OUR GUARANTEE

You must be satisfied with any item purchased from this catalog or return it within 60 days for a full refund. No questions asked.

All items are new, and all books are hardbound unless marked otherwise. Shipment is normally within 48 hours. Some items may be temporarily out of stock, in which case a second shipment will be made, normally in 14 days, but in no case later than 60 days. Most items are in limited supply and at these prices may sell out fast. If any item is sold out your money will be refunded by bank check.
**Save up to 80% off cover prices on these subjects:**

<table>
<thead>
<tr>
<th>Subject</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aging</td>
<td>66</td>
</tr>
<tr>
<td>Airplanes &amp; Airlines</td>
<td>6</td>
</tr>
<tr>
<td>Animals</td>
<td>38</td>
</tr>
<tr>
<td>Anthropology</td>
<td>10</td>
</tr>
<tr>
<td>Archaeology</td>
<td>8</td>
</tr>
<tr>
<td>Architectural Surveys</td>
<td>22</td>
</tr>
<tr>
<td>Architecture</td>
<td>21</td>
</tr>
<tr>
<td>Astronomy, Space Travel &amp; Cosmology</td>
<td>3</td>
</tr>
<tr>
<td>Beauty &amp; Skin Care</td>
<td>53</td>
</tr>
<tr>
<td>Birds &amp; Birding</td>
<td>41</td>
</tr>
<tr>
<td>Business</td>
<td>25</td>
</tr>
<tr>
<td>Chemistry &amp; Physics</td>
<td>11</td>
</tr>
<tr>
<td>Communication Skills</td>
<td>66</td>
</tr>
<tr>
<td>Complementary &amp; Alternative Medicine</td>
<td>57</td>
</tr>
<tr>
<td>Computer Books</td>
<td>28</td>
</tr>
<tr>
<td>Dictionaries</td>
<td>18</td>
</tr>
<tr>
<td>Diseases &amp; Disorders</td>
<td>55</td>
</tr>
<tr>
<td>Earth Science</td>
<td>3</td>
</tr>
<tr>
<td>Eastern Traditions and Practices</td>
<td>59</td>
</tr>
<tr>
<td>Economics</td>
<td>19</td>
</tr>
<tr>
<td>Education</td>
<td>15</td>
</tr>
<tr>
<td>Electronics &amp; Electrical Systems</td>
<td>20</td>
</tr>
<tr>
<td>Engineering</td>
<td>20</td>
</tr>
<tr>
<td>Engineering &amp; Architecture</td>
<td>21</td>
</tr>
<tr>
<td>Environment &amp; Ecology</td>
<td>3</td>
</tr>
<tr>
<td>Essays on Nature</td>
<td>45</td>
</tr>
<tr>
<td>Exercise &amp; Fitness</td>
<td>52</td>
</tr>
<tr>
<td>Facing Illness &amp; Death</td>
<td>65</td>
</tr>
<tr>
<td>Farm &amp; Domesticated Animals</td>
<td>37</td>
</tr>
<tr>
<td>Fishing &amp; Hunting</td>
<td>35</td>
</tr>
<tr>
<td>Foreign Language</td>
<td>16</td>
</tr>
<tr>
<td>General Health &amp; Self-Help</td>
<td>69</td>
</tr>
<tr>
<td>Healing &amp; the Mind</td>
<td>64</td>
</tr>
<tr>
<td>Health &amp; Medical References</td>
<td>53</td>
</tr>
<tr>
<td>Healthy Cooking &amp; Special Diets</td>
<td>50</td>
</tr>
<tr>
<td>Horses &amp; Horsemanship</td>
<td>36</td>
</tr>
<tr>
<td>Insects</td>
<td>34</td>
</tr>
<tr>
<td>Inspiration, Motivation &amp; Self-Discovery</td>
<td>62</td>
</tr>
<tr>
<td>Life Science</td>
<td>9</td>
</tr>
<tr>
<td>Lives &amp; Works of Philosophers</td>
<td>19</td>
</tr>
<tr>
<td>Marine Mammals, Fish &amp; Reptiles</td>
<td>36</td>
</tr>
<tr>
<td>Mathematics</td>
<td>29</td>
</tr>
<tr>
<td>Medical Science</td>
<td>23</td>
</tr>
<tr>
<td>Men’s Health &amp; Self-Help</td>
<td>68</td>
</tr>
<tr>
<td>Monographs on Architects</td>
<td>23</td>
</tr>
<tr>
<td>More Works on Nature</td>
<td>45</td>
</tr>
<tr>
<td>Nature Photography</td>
<td>49</td>
</tr>
<tr>
<td>New Age Spirituality</td>
<td>61</td>
</tr>
<tr>
<td>Nutrition &amp; Weight Management</td>
<td>50</td>
</tr>
<tr>
<td>Paleontology &amp; Evolution</td>
<td>7</td>
</tr>
<tr>
<td>Philosophical Essays</td>
<td>19</td>
</tr>
<tr>
<td>Philosophy</td>
<td>18</td>
</tr>
<tr>
<td>Pregnancy, Childbirth &amp; Parenting</td>
<td>67</td>
</tr>
<tr>
<td>Psychology</td>
<td>14</td>
</tr>
<tr>
<td>Regional Architectural Styles</td>
<td>23</td>
</tr>
<tr>
<td>Relationships</td>
<td>67</td>
</tr>
<tr>
<td>Religion &amp; Science</td>
<td>32</td>
</tr>
<tr>
<td>Research Tools &amp; Sourcebooks</td>
<td>16</td>
</tr>
<tr>
<td>Science &amp; History</td>
<td>31</td>
</tr>
<tr>
<td>Science &amp; Invention</td>
<td>32</td>
</tr>
<tr>
<td>Science &amp; Nature for Children</td>
<td>43</td>
</tr>
<tr>
<td>Science Essays &amp; Surveys</td>
<td>31</td>
</tr>
<tr>
<td>Scientific Text and Reference</td>
<td>33</td>
</tr>
<tr>
<td>Sexuality &amp; Sexual Expression</td>
<td>67</td>
</tr>
<tr>
<td>Social Science</td>
<td>12</td>
</tr>
<tr>
<td>Stress &amp; Pain Management</td>
<td>56</td>
</tr>
<tr>
<td>Women’s Health &amp; Self-Help</td>
<td>68</td>
</tr>
<tr>
<td>Words &amp; Language</td>
<td>16</td>
</tr>
</tbody>
</table>

Current titles are marked with a ★.

Due to a Supreme Court decision, we are now required to collect applicable state sales tax (which may include city and county taxes) based on the delivery address of your order. **If tax is due and your order will be shipped to the address preprinted on the order form, your tax rate is printed under the address.** ★ means that Postage & Handling is NOT part of the taxable amount.

If you are shipping this order to one of the following states please add sales tax:

<table>
<thead>
<tr>
<th>State</th>
<th>Tax Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>AL</td>
<td>8%</td>
</tr>
<tr>
<td>AR</td>
<td>6.5%</td>
</tr>
<tr>
<td>AZ</td>
<td>5.6%</td>
</tr>
<tr>
<td>CA</td>
<td>7.25%</td>
</tr>
<tr>
<td>CO</td>
<td>2.9%</td>
</tr>
<tr>
<td>CT</td>
<td>6.35%</td>
</tr>
<tr>
<td>DC</td>
<td>6%</td>
</tr>
<tr>
<td>GA</td>
<td>4%</td>
</tr>
<tr>
<td>HI</td>
<td>4.166%</td>
</tr>
<tr>
<td>IA</td>
<td>6%</td>
</tr>
<tr>
<td>ID</td>
<td>6%</td>
</tr>
<tr>
<td>IL</td>
<td>6.25%</td>
</tr>
<tr>
<td>IN</td>
<td>7%</td>
</tr>
<tr>
<td>KS</td>
<td>6.5%</td>
</tr>
<tr>
<td>KY</td>
<td>6%</td>
</tr>
<tr>
<td>LA</td>
<td>8.45%</td>
</tr>
<tr>
<td>MA</td>
<td>6.25%</td>
</tr>
<tr>
<td>MD</td>
<td>6%</td>
</tr>
<tr>
<td>ME</td>
<td>5.5%</td>
</tr>
<tr>
<td>MI</td>
<td>6%</td>
</tr>
<tr>
<td>MN</td>
<td>6.875%</td>
</tr>
<tr>
<td>NV</td>
<td>6.85%</td>
</tr>
<tr>
<td>NY</td>
<td>7%</td>
</tr>
<tr>
<td>OH</td>
<td>6.75%</td>
</tr>
<tr>
<td>OK</td>
<td>4.5%</td>
</tr>
<tr>
<td>PA</td>
<td>6%</td>
</tr>
<tr>
<td>MS</td>
<td>7%</td>
</tr>
<tr>
<td>MI</td>
<td>6%</td>
</tr>
<tr>
<td>NC</td>
<td>4.75%</td>
</tr>
<tr>
<td>OH</td>
<td>6.75%</td>
</tr>
<tr>
<td>OR</td>
<td>4%</td>
</tr>
<tr>
<td>PA</td>
<td>6%</td>
</tr>
<tr>
<td>PR</td>
<td>10.5%</td>
</tr>
<tr>
<td>RI</td>
<td>7%</td>
</tr>
<tr>
<td>SC</td>
<td>6%</td>
</tr>
<tr>
<td>SD</td>
<td>4.5%</td>
</tr>
<tr>
<td>TN</td>
<td>8.5%</td>
</tr>
<tr>
<td>TX</td>
<td>8%</td>
</tr>
<tr>
<td>UT</td>
<td>4.95%</td>
</tr>
<tr>
<td>VA</td>
<td>5.3%</td>
</tr>
<tr>
<td>VT</td>
<td>6%</td>
</tr>
<tr>
<td>WI</td>
<td>5%</td>
</tr>
<tr>
<td>WV</td>
<td>6%</td>
</tr>
<tr>
<td>WY</td>
<td>4%</td>
</tr>
</tbody>
</table>

**States in red above also have local taxes. To get the total rate go to HamiltonBook.com/tax**
Astronomy, Space Travel & Cosmology

3783779 THE ZOOMABLE UNIVERSE: An Epic Tour Through Cosmic Scale, from Almost Everything to Nearly Nothing. By Colin Scarfe. Takes you through all known scales of reality, from the largest possible magnitude to the smallest, journey to galaxies, stars and planets, oceans and continents, plants, fungi, microorganisms, atoms, and much, much more. Here the author shares his insights into the nature of our universe. Fully illus. in color. 207 pages. FSG. Pub. at $28.00 $6.95

3592783 HASSELBLAD & THE MOON LANDING. By Deborah Ireland. While the Apollo 11 astronauts left their cameras behind on the Moon, in order to conserve power, they brought back to Earth in film magazines containing 1,400 photographs, the finest of these featured here alongside the mission time-line, and transcripts of the conversations between the astronauts and Mission Control. 95 pages. Ammonite. Pub. at $14.95 $11.95

3923436 THE PLANET FACTORY: Exoplanets and the Search for a Second Earth. By Elizabeth Tasker. Twenty years ago, the search for planets outside the Solar System was a job restricted to science-fiction writers. Now it’s one of the fastest-growing fields in astronomy with thousands of exoplanets now known, and the number is rising fast. Illus. 352 pages. Bloomsbury. Paperbound. Pub. at $18.00 $4.95

★ 3760731 THE HUBBLE SPACE TELESCOPE: Our Eye on the Universe. By Terence Dickinson with T.C. Read. Learn how this ground-breaking instrument gathers data and imagery and transmits them to Earth. Filled with some of the Hubble Telescope’s most spectacular images, this stunning volume brings readers up to date on how this groundbreaking instrument gathers data and imagery and transmits them to Earth. Illus. in color. 268 pages. Adler Planetarium. 8¾x11¼. Pub. at $75.00 $19.95

★ 3833666 HOW TO READ THE SOLAR SYSTEM. By C. North & P. Abel. Through their cogent exploration of the latest scientific discoveries, the authors reveal how a amateur astronomer can view and interpret the solar system and enrich their understanding of our universe. Illus. 320 pages. Paperbound. Pub. at $16.95 $4.95

★ 3771474 AT THE EDGE OF TIME: Exploring the Mysteries of Our Universe’s First Seconds. By Dan Hooper. Taking readers into the remarkable world of cosmology, Hooper describes many of the most revolutionary and perplexing questions that scientists are asking about the origin and nature of our world. He examines how we are using the Large Hadron Collider and other experiments to re-create the conditions of the Big Bang, and test promising theories. 233 pages. Princeton. Pub. at $24.95 $19.95

★ 6775586 SEE IT WITH A SMALL TELESCOPE. By Will Kalif. With hands-on tips, tricks, star maps and instructions, this guide will help you unleash the power of your small telescope and view amazing space objects from your own backyard, including Saturn’s rings; Jupiter’s moons; and much, much more. Apollo 11’s landing site, the Orion Nebula; and much more. 256 pages. Ulysses. Paperbound. Pub. at $16.95 $12.95

★ 2812169 BRIEF ANSWERS TO THE BIG QUESTIONS. By Stephen Hawking. The world famous cosmologist leaves us with his final thoughts on the biggest questions facing humankind. Will human survival outlast the starburst? Will artificial intelligence one day surpass human intelligence? Will the laws of physics change? Will dark energy change the shape of the universe? Hawking addresses these in wide-ranging, passionately argued final book from one of the greatest minds in history. 230 pages. Bantam. Pub. at $25.00 $17.95

★ 3901254 THE LITTLE BOOK OF COSMOLOGY. By Lyman Page. Provides a brief, comprehensive, and accessible tour of the universe on the cosmic scales imaginable. Written by one of the world’s leading experimental cosmologists, this short but deeply insightful edition describes what scientists are revealing through precise measurements of the largest structure in the universe and the experience of leaving Earth’s atmosphere, to the reality of living in the confines of a spaceship. It is an adventure like no other. Illus. 255 pages. Ecco. Pub. at $26.99 $5.95


3840603 A SPACE TRAVELER’S GUIDE TO THE SOLAR SYSTEM. By Mark Thompson. Have you ever dreamed of being an astronaut, traveling through the universe? On this epic voyage of discovery, astronaut Mark Thompson tells the story of that journey. From how to prepare for takeoff and the experience of leaving Earth’s atmosphere, to the reality of living in the confines of a spaceship, this is an adventure like no other. Illus. in color. 268 pages. Adler Planetarium. 8¾x11¼. Pub. at $75.00 $19.95

★ 3789322 EASTERN ASTROLABES, VOLUME II: Historic Scientific Instruments of the Adler Planetarium & Astronomy Museum. By David Pingree. The most original astronomical and terrestrially based pre-telescopic era, the astrolabe combined a simple observational tool with an elegant analogue computer. That unique and surprisingly beautiful instrument is the subject of this volume, highlighting a number of notable examples and placing them in the context of the Islamic religious practices that inspired their creation. Illus. in color. 268 pages. Adler Planetarium. 8¾x11¼. Pub. at $75.00 $19.95

★ 3833666 HOW TO READ THE SOLAR SYSTEM. By C. North & P. Abel. Through their cogent exploration of the latest scientific discoveries, the authors reveal how an amateur astronomer can view and interpret the solar system and enrich their understanding of our universe. Illus. 320 pages. Paperbound. Pub. at $16.95 $4.95

★ 3771474 AT THE EDGE OF TIME: Exploring the Mysteries of Our Universe’s First Seconds. By Dan Hooper. Taking readers into the remarkable world of cosmology, Hooper describes many of the most revolutionary and perplexing questions that scientists are asking about the origin and nature of our world. He examines how we are using the Large Hadron Collider and other experiments to re-create the conditions of the Big Bang, and test promising theories. 233 pages. Princeton. Pub. at $24.95 $19.95

★ 6775586 SEE IT WITH A SMALL TELESCOPE. By Will Kalif. With hands-on tips, tricks, star maps and instructions, this guide will help you unleash the power of your small telescope and view amazing space objects from your own backyard, including Saturn’s rings; Jupiter’s moons; and much, much more. Apollo 11’s landing site, the Orion Nebula; and much more. 256 pages. Ulysses. Paperbound. Pub. at $16.95 $12.95

★ 2812169 BRIEF ANSWERS TO THE BIG QUESTIONS. By Stephen Hawking. The world famous cosmologist leaves us with his final thoughts on the biggest questions facing humankind. Will human survival outlast the starburst? Will artificial intelligence one day surpass human intelligence? Will the laws of physics change? Will dark energy change the shape of the universe? Hawking addresses these in wide-ranging, passionately argued final book from one of the greatest minds in history. 230 pages. Bantam. Pub. at $25.00 $17.95

★ 3901254 THE LITTLE BOOK OF COSMOLOGY. By Lyman Page. Provides a brief, comprehensive, and accessible tour of the universe on the cosmic scales imaginable. Written by one of the world’s leading experimental cosmologists, this short but deeply insightful edition describes what scientists are revealing through precise measurements of the largest structure in the universe and the experience of leaving Earth’s atmosphere, to the reality of living in the confines of a spaceship. It is an adventure like no other. Illus. 255 pages. Ecco. Pub. at $26.99 $5.95

See more titles at erhbc.com/833
Astronomy, Space Travel & Cosmology

**3896745** THE TOTAL SKYWATCHER'S MANUAL: Explore the Sky—298 Tips, Tricks, & Skills. By Linda Shore et al. Join the Astronomical Society on an exhilarating journey through our universe. This astounding guide is full of sky charts and helpful diagrams; you’ll learn how to pick a good pair of binoculars, use telescopes and experience close views of the Moon; and learn about the mysteries that we’re still investigating via satellites and other technologies. 319 pages. Weldon Owen. Paperback. Pub. at $16.99. **$9.95**

**2958821** NASA MISSION AS-506 APOLLO 11: Owners’ Workshop Manual. By Text by C. Rieder & P. Polling. Chronicles the activity of engineers who dared to dream that such a voyage was possible and then made it happen. Apollo 11 inspired a new generation to reach for their own Moonshots ideas—re-inventing access to space in the years that followed. Half a century after this first Moon landing, the engineering legacy of Apollo lives on. Fully illus., most in color. 212 pages. Haynes. 8½x10¾. **$26.95**

**2936488** ROCKETS & MISSILES OF VANDENBERG AFB. By Joseph T. Page II. Over the decades, Vandenberg AFB launched more than 70 varieties of rockets and missiles. This collection chronicles the launches by rocket/misssle, launchpad location, and partner. Many never-before-seen photographs illustrate the variety of space launch vehicles. 192 pages. Schiffer. 8x11. **$33.95**

**3830470** THE VINYL FRONTIER: The Story of the Voyager Golden Record. By Jonathan Scott. The story of NASA’s creation and development of the interstellar multimedia metal LP is told. This 90 minute playlist of music from the Voyager Golden Record. 104 pages. Schiffer. 9x11¼. Pub. at $19.99. **$17.95**

**3845214** THE ASTRONOMY BIBLE. By H. Couper & N. Henbest. Presents a comprehensive yet compact guide to the study of what lies beyond our planet, from the basic concepts of how to observe space to current theories on everything from black holes to red giants. Fully illus. in color. 404 pages. Firefly. Paperback. Pub. at $19.95. **$15.95**

**2984970** CATCHING STARCOMST: Comets, Asteroids and the Birth of the Solar System. By Natalie Starkey. Tells the story of comets and asteroids—enigmatic celestial objects—revealing how scientists are using them to help understand a crucial time in our history, the beginning of time, and our vision of the universe. Aspects of the development of comets and asteroids; the birth of the solar system; and the possible origins of life in the universe. Color photos. 256 pages. Bloomsbury. Pub. at $27.00. **$17.95**

**5783554** APOLLO 8: The Thrilling Story of the First Mission to the Moon. By Jeffrey Kluger. From Mission Control to the astronauts’ homes, from the test labs to the launch pad, the full story of Apollo 8 has never been told. Here is the story of a mission that was both a calculated risk and a wild crapshoot, a stirring account of how three American heroes forever changed our view of the home planet. 16 pages of photos, some color. 307 pages. Holt. Pub. at $30.00. **$19.95**

**3876877** JOURNEY TO THE MOON. Ed. by Hannah Westlake. A little over 50 years ago in July 1969 the human race's fascination with the moon went into overdrive when Neil Armstrong, Buzz Aldrin and Michael Collins landed on the surface. To celebrate this significant anniversary, this volume takes an in-depth look at the Apollo program and how it landed on the moon as well as a host of other fascinating facts. Fully illus., many in color. 142 pages. Sonia. 8x11¼x. Pub. at $29.95. **$24.95**

**3966227** NASA MOON MISSIONS OPERATIONS MANUAL. By David Baker. This volume is the definitive guide to tell the full story of the missions, but rather to describe the technical development of spacecraft and equipment necessary to grow the capability from a single EVA (moonwalk) of less than three hours, to advanced missions where astronauts spent their working days exploring their landing sites. Fully illus., many in color. 220 pages. Haynes. 8¼x11. Pub. at $36.95. **$27.95**

**2816814** SPACE ATLAS, SECOND EDITION: Mapping the Universe and Beyond. By James Trefil. This stunningly illustrated volume provides a biography of our universe from prehistoric depictions to modern day images. 356 pages. Custom House. Pub. at $28.99. **$21.95**

**3753974** THE HISTORY OF THE AMERICAN SPACE SHUTTLE. By Dennis R. Jenkins. The flight campaign for the American space shuttle began on April 12, 1981, with the launch of STS-1 from the Kennedy Space Center, Florida, and ended on July 11, 2011, with wheels stop of STS-135. This comprehensive and thoroughly informative volume covers the exciting years between these missions. Well illus. in color. 335 pages. Schiffer. **$49.95**

**392274X** HOW TO DIE IN SPACE: A Journey Through Dangerous Astrophysical Phenomena. By Paul M. Sutter. Take a brilliant and breathtaking voyage into the universe, while delving into the physics of the dangerous, the deadly, and the scary in the cosmos. Color photos. Pegasus. Pub. at $27.95. **$21.95**

**3854876** WHEN THE EARTH HAD TWO MOONS. By Erik Asphaug. An esteemed planetary scientist takes us on an exhilarating tour through the farthest reaches of time and space to the outer edges of our galaxy to the rocks beneath our feet, to help us understand the diversity of planets all around us. Illus. 356 pages. Custom House. Pub. at $28.99. **$21.95**

**283051X** MAPPING THE UNIVERSE: Exploring and Chronicking the Cosmos. By Anne Rooney. Explores our evolving understanding of our own world and others with an informative commentary that accompanies a glorious selection of maps, drawings, paintings, and photographs. This study shows how our perceived cosmos has progressed over the centuries—from prehistoric depictions to modern day images, 192 pages. Sirius. 9x11¼. Pub. at $19.99. **PRICE CUT to $13.95**


**3706435** FOR ALL MANKIND. By Harry Hurt III. Between December 1968 and December 1972, twenty-four men captured the imagination of the world as they traveled to the moon. Here. Presents a dramatic, expansive account of these journeys based on extensive research and exclusive interviews with the Apollo astronauts. 16 pages of photos, some color. 444 pages. Grove. Paperback. Pub. at $18.00. **PRICE CUT to $9.95**
Airplanes & Airlines

3744399 DE HAVILLAND MOTHS IN DETAIL. By Stuart McKay. With its in-depth examination of these fine aircraft this illustrated volume provides an unrivalled store of knowledge for the many owners and enthusiasts who care passionately about them and serves as a tribute to the people who made them. 200 pages. Heritage & Sons. 8½x11. Pub. at $79.95 $14.95

292703 LOCKHEED CONSTELLATION IN COLOUR. By Scott Henderson. A fully illustrated color profile of the Lockheed Constellation, featuring annotations for each photograph. 92 pages. Scovil. 8½x11½. $9.95

3871986 8-52 STRATOPRESS PILOT'S FLIGHT OPERATING INSTRUCTIONS, VOLUME 1. Originally printed for the U.S. Air Force, this manual taught pilots everything they needed to know before entering the cockpit. Classified "Restricted," the manual was declassified and is now reprinted here. Well illus. Periscope Film. 8½x11. Paperbound. Pub. at $74.95 $59.95


Paleontology & Evolution

392105 THE ACCIDENTAL HOMO SAPIENS: Genetics, Behavior, and Free Will. By I. Tattersall & R. DeSalle. In this revelatory new work, the authors chronicle the early evidence of human activity. 348 pages. Pegasus. Paperbound. Pub. at $27.95 $19.95


3884198 THE PSYCHOLOGY AND COSMOLOGY OF MAN'S POSSIBLE EVOLUTION. By P. Ouspensky. Collects the text of Ouspensky's Psychological and Cosmological lectures which he gave during the years 1934-1945. 205 pages. Aage Books. $8.95

4117238 THE COMPLETE WORKS OF HUMAN EVOLUTION, SECOND EDITION. By C. Stringer & P. Andrews. Features new descriptions of the famous "Ardi" skeleton that shed light on the earliest known human ancestor candidates; recent work on the line of human remains from before Homo erectus; and new research that confirms that Homo floresiensis—the Hobbit—was a separate human species; and new discoveries from a Siberian cave, suggesting another as yet unnamed human species. Fully illus., many in color. 240 pages. Thames & Hudson. Paperbound. Pub. at $29.95 $24.95

375216X WOOLLY: The True Story of the Quest to Revive History's Most Iconic Extinct Creature. By Ben Mezrich. A scintillating adventure involving a host of extraordinary people, including the intrepid fossil hunters who battled Cold War-era preservationists, and a Russian team of scientific advancement; and a father and son team of Russian scientists working to turn a track of the Siberian tundra into a real-life Jurassic Park. 293 pages. Atria. Paperbound. Pub. at $16.00 $12.95

3887979 DARWIN DEVOLVES: The New Science About DNA That Challenges Evolution. By Michael J. Behe. The author shows how modern theories of evolution fail short, and how the devolving nature of Darwin's mechanism limits them even further. If we are to get a satisfactory answer to how the most complex, stunning life forms arose, we need to look beyond Darwin. It\'s time to acknowledge the conclusion that only an all-powerful mind could have designed it. 342 pages. HarperPerennial. Pub. at $28.99 $21.95

6729207 STRANGERS IN A NEW LAND: What Archaeology Reveals About the First Americans. By J.M. Adovasio & D. Pedler. This examination documents the credible evidence that the human presence in the Americas dating to 19,000 years ago and perhaps as early as 38,000 years ago, challenging the accepted versions of prehistory held by many. Using photographs, maps, and diagrams, the authors chronicle the evidence of human activity. 346 pages. Little, Brown & Company. Pub. at $35.95 $29.95

375085X PRIMATE CHANGE: How the World We Make Is Remaking Us. By Vyabrr Cregan-Reid. Spanning the entirety of human history, this is a wide-ranging polemical look at how the human body has changed, and how our species has influenced the human kind first got up on two feet. The author unscrambles the complex architecture of our modern human bodies, built over millions of years, and reveals the cracks in our foundations.

See more titles at erhbc.com/833 - 7 -
3882276 WHAT REGENCY WOMEN DID FOR US. By Rachel Knowles. Tells the inspirational stories of twelve women, from very different backgrounds, who overcame often huge obstacles to achieve success—pioneers in philanthropy, business, science and stage along with writers in fiction and non-fiction. Illus. 206 pages. Pen & Sword. Paperbound. Pub. at $24.95 $4.95

3693627 SURVEILLANCE VALLEY: The Secret Military History of the Internet. By Yasha Levine. Along with the history of the idea of using computers to spy on people and groups perceived as a threat, Pen & Sword and aboard. Levine also exposes the private surveillance business that powers tech-industry giants like Google, Facebook, and Amazon. He reveals how these companies spy on their users for profit, while working as military contractors. 371 pages. PublicAffairs. Pub. at $28.00 $7.95

3883299 UNBOUND: Transgender Men and the Remaking of Identity. By Arlene Stein. Documents the varied ways younger trans men see themselves and are changing our understanding of what it means to be male and female in America. 339 pages. Pantheon. Pub. at $27.95 $5.95

LIMITED QUANTITY 389944X THE KOREAN MIND: Understanding Contemporary Korean Culture. By Boye Lafayette De Mente. Examines the meaning and cultural context of the most important “code words” or concepts that are fundamental to the Korean language and culture. Their significance goes much deeper than their literal translations. They are the key to truly understanding how Koreans think and by examining each concept the reader will gain insight into the character of the Korean people. 374 pages. Tuttle. Pub. at $24.95 $6.95

376236X BULLDOZER: Demolition and Clearance of the Ever-Greater Risk of Sickness and Death. By Charles Postel. Deeply researched and illuminating, Postel explores the roots of the social fissures that appeared in the United States during the Civil War and speaks to the need for making expansive strides toward an inclusive definition of equality with which we can meet our contemporary crisis. 390 pages. FSG. Pub. at $30.00 $9.95

★ 392582X EQUALITY: An American Dilemma, 1866-1986. By Charles Postel. Deeply researched and illuminating, Postel explores the social roots of the fissures that appeared in the United States during the Civil War and speaks to the need for making expansive strides toward an inclusive definition of equality with which we can meet our contemporary crisis. 390 pages. FSG. Pub. at $30.00 $9.95

★ 3926304 MILLENNIAL NATION: The Lost Generation. Illusion and delusion surround us as social media hypnotizes the masses like nothing before. Explore the phenomenon of Millennials, where the social technology mindedness led us and how we find our way back to a more balanced existence. 70 minutes. Reality Entertainment. Pub. at $19.99 $14.95


★ 3921514 DYING OF WHITENESS: How the Politics of Racial Resentment Is Killing America’s Heartland. By Jonathan M. Metzl. In election after election, conservative white Americans have embraced political candidates who pledge to make their lives great again. But as Metzl shows in this work, the policies that result actually place white Americans at ever-greater risk of sickness and death. 349 pages. Basic. Paperbound. Pub. at $26.99 $19.95

★ 388480 THE RIGHT SIDE OF HISTORY. By Ben Shapiro. Shapiro springs through more than 3,500 years, dozens of philosophers, and the thickest of modern politics to show how our freedoms are built upon the twin notions that every human being is made in God’s image and that human beings were created with reason that is capable of exploring God’s world. 256 pages. Broadside. Paperbound. Pub. at $17.99 $12.95

2829332 BEAUTIFUL CHILD. By Torey Hayden. As a dedicated teacher, Torey committed herself to helping seven-year-old Venus Fox, who never spoke, never listened, never even acknowledged the presence of another person in the room with her. She patiently and lovingly leads her toward the life they love. Photos. 282 pages. St. Martin’s. Pub. at $26.99 $19.95

★ 3916517 THE AMISH OF LANCASTER COUNTY, SECOND EDITION. By Donald B. Kraybill. Explains the uncommon lifestyle of these forest-dwelling nomads in India. Welcomed into the thickest of modern politics to show how our freedoms are built upon the twin notions that every human being is made in God’s image and that human beings were created with reason that is capable of exploring God’s world. 256 pages. Broadside. Paperbound. Pub. at $17.99 $12.95


★ 3897044 THE FREE WOMEN OF PETERSBURG: Status and Culture in a Southern Town, 1784-1860. By Suzanne Lebsock. Focusing on Petersburg, Virginia, Lebsock demonstrates and explains how the status of women could change for the better in an anti-feminist environment. She weaves the experiences of individual women together with general social trends, to show how women’s status was changing in response to the economy and the institutions of property ownership and slavery. 326 pages. Norton. Paperbound. Pub. at $12.95 $4.95

★ 3833603 HIMALAYA BOUND: One Family’s Quest to Save Their Animals and the Ancient Way of Life. By Michael Benanav. Benanav brings us along on a journey with a tribe of forest-dwelling nomads in India. Welcomed into a family of nomadic water buffalo herders, he joins them on their annual spring migration into the Himalayas. 16 pages of color photos, 230 pages. Pegasus. Pub. at $26.95 $6.95

★ 3771563 THE ANALOGUE REVOLUTION: Communication Technology 1901-1914. By Simon Webb. Examines the impact that developments in photography, telegraphy, gramophones and moving pictures had in the years preceding the First World War, and shows how the modern world was shaped by the word it. Photos. 158 pages. Pen & Sword. Pub at $34.95 $6.95

★ 2796522 THIS BLESSED EARTH: A Year in the Life of an American Family Farm. By Ted Genoways. Following the Hammond family from harvest to harvest and witnessing the many contemporary agricultural forces working against them, the author explores the rapidly changing world of small, traditional farming operations. Genoways creates a vivid portrait of a radically new landscape of family farms that preserve their legacy. 226 pages. Norton. Pub at $26.95 $4.95

★ 3926545 SURVEILLANCE VALLEY: The Secret Military History of the Internet. By Yasha Levine. Along with the history of the idea of using computers to spy on people and groups perceived as a threat, Pen & Sword and aboard. Levine also exposes the private surveillance business that powers tech-industry giants like Google, Facebook, and Amazon. He reveals how these companies spy on their users for profit, while working as military contractors. 371 pages. PublicAffairs. Pub. at $28.00 $7.95


★ 3921409 TRUTH: A Brief History of Total Bullshit. By Tom Phillips. We live in a “post-truth” world, we’re told. But was there ever really such a thing as truth-telling? Phillips shows us the story of how we humans have spent history lying to each other and ourselves about everything from business to politics to plain old geography. Illus. 319 pages. Hanover. Paperbound. Pub. at $12.99 $9.95

WHAT’S YOUR PRONOUN? Beyond He & She. By Dennis Baran. Examines the pronouns that are alternatives to he and she, that can be better when someone’s gender is unknown, or when they’re not simply male or female. With his trenchant analysis and knowledge, Baran delivers an essential work in understanding how language is evolving in the twenty-first century. 283 pages. Liveright. Pub. at $25.95 $18.95

SOCIAL SCIENCE


3829696 FORTRESS EUROPE: Dispatches from a Gated Continent. By Matthew Carr. 279 pages. New Press. Pub. at $27.95 $5.95


6941913 SONG FROM THE FOREST: My Life Among the Pygmies. By Louis Samo. 304 pages. TRUP. Paperbound. Pub. at $18.95 $4.95

3838757 THANK YOU FOR BEING LATE: An Optimist’s Guide to Thriving in the Age of Accelerations. By Thomas Friedman. 468 pages. FSG. Pub. at $28.00 $19.95


3841499 OUTSOURCED ACTS AND EVERYDAY REBELLIONS, THIRD EDITION. By Gloria Steinem. 422 pages. Picador. Paperbound. Pub. at $20.00 $4.95


3843610 SEDUCTION: A History from the Enlightenment to the Present. By Clement Knox. 16 pages of illus., some color. 482 pages. Pegasus. Pub. at $28.95 $21.95

2991063 CITY OF THORNS. By Ben Rawlence. 456 pages. Picador. Pub. at $26.00 $14.95


3744666 FISHERMAN’S BLUES: A West African Community at Sea. By Anna Badkhen. Illus. 287 pages. Riverhead. Pub. at $27.00 $5.95

3843611 SEDUCTION: A History from the Enlightenment to the Present. By Clement Knox. 16 pages of illus., some color. 482 pages. Pegasus. Pub. at $28.95 $21.95

3788538 WHAT WE DID IN BED: A Horizontal History. By Catherine Newman. 235 pages. Riverhead. Pub. at $27.00 $4.95

3817583 DEFENDING MOMENTS IN BLACK HISTORY: Reading Between the Lies. By Dick Gregory. 236 pages. Amistad. Pub. at $24.95 $13.95

3832678 DEER HUNTING WITH JESUS: Dispatches from America’s Class War. By Joe Bageant. 273 pages. Three Rivers. Paperbound. Pub. at $15.00 $4.95


2964465 TEN ARGUMENTS FOR DELETING YOUR SOCIAL MEDIA ACCOUNTS RIGHT NOW. By John Lanier. 146 pages. Holt. Pub. at $18.00 $9.95

6958370 WOMEN’S SONGS FROM WEST AFRICA. Ed. by T.A. Hale & A.G. Sidikou. 341 pages. InUP. Pub. at $50.00 $3.95


6997062 TRIBAL ART: Ceremonies, Rituals and Dress. By F. Inpu & R. Schmidt. 320 pages. Thames & Hudson. ¥1427/Á. Pub. at $65.00 $14.95


2902370 A HISTORY OF FURTURE IN BRITAIN. By John Illus. 145 pages. Pen & Sword. Pub. at $34.95 $11.95


SOCIAL SCIENCE


3806022 ALSO HUMAN: The Inner Lives of Doctors. By Caroline Elton. The author, a psychologist who has spent the last twenty years working with physicians, describes her mission to help them grapple with the challenges that not only keep them from doing their jobs, but also threaten to destroy their lives. Elton introduces us to some of the distressed doctors who have come to her for help. 311 pages. Basic. Pub. at $30.00

3823911 MINDWARE: Tools for Smart Thinking. By Richard E. Nisbett. Nisbett explains powerful psychological concepts of the law of large numbers; statistical regression; cost-benefit analysis; sunk costs and opportunity costs; and causation and correlation. He shows how to frame common problems in such a way that these scientific and statistical principles can be applied to them. Paperback. Pub. at $15.00

3841332 LOVE UNDERSTOOD. By Laura Mucha. For this account, Mucha has interviewed hundreds of strangers, from the ages of 8 to 95 in more than 40 countries, asking them to share their most powerful and meaningful love stories. The author combines academic theory and everyday experience to illuminate the mysteries of how and why we love. 368 pages. Bloomsbury. Pub. at $28.00


3791604 THE HOSPITAL OF INCURABLE MADNESS. By Tomaso Garzoni. This translation of Garzoni’s Renaissance “best-seller” provides a rare, revealing guide through the centuries of madness, foolishness, and social deviance. His encyclopedic work is the most important contribution of the last half of the century to the “fools” genre. 256 pages. ACMRS. Pub. at $52.00

3810945 BECOMING WHOLE: Jung’s Equation for Realizing God. By Leslie Stein. Tracing the roots of Jung’s research back to his influence in the world of the Kabbalah and Sufi mysticism, and grounding the more esoteric philosophy toward the modern sense of identity, the author has produced both a rigorous work of scholarship on a major figure and a guide that challenges readers to reflect on our own truths.


3881190 YOU CAN DO ANYTHING: The Surprising Power of a “Useless” Liberal Arts Education. By George Anders. In a tech-dominated world, the most needed degrees are the most surprising: those in the liberal arts. Anders will show you how to take advantage of the unique set of skills that translates your campus achievements into a new style of expression that will make employers’ eyes light up. With a liberal arts degree in hand, you will be ready for anything. 342 pages. Little, Brown. Pub. at $27.00

3893767 FROM TYPES TO IMAGES, VOLUME 4. By Carol Percy. Paperback. Pub. at $36.00

3893657 EGGHEAD’S GUIDE TO VOCABULARY. By Cara Cantarella. With fun graphics, funny stories, and effective exercises this unique guide turns the boring task of learning vocabulary into an enjoyable challenge. Whether you’re preparing for a college entrance exam or for a career change, this guide will make you feel like an egghead as you master even the most difficult terms.

3891100 You Can Do Anything: The Surprising Power of a "Useless" Liberal Arts Education. By George Anders. In a tech-dominated world, the most needed degrees are the most surprising: those in the liberal arts. Anders will show you how to take advantage of the unique set of skills that translates your campus achievements into a new style of expression that will make employers’ eyes light up. With a liberal arts degree in hand, you will be ready for anything. 342 pages. Little, Brown. Pub. at $27.00

3910301 BARRON’S MILITARY FLIGHT ATTITUDE TESTS, 3RD EDITION. By Terry Duran. The only reference you need to get the scores you want on the military flight aptitude tests for all U.S. branches of service. Illus. 632 pages. Barron’s. 9x10½. Paperback. Pub. at $23.99

3841200 THE MATH MYTH: And Other STEM Delusions. By Andrew Hacker. Hacker’s widely held assumptions about the Common Core curriculum, and the frenzied emphasis on STEM. This account honors mathematics as a calling and exalts its goals and its story, yet shows how mandating it for everyone creates an irrational barrier to graduation and to fulfilling lives and careers. 239 pages. New Press. Pub. at $17.95

3895571 TEST EASY NURSING ENTRANCE EXAMS. By M. Basuro & R. Kavanagh. The best thing to a personal tutor, this helpful guide is loaded with study tips, sample questions, and practice tests to help you prepare for the real thing, whether you’re taking the NLN PAX, A2, ATI TEAS, or PSB nursing school entrance exam. Illus. 390 pages. Alpha. Paperback. Pub. at $22.99

3893031 BARRON’S MILITARY FLIGHT ATTITUDE TESTS, 3RD EDITION. By Terry Duran. The only reference you need to get the scores you want on the military flight aptitude tests for all U.S. branches of service. Illus. 632 pages. Barron’s. 9x10½. Paperback. Pub. at $23.99

3893368 EGGHEAD’S GUIDE TO VOCABULARY. By Cara Cantarella. With fun graphics, funny stories, and effective exercises this unique guide turns the boring task of learning vocabulary into an enjoyable challenge. Whether you’re preparing for a college entrance exam or for a career change, this guide will make you feel like an egghead as you master even the most difficult terms.
Philosophy

3902412 THE ART OF CHINESE PHILOSOPHY: Eight Classical Texts and How to Read Them. By Paul R. Goldin. Provides an unmatched introduction to eight of the most important works of classical Chinese philosophy: Analects of Confucius, Mozi, Mencius, Laozi, Zhuangzi, Sunzi, Xunzi, and Han Feizi. Goldin, one of the world’s leading authorities on the history of Chinese philosophy, places these works in rich context and explains the origin and meaning of their compelling ideas. 341 pages. Princeton. Paperback. Pub. at $24.95 $19.95

3824465 DO ROBOTS MAKE LOVE? By L. Alexandre & J-M. Besnier. Discover the incredible potential of mankind’s near future as a robot and a philosopher debate the big questions surrounding transhumanism—the tech movement that seeks to improve the human condition through science. 143 pages. Cassell. Pub. at $12.99 $4.95

3843580 HOW TO TEACH PHILOSOPHY TO YOUR DOG. By Anthony McGowan. In this uniquely entertaining take on morality and ethics, the author and his scruffy and irrepressible Maltese terrier, Monty, set out to uncover who—if anyone—has the right end of the ethical stick and should tell us how best to live one’s life. 317 pages. Pegasus. Pub. at $25.95 $18.95

3718581 BUILDING STONES FOR AN UNDERSTANDING OF THE MYSTERY OF GOLGOTHA. By Rudolf Steiner. 379 pages. Rudolf Steiner Press. Paperback. Pub. at $37.00 $7.95

3761452 THE MEANING OF LIFE ACCORDING TO BIKERS: The Biker Book for Charity. Ed. by Louise Lewis. Well illus. in color. 176 pages. Schiffer. $21.95


3794237 AN INTRODUCTION TO CHINESE PHILOSOPHY, SECOND EDITION. By Karyn Lai. 361 pages. Cambridge. Paperback. Pub. at $32.95 $14.95


PHILOSOPHY Hacks. By R. Arp & M. Cohen. take a complicated philosophical concept, start with a helicopter overview of the subject, and zoom in on the core elements of the theory. Finally, get a one-liner hack to cement the concept in your mind. This volume will help you remember even the most complex philosophical theories. Fully illustrated, most in color. 207 pages. Ecco. Paperback. Pub. at $16.99 $4.95


Philosophical Essays

381212X THE MYTH OF Sisyphus. By Albert Camus. In this profound and moving philosophical statement, Camus poses the fundamental question: Is life worth living? If human existence holds no significance, what can we keep from suicide? Included are several other essays by Camus. 172 pages. Penguin. Paperback. Pub. at $27.00 $19.95


3966248 A TRAMP’S PHILOSOPHY: Sagacious Twaddle, and Occasional Insight by One with Erudition and Experience in Peregination. By Bart Kennedy. Include d are insights on everything from religion to civilization to crime to Kennedy’s inef flec tive logic for directing one’s life in modern society. Published in 1908, the essays are organized by the themes that Kennedy revisited throughout his writing career. Society, Art and Beauty, Crime, Political and Work. Photos. 278 pages. Penguin. Paperback. Pub. at $19.95 $14.95

3921263 ON IMMUNITY: An Inoculation. By Eula Biss. An inoculation against our fear and a moving account of how we are all interconnected—our bodies and our fates. 205 pages. Graywolf. Paperback. Pub. at $17.95 $9.95

3718875 ETERNAL AND TRANSIENT ELEMENTS IN HUMAN LIFE. By Rudolf Steiner. 320 pages. Rudolf Steiner Press. Paperback. Pub. at $32.00 $6.95


3892506 WHAT WOULD KEYNES DO? How the Greatest Economists Would Solve Your Everyday Problems. By Teijvan Pettinger. By comparing and contrasting what the greatest economists of all time would have said about 40 questions from your everyday life, this informative volume will help you get to grips with all of the important economic theories in an original and thought-provoking way. Illus. in color. 192 pages. Firefly. Paperback. Pub. at $17.95 $9.95

3898593 THE AMERICAN WAY OF POVERTY: How the Other Half Still Lives. By Sasha Abramsky. Simmons shows the effects of economic inequality out of the shadows. Simmons shines a light on this national travesty through stories of battle against the nation’s largest and most powerful antipoverty group. **Finally, he offers a free-market rejoinder to the Keynesian stimulus used to alleviate the Great Recession. 206 pages. Photos. 254 pages. S&S. Paperback. Pub. at $17.00 $3.95

3890791 THE GLOBAL ECONOMY AS YOU'VE NEVER SEEN IT: 99 Ingenious Infographics That Put It All Together. By Thomas Frankle et al. An ingeniously conceived tour of the global economy and all its key components, illustrated one by one in 99 infographics. From start-ups to monopolies, from trade agreements to tyranny, Ramage and Schwower bring every facet of the economic web to life. 206 pages. The Experiment. 10½x14. Pub. at $35.00 $9.95

3894122 THE FORGOTTEN DEPRESSION: The Economic Crisis That Cured Itself. By Grant. In a detailed account of the deep economic slump of 1920–1921—the Crash That Cured Itself. Grant proposes that less is more with respect to federal intervention. In a powerful response to prevailing notions, he offers a free-market rejoinder to the Keynesian stimulus used to alleviate the Great Recession. 206 pages. Photos. 254 pages. S&S. Paperback. Pub. at $17.00 $3.95

Economics

3892508 WHAT WOULD KEYNES DO? How the Greatest Economists Would Solve Your Everyday Problems. By Teijvan Pettinger. By comparing and contrasting what the greatest economists of all time would have said about 40 questions from your everyday life, this informative volume will help you get to grips with all of the important economic theories in an original and thought-provoking way. Illus. in color. 192 pages. Firefly. Paperback. Pub. at $17.95 $9.95

3898593 THE AMERICAN WAY OF POVERTY: How the Other Half Still Lives. By Sasha Abramsky. Simmons shows the effects of economic inequality out of the shadows. Simmons shines a light on this national travesty through stories of battle against the nation’s largest and most powerful antipoverty group. **Finally, he offers a free-market rejoinder to the Keynesian stimulus used to alleviate the Great Recession. 206 pages. Photos. 254 pages. S&S. Paperback. Pub. at $17.00 $3.95

3911861 THE THEFT OF A DECADE: How the Baby Boomers Stole Millennials’ Economic Future. By James C. Scott. The author explains what Baby Boomers have done to Millennials since 2008 when they stole their children’s economic futures right out from under them. Now Millennials struggle to land good jobs, labor under student loans, see their dreams of homeownership fade, and will inherit a bankrupt economy. **Finally, his he offers a one-liner hack to cement the concept in your mind. This volume will help you remember even the most complex economic theories. Fully illustrated, most in color. 207 pages. S&S. Paperback. Pub. at $16.99 $4.95

LIMITED QUANTITY 3841987 THE REPUBLIC. By Plato. The foundation of Western philosophy is found in Plato’s Republic. An inquiry into politics, a discourse on morality and a brilliantly insightful exposition of philosophy are framed into a simple dialogue between Socrates and his pupils. 301 pages. Plato. Paperback. Pub. at $15.99 $9.95


See more titles at erhc.com/833 - 19 -
Engineering & Architecture

389748 THE BRIDGE: How the Roeblings Connected Brooklyn to New York. By Peter J. Tomasi. Brings to life the construction and the triumphs and tragedies that went into building the Brooklyn Bridge. After the accidental death of the bridge’s designer, John Augustus Roebling, it was up to his son Washington to complete the massive project. Over 135 years later, its construction is brought to life in this original graphic novel. Fully illus. in color. 204 pages. Abrams. 6¼x9¼. Pub. at $24.99 $5.95

2957833 DAMS. By Christine Macy. There are more than two and a half million dams in the U.S., from the massive federal projects such as Hoover Dam or the Grand Coulee to small, privately owned structures. This compendium presents a comprehensive picture of North American dams, includes a CD-ROM with high-quality TIFF images. 460 pages with over 700 illustrations. Norton. 8¼x11¼. Pub. at $85.00 $19.95

★ 3738981 TOWER BRIDGE, 1894 TO DATE OPERATIONS MANUAL. By John M. Smith. Supported with a wealth of original drawings and historic and contemporary photographs, this manual takes readers behind the scenes to reveal the innermost workings of this major London landmark. 186 pages. Haynes. 8¼x10¼. Pub. at $26.95 $19.95

★ 389510X BRIDGING THE MISSISSIPPI: Spans Across the Father of Waters. Text by M. Hasha et al. photos by P. Gould. Portrays in words and stunning photographs the man-made structures that cross the nation’s most important and, during the mid-nineteenth century, most daunting natural waterway. In this fascinating overview, the Mississippi River’s bridges come into full focus in a visual tribute. 159 pages. LaSUP. 10½x9. Paperbound. Pub. at $39.95 $29.95

Architecture

3743748 THE LANDMARKS OF NEW YORK. SIXTH EDITION. By Barbaraee Diamonstein-Spielvogel. An illustrated, comprehensive record of New York City’s historic buildings, with updated descriptions of each individual, interior, and scenic landmark and historic district included in the previous editions, as well as 114 new individual landmarks, and more than 150 new photographs, maps, and special addenda. 902 pages. NYUP. 8½x11. Pub. at $95.75.00 $17.95

3909034 PETERBOROUGH CATHEDRAL: A Glimpse of Heaven. By Jonathan Foyle. One of England’s finest Norman buildings and also one of the most individual. Peterborough Cathedral has for more than nine centuries stood as a sending to Peterborough, giving the city its modern name from the building’s principal dedicate. St. Peter. This engagingly written edition offers a superb tribute to one of England’s most beautiful and enigmatic medieval buildings. Well illus., most in color. 128 pages. Scala. 9x11. Paperbound. Pub. at $39.95 $29.95

3903664 VERSAILLES. By Colín Jones. The author masterfully traces the evolution of Versailles. This is the vivid story of the creation, renovation, and enduring legacy of the most famous building in France. From its作用ary construction and a space of royal and aristocratic pleasures that has become one of the world’s greatest destinations. Illus. 211 pages. Basic. 5x7¾. Pub. at $25.00 $6.95

3831965 OLD NEW ENGLAND HOMES, 1800 TO 1880. By Stanley Schulter. Through the study of New Englander’s homes, Schulter shares his first-hand knowledge of Yankee architecture. Includes dynamic color photographs, drawings of floor plans, and the historical connection of many homes woven into a comprehensive reference. 224 pages. Schiffer. 8¼x11¼. Pub. at $35.00 $12.95

3832015 SALTBOX AND CAPE COD HOUSES, REVISED 2ND EDITION. By Stanley Schulter. Showcases approximately 140 examples of the prominent quintessentially American form. Historical half of them antique and half recently built, to show how the styles have evolved, discusses their features and provides floor plans for numerous examples. Well illus., most in color. 160 pages. Schiffer. 8¼x11¼. Pub. at $29.99 $9.95

3916936 THE INSPIRED LANDSCAPE: Twenty-One Leading Landscape Architects Explore the Creative Process. By Susan Cohen. Featuring the work of 21 landscape architects from around the world, Cohen traces each project from the initial spark of creativity through its stunning completion. Includes original sketches, renderings and photographs and is an invaluable resource for designers. 268 pages. Timber. 8¼x10¾. Pub. at $50.00. $12.95

3888443 FIFTY ENGLISH STEEPLES: The Finest Medieval Parish Church Towers and Spires in England. By Julian Farnamy. Presents the first survey of the most important medieval parish church towers and spires in England, covering a period of some 500 years. Depicted in a series of precise line drawings and stunning photographs are some of the finest medieval structures that have survived, each a testament to the architectural, artistic, and engineering achievements of England of the Middle Ages. 496 pages. Thames & Hudson. 9x11. Pub. at $85.00 $24.95


★ 3763420 NOTRE-DAME DE PARIS: History, Art, and Revival from 1163 to Tomorrow. Text by Antonia Felix. In stunning photography this beautiful volume celebrates Notre-Dame through the centuries: its beginnings in 1160 and construction during the Middle Ages; its survival through the French Revolution and two World Wars; its coronations, royal weddings, and presidential funerals; and much more. 180 pages. Sterling. 8¼x10¾. Pub. at $26.95 $19.95

★ 3760081 HAND HEWN: The Traditions, Tools, and Enduring Beauty of Timber Frame Building. By Parrott Bacot. Surveys the candle powered lighting devices used in Northern Europe, the British Isles, as well as those made in America, from 1783-1883. This period of just over one hundred years was well as those made in America, from 1783-1883. This period of just over one hundred years was witness to more inventions, developments and improvements. Includes a CD-ROM with high-quality TIFF images. 312 pages. Timber. 8¼x10¾. Pub. at $59.95 $21.95

★ 3761815 NINETEENTH CENTURY LIGHTING: Candle-Powered Devices, 1783-1883. By H. Parrott Bacot. Surveys the candle powered lighting devices used in Northern Europe, the British Isles, as well as those made in America, from 1783-1883. This period of just over one hundred years was witness to more inventions, developments and improvements. Includes a CD-ROM with high-quality TIFF images. 312 pages. Timber. 8¼x10¾. Pub. at $59.95 $21.95

★ 392081X NINETEENTH CENTURY LIGHTING: Candle-Powered Devices, 1783-1883. By H. Parrott Bacot. Surveys the candle powered lighting devices used in Northern Europe, the British Isles, as well as those made in America, from 1783-1883. This period of just over one hundred years was witness to more inventions, developments and improvements. Includes a CD-ROM with high-quality TIFF images. 312 pages. Timber. 8¼x10¾. Pub. at $59.95 $21.95

★ 3815000 VILLAS AND GARDENS OF THE RENAISSANCE. By Lucia Impelluso, photos by D. Fusaro. A stunning collection of photographs celebrating the Italian Renaissance period through pictures of gardens built from half the fifteenth and sixteenth centuries. Nine locations of extraordinary artistic and architectural interest are illustrated. An historical text introduces each property, giving an overview of its history. 175 pages. Rizzoli. 10x12¼. Pub. at $49.95 $37.95
Architecture

★ 3755896 ART DECO BRITAIN: Buildings of the Interwar Years. By Elain Harwood. A beautiful collection of photographs of Britain’s finest examples of Art Deco architecture, to celebrate the fourtieth anniversary of the Twentieth Century Society, the charity dedicated to preserving the best in architecture and design since 1914. 472 pages. Batsford. 8x10. Pub. at $34.95 $26.95

★ 372483 CONTAINER & PREFAB HOMES: Eco-Friendly Architecture. Selected by Patricia Martinez. Presents fourteen Eco-Friendly architectural projects committed to environmental conservation built on sustainable construction; featuring prefabricated homes made of wood, steel, etc., as well as container homes. Text in English and Spanish. Fully illus. in color. 141 pages. SPUP. 9x12. Pub. at $29.95 $22.95


★ 3689026 LIFE ALONG THE HUDSON: The Historic Country Estates of the Livingston Family. By Pieter Estersohn. This edition’s thirty-five-lived homes were conceived in a range of styles by such notable architects as Stanford White, Alexander Jackson Davis, and Calvert Vaux. All pair exquisite interiors with expansive lawn and riverfront views. This stunning volume, filled with beautiful color photos, offers previously inaccessible views of historically significant decoration. 336 pages. Rizzoli. 9x11½. Pub. at $85.00 $64.95

★ 3895182 THE NEW CIVIC ART: Elements of Town Planning. By Andres Duany et al. This comprehensive encyclopedia covers over 200 international sources, has been carefully selected for use not only by trained professionals but for everyone involved in the shaping of cities and the built environment. With text for over 1,000 entries and 1,200 illustrations, this volume exemplifies the very best contemporary urban planning and town design schemes. 384 pages. Rizzoli. 9x12½. Pub. at $85.00 PRICE CUT to $11.95


2950559 DREAM HOUSE: The White House as an American Home. By U.G. Dietz & S. Watters. 304 pages. Acanthus. 10¼x12¼. Pub. at $75.00 $59.95


★ 3732274 THE SISTINE CHAPEL. By Antonio Paolucci. Fully illus. in color. 359 pages. Scripta Maneant. 9½x11¾. Pub. at $69.00 $49.95


3721760 ARCHITECTURE AND ARTIFACTS OF THE PENNSYLVANIA COASTAL SENTINELS. By R.G. Grant. Well illus. 242 pages. PaSUP. 8¼x9¾. Pub. at $51.95 $11.95


★ 5970296 PLANTATIONS OF VIRGINIA. By J. Williams & C.C. Giannetti. Well illus. in color. 244 pages. Gibb Pequot. Paperback. Pub. at $21.95 $12.95

3782816 FROM STATEHOUSE TO COURTHOUSE: An Architectural History of South Carolina’s Colonial Capitol and Charleston County Courthouse. By Carl R. Lounsbury. Illus. 113 pages. USCJ. 7½x10¼. Pub. at $19.95 $9.95

2981890 THE MYTHIC MODERN: Architectural Expeditions into the Spirit of Place. By Travis Price. Fully illus. in color. ORO. Editions. 11½x9¼. Pub. at $65.00 $11.95


3825434 30-SECOND ARCHITECTURE. By Dragana Cebzan Antic et al. Presents you with the foundations of architectural knowledge, explaining each idea using 300 words and a diagram or picture, all easily digested in a spare half minute. So, if you want to know your arch from your elevation, and your Baroque from your Byzantine, this is the quickest way to construct architectural knowledge. 160 pages. Ivy Press. 6x7½. Paperback. Pub. at $12.99 $4.95

3928792 LANDSCAPES OF COMMUNISM: A History Through Buildings. By Owen Hatherley. A journey of historical discovery, plunging us into the lost world of socialist architecture. Recalling the work of many of Japan’s most famous architects including Shigeru Ban, Sou Fujimoto, Toyo Ito, and dozens of up and coming and completely unknown young architects. Fully illus. in color. 512 pages. Phaidon. 5x7½. Pub. at $24.95 $6.95

3899553 BARRIERS OF CARPENTERS. By Blandine Belushin et al. Lakeside showcases historic and unusual barns throughout the Massachusetts region, including buildings from as early as 1700. Detailed captions accompany these modern-day images, describing the significance of each building, and demonstrating restoration and renovation efforts. 176 pages. Schiffer. 11x8½. Pub. at $39.95 $11.95

3885057 CALIFORNIA MISSION ARCHITECTURE: A Sourcebook. By Jock M. Sewall. With over 800 photos and plans, this resource visually documents rustic, elegant, and exquisitely detailed examples of the general architectural significance of twenty-one missions, while also showing precedents and how the missions influenced later American architecture. 368 pages. Schiffer. 12x9½. Pub. at $75.00 $24.95

★ 3886423 WELCOME TO YOUR WORLD: Envisioning Our Environmental Shapes Our Lives. By Sarah Williams Goldhagen. Using cutting-edge research in cognitive neuroscience and environmental psychology, Goldhagen articulates the ways in which a room, a building, or a square affects us, and details the ways in which we come to form, pattern, light, color, sound, texture, and more. Well illus. in color. 348 pages. Harper. 6x9. Paperback. Pub. at $29.99 $21.95

6964650 THE MAGNIFICENT 92 INDIANA COURTHOUSES, REVISED EDITION. Text by J. Dilts. Photos by W. Counts. Fully illus. in color. 192 pages. INUP. 9x11¼. Pub. at $45.00 $6.95

Architectural Surveys

3896501 THE SMALLER AMERICAN HOUSE. By Ethel B. Power. The author compiled the wonderful selection of home designs. 1917. She selected works by the era’s most notable architects, including Dwight James Baum, Wallace Neff, Eleanore Raymond, and Henry Ahlstrom. Each example of the many styles included features a floor plan, location, and exterior and interior images. 100 pages. Price. 6x7½. Paperback. Pub. at $12.99 $4.95

3825048 JUTAKU: Japanese Houses. By Naomi Pollock. Quirky, surprising and entertaining— with more than 400 houses, Jutaku is a breakthrough in the speed of Japan. Features the work of many of Japan’s most famous architects including Shigeru Ban, Sou Fujimoto, Toyo Ito, and dozens of up and coming and completely unknown young architects. Fully illus. in color. 512 pages. Phaidon. 5x7½. Pub. at $24.95 $6.95

FROM STATEHOUSE TO COURTHOUSE: An Architectural History of South Carolina’s Colonial Capitol and Charleston County Courthouse. By Carl R. Lounsbury. Illus. 113 pages. USCJ. 7½x10¼. Pub. at $19.95 $9.95


★ 3886423 WELCOME TO YOUR WORLD: Envisioning Our Environmental Shapes Our Lives. By Sarah Williams Goldhagen. Using cutting-edge research in cognitive neuroscience and environmental psychology, Goldhagen articulates the ways in which a room, a building, or a square affects us, and details the ways in which we come to form, pattern, light, color, sound, texture, and more. Well illus. in color. 348 pages. Harper. 6x9. Paperback. Pub. at $29.99 $21.95

6964650 THE MAGNIFICENT 92 INDIANA COURTHOUSES, REVISED EDITION. Text by J. Dilts. Photos by W. Counts. Fully illus. in color. 192 pages. INUP. 9x11¼. Pub. at $45.00 $6.95
387126 INVISIBLE INFLUENCE: The Hidden Forces That Shape Behavior. By Jonah Berger. Integrates research from psychology, behavioral economics, business, and the social sciences more generally to shed light on the often-hidden factors that shape behavior. You'll never look at your own behavior, or the behavior of those around you, the same way again. 264 pages. Alpha. Paperback. Pub. at $16.00. $3.95

3917436 BECOMING A VETERINARIAN. By Bonis Kachuka. Discover how a common childhood dream leads to a real career. This guide is your one-stop account of the scenes, honest, and inspiring look at the day to day life of a veterinarian, through the eyes of the people who have made it their life’s work. Required reading for anyone considering this challenging yet rewarding path. 152 pages. S&S. Pub. at $18.00. $4.95

3712745 THE ASHES HAVE EYES: How Retailers Track Your Shopping, Strip Your Privacy, and Define Your Power. By Joseph Turow. Provides a revealing and surprising look at the ways that aggressive consumer tracking and personal information marketing, already pervasive online, are coming to a retail store near you. Eye-opening and timely, Turow’s work is an essential primer on the future of shopping. 336 pages. Yale. Pub. at $30.00. Limited Quantity

3840212 THE SIX SECRETS OF RAISING CAPITAL. By Bill Fisher. Shares the street-smart wisdom that most entrepreneurs never acquire until it’s too late. Fisher organizes the capital-raising process into six clear steps and breaks through the myths to reveal the real secrets for getting your company funded at a favorable valuation. 126 pages. Berrett-Koehler. Paperback. Pub. at $19.95. $4.95

3825953 THE COFFEE BOOK, REVISED: Anatomy of an Industry from Crop to the Last Cup. By R. G. Dicium. Surveys the social history of cafe society from the first Turkish coffeehouses to beatnik havens in Berkeley and Greenwich Village, and examines the industry’s major players, revealing how they turned a much-loved product into a commodity, ruining the lives of millions of farmers around the world. Illus. 232 pages. New Press. Paperback. Pub. at $18.95. $4.95

3833623 HOUSE OF CARDS. By William D. Cohan. Exposes the corporate arrogance, power struggles, and deadly combination of greed and inattention that led to the collapse of not only Bear Stearns but the very foundations of Wall Street. 592 pages. Anchor. Paperback. Pub. at $18.95. Limited Quantity

3876616 THE SPACE BARONS. By Christian Davenport. A story of a group of billionaire entrepreneurs who are pressing on to the epic resurrection of the American space program. The Space Barons–most notably Elon Musk and Jeff Bezos–are on a mission to use Silicon Valley-style innovation to dramatically lower the cost of space travel to build a transportation network to the stars. Color photos. Illus. 316 pages. Alpha. Paperback. Pub. at $21.95. Limited Quantity

3898666 GUARANTEED TO LAST: L.L. Bean’s Century of Outfitting America. By Jim Gorman. Packed with rarely seen photographs and artifacts, this is the remarkable tale of L.L. Bean, the man—the story of how an unknown hunter, working with $400 in borrowed capital, invented a new kind of shoe and remade the lives of millions of farmers around the world. Illus. 232 pages. Melcher Media. $10.95. $7.95

3866346 SECRET SAUCE: How to Pack Your Messages with Persuasive Punch. By Harry Mills. When it comes to messaging, what works today might not work tomorrow. One thing is certain: the digital world has underlined our ability to lose focus. For a message to grab attention and persuade, it needs to be Simple, Appealing, Unexpected, Convincing, and Emotional. This volume throws the lid on the elements required to create a thriving business. Full of examples, exercises, and invaluable guidance, this title is the practical guide to unleashing your inner salesperson. 209 pages. Morgan. Paperback. Pub. at $17.95. $12.95

3925720 THE TRUFFLE UNDERGROUND. By Ryan Jacobs. A thrilling journey through the hidden underworld of the most prized luxury ingredient. Deeply reported and elegantly written, this page turning expose documents the dark, sometimes deadly crimes at the heart of the world's most prized delicacy. 384 pages. Clarkson Potter. Paperback. Pub. at $18.95. $4.95

3841018 SO YOU WANT TO START A BUSINESS: The 7 Step Guide to Create, Start & Grow Your Own Business. By Ingrid Thompson. The most thorough and through-the-seven-step elements required to create a thriving business. Full of examples, exercises, and invaluable guidance, this title is the practical guide to unleashing your inner salesperson. 209 pages. Morgan. Paperback. Pub. at $17.95. $12.95

3841517 LLC OR CORPORATION? 8TH EDITION: Choose the Right Form for Your Business. By Anthony Mancuso. Explains the basics of all business entities; why sole proprietorships and partnerships are unsatisfactory; how to avoid personally liable for business debts; how to pay less tax by choosing the right entity, and finding creative ways to avoid doing business out of state. 263 pages.万元. Paperback. Pub. at $24.99. $17.95
<table>
<thead>
<tr>
<th>ISBN</th>
<th>Title</th>
<th>Author(s)</th>
<th>Publisher</th>
<th>Pages</th>
<th>Price</th>
<th>Edition</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>9780137832631</td>
<td>Linux in Easy Steps, 6th Edition</td>
<td>Nick Vandome</td>
<td>Insight Editions</td>
<td>100</td>
<td>$11.95</td>
<td>In Easy Steps, Paperback</td>
<td></td>
</tr>
<tr>
<td>038550141X</td>
<td>CALL OF DUTY: The Poster Collection</td>
<td></td>
<td></td>
<td></td>
<td>LIMITED QUANTITY</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6876708</td>
<td>start your own cannabis business</td>
<td>Staff of Entrepreneur Media, Inc &amp; J. Hasse</td>
<td>Entrepreneur Press</td>
<td>198</td>
<td>$19.95</td>
<td></td>
<td></td>
</tr>
<tr>
<td>190100222X</td>
<td>Fund Your Dreams Like a Creative Genius</td>
<td>Brain K. Carey</td>
<td>Allworth Press</td>
<td>146</td>
<td>$19.95</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Mathematics

3817075 WONDERS BEYOND NUMBERS: A Brief History of All Things Mathematical. By Johnny Ball. Enriched with tales of colorful personalities and remarkable discoveries, there is also plenty of mathematics for keen readers to get stuck into. This volume is packed with historical insight and mathematical marvels. Join the author and uncover the wonders found beyond the numbers. Well illus. some in color. 456 pages. Bloomsbury. Paperbound. Pub. at $18.00 $4.95

3781003 PROBLEM SOLVED! The Great Breakthroughs in Mathematics. By Robert Snedden. From the earliest numbers carved onto tablets to the discovery of quantum mechanics and chaos theory, mathematics has certainly come a long way. This volume reveals how these fascinating breakthroughs have brought us to the world we live in today. Readers will marvel at these incredible feats of problem solving brilliance. Well illus. 192 pages. Archimus. Pub. at $14.99 $4.95

3848450 HOW MANY SOCKS MAKE A PAIR? Surprisingly Interesting Everyday Maths. By Rob Eastaway. Using playing cards, a newspaper, the back of an envelope, a Sudoku, some pennies and, of course, a pair of socks, Eastaway shows how maths can demonstrate its secret beauty by explaining the most mundane of everyday objects. Well illus. 174 pages. Aurum. Paperbound. Pub. at $14.99 $4.95


381173X PROOF! How the World Became Geometrical. By Amir Alexander. traces the path of the geometrical vision of the world as it coursed its way across the Renaissance to the 18th century, shaping our societies, our politics, and our ideals. From the elegant terraces of Versailles to the broad avenues of Washington D.C., and the boulevards of New Delhi and Manila, the geometrical vision was carved into the landscape of modernity. Illus. 304 pages. Riverhead. Paperbound. Pub. at $28.00 $6.95

3861236 SACRED GEOMETRY: Philosophy & Practice. By Robert Lawlor. This succinct history sets out the system that determines the dimension and form of man-made and natural structures, from Gothic cathedrals to fountains, and Galileo's experiments leading from elucidation of simple principles to a grasp of the logarithmic spiral. Well illus. 112 pages. Thames & Hudson. 8x11. Paperbound. Pub. at $19.95 $14.95

3721000 FUNDAMENTALS OF MATHEMATICAL PHYSICS. By Edgar A. Kraut. Indispensable for students of modern physics, this text provides the necessary background in mathematics for the study of electromagnetic theory and quantum mechanics. Clearly discusses the particulars of vector algebra, matrix & tensor algebra, vector calculus, functions of a complex variable, and more. 466 pages. Dover. $26.95 $18.95


★ 2836629 ALGEBRA II: Idiot's Guides as Easy as it Gets! By Carolyn Whitaker. You survived first-year algebra, and now advanced algebra looks pretty scary. But don't worry, we've got you covered. This book shows you everything you need to know about advanced algebra–functions, equations, systems, roots and radicals, quadratics, polynomials, and more. 342 pages. Alpha. Paperbound. Pub. at $19.95 $12.95

★ 3760527 THE PYTHAGOREAN THEOREM: A 4,000-Year History. By Eli Maor. Reveals the full story behind this beautiful geometrical theorem: how it came into being, who discovered it, who used it, and just how math’s sake: it’s math for the sake of becoming a wise and more thoughtful human. In 28 engaging mathematical tales, he reveals that calculus is not just a toolkit but another language that can express all the things humans grapple with. Drawings. 320 pages. Black Dog & Leventhal. Paperbound. Pub. at $27.95 $4.95

★ 3728435 CAN YOU OUTSMART AN ECONOMIST? 100+ Puzzles to Train Your Brain. By Steven E. Landsburg. In this smart, entertaining, and entirely unconventional economics book, the author brings together over one hundred puzzles and brain teasers that illustrate the subject’s key concepts and pitfalls. Solutions included. 288 pages. HMH. Paperbound. Pub. at $16.99 $14.95

★ 3775518 THE ULTIMATE MATHEMATICAL CHALLENGE: Over 365 Puzzles to Test Your Wits and Excite Your Mind. By UK Mathematics Trust. Specially curated from The UK Mathematics Trust’s catalog of puzzles, most of these problems can be solved without a calculator or special knowledge and logical thinking. The perfect way to live up your day, here are over 365 puzzles to test your wits and excite your mind Illus. 320 pages. HarperCollins. Paperbound. Pub. at $16.99 $12.95

★ 298864X CALCULUS SIMPLIFIED. By Oscar E. Fernandez. Combines the strengths and omits the weaknesses, resulting in a “Goldilocks approach” to learning calculus: just the right level of detail, the right depth of insights, and the flexibility to customize your calculus adventure. 246 pages. Princeton. 8x10. Paperbound. Pub. at $19.95 $15.95

★ 3804156 THE SECRET FORMULA: How a Mathematical Duel Inflamed Renaissance Italy and Uncovered the Cubic Equation. By Fabio Toscano. The story of the legendary Renaissance math duel that ushered in the modern age. Toscano delivers a riveting, compelling account of genius, betrayal, and all too human failings, revealing the epic rivalry behind one of the fundamental ideas of modern algebra. Illus. some in color. 319 pages. Norton. Pub. at $27.99 $19.95

★ 3822812 A SCHEME OF HEAVEN: The History of Astrology and the Search for Our Destiny in Data. By Alexander Boxer. A data scientist examines classical texts on astrology to expose its underlying scientific and mathematical framework. Astrology, he argues, was the ancients’ world’s most ambitious applied mathematics problem, sustained by some of history’s most brilliant minds, from Ptolemy to al-Kindi to Kepler. Illus. 284 pages. Basic. Paperbound. Pub. at $19.95 $15.95

★ 3831361 HUMBLE PI: When Math Goes Wrong in the Real World. By Matt Parker. Exploring and explaining a litany of glitches, near misses, and mathematical mishaps involving the internet, big data, elections, street signs, lotteries, ancient Rome, and an Olympic team; Parker uncovers the bizarre ways math trips us up, and what this reveals about its essential place in our world. Getting it wrong was never been more fun. Illus. Riverhead. Pub. at $27.00 $19.95

3719448 BEYOND INFINITY: An Expedition to the Outer Limits of Mathematics. By Eugenia Cheng. Takes readers on a staggering journey, from math at its most elemental, to its loftiest abstractions, and along the way Cheng, the math professor, chef, and mathematician, considers how you could use a chessboard to help plan a dinner party for 7 billion people. Illus. 284 pages. Basic. Paperbound. Pub. at $16.99 $12.95

3133313 BEYOND INFINITY: An Expedition to the Outer Limits of Mathematics. By Eugenia Cheng. The author explores the wild and woolly world of the infinitely large and the infinitely small. Along the way Cheng considers weighty questions like why some numbers are uncountable or why infinity plus one is not the same as one plus infinity. Illus. 284 pages. Basic. Paperbound. Pub. at $27.00 $19.95

See more titles at erhbc.com/833
Science & History


★ DVD 2829681 MIND CONTROL: The MKULTRA Files. With roots deep in the history of military sciences, the history of mind control studies is a rich and fascinating one. Featuring an exclusive interview and presentation by renowned trauma expert, Dr. Colin Ross, this is an extraordinary examination of some of those experiments and the effects they have had on our culture. 151 minutes. Alchemy. Pub. at $14.95

★ 3750137 UNRAVELLING THE DOUBLE HELIX: The Story of DNA. By Gareth Williams. Comprehensive in scope, this title covers the first century of the history of DNA, one of the greatest triumphs of modern science, in its entirety. The personalities of the main players, their impact with their entanglement with DNA, and the unique qualities that make great scientists tick is also explored. Photos. 341 pages. Lyons. Paperbound. Pub. at $19.95

★ DVD 2829681 MIND CONTROL: The MKULTRA Files. With roots deep in the history of military sciences, the history of mind control studies is a rich and fascinating one. Featuring an exclusive interview and presentation by renowned trauma expert, Dr. Colin Ross, this is an extraordinary examination of some of those experiments and the effects they have had on our culture. 151 minutes. Alchemy. Pub. at $14.95

Science & Invention


★ 3675467 EDISON VS. TESLA: The Battle over Their Last Invention. By J. Martin & W.J. Birnes. A sweeping history and portrait of the last decade of Edison’s life, many skeptics have denied the existence of his last invention—the mysterious spirit phone. This volume sheds light on this weird invention and demonstrates the rivalry that engaged his history of the world of electronics, and how the interconnection of each advance to the next on the long journey to our modern-day technologies. Illus. 341 pages. Lyons. Paperbound. Pub. at $19.95

★ 3651899 CROSS-CULTURAL SCIENTIFIC EXCHANGES IN THE EASTERN MEDITERRANEAN, 1560-1660. By Amer Ben-Zaken. Through five meticulously researched case studies, this book reveals the intricate ways that scientific knowledge moved across cultures. His exploration traces the eastward flow of post-Copernican cosmologies and scientific discoveries, showing how these ideas were disseminated, modified, and applied to local cultures. 246 pages. Johns Hopkins. Paperbound.


Science & History


★ 3838242 30 SECOND GREAT INVENTIONS. Ed. by David Boyle. Traces the history of human progress through the passions of true geniuses, from the chance discovery of how to make glass by heating sand to the series of light-bulb moments that enabled us to illuminate the world at the flick of a switch. Fully ill. in color. 160 pages. Ivy. Paperbound. Pub. at $12.99

RELIGION

★ 3783008 A MAGICAL WORLD: Superstition and Science from the Renaissance to the Enlightenment. By Derek K. Wilson. A fascinating and thought-provoking reminder of humanity’s paradoxical nature—our passionate pursuit of knowledge alongside our deep rooted fears and superstitions. Wilson lays out a rich and multifaceted history of the profound changes in human knowledge that preceded the Renaissance. 341 pages. Unip. Pub. at $34.95

★ 378561X HOT MOLECULES, COLD ELECTRONS: From the Mathematics of Heat to the Development of the Trans-Atlantic Telegraph Cable. By Paul Nahin. Nahin’s entertaining mathematical exploration of the heat equation and its role in the triumphant development of the trans-Atlantic telegraph cable is a testament to the intricate links between mathematics, physics and a fascinating glimpse into the relationship between a formative equation and one of the most important developments in the history of human communication. 212 pages. Princeton. Pub. at $24.95


★ DVD 3711684 A QUEST FOR GOD. Sect 5. Pub. at $19.95

★ DVD 3784290 GODS SUPER COLLIDER. Reality Entertainment. Pub. at $19.99

★ DVD 3784290 GODS SUPER COLLIDER. Reality Entertainment. Pub. at $17.95
**Introduction to Relativity**


**How the World Looks To A Bee**

By Don Glass. 231 pages. Icon. Paperbound. Pub. at $15.00

**The Graphene Revolution**

By Michael S. Engel. To come. Neues. 8¾x11½. Pub. at $50.00

**Monsters: The**


**The Benevolent Bee**

By Brian Clegg. 164 pages. Icon. Pub. at $19.95

**The Private Life of Spiders**


**Every Title at erhbc.com/833**

**Startalk: Everything You Ever Need to Know About**


**Underbug: An Obsessive Tale of Termites and Technology**

By Lisa Margonelli. Are we more like termites than we ever imagined? What begins as a natural history of the termite becomes a personal exploration. The author unearths disquieting answers about the world’s most undervalued insect and what it means to be human. 303 pages. FSG. Pub. at $27.00

**The Life of Spiders**

By Paul Hillyard. With more than 100 different families and 40,000 individual species, spiders are among the most successful creatures on Earth. Hillyard, a spider expert, takes the reader on a fascinating and richly illustrated tour of the lives of some of the world’s most remarkable spiders. Fully illus. in color. 160 pages. Princeton. Paperbound. Pub. at $19.95

**Raising Butterflies in the Garden**

By Brenda Dziedzić. Features forty butterfly buddies from butterflies, moths, ants, and other insects depicting a hidden world flourishing in our homes. The perfect guidebook for anyone interested in getting to know the buzzers hanging around the porch light or the creepers under the couch. 154 pages. Liveright. Pub. at $20.00

**The Science and History of Bees**

By Thor Hanson. Weaving threads of culture, science, and history, Hanson sets the stage for understanding the modern plight of bees—from pesticides and colony collapse to climate change. 283 pages. Basic. Pub. at $27.00

**The Lives of Bees**

By Thor Hanson. The captivating story of what scientists are learning about the behavior, social life, and survival strategies of honey bees living outside the hive. The beekeeper’s hive. In this extended account Seeley reveals how we can become better custodians of honey bees and make use of their resources in ways that enrich their lives as well as our own. Well illus. most in color. $15.95. Princeton. Paperbound. Pub. at $17.95

**The Lives of Bees**

By Lisa Margonelli. For every one human on earth, there are 1.1 million insect species, and thousands of new species are added to the ranks every year. This magnificent volume names around 1.1 million insect species, and thousands of new species are added to the ranks every year. This magnificent volume names around 1.1 million insect species, and thousands of new species are added to the ranks every year. This magnificent volume names around 1.1 million insect species, and thousands of new species are added to the ranks every year.

**The Private Life of Bees**

By Thor Hanson. To know the bee, isn’t just to understand a fascinating and beautiful insect—it’s to get a profound web of relationships, greatly small, that unite the human and the natural worlds. Hanson shows us why all bees are wonders to celebrate and protect. Once you read this, you’ll never overlook them again. Illus. 283 pages. Basic. Pub. at $27.00

**Dancing with Bees: A Journey Back to Nature**

By Brigitt Strawbridge Howard. Realizing she knew little about her native trees, wildflowers, birds and bees, the author begins reconnecting and rediscovering a natural world that had somehow been lost to her for decades. This is her wonderful account of that journey and the joy that comes with deepening one’s relationship with nature and place. 282 pages. Chelsea Green. Paperbound. Pub. at $17.95

**The Lost Honey Bee in the Wild**

By Thomas D. Seeley. The captivating story of what scientists are learning about the behavior, social life, and survival strategies of honey bees living outside the hive. The beekeeper’s hive. In this extended account Seeley reveals how we can become better custodians of honey bees and make use of their resources in ways that enrich their lives as well as our own. Well illus. most in color. $15.95. Princeton. Paperbound. Pub. at $17.95

**The Lost Honey Bee in the Wild**

By Thomas D. Seeley. The captivating story of what scientists are learning about the behavior, social life, and survival strategies of honey bees living outside the hive. The beekeeper’s hive. In this extended account Seeley reveals how we can become better custodians of honey bees and make use of their resources in ways that enrich their lives as well as our own. Well illus. most in color. $15.95. Princeton. Paperbound. Pub. at $17.95

**The Alternative Honey Bee**

By Larry Weber. Fully illus. in color. 144 pages. Adventure Publications. Pub. at $13.95

**The Honeybee Song**

By Linda Strobel. Males, the drones, do not sting. They live to mate with females. In this extended account Strobel reveals how we can become better custodians of honey bees and make use of their resources in ways that enrich their lives as well as our own. Well illus. most in color. $15.95. Princeton. Paperbound. Pub. at $17.95

**The Private Life of Bees**

By Thor Hanson. For every one human on earth, there are 1.1 million insect species, and thousands of new species are added to the ranks every year. This magnificent volume names around 1.1 million insect species, and thousands of new species are added to the ranks every year.

**The Private Life of Bees**

By Thor Hanson. For every one human on earth, there are 1.1 million insect species, and thousands of new species are added to the ranks every year. This magnificent volume names around 1.1 million insect species, and thousands of new species are added to the ranks every year.

**The Private Life of Bees**

By Thor Hanson. For every one human on earth, there are 1.1 million insect species, and thousands of new species are added to the ranks every year. This magnificent volume names around 1.1 million insect species, and thousands of new species are added to the ranks every year.
Fish hunting

★ 7777758 SHOOTING HANDGUNS: An Introductory Guide to Shooting Safely & Effectively. By Gregory M. & Stephen D. Wier. Written for the novice shooter, this guide focuses on the fundamentals needed to own and operate a handgun. Using clear and concise language and illustrations, the authors break down step by step how to handle and shoot a handgun safely. Learn simple rules to ensure safety at all times, and what to look for when buying your first handgun. 128 pages. Schiffer. Paperbound. $16.95

★ 3919293 JAPANESE KNIFE SHARPENING: With Traditional Waterstones. By Rudolf Dick. The ultimate guide to sharpening with traditional waterstones, perfect step by step sharpening instructions and details on the care for and maintenance of your knives. Learn simple rules to ensure safety at all times, and what to look for when buying your first knife. 236 pages. Lyons. 11½x8½. Pub. at $49.95

2841175 PRETTY & PRACTICAL SALMON FLIES. By Dick Taylor. The author takes the reader through the enjoyable process of learning about the techniques and materials that will result in Atlantic-salmon flies that pair grace with purpose. Includes crisp and detailed step by step instructions accompanied by instructive color photographs. 236 pages. Lyons. 11½x8½. Pub. at $65.00 $9.95


★ 2782707 GUNSMITHING THE AR-15: Building the Performance AR. By Patrick Sweeney. In this handy project guide, Sweeney gives you the technical details of critical performance parts, and then takes you step by step through the process to help you build your own AR for a specific purpose, with more than a dozen projects to help you create the performance AR of your dreams! Well illus. 272 pages. Gun Digest Books. 8½x10¼. Paperbound. Pub. at $34.99 $26.95


3698807 MARSH MADNESS: A Lighthearted Look at the Wacky World of Waterfowling. By Bruce Cochran. Fully illus. in color. Willow Creek. Pub. at $12.98 $9.95


★ DVD 6638819 PISTOL 1: Practical Firearms & Shooting Fundamentals for New or Experienced Learners. MX/SEAL. Pub. at $24.95 $6.95


2945681 SHOOTER’S BIBLE GUIDE TO KNIVES, 2ND EDITION. By Roger Eckstine. 240 pages. Skyhorse. 8x10½. Paperbound. Pub. at $19.99 $4.95


Marine Mammals, Fish & Reptiles

★ DVD 3801993 REPTILE: DK Eyewitness. Fullscreen. Reptile reveals the alien world of these often misunderstood cold-blooded vertebrates, uncovering reptilian facts that are stranger than fiction. From hot swampy swamps, to dry as a bone deserts, travel the world in search of some amazing animals. 62 minutes. Dorling Kindersley. $4.95

DVD 3800991 FISH: DK Eyewitness. Fullscreen. Fish takes you deep into the waters of the world to discover some of the most exotic creatures in nature. Take the plunge from dazzling coral reefs to the darkest depths to meet fish—a vast and varied group of animals, much closer to human kind than you might imagine. 52 minutes. Dorling Kindersley. $4.95

3912000 Ichthyology: The Architecture of Fish. By S. Corner & D. Klokho. Originally created to preserve the record of older fish specimens, and as a way to study the skeletal structure of life in the sea without dissection, these fish X-rays from the Smithsonian Institute are extraordinary works of art in their own right. 189 pages. Chronicle. 9¾x7¼. Pub. at $35.00 $16.95

3864243 SPINELESS: The Science of Jellyfish and the Art of Growing a Backbone. By Julia Berwald. Gracefully blending personal memoir with crystal clear distillations of science, this work is the story of how Berwald learned to navigate and ultimately embrace her ambition, her duty to the natural world. 336 pages. Riverhead. Pub. at $27.00 $12.95

★ DVD 3860385 HANDBOOK OF WHALES, FISHING AND FORAGING OF THE WORLD. By M. Carcione. Contains most up to date guide to these popular mammals, with nearly 1,000 accurate color illustrations, complete with detailed annotations pointing out significant field marks. This outstanding resource covers every species and every area cetaceans around the globe. 528 pages. Princeton. Paperbound. Pub. at $35.00 $27.95


★ DVD 3804728 LIFE ON BLOOD. By David Attenborough. Fully illus. in color. 288 pages. Princeton. Pub. at $29.95 $24.95

Blu-ray 2984679 SHARK. Widescreen. BBC Earth. $5.95

★ 2793910 TROPICAL FISH. By David Hawcock. Universe. Pub. at $9.98 $7.95


Horses & Horsemanship

★ 2899991 OUT OF THE CLOUDS: The Unlikely Horseman and the Unwanted Colt Who Conquered the Sport of Kings. By L. Carroll & D. Rosner. Under Hes's Jockey's Tutelage and Training, Sylite's a little chestnut thoroughbred underwent an astonishing transformation and would become history's biggest bargain. This fascinating volumn vividly captures the aspirations of every underdog striving for their own piece of the American Dream. Photos. 310 pages. Hachette. Pub. at $27.00 $6.95

★ 289510X BRIGHT RIVERS. By Nick Lyons. 166 pages. Skyhorse. Pub. at $24.95 $17.95


DVD 2886149 AMERICAN HUNTER. Widescreen. Mill Creek. Pub. at $14.98 $9.95

★ DVD 6721419 A TRIBUTE TO TUNA, PART 1. Inside Sportfishing. $3.95

★ DVD 6721427 A TRIBUTE TO TUNA, PART II. Inside Sportfishing. $3.95
**Farm & Domesticated Animals**

- [3857956](#) THE JOY OF KEEPING FARM ANIMALS: Raising Chickens, Goats, Pigs, Sheep, and Cows. By Laura Childs. Offers a unique guide for anyone interested in having a backyard barnyard, with information on growing and harvesting everything from eggs to milk to meat to wool. Whether you want to raise a few chickens for eggs, try your hand at goats to make cheese, or support your family by raising beef, this is the best place to start. Color photos. 238 pages. Skyhorse. Paperback. Pub. at $14.95

- [5896472](#) THE JOY OF KEEPING GOATS: The Ultimate Guide to Dairy and Meat Goats. By Laura Childs. A small farm owner offers this unique guide to keeping care for the lovable goat. Covering everything from selecting a breed to how to make goat cheese, it is perfect for anyone interested in learning more about these multi-purpose animal companions. Color photos. 224 pages. Skyhorse. Paperback. Pub. at $14.95

- [379184X](#) COUNTING SHEEP: Reflections and Observations of a Swedish Shepherd. By Axel Linden. The author captures his observations and thoughts on caring for sheep in short diary entries. This is a meditative and irresistibly delightful work that delves into the small worlds of our wonder and celebrates pastoral life, demonstrating that it’s often the little things that mean the most. 157 pages. Akron. At $12.99

- [DVD](#) 3715917 BACKYARD CHICKEN COOPS. Widescreen. The how-to documentary covers every step of raising chickens of your very own, covering such topics as: local ordinances; planning and constructing a coop; selecting and purchasing chickens; raising chickens and caring for chickens; and long-term care and health concerns. 54 minutes. Mill Creek. At $9.98

- [6935796](#) ESTHER THE WONDER PIG: Changing the World One Heart at a Time. By Steve Jenkins et al. Unlikely pig owners Steve and Derek got a whole lot more than they bargained for when the designer micro piglet they adopted turned out to be a full-sized 600-pound sow. After some real growing pains and a lot of pig-size messes, they bought a farm and opened the Happily Ever Esther Farm Sanctuary. Color photos. 212 pages. Grand Central. Paperback. Pub. at $26.00

- [★ 3877272](#) KNOW YOUR HOBBY ANIMALS: A Breed Encyclopedia. By Jack Byard. An expansive collection of more than 170 breed profiles for a variety of cows, sheep, pigs, chickens, and goats. These amazing animals have a long history of providing people with food, drink, and clothing for years, and deserve to be protected and cared for properly. Fully illustrated in color. 192 pages. Fox Chapel. Paperback. Pub. at $16.95

- [★ 3707996](#) CHICKEN & EGG. By A. Callaway & J. Homers. Focuses on chicken husbandry from the vantage point of egg production, providing expert instruction in how to optimize laying, choose chicken breeds based on egg color, and even affect the color of your eggs – for happy, healthy hens. Features beautifully illustrated profiles of 15 top egg-laying breeds. 176 pages. I-5 Press. Paperback. Pub. at $19.95

- [★ 3883655](#) SHEEP: Small-Scale Sheep Keeping. By Sue Weaver. Offers many helpful hints: constructing housing, and predator-proof fencing; shear fleeces, trim hooves and vaccinate sheep; breed, deliver and care for newborn lambs; choose the right breed for your needs, and much more. Well illustrated in color. 160 pages. CompanionHouse. Paperback. Pub. at $14.95

- [★ 3883515](#) GOATS: Small-Scale Herding. By Sue Weaver. Delivers essential information on choosing, breeding, and tending goats while also providing fascinating facts. Comprehensive discussions, full color photos, and easy to use charts will ensure your success. 160 pages. CompanionHouse. Paperback. Pub. at $14.95

- [★ 3872437](#) THE BACKYARD COW: An Introductory Guide to Keeping a Productive Family Cow. By Sue Weaver. A single cow, carefully chosen for your needs and facilities, can live a healthy, contented life right in your back yard. This beginner’s guide provides information on choosing a breed, developing cow sense, caring for cattle milk, processing your dairy milk, making cheese, and even riding steers. Well illus. in color. 234 pages. Storey. Paperback. Pub. at $18.95

- [★ 3883663](#) PIGS: Keeping a Small-Scale Herd. By Ale B. McFarlen. Here is a comprehensive guide covering all the essentials for raising a small herd of pigs, including expert advice from real pig farmers. Topics include selecting the right breed, constructing a shelter, feeding, keeping pigs healthy, producing homegrown pork for home and retail markets. Well illus. in color. 184 pages. Storey. Paperback. Pub. at $14.95

- [★ 379850X](#) WHAT’S KILLING MY CHICKENS? The Poultry Predator Detective Manual. By Gail Damerow. As a chicken owner, keeping your flock safe is your top priority, and a few things are as devastating as finding your birds the victims of a hen house theft. This manual teaches you how to piece together the clues predators leave behind, identify the culprit, and adopt effective strategies for keeping poultry safe. Well illus. in color. 272 pages. Storey. Paperback. Pub. at $19.95

- [★ 3745317](#) THE PIG: A Natural History. By Richard Lutwyche. Provides a snout to tail natural history of this important species, from the prehistoric “hell pig” to today’s placid porker, covering the pig’s natural history, role in human culture, and breed. Fully illustrated in color. 224 pages. Princeton. Pub. at $27.95


- [★ 3880478](#) HENTO PIE: Create a Hassle-Free Habitat for Happy Chickens. By Frank Hyman. Fully illus. in color. 208 pages. Storey. 8x10.10. Paperback. Pub. at $24.95

- [★ 3174697](#) HUMANE LIVESTOCK HANDLING. By Temple Grandin with M. Deesing. Illus. 228 pages. Storey. Widescreen. The how-to documentary provides a comprehensive overview of humane animal handling and processing techniques. 54 minutes. Mill Creek. Paperback. Pub. at $13.95


- [★ 3798950](#) UNLIKELY FRIENDSHIPS: 47 Remarkable Stories from the Animal Kingdom. By Jennifer S. Holland. A leopard lies down with an elephant to cuddle; a house-cat curls up with an iguana. These are just a few of the heartwarming stories of inter-species friendship, documented in captivating photographs, that challenge us to think about how we treat other animals. Well illus. in color. 160 pages. Workman. Paperback. Pub. at $13.95

- [DVD](#) 3803805 PANDAS: Nature. In Pandas of the Sleeping Dragon, see the panda make its last stand in habitats like the bamboo forest in China. Filmed in the wild for the first time. The Panda Baby, Matthew Modine examines how the San Diego Zoo became the first place outside China to successfully breed and raise a panda in captivity. 112 minutes. Fairchild. DVD. Pub. at $19.95

- [★ 3857468](#) WEIRD FROGS. By Chris Earley. Gives a rare look at 58 frogs and the strange ways they have adapted to a special environment. It features photographs that show every detail of the frogs’ appearance along with informative captions that explain the purpose of their unusual coloring. 64 pages. Firefly. Paperback. Pub. at $9.95
Animals

373787X PIGS OF PARADISE: The Story of the World-Famous Swimming Pigs. By T.R. Todd. An unlikely story of humble beginnings and a rise to stardom. With interviews from historians, world-renowned ecologists, famous pig owners, and boat captains, this fascinating story thoughtfully considers what this phenomenon says not only about these animals, but also about us as human beings. Color photos. 162 pages. Skyhorse. Pub. at $17.99 $4.95 ★ 3823539 CLOUD’S LEGACY, REVISED EDITION: The Wild Stallion Returns. By Ginger Kathrens. Based on the NATURE documentary of the same title, this beautifully illustrated volume is sure to be a hit with anyone who has been following Cloud’s story. And for new readers who are meeting Cloud for the first time, be prepared to fall in love with the majesty of the Arrowheads and the wild horses who live there. 160 pages. CompanionHouse. 8x10. Paperback. Pub. at $19.99 $14.95 LIMITED QUANTITY ★ 3877299 COMEDY WILDLIFE PHOTOGRAPHY AWARDS, VOL. 3. By Created by P. Joyynson-Hicks & T. Sulliam. A joyful celebration of our natural world including dancing hares, a pair of ice-skating penguins and a swan cannonballing! A must-have for animal lovers! 160 pages. John Blake. Pub. at $16.95 $13.95 ★ 3864626 THE LAST WILD WOLVES: Ghosts of the Great Bear Rainforest. By Ian McAllister with C. Darimont. This stunning volume describes the author’s experiences following two wolf packs, one that dominates the extreme outer coastal islands of the rugged north coast of British Columbia, and another that lives farther inland in the heart of the temperate rain forest. His compelling text is illustrated by over one hundred vivid photographs of the wild. 192 pages. Greystone. 10¼x11. Paperback. Pub. at $24.95 $17.95 6549997 THE TRUE TAKERS OF BARK AND BAY: THE Library Cats Who Left Their Pawprints on a Small Town...and the World. By Jan Louch with L. Rogak. A library in a small Nevada town found itself in need of mouse control, and adopted a pair of Scottish Folds, who took up residence in the library. It wasn’t long before visitors fell in love with Baker and Taylor and their antics. After being photographed for a poster, they became feline celebrities. Photos, many in color. 274 pages. Thomas Dunne Books. Pub. at $22.95 $17.95 ★ 3784964 DINOSAURS, 2ND EDITION: The Grand Tour. By Keiron Pim. Take part in the spectacular world of dinosaurs! You’ll find everything worth knowing about every dinosaur with nothing about, more than three hundred in all. At a glance side bars put each dinosaur’s size, and where they roamed at your fingertips. Also get highlights from recent research revealing what’s new in paleontology today. Well illus., some in color. 368 pages. The Experiment. Paperback. Pub. at $24.95 $17.95 ★ 3754731 BAT BASICS: How to Understand and Help These Amazing Flying Mammals. By Karen Krebbs. Inside this bat-guide you’ll find bat myths debunked, identification of 32 North American species, productivity, a house and what to do if you find a bat indoors, and projects, activities, and tips to help bats. Well illus. in color. 128 pages. Adventure Publications. Paperback. Pub. at $14.95 $11.95 ★ 384617X WILDLIFE SPECTACLES: Mass Migrations, Mating Rituals, and Other Fascinating Animal Behaviors. By Vladimir Dinets. Featuring hundreds of behaviors and enhanced by maps and sightseeing tips, this guide is organized by three themes: migrations, mating behaviors, and everyday marvels. Reveals from bison to butterflies, nature’s creations reveal our sense of wonder, our commitment to ensuring that such precious spectacles endure. 318 pages. Timber. Pub. at $29.95 $9.95 ★ 3846822 ENDANGERED ANIMALS: A Golden Guide. By George S. Fichter, Illus. by K. Kest. This colorfully illustrated little volume is packed with information on endangered animals, and highlights a resource for anyone concerned with the fate of animals and the future of life on this planet. 160 pages. St. Martin’s. Paperback. Pub. at $6.95 $3.95 ★ 3877171 WHAT IT’S LIKE TO BE A DOG: And Other Adventures in Animal Neuroscience. By Gregory Berns. A seasoned neuroscientist takes us into the brains and minds of wild animals: ever-loyal domesticated dogs, sea lions who can dance, dolphins who can see with sound—and, in a radical experiment in neuroarchaeology, the mysterious and extinct Tasmanian tiger. Illus. 255 pages. Basic. Pub. at $28.00 $6.95 6554546 MAMMOTHs, REVISED EDITION: Giants of the Ice Age. By A. Lister & P. Bahn. A dazzling visual record of one of Earth’s most extraordinary species, this thoroughly updated and revised edition integrates exciting new research—a piece together the story of mammoths, mastodons, and their relatives, all icons of the Ice Age. Well illus. in color. 192 pages. Chartwell. 8x11. Pub. at $14.99 $14.95 ★ 3931796 WILD MOMS: Motherhood in the Animal Kingdom. By Carin Bondar. Being a mom is a tough job—just imagine doing it in the jungle or out on the plains, faced with the ravages of the elements and the threat of predators present at all times of the day and night. Bondar takes readers on an enthralling tour of the animal kingdom as she explores the phenomenon of motherhood in the wild. 16 pages of color photos. 271 pages. Pegasus. Pub. at $27.95 $7.95 ★ 3860485 THE PRINCETON FIELD GUIDE TO DINOSAURS, 2ND EDITION. By Gregory S. Paul. This stunningly illustrated comprehensive volume includes detailed species accounts of all the major dinosaur groups as well as nearly 700 color and black and white images—skeletal drawings, “life” studies, scenic views, and other illustrations that depict the full range of dinosaurs. 360 pages. Princeton. 8¼x11¼. Paperback. Pub. at $35.00 $27.95 ★ 3860418 THE KINGDON POCKET GUIDE TO AFRICAN MAMMALS, SECOND EDITION. By Jonathan Kingdon. This must-have collection is a remarkable feat of design. Africa’s wildlife covers all of Africa’s land mammals, with some smaller groups treated generically. It includes more than 780 color illustrations and 522 distribution maps, 304 pages. Princeton. Paperback. Pub. at $25.95 $19.95 ★ 301486X DINOSAUR FACTS AND FIGURES: The Theropods and Other Dinosauriformes. By R. Molina-Perez & A. Larramendi. A stunningly illustrated volume of records for these marvelous creatures, such as the biggest, the smallest, and the fastest theropods. This one of a kind compendium features more than 3,000 records, covers 750 theropod species, and includes a wealth of color photographs, black-and-white illustrations, and facsimiles. 288 pages. Princeton. 9x12. Pub. at $29.95 $24.95 ★ 3841189 CAT TALE: The Wild, Weird Battle to Save the Florida Panther. By Craig Pittman. That the Florida panther still exists at all is a miracle, the result of a desperate experiment that led to the most remarkable comeback in the history of the Endangered Species Act. This engrossing narrative shows what it takes to bring one species back and what unexpected costs such decisions might result in. Color photos. 240 pages. Hanover Square Press. Pub. at $27.99 $21.95 6890881 TRANSYLVANIAN DINOSAURS. By D.B. Weishampel & C.-M. Janiu. Brings together the latest information on the fauna, flora, geology, and paleogeography of the region, casting these ancient landscapes in their physiographic, paleoecological, and evolutionary contexts. What the authors find is that Transylvanian dinosaurs experienced a range of unpredictable successes as they evolved. Well illus., some in color. 301 pages. Johns Hopkins. Pub. at $63.00 $7.95
3930328 HOW TO BE GOOD AT SCIENCE, TECHNOLOGY & ENGINEERING. By Robert Dinwiddie et al. Step by step explanations and colorful graphics explaining science, technology, and engineering as easy as ABC. Just follow the numbered steps to learn about everything from atoms and DNA to engines and vaccines. Ages 9-12. 320 pages. Dorling Kindersley. 8¼x10¾. Paperbound. Pub. at $19.99. $6.95

3737926 SCIENCE EXPERIMENTS TO BLOW YOUR MIND. By Thomas Canavan. From vinegar rockets to tabletop catapults, mumified apples to bouncing backbones, these brilliant experiments will have your jaw hitting the floor! Easy to follow instructions and clear, step by step photographs and diagrams help young scientists to create amazing effects. Ages 8-12. 128 pages. Arturus. 9x11. Paperbound. Pub. at $12.95. $4.95

393232X ENERGY LAB FOR KIDS: 40 Exciting Experiments to Explore, Create, Harness, and Unleash Energy. By Emily Hawbaker. Using supplies that you can find around the house or in a grocery store, these 40 exciting projects let you observe, explore, discover, and get energized! Ages 7-11. Fully illus. in color. Quarry. 11½x15½. Paperbound. Pub. at $22.99. $6.95

3903036 HUMAN BODY: A VISUAL Encyclopedia. By Richard Walker et al. Packed with amazing facts, this reference has the answer to every question about the body you’ll ever want to ask. You’ll find out how many miles your blood cells travel, why hiccupps happen, and what’s funny about the funny bone. Ages 8 & up. Fully illus. in color. 256 pages. Dorling Kindersley. 8½x10¼. Paperbound. Pub. at $19.99. $6.95

3256122 REPTILES: Creature Files. By L.J. Tracson. Feature twenty of the world’s most extraordinary reptiles, with reptilian profiles brought to life by amazing photos and fascinating facts. Ages 8 & up. CHOING HAZARD–Small parts. Not for children under 3 years. 48 pages. $4.95

3932265 UTLTERLY AMAZING HUMAN BODY: Packed with Pictorial Facts, and Incredible Facts. By Richard Walker. Pop, pull, and spin your way through the human body—the lungs, the digestive system, the skeleton, and lots more! Peer into the eye, get under the skin, and discover everything you are to your friends with lots of fun, interactive pages. Ages 6-10. Fully illus. in color. Dorling Kindersley. 8¼x11. Pub. at $19.99. $6.95


3903001 HELP YOUR KIDS WITH SCIENCE: A Unique Step-by-Step Visual Guide. By Tom Jackson et al. Covering the whole science scene—biology, chemistry, and physics—this invaluable guide allows parents and kids to work together to understand even the trickiest concepts. Recommended for students between the ages of 9 and 16. Fully illus. in color. 256 pages. Dorling Kindersley. Paperbound. Pub. at $19.95. $6.95

3988490 WILD ABOUT SCIENCE. By John Fardon et al. Uncover awe-inspiring science, from the earliest theories to the cells of the human body. Filled with fascinating numbered facts, stunning photographs and fun challenges, this amazing reference is tailor-made for science-starved children. Ages 9-12. Fully illus. up 160 pages. Miles Kelly. 8¼x11¼. Pub. at $24.95. $4.95

3917658 CREATURES OF THE NIGHT. By Camilla de la Bedoyere. Features more than a dozen extraordinary animals that live in the dark and describes their various adaptations that enable them to survive in the pitch-black darkness of jungles, fields and in the air. Ages 8-11. Fully illus. in color. 80 pages. Firefly. 8¼x11¼. Paperbound. Pub. at $9.95. $3.95

3901556 BUGS IN THE BACKYARD. By Carmilla de la Bedoyere. Find out what a fly likes to eat and how it digests its food. See what a robber fly’s eye looks like under the microscope, and discover how slugs and snails produce sticky slime with this close-up peek at the alien-like biasties that are living right under your nose! Ages 8 & up. Fully illus. in color. 80 pages. Firefly. 8¼x11¼. Paperbound. Pub. at $9.95. $3.95

3849449 SHARKS: Predators of the Sea. By Anna Claybourne. Fierce, fast, and amazing, there’s so much to learn about these incredible creatures. Discover how hake uses electricity to find prey, find out how the cockle-cutter octopus gets its name, and find out what’s so amazing about a shark’s skeleton with this fascinating examination of the shark. Ages 9-12. Fully illus. in color. 80 pages. Firefly. 8½x11¼. Paperbound. Pub. at $9.95. $4.95

379105X THE MASER JASON SCIENTIST: 30 Jarring Steam-Based Projects. By Brenda D. Priddy. The perfect way for you and your kids to have a blast while learning important and fascinating scientific lessons, this guide offers experiments that can be done with a master, some household ingredients, and a desire to learn! Ages 7-11. Fully illus. in color. 123 pages. Racehorse. Paperbound. Pub. at $12.99. $4.95

3835227 DESTINATION: Planet Earth. By Jo Bradbury. Illustrated by T.C. Cole. Get ready for the adventure of a lifetime, exploring Planet Earth. On your journey, learn what causes weather and climate, see how the water cycle works and explores the science behind earthquakes, volcanoes and tsunamis. Includes a removable double-sided poster. Ages 10 & up. Fully illus. in color. Wide Eyed. 10¼x12. Pub. at $11.99. $5.95

3835235 DRIFT: The Evolution of Our World from the Origins of Life to the Future. By Martin Ince. Featuring beautiful world maps, and covering the origin of life through to how the Earth may look in the future, this highly illustrated guide is the perfect guide to our Earth’s history. Ages 10 & up. 80 pages. Weldon Owen. 11¼x14½. $5.95

390315X THE STEAM TEAM: Simple Science Explained. By Lisa Burke. Find out what science is, why it is so important, and how it relates to the world around you. With help from your friends, the STEAM Team–science, technology, engineering, art and math. You’ll discover how machines work, what a food web is, why boats float, and much more! Ages 8-11. Fully illus. in color. 128 pages. Charlesbridge. Pub. at $12.95. $5.95

3754715 WHOSE BABY BUTT? By Stan Tekla. You’ll laugh while you learn about baby animals. From fuzzy to feathery, these animal babies are the silliest sights in nature. Ages 4-8. Fully illus. in color. Advance Publications. Pub. at $14.95. $4.95

3719812 RAPTOR LAB: Book and Model. By Katrina Pallant. Welcome back to Jurassic world, and get ready for another adventure on Isla Nublar! Read all about your favorite raptor—the terror bird thrived, and almost every other animal could be considered its prey. How did it eventually become extinct? Find out in this fascinating little volume. Ages 6-9. Fully illus. in color. 32 pages. Charlesbridge. Pub. at $12.95. $5.95

4374415 WHERE IS THE BABY? By Lisa Burke. Find out where a baby lives. From the safety of its nest to the hustle and bustle of the barnyard, learn where baby animals live and what they do. Ages 4-8. Fully illus. in color. 32 pages. Charlesbridge. Pub. at $12.95. $5.95

**Science & Nature for Children**


**3882135** GET THE SCOOP ON ANIMAL BLOOD! From Great White Sharks to Blood-Squirting Lizards, 251 Cool Facts. By Dawn Cusick. Animal blood may sound gross, but there is a lot more to this amazing fluid than you may think. Animals use blood for defense, communication, protection, heating, cooling, and of course moving oxygen. Some animals even use blood for food! Colorful illustrations for blood squirming lizards, blood-lapping bats, explore the world of animal blood. Ages 7 & up. Full color. 8½x11¼. Paperbound. Pub. at $16.95 $9.95

**3897958** WILDLIFE RANGE ACTION GUIDE: Track, Spot & Provide Healthy Habitat for Creatures Close to Home. By Mary Kay Carlson. Use the field guide to learn about which species you’re likely to see in your area, then turn your backyard into a sanctuary by creating a habitat where wild residents can find food, water, shelter, and places to rest and raise their young. Ages 10 & up. Fully color. 8½x11¼. Paperbound. Pub. at $14.95 $9.95

**598540** THE 50 STATE FOSSILS: A Guidebook for Aspiring Paleontologists. By Yinan Wang, illus. by J. Levy. 72 pages. Schiffer. $16.95

**3857115** DINOSAURS OF THE MID-CRETACEOUS. By David & Oliver West. Fully color. in color. 32 pages. Firefly. 8½x11. Pub. at $16.95 $9.95


**Essays on Nature**


**3904318** A NATURALIST IN THE ARCTIC. By Nellie Baker. Follow around naturalist Henry Gate’s groundbreaking travels in the Amazon in the 1840s and 1850s, this volume features facsimile reproductions of stunning illustrated pages from his two rarely reproduced Amazon journals and excerpts from his classic work. 160 pages. Smithonian. Pub. at $17.95 $12.95

**LIMITED QUANTITY** **3902579** OCEAN ANATOMY: The Curious Parts & Pieces of the World Under the Sea. By Julia Rothman with J. Nederhoff. Discover delightful facts about the wondrous world of the seas. From the oceans, our planet’s most vital resource, comes this gorgeous visual tour of the world’s oceans. Rothman’s delightful drawings examine the many fascinating aspects of life above and below the waves. 208 pages. Storey. Paperbound. Pub. at $16.95 $12.95

**More Works on Nature**

**3865401** GEMSTONES: Understanding, Identifying, Buying. By Keith Walls. From Andalusite to Zircon, this wide ranging guide appraises more than 180 gemstones, minerals and gemstones used in jewelry today. Precious stones are examined in dazzling detail, while a treasure trove of organic and minor gemstones listings showcase lesser known gemstones. Well color. in color. 160 pages. Antique Collectors’ Club. Pub. at $35.00 $19.95

**LIMTED QUANTITY** **3882832** THE WEATHER DETECTIVE: Rediscovering Nature’s Secret Signs. By Peter Wohlleben. Full of the very latest discoveries combined with ancient and now forgotten lore, Wohlleben’s narrative helps you read nature’s secret signs and discover a rich new layer of meaning in the natural world around you, while teaching you the hidden significance of everything from the birdsong of spring to the changing of the leaves. 282 pages. Galileo Publishers. Paperbound. Pub. at $14.95 $9.95

**694986X** SHEEP NO MORE: The Art of Awareness and Attack Survival. By Jonathan T. Gilliam. A personal safety and security guide that comes armed to the teeth with empowering techniques so you can be your own best weapon for protecting your life. You’ll learn how to make educated predictions, and to think like an attacker, in order to build better defenses. 191 pages. Post Hill. Paperbound. Pub. at $15.95 $9.95

**3923672** THE ULTIMATE SURVIVAL GUIDE. Ed. by Chris McNab. Teaches you how to deal with any crisis situation, from basic self defense skills through preparing a survival kit to how to find food in the desert. Based on techniques developed by the world’s elite military forces, this comprehensive guide offers clear, step by step advice. Well illus. 448 pages. Amher Books. 8½x11¼. Paperbound. Pub. at $34.95 $4.95

**3787915** SURVIVAL RETREATS. By Dave Black. Writers Black has written an island of refuge in a world of mayhem. Black will explore existing survival retreats to help you learn how to: protect and defend your retreat; build in the right location; live safely in your retreat; harvest food and water, and plan the perfect survival strategy. Illus. 160 pages. Skyhorse. Paperbound. Pub. at $14.95 $9.45

**DVO 3801624** ARCTIC & ANTARCTIC: DK Eyewitness. Fullscreen. Explore the incredible life and legends of these harsh and beautiful polar kingdoms. Journey to the ends of the earth where climate presents its greatest challenges to survival, and meet the remarkable plants and animals that live in the world’s coldest habitats, narrated by Mari Smith. 62 minutes. Dorling Kindersley. $4.95

See more titles at erhbc.com/833 - 45 -
3903710 THE HUMAN PLANET: Earth at the Dawn of the Anthropocene. Text by A. Revkin, photos by G. Steinmetz. A sweeping visual chronicle of Earth, revealing both its untrammeled natural features and the human project that relentlessly redesigns its surface in its quest to build shelter, grow food, generate energy, and create beauty through art and architecture. Fully illus. 19¾x11¼. Paperbound. Pub. at $50.00 391752X_photo

391688X GREAT BEAR WILD: Dispatches from a Northern Rainforest. By Ian McAllister. 310 pages. UWaP. 10¾x11¼. Pub. at $32.00


401688X NUTRITION & WEIGHT MANAGEMENT. By Mark Hyman. 473 pages. A. Revkin, photo. 8½x11. Paperbound. Pub. at $35.00


4034976 EAT TO SLEEP. By Karman Meyer. You don’t need prescription drugs or lengthy bedtime routines to fall asleep quickly and wake up refreshed. Get to the quality sleep your body needs and body need through your diet with this detailed guide. Includes easy to follow recipes for healthy and delicious dishes and a list of foods to boost sleep when you need a quick snack. 128 pages. Adams Media. Paperbound. Pub. at $14.99


4049376 EAT TO SLEEP. By Karman Meyer. You don’t need prescription drugs or lengthy bedtime routines to fall asleep quickly and wake up refreshed. Get to the quality sleep your body needs and body need through your diet with this detailed guide. Includes easy to follow recipes for healthy and delicious dishes and a list of foods to boost sleep when you need a quick snack. 128 pages. Adams Media. Paperbound. Pub. at $14.99

4053723 THE HUMAN PLANET: Earth at the Dawn of the Anthropocene. Text by A. Revkin, photos by G. Steinmetz. A sweeping visual chronicle of Earth, revealing both its untrammeled natural features and the human project that relentlessly redesigns its surface in its quest to build shelter, grow food, generate energy, and create beauty through art and architecture. Fully illus. 19¾x11¼. Paperbound. Pub. at $50.00

4265768 TEXAS GULF COAST IMPRESSIONS. Text by Gary Clark. 60 pages. Falcon. $9.95. Paperbound. Pub. at $9.95


4318148 HOW TO EAT: All Your Food and Diet Questions Answered. By M. Bittman & D.L. Katz. 242 pages. HMH. Pub. at $17.99


4325599 CHANGE YOUR BRAIN, CHANGE YOUR BODY. By Daniel G. Amen. Whether you’re just coming to realize that it’s time to get your body into shape, or are already following a plan for raising your metabolism and for helping you toward a healthier, leaner body and helps you avoid the most worrying ingredients you might be eating and drinking every day. They reveal the commonly used flavor enhancers to avoid all costs, the hazardous industrial waste product that’s in your food, and more. Much more. Illus. 181 pages. Skyhorse. Paperbound. Pub. at $14.99

4384167 CLEAN GUT: The Breakthrough Plan for Eliminating the Root Cause of Disease and Revitalizing Your Health. By Alejandro Junger. All of today’s most diagnosed ailments can be traced back to an infected and inflamed gut. No matter your current state of health, you will benefit from Dr. Junger’s The Clean Gut program, which will put an end to these everyday ailments, reverse organ disease, and help you achieve a long-lasting health. 242 pages. HarperOne. Pub. at $27.97

438423X 100 OF THE MOST EFFECTIVE WAYS TO SUPERCHARGE YOUR METABOLISM. By Cynthia Phillips et al. Proven, safe, and effective strategies to rev up your metabolism and for raising your metabolism and for helping you toward a healthier, leaner body and helps you avoid the most worrying ingredients you might be eating and drinking every day. They reveal the commonly used flavor enhancers to avoid all costs, the hazardous industrial waste product that’s in your food, and more. Much more. Illus. 181 pages. Skyhorse. Paperbound. Pub. at $14.99

43871770 ALWAYS EAT AFTER 7PM. By Joel Marion with D. Keuilian. This volume lets you eat at night, burn fat at night, and end junk food cravings at night. Along the way, Marion guides you toward a healthier, leaner body and helps you boost your energy levels–because ignoring your body’s signals about hunger should never be part of a healthy diet. Includes more than 70 mouthwatering recipes. Color photos. 225 pages. BenBella. 8x10. Paperbound. Pub. at $19.95

43871779 ALWAYS EAT AFTER 7PM. By Joel Marion with D. Keuilian. This volume lets you eat at night, burn fat at night, and end junk food cravings at night. Along the way, Marion guides you toward a healthier, leaner body and helps you boost your energy levels–because ignoring your body’s signals about hunger should never be part of a healthy diet. Includes more than 70 mouthwatering recipes. Color photos. 225 pages. BenBella. 8x10. Paperbound. Pub. at $19.95

43871780 ALWAYS EAT AFTER 7PM. By Joel Marion with D. Keuilian. This volume lets you eat at night, burn fat at night, and end junk food cravings at night. Along the way, Marion guides you toward a healthier, leaner body and helps you boost your energy levels–because ignoring your body’s signals about hunger should never be part of a healthy diet. Includes more than 70 mouthwatering recipes. Color photos. 225 pages. BenBella. 8x10. Paperbound. Pub. at $19.95

43871781 ALWAYS EAT AFTER 7PM. By Joel Marion with D. Keuilian. This volume lets you eat at night, burn fat at night, and end junk food cravings at night. Along the way, Marion guides you toward a healthier, leaner body and helps you boost your energy levels–because ignoring your body’s signals about hunger should never be part of a healthy diet. Includes more than 70 mouthwatering recipes. Color photos. 225 pages. BenBella. 8x10. Paperbound. Pub. at $19.95


6917763 BADDITIVES! The 13 Most Harmful Food Additives in Your Diet–and How to Avoid Them. By Bill & Linda Bonnie. The authors cut through the fog of information overload with current, updated research, identifying thirteen of the most worrisome ingredients you might be eating and drinking every day. They reveal the commonly used flavor enhancers to avoid all costs, the hazardous industrial waste product that’s in your food, and more. Much more. Illus. 181 pages. Skyhorse. Paperbound. Pub. at $14.99

6917763 BADDITIVES! The 13 Most Harmful Food Additives in Your Diet–and How to Avoid Them. By Bill & Linda Bonnie. The authors cut through the fog of information overload with current, updated research, identifying thirteen of the most worrisome ingredients you might be eating and drinking every day. They reveal the commonly used flavor enhancers to avoid all costs, the hazardous industrial waste product that’s in your food, and more. Much more. Illus. 181 pages. Skyhorse. Paperbound. Pub. at $14.99

6917763 BADDITIVES! The 13 Most Harmful Food Additives in Your Diet–and How to Avoid Them. By Bill & Linda Bonnie. The authors cut through the fog of information overload with current, updated research, identifying thirteen of the most worrisome ingredients you might be eating and drinking every day. They reveal the commonly used flavor enhancers to avoid all costs, the hazardous industrial waste product that’s in your food, and more. Much more. Illus. 181 pages. Skyhorse. Paperbound. Pub. at $14.99
Healthy Cooking & Special Diets

★★★★★★

**EAT TO BEAT ILLNESS: 80 Simple, Delicious Recipes Inspired by the Science of Food as Medicine.** By Rupy Aujla. The internationally best-selling author reveals the scientifically proven foods and food groups that prevent illness, and teaches us how to create meals that benefit every part of your life. You learn to eat for food, mood, heart, eyes and so much more. Well illus. In color. 272 pages. HarperOne. Pub. at $32.99 **PRICE CUT to $14.95**

3800703


383428X

**31-DAY FOOD REVOLUTION.** By Ocean Robbins. 363 pages. Grand Central. Pub. at $29.95 **$5.95**

3817598


**$5.95**

★★★★★★


380724X

**THE EVERYTHING GUIDE TO INTERMITTENT FASTING.** By Lindsay Boyers. 287 pages. Adams Media. Paperbound. Pub. at $19.99 **$4.95**

6765367

**EAT THIS, NOT THAT! SUPERMARKET SURVIVAL GUIDE.** By David Zinczenko with M. Goulding. Fully illus. in color. 342 pages. Rodale Paperbound. Pub. at $14.95 **$9.95**

2910756


3751007

**HEALTHY LIVER.** By Cris Beer. Well illus. in color. 160 pages. Rockpool. Paperbound. Pub. at $22.95 **$5.95**

3808157

**WHAT TO EAT WHEN: A Strategic Plan to Improve Your Health & Life Through Food.** By M.F. Roizen & M. Crawford. 351 pages. National Geographic. Pub. at $28.00 **$5.95**

378992X

**DELICIOUS DIABETIC RECIPES.** By Rani Polak. Well illus. in color. 256 pages. Imaginal. Paperbound. Pub. at $14.95 **$3.95**

★★★★★★


3747581

**THE BAD FOOD BIBLE: How and Why to Eat Sinfully.** By Aaron Carroll. 234 pages. HMTH. Pub. at $25.00 **$3.95**

★★★★★★


369321X


★★★★★★

**3693961 LIVING WELL WITH HEMOCHROMATOSIS.** By Anna Khetam. 138 pages. Ulysses. Paperbound. Pub. at $15.95 **$11.95**

3785602

**7-DAY DETOX MIRACLE.** By Peter Bennett et al. 386 pages. Three Rivers. Paperbound. Pub. at $19.99 **PRICE CUT to $2.95**

5981471


Exercise & Fitness

★★★★★★

**3990356 JUST YOUR TYPE: The Ultimate Guide to Eating and Training Right for Your Body Type.** By Phil Catuldi with S. Colino. Explains how you should work with your natural body type to do the optimal combination of cardio, strength training, and flexibility exercises—and consume the right proportion of macro nutrients for your physique. This guide helps anyone create an individualized workout that’s tailored to your body shape and composition. Illus. 223 pages. Da Capo. Paperbound. Pub. at $18.99 **$4.95**

3857336

**PILATES: Core Strength, Exercises & Daily Routines.** By C. Yabroff & C. Sunnarsson. Pilates is a around mind-body workout that will leave you standing tall, breathing better, and toned, strong and stable. Organized by type and difficulty with suggested routines of poses and stretches. Full color. 107 pages. Paragon. Spiralbound. Pub. at $15.99 **$5.95**

LIMITED QUANTITY 3899489 WARRIOR WORKOUTS, VOLUME 2. By Stewart Smith. Features over 100 all-new workouts designed to simulate the year-long periodized training of Navy SEALs and special forces elite. Covers the full range of exercise information with tailored progression plans from a legendary fitness expert and former Navy SEAL. 232 pages. Hatherleigh. Paperbound. Pub. at $27.99 **$16.95**

2990226

**THE TOTAL FITNESS MANUAL.** By Gold’s gym. Whether you’re just getting into fitness for the first time, looking to mix up your routine, or ready to take your program to the next level, the experts at Gold’s Gym have a plan for you. This is the Gold’s Gym top trainer and fitness experts reveal the secrets to getting in the best shape of your life! Well illus. in color. Weldon Owen. Paperbound. Pub. at $29.00 **$6.95**

3917339

**365 WORKOUTS A DAY.** By Blair Morrison. The ultimate collection of fast-paced, calorie-burning programs based on high-intensity interval training. Includes step by step photos for 40 fundamental movements; 365 WODs; a choice between beginner, intermediate, and advanced levels for each WOD; and workouts designed for the gym, at home, and on the road. 208 pages. New Burlington. Pub. at $15.00 **$4.95**

3917335

**HIGH INTENSITY INTERVAL TRAINING FOR WOMEN.** By Sean Barnhart. Shows you how to power your way through 50 challenging routines that range from a few minutes to an hour in length, that will push your body through its most intense workout ever, and burn fat while getting your body in top condition. Fully illus. in color. 224 pages. Dorling Kindersley. Paperbound. Pub. at $17.95 **$6.95**

LIMITED QUANTITY 3833240 THE AEROBICS PROGRAM FOR TOTAL WELL-BEING. By Kenneth K. Cooper. Presents a complete program for total well-being: an all-around, nutritionally, emotionally. Discover why it’s the most effective, enjoyable and medically sound approach to a lifestyle of energy and good health. Includes more than 2,000 new exercises, new workouts, and three complete weeks of nutritious menus. 320 pages. Bantam. Paperbound. Pub. at $20.00 **$4.95**

★ 3706818 SITTING KILLS, MOVING HEALS. By Joan Vernikos. The former director of NASA’s Life Science Division applies her groundbreaking NASA research on Gravity Deprivation Syndrome to everyday health here on Earth. The solution is a natural lifestyle of constant, natural movement that resists the force of gravity. Versatile, easy-to-follow plans show how simple everyday activities will help you healthy and strong. 130 pages. Quill Driver Books. Paperbound. Pub. at $14.95 **$11.95**

2892596

**EAT BACON, DON’T JOG: Get Strong, Get Lean, No Bulshit.** By Grant Petersen. For every runner, every woman who has a job, family, kids, and exercise. In more than 100 short, compelling essays, fitness experts reveal the secrets to getting in the best shape of your life. Well illus. in color. 289 pages. Da Capo. Paperbound. Pub. at $19.99 **$6.95**

★★★★★★

**1898353 THE BURST! WORKOUT: The Power of 10-Minute Interval Training.** By Sean Foy. By spending just 10 targeted minutes a day you will reap all the benefits of a regular exercise regimen, without a gym membership. Shows you how to create meals that benefit every part of your life. You learn to eat for food, mood, heart, eyes and so much more. Well illus. in color. 272 pages. Paragon. Spiralbound. Pub. at $15.99 **$5.95**

LIMITED QUANTITY 3835736

---

See more titles at erhbc.com/833
**Exercise & Fitness**

**2902710 PRETTY INTENSE.** By Danica Patrick with S. Perrine. Now you can follow Danica Patrick’s prescription for developing unbreakable physical, mental, and emotional strength. This guide is a diet, exercise, and lifestyle plan that anyone can follow and succeed with. Get ready to change your body, your mind, and your life! Well illus. in color. 304 pages. Avery. Pub. at $30.00. $7.95

**LIMITED EDITION ★ 3830764 EXTREME FITNESS: How to Train Like an Action Hero.** By Dolph Lundgren. With detailed exercise plans and over one hundred step by step photographs, this resource is the key to building a body that will not only make you feel good and look great, it will make you feel even better forever. It features weekly training programs, daily menu planners, guides to equipment and gear, and much more. 186 pages. Paperbound. Pub. at $16.99. $12.95

**3828735 PILATES FOR RUNNERS.** By Harri Angell. Alongside the clear step by step exercises throughout this guide you will find expert advice and motivational interviews with real runners who testify to the transformative power of Pilates. Fully illus. in color. 208 pages. Bloomsbury. Paperbound. Pub. at $20.00. $4.95

**3841559 PILATES FOR LIVING.** By Harri Angell. Contains over 70 simple and effective exercises, suitable for all levels and abilities, with clear explanations, tips and modification suggestions. You will also find expert osteopathic advice and nutritional interviews that test the transformative powers of Pilates. Well illus. in color. 208 pages. Bloomsbury. Paperbound. Pub. at $20.00. $4.95

**★ 3962393 CALISTHENICS FOR BEGINNERS: Step-by-Step Workouts to Build Strength at Any Fitness Level.** By Matt Schillerle. Provides an all-inclusive training plan that won’t require massive sacrifices to your time, energy, or wallet. Includes all levels training; full body workouts; and variety and fun with more than 35 dynamic exercise routines. 148 pages. Rockridge. Paperbound. Pub. at $16.99. $12.95

**3751964 THE COREGASM WORKOUT: The Revolutionary Method for Better Sex Through Exercise.** By Deborbi Herbenick. Adults only. Illus. in color. 190 pages. Paperbound. Pub. at $33.00. $16.95


**377630X THE CORE PROGRAM: 15 Minutes a Day That Can Change Your Life.** By Peggy W. Brill with G.S. Couzens. Well illus. in color. 224 pages. Bantam. Paperbound. Pub. at $17.00. $5.95


**★ 2869180 EXERCISES FOR CARDIAC RECOVERY: The Strong Heart Fitness Program for Life After Heart Attack & Heart Surgery.** By William Smith et al. 93 pages. Hatherleigh. Paperbound. Pub. at $15.95. $7.95


**Beauty & Skin Care**

**3826627 PROFESSIONAL HAIRSTYLING: The Complete Guide to Professional Results.** By Georgina Fowler. Provides everything you need to know, from washing, cutting, coloring exercises, Illus. to setting up your own business. Ideal for those who want to improve their skills or who want to start up their own shop. Fully illus. in color. 168 pages. New Holland. 8¼x11. Paperbound. Pub. at $17.95. $4.95

**380612X BEYOND SOAP: The Real Truth About What You Are Doing to Your Skin and How to Fix It for a Beautiful, Healthy Glow.** By Dr. Skotnicki. In this surprising and remarkably practical resource, Dr. Skotnicki reveals the harmful effects of modern skincare habits and provides a step by step guide to preserve the microbiome, fight aging and defend against bacterial, problem free skin. 296 pages. Penguin. Paperbound. Pub. at $18.95. $4.95

**3713954 AN ATLAS OF NATURAL BEAUTY.** By V. de Taillac & R. Touhami. An illustrated guide to the origins, history, and practical uses of more than eighty botanical ingredients, from arctic and sandalwood oils to argan oil, jasmine, and jojoba. The only guide you will need to enhance and retain your natural beauty. 256 pages. $8.95 at $7.95

**3826341 TIMELESS: A Century of Iconic Looks.** By Louise Young with L. Shlepp. A renowned film, television, and fashion make-up artist has created an accurate, practical guide to the most classic looks of all time, and includes step by step photography and clear, concise instructions so you too can re-create these stunning styles. 256 pages. Mitchell Beazley. Paperbound. Pub. at $19.95. $16.95

**389360 THE BEAUTY OF DIRTY SKIN.** By Whitney Bowe with K. Lobeg. In this guide the author presents the connection between a healthy gut and radiant, clear skin, with a program to maximize skin health and beauty. With simple explanations of the science, do it yourself practical skin care strategies, and a lifestyle plan that anyone can follow and succeed with. Includes over 35 dynamic exercises, Illus. in color. 278 pages. Little, Brown. Pub. at $26.00. $5.95

**3930168 THE ART OF HAIR.** By Rubi Jones. Offers over 40 gorgeous, versatile, and easy to execute hairstyles for every day living or special occasions. Features hairstyles such as ponytails, braids, buns and chignons, and twists and rolls. Fully illus. in color. 144 pages. Walden. Paperbound. Pub. at $16.95. **PRICE CUT to $12.95**

**287234X EXTREME SKINCARE: Natural Healthy Skin in Just 5 Minutes a Day.** By Laura Pardoe. Well illus. in color. 190 pages. Permanent. Paperbound. Pub. at $28.95. **PRICE CUT to $9.95**

**Health & Medical References**

**6901239 TAKE CARE OF YOURSELF, 10TH EDITION: The Complete Illustrated Guide to Medical Self-Care.** By J.F. Fries & D.M. Vickery. Provides easy to navigate flowcharts that help you quickly find an answer to your health concern and find an explanation of likely causes and possible home remedies, as well as advice on when you should go see a doctor. This guide also covers emergencies, over 175 health care concerns and twenty other tips you should have in a home phone. 386 pages. Da Capo. Paperbound. Pub. at $19.99. **$5.95**

**3913228 THE COMPLETE WHAT’S YOUR POO TELLING YOU?** By J. Richman & A. Sheth. Like a snowflake, each poo is unique. But what does it mean? Dr. Sheth has compiled profiles of the most important types of poo, sure to improve your health and well-being with your presence in the bowels. 160 pages. Rodale. Paperbound. Pub. at $14.95. **$5.95**

**3826864 THE MAGIC OF MELATONIN.** By Jan-Dirk Fauteck with A. Eder. Summarizes critical information related to the necessity of maintaining pathological consequences of circadian rhythm disturbances. Dr. Fauteck provides a clear description of how melatonin is produced and secreted and how the previously artificially imposed light/dark cycle can disrupt its rhythm. 180 pages. Skyhorse. Paperbound. Pub. at $17.99. **$5.95**
Stress & Pain Management

**RSD 670465** *SAY GOODBYE TO WRIST PAIN.* Hand surgeon Dr. Alexander Haselhorn and fitness expert Roberta Bergman work together to provide an accessible program to alleviating your wrist pain and for all. Through exercises and ergonomic techniques, it covers pain related to carpal tunnel, arthritis, and fractures. 64 minutes. Dreamscape Media. Pub. at $24.95 $13.95

**3715936** *BIOFEEDBACK AND MINDFULNESS IN EVERYDAY LIFE.* By Ttna Khazan. 386 pages. Norton. Paperbound. Pub. at $22.95 $17.95


**DVD 3033775** *GREAT RIVERS AND LAKES.* WWMM. Pub. at $19.99 $14.95

Complementary & Alternative Medicine

**LIMITED QUANTITY 3860736** *THE NEW OXYGEN PRESCRIPTION: The Miracle of Oxidative Therapies.* By Nathaniel Altman. Scientists now agree that chronic diseases are caused by oxygen starvation at a cellular level. Altman explores the effectiveness of oxidative therapies for treating a wide range of conditions, including heart disease, herpes, diabetes, Candida, macular degeneration, and macular changes. Includes photos. 256 pages. Robert Rose, Paperbound. Pub. at $19.95 $3.95

**381534X** *KITCHEN CURES: Homemade Remedies for Your Health.* You’ll find simple secrets for folk healing the modern way including the 22 most commonly used kitchen-pantry healers; how to use kitchen staples to look and feel great; smart ways to ease what ails you; and how to be a savvy home healer. Color photos. 256 pages. Reader’s Digest. Pub. at $14.95 $14.95

**LIMITED QUANTITY 3931366** *NATURAL ANTIBIOTICS & BOTANICAL TREATMENTS: Heal Your Body, Heal Your Mind.* By Aruna M. Siewert. You’ll find effective and lasting relief for 26 common physical ailments and conditions with this comprehensive and informative guide, plus remedies for over a dozen psychological concerns. Well illus. in color. 256 pages. Robert Rose, Paperbound. Pub. at $24.95 $6.95

**3777022** *500 TREATMENTS FOR 100 COMMON AILMENTS.* By Chios, the herbal, health, and wellness magazine, comes an integrated resource that provides real choices in an easy to use, at a glance format, putting everything you need to know at your fingertips. For each of the 100 ailments, it lets you compare traditional medicine side by side with four alternative treatments. 512 pages. Chartwell. Paperbound. Pub. at $14.99 $4.95

**LIMITED QUANTITY 3857611** *DOCTORS’ FAVORITE NATURAL REMEDIES.* By Pamela Allarice et al. With the tips in this guide, you can take control of your health and recreation, look after your sleep, and enjoy life more naturally. Includes remedies such as Aromatherapy for hair loss; dancing for dementia; Holy Basil for mouth ulcers; and much more. Color illus. 336 pages. Reader’s Digest. Paperbound. Pub. at $17.99 $4.95

**663818X** *THE HEALING POWERS OF VINEGAR, REVISED.* By Cal Orey. In this invaluable resource, you’ll find dozens of home remedies for treating allergies, arthritis, sunburn, sore throats and more. Find out how vinegar’s curative powers can help prevent age-related diseases like cancer, heart disease, and bone loss. You’ll also find a wealth of natural beauty treatments for household hints. 336 pages. Kensington. Paperbound. Pub. at $14.00 $3.95

**3777391** *THE REFLEXOLOGY HEALING HANDBOOK.* By Denise Whitchello Brown. Features step by step instructions to the basic reflexology techniques, including treatment of both feet and hands, how to prevent and ease common ailments, and self-treatment. This practical guide explains how to use reflexology to enhance both physical and mental well being. Fully illus, in color. 224 pages. Chartwell. Pub. at $14.99 $5.95

**LIMITED QUANTITY 3860752** *THE OIL PULLING MIRACLE: Detoxify Simply and Effectively.* By Birgit F. Daim. Describes the powerful practice of oil pulling, including when to do it, how long to swish the oil in your mouth, and other oral care techniques that complement it, such as tongue scraping. Discover how this technique can heal and prevent everything from acne and canker sores to heart disease and arthritis. Color photos. 128 pages. Healing Arts. Paperback. Pub. at $12.95 $3.95

**3899160** *MORE HYPNOTIC INDUCTIONS.* By George Gafner. Whether you are a beginner or seasoned hypnototherapist, this guide provides a copious selection of creative inductions to get you and your client started on the path to effective treatment. 140 pages. Norton. Pub. at $21.95 $6.95

**LIMITED QUANTITY 3910849** *HEALING WITH RED LIGHT THERAPY.* By Stephanie Halllett. Breaks down the key applications and strategies for harnessing the healing benefits of red light therapy. With true to life success stories backed by current research, this guide shines a light on how this painless treatment could be the medical breakthrough we’ve been waiting for. 195 pages. Ulysses. Paperback. Pub. at $19.95 $11.95

**LIMITED QUANTITY 3855550** *THE COMPLETE GUIDE TO CBD: Everything There Is to Know About the Healing Powers of Cannabis.* By Craig Tomashoff. This comprehensive chronicle will explain everything you need to know about CBD—which it’s the breakdown of the most effective ways to consume it. Whether governments are legalizing it, or insight into all the conditions it might help. Well illus, in color. 256 pages. Reader’s Digest. Paperbound. Pub. at $15.99 $11.95

**3892360** *SKOGULTUR.* By Jorn Viidal. A must-have guide that will bring you and your client an awakening, a awakening will help maintain health and beauty from the air created by the machines and the people around us. Inside you’ll find detailed explanations of plants that are low-cost and improve health by releasing increased oxygen into the air around you. Illus. in color. 287 pages. HarperDesign. Pub. at $25.95 $9.95

**LIMITED QUANTITY 3873453** *WHAT YOU MUST KNOW ABOUT VITAMINS, MINERALS, HERBS, AND SO MUCH MORE, SECOND EDITION.* By Pamela Waritan Smith. Even if you follow a healthful diet, you are probably not getting all the nutrients you need to prevent disease. The author explains how to select healthy foods to maintain health, and how to use nutrients. This resource can help you make the best choices for the health and well being for you and your family. 498 pages. Square One Publishers. Paperbound. Pub. at $19.95 $17.95

**3857611** *CBD: Everything There Is to Know About CBD.* By Craig Tornashoff. This comprehensive guide breaks down the key applications and strategies for harnessing the healing benefits of red light therapy. With true to life success stories backed by current research, this guide shines a light on how this painless treatment could be the medical breakthrough we’ve been waiting for. 195 pages. Ulysses. Paperback. Pub. at $19.95 $11.95

**3857611** *CBD OIL: Everyday Secrets.* By Gretchen Liedick. A non-technicalizing compound found in the cannabis plant, CBD is gaining popularity with top doctors, athletes, and celebrities praising it for its suspected anti-inflammatory and anti-anxiety properties—and you won’t get high. This guide covers all the ins and outs of CBD oil and 30 recipes for snacks, smoothies, and tonics. Color photos. 192 pages. HarperDesign. Pub. at $25.95 $9.95

**4615387** *NATURAL ALTERNATIVES TO LIPITOR, ZOCOR & OTHER STATIN DRUGS.* By Jay S. Cohen. Explains the problems caused by statin drugs and offers easy to follow strategies that will allow you to benefit from effective natural alternatives. Discusses the science behind these alternatives along with the proven effectiveness of oxidative therapies for treating a wide range of conditions, including heart disease, herpes, diabetes, Candida, macular degeneration, and macular changes. Includes photos. 256 pages. Robert Rose, Paperbound. Pub. at $17.99 $6.95

See more titles at erhbc.com/833
**Complementary & Alternative Medicine**

**2912686  APPLE CIDER VINEGAR HANDBOOK: Recipes for Natural Living.** By Amy Leigh Mercree. Learn about the healing properties of this useful and tasty ingredient in cooking. Mercree shows you why this inexpensive liquid is a necessity in your home and how to use it to achieve optimum health. Over 240 pages. Sterling. Paperback. Price at $14.95. **$4.95**

**3927938  HERBAL REMEDIES FOR BEGINNERS: Natural Ways to Treat Ailments.** By Sandra Kynes. Contains 200 recipes for herbal remedies that anyone can use, even if you’ve never worked with herbs before. Kynes shows that herbal remedies can treat everything from the flu to kidney stones and can be made from ingredients commonly stocked in your kitchen. 294 pages. Llewellyn. Paperback. Price at $15.95. **$11.95**

**DVD 3858099  HYPNOTHERAPY.** The “trance-like” state of hypnosis lets you remain in control as you balance the left and right sides of the brain. This balance can be used to help phobias, pain, stress, and many other mental and physical problems. Discover how hypnotherapy can improve your life and health in this illuminating program. 80 minutes. VisionQuest. Price at $17.95. **$13.95**

**3855820  SOUTHWEST MEDICINAL PLANTS: Identify, Harvest, and Use 112 Wild Herbs for Health and Wellness.** By John Statters. With its wealth of botanical diversity, the Southwest provides an abundance of herbs accessible to all. Whether you are just starting out or are seeking to deepen your herbal knowledge, this guide is your essential companion for finding, identifying, harvesting, and safely using the most important medicinal plants from this region. Well illus. in color. 392 pages. Sterling. Hardcover. Price at $21.95. **$17.95**

**3854573  END CHRONIC DISEASE: The Healing Power of Beliefs, Behaviors, and Bacteria.** By Kathleen DiChiera. Your body has a unique microbiology shaped over time by your lifestyle behaviors. It’s a cyclical pattern with each component, linking you and in a continuous loop. With this guide DiChiera will show you how to: breathe better, sleep deeper, wean yourself off unnecessary medications, and feed and move your body to support gut health and boost immunity. 222 pages. Hay House. Paperback. Price at $18.95. **$14.95**

**DVD 3770141  FOOT REFLEXOLOGY: The Master Guide.** With this step by step DVD, you and your partner will learn the simple techniques used to stimulate the reflex areas of the feet. Use foot reflexology to relieve stress and tension, to help with healing and especially for personal pleasure and relaxation. 60 minutes. Alchemy. Price at $19.99. **$14.95**

**3901971  RECOVERY FROM INJURY, SURGERY AND INFECTION: Nature Cures.** By William E. Hammersmith. This book gives you tools to balance the left and right areas of your body. Make the most of all nature’s resources to heal and address the cause of your injury, surgery, or infection. 258 pages. Hammersmith. Paperback. Price at $24.99. **$19.95**

**LIMITED QUANTITY 3855967  THE HEALING ENERGIES OF WATER.** By Charlie Ryne. Composed of water, all living organisms and at different times throughout history, water is a QuantaMorphonic medium, natural medicine that benefits the whole person. Learn about water as a vibrational medicine, the benefits of taking spa waters, and understand your body’s flavoring, water cleansing, and revitalizes itself. Well illus. in color. 160 pages. Octopus. Paperback. Price at $19.99. **$13.95**

**2914506  CANNABIS FOR SENIORS.** By Beverly A. Potter. Cannabinoids—chemicals in cannabis—interact with the endocannabinoid (EC) system in the body. THC regulates appetite, reduces pain, reduce inflammation, decrease stress, and speed recovery time, as well as elevating mood and optimism. An essential reference for Seniors and caretakers alike. In color. 202 pages. Ronin Paperbound. Price at $18.95. **$11.95**

**3719332  THE NATURE CURE: A Doctor’s Guide to the Science of Natural Medicine.** By Andreas Michalsen. This account explains how and why naturopathy works. The author breaks down the science behind natural ways of healing and shows how we can incorporate these methods into our everyday lives to trigger our body’s self-healing mechanisms. Discover methods of self-healing that don’t just cover up your symptoms, but actually address the cause of illness. 330 pages. Viking. Price at $28.00. **$21.95**

**3843661  HERBAL MEDICINE IN TREATING GYNAECOLOGICAL CONDITIONS.** By H. Brice-Yasna & A. McDermott. Presents insights into the human gynaecological system–gynecological elements that enable practitioners to devise effective treatment plans and explain them clearly to their patients. Specific herbs used in gynecological treatment are categorized by their components and actions. Color illus. 339 pages. Aeon. Paperback. Price at $37.95. **$28.95**

**3770443  THE GARDEN APOTHECARY: Homemade Remedies for Everyday Ailments.** By Reece Carter. A naturopath shows you how to grow and make your own gentle herbal remedies, tips on how to form growing your own plants to concoct your own tinctures and ointments. Using forty of his favorite recipes, Reece reveals how you can use organic raw ingredients to relieve a wide range of everyday ailments. Well illus. in color. 208 pages. Thames & Hudson. Price at $29.95. **$24.95**

**2984725  CBD EVERY DAY.** By Sandra Hincliffe. Expertly guides your CBD experience with sixty allergy-friendly, preservative-free, artificial fragrance and dye-free recipes, and usage and technique guides. Discover how to work with strains of CBD-rich cannabis; prepare and enjoy CBD from a variety of forms; and incorporate CBD into dozens of recipes, herbal medicines, soaps, lip balms, salves and lotions. Fully illus. in color. 150 pages. Skyhorse. Price at $16.99. **PRICE CUT to $2.95**

**6756555  HEALING WITH HEMP CBD OIL: A Simple Guide to Using the Powerful and Proven Health Benefits of CBD.** By Earl Mindell. Far richer in CBD, the compound responsible for effectively treating dozens of disorders and containing very little THC, the substance responsible for marijuana’s highs, Hemp Oil is a natural remedy that can improve your health without side effects. Mindell explains its properties, and how to deal with its legal status. 144 pages. Square One Publishers. Paperback. Price at $16.95. **PRICE CUT to $9.95**

**3801748  COMPLETE WELLNESS: Enjoy Long-Lasting Health and Well-Being with Lifestyle Strategies and More Than 800 Easy Natural Remedies.** By Susan Curtis et al. Harness the restorative powers of herbs, essential oils, and natural foods to achieve whole body health and harmony. This guide will help you discover the natural ingredients to help you reach the peak of wellness in every area of your body. Make the most of all nature’s resources to heal and rejuvenate body and mind. Illus. in color. 504 pages. Dorling Kindersley. Price at $19.95. **PRICE CUT to $13.95**


**3811417  CBD HANDBOOK: Recipes for Natural Living.** By Barbara Brownell Grogan. Helps you understand the benefits of CBD, a compound found in the hemp plant that boasts therapeutic benefits for your mind and body. This book lays out a brief introduction to the basics, the history of hemp, and various delivery methods and safe dosages. Along with 43 healing recipes to help incorporate CBD into your daily routine. Illus. in color. 167 pages. Sterling. Paperback. Price at $14.95. **PRICE CUT to $9.95**
New Age Spirituality

3791173 NATURAL MEDITATION: Refreshing Your Spirit Through Nature. By Barbara Ann Kipfer. Nature has a lot to teach us about going with the flow, being aware, calm, silent, and pausing. Whether you practice these meditations in actual natural settings or on a couch at home, this guide will inspire you to spend more time in nature. Color photos. 263 pages. Skyhorse. Paperback. Pub. at $14.99

LIMITED QUANTITY 324837 DISCOVERING SIGNS & SYMBOLS: Unlock the Secrets and Meanings of These Ancient Figures. By Kirsten Riddle. Takes you on a fascinating journey around the world to discover the origins behind ancient signs and symbols, revealing how to tap into their power and use it to transform any aspect of your life: relationships, career, health, and more. Encourage the flow of positive energy and create your own good-luck charms! Fully illus. in color. 148 pages. CICO Books. Paperback. Pub. at $19.95

DVD 3866329 OM YOGA & MEDITATION WORKSHOP By C. Lee & D. Nietzsche. This package offers everything you need to practice yoga and meditation at home as a path toward cultivating a more wakeful and compassionate existence. Includes a DVD with 4 yoga and 5 meditation sessions, each about fifteen minutes, a meditation CD, and a booklet explaining OM yoga and meditation. Dharma Moon. Pub. at $24.98


3923822 MINDFULNESS FOR ALL: The World to Transform the World. By Jon Kabat-Zinn. Illuminates how mindfulness as a meditation practice and as a way of being can help us live our way into our species’ name and thereby wake up and change our world for the better. 160 pages. Hachette. Paperback. Pub. at $14.99

3921914 FALLING AWAKE: How to Practice Mindfulness in Everyday Life. By Jon Kabat-Zinn. Today millions of people have taken up a formal mindfulness meditation practice as part of their everyday lives. But how do you actually go about it? In this concise guide, the author directly answers this timely question. Science shows that the tangible benefits of a mindfulness meditation practice are impossible to ignore. 184 pages. Hachette. Paperback. Pub. at $14.99


3927911 ARE YOU AN EARTH ANGEL? Understand Your Spiritual Nature & Live with Divine Purpose. By Tanya Carroll Richardson. Discover what it means to be a compassionate earth angel—a highly sensitive and empathic person who loves to give of themselves. This rare and unique guide teaches you how to celebrate and maximize your sensitivity to be of greater service to the world. 275 pages. Llewellyn. Paperback. Pub. at $17.99


3991216 EARTH FREQUENCY: Sacred Sites, Vortexes, Earth Chakras, and Other Transformational Places. By Melissa Alvarez. Deepen your connection to the world around you, expand your consciousness, and grow spiritually by actively engaging with the earth’s energy. This groundbreaking resource presents various forms of earth frequency and how working with this energy leads to amazing improvements in your happiness, self-confidence, and spirituality. 417 pages. Llewellyn. Paperback. Pub. at $26.99

3791513 THE EVOLUTIONARY EMPATH: A Practical Guide for Heart-Centered Consciousness. By Stephanie Red Feather. As an empath herself, the author offers practical exercises to help you understand, control, and fully manifest your gifts as an empath. With this hands on Red Feather provides the tools that they need to empower themselves and embrace their essential role in the next step of humanity’s evolution and ascension into consciousness. 305 pages. Inner Traditions. Paperback. Pub. at $18.00


392792X GOD IS DEAD, LONG LIVE THE GODS. By Melisenda diZeriga. Examining the relationship between polytheism and quantum physics, biology, and ecology can open new vistas of sacred discovery. This examination develops a bold new vision for polytheism’s evolving role in society and in our individual and collective spiritual experiences. 240 pages. Llewellyn.

Paperback. Pub. at $18.99

3927975 TAKE, BAKE & MEDITATE: Take Spiritual Nutrition to a Higher Level with Cannabis. By Kerr Corrigan. A guide to using cannabis to enhance your sense of spirituality. Whether you want to use cannabis to have peak experience, find your bliss, send healing energy into your body, or make contact with the divine, this time-saving step by step instructions to show you how. 190 pages. Llewellyn. Paperback. Pub. at $17.99

3928012 WINTER: Rituals to Thrive in the Dark Cycle of the Saeculum. By Jo Graham. A fascinating exploration of one of the four cycles in the ancient Etruscan system known as the saecula. Winter is the final cycle of endings before the time of renewal and rebirth. With hands-on exercises and rituals Graham invites you to find the spirit of heroism within as you transform your life and soul in this challenging era. 212 pages. Llewellyn. Paperback. Pub. at $17.99

3928004 WHOLE BODY HEALING: Create Your Own Path to Physical, Emotional, Energetic & Spiritual Wellness. By Emily A. Francis. Explores traditional and modern healing techniques such as breath work, flower remedies, homeopathic essences, Traditional Chinese Medicine, Ayurveda, EMDR, EFT, and many others. This volume provides a mind-body program to help you forge your own path to living your best life. Illus. 243 pages. Llewellyn. Paperback. Pub. at $21.99

2925311 SECRETS OF DRAGON GATE: Ancient Taoist Practices for Health, Wealth, and the Art of Sexual Yoga. By S. Liu & J. Blank. From simple breath exercises and meditations to more alive to advanced sexual yoga, this guide to the Dragon Gate School of Taoism holds the key to your may better connect with the wisdom, happiness, balance, along with how to correct your energy so you you may better connect with the wisdom, happiness, balance, along with how to correct your energy so you can grow spiritually by actively engaging with the earth’s energy. This groundbreaking resource presents various forms of earth frequency and how working with this energy leads to amazing improvements in your happiness, self-confidence, and spirituality. 417 pages. Llewellyn. Paperback. Pub. at $26.99

$9.95

$12.95

$7.95

$11.95

$13.95

$12.95

$12.95

$16.95

$3.95
Healing & the Mind

3838722 SPY SCHOOL: Are You Sharp Enough to Be a KGB Agent? By D. Brailsford & K. Guliev. Learn how to enhance your memory and sharpen your mind with a range of exercises developed over many years and used to train top Russian intelligence agents. Illus. 265 pages. St. Martin’s. Paperbound. Pub. at $16.99

3917681 GRAIN BRAIN, REVISED EDITION: The Surprising Truth About Wheat, Carbs, and Sugar—Your Brain’s Silent Killers. By David Perlmutter with K. Loberg. With a blend of cutting-edge research, real-life stories of transformation, and accessible, practical advice, this guide teaches you how to take control of your “smart genes,” reignite wellness, and enjoy lifelong health and vitality. Includes a 4 week minimum health along with meal plans and recipes. 477 pages. Little, Brown.

382072X MAGNIFICENT MIND AT ANY AGE: Natural Ways to Unleash Your Brain’s Maximum Potential. By Daniel G. Amen. Bombarded daily with advice about how to keep our bodies healthy and happy, most of us have no idea about how to keep the most complex organ of all in top working order. This guide to optimizing brain function includes sections on memory, concentration, creativity, and more. 340 pages. Paperbound. Pub. at $19.00

3820746 MAKING A GREAT BRAIN GREAT: The Amen Clinic Program for Achieving and Sustaining Optimal Mental Performance. By Daniel G. Amen. Provides the tools you need to optimize your brain power and enrich your health and your life in the process. Discover how to eat right, work order. This guide to optimizing brain function includes sections on memory, concentration, creativity, and more. 340 pages. Paperbound. Pub. at $19.00

3776607 ON EDGE: A Journey Through Anxiety. By Andrea Petersen. Woven into the author’s personal story of living with anxiety, Petersen gives a fascinating look at the biology of anxiety, touching on the treatments, showing the role anxiety plays in the groundbreaking research being done. Since one in three Americans will have an anxiety disorder at some point during their lives, this is essential reading. 305 pages. Crown. Paperbound. Pub. at $15.00


3903370 ARE U OK? A Guide to Caring for Your Mental Health. By Kathi Morton. Get the answers to your most pressing questions about mental health and mental illness. Includes tips on depression, bipolar and eating disorders, and much more in this guide. 236 pages. Da Capo. Pub. at $20.00

3928276 PRACTICAL MEDITATION: A Simple Step-by-Step Guide. By Giovanni Dienstmann. Want to improve your concentration, reduce stress, and enhance your emotional well being? Meditation is scientifically proven to do all this, and more. Explore a variety of meditation techniques, so you can find the practices that work for you. Fully illustrated. 172 pages. Paperbound. Pub. at $17.99

3780589 TOTAL MEMORY WORKOUT. By Cynthia R. Green. Green contends that memory lapses aren’t necessarily a sign of age—more often than not, the sign of the times, as we are all inundated with important information to remember, from PINs and cell phone numbers to children’s schedules. Her eight-step program will improve your recall. 239 pages. Bantam. Paperbound. Pub. at $16.00

3928047 AARP MEMORY ACTIVITY BOOK. By Helen Lambert. Physical exercise, mental activities, and social interaction may help maintain your brain health and slow the progress of many kinds of dementia, including Alzheimer’s disease. This resource is packed with more than 70 activities to stimulate the brain, from nature walks and exercise to arts, crafts, and games. Fully illus. 224 pages. Dorling Kindersley. Paperbound. Pub. at $9.99

3865304 NEURO-PHILOSOPHY AND THE HEALTHY MIND: Learning from the Unwell Brain. By Georg Northoff. Taking an integrative approach to understanding the self, consciousness, and what it means to be mentally healthy, the author brings insights from neuroscience to bear on philosophical questions. Readers will find a science grounded examination of the human condition with far reaching implications for psychology, medicine, our daily lives and the mind.

2960907 THE AWAKENED DREAMER: How to Remember & Interpret Your Dreams. By Kala Ambrose. Remember your dreams, interpret what they’re telling you, and use them to get what you want with this easy-to-use guide. You’ll explore dreams and nightmares, lucid dreaming, and much more. Includes a DVD and a companion program to meditation, dance, yoga and meditation, cooking, dreaming, or just chilling out! Includes a DVD and a Blu-ray version, plus a CD soundtrack. 52 minutes. Film Chest. Pub. at $24.98

3897281 HEALING DEPRESSION WITHOUT MEDICATION: A Psychiatrist’s Guide to Balancing Mind, Body, and Soul. By Jodi Skillin. Debunks the myth of the neurochemical imbalance and explores the roots of depression, such as adverse childhood experiences (ACEs) and poorly managed day to day stress. Skillin’s holistic methods for beating depression empower readers to become aware of their own wholeness and healing. 319 pages. North Atlantic. Paperbound. Pub. at $17.95


3784800 WHY WE DREAM: The Transformative Power of Our Nightly Journey. By Alice Robb. Drawing on fresh and forgotten research, as well as Robb’s experience of lucid dreaming and that of her subjects, shows how dreams are vital to our emotional and physical health. The author also explains how we can remember our dreams better, and why we should. 266 pages. HMH. Paperbound. Pub. at $15.99

3729068 BE YOUR OWN DREAM INTERPRETER: Uncover the Real Meaning of Your Dreams and How You Can Learn from Them. By Tony Crisp. If you want to understand more about your own and others’ behavior and gain greater insight into your inner self, this factual packed guide will provide a wealth of fascinating information to help you unlock the power of your dreams. Includes an A-Z directory of dream themes and images. Maximize your dream power. CICO Books. Paper bound. Pub. at $9.95

Inspirational, Motivation & Self-Discovery


4.95

3885070 AMAZING SPACE. Widescreen. Let the powerful and ethereal music of Kristin Hoffman lift you gently from your fast-paced life on Earth, sending you into the cosmos on an awe-inspiring audio-visual journey. The perfect companion program to meditation, dance, dreaming, or just chilling out! Includes a DVD and a Blu-ray version, plus a CD soundtrack. 52 minutes. Film Chest. Pub. at $24.98

4.95

LIMITED QUANTITY 3876411 MEDITATION: A Start Here Guide for Beginners. By Patrick J. Hartula. Meditation is an ancient practice that has brought peace and clarity to people from every time, culture, and place. Provides the perfect starting point for anyone looking to cultivate a sense of peace in their life. 138 pages. St. Martin’s. Paperbound. Pub. at $16.99

3865304 HEALING DEPRESSION WITHOUT MEDICATION: A Psychiatrist’s Guide to Balancing Mind, Body, and Soul. By Jodi Skillin. Debunks the myth of the neurochemical imbalance and explores the roots of depression, such as adverse childhood experiences (ACEs) and poorly managed day to day stress. Skillin’s holistic methods for beating depression empower readers to become aware of their own wholeness and healing. 319 pages. North Atlantic. Paperbound. Pub. at $17.95

4.95

3875232 PATIENTS WITH A PURPOSE: How the Miracle of Stem Cell Research Can Help You Heal and Stay Healthy. By Patrick J. Fletcher. Stem cell research is achieving what medicine has been unable to do. This guide provides an intimate look at how you can benefit from the latest medical breakthroughs. 334 pages. Three Rivers. Paperbound. Pub. at $19.99

4.95

3907370 THE BRAIN: The Power of the Mind-Body Connection and Take Our Health Back into Our Own Hands...The Power of the Mind-Body Connection and Take Our Health Back into Our Own Hands. 248 pages. Paperbound. Pub. at $24.00

6.95

See more titles at erhbc.com/833
Pregnancy, Childbirth & Parenting

3747921 HELPING CHILDREN SUCCEED. By Paul Tough. 128 pages. HMH. Paperback. Pub. at $14.99. PRICE CUT to $2.95

374793X HOW CHILDREN SUCCEED. By Paul Tough. 231 pages. HMH. Paperback. Pub. at $12.99. PRICE CUT to $2.95

**389738X DISCIPLINE WITH LOVE AND LIMITS, REVISED: Practical Solutions to over 100 Common Childhood Behavior Problems.** By J.L. Wyckoff & B.C. Unell. 262 pages. Da Capo. Paperback. Pub. at $12.99. $7.95


**6939090 THE BUSY PARENT’S GUIDE TO MANAGING ANXIETY IN CHILDREN AND TEENS: A Quick Read for Powerful Solutions!** By Laurie Hollin. 88 pages. Familius. Paperback. Pub. at $9.95. **$3.95**

**DDD 6871887 THE BUSINESS OF BEING BORN/MORE BUSINESS OF BEING BORN.** Widescreen. Kino Lorber. Pub. at $29.95. **PRICE CUT to $7.95**


**6943004 HOW TO NOURISH YOUR CHILD THROUGH AN EATING DISORDER.** By C. Crosbie & W. Sterling. Color photos. 300 pages. The Experiment. Paperback. Pub. at $16.95. **$5.95**


**3417074 UNE FEMME FRANCAISE: The Seductive Style of French Women.** By Catherine Morandon. Learn from the women of France how to be your own creation and not a slave to fashion; the secrets of Jacqueline Kennedy Onassis; that nonchalance, more than perfume, is sexy; how to seduce anyone; why red is a necessity; and the real reason French women don’t get fat! Illus. 341 pages. St. Martin’s. Pub. at $27.99. **$7.95**

**3839311 PREGNANCY, OMG! The First-Ever Photographic Guide for Modern Mamas-to-Be.** By nanny Reed. With warmth, humor, and candor, and partnered with the advice of medical experts, this resource guide tackles embarrassing and ubiquitous issues that many pregnant women face while offering practical tips and techniques to ease even the strangest problems. Provides women the resources they need for a healthy pregnancy. Well illus. in color. 206 pages. St. Martin’s. Paperback. Pub. at $19.95. **PRICE CUT to $4.95**


**3837390 HEART SOLUTION FOR WOMEN.** By Mark Menolascino. Featuring the latest research on gut, brain, and hormone health and including answers to the most pressing questions, this guide finally gives women the tools to succeed, feel great in their bodies, and add years to their lives. 374 pages. HarperOne. Pub. at $27.99. **$6.95**

**3898148 FIFTY AND OTHER F-WORDS.** By Margaret Potter. No matter what your age, Potter says you can still be a powerful, persistent woman. Squeezing plenty of guidance and a heaping helping of humor, she tells it like it is in her witty essays, poems, and frank observations about the good, the bad, the ugly, the wrinkled, the sagging, and the hairy. Illus. 224 pages. Sterling. Pub. at $22.95. **$4.95**

**3923096 BE MORE WONDER WOMAN.** By Cheryl Rickman. Be the best you can be and make no apologies! So suit up, take charge, and claim your power with guidance from a warrior princess on how to live life with kindness and courage. Fully illus. in color. 63 pages. Dorling Kindersley. Pub. at $9.99. **$7.95**

**37517X THE CHANGE, REVISED: Women, Aging, and Menopause.** By Germaine Greer. Addresses cultural shifts that surround female aging today, launching a clear and necessary analysis of the relationship between women and men as we continue into the near future. Greer’s background as they grow older. Witty, wise and timely. Greer offers a crucial modern guide to the change that every woman faces. 482 pages. Bantam. Paperback. Pub. at $19.95. **$9.95**

**3992124 YOUR PERIOD HANDBOOK: Natural Solutions for Stress Free Menstruation.** By Natasha Richardson. Includes practical recipes for herbal teas, tinctures, bath-potions and a section on herbal monographs giving a comprehensive overview of related herbs. Invaluable for anyone suffering from menstrual problems and a useful addition for practitioners with an interest in this field. 255 pages. Aeon. Paperback. Pub. at $22.95. **$17.95**

**3815684 RAGE BECOMES HER: The Power of Women’s Anger.** By Lisa Taddeo. Scott Turow. This at $17.00. **$7.95**


**2853833 A WOMAN’S GUIDE TO CANNABIS: Using Marijuana to Feel Better, Look Better, Sleep Better–And Get High Like a Lady.** By Gretchen Carlson. 244 pages. Center Street. Pub. at $27.00. **$2.95**


**3780467 BE MORE WONDER WOMAN.** By Cheryl Rickman. Be the best you can be and make no apologies! So suit up, take charge, and claim your power with guidance from a warrior princess on how to live life with kindness and courage. Fully illus. in color. 63 pages. Dorling Kindersley. Pub. at $9.99. **$7.95**

Women’s Health & Self-Help

3797074 UNE FEMME FRANCAISE: The Seductive Style of French Women.** By Catherine Morandon. Learn from the women of France how to be your own creation and not a slave to fashion; the secrets of Jacqueline Kennedy Onassis; that nonchalance, more than perfume, is sexy; how to seduce anyone; why red is a necessity; and the real reason French women don’t get fat! Illus. 341 pages. St. Martin’s. Pub. at $27.99. **$7.95**

**3839311 PREGNANCY, OMG! The First-Ever Photographic Guide for Modern Mamas-to-Be.** By nanny Reed. With warmth, humor, and candor, and partnered with the advice of medical experts, this resource guide tackles embarrassing and ubiquitous issues that many pregnant women face while offering practical tips and techniques to ease even the strangest problems. Provides women the resources they need for a healthy pregnancy. Well illus. in color. 206 pages. St. Martin’s. Paperback. Pub. at $19.95. **PRICE CUT to $4.95**

**2918358 HOW’S IT HANGING? EXPERT ADVICE FOR WOMEN.** By Jumana Elsharif. 120 pages. Skyhorse. Paperback. Pub. at $19.95. **$4.95**

**3801026 BE MORE WONDER WOMAN.** By Cheryl Rickman. Be the best you can be and make no apologies! So suit up, take charge, and claim your power with guidance from a warrior princess on how to live life with kindness and courage. Fully illus. in color. 63 pages. Dorling Kindersley. Pub. at $9.99. **$7.95**

**2918358 HOW’S IT HANGING? EXPERT ADVICE FOR MEN.** By Jumana Elsharif. 120 pages. Skyhorse. Paperback. Pub. at $19.95. **$4.95**

Men’s Health & Self-Help


**3841359 THE MASK OF MASCULINITY.** By Lewis Howes. Exposes the ultimate emptiness of the Male Role, the man who choses wealth above all things, the cancerous vulnerability that hides behind the Joker and Stoic Masks of men who never show real emotion; and the destructiveness of the Invincible and Aggressive Masks worn by men who take insane risks or can never put back down from a fight. 246 pages. Rodale. Pub. at $25.99. **$4.95**

--- – 68 – – See more titles at erhbc.com/833 ---
3838439 **BIG POTENTIAL:** How Transforming the Pursuit of Success Raises Our Achievement, Happiness, and Well-Being. By Shawn Achor. Shows that what drives on competition and individual achievement, we are thinking about potential all wrong. Drawing on his work in fifty countries, Achor shows that success and happiness are not competitive sports. Rather, they depend almost entirely on how well we connect with, relate to, and learn from one another. 237 pages. Norton. Pub. at $27.95.

719752 **JOY AT WORK:** Organizing Your Professional Life. By M. Kondo & S. Sonenschein. Offers stories, studies, and strategies to help eliminate clutter and make space for the work that really matters. You’ll be able to overcome the challenges of workplace mess and enjoy the productivity, success, and happiness that comes with a tidy desk and mind. 242 pages. Little. $17.95.

3839882 **THE CIA LOCKPICKING MANUAL.** Teaches you what you need to know on the spot: by learning the theories of lockpicking, proper terminology for both tools and locks, and the techniques that the locksmiths in the country know, you’ll be able to get yourself into your house, office desk, or car without your keys. Well illus. in color. 54 pages. Skyhorse. Pub. at $12.95. **PRICE CUT to $3.95**

CD 2898545 **THINK LIKE A CHAMPION.** By Donald J. Trump. Read by Skipp Sudduth. With the help of this blueprint plan and individual protocols detailed in this guide, you have the power to change your destiny. 341 pages. HarperOne. Pub. at $17.95. **PRICE CUT to $9.95**

3738736 **SOON: An Overlooked History of Procrastination, from Leonardo and Darwin to You and Me.** By Andrew Santella. 197 pages. Dey Street. Pub at $25.95. **$4.95**

380772X **SHORT CUTS TO HAPPINESS:** Life-Changing Lessons from My Barber. By Tal Ben-Shahar. 160 pages. The Experiment. Pub. at $18.95.


3839874 **ASKING FOR A FRIEND.** By Jessica Weissberg. 294 pages. Hyperion Books. Pub. at $27.00. **$3.95**

3754782 **I WANTED FRIES WITH THAT:** How to Ask for What You Want and Get What You Need. By Amy Fish. 226 pages. New World Library. Paperback. Pub. at $15.95. **$11.95**


3755312 **AVOIDING EVERYDAY DISASTERS.** By Laura Lee. 250 pages. Reader’s Digest. Paperback. Pub. at $17.99. **PRICE CUT to $1.95**


6827217 **CAN’T JUST STOP:** An Investigation of Compulsions. By Sharon Begley. 298 pages. El. Pub. at $27.00. **$19.95**


2888186 **TINKER DABBLE DOODLE TRY.** By Sriní Pillay. 272 pages. Ballantine. Pub. at $28.00. **PRICE CUT to $3.95**


2879468 **HOW TO BE BETTER AT (ALMOST) EVERYTHING.** By Emily Maitlis. 352 pages. Indi. Pub. at $16.99. **PRICE CUT to $5.95**

281563X **POISONED: How a Crime-Busting Prosecutor Turned His Medical Mystery into a Crusade for Environmental Victims.** By Alan Bell. 262 pages. Skyhorse. Pub. at $25.95. **PRICE CUT to $19.95**


2840928 **THIS NAKED MIND:** Control Alcohol. By Annie Grace. 243 pages. Avery. Paperback. Pub. at $18.00. **PRICE CUT to $3.95**

3818841 **THE BOOK OF ICHIGO ICHIE:** The Art of Making the Most of Every Moment, the Japanese Way. By H. García & F. Miralles. 116 pages. Self. Pub. at $22.00. **$14.95**


3746716 **OUR GREAT PURPOSE:** Adam Smith on Living a Better Life. By Ryan Patrick Hanley. 156 pages. Princeton. Pub. at $17.95. **$9.95**


3759237 **STAR WARS BE MORE LANDO.** By Christian Blauvelt. Well illus. in color. 64 pages. Darling Kindersley. Pub. at $9.99. **PRICE CUT to $3.95**

3759245 **STAR WARS BE MORE LEIA.** By Christian Blauvelt, Well illus. in color. 64 pages. Darling Kindersley. Pub. at $9.99. **$5.95**


Science & Health

Bargain Books

Astronomy & Space Travel – Exercise
Chemistry & Physics – Engineering
Mathematics – Economics – Nature
Animals – Nutrition – Healthy Cooking

Scan Here to
Shop Now

Current titles are marked with a ★.

©2020 Edward R. Hamilton Bookseller Company

Great Books at Great Prices!

Page 44 $3.95 Page 40 $3.95

Endangered Animals

Page 56 $4.95 Page 33 $4.95 Page 66 $4.95 Page 57 $4.95

Take Back Your Back

Happiness is a Choice You Make

Kitchen Cures

Weird Butterflies & Moths

Page 39 $5.95 Page 33 $5.95 Page 51 $5.95 Page 34 $7.95

Order all you want for one low $4.00 Postage & Handling charge.

To allow the lowest prices, we do no billing and do not accept credit cards. However, the same items may be obtained online from www.HamiltonBook.com using MasterCard, VISA, or PayPal.