages. Hachette. Pub. at \$30.00 **\$6.95**



903420X THE HEAT WILL KILL YOU FIRST: Life and Death on a Scorched Planet. By Jeff Goodell. Explains how extreme heat will dramatically change the world as we know it. Masterfully reported, mixing the latest scientific insight with on the ground storytelling, Goodell tackles the big questions and uncovers how extreme heat is a force beyond anything we have reckoned with before. 385 pages. Little, Brown. Pub. at \$29.00 **\$6.95**



9018166 THE SIXTH EXTINCTION: An Unnatural History. By Elizabeth Kolbert. At once frank, entertaining, and deeply informed, Kolbert tells us why and how humans have altered life on the planet in a way that no species has before. Drawing on the work of scores of researchers, she shows that the next extinction event is likely to be man's most lasting legacy. Illus. 319 pages. Picador. Paperbound. Pub. at \$18.99 **\$6.95**



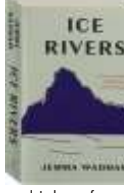
9100563 WHAT WE KNOW ABOUT CLIMATE CHANGE. By Kerry Emanuel. Emanuel outlines the basic science of global warming and how the current consensus has emerged. Although it is impossible to predict exactly when the most dramatic effects of global warming will be felt, he argues, we can be confident that we face real dangers. 69 pages. MIT Press. Paperbound. Pub. at \$15.95 **\$5.95**



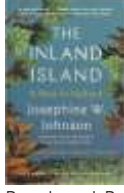
9003207 YOSEMITE: The Embattled Wilderness. By Alfred Runte. Follows Yosemite as the seat of controversy affecting the evolution of the national park, from its path-breaking establishment in 1864 as a grant to California, 1890 expansion into a national park, boundary reductions and loss of the Hetch Hetchy Valley, evolution of wildlife science, and more. Well illus. 282 pages. Lyons. Paperbound. Pub. at \$24.95 **\$4.95**



9126473 THE DEVIL'S ELEMENT: Phosphorus and a World Out of Balance. By Dan Egan. Phosphorus has played a critical role in some of the most lethal substances on earth: firebombs, rat poison, nerve gas. But it's also the key component of one of the world's most vital: fertilizer. Investigates the past, present, and future of what has been called "the oil of our time." 228 pages. Norton. Pub. at \$30.00 **\$5.95**



6081835 ICE RIVERS: A Story of Glaciers, Wilderness, and Humanity. By Jemma Wadham. The ice sheets and glaciers that cover one-tenth of Earth's land surface are today in grave peril. Wadham introduces majestic glaciers around the globe as individuals, each with their own unique character place in their community. A riveting blend of cutting-edge research and tales of encounters with polar bears and survival under the midnight sun. 16 pages of color photos. 219 pages. Princeton. Pub. at \$26.95 **\$4.95**



9035443 THE INLAND ISLAND: A Year in Nature. By Josephine W. Johnson. Originally published in 1969, this work is Johnson's chronicle of one year on the 37 acre farm in Ohio that she and her husband reverted to wilderness over several decades. In this account, she observes the changing landscape with a naturalist's precision and a poet's evocative language. Illus. 181 pages. Scribner. Paperbound. Pub. at \$18.00 **\$5.95**



9128301 THE GREAT DISPLACEMENT: Climate Change and the Next American Migration. By Jake Bittle. The story of climate migration in the U.S.—the personal stories of those experiencing displacement, the portraits of communities torn apart by disaster, and the implications for all of us as we confront a changing future. 345 pages. S&S. Pub. at \$28. **SOLD OUT**



9012826 LAND OF WONDROUS COLD: The Race to Discover Antarctica and Unlock the Secrets of Its Ice. By Gillen D'Arcy Wood. A gripping history of the polar continent, from the great discoveries of the 19th century to modern scientific breakthroughs. Illus. 291 pages. Princeton. Paperbound. Pub. at \$17.95 **\$5.95**



9080139 THE THREE AGES OF WATER: Prehistoric Past, Imperiled Present, and a Hope for the Future. By Peter Gleick. A revelatory account of how water has shaped the course of human life and history, and a positive vision of what the future can hold—if we act now. Illus. 356 pages. PublicAffairs. Pub. at \$30.00 **\$6.95**



★912697X ENDS OF THE EARTH: Journeys to the Polar Regions in Search of Life, the Cosmos, and Our Future. By Neil Shubin. Shubin retraces his steps on a "dinosaur dance floor," showing us where these beasts had populated the once tropical lands at the poles. He takes readers meteor hunting, as meteorites preserved in the ice can be older than our planet and more. Illus. 273 pages. Dutton. Pub. at \$32.00 **\$23.95**

9127852 THE FUTURE EARTH: A Radical Vision for What's Possible in the Age of Warming. By Eric Holthaus. A hopeful work about climate change and a 30-year plan for reversing its effects. 248 pages. Harper. Paperbound. Pub. at \$22.99 **\$5.95**



★9125140 AIRFLOW. By Martin Simons. Examines and describes the many ways in which the physical properties of wind and air can be confronted, harnessed and exploited. Fully illus. 140 pages. Special Interest Model. Paperbound. Pub. at \$17.99 **\$12.95**



★9109994 MOSS AND LICHEN. By Elizabeth Lawson. These organisms now garner recognition for their significant role in maintaining the health of our world's ecosystem. Lawson shows how they shape landscapes, prevent erosion and sequester carbon, and surveys the biologists, artists and writers who celebrate their importance. Well illus., most in color. 256 pages. Reaktion. Pub. at \$27.00 **\$21.95**



1246909 AMERICAN COVENANT: National Parks, Their Promise, and Our Nation's Future. By M.A. Soukup & G.E. Machlis. A candid account of our national parks detailing their strengths, vulnerabilities, and essential role in American life. Reminds us that the national parks are a promise—a covenant—within and between generations of Americans. Illus. 202 pages. Yale. Pub. at \$25.00 **\$7.95**



907872X THE RESCUE EFFECT: The Key to Saving Life on Earth. By Michael Mehta Webster. Reveals the science behind nature's inherent resilience through compelling stories of species that are adapting to the changing world—including tigers in the jungles of India, cichlid fish in the great lakes of Africa, and corals in the Caribbean. Provides the cautious optimism we need to help save life on Earth. 295 pages. Timber. Pub. at \$28.00 **\$6.95**



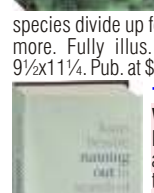
★9096345 TIR: The Story of the Welsh Landscape. By Carwyn Graves. Graves takes us on a tour of seven key characteristics of the Welsh landscape while examining the many ways humans interact with and understand the natural landscape around them. Further, he considers how this understanding can be used to combat climate change and improve wildlife populations and biodiversity. Color photos. 237 pages. Calan. Pub. at \$24.00 **\$19.95**



★9071733 GATOR COUNTRY: Deception, Danger, and Alligators in the Everglades. By Rebecca Renner. A page turning true story of an underground operation into the mysterious world of alligator poaching and its larger than life Floridian characters. Color photos. 276 pages. Flatiron. Paperbound. Pub. at \$18.99 **\$13.95**



★7948433 HABITATS: Discover Earth's Precious Wild Places. By Derek Harvey et al. Celebrates and explains the astonishing range of habitats on Earth and the intricate balance of their animal and plant communities. The stories include strategies and life cycles, how pollinators fertilize plants and how animals distribute the seeds, how similar species divide up food or living space to avoid competition, and more. Fully illus. in color. 440 pages. Dorling Kindersley. 9 1/2 x 11 1/4. Pub. at \$50.00 **\$41.95**



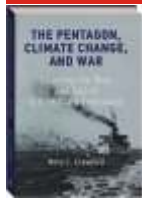
7931050 RUNNING OUT: In Search of Water on the High Plains. By Lucas Bessire. Offers a uniquely personal account of aquifer depletion and the deeper layers through which it gains meaning and force. Brings readers face to face with the stark realities of industrial agriculture, eroding democratic norms, and surreal interpretations of a looming disaster. Illus. 246 pages. Princeton. Pub. at \$27.95 **PRICE CUT to \$7.95**



★7950837 WHEN THE SAHARA WAS GREEN: How Our Greatest Desert Came to Be. By Martin Williams. Tells the history of Earth's greatest desert—including why its climate changed, how scientists uncovered its extraordinary story, and what lessons it holds for our warming world. 16 pages of color photos. 222 pages. Princeton. Paperbound. Pub. at \$22.95 **PRICE CUT to \$14.95**



Environment & Ecology



9047107 THE PENTAGON, CLIMATE CHANGE, AND WAR: Charting the Rise and Fall of U.S. Military Emissions. By Neta C. Crawford. How the Pentagon became the world's largest single greenhouse gas emitter and why it's not too late to break the link between national security and fossil fuel consumption. Well illus. 386 pages. MIT Press. Pub. at \$32.95 **PRICE CUT to \$7.95**

9003371 THE MAN WHO SWAM THE AMAZON: 3,274 Miles on the World's Deadliest River. By M. Strel & M. Mohlke. Photos. 213 pages. Lyons. Paperbound. Pub. at \$16.95 **\$4.95**

7885148 THE REAL COST OF FRACKING. By M. Bamberger & R. Oswald. 230 pages. Beacon. Paperbound. Pub. at \$18.00 **\$4.95**

★7909675 THE DARK CLOUD: The Hidden Costs of the Digital World. By Guillaume Pitron. Illus. 290 pages. Scribe. Paperbound. Pub. at \$20.00 **PRICE CUT to \$11.95**

★797227X A BOLD RETURN TO GIVING A DAMN: One Farm, Six Generations, and the Future of Food. By Will Harris with A. Greeven. 283 pages. Viking. Pub. at \$29.00 **\$21.95**

★7945108 EXTINCTIONS: How Life Survives, Adapts and Evolves. By Michael J. Benton. Well illus. some in color. 288 pages. Thames & Hudson. Pub. at \$34.95 **\$26.95**

★7926456 BORN OF ICE & FIRE: How Glaciers and Volcanoes (with a Pinch of Salt) Drove Animal Evolution. By Graham Shields. Illus. 337 pages. Yale. Pub. at \$28.00 **PRICE CUT to \$19.95**

7997957 THE ANTHROPOCENE UNCONSCIOUS: Climate Catastrophe Culture. By Mark Bould. 160 pages. Verso. Pub. at \$19.95 **PRICE CUT to \$4.95**

104396X CHASING ICEBERGS: How Frozen Freshwater Can Save the Planet. By Matthew H. Birkhold. 16 pages of photos, many in color. 228 pages. Pegasus. Pub. at \$28.95 **PRICE CUT to \$4.95**

★7895631 CANOPY OF TITANS: The Life and Times of the Great North American Temperate Rainforest. By P. Koberstein & J. Applegate. Photos. 338 pages. OR Books. Paperbound. Pub. at \$22.95 **\$7.95**

★7838948 THE EARTH TRANSFORMED: An Untold History. By Peter Frankopan. 16 pages of photos, most in color. 695 pages. Knopf. Pub. at \$40.00 **PRICE CUT to \$24.95**

★7727577 THE SOUNDS OF LIFE: How Digital Technology Is Bringing Us Closer to the Worlds of Animals and Plants. By Karen Bakker. 354 pages. Princeton. Pub. at \$33.00 **SOLD OUT**

★7886209 KEEPING IT GREEN: A Handbook for Creating & Managing Irrigated Pasture. By Jim Gerrish. Illus. 96 pages. Green Park. Paperbound. Pub. at \$20.00 **PRICE CUT to \$5.95**

★4994450 UNDERSTANDING IMPERILED EARTH: How Archaeology and Human History Inform a Sustainable Future. By Todd J. Braje. Illus. 200 pages. Smithsonian. Pub. at \$29.95 **PRICE CUT to \$9.95**

★1995766 THE CENTRAL APPALACHIANS: Mountains of the Chesapeake. By Mark Hendricks. 192 pages. Schiffer. Pub. at \$34.99 **PRICE CUT to \$14.95**

★7950403 THIS AMERICA OF OURS: Bernard and Avis DeVoto and the Forgotten Fight to Save the Wild. By Nate Schweber. Photos. 334 pages. HarperCollins. Paperbound. Pub. at \$21.99 **PRICE CUT to \$5.95**

★7915349 CLIMATE GRIEF: From Coping to Resilience and Action. By Shawna Weaver. 179 pages. Lantern Publishing. Paperbound. Pub. at \$19.95 **PRICE CUT to \$9.95**

★7829256 CRACKED: The Future of Dams in a Hot, Chaotic World. By Steven Hawley. Fully illus. in color. 321 pages. Patagonia Books. Pub. at \$28.00 **PRICE CUT to \$7.95**

Astronomy, Space Travel & Cosmology



LIMITED QUANTITY 7903928 BEFORE THE BIG BANG: The Origin of Our Universe and What Lies Beyond. By Laura Mersini-Houghton. A revolutionary new account of our universe's creation, and a breathtaking exploration of the landscape from which we sprang, from one of the world's most celebrated cosmologists. Mersini-Houghton will reshape our understanding of humanity's place in the unfathomable vastness of the cosmos. 216 pages. Mariner. Pub. at \$27.99 **\$9.95**



★9061541 WHAT REALLY HAPPENS WHEN YOU DIE?: Cosmology, Time, and You. By Andrew McLauchlin. Using the science of cosmology, McLauchlin argues convincingly for the circularity of time and the resulting circularity of life and death. At the moment of our death, he suggests, we are reborn into precisely the same life we have just left. So, in a way, eternal life is the reality and death the fantasy. 192 pages. Sirius. Paperbound. Pub. at \$9.99 **\$7.95**



9064052 KENNEDY SPACE CENTER: Gateway to Space. By David West Reynolds. The departure gate for every U.S. manned space flight mission gets a carefully researched, clearly written and richly illustrated history at last. Learn all about its critical role in America's space program through fascinating text and a wealth of historical photos. 248 pages. Firefly. 9x11. Paperbound. Pub. at \$24.95 **\$7.95**



9109927 THE SPACE SHUTTLE: A Mission-by-Mission Celebration of NASA's Extraordinary Spaceflight Program. By Roland Miller. Tells the story of NASA's Space Shuttle program and its 140 space flights in a uniquely designed way. Long before the James Webb Telescope rekindled our fascination with astronomy and place in the cosmos, the Space Shuttle began to capture the world's attention with its first mission (a test launch) on April 12, 1981 and continued to do so until its final mission on July 8, 2011. Fully illus. in color. 320 pages. Artisan. 9x11 1/2. Pub. at \$50.00 **\$14.95**



9101497 UNIVERSAL: A Guide to the Cosmos. By B. Cox & J. Forshaw. Takes readers on an epic journey of scientific exploration, revealing how we can all come to grips with some of the most fundamental questions about our Earth, Sun, and Solar System—and the star-filled galaxies beyond. Well illus., most color. 280 pages. Da Capo. 7 1/2 x 11. Pub. at \$35.00 **\$4.95**



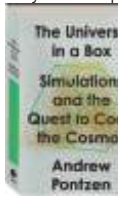
9123326 MAGNITUDE: The Scale of the Universe. By K. Arcand & M. Watzke. Takes us on an expansive journey to the limits of size, mass, distance, time, and temperature in our universe. From the infinitesimally small particle within an atom to the unfathomably large black hole in our galaxy, understanding magnitude in the extreme just requires the right tools to explore these concepts clearly. Well illus. in color. 162 pages. Black Dog & Leventhal. 9 1/4 x 11 1/4. Pub. at \$27.99 **\$6.95**



9000259 APOLLO 8: The Thrilling Story of the First Mission to the Moon. By Jeffrey Kluger. The full story of Apollo 8 which has never been told. Here is the tale of a mission that was both a calculated risk and a wild crash, a stirring account of how three American heroes forever changed our view of the home planet. 16 pages of photos, some color. 307 pages. Holt. Pub. at \$32.00 **\$5.95**

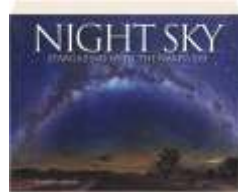


★9068651 EXTRA-TERRESTRIALS: A History of Alien Activity from First Sightings to 21st-Century Encounters. By Rupert Matthews. Matthews assesses the growing threat of alien reconnaissance on Earth. From the earliest recorded sightings to the most recent encounters and abductions, this work sifts through the evidence and asks the crucial questions: have aliens really visited Earth? Why do they come? Fully illus. 256 pages. Sirius. Paperbound. Pub. at \$12.99 **\$9.95**



9095977 THE UNIVERSE IN A BOX: Simulations and the Quest to Code the Cosmos. By Andrew Pontzen. Explains how physicists model the universes most exotic phenomena, from black holes and colliding galaxies to dark matter and quantum entanglement, enabling them to study the evolution of virtual worlds and to shed new light on our reality. 243 pages. Riverhead. Pub. at \$29.00 **\$5.95**

8877645 THE LITTLE BOOK OF ALIENS. By Adam Frank. Gives us everything we need to know from the scientific origins of the search for intelligent life, the Fermi Paradox, the Kardashev Scale, and the James Webb Telescope, to UFOs, conspiracy theories, what aliens might look like, and the existential risk of making contact with them. Shows us the precipice we stand on. 215 pages. Harper. Pub. at \$27.99 **\$7.95**



8989761 NIGHT SKY: Stargazing with the Naked Eye. By Robert Harvey. From the incredible light show of the Aurora Borealis in Norway and Canada to a Geminid meteor shower in New Mexico, from Comet McNaught in Argentina to a total solar eclipse over the Cook Islands, this little reference offers a panoply of the nocturnal delights that can be seen without a telescope. Fully illus. in color. 224 pages. Amber Books. Paperbound. Pub. at \$14.95 **\$5.95**



9085203 STILL AS BRIGHT: An Illuminating History of the Moon from Antiquity to Tomorrow. By Christopher Cokinos. A thoughtful, deeply moving natural history. Cokinos takes readers on a lyrical journey that spans the human understanding of our closest celestial neighbor, whose multi-faceted appeal has worked on witches, scientists, poets, engineers, and even billionaires. 16 pages of photos, some in color. 421 pages. Pegasus. Pub. at \$35.00 **\$7.95**



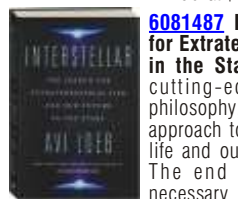
1920030 SEASONS OF THE MOON: Folk Names and Lore of the Full Moon. By Michael Carabetta. From Strawberry to Dragon, Harvest to Storm, the full moon is known by many names around the world and across the seasons, and each name has a story behind it. This beautiful photographic celebration of our closest celestial neighbor captures the visual wonder and the connection we feel to the moon. 92 pages. Chronicle. Pub. at \$14.95 **\$6.95**



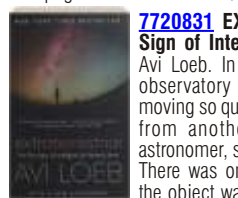
6080634 MISSION TO MARS: A New Era of Rover and Spacecraft Discovery on the Red Planet. By Larry S. Crumpler. All eyes are on Mars. We are on the precipice of an explosive era of planetary discovery, and the Red Planet is at the center of the next space race. One scientist—Crumpler—is at the forefront of the exploration and could be said to have visited the surface. He recounts what it was like to be on the teams roving the surface. Well illus. most in color. 336 pages. HarperDesign. Pub. at \$35.00 **\$7.95**



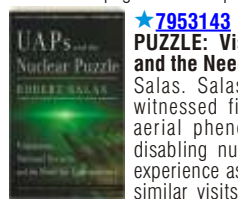
LIMITED QUANTITY ★9127291 UNKNOWN UNIVERSE: Secrets of the Cosmos from the James Webb Space Telescope. By Tom Kerss. Explore cosmic wonders in unprecedented detail, from exoworlds to infant galaxies, hidden stars to feeding black holes, and much more. Fully illus. in color. 224 pages. Collins. Pub. at \$26.99 **SOLD OUT**



6081487 INTERSTELLAR: The Search for Extraterrestrial Life and Our Future in the Stars. By Avi Loeb. Combining cutting-edge science, physics, and philosophy, this work offers an intrepid new approach to our search for extraterrestrial life and our preparation for its discovery. The end result is an eye-opening, necessary look at our future that proves, once again, that scientific curiosity is the key to our survival. 246 pages. Mariner. Pub. at \$28.99 **\$6.95**



7720831 EXTRATERRESTRIAL: The First Sign of Intelligent Life Beyond Earth. By Avi Loeb. In 2017, scientists at a Hawaiian observatory glimpsed an object in space, moving so quickly that it could only have come from another star. Loeb, Harvard's top astronomer, showed that it was not an asteroid. There was only one conceivable explanation: the object was created by an alien civilization. Photos. 222 pages. HMH. Paperbound. Pub. at \$16.99 **\$5.95**



★7953143 UAPs AND THE NUCLEAR PUZZLE: Visitations, National Security, and the Need for Transparency. By Robert Salas. Salas, a retired U.S.A.F. officer, witnessed firsthand a UAP (unidentified aerial phenomenon) while visiting and disabling nuclear missiles. He shares his experience as well as the many incidents of similar visits during the last 80 years that have been covered up. Illus. 229 pages. New Page Books. Paperbound. Pub. at \$18.95 **\$13.95**

Astronomy, Space Travel & Cosmology



★**7897715** **MONTANA UFOs AND EXTRATERRESTRIALS.** By Joan Bird. Critically examines significant Montana UFO events, including contact with extraterrestrials. Drawing on declassified government documents, historic reports, and first hand interviews, scientist and the author presents compelling evidence that UFOs have frequented Montana's big sky. Photos. 230 pages. Riverbend. Paperbound. Pub. at \$19.95 **\$14.95**



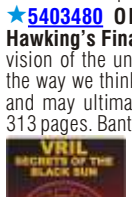
★**9047891** **GHOST PARTICLE: In Search of the Elusive and Mysterious Neutrino.** By A. Chodos & J. Riordon. Recount the dramatic history of the neutrino—from the initial suggestion that the particle was merely a desperate solution to a puzzle that threatened to undermine the burgeoning field of particle physics to its modern role in illuminating the universe via neutrino telescopes. Illus. 304 pages. MIT Press. Pub. at \$32.95 **\$9.95**



★**9063927** **ANCIENT ALIENS ON MARS.** By Mike Bara. Examines the possibility of alien structures on Mars. Chapters include: Mars as the Abode of Life; What Happened to Mars? The True Colors of Mars; The Message of Cydonia; The Politics of Mars; The Pathfinder Sphinx; Mars Global Surveyor; and Face It, It's a Face. Illus. some color. 218 pages. Adventures Unlimited. Paperbound. Pub. at \$20.00 **\$5.95**



★**7983166** **AMAZING STORIES OF THE SPACE AGE.** By Rod Pyle. Presents an insider's perspective on the most bizarre space missions ever devised inside and outside NASA. Some were designed but not built; others were built but not flown; and a few were flown to failure but little reported. These stories tell of a time when nothing was too off-the-wall to be taken seriously, and the race to the moon trumped all other considerations. 24 pages of photos, most in color. 341 pages. Prometheus. Paperbound. Pub. at \$18.00 **\$5.95**



★**5403480** **ON THE ORIGIN OF TIME: Stephen Hawking's Final Theory.** By Thomas Hertog. A striking new vision of the universe's birth that will profoundly transform the way we think about our place in the order of the cosmos and may ultimately prove to be Hawking's greatest legacy. 313 pages. Bantam. Paperbound. Pub. at \$20.00 **\$14.95**



★**4568826** **VRIL: Secrets of the Black Sun.** By David Hatcher Childress. Unveils the story of the German flying disks, designed and built during WWII. It was not until 1989 that a German researcher named Ralf Ertl received an anonymous packet of photographs and documents concerning the planning and development of at least three types of unusual craft—including the Vril, Haunebu and Andromeda. Well illus. 332 pages. Adventures Unlimited. Paperbound. Pub. at \$22.00 **\$17.95**



★**8896941** **THE ANTI-GRAVITY HANDBOOK, REVISED 3RD EDITION.** Ed. by David Hatcher Childress. A compilation of material on Anti-Gravity, Free Energy, Flying Saucer Propulsion, UFOs, Suppressed Technology, NASA Cover-ups, and more. Newly revised and expanded with additional information on Area 51, it is heavily illustrated with patents, technical illustrations and photographs. 253 pages. Adventures Unlimited. Paperbound. Pub. at \$19.95 **\$15.95**



★**7940807** **THE COSMOS EXPLAINED: A History of the Universe from Its Beginnings to Today and Beyond.** By Charles Liu. A wondrous tour of the marvels of our vast universe, this account charts a course through space and time, from the moment of the Big Bang through to the present day and into the future. Take a voyage of discovery through the birth of stars and galaxies, the formation of our solar system, the evolution of life on Earth, and the far future. Well illus. in color. 192 pages. Ivy Press. 8 1/4 x 10 1/4. Pub. at \$25.00 **\$7.95**



★**9022406** **THE ASTEROID HUNTER: A Scientist's Journey to the Dawn of Our Solar System.** By Dante S. Lauretta. A "brilliant account of 21st century real-life fantasy" (Sir Brian May) of space exploration and a lesson in fragility in the quest to return an asteroid sample and unlock the mystery of formation of life on earth, braided with the remarkable life story of the OSIRIS-REx mission leader, Dr. Dante Lauretta. Illus. 320 pages. Grand Central. Pub. at \$30.00 **\$6.95**



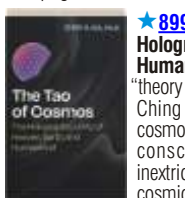
★**8794081** **DEEP SPACE: Beyond the Solar System to the Edge of the Universe and the Beginning of Time.** By Govert Schilling. Join Schilling on an expansive journey through all of space and time in this stunning photographic voyage into deep space. 224 pages. Black Dog & Leventhal. 10x10. Paperbound. Pub. at \$22.99 **\$17.95**



★**9083308** **THE NEW GUYS: The Historic Class of Astronauts that Broke Barriers and Changed the Face of Space Travel.** By Meredith Bagby. The story of NASA's 1978 astronaut class, which included the first American women, the first African Americans, the first Asian American, and the first gay person to fly in space. With the exclusive participation of the astronauts who were there, this is the thrilling, behind the scenes saga of a new generation that transformed space exploration. 16 pages of photos, most in color. 511 pages. Morrow. Paperbound. Pub. at \$21.99 **\$6.95**



★**8218609** **SPACE X: Elon Musk and the Final Frontier.** By Brad Bergan. This isn't just a recount of SpaceX's achievements and corporate bravado, it's a vivid, visual journey paired with a contemplative gaze into the odyssey that could redefine humanity's place in the cosmos, an interrogation of the theater behind it, and what it means for the future stories we tell about our place in the great unknown. Well illus., in color. 176 pages. Motorbooks. 9 1/2 x 10 3/4. Pub. at \$40.00 **\$29.95**



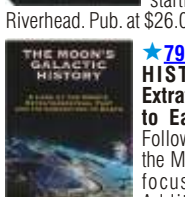
★**8990174** **THE TAO OF COSMOS: The Holographic Unity of Heaven, Earth, and Humankind.** By Zhen G. Ma. Offers a quantitative "theory of everything" that integrates ancient I Ching philosophy, Eastern Taoism, modern cosmology, and the quantum brain dynamics of consciousness. Shows how humanity is inextricably and holistically blended into the cosmic fabric of the universe. Illus. in color. 240 pages. Park Street. Paperbound. Pub. at \$29.99 **\$24.95**



★**9068864** **SPACECRAFT AND ROCKETS: Photographs from the Archives of NASA.** By Nirmala Nataraj. This curated collection from the archives of NASA provides a guided tour through the history of the legendary space agency's most exciting innovations and inventions. Fully illus. most in color. 160 pages. Chronicle. 9 1/4 x 11 1/4. Pub. at \$35.00 **\$27.95**



★**7955111** **WHITE HOLES.** By Carlo Rovelli. Shares the fear, uncertainty, and frequent disappointment of exploring hypotheses and unknown worlds, and the delight of chasing new ideas to unexpected conclusions. Guiding us beyond the horizon, Rovelli invites us to experience the fever and the disquiet of science and the strange and startling life of a white hole. 158 pages. Riverhead. Pub. at \$26.00 **\$18.95**



★**7995873** **THE MOON'S GALACTIC HISTORY: A Look at the Moon's Extraterrestrial Past and Its Connection to Earth.** By Constance Victoria Briggs. Follows the past and present research about the Moon's strange, enigmatic history, with a focus on an extraterrestrial presence. Additionally, Briggs discusses things observed on the Moon, including anomalous strange lights, unidentified flying objects, odd constructions, artifacts, symbols and more. Well illus. 308 pages. Adventures Unlimited. Paperbound. Pub. at \$22.00 **\$14.95**



★**9013695** **PHOTOGRAPHIC ATLAS OF THE MOON: A Comprehensive Guide for the Amateur Astronomer.** By Robert Reeves. Explains how the Earth and the Moon are locked together, each affecting the other in ways that impact our lives. Learn about the Moon we see, its orbit, its creation and the differing geologic details, some of which can be seen with the naked eye. Fully illus. 288 pages. Firefly. 10 1/4 x 10 1/4. Pub. at \$49.95 **\$39.95**



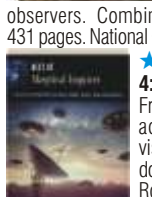
★**906950X** **SMITHSONIAN ATLAS OF SPACE: A Map to the Universe from the Big Bang to the Future.** By Roger D. Launius. Navigate the Solar System, the Milky Way, and beyond with 300 magnificent charts, full-color illustrations, and photographs. This large-format atlas, by the former chief historian at NASA, makes the immense universe feel more intimate, with striking full-page spreads and engaging text. 400 pages. Smithsonian. 10x12 1/4. Pub. at \$60.00 **\$49.95**



★**9063846** **THE LITTLE BOOK OF COSMIC CATASTROPHES (That Could End the World).** By Sara Webb. Discover the cataclysmic events that have already happened on Earth, what could still happen and what, ultimately, will cause the end of our world. From theories of Armageddon by asteroid to death rays from space, answer some of the big cosmic questions that keep us up at night. Fully illus. in color. 123 pages. Smith Street. Pub. at \$19.95 **\$14.95**



★**7745044** **NATIONAL GEOGRAPHIC STARGAZER'S ATLAS: The Ultimate Guide to the Night Sky.** By Andrew Fizekas et al. Richly illustrated with luminous photographs and informative maps and graphics, this expansive guide is perfect for everyone discovering the wonders of the night sky, from those just learning the constellations to dedicated telescope observers. Combines science, exploration, and storytelling. 431 pages. National Geographic. 10 1/2 x 14. Pub. at \$65.00 **\$39.95**



★**7936060** **THE UFO INVASION, VOLUME 4: Best of Skeptical Inquirer.** Ed. by Kendrick Frazier et al. Offers definitive, behind the scenes accounts of each case of extraterrestrial visitations and paranormal claims. This fully documented look at sightings, encounters, the Roswell incident, "MJ-12" documents, crop circles, the "alien autopsy," and more will challenge, illuminate, anger, and amuse. Illus. 315 pages. Prometheus. Paperbound. Pub. at \$29.95 **\$21.95**



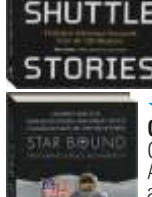
★**9120726** **WHO'S WHO IN THE MOON: From Abbot to Zupus a Guide to the Moon and the People On It.** By B. Jones & K. Raynor. A visual guide for beginners and amateur astronomers, offering detailed images and biographical sketches of lunar features and their namesakes. 181 pages. White Owl. 8 1/2 x 11 1/4. Pub. at \$39.95 **\$29.95**



★**8058539** **INSIDE THE STAR FACTORY: The Creation of the James Webb Space Telescope, NASA's Largest and Most Powerful Space Observatory.** By Christopher Wanjek. Photos by C. Gunn. A fascinating, ground-level backstage pass to the creation, launch, and reach of the James Webb Space Telescope. Fully illus. in color. 175 pages. MIT Press. 10 1/4 x 11 1/4. Pub. at \$44.95 **\$34.95**



★**7955081** **SPACE SHUTTLE STORIES: Firsthand Astronaut Accounts from All 135 Missions.** By Tom Jones. Each flight profile includes data about the mission, crew, launch, landing, duration, and highlights, followed by an immersive astronaut narrative. Fully illus. in color. 320 pages. Smithsonian. 8 1/2 x 10 1/4. Pub. at \$35.00 **\$29.95**

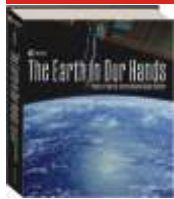


★**909234X** **STAR BOUND: A Beginner's Guide to the American Space Program.** By E. Carney & B. McCandless III. Offers up the story of Americans in space with a focus on the cultural and societal contexts of the country's most important missions rather than engineering and technical minutiae. Packed with facts and stories for novice space fans. And sprinkled with the history are lists of the greatest space songs, books, movies, and more. Photos. 260 pages. UNeP. **\$29.95**



★**9061568** **LUNAR: A History of the Moon in Myths, Maps, and Matter.** Ed. by Matthew Shindell. Combines exquisite cartographical charts of the Moon with articles exploring the role of the Moon in mythology and popular culture, and traces our evolving scientific understanding of the Earth's natural satellite, from the creation of the prehistoric lunar calendar to the launch of the Artemis missions. Well illus., many in color. 256 pages. Univ of Chicago Press. 10 1/2 x 14 1/4. Pub. at \$65.00 **\$52.95**

Astronomy, Space Travel & Cosmology



★**796126X THE EARTH IN OUR HANDS: Photos from the International Space Station.** By Thomas Pesquet. During his 200 day mission, astronaut Thomas Pesquet photographed every aspect of our planet from every angle. Beginning at dawn, hundreds of stunning photos guide you through clouds, storms, seas, coastlines, cities, deserts, mountains and, finally, nightfall. This vibrant tribute to the wonders of nature is as compelling as it is beautiful. 383 pages. Firefly. 9x11. **SOLD OUT**



7944594 THE SHORT STORY OF THE UNIVERSE. By Gemma Lavender. Covering 130 key components—from dwarf galaxies and galactic spiral arms to red giant stars and the planets of the solar system—this work delves into the universe's structure and the theories that helped us understand space and time, while revealing the story of how it burst into existence and its likely fate. Well illus. most in color. 224 pages. Laurence King. Paperbound. Pub. at \$19.99 **PRICE CUT to \$3.95**



7997019 UNIDENTIFIABLE FLYING OBJECTS: The Dwindling Probability of Solving the UFO Enigma. By J. Hofer & D. Barker. Discover new challenges to ufology and whether we will ever uncover the truth behind the UFO enigma. Now with millions of drones in our skies and superb computer graphics, the twenty-first century threatens to overwhelm ufology with insurmountable trickery and truly unidentifiable flying objects. Illus. 160 pages. Schiffer. Paperbound. Pub. at \$16.99 **PRICE CUT to \$3.95**



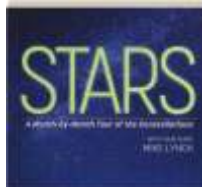
★**117729X ECLIPSE: Our Sky's Most Dazzling Phenomenon.** By Kelsey Oseid. Discover the ancient myths and fascinating science of the world's most striking celestial phenomena—eclipses—in this educational, beautifully illustrated guide. 104 pages. Ten Speed. Pub. at \$15.99 **PRICE CUT to \$9.95**



9023747 THE NIGHT SKY: An Astronomer's Guide to the Night Sky and the Universe. By Nigel Henbest. Introduces the basic concepts of when and how to observe space, through to current theories on everything from black holes to red giants. Illus. 240 pages. Cassell. Pub. at \$14.99 **PRICE CUT to \$3.95**



★**8157596 THE NASA ARCHIVES.** By Piers Bizony. Tells the history of NASA from its earliest days up to its latest missions through hundreds of historic photographs and rarely seen original historic documents. Texts by the science and technology journalist Bizony, the former NASA chief historian Roger Launius, and the best-selling author Andrew Chaikin round off this comprehensive exploration. Fully illus. most in color. 512 pages. Taschen. 6 1/2 x 8 3/4. Pub. at \$30.00 **PRICE CUT to \$21.95**



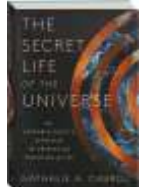
★**6082300 STARS: A Month-by-Month Tour of the Constellations.** By Mike Lynch. Take a month by month approach to stargazing with this fun and informative beginner's guide to constellations, galaxies, and more. Well illus. in color. 56 pages. Adventure Publications. 10 1/4 x 9 1/4. Paperbound. Pub. at \$14.95 **PRICE CUT to \$7.95**



★**9013598 THE BACKYARD STARGAZER'S BIBLE: Discover Constellations, Galaxies, Nebulae, Meteorites, and More.** By Mary McIntyre et al. Includes advice on identifying stars, planetary bodies, and celestial events, as well as discovering more about the history, technological advances, and art of the night sky. With detailed star charts and constellation profiles and visual account of the planets, galaxies, comets, and eclipses, learn how to identify the phenomena of the night sky. Fully illus. in color. 416 pages. Abrams. Pub. at \$40.00 **PRICE CUT to \$27.95**



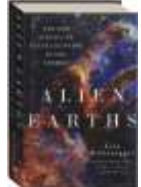
1545833 FROM SPACE TO EARTH: Laboratory and Marketplace. By B. Feuerbacher & E. Messerschmid. The spin-off technologies from the world's space programs have an ever increasing influence on our daily lives. Space is now a scientific laboratory, a marketplace, and a workplace. Describes the latest developments in space flight and looks towards humanity's future beyond earth. 320 pages. Schiffer. 8 1/2 x 11 1/4. Pub. at \$39.99 **PRICE CUT to \$9.95**



★**8996768 THE SECRET LIFE OF THE UNIVERSE: An Astrobiologist's Search for the Origins and Frontiers of Life.** By Nathalie A. Cabrol. One of the world's leading astrobiologists takes us on an awe-inspiring journey across the cosmos to investigate some of humanity's most profound questions: Are we alone in the universe? How did life on Earth begin? Well illus. some in color. 303 pages. Scribner. Pub. at \$30.00 **PRICE CUT to \$17.95**



★**9043934 HIDDEN IN THE HEAVENS: How the Kepler Mission's Quest for New Planets Changed How We View Our Own.** By Jason Steffen. An inside account of the work of the Kepler science team, mapping the progress of the mission from the launch of the rocket that carried Kepler into space to the revelations of the data that began to flow to the supercomputer back at NASA, evidence of strange new worlds unlike anything found in our own solar system. Photos. 253 pages. Princeton. Pub. at \$29.95 **PRICE CUT to \$19.95**



★**6998275 ALIEN EARTHS: The New Science of Planet Hunting in the Cosmos.** By Lisa Kaltenegger. Riveting and timely, a look at the research that is transforming our understanding of the cosmos in the quest to discover whether we are alone. Illus. 275 pages. St. Martin's. Pub. at \$30.00 **PRICE CUT to \$17.95**



★**8875162 THE ASTRONOMERS' LIBRARY: The Books That Unlocked the Mysteries of the Universe.** By Karen Masters. Compiles the most historically significant works covering the science of astronomy and its impact on civilization. Each volume provides a fascinating window into our knowledge of the cosmos as it was understood at the exact time and place it was published. Well illus., many in color. 272 pages. Ivy Press. Pub. at \$40.00 **PRICE CUT to \$24.95**



★**800806X OUR MOON: How Earth's Celestial Companion Transformed the Planet, Guided Evolution, and Made Us Who We Are.** By Rebecca Boyle. Boyle takes readers on a dazzling lunar tour to reveal the intimate roles that our 4.51 billion year-old companion has played in our biological and cultural evolution. 16 pages of photos, most in color. 313 pages. Random. Pub. at \$28.99 **PRICE CUT to \$17.95**



7959699 SUN AND MOON: A Story of Astronomy, Photography and Cartography. By Mark Holborn. A spectacular pictorial history of astronomical exploration, for anyone who has gazed at the sky and wondered what lies beyond. Tells the story of the burning human need to comprehend the universe, from Neolithic observations that mark the solstice to the latest space telescopes. 376 pages. Phaidon. 11 1/4 x 12 1/2. Pub. at \$79.95 **PRICE CUT to \$27.95**

7887779 DISCOVERING THE UNIVERSE: A Guide to the Galaxies, Planets, and Stars. By Sten Odenwald. 192 pages. Sirius. 9 1/4 x 11 1/4. Pub. at \$19.99 **\$5.95**

9042873 FROM DUST TO LIFE: The Origin and Evolution of Our Solar System. By J. Chambers & J. Mitton. Well illus. 313 pages. Princeton. Paperbound. Pub. at \$22.95 **\$6.95**

1181882 EXTRATERRESTRIALS. By Wade Rouse. 221 pages. MIT Press. Paperbound. Pub. at \$15.95 **\$5.95**

9080023 THE SECRET WORLD OF STARGAZING: Find Solace in the Stars. By Adrian West. 199 pages. Yellow Kite. Pub. at \$22.99 **SOLD OUT**

7942257 THE STAR BUILDERS: Nuclear Fusion and the Race to Power the Planet. By Arthur Turell. 259 pages. Scribner. Pub. at \$28.00 **\$6.95**

9065873 OUT OF ORBIT. By Chris Jones. 288 pages. Broadway. Paperbound. Pub. at \$14.95 **\$4.95**

★**9003819 THE ELEGANT UNIVERSE: Superstrings, Hidden Dimensions, and the Quest for the Ultimate Theory.** By Brian Greene. Illus. 480 pages. Norton. Paperbound. Pub. at \$19.99 **\$14.95**

★**7879024 BEFORE THE BIG BANG: The Origin of Our Universe from the Multiverse.** By Laura Mersini-Houghton. 216 pages. Mariner. Paperbound. Pub. at \$19.99 **\$14.95**

★**4992156 BLACK HOLES: The Key to Understanding the Universe.** By B. Cox & J. Forshaw. 16 pages of photos. 280 pages. Mariner. Paperbound. Pub. at \$21.99 **\$16.95**

7977573 THE FLORIDA NIGHT SKY: A Guide to Observing from Dusk Till Dawn. By Elinore De Wire. Fully illus. some in color. 385 pages. Paperbound. Pub. at \$24.95 **PRICE CUT to \$3.95**

★**8896925 ANCIENT ALIENS ON MARS II.** By Mike Bara. Well illus., some in color. 233 pages. Adventures Unlimited. Paperbound. Pub. at \$19.95 **SOLD OUT**

★**8575479 THE ASTRONOMY HANDBOOK: The Ultimate Guide to Observing and Understanding Stars, Planets, Galaxies, and the Universe.** By Govett Schilling. Fully illus. in color. 246 pages. Black Dog & Leventhal. Pub. at \$30.00 **\$21.95**

★**8155933 THE SIXTH ELEMENT: How Carbon Shapes Our World.** By T.P. Snow & D. Brownlee. Illus. 254 pages. Princeton. Pub. at \$27.95 **\$22.95**

★**7943253 WE ARE NOT ALONE: The Extraordinary History of UFOs and Aliens Invading Our Hopes, Fears, and Fantasies.** By Marc Hartzman. 302 pages. Quirk. Pub. at \$23.99 **\$17.95**

7986890 THE BIG BOOK OF MARS. By Marc Hartzman. 253 pages. Quirk. 8x10. Paperbound. Pub. at \$24.99 **\$6.95**

7790503 THE PLANETS: The Definitive Visual Guide to Our Solar System. Ed. by Christine Heilmann. SHOPWORN. 256 pages. Dorling Kindersley. 10 1/4 x 12. Pub. at \$30.00 **\$17.95**

4994094 THE MOON LANDINGS: One Giant Leap. By Colin Salter. Fully illus. some in color. 192 pages. Flame Tree. 11 1/4 x 11 1/4. Pub. at \$35.00 **PRICE CUT to \$14.95**

★**7959907 UFO: The Inside Story of the US Government's Search for Alien Life Here—and Out There.** By Garrett M. Graff. 16 pages of photos, some in color. 518 pages. Avid Reader. Pub. at \$32.50 **PRICE CUT to \$19.95**

★**7917414 TO INFINITY AND BEYOND: A Journey of Cosmic Discovery.** By N. deGrasse Tyson & L.N. Walker. 320 pages. National Geographic. Pub. at \$30.00 **PRICE CUT to \$17.95**

★**6996698 HEART OF DARKNESS: Unraveling the Mysteries of the Invisible Universe.** By J.P. Ostriker & S. Mitton. 299 pages. Princeton. Paperbound. Pub. at \$18.95 **\$14.95**

7998066 SPACE FORCES: A Critical History of Life in Outer Space. By Fred Scharmen. 266 pages. Verso. Pub. at \$26.95 **\$6.95**

785689X BEYOND: Our Future in Space. By Chris Impey. Illus. 321 pages. Paperbound. Pub. at \$16.95 **PRICE CUT to \$3.95**

★**1175653 42 REASONS TO HATE THE UNIVERSE: And One Reason Not To.** By Chris Ferrie et al. 289 pages. Sourcebooks. Paperbound. Pub. at \$17.99 **PRICE CUT to \$9.95**

5697344 BREAKING BOUNDARIES: The Science of Our Planet. By O. Gaffney & J. Rockstrom. Illus. 240 pages. Dorling Kindersley. Pub. at \$19.99 **PRICE CUT to \$3.95**

★**9041141 HOW TO KILL AN ASTEROID: The Real Science of Planetary Defense.** By Robin George Andrews. Photos. 306 pages. Norton. Pub. at \$29.99 **PRICE CUT to \$17.95**

★**6082408 COME FLY WITH US: NASA's Payload Specialist Program.** By M. Croft & J. Youskauskas. Illus. UNP. Paperbound. Pub. at \$29.95 **PRICE CUT to \$17.95**

★**7995733 THE TRANSITS OF VENUS.** By W. Sheehan & J. Westfall. Well illus. 407 pages. Prometheus. Paperbound. Pub. at \$21.95 **PRICE CUT to \$11.95**

★**7847858 SPACE AGE ADVENTURES: Over 100 Terrestrial Sites and Out of This World Stories.** By Mike Bezemek. Photos. 293 pages. UNP. Paperbound. Pub. at \$27.95 **PRICE CUT to \$9.95**

★**7821654 BLACK SPACE: The Nazi Super Weapons That Launched Humanity into Orbit.** By David Axe. Well illus. 202 pages. Pen & Sword. Pub. at \$34.95 **PRICE CUT to \$11.95**

Airplanes & Airlines



7835221 AIRPLANE FLYING HANDBOOK: FAA-H-8083-3C. By Federal Aviation Administration. The definitive guide to airplane flying, developed by FAA experts. Topics covered include flight training, ground operations, basic flight maneuvers, airport traffic patterns, approaches and landings, performance maneuvers, night operations, and emergency procedures. Complete with full color illustrations, photos, and diagrams detailing every chapter. Skyhorse. 8 1/2 x 11. Paperbound. Pub. at \$19.99 **\$7.95**

Airplanes & Airlines



***9017232 LOCKHEED CONSTELLATION: Legends of Flight.** By Wolfgang Borgmann. This fully illustrated volume includes ample coverage for all three major commercial variants of the aircraft: the Constellation, the Super Constellation, and the Starliner. Wartime service by military versions, special features, extra comforts, freighter models and conversions are also covered. 144 pages. Schiffer. **\$25.95**



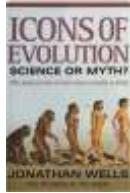
***1499351 INTERFLUG: East Germany's Airline.** By Sebastian Schmitz. Tells the fascinating story of East Germany's Interflug airline, its mission, its fleet, and what it was like to fly it, to work there, and to live in those times. Fully illus. some in color. 184 pages. Astral. Pub. at \$29.95 **PRICE CUT to \$17.95**

795686X AXIS AIRCRAFT IN LATIN AMERICA. By A. Tincopa & S. Rivas. Fully illus. 368 pages. Hikoki. 8 1/2 x 12. Pub. at \$56.95 **\$14.95**

Paleontology & Evolution



9113835 WRITTEN IN STONE: The Hidden Secrets of Fossils and the Story of Life on Earth. By Brian Switek. The first account of the hunt for evolution's "missing links." Switek shows how these discoveries have revolutionized paleontology and explores what the findings might mean for our place on Earth. Illus. 320 pages. Icon. Paperbound. **\$5.95**



1194305 ICONS OF EVOLUTION: Science or Myth? By Jonathan Wells. Argues that the best-known "icons" of evolution—from pictures of apes evolving into humans, to comparisons of fish and human embryos—are false or misleading. Reveals, among other things, that the textbook version of the origin of life assumes the exact opposite of what scientists now believe. 338 pages. Regnery. Paperbound. Pub. at \$19.99 **\$4.95**



9085122 PURPOSE: What Evolution and Human Nature Imply About the Meaning of Our Existence. By Samuel T. Wilkinson. By using principles from a variety of scientific disciplines, Yale Professor Wilkinson provides a framework for human evolution that reveals an overarching purpose to our existence. Illus. 338 pages. Pegasus. Pub. at \$29.95 **\$6.95**



***9084886 THE ORIGIN OF SPECIES.** By Charles Darwin. Darwin's exploration of the evolutionary process challenged most of the strong beliefs of the Western world. Forced to question the idea of the Creator, mid-19th century readers were faced with Darwin's theories on the laws of natural selection and the randomness of evolution, causing massive controversy at the time. 604 pages. William Collins. Paperbound. **\$5.95**



796143X EXTINCTION AND EVOLUTION: What Fossils Reveal About the History of Life. By Niles Eldredge. Chronicles how Eldredge made his discoveries and traces the history of life through the lenses of paleontology and other sciences. More than 200 color photographs show different fossil specimens, including some of the most significant fossil discoveries of recent years. 256 pages. Firefly. 9 x 10 1/2. Paperbound. Pub. at \$29.95 **\$7.95**



9011889 TURNING POINTS: How Critical Events Have Driven Human Evolution, Life, and Development. By Kostas Kampourakis. Critical historical events—or "turning points"—have shaped evolution and continue to have a decisive effect on individual lives. The author argues that, although evolution is the result of unpredictable events, these events have profound influences on subsequent developments. Illus. 366 pages. Prometheus. Pub. at \$25.00 **\$4.95**



8042721 ORIGIN: A Genetic History of the Americas. By Jennifer Raff. The story of who the first peoples in the Americas were, how and why they migrated, how they dispersed south, and how they lived based on a new and powerful kind of evidence: their complete genomes. Provides an overview of these new histories throughout North and South America, and a glimpse into how the tools of genetics reveal details about human history and evolution. Illus. some in color. 328 pages. Twelve. Pub. at \$30.00 **\$9.95**



DVD 8993165 WHAT MAKES US HUMAN? NOVA Science Now. Widescreen. Scientists have struggled for centuries to pinpoint the qualities that distinguish humans from the millions of other animal species with which we share the vast majority of our DNA. Now, we explore those traits once thought to be uniquely human to discover their evolutionary roots. English SDH. 60 minutes. PBS. Pub. at \$24.99 **\$5.95**



8007837 THE MONSTER'S BONES: The Discovery of T. Rex and How It Shook Our World. By David K. Randall. A gripping narrative of a fearless paleontologist, the founding of America's most loved museums, and the race to find the largest dinosaurs on record. This work journeys from prehistory to present day, from remote Patagonia to the unforgiving badlands of the American West to the penthouses of Manhattan. Photos. 260 pages. Norton. Pub. at \$27.95 **SOLD OUT**



6080855 SOME ASSEMBLY REQUIRED: Decoding Four Billion Years of Life, from Ancient Fossils to DNA. By Neil Shubin. A new view of the evolution of human and animal life that explains how the incredible diversity of life on our planet came to be. Shubin takes readers on a journey of discovery spanning centuries, as explorers and scientists seek to understand the origins of life's immense diversity. Illus. 267 pages. Pantheon. Pub. at \$26.95 **\$6.95**



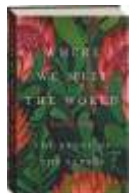
***1175785 LIFE ON OUR PLANET: A New Look at Dinosaurs and Prehistoric Life That Once Roamed Our Earth.** By Tom Fletcher. This is planet Earth's origin story—an epic battle of survival, from pre-historic ocean worlds and life's first forays onto land, to the rise and fall of the dinosaurs and the devastation of the last Ice Age. Fully illus. in color. 312 pages. Sourcebooks. 10 x 10 1/2. Pub. at \$39.99 **\$31.95**



***9015981 IS EARTH EXCEPTIONAL? The Quest for Cosmic Life.** By M. Livio & J. Szostak. The authors describe how life's building blocks—from RNA to amino acids to cells—could have emerged from the chaos of Earth's early existence. They then apply the knowledge gathered from cutting-edge research across the sciences to the search for life in the cosmos: both life as we know it and life as we don't. 329 pages. Basic. Pub. at \$32.00 **\$23.95**



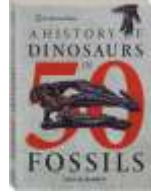
9078525 UNNATURAL SELECTION. By Katrina van Grouw. Featuring more than four hundred breathtaking B&W illustrations of living animals, skeletons, and historical specimens this volume is about selective breeding—the ongoing transformation of animals at the hand of man. And selective breeding on a much grander scale—called evolution. 284 pages. Princeton. 10 1/2 x 12 1/4. Pub. at \$49.95 **\$19.95**



7998430 WHERE WE MEET THE WORLD: The Story of the Senses. By Ashley Ward. Takes readers on a tour of how our senses function. Ward look at not only the five major senses—vision, hearing, taste, smell, and touch—but also a host of other senses such as balance and interoception, the sense of the body's internal state. Advances in sensory biology have given us the ability to understand how and why our senses evolved as they did. 311 pages. Basic. Pub. at \$30.00 **\$9.95**



***8881448 THE SCIENCE OF WHY WE EXIST: A History of the Universe from the Big Bang to Consciousness.** By Tim Coulson. From the Big Bang and the evolution of the genetic code to the birth of consciousness, this is the extraordinary story of the chain of events that led to human life on earth. Explains how the universe started as a point of intense energy that over time resulted in our wonderful planet and in you. Illus. 454 pages. Pegasus. Pub. at \$35.00 **\$26.95**



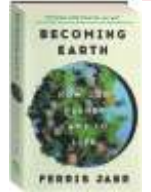
***906947X A HISTORY OF DINOSAURS IN 50 FOSSILS.** By Paul M. Barrett. Understand the rise and fall of some of the most amazing creatures to roam Earth! Enjoy this definitive crash course on dinosaur fossils that explores the origin and rise of the dinosaurs, introduction to the major groups, biological characteristics and the first fossil birds. For readers young and old! 75 color illustrations. 160 pages. Smithsonian. Pub. at \$24.95 **\$17.95**



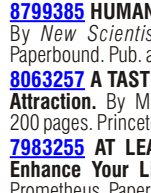
9045562 CREATURES BORN OF MUD AND SLIME: The Wonder and Complexity of Spontaneous Generation. By Daryn Lehoux. Far from being a superstitious, gullible, or simplistic belief, spontaneous generation was a sophisticated and painstaking grounded fact that stood up to the best scientific testing. It's a compelling look at how we understand conceptions of scientific change, truth and progress. 177 pages. Johns Hopkins. Pub. at \$47.00 **PRICE CUT to \$3.95**



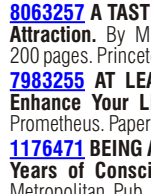
5779812 LOST ANATOMIES: The Evolution of the Human Form. By John Gurche. Using skeletal and soft-tissue anatomy, Gurche skillfully reconstructs the appearance of individuals in the human lineage, and has developed visual techniques to evoke the eons that separate us from them. Each chapter here is introduced by a leading paleo-anthropologist, who provides context to give the reader a deeper appreciation of Gurche's art. Fully illus. in color. 208 pages. Abrams. 9 1/2 x 12 1/4. Pub. at \$40.00 **PRICE CUT to \$12.95**



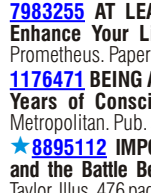
***8882487 BECOMING EARTH: How Our Planet Came to Life.** By Ferris Jabr. An awe-inspiring journey through the hidden workings of our planetary symphony—its players, its instruments, and the music of life that emerges—and an invitation to reexamine our place in it. How well we play our part will determine what kind of Earth our descendants inherit for millennia to come. 16 pages of color photos. 269 pages. Random. Pub. at \$30.00 **PRICE CUT to \$17.95**



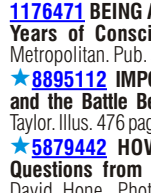
8799385 HUMAN ORIGINS: 7 Million Years and Counting. By New Scientist. Illus. 241 pages. Nicholas Brealey. Paperbound. Pub. at \$18.95 **\$5.95**



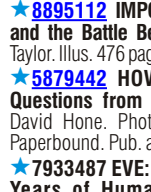
8063257 A TASTE FOR THE BEAUTIFUL: The Evolution of Attraction. By Michael J. Ryan. 16 pages of color photos. 200 pages. Princeton. Pub. at \$27.95 **\$5.95**



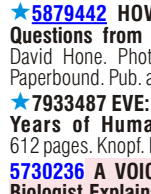
7983255 AT LEAST KNOW THIS: Essential Science to Enhance Your Life. By Guy P. Harrison. Illus. 384 pages. Prometheus. Paperbound. Pub. at \$19.00 **\$5.95**



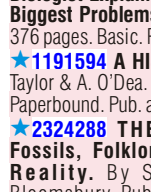
1176471 BEING A HUMAN: Adventures in Forty Thousand Years of Consciousness. By Charles Foster. 379 pages. Metropolitan. Pub. at \$28.99 **\$5.95**



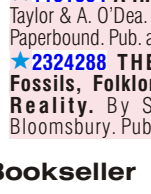
***8895112 IMPOSSIBLE MONSTERS: Dinosaurs, Darwin, and the Battle Between Science and Religion.** By Michael Taylor. Illus. 476 pages. Liveright. Pub. at \$32.99 **\$24.95**



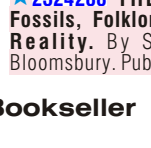
***5879442 HOW FAST DID T. REX RUN? Unsolved Questions from the Frontiers of Dinosaur Science.** By David Hone. Photos, some in color. 252 pages. Princeton. Paperbound. Pub. at \$18.95 **\$14.95**



***7933487 EVE: How the Female Body Drove 200 Million Years of Human Evolution.** By Cat Bohannon. Illus. 612 pages. Knopf. Pub. at \$35.00 **SOLD OUT**



5730236 A VOICE IN THE WILDERNESS: A Pioneering Biologist Explains How Evolution Can Help Us Solve Our Biggest Problems. By Joseph L. Graves Jr. Photos with Illus. 376 pages. Basic. Pub. at \$30.00 **PRICE CUT to \$3.95**



***1191594 A HISTORY OF LIFE IN 100 FOSSILS.** By PD. Taylor & A. O'Dea. Fully illus. in color. 232 pages. Smithsonian. Paperbound. Pub. at \$24.95 **PRICE CUT to \$9.95**



***2324288 THE TOMB OF THE MILI MONGGA: Fossils, Folklore, and Adventures at the Edge of Reality.** By Samuel Turvey. Illus. 304 pages. Bloomsbury. Pub. at \$28.00 **PRICE CUT to \$14.95**



Paleontology & Evolution

★**490642X** **DINOSAURS: New Visions of a Lost World.** By Michael J. Benton. 240 pages. Thames & Hudson. Pub. at \$39.95 **PRICE CUT to \$19.95**

★**7939914** **UNDERSTANDING THE CHRISTIANITY-EVOLUTION RELATIONSHIP.** By Michael Ruse. Illus. 184 pages. Cambridge. Paperbound. Pub. at \$19.99 **PRICE CUT to \$9.95**

★**7838123** **SLEEPING BEAUTIES: The Mystery of Dormant Innovations in Nature and Culture.** By Andreas Wagner. Illus. 336 pages. Oneworld. Pub. at \$30.00 **PRICE CUT to \$9.95**

Archaeology



8119171 **ARCHAEOLOGY FROM SPACE: How the Future Shapes Our Past.** By Sarah Parcak. Shows the evolution, major discoveries, and future potential of the young field of satellite archaeology. Using multispectral and high-resolution satellite imagery she has identified thousands of previously unknown settlements, roads, fortresses, palaces, tombs, and even potential pyramids. Color photos. 278 pages. Holt. Pub. at \$30.00 **\$5.95**



★**4683897** **CAHOKIA: Ancient America's Great City on the Mississippi.** By Timothy R. Pauketat. Almost 1,000 years ago, a sprawling Native American city flourished on the banks of the Mississippi River near what is now St. Louis. Drawing on pioneering archaeological digs and a wealth of analysis, the author provides a detailed picture of what has been discovered so far. 194 pages. Penguin. Paperbound. Pub. at \$17.00 **\$11.95**



★**9082026** **ANGKOR & THE KHMER CIVILIZATION.** By M.D. Coe & D. Evans. A survey of Angkor and the Khmer civilization which incorporates revelations from new discoveries in the past decade that are rewriting history. Airborne laser scanning has revealed entire cities that were previously unknown and a complex urban landscape with highways and waterways, transforming our interpretations of the development and supposed decline of Angkor. Fully illus. most in color. 304 pages. Thames & Hudson. Paperbound. Pub. at \$18.95 **\$13.95**



★**9064230** **THE OTHER ANCIENT CIVILISATIONS: Decoding Archaeology's Less Celebrated Cultures.** By Raven Todd DaSilva. Invites you on an archaeological expedition across millennia and continents to discover the rich diversity of peoples that are often overlooked but have made monumental impacts that have shaped our modern world. Relive key historical events, explore ancient sites, and marvel at artifacts that changed the way we understand history. Illus., in color. 349 pages. Mango. Paperbound. Pub. at \$24.99 **\$17.95**



★**DVD 9064532** **GREAT MYSTERIES OF TUTANKHAMUN.** Tutankhamun, most notably known as King Tut, was an Ancient Egyptian Pharaoh who ruled in the 18th Dynasty of the New Kingdom of Ancient Egypt. This is the story of King Tutankhamun, his life, death and afterlife. 70 minutes. Vision Laboratories. Pub. at \$24.95 **\$17.95**



9131264 **MEASURING THE FLOW OF TIME: The Works of James A. Ford, 1935-1941.** This collection collects Ford's seminal writings on the importance of pottery styles in dating sites, population movements, and cultures. Ford began archaeological fieldwork in 1927, when scholars divided time into prehistory and history. Well illus. 582 pages. UAIP. Paperbound. Pub. at \$39.95 **\$4.95**



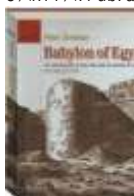
6997481 **ATHENS AT THE MARGINS: Pottery and People in the Early Mediterranean World.** By Nathan Arrington. Proposes a new narrative of the origins behind the style and its significance, investigating how material culture shaped the ways people and communities thought of themselves. Provocatively shifts perspectives on Greek art and its relationship to the eastern Mediterranean. Well illus. some in color. 328 pages. Princeton. Pub. at \$53.00 **\$16.95**



★**9078053** **PLUNDER? How Museums Got Their Treasures.** By Justin M. Jacobs. Historian, Justin Jacobs challenges the widely accepted belief that much of Western museums' treasures were acquired by imperialist plunder and theft. The account reexamines the allegedly immoral provenance of Western collections, advocating for a nuanced understanding of how artifacts reached Western shores. Well illus. 216 pages. Reaktion. Pub. at \$25.00 **\$19.95**



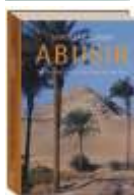
8872848 **THE LOST MANUSCRIPT OF FREDERIC CAILLIAUD.** Ed. by Andrew Bednarski. Cailliaud arrived in Egypt in 1815 and participated in the rediscovery of Roman emerald mines at Mount Sabora, ancient routes to the Red Sea, and other key discoveries in the nascent days of Egyptology. Presents his work on the arts and crafts of ancient Egypt, along with his original color plates. 295 pages. American Univ in Cairo. 8 1/4 x 11 1/4. Pub. at \$49.50 **\$21.95**



8872708 **BABYLON OF EGYPT: The Archaeology of Old Cairo and the Origins of the City.** By Peter Sheehan. Diocletian built the fortress known as Babylon in AD 300, and it continues to define the enclave known as Old Cairo. This work explores the history of Babylon Fortress through to the Middle Ages, as discovered by archeological studies in the present century. Well illus., most in color. 179 pages. American Univ in Cairo. 10x12. Pub. at \$65.00 **\$21.95**



9131027 **CABORN-WELBORN: Constructing a New Society after the Angel Chiefdom Collapse.** By David Pollack. Pollack examines how the Caborn-Welborn society reconstructed social, political, and economic relationships from the ceramic and settlement remnants of the Angel chiefdom. Illus. 234 pages. UAIP. Paperbound. Pub. at \$29.95 **\$4.95**



8872651 **ABUSIR: The Necropolis of the Sons of the Sun.** By Miroslav Verner. Long overshadowed by the sites at Giza and Saqqara, the group of pyramids, temples, and tombs named after the nearby village of Abusir gets its due appreciation in this comprehensive work. Illus. 419 pages. American Univ in Cairo. Pub. at \$49.95 **PRICE CUT to \$12.95**



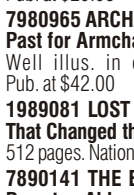
9057889 **MUDLARK'D: Hidden Histories from the River Thames.** By Malcolm Russell. Fully illus. most in color. 223 pages. Princeton. 7 1/2 x 10 1/2. Pub. at \$35.00 **\$7.95**



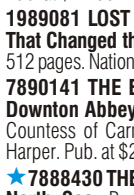
6081770 **DIGGING UP ARMAGEDDON: The Search for the Lost City of Solomon.** By Eric H. Cline. Photos. 397 pages. Princeton. Paperbound. Pub. at \$22.95 **\$6.95**



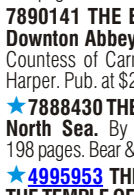
1116967 **DIGGING FOR RICHARD III: The Search for the Lost King.** By Mike Pitts. Illus. 208 pages. Thames & Hudson. Pub. at \$29.95 **\$8.95**



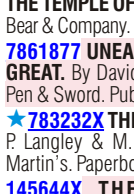
7980965 **ARCHAEOLOGY HOTSPOT ITALY: Unearthing the Past for Armchair Archaeologists.** By M. Gori & A. Pintucci. Well illus. in color. 177 pages. Rowman & Littlefield. Pub. at \$42.00 **SOLD OUT**



1989081 **LOST CITIES, ANCIENT TOMBS: 100 Discoveries That Changed the World.** Ed. by Ann R. Williams. Color photos. 512 pages. National Geographic. Pub. at \$24.95 **SOLD OUT**



7890141 **THE EARL AND THE PHARAOH: From the Real Downton Abbey to the Discovery of Tutankhamun.** By The Countess of Carnarvon. 16 pages, some in color. 381 pages. Harper. Pub. at \$28.99 **SOLD OUT**



★**7888430** **THE MYSTERY OF DOGGERLAND: Atlantis in the North Sea.** By Graham Phillips. 16 pages of color photos. 198 pages. Bear & Company. Paperbound. Pub. at \$18.00 **SOLD OUT**



★**4995953** **THE EGYPTIAN ORIGINS OF KING DAVID AND THE TEMPLE OF SOLOMON.** By Ahmed Osman. Illus. 216 pages. Bear & Company. Paperbound. Pub. at \$18.00 **\$14.95**



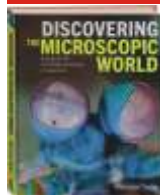
7861877 **UNEARTHING THE FAMILY OF ALEXANDER THE GREAT.** By David Grant. Well illus., some in color. 351 pages. Pen & Sword. Pub. at \$42.95 **PRICE CUT to \$11.95**



★**783232X** **THE LOST KING: The Search for Richard III.** By P. Langley & M. Jones. 16 pages of photos. 304 pages. St. Martin's. Paperbound. Pub. at \$19.99 **\$14.95**

145644X **THE LONG JOURNEYS HOME: The Repatriations of Henry Opukahaia and Albert Afraid of Hawk.** By Nick Bellantoni. Illus. 296 pages. Wesleyan. Pub. at \$28.95 **PRICE CUT to \$5.95**

Life Science



9100628 **DISCOVERING THE MICROSCOPIC WORLD: A Guide to the Incredible Structures of Organisms.** By Marianne Taylor. With the latest developments in scanning electron microscopy, the miniature world has now been revealed to us in never before seen detail. You will learn about the microbes that are at the heart of the world's ecosystems, the composition of minerals, the structure of cells in the human body, and much more. Fully illus. in color. 192 pages. Sirius. 9 1/4 x 11 1/4. Pub. at \$19.99 **\$5.95**



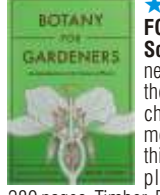
9081453 **MILK: The Biology of Lactation.** By M.L. Power & J. Schulkin. Learn everything you ever wanted to know about the substance that binds all mammals together. Discussing milk from a comparative and evolutionary perspective, this volume walks readers through the early origins of the mammary gland and describe the incredible diversification of milk among the various mammalian lineages. Illus. 285 pages. Johns Hopkins. Pub. at \$72.00 **\$5.95**



9076549 **I CONTAIN MULTITUDES: The Microbes Within Us and a Grand View of Life.** By Ed Yong. This volume lets us peer into the vast world of the microbiome for the first time, allowing us to see how ubiquitous, complex, and vital microbes really are; they sculpt our organs, defend us from disease, break down our food, bombard our genomes with their genes, and grant us incredible abilities. Color photos. 357 pages. Ecco. Paperbound. Pub. at \$15.99 **\$6.95**



9131221 **LIFE-HISTORIES OF THE FROGS OF OKEFINOKEE SWAMP, GEORGIA: North American Salientia (Anura) No. 2.** By Albert Hazen Wright. First published in 1932, this classic remains the authoritative source for historical information about anurans of eastern North America. Well illus. 509 pages. Cornell. Pub. at \$61.00 **\$4.95**



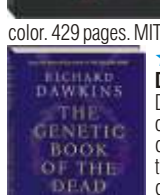
★**8736197** **BOTANY FOR GARDENERS, FOURTH EDITION: An Introduction to the Science of Plants.** By Brian Capon. Features new photos and illustrations that help clarify the concepts, the latest scientific advances, changes in nomenclature and taxonomy, and more. From plant anatomy to basic genetics, this work explains the science of plants in plain language anyone can understand. 280 pages. Timber. Paperbound. Pub. at \$21.99 **\$16.95**



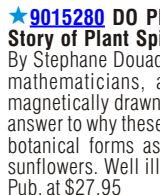
★**9092307** **SEVEN DEADLY SINS: The Biology of Being Human.** By Guy Leschziner. Leschziner takes readers on an exploration of the Seven Deadly Sins as he looks at their neuroscientific and psychological bases, their origin in our genes, and, crucially, how certain medical disorders may give rise to them. Illus. 373 pages. St. Martin's. Pub. at \$30.00 **\$21.95**



9117288 **ALGORITHMS IN STRUCTURAL MOLECULAR BIOLOGY.** By Bruce R. Donald. Discover the algorithmic foundations and computational approaches underlying areas of structural biology including NMR (nuclear magnetic resonance); X-ray crystallography; and the design and analysis of proteins, peptides, and small molecules. Well illus., some in color. 429 pages. MIT Press. **\$11.95**

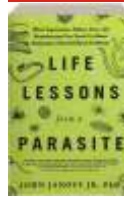


★**907547X** **THE GENETIC BOOK OF THE DEAD: A Darwinian Reverie.** By Richard Dawkins. Illus. by J. Lenzova. In this exploration of the power of Darwinian evolution and what it can reveal about the past, Dawkins shows how the body, behavior, and genes of every living creature can be read as a book—an archive of the worlds of its ancestors. Well illus. in color. 351 pages. Yale. Pub. at \$35.00 **\$26.95**

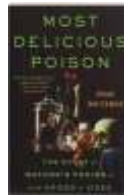


★**9015280** **DO PLANTS KNOW MATH? Unwinding the Story of Plant Spirals, from Leonardo da Vinci to Now.** By Stephane Douady et al. Tells the stories of the physicists, mathematicians, and biologists who found themselves magnetically drawn to Fibonacci spirals in plants, seeking an answer to why these beautiful and seductive patterns occur in botanical forms as diverse as pine cones, cabbages, and sunflowers. Well illus., many in color. 338 pages. Princeton. Pub. at \$27.95 **\$22.95**

Life Science



★**8989389** **LIFE LESSONS FROM A PARASITE.** By John Janovy Jr. Reveals what humans can learn from the most reviled yet misunderstood animals on Earth—lice, tapeworms, flukes, and maggots that can eat a lizard from the inside—and how these lessons help us negotiate our own complicated world. Illus. 318 pages. Sourcebooks. Paperbound. Pub. at \$17.99 **\$12.95**



★**9078290** **MOST DELICIOUS POISON: The Story of Nature's Toxins—from Spices to Vices.** By Noah Whiteman. Tells the story of nature's toxins and why we are attracted, and addicted, to them. Reveals origins of toxins produced by plants, mushrooms, microbes, and even some animals, the mechanisms that animals evolved to overcome them and how a co-evolutionary arms race made its way into the human experience. Illus. 295 pages. Little, Brown. Paperbound. Pub. at \$19.99 **\$14.95**



★**798085X** **BLIGHT: Fungi and the Coming Pandemic.** By Emily Monosson. A prescient warning about the mysterious and deadly world of fungi—and how to avert further loss across species, including our own. This work serves as a wake-up call, a reminder of the delicate interconnectedness of the natural world, and a lesson in seeing life on our planet with renewed humility and awe. 253 pages. Norton. Pub. at \$28.95 **\$21.95**



★**904292X** **KINGDOM OF ANTS: Jose Celestino Mutis and the Dawn of Natural History in the New World.** By E.O. Wilson & J.M. Gomez Duran. One of the earliest New World naturalists, Jose Celestino Mutis began his professional life as a physician in Spain and ended it as a scientist and natural philosopher in modern-day Colombia. Drawing on his nearly forgotten writings, this is his story of scientific adventures in 18th century South America. Well illus. most in color. 95 pages. Johns Hopkins. Pub. at \$29.00 **PRICE CUT to \$5.95**



★**1455974** **THE INDIVIDUAL IN THE ANIMAL KINGDOM.** By Julian S. Huxley. We meet a youthful Huxley who uses his commanding knowledge of natural history to develop a nonreductionist account of life's complexity that aligns with seminal early insights by Darwin, Wallace, Weismann, and Wheeler. This work disappeared into oblivion despite its relevance for contemporary research on organismal complexity and major evolutionary transitions. Illus. 140 pages. MIT Press. Pub. at \$25.00 **PRICE CUT to \$5.95**



★**904390X** **THE SECRETS OF GREAT BOTANISTS: And What They Teach Us About Gardening.** By Matthew Biggs. Botanists are the trailblazers who first discovered how plants work and collected from around the world many of the species that we find in our gardens today. Presents the life stories of 36 plant collectors and gardening pioneers of the past and present. Well illus., in color. 224 pages. Exisle. Paperbound. Pub. at \$24.99 **PRICE CUT to \$14.95**



★**9012893** **THE MOLECULAR SWITCH: Signaling and Allostery.** By Rob Phillips, illus. by N. Orme. A biophysical perspective on signaling, showing how allostery can be reformulated using equilibrium statistical mechanics, applies to diverse biological systems exhibiting switching behaviors, and successfully unify seemingly unrelated phenomena. Fully illus. in color. 418 pages. Princeton. 8 1/4 x 10 1/4. Pub. at \$104.00 **PRICE CUT to \$21.95**



★**905636X** **THE BOTANISTS' LIBRARY: The Most Important Botanical Books in History.** By C. Fry & E. Wayland. This complete guide traces the development of botanical science through era-defining publications. Each chapter delves into the pages of a seminal work, unveiling the insights, controversies, and stories behind the books that have shaped our understanding of the plant world. Fully illus. in color. 272 pages. Ivy Press. 8 x 9 1/2. Pub. at \$40.00 **PRICE CUT to \$24.95**



★**6999190** **EVERY LIVING THING: The Great and Deadly Race to Know All Life.** By Jason Roberts. An epic, extraordinary account of rivalry and obsession in the quest to survey all of life on Earth. Weaves a sweeping, unforgettable narrative spell, exploring the intertwined lives and legacies of Linnaeus and Buffon to trace an arc of insight and discovery that extends across three centuries into the present day. 407 pages. Random. Pub. at \$35.00 **PRICE CUT to \$17.95**



★**1997912** **OTTER COUNTRY: An Unexpected Adventure in the Natural World.** By Miriam Darlington. Mysterious, graceful, and ever-clever, otters have captivated our imaginations, despite the fact that few people have encountered one in the wild. Darlington captures the fascination she's had for these playful animals since childhood, and chronicles her immersive journey into their watery world. 294 pages. Tin House. Pub. at \$27.95 **PRICE CUT to \$17.95**

★**9066667** **THE MIND OF PLANTS: Narratives of Vegetal Intelligence.** Ed. by John C. Ryan et al. Illus. in color. 502 pages. Synergetic. Paperbound. Pub. at \$25.95 **SOLD OUT**

★**7977670** **MICROBES: The Life-Changing Story of Germs.** By Phillip K. Peterson. 294 pages. Prometheus. Pub. at \$25.95 **SOLD OUT**

★**7886195** **BIOCIVILISATIONS: A New Look at the Science of Life.** By Predrag B. Slijepcevic. 258 pages. Chelsea Green. Paperbound. Pub. at \$24.95 **PRICE CUT to \$11.95**

★**7777825** **ORCHID MUSE: A History of Obsession in Fifteen Flowers.** By Erica Hannickel. Well illus., some in color. 306 pages. Norton. Pub. at \$35.00 **\$11.95**

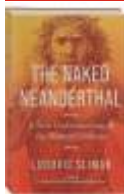
★**4998308** **LOST FROGS & HOT SNAKES: Herpetologists' Tales from the Field.** Ed. by Martha L. Crump. Well illus. 304 pages. Comstock. Paperbound. Pub. at \$26.95 **PRICE CUT to \$17.95**

★**7869916** **THE HIDDEN BEAUTY OF THE MICROSCOPIC WORLD.** By James Weiss. 256 pages. Watkins. Pub. at \$29.95 **\$11.95**

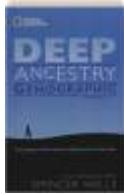
★**6254969** **NURSERY EARTH: The Hidden World of Baby Animals and the Amazing Ingenuity of Life.** By Danna Staaf. Well illus. some in color. 260 pages. The Experiment. Paperbound. Pub. at \$17.95 **PRICE CUT to \$7.95**

★**8737533** **DARWIN AND THE ART OF BOTANY: Observations on the Curious World of Plants.** By J.T. Costa & B. Angell. 378 pages. Timber. Pub. at \$30.00 **PRICE CUT to \$14.95**

Anthropology



LIMITED QUANTITY 9085025 THE NAKED NEANDERTHAL: A New Understanding of the Human Creature. By Ludovic Slimak. Slimak shows us that Neanderthals are something different altogether—and that they should be understood on their own terms. They have their own history, their own rituals, their own customs, and their own intelligence—one that was very different from ours. 191 pages. Pegasus. Pub. at \$25.95 **SOLD OUT**



★**9123237** **DEEP ANCESTRY: Inside the Genographic Project.** By Spencer Wells. Begins with the assumption that the human race began 60,000 years ago with a single family in an African village. Dedicated to uncovering the secrets of deep ancestry, the project is detailed here. 247 pages. National Geographic. Paperbound. Pub. at \$12.95 **\$4.95**



★**7905904** **24 HOURS IN ANCIENT EGYPT: A Day in the Life of the People Who Lived There.** By Donald P. Ryan. Get to know the real ancient Egypt during 24 hours in the lives of the people who lived there. From the fisherman to the pharaoh, the midwife to the embalmer, the bread-maker to the priestess—these are the ordinary citizens who bring this ancient nation vividly to life. Photos. 272 pages. Michael O'Mara. Paperbound. Pub. at \$12.95 **\$6.95**



★**8056366** **JAPANESE CULTURE: The Religious and Philosophical Foundations.** Ed. by Roger J. Davies. Go on a fascinating journey through Japan's rich cultural history. Based on a conceptual framework developed by cultural anthropologists to explain the diverse religious and philosophical traditions underlying modern Japanese culture. Illus. 160 pages. Tuttle. Paperbound. Pub. at \$15.95 **\$5.95**



★**5879655** **THEY WERE HERE BEFORE US: Stories from Our First Million Years.** By R. Barkai & E. Halfon. Follows in the footsteps of our ancestors, describing their world in vivid detail: the tools they used, the animals they hunted and the monuments they built. From the earliest human use of fire, to the transformative effect of cave art, to the woman for whom 90 tortoises were sacrificed, and more. Illus. some in color. 197 pages. Watkins. Paperbound. Pub. at \$22.95 **\$17.95**



★**9131000** **BLESSING FOR A LONG TIME: The Sacred Pole of the Omaha Tribe.** By R. Ridington & D. Hastings. Offers an account of the Omaha tribe's surrender of their Umon'hon'ti, a sacred pole, to Harvard's Peabody Museum in 1888 and its eventual return more than a century later. Illus. 259 pages. Bison. Paperbound. Pub. at \$18.00 **\$4.95**



★**DVD 9069704** **DOGON: Theory of Creation.** The Dogon are an ethnic group living in the central plateau region of Mali. They are best known for their religious traditions, which include a sophisticated cosmology, a tradition of mask making, and unique architecture. They are also known for their oral tradition, which has preserved their history and traditional knowledge of the cosmos. 60 minutes. Vision Laboratories. Pub. at \$24.95 **\$17.95**

★**7908067** **A SHORT HISTORY OF HUMANITY: A New History of Old Europe.** By J. Krause & T. Trappe. Illus. 274 pages. Random. Pub. at \$27.00 **\$9.95**

★**1038699** **THE DEORHORD: An Old English Bestiary.** By Hana Videon. Illus. 342 pages. Princeton. Pub. at \$29.95 **SOLD OUT**

★**7878869** **LINGUISTIC FINGERPRINTS: How Language Creates and Reveals Identity.** By Roger Kreuz. 241 pages. Prometheus. Pub. at \$28.95 **\$14.95**

Chemistry & Physics



★**9100687** **PHYSICS: 50 Essential Ideas.** By Robert Snedden. Introduces you to the fascinating world of physics and its greatest practitioners. Ranging from thermodynamics to quantum theory to relativity, and featuring ideas from such esteemed physicists as Newton, Maxwell, and Einstein, this guide will bring you up to speed on the core themes and theories of this great subject. Well illus., many in color. 208 pages. Sirius. Pub. at \$19.99 **\$5.95**



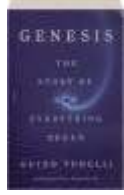
★**1907107** **ELEMENTARY: The Periodic Table Explained.** By James M. Russell. In accessible terms, the author lays bare the construction of the table itself and the makeup of each of its vital elements, and gives us a compelling tour of the scientists who uncovered their unique properties. From aluminum to zirconium, discover the stories behind the building blocks that make up our world. 186 pages. Michael O'Mara. Paperbound. Pub. at \$12.95 **\$6.95**



★**487014X** **SYNCHRONICITY: The Epic Quest to Understand the Quantum Nature of Cause and Effect.** By Paul Halpern. Discussing entanglement and synchronicity, Halpern gives us a sprawling tale of genius and creativity, myth and insight, ludicrous ideas and the universe's deepest truths. Buckle up, it's a wild ride. Illus. 294 pages. Basic. Pub. at \$30.00 **\$7.95**



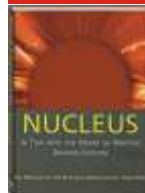
★**7906935** **ATOM LAND: A Guided Tour Through the Strange (and Impossibly Small) World of Particle Physics.** By Jon Butterworth. Welcome to a subatomic realm governed by the laws of particle physics. With the author, a physicist as your guide, you'll set sail from Port Electron in search of strange new terrain, from the Isle of Quarks to the very edge of Antimatter. Journey into an unseen world, and to the frontiers of human knowledge. 290 pages. The Experiment. Paperbound. Pub. at \$14.95 **\$3.95**



★**9118268** **GENESIS: The Story of How Everything Began.** By Guido Tonelli. From the origins of the universe, to the emergence of life on Earth, to the birth of human language, Tonelli both explains the fundamental physics of our universe and marvels at the profound wonder of our existence. 223 pages. Picador. Paperbound. Pub. at \$17.00 **\$4.95**



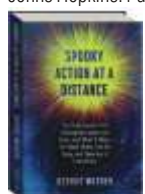
Chemistry & Physics



9045724 NUCLEUS, SECOND EDITION: A Trip into the Heart of Matter. By Ray Mackintosh et al. Tells the story of the nucleus from the early experimental work of the quiet New Zealander Lord Rutherford to the huge atom-smashing machines of today and beyond. Anyone with even a passing interest in science will delight in this guide to the nuclear age. Well illus., some in color. 143 pages. Johns Hopkins. 8 1/4 x 11. Pub. at \$35.00 **\$6.95**



9081275 EINSTEIN'S JEWISH SCIENCE: Physics at the Intersection of Politics and Religion. By Steven Gimbel. Intertwines science, history, philosophy, theology, and politics in fresh and fascinating ways to solve the multifaceted riddle of what religion means and what it means to science. Gimbel proposes Jews can find a special connection to $E = mc^2$, and this claim leads to an engaging, spirited debate at the heart of this book. 245 pages. Johns Hopkins. Pub. at \$23.00 **\$6.95**



9023844 SPOOKY ACTION AT A DISTANCE. By George Musser. The author guides us on an epic journey to explain the phenomenon that reimagines space and time—and what it means for black holes, the Big Bang, and theories of everything. He also offers a provocative exploration of nonlocality and a celebration of the scientists who are trying to explain it. Illus. 286 pages. FSG. Pub. at \$27.00 **\$7.95**



9081232 DEATH RAYS, JET PACKS, STUNTS & SUPERCARS: The Fantastic Physics of Film's Most Celebrated Secret Agent. By Barry Parker. If not for Q, the genius behind all James Bond's gadgets and weapons, Bond would have died a thousand deaths. Here Parker explains the basic physics behind the gadgets, cars, and stunts in a number of Bond films, from the jet packs in *Thunderball* to the dynamics of daredevil bungee jumping in *GoldenEye*. Illus. 231 pages. Johns Hopkins. Pub. at \$30.00 **\$5.95**



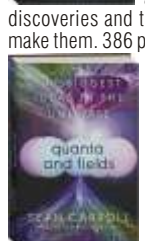
8110492 PHYSICS: From Natural Philosophy to the Enigma of Dark Matter. By Anne Rooney. Traces the development of physics from the natural philosophers of the ancient world to cutting-edge experiments in quantum mechanics. It also features the giants of science history, from Archimedes through Newton and Galileo to Curie, Einstein, and Hawking. Illus. 256 pages. Arcturus. Paperbound. Pub. at \$12.99 **\$5.95**



7795386 HOW IT ALL WORKS: All Scientific Laws and Phenomena Illustrated & Demonstrated. By Brian Clegg, illus. by A. Dant. A unique and unprecedented demonstration of our universe and how it works. This is a guide to the laws and phenomena of science, and their application in our world. Includes illustrations that reveal where scientific laws apply and where the phenomena they create are to be found. 152 pages. Ivy Press. Pub. at \$24.99 **\$9.95**



9084142 GRACE IN ALL SIMPLICITY: Beauty, Truth, and Wonders on the Path to the Higgs Boson and New Laws of Nature. By R.N. Cahn & C. Quigg. An enthralling account of humanity's quest to make sense of our physical world, told through interwoven tales of inspiration, tragedy, and triumph. Readers are taken on a thrilling voyage filled with improbable discoveries and the extraordinary community of people who make them. 386 pages. Pegasus. Pub. at \$32.00 **\$6.95**



8122458 QUANTA AND FIELDS: The Biggest Ideas in the Universe. By Sean Carroll. Creating a profoundly new approach to sharing physics with a broad audience, Carroll goes beyond analogies to show how physicists really think. He cuts to the bare mathematical essence of our profound theories, explaining every step in a uniquely accessible way. 289 pages. Dutton. Pub. at \$26.00 **\$18.95**



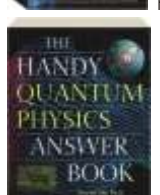
1941976 PERMANENT MAGNET DESIGN AND APPLICATION HANDBOOK, SECOND EDITION. By Lester R. Moskowitz. Covering the design and applications of permanent magnets, this study lists properties of over 400 materials and presents diverse magnet information needed to design products rather than present theory. 1995 revised edition. 962 pages. Krieger. 8 1/4 x 11 1/4. Pub. at \$202.00 **\$19.95**



8032025 "WELL, DOC, YOU'RE IN:" Freeman Dyson's Journey Through the Universe. Ed. by David Kaiser. Freeman Dyson helped invent modern physics. This volume offers a fresh examination of his life and work, exploring his particular way of thinking about deep questions that range from the nature of matter to the ultimate fate of the universe. Well illus. 295 pages. MIT Press. Pub. at \$29.95 **\$9.95**



7825625 GOD AND THE ATOM. By Victor J. Stenger. The concept of the particulate atom has persisted for centuries, even without direct evidence to prove it. Today, the fundamental particulate nature of matter is undeniable. In this history of atomism, Stenger makes the case that, in the final analysis, atoms and the void are all that exist. 332 pages. Prometheus. Pub. at \$25.00 **\$6.95**



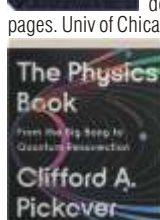
★8091366 THE HANDY QUANTUM PHYSICS ANSWER BOOK. By Charles Liu. Helps untangle this complex subject, making quantum physics and its impact on us, the world and the universe entertaining and easy to grasp. From the basics to the theories and from the practical applications to the future, this illuminating volume answers more than 800 fascinating questions so you can easily understand quantum physics. Illus. 458 pages. Visible Ink. Paperbound. Pub. at \$29.95 **\$21.95**



8589844 SEEING COLOUR: A Journey Through Goethe's World of Colour. By Nora Lobe et al. Brings Goethe's pioneering research up to date. Through descriptions of simple observations and ingenious experiments, you'll discover a series of color phenomena from afterimages to color shadows, color mixing, and prismatic and polarization colors. This a thought provoking read for color enthusiasts and experts alike. Well illus., in color. 166 pages. Floris. Paperbound. Pub. at \$40.00 **\$15.95**



★9063234 EINSTEIN AND THE QUANTUM REVOLUTIONS. By Alain Aspect. The first quantum revolution upset our vision of the world, offering surprising realities, such as wave-particle duality, and leading to the transistor, the laser, and today's computers. Here, Aspect explains the physics of the future and how philosophical debates can shape new realities. Illus. 81 pages. Univ of Chicago Press. Pub. at \$16.00 **\$12.95**

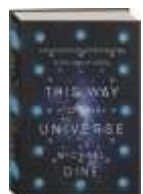


★9119507 THE PHYSICS BOOK: From the Big Bang to Quantum Resurrection, Revised. By Clifford A. Pickover. Traces 250 of the most illuminating achievements in physics, the "fundamental science" that explores the very fabric of reality. In addition to odd and perplexing marvels, like the 1965 ultra-bouncy Super Ball, milestones touch on engineering and applied physics, advances in our understanding of astronomical objects, and more. Fully illus., in color. 525 pages. Union Square & Co. Paperbound. **\$24.95**

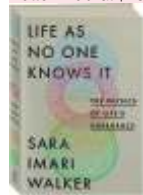


★8091838 QUANTUM PHYSICS FOR POETS. By L.M. Lederman & C.T. Hill. Using a variety of eloquent analogies and illustrative examples, the authors render even the most profound reaches of quantum theory accessible, appealing, exciting and something for all of us to savor. 338 pages. Prometheus. Paperbound. Pub. at \$22.95 **\$17.95**

7911742 THE TROUBLE WITH GRAVITY: Solving the Mystery Beneath Our Feet. By Richard Panek. Part scientific detective story, part metaphysical romp, this volume is the first in-depth, accessible study of this ubiquitous, elusive force. Gravity, and our efforts to understand it, Panek reveals, have shaped not only the world we inhabit, but also our bodies, minds, and culture. 244 pages. HMH. Pub. at \$28.00 **PRICE CUT to \$5.95**



6994393 THIS WAY TO THE UNIVERSE: A Theoretical Physicist's Journey to the Edge of Reality. By Michael Dine. A celebration of the astounding, ongoing scientific investigations that have revealed the nature of reality at its smallest, at its largest, and at the scale of our daily lives. Dine discusses enigmas that are landmarks on a fantastic journey to the edge of human understanding. 340 pages. Dutton. Pub. at \$28.00 **PRICE CUT to \$5.95**



★8999279 LIFE AS NO ONE KNOWS IT: The Physics of Life's Emergence. By Sara Imai Walker. Walker argues that solving the origin of life requires radical new thinking and an experimentally testable theory for what life is. She proposes a new paradigm for understanding what physics encompasses and what we recognize as life. 262 pages. Riverhead. Pub. at \$29.00 **PRICE CUT to \$17.95**

8796742 10 PHYSICISTS WHO TRANSFORMED OUR UNDERSTANDING OF REALITY. By R. Evans & B. Clegg. Illus. 258 pages. Running Press. Paperbound. Pub. at \$14.95 **\$4.95**

7977786 QUANTUM FUZZ: The Strange True Makeup of Everything Around Us. By Michael S. Walker. Illus. some in color. 448 pages. Prometheus. Pub. **SOLD OUT**

8063141 THE FORMATIVE YEARS OF RELATIVITY: The History and Meaning of Einstein's Princeton Lectures. By H. Gutfreund & J. Renn. Photos. 415 pages. Princeton. 8 1/4 x 10 1/4. Pub. at \$35.00 **\$7.95**

7824688 WHY THE UNIVERSE EXISTS. By New Scientist. Illus. 228 pages. Nicholas Brealey. Paperbound. Pub. at \$18.95 **\$6.95**

499048X THE PHYSICS BEHIND: Discover the Physics of Everyday Life. By Russ Swan. Well illus. in color. 192 pages. Firefly. Paperbound. Pub. at \$24.95 **\$5.95**

★8794103 LIGHT: The Visible Spectrum and Beyond. By K. Arcand & M. Watzke. Fully illus. in color. 208 pages. Black Dog & Leventhal. 10x10. Paperbound. Pub. at \$22.95 **\$17.95**

7823231 FUNDAMENTALS: Ten Keys to Reality. By Frank Wilczek. 254 pages. Penguin. Pub. at \$26.00 **\$7.95**

★7999275 50 QUANTUM PHYSICS IDEAS YOU REALLY NEED TO KNOW. By Joanne Baker. Illus. 208 pages. Quercus. Paperbound. Pub. at \$12.99 **\$9.95**

★7995083 THE CARTOON GUIDE TO PHYSICS. By L. Gonick & A. Huffman. Fully illus. 212 pages. Morrow. Paperbound. Pub. at \$21.99 **\$16.95**

★888207X ESCAPE FROM SHADOW PHYSICS: The Quest to End the Dark Ages of Quantum Theory. By Adam Forrest Kay. 481 pages. Basic. Pub. at \$35.00 **\$26.95**

★817699X GREATEST SCIENTIFIC MINDS. By Isaac Newton et al. Fingerprint. Paperbound. Pub. at \$24.99 **\$19.95**

★7790821 THE MATTER OF EVERYTHING: How Curiosity, Physics and Improbable Experiments Changed the World. By Suzie Sheehy. 314 pages. Knopf. Pub. at \$30.00 **PRICE CUT to \$5.95**

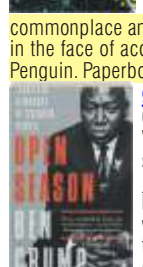
Social Science



9113819 WHAT EVERY WOMAN SHOULD KNOW: Lifestyle Lessons from the 1950s. This undiluted primary source gives a fascinating insight into the lives of women during the Baby Boom era, how they worked and played, how their attitudes were shaped, how they viewed the world and were in turn perceived. Fully illus., some in color. Atlantic. Paperbound. **\$5.95**

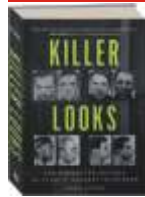


9095950 THINKING MACHINES: The Quest for Artificial Intelligence and Where It's Taking Us Next. By Luke Dormehl. Takes the reader through the history of AI and reveals the role it plays in our everyday lives. Dormehl offers a glimpse of the incredible future that's much closer than many would imagine and invites you to marvel at what now seems commonplace and to re-imagine what it means to be human in the face of accelerating machine intelligence. 275 pages. Penguin. Paperbound. Pub. at \$16.00 **\$5.95**



9080856 OPEN SEASON: Legalized Genocide of Colored People. By Ben Crump. Whether with a bullet or a lengthy prison sentence, America is killing Black people and justifying it legally. While some deaths make headlines, most are personal tragedies suffered within families and communities. Explore a call to action for Americans to protect the rights of its citizens equally and without question. 272 pages. Amistad. Paperbound. Pub. at \$18.99 **\$5.95**

Social Science



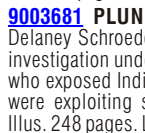
9107142 KILLER LOOKS: The Forgotten History of Plastic Surgery in Prisons. By Zara Stone. The story of the long-forgotten practice of providing free nose jobs, face-lifts, breast implants, and other physical alterations to prisoners. Stone draws on the intersectionality of socioeconomic success, racial bias, the prison industry complex and the fallacy of attractiveness to uncover the deeper truths. Well illus. 344 pages. Prometheus. Pub. at \$29.95 **\$5.95**



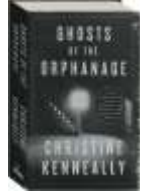
9018719 BILLY'S STORY. By Louise Allen. The author has trouble on her hands from the moment that five year old Billy enters her home. He is one of more than 20 children taken into care from a single family, and erupts into her household with an alarming volatility. It is only as Billy's harrowing past is revealed that she begins to grasp the level of abuse suffered. 295 pages. Welbeck. Paperbound. Pub. at \$15.95 **\$5.95**



9081194 CONDOM NATION: The U.S. Government's Sex Education Campaign from World War I to the Internet. By Alexandra M. Lord. Explores the U.S. Public Health Service's efforts to educate Americans about sex and makes clear why federally funded sex education has been haphazard, ad hoc, and often ineffectual. This compelling history of the agency's involvement in sex education provides new insights into one of the most contested subjects in America. Illus. 224 pages. Johns Hopkins. Pub. at \$47.00 **\$6.95**



9003681 PLUNDER OF THE ANCIENTS. By Lucinda Delaney Schroeder. Offers a rare look inside the undercover investigation undertaken by special agent Lucinda Schroeder who exposed Indian Art thieves and dealers in Santa Fe who were exploiting sacred artifacts for huge sums of money. Illus. 248 pages. Lyons. Pub. at \$22.95 **\$4.95**



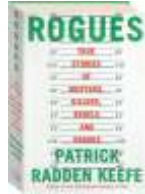
8887454 GHOSTS OF THE ORPHANAGE: A Story of Mysterious Deaths, a Conspiracy of Silence, and a Search for Justice. By Christine Kenneally. The shocking secret history of orphanages that hid violence, abuse, and death within their walls for decades. For ten years, Kenneally has been on a quest to uncover the harrowing truth. The incredible true-crime story and a reckoning with the past that has stayed buried for too long, with tragic consequences. 367 pages. PublicAffairs. Pub. at \$30.00 **\$7.95**



9054839 IRREVERSIBLE DAMAGE: The Transgender Craze Seducing Our Daughters. By Abigail Shrier. Digging deep into the trans epidemic, Shrier offers urgently needed advice about how parents can protect a generation of girls at risk. This essential account will help you understand what the trans craze is and how you can inoculate your child against it—or how to retrieve her from this dangerous path. 264 pages. Regnery. Pub. at \$28.99 **\$6.95**



8098034 THE WORKING POOR: Invisible in America. By David K. Shipler. Presents a searing intimate portrait of working American families struggling against insurmountable odds to escape poverty. Exposes the interlocking problems by taking us into the lives of the poor: White and Black, Asian and Latino, citizens and immigrants. 329 pages. Vintage. Paperbound. Pub. at \$19.95 **\$5.95**



9073124 ROGUES: True Stories of Grifters, Killers, Rebels and Crooks. By Patrick Radden Keefe. Collects twelve enthralling stories of skulduggery and intrigue by one of the most decorated journalists of our time. His work forms an always enthralling but deeply human portrait of criminals and rascals, as well as those who stand up against them. 348 pages. Doubleday. Pub. at \$30.00 **\$6.95**



9095683 RADICAL TECHNOLOGIES: The Design of Everyday Life. By Adam Greenfield. Greenfield forces us to reconsider our relationship with the networked objects, services, and spaces that define us. An incisive and disturbing guide to the gadgets transforming our lives, providing a gripping re-evaluation of the Silicon Valley consensus currently shaping the future. 360 pages. Verso. Paperbound. Pub. at \$19.95 **\$5.95**



8169721 THE NEXT CIVIL WAR: Dispatches from the American Future. By Stephen Marche. Relevant and revelatory, Marche plainly breaks down the looming threats to America for anyone concerned about the future of its people, its land, and its government. Illus. 238 pages. Avid Reader. Paperbound. Pub. at \$17.99 **\$5.95**



7865945 THE DELUSIONS OF CROWDS: Why People Go Mad in Groups. By William J. Bernstein. As revealing about human nature as they are historically significant, Bernstein's chronicles reveal the huge cost and alarming implications of mass mania. He observes that if we can absorb the history and biology of mass delusion, we can recognize it more readily, and avoid its often dire consequences. 482 pages. Grove. Pub. at \$35.00 **\$7.95**



9012311 IGNORANCE: Everything You Need to Know About Not Knowing. By Robert Graef. A valuable tool in troubled times, providing an entertaining map of human ignorance and the threat it poses. Graef sums up the many fields of study where ignorance can undermine our understanding, while showing how an awareness of ignorance can lead to exploration and the discovery of new knowledge. 351 pages. Prometheus. Paperbound. Pub. at \$18.00 **\$4.95**



9045856 WOMEN & WAR IN ANTIQUITY. Ed. by J. Fabre-Serris & A. Keith. The sixteen scholarly essays reexamine classical sources to uncover the complex but unexplored relationship between women and war in ancient Greece and Rome. They reveal that women played a much more active role in battle than previously assumed. Illus. 341 pages. Johns Hopkins. Pub. at \$55.00 **\$5.95**



8892504 ANALOGIA: The Emergence of Technology Beyond Programmable Control. By George Dyson. Presents a startling look back at the analog age and life before the digital revolution and an unsettling vision of what comes next. Dyson brings the story full circle, starting with the Russian American expedition of 1741 and ending with the beyond-digital revolution that will complete the transformation of the world. 32 pages of photos. 291 pages. FSG. Paperbound. Pub. at \$18.00 **\$5.95**



9113517 CRIMES AGAINST HUMANITY: A Beginner's Guide. By Adam Jones. How can we stop the world's worst atrocities? In this powerfully compelling examination, Jones outlines the history and current extent of key crimes against humanity and highlights the efforts of popular movements to suppress them. Essential reading for anyone interested in the well-being of humanity and its future. Photos. 176 pages. Oneworld. Paperbound. Pub. at \$14.95 **\$5.95**



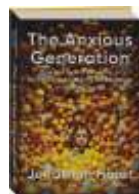
LIMITED QUANTITY 9081143 ABANDONED CHILDREN OF THE ITALIAN RENAISSANCE: Orphan Care in Florence and Bologna. By Nicholas Terpstra. Terpstra demonstrates how gender and class shaped individual orphanages in Florence and Bologna's network and how politics, charity, and economics intertwined in the development of the early modern state during late Italian Renaissance. Illus. 349 pages. Johns Hopkins. Pub. at \$56.00 **\$5.95**



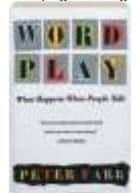
★8478813 LITTLE GIRL LOST. By Casey Watson. Six year old Amelie lives with her bipolar mother, Kelly. After Kelly attempts to burn down their home, it becomes clear that her daughter is in grave danger. When she arrives at the home of foster carer Watson, Amelie acts much younger than her age. 280 pages. Harper. Paperbound. Pub. at \$12.99 **\$9.95**



906642X WHAT'S WRONG? Personal Histories of Chronic Pain and Bad Medicine. By Erin Williams. An exploration of how the American health-care system fails us. Examines the consequences of living with interconnected illnesses and conditions like immunodeficiency, cancer, alcoholism, PTSD, and more. Explores the ways in which those receiving medical care are often overlooked, unseen, and doubted by the very clinicians who are supposed to heal them. Fully illus. in color. 249 pages. Abrams. Pub. at \$29.99 **\$5.95**



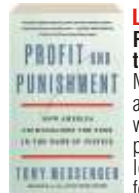
★5368731 THE ANXIOUS GENERATION: How the Great Rewiring of Childhood Is Causing an Epidemic of Mental Illness. By Jonathan Haidt. Lays out the facts about the epidemic of teen mental illness that hit many countries at the same time. Haidt traces the problem to the rise of the "phone-based childhood" starting in the 2010s, and issues a call to action against this public health crisis. 385 pages. Penguin. Pub. at \$30.00 **\$21.95**



7931166 WORD PLAY: What Happens When People Talk. By Peter Farb. Examines the game of language: its players, strategies, and hidden rules. Drawing on the most fascinating linguistic studies and touching on everything from the Marx Brothers to linguistic sexism. 366 pages. Vintage. Paperbound. Pub. at \$16.95 **\$6.95**



★6188176 DAMAGED. By Cathy Glass. Eight-year-old Jodie's behavior is so challenging and disturbing that she has already been through five foster homes in four months. But it is Jodie who is the real victim. A powerful, moving story of one woman's love for a little girl abandoned by everyone, and about the neglect and failure of the Social Services. 339 pages. Harper. Paperbound. Pub. at \$12.99 **\$9.95**



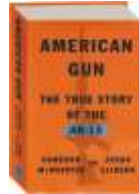
LIMITED QUANTITY 9070303 PROFIT AND PUNISHMENT: How America Criminalizes the Poor in the Name of Justice. By Tony Messenger. Documents how poor Americans are convicted of minor crimes and then saddled with exorbitant fines and fees. These insidious penalties are used to raise money for broken local and state budgets, often overseen by for-profit companies, and is one of the central issues of the criminal justice reform movement. 244 pages. St. Martin's. Paperbound. Pub. at \$20.00 **SOLD OUT**



★6262376 TITS UP: What Sex Workers, Milk Bankers, Plastic Surgeons, Bra Designers, and Witches Tell Us About Breasts. By Sarah Thornton. Thornton draws insights from plastic surgeons, lactation consultants, body-positive witches, lingerie models, and "free the nipple" activists to explore the status of breasts as emblems of femininity. Well illus. 321 pages. Norton. Pub. at \$28.99 **\$21.95**



8794707 WOMB: The Inside Story of Where We All Began. By Leah Hazard. A clear-eyed and inclusive examination of the cultural prejudices and assumptions that have made the uterus so poorly understood for centuries. This work takes a fresh look at an organ that brings us pain and pleasure—a small part of our bodies that has a larger impact than we ever thought possible. 316 pages. Ecco. Pub. at \$29.99 **\$6.95**



5722640 AMERICAN GUN: The True Story of the AR-15. By C. McWhirter & Z. Elinson. Explore American gun culture, revealing the broad appeal of the AR-15, the awful havoc it wreaks, and the politics of trying to protect everyday people from mass shootings. The result is a moral history of contemporary America's love affair with technology, freedom, profit, and weaponry. Photos. 473 pages. FSG. Pub. at \$32.00 **\$7.95**



8092028 HEROES IN THE NIGHT: Inside the Real Life Superhero Movement. By Tea Kruos. Traces Kruos's journey into the strange subculture of real Life Superheroes, random citizens who have adopted comic book style personas and hit the streets to fight injustice. Some concentrate on humanitarian or activist activities, while others actively patrol their neighborhoods looking for crime to fight. Photos, some in color. 276 pages. Chicago Review. Paperbound. Pub. at \$16.95 **\$5.95**



7999933 APOCALYPSE ANY DAY NOW: Deep Underground with America's Doomsday Preppers. By Tea Kruos. A journalist travels the country to try to puzzle out America's obsession with the end of days. Along the way, he meets doomsday preppers as well as religious prognosticators and climate scientists. Frightening and funny, the ideas Kruos explores range from ridiculously outlandish to alarmingly near and present dangers. Illus., some in color. 236 pages. Chicago Review. Paperbound. Pub. at \$16.99 **\$5.95**



Social Science



9076190 EXCLUDED: How Snob Zoning, Nimbysism, and Class Bias Build the Walls We Don't See. By Richard D. Kahlenberg. An indictment of America's housing policy that reveals the social engineering underlying our segregation by economic class, the social and political fallout that result, and what we can do about it. 338 pages. PublicAffairs. Pub. at \$30.00 **\$6.95**



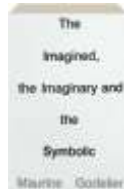
9066454 WORK: A Deep History, From the Stone Age to the Age of Robots. By James Suzman. Work defines who we are. But are we hardwired to work as hard as we do? The author charts a grand history of work, from the origins of life on Earth to the increasingly automated present, and concludes that for most of human history, our ancestors thought about work very differently than we do today. 444 pages. Penguin. Paperbound. Pub. at \$18.00 **\$5.95**



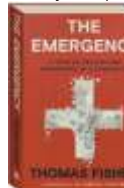
9124837 TECHNOLOGICAL SLAVERY, VOLUME ONE. By Theodore John Kaczynski. Kaczynski argues that: the unfolding human and environmental crises are the direct, inevitable result of technology itself; many of the stresses endured in contemporary life are not normal to the human condition, but unique to technological conditions; wilderness and human life close to nature are realistic and supreme ideals; and more. 371 pages. Fitch & Madison. Paperbound. Pub. at \$24.95 **\$19.95**



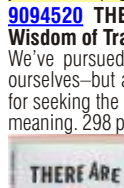
9106472 iGEN. By Jean M. Twenge. Offers a portrait of a new generation growing up more slowly, but also more socially tolerant and safe, than any generation in history. Through her deep analysis of data, Dr. Twenge identifies iGen's surprising attitudes toward religion, sexuality, and politics as well as their unprecedented levels of anxiety and loneliness. 342 pages. Atria. Paperbound. Pub. at \$20.00 **\$5.95**



9095500 THE IMAGINED, THE IMAGINARY AND THE SYMBOLIC. By Maurice Godelier. Godelier's work goes to the strategic heart of the social sciences, for to examine the nature and role of the imaginary and the symbolic is also to attempt to account for the basic components of all societies and ultimately of human existence. And these aspects in turn shape our social and personal identity. 156 pages. Verso. Paperbound. Pub. at \$29.95 **\$7.95**



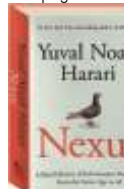
9035303 THE EMERGENCY: A Year of Healing and Heartbreak in a Chicago ER. By Thomas Fisher. Not only the story of a dramatic year in the life of a Chicago ER but the primer in health care that we all need. Full of heartbreaking stories, compelling personal narrative, and penetrating analysis, this is a mind-opening work that offers a fresh vision of health care as a foundation of social justice. 254 pages. One World. Pub. at \$27.00 **\$5.95**



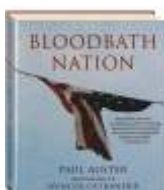
9094520 THE UNBROKEN THREAD: Discovering the Wisdom of Tradition in an Age of Chaos. By Sohrab Ahmari. We've pursued and achieved the modern dream of defining ourselves—but at what cost? Ahmari makes a compelling case for seeking the inherited traditions and ideals that give our lives meaning. 298 pages. Convergent. Pub. at \$27.00 **\$6.95**



4991575 THERE ARE NO ACCIDENTS: The Deadly Rise of Injury and Disaster—Who Profits and Who Pays the Price. By Jessie Singer. Recounts the surprising history of accidents and reveals how they've come to define all that's wrong with America. Singer argues that there are no such things as accidents. He uncovers just how the term "accident" itself protects those in power and leaves the most vulnerable people in harm's way. 336 pages. S&S. Pub. at \$27.99 **\$5.95**



9071237 NEXUS: A Brief History of Information Networks from the Stone Age to AI. By Yuval Noah Harari. Looks through human history to consider how the flow of information has shaped us, and our world. Taking us from the Stone Age, through the resurgence of populism today, Harari asks us to consider the complex relationship between information and truth, bureaucracy and mythology, wisdom and power. 492 pages. Random. Pub. at \$35.00 **\$26.95**



9012567 BLOODBATH NATION. By Paul Auster, photos by S. Ostrander. Traces centuries of America's use and abuse of guns, from the violent displacement of the native population to the forced enslavement of millions, to the bitter divide between embattled gun control and anti-gun control camps that has developed over the past 50 years and the mass shootings that dominate the news today. Fully illus. 190 pages. Grove. 8½x10. Pub. at \$40.00 **\$9.95**



544473X MIGRATIONS: A History of Where We All Come From. By John Farnon et al. Tells the story of human movement throughout history, and tracks its lasting influence on cultures and societies around the globe. Combining striking images with sensitive narrative and intimate first hand accounts, it reveals where our ancestors came from and the ways they shaped the place we call home. Fully illus. some in color. 288 pages. Dorling Kindersley. 9½x11¼. Pub. at \$40.00 **\$16.95**

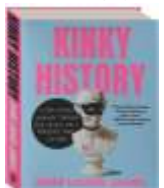


9117377 DESIGN FOR A BETTER WORLD: Meaningful, Sustainable, Humanity Centered. By Don Norman. Presents an eye-opening diagnosis of where we've gone wrong and a clear prescription for making things better. Emphasize quality of life, not monetary rewards; restructure how we live to better protect the environment; and focus on all of humanity. 364 pages. MIT Press. Pub. at \$29.95 **\$9.95**

9026118 NINE PARTS OF DESIRE: The Hidden World of Islamic Women. By Geraldine Brooks. An analysis of how Islam, the world's fastest growing religion, has misused its holiest texts to justify repression of women, and how male pride and power have warped the original message of the once-liberating faith. 260 pages. Anchor. Paperbound. Pub. at \$15.95 **\$5.95**



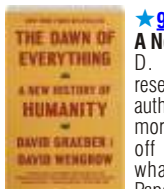
9064206 GLAMOUR: An Extraordinary History—85 Years of Women Breaking Boundaries. By Natasha Pearlman et al. Chronicled visually and narratively through historic and modern day *Glamour* covers, stunning photographs, editorial features, and never before seen correspondence, this extraordinary volume charts the evolution of the magazine from its inception just months before World War II to today, as an unparalleled testament to trailblazing women. 335 pages. Abrams. 9½x11¼. **\$42.95**



8888450 KINKY HISTORY: A Rollicking Journey Through Our Sexual Past, Present, and Future. By Esme Louise & Susan James. A provocative journey through human sexual history, packed with fun factoids and forgotten stories. Identifies the key tipping points that directly inform current beliefs around sex to place the past in conversation with the present. Adults only. 294 pages. TarcherPerigee. Pub. at \$30.00 **\$21.95**



8095744 DEVIL'S CONTRACT: The History of the Faustian Bargain. By Ed Simon. Takes us on a historical tour of the Faustian bargain, from the Bible to blues, and illustrates how the impulse to sacrifice our principles in exchange for power is present in all kinds of social ills, from colonialism to nuclear warfare, from social media to climate change to AI, and beyond. 303 pages. Melville House. Pub. at \$28.99 **\$21.95**



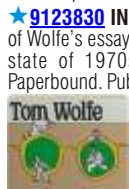
9013709 THE DAWN OF EVERYTHING: A New History of Humanity. By D. Graeber & D. Wengrow. Drawing on pathbreaking research in archeology and anthropology, the authors illustrate how history becomes a far more interesting place once we learn to throw off our conceptual blinders and perceive what's really there. 692 pages. Picador. Paperbound. Pub. at \$25.00 **\$17.95**



9123636 THE REBEL CAFE: Sex, Race, and Politics in Cold War America's Nightclub Underground. By Stephen R. Duncan. Subterranean nightspots in 1950s New York and San Francisco were social, cultural, and political hotspots for left-wing bohemians. Illus. 317 pages. Johns Hopkins. Pub. at \$57.00 **\$21.95**



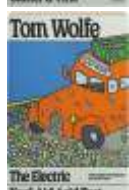
9113525 DANGEROUS TO KNOW: Women, Crime, and Notoriety in the Early Republic. By Susan Branson. Branson follows the fascinating lives of Ms. Ann Carson and the ghostwriter of her scandalous memoir, Mary Clarke, offering an engaging study of gender and class in the early 19th century. She argues both women simultaneously tried to conform to and manipulate the dominant sexual, economic and social ideologies of the time. Illus. 182 pages. UPaP. Paperbound. Pub. at \$19.95 **\$5.95**



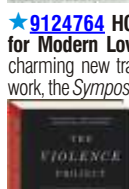
9123830 IN OUR TIME. By Tom Wolfe. A biting collection of Wolfe's essays and illustrations cataloging and critiquing the state of 1970s American society. 127 pages. Picador. Paperbound. Pub. at \$17.00 **\$12.95**



9123857 MAUVE GLOVES & MADMEN, CLUTTER & VINE. By Tom Wolfe. These stories, essays, and illustrations capture the full spectrum of the 1970s, from the hilarious to the hard-hitting. 223 pages. Picador. Paperbound. Pub. at \$19.00 **\$14.95**



9008578 THE ELECTRIC KOOL-AID ACID TEST. By Tom Wolfe. A portrait of Ken Kesey, as Wolfe recounts the group's infamous Acid Tests and the country's changing attitudes toward psychedelic drugs, he ropes in a who's who of the early years of the hippie movement, from the Hells Angels to the Grateful Dead to Allen Ginsberg. 416 pages. Picador. Paperbound. Pub. at \$20.00 **\$14.95**



9124764 HOW TO TALK ABOUT LOVE: An Ancient Guide for Modern Lovers. By Plato. Explore the nature of love in this charming new translation of selections from Plato's great dramatic work, the *Symposium*. 166 pages. Princeton. Pub. at \$17.95 **\$13.95**



906639X THE VIOLENCE PROJECT: How to Stop a Mass Shooting Epidemic. By J. Peterson & J. Densley. An examination of the phenomenon of mass shootings in America and an urgent call to implement evidence-based strategies to stop these tragedies. 232 pages. Abrams. Pub. at \$28.00 **\$5.95**



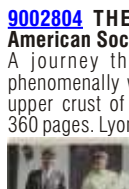
9059253 IRRESISTIBLE: How Cuteness Wired Our Brains and Conquered the World. By Joshua Paul Dale. This is the fascinating cultural history of cuteness, and a revealing look at how our most powerful psychological impulses have remade global style and culture. Well illus. 278 pages. Profile. Paperbound. Pub. at \$16.00 **\$11.95**



9002723 CROSSING THE BRIDGE: Growing Up Norwegian-American in Depression & War 1925-1946. By Earl A. Reitan. A narrative account of Lake Wobegon as it really was gives the reader an affecting glimpse into the lives of three generations crossing the bridge from 1800's Old World Norway into main-stream American life. Well illus. 143 pages. Lone Oak. Paperbound. Pub. at \$12.95 **PRICE CUT to \$2.95**



9002812 THE RIGHT PLACES (FOR THE RIGHT PEOPLE). By Stephen Birmingham. The Right Places could be just about anywhere, from exclusive chalets in Sun Valley, Idaho, to the traditionally swank estates of Fairfield County, Connecticut, to the nascent avant-garde art scene in Kansas City, Missouri. 275 pages. Lyons. Paperbound. Pub. at \$17.95 **PRICE CUT to \$2.95**



9002804 THE RIGHT PEOPLE: A Portrait of the American Social Establishment. By Stephen Birmingham. A journey through the customs and habits of the phenomenally wealthy, from the San Francisco elite to the upper crust of New York's Westchester County. Well illus. 360 pages. Lyons. Paperbound. Pub. at \$17.95 **\$4.95**



9002782 REAL LACE: America's Irish Rich. By Stephen Birmingham. How the Irish elite emerged out of poverty into positions of both social and business prominence in American history. Birmingham recounts the ultimate rags to riches story of the American Irish in a social history as entertaining as it is important. 322 pages. Lyons. Paperbound. Pub. at \$17.95 **\$4.95**

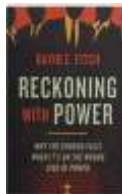
Social Science



9019294 THE GOLDEN DREAM: Suburbia in the 1970s. By Stephen Birmingham. Birmingham investigates the nesting habits, enjoyments, and frustrations of American suburban life in the 1970s. Almost without exception, the suburbanites came to the suburbs with a dream. The reality they found was often less than what they envisioned, but occasionally it was more. 213 pages. Lyons. Paperbound. Pub. at \$17.95 **\$5.95**



787488X LUMBERJACK: The History, the Lore, the Life. By Lauren Jarvis. Being a lumberjack is about more than just wearing plaid. Charting the evolution of an iconic figure, this guide takes you on an epic adventure through logging history, legend, and pop culture. Includes captivating photos, fascinating essays and first hand accounts from seasoned loggers. 144 pages. Sterling. Pub. at \$19.95 **SOLD OUT**



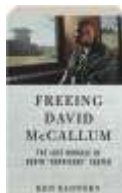
8896232 RECKONING WITH POWER: Why the Church Fails When It's on the Wrong Side of Power. By David E. Fitch. In a time when we see abuses of power everywhere, Fitch teaches us how to discern power and avoid its pitfalls. By learning from the church's historical triumphs and failures, we can relinquish worldly power and make space for God to disrupt and transform our culture for his kingdom. 221 pages. Brazos Press. Paperbound. Pub. at \$19.99 **PRICE CUT to \$3.95**



★8201129 DRAG: The Complete Story. By Simon Doonan. Drag is transformation, communication, and, above all, exaggeration, where gender non-conformity is the *plat du jour*. Observes an increasingly complex world by exploring drag's journey through history—from surprising, to the sophisticated, to the radical—from the heady days of Caligula right up to our gender-fluid present. Fully illus., many in color. 240 pages. Laurence King. Paperbound. Pub. at \$19.99 **PRICE CUT to \$12.95**



★8998582 THE UNDERWORLD SEWER: A Prostitute Reflects on Life in the Trade, 1871-1909. By Josie Washburn. A former madam offers a scorching examination of the social forces that have driven women to sell their bodies, and decries the cultural, political, and religious double-standards that these women face. Adults only. 342 pages. Bison. Paperbound. Pub. at \$23.00 **PRICE CUT to \$14.95**



8091994 FREEING DAVID MCCALLUM: The Last Miracle of Rubin "Hurricane" Carter. By Ken Klonsky. For ten years before Rubin "Hurricane" Carter's death, he and his friend and coauthor Klonsky had been working to help free another wrongfully convicted man, David McCallum. McCallum was eventually exonerated and freed after serving twenty-nine years in prison. This is the story of how they managed to secure McCallum's release. 296 pages. Lawrence Hill. Paperbound. Pub. at \$16.99 **PRICE CUT to \$3.95**



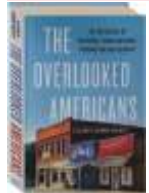
5871182 SLAB CITY: Dispatches from the Last Free Place. By Charlie Hailey, photos by D. Wylie. Under the unforgiving sun of southern California's Colorado Desert lies Slab City, a community of squatters, artists, snowbirds, migrants, survivalists, and homeless people. Called by some "the last free place" and by other "an enclave of anarchy," Slab City is also the end of the road for many. Illus. in color. 175 pages. MIT Press. 7 1/4 x 9 1/4. Pub. at \$35.00 **PRICE CUT to \$9.95**



1044036 LOVE AND LET DIE: James Bond, the Beatles, and the British Psyche. By John Higgs. An exploration of the unique connections between the two titans of the British cultural psyche, the Beatles and the Bond films. Told over a period of sixty dramatic years, this is an account of how two outsized cultural phenomena continue to define American aspirations, fantasies, and our ideas about ourselves. 515 pages. Pegasus. Pub. at \$29.95 **PRICE CUT to \$7.95**



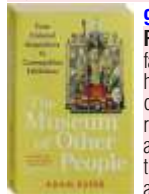
9013113 TWINKIND: The Singular Significance of Twins. By William Viney. Describes how twins have featured prominently in scientific research across the centuries, as well as representation of twins in art, photography, and film—from the works of Roger Ballen to the cinema of Stanley Kubrick—and delves into the darker meanings ascribed to twins across millennia. Fully illus. some in color. 224 pages. Princeton. Pub. at \$35.00 **PRICE CUT to \$14.95**



7998619 THE OVERLOOKED AMERICANS: The Resilience of Our Rural Towns and What It Means for Our Country. By Elizabeth Currid-Halkett. Revealing rural America has not been left behind by the rest of the nation, the author traces how small towns are doing as well as, or better than cities by many measures, including home ownership, income, and employment, bringing to light that the nation is less fractured by geography than many believe. 416 pages. Basic. Pub. at \$32.00 **PRICE CUT to \$7.95**



★7796129 THE FOXFIRE BOOK OF APPALACHIAN WOMEN: Stories of Landscape and Community in the Mountain South. Ed. by Kami Ahrens. Focusing specifically on the lives of Appalachian women, these remarkable narratives illuminate a diverse regional culture held together by the threads that are woven between women and place, and through generations. As they take us on a journey through their lives, these stories offer a sampling of the many expressions of these women's strength. Photos. 268 pages. NCP. Paperbound. Pub. at \$25.00 **SOLD OUT**



9033335 THE MUSEUM OF OTHER PEOPLE. By Adam Kuper. Traces the fascinating, complex and sometimes disturbing history of ethnographic collections; offers a considered, skeptical review of debates about restitution and the decolonization of scholarship; and makes the case for a cosmopolitan museum that values expertise, respects local knowledge and fosters international connections. Photos. 415 pages. Profile. **PRICE CUT to \$7.95**



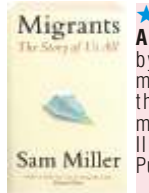
9019723 THE ONCE AND FUTURE SEX: Going Medieval on Women's Roles in Society. By Eleanor Janega. Unravels the restrictive expectations on medieval women and the ones on women today. Janega boldly questions why, if our ideas of women have changed drastically over time, we cannot reimagine them now to create a more equitable future. Illus. 256 pages. Norton. Pub. at \$30.00 **PRICE CUT to \$4.95**



★4993411 FOREVER BARBIE: The Unauthorized Biography of a Real Doll. By M.G. Lord. Traces Barbie's development and transformation, through countless makeovers and career changes, into an international pop culture icon and now "traditional toy." Though not every doll in the line has been a hit, with pregnant Midge among the more intriguing disasters, Barbie's endurance speaks as much to Mattel's successful marketing as it does to our society's overall conflict toward femininity. Illus. 310 pages. Liveright. Paperbound. Pub. at \$18.95 **PRICE CUT to \$11.95**



★DVD 6995667 DO I LOVE YOU ROBOT, DO I? Widescreen. Explores the most human-like robots and the advancements in technology blurring the lines between cyborg and human, including humans who are married to their electronic partners. Discusses the semantics, language, programming, personalities, and endless possibilities and reality that are developing faster due to cutting-edge science. 52 minutes. Dreamscape Media. Pub. at \$14.95 **PRICE CUT to \$9.95**

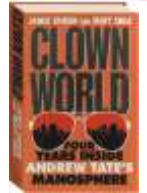


★9050019 MIGRANTS: The Story of Us All. By Sam Miller. Shows us that it is only by understanding how migration and migrants have been viewed in the past, that we can re-set the terms of the modern-day debate about migration. Illus. 439 pages. Abacus. Paperbound. Pub. at \$19.99 **PRICE CUT to \$11.95**

★7967268 MODERN SLAVERY. By Guido Cuyvers. 229 pages. Vita Histria. Pub. at \$29.99 **\$24.95**



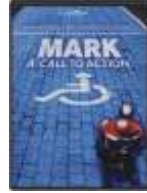
★8794235 RAT CITY: Overcrowding and Urban Derangement in the Rodent Universes of John B. Calhoun. By J. Adams & E. Ramsden. How a landmark experiment in rat behavior changed the way we think about cities. It follows Calhoun's struggle to solve the problem of crowding before America's cities drain into the behavioral sink. Studying the effects of overcrowding in rats showed the results were cataclysmic. 16 pages of photos. 376 pages. Melville House. Pub. at \$32.50 **PRICE CUT to \$19.95**



★903840X CLOWN WORLD: Four Years Inside Andrew Tate's Manosphere. By J. Tahsin & M. Shea. The behind the scenes story of a four year investigation into Andrew Tate, exploring how a failed reality TV star turned accused organized criminal managed to become one of the most famous influencers in the world. 259 pages. Quercus. Pub. at \$28.00 **PRICE CUT to \$17.95**



★6996256 WHAT KIND OF BIRD CAN'T FLY: A Memoir of Resilience and Resurrection. By Dorsey Nunn with L. Romney. Links the politics of Black Power to the movements for Black lives and dignified reentry today. Nunn's story underscores the power of coalition building, persistence in the face of backlash, and the importance of centering the voices of experience in the fight for freedom—and proves that jailbirds can fly. Photos. 349 pages. Heyday. Paperbound. Pub. at \$24.00 **PRICE CUT to \$9.95**



★DVD 9027505 MARK: A Call to Action. Widescreen. The story Dr. Mark Bookman, a severely disabled Pennsylvania-born American who later resided in Tokyo full-time, becoming one of Japan's leading experts on accessibility and a policy consultant to governments and major corporations around the world. Not Rated. 85 minutes. Glide Fund. Pub. at \$19.95 **PRICE CUT to \$9.95**

2176238 THREE WOMEN. By Lisa Taddeo. 306 pages. S&S. Paperbound. Pub. at \$17.00 **\$5.95**

7880898 ACTIVELY UNWOKE: The Ultimate Guide for Fighting Back Against the Woke Insanity in Your Life. By Karlyn Borysenko. 220 pages. Post Hill. Pub. at \$27.00 **\$6.95**
7863594 STUFF THEY DON'T WANT YOU TO KNOW. By Ben Bowlin et al. 224 pages. Flatiron. Pub. at \$29.99 **\$7.95**

6082742 AMERICAN MAN: Speaking the Truth About the War on Masculinity. By Lawrence Jones. 235 pages. Center Street. Pub. at \$29.00 **\$5.95**

Blu-ray 7902255 HOW TO SURVIVE A PLAGUE. Widescreen. Sundance Selects. **SOLD OUT**

8116571 DIRTY WORK: Essential Jobs and the Hidden Toll of Inequality in America. By Eyal Press. 303 pages. FSG. Paperbound. Pub. at \$18.00 **\$5.95**

★7967985 LIFE BEFORE THE INTERNET: What We Can Learn from the Good Old Days. By Michael Gentle. 132 pages. O-Books. Paperbound. Pub. at \$15.95 **\$11.95**

6077382 SURVIVAL OF THE RICHEST: Escape Fantasies of the Tech Billionaires. By Douglas Rushkoff. 212 pages. Norton. Pub. at \$26.95 **\$6.95**

5453143 NOSTALGIA NERD'S GADGETS, GIZMOS & GIMMICKS: A Potted History of Personal Tech. By Peter Leigh. Color photos. 224 pages. ILEX. Pub. at \$19.99 **\$5.95**

8885435 THE INJUSTICE OF PLACE: Uncovering the Legacy of Poverty in America. By Kathryn J. Edin et al. Photos, some in color. 344 pages. Mariner. Pub. at \$29.99 **\$6.95**

8877653 LIVE TO SEE THE DAY: Coming of Age in American Poverty. By Nikhil Goyal. 334 pages. Metropolitan. Pub. at \$29.99 **PRICE CUT to \$3.95**

7849117 BIRTH, DEATH, AND A TRACTOR. By Kelly Payson-Roopehand. Photos, most in color. 223 pages. Down East. Pub. at \$24.95 **PRICE CUT to \$3.95**

★1941232 A DARK SECRET. By Casey Watson. 279 pages. HarperElement. Paperbound. Pub. at \$7.99 **PRICE CUT to \$1.95**

7984065 A STOLEN CHILDHOOD: A Dark Past, a Terrible Secret, a Girl Without a Future. By Casey Watson. 276 pages. HarperElement. Paperbound. **\$6.95**

7930984 PRIVILEGE AND PUNISHMENT: How Race and Class Matter in Criminal Court. By Matthew Clair. 298 pages. Princeton. Pub. at \$29.95 **\$7.95**

9024522 ROLL RED ROLL: Rape, Power, and Football in the American Heartland. By Nancy Schwartzman. 283 pages. Hachette. Pub. at \$29.00 **\$6.95**

222876 THE JOURNEY OF HUMANITY: The Origins of Wealth and Inequality. By Oded Galor. Illus. 287 pages. Dutton. Pub. at \$28.00 **PRICE CUT to \$4.95**



Social Science

- 7986629 TECHNOLOGY IN AMERICA, THIRD EDITION: A History of Individuals and Ideas.** Ed. by Carroll Pursell. Well illus. 338 pages. MIT Press. Paperbound. Pub. at \$30.00 **\$7.95**
- 9034242 HOUSEWIFE: Why Women Still Do It All and What to Do Instead.** By Lisa Selin Davis. 297 pages. Legacy Lit. Pub. at \$30.00 **PRICE CUT to \$3.95**
- 9023623 I SEE YOU, SURVIVOR: Life Inside (and Outside) the Totally F*cked up Troubled-Teen Industry.** By Liz Ianelli with B. Witter. Illus. 286 pages. Hachette. Pub. at \$29.00 **\$6.95**
- 4996623 HERBS AND ROOTS: A History of Chinese Doctors in the American Medical Marketplace.** By Tamara Venit Shelton. 344 pages. Yale. Pub. at \$37.50 **\$7.95**
- 8886350 LET'S GET PHYSICAL: How Women Discovered Exercise and Reshaped the World.** By Danielle Friedman. Photos. 328 pages. Putnam. Pub. at \$29.95 **SOLD OUT**
- 7898657 AFTER THE IVORY TOWER FALLS: How College Broke the American Dream and Blew Up Our Politics—and How to Fix It.** By Will Bunch. 312 pages. Morrow. Pub. at \$28.99 **PRICE CUT to \$4.95**
- 8799148 CONSPIRITUALITY: How New Age Conspiracy Theories Became a Health Threat.** By Derek Beres et al. 370 pages. PublicAffairs. Pub. at \$30.00 **PRICE CUT to \$4.95**
- 6994245 NERD: Adventures in Fandom from This Universe to the Multiverse.** By Maya Phillips. 268 pages. Atria. Paperbound. Pub. at \$17.99 **PRICE CUT to \$1.95**
- 9044264 COLLECTIVE WISDOM: Lessons, Inspiration, and Advice from Women over 50.** By Grace Bonney. Color photos. 400 pages. Artisan. 8½x10¼. Pub. at \$35.00 **PRICE CUT to \$7.95**
- ★1997688 WOMB: The Inside Story of Where We All Began.** By Leah Hazard. 316 pages. Ecco. Paperbound. Pub. at \$17.99 **PRICE CUT to \$9.95**
- ★7952716 ALL THE LIVING AND THE DEAD.** By Hayley Campbell. 268 pages. St. Martin's. Paperbound. Pub. at \$19.00 **PRICE CUT to \$11.95**
- ★DVD 1147056 EATING UP EASTER.** Widescreen. Dreamscape Media. Pub. at \$14.95 **PRICE CUT to \$5.95**
- 7992084 RAISING LAZARUS: Hope, Justice, and the Future of America's Overdose Crisis.** By Beth Macy. Photos. 374 pages. Back Bay. Paperbound. Pub. at \$19.99 **PRICE CUT to \$3.95**
- 1038451 CITIES OF POWER: The Urban, the National, the Popular, the Global.** By Goran Therborn. Photos. 408 pages. Verso. Paperbound. Pub. at \$24.95 **PRICE CUT to \$3.95**
- ★5879272 MUSLIMS, ARABS & ARAB-AMERICANS.** By Nawar Shora. Illus. 204 pages. Cune Press. Paperbound. Pub. at \$16.00 **PRICE CUT to \$9.95**
- ★8886911 PSYCHOLOGICAL DNA: A Cold Case Analysis of Who Killed Robert F. Kennedy.** By John C. Brady II. 393 pages. Trine Day. Paperbound. Pub. at \$29.95 **PRICE CUT to \$11.95**
- 7939434 STAYING FIJIAN: Vatulele Island Barkcloth and Social Identity.** By Rod Ewins. Illus. some in color. 402 pages. UHIP. Pub. at \$60.00 **\$5.95**
- ★7988087 AM I NORMAL? The 200-Year Search for Normal People (and Why They Don't Exist).** By Sarah Chaney. Illus. 324 pages. Profile. Paperbound. Pub. at \$16.95 **PRICE CUT to \$5.95**
- ★6081649 DOMESTIC EXTREMIST: A Practical Guide to Winning the Culture War.** By Peachy Keenan. 347 pages. Regnery. Paperbound. Pub. at \$17.99 **PRICE CUT to \$7.95**
- ★6080553 A HACKER'S MIND: How the Powerful Bend Society's Rules, and How to Bend Them Back.** By Bruce Schneier. 284 pages. Norton. Paperbound. Pub. at \$19.99 **PRICE CUT to \$9.95**
- 9057226 LOVE ACROSS BORDERS: Passports, Papers, and Romance in a Divided World.** By Anna Lekas Miller. 243 pages. Algonquin. Pub. at \$27.00 **PRICE CUT to \$3.95**
- ★5469422 KNOWING WHAT WE KNOW: The Transmission of Knowledge from Ancient Wisdom to Modern Magic.** By Simon Winchester. Illus. 415 pages. HarperPerennial. Paperbound. Pub. at \$21.99 **PRICE CUT to \$11.95**
- ★8007772 CHILDREN OF THE STATE: Stories of Survival and Hope in the Juvenile Justice System.** By Jeff Hobbs. 364 pages. Scribner. Paperbound. Pub. at \$19.99 **PRICE CUT to \$9.95**
- 8799466 DISMISSED: Tackling the Biases That Undermine Our Health Care.** By Angela Marshall with K. Palokoff. 298 pages. Citadel. Pub. at \$28.00 **PRICE CUT to \$4.95**
- ★7995725 THE LUST FOR BLOOD: Why We Are Fascinated by Death, Murder, Horror, and Violence.** By Jeffrey A. Kottler. Well illus. 311 pages. Prometheus. Paperbound. Pub. at \$21.95 **PRICE CUT to \$11.95**
- ★7929420 SECRETS OF SUCCESSFUL WOMEN INVENTORS.** Ed. by Edith G. Tolchin. 272 pages. Square One. Paperbound. Pub. at \$19.95 **\$11.95**

- ★7851995 PRISON MEDIA: Incarceration and the Infrastructures of Work and Technology.** By A. Kaun & F. Stierstedt. 193 pages. MIT Press. Paperbound. Pub. at \$35.00 **PRICE CUT to \$9.95**
- ★1173502 DREAM HOARDERS.** By Richard V. Reeves. Illus. 198 pages. Brookings Institution. Paperbound. Pub. at \$17.99 **PRICE CUT to \$7.95**
- ★7938152 THE BIG 100: The New World of Super-Aging.** By William J. Kole. Illus. 296 pages. Diversion. Pub. at \$28.99 **PRICE CUT to \$11.95**
- ★7841337 ENTRY LESSONS: The Stories of Women Fighting for Their Place, Their Children, and Their Futures After Incarceration.** By Jorja Leap. 278 pages. Beacon. Paperbound. Pub. at \$17.95 **PRICE CUT to \$1.95**
- 6993303 THE PERENNIALS: The Megatrends Creating a Postgenerational Society.** By Mauro F. Guillen. 250 pages. St. Martin's. Pub. at \$30.00 **PRICE CUT to \$2.95**
- ★7947895 THESE WALLS: The Battle for Rikers Island and the Future of America's Jails.** By Eva Fedderly. 203 pages. Avid Reader. Pub. at \$28.00 **PRICE CUT to \$9.95**
- ★787880X BATTLEFIELD CYBER: How China and Russia Are Undermining Our Democracy and National Security.** By M.G. McLaughlin & W.J. Holstein. 285 pages. Prometheus. Pub. at \$28.95 **PRICE CUT to \$14.95**
- 7986688 WHICH AS YOU KNOW MEANS VIOLENCE: On Self-Injury as Art and Entertainment.** By Philippa Snow. 120 pages. Repeater. Paperbound. Pub. at \$14.95 **PRICE CUT to \$1.95**
- ★7956207 THE COLONY: Faith and Blood in a Promised Land.** By Sally Denton. Illus. 274 pages. Liveright. Paperbound. Pub. at \$17.95 **PRICE CUT to \$3.95**
- ★7822014 WHEN RACE TRUMPS MERIT: How the Pursuit of Equity Sacrifices Excellence, Destroys Beauty, and Threatens Lives.** By Heather Mac Donald. 320 pages. DW Books. Pub. at \$28.99 **PRICE CUT to \$14.95**

Psychology

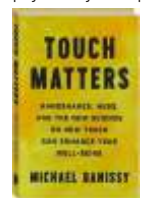
- 9025499 MISBELIEF: What Makes Rational People Believe Irrational Things.** By Dan Ariely. An eye-opening and comprehensive analysis of the psychological drivers that cause otherwise rational people to adopt deeply irrational beliefs. Ultimately, misbelief is a human problem, and the sooner we recognize it in ourselves, the sooner we can become the solution. 312 pages. HarperCollins. Pub. at \$32.00 **\$6.95**
- 9128719 WILL THE DRAMA EVER END: Untangling and Healing from the Harmful Effects of Parental Narcissism.** By Karyl McBride. McBride explores the insidious way a narcissistic environment is developed in a family, how a narcissistic parent damages a child's emotional growth and ability to trust, and finally, how to not only move on but become truly free. 250 pages. Atria. Pub. at \$27.99 **\$6.95**
- 8870497 EMOTIONAL: How Feelings Shape Our Thinking.** By Leonard Mlodinow. Tells us about the extraordinary advances in psychology and neuroscience that have proven that emotions are as critical to our well-being as thinking. Shows us how our emotions can help, why they sometimes hurt, and what we can learn in both instances. 250 pages. Pantheon. Pub. at \$28.95 **\$5.95**
- 7909799 CARL JUNG: Knowledge in a Nutshell.** By Gary Bobroff. With useful diagrams and bullet-point summaries at the end of each chapter, this volume provides an essential introduction to this influential figure and explains the relevance of Jung's ideas to the modern world. 240 pages. Arcturus. Paperbound. Pub. at \$12.99 **\$5.95**
- 9096280 INTO THE ABYSS: A Neuropsychiatrist's Notes on Troubled Minds.** By Anthony David. David approaches each patient with a broadminded combination of social and cognitive psychology and neurology. Causes might range from a traumatic memory to a chemical imbalance, a morbid way of thinking or a hidden tumor. These case studies reveal the unique complexity of the human mind. 215 pages. Oneworld. Paperbound. Pub. at \$16.95 **\$5.95**



- 9009698 GIRLS AND THEIR MONSTERS: The Genain Quadruplets and the Making of Madness in America.** By Audrey Clare Farley. In 1954, researchers studying the genetics of schizophrenia were shocked when they received word that four identical quadruplets had all been diagnosed with the enigmatic mental illness. This account chronicles the extraordinary lives of the quadruplets and the lead psychologist who studied them. 16 pages of photos, some in color. 291 pages. Grand Central. Pub. at \$29.00 **\$6.95**



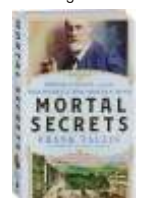
- 9117385 DISTURBED CONSCIOUSNESS: New Essays on Psychopathology and Theories of Consciousness.** Ed. by Rocco J. Gennaro. Philosophers and other scholars examine various psychopathologies in light of specific philosophical theories of consciousness. Each essay offers a distinctive perspective from the intersection of philosophy, consciousness research, and psychiatry. 376 pages. MIT Press. **\$5.95**



- 9128662 TOUCH MATTERS: Handshakes, Hugs, and the New Science on How Touch Can Enhance Your Well-Being.** By Michael Banissy. Banissy offers a groundbreaking and surprising new perspective on touch, with guidance on how to enhance your level of touch for a happier, healthier life, exploring topics including your "touch personality"; how touch defines our relationships and our self-esteem; the impact of touch on our physical and mental health; and more. 242 pages. Chronicle. Pub. at \$27.95 **\$6.95**



- 9065679 THE PSYCHOLOGY BOOK: 250 Milestones in the History of Psychology.** By Wade E. Pickren. Chronicles the history of psychology through 250 landmark events, theories, publications, experiments, discoveries, and more. With gold gilded cover and page edges and a silk ribbon bookmark. Fully illus. most in color. 527 pages. Sterling. 7½x8¾. Pub. at \$29.95 **\$7.95**



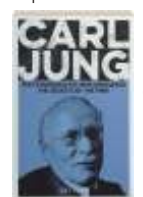
- 9083278 MORTAL SECRETS: Freud, Vienna, and the Discovery of the Modern Mind.** By Frank Tallis. Illuminates Sigmund Freud and his times, taking readers into the mind of one of the most influential thinkers of the 20th century, chronicling the evolution of psychoanalysis and opening up Freud's life to embrace the Vienna he lived in and the lives of the people he mingled with. Illus. 470 pages. St. Martin's. Pub. at \$31.00 **\$6.95**



- 8209472 THE ESSENTIAL BOOK OF DREAMS: Discover the Meanings of Your Nightly Journeys.** By Pamela Ball. We spend a third of our lifetimes asleep, during which we experience wondrous messages from the subconscious. Enter the virtual reality of your dream life with this guide to dream symbolism. Alphabetized for quick reference, this compendium's handiness makes it a bedside essential. Illus. in color. 160 pages. Arcturus. **\$8.95**



- ★4871146 THE BODY KEEPS THE SCORE: Brain, Mind, and Body in the Healing of Trauma.** By Bessel A. van der Kolk. A pioneering researcher transforms our understanding of trauma and offers a bold new paradigm for healing. van der Kolk uses recent scientific advances to show how trauma literally reshapes both body and mind. He explores innovative treatments that offer new paths to recovery. Illus. 445 pages. Penguin. Paperbound. Pub. at \$19.00 **\$14.95**



- ★9068635 CARL JUNG: The Psychoanalyst Who Uncovered the Secrets of the Mind.** By Lily Yuan. A journey through Jung's life, beginning with the formative years of his childhood through his tumultuous relationship with fellow psychoanalyst Sigmund Freud to his travels across the world in his later years. Well illus. 208 pages. Sirius. Paperbound. Pub. at \$9.99 **SOLD OUT**

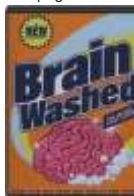
Psychology



1194135 EXISTENTIAL PSYCHOANALYSIS. By Jean-Paul Sartre. Sartre's existential understanding of man, his rejection of naturalistic or mechanical determinism, and his affirmation of man's ultimate freedom and responsibility lead him to a brilliant and coruscating critique of Freudianism and to an outline of how an existential psychoanalysis might be developed. 210 pages. Gateway. Paperbound. Pub. at \$19.99 **\$4.95**



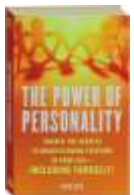
9126791 YOU HAVE MORE INFLUENCE THAN YOU THINK: How We Underestimate Our Power of Persuasion, and Why It Matters. By Vanessa Bohns. An original investigation of our hidden power to persuade, and how to wield it wisely. A call to stop searching for ways to gain influence you don't have and to start recognizing the influence you don't realize you already have. 235 pages. Norton. Pub. at \$28.95 **\$6.95**



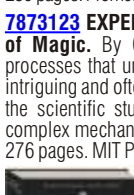
DVD 7973764 BRAINWASHED: The Secrets of Mind Control. Widescreen. The human mind is like a Pandora's Box of secrets and wonders. But can it be controlled? Find out as this documentary explores brainwashing, mind control and the art of suggestion. Delve into the subconscious and learn how some have harnessed the mysteries of the mind to their advantage. 42 minutes. Wownow Entertainment. Pub. at \$19.95 **\$5.95**



7982771 HOW TO BE WEIRD: An Off-Kilter Guide to Living a One-of-a-Kind Life. By Eric G. Wilson. Offers 99 fun and philosophically rich exercises for embracing all the weird in the world around us—taking aim-less walks, creating a reverie nook, exploring the undersides of bridges, making tombstone rubbings, finding your own Narnia, and more. Illus. 214 pages. Penguin. Paperbound. Pub. at \$17.00 **\$5.95**



★6078362 THE POWER OF PERSONALITY: Unlock the Secrets to Understanding Everyone in Your Life—including Yourself! By Eric Gee. Demystifies the 16 different personality types by teaching you how to identify and appreciate your own unique type and those of the people in your life. It will not only change the way you see the world but will also empower you to re-examine your relationships within it. 239 pages. Prometheus. Pub. at \$29.95 **\$21.95**



7873123 EXPERIENCING THE IMPOSSIBLE: The Science of Magic. By Gustav Kuhn. Examines the psychological processes that underpin our experience of magic. Reveals the intriguing and often unsettling insights into the human mind that the scientific study of magic provides. Kuhn illuminates the complex mechanisms underlying our daily activities. Well illus. 276 pages. MIT Press. Pub. at \$27.95 **\$9.95**



★9014489 THE BOOK OF SYMBOLS: Reflections on Archetypal Images. Ed. by A. Ronnberg & K. Martin. Each essay examines a given symbol's psychic background, and how it evokes psychic processes and dynamics. Etymological roots, the play of opposites, paradox and shadow, the ways in which diverse cultures have engaged a symbolic image—all these factors are taken into consideration. Includes a silk ribbon bookmark. Fully illus. most in color. 807 pages. Taschen. **\$34.95**



★9070605 THE EMPTIED SOUL: On the Nature of the Psychopath. By Adolf Guggenbuhl-Craig. Aims to help identify psychopaths and to understand their suffering. The author reviews the field, gives an explanation of the main symptoms, suggests an approach to treatment, and then presents a new vision: psychopathy is not so much a deficiency of morality as it is crippled Eros. 111 pages. Spring Publications. Paperbound. Pub. at \$20.00 **SOLD OUT**



★9076891 THE DAWN OF MIND: How Matter Became Conscious and Alive. By James Cooke. Weaving together cutting-edge science and the contemplative insights that arise from mystical experience, Cooke radically redraws our understanding of consciousness and what it truly means to be who we are. Illus. 285 pages. Prometheus. Pub. at \$28.95 **\$21.95**



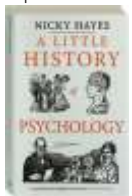
Tree. Paperbound.

★8999023 HOW TO COPE WITH ALMOST ANYTHING WITH HYPNOTHERAPY: Simple Ideas to Enhance Your Wellbeing and Resilience. By Daniel Fryer. A practical guide to hypnotherapy that clears up any misconceptions you may have and gives you the tools to improve the wellbeing of both your body and your mind. Teaches how to use self-hypnosis, so you can practice anytime, anywhere. 207 pages. Green Pub. at \$24.00 **\$17.95**



medieval Jewish they occurred, Paperbound. Pub.

★9091459 MY ALTERED STATES: A Doctor's Extraordinary Account of Trauma, Psychedelics, and Spiritual Growth. By Rick Strassman. Recounts dozens of Strassman's experiences of drug and non-drug altered states of consciousness from birth to early adulthood. Applies the lenses of four explanatory models—psychoanalysis, psychopharmacology, Zen Buddhism, and metaphysics—in understanding how and why they occurred, and more. Illus. 298 pages. Park Street. Paperbound. Pub. at \$19.99 **\$15.95**

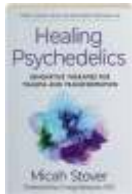


★9075550 A LITTLE HISTORY OF PSYCHOLOGY. By Nicky Hayes. Takes us on a journey through the ever-advancing study of psychology, showing how the field has evolved over time—and how much more we need to learn. Illus. 280 pages. Yale. Pub. at \$26.00 **\$19.95**



information. Illus. 605 pages. MIT Press. Pub. at \$65.00 **\$19.95**

8031967 ANALYZING MEMORY: The Formation, Retention, and Measurement of Memory. By Richard A. Chechile. Focuses on three general topics that cover a vast amount of research in the field: how a memory representation is created, how the cognitive processes of storage and retrieval can be studied and measured, and the process of encoding



process used for transformation during the sessions. 208 pages. Hampton Roads. Paperbound. Pub. at \$21.95 **\$16.95**

★9056548 HEALING PSYCHEDELICS: Innovative Therapies for Trauma and Transformation. By Micah Stover. Stover offers a comprehensive and informative guide for both professionals and patients who are interested in learning more about psychedelic-assisted therapy. Showing the medicines (medium and macro-doses of MDMA, psilocybin, ketamine, and cannabis), why they were chosen, and the



process used for transformation during the sessions. 208 pages. Hampton Roads. Paperbound. Pub. at \$21.95 **\$16.95**

★9120823 THE NEW PSYCHOLOGY: The 50 Newest Concepts That Are Shaping How We Live and Work. By Adrian Furnham. An in-depth look at several of the newest issues in psychology and how they can influence our lives, at home and work—from AI and Ecopsychology to Wearables and W.E.I.R.D. people. Illus. 290 pages. Bloomsbury. Paperbound. Pub. at \$24.00 **\$17.95**



process used for transformation during the sessions. 208 pages. Hampton Roads. Paperbound. Pub. at \$21.95 **\$16.95**

★912070X KNOWLEDGE IN A NUTSHELL: Cognitive Psychology. By Shona Saul. Explores the fundamental workings of our brain—it explains how we perceive the world around us, learn from our experiences, communicate with others, make decisions, and solve problems. Well illus. 240 pages. Sirius. Paperbound. Pub. at \$12.99 **\$9.95**



★909945X THE MIND'S EYE: Personality and Behaviour as Revealed in Quantum Iris Analysis. By Peter Jackson-Main. Provides a ground-breaking methodological model of how the iris might be used to understand the energetic, psychological and emotional attributes of a person. Fully illus. in color. 301 pages. Aeon. Paperbound. Pub. at \$50.00 **\$37.95**



★9123911 THE PSYCHOLOGY OF SECRETS: My Adventures with Murderers, Cults and Influencers. By Andrew Gold. A rollicking journey through the history of secrecy, bringing us face to face with cult leaders, murderers, psychopaths—and even ourselves. 322 pages. Macmillan. Pub. at \$29.99 **\$21.95**

7983824 INTRODUCING CONSCIOUSNESS: A Graphic Guide. By David Papineau, illus. by H. Selina. From the history of the philosophical relationship between mind and matter, via scientific attempts to explain consciousness in terms of neural mechanisms, cerebral computation and quantum mechanics, this is the perfect introduction to a subject viewed as the last frontier of science. In B&W. 175 pages. Icon. Paperbound. Pub. at \$12.00 **PRICE CUT to \$4.95**



340 pages. Harper Wave. Pub. at \$29.99 **SOLD OUT**

2268027 TEN TRIPS: The New Reality of Psychedelics. By Andy Mitchell. In this engrossing, sometimes hilarious, always dramatic chronicle, a neuropsychologist deflates the hype, explores the limitless possibilities, and reveals a much-needed perspective about psychedelics, giving us a scientist's first-person experiment with ten different compounds in ten different settings.

7977875 SEEING WHAT OTHERS CANNOT SEE: The Hidden Advantages of Visual Thinkers and Differently Wired Brains. By Thomas G. West. 277 pages. Prometheus. Paperbound. Pub. at \$18.00 **SOLD OUT**

7860609 MINDFUL COGNITIVE BEHAVIORAL THERAPY: A Simple Path to Healing, Hope, and Peace. By Seth J. Gillihan. 263 pages. Harper. Pub. at \$27.99 **\$5.95**

9000704 THE COMPLETE BOOK OF DREAMS AND DREAMING. By Pamela Ball. 666 pages. Sirius. Pub. at \$19.99 **\$6.95**

8170746 PSYCH: The Story of the Human Mind. By Paul Bloom. 454 pages. Ecco. Pub. at \$32.00 **\$6.95**

9018468 CALM YOUR MIND WITH FOOD: A Revolutionary Guide to Controlling Your Anxiety. By Uma Naidoo. 326 pages. Little, Brown. Pub. at \$30.00 **\$6.95**

226899X THRESHOLD: Terminal Lucidity and the Border of Life and Death. By Alexander Batthyany. 242 pages. St. Martin's. Pub. at \$28.00 **\$6.95**

8883564 SELFLESS: The Social Creation of "You". By Brian Lowery. 259 pages. Harper. Pub. at \$29.99 **\$6.95**

7876408 THE EGO-LESS SELF: Achieving Peace & Tranquility Beyond All Understanding. By Cardwell C. Nuckols. 302 pages. Health Communications. Paperbound. Pub. at \$14.95 **\$5.95**

7826370 BRAINWORKS: The Mind-Bending Science of How You See, What You Think, and Who You Are. By Michael S. Sweeney. Fully illus. in color. 224 pages. National Geographic. Pub. at \$27.00 **\$9.95**

★8873828 THE PSYCHOLOGY BOOK: Big Ideas Simply Explained. By Catherine Collin et al. 360 pages. Dorling Kindersley. Paperbound. Pub. at \$19.99 **\$14.95**

★9062815 DREAMS & SYMBOLS: 300 Simple Ways to Decode Your Dreams. By Azzurra D'Agostino. Fully illus. 329 pages. Vivida. Pub. at \$17.99 **\$12.95**

7977883 SEX, POWER, AND PARTISANSHIP: How Evolutionary Science Makes Sense of Our Political Divide. By Hector A. Garcia. 254 pages. Prometheus. Paperbound. Pub. at \$18.00 **\$3.95**

7996144 THE SECRET LIFE OF SECRETS: How Our Inner Worlds Shape Well-Being, Relationships, and Who We Are. By Michael Slepian. 236 pages. Crown. Pub. at \$28.00 **\$6.95**

★8881057 THE IMPOSTER CURE. By Jessamy Hibberd. 302 pages. Aster. Paperbound. Pub. at \$12.99 **\$7.95**

8053995 ATTENTION SEEKING. By Adam Phillips. 123 pages. Picador. Paperbound. Pub. at \$16.00 **PRICE CUT to \$2.95**

★1204386 THE SPECTRUM OF CONSCIOUSNESS. By Ken Wilber. 362 pages. Quest Books. Paperbound. Pub. at \$19.95 **PRICE CUT to \$11.95**

★5406749 THE SCIENCE OF WEIRD SHIT: Why Our Minds Conjure the Paranormal. By Chris French. Photos. 374 pages. MIT Press. Pub. at \$32.95 **PRICE CUT to \$19.95**

9017763 SUSTAIN YOUR GAME: High Performance Keys to Manage Stress, Avoid Stagnation, and Beat Burnout. By Alan Stein Jr with J. Sternfeld. 284 pages. Hachette. Pub. at \$29.00 **PRICE CUT to \$3.95**

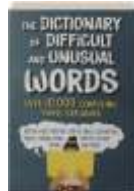
8890633 A GENERAL INTRODUCTION TO PSYCHOANALYSIS. By Sigmund Freud. 393 pages. Wordsworth Editions. Paperbound. **PRICE CUT to \$3.95**

★9024964 WHY PSYCHOSIS IS NOT SO CRAZY: A Road Map to Hope and Recovery for Families and Caregivers. By Stijn Vanheule. 219 pages. Other Press. Paperbound. Pub. at \$16.99 **PRICE CUT to \$9.95**

7977107 FREUD-BERGASSE 19: The Origin of Psychoanalysis. Ed. by M. Pessler & D. Finzi. Well illus., many in color. 400 pages. Hatje Cantz. Pub. at \$62.00 **PRICE CUT to \$14.95**

★7900546 SENSORY PROCESSING SOLUTIONS: Drug-Free Therapies to Realize Your Child's Potential. By Sally Fryer Dietz. 178 pages. Inner Traditions. Paperbound. Pub. at \$16.99 **PRICE CUT to \$5.95**

Education



7725043 THE DICTIONARY OF DIFFICULT AND UNUSUAL WORDS: Over 10,000 Confusing Terms Explained. By The Diagram Group. This unique reference guide strives to define words and phrases that the average person comes across occasionally but may not be immediately familiar. Broken down into over fifty categories, this guide is a word lover's dream and a useful handbook for any student. 527 pages. Skyhorse. Paperbound. Pub. at \$19.99 **\$6.95**



1095935 THE ART OF TEACHING CHILDREN. By Phillip Done. The new educator's bible for teachers, parents, and all who work with kids and care about their learning and success. Ask yourself: Would I want to be a student in my class? When children watch you, they are learning how to be people, and one of the most important things we can do for our students is to model the kind of people we would like them to be. 445 pages. Avid Reader. Paperbound. Pub. at \$19.99 **\$5.95**



912876X MASTER THE ART OF MANNERS: Modern-Day Etiquette for Any Situation. By Clinton Lee. By learning etiquette in both casual and formal settings, you'll be able to find deeper, more fulfilling relationships. 160 pages. Page Street. Paperbound. Pub. at \$21.99 **\$5.95**



9076301 HELP YOUR KIDS WITH STUDY SKILLS: A Unique Step-by-Step Visual Guide. By Carol Vorderman et al. Covering all the core concerns, including organization, schedules, learning styles, motivation, study techniques, exams, and handling anxiety, this guide allows parents and kids to work together to understand even the trickiest concepts. Fully illus. in color. 256 pages. Dorling Kindersley. Paperbound. Pub. at \$19.95 **SOLD OUT**



★6994547 THE WELL-TRAINED MIND: A Guide to Classical Education at Home. By S.W. Bauer & J. Wise. Instructs you step by step, on how to give your child an academically rigorous, comprehensive education from pre-school through high school—one that will train him or her to read, to think, to understand, to be well-rounded and curious about learning. 528 pages. Norton. Pub. at \$39.99 **\$29.95**

★1604287 HOW TO WRITE A WINNING SCHOLARSHIP ESSAY, TENTH EDITION. By Gen & Kelly Tanabe. 256 pages. SuperCollege. Paperbound. Pub. at \$19.99 **\$11.95**

9045740 THE PROVOST'S HANDBOOK: The Role of the Chief Academic Officer. By James Martin et al. 235 pages. Johns Hopkins. Pub. at \$72.00 **PRICE CUT to \$4.95**

★7995903 SUCCESS WITHOUT SCHOOL: Unschooling My Children from Birth to College. By Jean Proffitt Nunnally. Illus. 175 pages. Kalindi. Paperbound. Pub. at \$21.95 **PRICE CUT to \$9.95**

Research Tools & Sourcebooks

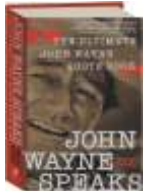


7989962 THE FAMILY TREE ITALIAN GENEALOGY GUIDE: How to Trace Your Family Tree in Italy. By Melanie D. Holtz. This in-depth guide will walk you through the exciting journey of researching your Italian famiglia both here and in Italy. You'll find basic information on starting your family history research, strategies for uncovering genealogy records, crash-course guides to Italian history, and much more. Illus. 238 pages. Family Tree Books. Paperbound. Pub. at \$26.99 **\$5.95**



LIMITED QUANTITY ★9063188 THE CRAFT OF RESEARCH, FIFTH EDITION. By Wayne C. Booth et al. This fundamental work explains how to choose significant topics, pose genuine and productive questions, find and evaluate sources, build sound and compelling arguments, and convey those arguments effectively to others. 314 pages. Univ of Chicago Press. Paperbound. Pub. at \$19.00 **SOLD OUT**

Words & Language



1970577 JOHN WAYNE SPEAKS: The Ultimate John Wayne Quote Book. By Mark Orwell. With more than 1,000 impeccably sourced quotes from his 172 film career, this provides what has often been missing from other reference works about the Duke: accuracy, context, and comprehensiveness. 292 pages. St. Martin's. Pub. at \$17.99 **\$3.95**



797342X HUMBLE PIE AND COLD TURKEY: English Expressions and Their Origins. By Caroline Taggart. Taggart browses through thousands of years of history to shed light on why we use the words and phrases we do. Answers questions you may never have thought to ask—including why turkeys need to be cold and how pies came to be humble. 192 pages. Michael O'Mara. Paperbound. Pub. at \$12.99 **\$6.95**



7841876 POE KNOWS: A Miscellany of Macabre Musings. By Edgar Allan Poe. Features more than 200 quotes from Poe's writings, in which he expounds his thoughts on madness, emotions, beauty, death, dreams, love, and other themes that caught his unique fancy. Illus. 256 pages. Union Square & Co. Pub. at \$16.99 **\$4.95**



★8881030 SCOTTISH QUOTATIONS. By David Ross. Scots have always had a reputation for clarity of thought and for the vigor with which it is put into words. This collection, organized by theme, covers a vast range of subjects, revealing the spirit of Scotland in a truly unique way. 160 pages. Birlinn. Paperbound. Pub. at \$10.95 **\$7.95**



9097775 THANK YOU FOR TEACHING: A Celebration of the Inspiring Teachers in Our Lives. Ed. by Mary Zaia. This collection of moving quotes celebrates the optimism and persistence of teachers, aids, tutors, professors, and educators who strive to make the world a better place, one student at a time. 90 pages. Castle Point. Pub. at \$16.99 **\$4.95**



8054088 EVERYDAY EMERSON: A Year of Wisdom. By Ralph Waldo Emerson. Over the course of a year, you will read Emerson's writing on everything from friendship and honesty to the beauty of nature. St. Martin's. Pub. at \$19.99 **\$4.95**



★3162346 8,789 WORDS OF WISDOM. By Barbara Ann Kipfer. A collection of proverbs, precepts, maxims, saws, adages, and axioms, polished over years of use, but just as true today as the day they were coined. 618 pages. Workman. Paperbound. Pub. at \$9.95 **\$7.95**



9076689 ROGET'S INTERNATIONAL THESAURUS, SEVENTH EDITION REVISED. Ed. by Barbara Ann Kipfer. Unlike alphabetical thesauruses, *Roget's International Thesaurus* works the same way your brain does. First, you figure out the general category: Are you looking for a word related to values and ideals? Measure and Shape? Then look up keywords to find the exact entry you're seeking. 1282 pages. HarperCollins. Paperbound. Pub. at \$21.99 **SOLD OUT**



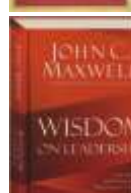
9003045 TOTALLY SCRIPTED: Idioms, Words, and Quotes from Hollywood to Broadway That Have Changed the English Language. By Josh Chetwynd. Expertly researched essays on words, phrases, and idioms made famous by Hollywood and the theater, and the stories behind the most iconic quotes from films. There are also sidebars that focus on other ways the entertainment world has changed our language. 224 pages. Lyons. Paperbound. Pub. at \$14.95 **\$4.95**



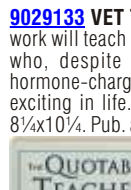
9002847 THE SAILING FANATIC: Timeless Reflections on Water, Wind, and Wave. By Christopher Caswell. Featuring some of the finest things ever said about the art of sailing, the sea, the weather, engines, racing, and philosophy, captains and crew alike will find this the perfect consolation for being ashore. 422 pages. Lyons. Paperbound. Pub. at \$12.95 **\$4.95**



8892288 NOTHING IS WORTH MORE THAN THIS DAY: Finding Joy in Every Moment. By Kathryn & Ross Petras. Here are hundreds of reminders that the glass that may appear to be half empty is actually half full! Drink up! 392 pages. Workman. Paperbound. Pub. at \$10.99 **\$5.95**



9118365 WISDOM ON LEADERSHIP: 102 Quotes to Unlock Your Potential to Lead. By John C. Maxwell. Use 102 of Maxwell's greatest leadership quotes to expand your perspective. Whether you want to increase your influence, prepare yourself for that big promotion, or get a handle on leadership for the first time. 207 pages. FaithWords. Pub. at \$10.00 **\$4.95**



9029133 VET TV'S MILITARY SLANG DICTIONARY. This work will teach you the language of the real American warrior, who, despite common perception, is usually a bored, hormone-charged 19 year-old looking for something more exciting in life. Illus. 150 pages. Veteran Entertainment Tv. 8 1/4 x 10 1/4. Pub. at \$24.99 **\$7.95**



9003762 THE QUOTABLE TEACHER. Ed. by Randy Howe. These inspirational and informative words of wisdom discuss everything from the importance of teaching and learning, to the need to think outside the box, to dealing with discipline and classroom management. 332 pages. Lyons. Paperbound. Pub. at \$9.95 **\$4.95**



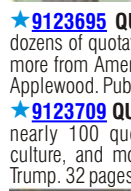
1043854 THE ILLUSTRATED COMPENDIUM OF ESSENTIAL MODERN SLANG: Including Cray, Lit, Basic, and More. By Tyler Vendetti. An illustrated dictionary of the zaniest jargon, including everything from ankle-biter to zazzy! Complete with definitions, roots, and absurd usage quotes, these over 300 words are sure to make you go; what does that mean? 224 pages. Cider Mill. Pub. at \$17.95 **\$5.95**



★9123717 QUOTATIONS OF MALCOLM X. Contains nearly 100 quotations from African-American minister and human rights activist, Malcolm X. 32 pages. Applewood. Pub. at \$12.95 **SOLD OUT**



★9074139 THE BOOK OF ANCIENT WISDOM: Inspiring Quotations from the Greeks and Romans. Ed. by Bill Bradfield. Journey through the ages with a collection of memorable quotes featuring poets, playwrights, politicians, and philosophers of ancient Greece and Rome. 122 pages. Ixia. Pub. at \$12.95 **\$9.95**



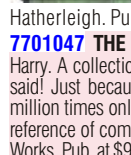
★9123695 QUOTATIONS OF BARACK OBAMA. Contains dozens of quotations on life, government, politics, culture, and more from America's 44th president, Barack Obama. 32 pages. Applewood. Pub. at \$12.95 **\$9.95**



★9123709 QUOTATIONS OF DONALD J. TRUMP. Contains nearly 100 quotations on business, government, politics, culture, and more from America's 45th president, Donald J. Trump. 32 pages. Applewood. Pub. at \$12.95 **\$9.95**



★8095612 THE BENJAMIN FRANKLIN BOOK OF QUOTES. Ed. by Travis Hellstrom. Compiles Benjamin Franklin's best quotes, speeches, and advice in one place and reaches out to an America, and a world, which need them more than ever. Organized into sections by themes, this work is accessible and easy to share with friends and loved ones. 142 pages. Hatherleigh. Pub. at \$15.00 **\$11.95**



7701047 THE LITTLE BOOK OF MISQUOTATIONS. By Lou Harry. A collection of 200 of the most famous things people never said! Just because a quote is engraved in marble or repeated a million times online doesn't mean it's correct. This is the definitive reference of commonly mangled quotes. 207 pages. Whalen Book Works. Pub. at \$9.95 **PRICE CUT to \$2.95**

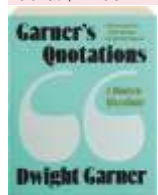
Words & Language

9003746 THE QUOTABLE MOM. Ed. by Kate Rowinski. Heartwarming and inspiring collection of humorous, profound, thoughtful, and compelling remarks and observations by and about mothers. 362 pages. Lyons. Paperbound. Pub. at \$9.95 **PRICE CUT to \$2.95**



7983034 1001 GREATEST THINGS EVER SAID ABOUT TEXAS. Ed. by Donna Ingham. Offers up observations from entertainers, politicians, cowboys, columnists, and other ten-gallon mouths known for spinning tall tales on short notice. 396 pages. Lyons. Paperbound. Pub. at \$12.95 **PRICE CUT to \$2.95**

7983476 THE QUOTABLE LONGFELLOW. Ed. by Michael Steere. The first collection of its kind to bring us the wisdom and wry wit of America's poet. 87 pages. Down East. Pub. at \$12.95 **PRICE CUT to \$2.95**



9050787 GARNER'S QUOTATIONS: A Modern Miscellany. By Dwight Garner. A rollicking, irreverent, scabrous, amazingly alive selection of unforgettable moments from 40 years of wide and deep reading. 288 pages. Picador. Paperbound. Pub. at \$17.00 **PRICE CUT to \$3.95**

8889244 THE AMERICAN CENTURY THESAURUS. Ed. by Laurence Urdang. 516 pages. Grand Central. Paperbound. Pub. at \$6.99 **\$2.95**

★905006X QUOTABLE CHURCHILL. Summersdale. 4x5 1/2. Pub. at \$9.99 **\$7.95**

7986955 EXPECT A MIRACLE: Quotations to Live and Love By. By Danielle Steel. Clarkson Potter. Pub. at \$16.00 **PRICE CUT to \$3.95**

★7955162 CHURCHILL IN "QUOTES": Wit and Wisdom from the Great Statesman. Ed. by Sara Harper. 192 pages. Ammonite. Pub. at \$16.99 **\$12.95**

★1175734 GREAT BOOKISH QUOTES: Words from Authors, Libraries, and Books That Shaped the World. By American Library Association. Fully illus. in color. Simple Truths. Pub. at \$16.99 **\$9.95**

★4228685 SMITHSONIAN BOOK OF FIRST LADIES' QUOTATIONS. Ed. by Julie Huggins. 64 pages. Smithsonian. Pub. at \$12.95 **PRICE CUT to \$5.95**

★8093423 PRIMARY LANGUAGE LESSONS. By Emma Serl. 148 pages. Lost Classic Books. Paperbound. Pub. at \$13.99 **PRICE CUT to \$7.95**

Foreign Language



9061126 50 FRENCH COFFEE BREAKS: Short Activities to Improve Your French One Cup at a Time. Ed. by Ava Dinwoodie. Improve your French on a regular basis in a fun and relaxed way. Choose from 50 varied and lively activities created for adult and young adult intermediate learners of French, from anagrams and idiom challenges to recipes and quotations, all designed to keep you motivated while building your skills in key areas. 235 pages. Teach Yourself. Paperbound. Pub. at \$14.99 **\$7.95**



★8896461 ITALIAN ENGLISH BILINGUAL VISUAL DICTIONARY. Ed. by A. Gavira & A. Wilkes. Provides a quick way to learn more than 6,000 Italian words and phrases, making learning and understanding Italian easy. The words are shown visually in themed sections covering practical or everyday themes, providing learners with all the vocabulary they need for work, travel, and leisure. 360 pages. Dorling Kindersley. Paperbound. Pub. at \$17.99 **\$12.95**



★8896445 FRENCH-ENGLISH BILINGUAL VISUAL DICTIONARY. Ed. by A. Gavira & A. Wilkes. The quick way to learn over 6,000 French words and phrases. This dictionary makes learning and understanding French easy. The words are shown visually in themed sections covering practical or everyday themes, providing learners with all the vocabulary they need for work, travel, and leisure. 360 pages. Dorling Kindersley. Paperbound. Pub. at \$17.99 **\$12.95**



★8896453 GERMAN-ENGLISH BILINGUAL VISUAL DICTIONARY. Ed. by A. Gavira & A. Wilkes. The quick way to learn more than 6,000 German words and phrases. This dictionary makes learning and understanding German easy. The words are shown visually in themed sections covering practical or everyday themes, providing learners with all the vocabulary they need for work, travel, and leisure. 360 pages. Dorling Kindersley. Paperbound. Pub. at \$17.99 **\$12.95**



5411041 GERMAN PHRASE BOOK: Eyewitness Travel Guides. Compiled by Chris Stephenson et al. Easy-to-use reference book which features all the words dealing with food, shopping, time, numbers, and everyday phrases. Includes a 70 minute CD to practice and aid pronunciation. 144 pages. Dorling Kindersley. Paperbound. Pub. at \$10.00 **\$5.95**



9112766 A WRITING GUIDE FOR LEARNERS OF CHINESE. By Qin Herzberg et al. This guide helps Chinese learners express themselves correctly on common everyday topics and for common social purposes. Will teach students to write biographical, creative, business, and personal content. Fully illus. 127 pages. Yale. 10x8. Paperbound. Pub. at \$37.50 **\$8.95**



★907824X BEGINNERS' LATIN. By G.D.A. Sharpley. Have fun while learning with a Latin "whodunnit" set in a medieval monastery, become familiar with classical Latin writers, learn faster with easy-to-follow explanations and vocabulary support, and experience the sound of Latin as you listen to the story on the Teach Yourself Library app. Illus. 212 pages. Teach Yourself. Paperbound. Pub. at \$16.99 **\$12.95**



★907449X THE EVERYTHING LEARNING GERMAN BOOK, 3rd Edition. By Edward Swick. With step by step instructions, practical exercises, and entertaining cultural information, you'll become fully immersed in Germany's language, history, and customs. 303 pages. Adams Media. Paperbound. Pub. at \$19.99 **\$14.95**



LIMITED QUANTITY ★9098216 CHINESE FOLKTALES FOR LANGUAGE LEARNERS. By V. Ling & W. Peng. For readers from around the world, this volume is a window to some of the historical and cultural facets of China that remain relevant today. These 15 stories can be enjoyed in English by readers with no knowledge of Chinese, while the bilingual format and vocabulary lists are an added bonus for language students. 223 pages. Tuttle. Paperbound. Pub. at \$19.99 **SOLD OUT**



★9079017 THE POCKET IRISH-ENGLISH. In Ireland, where nearly everyone is expert in the verbal arts, language is a very live, constantly changing phenomenon, more so than perhaps anywhere else. Each period of Irish history has also generated new words or meanings for old words, and 'the Troubles' proved no exception. Illus. 128 pages. Gemini. Pub. at \$9.95 **\$7.95**



★1227416 EVERYDAY GAELIC. By Morag MacNeill. In addition to basic words and phrases, it also includes more complex material, covering topics such as meeting and greeting, traveling, the weather, eating and drinking. There are also clearly explained sections on grammar and imitated pronunciation for all Gaelic words and phrases. 138 pages. Birlinn. Paperbound. Pub. at \$21.95 **\$16.95**



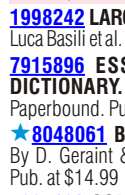
★8048053 WELCOME TO WELSH. By Heini Gruffudd. The most humorous, user-friendly yet effective course on the market. It has 16 parts which include grammar, exercises, real-life conversations and cartoon-stories, together with a 2,500 word Welsh-English and English-Welsh dictionary. Illus. 192 pages. Y Lolfa. Paperbound. Pub. at \$14.99 **\$9.95**



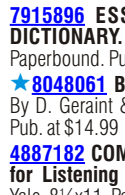
★809151X SHORT STORIES IN WELSH FOR BEGINNERS. By Olly Richards. A collection of eight unconventional and captivating short stories for adult and young adult learners will help you expand your vocabulary and improve your comprehension. From science fiction and fantasy to crime and thrillers, these stories are designed to make learning Welsh easy and enjoyable. 237 pages. Teach Yourself. Paperbound. Pub. at \$14.99 **PRICE CUT to \$9.95**



798362X TEACH YOURSELF ACCENTS: The British Isles. By Robert Blumenfeld. 122 pages. Limelight. Paperbound. Pub. at \$19.99 **PRICE CUT to \$3.95**



1998242 LAROUSSE FRENCH COLLEGE DICTIONARY. Ed. by Luca Basili et al. 1728 pages. Larousse. Pub. at \$29.95 **\$9.95**



7915896 ESSENTIAL CHINESE PHRASEBOOK AND DICTIONARY. By Catherine Dai. Illus. 207 pages. Tuttle. Paperbound. Pub. at \$9.95 **\$5.95**



★8048061 BEGINNERS' WELSH READING DICTIONARY. By D. Geraint & Nudd Lewis. 157 pages. Y Lolfa. Paperbound. Pub. at \$14.99 **\$11.95**

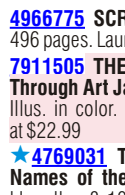


4887182 COMMUNICATING IN CHINESE: Student's Book for Listening and Speaking. By Cynthia Ning. 243 pages. Yale. 8 1/2 x 11. Paperbound. Pub. at \$49.00 **\$7.95**

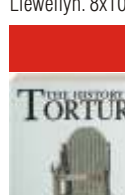
Dictionaries



7770316 DICTIONARY OF GESTURES: Expressive Comportments and Movements in Use Around the World. By Francois Caradec. An illustrated guide to more than 850 gestures and their meanings around the world, from a nod of the head to a click of the heels. Gestures convey meaning with a flourish. Yet the same gesture may have different meanings in different parts of the world. What Americans understand as the "A-OK gesture," for example, is an obscene insult in the Arab world. 324 pages. MIT Press. Pub. at \$24.95 **\$7.95**



4966775 SCRIPT FONTS. By Geum-Hee Hong. Fully illus. 496 pages. Laurence King. Pub. at \$40.00 **\$10.95**



7911505 THE HONEST ART DICTIONARY: A Jovial Trip Through Art Jargon. By Art History Babes. Illus. by C. Casado. Illus. in color. 240 pages. White Lion. 6x8. Paperbound. Pub. at \$22.99 **PRICE CUT to \$3.95**



★4769031 THE DICTIONARY OF DEMONS, REVISED: Names of the Damned. By M. Belanger. Illus. 494 pages. Llewellyn. 8x10. Paperbound. Pub. at \$36.99 **\$27.95**

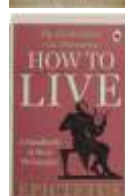
Philosophy



8989664 THE HISTORY OF TORTURE. By Brian Innes. Tells the full story, from physical cruelty to mental torment, from life under Roman emperors to Islamic State today. Charting the ways societies have sanctioned torture and more. Fully illus. 192 pages. Amber. Paperbound. Pub. at \$29.95 **\$9.95**



9011897 VOLTAIRE'S REVOLUTION. Ed. by G.K. Noyer. Presents the first full English translations of selected writings from Voltaire's pamphlet campaign for tolerance, which forcefully drove the movement to grant freedom of beliefs and end state-imposed religions. Includes accounts of Voltaire's battle as seen by a number of noted contemporaries. 397 pages. Prometheus. Paperbound. Pub. at \$21.00 **\$4.95**



★8875022 HOW TO LIVE: A Handbook of Stoic Philosophy. By Epictetus. Drawing on the teachings of Epictetus, a former slave turned revered philosopher, this work illuminates the path to inner peace and enduring happiness with the practical and powerful Stoic approach. Learn to confront life's challenges and cultivate virtue in the face of adversity! 232 pages. Fingerprint. Paperbound. **\$4.95**



9079645 THE PRINCIPLES OF PHILOSOPHY. By Michael Moore. This introduction to philosophy has diagrams and illustrations to help make even the most complex ideas accessible. You'll learn about the different schools of philosophy, the most influential philosophers in history, and key concepts in every area, ranging from ethics to metaphysics to epistemology. 256 pages. Sirius. Pub. at \$19.99 **\$5.95**



Philosophy



9129146 **THUS SPOKE ZARATHUSTRA.** By Friedrich Nietzsche. This influential work is a cornerstone of existentialism, questioning the nature of human existence and inspiring countless thinkers and writers with its revolutionary ideas of individuality and the will to power. 388 pages. Page Publications. Paperbound. Pub. at \$14.99 **\$4.95**



1194402 **THE LIFE OF THE MIND: On the Joys and Travails of Thinking.** By James V. Schall. Schall reflects on Plato, Aquinas, A.D. Serfittanges, Wendell Berry, and other writers and discusses the various ways of approaching the delight of thinking and the way that this delight begins in seeing and hearing—and even in making and walking. 214 pages. Regnery. Paperbound. Pub. at \$21.99 **\$4.95**

9127933 **LIFE IS HARD: How Philosophy Can Help Us Find Our Way.** By Kieran Setiya. There is no cure for the human condition: life is hard. But Setiya believes philosophy can help. He offers us a map for navigating rough terrain, from personal trauma to the injustice and absurdity of the world. 222 pages. Riverhead. Pub. at \$27.00 **\$5.95**



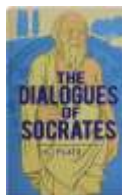
8994749 **ON HAPPINESS.** By Epicurus. Features the surviving works of Epicurus, whose insightful discourses range over a vast array of subjects, from family and religion to morality and metaphysics. Behind every discussion lies one guiding principle: the desire to understand how humans can achieve true happiness. 127 pages. Arcturus. Paperbound. **\$6.95**



1194194 **THE GEOGRAPHY OF GOOD AND EVIL: Philosophical Investigations.** By Andreas Kinneging. Turns fashionable thinking on its head, revealing how good and evil are objective, universal, and unchanging—and how they must be rediscovered in our age. Kinneging reveals the lasting significance of these seemingly archaic notions, to our own lives, to our families, to our culture, and to civilization. 285 pages. Regnery. Paperbound. Pub. at \$21.99 **\$4.95**



9081348 **HEIDEGGER AND THE NAZIS.** By Jeff Collins. Heidegger's enthusiastic advocacy of Nazism has left discordant traces in the political culture of postmodernity. This volume reviews the facts and arguments surrounding Heidegger's politicization, and situates them within critical political debates as we move into the 21st century. 71 pages. Icon. Paperbound. **\$5.95**



8994595 **THE DIALOGUES OF SOCRATES.** By Plato. Providing a complete portrait of the enigmatic philosopher, this collection includes six fascinating dialogues. Together, these eloquent dialogues provide an emotional insight into the life of one of the greatest classical philosophers. 268 pages. Arcturus. Paperbound. **\$6.95**

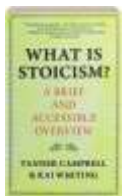


908858X **THE CALL OF THE TRIBE.** By Mario Vargas Llosa. The Nobel laureate, maps out the liberal thinkers who helped him develop a new body of ideas after the great ideological traumas of his disenchantment with the Cuban Revolution and his alienation from the ideas of Jean-Paul Sartre, the author who most inspired Vargas Llosa in his youth. 276 pages. FSG. Pub. at \$28.00 **\$7.95**



9066039 **THE LITTLE BOOK OF HUMANIST FUNERALS: Remembering and Celebrating a Life.** By A. Copson & A. Roberts. A collection of insights from humanist celebrants, as well as quotes, poems and meditations from humanist writers and thinkers throughout history. The perfect introduction to the humanist approach to life and death. 219 pages. Plakus. Pub. at \$17.99 **\$5.95**

★9107614 **WHY AQUINAS MATTERS NOW.** By Oliver Keenan. Keenan argues, Aquinas matters now because he can teach us a new way of looking at the world. A powerful voice for community, justice, friendship and peace, Aquinas' profoundly non-violent philosophy shows us how to be human in a deeply dehumanizing world. 230 pages. Bloomsbury. Pub. at \$22.00 **\$16.95**



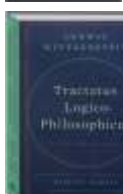
★9071342 **WHAT IS STOICISM? A Brief and Accessible Overview.** By T. Campbell & K. Whiting. An easy, jargon free introduction to Stoic philosophy and its relevance to modern life. Topics include: the three pillars of Stoic philosophy (logic, physics, and ethics), the stoic ideal of living in accordance with nature, and the question of whether belief in God is necessary for practicing Stoicism. 107 pages. New World Library. Paperbound. Pub. at \$16.95 **\$12.95**



9046984 **THE HIDDEN HISTORY OF CODE-BREAKING: The Secret World of Cyphers, Uncrackable Codes, and Elusive Encryptions.** By Sinclair Mackay. A fascinating exploration of the uncrackable codes and secret cyphers that helped win wars, spark revolutions and change the faces of nations. Well illus. 391 pages. Pegasus. Pub. at \$29.95 **\$6.95**



8890730 **ON WAR.** By Carl von Clausewitz. Both a philosophical and practical work in which the author defines the essential nature of war, debates the qualities of the great commander, and assesses the relative strengths of defensive and offensive warfare. 373 pages. Wordsworth Editions. Paperbound. **\$5.95**



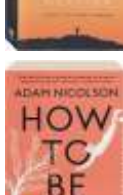
★1994956 **TRACTATUS LOGICO-PHILOSOPHICUS.** By Ludwig Wittgenstein. Endures as the definitive modern text on what logic can and cannot do. Consisting of 525 hierarchically numbered statements, each one "self-evident." This bilingual, German-English, facing-page edition promises to become the standard for generations to come. Illus. 181 pages. Liveright. Pub. at \$26.99 **\$19.95**



905409X **TRASH TALK: The Only Book About Destroying Your Rivals That Isn't Total Garbage.** By Rafi Kohan. Kohan interviews some of the world's top competitors about the petty rivalries and mind games that fuel them. He talks to point guards and soccer strikers, cricketers and insult comedians, forming a theory along the way about the surprising and influential role that name-calling plays in our world. Illus. 310 pages. PublicAffairs. Pub. at \$30.00 **\$6.95**



9076433 **THE DAWN OF A MINDFUL UNIVERSE: A Manifesto for Humanity's Future.** By Marcelo Gleiser. A spellbinding call for us to recognize the preciousness of life and of our planet. Adds to our current scientific narrative a much-needed moral dimension aimed at preserving life, the planet, and our collective future. 244 pages. Harper. Pub. at \$29.99 **\$6.95**



★9047735 **HOW TO BE: Life Lessons from the Early Greeks.** By Adam Nicolson. An expedition into early ideas. Nicolson takes us to the dawn of investigative thought and makes the fundamental questions of the ancient philosophers new again. It is an enthralling, exhilarating journey. Well illus. some in color. 356 pages. Picador. Paperbound. Pub. at \$20.00 **\$14.95**



★9062599 **THE BEGINNER'S GUIDE TO KARMA: How to Live with Less Negativity & More Peace.** By L. Rinpoche & M. Levine. Delving into Buddhist scripture and traditions, the authors give a comprehensive overview that incorporates psychology, ethics, and metaphysics. They clear away myths, illustrate how karma works in daily life, and offer practices to build positive karma. 101 pages. New World Library. Paperbound. Pub. at \$16.95 **\$12.95**



9093397 **THE REVOLUTION WE EXPECTED: Cultivating a New Politics of Consciousness.** By Claudio Naranjo. Presents a call for individual and societal transformation in order to rebuild and humanize our institutions and our communities to realize a post-patriarchal world and elevated consciousness as a global community. 289 pages. Synergetic. Paperbound. Pub. at \$16.95 **\$5.95**



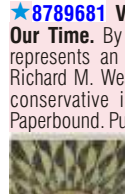
★9107487 **GATEWAY TO THE EPICUREANS: Epicurus, Lucretius, and Their Modern Heirs.** By Epicurus et al. Epicurus and his followers speculated about invisible, indivisible entities called "atoms" hurtling endlessly through an infinite void to create a multiplicity of worlds. Klavan presents core selections from Epicurus's core writings and those of his most famous disciple, the poet Lucretius. 120 pages. Gateway. Paperbound. Pub. at \$16.99 **\$12.95**



9095594 **MARX: Towards the Centre of Possibility.** By Kojin Karatani. Karatani's Marx takes on insights from semiotics, deconstruction, and the reading of Marx as a literary thinker, treating Capital as an intervention in philosophy that could be read as itself a theory of signs. 118 pages. Verso. Paperbound. Pub. at \$24.95 **\$5.95**



★9124799 **THE POWER OF CUTE.** By Simon May. We usually see the cute as merely diminutive, harmless, and helpless. May argues that cuteness is not restricted to such sweet qualities but also beguiles us by transforming or distorting them into something of playfully indeterminate power, gender, age, morality, and even species. Illus. 238 pages. Princeton Paperbound. Pub. at \$14.95 **\$11.95**



★8789681 **VISIONS OF ORDER: The Cultural Crisis of Our Time.** By Richard M. Weaver. This collection of essays represents an essential work from scholar and rhetorician Richard M. Weaver, a leading figure in the rise of the modern conservative intellectual movement. 228 pages. Gateway. Paperbound. Pub. at \$18.99 **PRICE CUT to \$11.95**



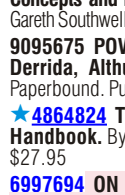
9048324 **ON MACHIAVELLI: The Search for Glory.** By Alan Ryan. An essential, comprehensive, and accessible guide to the life and works of Machiavelli that includes a chronology of Machiavelli's life; an introduction and text by Ryan providing crucial context; and key excerpts from *The Prince* and *Discourses*. 204 pages. Norton. Paperbound. Pub. at \$14.95 **PRICE CUT to \$3.95**



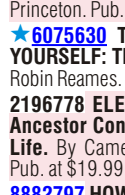
★8180407 **WHY IS THIS A QUESTION? Everything About the Origins & Oddities of Language You Never Thought to Ask.** By Paul Anthony Jones. Discover the answers to all the questions you've never thought to ask in this intriguing exploration of the nuts and bolts of human language. 296 pages. Elliott & Thompson. Paperbound. Pub. at \$17.99 **PRICE CUT to \$9.95**



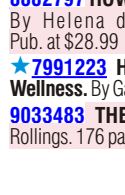
★6078400 **AN EMANCIPATION OF THE MIND: Radical Philosophy, the War over Slavery, and the Refounding of America.** By Matthew Stewart. Tells a vivid and piercing story of the battle between America's philosophical radicals and the conservative counterrevolution that swept the American republic in the first decades of its existence, and persists in new forms up to the present day. 374 pages. Norton. Pub. at \$32.50 **PRICE CUT to \$14.95**



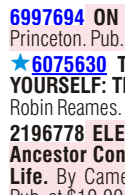
8879737 **INSTANT PHILOSOPHY: Key Thinkers, Theories, Concepts and Developments Explained on a Single Page.** By Gareth Southwell. 176 pages. Paperbound. Pub. at \$16.95 **\$5.95**



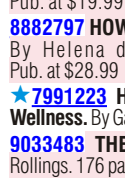
9095675 **POWER AND RESISTANCE: Foucault, Deleuze, Derrida, Althusser.** By Yoshiyuki Sato. 266 pages. Verso. Paperbound. Pub. at \$29.95 **SOLD OUT**



★4864824 **THE SOCRATIC METHOD: A Practitioner's Handbook.** By Ward Farnsworth. 243 pages. Godine. Pub. at \$27.95 **\$14.95**



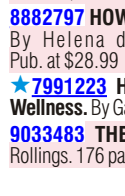
6997694 **ON FREEDOM.** By Cass R. Sunstein. 127 pages. Princeton. Pub. at \$12.95 **PRICE CUT to \$3.95**



★6075630 **THE ANCIENT ART OF THINKING FOR YOURSELF: The Power of Rhetoric in Polarized Times.** By Robin Reames. Illus. 297 pages. Basic. Pub. at \$30.00 **\$21.95**



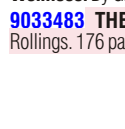
2196778 **ELEMENTAL HEALING: A 5-Element Path for Ancestor Connection, Balanced Energy, and an Aligned Life.** By Camellia Lee. Illus. in color. 200 pages. Sterling. Pub. at \$19.99 **SOLD OUT**



8882797 **HOW TO BE MULTIPLE: The Philosophy of Twins.** By Helena de Bres. Illus. 262 pages. Bloomsbury. Pub. at \$28.99 **PRICE CUT to \$4.95**



★7991223 **HOW TO BE HEALTHY: An Ancient Guide to Wellness.** By Galen. 217 pages. Princeton. Pub. at \$17.95 **\$13.95**



9033483 **THE STUPENDOUS STORY OF US.** By Trevor Rollings. 176 pages. Unicorn. Paperbound. **PRICE CUT to \$3.95**

Philosophy

7938845 HOW AND HOW NOT TO BE HAPPY. By J. Budziszewski. 236 pages. Regnery. Pub. at \$29.99 **PRICE CUT to \$5.95**

7970102 AGAINST THE ACADEMICS, VOLUME 1: St. Augustine's Cassiciacum Dialogues. By Michael P. Foley. 307 pages. Yale. Pub. at \$60.00 **PRICE CUT to \$14.95**

★7999437 THE PROMISED LAND: Universalism and a Coming World State. By Nicholas Hagger. Illus. 232 pages. O-Books. Paperbound. Pub. at \$23.95 **PRICE CUT to \$9.95**

★7999380 THE ALGORITHM OF CREATION: Universalism's Algorithm of the Infinite and Space-Time, and a Theory of Everything. By Nicholas Hagger. Illus. 414 pages. O-Books. Paperbound. Pub. at \$31.95 **PRICE CUT to \$14.95**

★7728042 THE QUEST FOR CHARACTER: What the Story of Socrates and Alcibiades Teaches Us About Our Search for Good Leaders. By Massimo Pigliucci. 262 pages. Basic. Pub. at \$28.00 **PRICE CUT to \$11.95**

Philosophical Essays



9095438 THE ADVENTURE OF FRENCH PHILOSOPHY. By Alain Badiou. Essential reading for anyone interested in what Badiou dubs the "French moment" in contemporary thought. Guided by a small set of fundamental questions concerning the nature of being, the event, the subject, and truth, Badiou pushes to an extreme the polemical force of his thinking. 364 pages. Verso. Paperbound. Pub. at \$24.95 **\$6.95**



8096651 PHILOSOPHY FOR GARDENERS: Ideas & Paradoxes to Ponder in the Garden. By Kate Collins. Collins uses aspects of gardening to introduce and explore a range of philosophical ideas and schools of thought. Fully illus. 144 pages. Frances Lincoln. Pub. at \$18.00 **\$5.95**



9095578 LIBERALS & CANNIBALS: The Implications of Diversity. By Steven Lukes. While recognizing the dangers of moral imperialism, argues that a relativist position based on identifying distinct cultural and moral communities is incoherent. Examines the nature of social justice, the politics of identity and human rights theory. 180 pages. Verso. Paperbound. Pub. at \$19.95 **\$5.95**



5871026 DIALOGUES. By Stanislaw Lem. The first English translation of a nonfiction work by Lem, which was "conceived under the spell of cybernetics" in 1957 and updated in 1971. A testimony to "the almost limitless cognitive optimism" Lem felt upon his discovery of cybernetics. 348 pages. MIT Press. Paperbound. Pub. at \$39.95 **\$12.95**

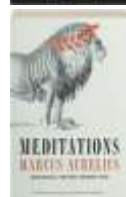
Lives & Works of Philosophers



911243X KARL MARX: Philosophy and Revolution. By Shlomo Avineri. Avineri puts Marx's Jewish background in its proper and balanced perspective, and traces Marx's intellectual development in light of the historical, intellectual, and political contexts in which he lived. 217 pages. Yale. Pub. at \$26.00 **\$6.95**



9109234 MEDITATIONS. By Marcus Aurelius. Aurelius' timeless work on character, what it takes to be a good leader, and how to live a fulfilling life. Speaks to the soul of anyone who has ever faced adversity or believed in a better day. Originally published in 1559. 180 pages. Page Publications. Paperbound. Pub. at \$14.99 **\$5.95**



★7976658 MEDITATIONS. By Marcus Aurelius. A powerful and accessible translation of Marcus Aurelius' timeless work on character, what it takes to be a good leader, and how to live a fulfilling life. Speaks to the soul of anyone who has ever faced adversity or believed in a better day. 150 pages. Scribner. Paperbound. Pub. at \$9.99 **\$7.95**



LIMITED QUANTITY 9097597 NASTY, BRUTISH, AND SHORT: Adventures in Philosophy with My Kids. By Scott Hershovitz. Some of the best philosophers in the world gather in surprising places—preschools and playgrounds. They debate questions about metaphysics and morality, even though they've never heard those words and can't tie their shoes. They're kids. And as Hershovitz shows, they can help grown-ups solve some of life's greatest mysteries. 369 pages. Penguin. Pub. at \$28.00 **SOLD OUT**



4998502 DAVID HUME ON MORALS, POLITICS, AND SOCIETY. Ed. by A. Coventry & A. Valls. A key figure of the Scottish Enlightenment, David Hume was a major influence on thinkers ranging from Kant and Schopenhauer to Einstein and Popper, and his writings continue to be deeply relevant today. Included here are four essays exploring Hume's complex intellectual legacy. 350 pages. Yale. Paperbound. Pub. at \$15.00 **\$5.95**



8996415 WITTGENSTEIN'S ARTILLERY: Philosophy as Poetry. By James C. Klagge. Shows how, in search of ways to reach his audience, Wittgenstein tried a more poetic style of doing philosophy. He moved from an esoteric mode to an evangelical mode, aiming for an effect on his audience that was noncognitive, appealing to the temperament in addition to the intellect. 258 pages. MIT Press. Pub. at \$45.00 **\$9.95**



9047441 KEY PHILOSOPHICAL WRITINGS. By Rene Descartes. Considered the father of modern philosophy, this selection of his works includes his essay *Discourse on Method* and others in which he attempted to answer the central questions surrounding the self, God, free-will and knowledge. 407 pages. Wordsworth Editions. Paperbound. **\$7.95**



★8896666 SECRETS OF THE GOLDEN AGE PRINCE. By Elizabeth Clare Prophet. Under constant threats against his life, Francis Bacon cultivated the English Renaissance, sponsored a hidden circle of authors, and re-created the sciences. His philosophy fueled a revolution against tyranny. Well illus. most in color. 382 pages. Summit. Paperbound. Pub. at \$21.95 **PRICE CUT to \$14.95**

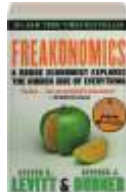
1427431 PHILOSOPHER OF THE HEART: The Restless Life of Soren Kierkegaard. By Clare Carlisle. Well illus. 339 pages. FSG. Pub. at \$30.00 **SOLD OUT**

★901537X THE PHILOSOPHY BOOK: Big Ideas Simply Explained. By Marcus Weeks et al. 360 pages. Dorling Kindersley. Paperbound. Pub. at \$19.99 **\$14.95**

Economics



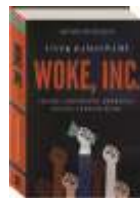
9081127 WORLD TRADE SINCE 1431: Geography, Technology, and Capitalism. By Peter J. Huggill. Tracing the relationship between technology and economy over the past 550 years, Huggill finds that the nations that developed and marketed new technologies best were the nations that rose to world power, while those that held onto outdated technologies fell behind. Illus. 376 pages. Johns Hopkins. Paperbound. Pub. at \$31.00 **\$5.95**



7975902 FREAKONOMICS. Examines human behavior with provocative and sometimes hilarious case studies, bringing together a dream team of filmmakers responsible for some of the most acclaimed and entertaining documentaries in recent years. 93 minutes. Includes the best-selling book about incentives-based thinking. 315 pages. HarperPerennial. Paperbound. **\$2.95**



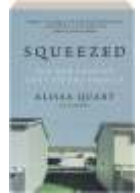
9115412 AMERICA INC: The 400-Year History of American Capitalism. By Bhu Srinivasan. Explains the rise of America's economic power and how so many U.S. businesses have succeeded. Takes us on a journey through the inventions, techniques and industries that drove America forward: from the telegraph, the railroad, guns, radio and banking to flight suburbia and sneakers, culminating with the Internet and mobile technology at the turn of the 21st century. 560 pages. Amberley. Paperbound. **\$5.95**



LIMITED QUANTITY 9129227 WOKE, INC.: Inside Corporate America's Social Justice Scam. By Vivek Ramaswamy. A young entrepreneur makes the case that politics has no place in business and sets out a new vision for the future of American capitalism. Beginning as a critique of stockholder capitalism and ending with an exploration of what it means to be an American, it's a journey that starts with cynicism and ends with hope. 358 pages. Center for the American Enterprise. Pub. at \$28.00 **SOLD OUT**



4982924 HOW YOU GOT SCREWED. By Allen Marshall. If you're like most people, you want a fair shot in life, but the game has been rigged. So what can you do? Marshall tells us to not be fooled by the government's numbers that are manipulated to make you think the economy is doing good; make sure you stay out of debt; be a citizen, not a consumer; and become self-reliant. 188 pages. Skyhorse. Paperbound. Pub. at \$12.99 **\$4.95**



9117628 SQUEEZED: Why Our Families Can't Afford America. By Alissa Quart. From nearly unaffordable housing, education, and childcare costs to stagnant wages and the rise of the gig economy, families today are squeezed on every side. Quart casts a bright light on families struggling to thrive, and will make readers think differently about their lives and those of their neighbors. 320 pages. Ecco. Paperbound. Pub. at \$16.99 **\$4.95**



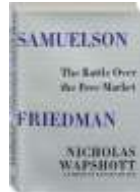
8892466 AGES OF AMERICAN CAPITALISM: A History of the United States. By Jonathan Levy. Traces the evolution of American capitalism from the colonial era to the present and argues that we've reached yet another turning point that will define the era ahead. Levy proves that capitalism in the United States has never been just one thing. Instead, it has morphed throughout the country's history. 908 pages. Random. Pub. at \$40.00 **\$9.95**



6997821 THE STORY OF SILVER: How the White Metal Shaped America and the Modern World. By William L. Silber. Silver has been the preferred shelter against government defaults, political instability, and inflation for most people in the world because it's cheaper than gold. Explains how powerful figures have come under silver's thrall, and how its history guided economic and political decisions in the 21st century, and why it matters today. Illus. 340 pages. Princeton. Pub. at \$35.00 **SOLD OUT**



8885281 THE ECONOMIC GOVERNMENT OF THE WORLD, 1933-2023. By Martin Daunt. Pulls back the curtain on the institutions and individuals who have created and managed the global economy over the last 90 years, revealing how and why one economic order breaks down and another is built. An analysis of the origins of our current global crises and a path toward a fairer international order. Illus. 986 pages. FSG. Pub. at \$45.00 **\$9.95**



9126678 SAMUELSON FRIEDMAN: The Battle Over the Free Market. By Nicholas Wapshott. Wapshott brings narrative verve and puckish charm to the story of Samuelson and Friedman, two giants of modern economics, their braided lives and colossal intellectual battles. 367 pages. Norton. Pub. at \$28.95 **\$5.95**



1177710 SOCIALISM SUCKS: Two Economists Drink Their Way Through the Unfree World. By R. Lawson & B. Powell. Irreverent but honest economists, the authors have all the data, and even more important, the firsthand global experience to affirm that socialism fails to deliver on any of the utopian promises it makes and instead is very bad for your economic (and other) health. Photos. 182 pages. Regnery. Pub. at \$25.99 **\$6.95**



9095519 THE LONG RUN WE ARE ALL DEAD: Keynesianism, Political Economy, and Revolution. By Geoff Mann. If our current crises have renewed Keynesianism for so many, it is less because the present is worth saving, than because the future seems out of control. In that situation, Keynesianism is a perfect fit: a faith for the faithless. 416 pages. Verso. Paperbound. Pub. at \$24.95 **\$6.95**



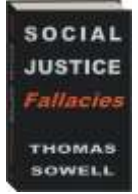
Economics



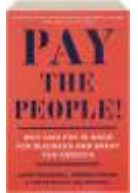
9050469 THE 100 TRILLION DOLLAR WEALTH TRANSFER: How the Handover from Boomers to Gen Z Will Revolutionize Capitalism. By Ken Costa. A financial insider explores the historic shift in money, power and influence between the generations, and how it will revolutionize capitalism and transform society. 250 pages. Bloomsbury. Pub. at \$28.00 **\$5.95**



9095659 PLANET ON FIRE: A Manifesto for the Age of Environmental Breakdown. By M. Lawrence & L. Laybourn-Langton. Offers a clear and practical road map for a future that is democratic and sustainable by design. The authors argue that it is not enough to spend our way out of the crisis; we must also rapidly reshape the economy to create a new way of life that can foster a healthy and flourishing environment for all. 280 pages. Verso. Pub. at \$24.95 **\$6.95**

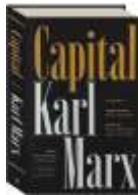


7925786 SOCIAL JUSTICE FALLACIES. By Thomas Sowell. Reveals how many things that are thought to be true simply cannot stand up to documented facts, which are often the opposite of what is widely believed. The crucial question is whether the social justice agenda has often led in the opposite direction, sometimes with catastrophic consequences. 201 pages. Basic. Pub. at \$28.00 **\$21.95**



9079009 PAY THE PEOPLE! Why Fair Pay Is Good for Business and Great for America. By John Driscoll et al. The authors argue that Congress's failure to raise the minimum wage and business leaders' refusal to pay a living wage limit consumer demand, impair business success, and threaten democratic capitalism. Rebukes current wage practices and congressional paralysis and outlines a clear path to stable, inclusive growth. Illus. 192 pages. New Press. Paperbound. Pub. at \$18.99 **\$13.95**

9078495 THINKING LIKE AN ECONOMIST: How Efficiency Replaced Equality in U.S. Public Policy. By Elizabeth Popp Berman. Berman explores how a distinctive way of thinking, an economic style of reasoning, between the 1960's and 1980s became dominant in Washington and how it continues to dramatically narrow debates over public policy today. 329 pages. Princeton. Pub. at \$37.00 **\$9.95**



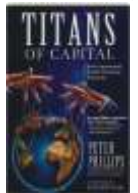
9009299 CAPITAL, VOLUME 1: Critique of Political Economy. By Karl Marx. A major new translation of the explosive work that transformed our world. This critical edition for our time, faithfully preserves the vitality and directness of Marx's German prose and renders his ideas to modern readers. 857 pages. Princeton. Pub. at \$39.95 **\$31.95**



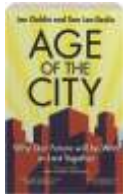
9072235 GOLD: How it Shaped History. By Alan Ereira. Explores gold's profound influence throughout history, revealing its role in shaping civilizations, driving wars, and transforming societies beyond mere wealth and art. Color photos. 482 pages. Pen & Sword. Pub. at \$42.95 **\$32.95**



9036881 OFFSHORE: Stealth Wealth and the New Colonialism. By Brooke Harrington. Reveals what offshore finance costs all of us, and how it has colonized the world—not on behalf of one country, but to a largely invisible empire of a few thousand billionaires who indulge in the best of what society has to offer while sticking us with the bill. Understand the most pressing crises of our time. 162 pages. Norton. Pub. at \$22.00 **\$16.95**



902493X TITANS OF CAPITAL: How Concentrated Wealth Threatens Humanity. By Peter Phillips. An examination of the rapid concentration of global capital, with chapters that focus on China and Russia. Explores how fewer and larger investment companies now manage the excess financial wealth of the world's 40 million richest people, to the detriment of everyone else and the global environment. 252 pages. Seven Stories. Paperbound. Pub. at \$18.95 **\$13.95**



9107584 AGE OF THE CITY: Why Our Future Will Be Won or Lost Together. By I. Goldin & T. Lee-Devlin. The authors show why making our societies fairer, more cohesive and sustainable must start with our cities. Globalization and technological change have concentrated wealth into a small number of booming metropolises, leaving many smaller cities and towns behind and feeding populist resentment. 237 pages. Bloomsbury. Paperbound. Pub. at \$18.00 **\$12.95**



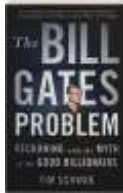
CD 7988486 CHINA, INDIA, AND THE UNITED STATES: The Future of Economic Supremacy. By Peter Rodriguez. Professor Rodriguez presents a multimedia program exploring the evolving future of these three major economic powers. Six lectures on three CDs examine a range of important topics, while the accompanying course guidebook provides additional information, important terms, and suggested reading. The Great Courses. **PRICE CUT to \$3.95**



7894244 A READER'S GUIDE TO MARX'S CAPITAL. By Joseph Choonara. Marx was capitalism's greatest critic and his work retains its relevance 150 years after its initial publication. Here, Choonara breaks down the 1,000 page text, making it inviting and accessible for the reader. 200 pages. Haymarket. Pub. at \$50.00 **PRICE CUT to \$5.95**



8099057 THE FIGHT TO SAVE THE TOWN: Reimagining Discarded America. By Michelle Wilde Anderson. A sweeping and eye-opening study of wealth inequality and the dismantling of local government in four working-class U.S. cities that passionately argues for reinvestment in people-centered leadership. 352 pages. Avid Reader. Paperbound. Pub. at \$18.99 **PRICE CUT to \$3.95**



8999007 THE BILL GATES PROBLEM: Reckoning with the Myth of the Good Billionaire. By Tim Schwab. A powerful investigation of Bill Gates and the Gates Foundation, showing how he uses philanthropy to exercise enormous political power without accountability. 484 pages. Metropolitan. Paperbound. Pub. at \$19.99 **PRICE CUT to \$11.95**



8883939 THE BILL GATES PROBLEM: Reckoning with the Myth of the Good Billionaire. By Tim Schwab. A powerful investigation of Bill Gates and the Gates Foundation, showing how he uses philanthropy to exercise enormous political power without accountability. 484 pages. Metropolitan. Pub. at \$33.99 **\$5.95**

8799156 The DEFICIT MYTH: Modern Monetary Theory and the Birth of the People's Economy. By Stephanie Kelton. 329 pages. PublicAffairs. Paperbound. Pub. at \$18.99 **\$5.95**

8886377 THE LORDS OF EASY MONEY: How the Federal Reserve Broke the American Economy. By Christopher Leonard. 373 pages. S&S. Paperbound. Pub. at \$18.99 **SOLD OUT**

5780004 SOLD OUT: How Broken Supply Chains, Surging Inflation, and Political Instability Will Sink the Global Economy. By James Rickards. 247 pages. Portfolio. Pub. at \$29.00 **\$6.95**

889776X MONEY IN ONE LESSON. By Gavin Jackson. 389 pages. Pan Macmillan. Paperbound. **\$5.95**

9057269 MEGATHREATS: Ten Dangerous Trends That Imperil Our Future, and How to Survive Them. By Nouriel Roubini. 326 pages. Back Bay. Paperbound. Pub. at \$19.99 **\$5.95**

9070249 THE MIDDLE OUT: The Rise of Progressive Economics and a Return to Shared Prosperity. By Michael Tomasky. 289 pages. Doubleday. Pub. at \$28.00 **\$5.95**

7842953 KEYNES: Useful Economics for the World Economy. By P. Temin & D. Vines. 117 pages. MIT Press. Paperbound. Pub. at \$25.00 **PRICE CUT to \$2.95**

7981198 ECONOMICS OF THE UNDEAD: Zombies, Vampires, and the Dismal Science. Ed. by G. Whitman & J. Dow. Illus. 285 pages. Rowman & Littlefield. Paperbound. Pub. at \$18.95 **PRICE CUT to \$1.95**

8883955 BOOTSTRAPPED: Liberating Ourselves from the American Dream. By Alissa Quart. 276 pages. Ecco. Pub. at \$32.00 **\$5.95**

9024336 HOW BOARDS WORK: And How They Can Work Better in a Chaotic World. By Dambisa Moyo. 282 pages. Basic. Pub. at \$30.00 **PRICE CUT to \$4.95**

7937857 THE PROBLEM OF 12: When a Few Financial Institutions Control Everything. By John Coates. 188 pages. Columbia Global Reports. Paperbound. Pub. at \$17.00 **\$12.95**

7991207 THE BANKERS' NEW CLOTHES: What's Wrong with Banking and What to Do About It. By A. Admati & M. Hellwig. 604 pages. Princeton. Paperbound. Pub. at \$19.95 **PRICE CUT to \$9.95**

7903227 THE CAPITALIST MANIFESTO: Why the Global Free Market Will Save the World. By Johan Norberg. 340 pages. Atlantic. Pub. at \$29.99 **PRICE CUT to \$9.95**

7943113 THE BIG FAIL: What the Pandemic Revealed About Who America Protects and Who It Leaves Behind. By J. Nocera & B. McLean. 430 pages. Portfolio. Pub. at \$32.00 **PRICE CUT to \$11.95**

8898987 OUR LIVES IN THEIR PORTFOLIOS: Why Asset Managers Own the World. By Brett Christophers. 310 pages. Verso. Paperbound. Pub. at \$19.95 **PRICE CUT to \$11.95**

8048223 LIMITARIANISM: The Case Against Extreme Wealth. By Ingrid Robeyns. 301 pages. Astra House. Pub. at \$28.00 **PRICE CUT to \$17.95**

Engineering



9078665 HOW THINGS WORK: The Inner Life of Everyday Machines. By Theodore Gray. Explores the mechanical and historic underpinnings of dozens of fascinating and intricate machines, each with its own origin story—from padlocks and tumbler locks, which have led to modern digital encryption, to the wooden spinning wheel of old, which has evolved into today's industrial-size machines that clothe us all. Fully illus. in color. 256 pages. Black Dog & Leventhal. 10 1/2 x 10 1/4. Pub. at \$29.99 **\$7.95**



9039120 A MANUAL OF AMERICAN ENGINEERS & SURVEYORS INSTRUMENTS, TWENTY-FIRST EDITION 1874. By W. & L.E. Gurley. One of America's leading producers of mathematical and scientific instruments, these manuals published by W. & L.E. Gurley have been used by generations of engineers and surveyors. This 1874 edition is especially valuable since it is one of the earliest and is rarely found. Well illus. 218 pages. Astragal. Paperbound. Pub. at \$19.95 **\$4.95**



9120599 LEGO HEROES: LEGO Builders Changing Our World—One Brick at a Time. By Graham E. Hancock. Meet 12 visionary builders from around the globe who have turned LEGO play into life-altering innovations through immense curiosity, creativity, passion, and a handful of LEGO bricks. Fully illus. in color. 112 pages. Chronicle. Pub. at \$18.95 **\$5.95**



1942093 STRENGTH OF MATERIALS, PART 1 & 2. By S. Timoshenko. Reprint of the classic text on strength of materials, from the "father of modern engineering mechanics." Part One covers the fundamentals as taught in an undergraduate course, while Part Two contains more advanced theory. 1956 revised edition. 1,014 pages in two volumes. Illus. Krieger. **SOLD OUT**



9071822 MACHINES: A Visual History. By Dominic Chinea. Filled with stunning illustrations and lively engaging text, the author guides readers through this celebration of history and uses of 100 machines that allows us to get under the hood of inventions that have defined modern life as we know it. 240 pages. Dorling Kindersley. 8 1/2 x 10 1/4. Pub. at \$35.00 **\$26.95**

7973357 THE FIRST OF EVERYTHING: A Celebration of Human Invention. By Stewart Ross. Illus. 280 pages. Michael O'Mara. Paperbound. **\$6.95**

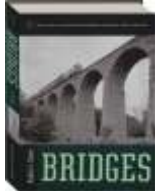
783361X THE ENGINEERING REVOLUTION: How the Modern World Was Changed by Technology. By Angus Buchanan. Fully illus. most in color. 229 pages. Pen & Sword. Pub. at \$39.95 **\$7.95**

7810482 AT THE BASE OF THE GIANT'S THROAT: The Past and Future of America's Great Dams. By Anthony R. Palumbi. 312 pages. Potomac Books. Pub. at \$34.95 **PRICE CUT to \$7.95**

Engineering & Architecture



9129065 STRUCTURES: Or Why Things Don't Fall Down. By J.E. Gordon. Gordon strips engineering of its confusing technical terms, communicating its founding principles in accessible, witty prose. For anyone who has wondered why suspension bridges don't collapse under eight lanes of traffic, how dams hold back thousands of gallons of water, and more. Well illus. 395 pages. Hachette. Paperbound. Pub. at \$19.99 **\$5.95**



7862814 BRIDGES: Norton/Library of Congress Visual Sourcebooks in Architecture, Design & Engineering. By Richard L. Cleary. Ordinary or spellbinding, every bridge is a response to a problem—the spanning of a river or other obstacle, solved more or less elegantly. This visual sourcebook is an account of American bridge design, from familiar monuments to modest eloquent statements of problems solved. Includes a CD with TIFF files of all the illustrations. Well illus. 383 pages. Norton. 8 1/2 x 11 1/4. Pub. at \$75.00 **\$9.95**



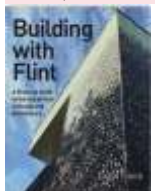
8995826 BRIDGES: The Spans of North America. By David Plowden. Explores in depth how, when, where, and by whom the most important North American bridges were built. Divided by material—stone and brick, wood, iron, steel, and concrete—it examines a wide range of these architecturally and aesthetically pleasing structures. Well illus. 339 pages. Norton. 12 x 10 1/2. Pub. at \$75.00 **\$19.95**



1931075 CATHEDRALS: Masterpieces of Architecture, Feats of Engineering, Icons of Faith. By Simon Jenkins. Historian Jenkins explores the history of Europe via its cathedrals. Beautifully illustrated with color photographs throughout, this joyous exploration of the history of Western civilization showcases the cathedral's central role in the European imagination. 328 pages. Rizzoli. Pub. at \$39.95 **\$29.95**



7944322 BRIDGES: A History of the World's Most Spectacular Spans. By Judith Dupre. Breathtaking photographs capture the bridges' details as well as their monumental scale; architectural drawings and plans invite you behind the scenes as new bridges take shape; and lively commentary on each explores its importance and historic context. Features profiles on amazing new spans as well as landmarks around the world. 166 pages. Black Dog & Leventhal. 9 1/2 x 18 1/4. Pub. at \$29.99 **\$OLD OUT**



8996466 BUILDING WITH FLINT: A Practical Guide to the Use of Flint in Design and Architecture. By David Smith. Not only a comprehensive exploration of the history of flint and its traditional uses, properties and applications, but also an invaluable practical guide for practitioners currently working in the professions of construction, architecture and design. Fully illus. in color. 160 pages. Crowood. 7 1/2 x 9 3/4. Paperbound. Pub. at \$35.99 **PRICE CUT to \$21.95**

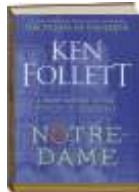
7979568 SUPERTALL: How the World's Tallest Buildings Are Reshaping Our Cities and Our Lives. By Stefan Al. Illus. 296 pages. Norton. Paperbound. Pub. at \$17.95 **PRICE CUT to \$7.95**

7818238 HOW TO BUILD A SKYSCRAPER. By John Hill. Well illus. in color. 192 pages. Firefly. 5 1/4 x 10 3/4. Paperbound. Pub. at \$24.95 **PRICE CUT to \$14.95**

Architecture



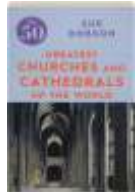
9103708 AMERICAN HOTEL: The Waldorf-Astoria and the Making of a Century. By David Freeland. Alongside famous guests, readers will meet the lesser-known men and women who made the Waldorf a leader in the hotel industry and a key setting for international events. Chronicles how institutions such as the Waldorf-Astoria played an essential role in New York's growth as a world capital. Photos. 352 pages. Rutgers. Pub. at \$35.95 **SOLD OUT**



8992231 NOTRE-DAME: A Short History of the Meaning of Cathedrals. By Ken Follett. The author describes the emotions that gripped him when he learned about the fire that threatened to destroy one of the greatest cathedrals in the world—the Notre-Dame de Paris. Follett then tells the story of the cathedral and he reveals the influence that the Notre-Dame had on cathedrals around the world. Illus. some color. 62 pages. Viking. 5 1/4 x 7 1/2. Pub. at \$17.00 **\$5.95**



9078703 ONE WORLD TRADE CENTER: Biography of the Building. By Judith Dupre. A behind the scenes story of the most extraordinary building in the world, which delivers new insight into the 1,776-foot-tall engineering marvel, from design and excavation through the final placement of its spire. A celebration of American resilience and ingenuity for all who are invested in the rebuilding of Ground Zero. Color photos. 284 pages. Little, Brown. 9 1/4 x 13 1/4. Pub. at \$35.00 **\$9.95**



7973128 THE 50 GREATEST CHURCHES AND CATHEDRALS OF THE WORLD. By Sue Dobson. The great cathedrals are among the most iconic sites of the world's towns and cities and no less important and equally loved are the parish churches with their quirky architecture. Dobson takes you on a tour of some of the most beautiful churches and cathedrals and offers fascinating details and histories of each. Photos. 256 pages. Icon. 5 x 7 1/4. Paperbound. Pub. at \$14.95 **\$6.95**



9095799 NEW ARCHITECTURE LOS ANGELES. By Mike Kelley. This exhilarating and richly illustrated guide to Los Angeles's most exciting new buildings establishes the city as a mecca for forward-thinking and environmentally conscious architecture. 221 pages. Prestel. 9 1/4 x 11 1/4. Pub. at \$45.00 **\$11.95**



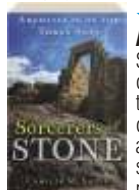
9038701 THE SEVENTY WONDERS OF THE ANCIENT WORLD. Ed. by Chris Scarre. Examines antiquity's most spectacular feats of engineering and celebrates the achievements of the builders who worked without the aid of modern technology. This is a testament to the skill of the ancient architects and engineers who continue to impress generations down the ages. Color photos. 336 pages. Thames & Hudson. 5 x 7 1/4. Paperbound. Pub. at \$16.95 **\$12.95**



798023X ONCE UPON A PLAYGROUND: A Celebration of Classic American Playgrounds, 1920-1975. By Brenda Biondo. A visual tribute to these iconic structures, celebrating their place in our culture and the collective memories of generations. Will transport you back in time and remind you of just how important play can really be. Fully illus. most in color. 158 pages. ForeEdge. 8 1/2 x 11 1/4. Pub. at \$29.95 **\$6.95**



9012869 LUXURY AND MODERNISM: Architecture and the Object in Germany 1900-1933. By Robin Schuldenfrei. A new interpretation of modern architecture and design in Germany during the heyday of the Bauhaus and the Werkbund, tracing Modernism's lasting allure to its many manifestations of luxury. Fully illus. some in color. 318 pages. Princeton. 7 1/4 x 10 1/4. Pub. at \$71.00 **\$16.95**



8489637 SORCERERS OF STONE: Architects of the Three Ages. By Camille M. Sauve. Examining sacred sites in Peru and their counterparts around the world, Sauve shows how these sites share specific architectural characteristics and reveal evidence of a very ancient culture that once existed worldwide. She shows that Peru may hold the secret to remembering our forgotten prehistory. Well illus. some in color. 276 pages. Bear & Company. Paperbound. Pub. at \$26.00 **\$15.95**



9071032 NAZI PROPAGANDA THROUGH ART AND ARCHITECTURE: Creating the Myth of Hitler's Third Reich. By Norman Ridley. Ridley explores how Hitler's artistic and architectural vision for Germany led to the monumental structures which we now associate with the Third Reich. Photos. 186 pages. Frontline. Pub. at \$36.95 **\$27.95**



8896755 BUILDING WITH EARTH: Timeless Technique for Modern Architecture. Ed. by Anna Minguet. Architects present their projects through plans and photographs, allowing readers to explore how they have used rammed earth construction to create aesthetically pleasing, sustainable structures that seamlessly integrate into the natural landscape. Fully illus. most in color. 141 pages. Monsa. 7 x 9 1/4. Pub. at \$30.95 **\$24.95**



9012745 INESSENTIAL COLORS: Architecture on Paper in Early Modern Europe. By Basile Baudez. Traces the use of color in European architectural drawings and prints, revealing how this phenomenon reflected the professional anxieties of an emerging professional practice that was simultaneously art and science. Fully illus. most in color. 278 pages. Princeton. 9 1/4 x 11 1/4. Pub. at \$68.00 **\$17.95**



8890285 PALAZZO VECCHIO. By Massimo Listri. Portrays the architecture of the historic Florentine palace immortalized by the photographer Listri. The first complete and organic photographic documentation of the building, updated in the wake of recent restoration and re-functionalization, the sequence of images runs page after page through the exterior and the interior of the palace. 254 pages. Forma. 9 1/4 x 13 1/4. Pub. at \$83.00 **\$64.95**



9016457 BOWLARAMA: The Architecture of Mid-Century Bowling. By Chris Nichols with A. Biondo. Step back in time to mid-century America. Every architect worth his drafting board took a run at creating a bowling center, dreaming up space age designs that beckoned the new suburbanites in their new neighborhoods. Fully illus. some in color. 208 pages. Angel City. Pub. at \$40.00 **\$29.95**



1534106 ARCHITECTURE OF THE PANAMA CANAL ZONE: Civic and Residential Structures & Townsites. By Edith Crouch. Through over 1,000 images and detailed text, the civic and residential architectural structures, spanning the early decades of the 1900s through the 1960s that defined America's presence in the Panama Canal Zone are examined. 448 pages. Schiffer. 12 x 9 1/4. Pub. at \$125.00 **\$49.95**



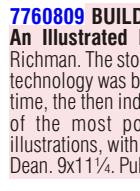
5870887 CRUSADER CASTLE: The Desert Fortress of Kerak. By Michael S. Fulton. The ultimate history and guide to Kerak, one of the greatest crusader castles, tracing the architectural history of the castle over the course of 800 years. These mighty structures offer insights into the lives of those who built and occupied them, and the role they played in the region's deep history of conflict. 16 pages of color photos. 241 pages. Pen & Sword. Pub. at \$42.95 **\$32.95**



7853874 VENICE AND THE DOGES: Six Hundred Years of Architecture, Monuments, and Sculpture. By Toto Bergamo Rossi. A feast for the eyes and an entertaining, erudite read, this volume opens with an illustrated survey of the 120 doges who led the Venetian Republic before continuing with a detailed survey of the incredible array of sculptures and monuments that memorialize them. 358 pages. Rizzoli. 9 1/4 x 12 1/2. Pub. at \$135.00 **\$104.95**



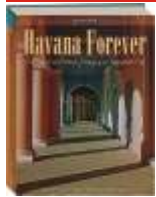
9100377 DIRIYAH FACE TO FACE. By Bobby Sager. Sager has brought his eye for detail and search for common humanity to the city of Diriyah. He allows the reader to connect with the community that once inhabited this 300-year-old mud city in the middle of Saudi Arabia, which became the capital of the first Saudi State. Fully illus. in color. 285 pages. Rizzoli. 11 1/4 x 15. Pub. at \$150.00 **\$59.95**



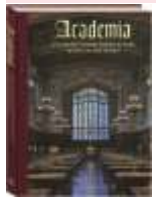
7760809 BUILDING THE BROOKLYN BRIDGE 1869-1883: An Illustrated History with Images in 3D. By Jeffrey I. Richman. The story of how a structure of unprecedented size and technology was built over the East River, connecting, for the first time, the then independent cities of Brooklyn and New York, two of the most populous cities in America. Includes 253 illustrations, with 42 in 3D and 3D glasses. 310 pages. Bauer & Dean. 9 x 11 1/4. Pub. at \$55.00 **PRICE CUT to \$14.95**



Architecture



7996616 HAVANA FOREVER, SECOND EDITION: A Pictorial and Cultural History of an Unforgettable City. By Kenneth Treister et al. The reader experiences a clear realization of the creative, imaginative, and surreal aspects of Havana's architecture as well as the unmistakable flavor of the city's energy, which has made its own intangible and incredible mark on the buildings and urban layout one of the world's truly great cities. Fully illus. most in color. 314 pages. Schiffer. 8 1/2 x 11 1/4. Pub. at \$60.00 **PRICE CUT to \$19.95**



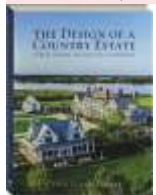
★7951337 ACADEMIA: Collegiate Gothic Architecture in the United States. By William Morgan. Provides the ultimate campus tour of Collegiate Gothic architecture across the U.S., from Princeton and Yale to Duke and the University of Chicago. Tells the story of how the Gothic style of Oxford and Cambridge was adapted and transformed in the U.S., to lend an air of history to the country's relatively young college and prep school campuses. Fully illus. in color. 200 pages. Abbeville. 9 1/4 x 12 1/4. Pub. at \$49.95 **PRICE CUT to \$34.95**



★9020756 TALIESIN WEST: At Home with Frank Lloyd Wright. By Nora Burba Trulsson, photos by A. Pielage. Wright's winter home and desert laboratory is a National Historic Landmark and has been named a UNESCO World Heritage Site. This volume celebrates that recognition and offers a new look at this world treasure. Fully illus. most in color. 168 pages. Rizzoli. 10 1/4 x 10 1/4. Pub. at \$45.00 **PRICE CUT to \$27.95**



★6080545 WOODEN CHURCHES IN EASTERN EUROPE. By Siegfried von Quast. Their aesthetic appeal includes the surface-weathered material, deformed structures, color improvisations, recently ornamented sheet metal, inside wall paintings, altar and iconostasis furnishings derived from Renaissance and Baroque periods, but above all their location in the village surrounded by old trees, enclosures and graves without cemetery order. Fully illus. in color. 79 pages. Edition Axel Menges. 9 3/4 x 12. Pub. at \$42.00 **PRICE CUT to \$21.95**



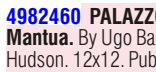
★9017089 THE DESIGN OF A COUNTRY ESTATE: Purple Cherry Architects & Interiors. By Cathy Purple Cherry. Driven by a passion for art and architectural design, Cathy Purple Cherry shares the story of a fabulous, newly built, coastal country estate. She also offers practical guidance on topics that are relevant to designing any home, no matter the scale of the project. Color photos. 224 pages. Gibbs Smith. 9 1/4 x 12 1/4. Pub. at \$50.00 **PRICE CUT to \$34.95**



★7931409 BAGATELLE: A Princely Residence in Paris. By Nicolas Cattelain. Spared by the Revolution, Bagatelle became the setting for many important moments in European history and was acquired by the city of Paris in 1905. Recounts the fabulous history and its various owners with new photography, unpublished archive documents, and insightful text. 280 pages. Flammarion. 9 3/4 x 12 1/2. Pub. at \$85.00 **PRICE CUT to \$59.95**



7894120 LIGHTHOUSE: An Illuminating History of the World's Coastal Sentinels. By R.G. Grant. Well illus., some in color. 160 pages. Black Dog & Leventhal. 7 3/4 x 12. Pub. at \$27.99 **\$5.95**



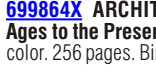
4982460 PALAZZO TE: Giulio Romano's Masterwork in Mantua. By Ugo Bazzotti. 255 color illus. 276 pages. Thames & Hudson. 12 x 12. Pub. at \$95.00 **PRICE CUT to \$14.95**



8897417 ARCHITECTURE AT THE END OF THE EARTH: Photographing the Russian North. By William Craft Brumfield. Color photos. 245 pages. Duke. 9 1/4 x 11 1/4. Pub. at \$29.95 **SOLD OUT**



4781732 THE DAKOTA: A History of the World's Best-Known Apartment Building. By Andrew Alpern with C.S. Gray. 193 pages. Princeton Architectural. 8 1/4 x 11 1/4. Pub. at \$55.00 **SOLD OUT**



699864X ARCHITECTURE-DRAWN: From the Middle Ages to the Present. By Klaus Jan Philipp. Fully illus. some in color. 256 pages. Birkhauser. 9 3/4 x 13. **\$19.95**

★8881758 TREE HOUSES: Escape to the Canopy. By Peter Eising. 256 pages. Images Publishing Group. 8 1/2 x 11 1/4. Pub. at \$25.00 **\$19.95**

9024131 ARCHIDOODLE CITY: An Architect's Activity Book. By Steve Bowtell. Fully illus. Laurence King. 9 1/2 x 9 1/2. Paperbound. Pub. at \$19.99 **PRICE CUT to \$3.95**

★8489114 ANCIENT ROME IN FIFTY MONUMENTS. By Paul Roberts. Fully illus. most in color. 256 pages. Thames & Hudson. Pub. at \$39.95 **SOLD OUT**

★8875529 CHICAGO SKYSCRAPERS, 1934-1986: How Technology, Politics, Finance, & Race Reshaped the City. By Thomas Leslie. Well illus. some in color. 330 pages. UIIP. 8 1/2 x 11 1/4. Pub. at \$44.95 **PRICE CUT to \$24.95**

★1041886 CHINESE BRIDGES: Living Architecture from China's Past. By Ronald G. Knapp, photos by A.C. Ong. Fully illus. in color. 272 pages. Tuttle. 9 x 11 1/4. Paperbound. Pub. at \$16.95 **PRICE CUT to \$11.95**

8042675 LONDON: The Book That Transforms into a Cityscape. By Sandra Lawrence. Fully illus. in color. 110 pages. Andre Deutsch. 6 x 8 1/2. **PRICE CUT to \$5.95**

7998082 VERTICAL: The City from Satellites to Bunkers. By Stephen Graham. Photos. 402 pages. Verso. Paperbound. Pub. at \$19.95 **PRICE CUT to \$4.95**

★334407X NATURAL BUILDING TECHNIQUES. By Tom Woolley. Well illus. in color. 160 pages. Crowood. 7 1/2 x 9 1/4. Paperbound. Pub. at \$29.99 **PRICE CUT to \$14.95**

7962932 HAVANA REVISITED: An Architectural Heritage. By Cathryn Griffith. Fully illus. in color. 240 pages. Norton. 10 1/4 x 10 1/4. Pub. at \$49.95 **PRICE CUT to \$11.95**

★7824033 NEWPORT COTTAGES 1835-1890: The Summer Villas Before the Vanderbilt Era. By Michael C. Kathrens. 386 pages. Bauer & Dean. 9 1/4 x 12 1/4. Pub. at \$75.00 **\$57.95**

★23 AT HOME WITH ROYALTY: Europe's Historic Castle Hotels. text by K. Holupirek & L. Joppien. Fully illus. in color. 264 pages. Schiffer. 9 1/4 x 11. Pub. at \$60.00 **SOLD OUT**

★7722095 MONUMENTAL. 352 pages. Schiffer. 11 1/2 x 11 1/2. Pub. at \$75.00 **SOLD OUT**

★7925832 ISLAMIC ARCHITECTURE: A World History. By Eric Broug. Fully illus. in color. 336 pages. Thames & Hudson. 9 3/4 x 12 1/4. Pub. at \$75.00 **PRICE CUT to \$29.95**

Architectural Surveys



8991774 PRINCETON UNIVERSITY AND NEIGHBORING INSTITUTIONS, SECOND EDITION: The Campus Guide. By Robert Spencer Barnett. Organized as a collection of walks through which the Princeton campus and neighboring institutions can be experienced, this guide is a convenient tool for visiting the campus and experiencing the architecture in its ideal setting. Well illus. in color. 351 pages. Princeton Architectural. 6 1/2 x 10. Paperbound. Pub. at \$34.95 **\$5.95**



6065457 THE IMPERIAL MUSEUMS OF MEIJI JAPAN: Architecture and the Art of the Nation. By Alice Y. Tseng. A study of the art, history, and architecture of Japan's Imperial Museums, the predecessors of today's national museums in Tokyo, Kyoto, and Nara. Tseng examines the museums' formative period and highlights cross-cultural influences that enriched and complicated Japan's search for a modern yet historically grounded identity. Illus. in color. 285 pages. UWaP. 7 1/4 x 10 1/4. Pub. at \$60.00 **\$7.95**



7963076 PALACES FOR PIGS. By Lucinda Lambton. Architecture for animals has been, and still continues to be, a tremendous British tradition, as this fully illustrated volume with striking images, complemented with engaging text shows. Lambton celebrates this tradition, telling the fascinating stories behind the buildings that housed animals and the monuments that commemorated them in death. Fully illus. in color. 256 pages. English Heritage. 7 1/4 x 10. Pub. at \$50.00 **\$6.95**



7984073 THE STONEMASON: A History of Building Britain. By Andrew Ziminski. In his thirty year career Ziminski has worked on many great monuments. From Neolithic monoliths to Roman baths and temples, from the tower of Salisbury Cathedral to the engine houses, mills and aqueducts of the Industrial Revolution and beyond, this is his personal history of how Britain was built, from the inside out. 316 pages. John Murray. 5 x 7 1/2. Paperbound. **\$6.95**



9104259 SHINGLE STYLE HOUSES: Past and Present. By Ashley Rooney et al. Surveys a glorious array of homes, old and new, that are representative of the 19th-century style popularized by wealthy families for their country homes. Such estates as Naumkeag and Stonehurst are featured, as well as numerous other period and modern homes, in a wealth of exterior and interior photographs. 256 pages. Schiffer. 8 1/2 x 11 1/4. Pub. at \$39.95 **\$15.95**



★9123822 FROM BAUHAUS TO OUR HOUSE. By Tom Wolfe. In this examination of the strange saga of 20th-century architecture, Wolfe takes such European architects as Ludwig Mies van der Rohe, Le Corbusier, and Bauhaus art school founder Walter Gropius to task for their glass-and-steel-box buildings that have influenced (and infected) America's cities. Well illus. Picador. 5 1/2 x 8 1/4. Paperbound. Pub. at \$17.00 **\$12.95**



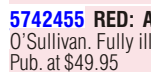
6998704 DOMES, ARCHES AND MINARETS: A History of Islamic-Inspired Buildings in America. By Phil Pasquini. Traces the over 200 year history and development of Islamic-inspired architecture in America from the earliest Spanish-Moorish building constructed in the 1700s to the more contemporary buildings of the 21st century. Fully illus. in color. 255 pages. Flypaper. 12 x 9. Paperbound. Pub. at \$45.00 **\$7.95**



6081908 SHIVA'S WATERFRONT TEMPLES: Architects and Their Audiences in Medieval India. By Subhashini Kaligotla. Reconstructs how architects and builders approached the sites, including their use of ornamentation, responsiveness to courtly values such as pleasure and play, and the ingenious juxtaposition of the first millennium's Nagara and Dravida aesthetics. Fully illus. in color. 288 pages. Yale. 8 1/2 x 10 1/4. Pub. at \$75.00 **PRICE CUT to \$19.95**

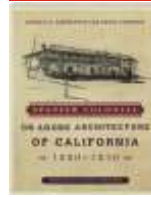


6998887 WHAT MOVES US? Le Corbusier and Asger Jorn in Art and Architecture. Ed. by Ruth Baumeister. Fully illus. some in color. 210 pages. Scheidegger & Spiess. 8 1/2 x 11 1/4. Pub. at \$49.00 **PRICE CUT to \$12.95**



5742455 RED: Architecture in Monochrome. Ed. by Eve O'Sullivan. Fully illus. in color. 222 pages. Phaidon. 10 1/4 x 11 1/2. Pub. at \$49.95 **PRICE CUT to \$14.95**

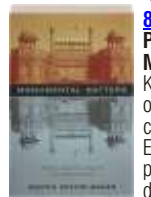
Regional Architectural Styles



9039317 SPANISH COLONIAL OR ADOBE ARCHITECTURE OF CALIFORNIA, 1800-1850. By D.R. Hannaford & R. Edwards. In California, authentic Spanish colonial houses were built with local materials, with construction and ornamentation traditional to settlers from both Spain and New England. This study gives architects, home builders, and historians a chance to view photos, sketches, and measured drawings of interior and exterior details. 110 pages. Taylor. 8 1/2 x 11. Paperbound. Pub. at \$24.95 **\$4.95**



9113398 ARCHITECTURE IN THE SOUTH PACIFIC: The Ocean of Islands. By J. Taylor & J. Conner. Recounts an important development in the making of the contemporary South Pacific—that of the new and diverse architecture, together with regional buildings of note, both historical and contemporary. Presented in full color, this volume will appeal to anyone interested in discovering the islands of the South Pacific. 356 pages. UIIP. 11 x 10. Pub. at \$50.00 **\$14.95**



8898030 MONUMENTAL MATTERS: The Power, Subjectivity, and Space of India's Mughal Architecture. By Santhi Kavuri-Bauer. Focuses on the prominent role of Mughal architecture in the construction and contestation of the Indian national landscape. Examining the representation and eventual preservation of the monuments, from their disrepair in the colonial past to their present status as protected heritage sites. Illus. 216 pages. Duke. 6 x 9 1/4. Paperbound. Pub. at \$26.95 **\$6.95**

Regional Architectural Styles

699783X TRADITIONAL CHINESE ARCHITECTURE: Twelve Essays. By Fu Xinian. Gathers together, for the first time in English, 12 seminal essays by Fu Xinian. This wide-ranging volume pays special attention to the technical aspects of the building tradition since the first millennium BC, and Xinian's signature drawings abundantly illustrate its nuances. 390 pages. Princeton. 7 1/4 x 9 3/4. Pub. at \$55.00 **PRICE CUT to \$19.95**

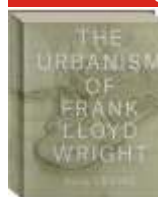


★9016104 THE IRISH COUNTRY HOUSE: A New Vision. By Robert O'Byrne, photos by L. White. Guides readers through 15 exceptional spaces, elucidating the remarkable aspects of each—and in doing so celebrates the unexpected eclecticism and reinvigorated spirit of Ireland's historic interiors. Color photos. 272 pages. Rizzoli. 9 1/4 x 12 1/4. Pub. at \$65.00 **SOLD OUT**

★88689X KOMINKA: The Beauty and Wisdom of Japanese Traditional Folk Houses. By Kazuo Hasegawa. Well illus., in color. 411 pages. Museum. Pub. at \$28.95 **\$23.95**

★117360X IRANIAN ARCHITECTURE: A Visual History. By Sohrab Sardashti. Fully illus. most in color. 400 pages. ACC. 10 1/4 x 10 1/2. Pub. at \$80.00 **\$64.95**

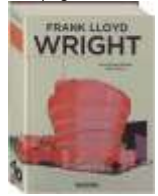
Monographs on Architects



8063265 THE URBANISM OF FRANK LLOYD WRIGHT. By Neil Levine. The landmark book on Frank Lloyd Wright's designs for remaking the modern city. Presents a radically new interpretation of the architect's work and offers new perspectives on the history of modernism. Lavishly illustrated with drawings, plans, maps, and photographs, Levine places Wright's projects within their historical, cultural, and physical contexts. 446 pages. Princeton. 9 1/2 x 11 1/4. Pub. at \$65.00 **\$14.95**



8887365 EXPERIENCING OLMSTED: The Enduring Legacy of Frederick Law Olmsted's North American Landscapes. By Charles A. Birnbaum et al. Olmsted, Sr. is heralded as the father of American landscape architecture. His firm, and the successor firms that sprung from it, worked through the 19th and 20th centuries to shape some of our most beloved green spaces, including national, state, and city parks, and more. Photos, most in color. 342 pages. Timber. 8 1/2 x 10 1/4. Pub. at \$50.00 **\$14.95**



★9127178 FRANK LLOYD WRIGHT. By Bruce Brooks Pfeiffer. This meticulous compilation assembles the most important works from Wright's extensive, paradigm-shifting oeuvre into one authoritative overview of America's most famous architect. Fully illus., most in color. 512 pages. Taschen. 6 1/2 x 8 3/4. **\$25.95**



7894260 RICHARD NEUTRA: The Story of the Berlin Houses 1920-1924. Harriet Roth. The houses in Zehlendorf represent a fascinating phase in Neutra's work. With their complex color schemes and extravagant interior design, they reveal themselves to be more than just an experimental and radically innovative design. These lesser-known aspects hit at elements that will be taken up again in future projects. Fully illus. most in color. 301 pages. Hatje Cantz. 9 x 10 3/4. Pub. at \$75.00 **\$21.95**



★9075585 MATERIALIZED SPACE: The Architecture of Paul Rudolph. By Abraham Thomas. A reassessment of the career of architect Paul Rudolph, from his modernist Florida houses to his controversial brutalist buildings and later international projects. Fully illus. some in color. 127 pages. MMA. 8 1/4 x 10 1/2. Paperbound. Pub. at \$30.00 **\$21.95**

8991715 JOCK PETERS, ARCHITECTURE AND DESIGN: The Varieties of Modernism. By Christopher Long. Examines Peter's work in Germany: in Hamburg before World War I, including his design for the Levantehaus; in Berlin while at the office of Peter Behrens; and later, after the war, his brick Expressionist projects for Fritz Hoyer. Fully illus. 304 pages. Bauer & Dean. 8 1/2 x 10 1/2. Pub. at \$65.00 **PRICE CUT to \$5.95**



6997899 WRIGHT ON EXHIBIT: Frank Lloyd Wright's Architectural Exhibitions. By Kathryn Smith. Shows how Wright was an artist-architect projecting an avant-garde program, an innovator who expanded the palette of installation design as technology evolved, and a social activist driven to revolutionize society through design. Fully illus. some in color. 279 pages. Princeton. 9 3/4 x 10 1/4. Pub. at \$63.00 **PRICE CUT to \$17.95**

★1567969 THE BOOTLEG HOMES OF FRANK LLOYD WRIGHT: His Clandestine Work Revealed. By Robert J. Hartnett. Illus. 124 pages. History Press. 6 x 9. Paperbound. Pub. at \$23.99 **SOLD OUT**

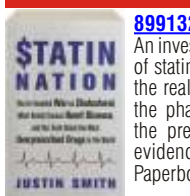
7869894 FRANK LLOYD WRIGHT AND SAN FRANCISCO. By Paul V. Turner. Well illus., many in color. 216 pages. Yale. 9 1/2 x 10 1/4. Pub. at \$65.00 **\$14.95**

8996288 RICHARD RIEMERSCHMID'S EXTRAORDINARY LIVING THINGS. By Frejya Hartzell. Well illus. most in color. 401 pages. MIT Press. 7 1/4 x 9 1/4. Pub. at \$39.95 **PRICE CUT to \$7.95**

★7850905 HELL ON COLOR, SWEET ON SONG: Jacob Wrey Mould and the Artful Beauty of Central Park. By Francis R. Kowsky with L. Gordon. Well illus. some in color. 238 pages. Empire State Editions. Pub. at \$39.95 **PRICE CUT to \$14.95**

★7935234 FRANK LLOYD WRIGHT & RALPH WALDO EMERSON: Transforming the American Mind. By Ayad Rahmani. Photos. 324 pages. LaSOP. 6 1/2 x 9 1/2. Pub. at \$49.95 **PRICE CUT to \$19.95**

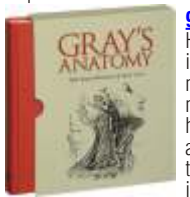
Medical Science



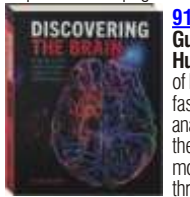
8991324 STATIN NATION. By Justin Smith. An investigation into the mass overprescription of statin drugs and a complete reevaluation of the real causes of heart disease and examines the pharmaceutical industry's influence over the prescription of these drugs despite the evidence. Illus. 210 pages. Chelsea Green. Paperbound. Pub. at \$19.95 **\$5.95**



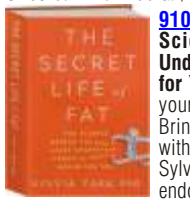
9131035 CATALOG OF TERATOGENIC AGENTS, THIRTEENTH EDITION. By Thomas H. Shepard. This extensive reference offers information on more than 3,200 teratogenic agents, including pharmaceuticals, chemicals, environmental pollutants, food additives, household products, viruses, genes, and maternal conditions. 576 pages. Johns Hopkins. 8 1/2 x 11 1/4. Pub. at \$270.00 **\$7.95**



9079513 GRAY'S ANATOMY. By Henry Gray. Written in the 1850s when its author was a young doctor, it was the most comprehensive and accessible medical textbook of all time. This handsome edition comprises an abridged version of the classic 1860 text, and the masterly wood block illustrations of the original volume. Slipcased. 374 pages. Arcturus. Pub. at \$24.95 **\$5.95**



910061X DISCOVERING THE BRAIN: A Guide to the Most Complex Organ of the Human Body. By Frank Amthor. Explore one of biology's most remarkable creations in this fascinating guide including the brain's anatomy, functions, processes and uncover the mysteries that are being revealed by modern neuroscience. Beautifully illustrated throughout with stunning photographs and a range of diagrams and infographics to aid understanding. 192 pages. Sirius. 9 1/4 x 11 1/4. Pub. at \$19.99 **\$5.95**

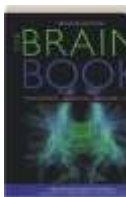


9101454 THE SECRET LIFE OF FAT: The Science Behind the Body's Least Understood Organ and What It Means for You. By Sylvia Tara. You may not love your fat, but your body certainly does. Bringing cutting-edge research together with historical perspectives, biochemist Sylvia Tara reveals fat's true identity: an endocrine organ that, in the right amount, is critical to our health. 235 pages. Norton. Pub. at \$26.95 **\$5.95**

9117571 PHYSICAL INTELLIGENCE: The Science of How the Body and the Mind Guide Each Other Through Life. By Scott Grafton. Gives us a clear, illuminating examination of the intricate, mutually responsive relationship between the mind and the body as they engage (or don't engage) in all manner of physical action. 263 pages. Pantheon. Pub. at \$26.95 **\$5.95**



9019553 CONTROL: The Dark History and Troubling Present of Eugenics. By Adam Rutherford. Rutherford explains why eugenics still figures prominently in the 21st century, despite its genocidal past. And he confronts insidious recurring questions—did eugenics work in Nazi Germany? And could it work today?—revealing the intellectual bankruptcy of the idea, and the scientific impossibility of its realization. 266 pages. Norton. Pub. at \$30.00 **\$6.95**



7797257 THE BRAIN BOOK, SECOND EDITION REVISED: Development, Function, Disorder, Health. By Ken Ashwell. This comprehensive reference explores diverse topics, from how we sense the world, memory processing, and the nature of consciousness, to diseases and disorders, the aging brain, and spinal injury repair. Hundreds of color images, including stunning 3-D illustrations revealing the intricate workings of the brain in detail. 352 pages. Firefly. Paperbound. Pub. at \$29.95 **\$7.95**



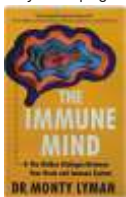
9081585 SILICOSIS: A World History. Ed. by Paul-Andre Rosenthal. Despite the common perception that "black lung" has been relegated to the dustbin of history, silicosis remains a crucial public health problem that threatens millions of people around the world, resulting in an epidemic in the making that spreads in a wide range of professions beyond coal mining. 279 pages. Johns Hopkins. Pub. at \$52.00 **\$5.95**



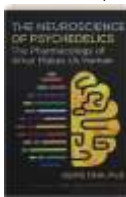
8882851 MALADY OF THE MIND: Schizophrenia and the Path to Prevention. By Jeffrey A. Lieberman. A must-read for fans of psychological histories and anyone whose life has been affected by schizophrenia, this revelatory work offers a scientific history and comprehensive clinical portrait—with crucial insights and hope for those afflicted. Tells the story of the past, present, and future of this historically dreaded, and often disabling illness. 516 pages. Scribner. Pub. at \$30.00 **\$4.95**



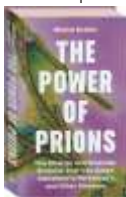
★783280X THE COMPLETE HUMAN BODY, 3RD EDITION: The Definitive Visual Guide. By Alice Roberts. Explore human anatomy in incredible detail and clarity through virtually life-size 3D illustrations and scans. Now including even more detail on surface anatomy and complex anatomical spaces, including the armpit and wrist. Discover how the body works, how it changes from infancy to old age, and what can go wrong and why. 536 pages. Dorling Kindersley. 10 x 12. **\$42.95**



★9017143 THE IMMUNE MIND: The Hidden Dialogue Between Your Brain and Immune System. By Monty Lyman. Explores the fascinating connection between the mind, immune system, and microbiome. Lyman argues that we need to change the way we treat disease and the way we see ourselves. For the first time, we have a new approach to medicine that treats the whole human being. 283 pages. Diversion. Paperbound. Pub. at \$18.99 **\$13.95**



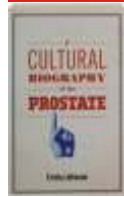
★9060723 THE NEUROSCIENCE OF PSYCHEDELICS: The Pharmacology of What Makes Us Human. By Genis Ona. Examines the main pharmacological properties of psychedelic substances and the physiological mechanisms behind visionary effects, including what is happening in the brain and how each psychedelic is processed by the body. Shares safe strategies for using psychedelics, including harm reduction. Well illus., some in color. 230 pages. Park Street. Paperbound. Pub. at \$24.99 **\$19.95**



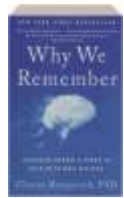
★9043950 THE POWER OF PRIONS: The Strange and Essential Proteins That Can Cause Alzheimer's, Parkinson's, and Other Diseases. By Michel Brahic. The remarkable family of proteins that can make us very ill, but can also be linked to long term memory, immunity, and the origin of life. In this engaging and accessible title, the author tells the story of these amazing and versatile proteins. 175 pages. Princeton. Pub. at \$24.95 **\$19.95**



Medical Science



1452940 A CULTURAL BIOGRAPHY OF THE PROSTATE. By Ericka Johnson. Investigates what we think the prostate is and what we use the prostate to think about, examining it in historical, cultural, social, and medical contexts. Illus. 239 pages. MIT Press. Paperbound. Pub. at \$27.95 **\$6.95**



***9127674 WHY WE REMEMBER: Unlocking Memory's Power to Hold on to What Matters.** By Charan Ranganath. Reveals the powerful role memory plays in nearly every aspect of our lives, from daily remembering tasks like recalling names and finding our keys to learning, decision-making, trauma, and healing. 291 pages. Vintage. Paperbound. Pub. at \$19.00 **\$13.95**



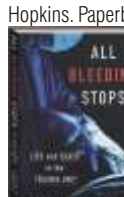
***9128271 SACRIFICE: How the Deadliest Vaccine in History Targeted the Most Vulnerable.** By J. Thorp & C. Farber. As one of the few doctors from the maternal-fetal medicine realm who publicly protested the Covid shots as directly deadly to unborn babies, Thorp witnessed the carnage on a daily basis firsthand, documented it, published papers, and spoke up on countless media platforms and in Senate hearings in Washington, DC. Illus. 185 pages. Skyhorse. Pub. at \$32.99 **\$24.95**



9126538 HOW TO MAKE A KILLING: Blood, Death and Dollars in American Medicine. By Tom Mueller. Reveals dialysis as a microcosm of American medicine and poses a challenge: find a way to fix dialysis, and we'll have a fighting chance of fixing our country's dysfunctional healthcare system as a whole, restoring patients, not profits, as its true purpose. 277 pages. Norton. Pub. at \$30.00 **\$6.95**



908147X MORE THAN HOT: A Short History of Fever. By Christopher Hamlin. Reviewing the representations of the condition from ancient times to the present, this is a history of the world through the lens of fever. This volume deals with the expression of fever, the efforts of medical scientists to classify it, and with fever's changing social, cultural, and political significance. Illus. 383 pages. Johns Hopkins. Paperbound. Pub. at \$27.00 **\$6.95**



***7976577 ALL BLEEDING STOPS: Life and Death in the Trauma Unit.** By Stephen M. Cohn. A gripping portrait of trauma surgeons and their place in the controlled chaos of a trauma center, as told by a 40-year veteran of trauma care. Cohn's answers and insights on high-profile medical stories alternate with sobering tales from his work as a military surgeon and in trauma centers across the country. 243 pages. Mayo Clinic. Pub. at \$26.99 **\$19.95**



9002553 TAKING CARE: The Story of Nursing and Its Power to Change Our World. By Sarah DiGregorio. Chronicles the lives of nurses past and tells the stories of those working today—scientists at the vital intersection of health care and community who are actively changing the world, sometimes invisibly. 283 pages. Harper. Pub. at \$32.00 **\$6.95**



***8996822 THE WORLD BEHIND THE WORLD: Consciousness, Free Will, and the Limits of Science.** By Erik Hoel. Delves into the quest for a theory of consciousness that will trigger a paradigm shift in neuroscience and beyond. 238 pages. Avid Reader. Paperbound. Pub. at \$18.99 **\$13.95**



***699668X THE FUTURE OF THE BRAIN.** Ed. by G. Marcus & J. Freeman. An unprecedented look at the quest to unravel the mysteries of the human brain that takes readers to the absolute frontiers of science. With original essays by leading researchers, this work sheds light on the breathtaking implications of brain science for medicine, psychiatry, and even human consciousness itself. Illus., in color. 284 pages. Princeton. Paperbound. Pub. at \$18.95 **\$14.95**



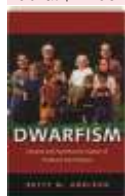
***9090185 PSYCHEDELICS AND MENTAL HEALTH: Neuroscience and the Power of Psychoactives in Therapy.** By Irene de Caso. Neuroscientist de Caso takes you on a journey through the brain, revealing how psychedelics and empathogens, if taken in a safe and therapeutic environment, can lead to positive and lasting changes. Illus. most in color. 304 pages. Park Street. Paperbound. Pub. at \$29.99 **\$23.95**



9068139 WE THE SCIENTISTS: How a Daring Team of Parents and Doctors Forged a New Path for Medicine. By Amy Dockser Marcus. Shows what happens when a community joins forces with doctors and researchers to try to save children's lives. Their extraordinary social experiment offers new ways of thinking about treating disease and conducting research—and about who gets to be a scientist. 222 pages. Riverhead. Pub. at \$28.00 **\$5.95**



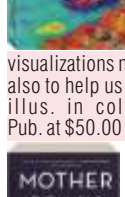
5416744 A HISTORY OF THE HUMAN BRAIN: From the Sea Sponge to CRISPR, How Our Brain Evolved. By Bret Stetka. Clearly and expertly told, Stetka takes us on a far-reaching journey, explaining exactly how our most mysterious organ developed. From the brain's improbable, watery beginnings to the marvel that sits in the head of *Homo sapiens* today, he covers an astonishing progression, even tackling future brainy frontiers such as epigenetics and CRISPR. Illus. 271 pages. Timber. Pub. at \$24.95 **SOLD OUT**



9045589 Dwarfism: Medical and Psychosocial Aspects of Profound Short Stature. By Betty M. Adelson. Traces the exciting developments in the field of dwarfism research and treatment over the past century, particularly during the past fifty years. Adelson has unearthed and synthesized the most significant information about dwarfing conditions, from articles written a century ago to current texts and specialized databases. Photos. 342 pages. Johns Hopkins. Paperbound. Pub. at \$40.00 **PRICE CUT to \$4.95**



9010556 ATLAS OF KNOWLEDGE: Anyone Can Map. By Katy Borner. In an age of information overload, the ability to make sense of vast amounts of data and to render insightful visualizations is as important as the ability to read and write. This guide explains the power of visualizations not only to help locate us in physical space, but also to help us understand the extent of our knowledge. Fully illus. in color. 211 pages. MIT Press. 13"x11 1/4". Pub. at \$50.00 **PRICE CUT to \$9.95**



9057277 MOTHER BRAIN: How Neuroscience Is Rewriting the Story of Parenthood. By Chelsea Conaboy. Exploring the concept of "maternal instinct," this work is a groundbreaking exploration of the parental brain that untangles insidious myths from complicated realities. Reveals unexpected upsides, generations of scientific neglect, and a powerful new narrative about what it means to become a parent. 348 pages. Holt. Paperbound. Pub. at \$19.99 **PRICE CUT to \$3.95**



***9020527 ANATOMY, PHYSIOLOGY, AND PATHOLOGY WORKBOOK, THIRD EDITION.** By Ruth Hull. Learn anatomy, physiology, and pathology of the human body with this fun and student-focused learning and coloring workbook—includes study tips and over 100 images. Solutions included. 336 pages. North Atlantic. Paperbound. Pub. at \$21.95 **PRICE CUT to \$14.95**



***901747X BRAIN POWER: Everything You Need to Know for a Healthy, Happy Brain.** By Catherine de Lange. Explaining the science behind why sleep, exercise, diet, and even socializing are essential to maintaining our grey matter, and packed full of practical tips to keep it in shape, this work is the essential guide to living better for longer. Illus. 256 pages. Michael O'Mara. Paperbound. Pub. at \$16.99 **PRICE CUT to \$11.95**



8063176 INNATE: How the Wiring of Our Brains Shapes Who We Are. By Kevin J. Mitchell. Illus. 293 pages. Princeton. Pub. at \$29.95 **\$6.95**

806329X ZERO TO BIRTH: How the Human Brain Is Built. By W.A. Harris. Illus. 253 pages. Princeton. Pub. at \$27.95 **\$5.95**

9011714 THE NEW SCIENCE OF CONSCIOUSNESS: Exploring the Complexity of Brain, Mind, and Self. By Paul L. Nunez. Well illus. 374 pages. Prometheus. Pub. at \$24.95 **SOLD OUT**

9001530 BLUEPRINT: How DNA Makes Us Who We Are. By Robert Plomin. 266 pages. MIT Press. Pub. at \$27.95 **\$6.95**

9070281 NINETEEN WAYS OF LOOKING AT CONSCIOUSNESS. By Patrick House. 257 pages. St. Martin's. Paperbound. Pub. at \$20.00 **\$6.95**

1041126 BREATHING LESSONS: A Doctor's Guide to Lung Health. By Meilan K. Han. 176 pages. Norton. Pub. at \$25.00 **\$6.95**

7906978 THE BRAIN: An Illustrated History of Neuroscience. By Tom Jackson. Fully illus. in color. 144 pages. Shelter Harbor. 9"x11". **PRICE CUT to \$3.95**

4990641 THE INVENTION OF TOMORROW: A Natural History of Foresight. By Thomas Suddendorf et al. Photos. 292 pages. Basic. Pub. at \$30.00 **\$7.95**

***8763046 RANDOM ACTS OF MEDICINE: The Hidden Forces That Sway Doctors, Impact Patients, and Shape Our Health.** By A.B. Jena & C. Worsham. Illus. 307 pages. Vintage. Paperbound. Pub. at \$18.00 **\$9.95**

6994385 THERE PLANT EYES: A Personal and Cultural History of Blindness. By M. Leona Godin. 331 pages. Pantheon. Pub. at \$28.00 **\$3.95**

5703492 THE CEILING OUTSIDE: The Science and Experience of the Disrupted Mind. By Noga Arikha. 294 pages. Basic. Pub. at \$29.00 **PRICE CUT to \$1.95**

8056439 OUR NECESSARY SHADOW: The Nature and Meaning of Psychiatry. By Tom Burns. 333 pages. Pegasus. Paperbound. Pub. at \$16.95 **PRICE CUT to \$1.95**

***7979339 FROM ONE CELL: A Journey into Life's Origins and the Future of Medicine.** By Ben Stanger. Illus. 356 pages. Norton. Pub. at \$30.00 **PRICE CUT to \$17.95**

***7889941 THE WORLD BEHIND THE WORLD: Consciousness, Free Will, and the Limits of Science.** By Erik Hoel. Illus. 238 pages. Avid Reader. Pub. at \$30.00 **PRICE CUT to \$9.95**

***1996312 SO SIMPLE A BEGINNING: How Four Physical Principles Shape Our Living World.** By Raghuvver Parthasarathy. 320 pages. Princeton. Paperbound. Pub. at \$22.95 **PRICE CUT to \$9.95**

***7782098 THE SPIKE: An Epic Journey Through the Brain in 2.1 Seconds.** By Mark Humphries. 219 pages. Princeton. Paperbound. Pub. at \$18.00 **SOLD OUT**

***7979231 DARK AND MAGICAL PLACES: The Neuroscience of Navigation.** By Christopher Kemp. 238 pages. Norton. Paperbound. Pub. at \$17.95 **PRICE CUT to \$7.95**

1041169 DARK AND MAGICAL PLACES: The Neuroscience of Navigation. By Christopher Kemp. 238 pages. Norton. Pub. at \$26.95 **SOLD OUT**

***7872690 ANATOMICA: The Exquisite & Unsettling Art of Human Anatomy.** Ed. by Joanna Ebenstein. 272 pages. Laurence King. 8 1/4"x10 1/2". Pub. at \$35.00 **PRICE CUT to \$11.95**

Business



9080112 THINK LIKE A CHAMPION: An Informal Education in Business and Life. By Donald Trump with M. McIver. Donald Trump shares his thoughts on life, personal and professional, in essays that reveal his winning strategies and lofty goals. 190 pages. Running Press. 2 3/4"x3 3/4". Pub. at \$6.95 **\$4.95**



7998090 THE LAUNDROMAT: Inside the Panama Papers, Illicit Money Networks, and the Global Elite. By Jake Bernstein. Explores political corruption and fraud on a global scale, showing how shell companies operate, how they allow the superwealthy and celebrities to escape taxes, and how they provide cover for illicit activities by crime bosses and corrupt politicians. Photos. 350 pages. Picador. Paperbound. Pub. at \$17.00 **\$6.95**



9081445 MARKETING MICHELIN: Advertising & Cultural Identity in Twentieth-Century France. By Stephen L. Harp. Explore a provocative history of the company and its innovative advertising campaigns between 1898, when Bibendum—the company's iconic "Michelin Man"—was first introduced, to 1940, when France fell to the Nazis and the company's top executive, Edouard Michelin, died. Illus. 356 pages. Johns Hopkins. Pub. at \$56.00 **\$6.95**

Business

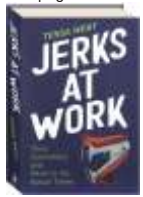


9070095 THE EVERYTHING WAR: Amazon's Ruthless Quest to Own the World and Remake Corporate Power. By Dana Mattioli. In 2023, the FTC filed a monopoly lawsuit against Amazon in what may become one of the largest antitrust cases in the 21st century. Explore how Amazon grew into one of the most powerful and feared companies in the world and why this lawsuit opens a window into the most consequential business story of our times. 391 pages. Little, Brown. Pub. at \$32.50

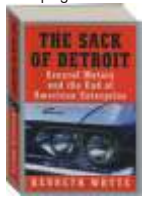


9122192 GLADIATORS, PIRATES AND GAMES OF TRUST: How Game Theory, Strategy and Probability Rule Our Lives. By Haim Shapira. Shapira shares humorous anecdotes and insightful examples to explain Game Theory, how it affects our daily lives, and how the different interactions between decision-makers can play out. 183 pages. Watkins. Paperbound. Pub. at \$14.95 **\$4.95**

572290X THE FALL: The End of Fox News and the Murdoch Dynasty. By Michael Wolff. Meet the Murdochs and the disastrously dysfunctional family of Fox News. Drawing on years of unprecedented access to the Murdoch family and key players in the world of Fox, this work plunges us behind the scenes of another empire of influence, and the result is astonishing and unforgettable. 298 pages. Holt. Pub. at \$29.99 **\$6.95**



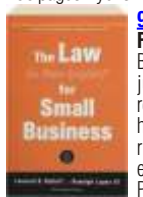
8184453 JERKS AT WORK: Toxic Coworkers and What to Do About Them. By Tessa West. The definitive guide to dealing with—and ultimately breaking free from—the difficult people who make work and life miserable. Exposing the inner workings and weak points to deliver an effective game plan for stopping each type before they take you down with them. 261 pages. Portfolio. Pub. at \$27.00 **\$5.95**



7905157 THE SACK OF DETROIT: General Motors and the End of American Enterprise. By Kenneth Whyte. Recounts the epic rise and unnecessary fall of America's most important industry. At the center of Whyte's absorbing narrative are the titans of the automotive world, and the crusaders for safety such as Ralph Nader and a group of senators led by Abraham Ribicoff and Robert Kennedy. Their collision contributed significantly to the decline of American enterprise. 418 pages. Knopf. Pub. at \$30.00 **\$7.95**



★7944969 475 TAX DEDUCTIONS FOR ALL SMALL BUSINESSES, HOME BUSINESSES, AND SELF-EMPLOYED INDIVIDUALS, FOURTEENTH EDITION. By Bernard B. Kamoroff. Are you paying more taxes than you have to? The IRS is not going to tell you about a deduction you failed to take, and your accountant is not likely to take the time to ask you about every deduction you're entitled to. It's up to you. The savings can be tremendous. 256 pages. Lyons. Paperbound. Pub. at \$22.95 **\$17.95**



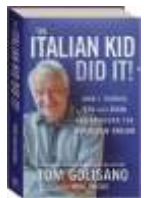
9025227 THE LAW (IN PLAIN ENGLISH) FOR SMALL BUSINESS, SIXTH EDITION. By L.D. DuBoff & R. Lopez III. Whether you are just about to open a small business, are reassessing an existing business, or simply have a few questions, this edition is the go to resource for small business owners and entrepreneurs. 295 pages. Allworth. Paperbound. Pub. at \$26.99 **\$7.95**



9090940 CREATIVE CAREERS: Making a Living with Your Ideas. By B. Jeffrey Madoff. Learn how to use your creativity; have a profitable career; and do what you love. Pulls from interviews with more than 40 experts—notable entrepreneurs, artists, and business leaders—as well as from Madoff's own decades of experience to supercharge your career. 281 pages. Hachette. Paperbound. Pub. at \$17.99 **\$5.95**



9072802 BREAKING TWITTER: Elon Musk and the Most Controversial Corporate Takeover in History. By Ben Mezrich. Mezrich pulls back the curtain on the most volatile, complex and bizarre corporate takeover in history—Elon Musk's acquisition and subsequent occupation of Twitter. Elon Musk didn't break Twitter. Twitter broke Elon Musk. 323 pages. Grand Central. Pub. at \$30.00 **\$5.95**



9117970 THE ITALIAN KID DID IT: How I Turned \$3K into \$44B and Achieved the American Dream. By Tom Golisano with M. Wicks. Here is the rare, no-nonsense advice you haven't heard—straight from Paychex founder and billionaire philanthropist Golisano—to overcome the most common (and some not so common) obstacles to live a successful life. Photos, some in color. 258 pages. HarperCollins. Pub. at \$27.99 **\$5.95**



9061991 FULFILLMENT: America in the Shadow of Amazon. By Alec MacGillis. An award winning journalist investigates Amazon's impact on the wealth and poverty of towns and cities across the United States. Explore the hidden human costs of the other inequality, not the growing gap between rich and poor, but the gap between the country's winning and losing regions. 390 pages. Picador. Paperbound. Pub. at \$18.00 **\$4.95**



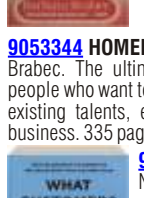
★9091599 THE ART OF CLEAR THINKING: A Stealth Fighter Pilot's Timeless Rules for Making Tough Decisions. By Hasard Lee. Lee reveals powerful decision-making principles that can be used in business and in life, including how to learn better and faster; cultivating mental toughness; developing skills to quickly assess, choose, and execute; and much more. 259 pages. St. Martin's. Paperbound. Pub. at \$20.00 **\$14.95**



909749X GRIT TO GREAT: How Perseverance, Passion, and Pluck Take You from Ordinary to Extraordinary. By L. Kaplan Thaler & R. Koval. Offers insights from the front lines of the impact of perseverance, pluck, and focused attention on getting ahead, whether you are an entry-level employee, a budding entrepreneur, or an aspiring C-suite executive. 158 pages. Currency. Pub. at \$19.95 **\$5.95**



9053441 MAKE IT PROFITABLE! By Barbara Brabec. Emphasizes how creative people are using computers and the Internet to save time, cut costs, and increase profits. Illus. 333 pages. M. Evans. Paperbound. Pub. at \$16.95 **\$4.95**



9053344 HOMEMADE MONEY: Starting Smart. By Barbara Brabec. The ultimate idea work and business generator for people who want to earn money from home. Explains how to turn existing talents, experience, and know-how into a profitable business. 335 pages. M. Evans. Pub. at \$24.95 **\$4.95**



9010653 WHAT CUSTOMERS HATE. By Nicholas J. Webb. Drive fast and scalable growth by eliminating the things that drive business away. Learn the benefits of shifting from a singular focus of making your customers happy to include eliminating what your customers hate. 218 pages. HarperCollins. Paperbound. Pub. at \$19.99 **\$5.95**



★9083693 THE ENTREPRENEUR'S GUIDE TO THE BOOK OF FIVE RINGS. By Dominic Hale. Shows exactly how we can use Musashi's axioms to achieve success in the modern world. Includes the full text with insightful commentary breaking down each section. Illus. 192 pages. Sirius. Pub. at \$12.99 **\$9.95**



★3844498 STARTING & RUNNING A FOOD TRUCK BUSINESS. By Alan Philips. Fully stocked with all the ingredients you need to join the food truck community, this no-nonsense guide sets you on a sure path from start to success with your mobile restaurant. 291 pages. Alpha. Paperbound. Pub. at \$19.99 **\$14.95**



9112332 DREAM FIRST, DETAILS LATER: How to Quit Overthinking & Make It Happen! By Ellen Marie Bennett with S. Tomlinson. Shares Bennett's journey and her forged-in-the-fire personal playbook for starting before you stop yourself. Squashing doubts and reservations about venturing outside your comfort zone. Saying screw it to the perfect plan and using creative problem-solving—and heart and guts—to conquer the mess as it comes, and more. Illus. in color. 231 pages. Portfolio. Pub. at \$27.00 **\$5.95**



9089225 TO PIXAR AND BEYOND: My Unlikely Journey with Steve Jobs to Make Entertainment History. By Lawrence Levy. This is the extraordinary story of how Steve Jobs and Levy concocted and pulled off a highly improbably plan that transformed Pixar into one of Hollywood's greatest successes. 257 pages. HarperBusiness. Paperbound. Pub. at \$18.99 **\$5.95**



9061681 AFTER STEVE: How Apple Became a Trillion-Dollar Company and Lost Its Soul. By Tripp Mickle. The epic tale of Apple's two princes, the imaginative designer Jony Ive and the practical chief executive Tim Cook, who stepped into the void after Steve Jobs' death and lifted the beloved company to new heights, even as their respective strategies pushed the two men apart and irrevocably altered the tech behemoth's DNA. Photos, many in color. 496 pages. Morrow. Paperbound. Pub. at \$21.99 **\$5.95**



★9089861 THE PSYCHOLOGY OF WEALTH: The Practical Guide to Prosperity and Success. By Napoleon Hill. Offers a revolutionary path to self-empowerment and fulfillment, helping readers create the reality they desire and find success in every area of life. Combines two of Hill's most popular works on the topics of prosperity and abundance *The Master Key to Riches* and *The Magic Ladder to Success*. 495 pages. St. Martin's. Paperbound. Pub. at \$20.00 **\$14.95**



9065628 OPTIMAL: How to Sustain Personal and Organizational Excellence Every Day. By D. Goleman & C. Cherniss. The authors reveal how emotional intelligence can help us have a great day, any day. They explain how to set a realistic, attainable goal of feeling satisfied that you've had a productive day—to consistently work at your 'optimal' level. 260 pages. Harper. Pub. at \$32.99 **\$5.95**



★9011048 THE SECRET LIFE OF LEGO: The Inside Story of a Design Icon. By Daniel Konstanski. From the first hollow bricks to the complex shapes and building techniques of today, this visually stunning volume is a LEGO history like no other—and the first official book for Adult Fans of LEGO bricks. Fully illus. in color. 326 pages. Sourcebooks. 8 1/4 x 10. Pub. at \$39.99 **\$29.95**



9041524 HOW CREATIVITY RULES THE WORLD: The Art and Business of Turning Your Ideas into Gold. By Maria Brito. Builds the case for creativity as an inexhaustible resource available to everyone and proves that it is the key to thriving in the business world and beyond. 270 pages. Harper. Pub. at \$28.99 **\$7.95**



★9091440 WORKING FOR YOURSELF, 13TH EDITION. By Stephen Fishman. The all in one legal and tax resource every independent contractor and freelancer needs. Learn how to decide the best form for your business (sole proprietor, LLC, or other); request payment in full and on time; pay estimated taxes and avoid trouble with the IRS; choose health, property, and other kinds of insurance; and more. 529 pages. Nolo. Paperbound. Pub. at \$39.99 **\$29.95**



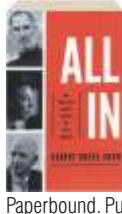
9090371 THE FAMILY FIRST ENTREPRENEUR: How to Achieve Financial Freedom Without Sacrificing What Matters Most. By Steve Chou. A guide to doing entrepreneurship differently—letting go of the hustle and embracing a family-first mindset instead. Offers a series of simple principles that can guide every decision you make, helping you establish a solid foundation upon which you can build the life you've dreams of. Harper. Pub. at \$32.00 **\$5.95**



9117806 DECIDE & CONQUER: 44 Decisions That Will Make or Break All Leaders. By David Siegel. Siegel walks you through the 44 most crucial decisions he had to make to help prepare you for when you have to make them yourself. Learn to apply principles like open communication, transparency, and kindness to inform great decision making; be a bold and decisive leader and not succumb to fear; and more. 243 pages. HarperCollins. Pub. at \$27.99 **\$5.95**



Business



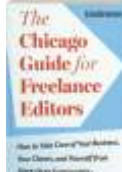
9117733 ALL IN: How Obsessive Leaders Achieve the Extraordinary. By Robert Bruce Shaw. Shows leaders and aspiring leaders how obsession can fuel the most incredible success, while shining a light on how this same trait—when left unchecked and out of balance—can take a devastating toll on the leader themselves, on his or her family, and on their work colleagues. 220 pages. AMACOM. Paperbound. Pub. at \$19.99 **\$5.95**



9056793 THE SOUND OF THE FUTURE: The Coming Age of Voice Technology. By Tobias Dengel with K. Weber. Explores why voice technology is the next big thing, as big as mobile a decade ago and the internet in the '90s, fundamentally altering the way companies do business. 328 pages. PublicAffairs. Pub. at \$30.00 **\$6.95**



912294X THE PROBLEM WITH CHANGE: And the Essential Nature of Human Performance. By Ashley Goodall. If you've had enough of the constant turbulence that defines corporate life today, you're not alone. Learn why change is bad for people and for business, and discover how to create the stability that we all need to thrive. 278 pages. Little, Brown. Pub. at \$30.00 **\$5.95**



906317X THE CHICAGO GUIDE FOR FREELANCE EDITORS. By Erin Brenner. Walks you through the entire process of conceiving, launching, and working in a freelance editing business, from deciding on services and rates to choosing the best business structure to thinking through branding and marketing strategies and beyond. 340 pages. Univ of Chicago Press. Paperbound. Pub. at \$25.00 **\$19.95**



9102256 WORK LESS, MAKE MORE, AND HAVE FUN IN YOUR BUSINESS. By George Horrigan. Shows business owners and leaders how to achieve their entrepreneurial hopes and dreams in 12 easy steps. Shows how to seamlessly coordinate all the functions of a company to create the business its owner's/leader's desire. 345 pages. Morgan James. Paperbound. Pub. at \$24.95 **\$17.95**



8886725 WASTELANDS: The True Story of Farm Country on Trial. By Corban Addison. The once idyllic coastal plain of North Carolina is home to a close-knit, rural community that for more than a generation has battled the polluting practices of large-scale farming taking place in its own backyard. After years of frustration and futility, local residents led by a team of lawyers, filed a lawsuit against one of the world's most powerful companies—and they won. 444 pages. Knopf. Pub. at \$30.00 **PRICE CUT to \$3.95**



8041318 BOOKS & MORTAR: A Celebration of the Local Bookstore. By Gibbs M. Smith. Filled with the stories of sixty brick and mortar bookstores from across the country, their beginnings, their offerings and their plans for the future. Well illus. in color. 152 pages. Gibbs Smith. Pub. at \$16.99 **PRICE CUT to \$3.95**



1999346 FOR PROFIT: A History of Corporations. By William Magnuson. Magnuson shows, while corporations haven't always behaved admirably, their purpose is a noble one. By recapturing the spirit of civic virtue, this work argues, corporations can help craft a society in which all of us, not just shareholders, benefit from the profits of enterprise. 357 pages. Basic. Pub. at \$32.00 **PRICE CUT to \$5.95**



6994288 PAINT TO PROSPER: Transform Your Art Practice and Build a Modern Art Business. By Amira Rahim. Fully illus. in color. 164 pages. Union Square & Co. 8x9. Paperbound. Pub. at \$19.99 **\$6.95**

4815629 START YOUR OWN FOOD TRUCK BUSINESS, THIRD EDITION. By the Staff of Entrepreneur Media, Inc & R. Mintzer. 181 pages. Entrepreneur Press. Paperbound. Pub. at \$22.99 **SOLD OUT**

7381271 BRAND HACKS: How to Build Brands by Fulfilling the Consumer Quest for Meaning. By Emmanue Probst. 168 pages. PowerHouse. Pub. at \$26.95 **\$2.95**

4883322 CONTRACTS, 3RD EDITION: The Essential Business Desk Reference. By Richard Stim. 487 pages. Nolo. Paperbound. Pub. at \$39.99 **SOLD OUT**

9010645 THE SWIPE-RIGHT CUSTOMER EXPERIENCE: How to Attract, Engage, and Keep Customers in the Digital-First World. By S. Eskelinen & B. Gerot. 228 pages. HarperCollins. Paperbound. Pub. at \$19.99 **PRICE CUT to \$3.95**

8799555 HOW TO LEAD YOUR FAMILY BUSINESS. By Julie Charlestein. 212 pages. Matt Holt. Pub. at \$26.00 **PRICE CUT to \$4.95**

7992955 BUILT TO FAIL: Why Construction Projects Take So Long, Cost Too Much, and How to Fix It. By Todd R. Zabelle. Illus. 270 pages. Forbes. Pub. at \$29.99 **\$21.95**

1997084 FLOWER FARMING FOR PROFIT: The Complete Guide to Growing a Successful Cut Flower Business. By Lennie Larkin. Well illus. in color. 276 pages. Chelsea Green. 8x10. Paperbound. Pub. at \$45.00 **PRICE CUT to \$29.95**

7919891 SLAY THE BULLY: How to Negotiate with a Narcissist and Win. By Rebecca Zung. 251 pages. Savio Republic. Paperbound. Pub. at \$18.00 **PRICE CUT to \$7.95**

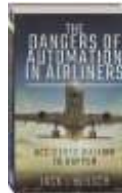
4471644 SUPERCOMMUNICATORS: How to Unlock the Secret Language of Connection. By Charles Duhigg. 299 pages. Random. Pub. at \$30.00 **PRICE CUT to \$14.95**

9050795 THE GEEK WAY: The Radial Mindset that Drives Extraordinary Results. By Andrew McAfee. 325 pages. Little, Brown. Pub. at \$30.00 **PRICE CUT to \$4.95**

1997106 WALL STREET'S WAR ON WORKERS: How Mass Layoffs and Greed Are Destroying the Working Class and What to Do About It. By Les Leopold. 226 pages. Chelsea Green. Pub. at \$28.00 **PRICE CUT to \$14.95**

7903359 HIRING VETERANS: How to Leverage Military Talent for Organizational Growth. By Matthew J. Louis with A.R. Garcia, Sr. Illus. 284 pages. Career Press. Paperbound. Pub. at \$19.95 **PRICE CUT to \$5.95**

Computer Books



908682X THE DANGERS OF AUTOMATION IN AIRLINERS: Accidents Waiting to Happen. By Jack J. Hersch. Pushed to its limits, with pilots increasingly relying on it, automation in aviation can be a lifesaver, or it can be a murderer. Autopilot, autothrottle, autoland, flight management systems, air data systems, inertial guidance systems are only as good as their inputs which, incredibly, can go rogue. Illus., some in color. 262 pages. Air World. Pub. at \$32.95 **\$5.95**



7915284 CONFIDENT CODING: Learn How to Write Code and Master the Essentials. By R. Percival & D. Woods. A unique combination of technical insights and practical career guidance, this work unlocks the full potential of coding, whatever your role. Whether you're an entrepreneur looking to build your own app or an aspiring developer aiming to pursue a successful career, this will give you the building blocks you need to become a proficient coder. Illus. 369 pages. Kogan Page. Paperbound. Pub. at \$17.99 **\$12.95**



7939922 WINDOWS 11 TIPS, TRICKS & SHORTCUTS IN EASY STEPS. By Nick Vandome. Packed with over 1,000 tricks of the trade, it'll show you how to customize the interface to suit your needs; boost performance with easy tweaks; quicken startup and shutdown times; keep your hard drive lean; keep net browsing safe, private and efficient; and more. Fully illus. in color. 216 pages. In Easy Steps. Paperbound. Pub. at \$18.99 **\$13.95**



1917749 LAPTOPS FOR SENIORS IN EASY STEPS, 8TH EDITION. By Nick Vandome. Updated to cover Windows 11, written in plain English without jargon, and contains clear step by step instructions accompanied by illustrations. Shows how to choose the right laptop, personalize Windows, explore apps for fun and functional tasks, and more. 192 pages. In Easy Steps. Paperbound. Pub. at \$18.99 **\$13.95**



9065849 THE LEGEND OF ZELDA: Art & Artifacts. By Nintendo. Collects your favorite artwork from this storied videogame franchise, as well as rare, never before seen content. Filled with game box art, official character designs, instruction booklet artwork, sketches, rare promotional pieces, pixel art, a fold-out poster, interviews with the artists and more. 428 pages. Dark Horse. 9 1/4x12 1/4. Pub. at \$39.99 **\$19.95**



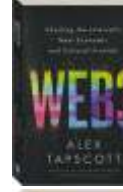
LIMITED QUANTITY 912103X AI FOR LIFE: 100+ Ways to Use Artificial Intelligence to Make Your Life Easier, More Productive and More Fun! By Celia Quillian. Gives you more than 100 ideas and sample prompts that will make every aspect of your life easier—from organizing your next vacation and customizing a cover letter to meal planning and simplifying your schedule. 240 pages. Adams Media. Paperbound. Pub. at \$16.99 **SOLD OUT**



9097694 ROBOT-PROOF: Higher Education in the Age of Artificial Intelligence. By Joseph E. Aoun. How to educate the next generation of college students to invent, to create, and to discover—filling needs that even the most sophisticated robot cannot. Aoun lays out the framework for a new curriculum, *humanics*, which builds on our innate strengths and prepares students to compete in a world in which smart machines work alongside human professionals. 187 pages. MIT Press. Paperbound. Pub. at \$19.95 **\$5.95**



9001581 COLOR FOR THE SCIENCES. By Jan Koenderink. After a brief account of the history of the discipline and a chapter that presents an overview, the heart of this work covers the main topics in colorimetry, including the space of beams, achromatic beams, edge colors, optimum colors, color atlases, and spectra. Also more specialized topics including implementations and more. Fully illus., some in color. 741 pages. MIT Press. Pub. at \$80.00 **\$14.95**



8174083 WEB3: Charting the Internet's Next Economic and Cultural Frontier. By Alex Tapscott. A cutting-edge guide to the Internet's next era, covering everything from the metaverse and NFTs to decentralized finance and self-sovereign identity. 320 pages. HarperBusiness. Pub. at \$35.00 **\$6.95**



911274X WEB STYLE GUIDE, FOURTH EDITION: Foundations of User Experience Design. By P.J. Lynch & S. Horton. A classic reference on user interface design and graphic design for web sites, updated to reflect a rapidly changing market. Explains established design principles and covers all aspects of web design—from planning to production to maintenance. Well illus. in color. 387 pages. Yale. Paperbound. Pub. at \$38.00 **\$6.95**



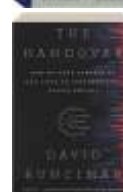
907709X LEARN GENERATIVE AI WITH PYTORCH. By Mark Liu. Introduces the underlying mechanics of generative AI by helping you build your own working AI models. You'll begin by creating simple images using a GAN, and then progress to writing a language translation transformer line by line, and more. Illus. 408 pages. Manning. Paperbound. Pub. at \$59.99 **\$44.95**



9100504 PROGRAM PROOFS. By K. Rustan M. Leino. Demonstrates what it means to write specifications for programs, what it means for programs to satisfy those specifications, and how to write proofs that connect specifications and programs. Illus. 474 pages. MIT Press. Paperbound. Pub. at \$70.00 **\$21.95**



9080171 WHAT THE F*CK IS 5G? By K. Eaton & J. Wendel. Explains the missing radio link that will propel us into the future of self-driving cars and VR. Illus. 162 pages. Hodder. Pub. at \$17.99 **\$5.95**



9076948 THE HANDOVER: How We Gave Control of Our Lives to Corporations, States and AIs. By David Runciman. An eminent political thinker uses our history with states and corporations—"artificial agents" to which we have granted immense power—to predict how AI will remake society. Illus. 328 pages. Liveright. Paperbound. Pub. at \$19.99 **\$14.95**

Computer Books



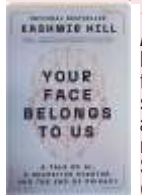
★9003908 THE COMPLETE OBSOLETE GUIDE TO GENERATIVE AI. By David Clinton. Everything you learn about Generative AI tools like Chat-GPT, Copilot, and Claude becomes obsolete almost immediately. This entertaining and unbelievably practical guide shows you what you can (and should) do with AI now and how to roll with the changes as they happen. Illus. 216 pages. Manning. Paperbound. Pub. at \$39.99 **\$29.95**



★9060782 GENERATIVE AI IN ACTION. By Amit Bahree. Generative AI can transform your business by streamlining the process of creating text, images and code. This book will show you how to get in on the action! Includes best practices for deploying AI apps, production-quality RAG and adapting GenAI models to your domain. Well illus. 438 pages. Manning. Paperbound. Pub. at \$59.99 **\$44.95**



9024107 THE ALGORITHM: How AI Decides Who Gets Hired, Monitored, Promoted & Fired & Why We Need to Fight Back Now. By Hilke Schellmann. Delivers a shocking and illuminating expose on one of the most pressing civil rights issues of our time: how AI has quietly, and mostly out of sight, taken over the world of work. Advocating beyond these tools to more thoughtfully consider how we hire, promote, and treat human beings—with and without AI. 318 pages. Hachette. Pub. at \$30.00 **PRICE CUT to \$5.95**



★8999392 YOUR FACE BELONGS TO US: A Tale of AI, a Secretive Startup, and the End of Privacy. By Kashmir Hill. A gripping true story about the rise of a technological superpower and an urgent warning that, in the absence of vigilance and government regulation, facial recognition threatens what Supreme Court Justice Louis Brandeis once called "the right to be let alone." 330 pages. Random. Paperbound. Pub. at \$20.00 **PRICE CUT to \$11.95**

8996148 MATHEMATICS OF BIG DATA: Spreadsheets, Databases, Matrices, and Graphs. By J. Kepner & H. Jananathan. Fully illus. 418 pages. MIT Press. Pub. at \$27.95 **SOLD OUT**

★778693X IPHONE FOR SENIORS IN EASY STEPS, 9TH EDITION. By Nick Vandome. Fully illus. in color. 192 pages. In Easy Steps. Paperbound. Pub. at \$18.99 **\$13.95**

9053972 MEGANETS: How Digital Forces Beyond Our Control Commandeer Our Daily Lives and Inner Realities. By David Auerbach. 339 pages. PublicAffairs. Pub. at \$30.00 **\$6.95**

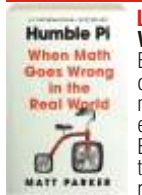
9047042 LIVING WITH ROBOTS: What Every Anxious Human Needs to Know. By R. Aylett & P.A. Vargas. Well illus. 291 pages. MIT Press. Pub. at \$27.95 **PRICE CUT to \$5.95**

9035222 CRITICAL HITS: Writers Playing Video Games. Ed. by J.R. Lennon & C.M. Machado. 235 pages. Graywolf. Paperbound. Pub. at \$18.00 **PRICE CUT to \$3.95**

★7955103 UNMASKING AI: My Mission to Protect What Is Human in a World of Machines. By Joy Buolamwini. Illus. 308 pages. Random. Pub. at \$28.99 **PRICE CUT to \$14.95**

★4993039 HOW COMPUTERS MAKE BOOKS. By John Whitington. Fully illus. 155 pages. Manning. Paperbound. Pub. at \$34.99 **PRICE CUT to \$11.95**

Mathematics



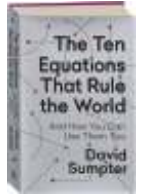
LIMITED QUANTITY 9107967 HUMBLE PI: When Math Goes Wrong in the Real World. By Matt Parker. Exploring and explaining a litany of glitches, near misses, and mathematical mishaps involving the internet, big data, elections, street signs, lotteries, the Roman Empire, and an Olympic team, Parker uncovers the bizarre ways math trips us up, and what this reveals about its essential place in our world. Illus. 314 pages. Riverhead. Paperbound. Pub. at \$15.00 **SOLD OUT**



8878145 AN ILLUSTRATED GUIDE TO MATHEMATICS: From Creating the Pyramids to Exploring Infinity. By Anne Rooney. This volume traces humankind's greatest achievements, plotting a journey through the mathematical intellects of the last 4,000 years to where we stand today. Topics include: the Ancient Egyptians and geometry; the first computers; how statistics came to rule our finances; chaos theory and fuzzy logic; and more. Well illus. in color. 208 pages. Arcturus. 9x11¼. Pub. at \$24.99 **\$8.95**



to the cosmic. Illus. 468 pages. Penguin. Pub. at \$27.95 **\$5.95**



1933922 THE TEN EQUATIONS THAT RULE THE WORLD: And How You Can Use Them Too. By David Sumpter. There's a handful of equations that make our world go round, ten of them, more or less. They are integral to everything from investment banking and sports betting to the influence of social media and the underpinnings of bias and discrimination. They can help you hone your decision making, secure your finances, live more healthfully, and see through scaremongering. 245 pages. Flatiron. Pub. at \$28.99 **\$7.95**



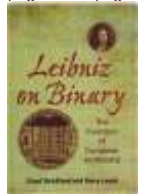
LIMITED QUANTITY 9067825 OUR MATHEMATICAL UNIVERSE: My Quest for the Ultimate Nature of Reality. By Max Tegmark. Why does mathematics explain the universe so well? From the big bang to the distant future via parallel worlds, Tegmark proposes a radical idea: that our reality is not only described by mathematics; it is mathematics! 421 pages. Penguin. Paperbound. Pub. at \$16.99 **SOLD OUT**



★8207771 THE BIG FAT HIGH SCHOOL ALGEBRA 1 WORKBOOK. By Robert Vigneri. This hands-on workbook equals being tutored by the best teacher in school, through a recap of key concepts using definitions, examples, and useful features. Includes sample problems worked out step by step, more than 400 exercises and word problems, and a solution process instead of an answer key. Grades 8 and up. 463 pages. Workman. Paperbound. Pub. at \$16.99 **\$12.95**



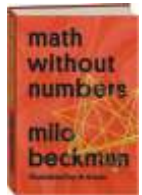
9128778 THE MATH BOOK: Big Ideas Simply Explained. By Jan Dangerfield et al. Packed with short, pithy explanations that cut through the jargon, step-by-step diagrams that untangle knotty theories, memorable quotes, and witty illustrations that play with our ideas about numbers. Whether you are an avid student or just curious, you'll find plenty to intrigue and stimulate you within these pages. 351 pages. Dorling Kindersley. Pub. at \$25.00 **\$9.95**



8996083 LEIBNIZ ON BINARY: The Invention of Computer Arithmetic. By L. Strickland & H. Lewis. The first collection of Leibniz's most important writings on the binary system. The 32 texts tell the story of binary as he conceived it, from his first youthful writings on the subject to the mature development of the binary system. Illus. 228 pages. MIT Press. Paperbound. Pub. at \$35.00 **\$6.95**



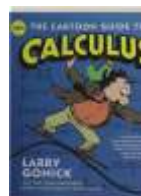
★9124748 CALCULUS SIMPLIFIED. By Oscar E. Fernandez. Combines the strengths and omits the weaknesses, resulting in a "Goldilocks approach" to learning calculus: just the right level of detail, the right depth of insights, and the flexibility to customize your calculus adventure. Fully illus. 246 pages. Princeton. 8x10. Paperbound. Pub. at \$19.95 **\$15.95**



7817843 MATH WITHOUT NUMBERS. By Milo Beckman. A vivid, conversational, and wholly original guide to the three main branches of abstract math—topology, analysis, and algebra—which turn out to be surprisingly easy to grasp. Welcome to the joys and mysteries of an extraordinary frontier of human knowledge. Illus. 207 pages. Dutton. Pub. at \$27.00 **\$6.95**



6997791 THE SEDUCTION OF CURVES: The Lines of Beauty That Connect Mathematics, Art, and the Nude. By Allan McRobie. Focuses on seven curves, the fold, cusp, swallowtail, and butterfly, plus the hyperbolic, elliptical, and parabolic "umbilics." McRobie introduces these curves and then describes their role in nature, science, engineering, architecture, art, and other areas. Adults only. Color photos. 159 pages. Princeton. 8½x10¼. Pub. at \$35.00 **\$9.95**



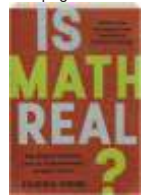
★7995075 THE CARTOON GUIDE TO CALCULUS. By Larry Gonick. Thanks to the cartoon renderings of the author, here is a complete—and completely enjoyable—new guide to calculus. Demystifies the world of functions, limits, derivatives, and integrals for the first-year calculus student. 246 pages. Morrow. Paperbound. Pub. at \$23.99 **\$16.95**



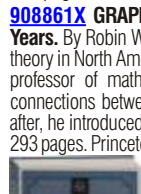
9042857 DO NOT ERASE: Mathematicians and Their Chalkboards. By Jessica Wynne. A testament to the myriad ways that mathematicians use their chalkboards to reveal the conceptual and visual beauty of their discipline—shapes, figures, formulas, and conjectures created through imagination, argument, and speculation. Fully illus. in color. 227 pages. Princeton. 11¼x8¾. Pub. at \$35.00 **\$11.95**



6997759 PERSPECTIVE AND PROJECTIVE GEOMETRY. By Annalisa Crannell et al. Organized as a series of exercise modules, this work teaches students through hands-on inquiry and participation. Each lesson begins with a visual puzzle that can be investigated through geometry, followed by exercises that reinforce new concepts and hone students' analytical abilities. Fully illus. 280 pages. Princeton. 8½x11. Paperbound. Pub. at \$56.00 **\$16.95**



★9107754 IS MATH REAL? How Simple Questions Lead Us to Mathematics' Deepest Truths. By Eugenia Cheng. A repudiation of the rigid ways were taught to do math, and a celebration of the true, curious spirit of the discipline. Brings us math as we've never seen it before, revealing how profound insights can emerge from seemingly unlikely sources. Well illus. 320 pages. Basic. Paperbound. Pub. at \$18.99 **\$13.95**



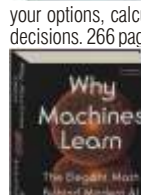
908861X GRAPH THEORY IN AMERICA: The First Hundred Years. By Robin Wilson et al. Focuses on the development of graph theory in North America from 1876 to 1976. James Sylvester, the first professor of mathematics at Johns Hopkins University, outlined connections between graph theory, algebra, and chemistry—shortly after, he introduced the word "graph" in our modern sense. Well illus. 293 pages. Princeton. Pub. at \$35.00 **\$9.95**



7795289 EVERYDAY MATHEMATICS MADE EASY: A Quick Review of What You Forgot You Knew. By Tom Bernal. To make the learning experience practical to the real world, numerous sidebars showcase math principles found in everyday life in addition to quick tips and tricks to effectively and effortlessly incorporate math at the workplace, within the household, and throughout the day. 272 pages. Wellfleet. Pub. at \$19.99 **\$9.95**



★8898995 PROBABLY THE BEST BOOK ON STATISTICS EVER WRITTEN: How to Beat the Odds and Make Better Decisions. By Haim Shapira. Breaks down the key fundamentals in statistics in a fun and accessible way so that you can understand the numbers that occupy your life. With easy to follow explanations, tables, graphs, and real-life examples, this work helps you evaluate your options, calculate your chances of success, and make better decisions. 266 pages. Watkins. Pub. at \$27.95 **\$21.95**

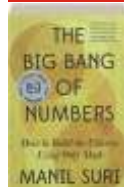


★879426X WHY MACHINES LEARN: The Elegant Math Behind Modern AI. By Anil Ananthaswamy. Explains the fundamental math behind machine learning, while suggesting intriguing links between artificial and natural intelligence. Might the same math underpin them both? Well illus. 464 pages. Dutton. Pub. at \$32.00 **\$23.95**

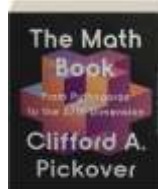


7805497 ALGEBRA IN CONTEXT: Introductory Algebra from Origins to Applications. By A. Shell-Gellasch & J.B. Thoo. Discover why mathematics is such a crucial part not only of civilization but also of everyday life. Lessons begin with the creation and spread of number systems to the advancement of mathematics over time and the roles of famous figures such as Descartes and Leonardo da Vinci. By the end students will have a fuller appreciation for algebra, but also be comfortable with most algebra concepts. Fully illus. 536 pages. Johns Hopkins. Pub. at \$99.50 **\$49.95**

Mathematics



★7974361 THE BIG BANG OF NUMBERS: How to Build the Universe Using Only Math. By Manil Suri. A tour through the fundamental mathematical concepts—from arithmetic to infinity—that form the building blocks of our universe. Creates a natural progression of ideas needed to design our world, starting with numbers and continuing through geometry, algebra, and beyond. Well illus. 367 pages. Norton. Paperbound. Pub. at \$22.00 **\$14.95**



★9118535 THE MATH BOOK, REVISED: From Pythagoras to the 57th Dimension. By Clifford A. Pickover. In more than 250 chronological entries, Pickover shares a thorough yet accessible exploration of the subject, presenting intriguing facts and explaining its profound implications. Fully illus., most in color. 525 pages. Union Square & Co. Paperbound. **\$24.95**



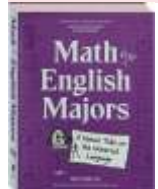
7983840 INTRODUCING FRACTALS: A Graphic Guide. By Nigel Lesmoir-Gordon et al. Traces the historical development of this mathematical discipline, explores its descriptive powers in the natural world, and then looks at the applications and the implications of the discoveries it has made. In B&W. 174 pages. Icon. Paperbound. Pub. at \$12.00 **PRICE CUT to \$4.95**



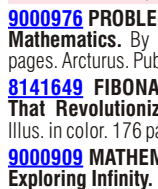
6997740 PENTAGONS AND PENTAGRAMS: An Illustrated History. Text by E. Maor, illus. by E. Jost. A fascinating exploration of the pentagon and pentagrams and their role in various cultures. A view of the five-sided polygon, revealing its intriguing geometric properties and its essential influence on a variety of fields. Photos, some in color. 166 pages. Princeton. Pub. at \$24.95 **PRICE CUT to \$5.95**



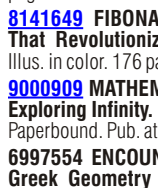
5871107 LUMEN NATURAE: Visions of the Abstract in Art and Mathematics. By Matilde Marcolli. Mathematical physicist Matilde Marcolli explores common themes in modern art and modern science, the concept of space, the notion of randomness, the shape of the cosmos, and other puzzles of the universe, while mapping convergences with the work of many artists. Photos. 369 pages. MIT Press. Pub. at \$44.95 **PRICE CUT to \$9.95**



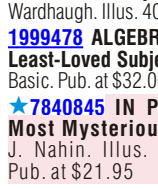
★9014675 MATH FOR ENGLISH MAJORS: A Human Take on the Universal Language. By Ben Orlin. Math is often called the "universal language." But if a language brings people together, why does math make so many of us feel alone? The author offers fresh insights for the perplexed and the professorial alike and unravels the secrets behind the world's most confounding language. Well illus. 287 pages. Black Dog & Leventhal. Pub. at \$30.00 **PRICE CUT to \$17.95**



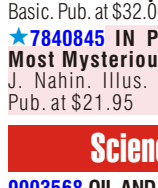
9000976 PROBLEM SOLVED! The Great Breakthroughs in Mathematics. By Robert Snedden. Well illus. in color. 192 pages. Arcturus. Pub. at \$14.99 **\$4.95**



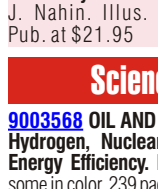
8141649 FIBONACCI'S RABBITS: Fifty Breakthroughs That Revolutionized Mathematics. By Adam Hart-Davis. Illus. in color. 176 pages. Shelter Harbor. Pub. at \$19.99 **\$7.95**



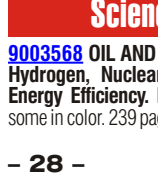
9000909 MATHEMATICS: From Creating the Pyramids to Exploring Infinity. By Anne Rooney. Illus. 256 pages. Arcturus. Paperbound. Pub. at \$12.99 **\$5.95**



6997554 ENCOUNTERS WITH EUCLID: How an Ancient Greek Geometry Text Shaped the World. By Benjamin Wardhaugh. Illus. 403 pages. Princeton. **SOLD OUT**



1999478 ALGEBRA THE BEAUTIFUL: An Ode to Math's Least-Loved Subject. By G. Arnell Williams. Illus. 398 pages. Basic. Pub. at \$32.00 **\$9.95**



★7840845 IN PURSUIT OF ZETA-3: The World's Most Mysterious Unsolved Math Problem. By Paul J. Nahin. Illus. 320 pages. Princeton. Paperbound. Pub. at \$21.95 **PRICE CUT to \$9.95**

Science Essays & Surveys

9003568 OIL AND THE FUTURE OF ENERGY: Climate Repair, Hydrogen, Nuclear Fuel, Renewable and Green Sources, Energy Efficiency. By the eds. of *Scientific American*. Well illus. some in color. 239 pages. Lyons. Paperbound. Pub. at \$19.95 **\$4.95**

2648326 THE BODY FANTASTIC. By Frank Gonzalez-Crussi. Illus. 269 pages. MIT Press. Pub. at \$29.95 **\$6.95**

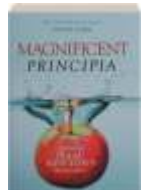
★7999461 UNREASON: Best of Skeptical Inquirer, Volume 7. Ed. by K. Frazier & B. Radford. Illus. 401 pages. Prometheus. Paperbound. Pub. at \$29.95 **\$17.95**

★7999453 SCIENCE UNDER SIEGE: Best of Skeptical Inquirer, Volume 6. Ed. by Kendrick Frazier. Illus. 370 pages. Prometheus. Paperbound. Pub. at \$29.95 **PRICE CUT to \$17.95**

Science & History



DVD 9111107 ARTHUR C. CLARKE COLLECTION. Fullscreen. Presents three extraordinary collections from Clarke's enigmatic series. In *Mysterious World* dinosaurs, the Loch Ness Monster, Big Foot and UFOs are investigated. *Mysterious Universe* looks into zombies, the Pyramids, crop circles and other bizarre phenomena. Finally, in *World of Strange Powers* Clarke treads into the world of the supernatural. Nearly 22 hours on four DVDs. ITV Studios. **SOLD OUT**



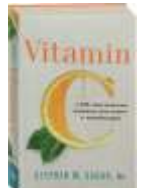
9012397 MAGNIFICENT PRINCIPIA: Exploring Isaac Newton's Masterpiece. By Colin Pask. Despite its dazzling reputation, Newton's *Principia*, remains a mystery for many people. Pask, a mathematician, seeks to remedy this deficit with this accessible guided tour through Newton's masterpiece. Well illus. 526 pages. Prometheus. Paperbound. Pub. at \$18.00 **\$4.95**



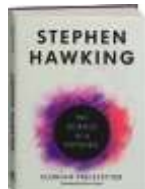
9001778 UNRAVELLING THE DOUBLE HELIX: The Story of DNA. By Gareth Williams. Comprehensive in scope, this title covers the first century of the history of DNA, one of the greatest triumphs of modern science, in its entirety. The personalities of the main players, their impact with their entanglement with DNA, and the unique qualities that make great scientists tick is also explored. Photos. 494 pages. Pegasus. Pub. at \$35.00 **\$6.95**



9128999 THE SHORT STORY OF SCIENCE. By Tom Jackson. This work covers 60 key experiments, from Archimedes' investigations of buoyancy to the discovery of dark matter, and then links these to the history of science and the key theories and methods. It simplifies and explains all the key breakthroughs. Fully illus., most in color. 224 pages. Laurence King. Paperbound. Pub. at \$19.99 **\$5.95**



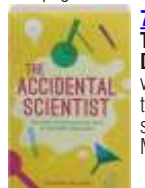
910741X VITAMIN C: A 500-Year Scientific Biography from Scurvy to Pseudoscience. By Stephen M. Sagar. Reveals the surprising story behind the humble vitamin at the heart of some of humanity's most important breakthroughs. Tells the story of how cherished beliefs, self-interest, and politics often intertwine with scientific progress. 226 pages. Prometheus. Pub. at \$24.95 **\$5.95**



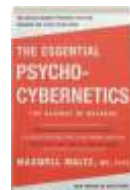
7977913 STEPHEN HAWKING: His Science in a Nutshell. By Florian Freistetter. By focusing on the essentials, Freistetter deftly and entertainingly makes Hawking's complex theoretical accomplishments understandable. He conveys the importance of Hawking's scientific research in terms that nonspecialists can follow. Illus. 75 pages. Prometheus. Pub. at \$19.00 **\$5.95**



9034552 TRIPPING ON UTOPIA: Margaret Mead, the Cold War, and the Troubled Birth of Psychedelic Science. By Benjamin Breen. Following Margaret Mead and Gregory Bateson's fractured love affair—from the malarial jungles of New Guinea to the temples of Bali, from the espionage of WWII to the scientific revolutions of the Cold War—Breen uncovers a new origin story for psychedelic science. Well illus. 370 pages. Grand Central. Pub. at \$30.00 **\$6.95**



7973144 THE ACCIDENTAL SCIENTIST: The Role of Chance and Luck in Scientific Discovery. By Graeme Donald. Explores the vital role of trial and error in the stories behind the origins of well-known inventions and scientific breakthroughs. Illus. 224 pages. Michael O'Mara. Paperbound. **\$6.95**



★9089829 THE ESSENTIAL PSYCHO-CYBERNETICS: The Science of Success. By Maxwell Maltz. This essential collection offers readers a path to the mental clarity and fortitude needed to succeed in today's complicated world. Includes *The Conquest of Frustration; The Search for Self-Respect; Live and Be Free Thru Psycho-Cybernetics; The Magic Power of Self-Image Psychology* and bonus selections from *Thoughts to Live By*. 724 pages. St. Martin's. Paperbound. Pub. at \$30.00 **\$21.95**



★8095728 THE DAWN OF MODERN COSMOLOGY: From Copernicus to Newton. Ed. by Aviva Rothman. This is the story of an astonishing transformation in human thought about the universe and our place within it, told through the words of the astronomers and mathematicians at its heart. It encompasses the most evocative excerpts from the works and letters of Copernicus, Galileo, Kepler, Descartes, Newton, and others. 616 pages. Penguin. Paperbound. Pub. at \$22.00 **\$16.95**



9085149 RATIONAL ACTION: The Sciences of Policy in Britain and America, 1940-1960. By William Thomas. The evolution of a set of fields—including operations research and systems analysis—intended to improve policymaking and explore the nature of rational decision-making. Illus. 399 pages. MIT Press. Pub. at \$40.00 **\$6.95**



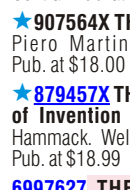
★907175X LETTERS FOR THE AGES: Great Scientists. Ed. by J. Drake & H. Aldersey-Williams. A collection of fascinating letters written by famous scientists throughout history, illuminating the moments of inspiration, doubt, competition and perseverance that lie behind humanity's great discoveries. Photos. 275 pages. Bloomsbury. Pub. at \$26.00 **\$18.95**



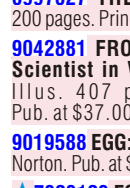
9012419 MYSTERIES & SECRETS REVEALED: From Oracles at Delphi to Spiritualism in America. By Loren Pankratz. Uncovers the truth behind mysteries of nature and secrets of frauds that have eluded common understanding throughout history. Each story captures the tension of conflict, the thrill of discovery, and the power of science to unmask frauds and fakes. Illus. 472 pages. Prometheus. Pub. at \$29.95 **PRICE CUT to \$3.95**



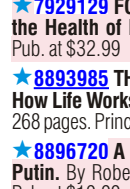
6082610 THE SKEPTICS' GUIDE TO THE FUTURE: What Yesterday's Science and Science Fiction Tell Us About the World of Tomorrow. By Steven Novella. 414 pages. Grand Central. Pub. at \$30.00 **\$7.95**



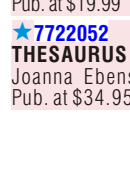
★907564X THE SEVEN MEASURES OF THE WORLD. By Piero Martin. Illus. 209 pages. Yale. Paperbound. Pub. at \$18.00 **SOLD OUT**



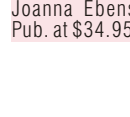
★879457X THE THINGS WE MAKE: The Unknown History of Invention from Cathedrals to Soda Cans. By Bill Hammack. Well illus. 253 pages. Sourcebooks. Paperbound. Pub. at \$18.99 **\$13.95**



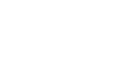
6997627 THE JOY OF SCIENCE. By Jim Al-Khalili. 200 pages. Princeton. Pub. at \$16.95 **PRICE CUT to \$3.95**



9042881 FROM MADMAN TO CRIME FIGHTER: The Scientist in Western Culture. By Roslynn D. Haynes. Illus. 407 pages. Johns Hopkins. Paperbound. Pub. at \$37.00 **PRICE CUT to \$4.95**



9019588 EGG: A Dozen Ovatures. By Lizzie Stark. 212 pages. Norton. Pub. at \$28.00 **PRICE CUT to \$4.95**



★7929129 FOREIGN BODIES: Pandemics, Vaccines, and the Health of Nations. By Simon Schama. 465 pages. Ecco. Pub. at \$32.99 **PRICE CUT to \$9.95**

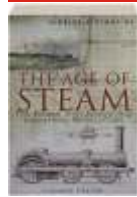


★8893985 THE SERENGETI RULES: The Quest to Discover How Life Works and Why It Matters. By Sean B. Carroll. Photos. 268 pages. Princeton. Paperbound. Pub. at \$18.95 **\$13.95**

★8896720 A BASILISK GLANCE: Poisoners from Plato to Putin. By Robert Temple. 418 pages. Bui Jones. Paperbound. Pub. at \$19.99 **PRICE CUT to \$11.95**

★7722052 FREDERIK RUYSCHE AND HIS THESAURUS ANATOMICUS: A Morbid Guide. Ed. by Joanna Ebenstein. 253 pages. MIT Press. 8 1/4 x 10 3/4. Pub. at \$34.95 **PRICE CUT to \$11.95**

Science & Invention



LIMITED QUANTITY 9113436 A BRIEF HISTORY OF THE AGE OF STEAM. By Thomas Crump. Explores the lives of the great inventors like James Watt, Robert Stephenson and Isambard Brunel, and features a narrative of steam engine use that reaches from Europe and North America to Africa, Asia and South America, and how it changed human lives forever. 370 pages. Robinson. Paperbound. **\$5.95**



9003584 ONE GIANT LEAP: Iconic and Inspiring Space Race Inventions That Shaped History. By Charles Pappas. Featuring the original patent schematics from the U.S. Patent and Trademark Office, blast off with the inventions inspired by the moon landing including: memory foam, freeze-dried food, dustbusters, flying saucers, lasers and more. Illus. 239 pages. Lyons. Pub. at \$24.95 **\$4.95**



DVD 8230323 COUNTDOWN TO ZERO. Widescreen. Traces the history of the atomic bomb from its origins to present state of global affairs: nine nations possessing nuclear weapons capabilities with other racing to join them. 89 minutes. Magnolia. **\$4.95**



7869886 EYE OF THE BEHOLDER: Johannes Vermeer, Antoni van Leeuwenhoek, and the Reinvention of Seeing. By Laura J. Snyder. Tells the tale of a crucial moment in human discovery by focusing on the interplay between the great Dutch artist Vermeer and the amateur scientist Van Leeuwenhoek. Snyder shows how they transformed the way we see the world with the tools of art and science of the 17th century. 16 pages of photos, some color. 432 pages. Norton. Pub. at \$27.95 **\$6.95**

LIMITED QUANTITY ★9092994 THE SHORTEST HISTORY OF EUGENICS: From "Science" to Atrocity—How a Dangerous Movement Shaped the World, and Why it Persists. By Erik L. Peterson. A harrowing history of a grim chapter in politics and science, in which groups of influential thinkers shaped global policy with the aim of determining who had the right to have children—and who was worthy of life. Fully illus. 296 pages. The Experiment. Paperbound. Pub. at \$16.95 **\$12.95**



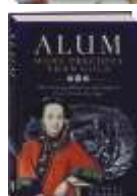
6079601 TRAILBLAZING GEORGIANS: The Unsung Men Who Helped Shape the Modern World. By Mike Rendell. Focuses on the less famous inventors, artists, engineers and industrialists who played their part in the enormous changes that occurred in the 18th century. Discover the men who developed the sextant, the washing machine, the lawn mower, and more. Color photos. 154 pages. Pen & Sword. Pub. at \$39.95 **\$7.95**



★DVD 6995764 SPACE MASONS AND THE ALIEN CONSPIRACY. Widescreen. Buzz Aldrin is not only an accomplished astronaut and engineer but also a member of the Freemasons. Explore the fascinating world of Aldrin and the Masonic brotherhood, uncovering the hidden history that has been influencing the course of the world for centuries. Not Rated. 60 minutes. Ruthless. Pub. at \$19.95 **\$11.95**



9010831 HOW THE VICTORIANS TOOK US TO THE MOON. By Iwan Rhys Morus. The rich, fascinating history of the scientific revolution of the Victorian Era, leading to transformative advances in the 20th and 21st centuries. Illus. 339 pages. Pegasus. Pub. at \$29.95 **PRICE CUT to \$4.95**



★8998884 ALUM: More Precious Than Gold. By Sydney Thorne. An exploration of the vital but overlooked role of alum in global trade, dye production, and historical events spanning centuries. 16 pages of photos. 226 pages. Pen & Sword. Pub. at \$36.95 **PRICE CUT to \$21.95**

607961X TRANSPORT CURIOSITIES, 1850-1950: Weird and Wonderful Ways of Travelling by Road, Rail, Air and Sea. By John Wade. Fully illus. 196 pages. Pen & Sword. Pub. at \$34.95 **\$6.95**

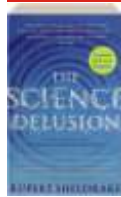
5769256 EDISON VS. TESLA: The Battle over Their Last Invention. By J. Martin & W.J. Birnes. Photos. 266 pages. Skyhorse. Pub. at \$24.99 **\$5.95**

8041636 HOT MOLECULES, COLD ELECTRONS: From the Mathematics of Heat to the Development of the Trans-Atlantic Telegraph Cable. By Paul J. Nahin. 212 pages. Princeton. Pub. at \$24.95 **PRICE CUT to \$7.95**

★889521X INTERNAL FIRE: The Internal Combustion Engine 1673-1900. By C. Lyle Cummins, Jr. Well illus. 380 pages. Octane. Paperbound. Pub. at \$39.95 **\$31.95**

7918496 ENGINEERS: From the Great Pyramids to the Pioneers of Space Travel. Ed. by Adam Hart-Davis. 360 pages. Dorling Kindersley. 10 1/4 x 12 1/4. Pub. at \$40.00 **\$19.95**

Religion & Science



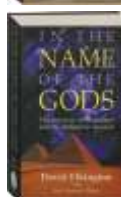
8125368 THE SCIENCE DELUSION. By Rupert Sheldrake. The science delusion is the belief that science already understands the nature of reality. The fundamental questions are answered, leaving only the details to be filled in. Sheldrake shows that science is being constricted by assumptions that have hardened into dogmas. 440 pages. Coronet. Paperbound. **\$7.95**



9031715 BABY DINOSAURS ON THE ARK? The Bible and Modern Science and the Trouble of Making It All Fit. By Janet Kellogg Ray. An exploration of creationism and the science of origins that shows how a literal reading of the Bible—particularly the book of Genesis—can lead to distortions of scientific reality. 213 pages. Eerdmans. Paperbound. Pub. at \$17.99 **\$5.95**



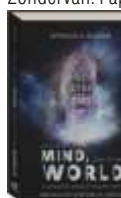
9042962 THE ZODIAC OF PARIS. By J.Z. Buchwald & D. Greco Josefowicz. Brings Napoleonic and Restoration France vividly to life, revealing the lengths to which scientists, intellectuals, theologians, and conservatives went to use the ancient past for modern purposes. Well illus. 428 pages. Princeton. Pub. at \$53.00 **\$9.95**



7894031 IN THE NAME OF THE GODS: The Mystery of Resonance and the Prehistoric Messiah. By David Elkington with PH. Ellison. How is it that the Ancients were able to construct monuments of precise resonant qualities? How exactly do these places induce altered states of consciousness? As the answers come together, they are transformed into a revelation that, in providing a link between science and spirituality, will change your view of our ancestors, resonance and religion. 16 pages of color photos. 525 pages. Green Man. **SOLD OUT**



9120203 THREE VIEWS ON CHRISTIANITY AND SCIENCE. By Michael Ruse et al. How do Christianity and science relate to each other? Presents three primary options for understanding Christianity's relationship to science, and models constructive dialogue on this key question about the church's relationship to modern Western culture. 214 pages. Zondervan. Paperbound. Pub. at \$18.99 **\$5.95**

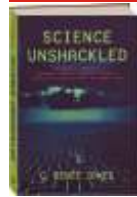


★9049819 LIGHT OF THE MIND, LIGHT OF THE WORLD: Illuminating Science Through Faith. By Spencer A. Klavan. Tells the story about how we got here, and how we can chart a better path forward. Surveying the history of science and faith from the astronomers of Babylon to the quantum physicists of postwar Europe and America. Klavan argues that science itself is leading us not away from God but back to him, and to the ancient faith that places the human soul at the center of the universe. 257 pages. Regnery. Pub. at \$29.99 **PRICE CUT to \$17.95**

7870051 SPIRITUAL SCIENCE: Why Science Needs Spirituality to Make Sense of the World. By Steve Taylor. 264 pages. Watkins. Paperbound. Pub. at \$18.95 **\$5.95**

9019510 BELIEVERS: Faith in Human Nature. By Melvin Konner. 244 pages. Norton. Pub. at \$28.95 **PRICE CUT to \$3.95**

Scientific Text and Reference



9045775 SCIENCE UNSHACKLED. By C. Renee James. Reveals how obscure studies of natural phenomena—including curved space-time, poisonous cone snails, exploding black holes and the precise chemical makeup of the sun—led unexpectedly to WiFi, GPS, genetic sequencing, pain medications, and cancer treatments. 198 pages. Johns Hopkins. Pub. at \$24.95 **\$5.95**



9131426 TYRANNOSAURUS SUE: The Extraordinary Saga of the Largest, Most Fought over T. Rex Ever Found. By Steve Fiffer. The story of the strangest custody battle in history, a battle between Peter Larson, who found the most complete skeleton of a T-Rex, and the federal government, who claimed it as their own. 248 pages. W.H. Freeman. Pub. at \$24.95 **\$4.95**



911744X THE GOOD VIRUS: The Amazing Story and Forgotten Promise of the Phage. By Tom Ireland. Unveiling the hidden rulers of the microbial world and celebrating the surprising power of viruses to heal, not harm. This work forever changes how we see nature's most maligned life forms. 389 pages. Norton. Pub. at \$30.00 **\$6.95**

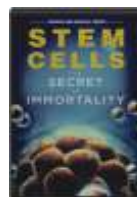


909184X THE AGE OF LIVING MACHINES: How Biology Will Build the Next Technology Revolution. By Susan Hockfield. Describes some of the most exciting new developments and the scientists and engineers who helped create them. Virus-built batteries, protein-based water filters, cancer-detecting nanoparticles, mind-reading bionic limbs, computer-engineered crops and more. Together they highlight the promise of the technology revolution of the twenty-first century. Illus. 229 pages. Norton. Pub. at \$26.95 **\$6.95**



9100350 BIOFABRICATION. By Ritu Raman. How engineered materials and machines powered by living biological cells can tackle technological challenges in medicine, agriculture, and global security. 195 pages. MIT Press. Paperbound. Pub. at \$15.95 **\$5.95**

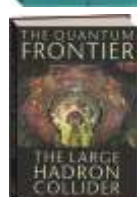
SOLD OUT



DVD 8992487 STEM CELLS: The Secret to Immortality. Widescreen. With major breakthroughs happening constantly, stem cell research continues to be as much of a hot button issue as it is the stuff of miracles. Join us on this documentary exploration to uncover what could be the secrets to immortality. 46 minutes. MVD Visual. Pub. at \$24.95 **\$5.95**



9053913 LAY THEM TO REST: On the Road with the Cold Case Investigators Who Identify the Nameless. By Laura Norton. Take a fascinating deep dive into the dark world of forensic science as experts team up to solve the identity of an unknown woman by exploring the rapidly evolving techniques being used to break the most notorious cold cases. Photos. 324 pages. Hachette. Pub. at \$30.00 **\$6.95**



9045759 THE QUANTUM FRONTIER: The Large Hadron Collider. By Don Lincoln. In exploring what the Large Hadron Collider (LHC) does and what it might find, Lincoln explains what the LHC is likely to teach us about particle physics, including uncovering the nature of dark matter, finding micro black holes and supersymmetric particles, identifying extra dimensions, and revealing the origin of mass in the universe. 172 pages. Johns Hopkins. Pub. at \$28.00 **\$4.95**



8991022 HOW TO TAKE OVER THE WORLD: Practical Schemes and Scientific Solutions for the Aspiring Supervillain. By Ryan North. In this introduction to the science of comic-book supervillainy, North details a number of villainous schemes that harness the potential of today's most advanced technologies. Doesn't just reveal how to take over the world, it also shows how you could save it. Well illus. 388 pages. Riverhead. Pub. at \$28.00 **\$5.95**



Scientific Text and Reference



★**8897050** **THE FREE-ENERGY DEVICE HANDBOOK: A Compilation of Patents & Reports.** Compiled by David Hatcher Childress. Can free-energy motors exist that will supplant combustion engines and nuclear power? This compilation of various patents, articles, papers, and diagrams for Free Energy Devices is a visual tool for experimenters and researchers into magnetic motors and other "over-unity" devices. 306 pages. Adventures Unlimited. Paperbound. Pub. at \$16.95 **\$13.95**



★**9097848** **THE UNIVERSE EXPLAINED WITH A COOKIE.** By Geoff Engelstein, illus. by M. Korfhage. Tackles the big questions of the universe and how it works using the chocolate chip cookie as guide. By exploring what goes into the cookie—the ingredients and the steps—we learn about how everything works, from the tiny world of subatomic particles to galactic clusters. Well illus. in color. 151 pages. Odd Dot. Paperbound. Pub. at \$19.99 **\$6.95**



★**6065333** **DANGEROUS MEDICINE: The Story Behind Human Experiments with Hepatitis.** By Sydney A. Halpern. The untold history of America's mid 20th century program of hepatitis infection research, its scientists' aspirations, and the damage the project caused human subjects. Illus. 288 pages. Yale. Pub. at \$30.00 **\$5.95**



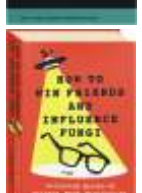
★**5871123** **NUCLEAR CHOICES FOR THE TWENTY-FIRST CENTURY: A Citizen's Guide.** By R. Wolfson & F. Dainoffi-Verses. Explains, clearly and accessibly, the basics of nuclear technology and describes the controversies surrounding its use. Fully illus. 479 pages. MIT Press. Paperbound. Pub. at \$40.00 **\$14.95**



★**9061231** **HIDDEN MUSEUM: A Cabinet of Curiosities.** Illus. by Shaun Parr. Behind each of the included illustrations in red, hides another illustration in blue, which reveals the true nature of the item. Wave the red cellophane magnifying glass, included in the front cover, over the rock to reveal the geode beneath. 36 pages. Cicada. Pub. at \$14.95 **\$5.95**



★**9100474** **PLACEBOS.** By Kathryn T. Hall. An accessible discussion of the biological power of the placebo effect. Hall examines the power of placebos, showing how their effects can influence our clinical trials, clinical encounters and, collectively, our public health. 201 pages. MIT Press. Paperbound. Pub. at \$16.95 **\$5.95**



★**9051821** **HOW TO WIN FRIENDS AND INFLUENCE FUNGI: Collected Quirks of Science, Tech, Engineering and Math from Nerd Nite.** Ed. by M. Wasowski & C. Balakrishnan. A collection of wacky yet fascinating STEM topics. From kinky, spring-loaded spiders to the Webb telescope's influence on movie special effects. Fully illus. 304 pages. St. Martin's. Pub. at \$30.00 **\$6.95**



★**899966X** **BITE: An Incisive History of Teeth, from Hagfish to Humans.** By Bill Schutt. A journey through the natural, scientific, and cultural history of something right in front of, or in, our faces: teeth. Shows how our continued understanding of teeth may help humans through current and future crises, from Alzheimer's disease to mental health issues. Well illus. 308 pages. Algonquin. Pub. at \$31.00 **\$23.95**



★**6079911** **WHITE ELEPHANT TECHNOLOGY: 50 Crazy Inventions That Should Never Have Been Built, and What We Can Learn from Them.** By John Geoghegan. White Elephant Technology is an invention past or present that fails in the marketplace despite its innovative nature. From jeeps that fly to tanks that shouldn't; from a wave-powered boat to a jet-powered train, this work showcases talent for creating something nobody asked for. Well illus. 206 pages. History Press. Pub. at \$34.99 **\$22.95**



★**9045260** **THE FUTURE OF US: The Science of What We'll Eat, Where We'll Live, and Who We'll Be.** By Jay Ingram. Where will we live in the future? How will we get around? What will we look like? These are just some of the questions the author answers in this exciting examination of the science and technologies that will affect every aspect of human life. 288 pages. S&S. Paperbound. Pub. at \$18.00 **\$12.95**



★**1177699** **SCIENCE IN AN AGE OF UNREASON.** By John Staddon. Can science be saved? Staddon diagnoses the identity crisis and points the way to recovery. First is to acknowledge the rot at the core of our scientific establishment, a rot that is worse than most of us realize. He urges scientists to resist the demands for their unconditional surrender. 286 pages. Regnery. Pub. at \$29.99 **PRICE CUT to \$2.95**



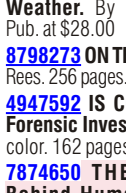
★**7911483** **FORCES OF NATURE: The Women who Changed Science.** By A. Reser & L. McNeill. From the ancient world to the present-day, women have been vital to the progress of science, yet their importance is overlooked, their stories lost, distorted, or actively suppressed. This volume sets the record straight and charts the fascinating history of women's discoveries in science. Well illus. some in color. 271 pages. Frances Lincoln. Pub. at \$30.00 **PRICE CUT to \$5.95**



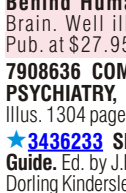
★**9044523** **THE LONG HISTORY OF THE FUTURE: Why Tomorrow's Tech Still Isn't Here.** By Nicole Kobie. We always believe current technology is the best it could be. By looking to the past and the future, Kobie shows how history always proves us wrong and how what lies ahead may not be what we imagined, but so much better. 368 pages. Bloomsbury. Pub. at \$28.00 **PRICE CUT to \$17.95**



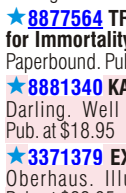
★**7958765** **THE LAST UNKNOWN.** Ed. by John Brockman. 332 pages. Morrow. Paperbound. Pub. at \$16.99 **\$5.95**



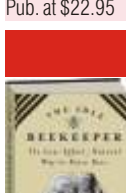
★**8882908** **THE SCIENCE OF SPIN: How Rotational Forces Affect Everything from Your Body to Jet Engines to the Weather.** By Roland Ennos. Illus. 271 pages. Scribner. Pub. at \$28.00 **\$6.95**



★**8798273** **ON THE FUTURE: Prospects for Humanity.** By Martin Rees. 256 pages. Princeton. Paperbound. Pub. at \$12.95 **\$5.95**



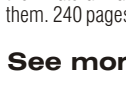
★**4947592** **IS COVID-19 A BIOWEAPON? A Scientific and Forensic Investigation.** By Richard M. Fleming. Illus. some in color. 162 pages. Skyhorse. Pub. at \$24.99 **\$11.95**



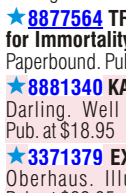
★**7874650** **THE DOOMSDAY BOOK: The Science Behind Humanity's Greatest Threats.** By Marshall Brain. Well illus., most in color. 278 pages. Sterling. Pub. at \$27.95 **PRICE CUT to \$5.95**



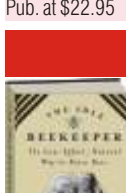
★**7908636** **COMPREHENSIVE TEXTBOOK OF GERIATRIC PSYCHIATRY, THIRD EDITION.** Ed. by Joel Sadavoy et al. Illus. 1304 pages. Norton. Pub. at \$119.95 **SOLD OUT**



★**3436233** **SMITHSONIAN EARTH: The Definitive Visual Guide.** Ed. by J.F. Luhr & J.E. Post. Fully illus. in color. 528 pages. Dorling Kindersley. 9 1/2 x 11 1/4. Pub. at \$50.00 **\$41.95**



★**8877564** **TRANSHUMAN CITIZEN: Zoltan Istvan's Hunt for Immortality.** By Ben Murnane. 239 pages. Changemakers. Paperbound. Pub. at \$19.95 **\$11.95**

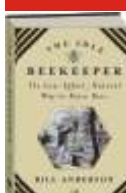


★**8881340** **KA-BOOM! The Science of Extremes.** By David Darling. Well illus. 298 pages. OneWorld. Paperbound. Pub. at \$18.95 **PRICE CUT to \$9.95**

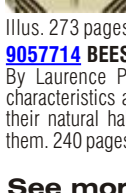


★**3371379** **EXTRATERRESTRIAL LANGUAGES.** By Daniel Oberhaus. Illus. 252 pages. MIT Press. Paperbound. Pub. at \$22.95 **PRICE CUT to \$11.95**

Insects



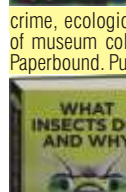
★**9025324** **THE IDLE BEEKEEPER: The Low-Effort, Natural Way to Raise Bees.** By Bill Anderson. From building a hive to harvesting honey, Anderson calls upon his years of applied curiosity as an urban beekeeper and shares his knowledge of how to care for bees the simple, mindful way. This is the definitive guide to getting started, even in a city, and without effort. Illus. 273 pages. Abrams. Pub. at \$28.00 **\$6.95**



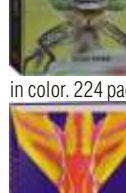
★**9057714** **BEES OF THE WORLD: A Guide to Every Family.** By Laurence Packer. Presents key information on generic characteristics and habits, plus rare photos that show bees in their natural habitats and the ways humans can help protect them. 240 pages. Princeton. Pub. at \$29.95 **\$7.95**



★**9019138** **THE DANGEROUS WORLD OF BUTTERFLIES: The Startling Subculture of Criminals, Collectors, and Conservationists.** By Peter Laufer. Laufer examines the allure of butterflies and recounts the constant role they have played throughout history and across cultures in mythology and art. But his research takes an unpredictable turn into the high-stake realms of organized crime, ecological devastation, species depletion, and integrity of museum collections, and chaos theory. 271 pages. Lyons. Paperbound. Pub. at \$16.95 **\$2.95**



★**6077218** **WHAT INSECTS DO, AND WHY.** By Ross Piper. Explores how insects live, ranging from elegant displays of courtship to brutal acts of predation, and provides insights into the marvelous diversity of insects all around us. Along the way, Piper discusses insect evolution, reproduction, life cycles, feeding strategies, defenses, and more. Well illus. in color. 224 pages. Princeton. Pub. at \$27.95 **\$5.95**



★**9057706** **ALIEN WORLDS: How Insects Conquered the Earth & Why Their Fate Will Determine Our Future.** By Steve Nicholls. Presents insects and other arthropods as you never have seen them before, explaining how they conquered the planet and why there are so many of them, and shedding light on the evolutionary marvels that enabled them to thrive. Spectacular photos provide a rare up close look at the alien world of insects. 484 pages. Princeton. Pub. at \$39.95 **\$7.95**



★**9030077** **BUGS & SLUGS: Falcon Pocket Guide.** By Todd Telander. A field guide to 100 of the most common and sought after bug and slug species in North America. Anatomically correct illustrations and detailed descriptions about each insect's attributes and natural habitat make it easy to identify in the field. 116 pages. Falcon. Paperbound. Pub. at \$14.95 **\$4.95**



★**5484731** **SPIDERS OF THE UNITED STATES & CANADA.** By Sebastian Echeverri. Designed for ease of use, this booklet is organized by type of spider web for quick identification. Narrow your choices by the web you see, and view just a few spiders at a time. Plus, you'll also find sections for spiders that don't utilize webs. Fully illus. in color. Adventure Publications. Spiralbound. Pub. at \$9.95 **\$7.95**



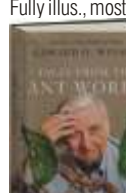
★**DVD 7973837** **SILENCE OF THE BEES: NATURE.** Join researchers as they follow the trail of clues from the United States to southern France, from the hills of Spain to England, all the way to Australia and China as the scramble to discover why honeybees are dying in record numbers, and to stop the epidemic before it spreads further. Also includes a bonus program *Parrots in the Land of Oz*. 118 minutes. Questar. **\$5.95**



★**9130985** **ARMORED SCALE INSECT PESTS OF TREES AND SHRUBS.** By D.R. Miller & J.A. Davidson. Provides the most comprehensive information on the identification, field appearance, and life history of the 110 economically important armored scale insects found in the U.S. Especially noteworthy are the data on distribution, host plants, and the kinds of damage they cause. Fully illus., most in color. 442 pages. Cornell. 9 1/2 x 12 1/4. **\$7.95**

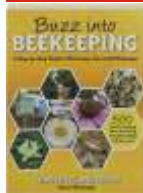


★**1928546** **TALES FROM THE ANT WORLD.** By Edward O. Wilson. Richly illustrated with depictions of ant species as well as photos from Wilson's expeditions throughout the world, this is a fascinating—if not hair-raising—personal account by one of our greatest scientists and a necessary reference for students of the natural world. 227 pages. Liveright. Pub. at \$26.95 **\$9.95**

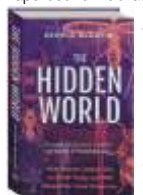


★**8180474** **BEES: Social, Solitary, Hives, Anatomy.** By Tom Jackson. Explores the life cycle of nature's most loved insect in all its glorious brilliant variety. Divided into five chapters, examining bees' social life, solitary bees, bee anatomy, bees in hives and nests and bees as plant pollinators. Fully illus. in color. 224 pages. Amber. Paperbound. Pub. at \$16.99 **\$12.95**

Insects



7815468 BUZZ INTO BEEKEEPING: A Step-by-Step Guide to Becoming a Successful Beekeeper. By Charlotte Anderson. Maybe you want to produce fresh honey for your family, or increase the yield of your garden through better pollination; a master beekeeper gives you all the fundamentals of becoming a successful beekeeper and more in this guide. Illus. in color. 106 pages. Skyhorse. Paperbound. Pub. at \$16.99 **\$6.95**



9018794 THE HIDDEN WORLD: How Insects Sustain Life on Earth Today and Will Shape Our Lives Tomorrow. By George McGavin. Reveals the wonderful complexity of our relationship with insects, how they have changed the course of our history and how, if we continue to learn from them, they could even be the key to our future and survival. 266 pages. Welbeck. Pub. at \$16.95 **\$6.95**



7795882 DRAGONFLIES & DAMSELFLIES: A Natural History. By Dennis Paulson. A comprehensive, and accessible natural history that reveals the beauty and diversity of one of the world's oldest and most popular insect groups. This volume offers a complete guide to the evolution, life cycles, biology, anatomy, behavior, and habitats of dragonflies and damselflies. 224 pages. Princeton. Pub. at \$29.95 **\$9.95**



8795231 THE PRIVATE LIFE OF SPIDERS. By Paul Hillyard. With more than 100 different families and 40,000 individual species, spiders are among the most successful creatures on Earth. Hillyard, a spider expert, takes the reader on a fascinating and richly illustrated tour of the lives of some of the world's most remarkable spiders. Fully illus. in color. 160 pages. Princeton. Paperbound. Pub. at \$19.95 **\$15.95**



9017127 EIGHT-LEGGED WONDERS: The Surprising Lives of Spiders. By James O'Hanlon. Introduces readers to the array of spiders out there, which extends far beyond creepy-crawly stories. There are spiders that use static electricity to "balloon" through the air, spiders that live near the top of Mount Everest, and more. Shows us all that spiders are actually pretty awesome. 239 pages. Greystone. Pub. at \$26.95 **\$19.95**



6198295 THE BEEKEEPER'S BIBLE: Bees, Honey, Recipes & Other Home Uses. By R.A. Jones. Part history book, part handbook, and part cookbook, this tome covers every facet of the hobby of beekeeping, from safe hive management to culinary, medicinal, cosmetic, and domestic uses of honey, beeswax, and pollen. Fully illus. in color. 412 pages. Abrams. **\$33.95**



9074406 AN INSECT A DAY. By D. Couzens & G. Ashton. Delve into the fascinating world of insects with 366 daily entries that reveal the intriguing stories of these tiny creatures. Fully illus. in color. 368 pages. Batsford. Pub. at \$29.95 **\$21.95**

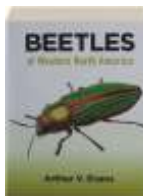
SOLD OUT



9062750 THE BEEKEEPER'S GUIDE: Building Skills and Knowledge. By Meredith May et al. Offers invaluable information about a wide range of bee species and their life cycle, behavior, and optimal habitat, and covers the practicalities of beekeeping, from personal safety and hive hygiene to feeding methods and record keeping. Fully illus. in color. 288 pages. Princeton. Paperbound. Pub. at \$24.95 **\$19.95**



9064265 THE INSECT EPIPHANY: How Our Six-Legged Allies Shape Human Culture. By Barrett Klein. Insects fuel life on Earth through their roles as pollinators, predators, and prey, but rarely do we consider the influence they have had on our culture and civilization. Klein proves that our world would look very different without insects because they have shaped and inspired so many aspects of what make us human. Well illus., in color. 367 pages. Timber. Pub. at \$35.00 **\$26.95**



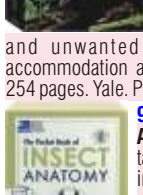
6077064 BEETLES OF WESTERN NORTH AMERICA. By Arthur V. Evans. The only comprehensive color photographic guide to the remarkably diverse and beautiful beetles of the United States and Canada west of the Continental Divide. 624 pages. Princeton. 8x10. Paperbound. Pub. at \$45.00 **PRICE CUT to \$7.95**



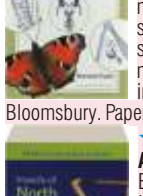
9057870 THE LIVES OF BEETLES: A Natural History of Coleoptera. By Arthur V. Evans. Individual chapters cover beetles' structure and function; evolution, diversity, classification, and distribution; communication, reproduction, and development; feeding habits; uses in medicine, science, and technology; and study and conservation. Fully illus. in color. 288 pages. Princeton. Pub. at \$35.00 **\$7.95**



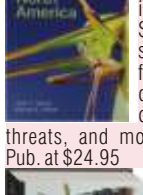
8042691 NATURE UNDERFOOT: Living with Beetles, Crabgrass, Fruit Flies, and Other Tiny Life Around Us. By John Hainze. With deep insight into the lives of the underappreciated and often reviled creatures that surround us, Hainze's accessible and engaging natural history draws on ethics, religion, and philosophy as he passionately argues that creepy crawlies and unwanted plants deserve both empathy and accommodation as partners dwelling with us on Earth. Illus. 254 pages. Yale. Pub. at \$30.00 **PRICE CUT to \$3.95**



9018832 THE POCKET BOOK OF INSECT ANATOMY. By Marianne Taylor. Each chapter tackles a particular body system or aspect of insect biology, from respiration to digestions, movement to metamorphosis. Using a step by step approach, this guide breaks down structures and processes and explores the myriad ways they are expressed in different insect groups. Fully illus. in color. 224 pages. Bloomsbury. Paperbound. **PRICE CUT to \$5.95**



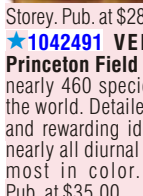
7829582 INSECTS OF NORTH AMERICA. By John C. & Kendra K. Abbott. Enables you to identify all 738 families of insects currently recognized in the United States and Canada. With more than 3,700 stunning photos along with keys to families for many of the orders. Features a comprehensive introduction that discusses classification, insect diversity, global threats, and more. 585 pages. Princeton. Paperbound. Pub. at \$24.95 **SOLD OUT**



1038710 WASPS OF THE WORLD: A Guide to Every Family. By S. van Noort & G. Broad. Wasps have been around since before the dinosaurs and are one of the world's largest insect groups, with more than 150,000 species. This richly illustrated guide provides a breathtaking look at the diverse characteristics, habitats, and lifestyles of these extraordinary insects. 240 pages. Princeton. Pub. at \$29.95 **PRICE CUT to \$19.95**



9014659 HEART OF THE HIVE: Inside the Mind of the Honey Bee and the Incredible Life Forces of the Colony. By Hilary Kearney. Expert beekeeper and swarm catcher Hilary Kearney offers a unique window into the social lives and biology of these remarkable creatures accompanied by the photos of a world renowned bee photographer. 192 pages. Storey. Pub. at \$28.00 **PRICE CUT to \$17.95**



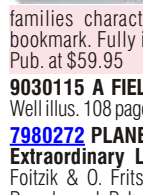
1042491 VELVET ANTS OF NORTH AMERICA: Princeton Field Guides. By Kevin A. Williams et al. Covers nearly 460 species found in North America and throughout the world. Detailed species accounts and keys allow for easy and rewarding identification. Includes distribution maps of nearly all diurnal species in the U.S. and Canada. Fully illus. most in color. 440 pages. Princeton. Paperbound. Pub. at \$35.00 **PRICE CUT to \$21.95**



7973438 ICONOTYPES: A Compendium of Butterflies & Moths. Contains finely delineated paintings of more than 760 species of Lepidoptera, many of which is described for the first time, making a critical moment in the study of natural history. Includes a silk ribbon bookmark. 688 pages. Thames & Hudson. **PRICE CUT to \$34.95**



7988109 MAGIC EYES OF MASOALA: The Colorful Lepidoptera of Madagascar Rainforests. By Armin Dett. The unique diversity of butterflies, especially moths, of this habitat is presented systematically and in great detail. Four hundred specimens were identified and assigned and their families characterized and described. Includes a ribbon bookmark. Fully illus. in color. 416 pages. Benteli. 9x11 1/4. Pub. at \$59.95 **PRICE CUT to \$44.95**



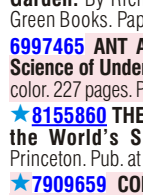
9030115 A FIELD GUIDE TO TICKS. By Susan Carol Hauser. Well illus. 108 pages. Falcon. Paperbound. Pub. at \$4.95 **SOLD OUT**



7980272 PLANET OF THE ANTS: The Hidden Worlds and Extraordinary Lives of Earth's Tiny Conquerors. By S. Foitzik & O. Fritzsche. Well illus. 280 pages. The Experiment. Paperbound. Pub. at \$17.95 **\$5.95**



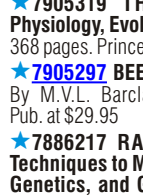
7797338 SPIDERS: The Ultimate Predators. By Stephen Dalton. 208 pages. Firefly. 8 1/2 x 11. Paperbound. Pub. at \$24.95 **\$5.95**



7781776 AMAZING ARACHNIDS. By Jillian Cowles. Fully illus. in color. 328 pages. Princeton. 8 1/4 x 10 1/4. Pub. at \$45.00 **\$9.95**



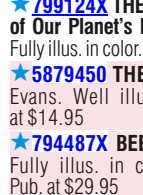
899899X BEEKEEPING FOR GARDENERS: The Complete Step-by-Step Guide to Keeping Bees in Your Garden. By Richard Rickitt. Fully illus. in color. 304 pages. Green Books. Paperbound. Pub. at \$26.00 **\$18.95**



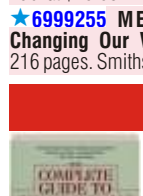
6997465 ANT ARCHITECTURE: The Wonder, Beauty, and Science of Underground Nests. By Walter R. Tschinkel. Illus. in color. 227 pages. Princeton. Pub. at \$29.95 **PRICE CUT to \$5.95**



8155860 THE LIVES OF SPIDERS: A Natural History of the World's Spiders. By Ximena Nelson. 288 pages. Princeton. Pub. at \$35.00 **\$27.95**



7909659 COMMON NATIVE BEES OF THE WESTERN UNITED STATES. By Ryan Bartlett. Fully illus. in color. Adventure Publications. Spiralbound. Pub. at \$9.99 **PRICE CUT to \$5.95**



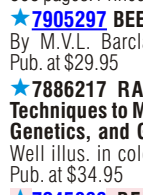
1163396 500 INSECTS: A Visual Reference. By Stephen A. Marshall. Fully illus., in color. 528 pages. Firefly. Paperbound. Pub. at \$24.95 **\$19.95**



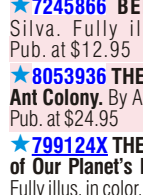
815581X THE LIVES OF BEES: A Natural History of Our Planet's Bee Life. By C. Grozinger & H. Patch. 288 pages. Princeton. Pub. at \$35.00 **SOLD OUT**



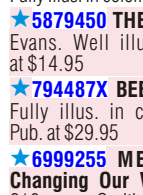
7905319 THE COMPLETE INSECT: Anatomy, Physiology, Evolution, and Ecology. Ed. by David A. Grimaldi. 368 pages. Princeton. 8 1/2 x 11 1/4. **SOLD OUT**



7905297 BEETLES OF THE WORLD: A Natural History. By M.V.L. Barclay & P. Bouchard. 240 pages. Princeton. Pub. at \$29.95 **\$14.95**



7886217 RAISING RESILIENT BEES: Heritage Techniques to Mitigate Mites, Preserve Locally Adapted Genetics, and Grow Your Apiary. By Joy & Eric McEwen. Well illus. in color. 254 pages. Chelsea Green. Paperbound. Pub. at \$34.95 **SOLD OUT**



7245866 BEEKEEPING: Pocket Nature. By Ariel Silva. Fully illus. in color. 128 pages. Chronicle. Pub. at \$12.95 **PRICE CUT to \$5.95**



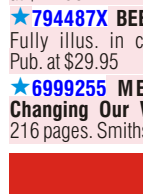
8053936 THE ANT COLLECTIVE: Inside the World of an Ant Colony. By Armin Schieb. 128 pages. Princeton. 8 1/4 x 11 1/4. Pub. at \$24.95 **PRICE CUT to \$12.95**



799124X THE LIVES OF BUTTERFLIES: A Natural History of Our Planet's Butterfly Life. By D.G. James & D.J. Lohman. Fully illus. in color. 288 pages. Princeton. Pub. at \$35.00 **\$21.95**



5879450 THE LITTLE BOOK OF BEETLES. By Arthur V. Evans. Well illus. in color. 160 pages. Princeton. Pub. at \$14.95 **PRICE CUT to \$9.95**



794487X BEES OF COSTA RICA. By Paul Hanson et al. Fully illus. in color. 280 pages. Comstock. Paperbound. Pub. at \$29.95 **PRICE CUT to \$11.95**



6999255 METAMORPHOSIS: How Insects Are Changing Our World. By E. McAlister & A. Washbourne. 216 pages. Smithsonian. Pub. at \$29.95 **PRICE CUT to \$14.95**

Fishing & Hunting



2713993 THE COMPLETE GUIDE TO GUNSMITHING, SECOND REVISED EDITION: Gun Care and Repair. By Charles Edward Chapel. This highly detailed and essential reference is for the gun enthusiast and gunsmith alike. In more than forty chapters of exceptionally clear prose, this guide answers every question a collector, soldier, or home defender could have on topics such as: drawings and blueprints; stock design; stock repairs and alterations; and many more. 480 pages. Skyhorse. Paperbound. Pub. at \$14.99 **\$5.95**



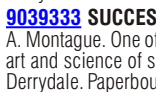
Fishing & Hunting



7977336 CLEANING AND PREPARING GAMEFISH: Step-by-Step Instructions, from Water to Table. By Monte Burch. This handbook covers the skills needed for gutting, scaling, skinning, steaking, and filleting all popular gamefish, as well as knives, tools, and other equipment needed, and illustrates basic cooking methods. Fully illus. 191 pages. Lyons. Paperbound. Pub. at \$18.95 **\$5.95**



9039392 TROUT FLY FISHING: An Expert Approach. By J. Dawson. Applies the latest developments to all aspects of trout fly fishing around the world. Techniques are suggested for fishing a large range of lakes, rivers and springs in a straightforward, detailed and sometimes humorous, approach; and more. Fully illus. in color. 184 pages. Derrydale. 9x11½. Pub. at \$65.00 **\$5.95**



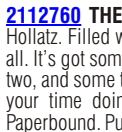
9039333 SUCCESSFUL SHOTGUN SHOOTING. By Andrew A. Montague. One of the most thorough and clear primers on the art and science of shooting the shotgun. Fully illus. 160 pages. Derrydale. Paperbound. Pub. at \$16.95 **\$4.95**



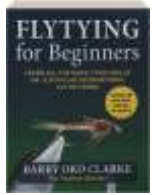
9003436 MODERN TROUT FISHING: Advanced Tactics & Strategies for Today's Fly Fisher. By Boots Allen. A fresh and up-close look at the latest and most successful methods of trout fishing used by anglers the world over. Fully illus. in color. 208 pages. Lyons. Paperbound. Pub. at \$24.95 **\$4.95**



9038876 AMERICAN WHITETAIL, REVISED: Deer Hunting Tips and Resources. By Terry F. Townsend. Townsend shares hundreds of valuable tips, tricks, facts, skills, observations and lessons learned from 35 years of experience hunting the whitetail deer. Fully illus. some in color. 508 pages. Derrydale. Paperbound. Pub. at \$29.95 **\$5.95**



2112760 THE LI'L RED BOOK OF FISHIN' TIPS. By Tom Hollatz. Filled with some good tips about fishin'. But, that's not all. It's got some recipes for fish, some observations, a poem or two, and some thoughts about some things you could be wastin' your time doing, besides fishin'. Illus. 110 pages. Quixote. Paperbound. Pub. at \$7.95 **\$4.95**



913039X FLYTYING FOR BEGINNERS: Learn All the Basic Tying Skills VIA 12 Popular International Fly Patterns. By Barry Ord Clarke. Exceptionally clear beginner's guide shows you exactly how to create 12 universal fishing flies, step-by-step. Includes the Zebra Midge; F-Fly; Pheasant Tail Nymph; Montana Nymph and more. Master the building blocks for which all successful fishing flies, even the most complex ones, are based. Fully illus. in color. 126 pages. Skyhorse. Paperbound. Pub. at \$19.99 **\$6.95**



9038833 ADVENTURES OF A DEEP-SEA ANGLER. By R.C. Grey. Zane and Romer Grey fished for the giants of the sea and lived to tell about it. Romer's tales of fishing with his brother for broadbill, swordfish, marlin, shark and tuna are as exciting and amazing as Zane's stories. Features gold gilded page edges. Fully illus. 224 pages. Derrydale. 8x10½. Pub. at \$65.00 **\$5.95**



9002936 STALKING TROPHY BROWN TROUT: A Fly-Fisher's Guide to Catching the Biggest Trout of Your Life. By John Holt. With detailed descriptions of his unusual techniques, and often counterintuitive revelations about what works and what doesn't, Holt passes along all of the techniques and insights that anglers need to catch the elusive brown trout. Fully illus. in color. 184 pages. Lyons. Paperbound. Pub. at \$24.95 **\$4.95**



9019219 FIELD & STREAM HUNTING OPTICS HANDBOOK. By Thomas A. McIntyre. Takes all the guesswork out of choosing binoculars, rifle scopes, and range finders by explaining what kind of performance to look for in optics and how to choose an optic that will fulfill specific hunting needs. Well illus. 155 pages. Lyons. Paperbound. Pub. at \$19.95 **\$4.95**



900372X PRO TACTICS TURKEY HUNTING: Use the Secrets of the Pros to Bag More Birds. By Bob Humphrey. You'll find advice on locating, setting up, and calling. Most important, you'll gain a much greater understanding of the wild turkey's behavior and learn how to modify and adapt basic techniques to fit particular situations. Fully illus. in color. 130 pages. Lyons. 8½x11. Paperbound. Pub. at \$19.95 **\$4.95**



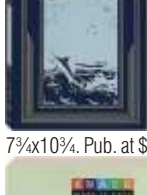
9003711 PRO TACTICS WHITETAIL HUNTING: Expert Strategies and Techniques for a Successful Hunt. By Bob Humphrey. Provides advice on selecting the right equipment as well as scouting and hunting, whether on foot or in a stand, with virtually any legal weapon. More important, it explains the whitetail's behavior and how to modify and adapt basic techniques to fit particular situations. Fully illus. in color. 156 pages. Lyons. 8½x11. Paperbound. Pub. at \$19.95 **\$4.95**



7983182 THE AMERICAN ANGLER GUIDE TO WARMWATER FLY FISHING: Proven Skills, Techniques, and Tactics from the Pros. By Nathan Perkinson. Offers a quick and succinct look at the essential of this sport. This guide delivers everything beginning and intermediate anglers need to know about casting technique, gear selection, fly choice, and how best to approach various fish species in their favored habitats. A selection of essential flies and tying recipes round out this work. Well illus. in color. 186 pages. Lyons. Paperbound. Pub. at \$19.95 **\$5.95**



9003266 JOHN GODDARD'S TROUT-FISHING TECHNIQUES. Offers a distillation of more than 50 years of his fly-fishing wisdom, focusing on tackle, casting for, playing, and hooking trout, where to fish in rivers and lakes, and fishing with dry flies, wet flies, and nymphs. Well illus. most in color. 230 pages. Lyons. Paperbound. Pub. at \$16.95 **\$4.95**



9039252 SALT WATER FLY FISHING. By Joe Brooks. With the growing popularity of salt water fly-fishing today, we easily forget that this sport was only begun in the 1930s-1950s. Brooks was one of the earliest pioneers of salt water techniques and salt water flies—both of which still catch fish today. Features gold gilded page edges. Fully illus. 200 pages. Derrydale. 7½x10½. Pub. at \$65.00 **\$5.95**



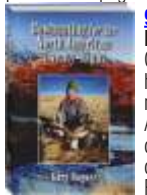
9030255 KNACK FISHING FOR EVERYONE: A Complete Illustrated Guide. By Scott Bowen. Guides you to becoming a capable and knowledgeable angler—one who, with a set of basic skills, starts catching fish and continues to do so, refining your techniques as you go. It presents all the essentials of fishing, using various kinds of tackle, for a variety of freshwater and saltwater species. Fully illus. in color. 244 pages. Knack. Paperbound. Pub. at \$19.95 **\$4.95**



★117679X THE BALLISTICS HANDBOOK: Factors Affecting Bullet Flight from Muzzle to Target. By Philip P. Massaro. Breaks down how environmental conditions, trajectory, ballistic coefficient, bullet shape/construction, and barrel length all affect accuracy. The more you understand about these variables, the more confidence you will gain, and that will result in making first-round hits. Illus. 365 pages. Gun Digest Books. Paperbound. Pub. at \$19.99 **\$14.95**



9038841 AN AMERICAN ANGLER IN AUSTRALIA. By Zane Grey. Grey fished everywhere, but he often found himself lured back to the Pacific, especially around Australia and New Zealand. Most of the fish caught in this volume in Australia are sharks, but you can't go fishing in Australia and not be teased by marlins. Features gold gilded page edges. 33 pages of photos. 115 pages. Derrydale. 8x10½. Pub. at \$65.00 **\$5.95**



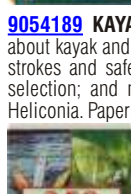
901196X BOWHUNTING FOR THE NORTH AMERICAN TWENTY-EIGHT. By Gary Bogner with J. Van Norman. Bogner has had a remarkable career as a hunter. It must be admitted that hunting all North America big game with a bow has to be one of the most difficult things to go in the world of hunting. Fully illus. 250 pages. Safari. Pub. at \$29.95 **\$7.95**



9019308 GOOD FLIES: Favorite Trout Patterns and How They Got That Way. By John Gierach. Covers a gamut of patterns essential to trout fishing in a variety of circumstances: spinners, midges, nymphs, streamers, and others. Illus. 153 pages. Lyons. Paperbound. Pub. at \$19.95 **\$4.95**



9012230 GREAT HUNTERS, VOLUME 3: Their Trophy Rooms & Collections. Whether it be castles, palaces, mansions, or museums, the finest of the finest in trophy-room designs and collections. Fully illus. in color. 208 pages. Safari. 9½x12½. Pub. at \$60.00 **\$9.95**



9054189 KAYAK BASS FISHING. By Chad Hoover. Learn about kayak and gear selection; how to outfit a kayak; essential strokes and safety; depth finder selection; rod, reel and line selection; and much more. Fully illus. in color. 198 pages. Heliconia. Paperbound. Pub. at \$24.95 **\$5.95**



7835213 250 AMAZING FISHING TIPS: The Best Tactics and Techniques to Catch Any and All Game Fish. By Lamar Underwood. Focusing on the most popular freshwater game fish, the seasoned angler espouses all the essential tips that he has picked up from decades of experience on the water. Underwood's techniques are applicable to rivers and streams, estuaries and inlets, bays, beaches, and offshore. Illus. 162 pages. Skyhorse. Paperbound. Pub. at \$14.99 **\$6.95**



9124896 SHOOTER'S BIBLE GUIDE TO SPORTING SHOTGUNS. By Alex Brant. This will help new and experienced shooters make smart equipment purchases, including shotguns, optics, ammunition, and gear. Fully illus. in color. 231 pages. Skyhorse. 8x10½. Paperbound. Pub. at \$19.99 **\$6.95**



9069100 FIELD & STREAM THE BEST OF THE TOTAL OUTDOORSMAN. By T. Edward Nickens. Provides tried and true techniques that will expand the proficiency of the most grizzled experts. Collected here are 501 essential skills every outdoorsman should know. Cover has metal corners. Fully illus. in color. Weldon Owen. Paperbound. Pub. at \$29.00 **\$11.95**



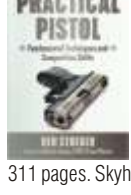
7977441 DRY FLY STRATEGIES. By Paul Weamer. Weamer breaks down the best methods, rigs, and fly patterns to catch more fish. Fully illus. in color. 174 pages. Stackpole. Pub. at \$29.95 **\$6.95**



9003622 THE ORVIS GUIDE TO TACKLE CARE AND REPAIR: Solid Advice for In-Field or At-Home Maintenance. By Ted Leeson. Provides the only thing missing from most tackle boxes—a handbook of useful repairs, preventative measures, and guidelines for assessing usable equipment. Includes tips on fixing waders, rods, reels, fly boxes, and more. Fully illus. in color. 166 pages. Paperbound. Pub. at \$19.95 **\$4.95**



9011811 THE SPORTS AFIELD BOOK OF HUNTING AND SHOOTING RECORDS AND FACTS 2015. By Jens Erik Perto with J. Hogh. An entertaining and eclectic collection of remarkable feats, surprising facts, interesting trivia, and sensational coincidences from the world of big-game hunting, bird hunting, and shooting. Fully illus. 333 pages. Safari. Pub. at \$39.95 **\$7.95**



★8883289 PRACTICAL PISTOL: Fundamental Techniques and Competition Skills. By Ben Stoeger. How do you hold the gun? How do you shoot fast? The knowledge provided here answers these questions and many more, spanning from marksmanship fundamentals to shooting on the move and competition skills such as stage breakdown and managing match pressure. Color photos. 311 pages. Skyhorse. Paperbound. Pub. at \$24.99 **\$17.95**

Fishing & Hunting



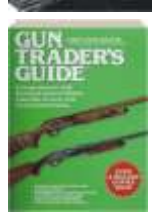
★8042128 BREAKTHROUGH MARKSMANSHIP: The Tools of Practical Shooting. By Ben Stoeger. Provides the knowledge and guidance every shooter needs, containing proven techniques and refined drills together in a straightforward guide. Gives readers a better understanding of the ins and outs of practical shooting, allowing them to see their mistakes, fix them, and experience a breakthrough in their skills. 111 pages. Skyhorse. Paperbound. Pub. at \$15.99 **\$11.95**



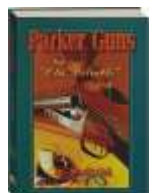
9039171 PACIFIC GAME FISHING. By S. Kip Farrington Jr. Farrington explores the Pacific in search of black marlin, roosterfish, wahoo, broadbill swordfish, and many other species as he discovers the pioneers of Pacific fishing. Features gold gilded page edges. Fully illus. 290 pages. Derrydale. 8x10 1/4. Pub. at \$65.00 **\$6.95**



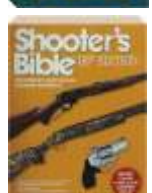
912361X OF KNIVES AND MEN: Great Knife Crafters of the World and Their Works. By Francois-Xavier Salle. An invitation to take a journey, a world tour of the best fine art knifemakers of the last 30 years and their creations. Fully illus. in color. 240 pages. Firefly. 8 1/2 x 11 1/4. Pub. at \$35.00 **\$15.95**



★9026371 GUN TRADER'S GUIDE, FORTY-SIXTH EDITION. Ed. by Robert A. Sadowski. For more than 50 years this has been the standard reference for collectors, dealers, and gun enthusiasts. It's the definitive source for making informed firearms purchases and sales. Well illus. 607 pages. Skyhorse. Paperbound. Pub. at \$29.99 **\$21.95**



7977735 PARKER GUNS: The Old Reliable. By Ed Muderlak. Takes a refreshing look at the small beginnings, the golden years, and the ultimate decline of what must be the most famous of all American shotgun manufacturers. Fully illus. some in color. 270 pages. Safari. 8 3/4 x 11 1/4. Pub. at \$40.00 **\$16.95**



★902641X SHOOTER'S BIBLE, 116TH EDITION. Ed. by Jennifer L.S. Pearsall. With a timely feature on the newest products on the market, and complete with color and black and white photographs featuring various makes and models of firearms and equipment, this is an essential guide for any beginner or experienced hunter, firearm collector, or gun enthusiast. 608 pages. Skyhorse. Paperbound. Pub. at \$29.99 **\$21.95**

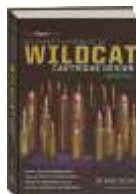


★7869320 GUN DIGEST BOOK OF THE M1 GARAND: Collecting and Shooting America's Greatest Battle Rifle. By Patrick Sweeney. Explores everything from the history and basic design of the Garand to buying, collecting, maintaining, and shooting America's most-cherished .30-06 rifle. Whether interested in learning how to evaluate proof marks and start a Garand collection or acquiring an old-school warhorse for prepping or plinking, this covers it all. Fully illus. in color. 256 pages. Gun Digest Books. 8x10 1/2. Paperbound. Pub. at \$39.99 **\$29.95**



★4928059 AR-15 SETUP, MAINTENANCE AND REPAIR. By Patrick Sweeney. This is your one stop guide to repairing, maintaining and modifying America's favorite rifle. If you need to disassemble and maintain your AR rifle, or you're ready to swap barrels or handguards, add optics, or customize its stock, this manual tells you everything you need to know. Well illus. 320 pages. Gun Digest Books. 8 1/2 x 10 1/4. Paperbound. Pub. at \$35.99 **\$26.95**

7983301 BIRMINGHAM GUNMAKERS. By Douglas Tate. A complete overview of the Birmingham Gun Trade and its history as well as a listing of the Birmingham Gunmakers. Fully illus. some in color. 190 pages. Safari. 8 3/4 x 11 1/4. Pub. at \$50.00 **\$14.95**



Well illus. 488 pages. Gun Digest Books. Pub. at \$64.99 **\$49.95**



Paperbound. Pub. at \$18.95



Paperbound. Pub. at \$18.95



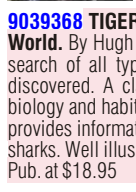
DVD 9054197 KAYAK FISHING: The Ultimate Guide. Whether you're a new kayak angler interested in developing a strong foundation of skills or a seasoned kayak angler who wants to get the most out of your time on the water, look no further. Heliconia. Pub. at \$19.95 **PRICE CUT to \$3.95**



9011838 SPORTS ILLUSTRATED FLY FISHING. By Bill Mason. Shows you what to look for in rods, reels, lines, leaders, and other equipment, 16 fly fishing techniques that can work for you, how to fly for salmon, steelhead, bass, and bonefish, permits, and more. Fully illus. some in color. 255 pages. Sports Illustrated. Paperbound. Pub. at \$14.95 **PRICE CUT to \$2.95**



9002820 A ROUGH-SHOOTING DOG: Reflections from Thick and Uncivil Sorts of Places. By Charles Fergus. Fergus chronicles the training and first hunting season of his beloved canine friend and hunting companion, taking the reader into the field in pursuit of woodcock, pheasant, and grouse—noting that the two are a team and must work together to be successful hunters. Illus. 234 pages. Lyons. Paperbound. Pub. at \$16.95 **PRICE CUT to \$2.95**



Paperbound. Pub. at \$16.95



9054553 TRUE TALES FROM AN EXPERT FISHERMAN: A Memoir of My Life with Rod and Reel. By John Bailey. Shares his horrifying brushes with espionage and death in the world's most inhospitable places, and introduces readers to a motley array of characters, as well as an immense variety of fish. Well illus. in color. 216 pages. IMM Lifestyle Books. Paperbound. Pub. at \$19.99 **PRICE CUT to \$3.95**

9039368 TIGERS OF THE SEA: Shark Fishing Around the World. By Hugh D. Wise. Explored the depths of the oceans in search of all types of sharks, many of which had yet to be discovered. A classic from 1937 that not only describes the biology and habitat of the various newly found species, but also provides information on tackle, bait, and methods for fishing for sharks. Well illus. 189 pages. Derrydale. 7 1/2 x 10 1/2. Paperbound. Pub. at \$18.95 **PRICE CUT to \$2.95**

★699606X RELOADER'S HANDBOOK OF WILDCAT CARTRIDGE DESIGN, 2ND EDITION. By Fred Zeglin. No matter your reloading goals, this guide is the most comprehensive reference available for designing, building, loading and shooting wildcat cartridges. Calibers span the gamut, from the tiny .10 caliber to the brawny .50 caliber. There is something for every shooter!

9003614 THE ORVIS FLY-TYING MANUAL, 2ND EDITION: How to Tie Eight Popular Flies. By Tom Rosenbauer. Once an angler has some tying experience, he or she will want to tackle the most productive patterns. This manual covers eight of the most effective flies, each detailed in its own chapter, with step by step instructions, materials lists, and variations. Well illus. in color. 132 pages. Lyons. Paperbound. Pub. at \$18.95 **PRICE CUT to \$2.95**

9003169 WESTERN FLY-FISHING STRATEGIES. By Craig Mathews. One of the country's most innovative anglers shares his knowledge of the rivers of Yellowstone Park, southwest Montana, and eastern Idaho. Includes information on planning a trip, equipment and tackle, reading the waters, weather and wind. Fully illus. some in color. 196 pages. Paperbound. Pub. at \$18.95 **PRICE CUT to \$2.95**

DVD 9054197 KAYAK FISHING: The Ultimate Guide. Whether you're a new kayak angler interested in developing a strong foundation of skills or a seasoned kayak angler who wants to get the most out of your time on the water, look no further. Heliconia. Pub. at \$19.95 **PRICE CUT to \$3.95**

9039430 VEILED HORIZONS. By Ralph Bandini. A collection of anecdotes of fishing for the giants of the sea as well as 'fish tales' many would find difficult to swallow. Features gold gilded page edges. Illus. 222 pages. Derrydale. 8x10 1/4. Pub. at \$65.00 **PRICE CUT to \$3.95**

9011838 SPORTS ILLUSTRATED FLY FISHING. By Bill Mason. Shows you what to look for in rods, reels, lines, leaders, and other equipment, 16 fly fishing techniques that can work for you, how to fly for salmon, steelhead, bass, and bonefish, permits, and more. Fully illus. some in color. 255 pages. Sports Illustrated. Paperbound. Pub. at \$14.95 **PRICE CUT to \$2.95**

9002820 A ROUGH-SHOOTING DOG: Reflections from Thick and Uncivil Sorts of Places. By Charles Fergus. Fergus chronicles the training and first hunting season of his beloved canine friend and hunting companion, taking the reader into the field in pursuit of woodcock, pheasant, and grouse—noting that the two are a team and must work together to be successful hunters. Illus. 234 pages. Lyons. Paperbound. Pub. at \$16.95 **PRICE CUT to \$2.95**

9003029 THE TOP TEN GUIDE TO FLY FISHING. By Jay Zimmerman. This lighthearted look at a serious sport will give beginners the value of solid instruction while providing seasoned fly fishers with the opportunity to quibble with the rankings. Well illus. 178 pages. Lyons. Paperbound. Pub. at \$16.95 **PRICE CUT to \$2.95**

9054553 TRUE TALES FROM AN EXPERT FISHERMAN: A Memoir of My Life with Rod and Reel. By John Bailey. Shares his horrifying brushes with espionage and death in the world's most inhospitable places, and introduces readers to a motley array of characters, as well as an immense variety of fish. Well illus. in color. 216 pages. IMM Lifestyle Books. Paperbound. Pub. at \$19.99 **PRICE CUT to \$3.95**

9039368 TIGERS OF THE SEA: Shark Fishing Around the World. By Hugh D. Wise. Explored the depths of the oceans in search of all types of sharks, many of which had yet to be discovered. A classic from 1937 that not only describes the biology and habitat of the various newly found species, but also provides information on tackle, bait, and methods for fishing for sharks. Well illus. 189 pages. Derrydale. 7 1/2 x 10 1/2. Paperbound. Pub. at \$18.95 **PRICE CUT to \$2.95**



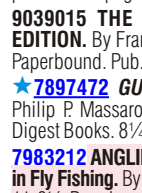
sustainable ecosystems, encourages biodiversity, and can help bridge social and political divides. 255 pages. Timber. Pub. at \$28.00 **PRICE CUT to \$5.95**



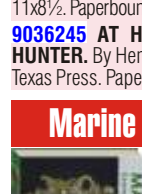
made them by hand. 16 pages of photos. 333 pages. Lyons. Pub. at \$37.95 **PRICE CUT to \$21.95**



9012281 HOME FROM THE HILL. By Fred Webb. 24 pages of photos. 283 pages. Safari. Pub. at \$34.95 **\$7.95**



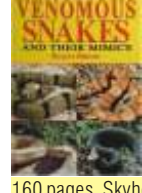
9039015 THE FISHERMAN'S COMPANION, SECOND EDITION. By Frank Holan. Fully illus. 150 pages. Alan C. Hood. Paperbound. Pub. at \$12.95 **SOLD OUT**



★7897472 GUN DIGEST 2024, 78TH EDITION. Ed. by Philip P. Massaro. Fully illus. some in color. 622 pages. Gun Digest Books. 8 1/2 x 10 1/4. Paperbound. Pub. at \$39.99 **\$29.95**



7983212 ANGLING THE WORLD: Ten Spectacular Adventures in Fly Fishing. By Roy Tanami. Fully illus. in color. 180 pages. Lyons. 11x8 1/2. Paperbound. Pub. at \$24.95 **PRICE CUT to \$3.95**

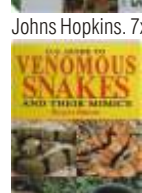


9036245 AT HOME ON THE RANGE WITH A TEXAS HUNTER. By Henry Chappell. Well illus. 246 pages. Republic of Texas Press. Paperbound. Pub. at \$18.95 **PRICE CUT to \$2.95**

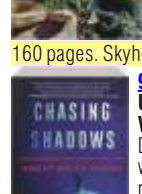
Marine Mammals, Fish & Reptiles



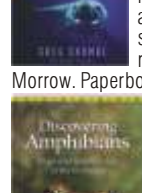
9045686 MARSUPIAL FROGS: Gastrotheca & Allied Genera. By William E. Duellman with L. Trueb. Reveals the many aspects of the lives of marsupial frogs and closely allied genera. Showing the diversity of the frogs' exotic color patterns and geographic distribution, more than 200 photographs, illustrations, and maps accompany the detailed text. 407 pages. Johns Hopkins. 7x10 1/4. Pub. at \$120.00 **\$5.95**



3747484 U.S. GUIDE TO VENOMOUS SNAKES AND THEIR MIMICS. By Scott Shupe. Shupe's expertise and knowledge of snakes is apparent in the thoughtful descriptions and handy hints on how to tell poisonous snakes from their harmless imitators. Includes full-color photos for definitive identification and accurate region by region range maps for each snake. 160 pages. Skyhorse. Paperbound. Pub. at \$16.99 **\$5.95**



9129898 CHASING SHADOWS: Unraveling the Mysteries of the Great White Shark. By Greg Skomal with R. Talbot. Dr. Greg Skomal, one of the leading great white shark experts in the United States, reveals the true nature of these mysterious apex predators, as well as the fascinating story behind their history and startling resurgence. 16 pages of photos. 354 pages. Morrow. Paperbound. Pub. at \$18.99 **\$5.95**



9030107 DISCOVERING AMPHIBIANS: Frogs and Salamanders of the Northeast. By John Himmelman. Provides a dazzling naturalist's handbook on amphibian behavior and physiology. Reveals how to identify and appreciate many types and create your own habitats for them. Fully illus. some in color. 208 pages. Down East. Paperbound. Pub. at \$18.95 **\$4.95**



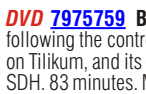
Blu-ray 1994123 SHARK. Widescreen. You may have seen shark programs, but you've never seen one like this. The most ambitious shark series ever made is a stunning high-definition spectacle that captures astounding, jaw-dropping footage. English SDH. 117 minutes. BBC Earth. **\$5.95**



Marine Mammals, Fish & Reptiles



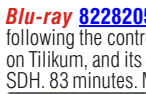
DVD 8993173 WHY SHARKS ATTACK: NOVA. NOVA teams with leading shark experts in Australia and the United States to uncover the science behind the great white's hunting instincts. With shark populations plummeting, scientists race to unlock the secrets of these powerful creatures of the deep in their quest to save people—and sharks. English SDH. 60 minutes. PBS. Pub. at \$24.99 **\$5.95**



DVD 7975759 BLACKFISH. Widescreen. A documentary following the controversial captivity of killer whales, with a focus on Tilikum, and its dangers for both humans and whales. English SDH. 83 minutes. Magnolia. **\$2.95**



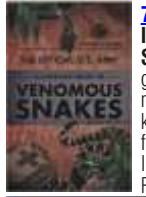
9107290 SEARCH FOR THE GREAT TURTLE MOTHER. By Jack Rudloe. Recounts how Rudloe's fascination with sea turtles led him to journey to Central America and Malaysia to investigate the theory that magnetic forces help guide sea turtles in their migration, and to explore the Turtle Mother legend that shaped the attitudes of primitive cultures. Well illus. 263 pages. Great Outdoors. Paperbound. Pub. at \$14.95 **\$4.95**



Blu-ray 8228205 BLACKFISH. Widescreen. A documentary following the controversial captivity of killer whales, with a focus on Tilikum, and its dangers for both humans and whales. English SDH. 83 minutes. Magnolia. **\$4.95**



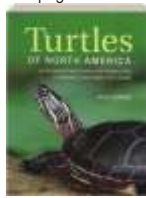
DVD 8054797 THE WHALE. Narrated by Ryan Reynolds, *The Whale* tells the life-affirming true story of a young, wild killer whale—an orca—nicknamed Luna, who lost contact with his family on the coast of British Columbia and became famous around the world when he tried to make friends with human beings. CC. 85 minutes. Docurama. **\$6.95**



7977700 THE OFFICIAL U.S. ARMY ILLUSTRATED GUIDE TO VENOMOUS SNAKES, REVISED EDITION. A full-color guide to these sometimes dangerous but often misunderstood creatures, filled with practical knowledge and interesting facts. A must-have for campers, climbers, hikers, and snake lovers. 105 pages. Lyons. Paperbound. Pub. at \$19.95 **\$5.95**



★780718X ANCIENT SEA REPTILES: Plesiosaurs, Ichthyosaurs, Mosasaurs, and More. By Darren Naish. The ocean's fiercest and most spectacular reptiles from the Mesozoic Era come alive through amazing fossil photography and stunning artistic reconstructions that fire the imagination. Presents a compressive guide to the biology, behavior, and evolution of fearsome predators who are lesser known than dinosaurs. 192 pages. Smithsonian. Pub. at \$29.95 **\$21.95**



★1167685 TURTLES OF NORTH AMERICA. By Kyle Horner. Describes the 64 species of turtles that inhabit the continental United States and Canada and the ocean waters that surround them. For each turtle there are photographs and text that show how to identify each species and explains a little about its life history. A range map shows where each turtle may be found. 208 pages. Firefly. Paperbound. Pub. at \$29.95 **\$24.95**



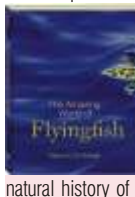
★9120866 INCREDIBLE LIZARDS: One Hundred Species From Around the World. By Steve K. Wilson. A celebration of lizard-hood. Salutes a diversity of form and function unparalleled among terrestrial vertebrates, from apex predators capable of swallowing goats to limbless subterranean insectivores. Fully illus. in color. 216 pages. New Holland. 9 3/4 x 8 3/4. Pub. at \$35.00 **\$27.95**



★9099662 THE WORLD BENEATH: The Life and Times of Unknown Sea Creatures and Coral Reefs. By Richard Smith. The wondrous creatures inside are charmers and tricksters. You'll learn what they eat, how they play, and how they care for one another, live on one another, and mimic others when they're afraid. Fully illus. in color. 350 pages. Apollo. 8 1/4 x 10 1/4. Pub. at \$40.00 **\$31.95**



★8882118 OUR SEA TURTLES, SECOND EDITION: A Practical Guide for the Atlantic and Gulf, from Canada to Mexico. By Blair & Dawn Witherington. Reflects new discoveries and developments in turtle biology and conservation. An abundantly illustrated guide to our human experience with a majestic and intriguing group of marine animals. Dives deep into the lives of sea turtles, telling their story with unique perspectives and fascinating images. 282 pages. Pineapple Press. Paperbound. Pub. at \$29.95 **\$17.95**



8991464 THE AMAZING WORLD OF FLYINGFISH. By Steve N.G. Howell. This beautifully illustrated guide presents flyingfish as you've never seen them before. Includes more than 90 color photos, as well as concise text that explores the natural history of flyingfish, where to see them, how they fly and more. 45 pages. Princeton. Pub. at \$12.95 **PRICE CUT to \$2.95**



9040412 GARTER SNAKES AND WATER SNAKES. By David Perlowin. Filled with fascinating facts about the San Francisco garter and more. Brings the most up to date information to the fingertips of the herp enthusiast. Start learning all you need to know to properly care for your new or existing snakes. Well illus. in color. 88 pages. AVS. Paperbound. Pub. at \$8.95 **PRICE CUT to \$2.95**



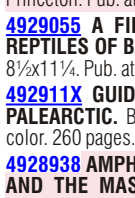
★7986726 SHARK: The World's Most Misunderstood Predator. By Paul de Gelder. From shark-attack survivor to the shark's biggest activist, this is de Gelder's love letter to these unfairly vilified animals and his warning to the world about what will happen if we don't look out for them. Color photos. 232 pages. Mudlark. Paperbound. Pub. at \$19.99 **PRICE CUT to \$11.95**



★4434625 MY LIFE WITH SEA TURTLES. By Christine Figgner. Reveals the secret life of sea turtles, one of the oldest living creatures on Earth, and the story of one female scientist's fight to save their future. Illus. some in color. 255 pages. Greystone. Pub. at \$28.95 **PRICE CUT to \$14.95**



★791203X THE LIVES OF SHARKS: A Natural History of Shark Life. By Daniel C. Abel & R. Dean Grubbs. Sharks are the top predators in many marine ecosystems. Explore shark physiology, anatomy, behavior, ecology, and evolution, as well as conservation and the impact of human activity on shark populations. A comprehensive, authoritative, and inviting introduction to global shark life today. Color photos. 288 pages. Princeton. Pub. at \$35.00 **PRICE CUT to \$19.95**



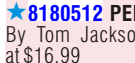
4929055 A FIELD GUIDE TO THE AMPHIBIANS AND REPTILES OF BALI. By J. Lindley McKay. 138 pages. Krieger. 8 1/2 x 11 1/4. Pub. at \$42.00 **\$1.95**



492911X GUIDE TO THE REPTILES OF THE EASTERN PALEARCTIC. By Nikolai N. Szczerbak. Well illus., many in color. 260 pages. Krieger. Pub. at \$69.00 **\$2.95**



4928938 AMPHIBIANS AND REPTILES OF MADAGASCAR AND THE MASCARENE, SEYCHELLES, AND COMORO ISLANDS. By Friedrich-Wilhelm Henkel et al. Well illus. in color. 316 pages. Krieger. Pub. at \$93.00 **PRICE CUT to \$2.95**



Blu-ray 7867743 THE LONELIEST WHALE. Widescreen. Blecker Street. **6994121 HOW TO SPEAK WHALE: A Voyage into the Future of Animal Communication.** By Tom Mustill. Photos. 283 pages. Grand Central. Pub. at \$29.95 **PRICE CUT to \$7.95**

★903983X SNAKES: Life Cycle, Species, Characteristics, Habitat. By Julianna Photopoulos. Fully illus. in color. 224 pages. Amber. Paperbound. Pub. at \$16.99 **\$12.95**

492892X THE AMPHIBIANS AND REPTILES OF EL SALVADOR. By Gunther Kohler et al. 238 pages. Krieger. 8 1/2 x 11 1/4. Pub. at \$72.00 **PRICE CUT to \$7.95**

★5522080 FIELD GUIDE TO SHARKS, RAYS & CHIMAERAS OF THE EAST COAST OF NORTH AMERICA. By D.A. Ebert & M. Dando. Fully illus. in color. 430 pages. Princeton. Paperbound. Pub. at \$39.95 **PRICE CUT to \$27.95**

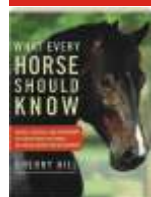
★8180512 PENGUINS: Chicks, Family, Types, Habitat. By Tom Jackson. 224 pages. Amber. Paperbound. Pub. at \$16.99 **PRICE CUT to \$7.95**

★9039821 SHARKS & UNDERWATER PREDATORS: Young, Habitats, Characteristics, Anatomy. By Tom Jackson. Fully illus. in color. 224 pages. Amber. Paperbound. Pub. at \$16.99 **\$12.95**

★7939078 THE CURIOUS WORLD OF SEAHORSES: The Life and Lore of a Marine Marvel. By Till Hein. 217 pages. Greystone. Pub. at \$26.95 **PRICE CUT to \$14.95**

★7912048 SEA MAMMALS: The Past and Present Lives of Our Oceans' Cornerstone Species. By Annalisa Berta. Color photos. 224 pages. Princeton. Pub. at \$29.95 **PRICE CUT to \$9.95**

Horses & Horsemanship



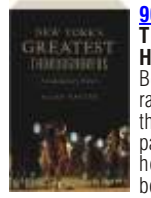
905412X WHAT EVERY HORSE SHOULD KNOW. By Cherry Hill. Hill explains how to help a horse overcome wariness of human touch and restraint, develop trust in a rider or handler, and learn respect and patience. Fully illus. in color. 179 pages. Storey. Paperbound. Pub. at \$19.95 **\$6.95**



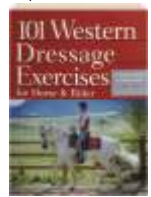
9036431 THE LEGENDARY CALIFORNIA HACKAMORE & STOCK HORSE. By Bobby Ingersoll. A fascinating volume about the history of the California Stock Horse and the Hackamore style of horse training. The centuries-old Spanish tradition is rapidly becoming a lost art. Here Ingersoll includes practical horse training tips, intricate drawings and diagrams, and photographs of significant riders and their Hackamore horses. 148 pages. Stoecklein. 12 x 11. Pub. at \$50.00 **\$7.95**



907404X THE LITTLE BOOK OF LORE FOR HORSE LOVERS: A Round Up of Equine Facts, Myths, and History. By Mary Frances Budzik. Chock full of fun facts, trivia, and illustrations, this fun work will answer all the horse-related questions you could ever have. Such as: What should you keep in an equine first aid kit? Where did the word *Flibbertigibbet* come from? 144 pages. Skyhorse. Pub. at \$11.99 **\$6.95**



9007652 NEW YORK'S GREATEST THOROUGHBREDS: A Contemporary History. By Allan Carter. From Saratoga to Belmont Park, New York hosts some of horse racing's most important races, but many of the most successful Thoroughbreds of the past five decades also have called the state home. The author highlights the stories behind the greatest New York Thoroughbreds of the past half century. Well illus. 155 pages. History Press. Paperbound. Pub. at \$21.99 **\$5.95**



9075852 101 WESTERN DRESSAGE EXERCISES FOR HORSE & RIDER. By J.A. Ballou & S. Boyles. Dressage work demands that horses be responsive, supple, and balanced—desirable qualities whether your horse is navigating trails, working cattle, or performing in a dressage competition. Western Dressage can make your horse the best he can be. Fully illus. 239 pages. Storey. 8 1/2 x 11. Paperbound. Pub. at \$29.99 **\$7.95**

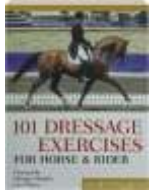


8997489 THE USDF GUIDE TO DRESSAGE. By Jennifer O. Bryant. The classical ballet of horsemanship, dressage is a graceful dance between horse and rider that demands impeccable communication, coordination, and timing. This volume explains the origins of dressage, necessary dressage attire, tack and equipment, and how best to approach training. Well illus. in color. 340 pages. Storey. 9 1/4 x 10 1/4. Pub. at \$39.95 **\$9.95**



★898426 COME ON SEABISCUIT! By Ralph Moody. The thrilling story of a plucky horse who refused to quit, a down on his luck jockey who didn't let horrendous accidents keep him out of the saddle, and a taciturn trainer who brought out the best in both. Originally published in 1963. Illus. 172 pages. Bison. Paperbound. **\$12.95**

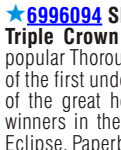
Horses & Horsemanship



9075828 101 DRESSAGE EXERCISES FOR HORSE & RIDER. By Jec Aristotle Ballou. Schooling your horse in standard dressage techniques creates a firm foundation for all performance riding. Training in dressage brings the dedicated equestrian closer to that ultimate goal of oneness between horse and rider, improving every riding session. Fully illus. 223 pages. Storey. 8 1/2 x 11. Paperbound. Pub. at \$29.95 **\$7.95**



8058385 KELSO: Racing's Five-Time Horse of the Year. By Steve Haskin. Racing until the age of nine, Kelso won 39 of 63 races. This superstar of the 1960s earned an unprecedented five Horse of the Year titles and five divisional championships, set or equaled eight track records, and set three American standards. 16 pages of photos. 207 pages. Eclipse. Paperbound. Pub. at \$22.95 **\$17.95**



6996094 SEATTLE SLEW: Racing's First Undefeated Triple Crown Winner. By Dan Mearns. One of the most popular Thoroughbreds in recent times, Seattle Slew was one of the first undefeated Triple Crown winners. Explores the life of the great horse, who was one of only 13 Triple Crown winners in the history of horse racing. Photos. 159 pages. Eclipse. Paperbound. Pub. at \$22.95 **\$17.95**



753101X THE KENTUCKY OAKS: 150 Years of Running for the Lilies. By Avalyn Hunter. Beginning with Meriwether Lewis Clark Jr.'s creation of a race designed to parallel England's historic Oaks Stakes, Hunter traces the evolution of the Kentucky Oaks through the stories of men, women, and fillies that have made the Kentucky Oaks a symbol for women's growing participation in the sport at all levels. Photos. 246 pages. UPKY. Paperbound. Pub. at \$30.00 **\$24.95**



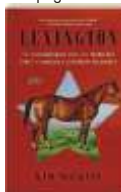
4995325 THE KINGMAKER: How Northern Dancer Founded a Racing Dynasty. By Avalyn Hunter. Tells the compelling story of the fiery colt who towered over both his peers and the humans who played supporting roles. Also chronicles Northern Dancer's ascendancy as the world's most coveted stallion and the founder of a Thoroughbred dynasty. More than 30 years after his death, his descendants continue to write racing and breeding history around the world. 16 pages of photos. 264 pages. Eclipse. Paperbound. Pub. at \$26.95 **\$19.95**



7543042 SKY WATCH: Chasing an American Saddlebred Story. By Emma Hudelson. Tracking the path of Sky Watch's success, Hudelson's work is a deeply personal homage to one of the sport's greatest show horses and the indelible impression he left on the breed and in the hearts of those who loved him. Illus. 245 pages. UPKY. Pub. at \$32.95 **\$26.95**



9016538 THE WESTERN HORSE: A Popular History of the Wild and Working Animal. By Randi Samuelson-Brown. Delves into the origins and variations of the western breeds, their role in the expansion and settlement of the West, and the lawless element they attracted. The mounted Plains tribes, cavalry, Pony Express, stock detectives, cowboys, horse thieves, and iconic rodeos come into perspective. Illus. 197 pages. TwoDot. Paperbound. Pub. at \$22.95 **\$17.95**



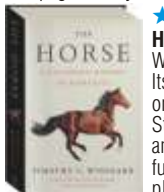
539581X LEXINGTON: The Extraordinary Life and Turbulent Times of America's Legendary Racehorse. By Kim Wickens. The dramatic true story of the champion Thoroughbred racehorse who gained international fame in the tumultuous Civil War-era South and became the most successful sire in American racing history. Illus. 401 pages. Ballantine. Paperbound. Pub. at \$22.00 **\$12.95**



9003894 THOROUGHBRED NATION: Making America at the Racetrack 1791-1900. By Natalie A. Zacek. Follows the sport from its origins in colonial Virginia and South Carolina to its boom in the Lower Mississippi Valley, and then from its post-Civil War rebirth in New York City and Saratoga Springs to its opulent mythologization of the "Old South" at Louisville's Churchill Downs, home of the Kentucky Derby. Illus. 331 pages. LaSUP. **\$33.95**



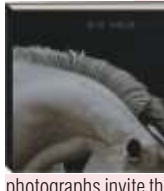
7530641 THE HISTORY OF THE KENTUCKY DERBY IN 75 OBJECTS. By J.K. Whitehead & Kentucky Derby Museum. Whitehead sets out to recover the accurate history of America's longest continuously held sporting event and establish a balance between well-known narratives and those that are less widely shared. She is the curator of the collection at the Kentucky Derby Museum and gives readers a personal tour of 75 objects from the museum. Fully illus. most in color. 320 pages. UPKY. 8 1/2 x 11 1/4. Pub. at \$35.00 **\$24.95**



8894000 THE HORSE: A Galloping History of Humanity. By Timothy C. Winegard. An epic history unlike any other. Its story begins more than 5,500 years ago on the windswept grasslands of the Eurasian Steppe; when one human tamed one horse, an unbreakable bond was forged and the future of humanity was instantly rewritten, placing the reins of destiny firmly in human hands. Photos. 519 pages. Dutton. Pub. at \$35.00 **\$26.95**



794506X SECRETARIAT: Racing's Greatest Triple Crown Winner. By Timothy T. Capps. Tells the riveting story of Secretariat from the champion's birth at Meadow Stable in Virginia and his tutelage under renowned trainer Lucien Laurin to his great victories with jockey Ron Turcotte and his life after the racetrack. 222 pages. Eclipse. Paperbound. Pub. at \$19.95 **PRICE CUT to \$11.95**



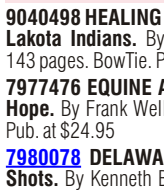
7930801 HORSE/HUMAN: An Emotional Bond. By Bob Tabor. This collection of stunning and powerful images is a testament to photographer Bob Tabor's profound understanding of and respect for these magnificent horses. His uniquely poignant photographs invite the reader to connect with these majestic and beautiful animals. 183 pages. Glitterati. 14 1/4 x 11 1/4. Pub. at \$95.00 **PRICE CUT to \$19.95**



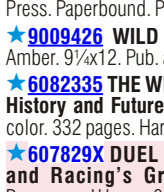
4998324 THE 10 BEST KENTUCKY DERBIES. By Edward L. Bowen et al. A panel of racing experts selected these 10 Kentucky Derbies as the all-time greatest, most exciting, and riveting first Saturdays in May. Fully illus. 212 pages. Eclipse. Paperbound. Pub. at \$22.95 **PRICE CUT to \$14.95**



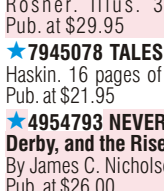
4992210 AT THE WIRE: Horse Racing's Greatest Moments. By Edward L. Bowen. Dominating victories, great duels, and astounding rallies make up some of horse racing's greatest moments. Bowen captures these and more in this work, a compilation of nearly thirty races plus Breeders' Cup highlights that have earned a solid place in America's Turf history. Well illus. 236 pages. Eclipse. 8 1/2 x 10 1/2. Paperbound. Pub. at \$29.95 **PRICE CUT to \$17.95**



9040498 HEALING POWER OF HORSES: Lessons from the Lakota Indians. By Wendy Beth Baker. Fully illus. in color. 143 pages. BowTie. Pub. at \$19.95 **SOLD OUT**



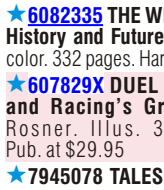
7977476 EQUINE ANGELS: Stories of Rescue, Love, and Hope. By Frank Weller. Fully illus. in color. 182 pages. Lyons. Pub. at \$24.95 **SOLD OUT**



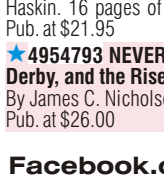
7980078 DELAWARE PARK: Winners, Losers and Long Shots. By Kenneth Baumgardt. Fully illus. 124 pages. History Press. Paperbound. Pub. at \$19.99 **\$5.95**



9009426 WILD HORSES. By Tom Jackson. 224 pages. Amber. 9 1/4 x 12. Pub. at \$29.99 **\$21.95**



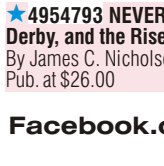
6082335 THE WILD HORSES OF THE CHILCOTIN: Their History and Future. By Wayne McCrory. Fully illus. some in color. 332 pages. Harbour. Pub. at \$29.95 **\$21.95**



607829X DUEL FOR THE CROWN: Affirmed, Alydar, and Racing's Greatest Rivalry. By L. Carroll & D. Rosner. Illus. 329 pages. Eclipse. Paperbound. Pub. at \$29.95 **PRICE CUT to \$17.95**



7945078 TALES FROM THE TRIPLE CROWN. By Steve Haskin. 16 pages of photos. 260 pages. Eclipse. Paperbound. Pub. at \$21.95 **SOLD OUT**



4954793 NEVER SAY DIE: A Kentucky Colt, the Epsom Derby, and the Rise of the Modern Thoroughbred Industry. By James C. Nicholson. Photos. 218 pages. UPKY. Paperbound. Pub. at \$26.00 **SOLD OUT**

7948522 THE FOXES OF BELAIR: Gallant Fox, Omaha, and the Quest for the Triple Crown. By Jennifer S. Kelly. Illus. 334 pages. UPKY. Pub. at \$32.95 **SOLD OUT**

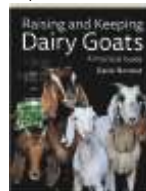
793467X THE FAST RIDE: Spectacular Bid and the Undoing of a Sure Thing. By Jack Gilden. 318 pages. UNEP. Paperbound. Pub. at \$26.95 **PRICE CUT to \$11.95**

7818270 THE TURCOTTES: The Remarkable Story of a Horse Racing Dynasty. By Curtis Stock. 32 pages of photos, some in color. 368 pages. Firefly. Pub. at \$35.00 **\$27.95**

Farm & Domesticated Animals



LIMITED QUANTITY 9103449 STOREY'S ILLUSTRATED BREED GUIDE TO SHEEP, GOATS, CATTLE, AND PIGS. By Carol Ekarius. From the large tailed Karakul Sheep to the floppy eared Gloucestershire Old Spot Pig, North America is home to an extraordinary array of livestock. This volume provides solid information on common domestic animals as well as rare heritage breeds to choose the animals that interest you. Color photos. 320 pages. Storey. 8 1/2 x 10 1/4. Paperbound. Pub. at \$24.95 **SOLD OUT**



7973731 RAISING AND KEEPING DAIRY GOATS: A Practical Guide. By Katie Normet. Explores the daily challenges and rewards of life as a goat farmer. Normet's account covers: purchasing, housing, feeding, breeding, kidding, milking and diseases. Included are chapters on cheese making and soap making with many tips and recipes. Color photos. 192 pages. Firefly. Paperbound. Pub. at \$19.95 **\$5.95**



7834748 FOR CLUCK'S SAKE! By Stacia Tolman. Filled with photos of familiar and unusual breeds, fascinating chicken and egg facts, chicken-related quotes, chicken humor, and nuggets of chicken "wisdom," you can celebrate everyone's favorite fowl with this fun, lighthearted volume. 96 pages. Andrews McMeel. Paperbound. Pub. at \$12.99 **\$5.95**



9074074 NATURAL PARASITE CONTROL FOR LIVESTOCK: Pasture Management, Chemical-Free Deworming, Growing Antiparasitics, and More. By Wendy Lombardi. Includes easy to follow scientific explanations, and provides research-based practices that really work. In this practical guide you'll learn about parasites, hosts and lifecycle; how to develop a working pasture rotation system; how to create healthy pastures and clean watering systems; and much more. Color photos. 91 pages. Skyhorse. Paperbound. Pub. at \$16.99 **\$6.95**



9003215 IN PRAISE OF CHICKENS: A Compendium of Wisdom Fowl. By Jane S. Smith. A lavishly illustrated and delightfully surprising celebration of a bird that has captured the world's imagination. Provides centuries of poultry lore gathered from scientists, artists, poets, philosophers, breeders, sellers, feather fanciers, and egg-coddlers through the ages. 166 pages. Lyons. Pub. at \$14.95 **\$4.95**



9054308 MINI GOATS: Everything You Need to Know to Keep Miniature Goats in the City, Country, or Suburbs. By Sue Weaver. Discover the adorable new sensation that has been exploding in popularity on small farms: mini goats! Here, a seasoned goat keeper shares her expertise and experience in a straightforward, reliable way, offering valuable information that every mini goat owner and potential owner should have. Fully illus. in color. 174 pages. CompanionHouse. Paperbound. Pub. at \$16.95 **\$5.95**



7979819 LLAMAS & ALPACAS: Keeping a Small-Scale Camelid Herd. By Sue Weaver. You'll learn the ins and outs of buying and caring for these remarkable creatures and delight in what they can do for you in return! Tips on building fencing and shelter for safety and comfort, spot symptoms of common diseases, breed, deliver, and care for healthy crias, and more. Fully illus. in color. 200 pages. CompanionHouse. Paperbound. Pub. at \$14.95 **\$4.95**



Farm & Domesticated Animals



9057838 THE GOAT: A Natural & Cultural History. By Sue Weaver. Provides a comprehensive, illustrated introduction to the natural and cultural history of the goat, featuring clear and engaging text plus infographics, diagrams, and stunning color photographs. Weaver includes a photographic directory to forty-eight popular breeds. 224 pages. Princeton. Pub. at \$27.95 **\$7.95**



9054227 KNOW YOUR PIGS. By Jack Byard. From the American Guinea Hog, who loves a good belly rub, to the hardy Yorkshire, who is happiest foraging outdoors, this fascinating pocket-sized guide to 29 pig breeds will turn readers both young and old into pig enthusiasts. Color photos. 64 pages. Fox Chapel. Paperbound. Pub. at \$6.95 **\$4.95**



9053816 ESSENTIAL GUIDE TO CALVING: Giving Your Beef or Dairy Herd a Healthy Start. By Heather Thomas. Whether you keep a single family milk cow or oversee a large herd, this volume will guide you through every situation likely to arise before, during, and after calving, from routine births to nursing difficulties. Fully illus. 325 pages. Storey. 8 1/2 x 10 3/4. Paperbound. Pub. at \$34.99 **\$6.95**



6077080 THE CHICKEN: A Natural History. By Joseph Barber et al. A comprehensive, science-based exploration of the world of the chicken. These fantastic fowl demonstrate unique abilities and talents that have made them an integral part of humans' lives for thousands of years. Fully illus. most in color. 224 pages. Princeton. Paperbound. Pub. at \$17.95 **\$5.95**



★9107703 AN ABSOLUTE BEGINNER'S GUIDE TO RAISING BACKYARD TURKEYS: Varieties, Feeding, Shelter, Care. By Stacy Benjamin. Whether you are raising one turkey or a whole flock, this essential guide will show you how to choose the right variety for your goals; raise turkeys from poults; provide proper nutrition and shelter; decipher turkey behavior and breeding habits; and more. Fully illus. in color. 151 pages. Storey. Paperbound. Pub. at \$18.99 **\$13.95**



★7898207 AN ABSOLUTE BEGINNER'S GUIDE TO RAISING BACKYARD DUCKS. By Gail Damerow. In this straightforward guide, poultry expert Damerow leads beginner duck keepers through all the basics, including: profiles of popular breeds; acquiring a starter flock; facilities and feeding; why ducks do what they do; managing for eggs and meat; and more. Fully illus. in color. 160 pages. Storey. Paperbound. Pub. at \$16.99 **\$12.95**



9108467 WHAT'S KILLING MY CHICKENS? The Poultry Predator Detective Manual. By Gail Damerow. As a chicken owner, keeping your flock safe is your top priority, and few things are as devastating as finding your birds the victims of a hen house heist. This manual teaches you how to piece together the clues predators leave behind, identify the culprit, and adopt effective strategies for keeping poultry safe. Well illus. in color. 271 pages. Storey. Paperbound. Pub. at \$19.95 **\$4.95**



★7999429 KEEPING PIGS: A Practical Guide for Smallholders. By Claire Scott et al. Offers practical and achievable advice about all aspects of pig husbandry and health, enabling readers to understand how their pigs cannot just survive, but also thrive. Fully illus. in color. 224 pages. Crowood. Paperbound. Pub. at \$29.99 **\$21.95**

7805195 KEEPING CHICKENS. By Liz Wright. Well illus. in color. 256 pages. Flame Tree. Paperbound. Pub. at \$5.95 **SOLD OUT**

7978979 CHICKENS, SECOND EDITION: Tending a Small-Scale Flock. By Sue Weaver. Fully illus. in color. 208 pages. CompanionHouse. Paperbound. Pub. at \$14.95 **SOLD OUT**

★8794391 THE BEGINNER'S GUIDE TO RAISING CHICKENS: How to Raise a Happy Backyard Flock. By Anne Kuo. Fully illus. in color. 176 pages. Callisto. Paperbound. Pub. at \$17.99 **\$12.95**

★7898290 LET'S ALL KEEP CHICKENS! The Down-to-Earth Guide to Natural Practices for Healthier Birds and a Happier World. By Dalia Monterroso. Fully illus. in color. 192 pages. Storey. Paperbound. Pub. at \$16.99 **PRICE CUT to \$5.95**

★8741875 MY CHICKEN FAMILY: A Keepsake Album. By Melissa Caughey. Well illus. in color. Storey. Pub. at \$16.00 **PRICE CUT to \$5.95**

★7934769 YARD BIRDS: The Lives and Times of America's Urban Chickens. By Philip Levy. Illus. 254 pages. UVAp. Paperbound. Pub. at \$24.95 **PRICE CUT to \$11.95**

★777429X THE SECRET LIFE OF PIGS: Stories of Compassion and the Animal Save Movement. By R. Hoyle & A. Krajnc. 359 pages. Lantern Publishing. Paperbound. Pub. at \$24.95 **PRICE CUT to \$5.95**

★7841272 CHICKEN KEEPING PURE + SIMPLE: A Fun, Friendly Guide to Backyard Chicken Keeping. By Nikki Husted. Fully illus. in color. 176 pages. Cool Springs Press. 8x10. Paperbound. Pub. at \$24.99 **PRICE CUT to \$14.95**

Animals

9063005 HOW SOON CAN YOU GET HERE, DOC? By David Wynia. A fun collection of stories by Wynia about his adventures being a veterinarian. Well illus. 143 pages. Quixote. Paperbound. Pub. at \$10.95 **\$4.95**



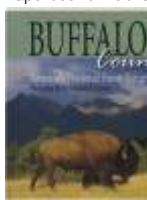
DVD 7793987 SERENGETI. Widescreen. A dramatized story based on the real lives of Africa's most iconic animals. Narrated by John Boyega. Collects all six episodes. English SDH. Six hours on 2 DVDs. BBC Earth. **\$5.95**



9107193 NO BUDDY LEFT BEHIND: Bringing U.S. Troops' Dogs and Cats Safely Home from the Combat Zone. By Terri Crisp with C. Hurn. Terri and her team of volunteers have saved the lives of 282 dogs and 58 cats befriended by military personnel since February 2008. Her story unfolds here on the obstacles she faces to get the soldiers' "buddies" out of danger and bring them home to the people who love them. Illus. 250 pages. Lyons. Pub. at \$21.95 **\$4.95**



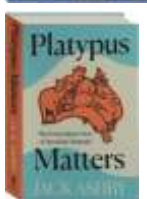
9003541 NO BUDDY LEFT BEHIND: Bringing U.S. Troops' Dogs and Cats Safely Home from the Combat Zone. By Terri Crisp with C. Hurn. Terri and her team of volunteers have saved the lives of 282 dogs and 58 cats befriended by military personnel since February 2008. Her story unfolds here on the obstacles she faces to get the soldiers' "buddies" out of danger and bring them home to the people who love them. Illus. 246 pages. Lyons. Paperbound. Pub. at \$14.95 **\$4.95**



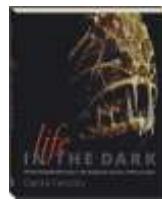
9011986 BUFFALO COUNTRY: America's National Bison Range. Photos by Donald M. Jones. Learn the story of bison: how they live, the bison cultures of Native Americans, their near extermination and recovery, and how the National Bison Range was created. Jones's gorgeous photography highlights the range's beauty and wildlife. 72 pages. Riverbend. Paperbound. Pub. at \$14.95 **\$5.95**



Blu-ray 8997802 YELLOWSTONE: Battle for Life. Widescreen. Join the charismatic cast of Yellowstone's wildlife as they turn to face extreme challenges of the seasons and discover what it takes to break temperatures 40 degrees below zero, to live through raging forest fires or to fight to the death for the right to breed. 150 minutes. BBC Earth. **\$4.95**



8090734 PLATYPUS MATTERS: The Extraordinary Story of Australian Mammals. By Jack Ashby. Scientifically informed and funny, a firsthand account of Australia's wonderfully unique mammals and how our perceptions impact their future. This celebration of Australian wildlife will open eyes and change minds about how we contemplate and interact with the natural world—everywhere. Photos, most in color. 369 pages. William Collins. **\$5.95**



9045678 LIFE IN THE DARK: Illuminating Biodiversity in the Shadowy Haunts of Planet Earth. By Dante Fenolio. Shows the many ways that life forms have adapted to lightless environments. More than 200 mesmerizing color photographs shed new light on the world's fascinating creatures of darkness. 317 pages. Johns Hopkins. 9 1/4 x 11 1/4. Pub. at \$39.95 **\$7.95**



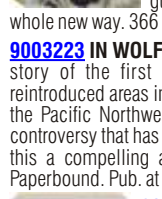
9085866 IT'S THE LITTLE THINGS: The Pocket Pigs' Guide to Living Your Best Life. By Text by E. Krasner-Zirlin et al, photos by R. Austin. Small in stature but mighty in joy, playful and unassuming, the Pocket Pigs of Pennywell Farm are paired with just the right quotes and thoughts to remind us to be grateful. stay curious, and be open to the magic of life. Fully illus. in color. 108 pages. Workman. Pub. at \$12.95 **\$4.95**



7751699 PAWFECT LOVE: Life Is Best with a Love Like Yours. Photos by Warren Photographic. Combines adorable photos of unlikely animal pairs with affectionate quotes. With over 150 pages of fur-cuteness, from a bunny snuggling with a duck to a kitty playing with a deer to a puppy having fun with a hamster, these furry pairs remind us that not being exactly the same is part of what makes a relationship great. 160 pages. Zondervan. Pub. at \$14.99 **\$4.95**



8056528 WILD SEX: The Science Behind Mating in the Animal Kingdom. By Carin Bondar. An intriguing guide to the sex lives of the animal kingdom. Bondar presents razor-sharp penises, murderous carnal cannibals, and spontaneous chemical warfare in an epic battle between the sexes. Exhilarating, amusing, petrifying—and guaranteed to make you think about sex in a whole new way. 366 pages. Pegasus. Pub. at \$27.95 **\$5.95**



9003223 IN WOLF COUNTRY. By Jim Yuskavitch. Reveals the story of the first groups of wolves that emigrated from reintroduced areas in Idaho to re-colonize their former habitat in the Pacific Northwest. The political maneuvering and intense controversy that has defined wolves' recovery in the West makes this a compelling and timely read. Illus. 209 pages. Lyons. Paperbound. Pub. at \$18.95 **\$4.95**



8090491 EXOTIC VETTING: What Treating Wild Animals Teaches You About Their Lives. By Romain Pizzi. Pizzi shares his extraordinary stories as well as his insight into the amazing breadth of biology and the bewildering range of veterinary procedures needed to help animals get better. He also shares tips on where to run when the patient unexpectedly wakes up. Illus. most in color. 408 pages. William Collins. Paperbound. **\$5.95**



7975368 THE ELEPHANTS OF THULA THULA. By Françoise Malby-Anthony. A powerful, gripping story about an extraordinary herd of elephants and the woman dedicated to keeping them safe. 16 pages of color photos. 310 pages. St. Martin's. Pub. at \$29.99 **\$6.95**

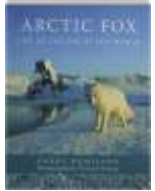


7951310 THE WISDOM OF WOLVES: Lessons from the Sawtooth Pack. By Jim & Jamie Dutcher. This compelling collection of stories will draw you into the natural world of the wolf, bringing a deeper understanding of the values we share with all living beings. Also illustrates the urgent issues surrounding the protection of wolves and other wildlife. Photos. 219 pages. National Geographic. Paperbound. Pub. at \$16.99 **\$5.95**



9057935 TOOTH AND CLAW: Top Predators of the World. By Robert M. Johnson III et al. A marvelously illustrated look at the most deadly predators on the planet—from big cats and wild dogs to sharks, reptiles and killer whales. Also describes the conservation successes and lays out some simple but crucial steps each of us can take to protect these magnificent beasts. 352 pages. Princeton. Pub. at \$45.00 **\$7.95**

Animals



9064001 ARCTIC FOX: Life at the Top of the World. By Garry Hamilton, photos by N. Rosing. Tells the fascinating story of the arctic fox, from its evolutionary beginnings to its current life in the far north: mating and raising a family, hunting and scavenging, its relationship with the polar bear and other arctic inhabitants, and the never-ending struggle for survival in a fragile vanishing environment. Color photos. 231 pages. Firefly. 8½x11. Paperbound. Pub. at \$29.95 **\$6.95**



9085416 THE CHAMPIONS OF CAMOUFLAGE. By Jean-Philippe Noel. A fascinating exploration of the art of deception in the animal kingdom. A multiplicity of strategies, shapes and colors, all these tricks that evolution has patiently put in place. Fully illus. in color. 160 pages. Firefly. 8½x11. Paperbound. Pub. at \$19.95 **\$5.95**



7962118 WILD FAMILY: Seven Stories of Extraordinary Animal Friendship. By Bhagavan Doc Antle with J.M. Greene. Reminds us that friendships aren't just for humans. When the struggles of living in the wild are removed, all kinds of animals can become best buds. This collection of extraordinary stories and amazing photographs chronicles seven such interspecies friendships. 64 pages. Earth Aware. Pub. at \$16.99 **\$5.95**

8884412 DOES SOMEBODY NEED A HEDGEHUG? By Anita Wood. A delightful collection of animal puns of encouragement and endearment for friends, family members or coworkers. Cheeky humor always has a place among friends! Color photos. Gibbs Smith. Pub. at \$9.99 **\$4.95**



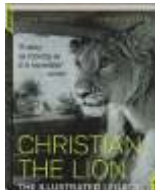
7747861 DEER: The Animal Answer Guide. By G.A. Feldhamer & W.J. McShea. Offering vivid color photographs and an accessible and engaging question and answer format, this is the go-to resource guide on deer. Nature lovers, hunters, and anyone curious about deer will find this fact-filled volume both fascinating and full of surprises. 163 pages. Johns Hopkins. Paperbound. Pub. at \$24.95 **\$3.95**



9019693 MANY THINGS UNDER A ROCK: The Mysteries of Octopuses. By David Scheel. A behavioral ecologist's riveting account of his decades-long obsession with octopuses: his discoveries, adventures, and new scientific understanding of their behaviors. Illus. 307 pages. Norton. Pub. at \$28.95 **\$6.95**



9040773 CLOUD'S LEGACY, REVISED EDITION: The Wild Stallion Returns. By Ginger Kathrens. This beautifully illustrated volume is sure to be a hit with anyone who has been following Cloud's story. And for new readers who are meeting Cloud for the first time, be prepared to fall in love with the majesty of the Arrowheads and the wild horses who live there. 160 pages. CompanionHouse. 8x10. Paperbound. Pub. at \$19.99 **\$5.95**



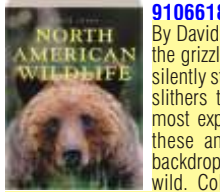
9038965 CHRISTIAN THE LION: The Illustrated Legacy. By John Rendall, photos by D. Cattani. In 1969, Harrods department store in London sold a three month old lion cub to two young Australians, John Rendall and Anthony (Ace) Bourke. They called him Christian. When Christian outgrew his London environment he was entrusted to the care of George Adamson in Kenya. The YouTube clip of their reunion, a year later, still inspires millions. Fully illus. some in color. 192 pages. Bradt. Pub. at \$25.99 **\$5.95**



DVD 9027866 DEADLIEST CRITTERS: Wild Things with Dominic Monaghan. Widescreen. Take a walk on the wild side with Dominic Monaghan as he searches the globe for some of the deadliest critters alive. Starting in Guatemala, Monaghan faces off with the venomous beaded lizard. He then travels to Namibia, Ecuador, and finally to Vietnam. English SDH. Three hours. BBC. **\$5.95**



9053751 ANIMALS REVIEWED: Starred Ratings of Our Feathered, Fanned, and Furry Friends. By Association of Zoos & Aquariums. Zoos and aquariums poke affectionate fun at their animal friends giving this title five stars for cuteness and hilarity! Fully illus. in color. 180 pages. Timber. Paperbound. Pub. at \$9.95 **\$4.95**



9106618 NORTH AMERICAN WILDLIFE. By David Jones. Journey into a world where the grizzly bear rules the clearings, the lynx silently stalks the forests, and the rattlesnake slithers through the deserts. Some of the most expansive parkland on earth protects these animals, and provides a dramatic backdrop for this close-up look at life in the wild. Color photos. 304 pages. Whitecap. 9x12. Paperbound. Pub. at \$29.95 **\$6.95**



9000682 THE CHRISTMAS ANIMAL BOOK: Celebration. By Clint Viebrock. Animals, great and small, wild and tame, play roles in Christmas contemplation and celebration as the artists of early last century saw it. In this collection of holiday cards of yore, Viebrock chronicles Christmas in the pasture, the forests and in the barnyard. Fully illus. in color. 64 pages. Red Rock. Pub. at \$9.95 **\$4.95**



7744226 WHEN ANIMALS RESCUE: Amazing True Stories About Heroic and Helpful Creatures. By Belinda Recio. Presents dozens of astonishing and heart-warming stories about animals, such as mice, horses, dolphins, and wolves, who engage in acts of helpful kindness. Tales of heroism, kindness, and compassion suggest we have far more in common with other animals than we once believed. Well illus., in color. 144 pages. Skyhorse. Pub. at \$19.99 **\$7.95**



Blu-ray 7988524 DINOTASIA. Legendary filmmaker Werner Herzog conducts this immersive tour of the Mesozoic, lending his distinctive narrative voice to a unique transporting journey back in time. The depictions combine the latest scientific thinking with stories crafted in a purely visual style not seen since the classic era of silent cinema. 82 minutes. Flatiron. **\$4.95**



9002863 SEA TURTLES: The Watcher's Guide. By M. Timothy O'Keefe. Gives an overview of sea turtle life and also provides the specifics of appropriate personal conduct and behavior for human beings on turtle nesting beaches. Fully illus. 126 pages. Larsen's Outdoor. Paperbound. Pub. at \$17.95 **\$4.95**



9030433 WILDERNESS PREDATORS OF THE ROCKIES: The Bond Between Predator and Prey. By Mike Lapinski. First hand accounts and amazing photos capture the lives of secretive hunters like the mighty grizzly, stately wolf, and stealthy mountain lion that prowl the backcountry of the Rockies. 193 pages. Falcon. Paperbound. Pub. at \$17.95 **\$4.95**



910562X ALASKA'S PREDATORS: Their Ecology & Conservation. By Bruce A. Wright. Celebrates 22 predators and provides insight into how they live and survive, and their essential function in Alaska's complex ecosystem. Covers three groups of predators—Terrestrial, Avian and Marine. Fully illus. in color. 120 pages. Hancock House. 8½x11. Paperbound. Pub. at \$29.95 **\$4.95**



DVD 8899274 ANIMAL MIRACLES. Oh, how they love to be at our side! These 14 remarkable stories defy logic, but prove that all of God's creatures can provide human blessings when we need it most. 150 minutes. Questar. **\$5.95**



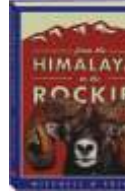
9029370 ESTHER THE WONDER PIG: Changing the World One Heart at a Time. By Steve Jenkins et al. In the summer of 2012 Jenkins and his partner agreed to adopt an adorable micro-piglet. But it turned out there was nothing "micro" about Esther. Within three years, Tiny Esther grew to a whopping 600 pounds. Follow Jenkins and Walter's heartwarming adventure from reluctant pig parents to farm-owning advocates for animals. Color photos. 226 pages. Grand Central. Paperbound. Pub. at \$17.99 **\$4.95**



902607X KOALA: A Natural History and an Uncertain Future. By Danielle Clode. Investigates the remarkable physiology of these charismatic creatures. Born the size of tiny "jellybeans," joeys face an uphill battle, from crawling into their mother's pouch to being weaned onto a toxic diet of gum-tree leaves, the koala's single source of food. 322 pages. Norton. Pub. at \$27.95 **\$6.95**



7981007 BEARS BEHAVING BADLY. By John McDonald, photos by P. Cyr. Tired of being thought of as shaggy, bumbling clowns, these bears are here to set the record straight. Includes more than 70 photographs of bears just doing their thing and being bears along with captions that reveal what they're thinking in the process. 96 pages. Down East. 7x7¼. Pub. at \$14.95 **\$5.95**



9012184 FROM THE HIMALAYAS TO THE ROCKIES. By R.M. Mitchell & M.R. Frisina. The authors classify every type of wild sheep of the New and the Old Worlds. Also included are hunting stories by Jack Atcheson Jr. and Sr., Soudy Golabchi, Robert Logan, and more. Fully illus. in color. 230 pages. Safari. 8½x11¼. Pub. at \$79.95 **\$7.95**



9057773 CAT WARS: The Devastating Consequences of a Cuddly Killer. By P.P. Marra & C. Santella. Tells the story of the threats free-ranging cats pose to biodiversity and public health throughout the world, and sheds new light on the controversies surrounding the management of the explosion of these cat populations. Traces the historical and cultural ties between humans and cats. 16 pages of color photos. 212 pages. Princeton. Pub. at \$24.95 **\$5.95**



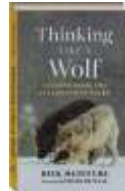
★7896883 JUST ONE MORE THING, DOC: Further Farmyard Adventures of a Maine Veterinarian. By Bradford B. Brown. Whether he's escaping the personal vendetta of a bull named Killer, chasing a stallion through downtown Bangor, performing heart surgery in an arena, desperately dancing with a rabid cow, or having a close airborne encounter with a B-52 bomber, this vet regards it all as part of a (long) working day. 154 pages. Down East. Paperbound. Pub. at \$18.95 **\$13.95**



★9127380 THE WEIRD AND WONDERFUL WORLD OF BATS: Demystifying These Often-Misunderstood Creatures. By Alyson Brokaw. Brokaw provides a fresh introduction to these curious flying mammals, diving deeply into how they experience the world through unique senses, where and how they fly, their complex relationships with humans, and how we can learn from them. Fully illus. in color. 311 pages. Timber. Paperbound. Pub. at \$27.99 **\$21.95**



8878935 THE MAGNIFICENT BEARS OF NORTH AMERICA: . . . And Where to Find Them. By Keith Scott. The author tells many unforgettable stories of his encounters with grizzly bears in the wild. He also shares his knowledge of the continent's greatest carnivores and shows us their lives in page after page of stunning photographs. 158 pages. Hancock House. Paperbound. Pub. at **SOLD OUT**



★9060286 THINKING LIKE A WOLF: Lessons from the Yellowstone Packs. By Rick McIntyre. Explore the world of wolf behavior in Yellowstone! Weaving an impressive web of politics, family cooperation and commitment, rivalry and resilience, this volume provides readers with a unique window into the fascinating inner workings of wolf packs. Color photos. 234 pages. Greystone. Pub. at **SOLD OUT**



Animals



***8217645 THE ALPHA FEMALE WOLF: The Fierce Legacy of Yellowstone's 06.** By Rick McIntyre. Tells the dramatic true story of 06 and five generations of female leaders in Yellowstone National Park, showing us that it is female wolves, not their male counterparts, who are the true leaders of the pack. Photos. 256 pages. Greystone. Paperbound. Pub. at \$18.95 **\$13.95**



***8882096 BEAR ATTACKS, THIRD EDITION: Their Causes and Avoidance.** By Stephen Herrero. For more than three decades, *Bear Attacks* has been the thorough and unflinching landmark study of the attacks made on humans by the great grizzly and the less aggressive, but occasionally deadly, black bear. This is the sometimes horrific yet instructive story of bears and people, written by the leading scientific authority in the field. Photos. 294 pages. Lyons. Paperbound. Pub. at \$19.95 **\$14.95**



***9073280 WOLFISH: Wolf, Self, and the Stories We Tell About Fear.** By Erica Berry. Blends science, history, and cultural criticism in a years-long journey to understand our myths about wolves, and track one legendary wolf, OR-7, from the Wallowa Mountains of Oregon. 417 pages. Flatiron. Pub. at \$29.99 **\$5.95**



***7783914 DINOSAUR: The Definitive Visual Guide to Prehistoric Animals.** By Douglas Palmer et al. Featuring an incredible mix of digital reconstructions, extraordinary skeletons, and amazingly intricate fossils. This guide surveys millions of years of life on planet Earth. It uses the latest scientific knowledge to reconstruct hundreds of ancient species. Features gilt-edged pages. Fully illus. in color. 400 pages. Dorling Kindersley. 10x12. Pub. at \$34.95 **\$16.95**



***9068066 SAVE THE LIONS.** By Sarah L. Thomson. Filled with all the facts you need to know to become a lion expert. Where are lions found? What's it like to be a lion? Why are lions endangered, and who has been working hard to save them? Find out how you can help save the lions! Fully illus. 76 pages. Philomel. Pub. at \$16.99 **\$4.95**



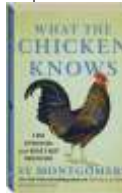
***9063153 THE BOOK OF BARELY IMAGINED BEINGS: A 21st Century Bestiary.** By Caspar Henderson. A fascinating, beautifully produced modern-day menagerie. But whereas medieval bestiaries were often based on folklore and myth, the creatures that abound in this volume—from the axolotl to the zebrafish—are, with one exception, very much with us, albeit sometimes in depleted numbers. Fully illus. 427 pages. Univ of Chicago Press. Paperbound. Pub. at \$23.00 **\$16.95**



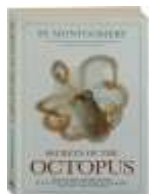
***9062793 UNCOVERING DINOSAUR BEHAVIOR: What They Did and How We Know.** By David Hone. Provides an unparalleled look at the engaging field of science, presenting the latest findings on dinosaur behavior and explaining how researchers interpret the often minimal and even conflicting information available to them. Fully illus. some in color. 207 pages. Princeton. Pub. at \$29.95 **\$24.95**



***900002X COWPUPPY: An Unexpected Friendship and a Scientist's Journey into the Secret World of Cows.** By Gregory Berns. In this fascinating glimpse into the cognitive and emotional lives of cows, a neuroscientist weaves together his hands-on experiences with the growing herd on his farm, accessible scientific explanations of animal behavior, and evocative portraits of the animals at the center of his study. Color photos. 229 pages. Harper. Pub. at \$29.99 **\$21.95**



***9074554 WHAT THE CHICKEN KNOWS: A New Appreciation of the World's Most Familiar Bird.** By Sy Montgomery. A charming and eye-opening exploration between humans and chickens. Montgomery takes us inside the flock and reveals all the things that make chickens such remarkable creatures. 16 pages of color photos. 70 pages. Atria. Pub. at \$21.99 **\$17.95**



***6075819 SECRETS OF THE OCTOPUS.** By Sy Montgomery. Reveals an astonishing array of curious behaviors unique to these extraordinary animals. Join Montgomery on this marvelous marine adventure and meet some of the most beautiful and intriguing creatures on the planet. Fully illus. in color. 190 pages. National Geographic. Pub. at \$30.00 **\$21.95**



***265198X CHICKEN WISDOM: 50 Inspirational Prints to Put You in a Fresh Frame of Mind.** By Melissa Caughey. Sage sentiments meet delightful chicken photography on 50 individual cards, and with a pull-out table-top frame included, you can display your favorite card or easily swap it out for one that fits the mood or suits the moment. Storey. Paperbound. Pub. at \$14.95 **\$5.95**



***8794022 INSECTS: Peterson Field Guides.** By D.J. Borror & R.E. White. Covers 579 families of insects and includes descriptions of other arthropods, providing identification keys and notes on habitats, with chapters on insect structure, growth and development, and developing and maintaining a collection. Well illus. many in color. 404 pages. Mariner. Paperbound. Pub. at \$25.00 **\$18.95**



***9011013 GHOSTWALKER: Tracking a Mountain Lion's Soul Through Science and Story.** By Leslie Patten. To understand an animal no one sees, Patten conducted over 100 interviews with biologists, conservation groups, state wildlife managers, houndsmen, and professional trackers. Presents a complete picture of mountain lions in the West today, uncovering the intimacies of their secretive lifestyle as well as the issues they face in our changing world. Photos. 298 pages. Bison. Paperbound. **\$21.95**



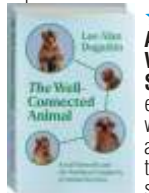
***1998560 FINDING THE FOX: Encounters with an Enigmatic Animal.** By Andreas Tjernsnaugen. Exploring folktales, science, and history, this evocative work of nature writing shows how humans through the centuries, have thought about this unique animal—the red fox. 213 pages. Greystone. Pub. at \$26.95 **\$19.95**



***9071849 VANISHING TREASURES: A Bestiary of Extraordinary Endangered Creatures.** By Katherine Rundell. Takes us on a globe spanning tour of the world's most awe inspiring animals currently facing extinction. This collection of essays is a clarion call insisting that we look at the world around us with new eyes, to see the magic of the animals we live among, and how lucky we are to tread the same ground as these vanishing treasures. Illus. 208 pages. Doubleday. Pub. at \$26.00 **\$18.95**



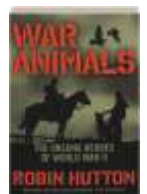
***9077375 WHAT'S WILD: A Half Century of Wisdom From the Woods and Rivers of New England.** By Eric Orff. Orff's trademark humor and kind heart, coupled with a solid scientific foundation make him someone people like to listen to when they want to know what's happening in the woods, rivers, and fields of New England. Wildlife is now more abundant across the region than since colonial times, thanks to like him. Illus. 165 pages. Peter E. Randall. Pub. at \$24.95 **\$17.95**



***9063668 THE WELL-CONNECTED ANIMAL: Social Networks and the Wondrous Complexity of Animal Societies.** By Lee Alan Dugatkin. An engaging exploration of the wondrous social webs that permeate life in animal societies around the world. Uncovering social networks that existed long before the dawn of human social media. Color photos. 217 pages. Univ of Chicago Press. Pub. at \$29.00 **\$23.95**



***7878729 WILD BABIES: Photographs of Baby Animals from Giraffes to Hummingbirds.** By Traer Scott. With more than 30 baby animal portraits, Scott provides a glimpse into the rarely seen world of newborn animals. Paired with informative captions, these photos highlight the formative moments of these infants' first weeks as they explore the thrilling world outside their nests, dens, and burrows. 136 pages. Chronicle. Pub. at \$24.95 **PRICE CUT to \$5.95**



***7879210 WAR ANIMALS: The Unsung Heroes of World War II.** By Robin Hutton. Tells the heartwarming stories of the dogs, horses, mules, pigeons, and one cat, who did their bit for the war effort. American and British families volunteered beloved family pets and farm dogs to aid in the war effort. The shining loyalty and courage of these heroes is a testimony to the enduring bond between us and the animals we love. Illus. 428 pages. Regnery. Paperbound. Pub. at \$16.99 **PRICE CUT to \$3.95**



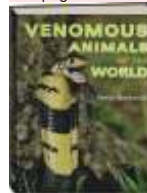
***1177834 WAR ANIMALS: The Unsung Heroes of World War II.** By Robin Hutton. Tells the heartwarming stories of the dogs, horses, mules, pigeons, and one cat, who did their bit for the war effort. American and British families volunteered beloved family pets and farm dogs to aid in the war effort. The shining loyalty and courage of these heroes is a testimony to the enduring bond between us and the animals we love. Illus. 428 pages. Regnery. Pub. at \$29.99 **\$6.95**



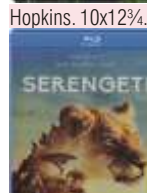
***9009116 MOO: A Book of Happiness for Cow Lovers.** By Angus St. John Galloway. A celebration of these endearing animals, pairing memorable quotes and charming photographs of around 50 of the world's most popular cattle breeds to create a collection of words and images to treasure. 160 pages. Exisle. Paperbound. Pub. at \$15.99 **PRICE CUT to \$9.95**



***1041207 A HANDFUL OF HAPPINESS: How a Prickly Creature Softened a Prickly Heart.** By Massimo Vacchetta with A. Tomaselli. A veterinarian cares for an orphaned baby hedgehog and connects with her in a way he's never connected with any other animal. Through this life affirming story of a man and his hedgehog, we learn that there's no such thing as too small an act if it's done out of compassion and love. 16 pages of color photos. 184 pages. Rodale. Pub. at \$22.99 **PRICE CUT to \$4.95**



***785675X VENOMOUS ANIMALS OF THE WORLD.** By Steve Backshall. From the mighty King Cobra, which can reach over five meters in length, down to the diminutive but lethal Black Widow Spider, a natural history expert takes a fascinating look at more than 60 of the most venomous creatures across the world's continents. Well illus. in color. 160 pages. Johns Hopkins. 10x12 1/4. Pub. at \$47.00 **SOLD OUT**



***Blu-ray 7835884 SERENGETI.** Widescreen. A dramatized story based on the real lives of Africa's most iconic animals. Narrated by John Boyega. Collects all six episodes. English SDH. Six hours on 2 Blu-rays. BBC Earth. **PRICE CUT to \$5.95**



***8041466 WILD ANIMALS I HAVE KNOWN.** By Ernest Thompson Seton. Through the fateful encounter with the wolf Lobo, Seton became a dedicated wildlife protector, individualizing animals and exploring their motivations, feelings, and personalities. Experience Seton's transformation with the stories of Lobo and other creatures and reconnect with the beauty of the wild. 186 pages. Gibbs Smith. Pub. at \$16.99 **PRICE CUT to \$3.95**



***8180466 BEARS: Cubs, Species, Characteristics, Habitats.** By Tom Jackson. An outstanding collection of photographs showing these fascinating animals in their natural habitats. From the polar bears of the Arctic to the brown bears that prowl North America, and from the giant pandas of Asia to the Andean bears of South America. 224 pages. Amber. Paperbound. Pub. at \$16.99 **PRICE CUT to \$9.95**

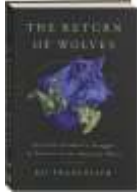


***8877009 NEXTINCTION.** By R. Steadman & C. Levy. Features the incredible art of cartoonist Ralph Steadman that focuses on birds there's still time to save. These are the 192 Critically Endangered Birds on the IUCN Red List, species such as the Giant Ibis, the Kakapo, the iconic Spoon-billed Sandpiper and more. Fully illus., in color. 224 pages. Bloomsbury. Paperbound. Pub. at \$30.00 **PRICE CUT to \$5.95**

Animals



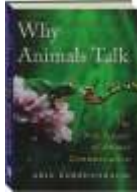
9045619 ENTERTAINING ELEPHANTS: Animal Agency and the Business of the American Circus. By Susan Nance. Examines elephant behavior, drawing on the scientific literature of animal cognition learning and communications, to offer a study of elephants as actors in American circus entertainment between 1800 and 1940. By developing a deeper understanding of animal behavior, the author asserts, we can more fully explain the common history of all species. Illus. 294 pages. Johns Hopkins. Pub. at \$60.00 **PRICE CUT to \$7.95**



799866X THE RETURN OF WOLVES: An Iconic Predator's Struggle to Survive in the American West. By Eli Francovich. Finding promise in the practice of range riding, in which horseback riders patrol the land between wilderness and farms, diverting wolves from livestock without bloodshed, Francovich introduces readers to the many players involved in the fight for wolves while offering renewed hope for their survival. 238 pages. Timber. Pub. at \$28.00 **PRICE CUT to \$5.95**



8091633 BEAR ATTACKS OF THE CENTURY, SECOND EDITION: True Stories of Courage and Survival. By L. Mueller & M. Reiss. Gathers stories of courage, chronicling the most horrific encounters between bears and people. With expert advice on avoiding attacks and information that may help both species leave an encounter unscathed, this work is required reading for hikers, hunters, campers, or anyone visiting bear country. 178 pages. Lyons. Paperbound. Pub. at \$22.95 **PRICE CUT to \$14.95**



8999376 WHY ANIMALS TALK: The New Science of Animal Communication. By Arik Kershenbaum. A delightful and groundbreaking exploration of animal communication and its true meaning. Draws on extensive original research to reveal how many of the animal kingdom's most seemingly confusing or untranslatable signals are in fact logical and consistent and from our own. Illus. 273 pages. Penguin. Pub. at \$30.00 **PRICE CUT to \$17.95**



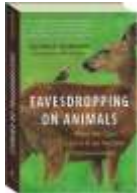
8893934 WILD TREASURES: A Year of Extraordinary Encounters with Cornwall's Wildlife. By Hannah Stiffall. Shares her incredible stories, beautiful photographs and often funny meetings with Cornwall's wildlife through the course of a year. From brown hares boxing, watching an otter cub hunt, to witnessing the unique bioluminescence of a glow-worm. 255 pages. Gaia. Pub. at \$22.99 **PRICE CUT to \$14.95**



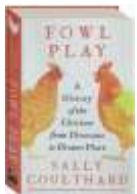
9023976 GRIZZLY CONFIDENTIAL: An Astonishing Journey into the Secret Life of North America's Most Fearful Predator. By Kevin Grange. A fast-paced, gripping story that educates, entertains, and gives a sneak peek into the secret life of the grizzly. Part science, part travelogue, and a passionate plea for bear conservation, this is a lively account for anyone who loves the outdoors and learning about the natural world. Photos. 259 pages. Harper. Pub. at \$29.99 **PRICE CUT to \$17.95**



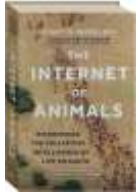
904115X PLAYING POSSUM: How Animals Understand Death. By Susana Monso. Explores what the opossum and other creatures can teach us about how we and other species understand mortality, and demonstrates that the concept of death, far from being a uniquely human attribute, is widespread in the animal kingdom. Illus. 243 pages. Princeton. Pub. at \$29.95 **PRICE CUT to \$19.95**



9043853 EAVESDROPPING ON ANIMALS: What We Can Learn from Wildlife Conversations. By George Bumann. Tells the fascinating stories and insights the author has gained from studying wildlife around the world. Bumann shares tips, tricks, and advice for readers living in urban, suburban, and rural areas to have transformative wildlife encounters as you decode the secret conversations of wild animals all around you. 259 pages. Greystone. Pub. at \$27.95 **PRICE CUT to \$17.95**



6998291 FOWL PLAY: A History of the Chicken from Dinosaur to Dinner Plate. By Sally Coulthard. Charts the chicken's fascinating journey from dinosaur to domestication to exploitation, exploring every aspect of the history of *Gallus gallus domesticus*. From its importance to the ancient Egyptians, Greeks and Romans through to its darker modern-day fate as battery bird raised to satisfy society's unquenchable addiction to wings and nuggets. Illus. 278 pages. Head of Zeus. Pub. at \$27.99 **PRICE CUT to \$14.95**



1604295 THE INTERNET OF ANIMALS: Discovering the Collective Intelligence of Life on Earth. By Martin Wikelski. A living map of animal movements made possible through a new satellite-based animal tracking system called International Cooperation for Animal Research Using Space, or ICARUS. Its founder Wikelski convincingly argues that animals possess a unique "sixth sense" that humans are only beginning to grasp. Illus. some in color. 244 pages. Greystone. Pub. at \$28.95 **PRICE CUT to \$14.95**



8871388 A FIELD GUIDE TO THE LARGER MAMMALS OF SOUTH AMERICA. By R. Webb & J. Blinow. The species accounts include a description of key features and information on subspecies, comparisons with similar species that overlap in range, details of habitats in which the species occurs, a summary of its distribution in South America and information on its conservation. Well illus., in color. 488 pages. Princeton. Paperbound. Pub. at \$49.95 **PRICE CUT to \$29.95**



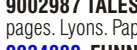
7978413 DEVILFISH: When Giant Squid Ruled the Northern Sea. By Jenny Higgins. Higgins informs and delights with myths, facts, and stories of giant squid in the North Atlantic Ocean. Contains 11 pull-out facsimile archival documents and a stunning 3d giant squid pop up. Well illus. some in color. 88 pages. Boulder. 11 1/4 x 10 1/4. Pub. at \$34.95 **PRICE CUT to \$21.95**



899918X DANGEROUS ANIMALS OF SOUTHERN AND EASTERN AFRICA. By J. Williams & P. Goodwin. A comprehensive review of the seven animals officially described as 'dangerous' by the professional association of Field Guides in South Africa. Embraces the anatomical, physiological and behavioral aspects of the animals and more. Well illus. in color. 333 pages. Whittles. Paperbound. Pub. at \$39.95 **PRICE CUT to \$24.95**



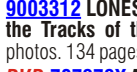
Blu-ray 7990928 PLANET DINOSAUR. Widescreen. BBC. **\$4.95**



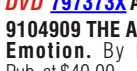
9002987 TALES OF AN AFRICAN VET. By Roy Aronson. 228 pages. Lyons. Paperbound. Pub. at \$19.95 **SOLD OUT**



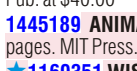
9034889 FUNNY FARM: My Unexpected Life with 600 Rescue Animals. By Laurie Zaleski. 16 pages of color photos. 244 pages. St. Martin's. Pub. at \$27.99 **\$6.95**



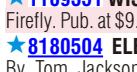
9003312 LONESOME FOR BEARS: A Woman's Journey in the Tracks of the Wilderness. By Linda Jo Hunter. Color photos. 134 pages. Lyons. Paperbound. Pub. at \$19.95 **\$5.95**



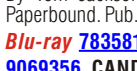
DVD 797373X ANIMALS ARE PEOPLE TOO! Questar. **\$5.95**



9104909 THE ANIMAL MIND: Profiles of Intelligence and Emotion. By Marianne Taylor. 239 pages. Abrams. Pub. at \$40.00 **SOLD OUT**



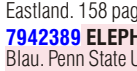
1445189 ANIMAL LANGUAGES. By Eva Meijer. Illus. 276 pages. MIT Press. Pub. at \$27.95 **PRICE CUT to \$4.95**



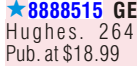
1169351 WISDOM OF SLOTHS. Compiled by Lisa Purcell. Firefly. Pub. at \$9.95 **PRICE CUT to \$5.95**



8180504 ELEPHANTS: Calves, Family, Body, Habitat. By Tom Jackson. Fully illus. in color. 224 pages. Amber. Paperbound. Pub. at \$16.99 **\$12.95**



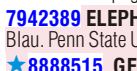
Blu-ray 7835817 THE HUNT. Widescreen. BBC Earth. **\$6.95**



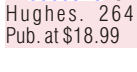
9069356 CANDID CREATURES: How Camera Traps Reveal the Mysteries of Nature. By Roland Kays. 261 pages. Johns Hopkins. 9 1/4 x 11 1/4. Pub. at \$39.95 **\$11.95**



7915160 ZOOBORNS: Motherly Love. By A. Bleiman & C. Eastland. 158 pages. S&S. Paperbound. Pub. at \$9.99 **\$4.95**



7942389 ELEPHANT HOUSE. By Nigel Rothfels, photos by D. Blau. Penn State Univ. Pub. at \$29.95 **PRICE CUT to \$2.95**



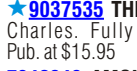
8888515 GEORGE: A Magpie Memoir. By Frieda Hughes. 264 pages. Avid Reader. Paperbound. Pub. at \$18.99 **PRICE CUT to \$11.95**



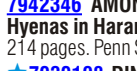
8204365 CREATURES THAT EAT PEOPLE: Why Wild Animals Might Eat You. By Richard Freeman. 245 pages. Mango. Paperbound. Pub. at \$24.99 **\$17.95**



899837X CHASING THE GHOST BEAR: On the Trail of America's Lost Super Beast. By Mike Stark. Photos. 227 pages. Bison. Paperbound. Pub. at \$24.95 **\$19.95**



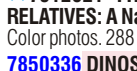
9037535 THE LITTLE BOOK OF DINOSAURS. By Rhys Charles. Fully illus. in color. 160 pages. Princeton. Pub. at \$15.95 **\$12.95**



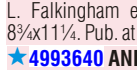
7942346 AMONG THE BONE EATERS: Encounters with Hyenas in Harar. By Marcus Baynes-Rock. 48 pages of photos. 214 pages. Penn State Univ. Pub. at \$34.95 **\$5.95**



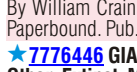
7939108 DINOSAUR BEHAVIOR: An Illustrated Guide. By Michael J. Benton, illus. by B. Nicholls. Well illus. in color. 224 pages. Princeton. 8 1/2 x 11 1/4. Pub. at \$35.00 **\$27.95**



7912021 THE LIVES OF OCTOPOUSES & THEIR RELATIVES: A Natural History of Cephalopods. By Danna Staaf. Color photos. 288 pages. Princeton. **SOLD OUT**



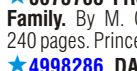
7850336 DINOSAUR TRACKS: The Next Steps. Ed. by Peter L. Falkingham et al. Well illus. in color. 418 pages. INUP. 8 1/2 x 11 1/4. Pub. at \$40.00 **PRICE CUT to \$5.95**



4993640 ANIMAL STORIES: Lives at a Farm Sanctuary. By William Crain. Illus. in color. 99 pages. Lantern Publishing. Paperbound. Pub. at \$19.95 **PRICE CUT to \$11.95**



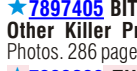
7776446 GIANTS OF THE LOST WORLD: Dinosaurs and Other Extinct Monsters of South America. By Donald R. Prothero. Illus. 2 pages. Smithsonian. Paperbound. Pub. at \$21.99 **\$7.95**



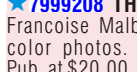
6075703 FROGS OF THE WORLD: A Guide to Every Family. By M. O'Shea & S. Maddock. Fully illus. in color. 240 pages. Princeton. Pub. at \$29.95 **SOLD OUT**



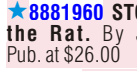
4998286 DANGEROUS SNAKES OF AUSTRALIA: A Guide to Their Identification, Ecology, and Conservation. By Mike Swan. Fully illus. in color. 249 pages. Comstock. Paperbound. Pub. at \$29.95 **\$23.95**



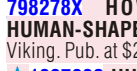
7897405 BITE CLUB: Real-Life Attacks by Sharks and Other Killer Predators. By Douglas Wight. Adults only. Photos. 286 pages. Ad Lib. Paperbound. Pub. at \$16.99 **\$9.95**



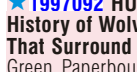
7999208 THE ELEPHANTS OF THULA THULA. By Francoise Malby-Anthony with K. Sidley. 16 pages of color photos. 310 pages. St. Martin's. Paperbound. Pub. at \$20.00 **PRICE CUT to \$11.95**



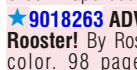
8881960 STOWAWAY: The Disreputable Exploits of the Rat. By Joe Shute. 272 pages. Bloomsbury. Pub. at \$26.00 **PRICE CUT to \$11.95**



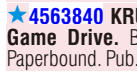
798278X HOW TO LOVE ANIMALS IN A HUMAN-SHAPED WORLD. By Henry Mance. 389 pages. Viking. Pub. at \$27.00 **PRICE CUT to \$4.95**



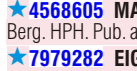
1997092 HUNT FOR THE SHADOW WOLF: The Lost History of Wolves in Britain and the Myths and Stories That Surround Them. By Derek Gow. 246 pages. Chelsea Green. Paperbound. Pub. at \$24.95 **PRICE CUT to \$11.95**



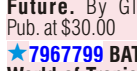
9018263 ADVENTURES WITH MR. X: An X-traordinary Rooster! By Rosalind Creasy with K. Axelrod. Fully illus. in color. 98 pages. Metamorphic. 8 1/2 x 11. Paperbound. Pub. at \$14.95 **PRICE CUT to \$9.95**



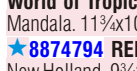
4563840 KRUGER WILDLIFE: Get the Most from Your Game Drive. By Ingrid van den Berg. 184 pages. HPH. Paperbound. Pub. at \$16.00 **PRICE CUT to \$7.95**



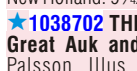
4568605 MADIKWE GAME DRIVE. By Ingrid van den Berg. HPH. Pub. at \$19.00 **PRICE CUT to \$9.95**



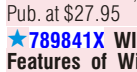
7979282 EIGHT BEARS: Mythic Past and Imperiled Future. By Gloria Dickie. Illus. 250 pages. Norton. Pub. at \$30.00 **PRICE CUT to \$11.95**



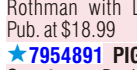
7967799 BAT ISLAND: A Rare Journey into the Hidden World of Tropical Bats. By Rachel A. Page et al. 160 pages. Mandal. 11 1/4 x 10 1/4. Pub. at \$50.00 **PRICE CUT to \$27.95**



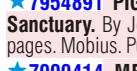
8874794 REPTILES. text by Steve K. Wilson. 208 pages. New Holland. 9 1/2 x 10 1/2. Pub. at \$39.99 **PRICE CUT to \$19.95**



1038702 THE LAST OF ITS KIND: The Search for the Great Auk and the Discovery of Extinction. By Gislí Palsson. Illus., some in color. 291 pages. Princeton. Pub. at \$27.95 **PRICE CUT to \$19.95**



789841X WILDLIFE ANATOMY: The Curious Lives & Features of Wild Animals Around the World. By Julia Rothman with L. Hiley. 208 pages. Storey. Paperbound. Pub. at \$18.99 **PRICE CUT to \$7.95**



7954891 PIGCASSO: The Painting Pig That Saved a Sanctuary. By Joanne Lefson. 16 pages of color photos. 285 pages. Mobius. Pub. at \$26.99 **PRICE CUT to \$5.95**



7900414 METHUSELAH'S ZOO: What Nature Can Teach Us About Living Longer, Healthier Lives. By Steven N. Austad. Photos. 301 pages. MIT Press. Paperbound. Pub. at \$22.95 **PRICE CUT to \$9.95**



Birds & Birding



Blu-ray 4678079 WINGED PLANET 3D. Widescreen. This 3D film features some of the most breathtaking footage from BBC's acclaimed *Earthflight* series. You can see what the birds see—snow geese dashing through Monument Valley, scarlet macaws racing through the rainforest, vultures soaring miles above the Earth and more. Hold on for the ride of your life! Also playable in 2D. 94 minutes. BBC. **\$6.95**



9019502 THE BALD EAGLE: The Improbable Journey of America's Bird. By Jack E. Davis. Follows the travels of this exclusively North American bird across five centuries, revealing how its history is entwined with our own. Davis contrasts the relatively peaceful coexistence between bald eagles and Indigenous peoples with the bleak years when Americans, through predator control then DDT pesticides, twice pushed eagles to the brink of extinction. 16 pages of photos, some in color. 417 pages. Liveright. Pub. at \$29.95 **\$6.95**



228751X BIRDS & BLOOMS EVERYDAY NATURE SECRETS 2023: Discover the Hidden World in Your Backyard. See nature as never before with fascinating facts about birds and other wildlife, real-life reader stories, expert advice and gorgeous photographs. 256 pages. RDA. Paperbound. Pub. at \$24.99 **\$5.95**



9131140 THE HAWAIIAN GOOSE: An Experiment in Conservation. By J. Kear & A.J. Berger. This timely and absorbing account chronicles the recent history of the Hawaiian Goose, or Nene, including its descent to near extinction, its eleventh-hour rescue, and its recent restoration to the wild. Well illus., most in color. 154 pages. Buteo. Pub. at \$30.00 **\$4.95**



9057722 THE BIRD NAME BOOK. By Susan Myers. An alphabetical reference work on the origins and meanings of common group bird names, from "accentor" to "zeledonia." Engaging facts and anecdotes, this volume presents a wealth of incisive entries alongside stunning photos and historic prints and watercolors. 416 pages. Princeton. Pub. at \$39.95 **\$7.95**



9001700 PENGUINS IN THE WILD. By David Tipling. Showcases 140 amazing photographs of the birds taken in the wild, and includes all of the world's seventeen penguin species, and chapters that cover every aspect of their lives and behavior. This stunning volume is a beautiful celebration of these magnificent birds. 160 pages. MIT Press. 11x9 3/4. Pub. at \$19.95 **\$5.95**



7841485 IDENTIFYING AND FEEDING BIRDS: Backyard Bird Guides. By Bill Thompson III. In an easygoing and lighthearted style, this guide covers all the elements needed to attract birds to a backyard (food, water, shelter) and address special cases and problems (keeping bees out of hummingbird feeders) and much more. Also profiles the 125 species most common at backyard feeders. Well illus. in color. 246 pages. HMH. Paperbound. Pub. at \$20.00 **\$5.95**



9105794 A FASCINATION WITH FALCONS: A Biologist's Adventures from Greenland to the Tropics. By Bill Burnham. The scientific investigation of falcons and their relationship with humans through falconry provides insight and experiences that contribute knowledge and understanding of our natural world, while also emphasizing the need for its conservation. Burnham combines information and experiences in this guide. 32 pages of color photos. 234 pages. Hancock House. Pub. at \$29.95 **\$4.95**



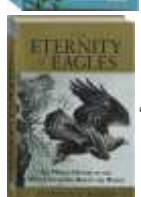
8063133 EUROPE'S BIRDS: An Identification Guide. By Rob Hume et al. Covering more than 900 species, and illustrated with 4,700 photographs, this is the most comprehensive, authoritative and ambitious single-volume photographic guide to Europe's birds ever produced. Easy to use, this guide provides the information necessary for birdwatchers to name any bird they see. 640 pages. Princeton. Paperbound. Pub. at \$29.95 **\$6.95**



DVD 7765126 RAPTOR FORCE: NATURE. Revolutionary tiny cameras designed by engineer and falconer Rob MacIntyre allows you to take off with the biggest, fastest, and deadliest things on wings! Learn the secrets of nature's aerial killing machines and how they've master the art of soaring. 56 minutes. Questar. **\$3.95**



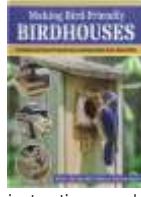
699542X A LITTLE BOOK OF HUMMINGBIRDS. By Tara Austen Weaver, illus. by E. Poole. This intimate and lavishly illustrated journey into the world of hummingbirds is a treasure for birdwatchers, gardeners, and anyone who loves these little natural wonders. 144 pages. Sasquatch. Pub. at \$16.95 **\$12.95**



7977484 AN ETERNITY OF EAGLES: The Human History of the Most Fascinating Bird in the World. By Stephen J. Bodio. Traces our love-hate relationship with these "living dinosaurs," from Neolithic rock art and Native American religion through the practices of Kazakh falconers who use them to hunt wolves, all the way to contemporary art and popular culture. Well illus. in color. 202 pages. Lyons. Pub. at \$26.95 **\$5.95**



9057749 FIELD GUIDE TO THE BIRDS OF THE DOMINICAN REPUBLIC & HAITI. By Steven Latta et al, illus. by D. Gardner. Provides accounts for more than 300 species, including details on new and endemic species. Species descriptions present facts about key field marks, similar species, voice, habitats, geographic distribution, status, range, and local names used in the Dominican Republic and Haiti. Fully illus. in color. 228 pages. Princeton. Paperbound. Pub. at \$24.95 **\$5.95**



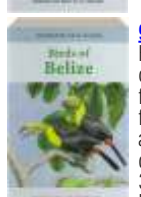
8201250 MAKING BIRD-FRIENDLY BIRDHOUSES: Instructions and Plans for 15 Specific Birds, Including Bluebirds, Wrens, Robins & Owls. By M. Toellner & M. Maguire. Talks readers step by step through 15 projects for safe birdhouses that birds find conducive to their natural nesting habits. With additional sections on distribution maps, detailed plans, mounting instructions, and tips on attracting birds to your yard, it has everything you need to create a successful backyard haven for your winged friends. Fully illus. in color. 168 pages. Fox Chapel. 8 1/2 x 11. Paperbound. Pub. at \$19.99 **\$14.95**



9124063 THE BOOK OF FLACO: The World's Most Famous Bird. By David Gessner. Gessner chronicles Flaco's year-long odyssey and the human drama that followed the owl who captured the imaginations of New Yorkers and people around the world. Though he's spent his life in a cage, when vandals cut a hole in it, he learned to survive in New York City. 32 pages of photos. 236 pages. Blair. Pub. at \$24.95 **\$17.95**



9078398 BIRDS OF COSTA RICA. By Steve N.G. Howell, illus. by D. Dyer. Covers all regularly occurring bird species found in the region and features facing-page plates and text that make field identification easy. Covers more than 800 species of birds found in Costa Rica. Fully illus. in color. 456 pages. Princeton. Paperbound. Pub. at \$29.95 **\$9.95**



9057730 BIRDS OF BELIZE. By Steve N.G. Howell, illus. by D. Dyer. Covers all regularly occurring bird species found in the region and features facing-page plates and text that make field identification easy. Concise species accounts describe everything from size and distribution to voice, habitat, and status. 304 pages. Princeton. Paperbound. Pub. at \$35.00 **\$6.95**



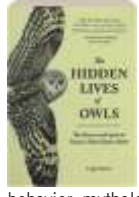
1977873 THE HANDBOOK OF BIRD FAMILIES. By Jonathan Elphick. Provides a comprehensive survey of every one of the 36 orders and 234 families of birds, revealing their remarkable diversity, appearance, behavior and lifestyle. With clear, lively text, informative fact boxes that include the latest research and data, and special photography, this volume belongs on the shelf of everyone interested in birds. 416 pages. Firefly. Paperbound. Pub. at \$35.00 **\$7.95**



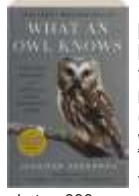
8795193 HAWKS AT A DISTANCE: Identification of Migrant Raptors. By Jerry Liguori. Concentrating on features that are genuinely observable at a distance, this concise and practical field guide is ideal for any aspiring or experienced hawk enthusiast. Includes all aspects of in-flight hawk identification, including flight style and behavior. Fully illus. in color. 190 pages. Princeton. Paperbound. Pub. at \$20.95 **\$16.95**



6077137 HOW BIRDS LIVE TOGETHER: Colonies and Communities in the Avian World. By Marianne Taylor. Offers a broad overview of social living in the avian world. From long-established seabird colonies that use the same cliffs for generations to the fast-shifting dynamics of flock formation, Taylor explores the different ways birds choose to dwell together. Color photos. 223 pages. Princeton. Pub. at \$29.95 **\$4.95**



8136386 THE HIDDEN LIVES OF OWLS: The Science and Spirit of Nature's Most Elusive Birds. By Leigh Calvez. Embark on an adventure into the world of owls: owl-watching, avian science, and the deep forest—often in the dead of night. Making the science entertaining and accessible, Calvez highlights a different owl breed with each chapter, discussing habitat, owl calls, social behavior, mythology and more along the way. Illus. 206 pages. Sasquatch. Paperbound. Pub. at \$18.95 **\$6.95**



887140X WHAT AN OWL KNOWS: The New Science of the World's Most Enigmatic Birds. By Jennifer Ackerman. Join scientists in the field and explore how researchers are using modern technology and tools to learn how owls communicate, hunt, court, mate, raise their young, and move about from season to season. This is an awe inspiring exploration of owls across the globe and through human history. Color photos. 333 pages. Penguin. Paperbound. Pub. at \$19.00 **\$13.95**



8887101 BEST LITTLE BOOK OF BIRDS: The Cascade Range and Columbia River Gorge. By Sarah Swanson. While following hiking trails and scenic byways, exploring riverside shorelines or remote forests, you'll learn where and when to find the most beautiful birds by their sound, appearance, habitats, and migration habits. Fully illus. in color. 337 pages. Timber. Paperbound. Pub. at \$18.99 **\$3.95**



8871396 THE SHOREBIRDS OF NORTH AMERICA: A Natural History and Photographic Celebration. By P. Dunne & K.T. Karlson. Detailed accounts convey the richness and variety of the five family groups, with incisive, fact filled descriptions of all 52 species of shorebirds known to breed in North America. This is an indispensable reference for bird lovers everywhere. Well illus., in color. 294 pages. Princeton. 8 1/4 x 11 1/4. **\$29.95**

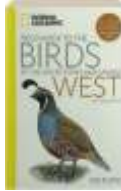


8896739 BIRDS: Brilliant & Bizarre. By Joanne Cooper. Reveals how birds have survived for millions of years and describes their surprising abilities and sometimes extraordinary behaviors, from Australian zebra finches that sing to regulate the temperature of their eggs to Spix's macaws who play dead when threatened. Fully illus. in color. 112 pages. Natural History Museum. Paperbound. Pub. at \$16.99 **\$13.95**



9127046 FIELD GUIDE TO THE BIRDS OF THE UNITED STATES AND CANADA, SECOND EDITION: East. By Ted Floyd. You'll find helpful descriptions of 836 species, definitive illustrations, data-based range maps, and more, expertly designed for ease of use in the field or at home. 447 pages. National Geographic. Paperbound. Pub. at \$24.99 **\$17.95**

Birds & Birding



★9127054 FIELD GUIDE TO THE BIRDS OF THE UNITED STATES AND CANADA, SECOND EDITION: West. By Ted Floyd. You'll find helpful descriptions of 970 species, definitive illustrations, data-based range maps, and more, expertly designed for ease of use in the field or at home. 495 pages. National Geographic. Paperbound. Pub. at \$24.99 **SOLD OUT**



796479X POCKET BIRDS OF NORTH AMERICA: Western Region. Ed. by S. Kress & E. Wolfson. This definitive field guide uses stunning close-up photography to bring more than 420 western bird species to life on the page. Profiles of commonly seen species are detailed, yet accessible, for quick reference and identification in the field. 296 pages. Dorling Kindersley. Paperbound. Pub. at \$24.99 **SOLD OUT**



8584044 DUCKS, GEESE, AND SWANS OF NORTH AMERICA, REVISED. By Guy Baldassarre. A must-have set for professional biologists, birders, waterfowl hunters, decoy collectors, and wildlife managers, this fully revised and updated edition provides definitive information on the continent's forty-six species. 1,027 pages in two volumes, slipcased. Well illus., most in color. Johns Hopkins. 8 1/2 x 10 1/2. Pub. at \$69.95 **\$34.95**



8996970 BIRD: The Definitive Visual Guide. By Phil Benstead et al. From the tiny Bee Hummingbird to the huge Wandering Albatross, this volume brings the diversity and drama of the avian world to life. Captures the wonder of birds in their natural environments, and profiles more than 1,200 species—each with a photograph, description, three-color distribution map, and data file. 512 pages. Dorling Kindersley. 10 1/2 x 12. Pub. at \$50.00 **\$24.95**



★9123903 OWLS OF EUROPE: Biology, Identification and Conservation. By W. Scherzinger & T. Mebs. This compendium dedicates a detailed chapter to each species, following introductory chapters on physical features, life strategies, habitats, and conservation efforts. Complete with up-to-date distribution maps, diagrams, tables, and hundreds of selected photographs. 416 pages. Helm. 8 x 10 1/4. Pub. at \$80.00 **\$61.95**



★9037497 ID HANDBOOK OF EUROPEAN BIRDS. By Nils van Duivendijk. Destined to become a standard reference, this two volume set blends incisive descriptions with stunning high-resolution photos to provide the most comprehensive, in-depth coverage of European birds available. Never before has so much current information been brought together in one place and presented so clearly and completely. Fully illus. in color. Princeton. 6 7/8 x 9 1/4. Pub. at \$107.00 **\$89.95**

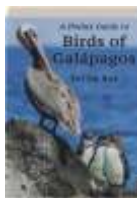


★9063196 CUCKOO. By Cynthia Chris. This enlightening, entertaining work explores the natural history of the cuckoo, its cultural meanings and the stories we tell about these fascinating birds. Fully illus. most in color. 163 pages. Reaktion. Paperbound. Pub. at \$22.00 **\$17.95**



9054391 PARROT PARENTING: The Essential Care and Training Guide to 20+ Parrot Species. By Carol Frischmann. Contains all the advice you will need for you and your parrot to live long and happy lives together. Learn to find the right parrot for you, including sources, species, and other considerations; a detailed discussion of diet, nutrition, health care, and grooming; all the supplies you will need; and more. Fully illus. in color. 239 pages. I-5 Press. Pub. at \$24.95 **PRICE CUT to \$3.95**

★9043845 THE BIRDS IN THE OAKS: Secret Voices of the Western Woods. By Jack Gedney, illus. by A. Gedney. Introduces readers to the birds who burrow, forage, and soar among California's keystone trees and reveals to us the utter joy of birds, the superabundant world of oaks, and the innumerable interconnections these living beings create. Illus. 219 pages. Heyday. Pub. at \$26.00 **PRICE CUT to \$14.95**



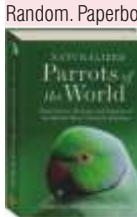
Paperbound. Pub. at \$17.95

6077196 A POCKET GUIDE TO BIRDS OF GALAPAGOS. By Tui De Roy. A one of a kind guide that every birder visiting the archipelago will want to carry with them wherever they go. Packed with detailed, easy to access information in bullet-point format. With precise descriptions including plumage and beak variations, this work corrects many common identification errors. Color photos. 136 pages. Princeton. **PRICE CUT to \$1.95**



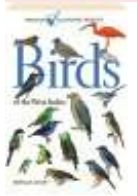
Random. Paperbound. Pub. at \$16.00

6997635 THE LAST FLIGHT OF THE SCARLET MACAW: One Woman's Fight to Save the World's Most Beautiful Bird. By Bruce Barcott. Explores the tension between environmental conservation and human development, puts a human face on the battle over globalization, and ultimately shows us how one unwavering woman risked her life to save the most beautiful bird in the world. 313 pages. **PRICE CUT to \$3.95**



Parakeet and Monk Parakeet—as well as studies of the introduced parrot species located in specific countries and regions. Illus. in color. 304 pages. Princeton. Pub. at \$48.00 **PRICE CUT to \$11.95**

6997651 NATURALIZED PARROTS OF THE WORLD: Distribution, Ecology, and Impacts of the World's Most Colorful Colonizers. Ed. by Stephen Pruett-Jones. Experts discuss the global distribution of parrots, their genetics, conservation implications, and human responses to these birds. Also features case studies of the two most successful species—the Rose-ringed Parakeet and Monk Parakeet—as well as studies of the introduced parrot species located in specific countries and regions. Illus. in color. 304 pages. Princeton. Pub. at \$48.00 **PRICE CUT to \$11.95**



9057765 BIRDS OF THE WEST INDIES. By Norman Arlott. Contains 80 color plates featuring more than 550 bird species. Concise text concentrates on field-identification characteristics. 240 pages. Princeton. Paperbound. Pub. at \$24.95 **PRICE CUT to \$5.95**



5430062 HOW TO ATTRACT BIRDS TO YOUR GARDEN. By Dan Rouse. Shows how you can make a difference to local bird-life by providing them with everything they need in order to thrive. Once the birds come flocking to your gardens, learn all about them with profiles on more than 50 key species. Well illus. in color. 192 pages. Dorling Kindersley. Pub. at \$25.00 **PRICE CUT to \$7.95**



9057757 BIRDS OF THE MASAI MARA. By Adam Scott Kennedy. Featuring the bird species likely to be encountered by visitors to the popular Masai Mara National Reserve in Kenya. Accessible text explores bird species behavior, species etymology and more. Fully illus. in color. 176 pages. Princeton. Paperbound. Pub. at \$27.95 **PRICE CUT to \$4.95**



★805116X BACKYARD BIRDS EAST. By Eric Carlson, photos by B.E. Small. Designed for the absolute beginner, each featured species account includes the essential ID tips on how to name the birds you see throughout the year and attract them to your yard. Includes both males and females (when important) as well as juveniles. Fully illus. in color. 136 pages. Scott & Nix. Paperbound. Pub. at \$16.95 **PRICE CUT to \$11.95**



★470021X THE BIRDS THAT AUDUBON MISSED: Discovery and Desire in the American Wilderness. By Kenn Kaufman. Examines the scientific discoveries of John James Audubon and his artistic and ornithologist peers to show how what they saw (and what they missed) reflects how we perceive and understand the natural world. Kaufman has created portraits of the birds that Audubon never saw, attempting to paint them in that artist's own stunning style. 387 pages. Avid Reader. Pub. at \$32.50 **PRICE CUT to \$19.95**



★DVD 8876622 HUMMINGBIRDS & BIRDS OF THE BACKYARD. Total Content. Pub. at \$14.95 **\$7.95**

9054057 THE SCREECH OWL COMPANION: Everything You Need to Know About These Beneficial Raptors. By J. Wright & S. Weston. Well illus. in color. 228 pages. Timber. Paperbound. Pub. at \$24.99 **\$7.95**

9103023 THE LOVE LIVES OF BIRDS: Courting and Mating Rituals. By Laura Erickson. Well illus. in color. 152 pages. Storey. Pub. at \$19.95 **SOLD OUT**

8799296 THE GLITTER IN THE GREEN: In Search of Hummingbirds. By Jon Dunn. 16 pages of color photos. 332 pages. Basic. Pub. at \$30.00 **PRICE CUT to \$5.95**

6081878 PARROTS: A Guide to Parrots of the World. By T. Juniper & M. Parr. Illus. most in color. 584 pages. Yale. Pub. at \$94.00 **\$26.95**

7788312 THE BIRDS OF NEW JERSEY: Status and Distribution. By William J. Boyle, Jr. Fully illus. in color. 308 pages. Princeton. Paperbound. Pub. at \$24.95 **PRICE CUT to \$3.95**

4998812 A WORLD ON THE WING: The Global Odyssey of Migratory Birds. By Scott Weidensaul. 16 pages of color photos. 385 pages. Norton. **PRICE CUT to \$7.95**

★794327X BIRDS & BLOOMS BIRDS IN EVERY SEASON. Ed. by Julie Kuczynski. 256 pages. RDA Enthusiast. 8x11. Paperbound. Pub. at \$19.99 **PRICE CUT to \$9.95**

★7869819 WHAT AN OWL KNOWS: The New Science of the World's Most Enigmatic Birds. By Jennifer Ackerman. Well illus. some in color. 333 pages. Penguin. Pub. at \$30.00 **PRICE CUT to \$17.95**

★1167928 WARBLERS OF EASTERN NORTH AMERICA, 2ND EDITION. By Chris G. Earley. 131 pages. Firefly. Paperbound. Pub. at \$19.99 **PRICE CUT to \$9.95**

★4437713 BIRDS OF THE MIDDLE EAST, THIRD EDITION: Princeton Field Guides. By Richard Porter et al. Fully illus. in color. 400 pages. Princeton. Paperbound. Pub. at \$35.00 **PRICE CUT to \$21.95**

7861923 WATERFOWL ECOLOGY AND MANAGEMENT, SECOND EDITION. By G.A. Baldassarre & E.G. Bolen. Illus. 567 pages. Krieger. 8 1/2 x 11 1/4. Pub. at \$55.00 **PRICE CUT to \$7.95**

★7905300 BIRDS OF EUROPE, THIRD EDITION. text by Lars Svensson. 476 pages. Princeton. Paperbound. Pub. at \$35.00 **\$14.95**

★9043926 THE GULL GUIDE: North America. By Amar Ayyash. 518 pages. Princeton. Paperbound. Pub. at \$39.95 **PRICE CUT to \$27.95**

★9038175 THE STOKES FIELD GUIDE TO FINCHES OF THE UNITED STATES AND CANADA. By L. Stokes & M.A. Young. 329 pages. Little, Brown. Paperbound. Pub. at \$21.99 **PRICE CUT to \$14.95**

★7818467 LOONS: Treasured Symbols of the North. By Wayne Lynch. 224 pages. Fitzhenry & Whiteside. 12 1/2 x 9. Paperbound. Pub. at \$45.00 **\$35.95**

★7792492 GULLS OF NORTH AMERICA. By Fred Shaffer III. Fully illus. in color. 287 pages. Schiffer. Paperbound. Pub. at \$19.99 **\$11.95**

★7939116 TERNS OF NORTH AMERICA: A Photographic Guide. By Cameron Cox. Fully illus. in color. 202 pages. Princeton. Paperbound. Pub. at \$27.95 **\$14.95**

★902283X CITY BIRD: Explore the Charming Metropolitan Melodies of Our Feathered Friends. By A.H. Vinet & J.H. Harrison. Fully illus. in color. 128 pages. Epic Ink. Pub. at \$12.99 **PRICE CUT to \$7.95**

★1038680 AVIAN ARCHITECTURE, REVISED EDITION: How Birds Design, Engineer, and Build. By Peter Goodfellow. Well illus. in color. 176 pages. Princeton. 8 1/4 x 10 1/4. Pub. at \$29.95 **PRICE CUT to \$19.95**

★110585X HOW TO LOOK AT A BIRD: Open Your Eyes to the Joy of Watching and Knowing Birds. By Clare Walker Leslie. Fully illus. in color. 143 pages. Storey. Paperbound. Pub. at \$18.99 **PRICE CUT to \$9.95**

★7931263 TEN BIRDS THAT CHANGED THE WORLD. By Stephen Moss. 408 pages. Basic. Pub. at \$30.00 **PRICE CUT to \$14.95**

★7995512 BIRDS OF CHINA. By L. Yang & C. Shuihua. 672 pages. Princeton. Paperbound. Pub. at \$39.95 **PRICE CUT to \$24.95**

★7529201 ENDANGERED AND DISAPPEARING BIRDS OF APPALACHIA AND THE SOUTHEAST. By Matt Williams. 253 pages. UPky. 8x10 1/4. Pub. at \$40.00 **PRICE CUT to \$21.95**

★8051178 BACKYARD BIRDS WEST. By Eric Carlson, photos by B.E. Small. Fully illus. in color. 136 pages. Scott & Nix. Paperbound. Pub. at \$16.95 **PRICE CUT to \$9.95**

★7909101 THE NIGHTINGALE: Notes on a Songbird. By Sam Lee. Illus. 228 pages. Penguin. Paperbound. Pub. at \$22.99 **PRICE CUT to \$7.95**

★4562941 KRUGER BIRDS, SECOND EDITION: Get the Most from Your Game Drive. By Philip van den Berg. Fully illus. in color. 300 pages. HPH. Pub. at \$19.00 **PRICE CUT to \$9.95**

★7950705 BIRDS WITH PERSONALITY: A Guide to 50 of the World's Most Beguiling Birds. By Georgia Angus. Well illus. most in color. 116 pages. Hardie Grant. Pub. at \$22.99 **PRICE CUT to \$5.95**



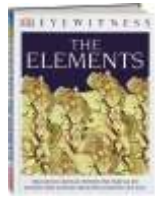
Science & Nature for Children



★7771371 MY LITTLE GOLDEN BOOK ABOUT BALTO. By Chip Loyitt, illus. by S. Allsopp. Travel alongside Balto, the famous sled dog, as he races across frozen Alaska in 1925 with lifesaving medicine! This exciting true tale of a heroic dog will thrill young children. Ages 2-5. Fully illus. in color. Golden. **\$4.95**



★1091743 RACCOONS: Kids' Backyard Safari. By Tammy Gagne. Come along on a backyard safari to learn fun and interesting facts about raccoons. Learn if raccoons can see better at night or during the day, why they're called "thieves," what their favorite foods are, and how fast they can run. Ages 4-8. Fully illus. in color. 32 pages. Curious Fox. Paperbound. **\$5.95**



5720699 THE ELEMENTS: Discover the Chemical Elements That Make Up the Periodic Table and Learn About Their Properties and Uses. By Adrian Dingle. The perfect guide to all 118 elements that make up the periodic table. Learn about their discoveries, uses, and properties and explore elements such as carbon, oxygen, and hydrogen and learn why they are essential to our survival. Ages 8-12. Fully illus. in color. 72 pages. Dorling Kindersley. 8½x11¼. Pub. at \$16.99 **\$6.95**



9057455 THE SHY LITTLE KITTEN'S VALENTINE'S DAY. By Andrea Posner-Sanchez, illus. by S. DiCicco. Celebrate Valentine's Day with the Shy Little Kitten and her animal friends! Ages 0-3. Fully illus. in color. Golden. **\$4.95**



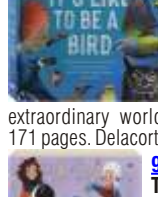
9040676 BOOM! 50 Fantastic Science Experiments to Try at Home with Your Kids. By C. Smith & D. Ansell. In this amazing guide you'll find 50 incredible experiments to try at home. Create fireworks from a bag of chips or turn rice into quicksand. These easy and fun to do projects will amuse, astound, and educate in equal measure. Ages 8 & up. Fully illus. in color. 143 pages. IMM Lifestyle Books. Paperbound. Pub. at \$9.99 **\$4.95**



9129790 AMAZING MATH: Everyday STEM. By Lou Abercrombie, illus. by L. Miceli. Mathematics is not just working out sums and equations for school, it's all around us and used in everyday situations. With easy-to-understand text and lots of colorful artworks, photos, and diagrams, readers can best explore where we encounter math and why it's even important at all. Ages 9-11. 48 pages. Kingfisher. 9¼x11. Pub. at \$17.99 **\$5.95**



9128107 WHAT IT'S LIKE TO BE A BIRD: From Flying to Nesting, Eating to Singing—What Birds Are Doing and Why. By David Allen Sibley. A treasure trove of fascinating facts about birds, what they can do, and why they do it. These facts are accompanied by more than 300 full-color illustrations—some of them life-size—that reveal the extraordinary world of birds in all its glory. Ages 10-12. 171 pages. Delacorte. 8½x11¼. Pub. at \$19.99 **\$5.95**



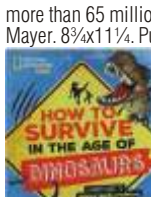
9100571 101 AWESOME WOMEN WHO TRANSFORMED SCIENCE. By Claire Philip, illus. by I. Munoz. Packed with the stories of how 101 amazing women changed the world of science. From the celebrated to the overlooked, in fields spanning from chemistry, medicine and engineering to biology, astrophysics and mathematics, these awesome scientists are sure to be an inspiration to children everywhere. Ages 7-10. Fully illus. in color. 128 pages. Arcturus. Paperbound. Pub. at \$9.99 **\$5.95**



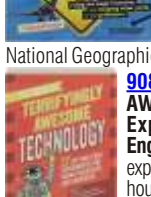
9065180 FIRST STICKER ART: Ultimate Dinosaurs. Young children will love seeing pictures come to life as each head, body, leg, tail, or horn sticker is added to the simple templates. Ages 3 & up. Fully illus. in color. Sourcebooks. Paperbound. Pub. at \$9.99 **\$4.95**



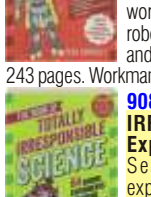
9094806 INSIDE OUT T. REX: Uncover the World's Most Famous Dinosaur! By Dennis Schatz. Offers clues to understanding the most compelling and mysterious dinosaur of them all. Loaded with awesome illustrations and captivating text, a die-cut model within the pages will take you inside T. Rex's body to reveal, layer by layer, how these giant beasts lived more than 65 million years ago. Ages 8-10. 16 pages. Becker & Mayer. 8¾x11¼. Pub. at \$14.99 **\$6.95**



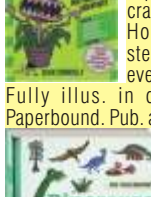
LIMITED QUANTITY 9126546 HOW TO SURVIVE IN THE AGE OF DINOSAURS. By Stephanie Warren Drimmer. Packed with tips, tricks, and helpful maps, this is the ultimate handbook for dinosaur fans who want to know what life on Earth was really like when dinos ruled. Could you survive in the age of dinosaurs? Ages 8-12. Fully illus. in color. 96 pages. National Geographic. Paperbound. **SOLD OUT**



9083030 THE BOOK OF TERRIFYINGLY AWESOME TECHNOLOGY: 27 Cutting-Edge Experiments for Young Scientists and Engineers. By Sean Connolly. Here are 27 terrific experiments using basic stuff from around the house that will help kids understand the scary world of driverless cars, artificial intelligence, robots and androids, 3-D printing, test-tube meat, and more. Ages 9 & up. Fully illus. in color. 243 pages. Workman. 6x10¼. Paperbound. Pub. at \$16.99 **\$5.95**



9083049 THE BOOK OF TOTALLY IRRESPONSIBLE SCIENCE: 64 Daring Experiments for Young Scientists. By Sean Connolly. Here are 64 amazing experiments that snap, crackle, pop, ooze, crash, boom, and stink. Giant air cannons. Homemade lightning. Marshmallows on steroids. Matchbox microphones. There's even an introduction to alchemy. Ages 9 & up. Fully illus. in color. 217 pages. Workman. 6x10¼. Paperbound. Pub. at \$16.99 **\$5.95**



8796874 DINOSAURS AND THE PREHISTORIC WORLD: Do You Know? By Pascale Hedelin. When did dinosaurs roam the earth? What are fossils? How are dinosaur bones put together? Learn the answers to these questions and many more in this engaging and indispensable resource. Ages 5-8. Fully illus. in color. 94 pages. Twirl. Pub. at \$16.99 **\$6.95**



9128093 WHAT DO WE KNOW ABOUT BIGFOOT? By Steve Korte, illus. by M. Gutierrez. Dive into the facts behind the most well-known footage of the cryptid, the Patterson-Gimlin film, and learn about actual scientific studies conducted to learn whether or not Bigfoot actually exists. Ages 8-12. Fully illus. 107 pages. Penguin. Paperbound. Pub. at \$6.99 **\$4.95**



1207326 DINOSAURS OF THE UPPER CRETACEOUS. An illustrative guide of 25 of the best known dinosaurs of the period, providing up to date information with highly detailed computer generated artwork. Illustrated introductory spreads provide background information on the time periods in which the dinosaurs lived. Ages 8-11. Firefly. 8¼x11. Pub. at \$16.95 **\$5.95**



9100199 AROUND THE WORLD IN 80 TREES. By Ben Lerwill, illus. by K. Kajfez. Journey around the globe to gaze up at towering redwoods and find out which tree has fish swimming around its roots. View a stunning central gatefold that opens out to reveal 80 trees. Explore the life cycle of trees, how they communicate with each other and why they are vital to the Earth's health. Ages 8-10. Fully illus. in color. 72 pages. Welbeck. 9¼x11¼. Pub. at \$17.95 **\$6.95**



908245X THE SCIENCE BOOK. By John Farndon et al. From the extreme ferocity of chemical reactions to the astounding vastness of the universe, discover the most extraordinary facts and stunning photographs with this ultimate guide to science. Ages 9-12. 160 pages. Miles Kelly. 8¼x10½. Pub. at \$14.99 **\$5.95**



9122354 MEET THE MEGAFAUNA! Get to Know 20 of the Largest Animals to Ever Roam the Earth. By Gabrielle Balkan, illus. by P. Nguyen Quang et al. Discover 20 of the biggest megafauna in this visually striking and highly informative guide that takes us back through the eons to explore some of the most fantastic creatures to ever roam the earth. Ages 7-10. Fully illus. in color. 48 pages. Workman. 9¼x12. Pub. at \$19.99 **SOLD OUT**



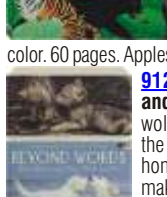
LIMITED QUANTITY 9123067 THE SECRET LIFE OF BIRDS. By Moira Butterfield, illus. by V. Mineker Chen. Did you know birds can call to each other in thousands of different ways? Hear bird stories from all around the world and learn about nest-building and baby birds. Discover why birds are so important to us all, in this enchanting first guide to birdlife around the globe. Ages 7-11. 47 pages. Happy Yak. 9¼x11¼. Pub. at \$19.99 **\$5.95**



9006435 CARRY ALONG DINOSAURS. Children will love exploring the prehistoric dinosaurs in this delightfully illustrated carry along. Ages 1-6. Page Publications. Pub. at \$9.99 **\$5.95**



9120297 YOUR BEDROOM IS A RAINFOREST! By Hannah Sheldon-Dean. Discover everything you need to know about our amazing rainforests, from jungle creatures to conservation science and more! Includes more than 100 reusable glow-in-the-dark stickers. Ages 5-12. Fully illus. in color. 60 pages. Applesauce. 12x10½. Pub. at \$24.95 **\$6.95**



9127755 BEYOND WORDS: What Wolves and Dogs Think and Feel. By Carl Safina. A wolf pack reunites and they greet one another the way our dogs greet us when we come home. This is an extraordinary look at what makes these animals different from us. Ages 10 & up. Well illus. 170 pages. Square Fish. Paperbound. Pub. at \$12.99 **\$4.95**



908584X I LOVE YOU MORE, BABYSAUR. By Rose Rossner, illus. by J. Blanda. RAWR means "I love you" in dinosaur, and there's no better way to celebrate your little Hugasaurus than with this pun-tastic work! Ages 0-2. Fully illus. in color. Sourcebooks. Pub. at \$8.99 **\$4.95**



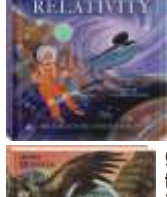
912991X CHEMICAL ENGINEERING: Everyday STEM. By Jenny Jacoby, illus. by L. Valentine. From raising agents in bread to life-saving medicine and eco-friendly fuel, chemical engineering has transformed our lives. With easy-to-understand text and lots of colorful artworks, photos, and diagrams, readers can best explore where we encounter chemical engineering and why it's even important at all. Ages 9-11. Fully illus. in color. 48 pages. Kingfisher. 9¼x11. Pub. at \$17.99 **\$5.95**



9129952 CIVIL ENGINEERING: Everyday STEM. By Jenny Jacoby, illus. by L. Valentine. Discover how civil and mechanical engineering helps us interact with society and see how engineering is helping save the environment. With easy-to-understand text and lots of colorful artworks, photos and diagrams, readers can best explore where we encounter engineering and why it's even important at all. Ages 9-12. 48 pages. Kingfisher. 9¼x11. Pub. at \$17.90 **\$5.95**



8092265 ALBERT EINSTEIN'S THEORY OF RELATIVITY. By Alex Woolf, illus. by J. Londono-Gaviria. Bringing Einstein's radical ideas to life, discover how he came to write the most famous equation in science and learn about Einstein's life, reactions to his ideas, and how scientists today still rely on his work. Ages 8-12. Well illus., in color. 64 pages. Arcturus. 9x11¼. **\$8.95**



9122354 MEET THE MEGAFAUNA! Get to Know 20 of the Largest Animals to Ever Roam the Earth. By Gabrielle Balkan, illus. by P. Nguyen Quang et al. Discover 20 of the biggest megafauna in this visually striking and highly informative guide that takes us back through the eons to explore some of the most fantastic creatures to ever roam the earth. Ages 7-10. Fully illus. in color. 48 pages. Workman. 9¼x12. Pub. at \$19.99 **SOLD OUT**

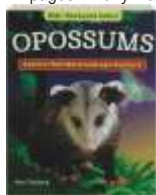
Science & Nature for Children



★1033115 WHOSE HOUSE IS THAT? By Stan Tekiela. Beaver lodges, bird nests, spiderwebs, the animal kingdom is filled with expert builders that construct spectacular homes. Study a photo of an animal's house and examine a clue about the creature that built it. Next, guess "Whose house is that?" Then turn the page to discover the answer. Ages 4-8. Fully illus. in color. Adventure Publications. 10 1/2 x 8 1/4. Pub. at \$14.95 **\$11.95**



7598939 EXPLORING THE WORLD OF HUMMINGBIRDS. By Tracy C. Read. Offers young readers a fascinating and colorfully illustrated introduction to this unique bird and its lifestyle. Includes a section detailing the hummingbird's features, a look at their parenting habits, and more. Ages 8-11. 24 pages. Firefly. Paperbound. Pub. at \$6.95 **\$4.95**

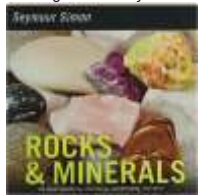


★1090305 OPOSSUMS: Kids' Backyard Safari. By Ann Tatlock. Come along on a backyard safari to learn fun and interesting facts about opossums. Learn if opossums are seen more during the day or at night, where they can be found around the world, how they communicate, and how many teeth they have. Ages 4-8. Fully illus. in color. 32 pages. Curious Fox. Paperbound. **\$5.95**

9122370 SAVE THE GIRAFFES. By Anita Sanchez. Filled with all the facts you need to know to become a giraffe expert! Find out how you can help save the giraffes! Ages 6-9. Well illus. 79 pages. Philomel. Pub. at \$16.99 **\$4.95**



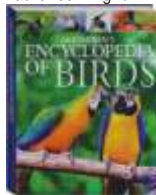
9078797 SPACE! The Universe As You've Never Seen It Before. Ed. by C. Heilman & M. Parrish. Covering the stars and planets, space exploration, and the night sky, this volume is packed with amazing facts and NASA images revealing the wonders of the cosmos—from black holes to the big bang to the planets. The computer-generated cutaways and photorealistic images are phenomenal. Ages 10-17. 208 pages. Dorling Kindersley. 10 1/2 x 12. Pub. at \$24.99 **\$11.95**



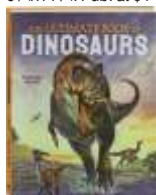
9094474 ROCKS & MINERALS. By Seymour Simon. Earth's crust contains many different kinds of rocks and minerals, such as granite, sandstone, basalt, quartz, and crystal. They give us clues to what happened millions and millions of years ago in Earth's history. Ages 6-10. Fully illus. in color. 48 pages. HarperCollins. 10x10. Paperbound. Pub. at \$7.99 **\$4.95**



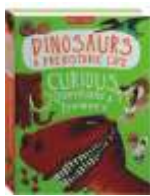
9129502 DINOSAURS: Terrific Timelines. By Isabel Thomas, illus. by A. Van Ryn. Walk through the Triassic, Jurassic, and Cretaceous eras with 20 top dinosaurs from Allosaurus to Triceratops. Assemble the timeline, then create a prehistoric panorama by slotting in the press-out dinosaur figures. Find out more in the dinosaur factfiles! Ages 6 & up. Fully illus. in color. 32 pages. Laurence King. 9x12 3/4. Pub. at \$19.99 **\$6.95**



7877838 CHILDREN'S ENCYCLOPEDIA OF BIRDS. By Claudia Martin. Set off on an extraordinary tour of the world of birds—from powerful eagles and flocking flamingos, to beautiful hummingbirds and clever corvids. This visual encyclopedia brings together cutting-edge knowledge and awe-inspiring ideas with clarity and accuracy. Ages 3-6. 128 pages. Arcturus. 9 1/4 x 11 1/4. Pub. at \$14.99 **\$7.95**



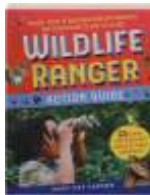
791007X THE ULTIMATE BOOK OF DINOSAURS. By Claudia Martin. Come face to face with the most fearsome creatures ever to walk the Earth, in this extraordinary, eye-opening guide to dinosaurs. This meticulously researched project brings the most up to date paleontological data to life with clarity, passion, and intelligence. Ages 8-12. Fully illus. in color. 125 pages. Arcturus. 9x11 1/4. Pub. at \$14.99 **\$5.95**



8092397 DINOSAURS & PREHISTORIC LIFE: Curious Questions & Answers. By C. de la Bedoyere et al., illus. by L. Martin et al. Humorous illustrations and astounding facts explore all that is strange, sensational and just plain peculiar about dinosaurs and prehistoric life. Ages 5 & up. 140 pages. 8 1/2 x 11 1/4. Pub. at \$21.95 **\$8.95**



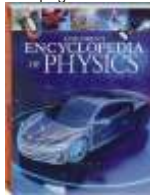
908231X THE EARTH BOOK. By Camilla de la Bedoyere et al. From the formidable majesty of its physical features to the fierce power of its natural forces, discover the most extraordinary facts and stunning photographs with this ultimate guide to Earth. Ages 12 & up. 160 pages. Miles Kelly. 8 1/4 x 10 3/4. Pub. at \$14.99 **\$5.95**



8997519 WILDLIFE RANGER ACTION GUIDE: Track, Spot & Provide Healthy Habitat for Creatures Close to Home. By Mary Kay Carson. Use the field guide pages to learn about which species you're likely to see in your area, then turn your backyard into a sanctuary by creating an animal-friendly habitat where wild residents can find food, water, shelter, and places to nest and raise their young. Ages 10 & up. Fully illus. in color. 176 pages. Storey. 8x10. Paperbound. Pub. at \$18.95 **\$4.95**



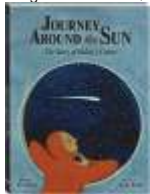
8092796 SPACE: Curious Questions and Answers. By S. Becklake et al., illus. by B. Bakos et al. Takes a sideways look at all that's wild, wonderful and downright weird about space that includes topics on astronauts, space machines, the solar system and more. Quirky colorful illustrations and playful text reveal amazing answers to curious questions. Ages 5 & up. 140 pages. Miles Kelly. 8 3/4 x 11 1/4. Pub. at \$21.95 **\$8.95**



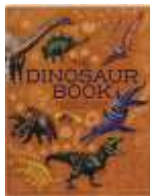
★9121730 CHILDREN'S ENCYCLOPEDIA OF PHYSICS. By Tom Jackson. Key concepts are brought to life, as well as awe-inspiring facts and informative diagrams. From the tiniest subatomic particles to the vast expanses of space, this work shines a light on the hidden laws that shape our world. Ages 8-12. Fully illus. in color. 128 pages. Arcturus. 9 1/4 x 11 1/4. Pub. at \$16.99 **\$12.95**



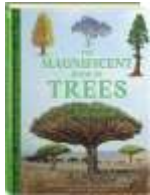
9129839 ARTIFICIAL INTELLIGENCE: When Computers Get Smart. By Tom Jackson. Come and meet the smartest artificial intelligences of the past, present, and future. Introduces pioneering AI machines such as Watson and Sophia and lifts the lid on how they work. Meet machines that look like humans, pit your wits against AlphaGo and Deep Blue, and seek advice from Recommendation Engine. Ages 9-11. Fully illus. in color. 64 pages. Kingfisher. Pub. at \$12.99 **\$5.95**



910593X JOURNEY AROUND THE SUN: The Story of Halley's Comet. By James Gladstone, illus. by Y. Eshet. Told from the perspective of the comet itself upon its return every 75 years or so. Through the lens, we learn not only about the comet, but also how human culture and technology strive toward a greater understanding of our universe. Ages 4-8. Owlkids. 9 1/2 x 12 1/4. Pub. at \$17.95 **\$4.95**



★9070591 THE DINOSAUR BOOK: A Journey Through the Prehistoric World. By Clare Hibbert. Inside you will find high-impact facts and stats, cutting-edge scientific knowledge, and exceptionally realistic art. Ages 8-12. 127 pages. Arcturus. 9x11. Paperbound. Pub. at \$12.99 **\$9.95**



★9065032 THE MAGNIFICENT BOOK OF TREES. By Tony Russell. From the familiar to the rare and the majestic to the peculiar, embark on a journey into the magnificent realm of trees as you explore some of the most fascinating species from across the world. Includes fascinating facts in an easy to read format. And spot the animals that call these trees their home. Ages 8-12. Fully illus., in color. Weldon Owen. 11x15. Pub. at \$19.99 **\$14.95**



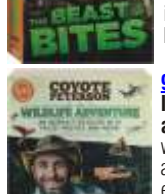
9100210 THE BOOK OF DISCOVERIES: Incredible Breakthroughs That Changed the World. By Tim Cooke, illus. by D. Bardana. Explore over 40 of history's most important breakthroughs, from gravity to climate change, vaccination to black holes. Meet the trailblazers from across the globe who made these discoveries. Find out how their amazing achievements have led to advances in technology, changing the world. Ages 8-12. Fully illus. in color. 112 pages. Welbeck. 9 1/4 x 11 1/4. Pub. at \$24.95 **\$8.95**



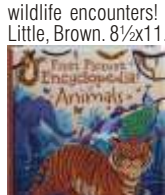
9065520 IF THE WORLD WERE 100 ANIMALS: A Visual Guide to Earth's Amazing Creatures. By Miranda Smith, illus. by A. Cushley. By focusing on just 100, we can see the rich diversity of life on our planet, what wondrous wildlife we might lose, and what needs to change to help save them. Ages 4-8. Fully illus. in color. Crown. 10x11. Pub. at \$17.99 **\$5.95**



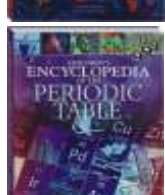
9122249 THE BEAST OF BITES. By Coyote Peterson. Join Peterson as he tracks down some of the most gripping and sometimes horrifying biters on the planet and puts science to the test by actually letting them bite him! Ages 8-12. Fully illus. in color. 304 pages. Little, Brown. Pub. at \$18.99 **\$4.95**



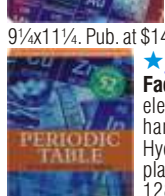
9122400 WILDLIFE ADVENTURE: An Interactive Guide with Facts, Photos, and More! By Coyote Peterson. Not only will you discover animal facts, but you'll also learn what gear is needed to survey each environment. Plus, find puzzles and quizzes to test your knowledge and ten photographic scenes with hundreds of stickers to create your own interactive wildlife encounters! Ages 5-8. Fully illus. in color. 64 pages. Little, Brown. 8 1/2 x 11. Paperbound. Pub. at \$12.99 **\$4.95**



★9121757 FIRST PICTURE ENCYCLOPEDIA OF ANIMALS. By Belinda Gallagher, illus. by L. Semple. Showcases over 100 mammals, reptiles, invertebrates, fish, birds, and amphibians—with fascinating facts about each creature. Ages 5-8. Fully illus. in color. 96 pages. Arcturus. 9 1/4 x 11 1/4. Pub. at \$14.99 **\$11.95**



★9121749 CHILDREN'S ENCYCLOPEDIA OF THE PERIODIC TABLE. By Janet Bingham. Explores the elements of the Periodic Table, from the story of their discovery to how they have revolutionized our lives. Clear explanations and at-a-glance data make this an indispensable guide. Ages 8-12. Fully illus. in color. 128 pages. Arcturus. 9 1/4 x 11 1/4. Pub. at \$14.99 **\$11.95**



★9121803 PERIODIC TABLE: Book and Fact Cards. By Janet Bingham. Chemical elements are building blocks of life, and this handy guide introduces each one—from Hydrogen to Oganesson—and the party they play in our world. Includes 52 fact cards and a 128-page guidebook. Boxed. Ages 8-12. Fully illus. in color. 128 pages. Arcturus. Paperbound. Pub. at \$16.99 **\$12.95**



9093249 COLORFUL KINGDOM: How Animals Use Color to Surprise and Survive. By Anna Omedes, illus. by L. Fraile. The colors we see in nature are more than decorative; they serve a valuable purpose beyond beauty. This work explains what those colors mean in the animal kingdom and reveals how they have evolved to help all living creatures hunt, hide, feed, find a mate, fight, live and die. Ages 7 & up. Fully illus. in color. 45 pages. Orange Mosquito. 10 1/2 x 13. Pub. at \$17.95 **\$6.95**



★9070494 THE ANIMAL BOOK: Take a Walk on the Wild Side! By M. Leach & M. Lland. Children can set off on an extraordinary guided tour of the animal kingdom with this comprehensive reference, brought to life with eye-opening full-color wildlife photography. Ages 8-12. 127 pages. Arcturus. 9x11. Paperbound. Pub. at \$12.99 **\$9.95**



Science & Nature for Children



9128077 WELCOME TO THE MYSTERYVERSE: A World of Unsolved Wonders. By Clive Gifford. Journey through the puzzles, conundrums, and questions that keep the curious awake at night. Discover the genius theories, lightening-bolt brainwaves and guesswork that the world's greatest minds have come up with in their quest for answers. Ages 8 & up. Fully illus. in color. 112 pages. Wide Eyed. 10 1/4 x 12 1/2. Pub. at \$30.00 **\$7.95**



★9121765 HOW BIG? DINOSAURS. By Dougal Dixon, illus. by P. Corrigan. Get up-close to a Triceratops horn, compare your hand to Iguanodon's, and check out Smilodon's terrifying teeth. Discover so many astonishing facts along the way. Ages 6-10. Fully illus. in color. 96 pages. Arcturus. 9 1/4 x 11 1/4. Pub. at \$12.99 **\$9.95**



9130144 FLYING AND FLOATING: Discover It Yourself. Illus. by Diego Vaisberg. Keen scientists can discover why air and water are essential to life on Earth, why the wind blows, and the three forms of water. Readers can find almost everything they need for experiments around the home including how to make a hot-air pinwheel, fly a homemade kite, build a waterwheel, and much more. Ages 7-11. Fully illus. in color. 32 pages. Kingfisher. 8 1/2 x 9 1/4. Paperbound. Pub. at \$7.99 **\$4.95**



9129812 ANIMALS IN ACTION: Discover It Yourself. Illus. by Diego Vaisberg. Packed with scientific facts, experiments and activities linked to the world of animals, this STEM-focused guide will show readers how to test a hamster's IQ with a home-made maze, observe nocturnal animals, keep a diary of the changing seasons, and much more. Ages 6-9. Fully illus. in color. Kingfisher. 8 1/4 x 9 1/2. Pub. at \$16.99 **\$5.95**



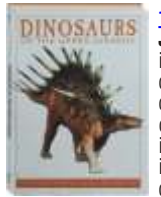
912859X SOUND AND LIGHT: Discover It Yourself. Illus. by Diego Vaisberg. Packed with activities and experiments to provide a practical, hands-on approach to science. Discover how to measure the distance to a storm; build your own instruments; make an eclipse; and more. Ages 7-9. Fully illus. in color. 32 pages. Kingfisher. 8 1/4 x 9 1/2. Pub. at \$16.99 **\$5.95**



9129855 BATTERIES, BULBS, AND WIRES: Discover It Yourself. Illus. by Diego Vaisberg. After learning essential key facts, children can find almost everything they need for STEM-focused experiments around the home. Learn how to levitate a paperclip, make a buzzer game, create an electric circuit, make a compass and much more. Ages 7-9. Fully illus. in color. 32 pages. Kingfisher. 8 1/4 x 9 1/2. Pub. at \$16.99 **\$5.95**



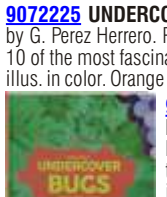
9122605 DINOSAURS OF THE MID-CRETACEOUS. By David & Oliver West. One of a series of six volumes for dinosaur enthusiasts and novices alike, this volume talks about a time when the titanosaurs appeared, the largest animals ever to have walked the Earth. Their young were preyed upon by some of the biggest meat-eating dinosaurs. Ages 8-11. Fully illus. in color. 32 pages. Firefly. 8 1/4 x 11. Pub. at \$16.95 **\$5.95**



1038605 DINOSAURS OF THE UPPER JURASSIC. By David & Oliver West. An illustrated guide of 25 of the best known dinosaurs of the period, providing up to date information with highly detailed computer generated artwork, illustrated introductory spreads provide background information on the time periods in which the dinosaurs lived. Ages 8-11. 32 pages. Firefly. 8 1/4 x 11. Pub. at \$16.95 **\$5.95**



9099069 PYTHON: Read and Wonder. By Christopher Cheng, illus. by M. Jackson. Combining informative facts, expressive illustrations, and a lyrical, mesmerizing narrative, this work will captivate anyone fascinated by this iconic creature. Ages 5-8. 30 pages. Candlewick. Paperbound. Pub. at \$8.99 **\$4.95**



9072225 UNDERCOVER BIRDS. Text by Mia Cassany, illus. by G. Perez Herrero. Peek through the die-cut pages to observe 10 of the most fascinating birds on our planet. Ages 7-10. Fully illus. in color. Orange Mosquito. 9 1/4 x 12. Pub. at \$18.95 **\$6.95**



9072233 UNDERCOVER BUGS. Text by Mia Cassany, illus. by G. Perez Herrero. Peek through the die-cut pages to observe 10 of the most surprising insects on our planet. Ages 7-10. Fully illus. in color. Orange Mosquito. 9 1/4 x 12. Pub. at \$18.95 **\$6.95**



9167277 JURASSIC RECORD BREAKERS: Heaviest Dinosaur! Most Feared! Fastest Dino Tail! By Darren Naish. Enter the era of the most extreme record-breakers ever with this guide to Jurassic life. You'll learn all about the fascinating creatures that lived in this amazing period. Ages 5 & up. Fully illus. in color. 48 pages. Carlton Kids. 8 1/2 x 11. Paperbound. Pub. at \$7.95 **\$4.95**



★8881367 THE MAGNIFICENT BOOK OF DINOSAURS AND OTHER PREHISTORIC CREATURES. By Tom Jackson, illus. by R. Farkas. This beautifully illustrated work will lead you on a journey of discovery as you explore a range of fascinating dinosaurs. Intriguing facts accompany every illustration, so you can find out which dinosaur jumped the highest, how fierce Ankylosaurus really was, and more! Includes a dinosaur poster. Ages 8 & up. 80 pages. Silver Dolphin. 11 x 14 1/4. Pub. at \$18.99 **PRICE CUT to \$11.95**



5729874 DINOSAURS: And Other Prehistoric Life. By Hazel Richardson. The clearest and sharpest recognition guide to over 200 dinosaurs and other prehistoric animals. Ages 9-12. Fully illus. 224 pages. Dorling Kindersley. Paperbound. Pub. at \$19.99 **PRICE CUT to \$3.95**



9053522 ONE NIGHT IN THE EVERGLADES. By Laurel Larsen, illus. by J.M. Turley. Follow two scientists as they spend the night in the Everglades collecting water samples, photographing wildlife, and sloshing through marshes in an attempt to understand this mysterious ecosystem. Ages 8-12. Fully illus. in color. 30 pages. Moonlight. 10 1/4 x 9 1/2. Pub. at \$15.95 **PRICE CUT to \$2.95**



8991596 DISCOVERING NATURE'S HIDDEN ALPHABET. By K. Castella & B. Boyle. Letter shapes are everywhere in nature: in clouds, trees and mountains. Each photo contains at least one letter hidden and a fun fact about the animal, plant, insect, or phenomenon in focus. Can you find them? Ages 4-8. 63 pages. Heyday. Pub. at \$16.00 **PRICE CUT to \$2.95**



903403X DC SUPER HERO SCIENCE. By Jennifer Hackett. You'll see how things work with fun experiments and uncover the awesome answers to questions like: How does Batman see in the dark? Are cyborgs real? and more. Ages 6 & up. Fully illus. in color. Downtown Bookworks. Paperbound. Pub. at \$12.99 **PRICE CUT to \$3.95**

8997403 THE SECRET SCIENCE OF SPORTS. By Jennifer Swanson. Combines kid-friendly language and vibrant illustrations to show how principles of STEM are behind every soccer kick, slap shot, home run, and slam dunk. Ages 8-12. 176 pages. Black Dog & Leventhal. Pub. at \$27.99 **PRICE CUT to \$5.95**

1038613 DINOSAURS OF THE UPPER TRIASSIC & THE LOWER JURASSIC. By David & Oliver West. 32 pages. Firefly. 8 1/4 x 11. Pub. at \$16.95 **\$5.95**

8994390 THE ORCA SCIENTISTS. By Kim Perez Valice, photos by A. Comins. Well illus., in color. 80 pages. HMH. 11 1/4 x 9 1/4. Pub. at \$18.99 **\$4.95**

9071539 NOISY DINOSAURS. Fully illus. in color. Page Publications. 11 1/4 x 10 1/2. Pub. at \$17.99 **\$7.95**

9001476 FULL MOON PUPS. By Liz Garton Scanlon, illus. by C. Groenink. Fully illus. in color. Putnam. 10 1/4 x 10 1/4. Pub. at \$18.99 **\$5.95**

★1089900 GRAY SQUIRRELS: Kids' Backyard Safari. By Tammy Gagne. Fully illus. in color. 32 pages. Curious Fox. Paperbound. **SOLD OUT**

★9017267 A KID'S GUIDE TO THE NIGHT SKY: Simple Ways to Explore the Universe. By John A. Read. Fully illus. in color. 104 pages. Sourcebooks. Paperbound. Pub. at \$12.99 **\$9.95**

9085807 GARDENING IS AWESOME: Projects, Advice & Insight for Young Gardeners. By Chris Peterson. 112 pages. Cool Springs Press. Paperbound. Pub. at \$19.99 **\$5.95**

9010289 EVERYTHING YOU NEED TO KNOW ABOUT SNAKES AND OTHER SCALY REPTILES. By John Woodward. 80 pages. Dorling Kindersley. 8 1/4 x 11. Pub. at \$15.99 **\$6.95**

★9093087 EYEWITNESS: Animal. By Tom Jackson. Fully illus. in color. 72 pages. Dorling Kindersley. 8 1/2 x 11. Paperbound. Pub. at \$9.99 **\$7.95**

9091092 HAPPY STORIES FOR NATURE LOVERS. By Dawn Casey, illus. by D. Serfontein. Fully illus. in color. Ivy Press. 9 1/2 x 11 1/4. Pub. at \$21.99 **\$5.95**

8794979 THE SCIENCE OF SOUND. By Clive Gifford. Fully illus. in color. Silver Dolphin. 10 1/2 x 9 1/2. Paperbound. Pub. at \$24.99 **\$9.95**

1207318 CREATURES CLOSE UP. By Gillian Watts, photos by P. Martin. Fully illus. in color. 64 pages. Firefly. Paperbound. Pub. at \$9.95 **\$5.95**

★819761X DINOSAURS! DINOSAURS! DINOSAURS! By Susan Martineau, illus. by V. Barker. Fully illus. in color. 40 pages. Happy Fox. 9 x 10 1/2. Paperbound. Pub. at \$8.99 **PRICE CUT to \$4.95**

7979061 DINOSAURS: The Myth-Busting Guide to Prehistoric Beasts. Ed. by Laura Taylor. 96 pages. Happy Fox. 8 1/4 x 10 1/4. Pub. at \$14.99 **\$5.95**

8141142 DINOSAUR EXPLORERS: Infographics for Discovering the Prehistoric World. Cristina Banfi, illus. by G. De Amicis. 72 pages. Shelter Harbor. 9 1/4 x 13 1/2. Pub. at \$14.95 **PRICE CUT to \$2.95**

9020306 STEM BABY: Science. By Dana Goldberg. Fully illus. in color. Insight Editions. Pub. at \$9.99 **PRICE CUT to \$2.95**

9056092 ROTTEN! Vultures, Beetles, Slime, and Nature's Other Decomposers. By Anita Sanchez, illus. by G. Ford. 83 pages. Clarion. Paperbound. Pub. at \$10.99 **PRICE CUT to \$3.95**

9055932 DINOSAURS SPOTLIGHT DISCOVERY. Little Genius. 8 1/4 x 9 1/4. Spiralbound. Pub. at \$11.99 **PRICE CUT to \$3.95**

★7837518 DINOSAURS: Future Genius. Fully illus. in color. 96 pages. Happy Fox. 8 1/2 x 11. Paperbound. Pub. at \$11.99 **PRICE CUT to \$3.95**

★9008896 DINOSAURS: Our World in Numbers. By William Potter et al. Fully illus. in color. 192 pages. Dorling Kindersley. 8 1/4 x 11. Pub. at \$21.99 **PRICE CUT to \$14.95**

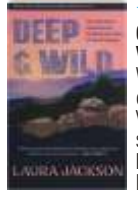
★7974116 DINOSAURS: Talk Like an Expert. Ed. by Ellen-Therese Lamm, illus. by D. Long. Fully illus. in color. 64 pages. Merriam-Webster. Pub. at \$16.99 **PRICE CUT to \$9.95**

★7992939 THE ULTIMATE REPTILE FIELD GUIDE. 96 pages. Applesauce. Paperbound. Pub. at \$19.99 **PRICE CUT to \$7.95**

Essays on Nature



★9125639 THE SERVICEBERRY: Abundance and Reciprocity in the Natural World. By Robin Wall Kimmerer. A bold and inspiring vision for how to orient our lives around gratitude, reciprocity, and community, based on the lessons of the natural world. Well illus. 112 pages. Scribner. Pub. at \$20.00 **\$14.95**



★906320X DEEP & WILD: On Mountains, Opossums & Finding Your Way in West Virginia. By Laura Jackson. Jackson, a lifelong West Virginian, employs her knowledge of and curiosity for the region to describe life in West Virginia as it actually is while dismantling stereotypes portrayed in popular media with humor and tenderness. 176 pages. Autumn House. Paperbound. Pub. at \$19.95 **\$15.95**

Essays on Nature



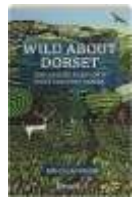
9026045 THE HEARTBEAT OF THE WILD: Dispatches from Landscapes of Wonder, Peril, and Hope. By David Quammen. Collects and updates 21 of Quammen's most illuminating dispatches, elegantly chronicling our planet's wildest place and humanity's imaginative efforts to protect them. These inspiring stories remind us of the places on our planet where wild nature still prevails—and the urgent need to keep them that way. 351 pages. National Geographic. Pub. at \$28.00 **\$7.95**



8878048 CANOEING IN THE WILDERNESS. By Henry David Thoreau. The eminent American essayist vividly recounts his journey through the mid-19th century Maine woods. The landscapes he encounters reflect both the charms and wildness of nature untouched by modern man. 124 pages. Arcturus. Paperbound. **PRICE CUT to \$3.95**



9039473 WILD ABOUT BRITAIN: A Lifetime of Award-Winning Nature Writing. By Brian Jackman. A love letter to Britain's unspoiled coast and countryside. Focusing not only on the island's wildlife and wild places, but on the people—fishermen, sailors and farmers—who have sculpted its rural landscape. Illus. 252 pages. Bradt. Paperbound. Pub. at \$16.99 **PRICE CUT to \$2.95**



9039481 WILD ABOUT DORSET: The Nature Diary of a West Country Parish. By Brian Jackman. Jackman charts one complete year in his home country—from the snowdrops of winter to the arrival of the swallows in spring, and from the winking glow-worms of summer to the harvesting squirrels of autumn. Fully illus. in color. 154 pages. Bradt. Paperbound. Pub. at \$16.99 **\$4.95**

2320827 A YEAR IN THE COUNTRY 2023. 192 pages. RDA Enthusiast. 8 1/2x11. Pub. at \$24.99 **\$5.95**

8994366 A LIFE ON OUR PLANET: My Witness Statement and a Vision for the Future. By David Attenborough. Color photos. 266 pages. Grand Central. Paperbound. Pub. at \$17.99 **\$4.95**

7849605 THROUGH GLACIER PARK. By Mary Roberts Rinehart. 57 pages. TwoDot. Paperbound. Pub. at \$14.95 **SOLD OUT**

More Works on Nature



794893X HOW TO DEFEND YOUR FAMILY AND HOME. By Dave Young with A. Seise. Packed with life-saving information that will turn chilling "what-if" scenarios into planned strategies to protect your loved ones and belongings from any threat. Using practical everyday language, Young helps you view your home from a criminal's perspective to help you identify weak spots in your defense and correct them. Illus. 191 pages. Page Street. Paperbound. Pub. at \$19.99 **\$5.95**



DVD 7989040 WILD DEEP. In this two-part Animal Planet program, a renowned diver and award-winning underwater photographer captures the most unique and beautiful aquatic life ever recorded on film. Also includes the hardcover book *Wild Deep: The Magic of the Big Blue*, packed with carefully selected photographs captured deep in the underwater realm. 170 minutes on two DVDs. Go Entertainment. Pub. at \$34.99 **\$5.95**



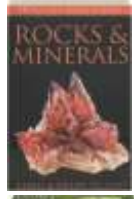
385888X HOW TO DISAPPEAR AND NEVER BE FOUND. By Barry Davies. Whether you're just concerned about privacy and data security, or being followed or stalked and need to get away as soon as possible, being able to disappear without a trace is something that you will need to know someday, and with this invaluable guide you'll be able to do just that. Illus. in color. 205 pages. Skyhorse. Paperbound. Pub. at \$14.95 **\$5.95**



9054715 150 SURVIVAL SECRETS. By James C. Jones. You have to be prepared for anything, even the worst. The author provides insider tips to help you and your family survive any catastrophe. This manual answers every question you've had about disaster preparedness and gives practical details of making it through any kind of emergency situation. Illus. 284 pages. Skyhorse. Paperbound. Pub. at \$17.99 **\$5.95**



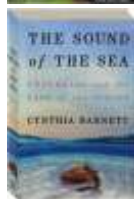
1992694 THE ULTIMATE BOOK OF SURVIVAL GEAR: A Beginner's Guide to Choosing the Products That Will Keep You Alive. By James C. Jones. Here you will find detailed descriptions of the following gear: sleeping bags, shovels and saws, stoves, clothing and footwear, advanced medical care equipment, communications and monitoring devices, biological and chemical survival equipment, and much more. Well illus. in color. 164 pages. Skyhorse. Paperbound. Pub. at \$12.99 **\$5.95**



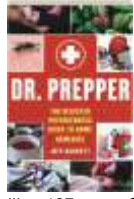
9057919 ROCKS & MINERALS: Princeton Field Guides. By Chris & Helen Pellant. Detailed easy to use guide that contains striking photography of rocks and minerals from around the globe, and is designed to help readers and collectors identify specimens of these compounds. 208 pages. Princeton. Paperbound. Pub. at \$19.95 **\$7.95**



DVD 8899436 WILD LIFE. Provides a magical tour of some of the world's most pristine and beautiful places. Includes the episodes *The Ocean's Border*; *Looking South*; *Quetzals' Land*; *The rarest Piece of the Puzzle*; *Iberian Europe*; and *Mediterranean Iberia*. Over 5 hours on six DVDs. Questar. **\$11.95**



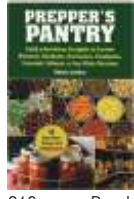
9126686 THE SOUND OF THE SEA: Seashells and the Fate of the Oceans. By Cynthia Barnett. A compelling history of seashells and the animals that make them, revealing what they have to tell us about nature, our changing ocean, and ourselves. Barnett blends cultural history and science to trace our long love affair with seashells and the hidden lives of the mollusks that make them. 417 pages. Norton. Pub. at \$27.95 **\$5.95**



793534X DR. PREPPER: The Disaster Preparedness Guide to Home Remedies. By Jeff Garrett. When you never know what's going to happen, this comprehensive guide will give you the resources to plan ahead, assess your situation, find a solution, and help you keep going. Covers what to include in your survival bug-out bag; home treatments when emergency responders are not within reach; and much more. Illus. 197 pages. Skyhorse. Paperbound. Pub. at \$16.99 **\$5.95**



DVD 7765207 LAND OF THE EAGLE: Atlas of the Natural World. Widescreen. The story of how North America was discovered is told through two sets of eyes—the Native Americans and the European newcomers. This series is a magnificent ensemble of paintings, photographs, old songs played on period instruments, contemporary Native Americans voicing the words of their ancestors, and gorgeous wildlife filming. Over 6 hours on two DVDs. BBC. **\$5.95**



195654X PREPPER'S PANTRY. By Daisy Luther. A one year food supply means freedom. It means that you are less subject to the whims of the economy or personal financial emergencies. This guide is a detailed compendium of all things food storage. It teaches you how much food you need, the components of a perfect pantry, a thrifty way of shopping so you can afford to build your pantry, and more. Illus. in color. 216 pages. Racehorse. Paperbound. Pub. at \$14.99 **\$6.95**



1041177 EXPEDITION DEEP OCEAN: The First Descent to the Bottom of All Five of the World's Oceans. By Josh Young. The story of the exploration of some of the most unforgiving and mysterious places on our planet, including the site of the *Titanic* wreck and the little-understood Hadal Zone. The expedition mapped hidden landscapes, discovered previously unknown life forms, and began to piece together how life in the deep oceans affects our planet. 24 pages of color photos. 320 pages. Pegasus. Paperbound. Pub. at \$18.95 **\$5.95**



9130411 THE GREEN BERET BUSHCRAFTING GUIDE: The Eight Pillars of Survival in Any Situation. By Brian M. Morris. Using Morris's eight pillar system, become an expert at finding food, water, shelter, security, establishing communication, maintaining your health, navigating and making fire utilizing the KISS methodology, "keep it simple, stupid", an acronym widely used to remind soldiers that the best solutions are often the simplest. Well illus. in color. 184 pages. Skyhorse. Paperbound. Pub. at \$19.99 **\$6.95**



907015X INSECTS, REVISED: A Golden Guide. By H.S. Zim & C. Cottam. This handy guide to the most common, important and showy North American insects will help the novice begin a fascinating study. Includes: a key to insect groups, mature and immature forms, how insects grow and develop and more! Contains full color pictures, nontechnical language, and up-to-date range maps. 160 pages. St. Martin's. Paperbound. Pub. at \$8.99 **\$4.95**



716633X ADVENTURES IN EDIBLE PLANT FORAGING: Finding, Identifying, Harvesting, and Preparing Native and Invasive Wild Plants. By Karen Monger. Written with novice foragers in mind, this guide with recipes for soups, salads, muffins, desserts and more, is a must have for anyone looking to save money and plan their first expedition into foraging. Includes a glossary of botanical terms. Well illus. in color. 217 pages. Skyhorse. Paperbound. Pub. at \$14.99 **\$7.95**



799608X THE OFFICIAL JOHN WAYNE HANDY BOOK OF BUSHCRAFT: Essential Tips and Techniques for Surviving in the Wild. By B. Jensen & C. Freedman. Filled with fundamentals and advanced tactics, step by step instructions and helpful tips all informed by Green Beret training, this work presents more than 100 practical skills for surviving in the wild, from constructing your own tools and shelter to finding food and purifying water. Color photos. 256 pages. Media Lab Books. Pub. at \$16.99 **\$5.95**



7996098 THE OFFICIAL JOHN WAYNE HANDY BOOK OF EMERGENCY PREPAREDNESS. By C. Freedman & B. Jensen. This handy guide will help you face the unknown with confidence, composure and gumption, just like Duke. Includes just the thing you need to ensure the safety of yourself and your family should disaster strike with over 100 tips and techniques. Well illus. 248 pages. Media Lab. Pub. at \$16.99 **\$5.95**



9100814 SEARCHING FOR SEASHELLS: An Artist's Guide to Treasures on the Beach. By Jessie King Regunberg. Every page captures that feeling of finding something unexpected, with beautifully hand-painted images of shells interspersed with poems, interesting history, and surprising facts. 120 pages. Workman. 6 1/2x7 1/4. Pub. at \$15.00 **\$5.95**

9054782 BUSHCRAFT BASICS: A Common Sense Wilderness Survival Handbook. By Leon Pantenburg. Be ready for any emergency, at any time with the help of this survival instructor who shares his immense knowledge of bushcraft and survivalist skills so that anyone—backpackers, hunters, preppers, city dwellers, and more—can be ready for any possible emergency. Illus. in color. 175 pages. Skyhorse. Paperbound. Pub. at \$14.99 **\$5.95**



Blu-ray 9046399 WONDERS OF THE ARCTIC. Widescreen. The Arctic is the focal point of our changing planet, raising troubling questions about the impact of human activities on a fragile frontier. This program centers on the ongoing mission to explore and save the Arctic, brought to life in breathtaking footage and captivating stories. English SDH. 44 minutes. Shout! Factory. Pub. at \$19.99 **\$4.95**

9103740 THE HUDSON, THIRD EDITION: An Illustrated Guide to the Living River. By Stephen P. Stianne et al. Since 1996, *The Hudson* has been an essential resource for understanding the full sweep of the great river's natural history and human heritage. Includes the latest information about the ongoing fight against pollution and environmental damage to the river, plus vibrant illustrations of the plants and wildlife that make this ecosystem so special. 267 pages. Rutgers. 8 1/2x11. Paperbound. Pub. at \$36.95 **\$6.95**

More Works on Nature



★9091777 DISASTER SURVIVAL 101: The Essential Guide to Preparing for—and Surviving—Any Emergency Scenario. By Creek Stewart. Be prepared for any disaster and put your mind at ease with this step by step plan for surviving natural disasters, technological and grid failures, attacks, hazards, and more including sheltering in place or evacuating as conditions dictate. Well illus. 255 pages. Adams Media. Pub. at \$18.99 **\$13.95**



LIMITED QUANTITY 9119698 SURVIVAL HACKS: Over 200 Ways to Use Everyday Items for Wilderness Survival. By Creek Stewart. Would you survive in the wilderness? Learn to create a one-person emergency shelter from a trash bag or purify water using a plastic bottle and the sun. Be ready everywhere you go with everyday carry kits so you're never without the essential tools you need to survive. Illus. 256 pages. Adams Media. Pub. at \$18.99 **SOLD OUT**



Blu-ray 7988877 FLORIDA'S STATE PARKS. Florida has one of the most diverse landscapes in America, from white sand beaches and spring-red rivers to mossy swamps and pine forests. Explore more than 15 of Florida's state parks, from Falling Waters State Park to John Pennekamp Coral Reef. Includes Blu-ray and DVD versions. 80 minutes. Topics Entertainment. **\$5.95**



9107258 THE REMARKABLE REEFS OF CUBA: Hopeful Stories from the Ocean Doctor. By David E. Guggenheim. Reveals the hidden potential that Cuba's reefs may contain for the reefs of the world. While the past 60 years have seen the worst decline in ocean health in human history, Cuba's oceans and coral reefs remain remarkably healthy, a living laboratory never before seen by this generation of scientists. Color photos. 240 pages. Prometheus. Pub. at \$27.95 **\$6.95**



9057781 COMMON BEES OF WESTERN NORTH AMERICA. By O.M. Carril & J.S. Wilson. Portable, full-color photographic guide to the most commonly seen species of the Western U.S. and Canada. Over 200 species are included, with multiple photographs, identification guides, and range maps for each. 415 pages. Princeton. Paperbound. Pub. at \$35.00 **\$7.95**



★9093710 CHEROKEE NATIONAL FOREST: A History. By Marci Spencer. Created in 1920, the 650,000-acre Cherokee National Forest lies north and south of the Great Smoky Mountains National Park. It pays tribute to the heritage in its name and protects an ancient Indigenous burial cave and a portion of the Trail of Tears. Fully illus. some in color. 265 pages. History Press. Paperbound. Pub. at \$24.99 **\$17.95**



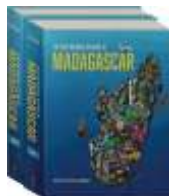
8125244 LAPIDARIUM: The Secret Lives of Stones. By Hettie Judah. Explores the unexpected stories behind 60 stones that have shaped and inspired human history, from Dorset fossil-hunters to Chinese philosophers, Catherine the Great to Michelangelo. Stone by stone, story by fascinating story, this work builds into a dazzling, epoch-spanning adventure through human culture, and beyond. Illus. in color. 336 pages. John Murray. Pub. at \$30.00 **\$12.95**



9036512 THE MOUNTAIN ENCYCLOPEDIA: An A-Z Compendium of More Than 2,300 Terms, Concepts, Ideas, and People. By F.V. Hartemans & R. Hauptman. This is the first English language A-to-Z compendium of all topics related to mountains, including geological, geographical, and zoological terms, as well as many entries on significant explorers, surveyors, mountaineers, rock climbers, and skiers. Color photos. 291 pages. Taylor Trade. 8 1/2 x 11. Paperbound. Pub. at \$29.95 **\$7.95**



9078487 POCKET GUIDE TO BIRDS OF AUSTRALIA. By Peter Menkhorst et al. Explore this easy-to-use and beautifully color illustrated quick identification guide to all regularly occurring bird species in Australia. Covers more than 700 bird species that are residents of or regular visitors to the Australian mainland, Tasmania and surrounding waters. 252 pages. Princeton. Paperbound. Pub. at \$27.95 **\$9.95**



9057897 THE NEW NATURAL HISTORY OF MADAGASCAR. Ed. by Steven M. Goodman. This beautifully illustrated compendium covers the history of scientific exploration in Madagascar, as well as the islands geology and soils, climate, forest ecology, human ecology, marine and coastal ecosystems, plants, invertebrates, fishes, amphibians, reptiles, birds, and mammals. 2,246 pages in two volumes. Princeton. Pub. at \$175.00 **\$49.95**



★7776527 PREPPER'S LONG-TERM SURVIVAL GUIDE, SECOND EDITION. By Jim Cobb. This volume will get you though when days become weeks, and then months, and then years. Offers advanced techniques and tactics necessary for surviving the most dire of situations, including: a wide range of methods to preserve and store food; updated water collection and storage techniques for drink and hygiene; and more. 230 pages. Ulysses. Paperbound. Pub. at \$19.95 **\$11.95**



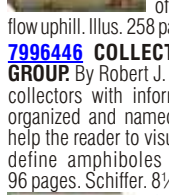
★7874405 SMITHSONIAN ROCK & GEM: The Definitive Guide to Rocks, Minerals, Gems, and Fossils. Ed. by Christine Heilman. Explore Earth's natural treasures, from their primeval origins to traditional uses and modern-day appeal with this illustrated guide to rocks, minerals, crystals, gems and more! Learn how to identify more than 450 rock and mineral specimens through beautiful photographs and key characteristics. 360 pages. Dorling Kindersley. Paperbound. Pub. at \$29.99 **\$21.95**



★3872076 THE PREPPER'S MEDICAL HANDBOOK: How to Provide Medical Care When You Can't Rely on Anyone but Yourself. By William W. Forgey. Provides the basis of prevention, identification, and long-term management of survivable medical conditions that can be performed with minimal training. You'll learn to identify materials you will need and should stockpile, and discusses storage issues. Illus. 311 pages. Lyons. Paperbound. Pub. at \$19.95 **\$14.95**



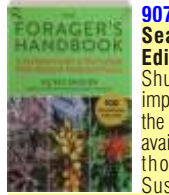
7871651 MISSISSIPPI RIVER TRAGEDIES: A Century of Unnatural Disaster. By C.A. Klein & S.B. Zellmer. Engineers have done astounding things to bend the Mississippi River to their will: transforming over a thousand miles of rolling current into a placid staircase of water; imprisoning the mighty flow behind the walls of levees; even forcing one of the tributaries to flow uphill. Illus. 258 pages. NYUP Pub. at \$40.00 **\$7.95**



7996446 COLLECTOR'S GUIDE TO THE AMPHIBOLE GROUP. By Robert J. Lauf. This timely volume provides mineral collectors with information on how the amphibole group is organized and named. Over 135 full-color photos of crystals help the reader to visualize the important structural features that define amphiboles and control their physical properties. 96 pages. Schiffer. 8 1/2 x 11. Paperbound. Pub. at \$19.99 **\$6.95**



★910772X THE FORAGER'S ALMANAC: A Year of Sustainable Foraging, Wildcraft and Recipes. By Danielle Gallacher. Get in tune with the rhythms of nature with this month-by-month guide to foraging. Find imaginative ideas for using your bounty in delicious recipes, soothing home remedies and relaxing wildcrafting projects. Fully illus. in color. 208 pages. Greenfinch. Pub. at \$22.00 **\$14.95**



907399X THE FORAGER'S HANDBOOK: A Seasonal Guide to Harvesting Wild, Edible & Medicinal Plants. By Vickie Shufer. Empowers you to maintain and improve your health by following the way of the forager. Shufer highlights plants that are available through each season and how to use those plants for food and medicine. Sustainable harvesting and preparation techniques are included as well as foraging ethics. Color photos. 167 pages. Skyhorse. Paperbound. Pub. at \$22.99 **\$6.95**



★8095698 CLOUDSPOTTING FOR BEGINNERS. By Gavin Pretor-Pinney, illus. by W. Grill. A whimsical lesson on the oft-overlooked extraordinary lives of clouds that will serve as a gentle reminder to be present and observant in the face of impermanence. Just as informative as it is poetic and peaceful, this is the perfect guide for cloud appreciators and sky lovers. Fully illus. in color. Ten Speed. 8 1/2 x 10 3/4. Pub. at \$24.99 **\$17.95**



★9037500 THE LITTLE BOOK OF FUNGI. By Britt A. Bunyard. A charming, richly illustrated, pocket-size exploration of the world's fungi. Packed with surprising facts, this delightful and gorgeously designed book will beguile any nature lover. Expertly written and beautifully illustrated throughout with color photographs and original color artwork. Well illus. in color. 160 pages. Princeton. Pub. at \$15.95 **\$12.95**



★9037519 THE LITTLE BOOK OF WEATHER. By Adam Scafe. A charming, richly illustrated, pocket-size exploration of the world's weather. Packed with surprising facts, this delightful and gorgeously designed book will beguile anyone who is curious about weather. Expertly written and beautifully illustrated throughout with color photographs and original color artwork. 160 pages. Princeton. Pub. at \$15.95 **SOLD OUT**



★898590 WEEDS OF THE NORTHEAST, SECOND EDITION REVISED. By Joseph C. Neal et al. Provides illustrations for identification of more than 500 common and economically important weeds in the Northeast and in the Upper Midwest and Mid-Atlantic states. Includes descriptions of floral and vegetative characteristics, giving anyone who works with plants the ability to identify weeds before they flower. 592 pages. Comstock. Paperbound. Pub. at \$32.95 **\$26.95**



★9124756 HABITATS OF NORTH AMERICA: A Field Guide for Birders, Naturalists, and Ecologists. By P. Chaon & I. Campbell. Provides an unparalleled treatment of North America's wonderfully diverse habitats. Up-to-date descriptions cover each habitat's unique features, from geology and climate to soil and hydrology. Fully illus. in color. 376 pages. Princeton. Paperbound. Pub. at \$35.00 **\$27.95**



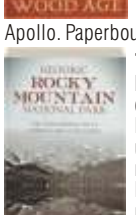
7980981 AWAKENING FIRE: An Essential Guide to Waking Flame, Wood, and Ignition. By Nate Summers. A one of a kind survival guide that unlocks the practical, ancient, and powerful art of making fire for a modern world that's forgotten this vital skill. Reclaim your birthright to light your own way, no matter where you live or adventure. Well illus. in color. 180 pages. Falcon. Paperbound. Pub. at \$22.95 **\$6.95**



887896X RELICS: A History of the World Told in 133 Objects. By James B. Grove. Takes you on an amazing journey through history, from prehistoric life to the tombs of ancient Egypt to the first supercomputer. It also offers inspiration for your own collection of wonders from your backyard and beyond. Fully illus. in color. 304 pages. Weldon Owen. Pub. at \$30.00 **\$7.95**



★9123873 THE MUSEUM OF THE WOOD AGE. By Max Adams. Investigates the influence of six basic devices—lever, wedge, windlass, spring, cordage and float—and in so doing reveals the myriad of ways in which wood has been worked throughout human history. Tracing the path of human ingenuity across a half a million years of history. Well illus. 441 pages. Apollo. Paperbound. Pub. at \$19.99 **\$14.95**



7978138 HISTORIC ROCKY MOUNTAIN NATIONAL PARK: The Stories Behind One of America's Great Treasures. By Randi Minoter. Captures fascinating moments and untold stories in the history of this magnificent national park, from the days when Paleo-Indians roamed between the mountain peaks to the settlement of the valleys by ranchers, hoteliers, and more. Illus. 214 pages. Lyons. Paperbound. Pub. at \$15.95 **SOLD OUT**



★8794006 EASTERN FORESTS: Peterson Field Guides. By John Kricher. A comprehensive field guide that identifies trees, birds, mammals, wildflowers, mushrooms, reptiles, butterflies, beetles, and other insects found in the forests of North America. This is the one field guide to carry! Well illus. many in color. 488 pages. HMH. Paperbound. Pub. at \$21.99 **\$16.95**

More Works on Nature



9066179 OUTDOOR KIDS IN AN INSIDE WORLD: Getting Your Family Out of the House and Radically Engaged with Nature. By Steven Rinella. Living an outdoor lifestyle fosters in kids an insatiable curiosity about the world around them, confidence and self-sufficiency, and a lifelong sense of stewardship of the natural world. Helps families connect with nature—and one another—as a joyful part of everyday life. Illus. 171 pages. Random. Pub. at \$26.00



7996462 COLLECTOR'S GUIDE TO THE BLACK TOURMALINE OF PIERREPONT, NEW YORK. By Steven C. Chamberlain et al. The origin of the mineralization, the true nature of the black tourmaline, and the extensive suite of accessory minerals are presented in detail. The authors also resolve many identification questions about the tourmaline and its many accessory minerals. Fully illus. in color. 128 pages. Schiffer. 8 1/2 x 11. Paperbound. Pub. at \$29.95



9123431 CAPTURING SNOWFLAKES: Winter's Frozen Artistry. By K. Libbrecht & R. Wing. Join Libbrecht, as he delightfully chronicles the creation of the snow crystal, both in nature and in the laboratory. With this captivating edition and keepsake ornament, we can better appreciate the snowflake's frozen artistry. Fully illus. in color. 144 pages. Voyageur. Pub. at \$19.99



9060790 INDIANA WILDLIFE ENCYCLOPEDIA: An Illustrated Guide to Birds, Fish, Mammals, Reptiles, and Amphibians. By Scott Shupe. Included are over 700 color photographs depicting the different species of mammals, reptiles, amphibians, birds and fish while offering over 600 range maps to show their territory, along with basic information for the biology of each animal. 230 pages. Skyhorse. 8 3/4 x 11 1/4. Pub. at \$29.99



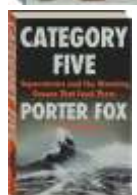
7890427 UNDERWATER WILD: My Octopus Teacher's Extraordinary World. By C. Foster & R. Frylinck. An immersive journey into the underwater world that inspired it—and holds transformative lessons for us all. The divers behind the film *My Octopus Teacher* reveal a new version of the sea, one full of wonder, new insights into marine biology, and life-changing teachings even for the most land-bound of us. Fully illus. in color. 324 pages. HMH. 12 1/4 x 12 1/4. Pub. at \$50.00



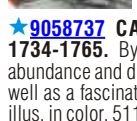
8998345 A BEACHCOMBER'S GUIDE TO FOSSILS. By Bob Gale et al. This easy to use field guide has multiple views of specimens for easy identification; colored section margins for quick access; and species highlights about unique fossil animals. Fully illus. in color. 524 pages. UGaP. Paperbound. Pub. at \$30.95



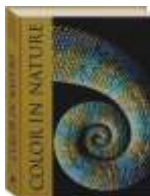
906883X BEAUTIFUL SHELLS. By Mark Carnall. Following an introduction exploring our fascination with shells and their impact on human history, culture and science, each of the 61 color plates is included alongside a description of notable shells and what is known of the mysterious organisms that make them. 183 pages. Bodleian Library. Pub. at \$40.00



9014632 CATEGORY FIVE: Superstorms and the Warming Oceans That Feed Them. By Porter Fox. Superstorms, hurricanes, typhoons, and spiraling freak weather: the fall out of global warming is a real life natural thriller as captured in Fox's urgent and stunning story of chasing the world's most devastating storms. 270 pages. Little, Brown. Pub. at \$30.00



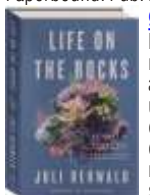
9058737 CABINET OF NATURAL CURIOSITIES: 1734-1765. By Albertus Seba. A beautiful tribute to the abundance and diversity of Earth's creatures, great and small, as well as a fascinating record of some now-extinct animals. Fully illus. in color. 511 pages. Taschen. \$26.95



9064796 COLOR IN NATURE. By Justin Marshall et al. Unlocks nature's colorful purpose, revealing how creatures see it as well as shedding light on the important part that color plays in animal behavior, from reproduction and communication to aggression and defense. Fully illus. in color. 288 pages. Princeton. Pub. at \$35.00



9063404 A LITTLE QUEER NATURAL HISTORY. By Josh L. Davis. Beautifully illustrated and scientifically informed, a celebration of the astonishing diversity of sexual behavior and biology found in nature. For many organisms—animals, plants, and fungi included—sexual reproduction and sex determination rely on a complex interaction among genes, hormones, environment, and chance. 128 pages. Univ of Chicago Press. Paperbound. Pub. at \$16.00



9099018 LIFE ON THE ROCKS: Building a Future for Coral Reefs. By Juli Berwald. Coral reefs are a microcosm of our planet, but corals across the planet are in the middle of an unprecedented die-off, beset by warming oceans, pollution, human damage, and a devastating pandemic. An inspiring, lucid, meditative ode to the reefs and the undaunted scientists working to save them against almost impossible odds. 336 pages. Riverhead. Pub. at \$28.00



6077242 WILDLIFE OF NEW ZEALAND, REVISED: A Field Guide. By Julian Fitter. Includes up to date descriptions of all manner of birds, mammals, amphibians and reptiles, insects, seashore species, trees and shrubs, grasses, fungi, and lichen, and new sections look at fish and places to visit. Succinct text contains information on identification, distribution, and biology. Fully illus. in color. 304 pages. Princeton. Paperbound. Pub. at \$26.95



6077234 WILDLIFE OF INDIA. By Bikram Grewal et al. Begins with an overview of India's climate and geography, its wildlife habitats and how to enjoy them, and threats to wildlife. It concludes with a section on wildlife-watching in the national parks and wildlife sanctuaries, which offer the best chance of seeing many of the species described. Color photos. 400 pages. Princeton. Paperbound. Pub. at \$24.95



7827776 50 THINGS TO DO IN THE WILD. By Richard Skrein. Fletch an arrow, weave a fishing net, raise a tarp, take a night walk, and start a fire: enjoy these outdoor activities and many more with the help of this spirited guide to wilderness recreation and leisure. Well illus. 144 pages. Princeton Architectural. Pub. at \$17.95



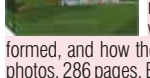
9002766 THE NATURE OF FLORIDA'S WATERWAYS. By Cathie Katz. Florida's waterways are host to thousands of land, air and water species. Describes some of the things you'll "see, smell, taste, hear and feel" around Florida's waterways. Fully illus. 64 pages. Great Outdoors. 8 1/2 x 11. Paperbound. Pub. at \$8.95



9002758 THE NATURE OF FLORIDA'S NEIGHBORHOODS. By Cathie Katz. Fascinating facts about the plants, insects, spiders, birds, mammals, reptiles and amphibians that are likely to share your personal habitat in Florida. Fully illus. 64 pages. Atlantic. 8 1/2 x 11. Paperbound. Pub. at \$8.95



6078974 FRINGED WITH MUD AND PEARLS: An English Island Odyssey. By Ian Crofton. Embarking on a personal odyssey to a number of islands encircling England, Crofton explores some that were once places of refuge or holiness and others that have become locations for prisons, rubbish dumps and military installations. Describes the diverse ways in which England's islands have been formed, and how they are constantly changing. 16 pages of color photos. 286 pages. Birlinn. Pub. at \$29.95



DVD 9021302 WILD SOUTH AMERICA: BBC Atlas of the Natural World. Widescreen. BBC Video. \$6.95



8054592 THE BUTTERFLY HUNTER'S HANDBOOK: The Essential Field Guide for Exploring the World of Butterflies. Ed. by Anna Southgate. Discover how butterflies evolved, and explore their lifecycle and migration patterns. This information, in addition to the comprehensive butterfly directory, provides everything you need to identify and classify your sightings. Fully illus. in color. 192 pages. Baker and Taylor. PRICE CUT to \$7.95



607572X SHELLS OF THE WORLD: A Natural History. By M.G. Harasewych. Provides a wide-ranging look at the incredible diversity of marine mollusks. An informative introduction outlines the lineages covered, followed by a directory section, split into classes, that profiles a broad selection of different taxa to give a sense of their sheer numbers and variety. Fully illus. in color. 240 pages. Princeton. Pub. at \$29.95



6079482 THE SECRET LIFE OF AN ARABLE FIELD: Plants, Animals and the Ecosystem. By Sophie McCallum. Brings together the eco-system of the Arable Field, from trees to insect life and how they all work together. Images of all species described, making identification in the field easy for adults and children alike. 250 pages. White Owl. Pub. at \$50.00



124678X MUSHROOM HUNTING FOR BEGINNERS: A Starter's Guide to Identifying and Foraging Fungi. By Gary Lincoff. You'll learn best practices for hunting and identifying wild mushrooms, mushroom safety, as well as some tips for preparing and using the mushrooms you collect. Fully illus. in color. 144 pages. New Shoe. Paperbound. Pub. at \$16.99



6081592 ALASKA: Travellers' Wildlife Guides. By D. Paulson & L. Beletsky. From the broad expanses of tundra in the Arctic National Wildlife Refuge and the rich seabird colonies of the Bering Sea to the glacier-bedecked snowy mountains and magnificent forests of the Southeast, wildlife viewing opportunities abound. Illus. in color. 426 pages. Interlink. Paperbound. Pub. at \$30.00



8996814 WILD WISDOM: Primal Skills to Survive in Nature. By Donny Dust. Teaches you to use situational awareness in order to avoid danger, problem-solve, prioritize, find shelter, and be able to pivot and improvise in any given situation. Focusing on essential gear, sheltering, building fire, staying hydrated, foraging, trapping, and more. Well illus. 322 pages. S&S. Pub. at \$28.99



1247069 AN OAK SPRING HERBARIA: Herbs and Herbals from the Fourteenth to the Nineteenth Centuries. By L.T. Tomasi & T. Willis. Describes 63 works and manuscripts about herbs and includes illustrations selected from the works themselves. Spanning the 14th to 19th centuries, and featuring works by Brunfels, Culpeper, Monardes, and Linnaeus, among others, this catalog will prove fascinating to botanists, bibliophiles, garden historians, and herbalists alike. 394 pages. Oak Spring Garden Library. 9 1/4 x 11 1/2. Pub. at \$80.00



6075711 PLANKTON: A Worldwide Guide. By T. Jackson & J. Parker. Reveals the amazing diversity of plankton, how they belong to a wide range of living groups, and how their ecology, lifestyles, and adaptations have evolved to suit an enormous range of conditions. Fully illus. in color. Princeton. Pub. at \$29.95



8741077 LAKES: Their Birth, Life, and Death. By John Richard Saylor. Without lakes our world would never be the same. Along the way we learn all the many forms that lakes take—how they come to be and how they feed and support ecosystems—and what happens when lakes vanish. Illus. 240 pages. Timber. Pub. at \$27.95



More Works on Nature

DVD 1961594 BBC ATLAS OF THE NATURAL WORLD: Africa and Europe. Fullscreen. BB. 2003. \$19.98. **SOLD OUT**

★ **9110194 PREPPER'S LONG-TERM SURVIVAL GUIDE.** By Jim Cobb. 193 pages. Ulysses. Paperbound. Pub. at \$19.95. **SOLD OUT**

899000X UNARMED COMBAT: Hand-to-Hand Fighting Skills from the World's Most Elite Military Units. By Martin J. Dougherty. 320 pages. Amber. Paperbound. Pub. at \$19.95. **\$6.95**

7847262 HAWKE'S SPECIAL FORCES SURVIVAL HANDBOOK: The Portable Guide to Getting Out Alive. By Mykel Hawke. Illus. 256 pages. Running Press. Paperbound. Pub. at \$18.00. **\$5.95**

4878205 U.S. ARMY GUIDE TO MAP READING AND NAVIGATION. By Department of the Army. Illus. Skyhorse. Paperbound. Pub. at \$12.95. **\$5.95**

★ **1130684 THE ULTIMATE SURVIVAL GUIDE: An Essential Resource for Dealing with Any Type of Danger.** By John "Lofty" Wiseman. Fully illus. 291 pages. Harper. Paperbound. Pub. at \$8.99. **\$6.95**

★ **9032835 WINTER TREE FINDER: Identifying Deciduous Trees of Eastern North America by Their Bark and Twigs.** By May T. & Tom Watts. Fully illus. some in color. 61 pages. Nature Study Guild. 6x4. Paperbound. Pub. at \$7.95. **\$5.95**

1125923 BUNKER: What It Takes to Survive the Apocalypse. By Bradley Garrett. Illus. 333 pages. Scribner. Paperbound. Pub. at \$18.00. **SOLD OUT**

★ **6081703 THE POCKET GUIDE TO EDIBLE WILD PLANTS: How to Forage Safely and Responsibly.** By the Department of the Army. 143 pages. Skyhorse. Paperbound. Pub. at \$12.99. **\$9.95**

7849206 FLORIDA'S MAGNIFICENT LAND. By J. Valentine & D.B. Means. 64 pages. Pineapple Press. 9x12. Paperbound. Pub. at \$14.95. **\$3.95**

★ **499535X MEDICINAL PLANTS OF NORTH AMERICA, 3RD EDITION: A Field Guide.** By Jim Meuninck. Fully illus. in color. 226 pages. Falcon. Paperbound. Pub. at \$24.95. **\$17.95**

8870969 SENTIENT: How Animals Illuminate the Wonder of Our Human Senses. By Jackie Higgins. 308 pages. Atria. Pub. at \$28.00. **\$4.95**

★ **7808860 THE BUG OUT BOOK: Bags, Tools, and Survival Skills to Save Your Ass in an Emergency.** By the eds. of OFFGRID Magazine. Fully illus. in color. 288 pages. OffGrid. 8½x10¼. Paperbound. Pub. at \$37.99. **\$27.95**

7965842 HOW TO SURVIVE IN THE WILD. By S. Martin & C. Casucci. Illus. 143 pages. Thunder Bay. Paperbound. Pub. at \$14.99. **SOLD OUT**

★ **8999619 OAKLORE: Adventures in a World of Extraordinary Trees.** By Jules Acton. Illus. 260 pages. Greystone. Pub. at \$24.95. **\$17.95**

★ **7919832 SACRED NATURE: Restoring Our Ancient Bond with the Natural World.** By Karen Armstrong. 205 pages. Anchor. Paperbound. Pub. at \$17.00. **\$9.95**

7950993 BIG HISTORY: The Greatest Events of All Time from the Big Bang to Binary Code. Ed. by M. Parrish & C. Luski. Fully illus. in color. 440 pages. Dorling Kindersley. 8½x10. Paperbound. Pub. at \$35.00. **PRICE CUT to \$9.95**

★ **1206958 SURVIVING EXTREME WEATHER: The Complete Climate Change Preparedness Manual.** By M. Hawke & J.N.R. Dale. Photos. 317 pages. Skyhorse. Paperbound. Pub. at \$19.99. **\$14.95**

★ **6077625 THE WONDER OF AFRICA'S NATURAL HISTORY.** By Clive Spinage. Fully illus. most in color. 147 pages. Whittles. Paperbound. Pub. at \$23.95. **PRICE CUT to \$9.95**

★ **8884765 THE OKEFENOKEE SWAMP: A Natural and Cultural History.** By Marie Lathers. Illus., some in color. 171 pages. History Press. Paperbound. Pub. at \$24.99. **PRICE CUT to \$11.95**

★ **4995376 STRANGE YELLOWSTONE: Weird, True Stories About America's Premier Park.** By Scott Herring. Illus. 282 pages. Riverbend. Paperbound. Pub. at \$22.95. **\$14.95**

★ **1994719 THE MUSEUM OF THE WOOD AGE.** By Max Adams. Well illus. 441 pages. Apollo. Pub. at \$32.00. **\$19.95**

9018867 THE SLOTH LEMUR'S SONG. By Alison Richard. 16 pages of color photos. 342 pages. HarperCollins. Paperbound. **PRICE CUT to \$3.95**

★ **7886411 HOW TO READ THE WILDERNESS: An Illustrated Guide to North American Flora and Fauna.** By The Nature Study Guild. Fully illus. in color. 392 pages. Chronicle. Pub. at \$35.00. **\$21.95**

★ **8873674 THE PLANTS OF THE APPALACHIAN TRAIL: A Hiker's Guide to 398 Species.** By Kristen Wickert. Fully illus. in color. 285 pages. Timber. Paperbound. Pub. at \$29.99. **PRICE CUT to \$14.95**

8056145 BETWEEN LIGHT AND STORM: How We Live with Other Species. By Esther Woolfson. 358 pages. Pegasus. Pub. at \$28.95. **PRICE CUT to \$3.95**

★ **7956266 THE LIVES OF SEaweeds: A Natural History of Our Planet's Seaweeds & Other Algae.** By Julie A. Phillips. Fully illus. in color. 288 pages. Princeton. Pub. at \$35.00. **PRICE CUT to \$19.95**

★ **7886462 THE OCEAN: The Ultimate Handbook of Nautical Knowledge.** By C. Dixon & J.K. Spencer. 350 pages. Chronicle. Pub. at \$40.00. **PRICE CUT to \$11.95**

★ **7742185 MARIA SIBYLLA MERIAN: Changing the Nature of Art and Science.** Ed. by Bert van de Roemer et al. Well illus. in color. 304 pages. Lannoo. 8½x10½. **SOLD OUT**

8897506 CORAL EMPIRE: Underwater Oceans, Colonial Tropics, Visual Modernity. By Ann Elias. Well illus. some in color. 286 pages. Duke. 6x9. Paperbound. Pub. at \$27.95. **PRICE CUT to \$4.95**

★ **1995154 DEVoured: The Extraordinary Story of Kudzu the Vine That Ate the South.** By Ayurella Horn-Muller. Color photos. 255 pages. LaSUP. Pub. at \$34.95. **PRICE CUT to \$19.95**

★ **7950888 OUR ANCIENT LAKES: A Natural History.** By Jeffrey McKinnon. Well illus. 315 pages. MIT Press. Pub. at \$29.95. **PRICE CUT to \$14.95**

★ **7950225 STAYING SAFE: Backyard to Backcountry.** By Patrick Brighton. Fully illus. in color. 194 pages. Adventure Publications. Paperbound. Pub. at \$19.95. **PRICE CUT to \$5.95**

★ **7784228 GRANDFATHER MOUNTAIN: The History and Guide to an Appalachian Icon.** By Randy Johnson. Fully illus., most in color. 290 pages. UNCP. 8½x11. Paperbound. Pub. at \$28.00. **PRICE CUT to \$11.95**

★ **1994727 THE PO: An Elegy for Italy's Longest River.** By Tobias Jones. Maps & color photos. 276 pages. Head of Zeus. Pub. at \$34.99. **PRICE CUT to \$17.95**

★ **7937539 THE UNITY OF SCIENCE: Exploring Our Universe, from the Big Bang to the Twenty-First Century.** By Irwin Shapiro. Illus. 359 pages. Yale. Pub. at \$32.00. **PRICE CUT to \$11.95**

★ **6996280 A FIELD GUIDE TO THE APOCALYPSE: A Mostly Serious Guide to Surviving Our Wild Times.** By Athena Aktipis. 244 pages. Workman. Paperbound. Pub. at \$17.99. **PRICE CUT to \$7.95**

★ **7950713 FUNGI COLLECTED IN SHROPSHIRE AND OTHER NEIGHBOURHOODS: A Victorian Woman's Illustrated Field Notes.** By M.F. Lewis. 168 pages. Chronicle. Pub. at \$22.95. **PRICE CUT to \$14.95**

★ **9048383 FLINT: A Lithic Love Letter.** By Joanne Bourne. Photos. 219 pages. Eye Books. Pub. at \$24.99. **PRICE CUT to \$14.95**

★ **1033409 INVISIBLE ICEBERG: When Climate and Weather Shaped History.** By Joel N. Myers. 221 pages. Skyhorse. Pub. at \$26.99. **PRICE CUT to \$9.95**

★ **7853831 THE BATHYPHORE BOOK: Effects of the Luminous Ocean Depths.** By Brad Fox. Color photos. 336 pages. Astra House. Pub. at \$29.00. **PRICE CUT to \$7.95**

★ **7851774 THE DEADLY BALANCE: Predators and People in a Crowded World.** By Adam Hart. 368 pages. Bloomsbury. Pub. at \$28.00. **PRICE CUT to \$7.95**

Nature Photography



bright blue of a crab claw, and more. Fully illus. in color. 151 pages. Union Park. 12½x10¼. Pub. at \$35.00. **\$5.95**



7962096 INTO AFRICA: The Poster Portfolio. Features 12 high-quality full-color posters from Frans Lanting, one of the world's most renowned nature photographers. Showcased in these posters are close-up images that create an enduring vision of Africa's wildlife. Earth Aware. 12x16. Paperbound. Pub. at \$21.99. **\$5.95**

9057862 A LIFETIME IN GALAPAGOS. By Tui De Roy. Blending striking images with vivid prose, this intimate portrait of one of the most spectacular places on Earth, presents the wildlife and natural wonders of Galapagos as you have never seen them before. 240 pages. Princeton. 9¾x11¼. Pub. at \$35.00. **\$7.95**



mythic, evocative, and enthralling creatures. 158 pages. Glitterati. 10¾x8¾. Pub. at \$49.95. **\$4.95**



paths it has taken in the equine industry. 304 pages. Stocklein. 12x12. Pub. at \$60.00. **\$9.95**



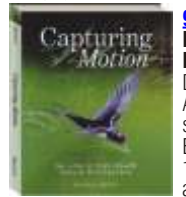
broad vistas and small marvels of one state's indelible glory. Fully illus. in color. 243 pages. Timber. Pub. at \$30.00. **\$9.95**



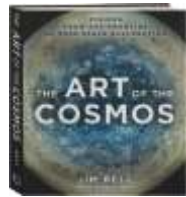
dramatic, evocative photographs of the western American landscape he produced during his career, and are now national icons. 351 pages. Abbeville. 4¼x4¼. Pub. at \$12.95. **\$9.95**



intimate look into the life of the polar bear. Fully illus. in color. 239 pages. ACC Art Books. 12x9¾. Pub. at \$25.00. **\$7.95**



Also takes readers on his many subject-scouting journeys into the English countryside. Fully illus. in color. 192 pages. Firefly. 9¾x11¼. Pub. at \$35.00. **\$6.95**



outstanding examples selected by Dr. Jim Bell, one of the foremost experts on space photography. 214 pages. Union Square & Co. 9¾x11¼. Pub. at \$35.00. **\$11.95**



evocative views of the American West demonstrate the genius of his technical and aesthetic inventiveness. 160 pages. Abbeville. 10¾x9¾. Pub. at \$24.95. **\$17.95**

9131094 EQUIPOSE. By Christopher Makos. Ranging from brilliantly crisp black and white to luxurious colors and softly muted sepia tones, Makos conveys sophistication and naivete in seamless combination in his images of horses, one of nature's most

9036237 THE AMERICAN QUARTER HORSE. By David R. Stocklein with B. Prunty. A photographic celebration of the American Quarter Horse, the history of its evolution, and the ranches that breed these powerful creatures. Prunty's text traces the history of the breed and explores the different

9024611 WASHINGTON, EVERGREEN: Land of Natural Wonders. photos by Photo Cascadia. From the headlands where the ocean and sound meet islands and continent, to soaring volcanic peaks, to high and wild deserts, Washington's landscapes are as diverse as they are beautiful. Take a journey across the

★7788851 ANSEL ADAMS: The National Park Service Photographs. An artist and activist, Ansel Adams (1902-1984) exerted the greatest single influence in the concept of an ideal American wilderness. Adam's mastery of the manipulation of light and tonal values are evident in many of the

9109609 POLAR BEARS: A Life Under Threat. By Michel Rawicki. The fruit of 25 years of observation in all weathers, this important volume highlights the current situation of a species that has become a symbol of the dangers of global warming. An

9064036 CAPTURING MOTION: My Life in High-Speed Nature Photography. By Stephen Dalton. Dalton explains his techniques in detail. Also takes readers on his many subject-scouting journeys into the English countryside. Fully illus. in color. 192 pages. Firefly. 9¾x11¼. Pub. at \$35.00. **\$6.95**

7982569 THE ART OF THE COSMOS: Visions from the Frontier of Deep Space Exploration. By Jim Bell. Hundreds of space missions have captured stunning photographs of the cosmos. Many of these scientific images can be classified as art. This collection highlights more than 125

★8797811 ANSEL ADAMS: The National Park Service Photographs. Filled with stunning images of the natural geysers and terraces in Yellowstone, the rocks and ravines in the Grand Canyon, the winding rivers and majestic mountains in Glacier and Grand Teton national parks, Adams' many

Nature Photography



9072187 REFUGE: America's Wildest Places. Photos by Ian Shive. Offers a breath-taking look at these remote and inaccessible areas. The hundreds of stunning images represent the greatest of America's landscapes and wildlife, from the windswept outposts of the Aleutian Islands to the majestic prairies of Colorado, where bison roam. 246 pages. Earth Aware. 12¼x11¼. Pub. at \$50.00 **\$22.95**



4998464 A CAVE BETWEEN LAND AND SEA: The Wonders of Puerto Princesa Underground River. Ed. by Antonio De Vivo et al. The island of Palawan is home to an extraordinary natural treasure, one of the underground wonders of our planet. This volume gives everyone an insight into what is one of our planet's most extraordinary underground marvels. Fully illus. in color. 224 pages. Skira. 8½x12. Pub. at \$50.00 **\$9.95**



9012834 LAND: Photographs That Make You Think. By Henry Carroll. Photographers reflect on how our encounters with land are being shaped by digital connectivity, GPS, consumerism, and climate change. A collection of imagery and ideas that offer honesty, hope, and a pause for reflection at a critical time in human history. Fully illus. most in color. 144 pages. Abrams. 5x7. Paperbound. Pub. at \$17.99 **\$5.95**



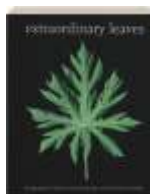
6081827 THE HUNT: The Outcome Is Never Certain. By A. Fothergill & H. Cordey. An unprecedented, close-up view of predators and their prey in life or death conflict, from the grasslands of East Africa to the icy Arctic. Fully illus. in color. 312 pages. Yale. 10¼x11¼. Pub. at \$48.00 **\$16.95**



★9114416 MISSION PENGUIN: A Photographic Quest from the Galapagos to Antarctica. By Ursula Clare Franklin. Franklin embarked on a personal mission to see and photograph every species of penguin in their natural habitats. The result is hundreds of striking photographs accompanied by engaging text detailing the penguins' features and characteristics while exploring how humanity's actions have threatened their very existence. 240 pages. Bloomsbury. 10x11¼. Pub. at \$35.00 **\$28.95**



★1041908 THE COW: A Tribute. By Werner Lampert. Probably the most comprehensive work ever produced about cattle of the world. With aesthetically stunning images, this work also contains all kinds of fascinating information about the origins, habitats and character of cows. 480 pages. te Neues. 10½x12. Pub. at \$75.00 **\$61.95**



9123490 EXTRAORDINARY LEAVES. Text by D. Schrader, illus. by S. Green-Armytage. Combines a thorough and enthusiastic visual exploration and text that adds fascinating information about the most interesting features of leaves. Fully illus. in color. 272 pages. Firefly. 9x11. Paperbound. Pub. at \$29.95 **\$11.95**



903627X THE CALIFORNIA COWBOY: In the Land of the Vaquero. By Text by H.M. Schacht et al, photos by David Stocklein. Cattlemen and cowboys are still prevalent in the modern-day Golden State, which has deep roots in some of America's oldest and most prestigious ranches. It is this reflection of the Old West that Stocklein captures in his photography, reminding us that there is still a future for the California cowboy. Color photos. 252 pages. Stocklein. 12x11. Pub. at \$60.00 **PRICE CUT to \$5.95**



7805276 PORTRAIT OF SAN FRANCISCO. Text by P. Fish, photos by C. Haney. Beautifully showcases California's legendary "City by the Bay." With 145 stunning color photographs, Haney celebrates the golden city's iconic landmarks and attractions, diverse people and neighborhoods, and her dazzling cityscapes and breathtaking bay views. 120 pages. Farcountry. 10¾x10¼. Pub. at \$26.95 **PRICE CUT to \$5.95**



7977581 FLORIDA'S MAGNIFICENT WATER. By J. Valentine & D.B. Means. Breathtaking photos of Florida's springs, caves, aquifers, sinkholes, rivers, lakes, bogs, and wet savannas. A special visual journey through some of the most precious wild areas in the state, presenting the beauty preserved in state lands, parks, and natural areas. 64 pages. Pineapple Press. 9x12. Paperbound. Pub. at \$14.95 **PRICE CUT to \$3.95**



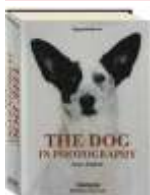
6998895 WHEN ELEPHANTS COME TO TOWN: A Visual Anthology. Text by James Attlee. A collection of images from around the world of elephants in captivity, dating from Victorian times to the height of circus culture in the mid-20th century, many of them taken by anonymous photographers. Intensely nostalgic these images capture the complexity of one of the planet's most enduring inter-species relationships. 176 pages. ACC. 6¼x8½. Pub. at \$50.00 **PRICE CUT to \$7.95**



★6082319 WHAT BEARS TEACH US. text by S. Elmeligi, photos by J.E. Marriott. This lavishly illustrated volume explores the complex behavioral characteristics of North America's largest land carnivores by examining the bear-human relationship from the bear's perspective. 224 pages. Rocky Mountain. 11x8½. Paperbound. Pub. at \$35.00 **PRICE CUT to \$19.95**



★9034684 BIRD PHOTOGRAPHER OF THE YEAR, COLLECTION 9. Ed. by W. Nicholls & P. Sterry. A stunning illustrated celebration of the world's best bird photography. 256 pages. Princeton. 11½x9¼. Pub. at \$35.00 **PRICE CUT to \$24.95**



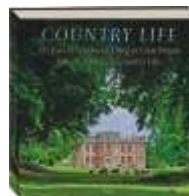
★9014500 THE DOG IN PHOTOGRAPHY, 1839-TODAY. By Raymond Merritt. With pictures from the 19th century to today, this collection includes work by Man Ray, Eric Fischl, Wolfgang Tillmans, and more. Together their pictures, unique in style but united in canine affection, stand as a powerful testament to the fact that dogs are not only our best friends, but also pure photographic inspiration. Fully illus. some in color. 688 pages. Taschen. 5¼x8. Pub. at \$25.00 **PRICE CUT to \$17.95**



★6995381 THE COLORADO RIVER: Chasing Water. By Pete McBride. Through photography and essays, this volume is a celebration of one of America's most valuable and iconic rivers and a warning demonstrating the river is a bellwether of overuse and climate change. 224 pages. Rizzoli. 13¼x10¼. Pub. at \$60.00 **PRICE CUT to \$34.95**



★9033033 ABANDONED: Chronicling the Journeys of Once-Forsaken Dogs. By Katherine Carver. Striking, emotionally charged, fine art photographs chronicle the lives of approximately 60 once-abandoned dogs, illuminating each one's journey from a shelter or rescue organization to a loving, permanent home. 253 pages. Lantern Publishing. 8¼x8¼. Pub. at \$39.95 **PRICE CUT to \$24.95**



★7933029 COUNTRY LIFE: 125 Years of Countryside Living in Great Britain from the Archives of Country Life. By J. Goodall & K. Greene. Live the romance of the British countryside through this lavish tour of the seasons, landscapes, gardens, and great houses that epitomize British country life, as seen through the eyes of

Country Life magazine. This spectacular collection of images offers the best of life, from charming Cotswolds villages to panoramic views across the Yorkshire dales and Glastonbury. 480 pages. Rizzoli. 11¼x11¼. Pub. at \$85.00 **PRICE CUT to \$54.95**

7705824 WILD SPACES AND UNIQUE PLACES: Celebrating the Natural Wonders of Utah. By Ryan Jeffery. 192 pages. Gibbs Smith. 11¼x8¾. Pub. at \$35.00 **PRICE CUT to \$5.95**

1118234 MOUNTAINS: Mapping the Earth's Extremes. By Stefan Dech et al. 241 pages. Thames & Hudson. 10¼x12½. Pub. at \$55.00 **\$12.95**

7849222 GLACIER ICONS: 50 Classic Views of the Crown of the Continent. By Bert Gildart. 102 pages. Globe Pequot. Pub. at \$16.95 **PRICE CUT to \$1.95**

7794207 JUNGLE SPIRITS. By C. Ziegler & D. Dent. 240 pages. teNeues. 10x12¼. Pub. at \$65.00 **PRICE CUT to \$5.95**

★8220506 CATS: Photographs 1942-2018. photos by Walter Chandoha. Fully illus., many in color. 192 pages. Taschen. 5¼x7¼. Pub. at \$20.00 **PRICE CUT to \$14.95**

★6082297 THE PIPESTONE WOLVES: The Rise and Fall of a Wolf Family. text by G. Bloch, photos by J.E. Marriott. 223 pages. Rocky Mountain. 11x8½. Paperbound. Pub. at \$35.00 **\$26.95**

1175971 PUGS IN SPACE. By Jack Russell. Fully illus. in color. 96 pages. Amber. 6¼x6¼. Pub. at \$9.95 **PRICE CUT to \$2.95**

1175955 PAWFECT FRIENDS. By Jack Russell. Amber. 6¼x6¼. Pub. at \$9.95 **\$4.95**

7992440 WILD BRITAIN, WILD IRELAND: Unique National Parks, Nature Reserves and Biosphere Reserves. Text by Stephanie Fischer et al. 176 pages. Monaco. 9¼x11¼. Pub. at \$35.00 **PRICE CUT to \$7.95**

★6082246 ALOFT: Canadian Rockies Aerial Photography. By Paul Zizka. Fully illus. most in color. Rocky Mountain. 8½x11. Paperbound. Pub. at \$35.00 **\$21.95**

4971078 THE HORSE: Its Nature, Revealed. Text by E. Bregard, photos by S. Stuewer. 207 pages. Firefly. 9¼x12. Pub. at \$29.95 **PRICE CUT to \$5.95**

★4993829 WE ANIMALS. By Jo-Anne McArthur. Fully illus. most in color. 214 pages. Lantern Publishing. 10x8½. Paperbound. Pub. at \$39.95 **PRICE CUT to \$14.95**

★7869428 STRANGE ANIMALS. By Tom Jackson. Fully illus. in color. 224 pages. Amber. 9¼x12. Pub. at \$29.99 **PRICE CUT to \$17.95**

★771470X THE BEAUTY OF UKRAINE: Landscape Photography. Text by L. Bondar, photos by Y. Samuchenko. Fully illus. in color. 192 pages. te Neues. 9¼x12. Pub. at \$70.00 **PRICE CUT to \$19.95**

★7930070 BAIT THE TOAD. By Kendra Powers. Color photos. Powers Squared. 6¼x4¼. Pub. at \$14.95 **PRICE CUT to \$3.95**

Nutrition & Weight Management



9045848 WEIGHT LOSS FOR LIFE: The Proven Plan for Success. By L.J. Cheskin & K.A. Gudzone. Provides you with all of the information you need on your weight loss journey. Leading experts in behavioral health, nutrition, exercise, and nursing help you develop a plan that works best for you, and that's not focused on just restricting calories and certain foods. 380 pages. Johns Hopkins. 7¼x10¼. Pub. at \$29.95 **\$5.95**

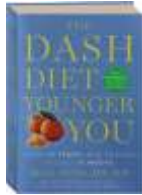
8991286 NUTRITION IN CRISIS: Flawed Studies, Misleading Advice, and the Real Science of Human Metabolism. By Richard David Feinman. Feinman paints a broad picture of the nutrition world that shows the beauty of the underlying biochemistry, the embarrassing failures of the medical establishment, and what's wrong with the constant reports that the foods we've been eating for centuries represent a threat rather than a source of pleasure. Illus. 291 pages. Chelsea Green. Paperbound. Pub. at \$24.95 **\$5.95**



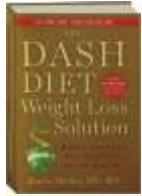
9031308 THE POUND A DAY DIET: Lose Up to 5 Pounds in 5 Days by Eating the Foods You Love. By Rocco DiSpirito. Rewrites every carb, fat, and calorie rule in the book! The 28-day program offered is based on the science of the calorie deficit and uses a fat-as-fuel approach. Rich in fiber and nutrients and carb-corrected to accelerate fat loss, it quickly depletes existing fat reserves. Features recipes and meal plans. 298 pages. Grand Central. Paperbound. Pub. at \$18.00 **\$4.95**



Nutrition & Weight Management



1999656 THE DASH DIET YOUNGER YOU: Shed 20 Years—and Pounds—in Just 10 Weeks. By Marla Heller. Proven to lower blood pressure and cholesterol without medication, DASH (Dietary Approaches to Stop Hypertension) has now been completely redesigned to maximize its power to slow and even reverse aging. 252 pages. Grand Central. Pub. at \$26.00 **\$6.95**



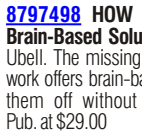
1999648 THE DASH DIET WEIGHT LOSS SOLUTION: 2 Weeks to Drop Pounds, Boost Metabolism, and Get Healthy. By Marla Heller. Proven to lower blood pressure and cholesterol without medication, DASH (Dietary Approaches to Stop Hypertension) has now been specially formulated to boost metabolism, lower body fat, and turbocharge weight loss—in just two weeks! 246 pages. Grand Central. Pub. at \$29.00 **\$6.95**



9000399 DR. ATKINS' NEW DIET REVOLUTION. By Robert Atkins. With this guide, you get everything you need: medical and nutritional information, a carb gram counter, low-carb meal plans, and dozens of mouth-watering recipes for everything from appetizers to entrees to desserts. Start your new life today; become a healthier, fitter, happier you. 540 pages. Harper. Paperbound. Pub. at \$8.99 **\$4.95**



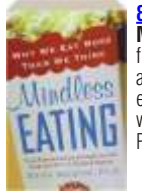
7989571 INTERMITTENT FASTING FOR WOMEN. By Lori Russell. A science backed fasting guide that's tailored to a woman's physiology, giving you a healthy alternative to stressful and ineffectual diet practices. You'll alternate periods of fasting with periods of nutritious eating to reset your metabolism, helping you lose weight, regulate your hormones, and slow down aging. 95 pages. Rockridge. Paperbound. Pub. at \$12.99 **\$2.95**



8797498 HOW TO LOSE WEIGHT FOR THE LAST TIME: Brain-Based Solutions for Permanent Weight Loss. By Katrina Ubell. The missing piece of the most sought-after health goal, this work offers brain-based solutions for dropping pounds and keeping them off without suffering or sacrifice. 293 pages. Balance. Pub. at \$29.00 **\$5.95**



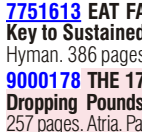
9031413 THE SHIFT: How I Finally Lost Weight and Discovered a Happier Life. By Tory Johnson. Follows Johnson on her weight-loss journey. She creates a plan, makes a list of things she is willing to sacrifice, and teaches herself the realities of self-discipline. She shares her experience overcoming the inevitable challenges along the way. She becomes healthier but also happier and shows you how, too! 277 pages. Hachette. Paperbound. Pub. at \$16.00 **\$4.95**



8887640 MINDLESS EATING: Why We Eat More Than We Think. By Brian Wansink. A food psychologist revolutionizes our awareness of how much, what, and why we're eating, often without realizing it. His findings will astound you. Illus. 292 pages. Bantam. Paperbound. Pub. at \$17.00 **\$4.95**



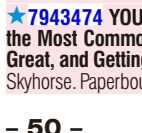
★9107657 THE OZEMPIC REVOLUTION. By Alexandra Sowa. The first comprehensive user guide to GLP-1s (such as Ozempic, Wegovy, and Zepbound), with an overview of how they work and possible side effects. Also including companion recipes, exercise guidance, and new habits to maintain lifelong health and keep weight off for good. 235 pages. Harvest. Pub. at \$28.99 **\$21.95**



7751613 EAT FAT, GET THIN: Why the Fat We Eat Is the Key to Sustained Weight Loss and Vibrant Health. By Mark Hyman. 386 pages. Little, Brown. Pub. at \$28.00 **\$5.95**



9000178 THE 17 DAY KICKSTART DIET: A Doctor's Plan for Dropping Pounds, Toxins, and Bad Habits. By Mike Moreno. 257 pages. Atria. Paperbound. Pub. at \$18.99 **PRICE CUT to \$3.95**



★8007764 ZERO SUGAR/ONE MONTH. By Becky Gillaspay. 176 pages. Dorling Kindersley. Paperbound. Pub. at \$19.99 **PRICE CUT to \$9.95**

★7943474 YOUR EVERYDAY NUTRITION: 100 Answers to the Most Common Questions About Losing Weight, Feeling Great, and Getting Healthy! By I. Schapiro & H. Rich. 222 pages. Skyhorse. Paperbound. Pub. at \$19.99 **PRICE CUT to \$4.95**

★7932030 THE FUTURE OF NUTRITION. By T. Colin Campbell with N. Disla. 305 pages. BenBella. Paperbound. Pub. at \$19.95 **PRICE CUT to \$7.95**

Healthy Cooking & Special Diets



9076166 EATING FOR ACID REFLUX: A Handbook and Cookbook for Those with Heartburn. By J. Sklar & A. Cohen. Unique combination of handbook and cookbook for acid reflux written by authors who have experienced reflux and learned how to effectively control the problem. Includes essential information on GERD, mainstream and alternative therapies, and a hundred recipes. 273 pages. Da Capo. Paperbound. Pub. at \$16.95 **\$5.95**



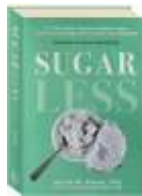
9071911 BEYOND KETO: Burn Fat, Heal Your Gut, and Reverse Disease with a Mediterranean-Keto Lifestyle. By Don Colbert. Blends the best of both worlds, the ketogenic and Mediterranean diets, and combines them with cutting-edge research on gut health. The key is eliminating foods that cause inflammation and insulin resistance. 240 pages. Siloam. Pub. at \$24.99 **\$5.95**



7899041 TWO MEALS A DAY: The Simple, Sustainable Strategy to Lose Fat, Reverse Aging, & Break Free from Diet Frustration Forever. By Mark Sisson with B. Kearns. You'll implement an eating style that's incredibly nourishing and easy to adhere to for a lifetime, dial-in a winning fitness routine, prioritize sleep and recovery, and learn powerful strategies for overcoming self-limiting beliefs and behavior patterns. 282 pages. Grand Central. Pub. at \$28.00 **\$6.95**



9105123 THE FULL-BODY FAT FIX. By Stephen Perrine. Discover a groundbreaking new way of eating that can reverse inflammation, heal your gut, and improve your overall health, fitness, and athletic performance—in just one week—while setting you on the path to easy, sustainable weight loss for life! 257 pages. St. Martin's. Pub. at \$30.00 **\$6.95**



8992347 SUGARLESS: A 7-Step Plan to Uncover Hidden Sugars, Curb Your Cravings, and Conquer Your Addiction. By Nicole M. Avena. Through this plan, you'll: discover why sugar causes you to overeat; understand the long-term, adverse effects; identify places sugar might be hiding; adopt nutrition hacks focused on replacing sugar; learn to cope with cravings; manage withdrawal symptoms and more. Includes 30 sugar-free recipes. 310 pages. Union Square & Co. Pub. at \$27.99 **\$5.95**



5879787 THE SUGAR DETOX DIET FOR 50+: A Complete Guide to Quitting Sugar, Boosting Energy, and Feeling Great. By Dana Elia. Explains how to safely and effectively eliminate excess sugar from your diet to boost energy, help with weight loss, and prevent harmful health conditions such as heart disease, diabetes, and high cholesterol. Inside you'll also find recipes for breakfast, lunch, dinner, and snack options. 255 pages. Ulysses. Paperbound. Pub. at \$16.95 **\$5.95**



7950918 10-DAY CELERY JUICE CLEANSE. By H. Ebelthite & K. Adams. Discover the amazing benefits of adding celery juice to your life with the included 3-day juice cleanse and a 7-day juice and soup cleanse, each packed with the healthy ingredients you need to make you feel like a new person. 96 pages. Aster. Paperbound. Pub. at \$6.99 **\$4.95**



608186X THE NUTRITIONIST'S KITCHEN: Transform Your Diet and Discover the Healing Power of Whole Foods. By Carly Knowles. Offers an approachable guide that includes the latest science and nutrition recommendations to help you restore balance and promote optimal health and wellness. Use the seasonal qualities chart to identify your unique constitution and align your diet and lifestyle more holistically with the current season. Includes 60 nutrient-dense recipes. Color photos. 256 pages. Roost. Paperbound. Pub. at \$24.95 **\$6.95**



9071903 AYURVEDA DETOX: How to Cleanse, Balance and Revitalize Your Body. By Anu Paavola. Packed with recipes, detox plans, routines and remedies, this work will help you cleanse your body of toxins and restore you to your natural state of health and happiness. Fully illus. in color. 176 pages. Weilbeck. Paperbound. Pub. at \$19.95 **\$5.95**



9067582 THE HEALTHSPAN SOLUTION: How and What to Eat to Add Life to Your Years. By J. Hever & R. Cronise. Learn how changing what you eat can dramatically improve your quality of life and result in sustainable, lasting health benefits. Based on research and longevity analysis, the authors introduce a revolutionary way of eating designed to help you lose weight, reverse disease, and achieve optimal health. Well illus., in color. 256 pages. Alpha. Pub. at \$25.00 **\$9.95**



7951671 GOOD SUGAR, BAD SUGAR: How to Power Your Body and Brain with Healthy Energy. By Christopher Vasey. This practical guide explains how to successfully replace bad sugars with good sugars as well as how to reduce sugar cravings and break your sugar addiction. Offering a path out of sugar addiction and easy steps to power your brain and body with healthy energy, Dr. Vasey gives you the tools to take ownership of your own health. 168 pages. Inner Traditions. Paperbound. Pub. at \$14.99 **\$7.95**



★8882193 THE SCIENCE OF PLANT-BASED NUTRITION: How to Enhance the Power of Plants for Optimal Health. By Rhiannon Lambert. Covering every conceivable topic—from vegan and plant-based diets, sustainability, physical and mental health outcomes, and nutrition across the lifespan—this guide offers clear answers with informative graphics, enabling you to make decisions that are best suited to your lifestyle about what, when, and how to eat responsibly. 224 pages. Dorling Kindersley. 8 1/2 x 10 1/4. Pub. at \$30.00 **\$21.95**



9126627 NATURAL BEAUTY RESET: The 7-Day Program to Harmonize Hormones & Restore Radiance. By Trevor Cates. A revolutionary new path to optimize your health, balance hormones, and revitalize skin—including more than 80 food and DIY skincare recipes. Well illus. in color. 251 pages. BenBella. Paperbound. Pub. at \$28.95 **\$6.95**



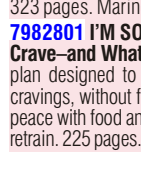
★9103678 HOW TO EAT: An Ancient Guide for Healthy Living. Selected by Claire Bubb. A delicious feast of ancient Greek and Roman writings on living well by eating well. Illus. 242 pages. Princeton. Pub. at \$17.95 **\$13.95**



5734894 INTERMITTENT FASTING MADE EASY: Next-Level Hacks to Supercharge Fat Loss, Boost Energy, and Build Muscle. By Thomas DeLauer. Gives you an action plan for maximizing results, designed with busy people juggling family, career and everyday life in mind. Walks you through the best practices for each day of the key stages of intermittent fasting: the fasting window, breaking the fast, and eating window. Illus. 256 pages. Fair Winds. Paperbound. Pub. at \$19.99 **PRICE CUT to \$3.95**



8992363 UNLOCK YOUR MACRO TYPE. By Christine Hronec. Reveals the secret code of fat, and why you need to eat fat to burn fat; why drastic carb-cutting can backfire for many macro types; the essential macronutrient most people don't get enough of each day; the single biggest factor that dictates how to eat for your macro type; and more. Recipes and workouts included. 323 pages. Mariner. Pub. at \$28.99 **PRICE CUT to \$4.95**



7982801 I'M SO EFFING HUNGRY: Why We Crave What We Crave—and What to Do About It. By Amy Shah. A science-based plan designed to help you take charge of your health and your cravings, without feeling deprived. A 5-step plan to help you make peace with food and your body: replenish, rewrite, reset, refresh, and retrain. 225 pages. Harvest. Pub. at \$28.99 **PRICE CUT to \$3.95**

Healthy Cooking & Special Diets



8990689 28-DAY FAST START DAY-BY-DAY. By Gin Stephens. Expert, lively, and fun information and day by day instructions give you what you need to know and when you need to know it. It's ideal for a refresh too: a happy and helpful jump start if you want to get back to an intermittent fasting lifestyle. 354 pages. St. Martin's. Paperbound. Pub. at \$20.00 **PRICE CUT to \$3.95**



8054045 CLEAN (ISH): Eat (Mostly) Clean, Live (Mainly) Clean, and Unlock Your Body's Natural Ability to Self-Clean. By Gin Stephens. You will learn how to shift your choices so you're not burdening your body with a bucket of chemicals, additives, and obesogens it wasn't designed to handle. You'll cut through the confusion, lose the fear, and embrace the freedom that comes from becoming clean(ish). 406 pages. St. Martin's. Paperbound. Pub. at \$19.99 **SOLD OUT**

8888132 THE HEALING POWERS OF SUPERFOODS: A Complete Guide to Nature's Favorite Functional Foods. By Cal Orey. 16 pages of color photos. 316 pages. Citadel. Paperbound. Pub. at \$16.95 **\$4.95**

5734037 IMMUNITY FOOD FIX: 100 Superfoods and Nutrition Hacks to Reverse Inflammation, Prevent Illness, and Boost Your Immunity. By Donna Beydoun Mazzola. Color photos. 188 pages. Fair Winds. Paperbound. Pub. at \$26.99 **\$5.95**

7882440 THE GUT HEALTH COOKBOOK. By Sofia Antonsson. Well illus. in color. 144 pages. Skyhorse. Paperbound. Pub. at \$18.99 **\$5.95**

8889880 UNLOCKING THE KETO CODE: The Revolutionary New Science of Keto That Offers More Benefits Without Deprivation. By Steven R. Gundry. 262 pages. Harper Wave. Pub. at \$28.99 **\$6.95**

1139797 THE MINIMUM METHOD: The Least You Can Do to Be a Stronger, Healthier, Happier You. By Joey Thurman. Illus. 286 pages. BenBella. Pub. at \$26.95 **\$6.95**

8038376 THE COCONUT OIL MIRACLE, 5TH EDITION. By Bruce Fife. 286 pages. Avery. Paperbound. Pub. at \$18.00 **\$5.95**

9047026 THE JUICE CLEANSE RESET DIET: 7 Days to Transform Your Body for Increased Energy, Glowing Skin, and a Slimmer Waistline. By L.K. Farley & M. St. Clair. 218 pages. Ten Speed. Paperbound. Pub. at \$15.99 **\$5.95**

★8894108 THE COMPLETE IBS DIET PLAN: Step-by-Step Meal Plans and Low-FODMAP Recipes for Relief and Healing. By Amanda Foote. 152 pages. Rockridge. Paperbound. Pub. at \$17.99 **\$12.95**

9066152 THE OFFICIAL MIND DIET: A Scientifically Based Program to Lose Weight and Prevent Alzheimer's Disease. By Martha Clare Morris et al. 16 pages of color photos. 360 pages. Little, Brown. Pub. at \$30.00 **SOLD OUT**

4922212 WHAT TO EAT WHEN: A Strategic Plan to Improve Your Health & Life Through Food. By Michael F. Roizen et al. Illus. 352 pages. National Geographic. Paperbound. Pub. at \$16.99 **\$4.95**

8897336 THE FAT-LOSS PLAN: 100 Quick and Easy Recipes with Workouts. By Joe Wicks. Well illus., in color. 240 pages. Pan Macmillan. Paperbound. **PRICE CUT to \$3.95**

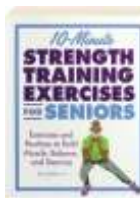
8997276 THE MACRO METHOD: The Science-Backed Approach to Lasting Weight Loss. By H. Foster & A. Dowden. 218 pages. Aster. Paperbound. Pub. at \$12.99 **PRICE CUT to \$2.95**

★1997750 EAT REAL TO HEAL: Using Nutrient Dense Foods for Longevity and Happiness. By Nicolette Richer. Photos. 254 pages. Mango. Paperbound. Pub. at \$19.99 **PRICE CUT to \$9.95**

Exercise & Fitness



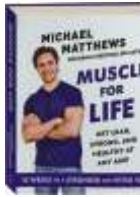
LIMITED QUANTITY 9123393 STRETCHING FOR A PAIN-FREE LIFE. By J. Cybulski & B. Riley. The authors show you their most effective stretching routines, simple enough for anyone to do at home, that strengthen key areas of the body so you can move properly and live pain-free once more. Well illus. in color. 128 pages. Page Street. Paperbound. Pub. at \$19.99 **SOLD OUT**



★8794332 10-MINUTE STRENGTH TRAINING EXERCISES FOR SENIORS: Exercises and Routines to Build Muscle, Balance, and Stamina. By Ed Deboo. Featuring step by step instructions, you'll learn how to build muscle mass, improve bone density, and feel great in only 10 minutes a day. Fully illus. in color. 154 pages. Callisto. Paperbound. Pub. at \$14.99 **\$11.95**



★DVD 887669X TAI CHI FOR SENIORS: Feel Good for Life! Suitable for people of all ages and all fitness levels, this DVD is a gentle, easy, safe and effective introduction to the ancient art of Tai Chi. Master Chan's expert guidance takes you step by step through the Tai Chi form and techniques of breathing and elemental movement. 120 minutes. Total Content. Pub. at \$14.95 **\$7.95**



224702X MUSCLE FOR LIFE: Get Lean, Strong, and Healthy at Any Age! By Michael Matthews. A science-based blueprint for eating and exercising that anyone can follow at any age and fitness level. Gives you a plan for transforming your body faster than you ever thought possible. Will show you how to look, feel, and perform your best. Illus. 465 pages. **\$6.95**

Gallery. Pub. at \$35.00



9030212 KNACK ABSOLUTE ABS: Routines for a Fit & Firm Core. By JJ Flizanes, photos by S. Fortunato. The abdominal region is one of the toughest areas of the body to keep in shape, especially as we age. This comprehensive guide contains all the information you need to kick belly fat once and for all. Includes everything from step by step exercises to the right diet. Fully illus. in color. 244 pages. Knack. Paperbound. Pub. at \$19.95 **\$4.95**



7803303 ANATOMY OF STRETCHING: A Guide to Increasing Your Flexibility. By Craig Ramsay. Former Broadway dancer Craig Ramsay guides you through a "Stretching Session" which targets all of the major muscle groups, and he includes a full-color poster of the "Quick Stretch Program" for those who don't have time for a full session. Special sections include expectant mothers, partners, and the office. SHOPWORN. Fully illus. in color. 160 pages. Thunder Bay. Paperbound. Pub. at \$14.99 **\$6.95**



★DVD 9021191 SIT AND BE FIT: Ready, Set & Move! Workouts for Seniors. These sit and be fit workouts feature Mary Ann Wilson, RN, from the popular public television series. Three complete workouts include "Stretching," "Healthy Aging," and "We've Gone Country"—all created to get anyone moving. 66 minutes. Total Content. Pub. at \$14.95 **\$7.95**



9041680 YOGA CARDS: 60 Step-By-Step Cards for Guided Yoga Poses. Introduces you to 60 yoga poses for soulful self-care. Shuffle through this deck for targeted stretches, morning salutations, midday pick me ups, and evening unwinds. Includes a 32-page booklet of guided yoga routines and a 60-card deck, organized into five categories. Well illus. in color. Cider Mill. Paperbound. Pub. at \$16.95 **\$5.95**



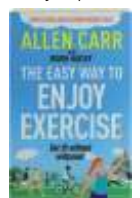
9011846 SPORTS ILLUSTRATED STRENGTH TRAINING: Your Ultimate Weight Conditioning Program. By John Garhammer. Improve your total fitness by incorporating strength training into your regular fitness program. Includes everything from information on how our bodies work to specific exercises. Fully illus. 204 pages. Sports Illustrated. Paperbound. Pub. at \$16.95 **\$4.95**



9126325 YOGA FOR MIND, BODY & SPIRIT: Poses, Meditations & Wisdom for Leading a Balanced Life. By Rachel Scott. Collects a series of meditations and yoga poses that demonstrate how to embrace the pursuit of yoga in all aspects of life. Well illus. in color. 247 pages. Cider Mill. Pub. at \$19.95 **\$5.95**



7961448 THE FITNESS INSTRUCTOR'S HANDBOOK, 2ND EDITION: A Professional's Complete Guide to Health and Fitness. By Morc Coulson. An essential guide for anyone working in, or wishing to enter the fitness industry. Clear, concise and accessible, covering every theoretical aspect of fitness instruction and places it in a practical context. Topics covered include theory of anatomy and physiology, core stability, and practical application of health and fitness. Well illus. 303 pages. Firefly. Paperbound. Pub. at \$24.95 **\$6.95**



★9092153 THE EASY WAY TO ENJOY EXERCISE: Get Fit Without Willpower. By Allen Carr with R. Hayley. Whether you want to increase your physical stamina, improve your self-esteem, or support your mental health, everyone has a reason to exercise. By following a set of simple steps, this method breaks down the common mental barriers to exercising. 236 pages. Sirius. Paperbound. Pub. at \$14.99 **\$11.95**



★DVD 8876576 THE DOCTOR'S WORKOUT FOR SENIORS. Whether you have never exercised before, or already tried an exercise program but had trouble sticking with it, this instructional will teach you everything you need to know to get started (or re-started) through simple, step by step workout routines. 50 minutes. Total Content. Pub. at \$9.95 **\$7.95**



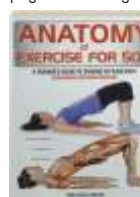
★7976984 T'AI CHI CLASSICS: Illuminating the Ancient Teachings on the Art of Moving Meditation. By Waysun Liao. Exploring all the core aspects of T'ai Chi thought and practice, this guide explains how T'ai Chi exercises increase your inner vitality (ch'i), enliven energetic power (jing), and empower you to bring your energy to bear to overcome inner and outer obstacles in every sphere of life. Well illus. 210 pages. Shambhala. Paperbound. Pub. at \$21.95 **\$16.95**



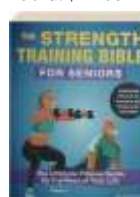
9013474 THE RESISTANCE TRAINING REVOLUTION. By Sal Di Stefano. Reveals how resistance training is the best form of exercise to burn fat, boost metabolism, and achieve health benefits you cannot obtain from other forms of exercise. Illus. 283 pages. Hachette. Pub. at \$29.00 **\$6.95**



★8894051 10-MINUTE STRETCHING: Simple Exercises to Build Flexibility into Your Daily Routine. By Hilery Hutchinson. Discover how easy it is to improve your flexibility, reduce pain, and eliminate stress. This illustrated guide provides you with essential stretches and simple routines for increasing your range of motion, supplementing physical therapy, and more. Features 60 individual stretches for your neck, feet, and everything in between. Well illus. in color. 266 pages. Rockridge. Paperbound. Pub. at \$16.99 **\$12.95**



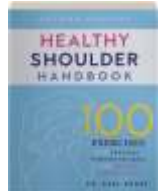
★9067469 ANATOMY OF EXERCISE FOR 50+, SECOND EDITION. By Hollis Lance Liebman. A detailed guide to attaining optimum physical fitness, showing exactly how to maintain and improve your physique with every passing day. You'll find 75 exercises, with step by step instructions from an experienced personal trainer. Fully illus. in color. 192 pages. Firefly. 8 1/2 x 11. Paperbound. Pub. at \$24.95 **\$19.95**



★9014438 THE STRENGTH TRAINING BIBLE FOR SENIORS: The Ultimate Fitness Guide for the Rest of Your Life. By Karl Knopf. Comprehensive and customizable total-body workouts for people 50 years and older. They provide everything you need to: build muscle & get stronger; foster core stability & flexibility; avoid injury; improve posture; develop low-back health; boost mind-body awareness; and more. Fully illus. 384 pages. VeloPress. 8 1/2 x 10 3/4. Paperbound. Pub. at \$21.95 **\$16.95**



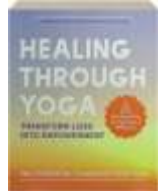
Exercise & Fitness



★4812085 HEALTHY SHOULDER HANDBOOK, SECOND EDITION: 100 Exercises for Treating Common Injuries and Ending Chronic Pain. By Karl Knopf. Packed with more than 300 step by step photos, this user-friendly reference features a comprehensive collection of corrective exercises for treating common shoulder injuries and ending chronic pain—fast! 162 pages. Ulysses. Paperbound. Pub. at \$15.95 **\$11.95**



★9117261 WEIGHT TRAINING FOR WOMEN: Exercises and Workout Programs for Building Strength with Free Weights. By Brittany Noelle. Your guide to building strength with free weights. By walking you through the basics of developing a weightlifting program that helps you get stronger and healthier on your own terms. Plus, advice on proper nutrition, gym etiquette, pre and post-workout best practices, and more. Well illus. in color. 171 pages. Callisto. Paperbound. Pub. at \$19.99 **\$14.95**



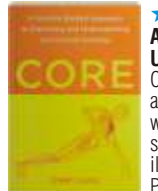
9127909 HEALING THROUGH YOGA: Transform Loss into Empowerment. By Paul Denniston. Guides you through a cycle of compassionate transformation consisting of Awareness, Expressions, Connection, Surrender, and Evolution, with clear instructions for poses and exercises, flowing meditations, and routines designed to move you through each particular step. Fully illus. 264 pages. Chronicle. Paperbound. Pub. at \$19.95 **\$5.95**



9066462 YOGA LIFE: Habits, Poses, and Breathwork to Channel Joy Amidst the Chaos. By Brett Larkin. You'll learn a five-step method to design a personal practice that works for your schedule; how to adapt your practice to meet your physical, mental, and emotional needs more than a dozen yoga habits that will help you calm your mind and body, and more. Illus. 281 pages. Balance. Paperbound. Pub. at \$19.99 **\$5.95**



★7892012 BOOK OF BODY MAINTENANCE AND REPAIR: The American Physical Therapy Association. By M. Moffat & S. Vickery. This work offers illustrated descriptions of the structure and mechanics of each major body part, explaining what can go wrong and how to properly care for that area. A middle section provides general information on posture, body mechanics, weight control, aerobic conditioning, and maintenance programs. Adults only. 288 pages. Holt. 8 1/2 x 10 1/4. Paperbound. Pub. at \$41.99 **\$31.95**



★8873798 CORE: A Science-Backed Approach to Exercising and Understanding Our Central Anatomy. By Owen Lewis. Makes it easy to understand the anatomy of the core region of the body, as well as key principles for more effective and safe exercises and training regimens. Fully illus. in color. 136 pages. North Atlantic. Paperbound. Pub. at \$24.95 **SOLD OUT**



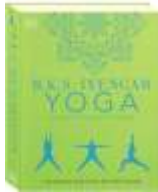
9129413 BURN: The Burn Bootcamp 5-Step Strategy For Inner and Outer Strength. By Devan & Morgan Kline. The founders of *Burn Boot Camp* offer a healthy lifestyle plan for people who struggle with their self-improvement—featuring 12 exclusive workouts and 50 recipes you can make in 10 minutes or less. Illus. 292 pages. Balance. Pub. at \$30.00 **\$6.95**



★9123938 THE YOGI'S WAY: Transform Your Mind, Health, and Reality. By Reema Datta. Datta's 12-week course is an accessible and practical method for cultivating mental and emotional well-being, physical health, and spiritual nourishment. She combines ancient yogic wisdom and practices with cutting-edge science and personal stories to offer insightful solutions to the challenges of modern life. Illus. 281 pages. New World Library. Paperbound. Pub. at \$19.95 **\$14.95**



794117X TWO MEALS A DAY: The Simple, Sustainable Strategy to Lose Fat, Reverse Aging, & Break Free from Diet Frustration Forever. By Mark Sisson with B. Kearns. You'll master an eating style that's incredibly nourishing and easy to adhere to for a lifetime, dial-in a winning fitness routine, prioritize sleep and recovery, and learn powerful strategies for overcoming self-limiting beliefs and behavior patterns. Illus. 281 pages. Grand Central. Paperbound. Pub. at \$18.99 **PRICE CUT to \$4.95**



8996911 B.K.S. IYENGAR YOGA: The Path to Holistic Health. Learn how you can use yoga to improve every aspect of your life with this definitive guide. Leads you through more than 50 poses step by step, including special sequences to alleviate ailments ranging from asthma to arthritis. Fully illus. in color. 432 pages. Dorling Kindersley. 8 1/2 x 11. Pub. at \$40.00 **PRICE CUT to \$14.95**

9038809 10,000 STEPS A DAY TO YOUR OPTIMAL WEIGHT: Walk Your Way to Better Health. By Greg Isaacs. 257 pages. Volt. 5x9 1/4. Paperbound. Pub. at \$19.95 **\$4.95**

7677782 SCIENCE OF STRENGTH TRAINING: Understand the Anatomy and Physiology to Transform Your Body. By Austin Current. Well illus. in color. 224 pages. Dorling Kindersley. Paperbound. Pub. at \$19.99 **SOLD OUT**

7684282 SCIENCE OF YOGA: Understand the Anatomy and Physiology to Perfect Your Practice. By Ann Swanson. 216 pages. Dorling Kindersley. Paperbound. Pub. at \$19.99 **\$9.95**

7966350 15-MINUTE PILATES: Four 15-Minute Workouts for Strength, Stretch, and Control. By Alycea Ungaro. Fully illus. in color. 112 pages. Dorling Kindersley. Paperbound. Pub. at \$15.00 **\$5.95**

9001093 HWP0: Hard Work Pays Off. By Mat Fraser with S. Mestel. 308 pages. Rodale. Paperbound. Pub. at \$20.00 **\$5.95**

★7804431 THE MIRACLE OF FLEXIBILITY: A Head-to-Toe Program to Increase Strength, Improve Mobility, and Become Pain Free. By Miranda Esmonde-White. Fully illus. 459 pages. S&S. Pub. at \$35.00 **\$26.95**

★770366X THE ROOT OF CHINESE QIGONG, THIRD EDITION: Secrets for Health, Longevity, and Enlightenment. By Jwing-Ming Yang. Illus. 318 pages. YMAA. Paperbound. Pub. at \$34.95 **\$21.95**

9029605 THE LITTLE BOOK OF GOAT YOGA. By Lainey Morse. Well illus. in color. 120 pages. Running Press. Paperbound. Pub. at \$15.99 **PRICE CUT to \$2.95**

9023550 FLEX YOUR AGE: Defy Stereotypes and Reclaim Empowerment. By Joan & Michelle MacDonald. Illus. in color. 224 pages. Dorling Kindersley. Pub. at \$24.99 **PRICE CUT to \$7.95**

★5879507 THE ART OF YOGA SEQUENCING: Contemporary Approaches and Inclusive Practices for Teachers and Practitioners. By Sage Rountree. Fully illus. 292 pages. North Atlantic. Paperbound. Pub. at \$24.99 **SOLD OUT**

★4996011 THE HEART OF YOGA, REVISED EDITION: Developing a Personal Practice. By T.K.V. Desikachar. Well illus. 244 pages. Inner Traditions. 8x10. Paperbound. Pub. at \$19.95 **\$12.95**

★8898979 MOVEMENT FOR EVERY BODY: An Inclusive Fitness Guide for Better Movement. By Marcia Dernie. Well illus. in color. 144 pages. North Atlantic. Paperbound. Pub. at \$22.95 **PRICE CUT to \$14.95**

★790682X YOGA INVERSIONS: Your Guide to Going Upside Down. By Kat Heagberg Rebar. Fully illus. in color. 206 pages. Shambhala. Paperbound. Pub. at \$24.95 **PRICE CUT to \$7.95**

★7786832 FUNCTIONAL ANATOMY OF YOGA: A Guide for Practitioners and Teachers. By David Keil. Fully illus. in color. 328 pages. Inner Traditions. Paperbound. Pub. at \$24.99 **SOLD OUT**

★7944721 TIME TO REPAIR: How Yoga Can Restore Body and Mind in 5 Minutes a Day. By Vicky Fox. Fully illus. 219 pages. Hammersmith. Paperbound. Pub. at \$29.95 **PRICE CUT to \$9.95**

★7910592 TEACH PEOPLE, NOT POSES: Lessons in Yoga Anatomy and Functional Movement to Unlock Body Intelligence. By Mary Richards. Illus. 174 pages. Shambhala. Paperbound. Pub. at \$24.95 **PRICE CUT to \$9.95**

★7976496 THE WELLNESS GUIDE: Embrace 100 Expressions of Positive Self-Care, from Meditation to Yoga, Superfoods to Journaling. Ed. by R. Newcombe & C. Martin. Fully illus. in color. 303 pages. Thunder Bay. 8 1/2 x 10 1/4. Paperbound. Pub. at \$24.99 **PRICE CUT to \$11.95**

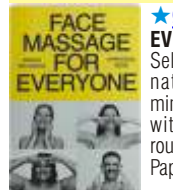
Beauty & Skin Care



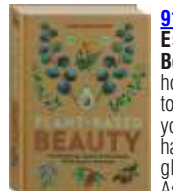
LIMITED QUANTITY 9097333 COZY'S COMPLETE GUIDE TO GIRLS' HAIR: The Cutest Cuts and Sweetest Hairstyles to Do at Home. By Cozy Friedman with S. Berk. Teaches you countless ways to tame your little girl's straight locks, flowing waves, or springy curls. Beginning with hair identification information and ending with do-it-yourself haircuts and styles, it's all here: the basic blowout, the best tools and products, instant fixes for bad hair days, and more. Fully illus. in color. 190 pages. Artisan. Pub. at \$19.95 **\$5.95**



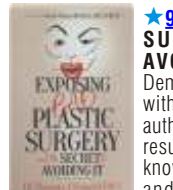
7874545 TIMELESS BEAUTY: Over 100 Tips, Secrets, and Shortcuts to Looking Great. By Christie Brinkley with S. Wadyka. Sharing the secrets she's learned on what to eat, how to apply makeup like a pro, and how to keep your hair shiny and your face glowing, super-model Christie Brinkley will show you how to look like a knockout at any age. Fully illus. in color. 208 pages. Grand Central. 8 1/2 x 10 1/4. Pub. at \$30.00 **\$6.95**



★9123946 FACE MASSAGE FOR EVERYONE: A Practical Guide. By Ksenija Selivanova. Shows you how to achieve a naturally beautiful complexion while minimizing the effects of the aging process with easy-to-follow, step-by-step daily routines. Fully illus. 205 pages. Hay House. Paperbound. Pub. at \$17.99 **\$12.95**



9108769 PLANT-BASED BEAUTY: The Essential Guide to Detoxing Your Beauty Routine. By Jess Arnaud. From how to make a radiant energy aromatic roller to why rosehip oil is so good for balancing your skin tone, this work will teach you to harness the power of plants for a natural, glowing you. Illus. in color. 160 pages. Aster. Pub. at \$16.99 **\$5.95**



★9071814 EXPOSING BAD PLASTIC SURGERY AND THE SECRET TO AVOIDING IT. By Thomas J. Francel. Demystifying the plastic surgery experience with frank and authoritative information, The author reveals why so many fall prey to poor results, and empowers patients with the knowledge and tools to sidestep pitfalls, and become confident, well informed consumers. Illus. 255 pages. Morgan James. Paperbound. Pub. at \$19.95 **\$14.95**

5879728 BREAK FREE FROM ECZEMA. By Rachel Zohn. 240 pages. Ulysses. Paperbound. Pub. at \$15.95 **\$5.95**

7733143 THE WRINKLE CURE: Unlock the Power of Cosmeceuticals for Supple, Youthful Skin. By Nicholas Perricone. 218 pages. Warner. Paperbound. Pub. at \$6.99 **\$4.95**

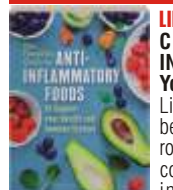
7878761 YOUNGER: The Breakthrough Anti-Aging Method for Radiant Skin. By Harold Lancer. Illus. 243 pages. Grand Central. Pub. at \$28.00 **PRICE CUT to \$3.95**

8996946 THE BEAUTY SKETCHBOOK: Illustrate Your Own Modern Makeup Looks. By R. Black & R. Yazdi. Fully illus. most in color. 160 pages. Abrams. 9 1/2 x 8 1/4. Paperbound. Pub. at \$19.99 **\$6.95**

1999265 YOUR BEST SKIN: The Science of Skincare. By Hannah English. Illus. in color. 224 pages. Hardie Grant. Pub. at \$22.99 **PRICE CUT to \$7.95**

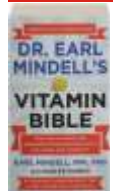
7998775 WIGGING OUT: Fake Hair That Made Real History. By Jessica Glasscock. 250 pages. Black Dog & Leventhal. Pub. at \$30.00 **PRICE CUT to \$7.95**

Health & Medical References



LIMITED QUANTITY 9105433 THE COMPLETE GUIDE TO ANTI-INFLAMMATORY FOODS: To Support Your Health and Immune System. By Lizzie Streit. This easy introduction to the 50 best anti-inflammatory foods explains the role played by proper nutrition and other contributing lifestyle factors. Explains food interactions for medical conditions including heart problems, diabetes, thyroid issues, and more. Fully illus. in color. 160 pages. Chartwell. Paperbound. Pub. at \$14.99 **SOLD OUT**

Health & Medical References



★**4844165 DR. EARL MINDELL'S VITAMIN BIBLE, REVISED.** with H. Mundis. This indispensable guide has been updated with the latest research, including three brand new chapters on how to use supplements to boost your immune system, which supplements are best for combating the effects of aging, and the myriad short and long term benefits of taking a CBD supplement. 644 pages. Grand Central. Paperbound. Pub. at \$9.99 **\$7.95**



9091858 ARTHRITIS, SECOND EDITION: Reverse Underlying Causes of Arthritis with Clinically Proven Alternative Therapies. By E. Kamhi & E.R. Zampieron. This reference guide presents noninvasive, natural approaches for diagnosing, treating, and preventing arthritis, all without the risk of pharmaceutical side effects. Also includes information on supplement therapy, massage and reflexology, organ detoxification regimes, and more. Illus. 387 pages. Celestial Arts. Paperbound. Pub. at \$18.99 **\$5.95**

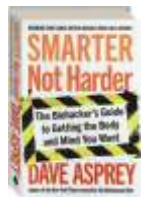
9119582 GUT HEALTH HACKS: 200 Ways to Balance Your Gut Microbiome and Improve Your Health! By Lindsay Boyers. With straightforward, simple advice, Boyers teaches you how to keep your gut healthy and functioning at peak performance with these 200 health hacks. 223 pages. Adams Media. Paperbound. Pub. at \$16.99 **\$5.95**



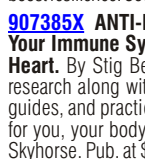
1043889 KNOW YOUR SHIT: What Your Crap Is Telling You. By Shawn Shafner. This work lifts the lid off the potty taboo and breaks the stall door down in search of the Perfect Poo. Along the way, learn what happens inside your body to make poo, how the process can go wrong, and simple fixes to make sure you stay in the Goldilocks Zone. Fully illus. in color. 110 pages. Cider Mill. Pub. at \$10.99 **\$4.95**



7835280 RANGER MEDIC HANDBOOK. By U.S. Department of Defense. After decades of medic experience in war theaters throughout the world, the U.S. Army Rangers have distilled the critical components of lifesaving first aid into this official guide. Learn how to handle lacerations, contusions, burns, traumatic head injuries, amputations, and more. Skyhorse. Paperbound. Pub. at \$16.99 **\$6.95**



9080996 SMARTER NOT HARDER: The Biohacker's Guide to Getting the Body and Mind You Want. By Dave Asprey. Learn a system of targeted biohacks aimed at upgrading your metabolic, neurological, and epigenetic systems. Packed with practical, accessible information on better eating; smart workouts that give you more strength and energy in less time; and strategic therapies to reduce stress and boost resilience. 308 pages. Harper. Pub. at \$32.00 **\$5.95**



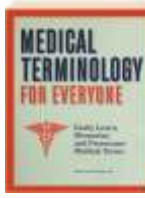
907385X ANTI-INFLAMMATORY DIET SOLUTION: Heal Your Immune System, Boost Your Brain, Strengthen Your Heart. By Stig Bengmark. Bengmark shares the results of his research along with all his best advice, easy to follow strategy guides, and practical recipes to help you make the right choices for you, your body, and your lifestyle. Color photos. 271 pages. Skyhorse. Pub. at \$29.99 **\$6.95**



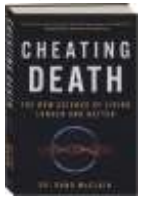
775728X WHAT'S WRONG WITH YOU? An Insider's Guide to Your Insides. By Sarah Holper. Takes you on a tour through the human body, exploring the remarkable mechanisms behind your medical symptoms: from headache to itch via ringing ears and fluorescent urine. Packed with memorable patient encounters, bizarre medical history, cultural tangents and insider doctor secrets, this arms you with the knowledge you need to understand your body. 294 pages. Hardie Grant. Paperbound. Pub. at \$19.99 **\$7.95**



9037942 WA: The Art of Balance—Live Healthier, Happier and Longer the Japanese Way. By Kaki Okumura. Create a long, meaningful, and joyful life the Japanese way. This beautifully illustrated guide provides four simple and easy-to-adopt practices based on the Japanese lifestyle: Nourish, Move, Rest and Socialize. Revolutionize how you care for yourself and experience greater peace, fulfillment and contentment. 246 pages. Watkins. Pub. at \$19.95 **\$5.95**



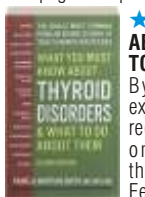
★**8894132 MEDICAL TERMINOLOGY FOR EVERYONE: Easily Learn, Memorize, and Pronounce Medical Terms.** By John Louis Temple. When it comes to communicating with your doctor, mastering healthcare terminology you might hear from them is essential. Knowing what these words mean can help you ask the right questions and better understand your body, medical conditions, and any health guidance you receive. 156 pages. Rockridge. Paperbound. Pub. at \$14.99 **\$11.95**



1137344 CHEATING DEATH: The New Science of Living Longer and Better. By Rand McClain. Shares the best drugs and supplements, treatment methods, and devices, including little-known treatments that can reverse the effects of new and old injuries, emergent diagnostic and screening technologies that deter early-onset disease sooner, and more. Illus. 230 pages. BenBella. Pub. at \$24.95 **\$6.95**



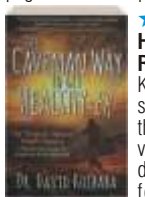
8889619 POWERHOUSE: Protect Your Energy, Optimize Your Health and Supercharge Your Performance. By Greg Wells. Wells shows you simple yet revolutionary ways of healing and boosting your mitochondria to repair and improve your whole body. These methods include quick and easy breathing exercises, as well as advice about supplements and ways to avoid damaging your mitochondria. As a result, you will feel less tired, experience better moods, and increase your hormonal health. 319 pages. Harper. Paperbound. Pub. at \$20.99 **\$5.95**



★**5549574 WHAT YOU MUST KNOW ABOUT THYROID DISORDERS & WHAT TO DO ABOUT THEM, SECOND EDITION.** By Pamela Wartian Smith. Begins by explaining how important the thyroid is in regulating the body's metabolism. Then goes on to discuss the most common thyroid-related disorders and symptoms. Features an overview of the disorder that can help readers determine if they may be suffering from the problem, and more. 340 pages. Square One Publishers. Paperbound. Pub. at \$18.95 **\$13.95**



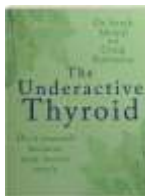
★**7779186 TOXIC SUPERFOODS: How Oxalate Overload Is Making You Sick—and How to Get Better.** By Sally K. Norton. If you're eating a healthy diet and you're still dealing with fatigue, inflammation, anxiety, recurrent injuries, or chronic pain, the problem could be your spinach, almonds, sweet potatoes, and other trusted plant foods. This guide shines light on how our modern diets are overloaded with oxalates and offers fresh solutions. Illus. 368 pages. Rodale. Paperbound. Pub. at \$17.99 **\$12.95**



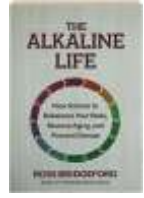
★**9124071 THE CAVEMAN WAY TO GET HEALTHY-ER: A Neanderthal Guide for Regaining Health Naturally.** By David Kolbaba. Embarks on a journey exploring 15 simple and effective natural health practices that can jump-start the healing process for various conditions, including obesity, diabetes, addiction, and cancer. Advocating for a return to more natural self-care. 265 pages. Morgan James. Paperbound. Pub. at \$19.95 **\$14.95**



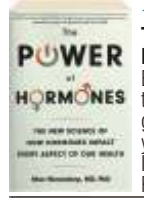
★**9107436 THE AGELESS REVOLUTION.** By Michael Aziz. Zeroes in on 10 hallmarks of aging to turn back time with a variety of weapons that target the malfunctions in our cells, mitochondria and DNA. Discover the secrets to prevention by losing weight, reversing disease, slowing the aging process and extending your lifespan. Look younger, live longer, and feel your best! 390 pages. Health Communications. Paperbound. Pub. at \$17.95 **\$12.95**



★**7790554 THE UNDERACTIVE THYROID: Do It Yourself Because Your Doctor Won't.** By S. Myhill & C. Robinson. Shows us what the signs and symptoms are, all stemming from the metabolism running slow, and what the problems with diagnostic blood tests are that mean they cannot be relied on in isolation. Advocating lifestyle measures, iodine, and natural thyroid glandulars where found to be necessary, the authors also show the consequences of untreated hypothyroidism, and more. 234 pages. Hammersmith. Paperbound. Pub. at \$27.99 **\$22.95**



★**1027395 THE ALKALINE LIFE: New Science to Rebalance Your Body, Reverse Aging, and Prevent Disease.** By Ross Bridgeford. Provides the foundational principles and realistic blueprint for living a long-term alkaline lifestyle and targeting specific health issues such as: chronic fatigue; thyroid healing; immunity building; cardiovascular disease; type 2 diabetes; autoimmune conditions; and more. 328 pages. Hay House. Paperbound. Pub. at \$18.99 **\$13.95**



★**8989362 THE POWER OF HORMONES: The New Science of How Hormones Impact Every Aspect of Our Health.** By Max Nieuwdorp. Breaks down how hormones affect every system in the body, giving you the knowledge you need to get to the root of chronic health problems and set yourself up for long-lasting, sustainable wellness. Illus. 358 pages. S&S. Paperbound. Pub. at \$19.99 **\$14.95**



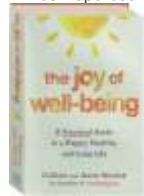
7848382 THE SCIENCE OF NUTRITION. By Rhiannon Lambert. Providing clear answers backed up by the very latest research, this work has the answers to all your nutritional questions, covering every conceivable topic, from gut bacteria to weight management to heart health and immune support to plant-based eating and intermittent fasting and everything inbetween. Fully illus., in color. 224 pages. Dorling Kindersley. 8 1/2 x 10 1/4. Pub. at \$30.00 **\$12.95**



★**9089845 THE LONGEVITY FORMULA: Ayurvedic Principles to Reduce Inflammation, Increase Cellular Repair & Live with Vitality.** By Avanti Kumar-Singh. These accessible yet potent practices help support your memory and mood; reduce chronic pain; strengthen muscle and bone; remove toxins that contribute to chronic disease; align with your body's internal clock; and nourish your body, mind and soul. Illus. 211 pages. Sounds True. Paperbound. Pub. at \$19.99 **\$14.95**



★**8875235 HEALING THROUGH THE VAGUS NERVE.** By Amanda Armstrong. Walks you through how the nervous system and the vagus nerve function, with approachable language and helpful illustrations. You'll find information on vagal tone and the impact it has on your mental health and everyday life. Then, a variety of practices provide an adaptable approach to improving nervous system function. 160 pages. Fair Winds. Paperbound. Pub. at \$22.99 **\$17.95**



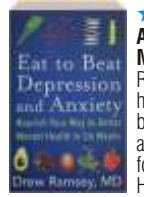
9109870 THE JOY OF WELL-BEING: A Practical Guide to a Happy, Healthy, and Long Life. By Colleen & Jason Wachob. In this empowering and accessible collection of health and wellness advice, the authors challenge our definition of self-improvement by revealing what a healthy lifestyle looks like at the fundamental level and how its not what we think. 265 pages. Balance. Pub. at \$29.00 **\$6.95**



9122958 PSYCHEDELIC REVIVAL: Toward a New Paradigm of Healing. By Sean Lawlor. Understand the possibilities and limits of psychedelics. Includes the Western history of psychedelic medicine and recreational use; in-depth chapters on psilocybin, LSD, MDMA, ketamine and others; Insights on microdosing to psychedelic-assisted psychotherapy; Shadow dimensions of psychedelics such as bad trips and more. 421 pages. Sounds True. Paperbound. Pub. at \$21.99 **\$5.95**



★**192978X THE LIVER CURE.** By Russell Blaylock with C. Libov. This work provides a comprehensive plan for protecting your body's ability to filter out harmful toxins and improve symptoms of many harmful conditions, from cancer, fatty liver, and cirrhosis to autoimmune diseases, inflammation, and diabetes. 356 pages. Humanix. Pub. at \$27.99 **\$21.95**



★**9110089 EAT TO BEAT DEPRESSION AND ANXIETY: Nourish Your Way to Better Mental Health in Six Weeks.** By Drew Ramsey. A revolutionary prescription for healing depression and anxiety and optimizing brain health through the foods we eat, including a six-week plan to help you get started eating for better mental well-being. Illus. 270 pages. Harper. Paperbound. Pub. at \$21.99 **\$16.95**



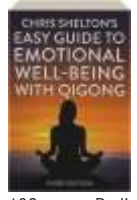
Health & Medical References



★9097465 GAME PLAN: A Proven Approach to Work, Live, and Play at the Highest Level Possible—For as Long as Possible. By Mike Mancias with M. Murphy. Over the course of three parts—the first focused on nutrition, the second on physical training, and the third on recovery—Mancias guides readers on their own journey to excellence. A comprehensive road map to peak performance. 279 pages. Morrow. Pub. at \$29.99 **\$6.95**



★9032150 MAYO CLINIC GUIDE TO HOLISTIC HEALTH. By Brent A. Bauer. Shows you how to cultivate all aspects of your health, mind, body and spirit, regardless of your current health status. It's time to shift the paradigm from reactive to proactive healthcare. Let this guide be your trusted companion in achieving optimal well being. 256 pages. Mayo Clinic. Pub. at \$29.99 **\$21.95**

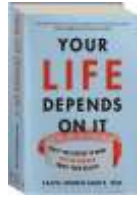


★9107460 CHRIS SHELTON'S EASY GUIDE TO EMOTIONAL WELL-BEING WITH QIGONG, THIRD EDITION. Understand and incorporate the theories and practices of specific exercises focused on balancing your body's energy. This guide will certainly give you Qi a boost, and you will finish feeling revitalized and refreshed, rather than worked-out and exhausted. Illus. 182 pages. Radius. Paperbound. Pub. at \$19.00 **\$13.95**



★9096566 THE 12-WEEK DBT PLAN: Skills and Exercises to Improve Your Feelings, Habits, and Relationships. By Valerie Dunn McBee. Understand the four key principles of DBT: mindfulness, distress tolerance, emotion regulation, and interpersonal effectiveness. An easy-to-follow program of writing prompts, questions and routines make it easy to put DBT into practice every day to balance your emotions and achieve your goals. 176 pages. Callisto. Paperbound. Pub. at \$19.99 **\$14.95**

★9091750 THE BOOK OF ANIMAL SECRETS: Nature's Lessons for a Long and Happy Life. By David B. Agus. An ingenious guide to what our fellow animals can teach us about living longer, healthier, happier lives. Filled with lively storytelling and astonishing practical takeaways, this guide will have you rethinking what's possible for your health and wellbeing—now and for years to come. Illus. 388 pages. S&S. Paperbound. Pub. at \$19.99 **\$14.95**



★908021X YOUR LIFE DEPENDS ON IT: What You Can Do To Make Better Choices About Your Health. By Talya Miron-Shatz. Explores the preventable ways we make bad choices about everything from nutrition to medication, from pregnancy to end of life care. Miron-Shatz reveals how the medical system can set us up for success or failure and maps a model for better doctor-patient relationships. 256 pages. Basic. Pub. at \$28.00 **\$6.95**

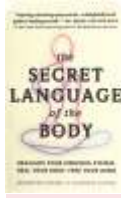


★7943040 FOREVER STRONG: A New, Science-Based Strategy for Aging Well. By Gabrielle Lyon. Offers an easy to follow food, fitness, and self care program anchored in evidence and pioneering research that teaches you how to optimize muscle, no matter your age or health history. Discover how to overcome everything from obesity to autoimmune disorders and prevent diseases by following Dr. Lyon's powerful new approach to becoming strong. 389 pages. Atria. Pub. at \$29.99 **\$21.95**



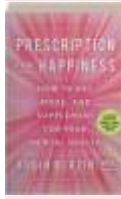
★8991332 THE VIRUS AND THE HOST. By Chris Chlebowsky. Emerging science about how toxic exposure, chronic inflammation, infections, and chronic diseases interact and predispose us to poor outcomes from acute viral infections such as COVID-19. Outlines the tools we need for better health: how to eat like your life depends on it; how to detoxify simply and safely at home; and more. 274 pages. Chelsea Green. Paperbound. Pub. at \$24.95 **PRICE CUT to \$3.95**

★8990751 BE HEALTHIER NOW: 100 Simple Ways to Become Instantly Healthier. By Jacob Sager Weinstein. A collection of 100 things you can do this very moment to lead a healthier life. Includes tips on healthy eating and exercise, but it doesn't stop there. Remember the why of being healthy; treat happiness as a medical necessity; and work less to live longer. Well illus. in color. 136 pages. Odd Dot. Paperbound. Pub. at \$17.99 **PRICE CUT to \$3.95**



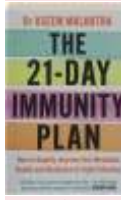
your health and Pub. at \$19.99

★109324X THE SECRET LANGUAGE OF THE BODY: Regulate Your Nervous System, Heal Your Body, Free Your Mind. By J. Mann & K. Rabin. Outlines the three essential steps for resolving nervous system dysregulation. Become aware of your dysregulated responses in your mind and body; interrupt these unhelpful responses; and redesign and rewire them to transform life. Illus. 340 pages. Harper. Paperbound. **PRICE CUT to \$11.95**



emotional healing practices that can change the state of how we feel every day. 294 pages. S&S. Paperbound. Pub. at \$17.99

6997287 PRESCRIPTION FOR HAPPINESS: How to Eat, Move, and Supplement for Peak Mental Health. By Robin Berzin. Explores the new science of optimizing the body in ways that will establish a new baseline for energy, calm, and optimism. And offers a prescription sorely missing from our health care system for the foods, tests, workouts, and



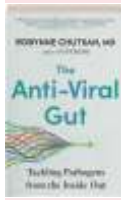
Pub. at \$17.99

★8996830 THE 21-DAY IMMUNITY PLAN: How to Rapidly Improve Your Metabolic Health and Resilience to Fight Infection. By Aseem Malhotra. With the evidence-based science behind the plan, Dr. Malhotra shares how simple changes to our diet, along with daily exercise and stress relief, can have remarkable results in improving our metabolic health. 100 pages. Yellow Kite. Paperbound. **PRICE CUT to \$3.95**



medications and treatments, financial and legal decisions, and work-life balance. 176 pages. Rockridge. Paperbound. Pub. at \$15.99

★8894094 THE CAREGIVER'S GUIDE TO STROKE RECOVERY: Practical Advice for Caring for You and Your Loved One. By Lucille Jorgensen. A stroke changes the life of more than just the survivor. This guide will help you through these challenging times with knowledge, compassionate guidance, and reaffirming anecdotes. Includes support topics such as



Paperbound. Pub. at \$20.00

★9008322 THE ANTI-VIRAL GUT: Tackling Pathogens from the Inside Out. By Robynne Chutkan. A plan for strengthening the incredible antiviral defenses located in your gut and resolving symptoms. Gives practical advice for balancing both your internal and external environment by optimizing diet, exercise, sleep, and time outdoors to boost your host defenses and overall health. 258 pages. Avery. **PRICE CUT to \$11.95**



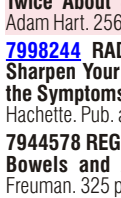
that of the environment; and more. 259 pages. Chelsea Green. Paperbound. Pub. at \$24.95 **PRICE CUT to \$14.95**

★8998957 GETTING HEALTHY IN TOXIC TIMES: An Ecological Doctor's Prescription for Healing Your Body and the Planet. By Jenny Goodman. With the right information, we can safeguard ourselves by minimizing our interactions with pollutants; ensuring our bodies have the right anti-toxin nutrients; taking collective action to fight for our health and



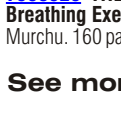
Health Communications. Paperbound. Pub. at \$14.95

★5879736 THE GREAT AMERICAN HEALTH HOAX: The Surprising Truth About How Modern Medicine Keeps You Sick. By Raymond Francis. 306 pages. Health Communications. Paperbound. Pub. at \$14.95 **\$5.95**



Ulysses. Pub. at \$19.95

★5879760 THE POWER OF POOPING: A Cheeky Diet and Lifestyle Guide to End Constipation and Transform Your Health. By Susan Wong with J. Rietcheck. Illus. 239 pages. Ulysses. Pub. at \$19.95 **\$5.95**



Adam Hart. 256 pages. Kyle Cathie. **PRICE CUT to \$2.95**

★7998244 RADICAL LONGEVITY: The Powerful Plan to Sharpen Your Brain, Strengthen Your Body, and Reverse the Symptoms of Aging. By Ann Louise Gittleman. 324 pages. Hachette. Pub. at \$28.00 **\$7.95**

Freeman. 325 pages. Hachette. Pub. at \$14.95

★7998929 THE BLISSFUL BREATH: 10 Minutes of Daily Breathing Exercises That Will Change Your Life. By Niall O Murchu. 160 pages. Hardie Grant. Pub. at \$22.99 **\$9.95**

795882X MAXIMIZE YOUR METABOLISM: Lifelong Solutions to Lose Weight, Restore Energy, and Prevent Disease. By Noel & Sunita Singh MacLaren. 326 pages. Grand Central. Pub. at \$28.00 **SOLD OUT**

★9025006 BLIND SPOTS: When Medicine Gets it Wrong and What It Means for Our Health. By Marty Makary. 265 pages. Bloomsbury. Pub. at \$28.99 **\$21.95**

★4997220 SUGARPROOF: The Hidden Dangers of Sugar That Are Putting Your Child's Health at Risk and What You Can Do. By M.I. Goran & E.E. Ventura. 354 pages. Avery. Pub. at \$26.00 **\$5.95**

★9024085 THE 25-DAY AYURVEDA CLEANSE: A Holistic Wellness Plan Using Ayurvedic Practices to Reset Your Health Naturally. By Kerry Harling. Fully illus. in color. 223 pages. Page Street. Paperbound. Pub. at \$22.99 **PRICE CUT to \$3.95**

★7994303 THE HEALTH FIX: Transform Your Health in 8 Weeks. By Ayan Panja. 255 pages. Kyle Books. Pub. at \$19.99 **PRICE CUT to \$3.95**

★8116733 THE END OF CRAVING: Recovering the Lost Wisdom of Eating Well. By Mark Schatzker. 257 pages. Avid Reader. Pub. at \$27.00 **SOLD OUT**

★7991282 BEYOND LONGEVITY: A Proven Plan for Healing Faster, Feeling Better, and Thriving at Any Age. By Jason Prall. 223 pages. Hay House. Paperbound. Pub. at \$18.99 **PRICE CUT to \$9.95**

★784218X THE BREATHABLE BODY: Transforming Your World and Your Life, One Breath at a Time. By Robert Litman. 272 pages. Hay House. Paperbound. Pub. at \$17.99 **PRICE CUT to \$5.95**

★9023496 DISCOVER YOUR OPTIMAL HEALTH: The Guide to Taking Control of Your Weight, Your Vitality, Your Life. By Wayne Scott Andersen. Illus. 214 pages. Hachette. Paperbound. Pub. at \$18.99 **PRICE CUT to \$3.95**

★8996733 NATURE'S WAY TO HEALING: A Long Covid Guide. By Lee Holmes. Fully illus. in color. 248 pages. Rockpool. Paperbound. Pub. at \$18.95 **PRICE CUT to \$11.95**

★7998538 LONG ILLNESS: A Practical Guide to Surviving, Healing, and Thriving. By M. Jobson & J. Morgan. 358 pages. Hachette. Pub. at \$30.00 **PRICE CUT to \$5.95**

★9017119 DIAGNOSED: An Insider's Guide for Your Healthcare Journey. By C. Ross & E. Marx. 205 pages. Mayo Clinic. Paperbound. Pub. at \$24.99 **PRICE CUT to \$14.95**

★7807198 BODY BY BREATH: The Science and Practice of Physical and Emotional Resilience. By Jill Miller. Well illus. in color. 480 pages. Victory Belt. 8 1/2 x 11 in. **SOLD OUT**

★8048215 HEALING ADAPTOGENS. By T. Isokauppila & D.R. Broida. Illus. 230 pages. Hay House. Paperbound. Pub. at \$17.99 **PRICE CUT to \$7.95**

★8200149 STAYING HEALTHY WHEN YOU TRAVEL: Avoiding Bugs, Bites, Bellyaches, and More. By Jane Wilson-Howarth. Illus. in color. 320 pages. CompanionHouse. Paperbound. Pub. at \$22.99 **PRICE CUT to \$11.95**

★7939493 THE GIFT OF THE NIGHT: A Six-Step Program for Better Sleep. By Philip Carr-Gomm. 192 pages. Inner Traditions. Paperbound. Pub. at \$18.99 **PRICE CUT to \$5.95**

★8890137 MED SPA MAYHEM: The Good, the Bad, and the Ugly Secrets of the Aesthetic Industry. By Kate Dee. 177 pages. Advantage Media Group. Paperbound. Pub. at \$19.99 **PRICE CUT to \$9.95**

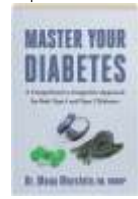
★7882017 LET IT GO: Breathe Yourself Calm. By Rebecca Dennis. 300 pages. Ebury. Paperbound. Pub. at \$22.99 **PRICE CUT to \$11.95**

Diseases & Disorders



Paperbound. Pub. at \$18.99

★9029389 THE EVERYTHING GUIDE TO LYME DISEASE. By Rafal Tokarz. If you're suffering from Lyme disease, you need clear, easy to understand information. Written by a leading expert in infectious diseases, this is a comprehensive resource for living with Lyme disease. Learn about all aspects of the disease, how to prevent it, and how to find the best medical care. 256 pages. Adams Media. **\$4.95**



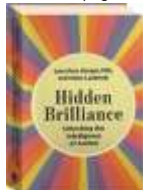
Chelse Green. Paperbound. Pub. at \$29.95

★8991278 MASTER YOUR DIABETES: A Comprehensive, Integrative Approach for Both Type 1 and Type 2 Diabetes. By Mona Morstein. Shows how people with Type 1 and Type 2 diabetes can gain and maintain control of their blood sugar levels, preventing and even reversing existing diabetic complications. Empowers readers to take control of their condition and continue living full, active, and healthy long lives. 543 pages. **\$6.95**

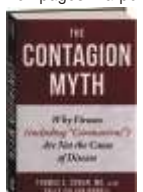
Diseases & Disorders



★9117237 UNDERSTAND ALZHEIMER'S: A First-Time Caregiver's Plan to Understand & Prepare for Alzheimer's & Dementia. You'll find a wealth of practical and useful information to help you and your loved one deal with a diagnosis of Alzheimer's disease. Included are an in-depth explanation of the seven stages of Alzheimer's disease and what the diagnosis means; checklists for how to prepare for your loved one's surroundings for safety, ease of activities; and more. 131 pages. Calistoga. Paperbound. Pub. at \$11.99 **\$7.95**



9057013 HIDDEN BRILLIANCE: Unlocking the Intelligence of Autism. By L.K. Koegel & C. LaZebnik. A groundbreaking exploration of the ways in which the intelligence and abilities of children and young adults with autism are often overlooked and misjudged, with tried and true interventions that can be used to help them reach their full potential. 267 pages. Harper. Pub. at \$32.00 **\$5.95**



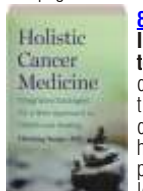
9054790 THE CONTAGION MYTH: Why Viruses (Including "Coronavirus") Are Not the Cause of Disease. By T.S. Cowan & S.F. Morell. Are electro-smog, toxic living conditions, and 5G actually to blame for COVID-19? Cowan and Fallon Morell argue the causes of disease are poisons (including EMF poisons) and nutrient deficiencies; and until we focus our attention on the true causes of illness, we will not make any progress in restoring health. 193 pages. Skyhorse. Pub. at \$24.99 **\$7.95**



★4963989 LIVING WITH TINNITUS AND HYPERACUSIS. By Laurence McKenna et al. This guide looks at strategies for living with these conditions and includes a complete program for recovery. It features the latest research from the fields of psychology, neuroscience and medicine to offer a full overview of causes, impact, and most effective treatments available. 212 pages. Sheldon. Paperbound. Pub. at \$14.99 **\$11.95**



7862067 CHRONIC: The Hidden Cause of the Autoimmune Epidemic and How to Get Healthy Again. By Steven Phillips et al. Reveals striking evidence that a broad range of microbes, including the Lyme bacterium, cause a variety of recurrent conditions and autoimmune diseases. Explores the science behind common infections that are difficult to diagnose and treat, debunk widely held beliefs by doctors and patients alike, and provide solutions that empower sufferers to reclaim their lives. 286 pages. HMH. Paperbound. Pub. at \$16.99 **\$5.95**



899126X HOLISTIC CANCER MEDICINE: Integrative Strategies for a New Approach to Health and Healing. By Henning Saupe. A comprehensive guide to natural management, treatment, and prevention of cancer—employing less invasive, and more holistic methods. This guide is for patients, patients' families, and medical professionals looking to take control of cancer treatment through vitality and healing alternatives. 274 pages. Chelsea Green. Paperbound. Pub. at \$26.95 **\$6.95**



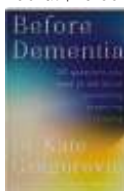
1999192 TAKE CONTROL OF YOUR DIABETES: Prevention, Diagnosis, and Treatment. By Rosemary Walker. Provides clear and simple diet, fitness, lifestyle, and medical advice—the support you need to live life to the fullest with type 1 or type 2 diabetes. Well illus. in color. 208 pages. Dorling Kindersley. Paperbound. Pub. at \$19.99 **\$9.95**

9104925 THE AUTOIMMUNE CURE. By Sara Szal Gottfried. Offers a road map to lasting relief from autoimmune disease by addressing the underlying cause of the condition and healing the body, mind, and spirit. 284 pages. Harvest. Pub. at \$29.99 **SOLD OUT**

★6994652 THE BACK STORY ON SPINE CARE. By Drew Bednar. Foundational knowledge of surgical spine care isn't spreading to the medical community, let alone to patients, whose quality of life hangs in the balance. The author, an orthopedic specialist, presents case studies that illuminate the common issues plaguing patients, and their treatment. 300 pages. ECW Press. Paperbound. Pub. at \$21.95 **PRICE CUT to \$14.95**



★6078486 POSTDIABETIC: An Easy-to-Follow 9-Week Guide to Reversing Prediabetes and Type 2 Diabetes. By E. Edmeades & R. Ruiz. Over the course of nine weeks, you'll learn how to make subtle changes to your lifestyle and deep changes to your psychology. You'll look at what you eat, when you eat it, and why you eat it. You'll find out how to shift your metabolism from primarily sugar-burning to primarily fat-burning, learn more about seasonal eating, and reap the benefits of cyclical eating patterns. 199 pages. Hay House. Pub. at \$25.99 **\$18.95**



★899661X BEFORE DEMENTIA: 20 Questions You Need to Ask About Preventing, Preparing, Coping. By Kate Gregorevic. Explains the physical state of dementia, how to relate the diagnosis to real life, what questions to ask your doctor, what might be done to prevent the condition, and how we can make our homes and society better for people with dementia. 313 pages. Health Communications. Paperbound. Pub. at \$16.95 **\$12.95**



★9116508 WHAT MY DOCTORS DIDN'T TELL ME ABOUT CANCER: What You Can Do to Support and Enhance Your Cancer Treatment. By Brian C. Holley. This is the story of one man who continues to live a happy and active lifestyle while living with cancer. Describing the many aspects of his regimen, what author Brian Holley calls MEDS: Mindfulness, Exercise, Diet Support. Includes helpful practices and references full of information and support. 167 pages. O-Books. Paperbound. Pub. at \$16.95 **\$12.95**



★1027182 GUT CHECK: Unleash the Power of Your Microbiome to Reverse Disease and Transform Your Mental, Physical, and Emotional Health. By Steven R. Gundry with J. Lipper. Offers a definitive guide to the gut biome and its control over its home, us! Reveals the unimaginably complex and intelligent ecosystem determining our health and teaches us how to heal our cuts to prevent and reverse every type of disease. 320 pages. Harper Wave. Pub. at \$32.00 **\$23.95**



7940467 TAKE CONTROL OF YOUR DIABETES RISK. By John Whyte. Shares straightforward information and equips you with strategies to help you on a journey to better health, including knowing the causes of the different types of diabetes, and learning the role food, exercise, sleep play, and understanding the relationship between diabetes, heart disease, and cancer. 276 pages. Harper. Pub. at \$27.99 **\$8.95**



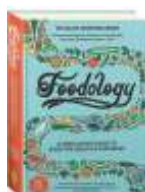
9066330 THE TIGER PROTOCOL: An Integrative 5-Step Program to Treat and Heal Your Autoimmunity. By Akil Palanisamy. This holistic approach will guide you as you build up your health, reduce the occurrence of flare-ups, attain remission with a minimum of medications, and feel better so that you can live life to the fullest. Gives you the tools you need to start on the path toward healing and freedom. 384 pages. Balance. Pub. at \$29.00 **\$5.95**



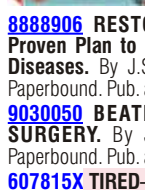
★6075541 THE CANCER CODE: Understanding Cancer as an Evolutionary Disease. By Jason Fung. Sheds light on the strange and fascinating story of cancer. Also explains the disease process itself—from the cancerous transformation of a normal cell to its progression and metastasis—and how factors like nutrition, obesity, and type 2 diabetes can influence risk. Illus. 360 pages. Harper. Paperbound. Pub. at \$21.99 **SOLD OUT**



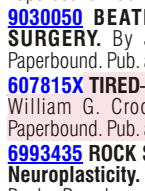
★9008985 THE TMJ HANDBOOK: A Therapeutic Guide to Relieving Jaw Tension and Pain with Yoga and Mindfulness. By Cator Shachoy. Unpacks the physical, emotional, and energetic reasons why this pain can occur and become so debilitating—including injury, stress and tension, emotional trauma, grief and rage, and hormonal imbalances, among other causes. Well illus. 266 pages. Shambhala. Paperbound. Pub. at \$24.95 **\$17.95**



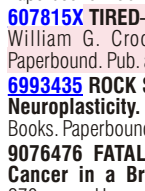
899711X FOODOLOGY: A Food Lover's Guide to Digestive Health & Happiness. By Saliha Mahmood Ahmed. A culinary journey that incorporates science, medical research and recipes to show us how the food we eat influences the way we feel. Illus. 334 pages. Yellow Kite. Pub. at \$26.99 **PRICE CUT to \$4.95**



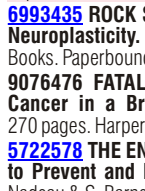
8888906 RESTORING YOUR DIGESTIVE HEALTH: A Proven Plan to Conquer Crohn's, Colitis, and Digestive Diseases. By J.S. Rubin & J. Brasco. 364 pages. Citadel. Paperbound. Pub. at \$17.95 **\$4.95**



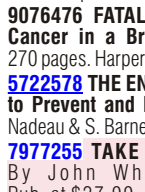
9030050 BEATING PROSTATE CANCER WITHOUT SURGERY. By James D. Priest. 172 pages. Fairview. Paperbound. Pub. at \$14.95 **\$5.95**



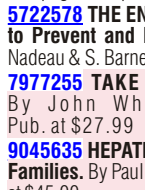
607815X TIRED—SO TIRED! And the Yeast Connection. By William G. Crook. 386 pages. Square One Publishers. Paperbound. Pub. at \$16.95 **PRICE CUT to \$3.95**



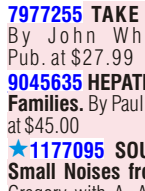
6993435 ROCK STEADY: Healing Vertigo or Tinnitus with Neuroplasticity. By Joey Remenyi. 290 pages. Page Two Books. Paperbound. Pub. at \$18.00 **\$5.95**



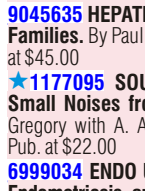
9076476 FATAL TO FEARLESS: 12 Steps to Beating Cancer in a Broken Medical System. By Kathy Giusti. 270 pages. Harper Wave. Pub. at \$32.00 **SOLD OUT**



5722578 THE END OF FOOD ALLERGY: The First Program to Prevent and Reverse a 21st-Century Epidemic. By K. Nadeau & S. Barnett. 342 pages. Avery. Pub. at \$28.00 **\$6.95**



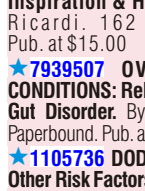
7977255 TAKE CONTROL OF YOUR CANCER RISK. By John Whyte. Illus. 252 pages. Harper. Pub. at \$27.99 **PRICE CUT to \$3.95**



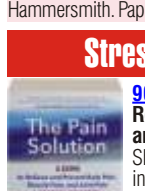
9045635 HEPATITIS C: A Complete Guide for Patients and Families. By Paul J. Thuluvath. 288 pages. Johns Hopkins. Pub. at \$45.00 **PRICE CUT to \$3.95**



★1177095 SOUNDS LIKE MISOPHONIA: How to Stop Small Noises from Causing Extreme Reactions. By Jane Gregory with A. Ahmad. 336 pages. Green Tree. Paperbound. Pub. at \$22.00 **PRICE CUT to \$14.95**



6999034 ENDO UNFILTERED: How to Take Charge of Your Endometriosis and PCOS. By Erin Barnett. Illus. 221 pages. Murdoch Books. Paperbound. Pub. at \$27.99 **PRICE CUT to \$3.95**



★6998127 THE FUTURE OF ALZHEIMER'S: Finding Inspiration & Hope Through Expert Insight. By Sharon Ricardi. 162 pages. Hatherleigh. Paperbound. Pub. at \$15.00 **PRICE CUT to \$7.95**



★7939507 OVERCOMING CHRONIC DIGESTIVE CONDITIONS: Release the Visceral Layers of Post-Traumatic Gut Disorder. By Nikki Kenward. 202 pages. Inner Traditions. Paperbound. Pub. at \$19.99 **PRICE CUT to \$12.95**



★1105736 DODGING DEMENTIA: Understanding MCI and Other Risk Factors. By Mary Jordan with J. Thompson. 231 pages. Hammersmith. Paperbound. Pub. at \$29.99 **PRICE CUT to \$14.95**

Stress & Pain Management



9058893 THE PAIN SOLUTION: 5 Steps to Relieve and Prevent Back Pain, Muscle Pain, and Joint Pain Without Medication. By Saloni Sharma. This work offers a personalized and innovative five-step pain relief program built on what Sharma calls "microboosts," little steps that add up to big results. This plan will enable you to: understand the unique factors contributing to your pain, develop a path to resuming your most cherished activities, and more. Illus. 239 pages. New World Library. Paperbound. Pub. at \$17.95 **\$4.95**



7807961 LIVE PAIN-FREE: Eliminate Chronic Pain Without Drugs or Surgery. By Lee Albert. Shows you how to quickly identify pain causing misalignments in your body and use simple techniques to get your body back into balance, out of pain and back to health. Most pain is the result of imbalances in a musculoskeletal system that is out of alignment. Albert's approach delivers simple, therapeutic techniques that anyone can do. 157 pages. Dudley Court. 8x10. Paperbound. Pub. at \$29.95 **\$6.95**



7982623 BREAKING THE STRESS CYCLE: 7 Steps to Greater Resilience, Happiness, and Peace of Mind. By Andrew Bernstein. Offers a complete reeducation in the nature of stress, and can permanently change the way you handle challenges in all areas of your life. Guided worksheets and coaching show you how to reframe your thinking on relationships, money, work-life balance, weight loss, discrimination, regret, grief, and more. 285 pages. Atria. Paperbound. Pub. at \$17.00 **\$3.95**



Stress & Pain Management



★673698X 1,500 STRETCHES: The Complete Guide to Flexibility and Movement. By Hollis Liebman. The essential go-to guide for everyone, from weekday commuters to weekend warriors. Organized by body part, it is the most extensive and up-to-date volume of stretches available anywhere. It targets every muscle in the body from the tiniest in the neck to the largest in the back and legs. Fully illus. in color. 739 pages. Black Dog & Leventhal. 8 1/2 x 10. Pub. at \$40.00 **\$26.95**



★9060685 SOOTHE: Restoring Your Nervous System from Stress, Anxiety, Burnout, and Trauma. By Nahid de Belgeonne. Stress is inevitable, but if left unprocessed it can accumulate in the body and dysregulate your nervous system. This guide reveals how to physically release the pent-up stressors that are holding you back by tapping into your senses, breath and movement. 276 pages. Penguin. Paperbound. Pub. at \$19.00 **\$14.95**

9045546 CONFRONTING CHRONIC PAIN: A Pain Doctor's Guide to Relief. By Steven Reichner with K. Steligo. 231 pages. Johns Hopkins. Paperbound. Pub. at \$30.00 **\$5.95**

9106324 UNSTRESSABLE: A Practical Guide to Stress-Free Living. By M. Gaudat & A. Law. 358 pages. St. Martin's. Pub. at \$30.00 **SOLD OUT**

★798247X RESTORE YOUR LIFE FROM CHRONIC PAIN: Find Lasting Relief from Arthritis, Headache, and Back Pain. By Mark B. Weisberg. 280 pages. Mango. Paperbound. Pub. at \$19.99 **\$14.95**

★1207598 PAIN & PERFORMANCE: The Revolutionary New Way to Use Training as Treatment for Pain and Injury. By R. Whited & M. Fitzgerald. 204 pages. 80/20. Paperbound. Pub. at \$21.99 **PRICE CUT to \$11.95**

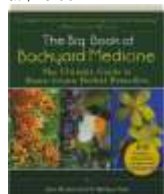
★7760027 REST IS RESISTANCE: A Manifesto. By Tricia Hersey. 212 pages. Little, Brown. Pub. at \$27.00 **SOLD OUT**

★7912404 CHRONIC PAIN RESET: 30 Days of Activities, Practices, and Skills to Help You Thrive. By Afton L. Hassett. 269 pages. Countryman. Pub. at \$28.00 **PRICE CUT to \$9.95**

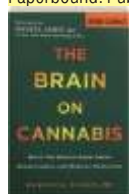
Complementary & Alternative Medicine



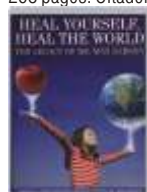
7801440 THE COMPLETE REFLEXOLOGY TUTOR: Everything You Need to Achieve Professional Expertise. By Ann Gillanders. The one-stop guide to self-healing and treating others with reflexology. Provides in-depth knowledge of the theory and practice of reflexology. Explains the origins and how it works. Clearly describes the anatomy and physiology of each of the body's systems with step by step instructions on how to work the associated reflex points and more. Fully illus. in color. 256 pages. Gaia. Paperbound. Pub. at \$26.99 **\$7.95**



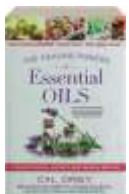
7716648 THE BIG BOOK OF BACKYARD MEDICINE: The Ultimate Guide to Home-Grown Herbal Remedies. By J. Bruton-Seal & M. Seal. The most thorough compilation of home cures yet, it brings alternative medicine back to the forefront. Anyone who wants to improve their health in a completely natural way will find this resource to be an absolute must have. Well illus. in color. 446 pages. Skyhorse. Paperbound. Pub. at \$19.99 **\$9.95**



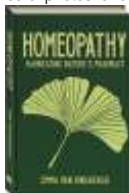
8887772 THE BRAIN ON CANNABIS: What You Should Know About Recreational and Medical Marijuana. By Rebecca Siegel. Delivers the most complete guide yet about the benefits and risks of using marijuana today. Based on the latest scientific research, this easy to read work busts all the myths and helps you navigate the sometimes confusing and often-changing world of marijuana. 268 pages. Citadel. Paperbound. Pub. at \$16.95 **\$4.95**



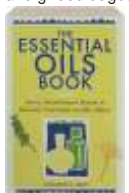
DVD 7799799 HEAL YOURSELF, HEAL THE WORLD. Fullscreen. Join Howard Straus (author, scientist, son of Charlotte Cerson and grandson of Dr. Max Gerson) for an in-depth examination of the Gerson Therapy—known worldwide as the all-natural solution for cancer and chronic disease. Not Rated. 96 minutes. Gerson Media. **\$3.95**



8888116 THE HEALING POWERS OF ESSENTIAL OILS: A Complete Guide to Nature's Most Magical Medicine. By Cal Orey. Follow your nose to nature's pharmacy: the garden, where the essence of flowers, fruits, and trees provide some of our most powerful and pleasurable sources of health and healing. Enjoy over 50 recipes for delicious dishes, discover dozens of home remedies, and more. 16 pages of color photos. 315 pages. Citadel. Paperbound. Pub. at \$16.95 **\$4.95**



9061258 HOMEOPATHY: Harnessing Nature's Pharmacy. By Emma Van Hinsbergh. Discover how this powerful complementary healing can aid your recovery from a variety of health issues. Featuring a comprehensive introduction to the subject, this illuminating guide reveals everything you would like to know about this fascinating subject. Beautifully bound with gold stamping and gilded edges. 208 pages. Arcturus. **\$8.95**



9070087 THE ESSENTIAL OILS BOOK: Simple Aromatherapy Blends to Enhance Your Home and Well-Being. By Colleen K. Dodd. Dozens of simple recipes for blending essential oils using the extracts of herbs, flowers, roots, barks and resins, for combating stress, PMS, sunburn and other conditions, scenting homes and offices, making environmentally safe cleaning products and more. Illus. 152 pages. Storey. Paperbound. Pub. at \$14.95 **\$5.95**



9063048 MISSOURI'S EARLY HOME REMEDIES. By Betty Hams. So, be it Aloe Vera plants in the window sills of Missouri or skunk oil rubbed on unwilling chests, the home remedies of the Show-Me state did their work. Fully illus. 181 pages. Quixote. Paperbound. Pub. at \$9.95 **\$4.95**



809845X COLLAGEN: Self-Care Secrets to Eat, Drink, and Glow. By Jessica Bippin. A unique protein found in all animals, collagen can help improve skin, hair, nails, bones, and joints, as well as the digestive and immune systems. In this user-friendly guide Bippin shares her knowledge of collagen and its benefits. Includes 30 delicious dairy and refined sugar-free recipes. Color photos. 154 pages. Sterling Ethos. Pub. at \$16.95 **\$4.95**



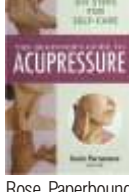
9063072 WISCONSIN'S EARLY HOME REMEDIES. Ed. by Lora DiMeglio. Wisconsin folks back years ago used skunk oil, saffron and sassafras often and considered them to be important parts of their health care. Fully illus. 172 pages. Quixote. Paperbound. Pub. at \$9.95 **\$4.95**



9076174 ENCHANTED FORAGING: Wildcrafting for Herbal Remedies, Rituals, and a Magical Life. By Ebony Gheorghe, illus. by H. Powers. Nature as a source of magic and wellness, all year round, from identifying plants to using them in herbal remedies and crafts. A friendly guide for anyone looking to cultivate a more meaningful relationship with the natural world, exploring its abundance, hidden applications, and how it makes enchanted beings of us all. Fully illus. in color. 138 pages. Running Press. Pub. at \$22.00 **\$6.95**

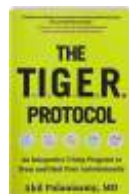


LIMITED QUANTITY ★9117199 THE PRACTICAL HERBAL MEDICINE HANDBOOK: Your Quick Reference Guide to Healing Herbs & Remedies. Offers basic techniques and effective herbal treatments for everyday ailments, wellness, and beauty. Helps you take your health into your own hands with time-tested treatments. Illus. in color. 308 pages. Althea. Paperbound. **SOLD OUT**



★8893829 THE BEGINNER'S GUIDE TO ACUPRESSURE: DIY Steps for Self-Care. By Karin Parramore. An introduction to acupressure for self-treatment, primarily dedicated to reducing symptoms of common ailments. Adapts Traditional Chinese Medicine techniques to create an easy to use program for people to use at home. Contains more than 140 step by step photographs and easy to follow directions. 160 pages. Robert Rose. Paperbound. Pub. at \$19.95 **\$15.95**

9108394 TRIPPY: The Peril and Promise of Medicinal Psychedelics. By Ernesto Londono. A riveting look at the tremendous promise and inherent risks of the use of psychedelics in mental health treatment. 303 pages. Celadon. Pub. at \$29.99 **\$6.95**



9082506 THE TIGER PROTOCOL: An Integrative 5-Step Program to Treat and Heal Your Autoimmunity. By Akil Palanisamy. This holistic approach will guide you as you reduce the occurrence of flare-ups, rebuild your health, attain remission with a minimum of medications, and feel better so that you can live life to the fullest. 384 pages. Balance. Paperbound. Pub. at \$21.99 **\$5.95**



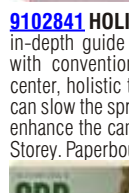
8096813 PRESS HERE! Ayurvedic Head Massage for Beginners. By Hillary Arrieta. A beginner's guide to achieving authentic beauty, rejuvenation, and stress-relief through an Ayurvedic Eastern massage technique anyone can do. Fully illus. in color. 128 pages. Fair Winds Press. Pub. at \$16.99 **\$4.95**



9007504 HEALING WITH ESSENTIAL OILS: The Antiviral, Restorative, and Life-Enhancing Properties of 58 Plants. By Heather Dawn Godfrey. Presents an accessible yet scientifically based guide to healing with essential oils and provides a must have reference for those who use essential oils at home, for health and well being practitioners, or for anyone wanting to explore the dynamic qualities of essential oils for themselves. Illus. in color. 340 pages. Healing Arts. Paperbound. Pub. at \$24.99 **\$7.95**



9023585 HOLISTIC CANCER CARE. By Chanchal Cabrera. A guide to using herb-based therapies in conjunction with conventional treatments. Holistic therapies can help boost the immune system, which can slow the spread of certain cancers and, in some cases, even enhance the cancer-killing effects of chemotherapy and more. 572 pages. Storey. Pub. at \$40.00 **\$9.95**



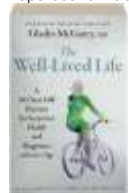
9102841 HOLISTIC CANCER CARE. By Chanchal Cabrera. An in-depth guide to using herb-based therapies in conjunction with conventional treatments. Putting the patient front and center, holistic therapies can boost the immune system, which can slow the spread of certain cancers, and in some cases, even enhance the cancer-killing effects of chemotherapy. 572 pages. Storey. Paperbound. Pub. at \$29.99 **\$7.95**



9112723 THE ULTIMATE GUIDE TO CBD: Explore the World of Cannabidiol—Recipes for Self-Care, Beverages, Cooking, and More. By Jamie Evans. Introduces the basics of using cannabidiol, including the current science in the field of CBD research and the differences between each application. You'll be able to explore CBD in a variety of ways with recipes relating to self-care, beverages, food, pet treats, and fitness. Fully illus. in color. 224 pages. Fair Winds. Paperbound. Pub. at \$26.99 **\$5.95**



★9102388 HOMEOPATHY AT HOME: Everyday Treatments for Common Complaints. By Marcus Fernandez. This guide offers a comprehensive A-Z of homeopathic remedies for a wide range of complaints—from common colds, coughs, allergies and infections, to cuts, bruises, acne and PMS. Also provides useful substitutions that can easily be found in your kitchen or garden—so you'll always have a natural remedy at hand. 251 pages. Hay House. Paperbound. Pub. at \$14.99 **\$11.95**



★6994636 THE WELL-LIVED LIFE: A 103-Year-Old Doctor's Six Secrets to Health and Happiness at Every Age. By Gladys McGarey. McGarey shares her extraordinary stories and eternal wisdom, from her early childhood in India, to her life as a physician and mother of six children, to survival of both heartbreak and illness. She has a 10 year plan and an eye to a healthier and more joyful future for us all. 240 pages. Atria. Paperbound. Pub. at \$17.99 **\$12.95**

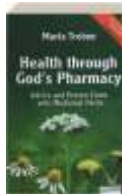


★9084975 NATURE'S APOTHECARY: Harness the Healing Power of Herbs, Mushrooms and Other Adaptogens. By Paula Grainger. Delve into the history and science of these miraculous plants and learn how to maximize wellness using the most easy to source adaptogens, incorporating them into your life via delicious mains, energy bites and desserts, invigorating teas, tonics and cocktails and wonderful beauty elixirs. Fully illus. in color. 176 pages. Gaia. Pub. at \$19.99 **\$14.95**

Complementary & Alternative Medicine



9122214 RAISE YOUR VIBES! Energy Self-Healing for Everyone. By Athena Bahri. Combines simple Reiki techniques with tools ranging from crystal and lunar rituals to sound healing and chakra balancing, to help you create a bespoke vibration-raising practice of your own. 304 pages. Watkins. Paperbound. Pub. at \$19.95 **\$5.95**



color. 183 pages. Ennsthaler. Paperbound. Pub. at \$17.95 **\$13.95**



9128239 THE BEGINNER'S GUIDE TO EGO DEATH: Expand Your Mind Through Psychedelic Exploration. By A.J. Murillo. Whether you're a seasoned psychonaut, a psychedelic newbie, or simply curious about the nature of ego death, this guide will awaken your innate potential as you learn to: Understand the human psyche; Learn the different psychedelics and their effects; Navigate the complexities of reality; Explore the depths of consciousness and more! Illus. 227 pages. Ulysses. Paperbound. Pub. at \$17.95 **\$12.95**



9060707 DELLA MEDICINA: The Tradition of Italian-American Folk Healing. By Lisa Fazio. Discover the healing techniques and folk wisdom the author learned from her Italian grandparents and from healers in Southern Italy, including plant preparation methods, medicines, rituals, recipes, kitchen magic, and protective magic. Each plant's history, mythology and both practical and magical uses are also covered. Illus. 426 pages. Healing Arts. Paperbound. Pub. at \$24.99 **\$19.95**



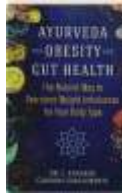
9120688 MERRY JANE'S THE CBD SOLUTION: Wellness—How Cannabis, CBD, and Other Plant Allies Can Change Your Everyday Life. By Merry Jane with L. Wilson. Walks you through CBD's history, science, medicinal benefits, and healing properties, demystifying how the nonintoxicating extract can help with pain, nausea, anxiety, stress, sleep, skin health, and more. Illus. in color. 208 pages. Chronicle. Pub. at \$19.95 **\$5.95**



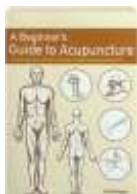
9115749 THE ALGAE OIL REVOLUTION: Fight Disease and Promote Brain Development and Mental Health with the Vegan Elixir from the Sea. By Michael Nehls. Nehls introduces the reader to this sustainable and accessible substance, explains why and how it can prevent a range of diseases, and also sheds light on what this discovery means for the future of global human health. Illus. 288 pages. Skyhorse. Pub. at \$32.99 **\$24.95**



7958579 NATIONAL GEOGRAPHIC HERBAL: 100 Herbs from the World's Healing Traditions. By Mimi Prunella Hernandez. While plants hold remarkable curative powers, the workings of medicinal herbs are complex. In these pages you will find: 100 herb profiles; a wide array of species; useful kitchen and garden tips; wisdom from around the world; and sustainability tips. Fully illus. in color. 336 pages. National Geographic. Pub. at \$40.00 **\$29.95**



9111689 AYURVEDA FOR OBESITY AND GUT HEALTH: The Natural Way to Overcome Weight Imbalances for Your Body Type. By L. Eduardo Cardona-Sanclemente. A scientifically supported, Ayurvedic approach to weight management. Presents several body-mind protocols and suitable food intakes, detailing their effects on the gut, microbiota, and the gut-heart-brain axis as well as how they help rebalance metabolism at the tissular, cellular, and molecular levels. Illus. 370 pages. Healing Arts. Paperbound. Pub. at \$24.99 **\$19.95**



9094067 A BEGINNER'S GUIDE TO ACUPUNCTURE: Treating Common Ailments Through Traditional Chinese Medicine. By Xu Mingshu. Unveils the profound principles, techniques, and practical applications of acupuncture and moxibustion. Covers specific treatments for over 30 common ailments, including internal disorders such as asthma and insomnia, orthopedic issues such as stiff neck, ankle sprain, and more. Fully illus. in color. 140 pages. Shanghai Press. Paperbound. Pub. at \$24.95 **\$19.95**



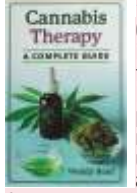
9075763 ESSENCE AND EMBER: Gathering and Preparing Herbal, Resin, and Wood Incense. By Katja Peters. Whether with herbs, resins, or woods—burning incense allows us to reconnect with nature and provides a grounding counterbalance to our hectic everyday lives. Peters demonstrates how simple and effective it is to gather and burn incense and benefit from the healing powers of nature. Fully illus. in color. 128 pages. Schiffer. **\$21.95**



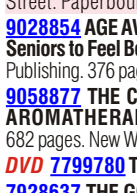
905023X PANIC PROOF: The New Holistic Solution to End Your Anxiety Forever. By Nicole Cain. Unlike therapies that address only symptoms, Cain's protocol heals the root causes of anxiety and recalibrates the mind, body, and nervous system so that you can take back control of your life. Illus. 405 pages. Rodale. Paperbound. Pub. at \$19.99 **PRICE CUT to \$11.95**



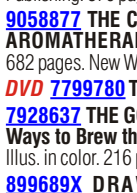
5406390 PSYCHEDELICS: A Visual Odyssey. By Erika Dyck. A gorgeously illustrated journey through psychedelics and their global history that explores how psychedelic visions have inspired and given meaning to humans throughout time. Reveals not only how psychedelic plants have been illustrated and understood, but also how these plants and chemical synthetics have inspired visual representations. 224 pages. MIT Press. Paperbound. Pub. at \$34.95 **PRICE CUT to \$21.95**



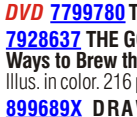
3279499 CANNABIS THERAPY: A Complete Guide. By Wendy Read. In this in-depth guide to cannabis therapy, written for both health practitioners and those looking for self-care methods, Read provides a complete look at why marijuana medicine works, its medical and spiritual uses throughout history, and how to develop a personalized healing plan. 296 pages. Park Street. Paperbound. Pub. at \$22.99 **PRICE CUT to \$11.95**



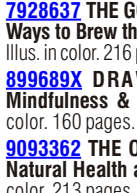
9028854 AGE AWAY WITHOUT ACHING: The Answer Book for Seniors to Feel Better Than You Have in Years. By FC&A Medical Publishing. 376 pages. FC&A Medical. Pub. at \$41.34 **\$7.95**



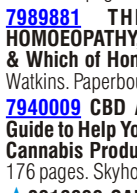
9058877 THE COMPLETE BOOK OF ESSENTIAL OILS AND AROMATHERAPY, REVISED. By Valerie Ann Worwood. 682 pages. New World Library. Paperbound. Pub. at \$26.95 **\$7.95**



DVD 7799780 THE GERSON MIRACLE. Gerson Media. **\$5.95**



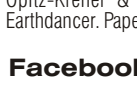
7928637 THE GOOD LIVING GUIDE TO MEDICINAL TEA: 50 Ways to Brew the Cure for What Ails You. By Jennifer Browne. Illus. in color. 216 pages. Good Books. Pub. at \$14.99 **\$7.95**



899689X DRAW BREATH: The Art of Breathing, Mindfulness & Meditation. By Tom Granger. Fully illus. in color. 160 pages. Summersdale. 9 3/4 x 7 1/4. Pub. at \$17.99 **\$5.95**



9093362 THE ORGANIC PHARMACY: Complete Guide to Natural Health and Beauty. By Margo Marrone. Well illus. in color. 213 pages. Watkins. Paperbound. Pub. at \$22.95 **\$7.95**



7989881 THE PRACTICAL HANDBOOK OF HOMOEOPATHY, REVISED EDITION: The How, When, Why & Which of Home Prescribing. By Colin Griffith. 386 pages. Watkins. Paperbound. Pub. at \$25.95 **\$6.95**

7940009 CBD AND HEMP REMEDIES: A Quick & Easy Guide to Help You Destress, Relax, and Relieve Pain Using Cannabis Products. By Sandra Hinchliffe. Well illus. in color. 176 pages. Skyhorse. Paperbound. Pub. at \$16.99 **\$4.95**

9016600 SAINT HILDEGARD'S GUIDE TO WELLNESS: Herbalism, Nutrition, and Health Advice from a Trailblazing Medieval Nun. By Holger Vornholt. Fully illus. in color. 96 pages. Schiffer. Paperbound. **SOLD OUT**

4996062 JIN SHIN HEALING TOUCH: Quick Help for Common Ailments. By Tina Stumppig. 176 pages. Inner Traditions. Paperbound. Pub. at \$17.99 **PRICE CUT to \$11.95**

7836511 12 ESSENTIAL OILS OF THE BIBLE: Ancient Healing Oils and Their Contemporary Uses. By K. Opitz-Kreher & J. Huber. Well illus. in color. 96 pages. Earthdancer. Paperbound. Pub. at \$14.99 **\$11.95**

1300849 THE HERBALIST'S GUIDE: How to Build and Use Your Own Apothecary. By Mary Colvin. Well illus. in color. 258 pages. Skyhorse. Paperbound. Pub. at \$24.99 **\$14.95**

7827008 THE ENCYCLOPEDIA OF ENERGY MEDICINE: A Comprehensive Reference to Healing Modalities from Acupressure to Zero Balancing. By Linnie Thomas. 510 pages. Llewellyn. Paperbound. Pub. at \$39.99 **\$14.95**

804208X SUPER-POWERED IMMUNITY STARTS IN THE GUT. By Michelle Schoffro Cook. 150 pages. Inner Traditions. Paperbound. Pub. at \$16.99 **PRICE CUT to \$7.95**

9017690 MEDITATION & MINDFULNESS: Whole Beauty. By Shiva Rose. Color photos. 96 pages. Artisan. Pub. at \$12.95 **PRICE CUT to \$2.95**

7911394 THE CBD BOOK: The Essential Guide to CBD Oil. By Mary Biles. Illus. in color. 143 pages. Thorsons. Pub. at \$25.24 **PRICE CUT to \$1.95**

7976593 MEDICAL HERBALISM: The Science and Practice of Herbal Medicine. By David Hoffmann. Illus. 666 pages. Healing Arts. 8 1/2 x 11. Pub. at \$12.95 **SOLD OUT**

8996571 HERBAL INTELLIGENCE: Plant Teachers and the Return of Viriditas. By David Hoffmann. 238 pages. Healing Arts. Paperbound. Pub. at \$21.99 **PRICE CUT to \$14.95**

7954689 THE PHYSICK GARDEN: Ancient Cures for Modern Maladies. By Alice Smith with M. Purdy. Fully illus. in color. 176 pages. Frances Lincoln. Pub. at \$24.99 **PRICE CUT to \$5.95**

7950691 ASIAN AMERICAN HERBALISM: Traditional and Modern Healing Practices for Everyday Wellness. By Erin Masako Wilkins. Illus. in color. 319 pages. Princeton Architectural. Paperbound. Pub. at \$29.95 **PRICE CUT to \$14.95**

7986769 THE CULINARY PHARMACY: Intuitive Eating, Ancestral Healing, and Your Personal Nutrition Plan. By Lisa Mase. Illus. in color. 260 pages. Inner Traditions. Paperbound. Pub. at \$24.99 **PRICE CUT to \$14.95**

1176862 PSYCHEDELICS: The Revolutionary Drugs That Could Change Your Life. By David Nutt. 328 pages. Hachette. Paperbound. Pub. at \$19.99 **PRICE CUT to \$11.95**

5189381 ANXIETY TO EMPOWERMENT: Exercises & Meditations to Stop Stressing & Start Engaging. By Amanda Huggins. 237 pages. Llewellyn. Paperbound. Pub. at \$16.99 **PRICE CUT to \$7.95**

1191624 THE LAND IN OUR BONES: Plantcestral Herbalism and Healing Cultures from Syria to the Sinai. By Layla K. Feghali. 352 pages. North Atlantic. Paperbound. Pub. at \$24.95 **PRICE CUT to \$7.95**

5179742 420 MEDITATIONS: Enhance Your Spiritual Practice with Cannabis. By Kerri Connor. 273 pages. Llewellyn. Paperbound. Pub. at \$15.99 **PRICE CUT to \$5.95**

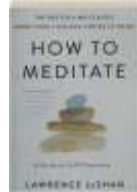
7988095 A HISTORY OF PLANT MEDICINE: Western Herbal Medicine from the Ancient Greeks to the Modern Day. By Christina Stapley. Well illus. 416 pages. Aeon. Pub. at \$60.00 **SOLD OUT**

7895658 SACRED MESSAGE: The Magic and Ritual of Soothing Touch. By Debra DeAngelo. 265 pages. Llewellyn. Paperbound. Pub. at \$24.99 **PRICE CUT to \$5.95**

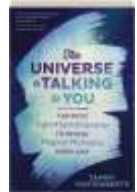
4993721 THE HEALING TREE: Botanicals, Remedies, and Rituals from African Folk Traditions. By Stephanie Rose Bird. 298 pages. Weiser. Paperbound. Pub. at \$26.95 **PRICE CUT to \$11.95**

8873585 MOTHERLAND HERBAL: The Story of African Holistic Health. By Stephanie Rose Bird. Well illus. 438 pages. Harper. Paperbound. Pub. at \$29.99 **PRICE CUT to \$14.95**

New Age Spirituality



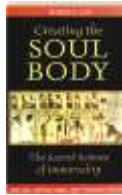
9026568 HOW TO MEDITATE: A Guide to Self-Discovery. By Lawrence LeShan. Outlining an easy to follow and realistic approach that will enable you to bring meditation effortlessly into your life, no matter how great the demands on your time, this guide is an unrivaled source of inspiration and practical instruction. 226 pages. Little, Brown. Paperbound. Pub. at \$15.99 **\$4.95**



607703X THE UNIVERSE IS TALKING TO YOU: Tap into Signs & Synchronicity to Reveal Magical Moments Every Day. By Tammy Mastroberte. The universe is always talking to you whether in the form of angels, guides, and signs from loved ones in spirit or with amazing synchronicities. Shows you how to decipher the messages the universe is giving you and helps you reaffirm your faith, live with more joy, and experience life as a series of wondrous miracles. 202 pages. Llewellyn. Paperbound. Pub. at \$17.99 **\$13.95**



New Age Spirituality



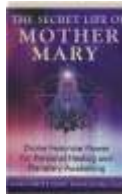
9096159 CREATING THE SOUL BODY: The Sacred Science of Immortality. By Robert E. Cox. Maps the spiritual journey of consciousness behind the science of immortality and reveals the practice of creating a soul body in detail. He also shows that this ancient spiritual science resembles advanced theories of modern science, such as wave and particle theory and the unified field theory. Illus. 276 pages. Inner Traditions. Paperbound. Pub. at \$18.95 **\$5.95**



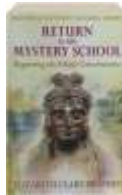
7839839 THE IMMUTABLE LAWS OF THE AKASHIC FIELD: Universal Truths for a Better Life and a Better World. By Ervin Laszlo et al. A renowned authority in the fields of new science, consciousness, and spirituality, has written an accessible introduction to the mysteries of the Akashic Field, explaining how leading science supports this ancient intuition of the deep reality of the universe. Illus. 186 pages. St. Martin's. Paperbound. Pub. at \$17.99 **\$6.95**



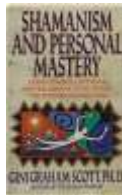
9130098 ELEMENTAL: Nature-Inspired Rituals to Nourish Your Life. By Andi Eaton. Disconnect from the digital world and reconnect with nature for better health and inner peace. Explore the energy each element—fire, earth, water, air and ether—holds and teaches you how to incorporate a balance of each into your daily wellness practices. Illus. in color. 176 pages. Chronicle. Pub. at \$19.95 **\$5.95**



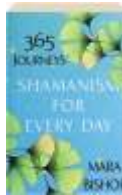
9074325 THE SECRET LIFE OF MOTHER MARY: Divine Feminine Power for Personal Healing and Planetary Awakening. By Marguerite Mary Rigoglioso. Explores obscured periods of Mary's life, including her time as leader of the Christian community and as the spiritual teacher to Jesus and Mary Magdalene. Examines Mary's high-level powers, which enabled the divine conception of Jesus, his resurrection, and Mary's assumption into heaven. 166 pages. Bear & Company. Paperbound. Pub. at \$18.00 **\$13.95**



9117040 RETURN TO THE MYSTERY SCHOOL: Regaining the Edenic Consciousness. By Elizabeth Clare Prophet. Humanity stands at a crossroads where we see the serpentine logic of the fallen angels that caused the fall of Eden once again permeating today's culture. Maitreya comes to teach us to discern the truth from the lie by extracting the splintered momentums hidden in our consciousness. 248 pages. Summit. Paperbound. Pub. at \$20.95 **\$16.95**



9070869 SHAMANISM AND PERSONAL MASTERY: Using Symbols, Rituals, and Talismans to Activate the Powers Within You. By Gini Graham Scott. Scott demystifies shamanism and shows how it can be an accessible means of uncovering and focusing personal power. She offers simple exercises and visualization techniques used to gain confidence and attain professional success and personal fulfillment. 384 pages. Paragon House. Paperbound. Pub. at \$14.95 **\$11.95**



8888922 SHAMANISM FOR EVERY DAY: 365 Journeys. By Mara Bishop. Introduces the simple yet profound method of shamanic journeying. On this path you will connect to your innate knowing, for calm and confidence in intense times; develop meaningful relationships with nature for healing and guidance; explore spiritual realm with the aid of compassionate spirits; and more. 448 pages. Citadel. Paperbound. Pub. at \$18.00 **PRICE CUT to \$2.95**



7989806 A COURSE IN MASTERING ALCHEMY: Tools to Shift, Transform and Ascend. By J. Self & R. Burnett. Offers a self-contained program that will teach you how to master your alchemy and access a totally new way of life, using energy tools of unparalleled power. Follow the step by step techniques to become conscious of the limitations of your present reality and step out of the unnecessary concept of "suffering" into complete well-being. 366 pages. Watkins. Paperbound. Pub. at \$27.95 **PRICE CUT to \$5.95**



Paperbound. Pub. at \$21.95

8792496 SPIRITUAL GUIDEBOOK: Mastering Psychic Development and Healing Techniques. By Anna Cornerford. A guide to understanding and mastering healing and psychic techniques. Tap into your intuition, heart and soul and be amazed at the surprising ways your skills unfold and develop. Will expand your psychic knowledge and intuitive-healing abilities in ways you never imagined. Illus. 296 pages. Rockpool. **PRICE CUT to \$14.95**



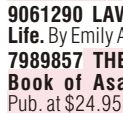
Pub. at \$19.95

7952767 AWAKEN THE HEALER WITHIN: A Guide to Total Mind & Body Healing. By Mark Earlix. Gives easy, clear guidance for meditations that will connect you with your Higher Self. Other exercises show you ways of bringing deeper and more powerful energies into your life and body and into those of others. With these practices you will never feel at the mercy of sickness, disease, or pain again. 222 pages. G&D Media. Paperbound. **PRICE CUT to \$11.95**



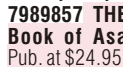
Pub. at \$40.00

7725337 HERMETIC PHILOSOPHY AND CREATIVE ALCHEMY: The Emerald Tablet, the Corpus Hermeticum, and the Journey Through the Seven Spheres. By Marlene Seven Bremner. Offers a detailed understanding of Hermetic philosophy and the art of alchemy as a foundation for a psycho-spiritual creative practice. Examines the foundational principles of Hermeticism and alchemy and shows how these traditions are a direct means for accessing higher consciousness and true self-knowledge. Color photos with illus. 356 pages. Inner Traditions. Pub. at \$40.00 **PRICE CUT to \$24.95**



Pub. at \$24.95

9061290 LAW OF ATTRACTION: Manifest Your Perfect Life. By Emily Anderson. 208 pages. **SOLD OUT**



Pub. at \$24.95

7989857 THE LIGHT WITHIN A HUMAN HEART: The Book of Asaph. By Lars Muhl. 216 pages. Watkins. **SOLD OUT**



Pub. at \$24.00

8876142 THE ART OF SACRED SMOKE: Energy-Balancing Rituals to Cleanse, Protect, and Empower. By Neelou Malekpour. Illus. in color. 221 pages. Tarcher. Pub. at \$24.00 **\$5.95**



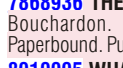
Pub. at \$23.99

8999929 THE SHAMAN'S BOOK OF EXTRAORDINARY PRACTICES: 58 Power Tools for Personal Transformation. By Jose Luis Stevens. 318 pages. Hierophant. Paperbound. **PRICE CUT to \$17.95**



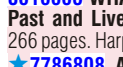
Pub. at \$16.95

5448638 THE MINDFUL WAY TO A GOOD NIGHT'S SLEEP. By Tzivia Gover. 172 pages. Storey. Paperbound. **PRICE CUT to \$2.95**



Pub. at \$19.99

7868936 THE HEALING ENERGIES OF TREES. By Patrice Bouchardon. Fully illus. in color. 160 pages. Octopus. Paperbound. Pub. at \$19.99 **PRICE CUT to \$7.95**



Pub. at \$32.00

8010005 WHAT'S YOUR HEAVEN? 7 Lessons to Heal the Past and Live Fully Now. By Rebecca Rosen with S. Rose. 266 pages. Harper. Pub. at \$32.00 **PRICE CUT to \$5.95**



Pub. at \$29.99

7786808 ACTIVATE YOUR SUPER-HUMAN POTENTIAL: The Ultimate 5D Toolkit. By Jerry Sargeant. Illus. 304 pages. Inner Traditions. 8x10. Paperbound. Pub. at \$29.99 **PRICE CUT to \$14.95**



Pub. at \$16.99

821039X FINDING YOUR ELVENHEART: Working with the Inner Realm of the Sidhe. By Soren Hauge. Illus. 222 pages. Inner Traditions. Paperbound. Pub. at \$16.99 **PRICE CUT to \$5.95**



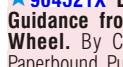
Pub. at \$19.99

6076882 ANCESTRAL WHISPERS: A Guide to Building Ancestral Veneration Practices. By Ben Stimpson. 254 pages. Llewellyn. Paperbound. Pub. at \$19.99 **PRICE CUT to \$9.95**



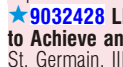
Pub. at \$18.99

1247867 THE SEVEN GATEWAYS OF SPIRITUAL EXPERIENCE: Awakening to a Deeper Knowledge of Love, Life Balance, and God. By Jonathan H. Ellerby. 173 pages. Inner Traditions. Paperbound. Pub. at \$18.99 **PRICE CUT to \$12.95**



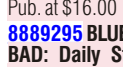
Pub. at \$19.99

904521X EARTH WISDOM TEACHINGS: Practical Guidance from the Eight Directions of the Medicine Wheel. By Carlos Philip Glover. 239 pages. Findhorn. Paperbound. Pub. at \$19.99 **PRICE CUT to \$12.95**



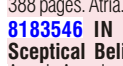
Pub. at \$16.00

9032428 LIVING YOUR BEST 5D LIFE: Timeless Tools to Achieve and Maintain Your New Reality. By Maureen J. St. Germain. Illus. 148 pages. Bear & Company. Paperbound. Pub. at \$16.00 **PRICE CUT to \$9.95**



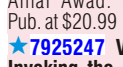
Pub. at \$18.00

8889295 BLUES AIN'T NOTHING BUT A GOOD SOUL FEELING BAD: Daily Steps to Spiritual Growth. By Sheldon Kopp. 388 pages. Atria. Paperbound. Pub. at \$18.00 **PRICE CUT to \$1.95**



Pub. at \$20.99

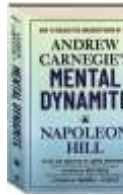
8183546 IN MY PAST LIFE I WAS CLEOPATRA: A Sceptical Believer's Journey Through the New Age. By Amal Awad. 281 pages. Murdoch Books. Paperbound. Pub. at \$20.99 **PRICE CUT to \$1.95**



Pub. at \$20.00

7925247 VENERATION RITES OF CURANDERISMO: Invoking the Sacred Energy of Our Ancestors. By Erika Buenafior. Color photos. 196 pages. Inner Traditions. Paperbound. Pub. at \$20.00 **PRICE CUT to \$5.95**

Inspiration, Motivation & Self-Discovery



8990697 ANDREW CARNEGIE'S MENTAL DYNAMITE: How to Unlock the Awesome Power of You. By Napoleon Hill. Based on a series of booklets written by Hill, this work outlines the importance of three essential principles of success: self-discipline, learning from defeat, and the Golden Rule Applied. Contains excerpts of interviews with Carnegie that offers a wealth of inspiration on key subjects ranging from common causes of failure to the power of thought. 268 pages. Sterling. Pub. at \$25.95 **\$5.95**



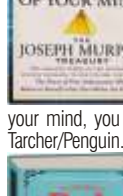
depression, anger, and addiction. 324 pages. Dorling Kindersley. Paperbound. Pub. at \$21.99 **\$7.95**



1127713 HOW TO TALK WITH YOUR ANGELS. By Kim O'Neill. All human beings, whether they know it or not, have at least two guardian angels to guide them through life. O'Neill shows you how you can open the door to the spiritual communication that will transform your life. Discover the nine steps to getting in touch with your angels, and more. 216 pages. Avon. Paperbound. Pub. at \$9.99 **\$6.95**



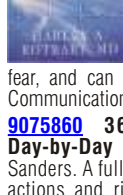
9066470 YOU ONLY DIE ONCE: How to Make It to the End with No Regrets. By Jodi Wellman. A real-life guide to making small changes that will reawaken your passion and curiosity. And a healthy dose of mortality that you need to start living like you've really only got one life. Fully illus. 334 pages. Little, Brown. Pub. at \$30.00 **\$5.95**



4619439 THE MIRACLE POWER OF YOUR MIND: The Joseph Murphy Treasury. Collects 24 books and pamphlets, including enduring works like *The Power of Your Subconscious Mind* and *How to Attract Money*. Murphy, a minister and mystic, taught that within you dwells an awesome power that you can harness through your thoughts and emotive states. By attending to the forces of your mind, you can remake your world for the better. 929 pages. Tarcher/Penguin. 8 1/2 x 10 1/2. Paperbound. Pub. at \$30.00 **\$17.95**



7857209 THE LITTLE BOOK OF BOB: Life Lessons from a Streetwise Cat. By James Bowen. In Bob the Cat, Bowen found a model for friendship, steadfastness, balance, and joy that we can all apply to our own lives. Here are heartfelt and wholesome thoughts about how to be kinder to ourselves and kinder to the world around us. 166 pages. St. Martin's. Pub. at \$24.99 **\$5.95**



5879752 MIRACLES WE HAVE SEEN: America's Leading Physicians Share Stories They Can't Forget. By Harley A. Rotbart. A work of inspiration and optimism, and a compelling glimpse into the lives of physicians—their humanity and determined devotion to their patients and their patients' families. It reminds us that what we don't know or don't understand isn't necessarily cause for fear, and can even be reason for hope. 354 pages. Health Communications. Paperbound. Pub. at \$16.95 **\$5.95**



9075860 365 WAYS TO HAVE A GOOD DAY: A Day-by-Day Guide to Living Your Best Life. By Ian Sanders. A full year's worth of daily inspiration, tools, habits, actions and rituals that will help you live your best life. Focuses on the small stuff you can do every day to make life better. 248 pages. John Murray. Pub. at \$16.95 **\$5.95**



9084169 HIGH ON LIFE: How to Naturally Harness the Power of Six Key Hormones and Revolutionize Yourself. By David J.P. Phillips. Phillips guides you through ways to harness the immense power of your mind and optimize your body's chemical factory by diving deep into six neurochemicals and how they can transform your life from within. 254 pages. Pegasus. Pub. at \$24.95 **\$6.95**

Inspiration, Motivation & Self-Discovery



9105689 BE MORE JANE: Bring Out Your Inner Austen to Meet Life's Challenges. By Sophie Andrews. Address life with more sense and less prejudice, taking useful lessons from the novels and letters of Jane Austen, one of the world's best-loved writers. Learn the importance of being yourself and the danger of allowing others to influence you unduly, understand how to wait for love, and how to recognize it when it comes and more. Well illus. in color. 64 pages. CICO Books. Pub. at \$9.95 **\$4.95**



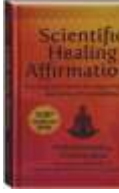
9062114 IT WORKS: The Famous Little Red Book That Makes Your Dreams Come True. By R.H. Jarrett. Explore a life-changing plan for achieving your deepest held ambitions and your loftiest dreams. With three short rules and a concrete plan of action, it is a compact, practical guide to change in every area of your life. Includes a powerful bonus book: *The Magic Story* by Frederick Van Rensselaer Dey. 80 pages. St. Martin's. Paperbound. Pub. at \$11.00 **\$4.95**



LIMITED QUANTITY 9066225 THE POWER OF UNWAVERING FOCUS. By Dandapani. Illustrates how practicing the skill of focus can drastically improve productivity, relationships, mental health, and happiness—ultimately gifting us the ability to direct awareness and energy toward achieving our life goals. 333 pages. Portfolio. Pub. at **SOLD OUT**



★1923676 MASTERY. By Robert Greene. The author of *The 48 Laws of Power*; *The 33 Strategies of War*; and *The Art of Seduction* here argues convincingly that the potential for Mastery lies within each of us, and guides us along the secret paths you must follow. He also profiles such Masters as Charles Darwin, Benjamin Franklin, Henry Ford, Carl Jung, and Albert Einstein. 336 pages. Penguin. Paperbound. Pub. at \$25.00 **\$17.95**



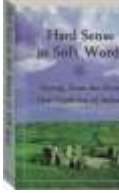
★9003940 SCIENTIFIC HEALING AFFIRMATIONS: The Original Classic for Improving One's Mental and Physical State. By Paramhansa Yogananda. First published in 1924. Describes the pathway to achieve wellness and clarity through a series of time-honored affirmations derived from Eastern spiritual philosophy. Far ahead of its time, it was the one of the first to highlight the scientific correlations between positivity and bolstering your mental, physical, and spiritual health. 111 pages. Clydesdale. Pub. at \$12.99 **\$9.95**



7961499 THE DOG WHO TOOK ME UP A MOUNTAIN: How Emme the Australian Terrier Changed My Life When I Needed it Most. By R. Crandall & J. Cosgriff. Fearing that his future was headed downhill, Crandall's fortunes change with a move to Colorado, a new marriage, and his wife Pamela's fortuitous suggestion: "Let's get a dog." So begins the friendship of Rick and Emme, a pint-sized Australian terrier. With an irrepressible life, Emme shows Rick that passion is the key to spirit and joy for fulfillment. 16 pages of color photos. 228 pages. Health Communications. Paperbound. Pub. at \$15.95 **\$3.95**



★7886063 THE LAW OF ATTRACTION: The Power of Thought to Manifest Your Best Life. By William Walker Atkinson. Introduces the paradigm shifting concept of the Law of Attraction. This "one great law" governs the universe and the world we experience. It simply states that whatever the focus of our thoughts and expectations—whatever we desire or fear—is exactly what we receive. Atkinson shows readers how to harness this radical power to create a life of abundance and happiness. 89 pages. St. Martin's. Paperbound. Pub. at \$18.00 **\$12.95**



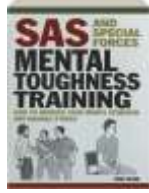
905331X HARD SENSE IN SOFT WORDS: Sayings from the Great Oral Tradition of Ireland. By C.B. Ryan. A collection of sayings and stories on a multitude of subjects. Each chapter embraces unique Irish wisdom on a different topic, including such classic Irish themes as friendship, money, trust, romance, faith, blarney, gossip, and luck. 131 pages. M. Evans. Pub. at \$17.95 **\$4.95**



9129200 WHY I BELIEVE: A Psychologist's Thoughts on Suffering, Miracles, Science, and Faith. By Henry Cloud. Cloud invites readers to inhabit the spaces of suffering and elation that make us most human and to walk alongside him as he ponders the great questions we are so often afraid to ask but which give our lives meaning. 263 pages. Worth. Pub. at \$25.00 **SOLD OUT**



9035494 THE LITTLE BOOK OF BIG ETHICAL QUESTIONS. By Susan Liautaud. Presents some of today's most thought-provoking ethical questions in a welcoming, easy to discuss Q&A format, with guidance from a renowned ethicist. 315 pages. S&S. Pub. at \$23.99 **\$5.95**



★9090388 SAS AND SPECIAL FORCES MENTAL TOUGHNESS TRAINING: How to Improve Your Mind's Strength and Manage Stress. By Chris McNab. Demonstrates how you can gain the edge over your opponent, as well as ready yourself for critical challenges ahead. Whether you are competing in unarmed combat sports, running a marathon, or just looking to get ahead, this guide will have some helpful and practical advice for you. Well illus. 192 pages. Amber. Paperbound. Pub. at \$16.99 **\$12.95**



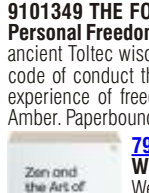
9022694 CREATIVITY ON DEMAND: How to Ignite and Sustain the Fire of Genius. By Michael J. Gelb. Teaches a series of time tested practices to clear blockages and open the flow of creative energy, then reveals how these techniques can be integrated with the renowned creative mindset and process tool Gelb has taught to individuals and organizations world wide. Photos. 231 pages. Sounds True. Paperbound. Pub. at \$16.95 **\$4.95**



903787X HOW TO BE HIGHLY SENSITIVE & EMPOWERED: A Revolutionary Healing Guide for Empaths. By Jane Novak. The most emotionally perceptive and sensitive people, known as empaths, have a gift: they connect with others deeply, and they can understand and channel the energy around them. This work will take you on a transformational journey to reclaim your sensitivity as a superpower, and unlock a sense of freedom in all areas of your life. 159 pages. Watkins. Paperbound. Pub. at \$16.95 **\$5.95**



2091631 DON'T WORRY: 48 Lessons on Relieving Anxiety from a Zen Buddhist Monk. By Shunmyo Masuno. Think of a time when you were worried about something, but then you suddenly realized how insignificant it was. Isn't it amazing how much lighter you felt? The key is to focus only on the here and now. By doing so, you free yourself from unnecessary anxiety, and your mind will be at peace. 208 pages. Penguin. Pub. at \$22.00 **\$5.95**



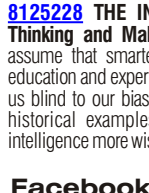
9101349 THE FOUR AGREEMENTS: A Practical Guide to Personal Freedom. By Don Miguel Ruiz with J. Mills. Based on ancient Toltec wisdom, this bestselling guide offers a powerful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love. 140 pages. Amber. Paperbound. Pub. at \$12.95 **SOLD OUT**



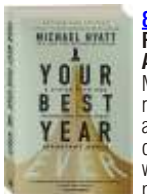
798992X ZEN AND THE ART OF DEALING WITH DIFFICULT PEOPLE. By Mark Westmoquette. Drawing on personal experiences of profound tragedy, Westmoquette stresses that the only way to grow is by facing our pain, acknowledging how we feel and committing to end the repeating pattern of suffering. By bringing awareness and kindness to these relationships, will naturally shift into something more inclusive. 196 pages. Watkins. Paperbound. Pub. at \$16.95 **\$4.95**



★9092250 100 DAYS TO A STOIC MIND: A Roadmap to Resilience and Finding Peace in Discipline. By Bryan Sena. A no-frills method of embodying the simple principles of Stoicism. Each page presents you with one essential piece of advice from a great Stoic thinker and arms you with a straightforward exercise to apply it. 208 pages. Castle Point. Pub. at \$18.00 **\$12.95**



8125228 THE INTELLIGENCE TRAP: Revolutionize Your Thinking and Make Wiser Decisions. By David Robson. We assume that smarter people are less prone to error. But greater education and expertise can often amplify our mistakes while rendering us blind to our biases. Drawing on the latest behavior science and historical examples, Robson demonstrates how to apply our intelligence more wisely. 337 pages. Hodder. Paperbound. **\$5.95**



8896305 YOUR BEST YEAR EVER, REVISED EDITION: A 5-Step Plan for Achieving Your Most Important Goals. By Michael Hyatt. Shares a powerful, proven, research-driven system for setting and achieving your goals. You'll learn how to design your best year ever by discovering what's holding you back, how to overcome past setbacks, how to set and pursue worthy goals without quitting, what to do when you feel stuck, and more. 285 pages. Baker Books. Pub. at \$26.99 **\$5.95**



9091173 LOVE, MOM: Inspiring Stories Celebrating Motherhood. By Nicole Saphier. Saphier shines a light on the magic of maternal love. Discover a remarkable collection of powerful first-person stories form the most extraordinary moms in the FOX News family and beyond. Photos, some in color. 226 pages. HarperCollins. Pub. at \$29.99 **\$6.95**



9128433 LIFE QUESTIONS: Reflect and Explore Your Past, Present & Future. Ed. by Cathy Davis. Features thought-provoking prompts, fun word association exercises, and interesting would you rather questions. Write, reflect, and learn about your inner self. 192 pages. Chartwell. Paperbound. Pub. at \$16.99 **\$5.95**



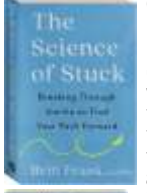
9112456 THE LITTLE BOOK OF UNICORNS. By Lisa Dyer. Along with captivating myths and legends, inspirational quotes and positive affirmations, you will find self-care tips, exercises, recipes, beauty treatments and ways to use magic, crystals and manifestations to enter the realm of the unicorn and live vibrantly, creatively, resiliently and joyfully. Illus. in color. 192 pages. Orange Hippo. 4 1/2 x 5 1/2. Pub. at \$8.95 **\$4.95**



7860943 THE NATURE INSTINCT: Relearning Our Lost Intuition for the Inner Workings of the Natural World. By Tristan Gooley. This master outdoorsman shows us how expert observers—from hunters in the English countryside to the Pygmy people in the Congo—have recovered and rekindled this lost "sixth sense," a subconscious, deeper understanding of our surroundings. By training ourselves through slow, careful observation, Gooley argues that we too can unlock this kind of intuition. Illus. 361 pages. The Experiment. Pub. at \$24.95 **\$5.95**



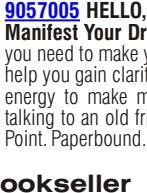
9102086 EAT YOUR WAY TO A SIX PACK: The Ultimate 75 Day Transformation Plan. By Scott Harrison. The author's life-changing program *The Six Pack Revolution* has helped a community of tens of thousands of people across 57 countries gain confidence and achieve the best shape of their lives. This work puts it in print, with tailored recipes and meal planning, fitness challenges that are fun and empowering, and transformative mindset coaching. Well illus. in color. 208 pages. Dorling Kindersley. Paperbound. Pub. at \$24.99 **\$9.95**



9066276 THE SCIENCE OF STUCK: Breaking Through Inertia to Find Your Path Forward. By Britt Frank. Using an eclectic and research-based approach, this volume is a hands-on road map for moving forward with purpose, confidence, and the freedom to become who you're truly meant to be. Illus. 254 pages. Tarcher. Pub. at \$26.00 **SOLD OUT**



★7933789 ANGELS AND THE MIRACULOUS: Chicken Soup for the Soul. Ed. by Amy Newmark. Miracles, divine intervention, amazing coincidences—these unexplainable, unexpected surprises bless the lives of people from all walks of life. You'll be inspired and comforted by these 101 stories from ordinary people who've experienced the extraordinary. 351 pages. Chicken Soup for the Soul. Paperbound. Pub. at \$16.95 **\$12.95**



9057005 HELLO, UNIVERSE: Over 75 Quick Exercises to Manifest Your Dreams. By Melanie Baker. Here are the tools you need to make your vision a reality. Over 75 simple prompts help you gain clarity, break down limiting beliefs, and shift your energy to make manifesting your heart's desires as easy as talking to an old friend. Fully illus. in color. 160 pages. Castle Point. Paperbound. Pub. at \$17.99 **\$5.95**



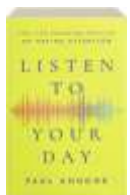
Inspiration, Motivation & Self-Discovery



9018026 LEARNED EXCELLENCE: Mental Disciplines for Leading and Winning from the World's Top Performers. By E. Poterat & A. Eagle. Poterat distills his insights into five mental disciplines: values & goals, mindset, process, adversity tolerance, and balance & recovery. Clear principles and practices that anyone can use to raise their game. The road map to help each of us perform at our very best. 242 pages. HarperCollins. Pub. at \$30.00 **\$6.95**



8892865 THE PERFECTION TRAP: Embracing the Power of Good Enough. By Thomas Curran. For anyone who has ever felt overwhelmed by the soul-crushing need to not just compete but compete to a level beyond reason. In place of an ever-moving treadmill, it offers the relief of slowing down to focus on what matters most. 279 pages. Scribner. Pub. at \$28.00 **\$5.95**



9009809 LISTEN TO YOUR DAY: The Life-Changing Practice of Paying Attention. By Paul Angone. Helps you overcome what's stealing your attention; discover new mindset models through which to view your everyday life; build better relationships through intentional practices of paying attention; form new practices of observation that add meaning and purpose to your life; and more. Illus. 205 pages. Baker Books. Paperbound. Pub. at \$17.99 **\$4.95**

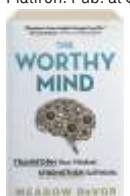


★8792097 HEALING THROUGH INDIGENOUS WISDOM: A 52-Week Guide. By Valerie Ringland. Through a 52-week journey of reflections, practical exercises, Indigenous storytelling and knowledge-sharing, this guide will support you to respectfully connect with your own ancestors as well as ancestors of the lands where you live, whether you identify as Indigenous or not. 298 pages. Rockpool. Paperbound. Pub. at \$18.95 **\$13.95**



1043757 CHANGE YOUR FORTUNE: 365 Creative Strategies to Transform Your Life. These 365 thought-provoking strategies will spark your creativity and help you build better habits, making insurmountable obstacles nothing more than momentary diversions. Find the answers you've been searching for and realize the life you've imagined. Cider Mill. Paperbound. Pub. at \$14.95 **\$5.95**

9044329 ILLOGICAL: Saying Yes to a Life Without Limits. By Emmanuel Acho. With a step by step guide to finding our callings and shifting our mindsets, and enlivened by stories from Acho's life and the lives of other pioneers, this work asks us to replace the limits set for us, and the ones we set for ourselves, with a world of possibility. Our horizons are endless. 244 pages. Flatiron. Pub. at \$27.99 **\$5.95**



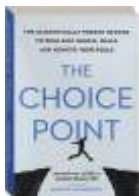
★8891591 THE WORTHY MIND: Transform Your Mindset, Strengthen Self-Worth. By Meadow DeVor. Shares life-changing insights that allow you to finally step into your own worthiness, showing you how to: question the arbitrary rules you've put in place for your life; identify and confront your defense mechanisms; care for yourself just as you care for others; discover your lost self; and more. 214 pages. Sourcebooks. Paperbound. Pub. at \$16.99 **\$12.95**



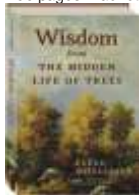
910545X DISCOVER YOUR DHARMA: A Vedic Guide to Finding Your Purpose. By Sahara Rose. Rose shares her approach to discovering your dharma through the Doshas and the chakras. Unlock the code of what you're meant to do next, in your relationships, business, and every facet of your life. 274 pages. Chronicle. Pub. at \$25.95 **\$5.95**



9117938 HERO ON A MISSION: A Path to a Meaningful Life. By Donald Miller. Explores the principles that make a story meaningful and then helps us apply those principles to our lives. The result is a life in which meaning becomes more important than productivity and our character determines our destiny. This resource will help you take control of your life and edit your own story in real time. 205 pages. HarperCollins. Paperbound. Pub. at \$19.99 **\$4.95**



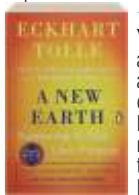
256 pages. Hachette. Pub. at \$28.00 **\$5.95**



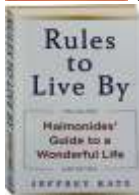
★1194550 WISDOM FROM THE HIDDEN LIFE OF TREES. By Peter Wohlleben. This collection of inspiring passages is lushly illustrated with paintings of forests and trees from around the world. Enchants readers by teaching us all how trees live—and how they're not so different from us. 144 pages. Greystone. Pub. at \$15.95 **SOLD OUT**



★6083102 HOW TO WIN FRIENDS AND MANIPULATE PEOPLE: A Guidebook for Getting Your Way. By George Mladenov. Teaches you how to emulate qualities of Australia's favorite reality TV villain, King George. Known for his witty one-liners, silver tongue and strategic genius, who has much to teach anyone. Each chapter is grounded in an insightful anecdote from George's life that will leave you doubled-over with laughter. 312 pages. Harper. Paperbound. Pub. at \$21.99 **\$14.95**



★9125876 A NEW EARTH: Awakening to Your Life's Purpose. By Eckhart Tolle. The author of *The Power of Now* guides readers on a journey beyond their own lives to reveal the opportunity to birth a new, more loving world. Examines how the very structure of the human mind can undergo an evolutionary transformation. 313 pages. Penguin. Paperbound. Pub. at \$18.00 **\$12.95**



★3999580 RULES TO LIVE BY: Maimonides' Guide to a Wonderful Life. By Jeffrey Katz. Reveals the insights and lessons from Maimonides and how to apply them to each area of your life, why character counts, how to achieve success at work, the importance of family, why your legacy matters, how to create spiritual connections, why your attitude matters, how a healthy body equals a good life, and more. 246 pages. Humanix. Pub. at \$24.99 **\$17.95**



9116850 WHAT'S NEXT IS NOW: How to Live Future Ready. By Frederik G. Pferdt. Pferdt introduces a forward-thinking mindset that will help you navigate ambiguity and uncertainty with intention, transform problems and challenges into profound opportunities, and create exactly the future you want to see. Illus. 239 pages. Harper. Pub. at \$32.50 **\$5.95**



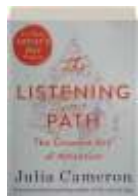
★8007632 THE HERMETIC TREE OF LIFE: Elemental Magic and Spiritual Initiation. By William R. Mistele. Providing a roadmap to the spiritual world, Mistele empowers you to have more self-understanding, to be more successful and confident, and to have the imagination and spiritual freedom to transform into the person you wish to be. 280 pages. Inner Traditions. Paperbound. Pub. at \$29.99 **\$24.95**



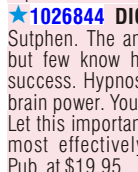
9036989 AMAZINGLY SIMPLE LESSONS WE LEARNED AFTER 50: A Collection of Letters and Bytes of Wisdom for All Ages. Compiled by William B. Toulouse. A collection of heartwarming, sometimes humorous stories and words of wisdom that totally destroys the old adage that you can't teach old dogs new tricks. 230 pages. M. Evans. Pub. at \$19.95 **PRICE CUT to \$2.95**



804192X I'M NO PHILOSOPHER, BUT I GOT THOUGHTS: Mini-Meditations for Saints, Sinners, and the Rest of Us. By Kristin Chenoweth. Stroll alongside Chenoweth as she shares her most vulnerable and humorous stories in her never-ending pursuit to find the rainbows in every day. Before you know it, you'll be grinning faster than you can spell Oklahoma! Illus. in color. 204 pages. Harper. Pub. at \$22.99 **PRICE CUT to \$3.95**



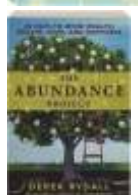
8889503 THE LISTENING PATH: The Creative Art of Attention. By Julia Cameron. A new method of creative and personal transformation that will make you a better listener to your environment, the people around you, and yourself. In six weeks, your attention will be heightened and you will gain healing, insight and clarity. Most importantly it will help you to embrace a new world of creativity that will resonate through every aspect of your life. 190 pages. St. Martin's. Paperbound. Pub. at \$17.99 **PRICE CUT to \$3.95**



★1026844 DICK SUTPHEN'S HYPNOSIS. By Roberta Sutphen. The amazing powers of hypnosis are well known, but few know how to use them to improve life and win success. Hypnosis will help you make use of your limitless brain power. Your mind is by far your most valuable resource. Let this important and powerful work show you how to use it most effectively. 294 pages. G&D Media. Paperbound. Pub. at \$19.95 **PRICE CUT to \$11.95**



8166676 A SHORT GUIDE TO A HAPPY LIFE. By Anna Quindlen. Quindlen reflects on what it takes to "get a life"—to live deeply every day and from your own unique self, rather than merely to exist through your days. Guides us with an understanding that comes from knowing how to see the view, the richness in living. Well illus. 50 pages. Random. Pub. at \$14.00 **PRICE CUT to \$3.95**



6996833 THE ABUNDANCE PROJECT: 40 Days to More Wealth, Health, Love, and Happiness. By Derek Rydall. This guide brings a fresh perspective on the meaning of abundance and how the true source of everything we need isn't something we achieve but rather a fount from within. Inside you lies an infinite source of potential that is fully accessible, as well as useful to the world around you. 255 pages. Atria. Paperbound. Pub. at \$17.99 **PRICE CUT to \$3.95**



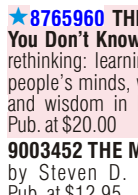
4572238 EUPHORIC: Ditch Alcohol and Gain a Happier, More Confident You. By Karolina Rzakdowolska. Your eight-week plan for an alcohol-free lifestyle that can lead to more happiness, well-being, and self-love. It's the modern guide to relax without alcohol, find freedom from cravings and fitting in, and create the life you want—along with the audacity to go after it. 259 pages. HarperCollins. Pub. at \$27.99 **PRICE CUT to \$3.95**



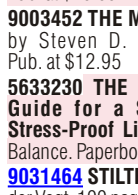
9035508 THE LONGING FOR LESS: What's Missing from Minimalism. By Kyle Chayka. Delves beneath the glossy surface of minimalist trends, seeking better ways to claim the time and space we crave. Reminding us that what we most require is presence, not absence. The result is an elegant synthesis of our minimalist desires and our profound emotional needs. 264 pages. Bloomsbury. Paperbound. Pub. at \$18.99 **PRICE CUT to \$3.95**



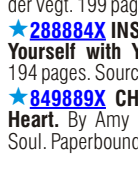
9010637 LIFE STARTS NOW: How to Create the Life You've Been Waiting For. By Chanel Dokun. Drawing on experiences as a therapist and certified life planner to help you redefine what success really means, the author offers practical strategies to help you create the life you are longing for. 213 pages. Thomas Nelson. Paperbound. Pub. at \$18.99 **PRICE CUT to \$3.95**



★8765960 THINK AGAIN: The Power of Knowing What You Don't Know. By Adam Grant. Examines the critical art of rethinking: learning to question your opinions and open other people's minds, which can position you for excellence at work and wisdom in life. Illus. 310 pages. Penguin. Paperbound. Pub. at \$20.00 **PRICE CUT to \$9.95**



9003452 THE MOST INSPIRING THINGS EVER SAID. Ed. by Steven D. Price. 362 pages. Lyons. Paperbound. Pub. at \$12.95 **SOLD OUT**



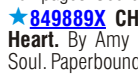
5633230 THE ALIGN METHOD: A Modern Movement Guide for a Stronger Body, Sharper Mind, and Stress-Proof Life. By Aaron Alexander. Photos. 298 pages. Balance. Paperbound. Pub. at \$17.99 **SOLD OUT**



9031464 STILTE: The Dutch Art of Quietude. By Mirjam van der Vegt. 199 pages. Worthy. Pub. at \$21.00 **\$4.95**



★28884X INSTANT SELF-HYPNOSIS: How to Hypnotize Yourself with Your Eyes Open. By Forbes Robbins Blair. 194 pages. Sourcebooks. Paperbound. Pub. at \$14.95 **\$11.95**



★849889X CHICKEN SOUP FOR THE SOUL: Young at Heart. By Amy Newmark. 339 pages. Chicken Soup for the Soul. Paperbound. Pub. at \$16.99 **\$9.95**

Inspiration, Motivation & Self-Discovery

- ★**9038787** **UNLIMITED ABUNDANCE: Align Your Life with the Unseen Forces of Success.** By Sandra Anne Taylor. 307 pages. Hay House. Paperbound. Pub. at \$18.99 **\$13.95**
- ★**8892245** **MONEY AND LOVE: An Intelligent Roadmap for Life's Biggest Decisions.** By M. Strober & A. Davissón. 297 pages. Harper. Pub. at \$28.99 **PRICE CUT to \$3.95**
- ★**4990935** **THIS IS YOUR BRAVERY TEST: 55 Challenges for Art & Life Inspired by Bob Ross.** By Michelle Witte. Fully illus. in color. Running Press. Pub. at \$18.00 **\$4.95**
- ★**3983722** **YOUR SUBCONSCIOUS BRAIN CAN CHANGE YOUR LIFE.** By Mike Dow. 263 pages. Hay House. Paperbound. Pub. at \$18.99 **PRICE CUT to \$7.95**
- ★**9057323** **NO REGRETS: How to Live Today for Tomorrow's Emotional Well-Being.** By Bill Howatt. 274 pages. Page Two Books. Paperbound. Pub. at \$17.95 **\$5.95**
- ★**8891443** **MOOD TRACKER PLANNER: Daily Prompts & Charts.** Illus. Sourcebooks. Spiralbound. Pub. at \$16.99 **\$12.95**
- ★**875800X** **THE GETTING UNSTUCK WORKBOOK: Practical Tools for Overcoming Fear and Doubt—and Moving Forward with Your Life.** By Britt Frank. Illus. 227 pages. TarcherPerigee. Paperbound. Pub. at \$18.00 **\$12.95**
- ★**641656X** **STRESS INTO STRENGTH: Resilience Routines for Warriors, Wimps, and Everyone in Between.** By Nick Arnett. 212 pages. HarperCollins. Paperbound. Pub. at \$19.99 **PRICE CUT to \$1.95**
- ★**4700252** **THE COURAGE TO BE HAPPY: Discover the Power of Positive Psychology and Choose Happiness Every Day.** By I. Kishimi & F. Koga. 275 pages. Atria. Paperbound. Pub. at \$18.99 **PRICE CUT to \$11.95**
- ★**7994028** **PSYCHIC SHIELD: The Personal Handbook of Psychic Protection.** By Caitlin Matthews. 308 pages. Ulisses. Paperbound. Pub. at \$17.95 **\$12.95**
- ★**6994571** **THE HIDDEN POWER OF AIKIDO: Transcending Conflict and Cultivating Inner Peace.** By Susan Perry. Illus. 264 pages. Inner Traditions. Paperbound. Pub. at \$22.99 **PRICE CUT to \$14.95**
- ★**9035613** **SEEK: How Curiosity Can Transform Your Life and Change the World.** By Scott Shigeoka. 241 pages. Balance. Pub. at \$30.00 **SOLD OUT**
- ★**9009892** **QUITTING: A Life Strategy.** By Julia Keller. 222 pages. Hachette. Pub. at \$29.00 **PRICE CUT to \$3.95**
- ★**8896119** **I DID A NEW THING: 30 Days to Living Free.** By Tabitha Brown. 241 pages. Morrow. Pub. at \$29.99 **PRICE CUT to \$4.95**
- ★**7754647** **THE LIGHT WE CARRY: Overcoming in Uncertain Times.** By Michelle Obama. Photos. 318 pages. Crown. Pub. at \$32.50 **PRICE CUT to \$11.95**
- ★**9023682** **LIVING A LIFE OF HARMONY: Seven Guidelines for Cultivating Peace and Kindness.** By Darren Cockburn. 192 pages. Inner Traditions. Paperbound. Pub. at \$16.99 **PRICE CUT to \$2.95**
- ★**7854501** **MIND-BODY CONNECTION FOR PAIN MANAGEMENT: Vital Meditation, Mindfulness, and Movement Techniques to Ease Chronic Pain.** By Anna McConville. 174 pages. Callisto. Paperbound. Pub. at \$14.99 **PRICE CUT to \$3.95**
- ★**9010610** **GROWING BOLDLY: Dare to Build a Life You Love.** By Emily Ley. 202 pages. Thomas Nelson. Pub. at \$22.99 **PRICE CUT to \$3.95**
- ★**9035370** **GROWING SEASONS.** By Kristin Johns. Well illus. in color. 216 pages. Harper. Pub. at \$35.99 **PRICE CUT to \$7.95**
- ★**8878668** **THE GAMES DO COUNT: America's Best and Brightest on the Power of Sports.** By Brian Kilmeade. Well illus. 333 pages. ReganBooks. Paperbound. Pub. at \$19.99 **SOLD OUT**
- ★**7268033** **MOVE BY MOVE: Life Lessons On and Off the Chessboard.** By Maurice Ashley. 175 pages. Chronicle. Pub. at \$22.95 **PRICE CUT to \$11.95**
- ★**9056165** **THE WAY HOME: Discovering the Hero's Journey to Wholeness at Midlife.** By Ben Katt. 265 pages. St. Martin's. Paperbound. Pub. at \$19.00 **PRICE CUT to \$4.95**
- ★**7922485** **THE GIFT OF FAILURE.** By Dan Bongino. Color photos. 154 pages. Liberatio Protocol. Pub. at \$28.99 **PRICE CUT to \$9.95**
- ★**7945868** **NECESSARY DEATH: What Horror Movies Teach Us About Navigating the Human Experience.** By C. Grosso & P. Fassel. 226 pages. Health Communications. Paperbound. Pub. at \$15.95 **PRICE CUT to \$3.95**
- ★**7886438** **LOVE YOUR HOME AGAIN: Organize Your Space and Uncover the Home of Your Dreams.** By A. Lightfoot & K. Pawlowski. Fully illus. in color. 224 pages. Chronicle. Pub. at \$27.95 **PRICE CUT to \$9.95**
- ★**8886466** **ON WANTING TO CHANGE.** By Adam Phillips. 143 pages. Paperbound. Pub. at \$16.00 **SOLD OUT**

★**8886458** **ON GETTING BETTER.** By Adam Phillips. 158 pages. Picador. Paperbound. Pub. at \$16.00 **PRICE CUT to \$1.95**

★**7998465** **YOUR TIME TO THRIVE.** By M. Khidekel & the eds. of Thrive Global. 251 pages. Hachette. Pub. at \$28.00 **PRICE CUT to \$5.95**

★**9034633** **ORDINARY MYSTICISM: Your Life as Sacred Ground.** By Mirabai Starr. 219 pages. HarperOne. Pub. at \$26.99 **PRICE CUT to \$14.95**

Healing & the Mind

★**1033034** **MASTERING MEMORY: 75 Memory Hacks for Success in School, Work & Life.** By Brad Zupp. Arms you with powerful techniques to boost brain power in practical situations when it matters most. With simple and straightforward instructions and steps, Zupp proves that you don't need to be a superhero to have a superpower memory. 172 pages. Callisto. Paperbound. Pub. at \$15.99 **\$4.95**

★**9037330** **FEEL BETTER FAST: Overcoming the Emotional Fallout of Your Illness or Injury.** By Charles Foster. Foster provides you with the strategies you need to confront the past, overcome the psychological aspects of your ailment, and get you in the fast lane to recovery. Learn how to find the silver lining to your cloud; accept help and communicate with your caregivers; thrive in your new life; and more. 256 pages. M. Evans. Pub. at \$21.95 **\$2.95**

★**9041575** **MEDITATION CARDS: Shuffle the Deck for Serenity.** Explore meditation styles and their purposes with prompts that explain how to do the respective practices. Includes a 32 page booklet and 60-card deck, organized into seven color coded schools of meditation. Cider Mill. Paperbound. Pub. at \$19.99 **\$5.95**

★**902932X** **CURED: The Life-Changing Science of Spontaneous Healing.** By Jeffrey Rediger. Through rigorous research, Dr. Rediger shows that much of our physical reality is created in our minds. He lays out the physical and mental principles associated with spontaneous healing. First we need to physically heal our diet and immune systems. Next we need to mentally heal our stress response and our identities. 386 pages. Flatiron. Pub. at \$28.99 **\$4.95**

★**7989490** **5-MINUTE FOCUS: Exercises to Reduce Distraction, Improve Concentration, and Increase Performance.** By Tiffany Shelton Mariolle. Shows you smart, neuroscience based exercises so you can flex your focus and get more done. Get 75 quick, easy, scientifically proven tips and tricks you can use to tackle stress at home, at work, in relationships, and beyond. 162 pages. Rockridge. Paperbound. Pub. at \$12.99 **\$4.95**

★**8166412** **SAVE YOUR BRAIN.** By Ginni Mansberg. Presents the very latest research on how to protect your most valuable asset—your clever, vulnerable, powerful brain. As the health of our brains increasingly takes center stage, Mansberg gives up to the minute advice and strategies you can implement now to protect your brain as you age. 274 pages. Murdoch Books. Paperbound. Pub. at \$25.00 **\$5.95**

★**LIMITED QUANTITY 9105476** **DREAMS: 100 Affirmations for a Good Night's Sleep.** By Elicia Rose. Harnessing the power of positive thinking to uplift, encourage, and inspire, this work guides you through empowering affirmations and more to achieve personal growth. 157 pages. Rock Point. Pub. at \$13.99 **\$5.95**

★**9034528** **STRESS RESETS: How to Soothe Your Body and Mind in Minutes.** By Jennifer L. Taitz. Provides 75 scientifically proven ways to improve how you respond to stress, both in the moment and the long run. This work will not only change how you view your stress but also give you the hope and confidence you need to reset and ultimately change how you feel. 240 pages. Workman. Paperbound. Pub. at \$19.99 **\$5.95**

★**1604627** **PARENTS WHO BULLY: A Healing Guide for Adult Children of Immature, Narcissistic and Authoritarian Parents.** By Eric Maisel. Offers healing strategies and crucial insights for victims of toxic parenting, in this in-depth examination of the ongoing epidemic of parental abuse and authoritarianism. Teaching you how to mitigate the damage from these relationships, heal your emotional wounds, and find inner relief and empowerment. 219 pages. Mango. Paperbound. Pub. at \$19.99 **\$14.95**

★**6999581** **THE ESSENTIAL BOOK OF MEDITATION: How to Harness the Power of Inner Reflection.** By Tara Ward. Packed with mind-expanding meditations and practical advice to transcend the mundane and tap into life's great joys. Readers can learn about mantras and scents for deep meditations, how to work with chakras, clear troubling spots in their meditation path and much more. Well illus. in color. 160 pages. Arcturus. Pub. at \$12.99 **\$5.95**

★**9093303** **HOW TO LIVE WITH DRAGONS: The Dragon Path Guide to Healing, Empowerment and Adventure.** By Caroline Mitchell. You will discover: what dragons are and how to prepare for your dragon work; meditations, visualizations, chakra work and journaling techniques for connecting with your personal dragons; advanced level dragon work to help you become a spiritual warrior of the earth; and more. 222 pages. Watkins. Paperbound. Pub. at \$16.99 **\$5.95**

★**8992088** **LITTLE HIDDEN DOORS: A Guided Journal for Deep Dreamers.** By Naomi Sangreal. Expands upon the rich history of studying the unconscious by offering a place to cradle the psyche's nightly imagination. Sangreal invites you to remember and record your dreams, then use those insights to inspire creativity, uncover your shadow self, and access profound personal transformation. Well illus. in color. 240 pages. Sterling. Pub. at \$19.99 **\$5.95**

★**8794383** **THE ANXIETY WORKBOOK: A 7-Week Plan to Overcome Anxiety, Stop Worrying, and End Panic.** By Arlin Cuncic. Helps you uncover the source of your anxiety, and develop personalized solutions to combat it. With a 7-week program that includes step by step strategies to manage anxiety, relieve stress, depression, panic, and worry, this is a proactive and personal resource to help you become less anxious and more confident. 216 pages. Callisto. Paperbound. Pub. at \$17.99 **\$12.95**

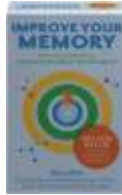
★**8873607** **REVERSING ALZHEIMER'S: The New Toolkit to Improve Cognition and Protect Brain Health.** By Heather Sandison with K. Hanley. A revolutionary and much-needed exploration of Alzheimer's and how patients and their caregivers can take back control from this insidious disease. Learn to fortify your brain health against cognitive decline, understand options for brain health to fit any budget, and more. Illus. 355 pages. Harper. Pub. at \$32.00 **\$23.95**

★**912473X** **THE BALANCED BRAIN: The Science of Mental Health.** By Camilla Nord. A tour of the scientific developments that are revolutionizing the way we think about mental health, showing why and how events—and treatments—can affect people in such different ways. With so many factors at play, there are more possibilities for recovery and resilience than we might think. 270 pages. Princeton. Paperbound. Pub. at \$19.95 **\$15.95**

★**9118489** **THE DOSE EFFECT: Optimize Your Brain and Body by Boosting Your Dopamine, Oxytocin, Serotonin, and Endorphins.** By TJ Power. Drawing on cutting-edge science, Power explores how biohacking your brain can enhance cognitive performance and improve the aspects of your life that ultimately control a happier, healthier, and more productive lifestyle. Well illus. 304 pages. Dey Street. Pub. at \$27.00 **\$21.95**



Healing & the Mind



★9068678 IMPROVE YOUR MEMORY: With the Astonishing Memory Palace Technique! By Nelson Dellis. Shows you how to hone your own memorization powers with techniques that include the famous "memory palace". Once you work your way through you can test yourself with a variety of fun games using the cards and poster included. Boxed. Fully illus. in color. Sirius. Paperbound. Pub. at \$19.99 **\$14.95**



★9050779 FUTURE TENSE: Why Anxiety is Good for You (Even Though It Feels Bad). By Tracy Dennis-Tiwary. A psychologist confronts our pervasive misunderstanding of anxiety and presents a powerful new framework for reimagining and reclaiming the confounding emotion as the advantage it evolved to be. Achieving a new mindset will not fix anxiety itself—because the emotion of anxiety is not broken; the way we cope with it is. 273 pages. Harper. Pub. at \$26.99 **\$5.95**



★9105301 THE DREAM CURE: How Recalling Your Dreams Can Heal Your Life. By Theresa Cheung. Provides a map for your path to self-discovery and healing. Reveals the meanings of common dream symbols and themes, helping you harness their power to resolve anxieties, overcome obstacles, and ignite positive transformation. 276 pages. Llewellyn. Paperbound. Pub. at \$18.99 **\$13.95**



★9096981 YOUR CHAKRA PERSONALITY: Discover Your Soul Design Through Primary & Secondary Chakras. By Shai Tubali. Helps you figure out who you are, what you're meant to do in life, and how to best use your gifts. Deciphering your chakra type not only fosters better self-understanding, but also better decision-making, problem-solving, and acceptance of yourself and others. 212 pages. Llewellyn. Paperbound. Pub. at \$18.99 **SOLD OUT**

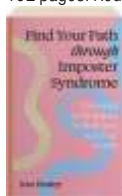
★9078126 THE HEALING POWER OF YOUR SUBCONSCIOUS MIND. By Joseph Murphy. Readers will discover Murphy's most important theories on the topics of health, healing and living a vibrant life. Combining the complete and original text of his most popular works this essential volume will inspire anyone looking to heal their lives through their own mental powers. 306 pages. St. Martin's. Paperbound. Pub. at \$19.00 **\$14.95**



★906673X FEELING GREAT: The Revolutionary New Treatment for Depression and Anxiety. By David D. Burns. Describes a groundbreaking high-speed treatment for depression and anxiety based on one simple notion: our struggles actually reflect what is most beautiful about us. And when we can see our negative thoughts and feelings from this perspective, recovery becomes possible—sometimes even in the blink of an eye! 517 pages. Bridge City. Paperbound. Pub. at \$19.99 **\$14.95**

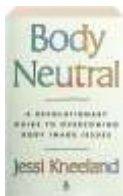


★1200534 LUCID DREAMING, LUCID LIVING: Your Oracle & Guide to Mastering the Dreamscape. By Norma J. & Nisha Burton. Dreamers will learn how to navigate various states of consciousness with lucidity. Each card in the deck provides valuable tools for navigating the dream worlds and powerful answers to daily life dilemmas. Set includes 44 cards and an interpretation guide in a presentation box. Well illus. in color. 192 pages. Red Wheel. Paperbound. Pub. at \$29.95 **\$21.95**



★911209X FIND YOUR PATH THROUGH IMPOSTER SYNDROME: Powerful Techniques to Help You See Your Worth. By Jess Henley. We all go through times when we feel a bit out of our depth, but when imposter syndrome strikes, it can be hard to know what to do. Explore what imposter syndrome is and how it may be affecting you, so that you can make the adjustments you need to live a healthier, more confident life. 159 pages. Leaping Hare. Paperbound. Pub. at \$10.99 **\$7.95**

★9071725 DREAM WISE: Unlocking the Meaning of Your Dreams. By Lisa Marchionni et al. Three Jungian analysts transform the most useful dream work concepts and principles into a unique series of 69 "keys" to unlock the meaning of your dreams. It's a trustworthy map for exploring the vast reaches of your dreams and a faithful compass to your true becoming. 335 pages. Sounds True. Pub. at \$29.99 **\$21.95**



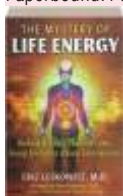
★9061762 BODY NEUTRAL: A Revolutionary Guide to Overcoming Body Image Issues. By Jessi Kneeland. Stop hating your body and start loving your life! Full of innovative advice and actionable tools for healing, Kneeland helps us release our insecurities and achieve a state of body neutrality, in which we embrace the knowledge that our bodies don't determine our worth, our character or our capacity for self-love. 421 pages. Penguin. Paperbound. Pub. at \$20.00 **\$5.95**



★7989903 USE YOUR PSYCHIC POWERS TO HAVE IT ALL: Release Your Psi-Force for Health, Wealth, Success & Peace of Mind. By Uri Geller. This edition will help you release your inner psychic ability, your Psi Force. This power will help you excel in all areas of your life: outsmart your boss, win at games, make friends, attract a lover, overcome illness and depression, be a financial success, and above all, be happy and content. 188 pages. Watkins. Paperbound. Pub. at \$18.95 **PRICE CUT to \$3.95**



★903790X THE MANDALA WAY: A Creative Journey into Healing and Self-Empowerment. By Eitan Kedmy. Offers guidance to the process of designing, creating, and interpreting mandalas, including instructions for 16 mandala artworks, each with their own accompanying meditation. Slow down, connect with your emotions and experience true mindfulness. Well illus., most in color. 199 pages. Watkins. Paperbound. Pub. at \$24.95 **PRICE CUT to \$4.95**



★6081967 THE MYSTERY OF LIFE ENERGY: Biofield Healing, Phantom Limbs, Group Energetics & Gaia Consciousness. By Eric Leskowitz. Explores the role of life energy in healing therapies and outlines its many manifestations at the individual, group, and global levels. Blending hard science with ancient healing wisdom, the author reveals how we can all thrive together by remembering our shared energetic roots and our interconnectedness through the global web of life energy. 310 pages. Inner Traditions. Paperbound. Pub. at \$24.00 **PRICE CUT to \$14.95**

★7807708 SECRETS OF IQ TRAINING: 101 Ways to Sharpen Your Mind. By Ron Bracey. 144 pages. Shelter Harbor. Paperbound. Pub. at \$7.95 **PRICE CUT to \$2.95**

★6481620 KEEP YOUR BRAIN ALIVE: 83 Neurobic Exercises to Help Prevent Memory Loss & Increase Mental Fitness. By L.C. Katz & M. Rubin. 190 pages. Workman. 4x6. Paperbound. Pub. at \$9.95 **\$6.95**

★1043560 THE ESSENTIAL BOOK OF DREAMS: Discover the Meanings of Your Nightly Journeys. By Pamela Ball. Illus. in color. 160 pages. Sirius. Pub. at \$12.99 **\$4.95**

★1041061 THE 10 BEST-EVER ANXIETY MANAGEMENT TECHNIQUES. By Margaret Wehrenberg. 232 pages. Norton. Paperbound. Pub. at \$19.95 **\$6.95**

★9076824 AND HOW DOES THAT MAKE YOU FEEL? Everything You (N)ever Wanted to Know About Therapy. By Joshua Fletcher. 298 pages. Morrow. Pub. at \$29.99 **\$6.95**

★1378708 BREAKING THROUGH DEPRESSION: A Guide to the Next Generation of Promising Research and Revolutionary New Treatments. By Philip William Gold. 257 pages. Twelve. Pub. at \$30.00 **\$4.95**

★7700369 A MIND OF ITS OWN: How Your Brain Distorts and Deceives. By Cordelia Fine. 246 pages. Icon. Paperbound. **PRICE CUT to \$2.95**

★2279444 YOUR INTUITION LED YOU HERE: Daily Rituals for Empowerment, Inner Knowing, and Magic. By A. Naranjo & M. Vargas. Well illus. 264 pages. Rodale. Pub. at \$22.99 **PRICE CUT to \$4.95**

★8897018 CONNECT: How to Find Clarity and Expand Your Consciousness with Pineal Gland Meditation. By Ilchi Lee. Illus. in color. 256 pages. Best Life Media. Paperbound. Pub. at \$19.95 **\$15.95**

★5211964 DREAM ALCHEMY: Shaping Our Dreams to Transform Our Lives. By Ted Andrews. Illus. 252 pages. Llewellyn. Paperbound. Pub. at \$16.99 **PRICE CUT to \$9.95**

★7989996 DEPRESSIVE ILLNESS: The Curse of the Strong. By Tim Cantopher. Illus. 144 pages. Sheldon. Paperbound. Pub. at \$14.99 **PRICE CUT to \$3.95**

★9041656 TURN TO THE SUN: Your Guide to Release Stress and Cultivate Better Health Through Nature. By Brittany Gowan. 208 pages. Harper. Pub. at \$19.99 **PRICE CUT to \$3.95**

★9041087 HEART CHAKRA: Your Fourth Energy Center Simplified + Applied. Ed. by Cyndi Dale. 204 pages. Llewellyn. Paperbound. Pub. at \$16.99 **PRICE CUT to \$9.95**

★9036849 HOW TO UNDERSTAND AND DEAL WITH STRESS. By Katy Georgiou. 126 pages. The Experiment. Paperbound. Pub. at \$9.95 **PRICE CUT to \$5.95**

★1176064 THE STRESS PRESCRIPTION: 7 Days to More Joy and Ease. By Elissa Epel. 240 pages. Penguin. Paperbound. Pub. at \$15.00 **SOLD OUT**

★DVD 789497X THE LOVE DESTINATION: Guided Meditation. Widescreen. Dreamscape Media. Pub. at \$14.95 **PRICE CUT to \$5.95**

★1207474 ANXIETY AND DYSAUTONOMIA: Do I Have POTS or Autonomic Dysfunction? By Nicholas L. DePace et al. Well illus. in color. 169 pages. Skyhorse. Paperbound. Pub. at \$17.99 **PRICE CUT to \$9.95**

★8886962 THE WILD REMEDY JOURNAL: Finding Wellness in Nature. By Emma Mitchell. Well illus. in color. 128 pages. Michael O'Mara. Paperbound. Pub. at \$19.99 **PRICE CUT to \$9.95**

★7955057 THE LANGUAGE OF BREATH: Discover Better Emotional and Physical Health Through Breathing and Self-Awareness. By Jesse Coomer. 218 pages. North Atlantic. Paperbound. Pub. at \$19.95 **PRICE CUT to \$7.95**

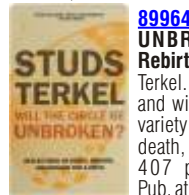
★7939485 THE EMOTIONAL ROOTS OF CHRONIC ILLNESS: Homeopathy for Existential Stress. By Jerry M. Kantor. 208 pages. Inner Traditions. Paperbound. Pub. at \$24.99 **PRICE CUT to \$11.95**

★7929552 LIFE TIME: Your Body Clock and Its Essential Roles in Good Health and Sleep. By Russell Foster. 466 pages. Yale. Paperbound. Pub. at \$20.00 **PRICE CUT to \$9.95**

Facing Illness & Death



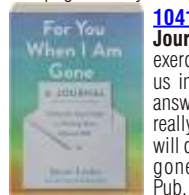
★7797273 DEATH: The Scientific Facts to Help Us Understand It Better. By R. Beliveau & D. Gingras. Sprinkled with humor and the wisdom of great thinkers, this work reflects on our philosophical, scientific and spiritual understanding of death. Chapters cover diverse topics such as consciousness and the soul; terminal illness and dying slowly; how the body dies; murder and execution; and more. Well illus., many in color. 264 pages. Firefly. Paperbound. Pub. at \$29.95 **\$3.95**



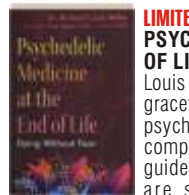
★8996407 WILL THE CIRCLE BE UNBROKEN? Reflections on Death, Rebirth, and Hunger for a Faith. By Studs Terkel. Explores with unrivaled compassion and wisdom the indelible reactions of a wide variety of people to mortality, the experience of death, and the possibility of life afterward. 407 pages. New Press. Paperbound. Pub. at \$18.95 **\$5.95**



★7857659 DEATH IS BUT A DREAM: Finding Hope and Meaning at Life's End. By Christopher Kerr with C. Madorossian. Drawing on interviews with over 1,400 patients and more than a decade of quantified data, Dr. Kerr reveals that pre-death dreams and visions are extraordinary occurrences that humanize the dying process. He shares how his hospice patient's stories point to death as not solely the end of life, but as the final chapter of humanity's transcendence. 248 pages. Avery. Pub. at \$27.00 **\$6.95**

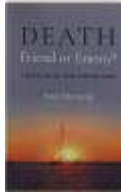


★1041711 FOR YOU WHEN I AM GONE: A Journal. By Steve Leder. Provides prompts, exercises, and inspirational quotes to guide us in creating our ethical will. Your honest answers will tell a truth about who and what really matters in your life that your loved ones will cherish for the rest of theirs when you are gone. 249 pages. Avery. Paperbound. Pub. at \$18.00 **\$5.95**

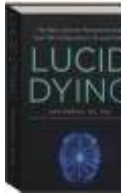


LIMITED QUANTITY ★9074317 PSYCHEDELIC MEDICINE AT THE END OF LIFE: Dying Without Fear. By Richard Louis Miller. Outlines 10 steps for dying gracefully, without fear, with the help of psychedelics. Examines how to navigate the complex legal landscape and find the right guide, dose, and therapy. Shows how they are singularly valuable in helping individuals face the end of life with courage and serenity. 224 pages. Park Street. Paperbound. Pub. at \$19.99 **\$15.95**

Facing Illness & Death



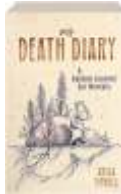
★9116370 DEATH: Friend or Enemy? Views From the Other Side. By Ann Merivale. Death, as the saying goes, is the great leveller, and though many fear it, or view it as a blessed release, its inescapability affects us all. The author's aim is to dispel all fears of death itself, demonstrate the notion of eternal damnation is mistaken and that lifetime, no matter how long, has a clear purpose and value. 400 pages. 6th Books. Paperbound. Pub. at \$22.95 **\$17.95**



★8995702 LUCID DYING: The New Science Revolutionizing How We Understand Life and Death. By Sam Parnia. Parnia shows that the entity we refer to as consciousness—our Self—does not seem to become annihilated when we die. In fact, during death, our consciousness vastly expands and leads to a vivid experience that follows a very specific narrative arc. 342 pages. Hachette. Pub. at \$32.00 **\$23.95**



★7897561 NINE DAYS OF ETERNITY: An Extraordinary Near-Death Experience That Teaches Us About Life and Beyond. By Anke Evertz. An incredible account of an almost unimaginable adventure between life and death, and a wake-up call for everyone who wants to live a fulfilled and connected life. Through her story, Evertz will show you how to recognize your boundless creative power, understand your divine nature and true purpose, and see every day as a miracle. 219 pages. Hay House. Paperbound. Pub. at \$18.99 **\$13.95**



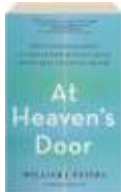
★9079300 MY DEATH DIARY: A Guided Journal for Mortals. By Anita Hannig. Rather than shield you from your mortality, this guided journal gives you the space and tools to explore your own relationship with it. Takes you gently by the hand and guides you down a path toward examining your own mortality. Illus. 138 pages. Sourcebooks. Paperbound. Pub. at \$16.99 **\$12.95**



★785546X THE AFTERLIFE BOOK: Heaven, Hell, and Life After Death. By M.D. Jones & L. Flaxman. Packed with facts and thought-provoking insights, this work thoroughly reviews ideas of heaven, reincarnation, Christian and other religious beliefs; cremation, burial, and historic death rituals; accounts of near-death experiences; and more. Well illus. 323 pages. Visible Ink. Paperbound. Pub. at \$22.95 **\$14.95**



9120491 THE GRIEF CURE: Looking for the End of Loss. By Cody Delistraty. Delistraty reflects on his experience with loss and explores what modern science, history, and literature reveal about the nature of our relationship to grief and our changing attitudes toward its cure. 195 pages. Harper. Pub. at \$27.99 **\$5.95**



8876169 AT HEAVEN'S DOOR: What Shared Journeys to the Afterlife Teach About Dying Well and Living Better. By William J. Peters with M. Kinsella. An exploration with rich and powerful personal stories and convincing research of the many ways the living can and do accompany the dying on their journey into the afterlife. 248 pages. S&S. Paperbound. Pub. at \$17.99 **PRICE CUT to \$3.95**



6997570 GRIEF: A Philosophical Guide. By Michael Cholbi. An original account of how grieving works and why it is so important, this work shows how the pain of this experience gives us a chance to deepen our relationships with others and ourselves. 219 pages. Princeton. Pub. at \$24.95 **PRICE CUT to \$4.95**



★7904665 SPONTANEOUS CONTACTS WITH THE DECEASED. By Evelyn Elsaesser. This large-scale international investigation into spontaneous After-Death Communications reveals the circumstances, nature and consequences of these beautiful and consoling experiences. Discover the powerful beneficial impact of these deeply meaningful contacts, allegedly initiated by the deceased towards their loved ones. 321 pages. Iff Books. Paperbound. Pub. at \$19.95 **PRICE CUT to \$11.95**



7982739 GRIEF IS LOVE: Living with Loss. By Marisa Renee Lee. Reveals that healing does not mean moving on after losing a loved one—healing means learning to acknowledge and create space for your grief. The key factors that we all need for proper healing are permission, safety, care, grace, and more. 178 pages. Legacy. Pub. at \$26.00 **PRICE CUT to \$3.95**

9065431 FOR YOU WHEN I AM GONE: Twelve Essential Questions to Tell a Life Story. By Steve Leder. 215 pages. Avery. Pub. at \$27.00 **SOLD OUT**

8892946 SO SORRY FOR YOUR LOSS: How I Learned to Live with Grief, and Other Grave Concerns. By Dina Gachman. 229 pages. Union Square & Co. Paperbound. Pub. at \$17.99 **\$5.95**

★199798X THE TOP TEN THINGS DEAD PEOPLE WANT TO TELL YOU: Answers to Inspire the Adventure of Your Life. By Mike Dooley. 209 pages. Hay House. Paperbound. Pub. at \$16.99 **\$12.95**

★7897073 WE NEVER DIE: Secrets of the Afterlife. By Matt Fraser. 216 pages. Gallery. Paperbound. Pub. at \$17.99 **\$12.95**

811661X DON'T TAKE MY GRIEF AWAY: What to Do When You Lose a Loved One. By Doug Manning. 129 pages. Harper. Paperbound. Pub. at \$14.95 **PRICE CUT to \$1.95**

★7890583 THE IN-BETWEEN: Unforgettable Encounters During Life's Final Moments. By Hadley Vlahos. 259 pages. Ballantine. Pub. at \$27.00 **PRICE CUT to \$5.95**

★7995482 SPIRITUAL REVELATIONS FROM BEYOND THE VEIL: What Humanity Can Learn from the Near Death Experience. By Douglas Charles Hodgson. 135 pages. O-Books. Paperbound. Pub. at \$15.95 **PRICE CUT to \$9.95**

★7925883 I'M NOT A MOURNING PERSON: Braving Loss, Grief, and the Big Messy Emotions That Happen When Life Falls Apart. By Kris Carr. 211 pages. Hay House. Pub. at \$19.99 **PRICE CUT to \$7.95**

★7820151 THE BIG EXIT: The Surprisingly Urgent Challenge of Handling the Remains of a Billion Boomers. By Ian Sutton. 217 pages. Sutherland House. Paperbound. Pub. at \$19.95 **PRICE CUT to \$1.95**

★7900384 DEATH NESTING: The Heart-Centered Practices of a Death Doula. By Anne-Marie Keppel. 176 pages. Inner Traditions. Paperbound. Pub. at \$18.00 **PRICE CUT to \$7.95**

★7916205 HOPE FOR THE BEST, PLAN FOR THE REST: 7 Keys for Navigating a Life-Changing Diagnosis. By S. Winemaker & H. Seow. 253 pages. Page Two Books. Paperbound. Pub. at \$19.95 **PRICE CUT to \$7.95**

★7854722 THE DENIAL OF DEATH. By Ernest Becker. 314 pages. Free Press. Paperbound. Pub. at \$18.99 **PRICE CUT to \$9.95**

★7990154 GRIEF: A Philosophical Guide. By Michael Cholbi. 222 pages. Princeton. Paperbound. Pub. at \$16.95 **PRICE CUT to \$9.95**

Aging



7701705 AGELESS: The New Science of Getting Older Without Getting Old. By Andrew Steele. Charts the astounding progress science has made in recent years to secure biological immortality for humans: to help us become old without getting frail, to live longer without ill health or disease. Helps us see most illnesses can be prevented by treating the aging process. 334 pages. Doubleday. Pub. at \$29.00 **\$5.95**



7822170 EIGHTYSOMETHINGS: A Practical Guide to Letting Go, Aging Well, and Finding Unexpected Happiness. By Katharine Esty. Describes the series of dramatic and difficult transitions that eightysomethings usually experience and how, despite their losses, they so often find themselves unexpectedly happy. Esty adds her wisdom and perspective to this multi-dimensional look at being old as a social psychologist, a psychotherapist, and as an eighty-seven year old widow living in a retirement community. 232 pages. Skyhorse. Paperbound. Pub. at \$19.99 **\$6.95**



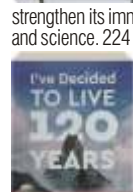
9002871 SENIOR MOMENTS: What Happens When Your Brain Lets You Down. By Shelley Klein. Comprising the experiences of everyone from the famous to the infamous, this collection is chock full of advice, anecdotes, confessions, quotes, tips, and excuses. Well illus. 155 pages. Lyons. Paperbound. Pub. at \$14.95 **\$4.95**



CD 7367694 AGELESS SOUL: The Lifelong Journey Toward Meaning and Joy. By Thomas Moore. Read by Thomas Moore. Reveals a fresh, optimistic, and rewarding path toward aging, a journey that need not be feared, but rather should be embraced and cherished. Aging is the process by which one becomes a more distinctive, complex, loving and connected person. Ten hours on 8 CDs. Macmillan Audio. Pub. at \$39.99 **\$4.95**



7905084 THE NEW RULES OF AGING WELL: A Simple Program for Immune Resilience, Strength, and Vitality. By F. Lipman & D. Claro. A radically simple program to reverse the symptoms we reflexively call "normal aging," including feeling achy, stiff, sluggish, weak, and vulnerable to chronic illness. Built on a series of lifestyle changes that energize the body and build and strengthen its immune system, this guide is based on ancient wisdom and science. 224 pages. Artisan. Pub. at \$24.95 **\$7.95**



★8896577 I'VE DECIDED TO LIVE 120 YEARS: The Ancient Secret to Longevity, Vitality, and Life Transformation. By Ilchi Lee. Lee challenges you to radically rethink your ideas of aging, health, personal fulfillment, and what's possible in your lifetime. Well illus. in color. 304 pages. Best Life Media. Paperbound. Pub. at \$19.95 **\$15.95**



★9078924 SECRETS OF LONGEVITY: Hundreds of Ways to Live to Be 100. By Mao Ni. This must-have guide offers hundreds of simple practices for aging well so you can live a long, healthy, joyful life. 408 pages. Chronicle. Paperbound. Pub. at \$24.95 **\$19.95**



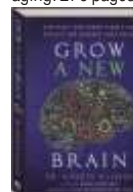
9003517 NEVER TOO LATE: A 90-Year-Old's Pursuit of a Whirlwind Life. By Roy Rowan. Rowan shares the lessons he has learned through his long and adventurous life and career and addresses a spectrum of topics, including: the subjectivity of the label old; the importance of optimism; and the fight to maintain independence as the years go by. 228 pages. Lyons. Pub. at \$19.95 **\$4.95**



4283619 TRUE AGE: Cutting-Edge Research to Help Turn Back the Clock. By Morgan Levine. Introduces readers to the latest developments in the science of aging and longevity. It provides an in-depth understanding of biological age and the methods now available to estimate our own. It helps us target an individualized plan to eating, exercise, sleep, intermittent fasting and caloric restriction. 294 pages. Avery. Pub. at \$27.00 **\$6.95**



7983867 JELLYFISH AGE BACKWARDS: Nature's Secrets to Longevity. By Nicklas Brendborg. From the backward aging jellyfish to the woman who successfully edited her DNA, the author follows the thread of every experiment, story and myth in search of immortality. With mind bending discoveries and physiological gifts that feel closer to magic than reality, this work will reshape everything you thought you knew about aging. 270 pages. Hodder. Paperbound. **\$7.95**



★9093109 GROW A NEW BRAIN: How Spirit and Power Plants Can Protect and Upgrade Your Brain. By Alberto Villoldo. Growing older is inevitable, but aging can be prevented, even reversed—but only when you upgrade your brain, using both ancient and modern science, to create psychosomatic health. 199 pages. Hay House. Pub. at \$25.99 **\$19.95**



9070427 TOUGH BROAD: From Boogie Boarding to Wing Walking—How Outdoor Adventure Improves Our Lives as We Age. By Caroline Paul. A funny, inspiring, deeply researched exploration into the science and psychology of the outdoors and our place in it as we age. Be inspired by this high-spirited call for women to embrace the outdoors, not back away from it, in our 50s, 60s, 70s, and beyond, casting our own futures in a new and dazzling light. 272 pages. Bloomsbury. Pub. at \$27.99 **\$5.95**

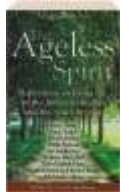
★8008051 MAYO CLINIC ON HEALTHY AGING, REVISED. By N. K. LeBrasseur & C. Chen. Explores the biology of aging—why we age and possible ways to slow the aging process. More importantly, it outlines steps that you can take now to help you enjoy a healthier and more purposeful life in your later years. Mayo Clinic. Pub. at \$27.99 **\$21.95**



Aging



★909167X SPIRITUAL AGING: Weekly Reflections for Embracing Life. By Carol Orsborn. Designed to be read weekly in two-year cycles, the 120 timeless readings in this work focus on the issues and concerns that arise among those who view aging as a path to spiritual culmination. 364 pages. Park Street. Paperbound. Pub. at \$19.99 **\$15.95**



9029982 THE AGELESS SPIRIT: Reflections on Living Life to the Fullest in Midlife and Years Beyond. Ed. by Connie Goldman. People over the age of 70 talk about how they remain vital. The result is a treasure of humor and profundity by some of the most fascinating and gifted men and women of our time. Well illus. 339 pages. Fairview. Paperbound. Pub. at \$14.95 **PRICE CUT to \$2.95**



★9038779 THE SCIENCE AND TECHNOLOGY OF GROWING YOUNG. By Sergey Young. A leader in the emerging field of longevity offers his perspectives on what cutting edge breakthroughs are on the horizon, as well as the practical steps we can take now to live healthily to 100 and beyond. 269 pages. BenBella. Paperbound. Pub. at \$18.95 **PRICE CUT to \$11.95**

8795010 SUPER HUMAN: The Bulletproof Plan to Age Backward and Maybe Even Live Forever. By Dave Asprey. 328 pages. Harper. Pub. at \$28.99 **SOLD OUT**

1906860 100 MOST EFFECTIVE WAYS TO STOP AGING AND STAY YOUNG. By Julia Maranan. Illus. in color. 239 pages. Crestline. Pub. at \$14.99 **\$5.95**

8517355 JELLYFISH AGE BACKWARDS: Nature's Secrets to Longevity. By Nicklas Brendborg. 268 pages. Little, Brown. Pub. at \$29.00 **\$6.95**

794022X NECESSARY CONVERSATIONS, SECOND EDITION: Between Families and Their Aging Parents. By Gerald W. & L. Marlene Kaufman. 189 pages. Skyhorse. Paperbound. Pub. at \$14.99 **PRICE CUT to \$1.95**

★797390X HOW NOT TO AGE: The Scientific Approach to Getting Healthier as You Get Older. By Michael Greger. 628 pages. Flatiron. Pub. at \$39.99 **SOLD OUT**

★8093334 DAYLIGHT SAVING TIME: The Power of Growing Older. By David W. Berner. 143 pages. O-Books. Paperbound. Pub. at \$16.95 **PRICE CUT to \$9.95**

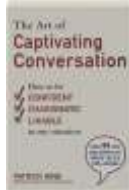
★7930054 AGING AGELESSLY: Busting the Myth of Age-Related Mental Decline. By T. Buzan & R. Keene. Illus. 244 pages. G&D Media. Paperbound. Pub. at \$19.95 **PRICE CUT to \$9.95**

★2328100 LET'S TALK ABOUT AGING PARENTS: A Real-Life Guide to Solving Problems with 27 Essential Conversations. By Laura Tamblin Watts. 244 pages. The Experiment. Paperbound. Pub. at \$18.95 **PRICE CUT to \$9.95**

★6999336 CONSCIOUS LIVING, CONSCIOUS AGING: Embrace & Savor Your Next Chapter. By Ron Pevny. 215 pages. Atria. Paperbound. Pub. at \$17.99 **PRICE CUT to \$7.95**

★4992237 THE BEST GRANDMOTHER NAMES EVER: Choose Your Perfect Grandma Name, from Bubbe and Gigi to Memaw and Nana. By Cathy Livingstone. 154 pages. Sourcebooks. Paperbound. Pub. at \$12.99 **PRICE CUT to \$3.95**

Communication Skills



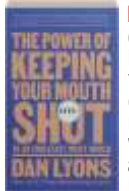
905474X THE ART OF CAPTIVATING CONVERSATION: How to be Confident, Charismatic and Likable in Any Situation. By Patrick King. Enhance your social skills and develop conversation starters by learning what makes a good interaction, as well as techniques to become more confident, charismatic, and likable. Be empowered to move out of your comfort zone to not only break the ice, but to engage in a meaningful and enriching conversation. 146 pages. Skyhorse. Paperbound. Pub. at \$14.99 **\$5.95**



6898882 UNLOCKING SECRETS: How to Get People to Tell You Everything. By David Craig. Craig has simplified the psychological methods by criminal investigators and covert operatives to persuade others to reveal their secrets. These methods could be used to assist people working with patients, clients, children, or friends who carry a difficult secret. 150 pages. Skyhorse. Paperbound. Pub. at \$14.99 **\$5.95**



7983786 IMPROVE YOUR HANDWRITING: Write in a Confident and Fluent Hand. By R. Sassoon & G. SE Briem. Helps you to improve your handwriting and find a mature and individual style. Experiment with the way you write and choose the style that suits you best, enabling you to write quickly and legibly when it really matters. 175 pages. Teach Yourself. Paperbound. **\$6.95**



LIMITED QUANTITY 907032X STFU: The Power of Keeping Your Mouth Shut in an Endlessly Noisy World. By Dan Lyons. Gives you the tools to become your better self, whether that's in the office, at home, online, or in your most treasured relationships. Because, after all, what you say is who you are. So take a deep breath, turn the page, and quietly change your life. 252 pages. Holt. Paperbound. Pub. at **SOLD OUT**



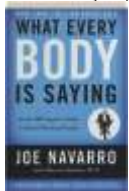
4873033 BODY LANGUAGE 101. By David Lambert. Offers a practical introduction to the conscious and unconscious body language people use to express mood, attitude, and status. Nonverbal communication from around the world is examined and interpreted. Illus. in color. 192 pages. Skyhorse. Paperbound. Pub. at \$12.95 **\$5.95**



9070060 DO THIS, NOT THAT: Career-What to Do (and NOT DO) in 75+ Difficult Workplace Situations. By Jenny Foss. A guide on what to do—and what NOT to do—in the workplace featuring clear instructions and helpful scripts so you can deal with any unexpected situation at work. You'll find more than 75 common workplace issues that cover everything from your first day on the job to your last. 190 pages. Adams Media. Pub. at \$15.99 **\$4.95**



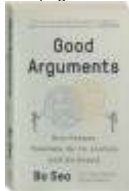
9058885 MASTERING THE ART OF PUBLIC SPEAKING: 8 Secrets to Transform Fear and Supercharge Your Career. By Michael J. Gelb. Learn to clarify and shape your message so that your audience, no matter how big or small, in person or virtual, will care about it. Once the message is clear, you'll be able to convey it in memorable, creative and effective ways. Rediscover your natural gift for communication while strengthening confidence and presence! 216 pages. New World Library. Paperbound. Pub. at \$17.95 **\$5.95**



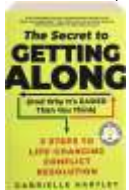
★6082211 WHAT EVERY BODY IS SAYING: An Ex-FBI Agent's Guide to Speed-Reading People. By Joe Navarro with M. Karlins. Read this guide and send your nonverbal intelligence soaring. You will discover: the ancient survival instincts that drive body language, why the face is the least likely place to gauge true feelings, simple nonverbals that establish trust & instantly communicate authority, and more. Photos. 250 pages. HarperCollins. Paperbound. Pub. at \$19.99 **\$14.95**



9094393 PERMISSION TO SPEAK: How to Change What Power Sounds Like, Starting With You. By Samara Bay. In this revolutionary take on how to use your voice to get what you want, Bay offers a fresh perspective on public speaking and a new definition of what power sounds like: namely, you. A personal and cultural reckoning with what speaking in public is and what it can be. 274 pages. Crown. Pub. at \$28.00 **\$5.95**



9077863 GOOD ARGUMENTS: How Debate Teaches Us to Listen and Be Heard. By Bo Seo. Drawing insights from its strategies, structure, and history, Seo proves that good faith debate, far from being a source of conflict, can enrich our daily lives and improve our communication with friends, family, and colleagues alike. Good arguments are more important than ever at a time when bad faith is all around us. 342 pages. Penguin. Pub. at \$28.00 **\$5.95**



★8891559 THE SECRET TO GETTING ALONG: And Why It's Easier Than You Think. By Gabrielle Hartley. This guide to everyday conflict resolution will help you: reframe your approach to conflict; find your way to more harmony and less discord; create better outcomes even in your most difficult relationships; feel more connected to the important people in your life; and more. 264 pages. Sourcebooks. Paperbound. Pub. at \$16.99 **PRICE CUT to \$9.95**

9006168 SIZING PEOPLE UP: A Veteran FBI Agent's User Manual for Behavior Prediction. By R. Dreeke & C. Stauth. 259 pages. Portfolio. Pub. at \$27.00 **SOLD OUT**

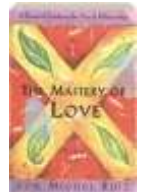
★7362935 THE POWER OF SAYING NO: The New Science of How to Say No That Puts You in Charge of Your Life. By Vanessa Patrick. Illus. 295 pages. Sourcebooks. Paperbound. Pub. at \$17.99 **PRICE CUT to \$9.95**

★7999526 GETTING TO SORRY: The Art of Apology at Work and at Home. By M. Ingall & S. McCarthy. 356 pages. Gallery. Paperbound. Pub. at \$19.99 **PRICE CUT to \$9.95**

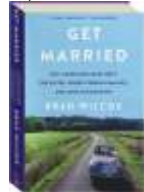
Relationships



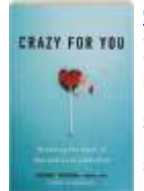
9041532 HOW TO MEET SOMEONE (NOT ONLINE): Everything You Need to Find Love and Create Meaningful Relationships in the Digital Age. By Sharon Gilchrist O'Neill. Offers invaluable advice on meeting people face to face, whether you're looking for romance or a platonic friendship, and challenges you to ignore your screens and venture into the world beyond. With a little practice and confidence the possibilities are limitless. 61 pages. Cider Mill. Pub. at \$14.95 **\$4.95**



9117539 THE MASTERY OF LOVE: A Practical Guide to the Art of Relationship, a Toltec Wisdom Book. By Don Miguel Ruiz with J. Mills. Using insightful stories to bring his message to life, Ruiz shows us how to heal our emotional wounds, recover the freedom and joy that are our birthright, and restore the spirit of playfulness that is vital to loving relationships. 210 pages. Amber-Allen. Paperbound. Pub. at \$14.00 **\$5.95**



9091076 GET MARRIED: Why Americans Must Defy the Elites, Forge Strong Families, and Save Civilization. By Brad Wilcox. For anyone who wants to understand why, even as fewer men and women tie the knot, America's most fundamental institution matters for our civilization more than ever. And for men and women looking to establish strong, stable, and happy unions for themselves and their children, this work reveals the road forward. 293 pages. Broadside. Pub. at \$32.00 **SOLD OUT**



9024212 CRAZY FOR YOU: Breaking the Spell of Sex and Love Addiction. By Kerry Cohen. Provides an inclusive framework for understanding relationships, along with practical exercises and advice for self-assessment, discovery, and healing. Helping you determine where you fall on the spectrum and how you go there; strategies for breaking the spell of SLA; and how to navigate healthy, safe, and fulfilling relationships. 288 pages. Hachette. Paperbound. Pub. at \$18.99 **\$5.95**



9093273 THE ENNEAGRAM IN MARRIAGE: Your Guide to Thriving Together in Your Unique Pairing. By Christa Hardin. Discover how you and your partner can build on your shared gifts, overcome the shadows, and shine a bright and beautiful light on each other and everyone you encounter. 282 pages. Baker Books. Paperbound. Pub. at \$19.99 **\$6.95**

9066160 THE OTHER SIGNIFICANT OTHERS: Reimagining Life with Friendship at the Center. By Rhaina Cohen. Challenges us to ask what we want from our relationships—not just what we're supposed to want—and transforms how we define a fulfilling life. 308 pages. St. Martin's. Pub. at \$29.00 **\$5.95**



6082882 HOW TRUST WORKS: The Science of How Relationships Are Built, Broken, and Repaired. By Peter H. Kim. Transforms our understanding of our deepest bonds, giving us the tools to build strong and supportive relationships on every level—with our families, coworkers, and friends, with the groups, organizations, and institutions that touch our lives, and even with societies and nations. 237 pages. Flatiron. Pub. at \$28.99 **PRICE CUT to \$3.95**

7989555 HOW TO CULTIVATE BELONGING: A Guide to Improving Your Relationship and Connection with Others. By Adele R. Ackert. Your guide to finding a place in the world, by working through what's holding you back and discovering ways to find purpose. With a little guidance, you'll learn how to notice and appreciate the unique traits you have to offer, and share them with the people who make you feel welcome and wanted. 158 pages. Rockridge. Paperbound. Pub. at \$15.99 **PRICE CUT to \$2.95**

Relationships



7983670 TOXIC FRIENDSHIPS: Knowing the Rules and Dealing with the Friends Who Break Them. By S. Degges-White & J.P. Van Tieghem. Explores toxic friendships and how women navigate the ups and downs, as well as how broken friendships can be mended and bad friendships ended. We all need friends, but knowing when and how to let go can help us all be better friends—to ourselves, and also to others. 265 pages. Rowman & Littlefield. Pub. at \$48.00

PRICE CUT to \$4.95



9026614 THE SHIT NO ONE TELLS YOU ABOUT DIVORCE: A Guide to Breaking Up, Falling Apart, and Putting Yourself Back Together. By Dawn Dais. After 12 years together, two children, ten pets, and five properties, Dais and her partner decided to call it quits. Join her on her own bumpy, meandering, and often absurd journey through the destruction of a life exploded by divorce.

Delivers a true to life and funnier than it should be guide to discovering the unexpected value in the wreckage. 228 pages. Hachette. Paperbound. Pub. at \$18.99

PRICE CUT to \$2.95

8799229 EVERYDAY SOCIOPATHS: How Evil Spreads and How We Can Stop It. By Jane McGregor. 248 pages. Sheldon. Paperbound. Pub. at \$14.99

\$5.95

9026096 THE LONG-DISTANCE RELATIONSHIP SURVIVAL GUIDE: Secrets and Strategies from Successful Couples Who Have Gone the Distance. By C. Bell & K. Brauer-Bell. 201 pages. Ten Speed. Paperbound. Pub. at \$14.99

\$5.95

DVD 7803915 CUDDLE. Widescreen. True Mind. Pub. at \$14.95

\$3.95

8166706 SPEAKING IN THUMBS: A Psychiatrist Decodes Your Relationship Texts So You Don't Have To. By Mimi Winsberg. 285 pages. Doubleday. Pub. at \$27.00

PRICE CUT to \$1.95

7998309 SHARING THE COVERS: Every Couple's Guide to Better Sleep. By Wendy M. Troxel. 244 pages. Hachette. Pub. at \$28.00

PRICE CUT to \$1.95

Sexuality & Sexual Expression

9103198 PENTHOUSE: Naughty by Nature. By the eds. of *Penthouse* Magazine. In these pages you'll meet women of all ages and from all walks of life, with one thing in common. They're all open to erotic exploration with its infinite possibilities. It's girl talk at its most revealing! Adults only. 321 pages. Grand Central. Paperbound. Pub. at \$8.99

\$5.95



4760107 EXPLOSIVE SEX! Step-by-Step Techniques for the Hottest Sex Ever. By Richard Emerson. Includes twenty-three penetrative sex position sequences that lead you step by step to earth shaking climaxes. Not only will you achieve finesse in the bedroom, you will also learn how to shed your inhibitions and discover your sexual "personality." Adults only. Fully illus. in color.

128 pages. Carlton. Paperbound. Pub. at \$16.95

\$4.95



7906927 THE ART OF THE QUICKIE: Fast Sex, Fast Orgasm, Anytime, Anywhere. By Joel D. Block. Break out of your usual routine with these tips for quickie-friendly positions, some in naughty but safe places, like movie theaters or elevators. Adults only. Color photos. 128 pages. Quiver. Paperbound. Pub. at \$19.99

\$5.95



7950977 BEEN THERE, DONE THAT: A Rousing History of Sex. By Rachel Feltman. In this kaleidoscopic compendium of centuries-old erotica, science writer Feltman shows how much sex has changed, and how much it hasn't. With unstoppable curiosity, she debunks myths, breaks down stigma, and uses the long, outlandish history of sex to dissect present-day practices and taboos.

328 pages. Bold Type. Pub. at \$27.00

\$6.95

4913876 50 THINGS TO DO WITH A RABBIT & OTHER SEX TOYS. By Daisy Valetta. Whether you're single or coupled up, the exciting range of sex toys available these days will tease and please you into the most mind-blowing orgasms imaginable. This guide will provide hours of entertainment and even includes a chapter for getting guys in on the action too. Adults only. Illus. in color. 95 pages. Carlton. Paperbound. Pub. at \$9.95

\$2.95



903143X SLUTEVER: Dispatches from a Sexually Autonomous Woman in a Post-Shame World. By Karley Sciortino. Here *Vogue* columnist Sciortino is on a mission to reclaim the world "slut" to represent a person who seek out visceral experiences through sex, and who isn't ashamed of it. Sluts are special, and radical. And sluts are skilled at time management, because they can handle multiple partners and work life balance. 280 pages. Grand Central. Paperbound. Pub. at \$16.99

\$4.95



777169X SATISFACTION GUARANTEED: 350 Best Sex Tips Ever. By Lisa Sussman. A frank, practical, and humorous guide for the woman who demands concise and insightful advice about her sex life. This manual will tell you everything you need to keep sex sizzling. Whether you're interested in a marathon session or a spontaneous quickie, get ready for an action packed ride. Adults only. Well illus. in color. Carlton. Pub. at \$16.95

\$4.95



7848684 WOMEN ON TOP OF THE WORLD: What Women Think About When They're Having Sex. Ed. by Lucy-Anne Holmes. Fifty-one women, from all walks of life and from all over the world, reveal their most intimate and private thoughts about sex. This work pushes boundaries and explores female sexuality in new, honest, and exciting ways. Adults only. Well illus. in color. 224 pages. Running Press. Pub. at \$22.00

\$6.95



7991398 SLOW SEX SECRETS. By Adam Tokunaga. Learn about the plague of "junk sex" and how to avoid it; the essential role of time; the building of sexual ki or energy; and the Adam Touch, the amazing technique that drives women wild. Adults only. Illus. 155 pages. Vertical. Paperbound. Pub. at \$13.95

\$9.95



4708954 SHE COMES FIRST: The Thinking Man's Guide to Pleasuring a Woman. By Ian Kerner. A virtual encyclopedia of female pleasure, detailing dozens of tried and true techniques for consistently satisfying a woman and ensuring that sexual fulfillment is mutual. Illus. 220 pages. Morrow. Paperbound. Pub. at \$18.99

\$12.95



9002405 RETHINKING SEX. By Christine Emba. Emba invites us to reconsider long-held assumptions about sex positivity, feminism, and healthy sexual relationships. She reveals the many ways today's consent-only sexual code fails us. 204 pages. Sentinel. Pub. at \$27.00

\$5.95



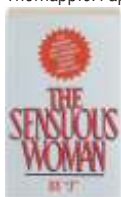
9120858 SMART SEX: How to Boost Your Sex IQ and Own Your Pleasure. By Emily Morse. Drawing from science, research, and lived experience, and written in a voice that's entertaining and inclusive, this work will help you radically improve your sex life, your confidence, and your relationships, including your relationship with yourself. Illus. 299 pages. Park Row. Paperbound. Pub. at \$21.99

\$16.95



7826877 THE PEGGING BOOK: A Complete Guide to Anal Sex with a Strap-On Dildo. By C.S. Beckett & L. Miller. Tackles all you've ever wanted to know about pegging. How do we do it? What are the right tools for the job? The authors answer questions and also talk about your safety, male anatomy, and the healthy benefits of being pegged. Adults only. Illus. 193 pages. Thornapple. Paperbound. Pub. at \$19.95

\$15.95

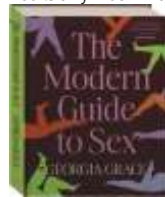


7991770 THE SENSUOUS WOMAN. By J. The author opened the eyes—and minds—of millions of American women with her explicit step by step account of her pursuit of the ultimate in sexual pleasure. This work will teach every woman how to free her body, train her senses, and tap her own hidden erotic resources. 192 pages. Dell. Paperbound. Pub. at \$7.99

\$5.95

★DVD 4588630 THE LOVERS' GUIDE. Explore your sexual self with this comprehensive collection, offering compelling advice from sex experts Dr. Sarah Brewer, Dr. Sarah Humphrey, Dr. Dawn Harper, and bestselling author Tracey Cox. Discover a world of erotic possibility with programs like *Secrets of Sensational Sex; What Women Really Want; Sex Play; Sexual Positions; Better Orgasms for Men; Better Orgasms for Women;* and more. "The ultimate sex and relationship guide"—*Cosmopolitan*. Eleven hours on 10 DVDs. Adults only. True Mind. Pub. at \$69.95

\$49.95



★9124721 THE MODERN GUIDE TO SEX. By Georgia Grace. The ultimate handbook for experiencing full-body pleasure, sexual confidence and fulfilling relationships. Includes a ribbon bookmark. Illus. in color. 271 pages. Harper. Pub. at \$29.99

\$21.95



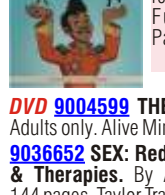
★9127526 COME TOGETHER: The Science (and Art!) of Creating Lasting Sexual Connections. By Emily Nagoski. Nagoski breaks down the obstacles that impede us from enjoying sex—from stress and body image to relationship difficulties and gendered beliefs about how sex "should" be—and presents the best ways to overcome them. 344 pages. Ballantine. Paperbound. Pub. at \$20.00

\$14.95



★496800X A VISUAL HISTORY OF MASTURBATION. By Richard Battenberg. An incredible collection of scientific and literary texts combined with obscene illustrations and photos. Adults only. 256 pages. Goliath. Pub. at \$48.99

PRICE CUT to \$29.95



9037683 A QUICK & EASY GUIDE TO CONSENT. By Isabella Rotman. A quick, easy, and important educational comic guide to giving and receiving consent in sex, relationships, and other physical contact. Fully illus. 77 pages. Limerence. Paperbound. Pub. at \$7.99

PRICE CUT to \$2.95

DVD 9004599 THE LOVERS' GUIDE 3D: Igniting Desire. Adults only. Alive Mind. Pub. at \$24.95

\$9.95

9036652 SEX: Rediscovering Desire Through Techniques & Therapies. By Aliza Baron Cohen. Fully illus. in color. 144 pages. Taylor Trade. Paperbound. Pub. at \$19.95

\$5.95

8897603 G-STRINGS AND SYMPATHY: Strip Club Regulars and Male Desire. By Katherine Frank. 332 pages. Duke. Paperbound. Pub. at \$29.98

\$6.95

7876076 ACTION: A Book About Sex. By Amy Rose Spiegel. Adults only. Illus. 217 pages. Grand Central. Paperbound. Pub. at \$15.99

\$5.95

7951124 KAMA SUTRA: A Position a Day. Adults only. Dorling Kindersley. Paperbound. Pub. at \$19.95

SOLD OUT

★5328799 TANTRIC PATHWAYS TO SUPERNATURAL SEX: A Groundbreaking Look at the Chemistry of Sexual Electricity. By S. Pokras & J. TallTrees. Adults only. Illus. 263 pages. Llewellyn. Paperbound. Pub. at \$21.99

\$16.95

8897557 THE DECONSTRUCTION OF SEX. By J.-L. Nancy & I. Goh. 113 pages. Duke. Paperbound. Pub. at \$23.95

PRICE CUT to \$4.95

★1042882 THE SHORTEST HISTORY OF SEX: Two Billion Years of Procreation and Recreation. By David Baker. Illus. 320 pages. The Experiment. Paperbound. Pub. at \$16.95

PRICE CUT to \$7.95

Pregnancy, Childbirth & Parenting



9128689 UNGOVERNABLE: The Victorian Parent's Guide to Raising Flawless Children. By Therese Oneill. An unforgettable tour through the backward, pseudoscientific, and downright bizarre childbearing and parenting fashions of the Victorians, whose useful advice includes how to be sure you're not too ugly, sickly, or stupid to breed; which foods won't turn your children into sexual deviants; and so much more. Well illus. 275 pages. Little, Brown. Pub. at \$25.00

\$5.95



8994242 DIFFERENTLY WIRED: Raising an Exceptional Child in a Conventional World. By Deborah Reber. Weaving together personal stories and a tool kit of expert advice, it's a how to, a manifesto, and a reassuring companion for parents who can so often feel that they have no place to turn. The author has 18 paradigm shifting ideas which includes how to accept and lean into your role as a parent. 278 pages. Workman. Pub. at \$26.95

\$5.95



Pregnancy, Childbirth & Parenting



9063099 YOU KNOW YOU'VE BEEN A STAY-AT-HOME MOM TOO LONG WHEN. By J. Haas & S. Pessin, illus. by A. Abrams. A collection of humorous one-liners about staying at home with your children, rather than working outside the home. Fully illus. 113 pages. Quixote. Paperbound. Pub. at \$7.95 **\$4.95**



★8891257 THE BEST GRANDFATHER NAMES EVER: Choose Your Perfect Grandpa Name, from Papa to Nonno and Beyond! By Cathy Livingstone. From Boss to Pappou, Nonno to Glampa, this work features more than 200 fantastic grandpa names, along with other fun and interactive elements to help you get excited about your new role. You can choose a name inspired by your personality, passions, or heritage—or you can just pick whichever name you like best! Illus. 103 pages. Sourcebooks. Paperbound. Pub. at \$12.99 **PRICE CUT to \$7.95**

9138412 CHICKEN SOUP FOR THE SOUL: Stay-at-Home Moms. By Jack Canfield et al. A collection of 101 stories by and about mothers who stay at home or work from home, describing the decision they made to do so, their lives as moms who are at home, the ups and downs of raising their children and the benefits of staying home or working from home. Illus. 403 pages. Chicken Soup for the Soul. Paperbound. Pub. at \$14.95 **PRICE CUT to \$3.95**

9041389 THE A TO Z OF GRANDPARENT NAMES: From Abba to Zumu. By Katie Hankinson. 124 pages. Cider Mill. Pub. at \$16.95 **PRICE CUT to \$3.95**

7938969 STAR CHILD: Joyful Parenting Through Astrology. By Briana Saussy. Illus. 289 pages. Sounds True. Paperbound. Pub. at \$19.99 **PRICE CUT to \$1.95**

Women's Health & Self-Help



9001549 A BOOB'S LIFE: How America's Obsession Shaped Me...and You. By Leslie Lehr. Explores the surprising truth about women's most popular body part with vulnerable, witty frankness and true nuggets of American culture. Also explores both the joys and hazards inherent to living in a woman's body. Lehr deftly blends her personal narrative with national history. 371 pages. Pegasus. Paperbound. Pub. at \$17.95 **\$5.95**



9064060 YOUR VAGINA: Everything You Need to Know! By Odile Bagot. A fully illustrated guide to help you discover all the major functions of the female genital system as well as common disorders and ailments. 126 pages. Firefly. Paperbound. Pub. at \$19.95 **\$5.95**



8994358 LADY SECRETS: Real, Raw & Ridiculous Confessions of Womanhood. By Keltie Knight et al. A hilarious, embarrassing, and honest collection of secrets from ladies around the world, paired with confessional essays from the authors. It's time to stop feeling ashamed of your unladylike habits and own the real, raw, and ridiculous things that make you authentically you. 249 pages. Rodale. Pub. at \$24.00 **\$5.95**



782470X THE WONDER DOWN UNDER: The Insider's Guide to the Anatomy, Biology, and Reality of the Vagina. By E.S. Dahl & N. Brochmann. A comprehensive guide to a miraculous and complex part of the body that too few of us, regardless of gender, are all that familiar with. With wisdom, humor, and scientific aplomb, the authors take readers on a fascinating journey of female sexual organs and sexual health. Illus. 304 pages. Quercus. Pub. at \$26.99 **\$7.95**



★9040129 MEDICAL GASLIGHTING: How to Get the Care You Deserve in a System That Makes You Fight for Your Life. By Ilana Jacqueline. Our healthcare system is broken. But it doesn't have to break you. Designed to fit medical bias and neglect, this practical, realistic handbook will help women get the care they need—and deserve. 249 pages. BenBella. Paperbound. Pub. at \$21.95 **\$16.95**



5781779 THE UPGRADE: How the Female Brain Gets Stronger and Better in Midlife and Beyond. By Louann Brizendine. Explains how a woman's brain gets "upgraded" in midlife, inspiring women to unlock their full potential. With guidance for navigating the perimenopausal and menopausal storm while it lasts, science-backed steps for preserving brain health for the rest of your life, this is a stunning roadmap, told through intimate stories. 310 pages. Harmony. Pub. at \$27.99 **SOLD OUT**

9031626 THE WONDER DOWN UNDER: The Insider's Guide to the Anatomy, Biology, and Reality of the Vagina. By E. Stokken & N. Brochmann. Illus. 304 pages. Quercus. Paperbound. Pub. at \$16.99 **\$4.95**

8996938 BEAUTY 40+: 24 Beautiful Step-by-Step Looks. By Boris Entrup. Fully illus. in color. 160 pages. Dorling Kindersley. Pub. at \$20.00 **\$7.95**

8994382 MENUPAUSE: Five Unique Eating Plans to Break Through Your Weight Loss Plateau and Improve Mood, Sleep, and Hot Flashes. By Anna Cabeca. Well illus., in color. 304 pages. Rodale. Pub. at \$26.99 **SOLD OUT**

587971X THE ART OF BADASSERY: Unleash Your Mojo with Wisdom of the Dojo. By Jennifer Cassetta. 201 pages. Health Communications. Paperbound. Pub. at \$15.95 **PRICE CUT to \$1.95**

★7821824 BREASTS: An Owner's Guide. By Philippa Kaye. Illus. in color. 208 pages. Dorling Kindersley. Pub. at \$19.99 **\$11.95**

699718X MENOPAUSE BOOTCAMP: Optimize Your Health, Empower Your Self, and Flourish as You Age. By Suzanne Gilberg-Lenz with M. Korn. 276 pages. Harper Wave. Pub. at \$28.99 **SOLD OUT**

★788995X A BRIEF HISTORY OF THE FEMALE BODY: An Evolutionary Look at How and Why the Female Form Came to Be. By Deena Emera. Illus. 359 pages. Sourcebooks. Paperbound. Pub. at \$18.99 **PRICE CUT to \$9.95**

7964544 IT'S PROBABLY NOTHING: The Stress-Less Guide to Dealing with Health Anxiety, Wellness Fads, and Overhyped Headlines. By Casey Gueren. 218 pages. Running Press. Paperbound. Pub. at \$19.99 **PRICE CUT to \$1.95**

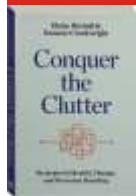
1999230 WOMEN AND WATER: Stories of Adventure, Self-Discovery, and Connection in and on the Water. By Gale Straub et al. Color photos. 240 pages. Chronicle. Pub. at \$24.95 **PRICE CUT to \$5.95**

Men's Health & Self-Help

★8874867 WIKIPENIS: Dr. Nicola's Penis Book. By N. Mondaini & P. Prezioso. A taboo-breaking guide to the male sexual and urinary system, raising awareness of anatomy, upkeep, and the emergencies that can occur throughout a lifetime. Illus. 209 pages. Open Road. Paperbound. Pub. at \$18.99 **\$15.95**

8871264 WHAT ABOUT MEN? A Feminist Answers the Question. By Caitlin Moran. 310 pages. Harper. Pub. at \$29.99 **SOLD OUT**

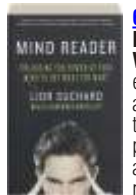
General Health & Self-Help



9045554 CONQUER THE CLUTTER: Strategies to Identify, Manage, and Overcome Hoarding. By E. Birchall & S. Cronkright. Offers hope to anyone affected by hoarding disorder. Real life vignettes, combined with easy to use assessment and intervention tools, support those who hoard, and those who care about them. Includes numerous worksheets to assist individuals in determining the scope of their hoarding disorder and tackling the problem. 273 pages. Johns Hopkins. 7x10¼. Pub. at \$57.00 **\$5.95**



9076131 DOOMSDAY PREPPERS COMPLETE SURVIVAL MANUAL. By Michael S. Sweeney. How to survive earthquakes, volcanoes, tornadoes, and more, as seen on the National Geographic Channel, with profiles of your favorite real-life doomsday preppers. Color photos. 368 pages. National Geographic. Paperbound. Pub. at \$19.95 **\$5.95**



6997198 MIND READER: Unlocking the Power of Your Mind to Get What You Want. By Lior Suchard. A renowned entertainer and mentalist takes the reader on an incredible journey through the wonders of the human mind, sharing his remarkable personal story while offering invaluable advice. Lior Suchard's secrets and lessons, revealed here, will enable readers to unlock their untapped mental powers. 225 pages. Morrow. Paperbound. Pub. at \$15.99 **\$4.95**



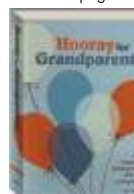
1970909 DON'T BE A VICTIM: Fighting Back Against America's Crime Wave. By Nancy Grace with J. Hassan. With insights on a wide range of potential threats, you'll be empowered to protect yourself and your children at home and in the world around you by becoming proactive. Grace's crime-fighting expertise will help keep you, your family, and anyone else you love out of harm's way. 368 pages. Grand Central. Pub. at \$28.00 **\$4.95**



8089876 WHEN WE BECOME STRANGERS: How Loneliness Leaks into Our Lives, and What We Can Do About It. By Maggie Hamilton. Explores our growing loneliness with care and rigor, and proposes practical solutions and an uplifting vision to combat the increasing social isolation in our families and communities. 337 pages. Murdoch Books. Paperbound. Pub. at \$25.99 **\$5.95**



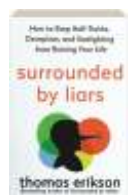
★4998375 BECOMING BULLETPROOF: Life Lessons from a Secret Service Agent. By Evy Poupouras. Former Secret Service agent, Evy Poupouras, shares lessons from protecting presidents, as well as insights and skills from the oldest and most elite security force in the world to help you prepare for stressful situations, instantly read people, influence how you are perceived, and live a more fearless life. Illus. 330 pages. Atria. Paperbound. Pub. at \$18.99 **\$13.95**



9127917 HOORAY FOR GRANDPARENTS! Ideas for Keeping Close, Building Traditions, and Creating Lasting Memories. By Jay Payleitner. A celebration of the importance of grandparents. Packed with 50 ways to be a fun, meaningful, and beloved presence in grandchildren's lives. 208 pages. Chronicle. Pub. at \$18.95 **\$5.95**



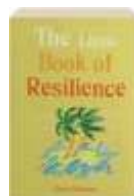
★7812019 NOBODY WANTS YOUR SH*T: The Art of Decluttering Before You Die. By Messie Condo. Dishes out the funny, unpretentious advice you need to hear most. You'll discover how to deal with your sh*t like there's no tomorrow, live in the moment without the f*cking mess, and make your life (and your eventual death) a hell of a lot easier. 173 pages. Skyhorse. Pub. at \$19.99 **\$14.95**



★9073418 SURROUNDED BY LIARS: How to Stop Half-Truths, Deception, and Gaslighting from Ruining Your Life. By Thomas Erikson. Shows you how to identify and deal with the liars in your life. With the help of the simple, four-color behavioral model, readers will learn to protect themselves against deception and insincerity. Arms readers with the practical knowledge needed to feel confident in their ability to discern the truth and live a calmer, more reliable life. 258 pages. St. Martin's. Paperbound. Pub. at \$20.00 **SOLD OUT**



8997314 PRETTY SURE YOU'RE FINE: The Health and Wellness Guide for Hypochondriacs, Overthinkers, and Worrywarts. By David Vienna. Packed with amusing yet comforting advice on topics from physical fitness and nutrition to motivation and work-life balance, this is the place to turn when you need to quit worrying about the little stuff. 144 pages. Chronicle. Pub. at \$16.95 **\$5.95**



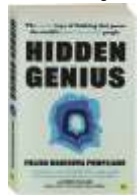
9079823 THE LITTLE BOOK OF RESILIENCE. By Cheryl Rickman. We all encounter challenges in life, big and small. What we do next is what matters. Resilience helps us recover, rebuild and rise again. Full of practical advice and tools for anyone whose life isn't all plain sailing. Well illus. in color. 96 pages. Gaia. 4¼x6. Paperbound. Pub. at \$9.99 **\$5.95**



★9064974 DON'T BELIEVE EVERYTHING YOU THINK: Why Your Thinking is the Beginning & End of Suffering. By Joseph Nguyen. Guides readers to a profound understanding of how destructive thinking patterns form, and how to break them for good. The result? The ability to become emotionally resilient and free from anxiety at any moment. 171 pages. Authors Equity. Pub. at \$22.00 **\$16.95**

General Health & Self-Help

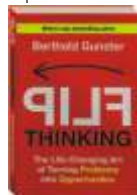
8117039 FATAL CONVENIENCES. By Darin Olien. Offers invaluable advice for addressing the health of our bodies and the health of the planet by identifying common products and behaviors that are harmful and providing alternatives that are non-toxic and life-enhancing. 290 pages. Harper. Pub. at \$19.99. **SOLD OUT**



2722097 HIDDEN GENIUS: The Secret Ways of Thinking That Power the World's Most Successful People. By Polina Marinova Pompliano. The highest performers don't use tricks or hacks to achieve greatness. They use mental frameworks that fundamentally change the way they see the world. They've learned how to unlock their hidden genius in order to reach their full potential. This work will help you do the same. 252 pages. Harriman House. Pub. at \$19.99. **SOLD OUT**



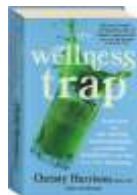
★8988949 THE ART OF FRUGAL HEDONISM: A Guide to Spending Less While Enjoying Everything More. By Annie Raser-Rowland with A. Grubb. Designed to help you target the most important habits of mind and action needed for living frugally but hedonistically. Apply the lot, and you'll wake up one day and realize that you're happier, wealthier, fitter, and more in lust with life than you'd ever thought possible. Well illus. 212 pages. Melliodora. Paperbound. Pub. at \$25.00. **SOLD OUT**



909427X FLIP THINKING: The Life-Changing Art of Turning Problems into Opportunities. By Berthold Gunster. Gunster presents 15 strategies to transform your thoughts away from limitations and negativities and toward possibilities and opportunities. From disrupting to flaunting, from importing to amplifying, his strategies and stories will have you approaching even the most challenging problems. 267 pages. Ballantine. Pub. at \$26.00. **SOLD OUT**



★9071369 NARCISSISTIC ABUSE: A Therapist's Guide to Identifying, Escaping, and Healing from Toxic and Manipulative People. By Vanessa M. Reiser. A licensed therapist and narcissistic expert, offers a guide to identifying narcissistic abuse, especially in interpersonal relationships, sharing practical strategies for healing. 297 pages. Hachette. Paperbound. Pub. at \$19.99. **SOLD OUT**



9066403 THE WELLNESS TRAP: Break Free From Diet Culture, Disinformation, and Dubious Diagnoses—and Find Your True Well-Being. By Christy Harrison. Delves into the persistent, systemic problems with the wellness industry, offering insight into its troubling pattern of cultural appropriation and its destructive views on mental health, and shedding light on how a growing distrust of conventional medicine has led ordinary people to turn their backs on science. 311 pages. Little, Brown. Pub. at \$29.00. **SOLD OUT**



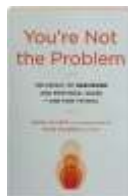
9034781 BETTER IN EVERY SENSE. By N. Farb & Z. Segal. Break out of negative patterns, relieve anxiety, build new habits and find fresh motivation using the groundbreaking "sense foraging" technique. Simple exercises and practical mental techniques allow you to explore the power of sensory experiences and liberate yourself from ruts and dead ends. 269 pages. Hachette. Pub. at \$30.00. **SOLD OUT**



9117911 GRIP: The Art of Working Smart (and Getting to What Matters Most). By Rick Pastoor. Walks you through unlocking the power of everyday tools you're already using like a calendar, a to-do list, an email; lowering the volume on distractions to find your focus; and freeing up room to think big and grow. So you can get started on making your dreams a reality. Illus. 287 pages. HarperCollins. Paperbound. Pub. at \$17.99. **SOLD OUT**



9083146 HOW TO MAKE MISTAKES ON PURPOSE: Bring Chaos to Your Order. By Laurie Rosenwald. A fresh guide to discovery, with clearly marked directions and witty prompts, this is a work about living a productive, individualistic life. Whatever your job, it gives you a way to zig while everyone around you can only zag. Fully illus. most in color. 153 pages. Hachette. Pub. at \$24.00. **SOLD OUT**



★6996345 YOU'RE NOT THE PROBLEM: The Impact of Narcissism and Emotional Abuse—and How to Heal. By H. Villiers & K. McKenna. Using client narratives and sample scripts, the authors offer a compassionate, sympathetic approach to looking at our familial patterns—and how we can break free from these toxic relationships and reclaim our lives. 341 pages. Hachette. Paperbound. Pub. at \$21.99. **SOLD OUT**

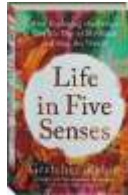
★9107762 THE NEAT METHOD ORGANIZING RECIPE BOOK: 70 Simple Projects to Take Your Home from Chaos to Composed. By A. Murphy & M. Hagmeyer. The projects are as simple as recipes, with "ingredient" lists and clear step-by-step directions. By implementing solutions that emphasize beauty as much as function, you'll create a home that's well arranged, a true place of calm and simplicity. Fully illus. in color. 208 pages. Artisan. 8 1/2 x 9 1/2. Pub. at \$25.00. **SOLD OUT**



9094423 RADICAL CURIOSITY: Questioning Commonly Held Beliefs to Imagine Flourishing Futures. By Seth Goldenberg. A bold manifesto arguing that the most complex challenges we face today—as individuals, businesses, and a society—require us to ask deeper questions, not seek easier answers. 334 pages. Crown. Pub. at \$30.00. **SOLD OUT**



907788X HAPPIER HOUR: How to Beat Distraction, Expand Your Time, and Focus on What Matters Most. By Cassie Holmes. Learn how to reframe your time around life's happiest moments to build days that aren't just full but fulfilling with this guide that is the antidote to overscheduling. 308 pages. Gallery. Pub. at \$28.99. **SOLD OUT**



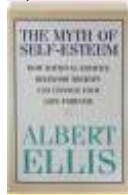
9078010 LIFE IN FIVE SENSES: How Exploring the Senses Got Me Out of My Head and Into the World. By Gretchen Rubin. Rubin discovers a surprising path to a life of more energy, creativity, luck, and love: by turning in to the five senses. An absorbing, layered story of discovery filled with profound insights and practical suggestions about how to heighten our senses and use our powers of perception to live fuller, richer lives. Illus. 250 pages. Crown. Pub. at \$28.00. **SOLD OUT**



9036954 ACTION! Nothing Happens Until Something Moves. By Robert Ringer. Ringer makes it clear that long-term happiness is a result of taking rational actions that are in accordance with universal principles. He not only gives you the tools to instantly implement his ideas and strategies, but to make positive changes that will elevate you to a new plateau in all areas of your life. Illus. 262 pages. M. Evans. Pub. at \$24.95. **SOLD OUT**



1041223 HOW TO CONTROL YOUR ANXIETY BEFORE IT CONTROLS YOU. By Albert Ellis. Using the easy to master, proven precepts of Rational Emotive Behavior Therapy (REBT), this work not only helps you distinguish between healthy and unhealthy anxiety, but teaches you how to understand and dispute the irrational beliefs that make you anxious. 244 pages. Citadel. Paperbound. Pub. at \$15.95. **SOLD OUT**



9012427 THE MYTH OF SELF-ESTEEM: How Rational Emotive Behavior Therapy Can Change Your Life Forever. By Albert Ellis. Providing an explanation of self-esteem and self-acceptance, examining the thinking of great religious teachers, philosophers, and psychologists. Offering exercises and tools for achieving unconditional acceptance of ourselves and others, and life. 344 pages. Prometheus. Paperbound. Pub. at \$21.99. **SOLD OUT**



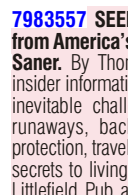
6996884 ASK FOR MORE: 10 Questions to Negotiate Anything. By Alexandra Carter. We've been taught that the loudest, most assertive voice prevails in negotiation, leaving the other side with less. But negotiation is not a zero-sum game. Carter offers a better, proven approach: that you can get far more out of negotiation by asking the right questions than you can from arguing. 255 pages. S&S. Paperbound. Pub. at \$17.00. **SOLD OUT**



9001980 A GOOD APOLOGY: Four Steps to Make Things Right. By Molly Howes. Howes illustrates the power and importance of a good apology through vivid examples. Inspired by the deep and varied work on conflict, trust, and reconciliation found in ancient religious traditions, modern legal approaches, and social justice perspectives. 267 pages. Grand Central. Pub. at \$28.00. **PRICE CUT to \$3.95**



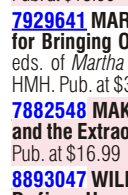
9026673 THE WISH LIST. By Barbara Ann Kipfer. In a compulsively readable list, this quirky little guide sounds an irresistible call to get out there and start living. Contained within are wellspring of 6,000 wishes: large, small, artistic, athletic, practical, whimsical and fantastical. Jog yourself out of complacency and articulate unspoken desires! Illus. 422 pages. Workman. Paperbound. Pub. at \$9.95. **PRICE CUT to \$2.95**



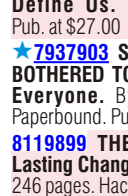
7983557 SEEING LIFE THROUGH PRIVATE EYES: Secrets from America's Top Investigator to Living Safer, Smarter, and Saner. By Thomas G. Martin. Provides a wealth of experience, insider information, and valuable advice to readers navigating life's inevitable challenges. Domestic difficulties, divorce, adoption, runaways, background checks, corporate espionage, home protection, traveling wisely: whatever your issue, this work offers the secrets to living safer, smarter and saner. 184 pages. Rowman & Littlefield. Pub. at \$42.00. **PRICE CUT to \$4.95**



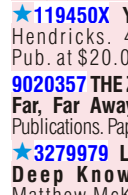
★8031851 THE WANDERING MIND: What Medieval Monks Tell Us About Distraction. By Jamie Kreiner. We imagine early monks as master concentrators, yet their battles against distraction were, in fact, never-ending. Delving into the experiences of Christian monks living from 300 to 900 CE, this work shows that these men and women were obsessed with distraction in ways that seem modern, and the techniques they devised to defeat it. 274 pages. Liveright. Paperbound. Pub. at \$18.99. **PRICE CUT to \$11.95**



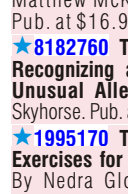
7929641 MARTHA STEWART'S ORGANIZING: The Manual for Bringing Order to Your Life, Home & Routines. By the eds. of Martha Stewart Living. Well illus. in color. 288 pages. HMH. Pub. at \$30.00. **PRICE CUT to \$9.95**



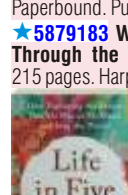
7882548 MAKE SPACE: A Minimalist's Guide to the Good and the Extraordinary. By Regina Wong. 181 pages. Skyhorse. Pub. at \$16.99. **PRICE CUT to \$1.95**



8893047 WILD PROBLEMS: A Guide to the Decisions That Define Us. By Russ Roberts. 207 pages. Portfolio. Pub. at \$27.00. **PRICE CUT to \$3.95**



★7937903 SHIT YOU NEED TO KNOW THAT NOBODY BOTHERED TO TELL YOU: A Perpetual Guide to Life for Everyone. By Clark Merrill. 172 pages. G&D Media. Paperbound. Pub. at \$19.95. **PRICE CUT to \$9.95**



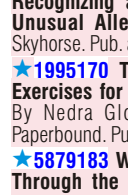
8119899 THE JOY CHOICE: How to Finally Achieve Lasting Changes in Eating and Exercise. By Michelle Segar. 246 pages. Hachette. Pub. at \$29.00. **PRICE CUT to \$1.95**



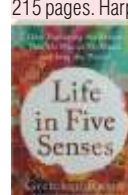
★119450X YOUR BIG LEAP YEAR. By Gay Hendricks. 415 pages. St. Martin's. Paperbound. Pub. at \$20.00. **PRICE CUT to \$5.95**



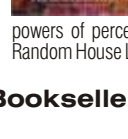
9020357 THE ZEN OF R2-D2: Ancient Wisdom from a Galaxy Far, Far Away. By Matthew Bortolin. 112 pages. Wisdom Publications. Paperbound. Pub. at \$16.95. **PRICE CUT to \$3.95**



★7927979 LESSONS FROM THE AFTERLIFE: A Deep Knowledge Meditation Guidebook. By Matthew McKay. 120 pages. Park Street. Paperbound. Pub. at \$16.99. **PRICE CUT to \$9.95**



★8182760 THE COMPLETE GUIDE TO ALLERGIES: Recognizing and Treating Today's Most Common and Unusual Allergens. By Catherine Quequet. 239 pages. Skyhorse. Pub. at \$32.99. **PRICE CUT to \$14.95**



★1995170 THE DRAMA FREE WORKBOOK: Practical Exercises for Managing Unhealthy Family Relationships. By Nedra Glover Tawwab. 194 pages. TarcherPerigee. Paperbound. Pub. at \$20.00. **PRICE CUT to \$11.95**



★5879183 WISE AS FU*K: Simple Truths to Guide You Through the Sh*tstorms of Life. By Gary John Bishop. 215 pages. HarperOne. Pub. at \$22.99. **PRICE CUT to \$9.95**



9108122 LIFE IN FIVE SENSES: How Exploring the Senses Got Me Out of My Head and Into the World. By Gretchen Rubin. **LARGE PRINT EDITION.** Rubin discovers a surprising path to a life of more energy, creativity, luck, and love: by turning in to the five senses. An absorbing, layered story of discovery filled with profound insights and practical suggestions about how to heighten our senses and use our powers of perception to live fuller, richer lives. Illus. 335 pages. Random House Large Print. Paperbound. Pub. at \$30.00. **PRICE CUT to \$6.95**



Science & Health Bargain Books

Edward R. Hamilton Bookseller Company
PO Box 15 • Falls Village, CT 06031-0015

C9644

PRSR STD
U.S. Postage Paid
Edward R. Hamilton

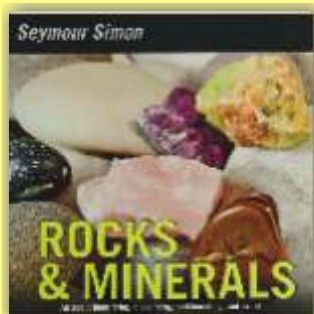
Scan Here
to →
Shop Now



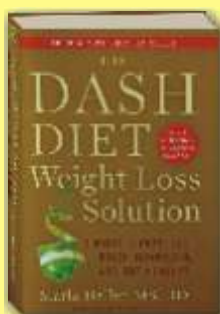
Current titles are marked with a ★.

©2025 Edward R. Hamilton Bookseller Company

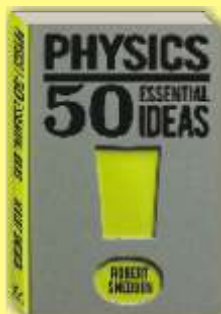
*A special selection of Astronomy & Space Travel – Chemistry & Physics – Engineering – Mathematics – Economics
Nature – Animals – Medicine – Nutrition – Healthy Cooking – Exercise – Self-Help – Sexuality – Aging – and more!*



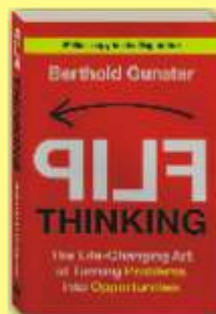
Page 43 ★\$4.95



Page 50 ★\$6.95



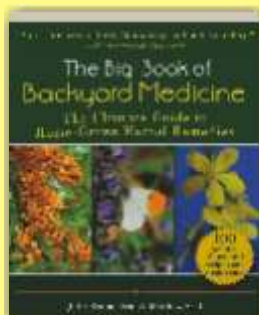
Page 9 ★\$5.95



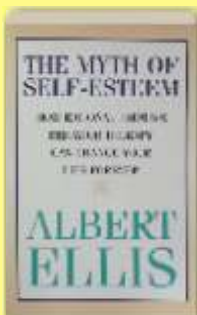
Page 67 ★\$5.95



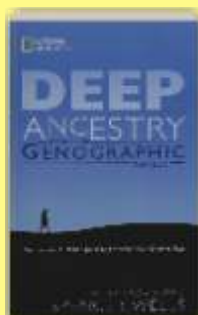
Page 38 ★\$5.95



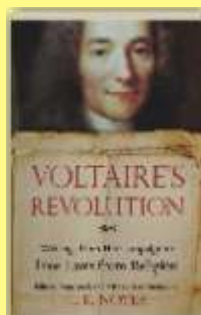
Page 56 ★\$9.95



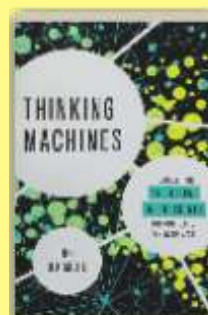
Page 67 ★\$4.95



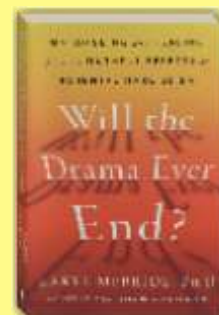
Page 9 ★\$4.95



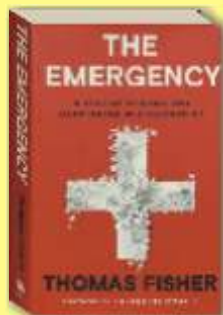
Page 17 ★\$4.95



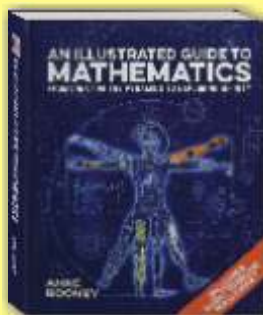
Page 10 ★\$5.95



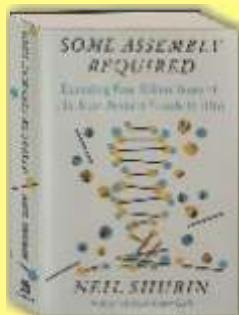
Page 14 ★\$6.95



Page 12 ★\$5.95



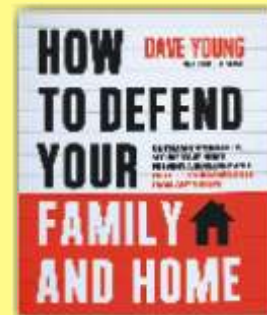
Page 27 ★\$8.95



Page 7 ★\$6.95



Page 20 ★\$7.95



Page 45 ★\$5.95

Order all you want for one low \$4.00 Postage & Handling charge.

To allow the lowest prices, we do no billing and do not accept credit cards. However, the same items may be obtained online from www.HamiltonBook.com using MasterCard, VISA, or PayPal.

You can print out extra order forms at EdwardRHamilton.com/9644