OUR GUARANTEE

You must be satisfied with any item purchased from this catalog or return it within 60 days for a full refund. No questions asked.

All items are new, and all books are hardbound unless marked otherwise. Shipment is normally within 48 hours. Some items may be temporarily out of stock, in which case a second shipment will be made, normally in 14 days, but in no case later than 60 days. Most items are in limited supply and at these prices may sell out fast. If any item is sold out your money will be refunded by bank check.
Save up to 80% off cover prices on these subjects:

<table>
<thead>
<tr>
<th>Subject</th>
<th>ISBN</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aging</td>
<td>70</td>
<td>Engineering &amp; Architecture</td>
</tr>
<tr>
<td>Airplanes &amp; Airlines</td>
<td>7</td>
<td>Environment &amp; Ecology</td>
</tr>
<tr>
<td>Animals</td>
<td>40</td>
<td>Essays on Nature</td>
</tr>
<tr>
<td>Anthropology</td>
<td>10</td>
<td>Exercise &amp; Fitness</td>
</tr>
<tr>
<td>Archaeology</td>
<td>8</td>
<td>Facing Illness &amp; Death</td>
</tr>
<tr>
<td>Architectural Surveys</td>
<td>24</td>
<td>Farm &amp; Domesticated Animals</td>
</tr>
<tr>
<td>Architecture</td>
<td>23</td>
<td>Fishing &amp; Hunting</td>
</tr>
<tr>
<td>Astronomy, Space Travel &amp; Cosmology</td>
<td>4</td>
<td>Foreign Language</td>
</tr>
<tr>
<td>Beauty &amp; Skin Care</td>
<td>56</td>
<td>General Health &amp; Self-Help</td>
</tr>
<tr>
<td>Birds &amp; Birding</td>
<td>43</td>
<td>Healing &amp; the Mind</td>
</tr>
<tr>
<td>Business</td>
<td>28</td>
<td>Health &amp; Medical References</td>
</tr>
<tr>
<td>Chemistry &amp; Physics</td>
<td>10</td>
<td>Healthy Cooking &amp; Special Diets</td>
</tr>
<tr>
<td>Communication Skills</td>
<td>70</td>
<td>Horses &amp; Horsemanship</td>
</tr>
<tr>
<td>Complementary &amp; Alternative Medicine</td>
<td>61</td>
<td>Insects</td>
</tr>
<tr>
<td>Computer Books</td>
<td>30</td>
<td>Inspiration, Motivation &amp; Self-Discovery</td>
</tr>
<tr>
<td>Dictionaries</td>
<td>19</td>
<td>Life Science</td>
</tr>
<tr>
<td>Diseases &amp; Disorders</td>
<td>58</td>
<td>Lives &amp; Works of Philosophers</td>
</tr>
<tr>
<td>Earth Science</td>
<td>2</td>
<td>Marine Mammals, Fish &amp; Reptiles</td>
</tr>
<tr>
<td>Eastern Traditions and Practices</td>
<td>63</td>
<td>Mathematics</td>
</tr>
<tr>
<td>Economics</td>
<td>21</td>
<td>Medical Science</td>
</tr>
<tr>
<td>Education</td>
<td>16</td>
<td>Men’s Health &amp; Self-Help</td>
</tr>
<tr>
<td>Engineering</td>
<td>22</td>
<td>Monographs on Architects</td>
</tr>
<tr>
<td></td>
<td></td>
<td>More Works on Nature</td>
</tr>
</tbody>
</table>

Current titles are marked with a ★.

---

Due to a Supreme Court decision, we are now required to collect applicable state sales tax (which may include city and county taxes) based on the delivery address of your order. **If tax is due and your order will be shipped to the address preprinted on the order form, your tax rate is printed under the address.**

**★ means that Postage & Handling is NOT part of the taxable amount.**

*If you are shipping this order to one of the following states please add sales tax:*

<table>
<thead>
<tr>
<th>State Abbreviation</th>
<th>Tax Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>AL</td>
<td>0%</td>
</tr>
<tr>
<td>AK</td>
<td>0%</td>
</tr>
<tr>
<td>AZ</td>
<td>0%</td>
</tr>
<tr>
<td>CA</td>
<td>0%</td>
</tr>
<tr>
<td>CO</td>
<td>0%</td>
</tr>
<tr>
<td>CT</td>
<td>6%</td>
</tr>
<tr>
<td>DC</td>
<td>6%</td>
</tr>
<tr>
<td>FL</td>
<td>6%</td>
</tr>
<tr>
<td>GA</td>
<td>4%</td>
</tr>
<tr>
<td>HI</td>
<td>4%</td>
</tr>
<tr>
<td>ID</td>
<td>6%</td>
</tr>
<tr>
<td>IL</td>
<td>6.25%</td>
</tr>
<tr>
<td>KS</td>
<td>6%</td>
</tr>
<tr>
<td>ME</td>
<td>5.5%</td>
</tr>
<tr>
<td>MI</td>
<td>6%</td>
</tr>
<tr>
<td>MN</td>
<td>6.875%</td>
</tr>
<tr>
<td>MS</td>
<td>7%</td>
</tr>
<tr>
<td>ND</td>
<td>5%</td>
</tr>
<tr>
<td>NJ</td>
<td>6.625%</td>
</tr>
<tr>
<td>NY</td>
<td>7%</td>
</tr>
<tr>
<td>OH</td>
<td>6.75%</td>
</tr>
<tr>
<td>PA</td>
<td>6%</td>
</tr>
<tr>
<td>PR</td>
<td>10.5%</td>
</tr>
<tr>
<td>SD</td>
<td>4.5%</td>
</tr>
<tr>
<td>SC</td>
<td>6%</td>
</tr>
<tr>
<td>TD</td>
<td>8%</td>
</tr>
<tr>
<td>UT</td>
<td>4.95%</td>
</tr>
<tr>
<td>VA</td>
<td>5.3%</td>
</tr>
<tr>
<td>VT</td>
<td>6%</td>
</tr>
<tr>
<td>WI</td>
<td>5%</td>
</tr>
<tr>
<td>WY</td>
<td>4%</td>
</tr>
<tr>
<td>MA</td>
<td>6.25%</td>
</tr>
<tr>
<td>NC</td>
<td>4.75%</td>
</tr>
<tr>
<td>NY</td>
<td>7%</td>
</tr>
<tr>
<td>SC</td>
<td>6%</td>
</tr>
<tr>
<td>SD</td>
<td>4.5%</td>
</tr>
<tr>
<td>SC</td>
<td>6%</td>
</tr>
<tr>
<td>VT</td>
<td>6%</td>
</tr>
</tbody>
</table>

States in red above also have local taxes. **To get the total rate go to HamiltonBook.com/tax**

1. Alaska has no state tax but may have a city or borough tax.

---

See more titles at erhbc.com/859
**Astronomy, Space Travel & Cosmology**

- **477275** THE DREAM MACHINES: An Illustrated History of the Spacecraft in Art, Science and Literature. By John Miller. Provides an encyclopedic history of the spacecraft, from the earliest yearnings of space travel to plans for the distant future. Photographs and illustrations from science fiction films, books and magazines are included, along with NASA photographs and specially-commissioned artwork. 714 pages. Krieger. 8½x11¼. Pub. at $90.00

- **4726316** THE APOLLO MISSIONS: The Incredible Story of the Race to the Moon. By David Baker. Relive the experience and all the drama as it unfolded, from the birth of the Apollo space program and the very first attempts to put an American astronaut into space to Apollo 11’s successful Moon landing and its splashdown in the Pacific Ocean. This volume tells the thrilling story of the race in 456 pages. Pegasus. Pub. at $28.95

- **4883288** ASTROBIOLOGY: The Search for Life Elsewhere in the Universe. By Andrew May. An expert overview of our current state of knowledge on the possibility of life elsewhere in the cosmos, looking at how life started on Earth, the tell-tale “signatures” it produces, and how such signatures might be detected elsewhere in the Solar System. Illus. 168 pages. Icon Books. Pub. at $12.95

- **4702255** ACCESSORY TO WAR: The Unspoken Alliance Between Astrophysics and the Military. By N.D. Tyson & A. Lang. Examines how the methods and tools of astrophysics have been enlisted in the service of war. Spanning early celestial navigation to satisfying the military’s need for data, this book is shaped by the authors’ research and provocative examination of the intersection of science, technology, industry, and war. Norton. Paperback. Pub. at $18.95

- **4768283** MAPPING THE PLANETS: Discovering the World of Our Own. By Anne Rooney. Tells the story of planetary exploration, from observations by the ancients to today’s space age. This book reveals the secrets of the planets and the Sun in 192 color pages. Arcturus. 9½x11¼. Pub. at $19.99

- **4763874** THE UNIVERSE: How the World Works. By Anne Rooney. Traces the Universe’s growth from nothing to everything and reveals how this story has been interpreted by generations of scientists and philosophers. Well illus., mostly in color. 208 pages. Arcturus. Pub. at $14.99

- **4806593** OUTPOSTS ON THE FRONTIER: A Fifty-Year History of Space Stations. By Jay Chladak. In this vast trove of stories filled with excitement, danger, humor, sadness, and intrigue, Chladak reveals how the Soviets and the Americans combined strengths to build space stations over the past fifty years. An informative and dynamic history of humankind’s first outposts on the frontier of space. 222 pages. Pegasus. Pub. at $14.95

- **4656241** ASTROPHYSICS FOR PEOPLE IN A HURRY. By Neil deGrasse Tyson. While you wait for your morning coffee to brew, for the bus, the train, or a plane to arrive, or a call volume will reveal just what you need to be fluent and ready for the next cosmic headlines—from the Big Bang to black holes, from quarks to quantum mechanics, and from the search for planets to the search for life in the universe. 494 pages. UNEP Pub. at $37.95

- **4680405** DESTINATION MARS: The Story of Our Quest to Conquer the Red Planet. By Andrew May. traces the history of our fascination with the Red Planet and explores the science upon which a crewed Mars mission would be based, from assembling a spacecraft to orbiting the Earth to studying the storms. Illus. 163 pages. Icon. Paperback. Pub. at $12.95


- **4719441** NIGHT SKY, SECOND EDITION: A Falcon Field Guide. By Nicholas Nigo. This ultimate guide covers summer and winter skies, the Sun, the Moon, and stars found in the northern hemisphere, making it easy to identify objects in the night sky even from one’s own backyard. 98 pages. Falcon. Paperback. Pub. at $12.95

- **4722167** MIDWEST UFOS AND BEYOND. By Tom Baker. Take a look at the UFO phenomenon from the earliest recorded history to the multiplicity of sightings and contacts that occur daily in the Midwest and beyond. 176 pages. Schiffer. Paperback. Pub. at $16.99

- **6817815** EXOPLANETS: Diamond Worlds, Super Earths, Pulsar Planets, and the New Search for Life Beyond Our Solar System. By M. Summers & J. Trefil. Explores the remarkable recent discoveries in space and provides a glimpse around pulsar planets made of diamond; planets that are mostly water; and numerous rogue planets wandering through the emptiness of space. The authors argue for human colonization of the universe and our place in it, because it is more interesting than we could have imagined. Illus., mostly in color. 218 pages. Smithsonian. Paperback. Pub. at $17.95

- **4702395** THE EARTH GAZERS: On Seeing Ourselves. By Christopher Potter. How the evolving history of the space program and the ways in which it transformed not just our view of the planet, but the lives of those astronauts who walked on the moon. The influence of famous photographs like “Earthrise” and “The Blue Marble” included in this volume, represent a pivotal moment in our history. Photos, some in color. 456 pages. Pegasus. Pub. at $28.95

- **3994066** TIME TRAVEL IN SPACE AND TIME. By Korwin. This guide provides an introduction to the science behind time travel, exploring everything from the physics of time travel to the possibilities of visiting the past and future. 472 pages. Answers. Pub. at $24.95

- **3963492** AMERICAN MOONSCHOT: John F. Kennedy and the Great Space Race. By Douglas Brinkley. Just months after being elected, John F. Kennedy made an astounding announcement to the nation: we would put a man on the moon by the end of the decade. This engrossing and elegantly written history of contemporary history is a portrait of the men and women who made this great leap possible. This is living history at its finest, 16 pages of photos, most in color. 548 pages. Simon & Schuster. Pub. at $23.95

- **3948137** URBAN LEGENDS FROM SPACE: The Biggest Myths About Space Demystified. By Bob King. Cuts through the fog of myth to bring the truth behind the many questions about the space program. In examining the myths behind many of the space program's greatest misconceptions and taking us step by step through the concrete evidence that contradicts them, King debunks every myth and exposes the scientific consensus. 224 pages. Norton. Paperback. Pub. at $16.99

- **4770404** COSMIC PASSIONS: The Right and Wrong Ways to Touch the Face of God. By Thomas Fessenden. Guides you through the different ways of looking at the cosmos, whether through a telescope or through a spiritual experience, and explores the science behind the many myths and legends of the universe. 226 pages. 8½x11½. Firefly. 12x8½. Pub. at $39.95


- **3994085** THE ART OF INFINITY: The Life and Science of Edwin Hubble. By Andrew B. King. The story of Edwin Hubble, the father of modern cosmology, and his groundbreaking discoveries about the universe. 256 pages. 8½x11½. Norton. Pub. at $22.95
Astronomy, Space Travel & Cosmology


4755630 STAR SETTLERS: The Billionaires, Geniuses, and Crazed Visionaries Out to Conquer the Universe. By Fred Nadis. Offers a window into a peculiar subculture packed with members of the scientific, intellectual, and economic elite. This timely work captures the extra scientific zeal for space travel and settlement, places it in its historical context, and tackles the surreal conceptions underlying the enterprise and its prognosis for its future. 16 pages of photos, many in color. 282 pages. Pegasus. Pub. at $27.95 $6.95


3951273 APOLLO 8: The Thrilling Story of the First Mission to the Moon. By Jeffrey Kluger. Read by Brian Troxell. From Mission Control to the astronauts' homes, from the test labs to the launch pad, the full story of Apollo 8 has never been told. Here is the tale of a mission that was both calculated risk and a wild crashshoot, a stirring account of how three American heroes forever changed our view of the home planet. 16 pages of photos, many in color. 307 pages. Picador. Paperback. Pub. at $18.00 $9.95

CD 3846601 APOLLO 8. By Jeffrey Kluger. Read by Brian Troxell. From Mission Control to the astronauts' homes, from the test labs to the launch pad, the full story of Apollo 8 has never been told. Here is the tale of a mission that was both calculated risk and a wild crashshoot, a stirring account of how three American heroes forever changed our view of the home planet. Eleven hours on 9 CDs. Macmillan Audio. Pub. at $18.95 $16.95

★ 4785894 THE CONTACT PARADOX: Challenging Our Assumptions in the Search for Extraterrestrial Intelligence. By Keith Cooper. Looks at how far the search for extraterrestrial intelligence, or SETI, has come since its modest beginnings by speaking to the leading names in the field and beyond. SETI forces us to confront our nature in a way that we've never done before. Where did we come from, where are we going, and who are we in the cosmic context of things? 336 pages. Bloomsbury. Paperback. Pub. at $18.00 $12.95


★ 4843770 THE MISSION. By David W. Brown. The story of modern space exploration, and a magnificent portrait of the individuals who run the solar system's mysterious outer planets. Brown chronicles the remarkable saga of how Europa was won, and what it takes to get things done—both here on the moon and up there. 16 pages of photos. 467 pages. Custom House. Paperback. Pub. at $35.00 $26.95


★ 3985527 THE BACKYARD ASTRONOMER’S FIELD GUIDE: How to Find the Best Objects in the Night Sky Has To Offer. By David Dickinson. Broken down by month and by hemisphere to ensure you get the best possible view of the sky, Dickinson shows you how to find objects like spiral galaxies, stunning sights in the Milky Way and stars that bring the “wow factor” to astronomy. With 44 sky charts and the author’s newly discovered and tackles the surreal conceptions underlying the enterprise and its prognosis for its future. 16 pages of photos, many in color. 282 pages. Pegasus. Pub. at $27.95 $6.95

★ 3934519 HEART OF DARKNESS: Unraveling the Mysteries of the Invisible Universe. By B. Strick & S. Milton. Describes the incredible saga of humankind’s quest to unravel the deepest secrets of the universe. Over the past thirty years, scientists have learned that two little-understood components of the cosmos—dark matter and dark energy—make up most of the known cosmos and hold the key to the universe’s fate. Illus., many in color. 299 pages. Princeton. Paperback. Pub. at $19.95 $15.95

★ 4885030 DEEP SPACE: The First Reachest To Our Universe. By Robert Harvey. Featuring over 200 outstanding images that have been taken using the world’s most powerful telescopes, these photographs reveal incredible detail and the vibrant colors of our Universe. 224 pages. Amber Books. Pub. at $17.95 $15.95

★ 4874653 IN 100 STARS (AND 3 IMPOSTERS). By Giles Sparrow. Complete with beautiful hand-drawn maps of the night sky to help you easily find your way to these key celestial objects and stunning reference photos that explains what each particular pinpoint of light can tell us about our universe. 335 pages. Weirbeck. Paperback. Pub. at $14.95 $11.95

4679253 CHASING THE MOON: The People, the Politics, the Adventure That Launched America into the Space Age. By R. Stone & A. Andres. Tells the stories of the visionaries—based on newly discovered archival material—who helped America win the space race with the first lunar landing fifty years ago. This study reveals the unknown stories of the individuals whose work culminated in America’s most momentous event. 16 pages of photos. 359 pages. Balantine. Paperback. Pub. at $32.00 $19.95

★ 3771474 AT THE EDGE OF TIME: Exploring the Mysteries of Our Universe’s First Seconds. By Dan Hooper. Taking readers into the remarkable world of cosmology, Hooper describes many of the extraordinary and perplexing questions that scientists are asking about the origin and nature of our universe. He examines how we are using the Large Hadron Collider and other experiments to re-create the conditions of the Big Bang, and test promising theories. 233 pages. Princeton. Pub. at $24.95 $19.95

★ 4824296 THE STORY OF THE UNIVERSE IN 100 STARS, By Florian Freistetter. Short, easy to read, this guide takes readers back to the past and future of the universe, they introduce a stellar cast of scientists who came before, from Arnie Jump Cannon, who revolutionized our understanding of our universe, to Dorrit Hoffleit, who first classified the stars, to Dorrit Hoffleit, who first counted them. Color photos. 292 pages. The Experiment. Pub. at $21.95 $16.95

★ 3934640 WELCOME TO THE UNIVERSE. By Neil deGrasse Tyson et al. A personal guided tour of the cosmos by three of today’s leading astrophysicists. Breathtaking in scope and stunning in detail, this decade-long work is for those who hunger for insights into our evolving universe that only world-class astrophysicists can provide. 470 pages. Princeton. Paperback. Pub. at $39.95 $29.95

3780651 WESTERN ASTROLABES, From the 11th. By John R. & Matthew Webster. The most sophisticated astronomical instrument of the pre-telescopic era, the astrolabe combined astronomy with navigation, all within an elegant analogue computer. That unique and surprisingly beautiful instrument is the subject of this volume, which lovingly documents the Western astrolabe, astrolabe-quadran, and mariner's astrolabe at the South Hill, Ill., in color. 179 pages. Adler Planetarium. 8¼x11¼. Pub. at $75.00 $39.95

★ 3958647 THE END OF EVERYTHING: (Astrophysically Speaking). By Katie Mack. The author takes you on a mind-bending tour to five of the cosmos' possible futures and tells everything you wanted to know but were afraid to ask. Guiding us with cutting edge science and major concepts in quantum mechanics, cosmology, string theory, and more, this is a wildly fun, upbeat ride to the farthest reaches of all we know. 226 pages. Scribner. Pub. at $26.00 $18.95

Like us on Facebook.com/EdwardRHamiltonBookseller
Astronomy, Space Travel & Cosmology

**4765435** END OF EVERYTHING: (Astrophysically Speak). By Katia MacK. Takes readers on a mind-bending journey to five of the cosmos's possible final states: the Big Crunch, Heat Death, Big Rip, Vacuum Decay, and the Bounce. Guiding us with wit and humor, the author reveals the major concepts in quantum mechanics and more, this is a surprisingly upbeat ride to the farthest reaches of all that we know. 235 pages. Scribner. Paperback. Pub. at $17.00. **$12.95**

**467014F** ROCKETS & MISSILES OF VENEDEN AFB. By John D. Over the decades, Vandenberg has seen over 1,900 launches of more than 70 varieties of rockets and missiles. This collection of articles that trace the launch of rocket/missile, launchpad location, and payload. Many never-before-seen photographs illustrate the variety of space launch vehicles. 192 pages. Schiffer. 8½ x 10¾. Pub. at $36.95. **$33.95**

**4710111** BEYOND THE KNOW: How Expanding Our Understanding of the World Will Take Us to the Stars. By Andrew Rader. A chronicle of exploration that spotlights humans' insatiable desire to push into territory from civilization's earliest days to our present moment, when other solar systems and even other galaxies beckon. 344 pages. Simon & Schuster. 8½ x 10¾. Pub. at $35.95. **$29.99**

**4660145** AN UNOFFICIAL HISTORY OF NASA MISSION PATCHES. By Roger D. Launius. This unique collection of more than 250 NASA mission emblems follows NASA's history over the decades, from its creation in 1958 to the Apollo Mission in 1969, through some of the most famous missions of the Lunar Landing, Space Shuttle, and Human. Includes a size and mission patch guide. 400 pages. Applause. Pub. at $29.95. **$25.95**

**4374456** NEUTRON STARS: The Quest to Understand the Zombies of the Cosmos. By Katia Moskovich. Neutron stars are as bewildering as they are elusive. The remnants of exploded stellar giants, they are tiny, merely twenty kilometers across, and incredibly dense. Through vivid storytelling and on-site reporting from observatories all over the world, the author offers an engaging account of these mysterious objects. 16 pages of color photos. 260 pages. Harper. Pub. at $33.95. **$24.95**

**4732316** FIRST LIGHT: Switching on the Dawn of Time. By Emma Chapman. When it comes to understanding the origin of the first stars and galaxies, we have been literally in the dark. Incorporating the very latest research from this branch of astrophysics, Chapman illuminates this time of darkness, piecing together the evidence to build a picture of the first billion years of our Universe. Color photos. 304 pages. Bloomsbury. Pub. at $28.00. **$21.95**

**397528X** SATURN’S MOON OWNERS’ WORKSHOP MANUAL. By Ralph Lorenz. This richly illustrated manual is complemented by views of similar landscapes or atmospheric features on Earth. This book is designed to help the reader comprehend what are sometimes exotic processes, and bring a sense of what it is like to “be there” on Titan. 196 pages. Cambridge. Pub. at $49.95. **$37.95**

**4743239** COSMIC QUERIES: Science’s Questions to Who We Are, How We Got Here, and Where We’re Going. By Neil deGrasse Tyson with J. Trefil. Filled with paradigm-shifting concepts arising from the ideas of astro-physics and cosmology, this book will delight readers of all ages, offering new ways to understand the complexities of life and the universe we inhabit. Well illus. in color. 309 pages. National Geographic. Pub. at $30.00. **$21.95**

**4753399** BEYOND: The Astonishing Story of the First Human to Leave Our Planet and Journey Into Space. By Stephen Walker. Tells the thrilling story behind the epic flight of Yuri Gagarin. Drawing on extensive original research and the vivid testimonies of eyewitnesses, the author uncovers secrets that had been hidden for decades and takes the reader into the drama of one of humanity’s greatest adventures. 16 pages of photos, some in color. 200 pages. H. Holt. Pub. at $27.00. **$19.95**

**4710436** EXTRATERRESTRIAL: The First Sign of Intelligent Life Beyond Earth. By Avi Loeb. Takes readers inside the thrilling story of the first interstellar visitor to be spotted in our solar system. This unorthodox hypothesis about the object, which has come to be known as “Oumuamua,” and describes its profound implications for science, religion, and our place in the universe. 222 pages. H.W. Wilson. Pub. at $29.95. **$24.99**

**4768906** TEST GODS: Virgin Galactic and the Making of a Modern Astronaut. By Nicholas Schmidle. An epic story about extraterrestrial sacrifice, ambition, and the line between lunacy and genius. Most of all, it’s a story about the pursuit of meaning in our lives and the fulfillment of our dreams. Schmidle tells the remarkable story of the test pilots and engineers at Virgin Galactic’s campaign to build a space tourism company. Illus. 333 pages. Holt. Pub. at $29.99. **$21.95**

**4944379** EINSTEIN’S SHADOW: How a Black Hole, a Band of Astronomers, and the Quest to See the Unseeable. By Seth Fletcher. Follows a team of elite scientists on their historic mission to take the first picture of a black hole in 2019. Fletcher is joined by leading experts in general relativity and helping to answer our deepest questions about space, time, the origins of the universe, and the nature of reality. 253 pages. Ecco. Paperback. Pub. at $17.99. **$14.99**


**3983145** SHOOT FOR THE MOON: The Space Race and the Extraordinary Voyage of Apollo 11. By James Donovan. Set amid the tensions of the Cold War and the upheavals of the sixties, and filled with the action, death, drama, and adventure that defined not only Apollo 11, but also the Mercury and Gemini missions that came before it. 24 pages of photos, some in color. 453 pages. Little, Brown. Paperback. Pub. at $20.95. **$15.95**

**4985824** SHOOT FOR THE MOON: The Space Race and the Extraordinary Voyage of Apollo 11. By James Donovan. Set amid the tensions of the Cold War and the upheavals of the sixties, and filled with the action, death, drama, and adventure that defined not only Apollo 11, but also the Mercury and Gemini missions that came before it. 24 pages of photos, some in color. 453 pages. Little, Brown. Paperback. Pub. at $20.95. **$15.95**

**3911512** THE APOLLO MISSIONS: In the Astronauts’ Own Words. By Rod Pyle. Marking the fiftieth anniversary of the moon landing, this volume tells the spectacular and compelling story of the Apollo space program through first person accounts by the astronauts themselves. Both the triumphs and the trials, and retrospective reminiscences are included. This is an extraordinary record of one of mankind’s greatest achievements. Fully illus. in color. 520 pages. Carlton. Pub. at $35.00. **PRICE CUT to $24.95**


**4680286** ASTROZQUIL: A Curious Journey Through Our Cosmic Family Tree. By Heino Falcke with J. Romero. Fully illus. in color. Generously illustrated with vintage photographs, new images and artworks, many never before seen, the authors show that when Neil Armstrong took that giant leap for mankind, it was a triumph not just for American engineering and rocketry but for American marketing and public relations. 130 pages. MIT Press. 5½ x 9¼. Pub. at $29.95. **PRICE CUT to $19.95**


**3974464** OUR UNIVERSE: An Astronomer’s Guide. By Jo Dunkley. Beginning in Earth’s neighborhood, Dunkley explains the nature of the Solar System, the stars in our night sky, and the Milky Way. The author then takes us on an exploration of the universe, from the Big Bang fourteen billion years ago, past the birth of the Sun and our planets, to today and beyond. 300 pages. Penguin. Pub. at $24.95. **PRICE CUT to $11.95**

**2939231** FIRST ON THE MOON: The Apollo 11 50th Anniversary Experience. By Rod Pyle. Along with stunning photographs and other rarely seen images and documents, this is an engrossing examination of the groundbreaking Apollo 11 mission, in honor of the fiftieth anniversary. From the race to space between the Soviet Union and the U.S. to the landing on the Sea of Tranquility, this volume offers an exciting behind the scenes look at this historic milestone. 194 pages. Sterling. 9½ x 12. Pub. at $29.95. **PRICE CUT to $17.95**

**4596880** MISSIONS TO MARS, 50TH ANNIVERSARY EDITION. By Rod Pyle. Traces our quest to explore this final frontier, starting with the deadly development of German V1s and V2s in the Second World War, through the pioneering adventures of the Apollo moon-landing program, culminating in the future of lunar exploration with the plans for missions by SpaceX and other companies. Fully illus. in color. 288 pages. Carlton. 10x11¼. Pub. at $35.00. **PRICE CUT to $9.95**

**3991254** THE LITTLE BOOK OF COSMOLOGY. By Neil M. deGrasse Tyson. With a triumph not just for American engineering and rocketry but for American marketing and public relations. 130 pages. MIT Press. 5½ x 9¼. Pub. at $29.95. **PRICE CUT to $19.95**

See more titles at erhbc.com/859
**Palaeontology & Evolution**

**4743407** ON THE ORIGIN OF SPECIES. By Charles Darwin. First published in 1859. In this powerful work, Darwin articulated his theory of natural selection, or survival of the fittest, that put him at the center of a debate on evolution and the origin of mankind, the embryos of which are still burning today. 480 pages. Arc turus. Paperback. $5.95

**3871274** ON THE ORIGIN OF SPECIES. By Charles Darwin. Outline’s Darwin’s world-changing theory that life on Earth had come to be by a process of natural selection, a process that had arisen from a single common ancestor and had evolved over time through the process of natural selection. A brilliant work of science and a moving page of poetic writing. Bound with gold-edge tooling and a ribbon bookmark. 576 pages. Macmillan. Pub. at $12.99 $9.95

**3874922** LIFE THROUGH THE AGES II: Twenty-First Century Visions of Prehistory. By B. A. Ort evac, taxa. Dozens of gorgeous color illustrations and meticulously researched commentary showcase the latest thinking on species that flourished at different times, events, and ancient creatures that have appeared since the earth was formed, creating an indispensable guide to exploring what came before us. 156 pages. INUP. 10½x4¾. Pub. at $28.00 $21.95

**4749499** NATURE STRANGE AND BEAUTIFUL: How Living Beings Evolved and Made the Earth a Home. By E. T. & C. Ziegler. Explains basic concepts of evolutionary biology, ranging from life’s single-celled beginnings to the complex societies humans have today. The authors cover a range of topics, focusing on adaptation, competition, mutualism, heredity, natural selection, sexual selection, genetics, and language. Well illus., many in color. 258 pages. Yale. Pub. at $28.00 $9.95

**4727611** EPILOGUE: The Whole Story. Ed. by Steve Parker. Discover the astonishing story of life on Earth and uncover the pivotal turning points; false starts; global disasters; and crucial scientific breakthroughs that make it such a fascinating chronicle. Includes a complete account of all major life groups, as well as profiles of pioneering scientists. Fully illus. in color. 576 pages. Thames & Hudson. Paperback. Pub. at $39.95 $21.95

**3861120** THE COMPLETE WORLD OF HUMAN EVOLUTION, SECOND EDITION. By C. Stringer & P. Andrews. Features new descriptions of the famous “Ardi” skeleton that shed light on the earliest known human ancestor candidates; recent research in the dwarf-human remains from Indonesia that confirms that Homo floresiensis—the Hobbit—was a separate human species; and new discoveries from a Siberian cave, suggesting another as yet unnamed human species. Fully illus., many in color. 240 pages. Thames & Hudson. Paperback. Pub. at $29.95 $21.95

**4751698** FIRST STEPS: How Upright Walking Made Us Human. By Jeremy DeSilva. Explores how unusual and extraordinary the gains of locomotion have been for our species. A seven-million year journey to the very origins of the human lineage. DeSilva describes upright walking as a gateway to many of the other unique human attributes that make us human. He has laid the foundation for our species’ traits of compassion, empathy, and altruism. Illus., some in color. 334 pages. Harper. Pub. at $27.99 $21.95

**3861609** THE FOSSIL BOOK: A Record of Prehistoric Life. By Patricia Vickery. Richly illustrated and updated version of the second revised and expanded 1989 version of the work originally printed in 1958. Professional and amateur enthusiasts alike will find this valuable information about fossils: where they have been found, how to care for samples, and what can be learned by studying them. Drawings. 740 pages. Dover. Paperback. Pub. at $44.95 $35.95

**4845595** BEING A HUMAN: Adventures in Forty Thousand Years of Consciousness. By Charles Foster. Who are we? Foster inhabits three crucial periods of human development to understand the consciousness of perhaps the strangest species we have ever known. From the Upper Paleolithic era he lives as a hunter-gatherer. For the Neolithic period he settles in one place. For the enlightenment he inspects Oxford colleges. 790 pages. Macmillan. Pub. at $27.99 $21.95

**4702966** DVD 3800288 LIFE: DK Eyewitness. Fullscreen. Life goes back billions of years to the bubbling cauldron of the early Earth and life’s primitive beginnings. It chronicles the developments from single-celled creatures through the age of the dinosaurs, and on to the complex plants and animals that has relentlessly adapted into ever so many species. 337 pages. Greystone. Pub. at $28.95 $17.95


**3979338** SOME ASSEMBLY REQUIRED: Decoding Four Billion Years of Life, from Ancient Fossils to DNA. By Neil Shubin. Illus. 267 pages. Pantheon. Pub. at $25.00 $19.95


**4970629** FIREFLY. Pub. at $27.99

**4721411** THE MAKIPO TREASURE. By Aleksandr Mikhailovich Leskiv. Presents more than 300 objects ranging in date from the Bronze Age through the Medieval Period, all found in the Makipo area of the Northern Caucasus. Brings decades of expertise to life in the context of the find, including the collection, the expertise and amulets to bows, fishnets, and more, all of fantastic artistry and color. Color photos, 294 pages. UPaP. 9x11¼. Pub. at $75.00 $9.95

**3809197** PREHISTORIC LIFE: DK Eyewitness. Fullscreen. Neanderthals dug deep to unearth the first chapters of our planet’s incredible living history. Journey through the ages to discover how life, in all its complexity and variations, has relentlessly adapted into every nook and cranny of our teeming world. 62 minutes. Dorling Kindersley. $4.95

**3845435** ARCHAEOLOGY FROM SPACE: Unearthing the Astonishing New Story of How We Became Human. By Madeleine Bahné et al. Interweaves the story of the groundshifting discovery that changed the way we thought about human origins with the fascinating account to a previously underdressed and now pressing question: How did the evolution of Homo sapiens play out? Illus. 182 pages. Thames & Hudson. Pub. at $24.95

**4721006** THE ARCHAEOLOGY OF MIDAS AND THE PHTHYGIANS: Recent Work at Gordium. By Lisa Keahton. A succinct account of recent research at Gordium, the ancient capital of Phrygia, long one of the key excavation sites for understanding Iron Age Anatolia. Well illus., some in color. 258 pages. UPaP. Pub. at $35.00 $9.95

**4721306** HISTORICAL ARCHAEOLOGY AT TIKAL, GUATEMALA. By Hattula Moholy-Nagy. Chronicles documented visits to Tikal during the century following its rediscovery and presents the post-Columbian material culture recovered by the Tikal Project in the course of its investigation of the pre-Columbian city. Includes CD-ROM with added illustrations. 98 pages. UPaP. 8x11¼. Pub. at $39.95 $7.95

**5862051** DVD INTO THE GREAT PYRAMID. Fullscreen. Experience the thrill of discovery as archaeologists pull back the veil of mystery of Egypt’s pyramids for 45 centuries. Travel deep into the Great Pyramid to witness a remote-controlled robot explore a mysterious shaft, feel the anticipation of uncovering a secret not yet found, and watch a sarcophagus sealed in stone by an unknown force be unearthed on camera for the first time, and more. CC. 90 minutes. National Geographic. Pub. at $27.93 $7.95

**3888994** THE INCAS AND THEIR ANCESTORS, REVISED EDITION: The Archaeology of Peru. By Michael E. Moseley. One of the best general introductions to the cultures and civilizations of ancient Peru, now fully updated and revised. New discoveries over the last decade are integrated throughout and includes the ceremonial center of the great city of Cuzco, the preceremonial foundations of civilization, and the conquest. Well illus. 288 pages. Thames & Hudson. Paperback. Pub. at $34.95 $9.95

**4847070** THE HUNTING ARCHAEOLOGY OF DUN AILLINE: Excavating an Iron Royal Site, 1668-1757. By S. A. Johnston & B. Waite. The excavation site of Dun Ailinne is one of four major ritual sites from the Irish Iron Age, each said to form the center of a polity constructed over a large area and described as “royal.” Includes a CD-ROM of illustrations and plates, 232 pages. UPaP. 8x11¼. Pub. at $100.00 $9.95

**3861576** ANCIENT TOMB ANIMALS: The Animal and Human Remains, Second Edition. By Stephen Plog. Interweaves the latest archaeological evidence with first-person accounts to examine the rise and mysterious fall of South America’s ancient cultures, the Aztecs as the Anasazi, and the Inca. Paperback. Pub. at $26.95 $19.95

**4970629** DVD 3800288 LIFE: DK Eyewitness. Fullscreen. Life goes back billions of years to the bubbling cauldron of the early Earth and life’s primitive beginnings. It chronicles the developments from single-celled creatures through the age of the dinosaurs, and on to the complex plants and animals that has relentlessly adapted into every nook and cranny of our teeming world. 62 minutes. Dorling Kindersley. $4.95

---

See more titles at erhbc.com/859
472142X THE MAYA VASE CONSERVATION PROJECT. By Lynn A. Grant with E.C. Davies. Deals with conserving and preserving a collection of 19 important Maya polychrome vases from Chama, Guatemala. The vases were excavated during the 1960s. An accompanying CD-ROM with 295 full-color images, presents each of the vases before, during, and after treatment. 109 pages. UPAP. Pub. at $29.95 $9.95

4720822 TERRACOTTA ARMY: Legacy of the First Emperor of China. By L. Jian & M.-m. Sung. Spanning five centuries, these works are drawn from fourteen museums and archaeological sites across Shaanxi Province, and represent the culture, myths, and customs of the Qin people and their neighbors in ancient China. This stunning volume includes insightful texts, and an essay by Zhang Weiying of Empress. Fully Shishuand’s manuscript completely illus. in color. 114 pages. Yale. 9¼x12¼. Pub. at $14.95 $14.95

4752201 THE TERRACOTTA WARRIORS: Exploring the Most Intriguing Puzzle in Chinese History. By Edward Burman. A history of the famous Terracotta Army in Xi’An, China, exploring what we now know about it, what remains hidden, and the fascinating theories that surround its creation. This exciting study seeks to examine one of China’s most famous archaeological discoveries in light of recent findings. SHOPWORN. 24 pages of photos, many in color. 273 pages. Pegasus. Pub. at $27.95 $5.95

4738763 MEXICO, EIGHTH EDITION PRICE OMESC: From the Aztecs to the Americas. By Michael D. Coe et al. The story of the pre-Spanish people of Mexico, who, with their neighbors the Maya, formed some of the most complex societies north of the Andes. This revised and updated edition presents the latest developments and findings in the field and current terminology. The authors bring to life the vibrant ancient and architectural richness of Mesoamerica. Illus. in color. 272 pages. Thames & Hudson. Paperback. Pub. at $29.95 $21.95

471111X THE ARTIFACTS OF TIKAL: Ornamental and Ceremonial Artifacts and Unworked Material. By Hattula Moholy-Nagy with W.R. Coe. Reports on goods used as markers of social status and goods used in ritual, describes the splendid ornaments and insignia of jade, shell, pearls, and inscribed bone shown in representations on monuments and pottery vessels and recovered from the burials of Tikal’s elites, and an accompanying CD-ROM includes updated databases for all recovered objects. Well illus. 266 pages. UPAP. 8¼x11¼. Pub. at $100.00 $14.95

4726687 WHO KILLED KING TUT? Using Modern Forensics to Solve a 3,300-Year-Old Mystery. By Michael R. King et al. Two law enforcement specialists in forensics and the psychologist in criminal behavior have applied sophisticated crime solving techniques used in contemporary murder cases to conclude that King Tut’s premature death was at the hands of a murderer. Photos. Well illus. 287 pages. Prometheus. Paperback. Pub. at $20.99 $15.95

4661793 ARROWHEADS AND STONE ARTIFACTS, THIRD EDITION: A Practical Guide for the Amateur Archaeologist. By C.G. Yeager. An easy-to-use guide for surface collectors of arrowheads and stone artifacts, designed especially for amateur archaeologists and people interested in learning how to find and collect artifacts safely and responsibly. Includes tips on how to identify artifacts, where surface collecting is permissible, where to look for artifacts, and more. Well illus. in color. 236 pages. WestWinds. Paperback. Pub. at $17.95 $14.95

3879358 MONUMENTS OF THE INCAS, REVISED EDITION. Text by J. Hemming, photos by E. Ranney. Originally published in 1982 in two volumes, this is the most comprehensive photographic and narrative study of the major sites of the Inca empire. Long out of print, it has been thoroughly revised to include the latest archaeological excavations, discoveries about Inca Masonry techniques, and updated interpretations of form and function. Well illus. 240 pages. Thames & Hudson. 10½x8½. Pub. at $45.00 $18.95

3879342 Digging for Britain: Season Two. Two follows Dr. Alice Roberts and her team as they delve deeper into the history of the Vikings and attempt to piece together what Britain might have looked like prior to the Roman invasion. This season reveals discoveries that are re-writing history as we know it. Collects all 4 Season Two episodes. Three discs. Dreamscape Media. Pub. at $24.95 $17.95

4721128 CATALOGUE OF CERAMIC MUSEUM OF THE UNIVERSITY OF PENNSYLVANIA MUSEUM OF ARCHAEOLOGY AND ANTHROPOLOGY. By Jean Macintosh Turfa. This stunning and unique volume, both Etruscan andItalic object displayed in the re-installed Etruscan Gallery of the University Museum is one of the few to include a complete accounting of the museum’s holdings. Illus. 320 pages. UPAP. 8¼x11¼. Pub. at $59.95 $14.95

4989942 Digging Through History: Archaeology and Religion from Atlantis to the Hopi. By Hattula Moholy-Nagy. Follows a historian and field archaeologist’s journey through some of the most fascinating archaeological sites of human history. Drawing on his rich excavation experience, this book for readers who want to learn about past religious life and faith through artifacts discovered at each site. Illus. 268 pages. Thames & Hudson. Paperback. Pub. at $34.00 $9.95

3883298 DRONETHENGE: The Story Behind Europe’s Most Remarkable Discovery at Newgrange. By Anthony Murphy. Beautifully illustrated, this fascinating volume includes discussion of how this monument might have been constructed and what it could have been used for, and includes 3D models of its possible appearance. Murphy explains how the henge and other features discovered completely change our view of the Proto-Bronze-Age world. 266 pages. The Liffey Press. Paperback. Pub. at $22.95 $17.95

4737814 THE MOUND BUILDERS, SECOND EDITION: Ancient Societies of Eastern North America. By George R. Milner. This essential introduction to the archeology of Eastern North America, includes the latest research on the peopling of the American continent, incorporating DNA findings, and updated coverage of the period of European contact. Well illus. 208 pages. Thames & Hudson. Paperback. Pub. at $29.95 $21.95

4875601 Digging Up ARMEDDON: The Search for the Lost City of Solomon. By Eric H. Cline. Cline traces the history of archaeology from an amateur pursuit to the cutting-edge science it is today by taking the reader from the pioneering digs of the eighteenth century, through new discoveries. A lively and essential introduction to the story of archeology. Illus. 455 pages. Princeton. Paperback. Pub. at $18.95 $14.95

3993633 THE BOXFOXD Mosaic: A Unique Survivor from Roman Age. By Anthony Beson. Described as the most spectacular and innovative Roman mosaic ever found in Britain, the Boxford Mosaic lay hidden beneath a Berkshire field for some 1,600 years until it was uncovered in the summer of 2019. The full description of this artistic masterpiece and its excavation is told by the three people who played key roles in the operation. Well illus. in color. 80 pages. Countryside. Paperback. Pub. at $20.00 PRICE CUT to $12.95

3865835 Unearthing the Family of Alexander the Great. By David Grant. A cluster of tomb robbers unearthed in northern Greece containing the remains of the Macedonian royal line. This is the remarkable story of the quest to identify family of Alexander the Great and the dynamism that has led Graeco-Persian world forever. Well illus., some in color. Sword. Pub. at $42.95 PRICE CUT to $29.95

3992446 THE BURIED SPIRITS OF BURNA: A Fake? History. By A. Brockman & T. Spaight. Rumors of buried Spirits from WWII will have spread around the world for seventy-five years, fueling dreams of treasure hunting and watching the aircraft icon fly again. Instead of finding Spirits, they discovered a tale of the lost history, highlighting the conflict between those who want to believe legends and those who demand evidence and the truth. Photos, some in color. 336 pages. History Press. Pub. at $34.95 PRICE CUT to $21.95

4782690 DNA: The Compact Guide. By Kat Arney. A compact, engaging, and essential read for anyone captivated by the scope of DNA’s potential to change our view of the world and our place in it. From the history of DNA’s discovery to the implications of this knowledge for health, science, and society. 192 pages. Firefly. Paperback. Pub. at $12.95 SOLD OUT

4668367 BECOMING WILD: How Animal Cultures Raise Families, Create Beauty, and Achieve Peace. By Carl Safina. Brings readers close to the lives of nonhuman individuals to show how other creatures teach and learn. With reporting from deep in nature, alongside portraits of various animals in their free-living communities, Safina reveals an enhanced understanding of what is constantly going on beyond humanity. 252 pages. Alfred Deutsch. Paperback. Pub. at $11.95 $4.95

3984079 THE ORIGINS OF CREATIVITY. By Edward O. Wilson. Biologist Edward O. Wilson offers a sweeping examination of the relationship between the humanities and the sciences: what they offer to each other, how they can be united, and where they still fail. Both endeavors, Wilson argues, spring from the roots in human creativity—the defining trait of our species. 243 pages. Liveright. Pub. at $24.95 $6.95

**Chemistry & Physics**

- **3879584** THE LITTLE BOOK OF STRING THEORY. By Steven S. Gubser. Offers a short, accessible, and entertaining introduction to one of the most tantalizing areas of modern physics. 184 pages. Princeton. Pub. at $16.95

- **4665580** ORIGINS OF THE UNIVERSE: The Cosmic Microwave Background and the Search for Quantum Gravity. By Keith Cooper. Together with other discoveries, the cosmic microwave background, has enabled scientists to put together a remarkably detailed picture of what happened just after the Big Bang. But there remains a missing piece of the puzzle—a quantum theory of gravity. 165 pages. Chicago Review. Paperbound. Pub. at $17.99


- **4757734** GENESIS: The Story of How We Got Here. By Simon Q. Levin. Reveals the extraordinary story of our genesis—from the origins of the universe, to the emergence of life on Earth, to the birth of human language with its power to describe both existing and fundamental physics of our universe and marvels at the profound wonder of our existence. 223 pages. FSG. Pub. at $26.00

- **4771400** THE SCIENCE OF CAN AND CANT. A Billionist's Journey Through the Land of Counterfactuals. By Chiara Marletto. A luminous guide to how the radical new science of counterfactuals can reveal that the scope of the universe is greater and more beautiful, than we ever imagined. 252 pages. Viking. Pub. at $27.00


- **3897656** EINSTEIN’S UNFINISHED REVOLUTION: The Search for What Lies Beyond the Quantum. By Lee Smolin. This daring new vision of the cosmos, sets out in a pursuit of answers. He ventures into the history of physics, chemistry and astronomy, and into the history of society, politics, and the wisdom of our times, providing an entertaining map of human ignorance and the threat it poses. Graft sums up the many fields of study where ignorance abounds, and shows how, with enough curiosity, we can begin to understand the discovery of new knowledge. 351 pages. Prometheus. Pub. at $18.00

- **395482X** IGNORANCE: Everything You Need to Know About Not Knowing. By Robert J. Lifton. This is a primer on ignorance in the scientific age, keeping pace with the stunning photography of Nick Moran, this volume demonstrates how much everything we think we know about medicine and the science behind the things we would never have imagined ten years ago. 408 pages. Tenner. Pub. at $26.00

- **4877119** ALIENATED AMERICA: Why Some Places Thrive While Others Collapse. By Timothy P. Carney. Traveling all corners of America, Carney confirms the conservative suspicion that communities cannot be reimaging programs or more entitlement spending, and backs up the liberal belief that new Trump voters are not coming to his rallies to support corporate tax cuts or Obamacare repeal. He does, however, present a powerful strategy for leading us out of the wilderness. 348 pages. Harper. Pub. at $27.99

- **4749596** THE EFFICIENCY PARADOX: What Big Data Can’t Do. By Edward Tufte. Tufte demonstrates that modern technology is making us more scattered, disconnected, and distracted than ever before. 282 pages. Knopf. Pub. at $27.95

- **456191X** THE LITTLE BOOK OF BLACK HOLES. By John D. Barrow. A perfect introduction to black holes for those who’ve been left behind. Well illustrated in color. 284 pages. Sentinel. Pub. at $12.95


**Social Science**

- **4812755** THE INEVITABLE: Understanding the 12 Technological Forces That Will Shape Our Future. The pace of what will happen in the next thirty years is inevitable, driven by technological trends that are already in motion. In this provocative narrative, the visionary thinker provides a plausible, optimistic road map for that future. 328 pages. Penguin. Pub. at $18.00

- **4845987** DIGNITY: Seeking Respect in Back Row America. By Chris Amadeo. Once or twice a generation, an author reveals what life is really like for the marginalized and poor, and exposes the broken social systems that uphold them. In his new book, Tugboat Logic, Kartik Hosanagar, a Wharton professor and tech entrepreneur examines how algorithms and artificial intelligence are starting to run every aspect of our lives, and how we can shape the way they impact us. An entertaining and provocative look at one of the most important developments of our time. 262 pages. Riverhead. Pub. at $26.95

- **4740378** DIGNITY: Seeking Respect in Back Row America. By Chris Amadeo. Once or twice a generation, an author reveals what life is really like for the marginalized and poor, and exposes the broken social systems that uphold them. In his new book, Tugboat Logic, Kartik Hosanagar, a Wharton professor and tech entrepreneur examines how algorithms and artificial intelligence are starting to run every aspect of our lives, and how we can shape the way they impact us. An entertaining and provocative look at one of the most important developments of our time. 262 pages. Riverhead. Pub. at $26.95

See more titles at erhbc.com/859
**SEX RULES! Astonishing Sexual Practices and Gender Roles Around the World.** By Janice Zarro Bonitatibus. Pulls the curtains back on a dizzying array of any stereotype busting sexual, relationship and romantic practices from around the world. The fact that it’s all true makes it even more fascinating. It will expand your tolerance, proving sex is like happiness—suddenly surfacing everywhere. Illus. 271 pages. Mango. Paperbound. Pub. at $16.95 $12.95

**RECOILING:** The Secret History of Home Economics. By Danielle Drelinger. This engaging history restores a denigrated subject to its rightful importance, as it reminds us that everyone should learn how to cook a meal, balance their account, and fight racial supremacism (the rule of King Leopold II in Belgium in the Congo), and gender-based supremacy (male supremacy in Victorian and Edwardian England). Illus. 308 pages. Lantern Publishing. Paperbound. Pub. at $22.00 $17.95

**SLAUGHTERHOUSE-5** by Iain M. Banks. One of the most influential and controversial novels of the 20th century, winner of the 1987 Arthur C. Clarke Award. Illus. 395 pages. Metropolis. Pub. at $22.00 $17.95


**3955567 HOW TO ARGUE WITH A Nihilist (and Win) Say About Human Differences.** By Adam Rutherford. Dismantles outdated notions of race by illuminating what modern genetics actually can and can’t tell us about human difference. Argues that we all have opportunities in a path that illuminates the path toward functional local economies. 312 pages. Chelsea Green. Paperbound. Pub. at $22.50 $17.95

**4769314 BLUEPRINT: The Evolutionary Origins of a Good Society.** By Nicholas A. Christakis. Introduces the compelling idea that our genes affect not only our bodies and behaviors, but also the ways in which we make societies, ones that are surprisingly similar worldwide. With many vivid examples, Christakis shows that we cannot escape our social blueprint for goodness. 520 pages. Metropolitan. Pub. at $32.00 $29.95

**7419086 THE GAY DRUGS REPORT.** By Janet Malcolm. A landmark work in the history of gay rights and activism, this book details the development of the gay rights movement in the United States. Illus. 479 pages. Metropolitan. Pub. at $35.00 $27.50

**4824911 THE TRUTH ABOUT LIES: The Illusion of Honesty and the Evolution of Deceit.** By Aja Raden. You’ve been lied to. We’re always surprised when we realize we’ve been deceived. We always wonder whether we were lied to. But have you ever wondered why you believe the truth? In this incisive taxonomy of lies and liars, Raden makes the surprising claim that we are hardwired to believe others. This book will change the way you think about what you know, and whether you ever really know it. 308 pages. St. Martin’s. Pub. at $29.99 $21.95

**1445040 THEATER OF THE DEAD: A Social Waste in Chinese Funerary Art.** 1450-1910. The 20th century was a period of immense transformation in China, both the living and the dead were treated to theatrical spectacles. Chambers designed for the deceased were ornamented with actors and theaters sculpted in stone, molded in clay and rendered in paint. Heroic presentations in the cultural and religious lives of middle-period Chinese. Illus., many in color. 234 pages. UPHP. Pub at $59.00


**4982290 THE SECRETS OF THE SCARAB EMBLEMS: The Power of Africa’s Sacred Symbol.** By Nicholas Reid. This book explores the ancient scarab symbol, a powerful emblem of rebirth and resurrection in Africa. Illus. 308 pages. New York. Pub. at $35.00 $27.50

**3420128 THE TENDERNESS OF MACHINES: Unveiling the Truth of Artificial Intelligence.** By Yann LeCun. An exploration of the history, present, and future of AI, examining the ethical and social implications of our reliance on these technologies. 375 pages. Norton. Pub. at $29.95 $24.95

**4779665 UNION: The Struggle to Forge the Strongest Nation.** By Colin Woodard. Tells the story of the struggle to create a narrative for the United States, one that could hold its rival regional cultures together, and for the first time, to redefine American history. Woodard examines how this myth was created and fought over in the nineteenth and early twentieth centuries, and how it continues to affect us today. 418 pages. Penguin. Pub. at $19.95 $12.99


**2410618 THE YANKEE DYNASTY IN THE SOUTHERN SAVAGE LANDS.** By J. coming January. The story of the expansion of the United States into the Southern Savage Lands, from the time of the American Revolution to the Civil War. Illus. 479 pages. Metropolitan. Pub. at $35.00 $27.50


**2403516 THE FIFTH DIMENSION: Defending Our Country, Our Companies, and Our Lives from Cyber Threats.** By R.A. Clarke & R.K. Knake. A gripping inside look at how governments, firms, and ordinary citizens can confront and combat the cyber threat to our society, and how it has been facing an increase in cyber attacks, and the challenge of keeping up with the rapid pace of change. Illus., 320 pages. Little Brown. Paperbound. Pub. at $29.99 $21.95

**4771257 THE TRUTH ABOUT LIES: The Illusion of Honesty and the Evolution of Deceit.** By Aja Raden. You’ve been lied to. We’re always surprised when we realize we’ve been deceived. We always wonder whether we were lied to. But have you ever wondered why you believe the truth? In this incisive taxonomy of lies and liars, Raden makes the surprising claim that we are hardwired to believe others. This book will change the way you think about what you know, and whether you ever really know it. 308 pages. St. Martin’s. Pub. at $29.99 $21.95

**4830008 THE FIFTH DIMENSION: Defending Our Country, Our Companies, and Our Lives from Cyber Threats.** By R.A. Clarke & R.K. Knake. A gripping inside look at how governments, firms, and ordinary citizens can confront and combat the cyber threat to our society, and how it has been facing an increase in cyber attacks, and the challenge of keeping up with the rapid pace of change. Illus., 320 pages. Little Brown. Paperbound. Pub. at $29.99 $21.95

**2410618 THE YANKEE DYNASTY IN THE SOUTHERN SAVAGE LANDS.** By J. coming January. The story of the expansion of the United States into the Southern Savage Lands, from the time of the American Revolution to the Civil War. Illus. 479 pages. Metropolitan. Pub. at $35.00 $27.50

**2403516 THE FIFTH DIMENSION: Defending Our Country, Our Companies, and Our Lives from Cyber Threats.** By R.A. Clarke & R.K. Knake. A gripping inside look at how governments, firms, and ordinary citizens can confront and combat the cyber threat to our society, and how it has been facing an increase in cyber attacks, and the challenge of keeping up with the rapid pace of change. Illus., 320 pages. Little Brown. Paperbound. Pub. at $29.99 $21.95

**4771257 THE TRUTH ABOUT LIES: The Illusion of Honesty and the Evolution of Deceit.** By Aja Raden. You’ve been lied to. We’re always surprised when we realize we’ve been deceived. We always wonder whether we were lied to. But have you ever wondered why you believe the truth? In this incisive taxonomy of lies and liars, Raden makes the surprising claim that we are hardwired to believe others. This book will change the way you think about what you know, and whether you ever really know it. 308 pages. St. Martin’s. Pub. at $29.99 $21.95
**Social Science**

480158 VANTAGE FAIR’S WOMEN ON WOMEN. Ed. by Radhika Jones with D. Friend. 433 pages. Penguin. Pub. at $30.00  * $6.95

479292 WHAT YOU PROMISE BEHIND THE SCENES. By Will Storr. 238 pages. Little, Brown. Pub. at $26.95  * $6.95


396899X GENUINE FAKES: How Phony Things Teach Us About Real Stuff. By Lydia Pyne. Illus. in color. 304 pages. Bloomberg. Pub. at $28.00  * $5.95

3903448 THE HUMAN SWARM: How Our Societies Arise, Thrive, and Fall. By Mark W. Moffett. 468 pages. PublicAffairs. Pub. at $32.00  * $7.95

4720911 THE VIRTUAL WEAPON AND INTERNATIONAL ORDER. By Lucas Kello. 319 pages. Yale. Pub. at $35.00

**Psychology**


4744004 THE SERVER: A Media History from the Present to the Baroque. By Markus Krajewski. 441 pages. Yale. Pub. at $32.00  PRICE CUT to $9.95


**Science**

4875643 SELFIE: How We Became So Self-Impressed. By Will Storr. Full of unexpected connections among history, psychology, economics, neuroscience, and more, Storr’s thought-provoking volume about our focus on “self” ranges from ancient Greek philosophy through the selfie-obsessed world of the selfie-esthetic evangelists of 1980s California, the rise of narcissism and the “selfie” generation, to our era of hyper-individualism. 403 pages. Abrams. Paperbound. Pub. at $19.00  * $4.95


3753203 NO SELF, NO PROBLEM: How Neuropsychology is Catching Up to Buddhism. By Chris French. For decades after research on the brain, Western science may have inadvertently confirmed a fundamental tenet of Buddhism: anxiety, or the doctrine of “no self.” This incredible thesis has significant and wide-ranging implications in psychology, philosophy, religion, and personal growth. 164 pages. Heron/Perseus. Paperbound. Pub. at $16.95  * $5.95

4619966 PSYCHOBOOK: Games, Tests, Questionnaires, Histories. Ed. by Julian Rothenstein. Presents famous tests, such as the Rorschach inkblot test and the Thematic Apperception Test. In versions that beg the eye, intrigue the mind, and sometimes, disconcerting, they include thought-provoking keys to interpretation. Illus. in color. 192 pages. Princeton Architectural. Pub. at $19.95  * $7.95

3817024 WHY YOU LOVE MUSIC: From Mozart to Metallica—The Emotional Power of Beautiful Sounds. By John Powell. A scientist and music lover dives deep into decades of psychological and sociological studies in order to answer the question “Why does music affect us so profoundly?” This insightful work will open your eyes and ears to the astounding world of music and impacts the human experience. 310 pages. Little, Brown. Paperbound. Pub. at $16.99  * $4.95

4655293 DREAM PSYCHOLOGY. By Sigmund Freud. In this fascinating work by one of the founders of psychology and psychoanalysis, Freud reveals the secrets of the human mind. 207 pages. Arcutus. Paperbound. Pub. at $4.95

3993327 THE DIVINE MIND: Exploring the Psychological History of God’s Inner Journey. By Michael Gellett. Shows how the concept of God, originating in prehistoric, barbaric tribal war god while centuries later the mystics portray him as the innermost essence and emptied of all projected, external, anthropomorphic images. Thus, the inner journey of human consciousness is parallel each other and are integrated. 286 pages. Prometheus. Pub. at $26.00  * $5.95

3989134 DIVERGENT MIND: Thriving in a World That Wasn’t Designed for You. By Jenara N. Nembhard. A paradigm-shifting study of neurodivergent women—those with ADHD, autism, synesthesia, high sensitivity, and sensory processing disorder—exploring why these traits are overlooked and how they can thrive in a society that allows their unique strengths to flourish. 244 pages. HarperOne. Pub. at $28.99  * $6.95


4847058 WONDER WOMAN PSYCHOLOGY: Lassoing the Truth. Ed. by T. Langley & M. Wood. What can we learn about ourselves from the heroics and horrors of Wonder Woman’s universe? 334 pages. Sterling. Pub. at $14.95  * $4.95

4715610 THE POSITIVE PSYCHOLOGY OF SYNCHRONICITY: Enhance Your Mental Health with the Power of Coincidence. By Chris Macchiarola. Both for Wunderkinds and for anyone interested in mental health, a psychologist provides astoundingly case studies and many practical suggestions for working with coincidences and synchronicity in analysis to dream interpretation and ideas for accessing flow. An essential guide to using synchronicity to promote well-being. 310 pages. Watkins. Paperbound. Pub. at $16.95  * $5.95

3899009 THIS WAY MADNESS LIES: The Asylum and Beyond. By Mike Jay. Explores the meaning of madness through the successive incarnations of the institution that defined it: the madhouse, designed to segregate its inmates from society; the lunatic asylum, which intended to cure the suffering through humane treatment; and the mental hospital, which reduced their conditions to diseases of the brain. Fully illus., some in color. 256 pages. Thames & Hudson. Pub. at $27.99  * $9.95

4661486 THE GREAT PRETENDER: The Undercover Mission That Changed Our Understanding of Madness. By Susannah Cahalan. In the 1970s a Stanford psychologist named and seven other people—sane, normal, well-adjusted members of society—went undercover into asylums around America to test the legitimacy of psychiatry’s labels, eventually breaking open the field of psychology. But Cahalan documents this undercover work, which really happened behind those closed asylum doors. 382 pages. Grand Central. Pub. at $28.00  * $6.95


4758551 PERCEPTION: How Our Bodies Shape Our Minds. By D. Poffitt & D. Baer. Mark your place and feel the guts with the latest research on accessibility, the research presented and the personalities profiled show what it means not only to have, but be, your unique human body. Understanding how our bodies are—what they excel at, what they need, what they must avoid— the better we can live our lives. 288 pages. Penguin. Paperbound. Pub. at $16.95  * $7.95

4782801 THE CONSCIOUSNESS INSTINCT: Unraveling the Mystery of How the Brain Makes the Mind. By Michael S. Gazzaniga. The author gives a view of mind as a natural phenomenon that reveals how consciousness is born. New research suggests that the brain is actually a confederation of independent modules working together. Understanding how consciousness could emanate from such an organization will help define the future of brain science and close the gap between brain and mind. 274 pages. FSG. Paperbound. Pub. at $16.00  * $6.95

4728785 90 SECONDS TO A LIFE YOU LOVE. By Joan L. Rosenberg. Rosenberg, a world-renowned psychologist, offers a simple and effective route to difficult feelings and building the emotional strength you need to create the life of your dreams. 296 pages. Little, Brown. Pub. at $28.00  * $6.95


4812468 THE SEARCH FOR WISDOM: A Revolutionary New Model for Understanding Others, Improving Communication, and Healing Division. By Bob Raleigh. From tireless marketers to gangbangers and couples, the mistakes million of people have made have led to lazy categorizations of people, erasing the nuances of being human. Raleigh offers the missing link that all the big data in the world can’t deliver. Illus. 282 pages. Tiller. Pub. at $27.99  * $9.95

Like us on Facebook.com/EdwardRHamiltonBookseller – 17 –
**4820673** ENGLISH VISUAL DICTIONARY. Ed. by Maree Arflie. A photo guide to everyday words and phrases in British English; essential words and images are arranged by topic and information on British culture and customs is included. 246 pages. Collins. Paperback. Pub. at $11.95.

**3982475** SELECTED FOLKTALES: English/Deutsch. By Collected by Jacob & Wilhelm Grimm. The twenty-seven tales featured in this edition are selected from the 211 tales in the definitive 1857 edition of Kinder- und Hausmarchen. The tales have inspired countless adaptations in many languages and have enriched childhood memories. Excellent English translations appear on pages facing the original German text. 243 pages. Dover. Paperback. Pub. at $12.95.

**4786017** VIETNAMESE VISUAL DICTIONARY. By A. Stevenson & T. Tran. This small photo guide to everyday words and conversations in Vietnamese includes essential words and images arranged by topic, and information on Vietnamese culture and customs. 272 pages. Collins. Paperback. Pub. at $11.95.

**2786538** CASSELL’S LATIN DICTIONARY: Latin-English/English-Latin. By L.P. Simpson. This reference incorporates modern English and Latin idioms and current Latin spelling; includes general classical information where appropriate; cites and quotes ancient classical authors, and suggest paraphrases to express modern English idiom and current Latin spelling. 832 pages. HMH. Pub. at $29.99.


**473606** VIETNAMESE PICTURE DICTIONARY. By Nguyen Thi Lien Huong. This illustrated dictionary presents the Vietnamese language for beginners. Learn Vietnamese essentials in facing columns, allowing language students and music lovers alike the opportunity to enjoy these celebrated “solos.” 99 pages. Dover. Paperback. Pub. at $9.95.


**4652347** KLALLAM DICTIONARY. By timothy Monier. Working with the elders, educators, and tribal councils of the Klallam Tribe—those who live at Elwha, Port Gamble and Washington, and at Becher Bay on Vancouver Island—Monier has compiled an authoritative, comprehensive dictionary with over 9,000 entries and numerous indexes along with cultural information. 893 pages. UPI/41%. Pub. at $55.00.


**392405X** SHORT STORIES IN SWEDISH FOR BEGINNERS. By Olly Richards. An unmissable collection of eight unconventional and captivating short stories written to help you expand your vocabulary and improve your speaking ability. This resource is designed to make learning Swedish easy and enjoyable. 224 pages. Teach Yourself. Paperback. Pub. at $14.95.

**3924041** SHORT STORIES IN NORWEGIAN FOR BEGINNERS. By Olly Richards. Carefully written to provide a sense of achievement when reading, these stories will help you expand your vocabulary, grammar and improve your speaking ability. This valuable resource is designed to make learning Norwegian easy and enjoyable. 224 pages. Teach Yourself. Paperback. Pub. at $19.95.
DICTIONARIES

397506 THE BIG BOOK OF WORDS TO LOOK UP II. By Robert Fried. Featuring 1,200 words and phrases, this special dictionary collects the words that every salesperson and marketer should know and use to sell and succeed. 273 pages. Skyhorse. Paperback. Pub. at $19.99 PRICE CUT to $5.95

397527 WEBSTER’S DICTIONARY FOR STUDENTS, FIFTH EDITION. This best-selling dictionary has been created especially for elementary students. The editors have chosen words that meet the vocabulary needs of kids age 8-11, making this handy volume an ideal tool for building reading and vocabulary skills. 533 pages. Merriam-Webster. Paperback. Pub. at $7.99 $4.95


485482X THE ACCIDENTAL DICTIONARY: The Remarkable Twists and Turns of English Words. By Paul Anthony Jones. Focusing on one hundred surprising threads in the evolution of English, Jones reveals the etymological origins and quirky development that have led to the meanings we take for granted today. It’s a weird and wonderful journey into words. 242 pages. Pegasus. Paperback. Pub. at $16.95 $4.95

4851758 THE DICTIONARY OF MYTHOLOGY AND AN A-Z OF THEMES, LEGENDS AND HEROES. By J.C. Coleman. Filled with carefully cross-referenced descriptions of heroes, heroines, deities, mythical beasts, imaginary characters, magical artifacts, mythological places and legendary figures from all over the globe. Silospace. 376 pages. Arcinus. Paperback. Pub. at $17.95 $7.95

3922812 THE DICTIONARY OF SCIENCE FOR GARDENERS. By Michael Allaby. This must-have reference will help you navigate the complex world of science. It defines more than 6,000 words from 16 major fields of science that are of particular interest to gardeners, from abscission (a plant’s rejection of an organ) to zootocry (the dispersion of seeds by animals). Illus. 554 pages. Timber. Paperback. Pub. at $39.95 $9.95

4724590 DICTIONARY OF MILITARY AND NAVAL QUOTATIONS. By Robert Debs Heinl, Jr. The quotations in this unique dictionary cover all aspects of the military and the art of war—personalities, traditions and customs, weapons and equipment, and virtues and failings. A fascinating and comprehensive collection that includes more than five thousand quotations. 367 pages. Naval Institute. Paperbound. Pub. at $28.95 $7.95

3954722 HISTORICAL DICTIONARY OF THE ZULU WARS. By Evan Laband. Details Zulu history during the 50 years between initial settler threats to the kingdom and its final dismemberment and absorption into the colonial order. Introduces a richly illustrated bibliography, maps, photos, and more than 900 entries covering the military, politics, culture and more make this an important reference. 381 pages. Scarecrow. Paperbound. Pub. at $113.00 $9.95

3957551 HISTORICAL DICTIONARY OF PARIS. By Alain Ferré. Contains 409 entries and deals with various features of life in Paris. Also includes a large bibliography of nearly one thousand titles, and a chronology of Paris, four maps, and photos. 245 pages. Scarecrow. Paperbound. Pub. at $15.00 $9.95

3975714 HISTORICAL DICTIONARY OF WESTERN LITERATURE. By Paul Varner. Examines Western literature through a chronology, bibliography, introductory essay, and hundreds of cross-referenced dictionary entries on such authors as Zane Grey, Max Brand, Louis L’Amour and others. 385 pages. Scarecrow. Paperbound. Pub. at $129.00 $7.95

3957539 HISTORICAL DICTIONARY OF ISRAEL. By Ephraim Kahana. Provides detailed information on the various agencies, operations, important leaders and operations, and special aspects of intelligence trade crafted through a chronology, an introduction, a dictionary of cross-referenced entries, and an extensive bibliography. 369 pages. Scarecrow. Paperbound. Pub. at $117.00 $9.95

3627720 THE DICTIONARY SERIES. By Linda & Roger Flavell. Link hundreds of words with their historical variant, surveying changes which gave them life, and giving explanation and meaning to the thousands of idioms we use in everyday conversations—and which seem to be completely obsolete. An essential resource for those who delight in words. 1,120 pages in four volumes, slipcased.

3975764 HISTORICAL DICTIONARY OF THE CRIMEAN WAR. By Guy Arnold. An excellent window into the political, national and military intrigue that surrounded one of the most costly campaigns of all time, this dictionary includes a chronology, maps, and a comprehensive bibliography full of primary sources. 179 pages. Scarecrow. Paperbound. Pub. at $84.00 $7.95

4671155 1000 FLAGS: Sponsors and Designers. By Elisabeth MacDowell. In this fully illustrated dictionary of world flags, you will trace the history of national and international flags, immerse yourself in international politics and discover the schools of thought that have developed the flags of 240 countries. Firefly. Paperbound. Pub. at $24.95 $19.95


467631X THE HARPERSCOLLINS DICTIONARY OF PHILOSOPHY, 2ND EDITION. By Peter A. Angeles. 342 pages. HarperCollins. Paperbound. Pub. at $17.00 PRICE CUT to $5.95

PHILOSOPHY

4658715 THE ART OF RHETORIC. By Aristotle. In ancient Greece, rhetoric was at the center of public life. Many writers attempted to provide manuals to help improve debating skills, but it was not until Aristotle produced this work in the 4th century BCE that the subject had a true masterpiece. 252 pages. Arcturus. Paperback. Pub. at $9.95 $4.95

4812778 THE LABYRINTH: An Extential Odyssey with Jean-Paul Sartre. By Ben Aragon. As graduates embark on the next phase of their lives, what better way to prepare for the rat race they are about to enter than by introducing them to the philosophy of Jean-Paul Sartre. This allegorical story humorously conveys the key ideas of Sartre’s existential philosophy in graphic novel form. Fully illus. 150 pages. Abrams. Paperback. Pub. at $16.99 $9.95

3655549 REPUBLIC. By Plato. Written around 380 BCE, Plato’s most famous work explores the concept of justice, along with how justice affects one’s happiness. Considered to be one of the most influential writings in the development of political philosophy and political theory, this title is as relevant today as when it was originally written. 356 pages. Chartwell. Paperbound. Pub. at $9.95 $4.95

4725646 KNOCK ON WOOD: Luck, Chance, and the Meaning of Everything. By Jeffrey Rosenthal. With great humor and rigorous logic, this professor of statistics, divines the world of luck, fate, and chance, putting his considerable scientific acumen to the test in deducing whether luck is real or the mere stuff of superstition. 335 pages. HarperCollins, Paperbound. Pub. at $19.95 $9.95


3608878 ILUSTRATED HISTORICAL DICTIONARY OF AMERICA. By Peter A. Angeles. 342 pages. Scarecrow. Paperback. Pub. at $55.00 $24.95

3939198 ETHICAL FALLACIES. By Thomas Metzinger. A comprehensive dictionary of philosophical and moral fallacies, addresses the main ethical problems that arise from our subjective and counter-intuitive, provocative and ultimately convincing case that if we want to have a just and happy society, we must embrace morality. 262 pages. Basic. Pub. at $27.00 $9.95

465854X ON HAPPINESS. By Epicurus. Features the surviving works of Epicurus, whose insightful discourses range over a vast array of subjects, from family and religion to morality and metaphysics. 127 pages. Arcturus. Paperbound. Pub. at $19.95 $9.95

482948X HONESTY, HONOR, TRUTH, AND ARRUGANCE IN POLITICAL CULTURE. By Michael Patrick Lynch. With bracing and deeply original analysis, Lynch holds a mirror up to American culture to reveal that the so-called civic virtues are an illusion, and it is time we take a fresh look at our attitudes toward truth. Ultimately, this work makes a powerful new argument for the indispensable value of humility in democracy. 210 pages. Liveright. Paperback. Pub. at $26.95 $15.95

Like us on Facebook.com/EdwardRHamiltonBookseller
ECONOMICS

4394036 GIVE PEOPLE MONEY: How a Universal Basic Income Would End Poverty, Revolutionize Work, and Make the World. By Annie Lowrey. Imagine if the government deposited $1,000 in your bank account every month. Lowrey reports a global movement to give all citizens a living income, and argues that it would benefit every citizen, and why it might be necessary in an age of rising inequality, persistent poverty, and dazzling technology. 263 pages. Crown. Pub. at $26.00 $9.95

4880434 ECONOMYSTHS: 11 Ways Economics Gets It Wrong. By David Osell. Unpacks the basic tenets of mainstream thought and shows how mainstream economics is based on ten key “economys” such as fair competition, rational behavior, stability, and eternal growth—and how these lead paradoxically to their opposites: inequality, an irrational economy, and financial instability. 420 pages. Icon. Paperback. Pub. at $16.95 $9.95

4747769 HOW MONEY GOT FREE: Bitcoin and the Fight for the Future of Finance. By Patrick E. Eh. Sweeping and provocative, Eh reveals how this disruptive technology is shaping the debate around compelling ideas of money and liberty, and what that means for our future. 468 pages. Oneworld. Pub. at $27.99 $9.95

4705924 CAN DEMOCRACY SURVIVE GLOBAL CAPITALISM? By Joseph E. Stiglitz. Argues that neither trade nor immigration nor technological change is responsible for the harm to workers’ prospects. According to Keynesian economists, our economy is in the grip of capitalism, and the status quo is to blame. By limiting workers’ rights, libelating bankers, allowing corporations to evade taxation, and preventing nations from ensuring economic security, raw capitalism strikes at the very foundation of a healthy democracy. 360 pages. Norton. Pub. at $27.95 $9.95

4702557 PEOPLE, POWER, AND PROFITS: Progressive Capitalism for an Age of Discontent. By Joseph E. Stiglitz. In a world where the powers of unfettered markets and political power Stiglitz shows us an America in crisis. Here, he also provides another alternative path forward through his vision of progressive capitalism, with a comprehensive set of political and economic changes. 371 pages. Norton. Pub. at $27.95 $9.95

3891110 MONEYSLAND: The Inside Story of the Crooks and Kleptocrats Who Rule the World. By Oliver Bullough. Learn how the institutions of global finance and the United States have become money laundering operations, attacking the foundations of many of the world’s most stable countries. Meet the kleptocrats and meet their black clients. Described how to fight. 290 pages. New Harvest. Pub. at $26.00 $9.95

4817474 LOCATION IS (STILL) EVERYTHING: The Surprising Influence of the Real World on How We Search, Shop, and Sell in the Virtual One. By David M. Blei. After the digital world, the Internet makes the world flat and reduces friction by erasing the impact of the physical world. But Wharton professor and marketing expert Bell argues that the way we use the Internet is still largely shaped by the physical world we inhabit. He offers an in-depth look at online commerce and retailing through his years of research, investing, and advertising. 225 pages. Portfolio. Pub. at $26.95 $14.95

4804776 GENETICIST AND AMERICAN FINANCE. By R.E. Wright & R. Sylla. Illus. many in color. 324 pages. Columbia. $10.95/22%. Pub. at $65.00 $9.95

4950611 UTOPIA FOR REALISTS: How We Can Build the Ideal World. By Rutger Bregman. 316 pages. Back Bay Books. $19.00 $5.95

4772495 BOUND TOGETHER: How Traders, Preachers, Adventurers, and Warriors Shaped Globalization. By Nayan Chanda. China, in a modern phenomenon, it is actually a process that began when humans first migrated from Africa, explains Chanda in this fascinating study. 391 pages. Portfolio. Pub. at $19.00 PRICE CUT to $5.95


4648382 COUNTING BOUNTY: The Quest to Know the Worth of Earth. By Jeffrey Johnson Smith. 267 pages. Knopf. Pub. at $19.95 PRICE CUT to $11.95

4690203 INGENIUM: Five Machines That Changed the World. By Mark Denny. A physicist describes five of the most prominent inventions— the bow and arrow, thews, the violin, the seaplane, the windmill, and the steam engine—and describes how they literally changed the world. Illus. 176 pages. Johns Hopkins. Paperback. Pub. at $30.00 $6.95

3705621 LIGHTS ON! The Science of Photonics and Optics. By Mark Denny. Denny takes us on a fun tour, examining the nature of energy, tracing the history of power generation, explaining the processes from production through transmission to use, and answers propose: is nature's best alternative energy? Could Solar Power be the answer? and why is nuclear power such a hard sell? Illus. 247 pages. Johns Hopkins. Paperback. Pub. at $31.95 $4.95

See more titles at erhbc.com/859
Architecture

★ 372675 NOTRE DAME DE PARIS: A Celebration of the Cathedral. By Kathy Borries. Chronicles the history of this landmark building, from its impressive architecture and collection of priceless artifacts to its presence during major world historical events. Through gorgeous, striking, and rarely seen archival photographs, this volume reminds us all why this building has lodged in the hearts and minds of people around the globe. 122 pages. Black Dog & Leventhal. 7x9. Pub. at $25.95 $14.95

★ 475470 HOUSES OF THE NEW YORK ROW HOUSE. Revised and Fourth Edition. By Lydia Greens. A guide to over 300 of the Trust's treasured properties, and also a fascinating overview of the culture and history with buildings of every period from the Middle Ages to the twentieth century. You'll discover medieval defenses at Bodiam Castle, Tudor flameboyance at Hardwick Hall, Victorian fantasy at Tyntesfield, and much more. Well illustrated with 448 pages. National Trust. 9x9½. Pub. at $40.00 $29.95


★ 484915X A DAY AT CHATEAU DE CHANTILLY: The Estate and Gardens of the Duke of Aumale. By M. and P. Le Gallois. This richly illustrated volume provides rare access into one of France's most complete and beautiful stately homes and its world-class art collection, stables, and gardens. Sliptcased. 224 pages. Flammarion. 6x9½. Pub. at $35.00 $26.95

★ 4741999 THE RED MONASTERY CHURCH: Beauty and Asceticism in Upper Egypt. Ed. by Elizabeth S. Bolman. The Red Monastery church is the most important extant early Christian monument in Egypt's Nile Valley, and one of the most significant of its period in the Mediterranean region. Beautifully illustrated with more than three hundred images, this publication introduces the reader to the monastery of this church. 390 pages. Yale. 10x12¼. Pub. at $85.00 $69.50

★ 4742060 WILTON HOUSE: The Art, Architecture and Interiors of One of Britain's Great Stately Homes. By John Martin Robinson. Explores the development of Wilton House and the 13th generation Wilton, the Van Dyck paintings in Jones’s remarkable Single and Double Cube state rooms to the Mazzini marble house in James Wyatt’s Gothic revival Cloisters. Robinson lifts the veil on Wilton House and reveals 264 pages. Rizzoli. 9x12½. Pub. at $65.00 $47.95

★ 469634X THE NEWPORT EXPERIENCE: Sustaining Historic Preservation into the 21st Century. This richly illustrated volume is an essential resource for all historic architecture and preservation enthusiasts as well as anyone interested in the history and grandeur of Newport, Rhode Island. 162 pages. Scala. 10x14½. Pub. at $60.00 $44.95

★ 4758692 BRICKS & BROWNSTONE: The New York Row House. By Charles Lockwood et al. Lavishly illustrates the original local trinity houses and rewards friends of New York row houses, through the succession of architectural styles, explaining signature details like stately doorways, lintels, ironwork embellishments, and the elaborate ceiling ornamentation and intricate moldings, making it an invaluable resource for anyone undertaking the restoration of a row house. Sliptcased. 352 pages. Rizzoli. 9x11½. Pub. at $85.00 $59.95

★ 3991002 THE MUSEI DI STRADA NUOVA IN GENOA: Palazzo Rosso, Palazzo Bianco and Palazzo Turri. Ed. by P. Boccardo & C. Di Fabio. While remaining the official seat of the Municipality in Genoa, Palazzo Turri is now joined to Palazzo Rosso and Palazzo Bianco to form a museum complex which, under the name of Musei di Strada Nuova also includes an extraordinary series of courtyards, gardens and scenic terraces, all showcased here. Well illus., maps, plans. Umberto Allemandi. 8x12½. PRICE CUT to $9.95

★ 393828X NOTRE-DAME: The Soul of France. By Agnes Poirier. The profound emotion felt around the world on seeing Notre-Dame in flames and in the disaster River Valley, and Why was everyone so deeply moved? What is it that makes “Our Lady of Paris” the soul of a nation and a symbol of human achievement? To answer these questions, Poirier travels to the compelling sites in and around the cathedral. 264 pages. Rizzoli. 9¼x12¼. Pub. at $65.00 $44.95


★ 392801X NINETEENTH CENTURY LIGHTING: Candle-Powered Devices, 1783-1863. By H. Parrott Barot, Fully 259 pages. Schiffer. 9x12¼. Pub. at $59.95 $19.95


3743748 THE LANDMARKS OF NEW YORK, SIXTH EDITION. By Barbaraelite Diamonstein-Spivonel. 902 pages. NTDF. 9x11½. Pub. at $75.00 $69.95


★ 3831963 OLD NEW ENGLAND HOMES, 2ND EDITION. By Stanley Schiller. 224 pages. Schiffer. 8x11¾. Pub. at $95.00 $49.95


SHAKER ARCHITECTURE. Compiled by Herbert Schiffer. The buildings of sixteen American Shaker communities are presented in multiple photographs, with illustrations of buildings no longer standing, or that have been adapted for other use. 156 pages. Princeton Architectural. 9¾x12¼. Pub. at $60.00 $40.00

★ 490265 GEORGE WASHINGTON'S EYE: Landscape, Architecture, and Design at Mount Vernon. By Joseph Maria Mess. This richly illustrated volume presents Washington’s personal diaries and correspondence and on the lively experiences of visitors to his estate, this richly illustrated volume covers the range of Washington unfamiliar to many readers—an avid art collector, amateur architect, and leading landscape designer of his time. 297 pages. Johns Hopkins. 8x10¼. Pub. at $52.95 $29.95

★ 471003 CALIFORNIA BUNGALOWS, FOURTH EDITION: The 1911 Ye Plany Catalog. Originally published in 1911 as the fourth edition of the Ye Plany Catalog Company Inc.'s catalog of bungalow plans, this reproduction features 102 hand-drawn pencil sketches alongside photographs and/or drawings of completed homes that are typical of the early 1920s. Well illus. 192¼ X47. Paperbound. Pub. at $34.99 $12.95

47896X SHINGLE STYLE HOUSES: Past and Present. By Ashley Rooney et al. Surveys a glorious array of homes, old and new, that are representative of the 19th-century style popularized by wealthy families for their country homes. Such estates as Naumkeag and Stonehurst are featured, as well as numerous other period and modern examples, in a wealth of exterior and interior photographs. 256 pages. Schiffer. 8x11¼. Pub. at $39.95 $19.95

439641X SKYSCRAPER: The Landmark Library. By Dan Cruickshank. Cruickshank reflects on the extraordinary architectural, artistic and engineering challenges of the 1930s and its great figures such as Daniel H. Burnham, Louis Sullivan and William Le Baron Jenny. This is also the story of Gilded Age Chicago, which burned to the ground in 1871. Illus. 305 color plates. Head of Zeus. 9¼x8½. $9.95

47818X3 WHERE TODAY MEETS TOMORROW: Eero Saarinen and the General Motors Technical Center. By Susan Schofer. The General Motors Technical Center, designated a National Historical Landmark in 2014, is an icon of mid-century design and the prototype of the modern office campus. This illustrated account is a unique document of a landmark project, presented in photographs and architectural drawings, interviews, documents, and ephemera. 256 pages. Princeton Architectural. 9½x12¼. Pub. at $60.00 $19.95
GM 3975236 AMERICA'S COVERED BRIDGES. By T.E. Miller & R.G. Knapp. As many as 15,000 covered bridges were built in North America over the past 200 years. Fewer than 1,000 remain. The authors tell the fascinating story of these bridges and how they were built and constructed. Each wooden bridge, whether long gone or still standing has a story to tell about the nature of America at the time. Illus., many in color. 272 pages. Belt Publishing. 10¾x8¼. Pub. at $39.95

3954337 AMERICAN BARNS AND COVERED BRIDGES. By Eric Sloane. 112 pages. Dover. 6¼x9¼. Paperback. Pub. at $11.95

Regional Architectural Styles

4632809 MIDWEST ARCHITECTURE JOURNEYS. By Rachel Mottle. Takes readers on a trip to visit some of the region’s most inventive buildings by architects such as Bertrand Goldberg, Bruce Goff, and Lilian Leenhouts. Mottle also includes stops at less obvious but equally daring and defining sites, such as indigenous mounds, grain silos, parking lots, flea markets, and abandoned farms. 268 pages. Belt Publishing. 10¼x8¼. Pub. at $40.00


Monographs on Architects

3950005 LANDSCAPES OF MODERN ARCHITECTURE: Writings and Correspondence. By Jacques Tournon, Neutra, Aalto, Barragan. By Marc Treib. Reveals the spectrum of architectural responses to the constraints of climate, client, building materials, program, building material, region, and site. Collectively, the work of these five architects sheds important light on the consideration and influence of the sites on architecture. The practice of architecture during the twentieth century. Well illus., many in color. 268 pages. Yale. 10¼/9¾. Pub. at $65.00

4781783 LE CORBUSIER REDEGANDED. The Houses. By Steven Park. Presents the first comprehensive collection of plans, sections, and elevations of the master architect’s residential projects, together with 120 remarkable sectional perspectives based on original drawings from his extensive collection of architectural archives. 240 pages. Princeton Architectural. 7½x10. Paperbound. Pub. at $29.95

4762822 C.F.A. VOYSEY: Architect, Designer, Individualist. By Anne Swairstock. Like other Arts and Crafts practitioners, Voysey believed that his ideal house was small. These illustrated volumes, designed by Voysey himself and Voysey believed that no aspect of a house was too small to merit the architect’s attention. Even if this ideal house were to be realized, it was engaging. 224 pages. Princeton Architectural. 8¼x11. Paperbound. Pub. at $49.00

3978834 FRANK LLOYD WRIGHT AND SAN FRANCISCO. By Paul V. Turner. Looks at the architect’s complex and often contentious relationship with San Francisco, surveying the full body of Wright’s work in the Bay Area which roughly thirty projects, only a third of what he did in the United States. Turner highlights the aspects of the architect’s career that have never before been explored, inspiring a new understanding of Wright, his personal and client interactions, and his work. Well illus., many in color. 216 pages. Yale. 9¼x10¼. Pub. at $65.00

4775513 50 LESSONS TO LEARN FROM FRANK LLOYD WRIGHT. By A. Betsky & G.F. Shapiro. Presents the work and imagination of this iconic architect in an accessible and compelling form, including color photographs, drawings, quotations from the writings, and new commissioned diagrams and thoughtful analysis. Each of these “lessons” is accompanied by pearls of wisdom gleaned from the master’s writings on architecture and design. 248 pages. Rizzoli. 9¾x7¾. Pub. at $32.50

Like us on Facebook.com/EdwardRHamiltonBookseller – 25 –
4831162 THE LEADER’S GREATEST RETURN. By John C. Maxwell. Sharing the most important lessons Maxwell has learned about the leadership development process, he instructs readers in how to really experience the compounding value of developing leaders. A step-by-step guide to the next step in their leadership, build their organization or team, needs to read this 221 pages. Harper. Pub at $27.99 $6.95

4766903 BOOK MARKETING FOR AUTHORS: Get Ready, Get Set, Succeed! By T.A. Leidich & J. Bromley. Many authors think that once they are published, their publisher handles all the marketing and the sales fly in. That is not really true. This guide puts marketing tasks into a logical order of what needs to be done. 133 pages. WriteLife. Pub at $19.99 $6.95

478751X SNAKES IN SUITS, REVISED EDITION: Understanding and Surviving the Psychopaths in Your Workplace. By P. Sabbath & R.D. Hare. Have you encountered psychopaths in the workplace–how to spot their destructive behavior and stop them in their tracks. From creating chaos in the modern corporate workplace to reaping dramatic financial and personal rewards. 386 pages. Harper. Pub at $29.99 $6.95

212: The Extra Degree. By S. Parker & M. Anderson. The concept is simple: at 211 degrees Fahrenheit, water is hot, and at 212 degrees it boils. The one extra degree matters. This difference and this analogy reflects the ultimate definition of excellence: that one extra degree of effort. 126 pages. Arcadia Publishing. Pub at $21.99 $4.95

4868785 ON GRAND STRATEGY. By John Lewis Gaddis. In chapters extending from the ancient world through World War II, the author assesses grand strategy and strategy in the USA, Octavian/Augustus, St. Augustine, Machiavelli, Elizabeth I, Phillip II and others. For anyone interested in the art of warfare, this book is a valuable addition to every reader’s arsenal. 56 pages. Penguin. Pub at $26.00 $6.95

4724224 REDEFINING OPERATIONAL EXCELLENCE: New Strategies for Maximizing Performance and Profits Across the Organization. By Andrew Miller. Unveils a new way of thinking about operations, and provides a system for pursuing excellence that will enable your company to reap dramatic financial and business benefits as it moves its way into the future. 246 pages. AMACOM. Pub at $27.95 $5.95

4865908 SURROUNDED BY IDIOTS: The Four Types of Human Behavior and How to Effectively Communicate With Each in Business (And Life). By Thomas Erikson. Shares a simple, revolutionary method of understanding the people around you that will change how you interact with everyone from your closest friends to your business associates. Erikson explains how to identify and interact with each type of person, and the simple four color system allows you to speedily identify a friend or coworker and adjust how you speak and share with them. 220 pages. St. Martin’s. Pub at $20.00 $6.95

4728414 UPSTREAM: The Quest to Solve Problems Before They Happen. By Dan Heath. Explores how to prevent problems before they happen, drawing on insights from hundreds of the world’s leading problem solvers. Heath then delivers practical solutions for preventing problems rather than reacting to them. 308 pages. S&S. Pub at $30.00 $6.95

3876616 THE SPACE BARONS. By Christian Davenport. The story of a group of billionaire entrepreneurs who are pouring their fortunes into the epic resurrection of the American space program. The Space Barons–most notably Elon Musk and Jeff Bezos–are on a mission to use Silicon Valley-style innovation to dramatically lower the cost of space travel to build a transportation network to the stars. Color photos. 398 pages. PublicAffairs. Pub at $29.99 $7.95

4701658 OPTIMAL OUTCOMES: Free Yourself from Conflict at Work, at Home, and in Life. By Jennifer Gold-Wetzler. Blends mindfulness, Jungian psychology, and a step-by-step advice to free anyone from seemingly impossible conflict. Applying these practices, you’ll reach your optimal Outcome—which may be vastly different from what you originally imagined, but more satisfying than you ever dreamed possible. 225 pages. Harper. Pub at $29.99 $7.95

4876788 BEZÖS: How Amazon Is Changing Our Lives and What the World’s Best Companies Are Learning from It. By Brian Stelter. Unveils the principles Bezos uses to gain increasing market power–customer obsession, extreme innovation, and long-term thinking all driven by artificial intelligence–and shows how these tactics are replicated by companies worldwide. If you want to know what the most unstoppable business model of the future will look like, this is a vital read. 337 pages. Scribner. Pub at $18.00 $12.95

3911519 KOCHLAND: The Secret History of Koch Industries and Corporate Power in America. By Christopher Leonard. The extraordinary account of how the secretive Koch Industries became one of the largest private companies in the world. If anyone tells the ambitious tale of how they consolidated power over half a century, and how in doing so, it helped transform capitalism into something that feels deeply alienating to many Americans today. 687 pages. S&S. Pub at $35.00 $7.95

4746082 THE CAPITAL ONE STORY: How the Upstart Financial Institution Charged Toward Market Leadership. By Mary Curran Hackett. Learn how to recognize underserved sectors and reject rejection by every company in the business doesn’t mean it’s time to quit; how to determine what people want and how to get it to them; and how to employ marketing campaigns that will change the way people live through the Capital One story. 153 pages. HarperCollins. Pub at $19.99 $4.95

3771432 HOW TO BE A LEADER: An Ancient Guide to Wise Leadership. By Plutarch. Writing at the height of the Roman Empire, Plutarch takes readers through the process of how people should pursue positions of leadership only if they are motivated by “judgment and reason”–not “ rashly inspired by the vain pursuit of glory, a love of rivalry, or a lack of other meaningful activities.” His wise council remains as relevant as ever. Text in English with original Greek text on the facing page. 384 pages. Princeton. Pub at $16.95 $13.95

3954978 LEGENDARY RANCHES: The Horses, History and Traditions of North America’s Most Contemporary Ranches. By Holly Endersby et al. Targets the new outfits that have survived as viable ranging operations into the 21st century. Featuring the most luminous of the great American people, but also the problems they continue to experience as a result of sheer size, rugged terrain and inclement weather. Well illus. in color. 240 pages. Western Horsemanship. By rrl 1%. Pub at $34.95 $7.95

4724100 IGNORE YOUR CUSTOMERS AND THEY’LL GO AWAY. By Micah Solomon. Explains how to craft a customer-first service culture and customer experience so powerful they’ll transform your organization and boost your company’s bottom line. Solving leadership leaders always take to the ho-hum customer interaction into one that drives customer engagement and lifelong loyalty. AMACOM. Pub at $24.95 $5.95

4894788 CREDITWORTHY: A History of Consumer Credit and Financial Identity in America. By Josh Lawyer. In this first comprehensive history of the consumer credit bureau, a crucial American institution, Lawyer explores the evolution of credit reporting from its nineteenth-century origins to the rise of the modern consumer data industry. Illus. 352 pages. Columbia. Pub at $37.00 $17.95

4699126 DARK TOWERS: Deutsche Bank and the Epic Trail of Destruction. By David Enrich. The saga of how Deutsche Bank became the global face of financial recklessness and criminality, the corporate counterpart to the weapon of mass destruction. It is also the story of how the bank started doing business with a self-promoting real estate magnate nearly every other bank in the world deemed too dangerous to touch. Donald Trump. Pages. PublicAffairs. Pub at $29.99 $7.95

4710134 STEINWAY & SONS: Images of America. By Laura Lee Smith. Steinway & Sons is a unique entity in American history. Steinway is many things—an iconic piano, an American dynasty, a symbol of opulence, a metaphor for artistic passion, and a geographic locale. Today, the Steinway piano is still built by hand in New York City and represents an assemblage of processes developed by Henry E. Steinway and his sons. Illus. 128 pages. Arcadia Publishing. Pub at $21.99 $17.95

4724216 RECRUITING, INTERVIEWING, SELECTING & ORIENTING NEW EMPLOYEES, SIXTH EDITION. By Diane Ararki. Packed with forms, guidelines, and ready to use interview questions, this new edition will equip readers with the tools to hire the employees they need to ensure their company or organization’s present and future success. 383 pages. AMACOM. Paperbound. Pub at $29.99 $7.95

4701577 LEADING WITH GRATITUDE: Eight Leadership Practices for Extraordinary Business Results. By A. Goold & C. Elliott. Introduces eight simple ways to lead your team and employees so that they are valued. The authors supplement their insights and practical advice with stories of how many of today’s most successful CEOs and leaders have used these concepts in their own organizations to achieve outstanding results. 247 pages. Harper. Pub at $29.99 $7.95

4699336 THE AMAZON JUNGLE: The Truth About Amazon. By J.R. Boyce & R. Cesari. Shares the insider secrets to building a brand both on and off Amazon. The marketplace landscape has changed, and Amazon Third-Party Sellers do not need to waste time nor money by going it alone. Throughout, the authors share their proven plan for success on their own O2O Marketing strategies being used today. Illus. in color. 175 pages. Morgan James. Paperbound. Pub at $19.95 $14.95

4749715 TEMP: How American Work, American Business, and the American Dream Are Destroyed. By Louis Hyman. Explains one of America’s most critical crises and offers concrete ideas for restoring balance between prosperity and stability. Uber is not the cause of insecurity and inequality in our country, and neither is the rest of the gig economy. The question is simply: what do we do with the American Business, and the American Dream? The answer goes deeper than apps, and contests the most essential assumptions we have about how our businesses should work. 398 pages. PublicAffairs. Pub at $29.95 $9.95

4757092 PHARMA: Greed, Lies, and the Poisoning of America. By Gerald Posner. The unexpected twists and turns of the Sackler family, whose blockbuster narcotic painkiller is at the center of the opiod crisis, is told against the startling chronicle of a powerful industry that sits at the intersection of public health and profits. 802 pages. Avid Reader. Paperbound. Pub at $22.00 $18.95
Mathematics

★ 4803191 EVERYDAY MATHEMATICS MADE EASY: A Quick Review of What You Forgot You Knew. By pounded to making the learning experience practical to the real world, numerous sidebars showcase math principles found in everyday life in addition to quick tips and tricks to effectively and efficiently incorporate math at the workplace, within the household, and throughout the day. 272 pages.

$19.95


★ 4793854 THE MOST DIFFICULT MATH TESTS. By Kenneth Moore. This collection of 200 brand-new puzzles that are certain to test even the most mathematical of minds. What unites them all is the need for any puzzler to approach them with logic, finesse, and cunning to solve them successfully. Solutions provided.

$14.95

4732995 MATHEMATICS: From Creating the Pyramids to Exploring Infinity. By Anne Rooney. Traces humankind’s greatest achievements, plotting a journey through the mathematical intellects of the last 4,000 years to where we stand today. It features the giants of mathematics, from Euclid and Pythagoras, through Napier and Newton, and many more. Illus. 256 pages. Arcturus. Paperback. Pub. at $12.99 $9.95

★ 4795874 CALLING BULLSHIT: The Art of Data-Driven World. By C.T. Bergstrom & J.D. West. Shows us that you don’t need a lot of technical expertise to call out problems with data. You just need the ability to think clearly and apply the common tricks used in the way that numbers are presented. The authors give us a set of powerful intellectual tools to identify and refute this quantitative nonsense. Illus. 318 pages. Random Paperback. Pub. at $17.95 $12.95

★ 4794920 WHAT IS THE MATH OF LIFE & DEATH? 7 Mathematical Principles That Shape Our Lives. By Kit Yates. From birthdays to birth to death rates to how we perceive the passing of time, mathematical patterns shape our lives. A brilliant and entertaining mathematician, Kit Yates takes us on a tour through the mathematical principles that can help us understand and navigate the chaotic and often opaque surfaces of our world. 274 pages. Scribner. Pub. at $26.00 $9.95

4791173 PROOF! How the World Became Geometrical. By Amir Alexander. Traces the path of the geometrical vision of the world as it courses from antiquity to the present, shaping our societies, our politics, and our ideals. From the elegant terraces of Versailles to the broad avenues of Washington D.C., and the boulevards of New Delhi and Manila, the geometrical vision was carved into the landscape of modernity. Illus. 304 pages. Scientific American. Pub. at $28.00

★ 3828212 A SCHEME OF HEAVEN: The History of Astrology and the Search for Our Descent and Spring. By Paolo Zellini. The perfect volume for anyone curious about the way in which math underlies so much in our everyday lives. Whatever your mathematical knowledge, you will find this resource informative, thought-provoking and fun. 222 pages. Portico. Pub. at $14.95 $11.95

Science Essays & Surveys

★ 4740433 THE MATH OF LIFE & DEATH: 7 Mathematical Principles That Shape Our Lives. By Kit Yates. Through vivid stories and thought-provoking exercises that continue to bedevil scientists and creative thinkers who are at the forefront of their fields. 450 pages. Penguin. Paperback. Pub. at $18.00 $4.95

★ 3877687 THE GREAT UNKNOWN: Seven Journeys to the Frontiers of Science. By Marcus du Sautoy. Invites us to consider the problems in cosmology, quantum physics, mathematics, and more that are driving the future of science. 504 pages. Price Stern Sloan. Pub. at $27.95 $17.95


★ 4673799 IS THE UNIVERSE A HOLONGRAM? Scientists Answer the Most Covocative Questions. By Adolfo Pignatelli. Is it ‘true’ to say that the universe is a hologram? We are entering a period of collaboration than moments of individual ‘eureka.’ This volume recaps that kind of synergy by offering a series of interconnected dialogues with leading scientists who are asked to reflect on key questions and concepts about the physical world, technology, and the mind. 404 pages. MIT Press. Pub. at $9.95 $4.95

4960336 13.8: The Quest to Find the True Age of the Universe and the Theory of Everything. By John Gribbin. With his inimitable mixture of science, history, and biography, Gribbin shows how the theory of relativity, quantum mechanics, and string theory are very compatible and point to a deep truth about the nature of our existence. The answer lies with the age of the universe: 13.8 billion years. 16 pages of illus. 242 pages. Yale. Paperback. Pub. at $20.00 $9.95

3877687 THE GREAT UNKNOWN: Seven Journeys to the Frontiers of Science. By Marcus du Sautoy. Invites us to consider the problems in cosmology, quantum physics, mathematics, and more that are driving science. 504 pages. Penguin. Paperback. Pub. at $18.00 $4.95

See more titles at erhbc.com/859

− 32 −

4573789 NATURAL: How Faith in Nature’s Goodness Leads to Harmful Fads, Unjust Laws, and Flawed Science. By Alan Levinovitz. In this groundbreaking counter-narrative, Levinovitz demonstrates that the belief in Nature (with a capital N) and natural goodness are more religious than objective or scientific and highlights the many dangers of substituting simple myths for complicated realities. 252 pages. Page Books. Pub. at $19.95 $12.95

4581887 IS THE HUMAN BRAIN HARDWIRED FOR GOD? Widecreen. In this talk, Professor Newberg will discuss how it does look like the brain, no matter how it got there, does have the profound ability to engage in religious and spiritual experiences. This is part of why we’ve seen religion and spirituality be part of a human history since the dawn of civilization. 51 minutes. Dreamscape Media. Pub. at $24.95 $17.95

4571361 FRANCISCANS AND THE ELIXIR OF LIFE: Religion and Science in the Later Middle Ages. By Zachary A. Mauzy. Each chapter around science, this volume focuses on alchemy as a material practice and investigates the Franciscan discourses and traditions that shaped the pursuit of the elixir, providing a rich examination of alchemy and religion. 201 pages. UPaP. Pub. at $65.00 $14.90

4592030 DEALING WITH DARWIN: Place, Politics, and Rhetoric in Religious Engagements with Evolution. By David N. Livingstone. Since the 1850s, the theological debates about evolution were rooted in such matters as anxieties over control of education, the politics of race relations, the nature of local scientific traditions, and challenges to traditional cultural identity. 265 pages. Johns Hopkins. Pub. at $39.95 PRICE CUT to $24.95

3784290 GODS SUPER COLLIDER. Reality Entertainment. Pub. at $19.99 $9.95

4652234 THREE VIEWS ON CREATION AND EVOLUTION. By Paul Nelson et al. Deals with the issues raised by the different views on creation and evolution, and similar concerns as it looks at three dominant schools of Christian thought, young earth creationism, old earth creationism and theistic evolution. 296 pages. Zondervan. Pub. at $22.99 $17.95

4599009 GOD’S BRAIN. By L. Tiger & M. McGuire. Addressing religion’s perennial question of “Is God real?” this book presents--a neuroscientist and an anthropologist--with a compelling claim: the brain creates religion and its concepts of God. The authors conclude on its capacity to satisfy innate neurological and associated social needs. 256 pages. Prometheus. Pub. at $18.00 $9.95

4599327 CHRISTIANITY IN THE LIGHT OF SCIENCE: Seriously Examining the Scriptural Understanding of Physics. By E. W. W. W. Lofftus. A collection of essays which critically examine the God hypothesis and Christianity in light of science. Taking the track that there is no conflict between faith and science, the author concludes that the critical events of the Biblical, the conclusion is that all faith-based claims run aground in the face of scientific evidence, or lack thereof. 399 pages. Prometheus. Pub. at $19.00 $9.95

4660080 A BRIEF HISTORY OF THE AGE OF STEAM. By John W. Farrell. From the mechanical clock to the first eyeglasses, this accessible history of medieval inventions, focusing on the eleventh to fourteenth centuries, vividly portrays a thriving era of human ingenuity—and the results are still being felt to this day. Illus. 370 pages. Robinson. Pub. at $9.95 $6.95

457680X THE CLOCK AND THE CAMSHAFT: And Other Medieval Inventions We Still Can’t Live Without. By John W. Farrell. From the mechanical clock to the first eyeglasses, this accessible history of medieval inventions, focusing on the eleventh to fourteenth centuries, vividly portrays a thriving era of human ingenuity—and the results are still being felt to this day. Illus. 370 pages. Robinson. Pub. at $9.95 $6.95

4580873 MAD SCIENTISTS AND DAREDEVIL STUNTS. Fullscreen. A compilation of rare, vintage films featuring the craziest of the craziest inventors, including a giant harmonica, yo-yo experts, winged humans, and much more! Includes the bonus short, The Dentist, starring W.C. Fields. In B&W. 68 minutes. Legend Films. Pub. at $5.95 $3.95

4676086 EYE OF THE BEHOLDER: Johannes Vermeer, Anton van Leeuwenhoek, and the Reinvention of Seeing. By Laura J. Snyder. Tells the tale of a crucial moment in human discovery by focusing on the interplay between the great Dutch artist Vermeer and the amateur scientist Jan van Leeuwenhoek. Snyder shows how they transformed the way we see the world with the tools of art and science of the 17th century. 16 pages of photos, some color. 432 pages. Norton. Pub. at $27.95 $6.95

4580871 GAMES AND GIZMOS: 122 Inventions That Changed the World. By Jean-Marie Donat. 143 pages. Pub. at $18.95 $13.95

4670467 EDISON vs. TESLA: The Battle over the Last 1890s. By John W. Bines. Although mystery and lore surround the details of the last decade of Edison’s life, many skeptics have denied the existence of his last invention. This volume sheds light on this weird invention and details of the last decade of Edison’s life. 271 pages. Prometheus. Pub. at $19.95 $12.95

4678428 MAGIC AND roWn, and Other Persistent Legends. By Loren Pankratz. Paperbound. Pub. at $19.95 $12.95

4578961 MIRACLE CURE: The Creation of Antibiotics and the Birth of Modern Medicine. By William Rosen. The story behind costly new drugs, the autonomy of doctors and the power of the FDA, the triumphs and abuses of Big Pharma, and the dangers of antibiotic resistant diseases–Rosen’s account masterfully demonstrates how impressive range, combining science, technology, politics, and economics. Illus. 358 pages. Viking. Pub. at $28.00 $5.95

4670086 EYE OF THE BEHOLDER: Johannes Vermeer, Anton van Leeuwenhoek, and the Reinvention of Seeing. By Laura J. Snyder. Tells the tale of a crucial moment in human discovery by focusing on the interplay between the great Dutch artist Vermeer and the amateur scientist Jan van Leeuwenhoek. Snyder shows how they transformed the way we see the world with the tools of art and science of the 17th century. 16 pages of photos, some color. 432 pages. Norton. Pub. at $27.95 $6.95

4678428 MAGIC AND roWn, and Other Persistent Legends. By Loren Pankratz. Paperbound. Pub. at $19.95 $12.95

4578831 PSYCHEDELIC APES. By Brian C. Salvatore. This sweeping exploration of the impact of epidemic diseases looks at the fates of some color. 432 pages. Norton. Pub. at $27.95 $13.95


4630342 PSYCHEDELIC APES. By Alex Boese. 304 pages. Paperbound. Pub. at $19.95 $13.95

3922249 QUANTUM THEORY: Great Works That Shape Our World. By M. Planck & H. Bohr. 191 pages. Flame Tree. Pub. at $25.00 $9.95
397292X TALES OF GIANT SNAKES: A Historical Natural History of Anacondas and Pythons. By John J. Hunter. The nature of thepython is examined with more advanced skills. The author’s intention is to focus on certain important elements of the python, to establish a way for humans and the species to live together, and to help the reader understand the eel becomes an exploration of storytelling and scientific discovery, this narrative spans the ancient to the modern. The book explores the history and natural history of the eel, from its ancient origins to its current status as a threatened species. It includes information on the eel’s behavior, life cycle, and conservation status, as well as its cultural significance and popular images. The book is written in an engaging style and provides a comprehensive overview of the eel, making it a valuable resource for students and researchers in the field of eel biology.

4815149 SHARKS NEVER SLEEP. By Brendan McAllister. The book explores the behavior and biology of marine animals, with a focus on sharks. It includes information on the types of sharks, their habits, and their role in the ocean ecosystem. The book is written in an accessible style and provides a comprehensive overview of the world of sharks, making it a valuable resource for students and researchers in the field of marine biology.

4804600 BEAUTIFULLY GROTESQUE FISH OF THE AMERICAN WEST. By Mark Spitzer. The book explores the fascinating world of fish, with a focus on the unique and diverse species found in the American West. It includes information on the fish's behavior, diet, and distribution, as well as their role in the ecosystem. The book is written in an engaging style and provides a comprehensive overview of the world of fish, making it a valuable resource for students and researchers in the field of ichthyology.

See more titles at erhbc.com/859
Farm & Domesticated Animals

479916X HOMESTEAD COWS: The Complete Guide to Raising Healthy, Happy Cattle. By Eric & Callie Rapo. Prepares homesteaders and small farmers to open the farm gate to cattle, whether a single milk cow or a small beef herd. The authors also describe their unique, practical knowledge into an essential guide to successful small-scale cattle farming for every homesteader and farmer. Well illus. 166 pages. New Society. Paperback. Pub. at $16.99 $17.95


476451X THE COW: A Natural & Cultural History. By Catrin Rutland. This comprehensive examination places the cow in the natural world and human history to create a lively, informative look at the continent’s elusive felines. Well illus. in color. 224 pages. Princeton. Pub. at $27.95 $22.95

3870596 CHICKEN & EGG. By A. Cawthray & J. Hermes. Focuses on chicken husbandry from the vantage point of egg production, providing expert instruction in how to optimize laying, choosing chicken breeds and egg color, and even affect the flavor of your eggs while caring for happy, healthy hens. Features beautifully illustrated profiles of 15 top egg-laying breeds. 176 pages. CompanionHouse. Paperback. Pub. at $19.99

481259X PLANET DINOSAUR: The Next Generation of Killer Giants. By Cavan Scott. Provides a new global perspective on dinosaurs, revealing which species lived at the same time on different continents and how the Earth looked in each time period. This definitive book explains the physical characteristics and behavior during each period. Fully illus. in color. 240 pages. 8¼x11. Paperbound. Pub. at $29.95 $9.95

3940446 FOREST CATS OF NORTH AMERICA. By Jerry Kobalenko. Tribute to the wild cats that roams in a thunder. To know and cherish the Amur wildcat! Narrated by Morgan Freeman, this film will take you and your family on a spectacular journey into the wondrous world of these magnificent felines. Well illus. in color. 8½x11. Paperbound. Pub. at $19.95 $9.95

Blu-ray 4823826 ISLAND OF LEMURS: Madagascar. Widescreen. Fall in love with nature’s greatest explorers as the island’s king of the jungle! Exotic animals, lush landscapes, and a wild adventure await you at Madagascar’s Lemur Island. 90 minutes. Warner Bros. Enter. $5.95

2806274 DOGS AND THEIR PEOPLE. By RarkPost. Community sourced and filled with never before told anecdotes and intimate sights, this collection spotlights more than two hundred unique and remarkable dogs. But this work isn’t just about the dogs; it’s about the people who love them. Featuring photographs of dogs of all shapes, sizes, and colors, this book celebrates the unconditional love we feel for them. 275 pages. Putnam. Pub. at $25.00 $4.95

DVD 3720705 DEADLIEST CRITTERS: Wild Things with Dominic Monaghan. Widescreen. Takes place on the wild side with Dominic Monaghan as he searches the globe for some of the deadliest critters alive. Starting in Guatemala, Monaghan faces off with the venomous broccoli lizard. He then travels to Namibia, Ecuador, and finally to Vietnam. English SDH. 180 minutes. BBC. $3.95

3861783 FROGS: Inside Their Remarkable World. By Ellyn Beitz. A comprehensive look at the history of the frog, its current environment, its place in the natural order of things and the threats that are seriously reducing its numbers around the world. More than 125 color photos illustrate the diversity of frog species and delve into this fascinating creature. 175 pages. Firefly. 8¼x10¼. Paperbound. Pub. at $24.95 $5.95

2842084 UNDER THE CHINOOK ARCH. By R.W. Gustafson. This hilarious story of life as a Montana veterinarian takes readers across a realistic and downright funny range. This collection of 32 tales is a must-read for animal doctors, animal lovers, cowboys, and those who have only imagined ranch life. Photos. 107 pages. Falcon. Paperbound. Pub. at $9.95 $3.95

3931048 ANIMALS ARE PEOPLE TOO: An Adorable Animal Portraits. Ed. by Kate Avino. An irresistible collection of adorable animal photography showcasing human touch in all its forms, as photos, words, sweet solace, extreme bitterness, wild gleam, utmost sorrow, ultimate adoration, and everything in between. Odd Dot. Pub. at $19.99 $4.95

3976947 GRAVE SECRETS OF DINOSAURS: Soft Tissues and Hard Science. By Philip Manning. What seemed at first glance a solid but routine find in the Hell Creek Badlands of North Dakota in 1999, would soon reveal itself to be one of the most important finds of all specimens—a dinosaur mummy, perhaps the finest and most complete example ever unearthed. 16 pages of photos, 316 pages. National Geographic. Paperbound. Pub. at $16.95

4781243 ESTHER THE WONDER PIG: Changing the World One Heart at a Time. By Steve Jenkins and his partner adopted an adorable micro-piglet. But, it turned out there was nothing “micro” about Esther. Within three years, tiny Esther grew to a whopping 600 pounds. Follow Jenkins and Walter’s heartwarming adventure from reluctant pig parents to farm-owning advocates for animals. Color photos. 226 pages. Grand Central. Paperbound. Pub. at $16.99 $9.95

3846822 ENDANGERED ANIMALS: A Golden Guide. By George S. Fichter, illus. by K. Keest. This colorfully illustrated little volume is packed with information on endangered wildlife. A valuable resource for anyone concerned with the fate of animals and the future of life on this planet. 160 pages, St. Martin’s. Paperbound. Pub. at $6.95 $3.95

4702034 TURTLES: The Animal Answer Guide. By W. Gibbons & J. Greene. Answering more than 100 common questions about these remarkable creatures, this guide covers a broad range of topics, including behavior, ecology, reproduction and development, turtle-human relationships, and turtle conservation in popular literature. Photos, many in color. 163 pages. Johns Hopkins. Paperbound. Pub. at $24.95 $9.95

3891380 ANIMALS ARE PEOPLE TOO! Adorable Animal Bestiary. Ed. by Max host 87 animal “tales” that are as touching as they are entertaining. Follow the fascinating feats performed by birds, cats, dogs, pigs, monkeys, bears and lots of other animals. Over 3 hours on two DVDs. Questar. $6.95

477145 ANIMAL KINGDOM: The Artistry of Animal Camouflage. By Art Wolfe. In this revealing work of unconventional and stunning animal portraits, the esteemed wildlife photographer turns his lens on one of the animal kingdom’s most fundamental survival techniques: camouflage. Wolfe showcases the beauty of animals’ natural abilities to vanish, artfully illustrating the extraordinary means by which they survive. 222 pages. Cameron. 12x8½. Paperbound. Pub. at $25.00 $7.95

4772839 EMPEROR: The Perfect Penguin. By Sue Flood. A tribute and a celebration of the emperor, one of the world’s most charismatic creatures. The biggest and most photogenic of all 18 penguin species, they never set foot on land and spend their entire lives out in the sea ice or feeding in the Southern Ocean. Fully illus. in color. 224 pages. ACC Art Books. 9½x12. Paperbound. Pub. at $39.50 $19.95

4680146 THE TRUTH ABOUT ANIMALS: Stoned Sloths, Lovelorn Hippos, and Other Tales from the Wild Side of Wildlife. By Lucy Cooke. Funny, heartwarming and at times downright bizarre, this work reveals the weird, wild, and completely unexpected in the animal kingdom. Cooke, who has traveled the globe to find out how the animal world really works, shows us that once we stop looking for animals to be furry little humans, we can finally see what makes them so extraordinary. Illus. 336 pages. Basic. Paperbound. Pub. at $16.99 $4.95

4773411 MY LIFE AS A TURKEY: Changing the World One Heart at a Time. By Temple Grandin, the highly acclaimed animal behavior expert, gives us a fascinating look at the world of a turkey and how it compares to the world of humans. From childhood to adulthood, Grandin shares her experiences with turkeys and other farm animals, providing a unique perspective on the relationship between humans and animals. Full of insights and humor, this is a must-read for anyone interested in animal welfare and the ethical treatment of animals. 226 pages. Grand Central. Paperbound. Pub. at $16.99 $9.95

4789828 GRAVE SECRETS  OF THE MAMMALS: The Vanishing Act. By Estelle Mano. This witty and informative book reveals the fascinating creatures that have disappeared over the past 100 years. Featuring 127 illustrations and many photographs, this book is sure to entertain and educate readers of all ages. $9.95


See more titles at erhbc.com/859


Experiment. Pub. at $25.95.

- - 


464929 LOST ANIMALS: Extinct, Endangered, and Rediscovered Species. By John Whitfield. Tells the story of life on Earth by documenting the species that have come and disappeared over a countless millennium. Beautifully illustrated with artist interpretations, fossils, and scientific drawings, this stunning volume resurrects the story of the most charismatic creatures to inhabit our planet as well as those representing an important link or leap in evolutionary terms. 224 pages. Smithsonian. 9¼x1¼%. Pub. at $35.00.

396933 WILD INDIA. By Anuradha Gokhale. With over 1.3 billion people, India is the second-most populated country in the world. Surprisingly there’s even room for wildlife. Take 6 photographic journeys to discover the wildlife wonders and extreme landscapes of the Indian subcontinent in all their splendor and beauty. 204 pages. Papadakis. 12x1½%. Pub. at $37.95.

DVD 4836138 PUMAS: Nature's Widescore. Follow the fate of a female puma—a large mountain lion that hunts for deer and sometimes attacks the hikers near her prime as she hunts and teaches her four young cubs how to live in the extraordinary and massive ice mountains of Chile's Torres del Paine National Park. English SDH . 55 minutes. PBS. Pub. at $24.95.

286385 CARNIVORES OF THE WORLD, SECOND EDITION. By Luke Hunter. This highly acclaimed guide covers all 250 species of terrestrial, true carnivores, from the smallest weasel to the massive lion. Includes easy to read range maps; and illustrations of tracks, scat, and whale and dolphin dive sequences. 256 pages. Princeton. Paperback. Pub. at $29.95.

3969002 POLAR BEARS: A Life Under Threat. By Michal Rawicki. This lavishly illustrated volume has been twenty-five years of observation in all habitats, highlighting the current situation of a species that could soon find its symbol of the dangers of global warming. Take an intimate look into the life of the polar bear. 240 pages. ACC Art Books. 12x9%. Pub. at $45.00.

473159X HIDDEN PLANET: Secrets of the Animal Kingdom. By Ben Bostrom. Takes the perspective of a wildlifed-obsessed boy, with drawings from the detail-obsessed illustrator he became. Rothery curates an assortment of the world’s birds and animals, each with its own hidden secret. 96 pages. Tilbury House. 10¼x1¼%. Pub. at $29.95.

- - 

See more titles at erhbc.com/859
**4690565 GARDEN SECRETS FOR ATTRACTING BIRDS, SECOND EDITION: A Bird-by-Bird Guide to Favorable Plants.** By Rachael Lanici. From hummingbirds and finches to orioles, woodpeckers, warblers, and more, each bird is accompanied by maps of their habitats, illustrations, interesting notes on their behaviors, and which seeds mix feeders, and shelters they prefer. Fully illus. in color. 176 pages. Creative. $10.95 Paperback. Pub. at $14.95 $11.95

**3902544 HOW BIRDS WORK: An Illustrated Guide to the Wonders of Form and Function—from Bones to Beak.** By Marianne Taylor. Goes beyond the typical field guide to show us not only what birds look like but why. In this in-depth handbook, discover the ways they’re even more astounding than you know inside and out. Detailed analysis and illustrations illuminate skeletal, muscular, circulatory, digestive, and other systems as you’ve never seen them before. 144 pages. Adventure Publications. Paperback. Pub. at $14.95 $11.95

**4701933 DUCKS, GEESE, AND SWANS OF NORTH AMERICA, REVISED.** By Gay Baldassarre. A must-have set for professional biologists, birders, waterfowl hunters, decoy collectors, and wildlife managers, this fully revised and updated edition provides data on the continent’s forty-six species. 1,027 pages in two volumes, slipcased. Well illus., most in color. Johns Hopkins. 8/8x11¼. Pub. at $69.95 $24.95

**6674692 INTRIGUING ORNITHOLOGICAL PATTERNS AND INSIGHT.** By Stan Tekiela. Featuring a wondrous collection of photographs, gripping information, and Tekiela’s personal observations, this stunning volume portrays the lives of these solitary travelers. 320 pages. Adventure Publications. Paperbound. Pub. at $16.95 $12.95

**4810546 BIRDS OF COLORADO FIELD GUIDE, 2ND EDITION.** By Stan Tekiela. Make bird watching more informative and enjoyable. This simple color guide contains 124 species—only Colorado birds! Includes crisp, stunning full-page images along with tidbits and facts from the author. 352 pages. Adventure Publications. Paperbound. Pub. at $14.95 $11.95

**4810544 BIRDS OF FLORIDA FIELD GUIDE, 3RD EDITION.** By Stan Tekiela. Make bird watching more informative and enjoyable. This simple color guide contains 146 species from the Sunshine State. Includes crisp, stunning full-page images along with tidbits and facts from the author. 372 pages. Adventure Publications. Paperbound. Pub. at $14.95 $12.95

**4810619 BIRDS OF THE CAROLINAS FIELD GUIDE, 3RD EDITION.** By Stan Tekiela. Make bird watching more informative and enjoyable. This simple color guide contains 146 species—only Carolina birds! Includes crisp, stunning full-page images along with tidbits and facts from the author. 376 pages. Adventure Publications. Paperbound. Pub. at $14.95 $11.95

**4810570 BIRDS OF MINNESOTA FIELD GUIDE, 3RD EDITION.** By Stan Tekiela. Make bird watching more informative and enjoyable. This simple color guide contains 123 species—only Minnesota birds! Includes crisp, stunning full-page images along with tidbits and facts from the author. 328 pages. Adventure Publications. Paperbound. Pub. at $14.95 $11.95

**2839059 BIRD TRIVIA. Funny, Strange and Unusual Facts About North American Birds.** By Stan Tekiela. You’ll discover plenty of amazing tidbits you didn’t know that you wanted to know about birds in this fun reference. Packed with colorful photographs, the information provides hours of enjoyment. 80 pages. Adventure Publications. Paperbound. Pub. at $14.95 $7.95

**4764517 BIRDS & BLOOMS ULTIMATE GUIDE TO THE AMERICAN EAST.** By Jon Dunn et al. Packed with vivid photography, expert advice and stories from across America, this is the comprehensive go-to guide for all hummingbird fans. 256 pages. Reader’s Digest. 8/8x11¼. Paperbound. Pub. at $19.99 $14.95

**3978296 THE EMPIRE OF THE EAGLE: An Illustrated Natural History.** By M. U. F. McAdoo. Featuring a wide-panned organized by habitat, and stunning color photographs, this volume investigates the lifestyle and unique adaptations of each eagle species. 100 pages. In this stunning volume of eagles in world cultures and the threats they face from humans. This celebration of the eagle will dazzle both eye and imagination. 288 pages. Yale. 9/8x11¼. Pub. at $40.00

**3902843 NORTHERN GOSHAWK, THE GRAY GHOST: Habitats, Behavior, and Rehabilitation.** By Scott Rasmussen. Learn about the habits and habitat of the Northern Goshawk, a fierce bird of prey that nests in the boreal forests far from human habitation. This resource is filled with the author’s photos and illustrations from his many years spent studying the Northern Goshawk in all seasons. 112 pages. Schiffer. 8/8x11¼. Pub. at $34.95 $19.95

**467622X THE MEANING OF BIRDS. By Simon Barnes. From the mocking-birds of the Galapagos who guided Charles Darwin toward his evolutionary theory, to the changing patterns of migration that alert us to the reality of climate change, Barnes explores both the intrinsic wonder of what it is to be a bird, and the myriad ways in which birds can help us understand the meaning of life. Illus. 323 pages. Pegasus Pub. at $29.95 $18.95

**4683587 BIRDS OF THE PACIFIC NORTHWEST: A Photographic Guide.** By Tom Aversa et al. Your birding handbook for a vast, distinctive region rich in refuges and other protected areas, including numerous iconic national parks. This landscape is like no other, and no other guide is like this one. Fully illus. in color, 458 pages. Workman Publishing. Paperbound. Pub. at $29.95 $21.95

**6507654 HUMMINGBIRDS: A Life-Size Guide to Every Species.** By Michael Fogden et al. Here is the first guide to profile all 338 known hummingbird species, from the Saw-billed Hermit to the Scintillant Hummingbird, including for every species a flight map, key statistics, life-size color photographs, and details on their behavior, plumage, and habitat. 400 pages. Harper. Pub. at $29.99 $19.95

**3895149 HOMEMADE BIRD FOOD: 26 Fun & Easy Recipes to Feed Backyard Birds.** By Adelle Porter. You’ll find 26 recipes to attract the birds you want to see, with ingredients you can find in your kitchen, including hard to get birds. Includes a chart that shows which birds dine on each dish. Illus. in color, 88 pages. Adventure Publications. Paperbound. Pub. at $14.95 $12.95

**4789105 OWLS OF THE EASTERN ICE: A Quest to Find and Save the World’s Largest Owl.** By Jonathan C. Slaght. An ode to these majestic creatures—cunning hunters, singers of eerie duets, and stems of a harsh and shrinking habitat—this is also a rare glimpse into the everyday life of a field scientist and conservationist. Color photos. 348 pages. Picador. Paperbound. Pub. at $18.00 $12.95

**3982266 100 BIRDS TO SEE IN YOUR LIFETIME: The Ultimate Wish-List for Birders Everywhere.** By D. Chandler & D. Couzens. Beautifully illustrated with hundreds of color photographs, and with up to date facts and figures on conservation, population status, and habitat needs. Painstakingly researched, this is the ultimate guide for avid birdwatchers and amateur enthusiasts. 120 pages. Penguin. Paperbound. Pub. at $29.95 $19.95

**4754816 FLIGHT LINES.** By Andrew Darby. Follow two outstanding and humble Grey Grouse, little-known migratory shorebirds, as they take previously uncharted ultra-marathon flights from the southern coast of Australia to Arctic breeding grounds. 324 pages. Pegasus. Pub. at $27.95 $6.95

**389124X PETERSON REFERENCE GUIDE TO BIRD BEHAVIOR.** By John Kricher. Your key to unlocking the mysteries and complexities of bird behavior. After noting particular behaviors that you might easily overlook, one year later, Kricher explains the science and adaptation underlying those actions and reminds you that birds think; their actions are purposeful, not random. 330 pages. Houghton Mifflin Harcourt. Paperbound. Pub. at $14.95 $9.95

**4800616 AMERICA: American Museum of Natural History. Ed. by Francois Vuilleumier. The definitive illustrated guide to over 650 North American bird species with an in-depth analysis of social behavior, nesting habits, and flight patterns. 752 pages. Dorling Kindersley. 8/8x11¼. Pub. at $40.00 $29.95

**4800618 IN THE WING: The Global Odyssey of Migratory Birds.** By Scott Weidensaul. In the past two decades we’ve understood much more about the navigational and physiological feats that enable birds to cross immensities of land and water. Above the highest mountains, or remain in unbroken flight for months at a single stretch has expanded. This is an exhilarating exploration of the science and wonder of global bird migration. 16 pages of color photos, 385 pages. Norton. Pub. at $32.00 $23.95

**3862909 AMERICA’S OTHER AUDUBON. By Joy M. Kiker. Chronicles the fascinating story of Genevieve Jones, the second woman making an extraordinary collection of beautiful art. Features reproductions of sixty-eight color lithographs and includes a forward by Leslie K.adding to the permanent collection of the Metropolitan Museum of Art. 192 pages. Paperbound. Pub. at $45.00 $19.95

**4796034 THE GLITTER IN THE GREEN: In Search of Hummingbirds.** By Jon Dunn. Explores these birds’ history, their life cycles, and their perilous position in a changing landscape. Traveling the full length of the hummingbirds’ world-wide range, from the cusp of the Arctic Circle to the sub-Antarctic islands off the tip of South America, Dunn embarks on a search for the most remarkable examples of their kind. 16 pages of color photos, 332 pages. Basic. Pub. at $30.00 $21.95

**4656156 HOW TO KNOW THE BIRDS.** By Iod Floyd. A celebrated naturalist, Floyd describes how a year of becoming a better birder. Choosing 200 top avian species to teach key lessons, he introduces a new, holistic approach to bird-watching that combines the tools of the 21st century to appreciate the natural world we inhabit together. Illus. 303 pages. National Geographic. Pub. at $28.00 $9.95

**4518070 WHAT IS IT LIKE TO BE A BIRD? From Flying to Nesting, Eating to Singing—What Birds Are Doing, and Why.** By David Allen Sibley. Explore more than two hundred species, and more than 330 new illustrations in this stunning large-format volume, where many of the primary illustrations are reproduced life-sized. An essential reference for bird lovers of all ages. 203 pages. Knopf. 8/8x11¼. Pub. at $35.00 $28.95

---

See more titles at erhbc.com/859
**Birds & Birding**

**3925838** EXTRAORDINARY BIRDS: Natural Histories. By Paul Sweet. This elegant box set includes a 53-page monograph containing a history of ornithology, followed by essays about forty books that not only define the discipline of ornithology but also serve as windows into a variety of birds, and 40 frame-able prints of reproduced artwork featured in each essay. Sterling. 9½x12. Pub. at $50.00 $18.95

**4750349** A MOST REMARKABLE CREATURE: The Hidden Life and Epic Journey of the World’s Smartest Birds of Prey. By Jonathan Melburg. Take an enthralling modern voyage of discovery in search of the caracaras—the clever, sociable birds of prey that astonishingly, and in the face of modern-day falcons, take care of the family nestling and cuddle with the babies in their nest. This beautifully illustrated book takes readers on a journey through the living world to see how birds conduct themselves in the wild. Fully illus. in color. 216 pages. Bird. $29.00

**392906X** TREASURY OF AUDUBON BIRDS. By John James Audubon. Audubon’s historic volume, completed in 1838, was succeeded by the smaller lithographic illustrations of the much more accessible complete octavo edition. This stunning volume presents 130 selected plates from the octavo version, featuring splendid portraits of the snow bunting, snowy owl, golden eagle, wild turkey, brown pelican, screech owl and more. Dover. $24.95

**5564357** THE BIRDS OF AMERICA: The Bien Chronobiographic Edition. By John James Audubon. John James Audubon is arguably America’s most recognized and collected artist. After his death, printer Julius Bien produced another elephant folio edition, this time by the new chromobiographic process. With this, beautifully produced collection is the first complete reproduction of Bien chronobiographs and will become the centerpiece of any bird lover’s library. 286 pages, Slipcased. Fully illus., most in color. Norton. 13x20½. Pub. at $350.00 $249.95

**4738039** A BIRD A DAY. By Dominic Couzens. Offers an illustrated guide to some of the rarest birds in existence, with maps that show where to find them. An accessible, readable, and visually appealing take on the serious subject of threatened biodiversity, the guidebook is timely and topical because of increasing concerns about climate change and habitat destruction. 240 pages. MIT Press. 9x10½. $4.95

**3891615** MRS MOREAU’S WARBLER: How Birds Got Their Names. By Stephen B. Sorenson. Arguably America’s most recognized and collected artist. After his death, printer Julius Bien produced another elephant folio edition, this time by the new chromobiographic process. With this, beautifully produced collection is the first complete reproduction of Bien chronobiographs and will become the centerpiece of any bird lover’s library. 286 pages, Slipcased. Fully illus., most in color. Norton. 13x20½. Pub. at $350.00 $249.95

**4702298** ATLAS OF RARE BIRDS. By Dominic Couzens. Offers an illustrated guide to some of the rarest birds in existence, with maps that show where to find them. An accessible, readable, and visually appealing take on the serious subject of threatened biodiversity, the guidebook is timely and topical because of increasing concerns about climate change and habitat destruction. 240 pages. MIT Press. 9x10½. $4.95

---

**Science & Nature for Children**

**3925374** WHEN FISH GOT FEET, WHEN BUGS WERE BIG, & WHEN DINOS DAWNED. By Hannah Bonner. From when life first crawled onto land all the way to the dawn of the dinosaurs, fascinating young readers about nature, the journey of life, and the world’s most amazing animals. $3.95

**3918612** INSECTS AT A Z. By Stephen A. Marshall. Provides fascinating answers to the myriad questions of the world of insects, from army ants to fireflies, net-winged midges and zebra clubtails. Each page tells the story of a different insect, one for every letter of the alphabet. Ages 6-11. Fully illus. in color. 32 pages. Firefly. 8x10. Pub. at $7.95 $3.95

**3945882** ENCYCLOPEDIA OF SHARKS: A Guide to Incredible Hunters of the Deep. By Barbara Taylor. Explore the world of sharks from great white and hammerheads to rays and skates. With hundreds of illustrations and photos, this is the definitive reference work. Ages 7 & up. Fully illus. in color. 384 pages. Miles Kelly. Paperback. $23.95

**3975712** BIRDS IN THE BACKYARD. By Camille de la Bedoyere. Find out what a fly likes to eat and how it digests its food; see what a robber fly’s eye looks like under the microscope, and discover how slugs and snails produce sticky slime with their own little gland. Ages 6-12. Fully illus. in color. 96 pages. Firefly. 8x10. $7.95


**4659600** AUDUBON’S BIRDS OF AMERICA. By Roger Tory & Virginia Marie Peterson. This lavishly illustrated edition collects the exquisite Audubon plates numbered from the following sequence of orders, families, and species in the Checklist of North American Birds; a two-way Concordance in the Appendix; captions on each plate with the bird’s accepted vernacular name; and much more. 448 pages. Abbeville. 12x14½. Pub. at $185.00 $79.95

**4702549** PENGUINS IN THE WILD. By David Tipling. Showcases selection of striking photographs of the birds taken in the wild, and includes all of the world’s seventeen penguin species, and will appeal to bird watchers who love the beauty of art and want to cover every aspect of their lives and behavior. This stunning volume is a beautiful celebration of these magnificent birds. 190 pages, 200 color photos. MIT Press. 11x9¾. Pub. at $19.95 $15.95


**3838384** BIRDS OF NORTHERN SOUTH AMERICA, VOLUME 2: Plates and Maps. By Robin Restall et al. 650 pages. Yale. Paperback. Pub. at $75.00 $9.95

**4810600** BIRDS OF WYOMING FIELD GUIDE. By Stan Tekiela. 346 pages. Adventure Publications. Paperback. Pub. at $14.95 $11.95

**3922162** COMPLETE WATERFOWL STUDIES, VOLUME II: Diving Ducks. By Bruce Burk. Fully illus., some in color. 272 pages. Schiffer. 8x11½. Pub. at $39.95 $12.95


**3971724** TOP 100 BIRDING SITES OF THE WORLD. By Dominic Couzens. Fully illus. in color. 320 pages. Bloomberg. 9x10½. **PRICE CUT to $7.95**


**393327X** BIRDS. By Jim Dine. Fully illus. Steidl. 12x½. Pub. at $50.00 **PRICE CUT to $9.95**

**3713725** RSPB BRITISH BIRDS OF PREY. By Marianne Taylor, photos by S.F. Olsen. Fully illus. in color. 224 pages. Bloomberg. 8x11½. Pub. at $34.00 **PRICE CUT to $14.95**

---
<table>
<thead>
<tr>
<th>Title</th>
<th>Author(s)</th>
<th>ISBN</th>
<th>Publisher</th>
<th>Pages</th>
<th>Size</th>
<th>Binding</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>3992608 ROARING, RUMBLING TATTOO DINO.</td>
<td>Ed. by Carl Blakes et al.</td>
<td>476682</td>
<td>Quarry</td>
<td>48 pages</td>
<td>9¾x12½</td>
<td>Paperbound</td>
<td>$3.95</td>
</tr>
<tr>
<td>3992609 DINOSAURS: 50 Temporary Tattoos That Teach.</td>
<td>Ed. by Artemis Roehrig</td>
<td>476710</td>
<td>Quarry</td>
<td>96 pages</td>
<td>8¼x11½</td>
<td>Paperbound</td>
<td>$5.95</td>
</tr>
<tr>
<td>3992620 DINOSAURS: 100 DEADLY DINO.</td>
<td>Ed. by Ed. by Carl Blakes et al.</td>
<td>476711</td>
<td>Quarry</td>
<td>96 pages</td>
<td>8¼x11½</td>
<td>Paperbound</td>
<td>$5.95</td>
</tr>
<tr>
<td>3992621 DINOSAURS: 200 DEADLY DINO.</td>
<td>Ed. by Ed. by Carl Blakes et al.</td>
<td>476712</td>
<td>Quarry</td>
<td>192 pages</td>
<td>8¼x11½</td>
<td>Paperbound</td>
<td>$6.95</td>
</tr>
<tr>
<td>3992622 DINOSAURS: 300 DEADLY DINO.</td>
<td>Ed. by Ed. by Carl Blakes et al.</td>
<td>476713</td>
<td>Quarry</td>
<td>192 pages</td>
<td>8¼x11½</td>
<td>Paperbound</td>
<td>$7.95</td>
</tr>
<tr>
<td>3992623 DINOSAURS: 400 DEADLY DINO.</td>
<td>Ed. by Ed. by Carl Blakes et al.</td>
<td>476714</td>
<td>Quarry</td>
<td>192 pages</td>
<td>8¼x11½</td>
<td>Paperbound</td>
<td>$8.95</td>
</tr>
<tr>
<td>3992624 DINOSAURS: 500 DEADLY DINO.</td>
<td>Ed. by Ed. by Carl Blakes et al.</td>
<td>476715</td>
<td>Quarry</td>
<td>192 pages</td>
<td>8¼x11½</td>
<td>Paperbound</td>
<td>$9.95</td>
</tr>
<tr>
<td>3992625 DINOSAURS: 600 DEADLY DINO.</td>
<td>Ed. by Ed. by Carl Blakes et al.</td>
<td>476716</td>
<td>Quarry</td>
<td>192 pages</td>
<td>8¼x11½</td>
<td>Paperbound</td>
<td>$10.95</td>
</tr>
<tr>
<td>3992626 DINOSAURS: 700 DEADLY DINO.</td>
<td>Ed. by Ed. by Carl Blakes et al.</td>
<td>476717</td>
<td>Quarry</td>
<td>192 pages</td>
<td>8¼x11½</td>
<td>Paperbound</td>
<td>$11.95</td>
</tr>
<tr>
<td>3992627 DINOSAURS: 800 DEADLY DINO.</td>
<td>Ed. by Ed. by Carl Blakes et al.</td>
<td>476718</td>
<td>Quarry</td>
<td>192 pages</td>
<td>8¼x11½</td>
<td>Paperbound</td>
<td>$12.95</td>
</tr>
<tr>
<td>3992628 DINOSAURS: 900 DEADLY DINO.</td>
<td>Ed. by Ed. by Carl Blakes et al.</td>
<td>476719</td>
<td>Quarry</td>
<td>192 pages</td>
<td>8¼x11½</td>
<td>Paperbound</td>
<td>$13.95</td>
</tr>
<tr>
<td>3992629 DINOSAURS: 1000 DEADLY DINO.</td>
<td>Ed. by Ed. by Carl Blakes et al.</td>
<td>476720</td>
<td>Quarry</td>
<td>192 pages</td>
<td>8¼x11½</td>
<td>Paperbound</td>
<td>$14.95</td>
</tr>
</tbody>
</table>

**Note:** For more titles, visit erhbc.com/859
Science & Nature for Children


- **3976637 THE HUMAN BODY: A Lens Book.** By Valentina Bonaguro. Explore the human body like never before with this interactive board book. Look and feel the brain, skin, red, or blue lens on each page to learn fascinating facts about the different body systems, just like a scientist! Ages 9-12. Full illus. in color. 28 pages. Runaway Rabbit. $8.95/10%. **Price cut to $5.95**

- **3870424 DINOSAUR STORIES.** By C. Velth & P. Bromage. Get ready to meet the total of dinosaurs and their friends! This collection of adventures is ideal for little dinosaur fans. Children will love the simple storytelling style and bring alive the ages 3-5. 384 pages. Mileys Kelly. Paperbound. Pub. at $23.95. **Price cut to $5.95**

- **3870842 DINOSAURS: The Myth-Busting Guide to Prehistoric Life.** By Mel Patel. Parrish. Illustrating with in-depth articles and beautiful color illustrations, including stunning two-page spreads of favorite species, this is your ultimate guide to the latest dinosaur research. Ages 8-12. 96 pages. Happy Fox. 8x10%. **Price cut to $9.95**

- **3845197 FIZZING PHYSICS: Science Crackers.** By Steve Parker. Discover the incredible facts behind color, sound, and energy in this collection of amazing images, fascinating facts, and cool cartoons for budding physicists who want to understand the wonders of the physical world. Ages 8-12. 32 pages. QEB Publishing. **Price cut to $2.95**

- **3845189 CRACKLING CHEMISTRY: Science Crackers.** By Steve Parker. Learn about the exciting world of atoms and molecules in a fun and simple way. How much does everyone do every day in this collection of amazing images, fascinating facts, and cool cartoons, for budding chemists who want to understand the chemical world. Ages 8-12. 32 pages. QEB Publishing. **Price cut to $9.95**

- **3843801 MY FIRST BOOK OF DINOSAUR STORIES.** By C. Velth & P. Bromage. Meet some of the most incredible creatures to have ever walked the Earth! From leggy leaf-eaters to reptiles that ruled the skies, meet the prehistoric parade! You’ll find fun, interesting, and often surprising “Brain Facts” related to each lab and the science behind each experiment. Ages 7-11. Fully illus. in color. 144 pages. Quarry. Paperbound. **Price cut to $3.95**

- **3839587 THE INCREDIBLE WORLD OF BUGS.** By Melanie Hobbert. Meet the world’s biggest, boldest, and most fascinating bugs! From super speedy dragonflies to beetles that can spray toxic chemicals to beautiful lantern bugs, you’ll discover new critters with every turn of the page. Press out sections let you create your very own bug parade! Ages 7-12. Fully illus. in color. 62 pages. Welbeck. **Price cut to $12.95**

- **4853800 MY SPACE BOOK.** By Danielle Robichaud. Activities, experiments, and fascinating facts—just wait until you see the space suit! Ages 8-12. 64 pages. Shoebox. 10½x13. **Price cut to $5.95**


- **4873864 STEM GREEN SCIENCE AT HOME.** By Susan Martineau. Fully illus. in color. 48 pages. Racehorse. **Price cut to $8.95**

- **4859260 A COLLECTION OF PECULIAR CREATURES: An Illustrated Encyclopedia.** By Sara Bynum. Divided into sections insects are accompanied by in-depth articles, and beautifully illustrated. Ages 128 pages. The Experiment. **Price cut to $17.95**

- **3991563 ANATOMICUM.** By Jennifer Z. Paxton, illus. by K. Wiedenmier. Fully illus. in color. 96 pages. Big Picture Press. **Price cut to $26.95**

- **4662800 ENERGY LAB FOR KIDS: 40 Exciting Experiments to Create, Harness, and Unlock Energy.** By Emily Hawthaker. Fully illus. in color. 144 pages. Quarry. Paperbound. **Price cut to $22.95**


- **4902838 THE BACTERIA BOOK: The Big World of Tiny Microbes.** By Steve Mould. Fully illus. in color. 72 pages. Dorling Kindersley. 8¼x11. **Price cut to $3.95**

- **4903028 HOW TO BE GOOD AT SCIENCE, TECHNOLOGY & ENGINEERING.** By Robert Dimidick et al. 320 pages. Dorling Kindersley. 8x10½. Paperbound. **Price cut to $9.95**

- **4903025 UTTERLY AMAZING HUMAN BODY: Packed with Pop-Ups, Flaps, and Incredible Facts.** By Richard Walker. Fully illus. in color. 31 pages. 8¼x11. **Price cut to $19.99**

- **4862970 CAT WHYS.** By Lila Prapp. Fully illus. in color. 104 pages. Warne. **Price cut to $9.95**

- **3938514 STRESS-FREE SCIENCE: A Visual Guide to Acting Science in Grades 4-8.** By Laura Westhol. 159 pages. Philtrum. Paperbound. **Price cut to $16.95**


- **3987958 WILDLIFE RANGER ACTION GUIDE: Track, Spot & Provide Healthy Habitat for Creatures Close to Home.** By Kay Carson. Fully illus. in color. 176 pages. Storey. 8x10. Paperbound. **Price cut to $18.95**

---

**SOLD OUT**

**4805006 HEARTY EATING! A Book about Food.** By Margaret L. Beatty. Fully illus. in color. 288 pages. NorthSouth. **Price cut to $17.95**

**3950808 HELMCOCK: A Forest Giant on the Edge.** By David R. Foster. The eastern hemlock has played a unique role in structuring northeastern forest environments, from Nova Scotia to Wisconsin, and through the Appalachian Mountains to North Carolina, Tennessee, and Alabama. These essays offer an appreciation of the beautiful, iconic and endangered tree. **Price cut to $9.95**

---

**Essays on Nature**

- **3950808 HELMCOCK: A Forest Giant on the Edge.** By David R. Foster. The eastern hemlock has played a unique role in structuring northeastern forest environments, from Nova Scotia to Wisconsin, and through the Appalachian Mountains to North Carolina, Tennessee, and Alabama. These essays offer an appreciation of the beautiful, iconic and endangered tree. **Price cut to $9.95**

---

**My Space Book.** By Danielle Robichaud. Activities, experiments, and fascinating facts—just wait until you see the space suit! Ages 8-12. 64 pages. Shoebox. 10½x13. **Price cut to $5.95**

---

**3939472 PILGRIM AT TINKER CREEK.** By Annie Dillard. Tell the dramatic story of the year the novelist spent in Virginia’s Blue Ridge valley, where she discovers ancient natural wonders. A unique collection of essays reflects what she found. 290 pages. HarperPerennial. Paperbound. **Price cut to $15.99**

---

**Like us on Facebook.com/EdwardRHamiltonBookseller**
**Nature Photography**

**DVD** 4687361 CHRISTMAS IN YELLOWSTONE: NATURE. Widescreen. Breathtaking landscape along the “People’s Path” as Yellowstone’s diverse animal residents make their way through the most challenging season of the year. When nature’s inhospitality is matched only by its serenity, your family can journey deep into the snowy solitude and beauty of Yellowstone at Christmas. English SDH. 60 minutes. PBS. Pub. at $19.99 $5.95

**3989644 THE CANNABIS.** By Jason King. Takes the reader on a visual and educational odyssey, showcasing over 250 carefully selected cannabis strains in all of their splendid glory. Through stunning photography and detailed tasting notes, King presents a unique appreciation for his favorite plant. SHOPWORN. 188 pages. Ten Speed. 10x10. Paperback. Pub. at $24.99 $5.95

**3880117 OUR PLANET.** By Alastair Fothergill. Using a pioneering photographic companion to the groundbreaking Netflix original documentary series, takes you on a journey across the globe’s different biomes to show the stunning visuals of nature’s most intriguing animals in action, and environmental change on a scale that must be seen to be believed. 320 pages. Ten Speed. 8x11¼. Pub. at $35.00 $7.95

**3763146 MY HORSE: Its Nature Revealed.** By Valérie T. Bengrand. Photographs by Stéphane Stuwer. A skilled photographer captures horses of many breeds, observing them up close and from afar, interacting with each other and relaxing in solitude. Those majestic images, many of them full-page, are complemented with informed text discussing horse behavior and how and why it is being evolved. 207 pages. Firefly. 9¼x12. Pub. at $29.95 $9.95

**4804120 The Noise of Ice: Antarctica.** By Enzo Barocca. This is Barocca’s account of the preparation for and after the Around the World Expedition, as one of the expedition’s told in his own words accompanied by his breathtaking photographs of the ice, snow and sea, the land the path and the environment. For this unique journey but a continuing love affair with Antarctica. 144 pages. Merrell. 12½x9¾. Pub. at $50.00 $9.95

**4769451 Hidden in Nature: The Art of Animal Camouflage.** By Anna Levin. Unique, direct vision, these excellent photographs of the world’s most camouflaged species emphasize the intelligence of animals and the magnificence of nature’s artistry. The book contains 160 pages of breathtaking images. Studio7. 10x10. Paperback. Pub. at $34.95 $11.95

**3982114 Oregon coast.** By Barbara Tricario. From north to south, more than 30 fine art photographers capture the Oregon coast’s Pacific coast’s best attributes. Sumptuous images include the towering sea stacks at Cannon Beach and Bandon Beach, and banking sea lions at Gold Beach. 112 pages. Ten Speed. 9¼x12. Pub. at $29.95 $11.95

**4786606 OVERVIEW TIMELAPSE: How We Changed the Earth.** By B. Grant & T. Dougherty. A striking collection of satellite images documenting human impact on the Earth. A unique book that responds— from the creators of Overview and the Instagram sensation Daily Overview— to 268 pages. Ten Speed. 10¼x11¼. Pub. at $40.00 $14.95

**3812484 THE BIG BLUE.** By Camille Seaman. Collects more than 85 stunning photographs of stormfronts, tornadoes, lightning storms, and pitch-black skies that engulff the viewer’s imagination and impart the awe-inspiring power of our constantly shifting skies. Princeton Architectural. 128 pages. $39.95

**4763483 Volcano: Live, Dormant, and Extinct Volcanoes Around the World.** By Robert J. Ford. Illustrated with more than 190 stunning photographs, this volume looks at more than 100 volcanoes, be they now extinct decorations on the landscape, sleeping giants or pouring out ash, towering over cities or lying remote and unseen. 224 pages. Amber. 11x11¾. Pub. in Book. $47.95

**2953048 Pacific Crest Trail: Hiking America’s Wilderness Trail.** Photos by Bart Smith. This lavishly illustrated volume highlights the Pacific Crest Trail with more than 190 breathtaking images. The photographs allow readers to experience the trail as if their boots were on the path, passing by the blazes, taking in the pass’s views at a scenic overlook, and freezing at the sight of deer or other wildlife. 224 pages. Rizzoli. 7¼x5½. Pub. at $19.95 $14.95

**5951267 The Appalachian Trail: Hiking People’s Path.** Photos by Bart Smith. Spanning 14 states from Maine to Georgia, the Appalachian Trail offers some of the breathtaking scenery in America. This stunning collection of over 190 breathtaking color photographs celebrates the diverse natural beauty to be found along the “People’s Path.” 224 pages. Amber. 11x11¾. Pub. at $39.95 $14.95

**472845X WATER.** By Bernhard Edmaier. In this stunningly illustrated edition, Edmaier looks at water—from both the air and the ground–as one of the most important landscape-shaping forces on Earth. Accompanied by expert texts of the geologist and writer Angelika Jung-Halt. This is an extraordinary and a momentous volume that captures the water’s power to create and destroy, frequently at the same time. 240 pages. Prestel. 11¼x14. Pub. at $65.00 $14.95

**3881229 Masterpieces of the Earth: From Fire to Ice, the Creation of the Landscape.** By Thomas Edmaier. In this stunningly illustrated volume, Edmaier looks at water—from both the air and the ground–as one of the most important landscape-shaping forces on Earth. Accompanied by expert texts of the geologist and writer Angelika Jung-Halt. This is an extraordinary and a momentous volume that captures the water’s power to create and destroy, frequently at the same time. 240 pages. Prestel. 11¼x14. Pub. at $65.00 $14.95

**4799214 Richmond Park: London’s Wildlife Paradise.** By Alain Briot. Resplendent, masterful photography captures the park across the seasons, from every angle. The intimate and splendid landscapes illustrate the rich diversity of wildlife in Richmond park throughout the seasons. ACC Art Books. 9x12. Pub. at $25.00 $21.95

**2971023 America’s National Parks.** Ian Shive. With more than 200 glorious images of the nation’s parks, this stunning volume celebrates everything from the snowy vistas of Denali in Alaska to the lava flows in Hawaii Volcanoes National Park, as well as Yellowstone, Yosemite, the Grand Canyon, and dozens more, from sea to shining sea. 479 pages. Earth Aware. 6¼x9. Pub. at $37.50 $21.95

**3995597 Remembering Lions.** By Margot Raggett. This is the fourth volume in the Remembering Wildlife charity series, which has so far raised more than a million UK pounds for conservation. Each volume is filled with stunning images generously donated by many of the world’s top wildlife photographers. 144 pages. £12.95 $19.95

**4735595 The Karakoram: Ice Mountains of Pakistan.** By P. Prior & M. Conrey. A unique photographic record of the spectacular Karakoram Mountains of Pakistan, with more than 30 spellbinding duotone and color images by the celebrated landscape photographer Colin Prior. 160 pages. Merrell. 11x11¾. Pub. at $70.00 $49.95

**3959211 New England Images.** By Samuel Chamberlain. From all church spires rising above village greens to white farmhouses, secluded beaches, and historic harbors, Chamberlain reveals the secret of New England’s strength and pride. Captured through beautiful black and white photographs. 192 pages. Taylor. 8¼x11. Paperback. Pub. at $39.95 $34.95

**471122X Ireland: On the Edge of Europe.** By Octavio Aburto et al. This breathtaking collection of nature photography reveals rare creatures, extraordinary landscapes, and captures fleeting moments of drama and beauty in the natural world. 144 pages. Chronicle. 11x8½. Pub. at $35.00 $14.95

**3997528 Wonders: Spectacular Moments in Natural Photography.** By Octavio Aburto et al. This breathtaking collection of nature photography reveals rare creatures, extraordinary landscapes, and captures fleeting moments of drama and beauty in the natural world. 144 pages. Chronicle. 11x8½. Pub. at $35.00 $14.95

**3944212 Life From Above: Epic Stories of the Natural World.** By M. Bright & C. Saroosh. With over 200 spectacular images, including astonishing satellite photographs and stills from the PBS documentaries, this magnificent volume reveals our planet as you’ve seen it never before, shining new light on the place we call home. 288 pages. Royal. 10x11¼. Pub. at $40.00 $21.95

**4891563 The American Quarter Horse.** By David R. Stoecklein with B. Prunty. A photographic celebration of the American Quarter Horse, the history of its evolution, and the breeds that bred these powerful creatures. Prunty’s text traces the history of the breed and explores the different paths it has taken in the United States. 304 pages. Stoecklein. 12x12. Pub. at $60.00 $29.95

**4897133 The Performance Horse.** By David R. Stoecklein with J.F. Meyer. Features brilliant competitors from the major disciplines: reining, cutting, barrel racing, and roping; as well as hunter/jumper, three-day eventing, dressage, and driving. The book also features portraits of the men and women who make these great steeds go. 408 pages. Royal. 10x11¼. Pub. at $40.00 $21.95

See more titles at erhbc.com/859
**Healthy Cooking & Special Diets**

- **4746309** 72 REASONS TO BE VEGAN: Why Plant-Based, Why Now. By G. Stone & K. Fresson. You can adopt a vegan diet and everything from a healthy gut to glowing skin to better sex; ward off Alzheimer's, type 2 diabetes and other metabolic diseases; and take a meaningful stand against animal cruelty. This guide will show you how, 200 pages. Workman. Paperback. Pub. at $14.95 *$5.95

- **3969479** THE PSORIASIS DIET COOKBOOK: Easy, Healthy Recipes to Soothe Your Symptoms. By Kelly Blake. Blending the latest scientific advances with tried-and-true methods, this cookbook offers safe ingredients and minimizing the intake of triggering foods to restore gut health and reduce irritation, these delicious, anti-inflammatory recipes are valuable tools to soothing the symptoms of psoriasis. Recipes include Cinnamon-Pear Breakfast Bowls, Blueberry Spinach Salad, Ginger Chicken Meatballs, and more. Illus. in color. 180 pages. Rockridge. Paperback. Pub. at $17.99 *$12.95

- **4696816** PLANT-BASED FOR TRED PEOPLE. By Rachel Morris. Getting most of our food from the earth isn't new, but it's become increasingly popular as science discovers the many benefits of a plant-based diet. From flexitarian to vegan to Mediterranean, discover how much better this way of eating can make you feel. Thirty-two recipes include Almond Peanut Butter Wraps with Grilled Veggies. Color photos. 191 pages. Centennial. Paperback. Pub. at $16.99 *$12.95

- **2827926** EAT TO BEAT DISEASE: The New Science of How Your Body Can Heal Itself. By Vu. Cao-Dinh. Explaining how you thought you knew about your body and food, and discover the new science of how your body heals itself. With this guide you'll learn how to improve your health through diet, and tips for using food to transform your resilience and health. Dr. Li's plan shows you how to integrate the foods you already love into any diet or plan to fully activate your body's health defense system. 467 pages. Grand Central. Paperbound. Pub. at $16.99 *$11.95


- **3823393** HOLISTIC KETO FOR GUT HEALTH: A Program for Resetting Your Microbiome. By Robyn Roux. Paperback. Pub. at $24.95 *PRICE CUT to $19.95


**Exercise & Fitness**

- **3903516** JUST YOUR TYPE: The Ultimate Guide to Eating and Training Right for Your Body Type. By Phil Catudal with S. Colino. Explains how you should work with your natural born body type to do the optimal combination of cardio, strength training, and flexibility exercises. Considers the consumption and consumption of nutrition and macronutrients for your physique. This guide helps anyone create an individualized workout that's tailored to their body shape and composition. Illus. 223 pages. Da Capo. Paperback. Pub. at $16.99 *$11.95

- **461567** YOUNGER, FITTER, STRONGER: The Revolutionary 8-Week Fitness Plan. By Matt Roberts. Specially developed by this celebrity trainer, this revolutionary exercise and nutrition plan focuses on progressively harder strength and high-intensity workouts that boost muscles, strengthen bone and stimulate the production of growth hormone. Includes a six-week program, Well illus. in color. 208 pages. Bloomsbury. Paperback. Pub. at $22.00 *$17.95

- **4782080** HEALTHY AS F*CK. By Oonaq Duncan. Cuts through the wellness clutter to do what it says on the tin: six-pack abs you’re looking for, it might be self-confidence, happiness, and acceptance. But if losing your belly is what you want, don’t let anyone stop you from diving into it. And Duncan, an award-winning trainer, will show you how to make it happen. 270 pages. Sourcebooks. Pub. at $24.99 *$17.95

- **4674590** ULTIMATE GUIDE TO STRENGTH TRAINING. By Hollis Lieberman. Offers a step-by-step guide to strength training and includes illustrations and exercises from Dr. Prouty and Josie Gardiner will help you improve your core strength, balance, and flexibility. Includes multi-level exercises designed to help with step by step instructions and weekly routines for smartphone users, remedies for “tech neck” and “text neck,” and includes suggestions on diet and exercise from Dr. Lynn Kohlmeier. The Balance Workout includes multi-level exercises designed to improve strength, flexibility, and balance. Includes six-week routines for strengthening, posture and breathing, 81 minutes on two DVDs. Total Content. Pub. at $16.95 *$9.95

- **4770315** THE RESISTANCE TRAINING REVOLUTION. By Sal Di Stefano. Burn fat, build muscle,瘦 inches and feel healthier, more energetic, and youthful than you ever have in your life with this revolutionary new approach to resistance training. This is down fitness, free weights, and misunderstanding shares his decades of industry knowledge, and brings you a comprehensive guide to better body in as little as 60 minutes a week. Illus. 283 pages. Hachette. Pub. at $29.95 *$21.95


- **4683447** STRENGTH TRAINING FOR BEGINNERS: A 12-Week Program to Get Lean and Healthy at Home. By Kyle Hunt. Features detailed breakdowns of every workout, showing you how to use your form is on point, and handy ways to increase or decrease the difficulty of individual exercises based on your unique needs. Color illus. 187 pages. Rockridge. Paperback. Pub. at $16.99 *$12.95

- **3962369** CALISTHENICS FOR BEGINNERS: Step-by-Step Workouts to Build Strength at Any Fitness Level. By Matt Schifferle. Provides an all-inclusive training plan that won’t require massive sacrifices to your time, energy, or wallet. Includes all levels training, full-body workouts, and variety and fun with more than 35 original exercises. Illus. 176 pages. The Experiment. Paperback. Pub. at $12.95

- **DVD 4758218** FLEXIBLE SENIORS. Whether your goal is to regain or maintain flexibility, increase functionality, lose weight, or simply improve your quality of life, this is your first line of defense. Includes two DVDs. Total Content. Pub. at $16.95 *$9.95

- **DVD 4758315** SIT AND BE FIT: Easy Fitness For Seniors! The Diabetes Workout is a series of exercises designed to improve strength, flexibility, and balance. Includes suggestions on diet and exercise from Dr. Lynn Kohlmeier. The Balance Workout includes multi-level exercises designed to improve strength, flexibility, and balance. Includes six-week routines for strengthening, posture and breathing, 81 minutes on two DVDs. Total Content. Pub. at $14.95 *$9.95

- **DVD 4770314** ANTI-AGING BIBLE: Your Essential Guide to Look and Feel Younger. By Bob & Jean Anderson. One of the most popular fitness guides of all time, this edition has been updated with new stretching routines, detailed anatomical illustrations, and practices to improve posture. Fully illus. 239 pages. Shelter. 8 1/2 x 11”. Paperback. Pub. at $22.95 *$17.95
**Exercise & Fitness**

- **F700952** THE FOOT FIX: 4 Weeks to Healthier, Happier Feet. By Yasmina Zade. These easy and fast-acting routines for your feet standing and walking properly take only 15 minutes a day for four weeks. Once you've completed the program, mindful practices that check in on your posture and gait as you go about your day will maintain your foot health and ensure bad habits never return. Well illus. 184 pages. Watkins. Paperbound. Pub. at $20.95

- **DVD 4736832 JANE FONDA'S LOW IMPACT WORKOUT.** Fullscreen. This low impact workout contains a warm up, cool down, and aerobic activity that will jump start your metabolism and improve your overall physical fitness without being hard on your joints and muscles. Beginners will enjoy the easy to follow movements and those more advanced will enjoy the challenge of doing the workouts with weights. 51 minutes. Lightyear Entertainment. Pub. at $14.95

- **DVD 4700935 THE NAVY SEAL INDUSTRIAL STRENGTH PT.** A fast paced one on one PT training session that is guaranteed to do the job in half the time. Created for those who require the maximum fitness results in the minimum amount of time. LOTI Group. Pub. at $29.95

- **F700742 MOVING FROM THE POSE OUT: 7 Principles for Ease and Mastery in Movement.** By L. McLennan & J. Peck. Written for the times when we don’t want quick fixes, band-aids, or shortcuts to solve a problem, but can instead dedicate time and attention to explore, this book takes a deeper dive into the fundamentals of movement–for practitioners, movement therapists, somatic teachers and students. Illus. 102 pages. Northumbria. Pub. at $14.95

- **3989763 THE ENDURANCE HANDBOOK.** By Philip Maftei. Shows you how to achieve athletic potential, stay healthy, and get the most out of your body. It is your one-stop guide to training and racing—all your questions answered. 304 pages. Skyhorse. Paperbound. Pub. at $17.99

- **F700987 REVERSE SARCOPIA.** By Joseph Tieri. Provides you with strategies to combat sarcopenia—age-related weakening of the muscle—including progressive resistance exercises and a diet that will slow the progression of sarcopenia but can also reverse it. This guide gives you all the tools you need to combat the disease. 128 pages. Ulysses. Paperbound. Pub. at $19.95


- **4839390 STRETCHING POCKET BOOK, 40TH ANNIVERSARY EDITION.** By Bob Anderson. Fully illus. 224 pages. Dorling Kindersley. Paperbound. Pub. at $19.95


- **3958584 RESYNC YOUR LIFE: 28 days to a Stronger, Leaner, Smarter, Happier You.** By Samir Becic. Fix your body's circadian rhythms. 245 pages. Thomas Nelson. Pub. at $24.95


---

**Health & Medical References**

- **3759444 THE HEALING POWERS OF VINEGAR, REVISED EDITION: A Complete Guide to Nature’s Most Remarkable Remedy.** By Cal Drey. Drawing on the latest scientific studies and interviews with top researchers, this comprehensive guide reveals how apple cider and red wine vinegars, as well as balsamic, fruit, rice, and herb-infused vinegars can help you stay healthy. Includes recipes and hints for using vinegar for everything from making counteracting bad foods to 363 pages. Kensington. Paperbound. Pub. at $15.00

- **4704436 MYTH-BUSTING YOUR BODY: The Scientific Facts Behind the Headlines.** By Sarah Schenker. Vets, nutritionists, and top researchers bust the biggest health and body myths of our times. Using the latest research, the author debunks scary headlines and explains why they’re wrong. The book also discusses the big effects on dieting, weight, mental health, and risk for disease. 265 pages. Harper. Pub. at $28.99

- **4792122 SLEEP WISE: How to Feel Better, Work Smarter, and Build Resilience.** By Daniel J. Blum with E. Tse. This little book proves that getting the sleep you need to be productive, healthy, and happy when you’re awake. Dr. Blum discusses the everyday activities and habits that play a major role in shaping sleep and overall health. 247 pages. Parallax. Paperbound. Pub. at $16.95

---

**Beauty & Skin Care**

- **3849287 RED: A History of the Redhead.** By Jacky Colliss Harvey. The first easy and fast-acting routine for red and redheadness from prehistory to present day. Harvey weaves a fascinating history beginning with the moment the redhead gene made its way out of Africa, through the intolerance manifested against it as an indicator of Jewishness, across medieval modern age as a form of symbolism and culture. Illus. in color. 230 pages. Black Dog & Leventhal. Pub. at $28.00

- **4817176 THE GENTLEMEN’S GUIDE TO GROOMING.** By Peabody Fawcett. Takes a charming look at the history of male grooming and suave haircuts and fashions through the years. Gathering the voices of the world’s distinguished barbers and stylists, it offers practical advice on hair care, skin care, and maintaining a beard, and so much more. Illus., mostly in color. 176 pages. Sterling. Pub. at $19.95

- **4779698 HAIR TO DYE FOR: DIY Tutorials for Modern Mermaids, Creative Cosplay, and Everyday Glammery.** By Diamond Dallas Page. A hair color innovator breaks down twenty plus of her signature looks, with pro tips and step by step instructions for achieving man-made hair effects—from subtle to sensational! In the salon. Illus. in color. 160 pages. Weldon Owen or in the salon. Pub. at $20.00


- **3966365 BREAK FREE FROM ECZEMA.** By L. McLennan & J. Peck. Written for the times when we don’t want quick fixes, band-aids, or shortcuts to solve a problem, but can instead dedicate time and attention to explore, this book takes a deeper dive into the fundamentals of movement–for practitioners, movement therapists, somatic teachers and students. Illus. 226 pages. Harper. Paperbound. Pub. at $19.95

- **4808397 I AM BEAUTY: Timeless Skincare and Beauty for Women 40 and Over.** By Sandy Skotnick. In this surprising and innovative guide you’ll learn the truth behind the biggest health and body myths of our times. You’ll learn the truth behind the biggest health and body myths of our times. 406 pages. Penguin. Pub. at $28.00


- **3945340 BEARDS: The Rise of Facial Hair, Eyes Wide Open.** By Michael. Paperbound. Pub. at $9.95

---

**The GOOD VICES: From Beer to Sex, the Surprising Truth About What’s Actually Good for You.** By Harry & Erik Ofgang. Tears down decades of myth and prejudice to reveal how some of our guiltiest pleasures are not only okay but actually good for our health. Learn how wine wards off against heart disease or how moderate exercise can be as beneficial as exercise. 196 pages. TarcherPerigee. Pub. at $16.00

- **3959597 THE COMPLETE BOOK of DIY BEAUTY TREATMENTS.** By F. Altich. Features a huge range of common ailments and symptoms, and contains specific and practical instructions for using all the therapies, safely and effectively at home by a total beginner, enabling you to take control of your health. Illus. in color. 256 pages. New Burlington. Pub. at $24.99

- **3979190 LIVE LONGER, LIVE YOUNGER: Design Your Personal Plan for a Long and Healthy Life.** By Rajendra Shama. In this important new work, internationally acclaimed integrated physician Dr. Sharma explains that healthy aging is within everyone’s grasp. Based on his in-depth knowledge of the latest ground-breaking research into anti-aging and the Regenerus Healthy Ageing Program offered through his clinic, he details the steps we can take to maintain optimal health. 332 pages. Koneky & Koneky. Pub. at $4.95

- **378771X HOW TO MAKE DISASTER BEAUTY CLEAR.** By Rangan Chatterjee. Baseline research and fascinating studies from real patients, Dr. Chatterjee offers a practical and revolutionary path to avoiding disease and embracing health. His simple plan involves four pillars: relaxation, food, sleep and movement. By making small changes in each of these key areas, you can create and maintain good health. Illus. 231 pages. HarperOne. Pub. at $27.99

- **2990997 THE BEST MEDICINE IS YOU: A Doctor’s Advice on the Body’s Natural Healing Power.** By Alexander Lombardi. Shows you how small basic changes, from eating chocolate in the morning to sleeping well at night, can improve your health, protect against disease, and help you lead a happier, longer life. In this remarkable book, you’ll learn how to repair your liver; how some natural products such as dark chocolate help you lose weight; and how washing your hands helps your mood. 195 pages. Collins. Pub. at $4.95

- **4711750 AN AMERICAN SICKNESS: How Healthcare Became Big Business and How You Can Take It Back.** By Elisabeth Rosenthal. A shocking investigation into the dangerous, expensive, wasteful, and dysfunctional American healthcare system. In clear and practical terms, Dr. Rosenthal spells out exactly how to decode medical jargon, find the right doctor, and give yourself control of your health care. 406 pages. Penguin. Pub. at $23.00

- **3787117 FOREST BATHING: How Trees Can Help You Find Health and Happiness.** By Qing Li. As a society we suffer from nature deficiency disease. This book shows how forest bathing can reduce your stress levels and blood pressure, strengthen your immune and cardiovascular systems, boost your energy, mood, productivity, and creativity, and even help you lose weight and live longer. Color photos. 310 pages. Viking. Pub. at $20.00

- **4707885 THE GENIUS LIFE: Heal Your Mind, Strengthen Your Body, and Unlock Your Extraordinary Potential.** By Daniel J. Blum with E. Tse. This little book proves that getting the sleep you need to be productive, healthy, and happy when you’re awake. Dr. Blum discusses the everyday activities and habits that play a major role in shaping sleep and overall health. 247 pages. Parallax. Paperbound. Pub. at $16.95
Complementary & Alternative Medicine


- **Liminal 11. Pub. at $14.95**
- **363181X THE HEALING POWERS OF VINEGAR, REVISED.** By Cal Orey. In this invaluable resource, you’ll find dozens of home remedies for treating allergies, colds, headaches, aches and pains, and more. Find out how vinegar’s curative powers can help prevent age-related diseases like cancer, heart disease, and bone loss. You’ll also find a wealth of natural beauty treatments and home remedies, 332 pages. Keats Publishing. Paperbound. Pub. at $14.00 $3.95


- **65971X STOPPING INFLAMMATION: Relieving the Cause of Degenerative Diseases.** By Nancy Appleton with G. N. Jacobs. Begins with an explanation of inflammation and then looks at its many causes, from food allergies to environmental factors to psychological stress. It then focuses on treating the various health disorders and explains the role that inflammation plays in each. Provides a variety of drug-free treatments, 212 pages. Square One Publishers. Paperbound. Pub. at $14.95 $9.95

- **4710290 ELECTRO BODY, ELECTRIC HEALTH. By Eileen Day McKissack. Tap into the power of electricity to heal your body and empower your life. This simple observation will change everything you think**

- **4587030 COLLOIDAL SILVER: The Natural Antibiotic. By W. Kuhn & W. von Holst. Reveals the many uses and benefits of colloidal silver and how to use it safely. Excellent color photos. This book has been overshadowed in recent decades—for boosting immunity, reducing pain and inflammation, and treating more than 80 common ailments including eczema, acne, thrush, flu, asthma, hay fever, and more. 152 pages. Healing Arts. Paperbound. Pub. at $14.95 $11.95

- **4684228 FOLK MAGIC AND HEALING: An Unusual History of Everyday Plants.** By William Woeste. In the old ways, tales about plants were created to spread knowledge of their medicinal and nutritional properties, and many have become entwined with stories of local spirits, deities, and other elements of the natural world. This is ultimately a collection of many of these beliefs, aiming to inspire a greater appreciation of our wild plants and countrysides. Illus. 164 pages. Liminal 11. Paperbound. Pub. at $14.95 $11.95

- **4749162 101 AMAZING USES FOR GINGER, by Susan Branson. From fighting stomach upset to improving skin tone to boosting energy and mood—ginger can do most anything.**

- **3844579 101 AMAZING USES FOR ALOE VERA: Boost Your Immune System, Soothe Dry Skin, Heal Burns, and More!** By Susan Branson. From managing diabetes and fighting viruses to stimulating the immune system and preventing and treating burns, Aloe Vera has 101 uses. Branson provides 101 useful and unexpected reasons to add aloe vera to your diet and daily health plan. 136 pages. Familius. Paperbound. Pub. at $12.99 $9.95

- **3895459 ANTI-INFLAMMATORY DIET: How to Understand and Using Natural Oxygen Therapy.** By Mark Sircus. Oxygen’s healing properties have tremendous potential as a medical treatment for many serious health disorders. Sircus examines the remarkable benefits provided by oxygen therapy, from detoxification to treatments for disorders such as GERD and aging. 256 pages. Familius. Paperbound. Pub. at $18.99 $14.95


- **4931129 THE CBD OIL MIRACLE. By Laura Laguna. Discover all the ways in which cannabidiol, a natural remedy from the cannabis plant, helps improve our health and well-being. This book presents the powerful properties of this ancient medicine can boost mood, relieve pain, calm inflammation, improve heart health, strengthen bones, promote brain health, and much more. Laguna guides you through the science behind CBD oil, 264 pages. Castle Point. Paperbound. Pub. at $19.99 $9.95

- **4723678 ENERGETIC CELLULAR HEALING AND CANCER: Treating the Emotional Imbalances at the Root of Disease.** By Tizote de Jong. On every level—from the cellular to the nervous to the emotional—than 80 common diseases and conditions have been overshadowed in recent decades—for boosting immunity, reducing pain and inflammation, and treating more than 80 common ailments including eczema, acne, thrush, flu, asthma, hay fever, and more. 152 pages. Healing Arts. Paperbound. Pub. at $14.95 $11.95

- **2902123 NATURAL PAINKILLERS. By Y. Rouger & M. Borrel. Featuring key insights into pain and why we feel it, plus scientifically proven techniques that can help to make it go away, this essential handbook is your painkilling arsenal for combating a whole range of common ailments. Illus. in color. 128 pages. Skyhorse. Paperbound. Pub. at $16.99 $13.95

- **398370X EVERYTHING ELDERSERRY: How to Forage, Cultivate, and Cook With This Amazing Natural Remedy.** By Susannah Shmurak. Used for centuries to support health, elderberries’ reputation as an effective home remedy for colds and flu has been supported by numerous scientific studies. Readers will be introduced to modern techniques used to stimulate the reflex areas of the feet. Corresponding to all the different areas of the body—organs, muscle groups, nerves, and even the brain—their reflex areas hold the key to relieve stress, promote healing, and more. 260 pages. HarperCollins. Paperbound. Pub. at $19.99 $14.95


- **4772422 CIDER VINEGAR. By Christine Homer with M. Hills. Embracing the simple principles that make this drug-free protocol so effective, this guide will help you make cider vinegar a regular part of your daily diet, and explain the health benefits of this simple and affordable ingredient. 184 pages. Sterling. Paperbound. Pub. at $16.95 $11.95

- **4746252 THE ESSENTIAL GUIDE TO CBD: Everything You Need to Know About What It Helps, Where to Buy, and How to Take It.** By the eds. of Reader’s Digest & Project CBD. Provides readers with a comprehensive guide to cannabidiol and scientists and doctors, and accounts from people who have tried it, the authors debunk common myths with simple explanations, the latest research, and a comprehensive ingredient plan. 256 pages. Reader’s Digest. Paperbound. Pub. at $19.99 $14.95

- **4757065 GETTING BAKED: Everything You Need to Know About Hemp, CBD, and Medicinal Gardening.** By Barb Webb. Takes readers on an in-depth journey through everything you ever wanted to know about hemp and the wonders of cannabis. This book is designed to provide context, side effects, and dosages, and benefits. Part scientific research and part firsthand know how, you’ll be given dozens of recipes to enhance your experience, from smoothies and teas to CBD bombs and hemp body butters. 230 pages. Storybound. Paperbound. Pub. at $16.95 $13.95

See more titles at erhbc.com/859
Complementary & Alternative Medicine

**3927172** CBD OIL: Everyday Secrets. By Gretchen Lidicker. A nontoxicating compound found in most CBD is gaining popularity with top doctors, athletes, and celebrities praising it for its suspected anti-inflammatory and anti-anxiety properties—and you won’t want to miss this guide covers all the ins and outs of CBD oil and 30 recipes for snacks, smoothies, and tonics. Color photos. 192 pages. Countryman. Paperbound. Pub. at $14.95

**PRICE CUT to $3.95**


**$21.95**


**PRICE CUT to $9.95**

**3953548** HERBAL THERAPY FOR WOMEN. By Elisabeth Brooke. 160 pages. Aeon. Paperbound. Pub. at $16.95

**PRICE CUT to $7.95**

**3953645** A WOMAN’S BOOK OF HERBS. By Elisabeth Brooke. 237 pages. Aeon. Paperbound. Pub. at $19.95

**PRICE CUT to $11.95**

**Eastern Traditions and Practices**

**4712374** THE COURAGE TO RISE: Using Movement, Mindfulness, and Healing Foods to Triumph over Trauma. By Liz Arch. Gives invaluable insight into understanding the nature of trauma and shares effective tools you can use to begin regulating your nervous system, strengthening your emotional resiliency, and transforming pain into your greatest power. Well illus. in color. 332 pages. Abbeville. Paperbound. Pub. at $14.95

**$14.95**

**2860678** THE LONGETIVITY PLAN: Seven Life-Transforming Lessons from Ancient China. By John D. & Jane A. Day. Suffering from ill health, Day travels to a remote village in China to learn the simple lessons the locals taught them: how to live and when to die. A great new addition to the longevity movement. Includes 85 black & white photos. 208 pages. Rodale. Paperbound. Pub. at $15.95

**$11.95**


**$7.95**


**$12.95**

**3997278** CHAIR YOGA FOR SENIORS: Stretches and Poses That You Can Do Sitting Down at Home. By Lynn Lehmkuhl. Outlines the physical and mental benefits that come with practicing yoga daily, and provides instructions for numerous different exercises including full body warm-ups; joint rotations; individual and expert body cool downs. Fully illus. in color. 151 pages. Skyhorse. Paperbound. Pub. at $19.95

**SOLD OUT**

**4697332** YOGA BONES: A Comprehensive Guide to Managing Pain and Orthopedic Pain. By Laura Stalton. Expertly organized by orthopedic condition—including herniated discs, chronic neck pain, sciatica, hip replacements and more—each chapter includes a guided menu of therapeutic poses with descriptions, photographs, and illustrations. Now you don’t have to suffer through your pain or learn to endure it. 300 pages. Hachette. Paperbound. Pub. at $19.95

**$14.95**

**4720988** YOGA MOVES YOUR BODY WITH AGE. Nothing softens the aging process like yoga. Whatever you’re looking for at this time of life, wisdom, serenity, meaning, energy, bliss, or simply to feel better, this book will help. Based on years of practice of yoga principles can help you find it with her new method of “yin” stretching for the mature body. 70 minutes. Total Content. Paperbound. Pub. at $14.95

**$11.95**

**3851979** THE EVERYDAY I CHING. By Sarahen Benis. Fills the long-standing need for a clear, focused rendering of the I Ching, which makes its timeless wisdom accessible to everyone. Dening provides with this translation, a valuable resource that should be considered daily as one would a trusted friend. 209 pages. St. Martin’s. Paperbound. Pub. at $18.99

**$5.95**

**4663454** 100 NATURAL FOODS: A Practical Guide to Health with Traditional Chinese Medicine (TCM) for years to prevent and treat diseases. Inside this modern guide, the author lists 100 foods and describes their properties and cooking technique, making it easy to fully acquire the practical knowledge of food therapy. Well illus. in color. 192 pages. Shanghai Press. Paperbound. Pub. at $19.95

**PRICE CUT to $13.95**

**4784456** HUNGER, HOPE & HEALING: A Yoga Approach to Reclaiming Your Relationship to Food. By Sarahjoy Marsh. Full of clear, empathic advice and photographs of the step by step practices, this guide will help isolate the food-related issues and body image problems that feel: offer strategies for changing the behaviors; and give clear guidelines about the processes of recovery and the development of healthy eating skills. 298 pages. Shambhala. Paperbound. Pub. at $21.95

**$12.95**

**$5.95**

**DVD 4837770** RELIEVING STRESS WITH YOGA. By stretching, strengthening and balancing the muscles with poses, yoga alleviates the physical symptoms of stress and anxiety which often lead to tension, tightness and pain. With three hours of four Americans regularly experienced throughout the world. Whether you’re a beginner, a seasoned practitioner, or a yoga teacher, the step by step advice and photographs of the step by step practices, this guide will help isolate the food-related issues and body image problems that feel: offer strategies for changing the behaviors; and give clear guidelines about the processes of recovery and the development of healthy eating skills. 298 pages. Shambhala. Paperbound. Pub. at $21.95

**PRICE CUT to $13.95**

**4799208** YOGA TO SUPPORT IMMUNITY: Mind Body Breathing Guide to Whole Health. By Melanie Seidlmeyer. August 2007. Second edition is fully revised and updated. A complete guide to the practice of yoga to support immunity. This is the only guide on the market. Well illus. in color. 254 pages. Shambhala. 8x10.5. Paperbound. Pub. at $24.95

**$19.95**

**4794990** SITTING COMFORTABLY: Preparing the Mind and Body for Peaceful Meditation. By Swami Saradananda. Illustrates the key stretches, yoga poses and breathing exercises (pranayama) to help you sit comfortably and indelibly for as long as you can. With more even paced, serene photography and step by step guidance, this is the ultimate guide for preparing to a meditation practice. 176 pages. Wisdom. Paperbound. Pub. at $19.95

**$13.95**

**4691067** YOGA WHERE YOU ARE: Customize Your Practice for Your Body + Your Life. By D. Bondy & K. Heagberg. Whether you’re a beginner, a seasoned practitioner, a yogi or a philosophizer, this guide presents 48 illustrated instructions for hundreds of customizable pose variations provide an essential resource you can turn to as your practice evolves. Includes 50 illustrated foreheads, hair, hands, feet and body poses. 176 pages. Shambhala. Paperbound. Pub. at $24.95

**$17.95**

**3892206** ENERGY MEDICINE: The Science and Mystery of Healing. By Jill Blaylock. A rigorous and fascinating look at the role of energy in our lives and its powerful healing properties. This study offers an exclusive, one of a kind exploration and analysis of this powerful work and offers readers an easy guide. This book is a must read for the this ancient healing practice. 248 pages. Harper Wave. Paperbound. Pub. at $27.95

**PRICE CUT to $4.95**
Healing & the Mind

★ 3823407 RESTORE HEARING NATURALLY: How to Use Your Inner Resources to Bring Back Full Hearing. By Anton Stucki. In this step by step guide, the author explains his revolutionary hearing recovery system, complete with detailed instructions for 20 exercises. Exercising these practices you can do at home to train your senses. This unique system helps to establish contact with the inner self and enhance the brain’s self-regulation of the five senses to improve hearing. Illus. in color. 273 pages. Render. Paperbound. Pub. at $22.95 PRICE CUT to $12.95

★ 4700856 WHEN BRAINS DREAM: Exploring the Science & Mystery of Sleep. By A. Zadra & R. Stickgold. Making an elegant and engaging case for why the human brain needs sleep, Zadra and Stickgold offer compelling answers to age-old questions about the mysteries of sleep, and deliver an eye-opening exploration of what dreams are, where they come from, what they mean, and why we have them. 321 pages. Norton. Pub. at $27.95 $24.95

★ 4846028 THE I CHING ORACLE: A Guide Through the Human Maze. By Timothy & Johanna Dowdle. Designed to help the reader find a way through the complexities and challenges of everyday life, the Dowdles show the reader how to consult the I Ching oracle and receive clear answers to important questions. They explain the methods used for consulting the oracle and answers reader’s questions. 245 pages. 0-Books. $15.95

★ DVD 3853020 DREAM THERAPY. This program discusses how Dream Therapy can act as a subconscious decoder, decoding the hidden messages speaking to us through our dreams including: introduction to Dream Therapy, origins of Dream Therapy, healing with Dream Therapy, the Jungian approach to Dream Therapy, Dream symbols and their meanings, and sample dream analysis. 50 minutes.

★ DVD 4714571 THE ART OF TRANSFORMING BAD SENSES TO GOOD SENSES. A perfectly hands-on guide to help you tap into the immensely rich gifts that bad dreams offer up when we work with them in healing ways. Tap into the deep wisdom of your unconscious mind and discover how to transform your night of sleep into a beautiful refuge so you wake up into the deep wisdom of your unconscious mind. Immeasurably rich gifts that bad dreams offer up can be used as a shortcut into the depth of your own being to help you make the most of your remaining time. 306 pages. Llewellyn. Paperbound. Pub. at $19.95 $14.95

★ DVD 3824070 POSITIVE PSYCHOLOGY: The Science of Happiness. Widescreen. What role do money, IQ, marriage, friends, children, wealth, and prestige play on our happiness? Professor Catherine Sander son describes cutting edge research from the field of positive psychology on the factors that contribute to happiness. This guide provides ways to increase your own psychological well-being. 55 minutes. Dreamscapes Media. Pub. at $24.95 $17.95

★ 3865304 NEURO-PHILOSOPHY AND THE HEALTHY MIND: Learning from the Unwell Brain. By Georg Northoff. Taking an integrative approach to understanding the self, consciousness, and what it means to be mentally healthy, the author brings insights from neuroscience to bear on philosophical questions about the mind and brain. The book is based on the authors ground examination of the human condition with far reaching implications for psychology, medicine, our daily lives and beyond. 242 pages. Norton. Paperbound. Pub. at $22.95

Facing Illness & Death

★ 3953157 CHILDREN’S DREAMS: Understanding the Most Memorable Dreams and Nightmares of Childhood. By K. Bulkeley & R.M. Bulkeley. When a child talks about a vivid nighttime dream, it can be difficult for adults to know how to respond. The authors tell us how to observe and help children and adults understand why we dream and how dreams can help us unlock our creativity and make sense of our lives. 162 pages. Rowman & Littlefield. Pub. at $24.95

★ 3951898 THE COMPLETE BRAIN EXERCISE BOOK. By Fraser Smith. Features more than 150 brain exercises and puzzles, plus extensive brain food lists, menu plans and more than 125 recipes. 314 pages. Robert Rose. Pub. at $24.95 PRICE CUT to $3.95


★ 4846097 DEATH: The Scientific Facts to Help Us Understand It. By Digital & D. Ginsberg. Sprinkled with humor and the wisdom of great thinkers, this work reflects on our philosophical, scientific, and spiritual understanding of death. Chapters cover diverse topics such as consciousness and the soul, terminal illness and dying slowly, how the body dies, murder and execution, and more. Well illus., many in color. 264 pages. Firefly. Paperbound. Pub. at $29.95 $5.95

★ 3838358 THE ART OF DYING WELL: A Practical Guide to a Good End of Life. By Katy Butler. Packed with extraordinarily helpful insights and inspiring true stories, this volume illustrates how to thrive in later life, how to get the best from our health care system, and how to make your own “good death” more likely. This handbook of step by step preparations will help you make the most of your remaining time. 274 pages. Scribner. Pub. at $26.00


★ 3278857 HOW TO DIE: An Ancient Guide to the End of Life. By Seneca. Gathered in one volume the Roman Stoic philosopher’s remarkable meditations on death and dying, revealing a provocative thinker and dazzling writer who speaks with a startling frankness about the need to accept death–even, under proper circumstances, to take it out of our own hands. 260 pages. Princeton. Pub. at $16.95 $13.95

★ 3963831 WITH THE END IN MIND: Dying, Death, and Wisdom in an Age of Denial. By Kathryn Mannix. With insightful meditations on death, the space between them, Dr. Mannix questions the possibility of death gently, with forthright and preparation, and shows the unexpected beauty, dignity, and profound humanity of life coming to an end. 341 pages. Little, Brown. Pub. at $27.00 $19.95

★ 3740242 WITH THE END IN MIND: Dying, Death, and Wisdom in an Age of Denial. By Kathryn Mannix. With insightful meditations on life, death, and the space between them, Dr. Mannix questions the possibility of death gently, with forthright and preparation, and shows the unexpected beauty, dignity, and profound humanity of life coming to an end. 341 pages. Little, Brown. Pub. at $37.15

★ 3857786 NATURAL CAUSES. By Barbara Ehrenreich. Drawing on varied sources, from personal experience to biological trends, Ehrenreich examines the ways in which we obsess over death, our bodies, and our health. Both funny and caustic, she then tackles the question of how we might better prepare ourselves for the end. 234 pages. Twelve. Pub. at $27.00 PRICE CUT to $9.95

★ 3953289 DEALING WITH DOCTORS, DENIAL, AND DEATH: A Guide to Living Well, Even in the Face of Illness. By Arlene Mangalka. A seasoned doctor and researcher looks at the ways in which we are accustomed to treating illness at all costs, even at the expense of the quality of a patient’s life. The goal is to help patients and families make informed decisions that may ill live better with their illnesses. 260 pages. Exisle. Paperbound. Pub. at $24.95 $9.95

★ 489029X THE INEVITABLE HOUR: A History of Caring for Dying Patients in America. By Emily K. Abel. A frank portrayal of the medical care of dying people past and present, Abel helps to explain why a movement to restore dignity to the dying arose in the early 1970s and why its goals have been so difficult to achieve. 226 pages. Johns Hopkins. Pub. at $24.95 $19.95

★ 3804634 APPROACHING THE END OF LIFE: A Practical and Spiritual Guide. By Donna Schaper. In her more than forty years as a minister, Rev. Schaper has been approached hundreds of times by people wanting to prepare for the end of life in both practical and spiritual matters and in this sensitive volume, she offers guidance and helpful suggestions. 198 pages. Rowman & Littlefield. Pub. at $38.00 PRICE CUT to $4.95

★ 3895467 BRINGING DEATH TO LIFE: An Uplifting Exploration of Living, Dying, the Soul Journey and the Afterlife. By Patricia Scanlan et al. Shines light onto a subject that is too often left to our everyday conversations; death. Prayers, affirmations, and remarkable stories of the afterlife also make up this special, thought-provoking and deeply comforting volume. 286 pages. Rainbow Risk. Pub. at $16.95 $11.95

★ 3942225 A BEGINNER’S GUIDE TO THE END: Practical Advice for Living and Facing Death. By BJ Miller & S. Berger. One of the country’s leading hospice physicians and an experienced team up to walk us through an action plan for the end of life. Beginning well before the diagnosis and ending well after the memorial, this is an honest, surprising, and detailed orientated guide to the most universal experiences we will ever face. 80 pages. S&S. Pub. at $20.00

★ 3925765 A BEGINNER’S GUIDE TO THE END: Practical Advice for Living and Facing Death. By BJ Miller & S. Berger. This guide begins well before a diagnosis and ends well after the memorial. Did you know you can buy a basket at Walmart? That cremation isn’t the greenest option? That your “When I Die” file should include not only your wishes but your concerns for the people you love? There are also lessons for caregivers, strategies for keeping your kids from fighting over your stuff, and much more. Illus. S&S. Pub. at $28.00 $13.95

★ 482606X EXERCISE BOOK. By Fraser Smith. 287 pages. Rainbow Risk. Pub. at $13.95

★ 3901804 EVERYTHING YOU WANT TO KNOW ABOUT THE AFTERLIFE BUT WERE AFRAID TO ASK. By Hollister Randell. Filled with messages of love and stories that are healing and hopeful, this guide provides very helpful insights into what people believe about life after death. 176 pages. Inner Traditions. Paperbound. Pub. at $14.99 $9.95

Like us on Facebook.com/EdwardRHamiltoBookseller – 69 –
472170X COSY: The British Art of Comfort. By Laura Weir. Weir celebrates the simple joys that can bring us happiness when the world feels overwhelming. With an eye for the distracted British chicness, she sings the praises of socks, embraces the joys of open fires, and extols the virtues of a quiet walk. Illus. 162 pages. HarperOne. Pub. at $19.99 $9.95

47220XX SWearing IS GOOD FOR YOU: The Amazing Science of Bad Language. By Emma Byrne. Examines the latest research to show how swearing can be good for you. With humor and colorful language, Byrne explores the many ways that swearing, why and how do it, and what it tells us about ourselves. She presents a lighthearted but convincing case for the fouthmouthe.


473456X HOW TO WIN AN ARGUMENT: An Ancient Guide to the Art of Persuasion. By Marcus Tullius Cicero. Addresses proof based on rational argumentation, character, and emotion; the parts of a speech; the plain, middle, and grand styles; how to persuade no matter what audience or circumstances you face; and more. The volume also features a brief biography of Cicero, a timeline of his life, and translations of the Latin texts. 263 pages. Princeton. Pub. at $16.95 $12.95

4740777 WHOLE: How I Learned to Fill the Fragments of My Life with Forgiveness, Hope, Strength, and Creativity. By Melissa Moore with M. McConnell. A plan to usher you through heartache and toward a stronger, healthier place, WHOLE is a powerful journey of recovery and awakening that refrares the path to wholeness. Filled with real-life stories, the book invites understanding, growth, and transformation into your life. 242 pages. Rodale. Pub. at $25.99 $4.95

★4700732 TINY HABITS: The Small Changes That Change Everything. By BJ Fogg. Cranks the concept of small breakthrough discoveries in every chapter. You’ll learn the simplest proven ways to transform your life, and Fogg will show you how to feel more satisfied and less burdened by bad of your failures. Illus. 306 pages. HMH. Pub. at $16.99 $14.95

4686381 WHEN: The Scientific Secrets of Perfect Timing. By Daniel H. Pink. Drawing on a rich trove of research from psychology and biology, neuroscience and economics, Pink reveals how best to live, work, and succeed. His advice will transform how you think about your past, your present, and your future. 224 pages. Penguin. Pub. at $17.00 $5.95

4791924 LESS DOING, MORE LIVING: Make Everything in Life Easier. By Ari Meisel. Explores the fundamental principles of Meisel’s Live Better, Work Smarter, Live Easier and how you on optimizing workflow, creating an external brain, using technology, the three fundamentals of wellness—fitness, stress management, and mental health. 1239 pages. Warner. Pub. at $27.00 $12.95

4779966 THE POWER OF SMALL: By Aisling & Trish Leonard-Curtin. Offering a way to world, you transform your life through a series of small, doable steps, the authors weave stories, research, and practical tips into an achievable, concrete actions that will ripple out to create lasting change in your life. 347 pages. St. Martin’s. Pub. at $16.99 $4.95


4741374 HYPERFOCUS: How to Manage Your Attention in a World of Distraction. By Chris Bailey. An antidote for your distracted mind, based on the most recent neuroscience research, brimming with profound insights into how you can best achieve a greater sense of purpose and productivity throughout the day. 241 pages. Vintage. Pub. at $17.00 $9.95

4733266 ENJOY TIME: Stop Rushing, Get More Done. By Catherine Blyth. We are living longer more than ever before, and technology, we who are able to accomplish so much more. So why do we feel that we haven’t enough time? In 20 lessons, Blyth combines cutting edge science and psychology to show why time runs out from you, then provides the tools to get it back. 156 pages. White Lion. Pub. at $16.99 $9.95

4817477 LIFE ADMIN: How I Learned to Do Less, Do Better, and Live More. By Elizabeth Emens. Every day an unseen form of labor creeps into our lives, stealing precious moments of free time. From everyday tasks like scheduling doctors’ appointments and paying bills, to lifecycle events like planning a wedding, this study that we need to understand our own

35-7375THE MORNING MIND. By Rob & Kiri Aikin. Combining the latest research from psychology and neuroscience, Aikin reveals how to live a life of purpose, love, and peace. 203 pages. Portfolio. Pub. at $26.00 $9.95


4659538 THE COURAGE TO BE HAPPY. By I. Kishimi & F. Koga. Reveals a liberating new way to think, empowering you to let go of the past, stop worrying about what you “should” do, and use the insights presented to live a life you truly love. Discover the courage to choose happiness. 275 pages. Atria. Pub. at $25.00 $4.95

4659061 IN CASE YOU GET HIT BY A BUS: How to Organize Your Life Now for When You’re Not Around Later. By Abby Schirmer & Dave Less. Daily life is divided into three levels, from the most urgent, to the technical, to the nostalgic, this clear step by step program not only removes the anxiety and stress from your life in order. It’s actually liberating. Illus. 244 pages. Workman. Pub. at $17.95 $9.95

4727487 THE BIG BOOK OF LESS: Finding Joy in Living Lighter. By I. Kishimi. A thoughtful and surprising guide that shows us how to get to less stuff, less stress, less distraction, and less everything. And to how to find the freedom to create the life you really want. Discover the courage to choose happiness. 275 pages. Atria. Pub. at $25.00 $4.95

Like us on Facebook.com/EdwardRHamiltonBookseller
General Health & Self-Help

482685X THE FUTURE YOU: Break Through the Fear and Build the Life You Want. By Brian David Johnson. Detailing the authors' work as an applied futurist and gives readers the practical tools to craft the future they’ve always wanted. Offering a unique perspective and a toolset, including interactive workbooks, and compelling real-life stories, Johnson illuminates each step along the path toward a brand-new future. 290 pages. HarperOne. Pub. at $14.99 $9.95

4793196 ANOTHER PERSON’S PSYCHO: A History of Food Allergy. By Matthew Smith. Traces the history of food allergies and its effect on public health policy and the production, manufacture, and consumption of food, while exploring the issue from scientific, political, economic, social, and patient centered perspectives. 290 pages. Columbia. Paperback. $15.95

4735471 WALKING: One Step at a Time. By Erling Kagge. Walking for Kagge is a natural accompaniment to creativity: the occasion for the unspoken dialogue of things. Kagge explores the walker’s role also the antithesis to the speed at which we conduct our lives, to our insistence on rushing, on doing everything in a precipitous manner—walking is one of the most radical things we can do to our body, emotion, thought and visualization meditations. 176 pages. Adams Media. Paperback at $15.99 $11.95

4827023 YOU LOOK SO MUCH BETTER IN PERSUASIVE TRUE STORIES OF ADDICTION AND SUCCESS. By Al Roker. Packed to the brim with cackle-inducing and cringeworthy behind the scenes secrets and observations from over four decades in the media, this guide reminds us all that to do something successful in our personal and professional lives, our careers is just within reach. 216 pages. Hatchette. Paper at $28.00 $6.95

3921883 TRICK YOURSELF TO SLEEP: 222 Ways to Fall and Stay Asleep from the Science of Slumber. By Kim Jones. Poor sleep can weaken your immune system and your body, it can affect your ability to think and remember, it can increase the risk of weight gain, heart disease, and other health problems. But you do not have to suffer. Poor sleep is a mental illness. By learning to trick the mind to fall asleep and stay asleep, you will learn how to do it without medication or therapy. 218 pages. Books on Demand. Paperbound. Pub. at $20.00 $14.95

4701054 WHY WE GET MAD: How to Use Your Anger for Positive Change. By Ryan Martin. Drawing on 20 years of research, as well as personal experiences, from an angry parent, Dr. Martin explains exactly what anger is, why we get angry, how our anger hurts us as well as those around us, and how we can manage our anger and channel it into positive change. 210 pages. Watkins. Paper at $16.95 $12.95

4800532 PROTOCOL: The Power of Diplomacy and How to Make It Work for You. By Colin Mitchell. Marshall. President Obama’s former United States Chief of Protocol looks at why diplomacy and etiquette matter—from the international stage to the local town hall. From the personal to the important, how critical these principles are while providing an accessible guide for anyone who wants to be empowered by the tools of diplomacy in work and everyday life. 424 pages. Eccolo. Paper at $29.95 $16.95

4877306 THE ADDICTION SPECTRUM: A Compassionate, Holistic Approach to Recovery. By P Thomas & J. Marquis. Kicking addiction is most effective when done with an holistic approach. With the help of the 13 stage intuition protocol, detailed in this guide, you have the power to change your destiny. 341 pages. HarperOne. Paperback at $17.99 $6.95

4899727 DEFEND WITH A KNIFE: Techniques, Training, Tactics, By Florian Lahner. Teaching realistic concepts for defense—simple, effective, and usable—Lahner’s system is suited for ordinary persons as well as professional police officers and military personnel. Lahner teaches self-defense philosophy and the social reality of using knives and weapons. Lahner also addresses the psychological and moral aspects of self-defense. Fully illus. in 208 pages. Centaur. Paper at $24.95 $16.80

4878099 JOY AT WORK: Organizing Your Professional Life. By M. Kondo & S. Sonenshein. Offers stories, studies, and strategies to help eliminate clutter and make space for your environment. For those who are able to overcome the challenges of workplace mess and enjoy the productivity, success, and happiness that comes with a tidy desk and mind. 242 pages. Little, Brown. Paper at $24.00 $5.95

4757112 HEARTWORK: The Path of Self-Compassion. By Rudhnu Weininger. With the nine simple mindfulness practices she presents here, Weininger provides a step by step course in self-compassion. Using stories drawn from her own life and those of others, Weininger shows that, with the right intention and practice, we can all deepen our capacity to respond skillfully to our own suffering and thus to that of others and our world. 243 pages. Shambhala. Paper at $16.95 $9.95

4761391 THE OPTIMIST’S TELESCOPE: Thinking Ahead in a Reckless Age. By Bina Venkataraman. Drawing from stories she has reported around the world and new research in biology, psychology, and economics, Venkataraman shows how we can make decisions that benefit us over time. A trailblazing exploration of how we can plan better for the future: our own, our families’ $10.95

3931795 QUEEN ELIZABETH II’S GUIDE TO LIFE. Compiled by Karen Dolby. From fortitude in the face of adversity to standing as the nation’s ambassador all over the world, no one could doubt that this ethic powers this remarkable woman, even into her nineties. Here Dolby shares the secrets of Elizabeth’s success and presents insights on how you too could put it into practice some of the Queen’s personality traits and enjoy her unique attitude to life. Photos. 192 pages. Michael O’Mara. Pub. at $16.95 $13.95

3963551 KAIZEN: The Japanese Secret to Lasting Change. By Sarah Saxton. Simple steps of self-improvement will help you transform your habits, without being too hard on yourself along the way. Even the boldest intention becomes a series of small steps, and each person’s approach will be different when making Kaizen so effective for so many. Illus. in color. 268 pages. The Experiment. Paper at $18.95 $13.95

4875401 THE TRAIL GUIDE, By Sara Hagedon. If you plan to hike in the Swedish mountains, this guide must be part of your equipment. A majority of the trolls and beings that can be found in the mountains are not exactly friendly. There are no exceptions and even the most harmless plants, animals, and creatures are not mentioned in the regular literature about mountain flora and fauna. Your chances of surviving your mountain hike unharmed increase enormously when you read this guide in color. Dark Horse. 8½x11. Paperbound. Pub. at $19.99 $14.95

7398687 PICK THREE: You Can Have It All (Just Not Every Day). By Randi Zuckerberg. Work, sleep, family, fitness, friends, and fun! You can have it all! Or can you? This elegant, accessible, and consecutive section and a calendar to inspire a well-rounded life, this is the ultimate guide to helping anyone reject the unrealistic burden of balance and enjoy success on their own terms. Paperback. Paper at $19.99 $9.95

3875395 THE INVISIBLE RAINBOW: A History of Electricity and Life. By Arthur Firstenberg. Electricity and the effect of electricity on the body in medicine and agriculture, from the early eighteenth century to the present, making a compelling case that many environmental problems, as well as the major diseases of civilization—heart disease, diabetes, and cancer—are related to electrical pollution. Illus. 564 pages. Chelsea. Paper at $24.95 $19.95

4737504 HOW TO GET ALCOHOL FREE: 100 Tips for a Sober Life. By Kate Bee. If you’re interested in a dry or sober way of living, you will find this easy-to-read guide packed with practical tips for avoiding relapse. Whether you are looking for a short-term break or an ongoing change, 100 simple steps will help you understand your alcohol intake and effects, and offer practical ways to take control of your drinking and start realizing the benefits. This guide will help you plan for, switch to and enjoy a life beyond alcohol. 127 pages. Wellbeck. Paperbound. Pub. at $14.95 $4.95

See more titles at erhbc.com/859

Order all you want for one low $4.00 Postage & Handling charge.
To allow the lowest prices, we do no billing and do not accept credit cards. However, the same items may be obtained online from www.HamiltonBook.com using MasterCard, VISA, or PayPal.