

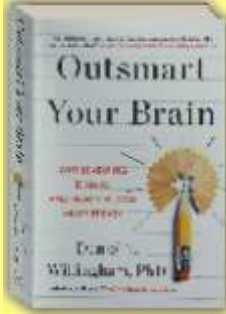
Science & Health

Bargain Books

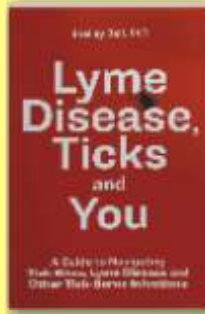
May 1, 2026



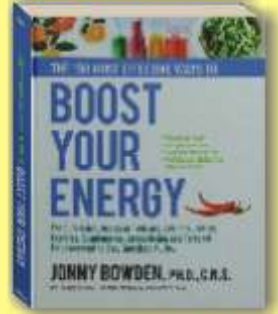
Page 53 **\$5.95**



Page 14 **\$5.95**



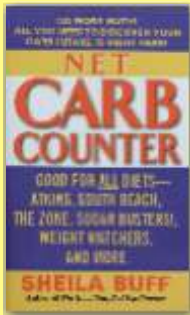
Page 57 **\$5.95**



Page 54 **\$7.95**



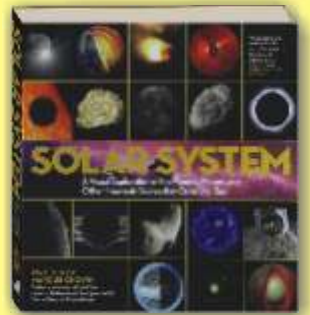
Page 54 **\$7.95**



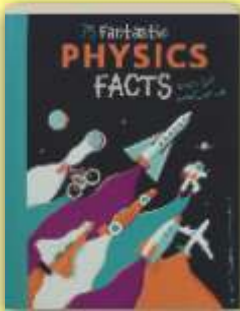
Page 52 **\$4.95**



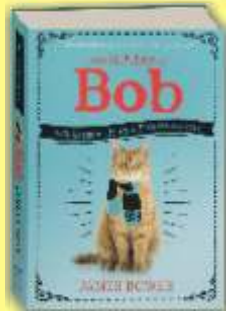
Page 60 **\$5.95**



Page 6 **\$9.95**



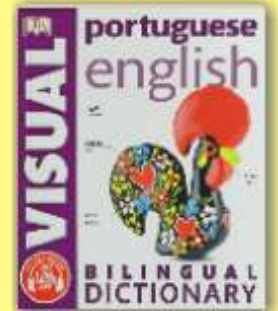
Page 44 **\$5.95**



Page 61 **\$3.95**



Page 67 **\$3.95**



Page 17 **\$6.95**

OUR GUARANTEE

You must be satisfied with any item purchased from this catalog or return it within 60 days for a full refund. No questions asked.

All items are new, and all books are hardbound unless marked otherwise. Shipment is normally within 48 hours. Some items may be temporarily out of stock, in which case a second shipment will be made, normally in 14 days, but in no case later than 60 days. Most items are in limited supply and at these prices may sell out fast. If any item is sold out your money will be refunded by bank check.

Save up to 80% off cover prices on these subjects:

Aging	67	Horses & Horsemanship	37
Airplanes & Airlines	7	Insects	34
Animals	39	Inspiration, Motivation & Self-Discovery	59
Anthropology	10	Life Science	9
Archaeology	8	Lives & Works of Philosophers	20
Architectural Surveys	24	Marine Mammals, Fish & Reptiles	36
Architecture	22	Mathematics	31
Astronomy, Space Travel & Cosmology	4	Medical Science	25
Beauty & Skin Care	54	Men's Health & Self-Help	70
Birds & Birding	42	Monographs on Architects	24
Business	26	More Works on Nature	47
Chemistry & Physics	10	Nature Photography	50
Communication Skills	67	New Age Spirituality	59
Complementary & Alternative Medicine	58	Nutrition & Weight Management	52
Computer Books	28	Paleontology & Evolution	7
Dictionaries	18	Philosophical Essays	20
Diseases & Disorders	57	Philosophy	19
Earth Science	3	Pregnancy, Childbirth & Parenting	69
Eastern Traditions and Practices	59	Psychology	14
Economics	21	Regional Architectural Styles	24
Education	16	Relationships	68
Engineering	22	Religion & Science	33
Engineering & Architecture	22	Research Tools & Sourcebooks	16
Environment & Ecology	3	Science & History	32
Essays on Nature	47	Science & Invention	33
Exercise & Fitness	53	Science & Nature for Children	44
Facing Illness & Death	66	Science Essays & Surveys	32
Farm & Domesticated Animals	38	Scientific Text and Reference	33
Fishing & Hunting	35	Sexuality & Sexual Expression	68
Foreign Language	17	Social Science	11
General Health & Self-Help	70	Stress & Pain Management	57
Healing & the Mind	63	Women's Health & Self-Help	70
Health & Medical References	54	Words & Language	16
Healthy Cooking & Special Diets	53		

Current titles are marked with a ★.

Due to a Supreme Court decision, we are now required to collect applicable state sales tax (which may include city and county taxes) based on the **delivery address** of your order. **If tax is due and your order will be shipped to the address preprinted on the order form, your tax rate is printed under the address.**

★ means that Postage & Handling is **NOT** part of the taxable amount.

If you are shipping this order to one of the following states please add sales tax:

AR 6.5%	HI 4%	MA★ 6.25%	NE 5.5%	RI 7%	WA 6.5%
AZ 5.6%	IA★ 6%	MD 6%	NJ 6.625%	SC 6%	WI 5%
CA 7.25%	ID★ 6%	ME 5.5%	NM 5.125%	SD 4.5%	WV 6%
CO 2.9%	IL 6.25%	MI★ 6%	NV 6.85%	TN 7%	
CT 6.35%	IN 7%	MN 6.875%	NY 4%	TX 8%	
DC 6%	KS★ 6.5%	MO 4.225%	OH 5.75%	UT★ 4.85%	
FL 6%	KY 6%	NC 4.75%	OK★ 4.5%	VA 5.3%	
GA 4%	LA 5%	ND 5%	PA 6%	VT 6%	

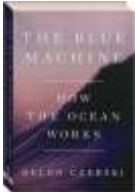
Scan to get the total tax rate including local taxes.



States in red above also have local taxes. To get the total rate go to HamiltonBook.com/tax

There are currently no states where we are required to collect a delivery fee.

Earth Science



9281193 THE BLUE MACHINE: How the Ocean Works. By Helen Czerski. Illustrates the mechanisms behind a defining feature of our planet, voyaging from the depths of the ocean floor to tropical coral reefs, estuaries that feed into shallow coastal seas, and Arctic ice floes. 446 pages. Norton. Pub. at \$32.50 **\$7.95**

9339426 MYSTERIES OF THE DEEP: How Seafloor Drilling Expeditions Revolutionized Our Understanding of Earth History. By James Powell. A chronicle of scientific ocean drilling—a crowning achievement of the 20th Century—and how it shaped our knowledge of Earth's past. Photos. 274 pages. MIT Press. Pub. at \$32.95 **\$7.95**



9363769 PHYSICAL OCEANOGRAPHY OF CONTINENTAL SHELVES. By K.H. Brink. Authoritative graduate text and professional reference on the physical dynamics of the coastal ocean. Provides an up-to-date, systematic treatment of the processes governing the velocity, pressure, temperature, and salinity of the coastal ocean. Illus. 248 pages. Princeton. Pub. at \$75.00 **\$11.95**



9214356 NEW HAVEN'S SENTINELS: The Art and Science of East Rock and West Rock. By J. Zeilunga de Boer & J. Wareham. More than two-dozen artists, including Frederick Church, George Durrie, and John Weir, captured the magic of these mountains and produced an impressive body of classic American landscapes. In the same period, the science of geology was evolving rapidly, triggering an inevitable controversy over the origin of rocks. Fully illus. in color. 156 pages. Wesleyan. 10 1/4 x 8 1/4. Pub. at \$30.00 **\$9.95**



8998477 GREAT PLAINS GEOLOGY. By R.F. Diffendal Jr. Describes the distinct features of 57 geologic sites, including fascinating places such as Raton Pass in Colorado and New Mexico, the Missouri Breaks of Montana, and the Ashfall Fossil Beds in Nebraska. Fully illus. in color. 210 pages. Bison. Paperbound. **\$15.95**

9288937 A SEA FULL OF TURTLES: The Search for Optimism in an Epoch of Extinction. By Bill Streever. An inspired and impassioned story of adventure that explores the richness of marine life and charts a path of resilience and hope. 16 pages of color photos. 242 pages. Pegasus. Pub. at \$28.95 **\$6.95**



9315381 KINGS OF THEIR OWN OCEAN: Tuna, Obsession, and the Future of Our Seas. By Karen Pinchin. This is a tale of human obsession, one intrepid tuna, the dedicated fisherman who caught and set her free, the promises and limits of ocean science, and the big truth of how our insatiable appetite for bluefin transformed a cottage industry into a global dilemma. 16 pages of photos, most in color. 310 pages. Dutton. Pub. at \$30.00 **\$6.95**



9175768 THE OCEAN'S MENAGERIE: How Earth's Strangest Creatures Reshape the Rules of Life. By Drew Harvell. Uncover the underwater "superpowers" of spineless creatures: corals stronger than steel or concrete, sponges that create potent chemical compounds to fight off disease, and sea stars that garden the coastlines. These wondrous creatures' biomedical, engineering, and energy innovations inspire important solutions to our survival. Illus., some in color. 260 pages. Viking. Pub. at \$32.00 **PRICE CUT to \$19.95**



9063110 ADVENTURES IN MAPS. By Debbie Hall. Features 20 awe-inspiring journeys, ranging in distances from a few miles to great treks across land, sea, air, and space. Some chart the route a traveler followed, while some are the fruits of exploration, and others were made to help future travelers find their way. Fully illus. in color. 218 pages. Bodleian Library. Pub. at \$40.00 **PRICE CUT to \$24.95**

9063285 EXTINCTIONS: From Dinosaurs to You. By Charles Frankel. Well illus. 280 pages. Univ of Chicago Press. Pub. at \$26.00 **\$14.95**

9285733 EARTH SHAPERS: How We Mapped and Mastered the World, From the Panama Canal to the Baltic Way. By Maxim Samson. 344 pages. Univ of Chicago Press. Pub. at \$30.00 **PRICE CUT to \$19.95**

9271198 DINOSAUR DREAMS: A Father and Daughter in Search of America's Prehistoric Past. By B.J. Hollars. Illus. 231 pages. Bison. Paperbound. Pub. at \$21.95 **PRICE CUT to \$14.95**

9039686 GROUNDBREAKERS: Remarkable Maps from the Low Countries, 1500-1900. By Anne-Rieke van Schaik. Fully illus. most in color. 304 pages. 10 1/4 x 11 1/4. Pub. at \$65.00 **PRICE CUT to \$29.95**

Environment & Ecology

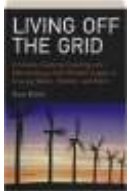


9184856 END TIMES: A Brief Guide to the End of the World. By Bryan Walsh. This compelling work peels back the layers of complexity surrounding the unthinkable and inevitable: the end of humankind. From asteroids and artificial intelligence to volcanic super eruptions to nuclear war, the author provides a stunning panoramic view of the most catastrophic threats to the human race. 406 pages. Hachette. Pub. at \$29.00 **\$5.95**



9322124 WHEN THE EARTH WAS GREEN: Plants, Animals, and Evolution's Greatest Romance. By Riley Black. Brings us back in time to prehistoric seas, swamps, forests, and savannas, where critical moments in plant evolution unfolded. Each chapter stars plants and animals alike, underscoring how the interactions between species have helped shape the world we call home. Illus. 291 pages. St. Martin's. Pub. at \$29.00 **\$6.95**

9363742 The MEDEA HYPOTHESIS: Is Life on Earth Ultimately Self-Destructive? By Peter Ward. Ward demonstrates that all but one of Earth's mass extinctions were caused by life itself. He looks at our planet's history in a new way, revealing an Earth witnessing an alarming decline in diversity and biomass—a decline driven by life's own "biocidal" tendencies. Yet life on Earth doesn't have to be lethal, and Ward shows why. 180 pages. Princeton. Paperbound. Pub. at \$22.95 **\$5.95**



7835248 LIVING OFF THE GRID: A Simple Guide to Creating and Maintaining a Self-Reliant Supply of Energy, Water, Shelter, and More. By Dave Black. Offers a gamut of alternative ways to make life more efficient, economical, and Earth friendly. Valuable for the urban dweller concerned about the size of his carbon footprint and the rural self-sufficiency enthusiast, the concepts presented here can save you money and help you be a better citizen of the planet. Illus. 280 pages. Skyhorse. Paperbound. Pub. at \$12.95 **\$6.95**

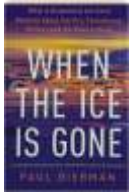


9328998 ON THE MOVE: How Climate Disasters Are Changing Where We Live. By Abraham Lustgarten. Explains how a pattern of shortsighted policies encouraged millions to settle in vulnerable parts of the country. Employing the most current climate data and predictive models, Lustgarten shows how America's population will be squeezed northward into a shrinking triangle of land stretching from Tennessee to Maine to the Great Lakes. 324 pages. Picador. Paperbound. Pub. at \$20.00 **\$5.95**



9334718 GRASS ISN'T GREENER: The Everyday Conservationist's Guide to Bringing Nature to Your Yard. By Danae Wolfe. Rooted in 20 practical steps, this guide demonstrates how small changes in your yard or garden can create a lasting impact for the planet. With easy-to-follow advice and real-life examples, learn to appreciate the new life you've attracted to your yard. Fully illus. in color. 239 pages. Timber. Paperbound. Pub. at \$27.99 **\$7.95**

9381198 DEMOCRACY IN A HOTTER TIME: Climate Change and Democratic Transformation. Ed. by David W. Orr. Orr gathers leading scholars, public intellectuals, and political leaders to address the many problems confronting our current political systems. Few other works have taken a systems view of the effects of a rapidly destabilizing climate on our laws and governance, or offered such a diverse set of solutions. 281 pages. MIT Press. Pub. at \$24.95 **\$5.95**



9253181 WHEN THE ICE IS GONE: What a Greenland Ice Core Reveals About Earth's Tumultuous History and Perilous Future. By Paul Bierman. Changes in Greenland reverberate around the world, with ice melting high in the Arctic affecting people everywhere. Bierman explores how losing Greenland's ice will catalyze devastating events if humanity doesn't change course and address climate change now. Illus. 291 pages. Norton. Paperbound. Pub. at \$18.99 **\$14.95**

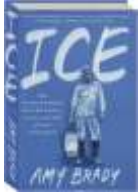
9351191 CULL OF THE WILD: Killing in the Name of Conservation. By Hugh Warwick. How do we protect endangered native species? Which species do we prioritize? And how do we reckon with killing anything in the name of conservation? Taking a balanced approach to this emotive subject, Warwick talks to experts on all sides as he explores the impact of species control. 304 pages. Bloomsbury. Pub. at \$28.00 **\$5.95**

Environment & Ecology



LIMITED QUANTITY ★9297596 THE HIDDEN SEASONS: A Calendar of Nature's Clues. By Tristan Gooley. The sun, moon, stars, plants, fungi, animals, water, and weather all tell us secrets about the seasons—if we know how to read their clues. Gooley reimagines the seasonal calendar not as four distinct phases, but as a series of changes that evolve moment by moment, every day of the year. Illus. 374 pages. The Experiment. Pub. at \$25.95

SOLD OUT



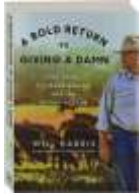
9295291 ICE: From Mixed Drinks to Skating Rinks—A Cool History of a Hot Commodity. By Amy Brady. The unexpected and unexplored ways that ice has transformed a nation—from the foods Americans eat, to the sports they play, to the way they live today—and what its future might look like on a swiftly warming planet. Photos. 312 pages. Putnam. Pub. at \$29.00

\$6.95



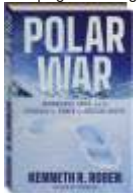
9353054 WHAT WE KNOW ABOUT CLIMATE CHANGE. By Kerry Emanuel. Emanuel outlines the basic science of global warming and how the current consensus has emerged. Although it is impossible to predict exactly when the most dramatic effects of global warming will be felt, he argues, we can be confident that we face real dangers. 69 pages. MIT Press. Paperbound. Pub. at \$15.95

\$5.95



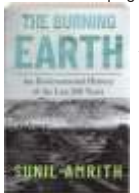
9337393 A BOLD RETURN TO GIVING A DAMN: One Farm, Six Generations, and the Future of Food. By Will Harris III with A. Greeven. At a time when supply chains are straining, climate-induced catastrophes are playing havoc with harvests, and concerns around who owns America's farmland are more prevalent than ever, Harris urges us to reconnect with the places and people who raise what we eat each day. 283 pages. Viking. Pub. at \$29.00

\$6.95



★9357130 POLAR WAR: Submarines, Spies, and the Struggle for Power in a Melting Arctic. By Kenneth R. Rosen. A blend of travelogue and frontline reporting that reveals how climate change, military ambition, and economic opportunity are transforming the Arctic into the epicenter of a new cold war, where a struggle for dominance between the planet's great powers heralds the next global conflict. 302 pages. S&S. Pub. at \$29.00

\$21.95



★9297553 THE BURNING EARTH: An Environmental History of the Last 500 Years. By Sunil Amrith. Weaving a colorful array of stories, characters, and vivid images into a mind-altering epic, Amrith offers a new understanding of humanity's innovations and exploitations, with all of their dire consequences—an understanding in which we might yet find the collective wisdom to save both ourselves and the planet. Illus. 418 pages. Norton. Paperbound. Pub. at \$19.99

\$14.95

9298827 DECODING THE WORLD: A Roadmap for Our Times. By P. Bronson & A. Gupta. A buddy adventure between Bronson and Gupta about the quest to live meaningfully in a world with such uncertainty. 325 pages. Twelve. Paperbound. Pub. at \$17.99

\$5.95



★9289518 MUSHROOM DAY: A Story of 24 Hours and 24 Fungal Lives. By Alison Pouliot, illus. by S. Patience. An hourly guide that spotlights twenty-four fungus species as they spread spores, find food, and adapt to a changing planet. Well illus. 191 pages. Univ of Chicago Press. Pub. at \$18.00

\$13.95



913588X BOREALIS: Trees and People of the Northern Forest. By Jelle Brandt Corstius, photos by J. Toirkens. After researching the stories of the boreal forests, a band of mainly coniferous trees that extends across Europe, Asia and North America, and the people who inhabit them, there is clearly an urgent need to share. Text in English and Dutch. Fully illus. most in color. 255 pages. Lannoo. 10 1/2 x 12 1/2. Pub. at \$80.00

PRICE CUT to \$19.95

9181024 THE HIDDEN COMPANY THAT TREES KEEP: Life from Treetops to Root Tips. By James B. Nardi. 299 pages. Princeton. Pub. at \$29.95

\$6.95

9228365 FUZZ: When Nature Breaks the Law. By Mary Roach. 308 pages. Norton. Pub. at \$26.95

\$4.95

6077250 THE WORLD ATLAS OF TREES AND FORESTS: Exploring Earth's Forest Ecosystems. By Herman Shugart et al. 400 pages. Princeton. 9 1/4 x 12 1/4. Pub. at \$49.95

\$9.95

9097627 ON THE MOVE: The Overheating Earth and the Uprooting of America. By Abraham Lustgarten. 324 pages. FSG. Pub. at \$30.00

\$6.95

9299513 SILENT SPRING REVOLUTION: John F. Kennedy, Rachel Carson, Lyndon Johnson, Richard Nixon, and the Great Environmental Awakening. By Douglas Brinkley. 16 pages of photos. 857 pages. Harper. Pub. at \$40.00

\$6.95

7802552 SIX DEGREES: Our Future on a Hotter Planet. By Mark Lynas. 335 pages. National Geographic. Paperbound. Pub. at \$16.95

\$4.95

9292403 EAARTH: Making a Life on a Tough New Planet. By Bill McKibben. 261 pages. St. Martin's. Paperbound. Pub. at \$17.99

SOLD OUT

9003371 THE MAN WHO SWAM THE AMAZON: 3,274 Miles on the World's Deadliest River. By M. Strel & M. Mohlke. Photos. 213 pages. Lyons. Paperbound. Pub. at \$16.95

\$4.95

9198741 SAVING TIME: Discover a Life Beyond the Clock. By Jenny Odell. Illus. 364 pages. Random. Pub. at \$28.99

\$5.95

9173099 LIVING ON EARTH: Forests, Corals, Consciousness, and the Making of the World. By Peter Godfrey-Smith. Color photos. 322 pages. FSG. Pub. at \$29.00

\$6.95

9248250 INTO THE CLEAR BLUE SKY: The Path to Restoring Our Atmosphere. By Rob Jackson. 277 pages. Scribner. Pub. at \$29.99

\$5.95

★9165428 CARBON: The Book of Life. By Paul Hawken. 243 pages. Viking. Pub. at \$28.00

\$21.95

9246045 THE LOST CONTINENT: Coral Reef Conservation and Restoration in the Age of Extinction. By David Alexander Baker. Well illus. in color. 207 pages. Imagine!. Pub. at \$27.99

\$5.95

★9225544 THE EVERYDAY NATURALIST: How to Identify Animals, Plants, and Fungi Wherever You Go. By Rebecca Lexa, illus. by R.M. Lalinde. Color photos. 171 pages. Ten Speed. Paperbound. Pub. at \$18.99

\$13.95

★9165592 WHITE LIGHT: The Elemental Role of Phosphorus—in Our Cells, in Our Food, and in Our World. By Jack Lohmann. Illus. 273 pages. Pantheon. Pub. at \$30.00

\$17.95

★7950837 WHEN THE SAHARA WAS GREEN: How Our Greatest Desert Came to Be. By Martin Williams. 16 pages of color photos. 222 pages. Princeton. Paperbound. Pub. at \$22.95

\$11.95

9264965 LIFE ON EARTH—AND BEYOND: An Astrobiologist's Quest. By Pamela S. Turner. 109 pages. Charlesbridge. 7 1/2 x 10 1/4. Pub. at \$19.95

PRICE CUT to \$3.95

★9125140 AIRFLOW. By Martin Simons. Fully illus. 140 pages. Special Interest Model. Paperbound. Pub. at \$17.99

PRICE CUT to \$4.95

★9154310 DIMMING THE SUN: The Urgent Case for Geoengineering. By Thomas Rameg. 199 pages. The Experiment. Pub. at \$24.95

PRICE CUT to \$9.95

★9137556 POTOMAC FEVER: Reflections on the Nation's River. By Charlotte Taylor Fryar. 266 pages. Bellevue Literary Press. Paperbound. Pub. at \$17.99

PRICE CUT to \$7.95

★9096345 TIR: The Story of the Welsh Landscape. By Carwyn Graves. Color photos. 237 pages. Calon. Pub. at \$24.00

PRICE CUT to \$9.95

★9193413 TAKE TO THE TREES: A Story of Hope, Science, and Self-Discovery in America's Imperiled Forests. By Marguerite Holloway. Illus. 292 pages. Norton. Pub. at \$28.99

PRICE CUT to \$14.95

★7945108 EXTINCTIONS: How Life Survives, Adapts and Evolves. By Michael J. Benton. Well illus. some in color. 288 pages. Thames & Hudson. Pub. at \$34.95

PRICE CUT to \$17.95

★9265864 THE ATLAS OF DISAPPEARING PLACES: Our Coasts and Oceans in the Climate Crisis. By C. Conklin & M. Psaros. Well illus. in color. 220 pages. New Press. Paperbound. Pub. at \$20.99

PRICE CUT to \$12.95

Astronomy, Space Travel & Cosmology

LIMITED QUANTITY 9354875 HUBBLE LEGACY: 30 Years of Discoveries and Images. By Jim Bell. Features the most stunning imagery captured by the Hubble telescope over three decades, and explains how Hubble has advanced our understanding of the universe and our very creation. 206 pages. Sterling. 9 1/2 x 11. Pub. at \$35.99

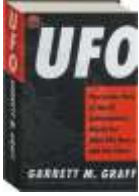
\$9.95



9373284 FINDING OUR PLACE IN THE UNIVERSE: How We Discovered Laniakea, the Milky Way's Home. By Helene Courtois. For 20 years, Courtois surfed the cosmos with international teams of researchers, working to map our local universe. In this work, she describes this quest and the discovery of our home supercluster. Well illus., some in color. 169 pages. MIT Press. Pub. at \$24.95

\$6.95

Astronomy, Space Travel & Cosmology



9378901 UFO: The Inside Story of the US Government's Search for Alien Life Here—and Out There. By Garrett M. Graff. The first comprehensive and eye-opening exploration of our government's decades-long quest to solve one of humanity's greatest mysteries: Are we alone in the universe? 16 pages of photos, some in color. 518 pages. Avid Reader. Pub. at \$32.50 **\$7.95**

LIMITED QUANTITY 9321667 UFO: The Inside Story of the US Government's Search for Alien Life Here—and Out There. By Garrett M. Graff. The full story of our national obsession with UFOs—and the covert search by scientists, the U.S. military, and the CIA for proof of alien life—is told in a deeply reported and researched history. 16 pages of photos, some in color. 518 pages. Avid Reader. Paperbound. Pub. at \$22.00 **\$6.95**



9215239 THE ART OF NASA: The Illustrations That Sold the Missions. By Piers Bizony. Selected from the archives of NASA and its principal contractors, the constellation of glorious artworks presented here provide a rare and unusual view of the history of American space exploration. A must for those curious to see what lies beyond the stars. 191 pages. Motorbooks. 12x12. Pub. at \$50.00 **\$9.95**



9355774 THE MOON LANDINGS: One Giant Leap. By Colin Salter. Flying to the Moon was always a byword for achieving the impossible, yet in July 1969 the Eagle landed Neil Armstrong and Buzz Aldrin on the Moon's surface, marking a watershed moment in human achievement. Tells the remarkable story behind the Apollo missions, and wonders what the next chapter in the tale of human spaceflight might be. Fully illus. some in color. 192 pages. Flame Tree. 11½x11¼. Pub. at \$35.00 **\$9.95**



9179755 WHERE DID THE UNIVERSE COME FROM? And Other Cosmic Questions. By C. Ferrie & G.F. Lewis. Allows readers to eavesdrop on a conversation between two award-winning physicists as they examine the universe through the unifying yet often contradictory lenses of classical physics and quantum mechanics. Tackles questions such as: Where did the universe come from? Do black holes last forever? And more. 255 pages. Sourcebooks. Pub. at \$17.99 **\$5.95**



LIMITED QUANTITY 9318267 ALIEN EARTHS: The New Science of Planet Hunting in the Cosmos. By Lisa Kaltenegger. Riveting and timely, a look at the research that is transforming our understanding of the cosmos in the quest to discover whether or not we are alone. Illus. 275 pages. St. Martin's. Pub. at \$30.00 **\$6.95**



6080634 MISSION TO MARS: A New Era of Rover and Spacecraft Discovery on the Red Planet. By Larry S. Crumpler. All eyes are on Mars. We are on the precipice of an explosive era of planetary discovery, and the Red Planet is at the center of the next space race. One scientist—Crumpler—is at the forefront of the exploration and could be said to have visited the surface. He recounts what it was like to be on the teams roving the surface. Well illus. most in color. 336 pages. HarperDesign. Pub. at \$35.00 **\$7.95**



924851X THE SIX: The Extraordinary Story of the Grit and Daring of America's First Women Astronauts. By Loren Grush. In this account of America's first women astronauts comes a story that, at its heart, is about desire: not a nation's desire to conquer space, but the longing of six women to reach heights that were forbidden to them at the time. 244 pages. Scribner. Paperbound. Pub. at \$20.99 **\$5.95**



9183272 4TH ROCK FROM THE SUN: The Story of Mars. By Nicky Jenner. What is it about Mars that makes it so intriguing? Here Jenner reviews Mars in its entirety, exploring its nature, attributes, potential as a human colony and impact on 3rd-Rock culture—everything you need to know about the Red Planet. Color photos. 272 pages. Bloomsbury. Pub. at \$27.00 **\$5.95**



***8896941 THE ANTI-GRAVITY HANDBOOK, REVISED 3RD EDITION.** Ed. by David Hatcher Childress. A compilation of material on Anti-Gravity, Free Energy, Flying Saucer Propulsion, UFOs, Suppressed Technology, NASA Cover-ups, and more. Newly revised and expanded with additional information on Area 51, it is heavily illustrated with patents, technical illustrations and photographs. 253 pages. Adventures Unlimited. **\$15.95**



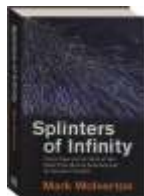
***9256628 A CITY ON MARS: Can We Settle Space, Should We Settle Space, and Have We Really Thought This Through?** By Kelly & Zach Weinersmith. Starting life anew somewhere far away, no climate change, no war, no doomscrolling, beckons, and settling the stars finally seems within our grasp. Or is it? The authors set out to write the essential guide to a glorious future of space settlements, but after years of research, they aren't so sure it's a good idea. Illus. 435 pages. Penguin. Paperbound. Pub. at \$20.00 **\$14.95**



9109927 THE SPACE SHUTTLE: A Mission-by-Mission Celebration of NASA's Extraordinary Spaceflight Program. By Roland Miller. Tells the story of NASA's Space Shuttle program and its 140 space flights in a uniquely designed way. Long before the James Webb Telescope rekindled our fascination with astronomy and place in the cosmos, the Space Shuttle began to capture the world's attention with its first mission (a test launch) on April 12, 1981 and continued to do so until its final mission on July 8, 2011. Fully illus. in color. 320 pages. Artisan. 9x11½. Pub. at \$50.00 **\$14.95**



9183736 GOLDILOCKS AND THE WATER BEARS. By Louisa Preston. What might life look like on other worlds? Preston gives us a tale of the origins and evolution of life on Earth, and the quest to find it on other planets, on moons, in other galaxies, and throughout the Universe. Illus. 288 pages. Bloomsbury. Pub. at \$27.00 **\$2.95**



9339442 SPLINTERS OF INFINITY: Cosmic Rays and the Clash of Two Nobel Prize-Winning Scientists Over the Secrets of Creation. By Mark Wolverton. Set in a revolutionary era of physics and science when a series of rapid-fire discoveries was upending our understanding of the universe, this tells the tale of two of America's foremost physicists who found themselves locked in an intense, often deeply personal, conflict about cosmic rays. Photos. 271 pages. MIT Press. Pub. at \$29.95 **\$7.95**



***9272720 MOONS: The Mysteries and Marvels of Our Solar System.** By Kate Howells. Takes readers on an interplanetary voyage to explore the mind-boggling moons of our solar system, from the volcanic hellscape of Io to the ice mountains and methane seas of Titan. Fully illus. in color. 128 pages. Pantera. Paperbound. Pub. at \$22.99 **\$18.95**



***9254420 CLASSICAL MYTHOLOGY OF THE CONSTELLATIONS: Timeless Tales of the Starry Night Sky.** By Annette Giesecke, illus. by J. Tierney. A retelling of the classic myths and timeless tales that underlie the eighty-eight named constellations in the night sky—from Andromeda to Orion to Ursa Major. Well illus. in color. 241 pages. Black Dog & Leventhal. Pub. at \$30.00 **\$22.95**



***9269428 FORTY WAYS TO KNOW A STAR: Using Stars to Understand Astronomy.** By Jillian Scudder. Astoundingly, there are at least 100 billion stars in our galaxy and an estimated two trillion galaxies in our visible universe. This work offers forty short essays that explore everything from the Milky Way to planetary nebulae, from how a star is born to the colors of stars. Fully illus. in color. 192 pages. Princeton. Pub. at \$25.95 **\$19.95**

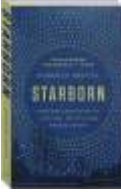


9303413 COSMIC ODYSSEY: How Intrepid Astronomers at Palomar Observatory Changed Our View of the Universe. By Linda Schweizer. From newborn galaxies to icy worlds and blazing quasars, a behind-the-scenes story of how Palomar Observatory astronomers unveiled our complex universe. Illus., some in color. 304 pages. MIT Press. Pub. at \$39.95 **\$11.95**

Astronomy, Space Travel & Cosmology



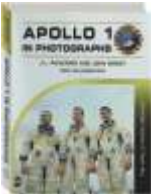
9255818 INTO THE ANTHROPOCOSMOS: A Whole Space Catalog from the MIT Space Exploration Initiative. By Ariel Ekblaw. Lavishly illustrated catalog of space technology of the future—lab-tested devices, experiments, and habitats for the age of participatory space exploration. MIT Press. 11¼x9¼. Pub. at \$39.95 **\$14.95**



9217827 STARBORN: How the Stars Made Us (And Who We Would Be Without Them). By Roberto Trotta. Reveals how stargazing has shaped the course of civilization. The stars have served as our timekeepers, navigators, and muses—they were once even gods. Pairs the history of our starstruck species with a world without stars where our understanding of science, art, and ourselves would be radically altered. 336 pages. Basic. Pub. at \$30.00 **\$7.95**

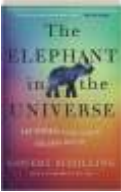


937325X DR. SPACE JUNK VS. THE UNIVERSE: Archaeology and the Future. By Alice Gorman. Takes readers on a journey through the solar system and beyond, deploying space artifacts, historical explorations, and even the occasional cocktail recipe in search of the ways that we make space meaningful. 290 pages. MIT Press. Paperbound. Pub. at \$16.95 **\$5.95**

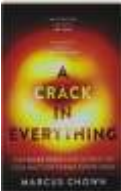


9338969 APOLLO 1 IN PHOTOGRAPHS. By J.L. Pickering et al. A detailed visual record of the Apollo 1 tragedy. Includes the arrival and assembly of the rocket and spacecraft, crew selection and training, preflight activities, the launchpad fire, and subsequent investigation. 272 pages. Schiffer. 9x11¼. **\$44.95**

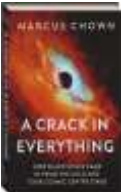
9174001 TARGET EARTH: Meteorites, Asteroids, Comets, and Other Cosmic Intruders That Threaten Our Planet. By Govert Schilling. The impact of an asteroid led to the extinction of the dinosaurs. Could another giant cosmic missile soon be heading our way? A full account of what we know and need to know about the extraterrestrial matter constantly bombarding our planet. 103 pages. MIT Press. Pub. at \$21.95 **\$16.95**



9311734 THE ELEPHANT IN THE UNIVERSE. By Govert Schilling. Schilling interviews believers and heretics to paint a colorful picture of the history and current status of dark matter research. This work is a vivid tale of scientists puzzling their way toward the true nature of the universe. Illus. 364 pages. Belknap. Paperbound. Pub. at \$19.95 **\$14.95**



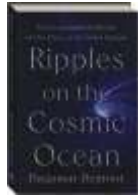
9361022 A CRACK IN EVERYTHING: How Black Holes Came in from the Cold and Took Cosmic Centre Stage. By Marcus Chown. What is space? What is time? Where did the universe come from? The answers to mankind's most enduring questions may lie in science's greatest enigma: black holes. 334 pages. Head of Zeus. Paperbound. Pub. at \$19.99 **\$14.95**



9114386 A CRACK IN EVERYTHING: How Black Holes Came in from the Cold and Took Cosmic Centre Stage. By Marcus Chown. What is space? What is time? Where did the universe come from? The answers to mankind's enduring questions may lie in science's greatest enigma—black holes. Discover how black holes came in from the cold and took cosmic center stage. Includes interviews with scientists who made key discoveries in this great untold story. 334 pages. Head of Zeus. Pub. at \$30.00 **\$21.95**



8797056 SOLAR SYSTEM: A Visual Exploration of the Planets, Moons, and Other Heavenly Bodies That Orbit Our Sun. By Marcus Chown. Beginning with a fascinating overview and then organized by planet, *Solar System* takes us on a trip across time and space that includes a front-row seat to the explosive birth of the solar system, a journey to (and deep inside) each of its eight planets, as well as an in-depth exploration of asteroids and comets. Fully illus. in color. 224 pages. Black Dog & Leventhal. 10¼x10¼. Pub. at \$29.95 **\$9.95**



9311823 RIPPLES ON THE COSMIC OCEAN: An Environmental History of Our Place in the Solar System. By Dagomar Degroot. The untold story of how environmental change throughout the cosmos shaped five hundred years of human civilization. Illus., some in color. 402 pages. Belknap. Pub. at \$32.00 **\$23.95**



9268545 VOYAGER: Photographs from Humanity's Greatest Journey. By Jens Bezemer et al. This opulent illustrated work takes readers on an emotional journey into the universe and shows the inseparable connection between humanity and Earth. It is not only a visual celebration of science, but also an invitation to explore the big questions of life. 293 pages. teNeues. 8¾x11. Paperbound. **\$29.95**

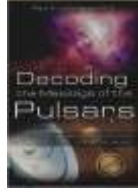


9225145 SPACE TO LIVE: The Search for an Alternative Home for Humanity. By Roderick J. Hill. From the search for extraterrestrial life to the technological challenges of Mars colonization, explore a compelling examination of humanity's next great frontier. Drawing on decades of scientific expertise, Hill explores the urgent need for off-world human habitation and the revolutionary technologies that could make it possible. Photos. 369 pages. Prometheus. Pub. at \$29.95 **\$21.95**

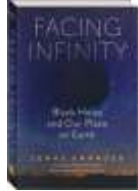


925384X THE COMPLETE BOOK OF SPACECRAFT: Rockets, Shuttles, Satellites, and Space Stations. By Michael H. Gorn et al. Marvel at the history of space exploration through its daring vehicles, exhaustively chronicled in this authoritative volume featuring more than 250 artworks. 264 pages. Motorbooks. 9½x11. **\$33.95**

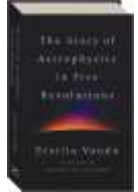
9311777 A LITTLE BOOK ABOUT THE BIG BANG. By Tony Rothman. Guides expert and uninitiated readers alike through the most compelling mysteries surrounding the nature and origin of the universe. 225 pages. Belknap. Pub. at \$24.95 **\$18.95**



9168842 DECODING THE MESSAGE OF THE PULSARS. By Paul A. LaViolette. Using scientific data to corroborate his theory, the author shows that pulsars are distributed in the sky in a nonrandom fashion, often marking key galactic locations, and that their signals are of intelligent origin, warning about a past galactic core explosion disaster that could recur in the near future. Illus. 211 pages. Bear & Company. Paperbound. Pub. at \$16.00 **PRICE CUT to \$2.95**



9287094 FACING INFINITY: Black Holes and Our Place on Earth. By Jonas Enander. A fresh, fascinating, up-to-the-moment appraisal of black holes—the massive astronomical objects with a gravitational pull so strong nothing can escape them, not even light—that situates them at the center of our understanding of our place on Earth and of the universe. 353 pages. The Experiment. Pub. at \$30.00 **PRICE CUT to \$17.95**



9186301 THE STORY OF ASTROPHYSICS IN FIVE REVOLUTIONS. By Ersilia Vaudo. A concise, elegant overview of how five of the most extraordinary moments of vision and intuition in the history of science forever transformed our understanding of the cosmos—and what we may yet discover in revolutions still to come. 207 pages. Norton. Pub. at \$23.99 **PRICE CUT to \$14.95**



9061568 LUNAR: A History of the Moon in Myths, Maps, and Matter. Ed. by Matthew Shindell. Combines exquisite cartographical charts of the Moon with articles exploring the role of the Moon in mythology and popular culture, and traces our evolving scientific understanding of the Earth's natural satellite, from the creation of the prehistoric lunar calendar to the launch of the Artemis missions. Well illus., many in color. 256 pages. Univ of Chicago Press. 10¾x14¼. Pub. at \$65.00 **PRICE CUT to \$39.95**

915969X NASA MISSIONS TO MARS: A Visual History of Our Quest to Explore the Red Planet. By Piers Bizony. 198 pages. Motorbooks. 12¼x12. Pub. at \$50.00 **\$7.95**

9184023 MARS: Owners' Workshop Manual. By David M. Harland. 188 pages. Haynes. 8½x10¼. Pub. at \$36.95 **\$6.95**

9224548 THE SECRET LIFE OF THE UNIVERSE: An Astrobiologist's Search for the Origins and Frontiers of Life. By Nathalie A. Cabrol. Well illus. some in color. 303 pages. Scribner. Pub. at \$30.00 **\$6.95**

Astronomy, Space Travel & Cosmology

- ★9061541 WHAT REALLY HAPPENS WHEN YOU DIE?: Cosmology, Time, and You.** By Andrew McLauchlin. 192 pages. Sirius. Paperbound. Pub. at \$9.99 **\$7.95**
- ★903928 BEFORE THE BIG BANG: The Origin of Our Universe and What Lies Beyond.** By Laura Mersini-Houghton. 216 pages. Mariner. Pub. at \$27.99 **\$9.95**
- ★9180982 UNDER ALIEN SKIES: A Sightseer's Guide to the Universe.** By Philip Plait. Color photos. 311 pages. Norton. Pub. at \$30.00 **\$6.95**
- ★9209387 THE BACKYARD ASTRONOMER'S GUIDE, FOURTH EDITION REVISED.** By T. Dickinson & A. Dyer. 416 pages. Firefly. 9x11¼. Pub. at \$49.95 **\$12.95**
- ★8877645 THE LITTLE BOOK OF ALIENS.** By Adam Frank. 215 pages. Harper. Pub. at \$27.99 **\$5.95**
- ★909718X PROJECT RAINBOW AND THE PHILADELPHIA EXPERIMENT.** By David Hatcher Childress. Fully illus. 222 pages. Adventures Unlimited. Paperbound. Pub. at \$22.00 **\$17.95**
- ★9263195 THE MARTIANS: The True Story of an Alien Craze That Captured Turn-of-the-Century America.** By David Baron. Well illus. 321 pages. Liveright. Pub. at \$29.99 **\$21.95**
- ★9085203 STILL AS BRIGHT: An Illuminating History of the Moon from Antiquity to Tomorrow.** By Christopher Cokinos. 16 pages of photos, some in color. 421 pages. Pegasus. Pub. at \$35.00 **\$5.95**
- ★9143157 SUPERMASSIVE: Black Holes at the Beginning and End of the Universe.** By J. Trefil & S. Satyapal. 246 pages. Smithsonian. Pub. at \$29.95 **PRICE CUT to \$17.95**
- ★7995873 THE MOON'S GALACTIC HISTORY: A Look at the Moon's Extraterrestrial Past and Its Connection to Earth.** By Constance Victoria Briggs. Well illus. 308 pages. Adventures Unlimited. Paperbound. Pub. at \$22.00 **\$14.95**
- ★6082300 STARS: A Month-by-Month Tour of the Constellations.** By Mike Lynch. Well illus. in color. 56 pages. Adventure Publications. 10¼x9¼. Paperbound. Pub. at \$14.95 **PRICE CUT to \$5.95**
- ★7953143 UAPS AND THE NUCLEAR PUZZLE: Visitations, National Security, and the Need for Transparency.** By Robert Salas. Illus. 229 pages. New Page Books. Paperbound. Pub. at \$18.95 **PRICE CUT to \$9.95**
- ★9175660 STARRY WONDERS: Exploring the 25 Brightest Stars.** By Janine Bonham. 239 pages. Mango. Paperbound. Pub. at \$28.99 **\$21.95**
- ★7897715 MONTANA UFOS AND EXTRATERRESTRIALS.** By Joan Bird. Photos. 230 pages. Riverbend. Paperbound. Pub. at \$19.95 **\$11.95**
- ★9013695 PHOTOGRAPHIC ATLAS OF THE MOON: A Comprehensive Guide for the Amateur Astronomer.** By Robert Reeves. Fully illus. 288 pages. Firefly. 10¼x10¼. Pub. at \$49.95 **\$39.95**
- ★9274685 MARS: Photographs from the NASA Archives.** By Nikki Giovanni et al. 339 pages. Taschen. 12x12. **\$64.95**
- ★9063846 THE LITTLE BOOK OF COSMIC CATASTROPHES (That Could End the World).** By Sara Webb. Fully illus. in color. 123 pages. Smith Street. Pub. at \$19.95 **\$11.95**
- ★9013598 THE BACKYARD STARGAZER'S BIBLE: Discover Constellations, Galaxies, Nebulae, Meteorites, and More.** By Mary McIntyre et al. Fully illus. in color. 416 pages. Abrams. Pub. at \$40.00 **PRICE CUT to \$17.95**
- ★8875162 THE ASTRONOMERS' LIBRARY: The Books That Unlocked the Mysteries of the Universe.** By Karen Masters. Well illus., many in color. 272 pages. Ivy Press. Pub. at \$40.00 **PRICE CUT to \$19.95**
- ★909234X STAR BOUND: A Beginner's Guide to the American Space Program.** By E. Carney & B. McCandless III. Photos. 260 pages. UNeP. Pub. at \$34.95 **PRICE CUT to \$14.95**
- ★9041141 HOW TO KILL AN ASTEROID: The Real Science of Planetary Defense.** By Robin George Andrews. Photos. 306 pages. Norton. Pub. at \$29.99 **PRICE CUT to \$9.95**
- ★6082408 COME FLY WITH US: NASA's Payload Specialist Program.** By M. Croft & J. Youskaskas. Illus. UNeP. Paperbound. Pub. at \$29.95 **PRICE CUT to \$9.95**

Airplanes & Airlines



- ★9212477 MODEL AIRCRAFT AERODYNAMICS, 5TH EDITION.** By Martin Simons. Comprehensive and concise guide provides everything you need to know about model aircraft aerodynamics. Updated edition features an extended chapter on aerofoils, the latest research on bird and insect flight, and more. Illus. in color. 336 pages. Fox Chapel. Paperbound. Pub. at \$21.99 **\$16.95**

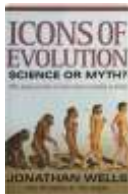


- ★9017232 LOCKHEED CONSTELLATION: Legends of Flight.** By Wolfgang Borgmann. This fully illustrated volume includes ample coverage for all three major commercial variants of the aircraft: the Constellation, the Super Constellation, and the Starliner. Wartime service by military versions, special features, extra comforts, freighter models and conversions are also covered. 144 pages. Schiffer. Pub. at \$29.99 **\$19.95**
- ★9218106 BOEING 707: Owners' Workshop Manual.** By Charles Kennedy. Fully illus., most in color. 188 pages. Haynes. 8½x11. Pub. at \$36.95 **\$21.95**

Paleontology & Evolution



- ★8887004 A (VERY) SHORT HISTORY OF LIFE ON EARTH: 4.6 Billion Years in 12 Pithy Chapters.** By Henry Gee. Gee zips through the last 4.6 billion years with infectious enthusiasm and intellectual rigor. Drawing on the very latest scientific understanding, he tells an enlightening tale of survival and persistence that illuminates the delicate balance within which life has always existed. 280 pages. St. Martin's. Pub. at \$24.99 **\$5.95**



- ★1194305 ICONS OF EVOLUTION: Science or Myth?** By Jonathan Wells. Argues that the best-known "icons" of evolution—from pictures of apes evolving into humans, to comparisons of fish and human embryos—are false or misleading. Reveals, among other things, that the textbook version of the origin of life assumes the exact opposite of what scientists now believe. 338 pages. Regnery. Paperbound. Pub. at \$19.99 **\$4.95**



- ★9363734 MATE CHOICE: The Evolution of Sexual Decision Making from Microbes to Humans.** By Gil G. Rosenthal. The popular consensus on mate choice has long been that females select mates likely to pass good genes to offspring. Rosenthal argues that "good genes" play a relatively minor role in shaping mate choice decisions and demonstrates how mate choice is influenced by genetic factors, environmental effects, and social interactions. 632 pages. Princeton. Pub. at \$63.00 **\$7.95**



- ★901889 TURNING POINTS: How Critical Events Have Driven Human Evolution, Life, and Development.** By Kostas Kampourakis. Critical historical events—or "turning points"—have shaped evolution and continue to have a decisive effect on individual lives. The author argues that, although evolution is the result of unpredictable events, these events have profound influences on subsequent developments. Illus. 366 pages. Prometheus. Pub. at \$25.00 **\$2.95**



- ★9380965 IMPOSSIBLE MONSTERS: Dinosaurs, Darwin, and the Battle Between Science and Religion.** By Michael Taylor. Reveals the central role of the discovery of dinosaurs in liberating science from religion, thereby forever changing perceptions about the Bible, history, and mankind's place in the world. Illus. 476 pages. Liveright. Pub. at \$32.99 **\$7.95**

- ★9085122 PURPOSE: What Evolution and Human Nature Imply About the Meaning of Our Existence.** By Samuel T. Wilkinson. By using principles from a variety of scientific disciplines, Yale Professor Wilkinson provides a framework for human evolution that reveals an overarching purpose to our existence. Illus. 338 pages. Pegasus. Pub. at \$29.95 **\$6.95**



- ★9045562 CREATURES BORN OF MUD AND SLIME: The Wonder and Complexity of Spontaneous Generation.** By Daryn Lehoux. Far from being a superstitious, gullible, or simplistic belief, spontaneous generation was a sophisticated and painstaking grounded fact that stood up to the best scientific testing. It's a compelling look at how we understand conceptions of scientific change, truth and progress. 177 pages. Johns Hopkins. Pub. at \$47.00 **\$3.95**



- ★9274286 ON THE ORIGIN OF SPECIES.** By Charles Darwin. Discover the groundbreaking work that reshaped our understanding of life on Earth. This classic title unveils the revolutionary theory of evolution through natural selection, challenging conventional beliefs and igniting scientific and philosophical debates that resonate to this day. 430 pages. Page Publications. Paperbound. Pub. at \$14.99 **\$6.95**

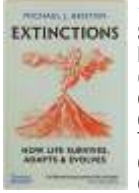
Paleontology & Evolution



9290427 THE ORIGIN OF SPECIES. By Charles Darwin. Initially received with muted applause, this work was soon recognized as the breakthrough scientific advance that explained the evidence of the world around us, the place and history of humans, and the connections between environment and evolution. 503 pages. Flame Tree. Pub. at \$25.00 **\$7.95**



LIMITED QUANTITY ★9311807 OUR OLDEST COMPANIONS: The Story of the First Dogs. By Pat Shipman. How did the dog become man's best friend? A celebrated anthropologist unearths the mysterious origins of the unique partnership that rewrote the history of both species. Photos. 247 pages. Belknap. Paperbound. Pub. at \$18.95 **\$14.95**



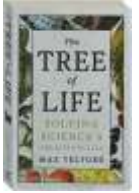
★9356843 EXTINCTIONS: How Life Survives, Adapts & Evolves. By Michael J. Benton. Cutting-edge techniques across biology, chemistry, physics, and geology have transformed our understanding of the deep past, including the discovery of a previously unknown mass extinction. This compelling evidence, revealing a series of environmental crises resulting in the near collapse of life on Earth, illuminates our current dilemmas.

Well illus., some in color. 288 pages. Thames & Hudson. Paperbound. Pub. at \$16.95 **\$12.95**

9236066 MY BELOVED BRONTOSAURUS: On the Road with Old Bones, New Science, and Our Favorite Dinosaurs. By Brian Switek. Dinosaurs, with their awe-inspiring size, terrifying claws and teeth, and otherworldly abilities, occupy a sacred place in our childhoods and are a fundamental part of our collective imagination. The author investigates the latest discoveries in paleontology and breathes new life into old bones. Photos. 256 pages. Scientific American. Paperbound. Pub. at \$16.00 **\$4.95**



8042721 ORIGIN: A Genetic History of the Americas. By Jennifer Raff. The story of who the first peoples in the Americas were, how and why they migrated, how they dispersed south, and how they lived based on a new and powerful kind of evidence: their complete genomes. Provides an overview of these new histories throughout North and South America, and a glimpse into how the tools of genetics reveal details about human history and evolution. Illus. some in color. 328 pages. Twelve. Pub. at \$30.00 **\$9.95**



★9319344 THE TREE OF LIFE: Solving Science's Greatest Puzzle. By Max Telford. For centuries, scientists have sought to unravel the secrets of how life on our planet originated, how it evolved into its dazzling diversity of forms, and how humans are related to everything else on Earth. With increasingly sophisticated genetic methods now bringing us closer to answers, Telford takes us inside one of science's greatest

quests. 305 pages. Norton. Pub. at \$29.99 **\$21.95**



★929970X HUMAN DEVOLUTION: A Vedic Alternative to Darwin's Theory. By Michael A. Cremonese. This work attempts to answer the question, "Where did we come from?", using research taken from the fields of genetics, archaeology, out-of-body experiences, cross-cultural cosmology, parapsychology, and reincarnation memories. 558 pages. Torchlight. Pub. at \$35.00 **\$26.95**



★9139206 FREE AGENTS: How Evolution Gave Us Free Will. By Kevin J. Mitchell. Tells the remarkable story of how living beings capable of choice arose from lifeless matter. Mitchell explains how sentient animals developed the capacity to model, predict, and simulate, and how these faculties reached their peak in humans. A new framework for understanding how life evolved the power to choose and why it matters. Illus. 338 pages. Princeton. Paperbound. Pub. at \$19.95 **\$15.95**



9363815 SPECIES TREE INFERENCE: A Guide to Methods and Applications. By L.S. Kubatko & L.L. Knowles. Up-to-date reference on phylogenetic methods and applications for evolutionary biologists. This volume brings together many of today's leading scholars in the field to provide an incisive guide to the latest practices for analyzing multilocus sequence data. Illus. 324 pages. Princeton. Paperbound. Pub. at \$49.95 **\$9.95**

★9289135 WHY RATS LAUGH & JELLYFISH SLEEP: And Other Enchanting Stories of Evolution. By David Stipp. For fans of accessible and fun popular science comes an exploration of evolution's quirkiest puzzles and most enduring mysteries. Photos. 318 pages. Timber. Pub. at \$30.00 **\$21.95**



5779812 LOST ANATOMIES: The Evolution of the Human Form. By John Gurche. Using skeletal and soft-tissue anatomy, Gurche skillfully reconstructs the appearance of individuals in the human lineage, and has developed visual techniques to evoke the eons that separate us from them. Each chapter here is introduced by a leading paleo-anthropologist, who provides context to give the reader a deeper appreciation of Gurche's art. Fully illus. in color. 208 pages. Abrams. 9 7/8x12 1/4. Pub. at \$40.00 **PRICE CUT to \$9.95**



9078525 UNNATURAL SELECTION. By Katrina van Grouw. Featuring more than four hundred breathtaking B&W illustrations of living animals, skeletons, and historical specimens this volume is about selective breeding—the ongoing transformation of animals at the hand of man. And selective breeding on a much grander scale—called evolution. 284 pages. Princeton. **PRICE CUT to \$11.95**



★906947X A HISTORY OF DINOSAURS IN 50 FOSSILS. By Paul M. Barrett. Understand the rise and fall of some of the most amazing creatures to roam Earth! Enjoy this definitive crash course on dinosaur fossils that explores the origin and rise of the dinosaurs, introduction to the major groups, biological characteristics and the first fossil birds. For readers young and old! 75 color illustrations. 160 pages. Smithsonian. Pub. at \$24.95 **PRICE CUT to \$14.95**

6080855 SOME ASSEMBLY REQUIRED: Decoding Four Billion Years of Life, from Ancient Fossils to DNA. By Neil Shubin. Illus. 267 pages. Pantheon. Pub. at \$26.95 **\$6.95**

9191917 HOW FAST DID T. REX RUN? Unsolved Questions from the Frontiers of Dinosaur Science. By David Hone. Photos, most in color. 252 pages. Princeton. Pub. at \$29.95 **\$9.95**

9264523 A THEORY OF EVERYONE: The New Science of Who We Are, How We Got Here, and Where We're Going. By Michael Muthukrishna. Photos. 439 pages. MIT Press. Pub. at \$32.95 **\$9.95**

★9141685 EVE: How the Female Body Drove 200 Million Years of Human Evolution. By Cat Bohannon. Illus. 612 pages. Vintage. Paperbound. Pub. at \$20.00 **\$14.95**

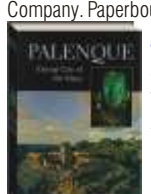
★2324288 THE TOMB OF THE MILI MONGGA: Fossils, Folklore, and Adventures at the Edge of Reality. By Samuel Turvey. Illus. 304 pages. Bloomsbury. Pub. at \$28.00 **\$9.95**

★8882487 BECOMING EARTH: How Our Planet Came to Life. By Ferris Jabr. 16 pages of color photos. 269 pages. Random. Pub. at \$30.00 **\$17.95**

Archaeology



9305025 THE LOST TOMB OF VIRACOCHA: Unlocking the Secrets of the Peruvian Pyramids. By Maurice Cotterell. Entombed within the long-lost pyramids of Peru are the treasures encoded with secrets of a solar science. The author shows how this science holds the key to reincarnation and human spiritual realization, with answers to the spiritual mysteries of life and death. Well illus. some in color. 214 pages. Bear & Company. Paperbound. Pub. at \$20.00 **\$4.95**

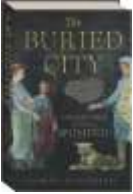


9308598 PALENQUE: Eternal City of the Maya. By David & George Stuart. In 1952, having spent four years clearing a secret passage inside Palenque's Temple of the Inscriptions, Mexican archaeologist Alberto Ruz gazed into a vaulted chamber. There, he made a spectacular discovery: the intact burial of King Pakal, complete with jade jewelry and an exquisite burial mask. 272 pages. Thames & Hudson. Pub. at \$34.95 **\$9.95**



9192506 THE ETERNAL ARMY: The Terracotta Soldiers of the First Emperor. Text by R. Ciarla, photos by A. De Luca. Presents the findings of acknowledged experts as they seek to provide answers to many fascinating questions about Qin Shi Huangdi. The exquisite photographs portray the wholly individualized faces of the great officers, horsemen, archers, and foot soldiers of the terracotta army, which have survived unaltered for 22 centuries. 288 pages. White Star. 8 1/2x11 1/2. Paperbound. Pub. at \$24.95 **\$7.95**

Archaeology



★9192077 THE BURIED CITY: Unearthing the Real Pompeii. By Gabriel Zuchtriegel. Zuchtriegel leads us into the heart of the city, reconstructing Pompeii as it would have been, showing us who lived there, what mattered to them, and what happened in their final hours. Reveals the latest discoveries unearthed in Pompeii and offers a vivid portrait of this World Heritage site as a vibrant and diverse city. 32 pages of color photos. 242 pages. Univ. of Chicago Press. Pub. at \$25.00 **\$19.95**

9334351 THE AGE OF MELT. By Lisa Baril. An exploration of ice-patch archaeology and the fascinating story of how glaciers play a crucial role in human culture. 240 pages. Timber. Pub. at \$30.00 **\$7.95**

★9225072 FORGOTTEN LANDSCAPES: How Native Americans Created Pre-Columbian North America and What We Can Learn From It. By Stanley A. Rice. Rediscover the thriving civilizations of pre-Columbian America and find out how Native ingenuity transformed the landscape into a flourishing world we can still learn from today. Photos. 240 pages. Prometheus. Pub. at \$29.95 **\$21.95**



★9301771 A FOREST OF GRANITE: Union Monuments at Gettysburg, 1863-1913. By Brendan Harris. Explores how Union veterans at Gettysburg shaped memorials to honor their sacrifices and convey deeper meanings behind their battle experiences. Well illus. 235 pages. Brookline. Pub. at \$34.95 **\$26.95**



8872708 BABYLON OF EGYPT: The Archaeology of Old Cairo and the Origins of the City. By Peter Sheehan. Diocletian built the fortress known as Babylon in AD 300, and it continues to define the enclave known as Old Cairo. This work explores the history of Babylon Fortress through to the Middle Ages, as discovered by archeological studies in the present century. Well illus., most in color. 179 pages. American Univ in Cairo. 10x12. Pub. at \$65.00 **\$16.95**

9181989 AMERICA BEFORE: The Key to Earth's Lost Civilization. By Graham Hancock. Well illus., many in color. 592 pages. St. Martin's. Pub. at \$40.00 **\$9.95**

8119171 ARCHAEOLOGY FROM SPACE: How the Future Shapes Our Past. By Sarah Parcak. Color photos. 278 pages. Holt. Pub. at \$30.00 **\$5.95**

9159231 WOMEN IN THE VALLEY OF THE KINGS: The Untold Story of Women Egyptologists in the Gilded Age. By Kathleen Sheppard. Photos. 306 pages. St. Martin's. Pub. at \$30.00 **\$6.95**

9152881 CAVE OF BONES: A True Story of Discovery, Adventure, and Human Origins. By L. Berger & J. Hawks. Well illus. some in color. 235 pages. National Geographic. Pub. at \$30.00 **\$7.95**

9136134 VIKINGS: Pocket Museum. By S. Ashby & A. Leonard. Fully illus. in color. 288 pages. Thames & Hudson. 5½x7. Paperbound. Pub. at \$17.95 **\$7.95**

9136193 ANGKOR AND THE KHMER CIVILIZATION. By M.D. Coe & D. Evans. Illus., many in color. 304 pages. Thames & Hudson. Pub. at \$39.95 **\$14.95**

928639X PREHISTORIC PATHFINDERS: Pioneers of English Archaeology. By Barry M. Marsden. Well illus. 127 pages. Fonthill. Paperbound. Pub. at \$24.95 **\$5.95**

★9146601 FLINT TOOLS FIELD GUIDE: Identifying Stone Age Tools. By Robert Turner. Well illus. 127 pages. History Press. Paperbound. Pub. at \$21.99 **\$17.95**

★DVD 9064532 GREAT MYSTERIES OF TUTANKHAMUN. Vision Laboratories. Pub. at \$24.95 **\$13.95**

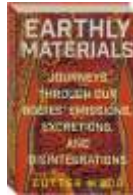
★9078053 PLUNDER? How Museums Got Their Treasures. By Justin M. Jacobs. Well illus. 216 pages. Reaktion. Pub. at \$25.00 **PRICE CUT to \$12.95**

8872848 THE LOST MANUSCRIPT OF FREDERIC CHAILLAUD. Ed. by Andrew Bednarski. 295 pages. American Univ in Cairo. 8¼x11¼. Pub. at \$49.50 **\$21.95**

Life Science



9361839 MICROBIA: A Journey into the Unseen World Around You. By Eugenia Bone. Explores what microbes are and how they live, and compares the microbiomes of soil, plants, animals, and places, explaining, for example, why some bacteria are labeled "good" and others "bad." From understanding food cravings to providing a new definition of family, the lessons here show how different the world is from a microbial perspective. 271 pages. Rodale. Pub. at \$25.99 **\$4.95**



935123X EARTHY MATERIALS: Journeys Through Our Bodies' Emissions, Excretions, and Disintegrations. By Cutter Wood. Over 12 discrete chapters, this title tells a story about one of the materials the human body sheds—from breath and urine to vomit and tears. This delightfully weird, richly informative, and unexpectedly poetic tour of our bodily excretions uncovers extraordinary truths about ourselves—and the human story. Photos. 362 pages. Mariner. Pub. at \$29.99 **\$6.95**

9308504 A HISTORY OF BIOLOGY. By Michel Morange. Presents a global history of the biological sciences from ancient times to today, providing needed perspective on the development of biological thought while shedding light on the field's upheavals and key breakthroughs through the ages. 418 pages. Princeton. Pub. at \$29.95 **\$9.95**



★937566X CANNABINOIDS. By Linda A. Parker. Unraveling the mystery of the human brain's special relationship with a psychoactive chemical derived from a plant, tetrahydrocannabinol, or THC, specifically, a neuroscientist recounts the discovery of the brain's own THC, called endocannabinoids, and describes the remarkable brain chemical system this discovery revealed. 218 pages. MIT Press. Paperbound. Pub. at \$18.95 **\$14.95**



★9305394 THE FERN PHARMACY: Indigenous Wisdom & Modern Pharmacology. By Robert Dale Rogers. Ferns are now being recognized scientifically for their unique medicinal potential in combating antibiotic-resistant bacteria, cancer, diabetes, cardiovascular disease, liver, kidney, and respiratory conditions. Explore more than 500 species of ferns, their uses through history, and current research behind the potency of fern chemicals. Color photos. 402 pages. Healing Arts. Paperbound. Pub. at \$29.99 **\$24.95**



★9291709 A NATURALIST'S GUIDE TO THE MAMMALS OF SOUTHEAST ASIA, 3RD EDITION. By Chris R. & Loretta A. Shepherd. An easy-to-use introductory identification guide to 129 species of mammals commonly encountered in the Southeast Asian region, covering Brunei, Cambodia, Indonesia, Laos, Malaysia, Myanmar, the Philippines, Singapore, Thailand, and Vietnam. 176 pages. John Beaufoy. Paperbound. Pub. at \$19.99 **\$15.95**



★9360999 THE BOOK OF THE FROG. By Sally Coulthard. Leaps into the cultural and natural history of frogs. Covering both familiar native British species and exotic rarities, Coulthard shares her fascination for these much-admired but often little-understood creatures, many of which face threats and conservation challenges. Illus. 167 pages. Apollo. Paperbound. Pub. at \$16.99 **\$12.95**



★9325360 CANNABIS: A Natural History. By Rob DeSalle, illus. by P.J. Wynne. Offers a nuanced cultural history that extends from the first evidence of smoking cannabis more than 2,000 years ago to the current debates over legalization. Engaging and extensively researched, this is a vital resource for cannabis enthusiasts and anyone curious about the science behind this infamous "weed." Illus. 319 pages. Yale. Pub. at \$32.50 **\$24.95**

★9309551 THE BOOK OF FROGS, SECOND EDITION: A Life-Size Guide to Six Hundred Species From Around the World. By M. O'Shea & T. Halliday. An up-to-date, beautifully illustrated, and beloved guide to six hundred of the world's most fascinating frogs. 656 pages. Univ of Chicago Press. 7½x11. Pub. at \$60.00 **\$49.95**



★9291695 A NATURALIST'S GUIDE TO DANGEROUS CREATURES OF AUSTRALIA, 2ND EDITION. By P. Rowland & S. Eipper. An easy-to-use introductory photographic guide to 280 species of dangerous creatures commonly encountered in Australia. 176 pages. John Beaufoy. Paperbound. Pub. at \$19.99 **\$15.95**



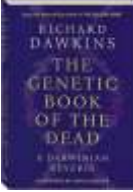
★9345027 MYRIAD, MICROSCOPIC AND MARVELLOUS: The World of Antoni van Leeuwenhoek. By Geertje Dekkers. Explores van Leeuwenhoek's brilliant and sometimes peculiar ideas, setting them in the context of his time. Dekkers reveals how van Leeuwenhoek's curiosity and inventions propelled the study of nature in surprising new directions, leaving a legacy that is still admired three centuries later. Well illus. 238 pages. Reaktion. Pub. at \$30.00 **\$24.95**

Life Science



★**934120X EXPOSED: A Pfizer Scientist Battles Corruption, Lies, and Betrayal, and Becomes a Biohazard Whistleblower.** By Becky A. McClain. A powerful memoir of a molecular biologist's courageous fight against corporate retaliation after revealing dangerous biosafety failures in biotech labs. 315 pages. Skyhorse. Pub. at \$32.99 **\$24.95**

9378448 THE LAST COLD PLACE: A Field Season Studying Penguins in Antarctica. By Naira de Gracia. Fascinating memoir about a young scientist studying penguins in Antarctica, a firsthand account of this beautiful, brutal, and remote climate, the impact of climate change on the animals that live in Antarctica, and the challenges of fieldwork. 240 pages. Scribner. Pub. at \$27.99 **\$6.95**



★**907547X THE GENETIC BOOK OF THE DEAD: A Darwinian Reverie.** By Richard Dawkins. Illus. by J. Lenzova. In this exploration of the power of Darwinian evolution and what it can reveal about the past, Dawkins shows how the body, behavior, and genes of every living creature can be read as a book—an archive of the worlds of its ancestors. Well illus. in color. 351 pages. Yale. Pub. at \$35.00 **PRICE CUT to \$19.95**

9153934 NATURE'S GIANTS: The Biology and Evolution of the World's Largest Lifeforms. By Graeme D. Ruxton. 224 pages. Yale. 9x11¼. Pub. at \$35.00 **\$7.95**

9192670 THE UNNATURAL SELECTION OF OUR SPECIES: At the Frontier of Gene Editing. By Torill Kornfeldt. 218 pages. Hero. Pub. at \$23.95 **\$5.95**

★**9329544 CELLS: The Illustrated Story of Life.** By Christian Sardet. Fully illus. in color. 223 pages. The Experiment. Paperbound. Pub. at \$30.00 **SOLD OUT**

9168079 SOLID BIOMECHANICS. By Roland Ennos. Well illus. 250 pages. Princeton. Pub. at \$91.00 **\$14.95**

★**9015280 DO PLANTS KNOW MATH? Unwinding the Story of Plant Spirals, from Leonardo da Vinci to Now.** By Stephane Douady et al. Well illus., many in color. 338 pages. Princeton. Pub. at \$27.95 **PRICE CUT to \$19.95**

★**8737533 DARWIN AND THE ART OF BOTANY: Observations on the Curious World of Plants.** By J.T. Costa & B. Angell. 378 pages. Timber. Pub. at \$30.00 **PRICE CUT to \$9.95**

★**905636X THE BOTANISTS' LIBRARY: The Most Important Botanical Books in History.** By C. Fry & E. Wayland. Fully illus. in color. 272 pages. Ivy Press. 8x9½. Pub. at \$40.00 **\$16.95**

★**9193723 LIFE'S DEVICES: The Physical World of Animals and Plants.** By Steven Vogel. Illus. 367 pages. Princeton. Paperbound. Pub. at \$21.95 **PRICE CUT to \$11.95**

★**1997912 OTTER COUNTRY: An Unexpected Adventure in the Natural World.** By Miriam Darlington. 294 pages. Tin House. Pub. at \$27.95 **PRICE CUT to \$7.95**

Anthropology



★**9204466 THE POCKET YORKSHIRE ENGLISH.** The roots of Yorkshire's dialects resulted in the mixing of Anglo-Saxon speakers with Scandinavian settlers from the 8th to the 11th centuries. To understand each other, they dropped gender, word endings, and complex conjugations from their languages. The simplified Anglo-Saxon Middle English lingua franca spread throughout England. Illus. Gemini. Pub. at \$9.95 **\$7.95**

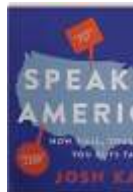
★**9185739 AMERICAN INDIANS IN U.S. HISTORY, THIRD EDITION.** By Roger L. Nichols. A concise survey that traces the experiences of American Indians from their origins to the present. New updated edition includes information about Indian social, economic, political, and cultural issues in the 21st century. Photos. 269 pages. UOKP. Paperbound. Pub. at \$29.95 **\$19.95**



9137254 SCATTERED ROUND STONES: A Mayo Village in Sonora, Mexico. By David Yetman. The Mayos have evolved a profound union between the monte, or thornscrub forest, and their cultural life. Yetman describes the region's plant and animal life and recounts the stories and traditions that animate the monte for the Mayos. That folk culture, so critical to their identity, is under assault by the global economic revolution. Photos. 352 pages. UNMP. Paperbound. Pub. at \$19.95 **PRICE CUT to \$2.95**



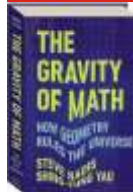
★**910769X STONE CIRCLES IN BRITAIN.** By David J. Evans. Evans travels over Scotland, Wales and England, surveying not only famous sites such as Stonehenge and Avebury but many other lesser-known stone circles. Fully illus. in color. 96 pages. Amberley. Paperbound. Pub. at \$26.99 **PRICE CUT to \$17.95**



928642X SPEAKING AMERICAN: A Visual Guide. By Josh Katz. Filled with fascinating and colorful maps showing how Americans speak, you'll gain new insights into our language and ourselves. What do you call a long sandwich with a variety of meats? Do you cut the grass or mow the lawn? The answers to these questions provide a window into the history of our nation, regions, and language. 203 pages. HMH. 10x9½. Paperbound. Pub. at \$17.99 **PRICE CUT to \$4.95**

★**9177507 ENOUGH IS ENUF: Our Failed Attempts to Make English Easier to Spell.** By Gabe Henry. Illus. 287 pages. Dey Street. Pub. at \$28.00 **\$21.95**

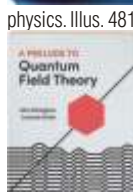
Chemistry & Physics



9153667 THE GRAVITY OF MATH: How Geometry Rules the Universe. By S. Nadis & S.-T. Yau. Explores how math can drive and sometimes even anticipate discoveries in physics. Offers an insightful and compelling look into the power of mathematics—whose reach, like that of gravity, can extend to the edge of the universe. 251 pages. Basic. Pub. at \$32.00 **\$7.95**



9184872 ESCAPE FROM SHADOW PHYSICS: The Quest to End the Dark Ages of Quantum Theory. By Adam Forrest Kay. Takes up Einstein's torch: reality isn't mysterious or dependent on human measurement, but predictable and independent of us. In groundbreaking research, oil droplets behave as particles do in the long-overlooked quantum theory of pilot waves; crucially, they showcase quantum behavior while being described by classical physics. Illus. 481 pages. Basic. Pub. at \$35.00 **\$7.95**



9191976 A PRELUDE TO QUANTUM FIELD THEORY. By J. Donoghue & L. Sorbo. Introduces the key concepts of quantum field theory in a brief and accessible manner while never sacrificing mathematical rigor. The result is an easy-to-use textbook that distills the most general properties of the theory without overwhelming beginning students with more advanced applications. Illus. 146 pages. Princeton. Paperbound. Pub. at \$29.95 **\$9.95**

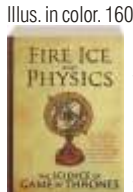


9336508 CHAIN REACTIONS: The Hopeful History of Uranium. By Lucy Jane Santos. Looks at the fascinating, often-forgotten stories that can be found throughout the history of uranium. From something to be feared to a powerful source of energy, this global history explores the scientific narrative of this unique element, but also shines a light on its cultural and social impact. Photos, most in color. 278 pages. Pegasus. Pub. at \$29.95 **\$6.95**

LIMITED QUANTITY 9373438 STAR POWER: ITER and the International Quest for Fusion Energy. By Alain Becoulet. A concise and accessible explanation of the science and technology behind the domestication of nuclear fusion energy. Photos. 194 pages. MIT Press. Pub. at \$28.95 **SOLD OUT**



★**9322604 THE ESSENTIAL BOOK OF TIME: Master the Mysteries of Time in 12 Short Chapters.** By Sten Odenwald. Time is one of the great mysteries of the universe, which the scientific method is now endeavouring to pin down. Odenwald brings to life the philosophical and scientific conundrums about time in simple and accessible language, providing the perfect starting point for anyone interested in the subject. Illus. in color. 160 pages. Sirius. Pub. at \$14.99 **\$11.95**



9339353 FIRE, ICE, AND PHYSICS: The Science of Game of Thrones. By Rebecca C. Thompson. Turning a scientist's eye on *Game of Thrones*, Thompson uses the fantasy science of the show as a gateway to some interesting real science, from ice walls to Valyrian steel, from wildfire and dragon fire to the genetics of the Targaryenes and Lannisters, to explain the real magic in our own realm. Photos. 274 pages. MIT Press. Paperbound. Pub. at \$17.95 **\$5.95**

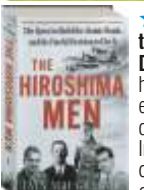
Chemistry & Physics



LIMITED QUANTITY 9013008 PRINCIPLES OF LASER SPECTROSCOPY AND QUANTUM OPTICS. By P.R. Berman & V.S. Malinovsky. A rigorous introduction to the interaction of optical fields with atoms. Applications include linear and nonlinear spectroscopy, dark states, and slow light. Extensive chapter on atom optics and atom interferometry, and more. 519 pages. Princeton. Pub. at \$130.00 **\$24.95**



★**9285954 THE ELEMENTS: From Alchemy to the Nuclear Age.** Ed. by Katie John. This is the periodic table as you've never seen it before: by presenting the elements in the order in which they were discovered, this volume also tells the story of chemistry. Fully illus. in color. 288 pages. Dorling Kindersley. Pub. at \$40.00 **\$29.95**



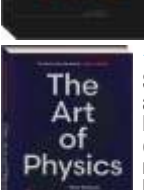
★**9228187 THE HIROSHIMA MEN: The Quest to Build the Atomic Bomb, and the Fateful Decision to Use It.** By Iain MacGregor. A riveting history based on new interviews and research that explains the approval, construction, and fateful decision to drop the atomic bomb on Hiroshima. Includes Japanese perspectives—a vital aspect often missing from Western narratives—to complete this account of the bombing's meaning and aftermath. 428 pages. Scribner. Pub. at \$32.00 **\$24.95**



★**9310428 BETTER NOT BURN YOUR TOAST: The Science of Food and Health.** By Joe Schwarcz. In a world of misinformation and noise, Dr. Joe is a reliable source of authentic, evidence-based health science, teaching you everything you didn't know you needed to know! If you have an appetite for digestible science, you will find plenty of tasty morsels here. 230 pages. ECW Press. Paperbound. Pub. at \$19.95 **\$14.95**



4639715 STRING THEORY IN A NUTSHELL, SECOND EDITION. By Elias Kiritsis. The definitive introduction to modern string theory for students and researchers in theoretical high-energy physics. Written by one of the world's leading authorities on the subject, it starts with basic definitions and guides readers from classic topics to the most exciting frontiers of research today. Illus. 855 pages. Princeton. Pub. at \$105.00 **\$29.95**



★**9203680 THE ART OF PHYSICS: How Science Explains the Chaos, Contradictions, and Unpredictability of Life.** By Zahaan Bharmal. Drawing on quantum mechanics, thermodynamics, chaos and complexity theory, materials science, and more, this work reveals the hidden and sometimes beautiful ways in which physics can help us to make sense of an unpredictable world. 238 pages. Greystone. Pub. at \$29.95 **\$21.95**

9100687 PHYSICS: 50 Essential Ideas. By Robert Snedden. Well illus., many in color. 208 pages. Sirius. Pub. at \$19.99 **\$5.95**

487014X SYNCHRONICITY: The Epic Quest to Understand the Quantum Nature of Cause and Effect. By Paul Halpern. Illus. 294 pages. Basic. Pub. at \$30.00 **\$7.95**

9023844 SPOOKY ACTION AT A DISTANCE. By George Musser. Illus. 286 pages. FSG. Pub. at \$27.00 **\$5.95**

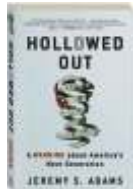
9045724 NUCLEUS, SECOND EDITION: A Trip into the Heart of Matter. By Ray Mackintosh et al. Well illus., some in color. 143 pages. Johns Hopkins. 8½x11. Pub. at \$35.00 **\$6.95**

1176145 TOO BIG FOR A SINGLE MIND: How the Greatest Generation of Physicists Uncovered the Quantum World. By Tobias Hurter. Photos. 357 pages. The Experiment. Pub. at \$30.00 **\$9.95**

Social Science

9248579 THREE WOMEN. By Lisa Taddeo. A riveting true story about the sex lives of three real American women who are carnal, brave, and beautifully flawed, based on nearly a decade of reporting. 306 pages. Avid Reader. Paperbound. Pub. at \$18.99 **\$5.95**

9202609 WHEN CRACK WAS KING: A People's History of a Misunderstood Era. By Donovan X. Ramsey. A kaleidoscopic account of the crack cocaine era and the community's ultimate resilience, told through a cast of characters whose lives illuminate the dramatic rise and fall of the epidemic. 427 pages. One World. Pub. at \$30.00 **\$5.95**



9216847 HOLLOWED OUT: A Warning About America's Next Generation. By Jeremy S. Adams. Reveals why students have rejected the wisdom, culture, and institutions of Western civilization—and what can be done to win them back. Poignant, frightening, and yet inspiring, this is for every parent and teacher concerned for our young people and our country. Photos. 213 pages. Regnery. Pub. at \$28.99 **\$6.95**

DVD 924087X ORIGINS: The Journey of Humankind. Widescreen. Host Jason Silva is our guide and time-traveler as we step back through the twists and turns of human evolution to explore how modern-day humankind took shape. Collects eight episodes. English SDH. Six hours on 2 DVDs. 20th Century Fox. **\$5.95**



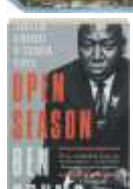
★**908052X HELPLESS.** By Cathy Glass. Struggling to cope with three young children, Janie turns to experienced foster carer Cathy Glass. Helping the family each morning, Cathy soon uncovers how dangerous their situation has truly become. Riley and his two little siblings, Jayden and Lola, are not safe at home. 309 pages. HarperElement. Paperbound. Pub. at \$12.99 **\$9.95**



7223668 SEX SCANDAL: The Drive to Abolish Male and Female. By Ashley McGuire. Packed with news-breaking interviews, shocking examples, and "inconvenient" facts that everyone needs to read, McGuire explains why "gender" insanity is not something we can just ignore and hope will fade away. We need to refute it now—with hard, cold facts before it does any more damage. 272 pages. Regnery. Pub. at \$27.99 **\$5.95**



9355855 OUR TOWNS: A 100,000-Mile Journey into the Heart of America. By James & Deborah Fallows. A vivid portrait of the civic and economic reinvention taking place in America, town by town. For the last five years, the authors have been traveling across America, visiting dozens of towns and meeting hundreds of people. This is the story of their journey, and an account of a country remaking itself. 413 pages. Pantheon. Pub. at \$28.95 **\$6.95**



9080856 OPEN SEASON: Legalized Genocide of Colored People. By Ben Crump. Whether with a bullet or a lengthy prison sentence, America is killing Black people and justifying it legally. While some deaths make headlines, most are personal tragedies suffered within families and communities. Explore a call to action for Americans to protect the rights of its citizens equally and without question. 272 pages. Amistad. Paperbound. Pub. at \$18.99 **\$5.95**



9133445 AMERICAN GULAGS: Marxist Tyranny in Higher Education and What to Do About It. By Oliver L. North et al. Today from kindergarten through 12th grade in the government school system, teaching reading, writing, and math have been supplanted by Marxist indoctrination. Our colleges and universities have become the final training grounds and launching pads for the next waves of Marxist activists. Equips every American to turn this travesty around. 160 pages. Fidelis. Pub. at \$20.00 **\$5.95**



9107142 KILLER LOOKS: The Forgotten History of Plastic Surgery in Prisons. By Zara Stone. The story of the long-forgotten practice of providing free nose jobs, face-lifts, breast implants, and other alterations to prisoners. Stone draws on the intersectionality of socioeconomic success, racial bias, the prison industry complex and the fallacy of attractiveness to uncover the deeper truths. Well illus. 344 pages. Prometheus. Pub. at \$29.95 **\$3.95**

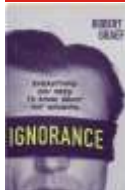


9266127 AMONG SCHOOLCHILDREN. By Tracy Kidder. Novel. Signed First Edition. Offers an intense look inside a fifth-grade teacher's classroom where the disturbing but often inspiring things we learn there make this work perhaps the most intimate and realistic account of American education. Frontispiece illustration by Karen Stolper. Leatherbound with gilded page edges and a silk ribbon bookmark. 340 pages. Franklin Library. 7½x13¼. **\$6.95**



9353402 THIS EXQUISITE LONELINESS: What Loners, Outcasts, and the Misunderstood Can Teach Us About Creativity. By Richard Deming. This singular meditation on loneliness reveals how we might transform the pain of emotional isolation and become more connected to others and more at home with our often unquiet selves. Photos. 300 pages. Viking. Pub. at \$29.00 **\$5.95**

Social Science



9012311 IGNORANCE: Everything You Need to Know About Not Knowing. By Robert Graef. A valuable tool in troubled times, providing a map of human ignorance and the threat it poses. Graef sums up the many fields of study where ignorance can undermine our understanding, while showing how an awareness of ignorance can lead to exploration and the discovery of new knowledge. 351 pages. Prometheus. Paperbound. Pub. at \$18.00 **\$4.95**



9334602 EQUALITY: The History Of An Elusive Idea. By Darrin M. McMahon. Our world is filled with soaring inequalities, spanning wealth, race, identity, and nationality. Yet how can we strive for equality if we don't understand it? McMahon demonstrates that equality has been continually reimagined and reconceptualized by factions spanning the entire political spectrum and utilized for different purposes. Photos. 515 pages. Basic. Pub. at \$35.00 **\$7.95**

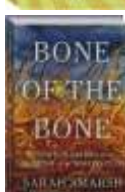
9301178 WE'VE GOT ISSUES: How You Can Stand Strong For America's Soul and Sanity. By Phillip C. McGraw. Dr. Phil offers his insight on how to come home to our core values, fortify our families, and re-embrace self-determination and self-governance. 384 pages. Threshold. Pub. at \$34.99 **\$6.95**



9002723 CROSSING THE BRIDGE: Growing Up Norwegian-American in Depression & War 1925-1946. By Earl A. Reitan. A narrative account of Lake Wobegon as it really was gives the reader an affecting glimpse into the lives of three generations crossing the bridge from 1800's Old World Norway into main-stream American life. Well illus. 143 pages. Lone Oak. Paperbound. Pub. at \$12.95 **\$2.95**



9343342 THE BRIGHT SIDE: How Optimists Change the World, and How You Can Be One. By Sumit Paul-Choudhury. A fascinating and reassuring look at the philosophy, psychology, and practice of optimism, and why being optimistic is a moral obligation—even in the face of seemingly insurmountable challenges. 309 pages. Scribner. Pub. at \$29.99 **\$5.95**

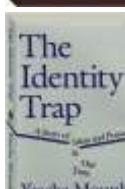


9360069 BONE OF THE BONE: Essays on America by a Daughter of the Working Class. By Sarah Smarsh. A must-read for today's politics, the brilliant and provocative essays that established the author as one of the most important commentators on America's class problem are collected in one searing and insightful volume. 328 pages. Scribner. Pub. at \$29.99 **\$5.95**

9216901 MARRIAGE AND CIVILIZATION: How Monogamy Made Us Human. By William Tucker. Marriage built civilization; will its collapse lead to our downfall? Readers will journey through the history of the human race to demonstrate how a pattern of lifelong, monogamous pairings has enabled humans to build modern civilization. 289 pages. Regnery. Pub. at \$27.95 **\$5.95**



9045856 WOMEN & WAR IN ANTIQUITY. Ed. by J. Fabre-Serris & A. Keith. The sixteen scholarly essays reexamine classical sources to uncover the complex but unexplored relationship between women and war in ancient Greece and Rome. They reveal that women played a much more active role in battle than previously assumed. Illus. 341 pages. Johns Hopkins. Pub. at \$55.00 **\$3.95**



9334823 THE IDENTITY TRAP: A Story of Ideas and Power in Our Time. By Yascha Mounk. One of our leading public intellectuals traces the origin of a set of ideas about identity and social justice that is rapidly transforming America—and explains why it will fail to accomplish its noble goals. 401 pages. Penguin. Pub. at \$32.00 **\$6.95**

9307133 IN OUR TIME. By Tom Wolfe. A biting collection of Wolfe's essays and illustrations cataloging and critiquing the state of 1970s American society. 127 pages. Picador. Paperbound. Pub. at \$17.00 **\$5.95**

9377239 THE CANCELING OF THE AMERICAN MIND. By G. Lukianoff & R. Schott. Cancel culture is just one symptom of a much larger problem: using cheap rhetorical tactics to "win" arguments without actually winning arguments. Why refute your opponents when you can take away their platform or career? Learn to reclaim a free speech culture, with materials tailored for parents, business leaders, and more. 457 pages. S&S. Paperbound. Pub. at \$20.99 **\$5.95**



9002804 THE RIGHT PEOPLE: A Portrait of the American Social Establishment. By Stephen Birmingham. A journey through the customs and habits of the phenomenally wealthy, from the San Francisco elite to the upper crust of New York's Westchester County. Well illus. 360 pages. Lyons. Paperbound. Pub. at \$17.95 **\$4.95**



9298851 FOOD, INC. 2: Inside the Quest for a Better Future for Food. Ed. by Karl Weber. America's food system is broken, harming family farmers, workers, the environment, and our health. But it doesn't have to be this way. Here, brilliant innovators, scientists, journalists and activists explain how we can create a hopeful new future for food, if we have the courage to seize the moment. 323 pages. PublicAffairs. Paperbound. Pub. at \$19.99 **\$4.95**



9137173 MY COUSIN, MY HUSBAND: Clans and Kinship in Mediterranean Societies. By Germaine Tillion. In this classic work, Tillion argues that the phenomenon of men killing their daughters, sisters, and wives over matters of sexual honor is not an aberration specific to Islam. Rather, it is part of a pagan Mediterranean legacy of marriage between first cousins that still affects both modern Christian and Muslim societies. 203 pages. Saqi Books. Paperbound. Pub. at \$21.95 **\$2.95**

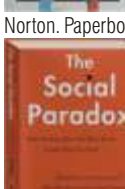


9328408 BUTTS: A Backstory. By Heather Radke. An entertaining, illuminating, and thoughtful investigation of why certain silhouettes come in and out of fashion—and how larger ideas about race, control, liberation, and power affect our most private feelings about ourselves and others. 310 pages. Avid Reader. Pub. at \$28.99 **\$5.95**

9003681 PLUNDER OF THE ANCIENTS. By Lucinda Delaney Schroeder. Offers a rare look inside the undercover investigation undertaken by special agent Lucinda Schroeder who exposed Indian Art thieves and dealers in Santa Fe who were exploiting sacred artifacts for huge sums of money. Illus. 248 pages. Lyons. Pub. at \$22.95 **\$4.95**



★9370137 WHAT'S REAL ABOUT RACE: Untangling Science, Genetics, and Society. By Rinta Bliss. Biologically, race does not exist. Scientists have proven that human DNA is 99.9 percent identical. But we know that racism shapes our health, opportunities, and lives in profound ways. What is the true relationship between genetics and race? And how should we talk about identity in science and medicine? 175 pages. Norton. Paperbound. Pub. at \$12.00 **\$8.95**

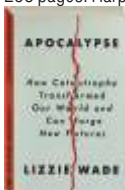


9353348 THE SOCIAL PARADOX: Autonomy, Connection, and Why We Need Both to Find Happiness. By William O. Hissel. A thought-provoking exploration into humans' two core evolutionary needs, for connection and autonomy, how the modern world has thrown them out of whack, and how we can rebalance them to improve our lives. 278 pages. Harper. Pub. at \$30.00 **\$5.95**



9188487 CHILDREN OF THE STATE: Stories of Survival and Hope in the Juvenile Justice System. By Jeff Hobbs. For tens of thousands in juvenile detention, a mistake made at age thirteen or fourteen, often resulting from external factors coupled with a biologically immature brain, can impact the rest of their lives. With great empathy, Hobbs creates intimate portraits of their struggle to thrive within a system that sets them up to fail. 364 pages. Scribner. Paperbound. Pub. at \$19.99 **\$5.95**

★9238174 THE ROMA: A Traveling History. By Madeline Potter. A unique, deeply personal portrait of the nomadic Romani people and their on-going journey that sheds new light on their history, where they have traveled and settled, and what it means to be Romani today. 253 pages. Harper. Pub. at \$27.99 **\$21.95**



9358838 APOCALYPSE: How Catastrophe Transformed Our World and Can Forge New Futures. By Lizzie Wade. A richly imagined new view on the great human tradition of apocalypse, from the rise of Homo sapiens to the climate instability of our present, that defies conventional wisdom and long-held stories about our deep past to reveal how cataclysmic events are not irrevocable endings, but transformations. 304 pages. Harper. Pub. at \$32.00 **\$5.95**

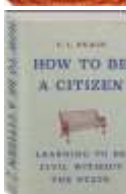
Social Science



9346538 AT THE END OF THE WORLD. By Lawrence Millman. In a remote corner of the Arctic in 1941, a meteor shower flashed across the sky for an unusually long time. Taking this to be a sign, one of the local Inuit proclaimed himself Jesus Christ. Another proclaimed himself God. Anyone who didn't believe in them was Satan. Violence ensued. Photos. 195 pages. Terra Firma. Paperbound. Pub. at \$18.95 **\$5.95**



9308636 SHAME: The Politics and Power of an Emotion. By David Keen. Today, we are caught in a shame spiral—a vortex of mutual shaming that pervades everything from politics to social media. We are shamed for our looks, our culture, ethnicity, sexuality, poverty, wrongdoings, and politics. But what is the point of all this shaming and countershaming? 348 pages. Princeton. Pub. at \$35.00 **\$9.95**



9295828 HOW TO BE A CITIZEN: Learning to Be Civil Without the State. By C.L. Skach. Equal parts personal, philosophical, and practical, this work invites us to see society not as something imposed by law, but rather, something we create together. 261 pages. Basic. Pub. at \$30.00 **\$6.95**



9313354 A CENTURY OF TOMORROWS: How Imagining the Future Shapes the Present. By Glenn Adamson. Takes readers on an intellectual thrill ride through the kaleidoscopic story of futurology, a surprisingly powerful force in the modern world. Well illus., some in color. 336 pages. Bloomsbury. Pub. at \$32.99 **\$7.95**



9102175 ANTI-TECH REVOLUTION: Why and How. By Theodore John Kaczynski. Taking a highly logical, fact-based, and intellectually rigorous approach, Kaczynski seamlessly systematizes a vast breadth of knowledge and elegantly reconciles the social sciences with biology to illustrate how technological growth in and of itself necessarily leads to disastrous disruption of global biological systems. 268 pages. Fitch & Madison. Paperbound. Pub. at \$19.95 **\$15.95**



937678X BOTTOMS UP AND THE DEVIL LAUGHS: A Journey Through the Deep State. By Kerry Howley. A free fall into a world where everything is recorded and nothing is sacred, from a singular writer unafraid to ask essential questions about the strangeness and lack of privacy of modern life. 233 pages. Knopf. Pub. at \$28.00 **\$5.95**



935915X THE LAST SUPPER: Art, Faith, Sex, and Controversy in the 1980s. By Paul Elie. Explores the bold, unexpected forms an encounter with belief can take. It traces the beginnings of our postsecular age, in which religion is at once surging and in decline. Through a propulsive narrative, it reveals the crypto-religious imagination as complex, credible, daring, and vividly recognizable. 486 pages. FSG. Pub. at \$33.00 **\$6.95**



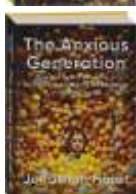
9323155 WEAVING OUR WAY BEYOND PATRIARCHY. Ed. by Lucy H. Pearce. This diverse and inclusive compendium of contemporary women's wisdom is bound to become a much-loved handbook to carry us forward through these strange and uncertain times, filled with words to encourage and inspire us and our sisters, daughters, granddaughters, friends, and communities. Photos. 180 pages. Womancraft. Paperbound. Pub. at \$18.95 **\$13.95**



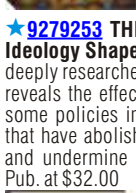
9338446 CAPTAIN'S DINNER: A Shipwreck, an Act of Cannibalism, and a Murder Trial That Changed Legal History. By Adam Cohen. On May 19, 1884, the yacht *Mignonette* set sail from England on what should have been an uneventful voyage. When their vessel sank in the Atlantic, Captain Thomas Dudley and his crew found themselves adrift in a tiny lifeboat. As days turned to weeks, they faced an unthinkable choice: starve to death or resort to cannibalism. 357 pages. Authors Equity. Pub. at \$32.00 **\$23.95**



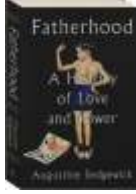
9298142 BE FRUITFUL AND MULTIPLY: How Fertility and Innovation Have Changed Humankind and the Earth. By Donald Worster. Worster looks back over 200,000 years of Homo sapiens to show how human nature, especially the drive for food and sex, has responded to environmental conditions throughout history. 309 pages. Yale. Pub. at \$32.50 **\$24.95**



9368731 THE ANXIOUS GENERATION: How the Great Rewiring of Childhood Is Causing an Epidemic of Mental Illness. By Jonathan Haidt. Lays out the facts about the epidemic of teen mental illness that hit many countries at the same time. Haidt traces the problem to the rise of the "phone-based childhood" starting in the 2010s, and issues a call to action against this public health crisis. 385 pages. Penguin. Pub. at \$30.00 **\$21.95**



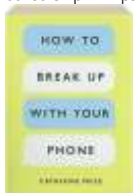
9279253 THE ORIGIN OF POLITICS: How Evolution and Ideology Shape the Fate of Nations. By Nicholas Wade. In this deeply researched survey of biological and political history, Wade reveals the effect of ideologies that ignore human nature. While some policies influence human nature for the better, like those that have abolished tribalism, others conflict with human nature and undermine the operation of a society. 241 pages. Harper. Pub. at \$32.00 **\$23.95**



9377409 FATHERHOOD: A History of Love and Power. By Augustine Sedgewick. Bold and original history of fatherhood that explores its invention and transformation, from the Bronze Age to the present, illuminating how parental love became entwined with patriarchy and power. 305 pages. Scribner. Pub. at \$30.00 **\$6.95**



9353283 REVOLUTIONARY ALGORITHMS: A TikTok Manifesto. By Torey Akers. A critical look at the controversial app and its effect on cultural heritage, artificial intelligence, community organizing, and digital censorship. 111 pages. Grand Central. Pub. at \$22.00 **\$5.95**



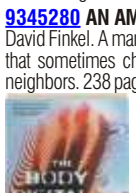
9352848 HOW TO BREAK UP WITH YOUR PHONE. By Catherine Price. Walks readers through an effective and easy-to-follow 30-day plan that has already helped thousands of people worldwide break their phone addictions and feel more fully alive. Additionally, the author offers insight as to the extra safety this provides to people in an increasingly digital age. 184 pages. Ten Speed. Paperbound. Pub. at \$13.99 **\$5.95**



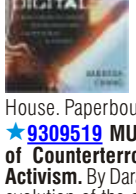
9327479 RESILIENT CITIZENS: The People, Perils, and Politics of Modern Preparedness. By Chris M. Ellis. Challenges the myths, dismisses the fearmongering, and takes a much-needed, long-overdue scholarly look at prepper culture in America. 365 pages. Forefront. Pub. at \$28.00 **\$21.95**



9064206 GLAMOUR: An Extraordinary History—85 Years of Women Breaking Boundaries. By Natasha Pearlman et al. Chronicled visually and narratively through historic and modern day *Glamour* covers, stunning photographs, editorial features, and never before seen correspondence, this extraordinary volume charts the evolution of the magazine from its inception just months before World War II to today, as an unparalleled testament to trailblazing women. 335 pages. Abrams. 9 7/8 x 11 1/4. **\$42.95**



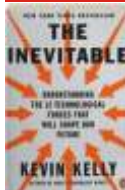
9345280 AN AMERICAN DREAMER: Life in a Divided Country. By David Finkel. A man navigates the divisions in America today and discovers that sometimes change can start by finding common ground with your neighbors. 238 pages. Random. Pub. at \$32.00 **\$6.95**



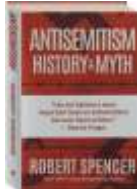
9321152 THE BODY DIGITAL: A Brief History of Humans and Machines from Cuckoo Clocks to ChatGPT. By Vanessa Chang. In today's world of blinding technological change, it is easy to forget that we have always had complicated relations with technology. In this wide-ranging and fascinating study, Chang shows us that in order to understand the future, we must look to the past. 233 pages. Melville House. Paperbound. Pub. at \$19.99 **\$14.95**

9309519 MUZZLING A MOVEMENT, REVISED: The Effects of Counterterrorism Law, Money, and Politics on Animal Activism. By Dara Lovitz. An honest analysis of and reflections on the evolution of the animal rights movement over the past half-decade. 202 pages. Lantern Publishing. Paperbound. Pub. at \$19.95 **\$14.95**

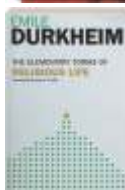
Social Science



9312749 THE INEVITABLE: Understanding the 12 Technological Forces That Will Shape Our Future. By Kevin Kelly. Much of what will happen in the next thirty years is inevitable, driven by technological trends that are already in motion. In this provocative narrative, the visionary thinker provides a plausible and optimistic roadmap for that future. 328 pages. Penguin. Paperbound. Pub. at \$19.00 **PRICE CUT to \$3.95**



★9195599 ANTISEMITISM: History & Myth. By Robert Spencer. Historian Spencer reveals that in the years since the October 7th Hamas attack, the ancient evil of antisemitism has returned stronger than ever. 366 pages. Bombardier. Pub. at \$32.00 **PRICE CUT to \$19.95**



9306897 THE ELEMENTARY FORMS OF RELIGIOUS LIFE. By Emile Durkheim. Society is God, and the machinery of state is its proper church. For those curious about what has led to today's modern religious love affair with American Totalitarianism, this is required reading. 434 pages. Free Press. Paperbound. Pub. at \$27.99 **PRICE CUT to \$7.95**

9113819 WHAT EVERY WOMAN SHOULD KNOW: Lifestyle Lessons from the 1950s. Fully illus., some in color. Atlantic. Paperbound. **\$5.95**

9173315 THAT LIBRARIAN: The Fight Against Book Banning in America. By Amanda Jones. Illus. 269 pages. Bloomsbury. Pub. at \$29.99 **\$5.95**

9230866 HOW TO TELL WHAT PEOPLE ARE THINKING: From the Bedroom to the Boardroom. By Peter Collett. Photos. Collins. Paperbound. **\$9.95**

9329137 TRUST YOUR MIND: Embracing Nuance in a World of Self-Silencing. By Jenara Nerenberg. 259 pages. Harper. Pub. at \$28.99 **\$5.95**

9019294 THE GOLDEN DREAM: Suburbia in the 1970s. By Stephen Birmingham. 213 pages. Lyons. Paperbound. Pub. at \$17.95 **\$3.95**

9167641 ON A MOVE: Philadelphia's Notorious Bombing and a Native Son's Lifelong Battle for Justice. By Mike Africa Jr with D. Watkins. 16 pages of photos, some in color. 287 pages. Mariner. Pub. at \$32.50 **\$7.95**

9274146 IMMACULATE FORMS: A History of the Female Body in Four Parts. By Helen King. Illus. 468 pages. Basic. Pub. at \$35.00 **\$7.95**

★8795088 SEX, GOD, AND THE BRAIN: How Sexual Pleasure Gave Birth to Religion and a Whole Lot More. By Andrew Newberg. 211 pages. Turner. Paperbound. Pub. at \$16.99 **\$12.95**

★9135073 THE INFRASTRUCTURE BOOK: How Cities Work and Power Our Lives. By Sybil Derrible. 253 pages. Prometheus. Paperbound. Pub. at \$26.95 **\$19.95**

★8478813 LITTLE GIRL LOST. By Casey Watson. 280 pages. Harper. Paperbound. Pub. at \$12.99 **\$6.95**

★9186980 A FAMILY FRIEND. By Casey Watson. 281 pages. HarperElement. Paperbound. Pub. at \$12.99 **\$9.95**

★DVD 6995667 DO I LOVE YOU ROBOT, DO I? Widescreen. Dreamscape Media. Pub. at \$14.95 **PRICE CUT to \$3.95**

★5469422 KNOWING WHAT WE KNOW: The Transmission of Knowledge from Ancient Wisdom to Modern Magic. By Simon Winchester. Illus. 415 pages. HarperPerennial. Paperbound. Pub. at \$21.99 **\$6.95**

9013113 TWINKIND: The Singular Significance of Twins. By William Viney. Fully illus. some in color. 224 pages. Princeton. Pub. at \$35.00 **\$9.95**

★4993411 FOREVER BARBIE: The Unauthorized Biography of a Real Doll. By M.G. Lord. Illus. 310 pages. Liveright. Paperbound. Pub. at \$18.95 **PRICE CUT to \$6.95**

9263071 YOU DIDN'T HEAR THIS FROM ME: (Mostly) True Notes on Gossip. By Kelsey McKinney. 277 pages. Grand Central. Pub. at \$30.00 **PRICE CUT to \$3.95**

★9168575 AS GODS AMONG MEN: A History of the Rich in the West. By Guido Alfani. 420 pages. Princeton. Paperbound. Pub. at \$22.95 **PRICE CUT to \$11.95**

★8794235 RAT CITY: Overcrowding and Urban Derangement in the Rodent Universes of John B. Calhoun. By J. Adams & E. Ramsden. 16 pages of photos. 376 pages. Melville House. Pub. at \$32.50 **PRICE CUT to \$14.95**

★9197885 TWO CHEERS FOR ANARCHISM: Six Easy Pieces on Autonomy, Dignity, and Meaningful Work and Play. By James C. Scott. 169 pages. Princeton. Paperbound. Pub. at \$17.95 **\$11.95**

★9059253 IRRESISTIBLE: How Cuteness Wired Our Brains and Conquered the World. By Joshua Paul Dale. Well illus. 278 pages. Profile. Paperbound. Pub. at \$16.00 **PRICE CUT to \$6.95**

9183841 IRRESISTIBLE: How Cuteness Wired Our Brains and Conquered the World. By Joshua Paul Dale. Illus. 278 pages. Profile. **\$3.95**

★7947895 THESE WALLS: The Battle for Rikers Island and the Future of America's Jails. By Eva Fedderly. 203 pages. Avid Reader. Pub. at \$28.00 **\$4.95**

★9124764 HOW TO TALK ABOUT LOVE: An Ancient Guide for Modern Lovers. By Plato. 166 pages. Princeton. Pub. at \$17.95 **PRICE CUT to \$9.95**

★9144617 HAPPY MEAT, HUMANE ANIMAL RESEARCH, AND OTHER MYTHS. By Peter Marsh. 135 pages. Lantern Publishing. Paperbound. Pub. at \$14.95 **PRICE CUT to \$6.95**

★9171193 THE HEART AND THE CHIP: Our Bright Future with Robots. By D. Rus & G. Mone. 259 pages. Norton. Paperbound. Pub. at \$17.99 **PRICE CUT to \$7.95**

★9177612 ALL THIS SAFETY IS KILLING US: Health Justice Beyond Prisons, Police, and Borders. Ed. by R. Mukerjee & C. Martinez. Illus. 349 pages. North Atlantic. Paperbound. Pub. at \$22.95 **PRICE CUT to \$11.95**

★903840X CLOWN WORLD: Four Years Inside Andrew Tate's Manosphere. By J. Tahsin & M. Shea. 259 pages. Quercus. Pub. at \$28.00 **PRICE CUT to \$6.95**

★8886911 PSYCHOLOGICAL DNA: A Cold Case Analysis of Who Killed Robert F. Kennedy. By John C. Brady II. 393 pages. Trine Day. Paperbound. Pub. at \$29.95 **PRICE CUT to \$4.95**

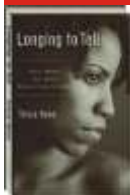
★7952716 ALL THE LIVING AND THE DEAD. By Hayley Campbell. 268 pages. Paperbound. Pub. at \$19.00 **PRICE CUT to \$4.95**

9123636 THE REBEL CAFE: Sex, Race, and Politics in Cold War America's Nightclub Underground. By Stephen R. Duncan. Illus. 317 pages. Johns Hopkins. Pub. at \$57.00 **PRICE CUT to \$11.95**

★DVD 9027505 MARK: A Call to Action. Widescreen. Glide Fund. Pub. at \$19.95 **PRICE CUT to \$2.95**

★9081984 HILLBILLY ELEGY: A Memoir of a Family and Culture in Crisis. By J.D. Vance. **LARGE PRINT EDITION.** 359 pages. Harper. Paperbound. Pub. at \$34.00 **\$24.95**

Psychology



9378170 LONGING TO TELL: Black Women Talk About Sexuality and Intimacy. By Tricia Rose. Rose breaks the silence by presenting the in-depth sexual testimonies of Black women. Spanning a broad range of ages, levels of education, and socioeconomic backgrounds, nineteen women, in their own words, talk with startling honesty about sex, love, family, relationships, body image, and intimacy. Adults only. 415 pages. FSG. Pub. at \$25.00 **\$4.95**



935963X OUTSMART YOUR BRAIN: Why Learning Is Hard and How You Can Make It Easy. By Daniel T. Willingham. In this revolutionary, comprehensive, and accessible guide on how the brain learns, discover how to study more efficiently and effectively, shrug away exam stress, and most of all, enjoy learning. 321 pages. Gallery. Pub. at \$29.99 **\$5.95**



9363793 PSYCHOLOGY OF YOGA AND MEDITATION, VOLUME 6: Lectures Delivered at ETH Zurich, 1938-1940. By C.G. Jung. Jung delivered a series of public lectures at the Swiss Federal Institute of Technology (ETH). Intended for a general audience, these lectures addressed a broad range of topics, from dream analysis to the psychology of alchemy. Here for the first time are his illuminating lectures on the psychology of yoga and meditation. Princeton. Pub. at \$39.95 **\$6.95**



9211306 GRAPHOLOGY HANDBOOK. By Curtis W. Casewit. Your signature on a check, contract, or letter identifies it as authentically yours because your handwriting is unique. Learn how your mind, heart, and soul—your whole personality is revealed in your handwriting. Well illus. 154 pages. Schiffer. Paperbound. Pub. at \$14.95 **\$5.95**

9208003 THE SUGGESTIBLE BRAIN: The Science and Magic of How We Make Up Our Minds. By Amir Raz. A groundbreaking account exploring the power of suggestion to change our brain, shape our behavior, and affect our health: here's how to harness this power in our own lives. Illus. 248 pages. Hachette. Pub. at \$30.00 **\$6.95**

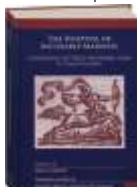
Psychology



9363882 PSYCHOLOGY: What's the Difference? By Fiona Starr. What is the difference between Freud and Jung? Or conscious and unconscious? This guide contains crystal-clear explanations of 150 paired words that build into a wide-ranging psychology primer. Psychological concepts are explored in pairs to help clarify common (and not so common) confusions. Fully illus. in color. 159 pages. Ivy Press. Paperbound. Pub. at \$16.00 **\$5.95**



9378154 LISTEN TO THE UNIVERSE: A Beginner's Guide to Synchronicity. By Anne-Sophie Casper. Philosophy and self-help blend seamlessly to give the reader a well-rounded understanding of the concept of synchronicity alongside suggestions for how to incorporate the lessons into everyday life and make listening to the universe as natural as breathing. 127 pages. David & Charles. Paperbound. Pub. at \$19.99 **\$6.95**



9168893 THE HOSPITAL OF INCURABLE MADNESS. By Tomaso Garzoni. This translation of Garzoni's Renaissance "best-seller" provides a rich and revealing window into 16th-century views of madness, foolishness, and social deviance. His encyclopedic work is the most important contribution of the last half-century to the "fools" genre. 251 pages. ACMRS. Pub. at \$52.00 **\$5.95**



9336761 THE SCIENCE OF WEIRD SHIT: Why Our Minds Conjure the Paranormal. By Chris French. Ghostly encounters, alien abductions, reincarnation, talking to the dead, UFO sightings, inexplicable coincidences, out-of-body and near-death experiences—are these legitimate phenomena? This work investigates paranormal claims to discover what lurks behind this "weird shit." Illus., some in color. 374 pages. MIT Press. Pub. at \$32.95 **\$9.95**

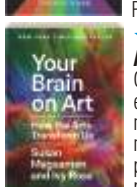
9339361 THE LANGUAGE OF THE FACE: Stories of Its Uniquely Expressive Features. By Frank Gonzales-Crussi. A broad and cultural history of physiognomy, exploring how the desire to divine deeper meaning from our looks has compelled humans for millennia. Illus. 241 pages. MIT Press. Pub. at \$29.95 **\$7.95**



9381015 THE MODERN ART OF WAR: Sun Tzu's Hidden Path to Peace and Wholeness. By Hunter Liguore. Presents a dazzling new interpretation that *The Art of War* is not about conquering your enemies, devising martial strategies, or getting ahead of your competitors. Instead, the real art of war is the fight to control your mind and the thoughts that rule it. 224 pages. Watkins. Paperbound. Pub. at \$22.95 **\$5.95**



9369864 THE PSYCHOLOGY OF PEOPLE: The Little Book of Psychology & What Makes You You. By Thomas Kang. Learn about the history of human psychology and apply it to your own life. Understand your innate need to conform, the roots of your social anxiety, how to heal and grow emotionally, and so much more. Illus. in color. 189 pages. Mango. Paperbound. Pub. at \$19.99 **\$5.95**

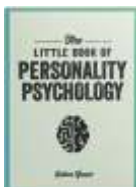


9101667 YOUR BRAIN ON ART: How the Arts Transform Us. By S. Magsamen & I. Ross. Offers compelling research that shows how engaging in, or even observing, art for as little as 45 minutes reduces the stress hormone cortisol, no matter your skill level, and just one art experience per month can extend your life by 10 years. 16 pages of color photos. 281 pages. Random. Paperbound. Pub. at \$20.00 **\$14.95**



9341226 HALLUCINATE! An Introduction to Non-Existing. By Damian Timev. This work's main thesis is that the time-space-matter package is not objective but a kind of hallucination. We as embodied humans are hallucinations; we hallucinate ourselves into existence. We support these claims through scientific results and by presenting anecdotal cases chosen from the vast library of recorded events. 337 pages. 6th Books. Paperbound. Pub. at \$25.95 **\$19.95**

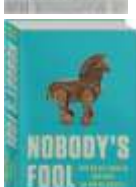
9315594 ON GIVING UP. By Adam Phillips. Illuminates both the gaps and the connections between the many ways of giving up and helps us to address the central question: What must we give up to feel more alive? 145 pages. FSG. Pub. at \$26.00 **\$6.95**



9368760 THE LITTLE BOOK OF PERSONALITY PSYCHOLOGY. By Esther Grant. Unlock the secrets of human behavior and explore the thoughts, motivations, and perspectives of the people around you in this beginner's guide to personality psychology. 125 pages. Summersdale. Paperbound. Pub. at \$10.99 **\$8.95**

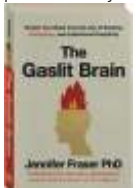


9296352 I'M MINDFUL, NOW WHAT? Moving Beyond Mindfulness to Meet the Modern World. By Andrew Holecek. Presents an encompassing survey of the many dimensions of meditation—including paths for opening your heart, nurturing compassion, connecting with your body, expanding your dreaming life, and investigating the fundamental nature of reality. 175 pages. Sounds True. Paperbound. Pub. at \$18.99 **\$5.95**

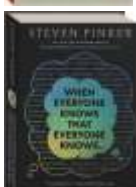


9295844 NOBODY'S FOOL: Why We Get Taken In and What We Can Do About It. By D. Simons & C. Chabris. To know if you have been deceived, you must question what you believe—but we can't always question everything. This work addresses the more difficult and intriguing question: *When* should you question what you believe? 327 pages. Basic. Pub. at \$30.00 **\$6.95**

9295283 HYPEREFFICIENT: Optimize Your Brain to Transform the Way You Work. By Mithu Storoni. Optimize your life using science-backed advice and discover how to get your brain working at peak efficiency. 263 pages. Little, Brown. Pub. at \$30.00 **\$6.95**



9310444 THE GASLIT BRAIN: Protect Your Brain from the Lies of Bullying, Gaslighting, and Institutional Complicity. By Jennifer Fraser. Reveals the psychological functions of the manipulator's brain and the impact of gaslighting on our minds, shining a spotlight on how manipulative brains seduce us into belief and disrupt our ability to think effectively. 381 pages. Prometheus. Pub. at \$34.95 **\$26.95**

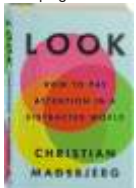


9309896 WHEN EVERYONE KNOWS THAT EVERYONE KNOWS: Common Knowledge and the Mysteries of Money, Power, and Everyday Life. By Steven Pinker. Invites readers to understand the ways we try to get into each other's heads, and the harmonies, hypocrisies, and outrages that result. 364 pages. Scribner. Pub. at \$30.00 **\$22.95**

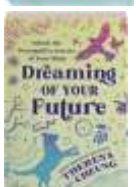


9377557 HOPE FOR CYNICS: The Surprising Science of Human Goodness. By Jamil Zaki. Cynicism is an understandable response to a world full of injustice and inequality. But in many cases, it is misplaced. Dozens of studies find that people fail to realize how kind, generous, and open-minded others really are. Zaki imparts the secret for beating back cynicism: hopeful skepticism. 271 pages. Grand Central. Pub. at \$30.00 **\$6.95**

9300961 LOOK: How to Pay Attention in a Distracted World. By Christian Madsbjerg. Pulling from his own background and drawing examples from the arts, philosophy, and beyond, Madsbjerg has created a work of insight and practical wisdom that highlights how we can pay sharper attention to live with more empathy and connect better with others. 234 pages. Riverhead. Pub. at \$29.00 **\$6.95**



9187847 DREAMING OF YOUR FUTURE: Unlock the Precognitive Secrets of Your Mind. By Theresa Cheung. Far beyond a dream dictionary, this volume features numerous exercises and a detailed directory of symbols divided into twenty themes. It provides practices for mental time travel, memory games, making predictions, staying motivated, and much more. 283 pages. Llewellyn. Paperbound. Pub. at \$22.99 **\$13.95**

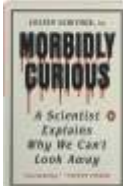


930780X THE BOOK OF RITUAL BATHS: A Guide to Spiritual Cleansing and Ritual. By Chanda Parkinson. From saunas to sound baths, learn how to incorporate the wisdom of ancient bathing techniques into modern practices. Parkinson presents nearly a dozen simple rituals for enhancing self-care and connecting to your spirituality. Even if you do not have a tub, options are given to heal body, mind, and soul. 258 pages. Llewellyn. Paperbound. Pub. at \$17.99 **\$12.95**



930780X THE BOOK OF RITUAL BATHS: A Guide to Spiritual Cleansing and Ritual. By Chanda Parkinson. From saunas to sound baths, learn how to incorporate the wisdom of ancient bathing techniques into modern practices. Parkinson presents nearly a dozen simple rituals for enhancing self-care and connecting to your spirituality. Even if you do not have a tub, options are given to heal body, mind, and soul. 258 pages. Llewellyn. Paperbound. Pub. at \$17.99 **\$12.95**

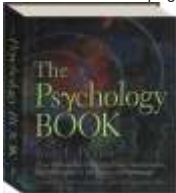
Psychology



★**9301615** **MORBIDLY CURIOUS: A Scientist Explains Why We Can't Look Away.** By Coltan Scrivner. From grisly serial killers to spine-chilling paranormal stories, Scrivner reveals the psychological forces that compel us to explore our darkest fears—and explains how this proclivity is more than just a quirk. Photos. 260 pages. Penguin. Paperbound. Pub. at \$19.00 **\$14.95**



★**9014489** **THE BOOK OF SYMBOLS: Reflections on Archetypal Images.** Ed. by A. Ronnberg & K. Martin. Each essay examines a given symbol's psychic background, and how it evokes psychic processes and dynamics. Etymological roots, the play of opposites, paradox and shadow, the ways in which diverse cultures have engaged a symbolic image—all these factors are taken into consideration. Includes a silk ribbon bookmark. Fully illus. most in color. 807 pages. Taschen. **SOLD OUT**



9198717 **THE PSYCHOLOGY BOOK: From Shamanism to Cutting-Edge Neuroscience, 250 Milestones in the History of Psychology.** By Wade E. Pickren. Join the author as he explores 250 of the most intriguing psychology milestones from prehistoric times to the twenty-first century. Chronologically organized, the entries each consist of a short summary and one or more stunning color images. The "Notes and Further Reading" section provides resources for more in-depth study. 528 pages. Sterling. Pub. at \$29.95 **PRICE CUT to \$5.95**



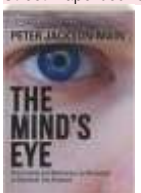
9065679 **THE PSYCHOLOGY BOOK: 250 Milestones in the History of Psychology.** By Wade E. Pickren. Chronicles the history of psychology through 250 landmark events, theories, publications, experiments, discoveries, and more. With gold gilded cover and page edges and a silk ribbon bookmark. Fully illus. most in color. 527 pages. Sterling. 7½x8¾. Pub. at \$29.95 **\$7.95**



★**9285806** **THE SIGNS: The New Science of How to Trust Your Instincts.** By Tara Swart. With compelling theories about the nature of consciousness and transformative tools to create a deep connection with the signs around you, let this work empower you to trust your instincts and thrive like never before. 222 pages. HarperOne. Pub. at \$26.99 **PRICE CUT to \$17.95**



★**923246X** **THE SACRED MUSHROOM: Key to the Door of Eternity.** By Andrija Puharich. Shares Puharich's research on extrasensory perception (ESP) and the psychic effects of hallucinogenic mushrooms. It also covers his work with R. Gordon Wasson, his experiments with Aldous Huxley, and famed psychic Peter Hurkos. Discusses ancient Egyptian spiritual practices centered on Amanita muscaria (fly agaric) mushrooms. 230 pages. Park Street. Paperbound. Pub. at \$18.99 **PRICE CUT to \$11.95**



★**909945X** **THE MIND'S EYE: Personality and Behaviour as Revealed in Quantum Iris Analysis.** By Peter Jackson-Main. Provides a ground-breaking methodological model of how the iris might be used to understand the energetic, psychological and emotional attributes of a person. Fully illus. in color. 301 pages. Aeon. Paperbound. Pub. at \$50.00 **PRICE CUT to \$27.95**

9012141 **EMOTIONAL VAMPIRES: Predators Who Want to Suck the Life Out of You.** By Daniel & Kathleen Rhodes. 197 pages. Prometheus. Paperbound. Pub. at \$19.95 **\$5.95**

8870497 **EMOTIONAL: How Feelings Shape Our Thinking.** By Leonard Mlodinow. 250 pages. Pantheon. Pub. at \$28.95 **\$5.95**

7909799 **CARL JUNG: Knowledge in a Nutshell.** By Gary Bobroff. 240 pages. Arcturus. Paperbound. Pub. at \$12.99 **\$5.95**

★**9298002** **THE POCKET BOOK OF JUNG.** By Lily Yuen. 208 pages. Sirius. Pub. at \$12.99 **SOLD OUT**

9128719 **WILL THE DRAMA EVER END: Untangling and Healing from the Harmful Effects of Parental Narcissism.** By Karyl McBride. 250 pages. Atria. Pub. at \$27.99 **\$6.95**

★**9372679** **THE KEY TO YOUR DREAMS: Unlock the Power of Your Dreams.** By Tamara Trusseau. Photos. 128 pages. IMM Lifestyle Books. Paperbound. Pub. at \$14.95 **SOLD OUT**

★**9091459** **MY ALTERED STATES: A Doctor's Extraordinary Account of Trauma, Psychedelics, and Spiritual Growth.** By Rick Strassman. Illus. 298 pages. Park Street. Paperbound. Pub. at \$19.99 **\$12.95**

★**9120823** **THE NEW PSYCHOLOGY: The 50 Newest Concepts That Are Shaping How We Live and Work.** By Adrian Furnham. Illus. 290 pages. Bloomsbury. Paperbound. Pub. at \$24.00 **\$11.95**

★**9171207** **NINE MINDS: Inner Lives on the Spectrum.** By Daniel Tammet. 269 pages. The Experiment. Paperbound. Pub. at \$16.95 **PRICE CUT to \$7.95**

★**9123911** **THE PSYCHOLOGY OF SECRETS: My Adventures with Murderers, Cults and Influencers.** By Andrew Gold. 322 pages. Macmillan. Pub. at \$29.99 **PRICE CUT to \$11.95**

9146385 **INSPIRED: Understanding Creativity.** By Matt Richtel. **LARGE PRINT EDITION.** 444 pages. Harper. Paperbound. Pub. at \$31.99 **\$4.95**

Education

9229981 **HOMESCHOOLING FOR ABSOLUTE BEGINNERS: Make Learning at Home Simple, Affordable, Fun, and Effective.** By Lorilee Lippincott. Full of anecdotes, interviews with other homeschooling families, and general wisdom, this is a must-have reference for any family new to or considering the homeschooling life. 182 pages. Skyhorse. Paperbound. Pub. at \$14.99 **\$4.95**

9232923 **A FIELD GUIDE TO GRAD SCHOOL: Uncovering the Hidden Curriculum.** By Jessica McCrory Calarco. An essential handbook to the unwritten and often unspoken knowledge and skills needed to succeed in grad school. Covers topics including how to choose a graduate program, staying on track, publishing and promoting created work, and balancing life with everything else. 459 pages. Princeton. Paperbound. **PRICE CUT to \$5.95**



Research Tools & Sourcebooks

LIMITED QUANTITY 9351868 **THE CAREGIVER'S ENCYCLOPEDIA: A Compassionate Guide to Caring for Older Adults.** By Muriel R. Gillick. Caregivers hold the key to the health, well-being, and happiness of their aging relatives, partners, or friends. This invaluable resource provides you with all of the information you need to take the best care of your loved one—from making major medical decisions to making sure you don't burn out. Photos. 389 pages. Johns Hopkins. Pub. at \$57.00 **\$6.95**

9012109 **DISCOVER YOUR SCOTTISH ANCESTRY: Internet and Traditional Resources.** By G.S. Holton & J. Winch. 208 pages. Roberts Rinehart. Paperbound. Pub. at \$16.95 **\$6.95**



Words & Language

7701047 **THE LITTLE BOOK OF MISQUOTATIONS.** By Lou Harry. A collection of 200 of the most famous things people never said! Just because a quote is engraved in marble or repeated a million times online doesn't mean it's correct. This is the definitive reference of commonly mangled quotes. 207 pages. Whalen Book Works. Pub. at \$9.95 **\$2.95**



9359133 **I REALLY NEEDED THIS TODAY.** By Hoda Kotb with J. Lorenzini. Kotb shares 365 sayings and quotes, writes about the people and experiences that have pushed her to challenge boundaries, embrace change, and explore relationships to their fullest. Written with her signature wit and warmth, this is the ideal companion to keep you motivated, recharged, and inspired each day. 378 pages. Putnam. Pub. at \$27.00 **\$6.95**



9240349 **THE LITTLE RED BOOK OF DAD'S WISDOM.** Ed. by Nick & Tony Lyons. Collects more than 270 memorable quotations about the relationships between fathers and their sons and daughters—some wise, some thoughtful, and some downright hilarious. The musings, advice, and observations are drawn from famous writers, politicians, actors, comedians, athletes, businessmen, and philosophers. Illus. in color. 218 pages. Skyhorse. Pub. at \$16.95 **\$4.95**



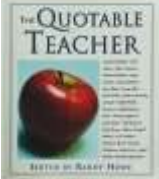
★**9267603** **THE MERRIAM-WEBSTER DICTIONARY OF SYNONYMS AND ANTONYMS.** Comprehensive reference with over 4,800 entries. Clear explanations show distinctions between synonyms, and examples demonstrate typical ways words may be used. 443 pages. Merriam-Webster. Paperbound. **\$5.95**

Words & Language



9317228 GREAT QUOTES FROM GREAT SCIENTISTS: Quotes, Lessons & Universal Truths from the World's Greatest Scientific Minds. By Chris Ferrie. This collection features a curated selection of quotes from scientific greats and modern groundbreakers alike, offering a unique glimpse into the mindset and motivations that have driven scientific discovery throughout the ages. Illus. in color. 204 pages. Simple Truths. Pub. at \$16.99 **\$5.95**

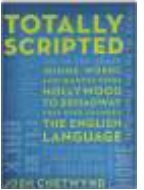
9378367 TRUTH AND BEAUTIFUL MEANINGFUL LIES: A Collection of Quotes. By Jack Kerouac. A collection of memorable quotes from one of the most quoted writers in American literature. 340 pages. Rare Bird. Pub. at \$28.00 **\$7.95**



9003762 THE QUOTABLE TEACHER. Ed. by Randy Howe. These inspirational and informative words of wisdom discuss everything from the importance of teaching and learning, to the need to think outside the box, to dealing with discipline and classroom management. 332 pages. Lyons. Paperbound. Pub. at \$9.95 **\$2.95**



7841876 POE KNOWS: A Miscellany of Macabre Musings. By Edgar Allan Poe. Features more than 200 quotes from Poe's writings, in which he expounds his thoughts on madness, emotions, beauty, death, dreams, love, and other themes that caught his unique fancy. Illus. 256 pages. Union Square & Co. Pub. at \$16.99 **\$4.95**



9003045 TOTALLY SCRIPTED: Idioms, Words, and Quotes from Hollywood to Broadway That Have Changed the English Language. By Josh Chetwynd. Expertly researched essays on words, phrases, and idioms made famous by Hollywood and the theater, and the stories behind the most iconic quotes from films. There are also sidebars that focus on other ways the entertainment world has changed our language. 224 pages. Lyons. Paperbound. Pub. at \$14.95 **\$2.95**



9374248 THE SEA: 365 Reflections. Throughout history, legend and myth, the sea has symbolized power and freedom, strength and serenity, and has inspired poets, philosophers, astronomers, and artists. Reflections upon the sea from literature, philosophy, science, and ancient wisdom are gathered together in this enchanting collection. Hamlyn. Paperbound. Pub. at \$14.99 **\$5.95**



★9187960 LIFE LESSONS FROM CATS! Filled with silly advice from our feline friends, accompanied by adorable photos of cats, some of whom are up to their mischievous ways! Includes sprayed edges and a gold-foiled stamped spine. Fox Chapel. 6 1/4 x 6 1/4. Pub. at \$12.99 **\$9.95**



9002847 THE SAILING FANATIC: Timeless Reflections on Water, Wind, and Wave. By Christopher Caswell. Featuring some of the finest things ever said about the art of sailing, the sea, the weather, engines, racing, and philosophy, captains and crew alike will find this the perfect consolation for being ashore. 422 pages. Lyons. Paperbound. Pub. at \$12.95 **\$2.95**

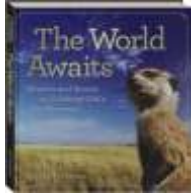


927474X THE JOHN WAYNE CODE COMPLETE EXPANDED EDITION: Wit, Wisdom and Timeless Advice From the American Icon. Ed. by J. Ellis & K. Norman. Filled with Wayne's most insightful quotes, personal stories from his family and friends, photos, and advice for how to be a better person, this stunning, gift-worthy volume makes the perfect companion for any fan who wants to make their life a little more legendary. Includes an imitation leather cover. 163 pages. MediaLab. 7x9 3/4. Paperbound. Pub. at \$18.99 **\$7.95**

★9282432 IRISH PROVERBS & SAYINGS. By S. Cashman & S. Gaffney. A charming collection of traditional Irish proverbs and sayings, offering timeless wisdom, wit, and cultural insight. Photos. 127 pages. O'Brien Press. Paperbound. Pub. at \$17.99 **\$13.95**

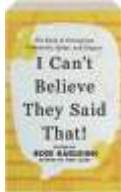


★9172645 THE QUOTABLE FEYNMAN. Ed. by Michelle Feynman. Nobel Prize-winning physicist Richard P. Feynman (1918-88) was that rarest of creatures, a towering scientific genius who could make himself understood by anyone and who became as famous for the wit and wisdom of his popular lectures and writings as for his fundamental contributions to science. 405 pages. Princeton. Paperbound. Pub. at \$19.95 **\$15.95**



9299165 THE WORLD AWAITS: Wisdom and Stories to Celebrate Life's Big Moments. By Rachel Buchholz. A perfect gift to celebrate life's accomplishments—from starting school to graduating college, to a big promotion—this collection of quotations, inspiring lessons, and words of congratulations will put every achiever on the path to success. Fully illus. in color. 92 pages. National Geographic. Pub. at \$9.95 **\$4.95**

★9359958 THE BOOK OF ARABIC WISDOM. Compiled by Hussain Mohammed Al-Amily. A treasure trove of over 3,000 proverbs, humorous and wise anecdotes, and popular quotations, ancient and modern, from throughout the Arab and Islamic world. Fully illus. 199 pages. Interlink. Paperbound. Pub. at \$22.95 **\$17.95**



★9147551 I CAN'T BELIEVE THEY SAID THAT: The Book of Outrageous Comments, Quips, and Zingers. Ed. by Boze Hadleigh. A riotous collection of the most outrageous and jaw-dropping zingers exchanged among the rich and famous. Much of it is politically incorrect—the kind of thing someone will read and then repeat to someone else, saying, "Can you believe they said that?" 275 pages. Lyons. Paperbound. Pub. at \$22.95 **PRICE CUT to \$13.95**

9235191 WHAT I KNOW ABOUT GOD. By Carol Lynn Pearson. Gibbs Smith. Pub. at \$14.99 **\$4.95**

9235205 WHAT I KNOW ABOUT NATURE. Gibbs Smith. Pub. at \$14.99 **\$5.95**

★9110135 THE POCKET SCOTTISH ENGLISH. 128 pages. Gemini. Pub. at \$9.95 **\$7.95**

★3162346 8,789 WORDS OF WISDOM. By Barbara Ann Kipfer. 618 pages. Workman. Paperbound. Pub. at \$9.95 **\$7.95**

7983034 1001 GREATEST THINGS EVER SAID ABOUT TEXAS. Ed. by Donna Ingham. 396 pages. Lyons. Paperbound. Pub. at \$12.95 **PRICE CUT to \$1.95**

★8881030 SCOTTISH QUOTATIONS. By David Ross. 160 pages. Birlinn. Paperbound. Pub. at \$10.95 **\$5.95**

★9231765 CHINESE WISDOM: Inspiring Quotes on Life, Love and Family. By James Trapp. Fully illus. in color. 95 pages. Amber. Pub. at \$19.99 **\$14.95**

★913641X TAYLOR SWIFT: In Her Own Words, Second Edition. Ed. by Helena Hunt. 301 pages. Agate. Paperbound. Pub. at \$13.95 **PRICE CUT to \$7.95**

★9172653 THE QUOTABLE MACHIAVELLI. Ed. by Maurizio Viroli. 313 pages. Princeton. Paperbound. Pub. at \$19.95 **PRICE CUT to \$11.95**

Foreign Language



★9278044 HEBREW/ENGLISH DICTIONARY. By Ben Yehuda. A comprehensive and compact dictionary from the son of the father of modern Hebrew. This new work is designed expressly for the widest possible varieties of interests and professions: students, teachers, travelers, and home and office libraries. 599 pages. Pocket. Paperbound. Pub. at \$10.99 **\$8.95**



9371877 PORTUGUESE/ENGLISH BILINGUAL VISUAL DICTIONARY. Ed. by Norma Tait. The quick way to learn more than 6,000 Portuguese words and phrases, featuring a complete range of illustrated objects and scenes from everyday life. 360 pages. Dorling Kindersley. Paperbound. Pub. at \$17.99 **\$6.95**



★9359907 READ JAPANESE TODAY: The Easy Way to Learn Hiragana, Katakana, and Kanji. By Len Walsh. An introduction to the 142 hiragana and katakana phonetic characters every Japanese learner needs to know. Features detailed, easy-to-understand descriptions of the 400 most common kanji characters, complete with phonetic pronunciations, stroke order diagrams, common words written with the character, and more. 283 pages. Tuttle. Paperbound. Pub. at \$16.99 **\$12.95**

Foreign Language



9183477 CHINESE 1000: Idiomatic and Colloquial Expressions. By Jerome P. Keuper. This text seeks to assist in understanding colloquial writing and conversation in Mandarin Chinese. Usefulness in everyday speech was a criterion for the 1,000 entries collected and customary expressions of courtesy are included, usually in several variants. 152 pages. Krieger. Pub. at \$14.95 **\$4.95**



9379010 BABY SIGN LANGUAGE: A Fun and Simple Guide to Early Communication. By Mary Smith. Learn how to sign with your child with this engaging and contemporary take on baby sign language. Features over 100 signs as well as various learning strategies, games, and tips to help ensure success. Ages 0-3. Fully illus. in color. 176 pages. Fair Winds Press. Paperbound. Pub. at \$24.99 **\$6.95**



9336834 SURVIVAL JAPANESE, REVISED EDITION: How to Communicate Without Fuss or Fear INSTANTLY! By Boyd Lalayette De Monte with J. Kawai. A busy schedule doesn't mean you can't learn Japanese. This excellent phrase guide provides you with important Japanese words and phrases to get you speaking without fuss or fear. Illus. 192 pages. Tuttle. Paperbound. Pub. at \$6.95 **\$4.95**



8896453 GERMAN-ENGLISH BILINGUAL VISUAL DICTIONARY. Ed. by A. Gavira & A. Wilkes. The quick way to learn more than 6,000 German words and phrases. This dictionary makes learning and understanding German easy. The words are shown visually in themed sections covering practical or everyday themes, providing learners with all the vocabulary they need for work, travel, and leisure. 360 pages. Dorling Kindersley. Paperbound. Pub. at \$17.99 **\$12.95**



8896445 FRENCH-ENGLISH BILINGUAL VISUAL DICTIONARY. Ed. by A. Gavira & A. Wilkes. The quick way to learn over 6,000 French words and phrases. This dictionary makes learning and understanding French easy. The words are shown visually in themed sections covering practical or everyday themes, providing learners with all the vocabulary they need for work, travel, and leisure. 360 pages. Dorling Kindersley. Paperbound. Pub. at \$17.99 **\$12.95**



907449X THE EVERYTHING LEARNING GERMAN BOOK, 3rd Edition. By Edward Swick. With step by step instructions, practical exercises, and entertaining cultural information, you'll become fully immersed in Germany's language, history, and customs. 303 pages. Adams Media. Paperbound. Pub. at \$19.99 **\$14.95**



9295127 COLLINS KOREAN POCKET DICTIONARY, SECOND EDITION. A practical guide to Korean grammar and an ideal resource for learners at all levels, this revised second edition includes the latest words, phrases, and translations in English and Korean. 398 pages. Collins. Paperbound. Pub. at \$11.99 **\$5.95**



9334327 15-MINUTE ARABIC: Learn in Just 12 Weeks. By Marion Sarhaan. This unique visual approach makes learning quick, easy, and fun. There is no writing or homework; just use the guide to test yourself. Includes real-life examples that cover every vacation and business situation. 160 pages. Dorling Kindersley. Paperbound. Pub. at \$14.99 **\$6.95**



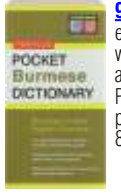
926759X MERRIAM-WEBSTER DICCIONARIO ESPANOL-INGLES, REVISADO. Ed. by Sarah S. Carragher. Communicate effectively in American English and Latin American Spanish with this comprehensive, bilingual, bidirectional dictionary. Features up-to-date coverage of essential, current vocabulary, and is an ideal reference for students, teachers, travelers, and language learners of all skill levels. 838 pages. Merriam-Webster. Paperbound. **\$6.95**



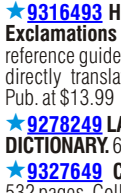
9199292 INSTANT INDONESIAN, REVISED EDITION. By S. Robson & J. Millie. Learn 100 words and phrases and say 1,000 things. The trick is knowing which 100 words to learn. The authors have solved that problem by selecting words you'll hear and use repeatedly. Even with a small vocabulary, you'll be surprised how quickly and fluently you can communicate in Indonesian. 159 pages. Tuttle. Paperbound. Pub. at \$6.95 **\$2.95**



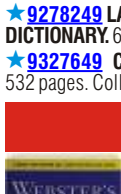
9373608 TEACH YOUR DOG SCOTS. By Anne Cakebread. A fun, illustrated, pocket-sized title which teaches over 60 Scots phrases for you to practice with your four-legged best friend. Y Lolfa. Paperbound. **\$7.95**



9336737 POCKET BURMESE DICTIONARY. An essential tool for communicating in Burmese. A great way to learn, this features all the essential vocabulary appropriate for beginning to intermediate students. Provides over 3,000 commonly-used words and phrases, grammar rules, and a pronunciation key. 88 pages. Periplus. Paperbound. Pub. at \$8.95 **\$5.95**



9316493 HOW DO YOU SAY...? A Selection of Expressions, Exclamations and Pithy Sayings. By Geraint Lewis. A practical reference guide to Welsh idioms and expressions that often cannot be directly translated into English. 112 pages. Y Lolfa. Paperbound. Pub. at \$13.99 **\$10.95**

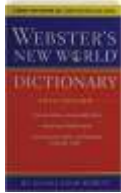


9278249 LAROUSSE'S FRENCH-ENGLISH/ENGLISH-FRENCH DICTIONARY. 682 pages. Pocket. Paperbound. Pub. at \$10.99 **\$8.95**



9327649 COLLINS FRENCH SCHOOL DICTIONARY. 532 pages. Collins. Paperbound. Pub. at \$10.99 **\$8.95**

Dictionaries



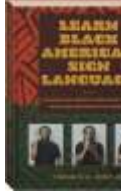
9284192 WEBSTER'S NEW WORLD DICTIONARY, FIFTH EDITION. Ed. by Steven R. Kleinedler. Provides clear and concise definitions for more than 60,000 words, including more than 1,200 new words and senses. Featuring hundreds of example phrases, straightforward pronunciation keys, and an updated page design and layout, this volume is an indispensable reference for school, office, and home. 738 pages. Collins. Paperbound. Pub. at \$10.99 **\$8.95**



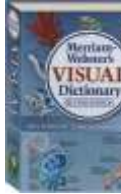
9339345 DICTIONARY OF GESTURES: Expressive Comportments and Movements in Use Around the World. By Francois Caradec, illus. by P. Cousin. A fully illustrated guide to more than 850 gestures and their meanings around the world, from a nod of the head to a click of the heels. 324 pages. MIT Press. Paperbound. Pub. at \$24.95 **\$6.95**



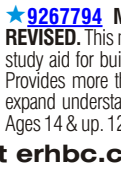
9363580 REAL ESTATE INVESTING IN PLAIN ENGLISH: Definitions, Examples, Uses. By John A. Yoegel. Inside, you'll find more than 300 glossary terms that are grouped by your real estate investing needs—from types of property, financing, and leases to buying and selling, governmental issues, and more. Each entry includes a definition, a description of how the concept works, and an example of its use in the real world. 207 pages. Adams Media. Pub. at \$17.00 **\$12.95**



9354611 LEARN BLACK AMERICAN SIGN LANGUAGE: A History and Complete Beginner's Guide with Over 200 Words and Phrases. By Franklin R. Jones, Jr. Deaf history has been told primarily from a White-centered lens, pushing Black Deaf history into the background. However, today, Black signers are telling the hidden stories of Black Deaf people and celebrating their language, exposing their dialect to millions across the world. Fully illus. in color. 190 pages. Wellfleet. 8 1/4 x 10 1/4. Pub. at \$24.99 **\$18.95**



9267816 MERRIAM-WEBSTER'S VISUAL DICTIONARY, SECOND EDITION. Ed. by Anne Rouleau et al. Incorporates nearly 25,000 terms and their definitions into 8,000 full-color illustrations of a wide variety of objects from all aspects of life, including Astronomy, Animals, the Human Body, Transportation, Sports, Science, and more. 1112 pages. Merriam-Webster. 8x10. **\$39.95**



9267794 MERRIAM-WEBSTER'S SCHOOL DICTIONARY, REVISED. This newly revised dictionary for high school students is a great study aid for building vocabulary and preparing for college-level reading. Provides more than 110,000 definitions and 28,000 usage examples to expand understanding. Designed especially for students in grades 9-12. Ages 14 & up. 1251 pages. Merriam-Webster. 7 1/4 x 9 1/2. **\$18.95**

Dictionaries

- ★9301453 LEARN AMERICAN SIGN LANGUAGE, SECOND EDITION: Everything You Need to Start Signing.** By James W. Guido. Fully illus. in color. 256 pages. Wellfleet. Spiralbound. Pub. at \$28.00 **\$21.95**
- 9134352 WEBSTER'S DICTIONARY FOR STUDENTS, FIFTH EDITION.** 533 pages. Merriam-Webster. Paperbound. Pub. at \$7.99 **\$4.95**
- ★9267697 MERRIAM-WEBSTER'S ESSENTIAL LEARNER'S ENGLISH DICTIONARY.** 1386 pages. Merriam-Webster. Paperbound. Pub. at \$10.95 **PRICE CUT to \$7.95**
- ★9267824 MERRIAM-WEBSTER'S WORD OF THE DAY: 366 Elevating Utterances to Stretch Your Cranium and Tickle Your Humerus.** Text by Patrick Kelly et al. 346 pages. Merriam-Webster. Pub. at \$14.99 **PRICE CUT to \$9.95**

Philosophy

- 9346805 SIX GREAT DIALOGUES.** By Plato. Plato's brilliant dialogues, written in the fourth century B.C., rank among Western civilization's most important philosophical works. Presented as a series of probing conversations between Socrates and his students and fellow citizens, they form a magnificent dialectical quest. 460 pages. Dover. Paperbound. Pub. at \$7.00 **\$4.95**
- 9216863 HOW TO SAVE THE WEST: Ancient Wisdom for 5 Modern Crises.** By Spencer Klavan. Klavan identifies five "essential crises": The Crisis of Reality; The Crisis of the Body; The Crisis of Meaning; The Crisis of Religion; and The Crisis of Regime. He marshals the insights of Plato, Aristotle, the Bible, and the Founding Fathers, showing that in the wisdom of the past lies hope for the future. 228 pages. Regnery. Pub. at \$29.99 **\$6.95**

9373365 LOGIC IN GAMES. By Johan van Benthem. A comprehensive examination of the interfaces of logic, computer science, and game theory, drawing on twenty years of research on logic and games. 547 pages. MIT Press. Pub. at \$29.75 **\$9.95**

9161775 THE EDGE OF REASON: A Rational Skeptic in an Irrational World. By Julian Baggini. Addressing such major areas of debate such as religion, science, politics, psychology and economics, Baggini calls for commitment to the notion of a "community of reason," where disagreements are settled by discussion rather than brute force or political influence. The power of reason is our hope for dealing with the issues of our time. 262 pages. Yale. Pub. at \$26.00 **\$4.95**

9185224 STOIC FOUNDATIONS: The Cornerstone Works of Stoicism. By Marcus Aurelius et al. Discover the core original texts of stoicism from the greatest of the Stoic philosophers. Includes the work of Marcus Aurelius's *Meditations*, sections from Seneca's *Letters from a Stoic*, and Epictetus's *Enchiridion*. 381 pages. Hachette. Paperbound. Pub. at \$15.99 **\$5.95**

LIMITED QUANTITY 9352244 SHOULD WE GO EXTINCT? A Philosophical Dilemma for Our Unbearable Times. By Todd May. Should we bring new humans into the world—or would it be better off without us? Here, the author offers a thoughtful exploration of humanity's future, or potential lack thereof. 159 pages. Crown. Pub. at \$24.00 **\$6.95**

9349510 THE ART OF RHETORIC. By Aristotle. In ancient Greece, rhetoric was at the center of public life. Many writers attempted to provide manuals to help improve debating skills. Still, it was not until Aristotle produced this work in the 4th century BCE that the subject had a true masterpiece. 252 pages. Arcturus. Paperbound. **\$6.95**

9290397 I CHING, OR THE BOOK OF CHANGES. Spanning the fields of divination, cosmology, morality, and philosophy, with strong links to Confucianism, I Ching has been interpreted in many different ways over the centuries and ultimately demonstrates an early attempt to understand the world and the human place within it. 415 pages. Flame Tree. **\$7.95**

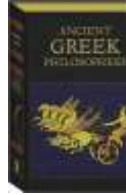


9364889 FEAR AND TREMBLING. By Soren Kierkegaard. Regarded as the father of Existentialism, Kierkegaard transformed philosophy with his conviction that we must all create our own nature; in this great work of religious anxiety, he argues that a true understanding of God can only be attained by making a personal "leap of faith." 160 pages. Arcturus. Paperbound. **\$6.95**



9379045 THE BOOK OF FIVE RINGS. By Miyamoto Musashi. Here is one of the most insightful texts on the subtle arts of confrontation and victory to emerge from Asian culture. Written not only for martial artists but for leaders in all professions, the volume analyzes the process of struggle and mastery over conflict that underlies every level of human interaction. 114 pages. Shambhala. Paperbound. Pub. at \$17.95 **\$5.95**

★9375198 HOW TO FIND HAPPINESS: An Ancient Guide to the Good Life. By Marcus Tullius Cicero. Does happiness come from the pursuit of pleasure or moral virtue? A new translation of Cicero's exploration of a timeless question. 222 pages. Princeton. Pub. at \$18.95 **\$14.95**



★9253343 ANCIENT GREEK PHILOSOPHERS. Ed. by JoAnn Padgett et al. This collection of thoughts from Plato, Aristotle, and other masters of philosophy will lead your mind on a journey of enlightened exploration into ethics, morality, law, medicine, and beyond. Boasts gilded edges and a blue silk ribbon bookmark. 967 pages. Canterbury Classics. Pub. at \$29.99 **\$24.95**

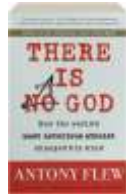


9308490 FREE AGENTS: How Evolution Gave Us Free Will. By Kevin J. Mitchell. An astonishing journey of discovery, offering a new framework for understanding how, across a billion years of Earth history, life evolved the power to choose, and why it matters. Photos. 333 pages. Princeton. Pub. at \$29.95 **\$9.95**



8989664 THE HISTORY OF TORTURE. By Brian Innes. Tells the full story, from physical cruelty to mental torment, from life under Roman emperors to Islamic State today. Charting the ways societies have sanctioned torture and more. Fully illus. 192 pages. Amber. Paperbound. Pub. at \$29.95 **\$7.95**

937826X REN: The Ancient Chinese Art of Finding Peace and Fulfilment. By Yen Ooi. Explains and explores the Ancient Chinese philosophy of Ren and its positive message of compassion and kindness. Illus. 256 pages. Headline. Pub. at \$16.95 **\$6.95**



9353399 THERE IS A GOD: How the World's Most Notorious Atheist Changed His Mind. By Antony Flew with R.A. Varghese. One of the world's preeminent atheists discloses how his commitment to "follow the argument wherever it leads" led him to a belief in God as Creator. 222 pages. HarperOne. Paperbound. Pub. at \$15.99 **\$5.95**

931556X THE NEW LEVIATHANS: Thoughts After Liberalism. By John Gray. A powerful meditation on historical and current folly. As a species, we always seem to be struggling to face the reality of base and delusive human instincts. Might a more self-aware, realistic, and disabused ethics help us? 181 pages. FSG. Pub. at \$27.00 **\$6.95**

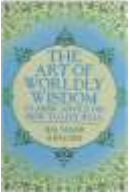


9381201 AN EMANCIPATION OF THE MIND: Radical Philosophy, the War over Slavery, and the Refounding of America. By Matthew Stewart. Exposing the role of Christian nationalism and the collusion between northern economic elites and slaveholding oligarchs, this volume demands a revision in our understanding of the origins and meaning of the struggle over slavery in America and offers a fresh perspective on struggles between democracy and power today. 374 pages. Norton. Pub. at \$32.50 **\$7.95**

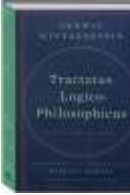


9255753 CHANGING HOW WE CHOOSE: The New Science of Morality. By A. David Redish. Redish argues that moral questions have a scientific basis and morality is best viewed as a technology—a set of social and institutional forces that create communities and drive cooperation. This means that some moral structures are better than others and the moral technologies we use affect whether we make our societies better or worse. 375 pages. MIT Press. Pub. at \$32.95 **\$9.95**

Philosophy



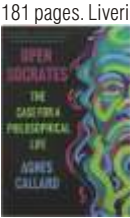
9364730 THE ART OF WORLDLY WISDOM: Classic Advice on How to Live Well. By Baltasar Gracian. Presents a collection of aphorisms, with commentary on various subjects, offering advice and guidance on how to live the best life and evolve as a human being. 127 pages. Arcurus. Paperbound. **\$6.95**



★1994956 TRACTATUS LOGICO-PHILOSOPHICUS. By Ludwig Wittgenstein. Endures as the definitive modern text on what logic can and cannot do. Consisting of 525 hierarchically numbered statements, each one "self-evident." This bilingual, German-English, facing-page edition promises to become the standard for generations to come. Illus. 181 pages. Liveright. Pub. at \$26.99 **\$19.95**



★9198288 TRACTATUS LOGICO-PHILOSOPHICUS: A New Translation. By Ludwig Wittgenstein. Wittgenstein's first masterwork is the definitive modern text on what logic can and cannot do. Inspiring philosophers and non-philosophers alike, this work consists of 525 hierarchically numbered statements imbued with the cryptic grandeur and awe-inspiring opacity we expect from such an iconic philosopher. 181 pages. Liveright. Paperbound. Pub. at \$18.99 **\$13.95**



★9370129 OPEN SOCRATES: The Case for a Philosophical Life. By Agnes Callard. Callard argues that the true ambition of the famous "Socratic method" is to reveal what one human being can be to another. You are engaging others to the fullest when you call on them to help answer your questions and challenge your answers on topics such as managing romantic love, approaching politics, and more. 405 pages. Norton. Paperbound. Pub. at \$19.99 **\$14.95**

★9309527 A TASTE OF JOY AND LIBERTY: A Philosopher Encounters the Gospel of Jesus. By Jeffrey Wattles. A compelling exploration that brings out the joy and spiritual growth central to the gospel. 270 pages. Origin. Paperbound. Pub. at \$18.00 **\$13.95**



★9305319 PHYSICIAN-ASSISTED DEATH: What Everyone Needs to Know. By L.W. Sumner. Equips readers with everything they need to know to take a reasoned and informed position in this important debate, providing needed context for the debate by situating physician-assisted death within the wider framework of end-of-life care, explaining why the movement to legalize it now enjoys such strong public support. 243 pages. Oxford. Paperbound. Pub. at \$16.95 **\$13.95**



★9298134 ANCIENT WISDOM FOR POLARIZED TIMES: Why Humanity Needs Herodotus, the Man Who Invented History. By Emily Katz Anhalt. Inviting us to take responsibility for our own choices and their consequences, Herodotus exposes autocratic leadership and abuses of power as self-defeating, guiding readers in assembling and assessing information, distinguishing fact from fiction, and making compassionate moral evaluations. 394 pages. Yale. Pub. at \$30.00 **\$21.95**



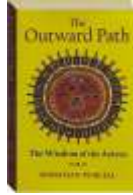
★937518X HOW TO COMPETE: An Ancient Guide to the Virtues of Sports. By Lucian. An energetic new translation of the ancient Greek satirist Lucian's humorous and enlightening dialogue on the pros and cons of athletics, fitness, and competition. 169 pages. Princeton. Pub. at \$18.95 **\$14.95**



★9254838 WHAT TO EXPECT WHEN YOU'RE DEAD: An Ancient Tour of Death & the Afterlife. By Robert Garland. Explores the fascinating death-related beliefs and practices of a wide range of ancient cultures and traditions—Mesopotamian, Egyptian, Hindu, Jewish, Zoroastrian, Etruscan, Greek, Roman, Early Christian, and Islamic. Filled with intriguing stories and frequent humor. Illus. 330 pages. Princeton. Pub. at \$29.95 **\$24.95**

★9323023 ON OBEDIENCE: Contrasting Philosophies for the Military, Citizenry, and Community. By Pauline Shanks Kaurin. Offers a deep and nuanced philosophical examination of obedience, particularly in the context of the military profession and its relationship to civilian political life. 274 pages. Naval Institute. Paperbound. Pub. at \$32.95 **\$24.95**

9365516 THE TRADE TRAP: How to Stop Doing Business with Dictators. By Mathias Dopfner. Offers a compelling, revolutionary road map to reshape global trade, strengthen our democracy, and safeguard our freedoms. 194 pages. S&S. Pub. at \$27.99 **\$5.95**



★9253165 THE OUTWARD PATH: The Wisdom of the Aztecs. By Sebastian Purcell. Aztec self-help for the modern world, this is the first in any modern language to present their core ethical principles. Structured around 12 lessons and seven practical exercises, this is an ethical workout routine designed to help you become a better person—one more deeply rooted and fulfilled. Photos. 295 pages. Norton. Pub. at \$29.99 **PRICE CUT to \$19.95**

9011897 VOLTAIRE'S REVOLUTION. Ed. by G.K. Noyer. 397 pages. Prometheus. Paperbound. Pub. at \$21.00 **\$4.95**

9137017 FACING EVIL: Confronting the Dreadful Power Behind Genocide, Terrorism, and Cruelty. Ed. by P. Woodruff & H.A. Wilmer. Photos. 297 pages. Open Court. Paperbound. Pub. at \$18.95 **\$4.95**

9300112 ON QUALITY: An Inquiry into Excellence. By Robert M. Pirsig. Illus. 153 pages. Harper. Pub. at \$26.99 **\$5.95**

9046984 THE HIDDEN HISTORY OF CODE-BREAKING: The Secret World of Cyphers, Uncrackable Codes, and Elusive Encryptions. By Sinclair MacKay. Well illus. 391 pages. Pegasus. Pub. at \$29.95 **\$6.95**

9183825 I THINK, THEREFORE I DRAW: Understanding Philosophy Through Cartoons. By D. Klein & T. Cathcart. Well illus. 302 pages. OneWorld. Paperbound. **\$5.95**

9236759 HOW TO BE: Life Lessons from the Early Greeks. By Adam Nicolson. Well illus. some in color. 356 pages. Picador. Paperbound. Pub. at \$20.00 **\$5.95**

★9324437 STOICISM AS A WARRIOR PHILOSOPHY: Insights on the Morality of Military Service. By William C. Spears. 229 pages. Casemate. Paperbound. Pub. at \$19.95 **\$14.95**

★9254757 FEAR AND TREMBLING/THE SICKNESS UNTO DEATH. By Soren Kierkegaard. 484 pages. Princeton. Paperbound. Pub. at \$14.99 **\$11.95**

★9231862 MEDITATIONS. By Marcus Aurelius. 154 pages. 1828 Press. Pub. at \$14.95 **\$11.95**

★9185852 FOUR TEXTS ON SOCRATES, REVISED: Plato's Euthyphro, Apology, and Crito and Aristophanes' Clouds. 190 pages. Cornell. Paperbound. **\$12.95**

★9174346 IMMORTAL GESTURES: Journeys in the Unspoken. By Damon Young. Drawings. 216 pages. Scribe. Pub. at \$22.00 **PRICE CUT to \$14.95**

★6075630 THE ANCIENT ART OF THINKING FOR YOURSELF: The Power of Rhetoric in Polarized Times. By Robin Reames. Illus. 297 pages. Basic. Pub. at \$30.00 **\$17.95**

★9124799 THE POWER OF CUTE. By Simon May. Illus. 238 pages. Princeton. Paperbound. Pub. at \$14.95 **PRICE CUT to \$4.95**

Philosophical Essays



9216871 THE LINE THROUGH THE HEART: Natural Law as Fact, Theory, and Sign of Contradiction. By J. Budziszewski. Showing that natural law is a matter of concern to everyone, as it touches how each of us lives and how we all coexist together, this is a profound examination that helps us make sense of why habits that run against our nature have become second nature, and why our world seems to be going mad. 241 pages. Regnery. Paperbound. Pub. at \$18.99 **\$5.95**



★9368361 FRIEDRICH NIETZSCHE: World Classics Library. Collects three of the German philosopher's most influential essays *Thus Spoke Zarathustra*, *Ecce Homo*, and *Beyond Good and Evil*. Features a gold embossed cover, decorative endpapers, and sprayed edges. 640 pages. Sirius. Pub. at \$24.99 **\$17.95**

9308512 HOW TO BE A FARMER: An Ancient Guide to Life on the Land. Selected by M.D. Usher. 247 pages. Princeton. Pub. at \$16.95 **\$5.95**

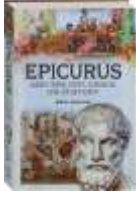
Lives & Works of Philosophers



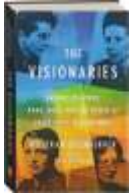
9340432 WALDEN: Or, Life in the Woods. By Henry David Thoreau. Thoreau built a cabin in the spring of 1845 on the shores of Walden Pond; there he observed nature, farmed, built fences, surveyed, and wrote in his journal. Interwoven with accounts of his daily life are meditations on human existence, society, government, and other topics, expressed with wisdom and beauty of style. 216 pages. Dover. Paperbound. **\$4.95**

Lives & Works of Philosophers

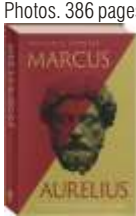
9308474 BE NOT AFRAID OF LIFE: In the Words of William James. A compelling collection of the life-changing writings of William James. 377 pages. Princeton. Pub. at \$29.95 **\$7.95**



LIMITED QUANTITY 935932X EPICURUS AND HIS INFLUENCE ON HISTORY. By Ben Gazur. How should we live? In ancient Greece, one man came up with an answer to this question. The philosopher Epicurus taught his followers that pleasure and contentment were the aims of the good life. Reveals the life of Epicurus and traces how his teachings have influenced thinkers across time. 16 pages of photos. 216 pages. Pen & Sword. Pub. at \$36.95 **\$7.95**

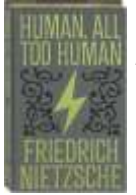


9293264 THE VISIONARIES: Arendt, Beauvoir, Rand, Weil, and the Power of Philosophy in Dark Times. By Wolfram Eilenberger. The period from 1933 to 1943 was one of the darkest, most chaotic in history. Eilenberger tells the story of four singular philosophers—indomitable, brave women who were refugees and resistance fighters—each putting forward a vision of a truly free and open society at a time of authoritarianism and war. Photos. 386 pages. Penguin. Pub. at \$32.00 **\$6.95**



★9336915 MARCUS AURELIUS: Philosopher King. By William O. Stephens. Explore the fascinating life and writings of Marcus Aurelius, Stoic philosopher and Roman emperor, whose tenets describe the struggles of dealing with a fifteen-year pandemic, the betrayal of a trusted general, and social upheaval centered on a new “superstition” (Christianity). Illus. 231 pages. Reaktion. Pub. at \$22.50 **\$17.95**

★937017X ON THE GENEALOGY OF MORALS. By Friedrich Nietzsche. Presents Friedrich Nietzsche's *On the Genealogy of Morals* in a pocket-sized edition, taking the reader on a journey through the history of value systems in three masterful essays. 158 pages. Sirius. Pub. at \$12.99 **\$9.95**



★9370161 HUMAN, ALL TOO HUMAN. By Friedrich Nietzsche. Presents Friedrich Nietzsche's *Human, All Too Human* in a pocket-sized edition, covering his thoughts on a range of topics, including good and evil, morality, life, death, suicide, wealth, and poverty. Sprayed edges. 271 pages. Sirius. Pub. at \$12.99 **\$9.95**



★929760X LUDWIG WITTGENSTEIN: Philosophy in the Age of Airplanes. By Anthony Gottlieb. According to Wittgenstein, philosophy is a “battle against the bewitchment of our intelligence by means of language.” This audacious idea changed the way many of its practitioners saw their subject. Gottlieb evaluates this revolutionary idea, explaining the evolution of Wittgenstein's thought and his place in the history of philosophy. 209 pages. Yale. Pub. at \$28.00 **\$21.95**



★9193383 PLATO AND THE TYRANT: The Fall of Greece's Greatest Dynasty and the Making of a Philosophic Masterpiece. By James Romm. From an eminent historian and classicist, an incisive portrait of the philosopher Plato, showing how the ideas in his masterwork, *Republic*, were tested by violent events in the most powerful Greek city of the era. Illus. 334 pages. Norton. Pub. at \$31.99 **PRICE CUT to \$19.95**

9137092 JOHN BRACEGIRDLE'S PSYCHOPHARMACON. 172 pages. MRTS. **\$4.95**

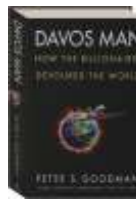
★7976658 MEDITATIONS. By Marcus Aurelius. 150 pages. Scribner. Paperbound. Pub. at \$9.99 **\$7.95**

★8896666 SECRETS OF THE GOLDEN AGE PRINCE. By Elizabeth Clare Prophet. Well illus. most in color. 382 pages. Summit. Paperbound. Pub. at \$21.95 **\$7.95**

Economics



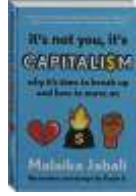
9245731 VULTURE CAPITALISM: Corporate Crimes, Backdoor Bailouts, and the Death of Freedom. By Grace Blakeley. Tracing over a century of neoliberal planning and backdoor bailouts, take a tour of the corporate crimes, political maneuvering, and economic manipulation that elites have used to enshrine a global system of “vulture capitalism”—planned capitalist economies that benefit corporations and the uber-wealthy at the expense of the rest of us. 360 pages. Atria. Pub. at \$30.00 **\$5.95**



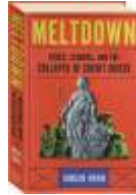
9115188 DAVOS MAN: How the Billionaires Devoured the World. By Peter Goodman. Exposes how billionaires' plunder of the world—brazenly accelerated during the pandemic—has transformed 21st-century life and dangerously destabilized democracy. Essential for anyone concerned about economic justice, societies' greatest challenges, and the sanctity of government. 472 pages. Custom House. Pub. at \$29.99 **\$5.95**



9313222 THE BIG MYTH: How American Business Taught Us to Loathe Government and Love the Free Market. By N. Oreskes & E.M. Conway. In the early 20th century, business elites, trade associations, wealthy powerbrokers, and media allies set out to build a new American orthodoxy—down with “big government” and up with unfettered markets. With archival evidence, the authors document campaigns to rewrite textbooks, combat unions, and defend child labor. 573 pages. Bloomsbury. Paperbound. Pub. at \$23.99 **\$6.95**



LIMITED QUANTITY 9376879 IT'S NOT YOU, IT'S CAPITALISM: Why It's Time to Break Up and How to Move On. By Malaika Jabali. This biting, brilliant, often hilarious guide to socialism debunks myths, centers forgotten socialists of color who have shaped our world, and shows socialism is not all Marx and Bernie Bros—it's time for all of us to ditch capitalism and try something finer. Well illus. in color. 214 pages. Algonquin. Pub. at \$24.00 **\$5.95**

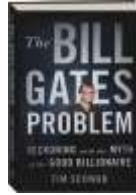


9375309 MELTDOWN: Greed, Scandal, and the Collapse of Credit Suisse. By Duncan Mavin. The incredible story of a once-venerable Swiss bank that produced a litany of financial scandals and whose collapse reveals the amorality at the heart of the global banking system. 320 pages. Pegasus. Pub. at \$29.95 **\$7.95**



9130489 LIFE AFTER CAPITALISM: The Meaning of Wealth, the Future of the Economy, and the Time Theory of Money. By George Gilder. Gilder poses that creativity and faith in the future, capitalism's crucial ingredients, seem to have run out and the elites think they can maintain a nation's wealth by printing money and investing it in favored industries. Such misguided corporatism and pride are the result of a deep misunderstanding of capitalism itself. 212 pages. Regnery. Pub. at \$29.99 **\$6.95**

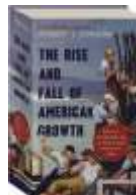
9380981 INFLATION: A Guide for Users and Losers. By M. Blyth & N. Faccaroli. A fresh, revealing, and myth-busting guide to the ins and outs of inflation from two leading political economists. 274 pages. Norton. Pub. at \$31.99 **\$6.95**



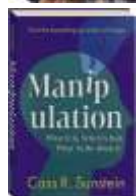
8883939 THE BILL GATES PROBLEM: Reckoning with the Myth of the Good Billionaire. By Tim Schwab. A powerful investigation of Bill Gates and the Gates Foundation, showing how he uses philanthropy to exercise enormous political power without accountability. 484 pages. Metropolitan. Pub. at \$33.99 **\$5.95**



★9286578 INFLATION. By Martha Olney. From an award-winning professor of economics, an accessible and comprehensive introduction to what causes, and what can address, increases in the cost of living. 287 pages. MIT Press. Paperbound. Pub. at \$19.95 **\$14.95**



919200X THE RISE AND FALL OF AMERICAN GROWTH: The U.S. Standard of Living Since the Civil War. By Robert J. Gordon. Gordon provides details and striking statistics about how the way we live has changed and warns that the younger generation may be the first in American history to fail to exceed their parents' standard of living. 762 pages. Princeton. Pub. at \$39.95 **\$12.95**

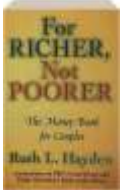


★9274545 MANIPULATION: What It Is, Why It's Bad, What to Do About It. By Cass R. Sunstein. New technologies offer companies, politicians, and others unprecedented opportunities to manipulate us. Sometimes we are given the illusion of power and freedom through choice, yet the game is rigged, pushing us in specific directions that lead to less wealth, worse health, and a weaker democracy. 203 pages. Cambridge. Pub. at \$27.95 **\$21.95**

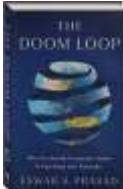
Economics



★9015973 FALSE ALARM: How Climate Change Panic Costs Us Trillions, Hurts the Poor, and Fails to Fix the Planet. By Bjorn Lomborg. Politicians, activists, and the media claim climate change is destroying the planet, and we must take drastic action to stop it. This work will convince you that everything you think about climate change is wrong. It shows the way toward making the world a vastly better, if slightly warmer, place for us all. Illus. 333 pages. Basic. Paperbound. Pub. at \$19.99 **\$14.95**



★929886X FOR RICHER, NOT POORER: The Money Book for Couples. By Ruth L. Hayden. Money matters are some of the most difficult areas for spouses to approach honestly, and are some of the leading causes of breakups and divorces. This life-changing work will forever improve readers' relationships by teaching them budgeting and money-management techniques that will last a lifetime. 242 pages. Health Communications. Paperbound. Pub. at \$14.95 **\$4.95**



★9370951 THE DOOM LOOP: Why the World Economic Order Is Spiraling into Disorder. By Eswar S. Prasad. Offers a bracing account of a world spiraling into disorder—which more people need to awaken to before they find themselves asking how things got “even worse”—and makes it clear that old solutions cannot pull us out. We need radically new solutions to solve the world's radically new problems. 357 pages. Basic. Pub. at \$32.00 **\$23.95**



★8183236 WALL STREET, THE NAZIS, AND THE CRIMES OF THE DEEP STATE. By David A. Hughes. Explores the role of Wall Street in promoting the rise of Hitler, funding the Nazi war machine, recruiting and rehabilitating ex-Nazis, and creating a transnational deep state inspired by Nazi methods. 218 pages. Skyhorse. Pub. at \$32.99 **\$24.95**



★9379266 PAPER SOLDIERS: How the Weaponization of the Dollar Changed the World Order. By Saleha Mohsin. The untold story of how the United States Treasury Department has used the dollar to take the helm of the global economy, and what it means for the future of the nation as the currency hits an inflection point. 282 pages. Portfolio. Pub. at \$30.00 **\$8.95**

★9323368 THE TRILLION DOLLAR WAR MACHINE. By W.D. Hartung & B. Freeman. A hard-hitting investigation into how the Pentagon's runaway spending embroils America in foreign wars, squanders its wealth, and enriches a privileged elite. 327 pages. Bold Type. Pub. at \$30.00 **\$22.95**

★9185216 SOCIAL JUSTICE FALLACIES. By Thomas Sowell. 201 pages. Basic. Pub. at \$28.00 **\$7.95**

★9230653 HOW THE WORLD RAN OUT OF EVERYTHING: Inside the Global Supply Chain. By Peter S. Goodman. 406 pages. Mariner. Pub. at \$30.00 **\$5.95**

★9352139 ECONOMICS IN AMERICA: An Immigrant Economist Explores the Land of Inequality. By Angus Deaton. 271 pages. Princeton. Pub. at \$24.95 **SOLD OUT**

★9209689 PUNISHING PUTIN: Inside the Global Economic War to Bring Down Russia. By Stephanie Baker. Photos. 355 pages. Scribner. Pub. at \$29.99 **\$5.95**

★9115412 AMERICA INC: The 400-Year History of American Capitalism. By Bhu Srinivasan. 560 pages. Amberley. Paperbound. **\$5.95**

★9009299 CAPITAL, VOLUME 1: Critique of Political Economy. By Karl Marx. 857 pages. Princeton. Pub. at \$39.95 **\$27.95**

★9273778 SMART MONEY: How Digital Currencies Will Win the New Cold War—and Why the West Needs to Act Now. By Brunello Rosa with C. Larsen. 342 pages. Bloomsbury. Pub. at \$29.99 **\$6.95**

★9126678 SAMUELSON FRIEDMAN: The Battle Over the Free Market. By Nicholas Wapshott. 367 pages. Norton. Pub. at \$28.95 **\$5.95**

★9251359 THE GREATEST PONZI SCHEME ON EARTH: How the US Can Avoid Economic Collapse. By Leslie A. Rubin & Daniel J. Mitchell. 206 pages. Worth. Pub. at \$26.00 **\$18.95**

★9231943 THE WEALTH OF NATIONS. By Adam Smith. 527 pages. 1828 Press. Pub. at \$27.95 **\$21.95**

★9160930 CRUSHING CAPITALISM: How Populist Policies Are Threatening the American Dream. By Norbert J. Michel. 205 pages. Cato Institute. Paperbound. Pub. at \$19.95 **PRICE CUT to \$9.95**

★9154418 KING DOLLAR: The Past and Future of the World's Dominant Currency. By Paul Blustein. 308 pages. Yale. Pub. at \$35.00 **PRICE CUT to \$17.95**

★7937857 THE PROBLEM OF 12: When a Few Financial Institutions Control Everything. By John Coates. 188 pages. Columbia Global Reports. Paperbound. Pub. at \$17.00 **\$12.95**

★8999007 THE BILL GATES PROBLEM: Reckoning with the Myth of the Good Billionaire. By Tim Schwab. 484 pages. Metropolitan. Paperbound. Pub. at \$19.99 **PRICE CUT to \$4.95**

★9107584 AGE OF THE CITY: Why Our Future Will Be Won or Lost Together. By I. Goldin & T. Lee-Devlin. 237 pages. Bloomsbury. Paperbound. Pub. at \$18.00 **PRICE CUT to \$4.95**

Engineering



★9310975 THE INVENTIONS, RESEARCHES AND WRITINGS OF NIKOLA TESLA. By Thomas Commerford Martin. First published in 1893, this inspirational volume was considered to be the bible of electrical engineering. Martin includes an extensive discussion of Tesla's early research and inventions, along with 300 illustrations that demonstrate the practical application of his ideas. Features a heat-burnished cover and gilded edges. 504 pages. Word Cloud Classics. Paperbound. Pub. at \$16.99 **\$12.95**



★DVD 9307249 HOW DO THEY MAKE IT? Season 1. Widescreen. A journey into the world of complex mechanisms surrounding contemporary man. It's the story about places where exceptional things are being created to make our travel, communication, work, and life easier. Collects all three Season One episodes. 60 minutes. Dreamscape Media. Pub. at \$19.95 **\$14.95**

★9120882 MAKE: Wearable Electronics, 2nd Edition. By Kate Hartman. Fully illus. in color. 277 pages. Make Community. 7 1/2 x 9 1/4. Paperbound. Pub. at \$34.99 **\$26.95**

Engineering & Architecture



★9339469 THINGS THAT MOVE: A Hinterland in Architectural History. By Tim Anstley. A breathtaking architectural account that will change the way readers understand buildings, their becoming, and their significance. Well illus., some in color. 420 pages. MIT Press. 6 1/2 x 9 1/2. Paperbound. Pub. at \$40.00 **\$14.95**



★9206205 F.L. WRIGHT, 1867-1959: Building for Democracy. By Bruce Brooks Pfeiffer. Exploring Wright's aspirations to augment American society through architecture, this work offers a concise introduction to his at-once technological and Romantic response to the practical challenges of middle-class Americans of the era. Well-illus. 96 pages. Taschen. 8 1/2 x 10 1/4. **\$16.95**

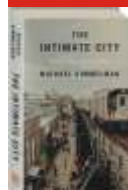


★914434X BEAUTY OVER TROUBLED WATER: The Bridges of Niagara Falls. By Richard Panchyk. Documents the amazing, beautiful bridges of the Niagra Falls area chronologically in photographs, engravings, sketches, and maps—many never-before-published. From the Niagra Falls Suspension Bridge to the ubiquitous Rainbow Bridge, the structures that span the river have all shared a unique aesthetic that is highly complementary to their location. 103 pages. America Through Time. Paperbound. Pub. at \$24.95 **PRICE CUT to \$14.95**

★7862814 BRIDGES: Norton/Library of Congress Visual Sourcebooks in Architecture, Design & Engineering. By Richard L. Cleary. Well illus. 383 pages. Norton. 8 1/2 x 11 1/4. Pub. at \$75.00 **\$9.95**

★8996466 BUILDING WITH FLINT: A Practical Guide to the Use of Flint in Design and Architecture. By David Smith. Fully illus. in color. 160 pages. Crowood. 7 1/2 x 9 3/4. Paperbound. Pub. at \$35.99 **PRICE CUT to \$9.95**

Architecture

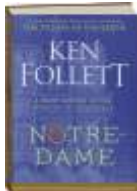


★9197036 THE INTIMATE CITY: Walking New York. By Michael Kimmelman. As New York came to a halt with COVID, Kimmelman composed an email to a group of architects, historians, writers, and friends, inviting them to take a walk. Wherever they liked, preferably someplace meaningful to them, someplace that illuminated the city and what they loved about it. 131 photos, most in color. 252 pages. Penguin. Pub. at \$30.00 **\$6.95**

Architecture



9222367 SKY-HIGH: A Critique of NYC's Supertall Towers from Top to Bottom. By Eric P. Nash. Part architectural guidebook and part critique, the pencil-thin, supertall towers that are transforming New York City's skyline as well as its streets are spotlighted in this collection of extraordinary photographs that capture a dozen of these self-styled odes to wealth and power. 208 pages. Princeton Architectural. 7 1/4 x 11 1/4. Pub. at \$40.00 **\$9.95**



8992231 NOTRE-DAME: A Short History of the Meaning of Cathedrals. By Ken Follett. The author describes the emotions that gripped him when he learned about the fire that threatened to destroy one of the greatest cathedrals in the world—the Notre-Dame de Paris. Follett then tells the story of the cathedral and he reveals the influence that the Notre-Dame had on cathedrals around the world. Illus. some color. 62 pages. Viking. 5 1/4 x 7 1/2. Pub. at \$17.00 **\$5.95**



LIMITED QUANTITY ★ 9287884 THOMAS JEFFERSON AT MONTICELLO: Architecture, Landscape, Collections, Books, Food, Wine. Ed. by L.G. Bowman & C. Moss. This visually stunning volume explores Monticello, both the house and the plantation, with texts that present a current assessment of Jefferson's cultural contributions to his noteworthy home and the fledgling nation. 150 color photos. 207 pages. Rizzoli. 8 1/4 x 11 **SOLD OUT**



9212140 SEEING TREES: A History of Street Trees in New York City and Berlin. By Sonja Dumpelmann. A fascinating and beautifully illustrated volume that explains what street trees tell us about humanity's changing relationship with nature and the city. 318 pages. Yale. 7 1/4 x 10 1/4. Pub. at \$55.00 **\$9.95**



LIMITED QUANTITY ★ 9330674 THE GREEN MAN: Myth and Reality. Ed. by Imogen Corrigan. Takes the reader on a journey of discovery, revealing the different types of foliate heads and their contexts. Their origins in folklore and Christian tradition are explored, taking in pagan beliefs and fertility rites, often accompanied by dragons and other monsters. Fully illus. in color. 95 pages. Amberley. Paperbound. Pub. at \$25.99 **\$19.95**



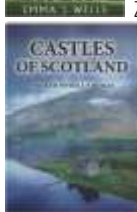
9155937 METROPOLIS ON THE STYX: The Underworlds of Modern Urban Culture, 1800-2001. By David L. Pike. Considers how underground spaces and their many myths have organized ways of seeing, thinking about, and living in the modern city. With a rich variety of visuals and written sources, Pike theorizes why our notions about urban environments remain essentially 19th century in character, even though cities have changed almost beyond recognition. Illus. 377 pages. Cornell. Paperbound. Pub. at \$37.95 **\$2.95**



9363653 THE CHAPEL OF PRINCETON UNIVERSITY. By Richard Stillwell. Like the medieval English cathedrals that inspired it, the Princeton University Chapel is an architectural achievement designed to evoke wonder, awe, and reflection. Featuring new color photos, this is the essential illustrated guide to this magnificent architectural and cultural landmark. 139 pages. Princeton. 8 1/4 x 11 1/4. Pub. at \$47.00 **\$12.95**



★ 9147462 HEAVEN ON EARTH: The Lives and Legacies of the World's Greatest Cathedrals. By Emma J. Wells. Explore the glorious history of 16 of the world's greatest cathedrals and the extraordinary stories of the people who built them, revealing how 1,000 years of cathedral-building shaped modern Europe, and influenced art, culture and society around the world. 16 pages of color illus. 422 pages. Head of Zeus. Paperbound. Pub. at \$19.99 **\$14.95**

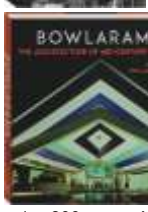


★ 9304673 CASTLES OF SCOTLAND. By Andrew Powell-Thomas. The story of Scotland's castles is intricately woven into the country's history. These formidable structures have guarded the landscape since medieval times, and many of these structures are famous emblems of Scotland today. These iconic structures draw visitors from far and wide to explore a unique part of Scotland's heritage. Fully illus. in color. 94 pages. Amberley. Paperbound. Pub. at \$25.99 **\$19.95**

★ 922145X A HISTORY OF THE WORLD IN 500 BUILDINGS. By Sophie Collins. Discover the fascinating story of humanity through the lens of 500 remarkable buildings and structures that have shaped our world. Fully illus. in color. 400 pages. Thunder Bay. Pub. at \$27.99 **\$21.95**



9243755 DESIGNING THE MODERN CITY: Urbanism Since 1850. By Eric Mumford. Written with an international perspective that encourages cross-cultural comparisons, a leading architectural and urban historian presents a comprehensive survey of urbanism and its design since the Industrial Revolution. Well illus. 352 pages. Yale. 7 1/4 x 10 1/4. Pub. at \$40.00 **\$12.95**



924977X BOWLARAMA: The Architecture of Mid-Century Bowling. By Chris Nichols with A. Biondo. Step back in time to mid-century America. Every architect worth his drafting board took a run at creating a bowling center, dreaming up space age designs that beckoned the new suburbanites in their new neighborhoods. Fully illus. some in color. 208 pages. Angel City. Pub. at \$40.00 **\$19.95**



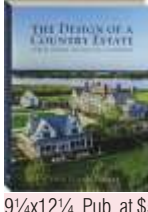
★ 9375724 NATIONAL PARK STYLE: Patterns from the Golden Age of Rustic Design. By Albert H. Good. Developed as a teaching tool for designers in the 1930s, preservationists, historians, designers, and homeowners can duplicate the classic, rustic structures commonly found in state and national parks. Features over 1200 photographs and detailed line drawings from which one can design and build directly. 192 pages. Lyons. 8 1/2 x 11. Paperbound. **\$29.95**



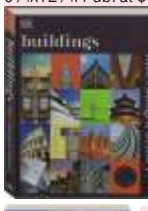
9012869 LUXURY AND MODERNISM: Architecture and the Object in Germany 1900-1933. By Robin Schuldenfrei. A new interpretation of modern architecture and design in Germany during the heyday of the Bauhaus and the Werkbund, tracing Modernism's lasting allure to its many manifestations of luxury. Fully illus. some in color. 318 pages. Princeton. 7 1/4 x 10 1/4. Pub. at \$71.00 **\$16.95**



★ 916653X FALLINGWATER: Living with and in Art. Ed. by J. Gunther & S.W. Perkins. An international treasure on the UNESCO World Heritage List, Frank Lloyd Wright's Fallingwater is a total work of art. This work is an exciting new look at a masterpiece, seen for the first time in its fullness. Well illus. in color. 277 pages. Rizzoli. 10 x 12 1/4. Pub. at \$65.00 **\$49.95**



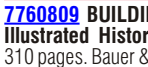
9234993 THE DESIGN OF A COUNTRY ESTATE: Purple Cherry Architects & Interiors. By Cathy Purple Cherry. Driven by a passion for art and architectural design, Cathy Purple Cherry shares the story of a fabulous, newly built coastal country estate. She offers practical guidance on topics relevant to designing any home, no matter the scale of the project. Color photos. 224 pages. Gibbs Smith. 9 1/4 x 12 1/4. Pub. at \$50.00 **PRICE CUT to \$19.95**



★ 9246347 BUILDINGS THAT CHANGED HISTORY. By Philip Wilkinson. Explore the world's most fascinating historical and contemporary buildings, from ancient pyramids to high-tech skyscrapers, in this essential guide to architecture that is akin to having a personal tour guide. Fully illus. in color. 256 pages. Dorling Kindersley. 9 1/2 x 11 1/4. Pub. at \$35.00 **PRICE CUT to \$24.95**



★ 9154728 WALKING ROME'S WATERS. By Katherine Wentworth Rinne. This grand tour offers a new way to appreciate the history, geology, and character of the ancient and contemporary city. In addition to providing 13 walkable pilgrimages, the author takes you for an underground tour of the city's hidden springs and streams and an aerial survey of Rome's villas and parks. Well illus., most in color. 330 pages. Yale. Paperbound. Pub. at \$35.00 **PRICE CUT to \$21.95**



7760809 BUILDING THE BROOKLYN BRIDGE 1869-1883: An Illustrated History with Images in 3D. By Jeffrey I. Richman. 310 pages. Bauer & Dean. 9 x 11 1/4. Pub. at \$55.00 **\$11.95**



9180400 HAVANA REVISITED: An Architectural Heritage. By Cathryn Griffith. Fully illus. in color. 240 pages. Norton. 10 1/4 x 10 1/4. Pub. at \$49.95 **\$9.95**

Architecture

★**9287167** **A BEWITCHING PLACE: The Story of the Mark Twain House in Hartford.** By Steve Courtney. Well illus., most in color. 168 pages. Globe Pequot. 8½x11¼. Pub. at \$29.95 **\$22.95**

9134751 BUILDING AND DWELLING: Ethics for the City. By Richard Sennett. 32 pages of photos, some in color. 343 pages. FSG. Pub. at \$30.00 **PRICE CUT to \$4.95**

9143572 HUMANIZE: A Maker's Guide to Designing Our Cities. By Thomas Heatherwick. Fully illus. 495 pages. Scribner. Pub. at \$30.00 **PRICE CUT to \$4.95**

★**917138X HALLOWED GROUND: The Folklore of Churches and Churchyards.** By Mark Norman. 207 pages. Crossed Crow. Paperbound. Pub. at \$24.95 **\$13.95**

★**8875529 CHICAGO SKYSCRAPERS, 1934-1986: How Technology, Politics, Finance, & Race Reshaped the City.** By Thomas Leslie. Well illus. some in color. 330 pages. UHP. 8½x11¼. Pub. at \$44.95 **SOLD OUT**

★**6080545 WOODEN CHURCHES IN EASTERN EUROPE.** By Siegfried von Quast. Fully illus. in color. 79 pages. Edition Axel Menges. 9½x12. Pub. at \$42.00 **PRICE CUT to \$14.95**

★**9266917 ARCHITECTURAL THEORY: Pioneering Texts on Architecture from the Renaissance to Today.** By Veronica Biermann et al. 679 pages. Taschen. Pub. at \$40.00 **PRICE CUT to \$29.95**

9100377 DIRIYAH FACE TO FACE. By Bobby Sager. Fully illus. in color. 285 pages. Rizzoli. 11¼x15. Pub. at \$150.00 **PRICE CUT to \$34.95**

Architectural Surveys

918435X SKYSCRAPER MANUAL: Builders' Workshop Manual. By A. Wynne & D. Parker. Interspersed with intriguing facts and figures, this reference is fully illustrated with a wealth of stunning photographs and specially commissioned graphics. The authors also look at how the effects of climate change, earthquakes, and terrorism can be mitigated in the way skyscrapers are designed and built. 188 pages. Haynes. 8½x10¾. Pub. at \$36.95 **\$5.95**

★**9381643 CURVES: Flowers, Foliates & Flourishes in the Formal Decorative Arts.** By Lisa DeLong. In this beautiful pocket volume, packed with rare illustrations and helpful diagrams, DeLong demonstrates the time-honored techniques behind the use of curves and plant forms in the traditional visual arts. 58 pages. Wooden. Paperbound. **\$7.95**

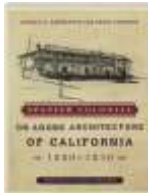
9352074 THE BARBARIAN ARCHITECTURE: Thorstein Veblen's Chicago. By Joanna Merwood-Salisbury. A richly visual architectural history and theory of modernity that reexamines Thorstein Veblen's classic text *The Theory of the Leisure Class* through the lens of Chicago in the 1890s. Well illus. 332 pages. MIT Press. Paperbound. Pub. at \$34.95 **\$9.95**

★**9269533 STONE: Ancient Craft to Modern Mastery.** By Richard Rhodes. Stone has been the primary building material for more than five thousand years of human history, and it continues to record our triumphs and failures. In this searching history, Rhodes—a sculptor, stonemason, and scholar of stonework—explores how stone is best used today and throughout history. Well illus. in color. 271 pages. Princeton Architectural. 8½x10¾. Pub. at \$50.00 **\$39.95**

7963076 PALACES FOR PIGS. By Lucinda Lambton. Fully illus. in color. 256 pages. English Heritage. 7½x10. Pub. at \$50.00 **\$6.95**

Regional Architectural Styles

9058133 MISSISSIPPI VALLEY ARCHITECTURE: Houses of the Lower Mississippi Valley. By Stanley Schuler. A sampling of the magnificent homes of Mississippi, Louisiana, Arkansas, Illinois, Tennessee and Missouri, traces the use of the French Colonial, Greek Revival and Vernacular styles in each region, with images of the facades, floor plans and details of homes built between 1700 and the Civil War. 231 pages. Schiffer. 8½x11¼. Pub. at \$30.00 **\$9.95**



9039317 SPANISH COLONIAL OR ADOBE ARCHITECTURE OF CALIFORNIA, 1800-1850. By D.R. Hannaford & R. Edwards. In California, Spanish colonial houses were built with local materials, with construction and ornamentation traditional to settlers from both Spain and New England. Gives architects, home builders, and historians a chance to view photos, sketches, and measured drawings of interior and exterior details. 110 pages. Taylor. 8½x11. Paperbound. Pub. at \$24.95 **\$4.95**



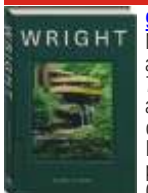
★**9287736 ESCAPE: The Heyday of Caribbean Glamour.** By Hermes Mallea. Celebration of the 20th-century jet-setting lifestyle in the warm-weather destinations of the Caribbean and Florida, from the great estates of ambitious patrons to the most exclusive resorts of the mid-20th century, in a spectacular photographic presentation that chronicles its glamour and nostalgia. 254 pages. Rizzoli. 9½x11¼. Pub. at \$29.98 **\$24.95**



★**9214429 CABINS.** By Philip Jodidio. Showcasing the variety of cabins in use and geography, this collection is exciting in both its international reach and its array of briefs, clients, and situations. Architectural innovation is spotlighted, with an inspiring sense of contemplation and coexistence as people return to nature. Fully illus. in color. Taschen. Pub. at \$30.00 **PRICE CUT to \$19.95**

9113398 ARCHITECTURE IN THE SOUTH PACIFIC: The Ocean of Islands. By J. Taylor & J. Conner. 356 pages. UHIP. 11x10. Pub. at \$50.00 **\$11.95**

Monographs on Architects



9379320 WRIGHT: Design Monographs. By Naomi Stungo. The most widely recognized U.S. architect, Wright designed over 1,000 buildings in 70 years. He transformed American architecture and suburban homes with his "Prairie" style, closely tying his structures to their settings and landscapes. Explore both his organic work and his precast concrete forms. Color photos. 111 pages. OH. Pub. at \$16.95 **\$6.95**

9300945 JULIA MORGAN: Architect of Beauty. By Mark Anthony Wilson, photos by M. Lee et al. Tells the remarkable story of this architectural pioneer, and features text, drawings, and photographs of the many buildings that still exist. 213 pages. Gibbs Smith. 8½x9½. Paperbound. Pub. at \$30.00 **\$9.95**

9179011 GERVASE WHEELER: A British Architect in America, 1847-1860. By R.E. Tribert & J.F. O'Gorman. Wheeler's career is traced chronologically and geographically, and the work is lavishly illustrated over fifty images, including building plans and historical photographs. 113 pages. Wesleyan. 7¼x10¼. Pub. at \$35.00 **\$7.95**



9099956 EPIC LANDSCAPES: Benjamin Henry Latrobe and the Art of Watercolor. By Julia A. Sienkewicz. The first study devoted to architect Latrobe's substantial artistic oeuvre from 1795 to late 1798. This volume offers the only extended consideration of Latrobe's Virginian watercolors, including a series of complex trompe l'oeil studies and three significant illustrated manuscripts. Well illus. in color. 285 pages. UDeP. 8½x10¾. Pub. at \$72.00 **PRICE CUT to \$19.95**

★**9056491 ROSARIO CANDELA & THE NEW YORK APARTMENT, 1927-1937.** By David Netto. The author explores Rosario Candela's work and its impact on New York through the lens of exteriors and urbanism, planning and interior architecture, and the circumstances and stories of creation. Fully illus. most in color. 303 pages. Rizzoli. 10¼x12¼. Pub. at \$85.00 **PRICE CUT to \$59.95**

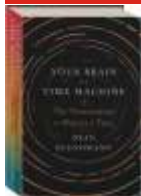
8887365 EXPERIENCING OLMSTED: The Enduring Legacy of Frederick Law Olmsted's North American Landscapes. By Charles A. Birnbaum et al. Photos, most in color. 342 pages. Timber. 8½x10¼. Pub. at \$50.00 **\$14.95**

★**9127178 FRANK LLOYD WRIGHT.** By Bruce Brooks Pfeiffer. Fully illus., most in color. 512 pages. Taschen. 6½x8¾. Pub. at \$30.00 **PRICE CUT to \$17.95**

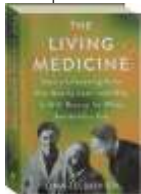
★**9075585 MATERIALIZED SPACE: The Architecture of Paul Rudolph.** By Abraham Thomas. Fully illus. some in color. 127 pages. MMA. 8½x10¾. Paperbound. Pub. at \$30.00 **PRICE CUT to \$9.95**

★**7935234 FRANK LLOYD WRIGHT & RALPH WALDO EMERSON: Transforming the American Mind.** By Ayad Rahmani. Photos. 324 pages. 6½x9½. Pub. at \$49.95 **PRICE CUT to \$14.95**

Medical Science



9381414 YOUR BRAIN IS A TIME MACHINE: The Neuroscience and Physics of Time. By Dean Buonomano. Drawing on evolutionary biology, physics, and philosophy, Buonomano illuminates such concepts as consciousness, spacetime, and relativity while addressing profound questions that have long occupied scientists and philosophers alike: What is time? Is our sense of time's passage an illusion? Is the future predetermined? 293 pages. Norton. Pub. at \$26.95 **\$7.95**



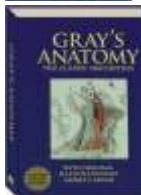
9216359 THE LIVING MEDICINE: How a Lifesaving Cure Was Nearly Lost—and Why It Will Rescue Us When Antibiotics Fail. By Lina Zeldovich. The remarkable history of phages—viruses that devour bacteria—whose medical value was nearly lost to history after Stalin's brutal purges and the rise of antibiotics. Reveals the astonishing success of early phage experiments, phage therapy's decline, and why its resurgence might one day save the human race. 302 pages. St. Martin's. Pub. at \$30.00 **\$6.95**



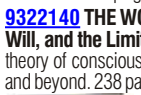
9258523 HUMAN ANATOMY: Stereoscopic Images of Medical Specimens. By Jim Naughten. Reproduced with stunning clarity, these stereoscopic images take the reader on a journey through the study of anatomy. With the included viewer, this provides an immersive experience that is not possible with conventional photography. Texts on human anatomy provide an engaging introduction to the project. 144 pages. Prestel. 11x9. Pub. at \$45.00 **\$7.95**



9373128 ALTERED STATES OF CONSCIOUSNESS: Experiences Out of Time and Self. By Marc Wittmann. Shows and explains how experiences that disturb or widen our everyday understanding of the self can help solve the mystery of consciousness. 176 pages. MIT Press. Paperbound. Pub. at \$21.95 **\$5.95**



9368191 GRAY'S ANATOMY: The Classic 1860 Edition. By Henry Gray, illus. by H. Carter. Using sumptuous illustrations and clear, matter-of-fact descriptions, Dr. Gray unleashed a classic on the world more than 100 years ago. Not just a dry index of parts and names, this volume lets the natural beauty and grace of the body's interconnected systems and structures shine forth from the page. 384 pages. Arcturus. Pub. at \$24.99 **\$11.95**



9322140 THE WORLD BEHIND THE WORLD: Consciousness, Free Will, and the Limits of Science. By Erik Hoel. Delves into the quest for a theory of consciousness that will trigger a paradigm shift in neuroscience and beyond. 238 pages. Avid Reader. Paperbound. Pub. at \$18.99 **\$5.95**



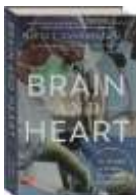
9217002 THE PRICE OF PANIC: How the Tyranny of Experts Turned a Pandemic into a Catastrophe. By Douglas Axe et al. The human cost of the emergency response to COVID-19 has far outweighed the benefits. That's the sobering verdict of a trio of scholars—a biologist, a statistician, and a philosopher—in this comprehensive assessment of a horrible panic-induced disaster. 266 pages. Regnery. Pub. at \$28.99 **\$5.95**



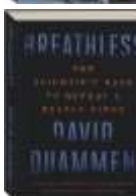
927894X NIGHTMARELAND: Travels at the Borders of Sleep, Dreams, and Wakefulness. By Lex Lonehove. A mind-expanding exploration of sleep disorders and unusual dream states—the scientific explanations and the paranormal possibilities—bringing readers on an extraordinary journey through history, folklore, and science, to help us understand what happens when we sleep. Illus. 308 pages. TarcherPerigee. Paperbound. Pub. at \$18.00 **\$5.95**



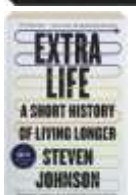
9216944 THE NEW ABNORMAL: The Rise of the Biomedical Security State. By Aaron Kheriaty. The COVID-19 pandemic conferred enormous power to certain government officials. Explore revelations of the people and organizations that form the biomedical security state; its role in the origin of the pandemic and in shaping the government response; and why it is a threat to science, public health, and individual freedom. 278 pages. Regnery. Pub. at \$29.99 **\$6.95**



9375252 BRAIN AND HEART: The Triumphs and Struggles of a Pediatric Neurosurgeon. By David I. Sandberg. A warm and brilliant memoir that captures the medical and emotional intensity of pediatric neurosurgery. Photos. 187 pages. Pegasus. Pub. at \$27.95 **\$7.95**



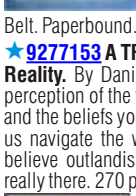
9295992 BREATHLESS: The Scientific Race to Defeat a Deadly Virus. By David Quammen. The behind-the-scenes story of how scientists around the world cooperated to decipher the COVID-19 virus and make possible the vaccines to fight the pandemic. 406 pages. S&S. Pub. at \$29.99 **\$6.95**



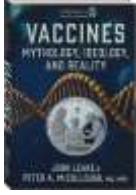
9357874 EXTRA LIFE: A Short History of Living Longer. By Steven Johnson. In 1920, at the end of the last major pandemic, global life expectancy was just over forty years. Today, in many parts of the world, human beings can expect to live more than eighty years. Johnson presents the surprising and important story of how humans gained what amounts to an extra life. Photos. 284 pages. Riverhead. Paperbound. Pub. at \$17.00 **\$5.95**



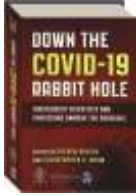
★9286055 TOXIC: Heal Your Body from Mold Toxicity, Lyme Disease, Multiple Chemical Sensitivities, and Chronic Environmental Illness. By Neil Nathan. Delves deeper into the harmful impact of chronic inflammation in driving disease, and presents the latest information that can help both doctors and patients achieve faster and more complete healing. 359 pages. Victory Belt. Paperbound. Pub. at \$35.95 **\$26.95**



★9277153 A TRICK OF THE MIND: How the Brain Invents Your Reality. By Daniel Yon. You uncovers how your brain colors your perception of the world, the judgments you make about other people, and the beliefs you form about yourself. These mental processes help us navigate the world—but can also lead us astray, causing us to believe outlandish conspiracy theories or to see things that aren't really there. 270 pages. Grand Central. Pub. at \$30.00 **\$22.95**



★9252355 VACCINES: Mythology, Ideology, and Reality. By J. Leake & P.A. McCullough. Tells the story of this technology and those who developed it with some success, but also with failures that are never mentioned in the celebratory literature on vaccines. The authors do not dismiss the concept of vaccination but seek to promote a less dogmatic discussion about its risks and benefits. 219 pages. Skyhorse. Pub. at \$32.95 **\$24.95**



★9077057 DOWN THE COVID-19 RABBIT HOLE: Independent Scientists and Physicians Unmask the Pandemic. Ed. by S. Pelech & C.A. Shaw. Discusses the widespread misuse of science during the pandemic, the likely origin of COVID-19, the pathophysiology of the disease itself, and the harms associated with the various vaccines that have been produced, particularly those based on the novel mRNA platforms. 16 pages of illus. in color. 398 pages. Skyhorse. Pub. at \$36.99 **\$27.95**



9288902 RUMBLES: A Curious History of the Gut—The Secret Story of the Body's Most Fascinating Organ. By Elsa Richardson. Travelling from ancient Greece to Victorian England, 18th Century France to modern America, Richardson leads us on a lively tour of the gut, exploring all the ways that we have imagined, theorized, and probed the mysteries of the gastroenterological system. Photos. 326 pages. Pegasus. Pub. at \$28.95 **\$6.95**



9351876 CHILDREN'S MEDICINES: What Every Parent, Grandparent, and Teacher Needs to Know. By Edward A. Bell. Full of information helpful to parents, grandparents, and others who provide care for children, this handy reference is a reliable and insightful guide to how drugs for children of all ages are prescribed and used. 145 pages. Johns Hopkins. Paperbound. Pub. at \$22.95 **\$4.95**

★9329595 THE OCCASIONAL HUMAN SACRIFICE: Medical Experimentation and the Price of Saying No. By Carl Elliott. Tells the extraordinary stories of insiders who spoke out against incidents of medical research abuses, and often paid a terrible price for doing the right thing. 355 pages. Norton. Paperbound. Pub. at \$19.99 **\$14.95**

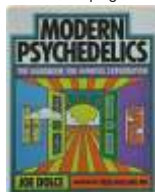
Medical Science



★904986X THE PFIZER PAPERS: Pfizer's Crimes Against Humanity. Ed. by Naomi Wolf with A. Kelly. Shows that Pfizer's mRNA COVID-19 vaccine clinical trial was deeply flawed and that they knew by November 2020 that its vaccine was neither safe nor effective. A look at how Big Pharma, the U.S. government, and healthcare entities are protected by the legal immunity of the Public Readiness and Emergency Preparedness Act, and more. Fully illus. in color. 386 pages. War Room. 8½x11¼. Pub. at \$39.99 **\$31.95**



★9304843 ANATOMICAL WAXES. By M. von Düring & M. Poggesi. Celebrates the famous collection of centuries-old anatomical waxworks from Florence's La Specola museum. From full-body representations of the circulatory and nervous systems to the tiniest features of organs and joints, see the human body mapped out in astounding detail in hundreds of wax specimens. Fully illus. in color. 510 pages. Taschen. 6½x9. **\$26.95**



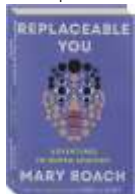
★925305X MODERN PSYCHEDELICS: The Handbook for Mindful Exploration. By Joe Dolce. A judgment-free title that compiles contemporary research and ancient knowledge to guide adult readers who are interested in the mindful exploration of these misunderstood, extraordinary, powerful substances. Photos. 218 pages. Black Dog & Leventhal. Paperbound. Pub. at \$24.99 **\$17.95**



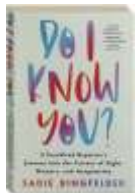
★9238204 THE MICROBIOME MASTER KEY: Harness Your Microbes to Unlock Whole-Body Health and Lifelong Vitality. By B. Brett & Jessica M. Finlay. Hand sanitizer. Social distancing. Antibiotics. Fending off germs has long been considered one of the cornerstones of good health. But what if better health and more graceful aging went hand-in-hand with embracing microbes? 343 pages. The Experiment. Paperbound. Pub. at \$21.95 **\$16.95**



★9154329 DREAMING REALITY: How Neuroscience and Mysticism Can Unlock the Secrets of Consciousness. By V. Miskovic & S.J. Lynn. Connects the latest findings in neuroscience to the insights of the world's mystical traditions to investigate the nature of human consciousness. Dreams, hallucinations, psychedelic experiences, meditation, and other altered states are examined. 397 pages. Belknap. Pub. at \$29.95 **\$14.95**



★9288074 REPLACEABLE YOU: Adventures in Human Anatomy. By Mary Roach. The body is the most complex machine in the world, and the only one for which you cannot get a replacement part from the manufacturer. Today, we're attempting to grow body parts from scratch using stem cells and 3D printers. How are we doing? Are we there yet? 276 pages. Norton. Pub. at \$28.99 **\$21.95**



919519X DO I KNOW YOU? A Faceblind Reporter's Journey into the Science of Sight, Memory, and Imagination. By Sadie Dingfelder. After receiving a midlife diagnosis of propagnosia—faceblindness—the author investigates the neuroscience of human consciousness while solving some long-running mysteries about her own life. 295 pages. Little, Brown. Pub. at \$32.00 **PRICE CUT to \$5.95**

9181075 MOLDS, MUSHROOMS, AND MEDICINES: Our Lifelong Relationship with Fungi. By Nicholas P. Money. 229 pages. Princeton. Pub. at \$29.95 **\$6.95**

9228284 BLISS BRAIN: The Neuroscience of Remodeling Your Brain for Resilience, Creativity, and Joy. By Dawson Church. Well illus., some in color. 347 pages. Hay House. Paperbound. Pub. at \$26.99 **\$5.95**

9295267 A HEALTHY BRAIN FOR LIFE. By Richard Furman. 298 pages. Revell. Paperbound. Pub. at \$14.99 **\$5.95**

9167420 THE SECRET LIFE OF THE HUMAN BODY. By John Clancy. Fully illus. in color. 192 pages. Firefly. Paperbound. Pub. at \$24.95 **\$5.95**

9179305 THE DAY I DIE: The Untold Story of Assisted Dying in America. By Anita Hannig. 297 pages. Sourcebooks. Pub. at \$27.99 **\$5.95**

910061X DISCOVERING THE BRAIN: A Guide to the Most Complex Organ of the Human Body. By Frank Amthor. 192 pages. Sirius. 9¼x11¼. Pub. at \$19.99 **\$5.95**

9247297 THE FORGOTTEN SENSE: The New Science of Smell and the Extraordinary Power of the Nose. By Jonas Olofsson. 218 pages. Mariner. Pub. at \$28.00 **\$6.95**

9045589 Dwarfism: Medical and Psychosocial Aspects of Profound Short Stature. By Betty M. Adelson. Photos. 342 pages. Johns Hopkins. Paperbound. Pub. at \$40.00 **\$4.95**

9292969 RANDOM ACTS OF MEDICINE: The Hidden Forces That Sway Doctors, Impact Patients, and Shape Your Health. By A.B. Jena & C. Worsham. 307 pages. Doubleday. Pub. at \$30.00 **\$6.95**

914501X SEEING THE MIND: Spectacular Images from Neuroscience, and What They Reveal About Our Neuronal Selves. By Stanislas Dehaene. Fully illus. in color. 222 pages. MIT Press. 7¼x10¼. Pub. at \$36.95 **\$11.95**

926437X HEARTWARMING: How Our Inner Thermostat Made Us Human. By Hans Rocha Ijzerman. 288 pages. Norton. Pub. at \$26.95 **PRICE CUT to \$4.95**

★9161104 THE SCIENCE OF WEIRD SHIT: Why Our Minds Conjure the Paranormal. By Chris French. Illus., some in color. 374 pages. MIT Press. Paperbound. Pub. at \$24.95 **PRICE CUT to \$11.95**

★9020527 ANATOMY, PHYSIOLOGY, AND PATHOLOGY WORKBOOK, THIRD EDITION. By Ruth Hull. 336 pages. North Atlantic. Paperbound. Pub. at \$21.95 **\$11.95**

★9127674 WHY WE REMEMBER: Unlocking Memory's Power to Hold on to What Matters. By Charan Ranganath. 291 pages. Vintage. Paperbound. Pub. at \$19.00 **PRICE CUT to \$9.95**

★9090185 PSYCHEDELICS AND MENTAL HEALTH: Neuroscience and the Power of Psychoactives in Therapy. By Irene de Caso. Illus. most in color. 304 pages. Park Street. Paperbound. Pub. at \$29.99 **\$16.95**

★9187359 SO VERY SMALL. By Thomas Levenson. Illus. 422 pages. Random. Pub. at \$35.00 **PRICE CUT to \$17.95**

Business



9381333 SEED MONEY: Monsanto's Past and Our Food Future. By Bartow J. Elmore. Monsanto used seed money derived from toxic products to build an agricultural empire, promising endless bounty through its genetically engineered technology. But as new data emerges about the Roundup system, and Bayer faces a tide of lawsuits, Elmore shows how our food future is still tethered to the company's chemical past. Photos. 387 pages. Norton. Pub. at \$30.00 **\$6.95**



920119X TERRIBLE HUMANS: The World's Most Corrupt Super-Villains—and the Fight to Bring Them Down. By Patrick Alley. Introduces us to some of the world's worst warlords, grifters, and kleptocrats who can be found everywhere from presidential palaces to the board rooms of some of the world's best-known companies. A whirlwind tour of the dark underbelly of the world's super powerful and wickedly wealthy, and the daring investigators dragging them into the light. 339 pages. Monarq. Paperbound. Pub. at \$19.99 **\$5.95**



9143955 THE MAN WHO BROKE CAPITALISM. By David Gelles. In 1981, Jack Welch took over General Electric and quickly became the first celebrity CEO. But his achievements were the product of his relentless effort to push GE's stock price even higher, often at the expense of workers, consumers, and innovation. Gelles argues that Welch single-handedly ushered in a new, cutthroat era of American capitalism that persists today. 264 pages. S&S. Pub. at \$28.00 **\$6.95**

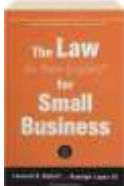


9233326 SELLING THE DREAM: The Billion-Dollar Industry Bankrupting Americans. By Jane Marie. An urgent and riveting expose that reveals how multilevel marketing companies—often owned by political and corporate elites, such as the DeVos and the Van Andel families—have made a windfall in profit off the desperation of the American working class. Learn how not to fall victim to these schemes. 308 pages. Atria. Pub. at \$29.00 **\$5.95**



9377123 THE ART OF WAR VISUALIZED. By Jessica Hagy. An inspired Bronze Age/Information Age mash-up, this volume completely reenergizes the classic text, here in the complete Lionel Giles translation, and makes it accessible to a new generation of students, entrepreneurs, business leaders, artists, seekers, and lovers of games and game theory. Fully illus. 247 pages. Workman. Paperbound. Pub. at \$14.99 **\$5.95**

Business



9025227 THE LAW (IN PLAIN ENGLISH) FOR SMALL BUSINESS, SIXTH EDITION. By L.D. DuBoff & R. Lopez III. Whether you are just about to open a small business, are reassessing an existing business, or simply have a few questions, this edition is the go to resource for small business owners and entrepreneurs. 295 pages. Allworth. Paperbound. Pub. at \$26.99 **\$7.95**

9122192 GLADIATORS, PIRATES AND GAMES OF TRUST: How Game Theory, Strategy and Probability Rule Our Lives. By Haim Shapira. Shapira shares humorous anecdotes and insightful examples to explain Game Theory, how it affects our daily lives, and how the different interactions between decision-makers can play out. 183 pages. Watkins. Paperbound. Pub. at \$14.95 **\$4.95**



572290X THE FALL: The End of Fox News and the Murdoch Dynasty. By Michael Wolff. Meet the Murdochs and the disastrously dysfunctional family of Fox News. Drawing on years of unprecedented access to the Murdoch family and key players in the world of Fox, this work plunges us behind the scenes of another empire of influence, and the result is astonishing and unforgettable. 298 pages. Holt. Pub. at \$29.99 **\$4.95**



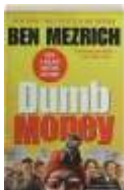
9359753 TEACHING CREATIVE WORKSHOPS: In Person and Online. By Patricia van den Akker. The ultimate guide for artists and makers to learn how to deliver outstanding in-person and online workshops, how to become a better and more confident teacher, and how to promote and launch your workshops to turn them into a profitable venture. Well illus. in color. 256 pages. Herbert. Paperbound. Pub. at \$40.00 **\$9.95**



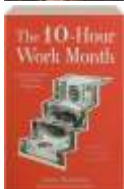
935350X THE YELLOW PAD: Making Better Decisions in an Uncertain World. By Robert E. Rubin. The former Secretary of the Treasury and co-chairman of Goldman Sachs shares thoughts on decision-making developed over more than six decades in markets, business, government, and politics, and offers readers an astute and original guide for navigating uncertain times. 302 pages. Penguin. Pub. at \$32.00 **\$6.95**



935106X BROKEN CODE: Inside Facebook and the Fight to Expose Its Harmful Secrets. By Jeff Horowitz. A behind-the-scenes look at the manipulative tactics Facebook used to grow its business, how it distorted the way we connect online, the company insiders who found the courage to speak out—and why you should delete your account. 330 pages. Doubleday. Pub. at \$32.50 **\$6.95**



9367527 DUMB MONEY. By Ben Mezrich. Offers a gripping, beat-by-beat account of how a loosely affiliated group of private investors and internet trolls on a subreddit called WallStreetBets took down one of the biggest hedge funds on Wall Street, firing the first shot in a revolution that threatens to upend the establishment. 304 pages. Grand Central. Paperbound. Pub. at \$19.95 **\$4.95**



LIMITED QUANTITY ★9352481 THE 10-HOUR WORK MONTH: Automate with AI to Get Rich Doing Less. By Laura Anderson. Gives readers a shortcut to building a thriving business based on passive income. This easy-to-follow guide will allow you to break free from the 9-5 so you can build a life you've only dreamed of. 255 pages. Page Street. Paperbound. Pub. at \$19.99 **\$14.95**

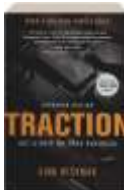


9372180 THE DARK PATTERN: The Hidden Dynamics of Corporate Scandals. By G. Palazzo & U. Hoffrage. Two experts in business ethics and decision-making challenge the conventional view that corporate misconduct stems from a handful of bad actors. Instead, the authors illustrate how entire organizations can fall off the moral cliff because good people become ethically blind. 323 pages. Basic. Pub. at \$30.00 **\$6.95**

9237720 MONDAY MORNING CHOICES. By David Cottrell. Whether you strive for money, power, happiness, or love, your personal choices, the actions you take, and the relationships you choose to invest time and energy in will determine whether you reach your goals. Learn to make correct decisions to achieve what you desire. 186 pages. Harper. Pub. at \$25.99 **\$5.95**



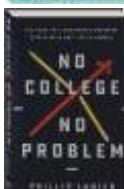
★9299734 THE 1-PAGE MARKETING PLAN, REVISED. By Allan Dib. Master the timeless marketing system that has helped millions of entrepreneurs scale their businesses. The proven 9-block framework has been refreshed with real-world scenarios and new strategies, providing the perfect foundation to get powerful results from today's marketing tools. Photos. 201 pages. Authors Equity. Paperbound. Pub. at \$19.95 **\$14.95**



9232958 TRACTION: Get a Grip on Your Business. By Gino Wickman. Entrepreneurs and business leaders face similar frustrations—personnel conflict, profit woes, and inadequate growth. Decisions never seem to get made, or fail to be properly implemented, but there is a solution. This is a practical method for achieving the business success you have always envisioned. 248 pages. BenBella. Paperbound. Pub. at \$19.95 **\$6.95**



★9193596 HOW THINGS ARE MADE: A Journey Through the Hidden World of Manufacturing. By Tim Minshall. Minshall takes us on a journey through the manufacturing world, from the smallest job shops to mega-factories, from global shipping hubs to local delivery at your door, revealing the inner workings of the system that runs 24-7-365 to make and deliver the things we need—or want—to live our daily lives. Ecco. Pub. at \$30.00 **\$21.95**



★9294120 NO COLLEGE, NO PROBLEM: The Road to a Successful Business Starts with Grit, Not a Degree. By Phillip Lanier. Lanier shares his unconventional journey, proving that grit, strategy, and real-world learning can outperform a college diploma—no student loans required. 240 pages. Mission Driven. Pub. at \$26.00 **\$19.95**



9336605 EXPERIENTIAL INTELLIGENCE: Harness the Power of Experience for Personal and Business Breakthroughs. By Soren Kaplan. Experiential Intelligence (XQ) expands our understanding of what's needed to thrive in today's disruptive world. Learn how to uncover your hidden assets, remove invisible barriers limiting peak performance, and amplify strengths to achieve breakthroughs for yourself and your team. 221 pages. BenBella. Pub. at \$26.00 **\$6.95**



★9011048 THE SECRET LIFE OF LEGO: The Inside Story of a Design Icon. By Daniel Konstanski. From the first hollow bricks to the complex shapes and building techniques of today, this visually stunning volume is a LEGO history like no other—and the first official book for Adult Fans of LEGO bricks. Fully illus. in color. 326 pages. Sourcebooks. 8 1/2 x 10. Pub. at \$39.99 **\$24.95**



★9190899 WHEN WOMEN RAN FIFTH AVENUE: Glamour and Power at the Dawn of American Fashion. By Julie Satow. A stylish history of the 20th-century American department store. Hortense Odium of Bonwit Teller, Dorothy Shaver of Lord and Taylor, and Geraldine Stutz of Henri Bendel are focal points in this dramatic account of shoppers and shopgirls, dressing rooms and perfume counters, boardroom secrets and scandals. Photos, some in color. 385 pages. Vintage. Paperbound. Pub. at \$21.00 **PRICE CUT to \$12.95**



★9154752 WHO OWNS THIS SENTENCE? A History of Copyrights and Wrongs. By D. Bellos & A. Montagu. Explore an often-humorous and always-enlightening cultural, legal, and global history of the idea that intangible things can be owned, and makes a persuasive case for seeing copyright as an engine of inequality in the 21st century. 384 pages. Norton. Paperbound. Pub. at \$19.99 **PRICE CUT to \$9.95**

9081445 MARKETING MICHELIN: Advertising & Cultural Identity in Twentieth-Century France. By Stephen L. Harp. Illus. 356 pages. Johns Hopkins. Pub. at \$56.00 **PRICE CUT to \$2.95**

9053441 MAKE IT PROFITABLE! By Barbara Brabec. Illus. 333 pages. M. Evans. Paperbound. Pub. at \$16.95 **\$2.95**

★9284737 THE TESLA FILES: The Inside Story of Musk's Empire. By S. Iwersen & M. Verfurden. 352 pages. Steerforth. Paperbound. Pub. at \$22.99 **\$17.95**

★9274502 SURROUNDED BY IDIOTS, REVISED. By Thomas Erikson. 387 pages. St. Martin's. Paperbound. Pub. at \$20.00 **\$14.95**

9271376 HACK YOUR BUREAUCRACY: Get Things Done No Matter What Your Role on Any Team. By M. Nitz & N. Sinai. 346 pages. Hachette. Pub. at \$30.00 **PRICE CUT to \$4.95**

Business

★**908164X** **SNOOPY AND THE SPY: A Saga of Espionage, Ingenuity, and the Epic Battle to Save International Harvester.** By Lee Klancher. 136 pages. Octane. Pub. at \$24.95 **\$15.95**

9268200 **BATTLE FOR THE BIRD: Jack Dorsey, Elon Musk, and the \$44 Billion Fight for Twitter's Soul.** By Kurt Wagner. 357 pages. Atria. Pub. at \$30.00 **PRICE CUT to \$4.95**

9275347 **FASTER, FEWER, BETTER EMAILS.** By Dianna Booher. Berrett-Koehler. Paperbound. Pub. at \$16.95 **PRICE CUT to \$2.95**

★**9102256** **WORK LESS, MAKE MORE, AND HAVE FUN IN YOUR BUSINESS.** By George Horriagan. 345 pages. Morgan James. Paperbound. Pub. at \$24.95 **PRICE CUT to \$6.95**

★**906317X** **THE CHICAGO GUIDE FOR FREELANCE EDITORS.** By Erin Brenner. 340 pages. Univ of Chicago Press. Paperbound. Pub. at \$25.00 **PRICE CUT to \$9.95**

9146075 **AMERICAN ENTREPRENEUR.** By W. Robertson & W. Doyle. **LARGE PRINT EDITION.** The Duck Commander CEO and star of the blockbuster *Duck Dynasty* series tells the captivating true tale of the visionaries and doers who have embodied the American Dream, from Native Americans in the very beginning to the tech giants of today. 390 pages. HarperLuxe. Paperbound. Pub. at \$26.99 **\$4.95**

9364560 **START, STAY, OR LEAVE: The Art of Decision Making.** By Trey Gowdy. **LARGE PRINT EDITION.** 260 pages. Random. Paperbound. Pub. at \$31.00 **\$5.95**

Computer Books

9292950 **QUANTUM SUPREMACY: How the Quantum Computer Revolution Will Change Everything.** By Michio Kaku. A look at humanity's next technological revolution—quantum computing—which could solve everything from global warming and world hunger to incurable disease. 337 pages. Doubleday. Pub. at \$30.00 **\$6.95**

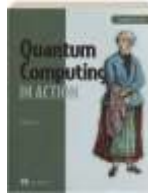
9317007 **CARELESS PEOPLE: A Cautionary Tale of Power, Greed, and Lost Idealism.** By Sarah Wynn-Williams. A deep, unflinching look at the role that social media has assumed in our lives, this title reveals the truth about the leaders of Facebook: how the more power they grasp, the less responsible they become, and the consequences this has for all of us. 382 pages. Flatiron. Pub. at \$32.99 **\$6.95**

9358404 **PYTHON HOW-TO: 63 Techniques to Improve Your Python Code.** By Yong Cui. Covers all the language features you'll need to get up and running with Python. Learn to join and split strings, access dictionary keys, values, and items, set and use the return value in function calls, process JSON data, create lazy attributes to improve performance, and more. For beginning to intermediate Python programmers. 480 pages. Manning. Paperbound. Pub. at \$49.99 **\$9.95**

9358366 **LEARN QUANTUM COMPUTING WITH PYTHON AND Q#: A Hands-On Approach.** By S. Kaiser & C. Granade. Use Python to build your own quantum simulator and take advantage of Microsoft's open source tools to fine-tune quantum algorithms. Complex math and theory are explained through stories, visuals, and games. Apply quantum to real-world applications, such as sending secret messages and solving chemistry problems. Illus. 356 pages. Manning. Paperbound. Pub. at \$59.99 **\$9.95**

9358358 **THE JOY OF JAVASCRIPT.** By Luis Atencio. Introduces techniques that turn JavaScript programmers into JavaScript pros. You'll work with cutting-edge APIs, language features, and coding styles to tackle tricky problems in an elegant manner. Along the way, you'll practice good object design, drive business logic with functional thinking, and untangle complex data flows. Illus. 333 pages. Manning. Paperbound. Pub. at \$39.99 **\$7.95**

9358226 **BAYESIAN OPTIMIZATION IN ACTION.** By Quan Nguyen. Learn to create efficient machine learning processes using a Bayesian approach. Explore practical techniques for training large databases, hyperparameter tuning, and navigating complex search spaces. You'll learn how to navigate multi-objective scenarios, account for decision costs, and tackle pairwise comparisons. Illus. 396 pages. Manning. Paperbound. Pub. at \$59.99 **SOLD OUT**



9358420 **QUANTUM COMPUTING IN ACTION: Examples in Java.** By Johan Vos. Introduction to the ideas and applications of quantum computing. Discover qubits and quantum gates, superposition, entanglement, and hybrid computing, and quantum algorithms, including Shor's, Deutsch-Jozsa, and Grover's search. For Java developers. No advanced math knowledge required. Illus. 242 pages. Manning. Paperbound. Pub. at \$49.99 **\$9.95**

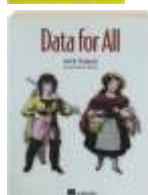


9358471 **THE WELL-GROUNDED PYTHON DEVELOPER: How the Pros Use Python and Flask.** By Doug Farrell. Shows you why Python is a fantastic tool for professional development. Learn to create a web application, connect to a database, and design programs to handle big tasks. For experienced beginners who want to learn professional-level skills. Illus. 269 pages. Manning. Paperbound. Pub. at \$59.99 **\$9.95**

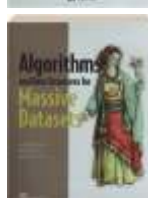


LIMITED QUANTITY ★**9369538** **THE ULTIMATE CHATGPT PROMPT BOOK.** By Igor Pogany. Teaches both newcomers and seasoned experts alike to "speak ChatGPT" with fluency and confidence by providing more than 750 prompts for common uses. 191 pages. Adams Media. Paperbound. Pub. at \$16.00 **\$11.95**

SOLD OUT



9358285 **DATA FOR ALL.** By John K. Thompson. Concerned about how your data is used? With a step-by-step plan, transform your relationship with data and start earning a "data dividend"—hundreds of thousands of dollars paid out simply for your online activities. Oversee who accesses your data, how much different types of data are worth, and how to keep private details private. 163 pages. Manning. Paperbound. Pub. at \$49.99 **\$9.95**



935820X **ALGORITHMS AND DATA STRUCTURES FOR MASSIVE DATASETS.** By D. Medjedovic & E. Tahirovic. Introduces processing and analytics techniques for large distributed data. Packed with industry stories and illustrations, this guide makes even complex concepts easy to understand. You'll explore real-world examples as you learn to map powerful algorithms like Bloom filters, HyperLogLog, and LSM-trees to your own use cases. 278 pages. Manning. Paperbound. Pub. at \$59.99 **\$9.95**



9358323 **FULL STACK PYTHON SECURITY: Cryptography, TLS, and Attack Resistance.** By Dennis Byrne. Teaches you how to secure Python and Django-based web apps while demystifying complex security terms and algorithms. Starting with a clear review of cryptographic foundations, learn how to implement layers of defense, secure user authentication and third-party access, and protect your applications against common hacks. Illus. 284 pages. Manning. Paperbound. Pub. at \$59.99 **\$9.95**



9358307 **EVOLUTIONARY DEEP LEARNING: Genetic Algorithms and Neural Networks.** By Micheal Lanham. Introduces evolutionary computation (EC) and gives you a toolbox of techniques you can apply throughout the deep learning pipeline. Discover genetic algorithms and EC approaches to network topology, generative modeling, reinforcement learning, and more. Interactive Colab notebooks allow you to experiment as you explore. Illus. 336 pages. Manning. Paperbound. Pub. at \$59.99 **\$9.95**



★**1917749** **LAPTOPS FOR SENIORS IN EASY STEPS, 8TH EDITION.** By Nick Vandome. Updated to cover Windows 11, written in plain English without jargon, and contains clear step by step instructions accompanied by illustrations. Shows how to choose the right laptop, personalize Windows, explore apps for fun and functional tasks, and more. 192 pages. In Easy Steps. Paperbound. Pub. at \$18.99 **\$13.95**



★**9225471** **WINDOWS 11 FOR SENIORS IN EASY STEPS, 2ND EDITION.** By Nick Vandome. The perfect guide to help everyone navigate Windows 11 at their own pace. This work helps readers through all the essentials they need to know, such as how to confidently explore the desktop, Start Menu, and Quick Settings, stay connected via Outlook, and personalize Windows to suit their needs. Fully illus. in color. 240 pages. In Easy Steps. Paperbound. Pub. at \$24.99 **\$17.95**

Computer Books



★**1929747** **ANDROID PHONES FOR SENIORS IN EASY STEPS, 3RD EDITION.** By Nick Vandome. This updated edition provides an overview of the popular models, and then shows how to: customize your phone to suit your needs; master the Home screen and key apps; keep in touch via phone and video calls, texts, email, and social media; keep your phone secure and locate it easily; and so much more. Fully illus. 192 pages. In Easy Steps. Paperbound. Pub. at \$18.99 **\$13.95**



★**9136533** **IPAD FOR SENIORS IN EASY STEPS, 14TH EDITION.** By Nick Vandome. Provides help for seniors to learn and enjoy key iPad features, from choosing the right iPad to making video calls, shopping online, exploring, and mastering new features. Well illus. in color. 192 pages. In Easy Steps. Paperbound. Pub. at \$18.99 **\$13.95**

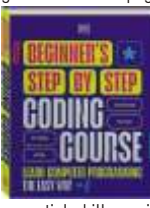


★**4965272** **WINDOWS 11 IN EASY STEPS.** By Nick Vandome. Windows 11 is a major evolution of the Windows operating system. This guide will help you discover the key features and functions. This is ideal for those who want to grasp the essentials quickly and easily. Suitable for Windows newbies as well as those upgrading to a new version. 240 pages. In Easy Steps. Paperbound. Pub. at \$18.99 **\$13.95**



9358242 **CLASSIC COMPUTER SCIENCE PROBLEMS IN JAVA.** By David Kopec. A master class in computer programming designed around 55 exercises that have been used in computer science classrooms for years. You'll work through hands-on examples as you explore core algorithms, constraint problems, AI applications, and much more. For intermediate Java programmers. Illus. 244 pages. Manning. Paperbound. Pub. at \$49.99 **\$9.95**

9358196 **50 ANDROID HACKS.** By Carlos Sessa. Ranging from the mundane to the spectacular, each self-contained, fully illustrated hack is just a couple of pages long and includes annotated code. These practical techniques are organized into twelve collections covering layout, animations, patterns, and more. Most hacks work with Android 2.x and greater. Illus. 188 pages. Manning. Paperbound. Pub. at \$34.99 **\$9.95**



★**9368051** **BEGINNER'S STEP-BY-STEP CODING COURSE: Learn Computer Programming the Easy Way.** By Cliff Kusmaul et al. In our digital world, coding skills are in high demand, and the need for programmers is still growing. Taking the first steps in learning to code may seem daunting, but by using a graphic method to break code into small chunks, this manual brings essential skills easily within reach. Fully illus. in color. 360 pages. Dorling Kindersley. Pub. at \$30.00 **\$21.95**



9358455 **SKILLS OF A SUCCESSFUL SOFTWARE ENGINEER.** By Fernando Doglio. Presents techniques for working on software projects collaboratively. Learn best practices for writing and documenting maintainable code, testing and refactoring code you didn't write, what to expect in a technical interview, and how to thrive on a development team. Perfect for working and aspiring software engineers. Illus. 173 pages. Manning. Paperbound. Pub. at \$49.99 **\$9.95**



9381279 **THE METAVERSE: And How It Will Revolutionize Everything.** By Matthew Ball. Ball presents a comprehensive definition of the Metaverse before explaining the technologies that will power it, and the breakthroughs necessary to fully realize it. He addresses the governance challenges the Metaverse entails, investigates the roles of Web3, blockchains, and NFTs, and predicts Metaverse winners and losers. 336 pages. Liveright. Pub. at \$30.00 **\$6.95**



9374868 **BECOME AN APP INVENTOR: The Official Guide from MIT App Inventor.** By K. Lang & S. Tezel. With the help of this companion guide full of colorful graphics and easy-to-follow instructions, readers can learn how to create six different apps, then use what they've learned to build apps of their own imagination. Readers will also be introduced to young app inventors making a difference in their communities. Ages 12 & up. **SOLD OUT**



9365575 **UNMASKING AI: My Mission to Protect What Is Human in a World of Machines.** By Joy Buolamwini. The story of how Buolamwini uncovered what she calls "the coded gaze"—evidence of encoded discrimination and exclusion in tech products—and how she galvanized the movement to prevent AI harms by founding the Algorithmic Justice League. Illus. 308 pages. Random. Pub. at \$28.99 **\$5.95**

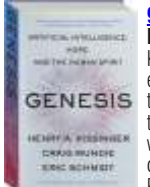


9358269 **CONVERSATIONAL AI: Chatbots That Work.** By Andrew R. Freed. Create AI-driven voice and text agents for customer support and other conversational tasks. Combines design theory with techniques for building and training AI systems. Learn how to find training data, assess performance, and write dialog that sounds human. Go from building simple chatbots to designing the voice assistant for a complete call center. Illus. 291 pages. Manning. Paperbound. Pub. at \$49.99 **\$9.95**



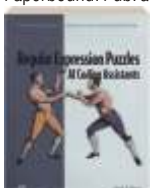
9336826 **SPATIAL COMPUTING.** By S. Shekhar & P. Vold. An accessible guide to the ideas and technologies underlying such applications as GPS, Pokemon Go, Google Maps, ride-sharing, driverless cars, and drone surveillance. 231 pages. MIT Press. Paperbound. Pub. at \$15.95 **\$5.95**

9336532 **CLOUD COMPUTING FOR MACHINE LEARNING AND COGNITIVE APPLICATIONS.** By Kai Hwang. The first textbook to teach students how to build data analytic solutions on large data sets using cloud-based technologies. 601 pages. MIT Press. 8 1/2 x 9 1/4. Pub. at \$115.00 **\$24.95**



9300554 **GENESIS: Artificial Intelligence, Hope, and the Human Spirit.** By Henry A. Kissinger et al. Mounts a profound exploration of the epochal challenges and opportunities presented by the revolution in artificial intelligence: a breakthrough that dramatically empowers people in all walks of life while also raising urgent questions about the future of humanity. 249 pages. Little, Brown. Pub. at \$30.00 **\$6.95**

9303375 **CODE TO JOY: Why Everyone Should Learn a Little Programming.** By Michael L. Littman. Littman inspires readers to learn how to tell machines what to do for us. Rather than give in to the fear that computers will steal our jobs, spy on us, and control what we buy and whom we vote for, we can improve our relationship with them just by learning basic programming skills. 223 pages. MIT Press. Paperbound. Pub. at \$27.95 **\$7.95**



9358439 **REGULAR EXPRESSION PUZZLES AND AI CODING ASSISTANTS.** By David Q. Mertz. Learn how AI-assisted coding using ChatGPT and GitHub Copilot can dramatically increase your productivity (and fun) in writing regular expressions and other programs. 128 pages. Manning. Paperbound. Pub. at \$39.99 **\$9.95**



9358382 **MANAGING MACHINE LEARNING PROJECTS: From Design to Deployment.** By Simon Thompson. Learn essential machine learning project management techniques with no ML skills required! Set up infrastructure and resource a team, bring data resources into a project, accurately estimate time and effort, evaluate which models to adopt for delivery, and integrate models into effective applications. 250 pages. Manning. Paperbound. Pub. at \$49.99 **\$9.95**



9358374 **MAKING SENSE OF CYBERSECURITY.** By Thomas Kranz. Crystal-clear overview of common cyber threats written for business and technical readers with no background in security. You'll explore the core ideas of cybersecurity so you can effectively talk shop, plan a security strategy, and spot your organization's own weak points. 262 pages. Manning. Paperbound. Pub. at \$49.99 **\$9.95**

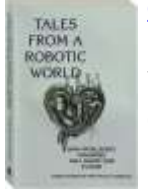


9358250 **CODE LIKE A PRO IN C#.** By Jort Rodenburg. Write clean C# code that's suitable for enterprise applications. Refactor a legacy codebase by applying modern C# techniques. Explore tools such as Entity Framework Core, design techniques such as dependency injection, and key practices such as testing and clean coding. For developers experienced with object-oriented programming. Illus. 396 pages. Manning. Paperbound. Pub. at \$59.99 **\$9.95**

Computer Books



9358234 BLOCKCHAIN IN ACTION. By Bina Ramamurthy. Learn to design and build blockchain-based decentralized apps with this clear, jargon-free style guide. First, you'll get an overview of how blockchain works. Next, you'll code your first smart contract using Ethereum and Solidity, adding a web interface, trust validation, and other features. For programmers who know JavaScript. Illus. 326 pages. Manning. Paperbound. Pub. at \$44.99 **\$9.95**



9373470 TALES FROM A ROBOTIC WORLD: How Intelligent Machines Will Shape Our Future. By D. Floreano & N. Nosengo. Stories from the future of intelligent machines, from rescue drones to robot spouses, and accounts of cutting-edge research that could make it possible. Photos. 263 pages. MIT Press. Pub. at \$29.95 **\$9.95**



9373225 CYBORG: The MIT Essential Knowledge Series. By L. Forlano & D. Glabau. A concise introduction to cyborg theory that examines the way in which technology is situated, political, and embodied. 212 pages. MIT Press. Paperbound. Pub. at \$16.95 **\$5.95**



9358293 DESIGN FOR DEVELOPERS. By Stephanie Stimac. Reveals essential design and UX principles every web developer needs to know. In a developer-centric approach, this volume demonstrates new ideas with examples from popular sites and user interfaces. Discover insightful techniques for user research, and learn to use color, typography, and layout to create communicative web visuals. Illus. in color. 252 pages. Manning. Paperbound. Pub. at \$49.99 **\$9.95**



9358277 DATA WRANGLING WITH JAVASCRIPT. By Ashley Davis. Promotes JavaScript to the center of the data analysis stage. Create a JavaScript-based data processing pipeline, handle common and exotic data, and master practical troubleshooting strategies. Build interactive visualizations and deploy your apps to production. For intermediate JavaScript developers. 401 pages. Manning. Paperbound. Pub. at \$49.99 **\$9.95**



★9315276 THE SHORTEST HISTORY OF AI: The Six Essential Ideas That Animate It. By Toby Walsh. Explores how artificial intelligence is being created—and how it will continue to transform and affect our lives now and in the future. Illus. 206 pages. The Experiment. Paperbound. Pub. at \$16.95 **\$12.95**

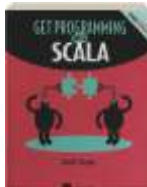


9308156 EXTREMELY ONLINE: The Untold Story of Fame, Influence, and Power on the Internet. By Taylor Lorenz. Reveals how online influence came to upend the world, demolishing traditional barriers and creating whole new sectors of the economy. Lorenz shows this phenomenon to be one of the most disruptive changes in modern capitalism. 373 pages. S&S. Pub. at \$29.99 **\$6.95**



★9304800 RINSED: From Cartels to Crypto—How the Tech Industry Washes Money for the World's Deadliest Crooks. By Geoff White. In our increasingly digital economy, how does the global underworld wash dirty cash in the Internet age? Learn how organized crooks have joined forces with the world's most sophisticated cybercriminals to create a vast, virtual money-laundering machine, too intelligent for most authorities to crack. 280 pages. Penguin. Paperbound. Pub. at \$21.99 **\$17.95**

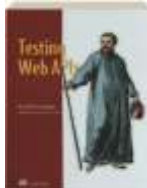
★9291520 SPIES, LIES, AND CYBERCRIME: Cybersecurity Tactics to Outsmart Hackers and Disarm Scammers. By Eric O'Neill. Exposes how nefarious cybercriminals relentlessly attempt to access your data and wallet, and arms you with proven tactics for spotting and neutralizing cyberthreats to protect yourself, your family, and your business. 290 pages. Morrow. Pub. at \$30.00 **\$22.95**



9358331 GET PROGRAMMING WITH SCALA. By Daniela Sregola. Fast-paced introduction to the Scala language, covering both Scala 2 and Scala 3, where you'll learn through lessons, quizzes, and projects. Clear explanations make Scala's features easy to understand. Write familiar object-oriented code in Scala and discover the possibilities of functional programming. Illus. 532 pages. Manning. Paperbound. Pub. at \$59.99 **\$9.95**



933677X SCRATCH 3 PROGRAMMING PLAYGROUND: Learn to Program by Making Cool Games. By Al Sweigart. A project-filled introduction to coding that shows kids how to build programs by making cool games. Ages 9-12. Fully illus. in color. 202 pages. No Starch. Paperbound. Pub. at \$24.99 **\$6.95**



9358463 TESTING WEB APIS. By Mark Winteringham. Guarantee the quality and consistency of your web APIs by implementing an automated testing process. Learn to design and implement a web API testing strategy, set up a test automation suite, contract testing with Pact, and hands-on practice in the downloadable API sandbox. For dedicated software QA testers or experienced developers. Illus. 238 pages. Manning. Paperbound. Pub. at \$59.99 **\$9.95**



★9357297 PERL PROGRAMMING IN EASY STEPS, 2ND EDITION. By Mike McGrath. Ideal for newcomers and seasoned coders alike. Learn the essentials of variables, operators, and functions, then build reusable modules, handle files, and explore Object-Oriented Programming (OOP). Use SQLite to store and retrieve data with the database module. Use server-side CGI scripting for dynamic web applications and more! Illus. in color. 192 pages. In Easy Steps. Paperbound. Pub. at \$24.99 **\$18.95**



★9323058 PYTHON IN EASY STEPS, 2ND EDITION. By Mike McGrath. Written in plain English with easy-to-follow, step-by-step instructions, this fully-illustrated guide doesn't just tell you how to do it, it shows you how. Essentials covered include Python language basics, object-oriented programming (OOP), CGI scripting to handle web form data, and more. 192 pages. In Easy Steps. Paperbound. Pub. at \$15.99 **\$12.95**



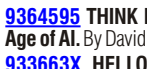
LIMITED QUANTITY ★929807X FORTRAN PROGRAMMING IN EASY STEPS. By Mike McGrath. Master the essentials of modern Fortran. Written for all ages and skill levels, this guide will help you quickly set up your coding environment and start writing programs with the Fortran programming language and the modern Intel IFX Fortran compiler right away. 192 pages. In Easy Steps. Paperbound. Pub. at \$24.99 **\$18.95**



★9124438 CODING FOR BEGINNERS IN EASY STEPS, 3RD EDITION. By Mike McGrath. Use this guide to help you quickly create a programming environment on your computer, then in easy steps, learn how to: write Python code to create your programs; store information in data structures; control program flow using control structures; and more. Fully illus. 192 pages. In Easy Steps. Paperbound. Pub. at \$18.99 **\$13.95**



★9124446 WINDOWS 11 IN EASY STEPS, 2ND EDITION. By Nick Vandome. Fully illus. 240 pages. In Easy Steps. Paperbound. Pub. at \$18.99 **\$13.95**



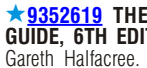
9364595 THINK LIKE A HUMAN: The Power of Your Mind in an Age of AI. By David Weitzner. 302 pages. Collins. Paperbound. **\$5.95**



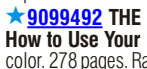
933663X HELLO WEB DESIGN: Design Fundamentals and Shortcuts for Non-Designers. By Tracy Osborn. Well illus. in color. 139 pages. No Starch. Pub. at \$24.99 **\$7.95**



9303502 ROBOT ETHICS. By Mark Coeckelbergh. 256 pages. MIT Press. Paperbound. Pub. at \$16.95 **\$5.95**



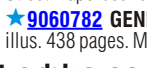
★9352619 THE OFFICIAL RASPBERRY PI BEGINNER'S GUIDE, 6TH EDITION: How to Use Your New Computer. By Gareth Halfacree. Well illus. in color. 275 pages. Raspberry Pi. Paperbound. Pub. at \$24.99 **\$18.95**



★9099492 THE OFFICIAL RASPBERRY PI BEGINNER'S GUIDE: How to Use Your New Computer. By Gareth Halfacree. Fully illus. in color. 278 pages. Raspberry Pi. Paperbound. Pub. at \$24.99 **\$17.95**



★9251227 MASTERING VIDEO CONTENT CREATION: A Practical Guide to Social Media Growth with Expertly Shot and Edited Posts. By Justin Espejo. Fully illus. in color. 160 pages. Page Street. Paperbound. Pub. at \$23.99 **\$17.95**



★9060782 GENERATIVE AI IN ACTION. By Amit Bahree. Well illus. 438 pages. Manning. Paperbound. Pub. at \$59.99 **\$44.95**

Computer Books

9001581 COLOR FOR THE SCIENCES. By Jan Koenderink. Fully illus., some in color. 741 pages. MIT Press. Pub. at \$80.00 **\$14.95**

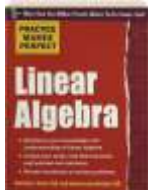
★ **9142363 CAUSAL AI.** By Robert Osazuwa Ness. 490 pages. Manning. 7 $\frac{7}{8}$ x9 $\frac{1}{4}$. Paperbound. Pub. at \$59.99 **\$44.95**

★ **9154531 LITERARY THEORY FOR ROBOTS: How Computers Learned to Write.** By Dennis Yi Tenen. 158 pages. Norton. Paperbound. Pub. at \$12.00 **PRICE CUT to \$7.95**

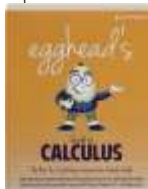
★ **9287086 DR. BOT: Why Doctors Can Fail Us—and How AI Could Save Lives.** By Charlotte Blease. 332 pages. Yale. Pub. at \$25.00 **PRICE CUT to \$14.95**

★ **914160X THE HUMAN TEST: How Predictability, Creativity, and the Quantum Mind Will Redefine Life in the Age of AI.** By Ron Folman. 267 pages. Prometheus. Pub. at \$29.95 **PRICE CUT to \$14.95**

Mathematics



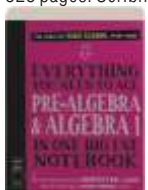
8891753 PRACTICE MAKES PERFECT LINEAR ALGEBRA. By W.D. Clark & S.L. McCune. Increase your confidence in your math knowledge and skills with more than 500 exercises and answers. Explains a variety of essential linear algebra concepts, such as vector spaces and linear transformations, and provides plenty of exercises to help you practice what you learn. 223 pages. McGraw-Hill. 8 $\frac{1}{2}$ x10 $\frac{3}{4}$. Paperbound. Pub. at \$16.00 **\$5.95**



9185127 PETERSON'S EGGHEAD'S GUIDE TO CALCULUS. By Cara Cantarella. Discover the important points you need to know about graphing, simple ways of working with functions and trig, clear explanations on how to take a limit. Includes easy-to-grasp illustrations and helpful info on application problems. If you're a visual learner, this is the resource for you! 266 pages. Peterson's. 8x10. Paperbound. Pub. at \$14.95 **\$4.95**



9377433 FLUKE: Chance, Chaos, and Why Everything We Do Matters. By Brian Klaas. A myth-shattering social scientist takes a deep dive into the phenomenon of random chance and the chaos it can sow, taking aim at most people's neat-and-tidy version of reality. He argues that we willfully ignore a bewildering truth: but for a few small changes, our lives and our societies could be radically different. 323 pages. Scribner. Pub. at \$30.00 **\$5.95**



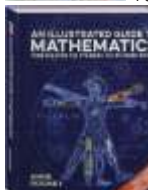
★ **9084932 EVERYTHING YOU NEED TO ACE PRE-ALGEBRA & ALGEBRA 1 IN ONE BIG FAT NOTEBOOK.** By Jason Wang. Covers everything you need to know during a year of pre-algebra and algebra 1 class, breaking down one subject into accessible units. Includes the number system, ratios and proportions, scientific notation, functions, graphing a line and much more. Fully illus. in color. 627 pages. Workman. Paperbound. Pub. at \$16.99 **\$12.95**



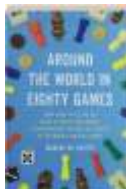
★ **9284990 THE BIG FAT HIGH SCHOOL ALGEBRA 2 WORKBOOK: 400+ Algebra 2 Practice Exercises.** By R. Vigneri & S. Warner. Give students the extra practice they need to master and ace their Algebra 2 class with this expansive write-in workbook, featuring more than 130 exercises, plus step-by-step solutions. 446 pages. Workman. Paperbound. Pub. at \$16.99 **\$12.95**



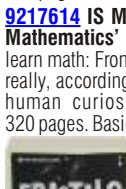
9183655 FIGURING OUT THE PAST: A History of the World in 3,495 Vital Statistics. By P. Turchin & D. Hoyer. Join radical historians Turchin and Hoyer as they draw on their own Seshat project—a staggeringly ambitious attempt to log each piece of demographic and econometric information that can be reliably estimated for every society that has existed. 253 pages. The Economist. Paperbound. **\$3.95**



8878145 AN ILLUSTRATED GUIDE TO MATHEMATICS: From Creating the Pyramids to Exploring Infinity. By Anne Rooney. This volume traces humankind's greatest achievements, plotting a journey through the mathematical intellects of the last 4,000 years to where we stand today. Topics include: the Ancient Egyptians and geometry; the first computers; how statistics came to rule our finances; chaos theory and fuzzy logic; and more. Well illus. in color. 208 pages. Arcturus. 9x11 $\frac{1}{4}$. Pub. at \$24.99 **\$8.95**



9334394 AROUND THE WORLD IN EIGHTY GAMES. By Marcus Du Sautoy. Explores how mathematics and games have always been deeply intertwined. Mathematician Marcus du Sautoy investigates how games provided the first opportunities for deep mathematical insight into the world, how understanding math can help us play games better, and how math and games are integral to human psychology and culture. Illus. 369 pages. Basic. Paperbound. Pub. at \$19.99 **\$7.95**



9217614 IS MATH REAL? How Simple Questions Lead Us to Mathematics' Deepest Truths. By Eugenia Cheng. Where do we learn math: From rules in a textbook? From logic and deduction? Not really, according to mathematician Eugenia Cheng. We learn it from human curiosity—most importantly, from asking questions. 320 pages. Basic. Pub. at \$30.00 **\$7.95**



7983840 INTRODUCING FRACTALS: A Graphic Guide. By Nigel Lesmoir-Gordon et al. Traces the historical development of this mathematical discipline, explores its descriptive powers in the natural world, and then looks at the applications and the implications of the discoveries it has made. In B&W. 174 pages. Icon. Paperbound. Pub. at \$12.00 **\$4.95**



★ **9351485 FORTUNE'S FORMULA: The Untold Story of the Scientific Betting System that Beat the Casinos and Wall Street.** By William Poundstone. In 1956, two Bell Labs scientists discovered a scientific formula for getting rich by applying the discipline of information theory. This volume traces how the Kelly formula sparked controversy even as it made fortunes and reveals the dark side of this alluring scheme, which is founded on exploiting an insider's edge. 10 pages of photos. 454 pages. Picador. Paperbound. Pub. at \$20.00 **\$14.95**



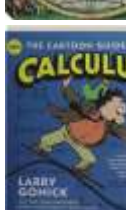
9311394 THE POLYHEDRISTS: Art and Geometry in the Long Sixteenth Century. By Noam Andrews. Explore the relationship between art and geometry in early modern Europe, told through a collective of ground-breaking artisan-artists (Luca Pacioli, Albrecht Durer, Wenzel Jamnitzer, and Lorentz Stöer) and by detailed analysis of a rich visual panoply of their work, featuring paintings, lavishly illustrated treatises, and more. Photos, some in color. 294 pages. MIT Press. 6 $\frac{1}{4}$ x9 $\frac{1}{2}$. Paperbound. Pub. at \$44.95 **\$14.95**



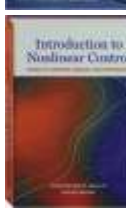
6997759 PERSPECTIVE AND PROJECTIVE GEOMETRY. By Annalisa Crannell et al. Organized as a series of exercise modules, this work teaches students through hands-on inquiry and participation. Each lesson begins with a visual puzzle that can be investigated through geometry, followed by exercises that reinforce new concepts and hone students' analytical abilities. Fully illus. 280 pages. Princeton. 8 $\frac{1}{2}$ x11. Paperbound. Pub. at \$56.00 **\$16.95**



★ **9272461 THE MATHEMATICIANS' LIBRARY: The Books That Unlocked the Power of Numbers.** By Thomas K. Briggs. Discover the story of mathematics like never before with this extraordinary collection that chronicles the evolution of mathematical thought and its profound impact on the world. Fully illus. in color. 272 pages. Ivy Press. Pub. at \$40.00 **\$29.95**



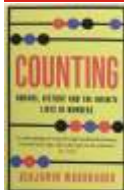
★ **7995075 THE CARTOON GUIDE TO CALCULUS.** By Larry Gonick. Thanks to the cartoon renderings of the author, here is a complete—and completely enjoyable—new guide to calculus. Demystifies the world of functions, limits, derivatives, and integrals for the first-year calculus student. 246 pages. Morrow. Paperbound. Pub. at \$23.99 **\$12.95**



9308520 INTRODUCTION TO NONLINEAR CONTROL: Stability, Control Design, and Estimation. By C.M. Kellett & P. Braun. An introductory text on the analysis, control, and estimation of nonlinear systems, appropriate for advanced undergraduate and graduate students. 531 pages. Princeton. Pub. at \$90.00 **\$29.95**

★ **9193375 THE MENDING OF BROKEN BONES: A Modern Guide to Classical Algebra.** By Paul Lockhart. A joyful and intimate celebration of the beauty and creativity of algebra from one of the foremost math educators of our time. 377 pages. Belknap. Pub. at \$29.95 **\$17.95**

Mathematics



★ **9341013 COUNTING: Humans, History and the Infinite Lives of Numbers.** By Benjamin Wardhaugh. An innovative, world-wrapping journey through humanity's marvelous ability to impose numbers on things. The author draws on stories from the Stone Age to cyberspace in pursuit of the elusive, fascinating, endlessly diverse history of human counting. Illus. 376 pages. William Collins. Paperbound. Pub. at \$19.99 **\$14.95**



★ **7805497 ALGEBRA IN CONTEXT: Introductory Algebra from Origins to Applications.** By A. Shell-Gellasch & J.B. Thoo. Discover why mathematics is such a crucial part not only of civilization but also of everyday life. Lessons begin with the creation and spread of number systems to the advancement of mathematics over time and the roles of famous figures such as Descartes and Leonardo da Piza. By the end students will have a fuller appreciation for algebra, but also be comfortable with most algebra concepts. Fully illus. 536 pages. Johns Hopkins. Pub. at \$99.50 **\$49.95**



★ **9307850 PENTAGONS AND PENTAGRAMS: An Illustrated History.** Text by Eli Maor, illus. by E. Jost. Offers a sweeping view of the five-sided polygon, revealing its intriguing geometric properties and its essential influence on a variety of fields. Fully illus., some in color. 166 pages. Princeton. Paperbound. Pub. at \$17.95 **\$13.95**

★ **4700287 EVERYTHING IS PREDICTABLE: How Bayesian Statistics Explain Our World.** By Tom Chivers. Bayes's theorem describes the probability of an event, based on prior knowledge of conditions that might be related to the event. Explains why highly accurate screening tests can lead to false positives and how a failure to account for it in court has put innocent people in jail. Many argue that Bayes's theorem is a description of almost everything. 371 pages. Atria. Pub. at \$29.99 **PRICE CUT to \$17.95**

★ **9227768 INTRODUCTION TO MATHEMATICAL SOCIOLOGY.** By P. Bonacich & P. Lu. 221 pages. Princeton. Pub. at \$55.00 **\$19.95**

★ **9153985 PLUS AND MINUSES: How Math Solves Our Problems.** By Stefan Buijsman. Illus. 199 pages. Penguin. Paperbound. Pub. at \$17.00 **\$3.95**

★ **9118535 THE MATH BOOK, REVISED: From Pythagoras to the 57th Dimension.** By Clifford A. Pickover. Fully illus., most in color. 525 pages. Union Square & Co. Paperbound. Pub. at \$27.99 **\$16.95**

Science Essays & Surveys



★ **931184X ULTRA-PROCESSED PEOPLE: Why We Can't Stop Eating Food That Isn't Food.** By Chris van Tulleken. In a fast-paced and eye-opening narrative, Tulleken explores the origins, science, and economics of ultra-processed foods to reveal their catastrophic impact on our bodies and the planet, proposing real solutions for doctors, policy makers, and all of us who have to eat. 406 pages. Norton. Paperbound. Pub. at \$18.99 **\$14.95**



★ **9373268 ECHO: The MIT Press Essential Knowledge Series.** By Amit Pinchevski. Proposes that echo is not simple repetition and the reproduction of sameness, but an agent of change and a source of creation and creativity. Pinchevski views echo as a medium, connecting and mediating across and between disparate domains. Illus. 220 pages. MIT Press. Paperbound. Pub. at \$16.95 **\$5.95**



★ **929810X THE ONE THING YOU NEED TO KNOW: The Simple Way to Understand the Most Important Ideas in Science.** By Marcus Chown. From gravity to black holes, special relativity to global warming, this authoritative and entertaining text breaks down complex science into manageable chunks, explaining the one thing you really need to know to get to grips with the subject. Photos. 256 pages. Michael O'Mara. Paperbound. Pub. at \$24.99 **\$17.95**



★ **9244700 THE MAGICIANS: Great Minds and the Central Miracle of Science.** By Marcus Chown. This is the story of the magicians: the scientists who, using mathematics, predicted the existence of unknown planets, black holes, invisible force fields, ripples in the fabric of space-time, unsuspected subatomic particles, and even antimatter. 294 pages. Faber. **\$4.95**

★ **929306X THE SEXUAL EVOLUTION: How 500 Million Years of Sex, Gender, and Mating Shape Modern Relationships.** By Nathan H. Lents. Photos. 323 pages. Mariner. Pub. at \$32.00 **\$7.95**

★ **9267034 SHARING OUR SCIENCE: How to Write and Speak STEM.** By Brandon R. Brown. 297 pages. MIT Press. Paperbound. Pub. at \$26.95 **PRICE CUT to \$4.95**

Science & History



★ **LIMITED QUANTITY 9296689 THE POWER OF NUCLEAR: The Rise, Fall and Return of Our Mightiest Energy Source.** By Marco Visscher. From the pilot's seat in the B-29 that dropped the atomic bomb on Hiroshima, to Chernobyl's exclusion zone, and to the site in Finland where highly radioactive waste will be buried, this is the incredible story of nuclear power. 320 pages. Bloomsbury. Pub. at \$28.00 **\$6.95**



★ **9365419 THE SCIENCE OF SPIN: How Rotational Forces Affect Everything from Your Body to Jet Engines to the Weather.** By Roland Ennos. Presents a riveting account of human ingenuity and the seemingly infinite ways that the force of spin affects our daily lives. The author also shows how this new approach not only helps us better understand the world, but also ourselves. Well illus. 271 pages. Scribner. Paperbound. Pub. at \$18.99 **\$4.95**



★ **9377328 THE CURIOUS WORLD OF SCIENCE.** By Simon Flynn. Focusing on the human endeavors at the heart of science, this volume presents a miscellany of essential classifications, intriguing biographies, amusing curiosities, and irresistible trivia. Explore the worlds of physics, chemistry, biology, and math, while also venturing into those magical areas where science meets art. Well illus., most in color. 224 pages. UniPress. Pub. at \$29.99 **\$6.95**

★ **9308369 IN A FLIGHT OF STARLINGS: The Wonders of Complex Systems.** By Giorgio Parisi. Part elegant scientific treatise, part thrilling journey of discovery, this title is an invitation to find wonder in the world around us. 132 pages. Penguin. Pub. at \$24.00 **\$6.95**

★ **910741X VITAMIN C: A 500-Year Scientific Biography from Scurry to Pseudoscience.** By Stephen M. Sagar. Reveals the surprising story behind the humble vitamin at the heart of some of humanity's most important breakthroughs. Tells the story of how cherished beliefs, self-interest, and politics often intertwine with scientific progress. 226 pages. Prometheus. Pub. at \$24.95 **\$3.95**



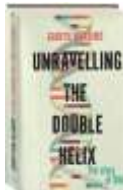
★ **9352163 FOREIGN BODIES: Pandemics, Vaccines, and the Health of Nations.** By Simon Schama. Cities and countries engulfed by panic and death, desperate for vaccines but fearful of what inoculation may bring. As Schama shows in his epic history of vulnerable humanity caught between the terror of contagion and the ingenuity of science, it has happened before. Illus. 465 pages. Ecco. Pub. at \$32.99 **\$7.95**



★ **9372296 THE GHOST LAB: How Bigfoot Hunters, Mediums, and Alien Enthusiasts Are Wrecking Science.** By Matthew Hongoltz-Hetling. Tells the astonishing story of the wild ecosystem of paranormal profiteers and consumers, revealing how the twin scourges of declining scientific literacy and eroding trust in institutions have created space for armies of pseudoscientists to step into the minds of an increasingly credulous public. 339 pages. PublicAffairs. Pub. at \$30.00 **\$7.95**

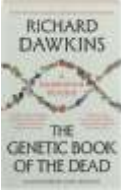


★ **9311300 FREDERIK RUYSCHE AND HIS THESAURUS ANATOMICUS: A Morbid Guide.** Ed. by Joanna Ebenstein. Ruysch is best remembered today for strange tableaux, crafted from fetal skeletons and other human remains. This volume presents the first English translation of Ruysch's guide to his collection, accompanied by all the illustrations from the original volume, photographs of some of his most imaginative extant specimens, and more. 253 pages. MIT Press. 8 1/2x10 1/4. Pub. at \$34.95 **\$11.95**



★ **9001778 UNRAVELLING THE DOUBLE HELIX: The Story of DNA.** By Gareth Williams. Comprehensive in scope, this title covers the first century of the history of DNA, one of the greatest triumphs of modern science, in its entirety. The personalities of the main players, their impact with their entanglement with DNA, and the unique qualities that make great scientists tick is also explored. Photos. 494 pages. Pegasus. Pub. at \$35.00 **\$6.95**

Science & History

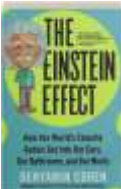


★ **9298215 THE GENETIC BOOK OF THE DEAD: A Darwinian Reverie.** By Richard Dawkins, illus. by J. Lenzo. In this groundbreaking exploration of the power of Darwinian evolution and what it can reveal about the past, Dawkins shows how the body, behavior, and genes of every living creature can be read as a book—an archive of the worlds of its ancestors. Well illus. in color. 403 pages. Yale. Paperbound. Pub. at \$22.00 **\$16.95**

★ **9345019 THE GLOBE: How the Earth Became Round.** By James Hannam. An accessible challenge to long-established beliefs about the history of ideas, this study shows how the realization that our planet is a sphere—and not flat—deserves to be considered the first great scientific achievement. Illus. 376 pages. Reaktion. Paperbound. Pub. at \$18.00 **\$13.95**



★ **9301577 THE GRAND COSMIC STORY: An Illustrated Timeline.** By Ethan Siegel et al. Here's the story of everything, from the Big Bang to the far-off future 100 million years at a time, told in words and pictures. With illuminating text and imaginative illustrations, this exquisite volume portrays every phase of our cosmic history. 317 pages. National Geographic. 9½x12¼. Pub. at \$60.00 **\$47.95**



★ **9179356 THE EINSTEIN EFFECT: How the World's Favorite Genius Got Into Our Cars, Our Bathrooms, and Our Minds.** By Benjamin Cohen. Cohen has a bizarre side hustle managing Einstein's official social media accounts. He embarks on a global quest to unearth Einstein's ongoing relevance and shows the myriad ways the Nobel Prize winner's influence is still with us. Take in-depth and hilarious look at the world's favorite genius like you've never seen him before. 369 pages. Sourcebooks. Paperbound. Pub. at \$16.99 **PRICE CUT to \$3.95**



★ **9174788 THE YEAR SCIENCE CHANGED EVERYTHING: 1957's International Geophysical Year and the Future of Our Planet.** By Mark O'Connell. In the International Geophysical Year (IGY) of 1957, 6,000 scientists from 66 nations achieved the impossible: they erased political borders for 18 months to unlock Earth's greatest mysteries and changed science forever. The key outcomes included sparking the space race, mapping of the ocean floors, and modern climate science. 241 pages. Prometheus. Pub. at \$29.95 **PRICE CUT to \$17.95**

★ **9254358 GRAVE DEALINGS: Body Snatching in Philadelphia, 1762-1883.** By Tim Dewysockie. Explores the social, cultural, practical, and legal aspects of body snatching in America's first capital city and relates it to the continuing ethical struggles that surround the treatment of human remains to this day. Illus. 237 pages. Brookline. Paperbound. Pub. at \$22.95 **PRICE CUT to \$14.95**

★ **9243747 THE CLOCK MIRAGE: Our Myth of Measured Time.** By Joseph Mazur. Photos. 254 pages. Yale. Pub. at \$28.00 **\$7.95**

★ **907175X LETTERS FOR THE AGES: Great Scientists.** Ed. by J. Drake & H. Aldersey-Williams. Photos. 275 pages. Bloomsbury. Pub. at \$26.00 **PRICE CUT to \$6.95**

Science & Invention



★ **9289461 VIDEOTAPE: Object Lessons.** By Oana Godeanu-Kenworthy. Over the span of a decade, VHS technology changed the relationship between privacy and entertainment, pried open the closed societies behind the Iron Curtain, and sank back into oblivion. Its meteoric rise and fall encapsulated the dynamics of the '80s and foreshadowed the cultural shifts to come. Photos. 147 pages. Bloomsbury. Paperbound. Pub. at \$14.95 **\$11.95**



★ **9003584 ONE GIANT LEAP: Iconic and Inspiring Space Race Inventions That Shaped History.** By Charles Pappas. Featuring the original patent schematics from the U.S. Patent and Trademark Office, blast off with the inventions inspired by the moon landing including: memory foam, freeze-dried food, dustbusters, flying saucers, lasers and more. Illus. 239 pages. Lyons. Pub. at \$24.95 **PRICE CUT to \$2.95**

★ **9253637 ROPE: How a Bundle of Twisted Fibers Became the Backbone of Civilization.** By Tim Queeney. 8 pages of photos. 323 pages. St. Martin's. Pub. at \$27.00 **\$19.95**

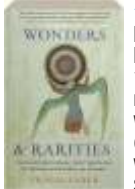
★ **8998884 ALUM: More Precious Than Gold.** By Sydney Thorne. 16 pages of photos. 226 pages. Pen & Sword. Pub. at \$36.95 **\$13.95**

Religion & Science



★ **9301216 GOD, THE SCIENCE, THE EVIDENCE: The Dawn of a Revolution.** By M. Bologno & O. Bonnassies. Explores one of the most prominent questions we face: that of the existence or non-existence of a creator God. Illus., many in color. 579 pages. Palomar. Paperbound. Pub. at \$28.00 **\$22.95**

★ **9174044 SACRED SCIENCE: Understanding Divine Creation.** By William H. West. Scientist have extracted a remarkable story from the heat and light of the Big Bang. Did we just get lucky? Or did a super-intelligent creator plan a universe of galaxies and stars before the beginning of time? Illus. 462 pages. Post Hill. Pub. at \$35.00 **\$26.95**



★ **9232915 WONDERS AND RARITIES: The Marvelous Book That Traveled the World and Mapped the Cosmos.** By Travis Zadeh. During the 13th Century, one of the most influential works of natural history in the world, *Wonders and Rarities*, was published, offering a captivating account of the cosmos. Zadeh dramatically revises the place of wonder in the history of Islamic philosophy, science, and literature. Illus. 445 pages. Harvard. Paperbound. Pub. at \$22.95 **\$17.95**

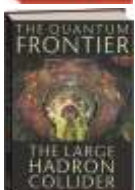
★ **8125368 THE SCIENCE DELUSION.** By Rupert Sheldrake. 440 pages. Coronet. Paperbound. **\$7.95**

★ **919844X BIBLICAL BIOLOGY: How the Bible and Biology Shape Our Understanding of Life.** By Melvin James Woodard III. 157 pages. Morgan James. Paperbound. Pub. at \$17.95 **\$9.95**

Scientific Text and Reference



★ **9321314 THE LONG HISTORY OF THE FUTURE: Why Tomorrow's Tech Still Isn't Here.** By Nicole Kobie. We always believe current technology is the best it could be. By looking to the past and the future, Kobie shows how history often proves us wrong and how what lies ahead may not be what we imagined, but is often so much better. 368 pages. Bloomsbury. Pub. at \$28.00 **\$5.95**



★ **9045759 THE QUANTUM FRONTIER: The Large Hadron Collider.** By Don Lincoln. In exploring what the Large Hadron Collider (LHC) does and what it might find, Lincoln explains what the LHC is likely to teach us about particle physics, including uncovering the nature of dark matter, finding micro black holes and supersymmetric particles, identifying extra dimensions, and revealing the origin of mass in the universe. 172 pages. Johns Hopkins. Pub. at \$28.00 **\$4.95**

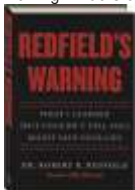


★ **9244719 MONSTERS: The Hindenburg Disaster and the Birth of Pathological Technology.** By Ed Regis. In chronicling the development of the *Hindenburg*, one of our greatest technological travesties, Regis examines the perils of "pathological technologies;" inventions whose sizeable risks are routinely minimized as a result of their almost mystical allure. 325 pages. Basic. Pub. at \$29.99 **\$5.95**



★ **9371923 THE SALMON CANNON AND THE LEVITATING FROG: And Other Serious Discoveries of Silly Science.** By Carly Anne York. York shows how unappreciated, overlooked, and simply curiosity-driven science has led to breakthroughs big and small. Got wind power? You might have humpbacked whales to thank. Know anything about particle physics? Turns out there's a ferret close to the heart of it all. The research seems bizarre, but it drives our economy. 274 pages. Basic. Pub. at \$30.00 **\$6.95**

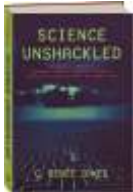
★ **9327444 SIMPLY GENETICS.** By D. Harvey & J. Locke. Combining bold graphics with easy-to-understand text, this is the perfect introduction to the blueprint of life for those who are short on time but hungry for knowledge. Fully illus. in color. 160 pages. Dorling Kindersley. Pub. at \$19.99 **\$14.95**



★ **9364293 REDFIELD'S WARNING: What I Learned (But Couldn't Tell You) Might Save Your Life.** By Robert R. Redfield. Brings readers inside the former CDC Director's sub-microscopic world, introducing them to the extraordinary wonders and terrifying dangers of viruses, using the lessons of history to reinforce his dire warning. He outlines what needs to be done now to prepare for the bird flu pandemic that is not only coming but may already be here. 237 pages. Skyhorse. Pub. at \$32.99 **\$24.95**

Scientific Text and Reference

★**9301356 LAB DOG: A Beagle and His Human Investigate the Surprising World of Animal Research.** By Melanie D.G. Kaplan. Kaplan investigates the breeding and use of beagles for biomedical research, drug and product testing, and education. 343 pages. Seal. Pub. at \$32.00 **\$23.95**



9045775 SCIENCE UNSHACKLED. By C. Renee James. Reveals how obscure studies of natural phenomena—including curved space-time, poisonous cone snails, exploding black holes and the precise chemical makeup of the sun—led unexpectedly to WiFi, GPS, genetic sequencing, pain medications, and cancer treatments. 198 pages. Johns Hopkins. Pub. at \$24.95 **PRICE CUT to \$3.95**



★**9203672 ALGORITHMS OF ARMAGEDDON: The Impact of Artificial Intelligence on Future Wars.** By G. Galdorisi & S.J. Tangredi. Provides a time-critical understanding of why AI is being implemented through state weaponization, the realities for the global power balance, and to U.S. national security. The authors propose a national dialogue that focuses on the need for the U.S. military to access the latest AI-enabled technology to provide security and prosperity to the American people. 231 pages. Naval Institute. Paperbound. Pub. at \$23.95 **PRICE CUT to \$14.95**



★**9253297 RAD FUTURE: The Untold Story of Nuclear Electricity and How It Will Save the World.** By Isabelle Boemke. Shows and details how nuclear energy can power cities, desalinate water, create carbon-free fertilizer, and heat homes, all with the smallest environmental footprint of any energy source. Well illus. 248 pages. Thesis. Pub. at \$30.00 **PRICE CUT to \$17.95**

909184X THE AGE OF LIVING MACHINES: How Biology Will Build the Next Technology Revolution. By Susan Hockfield. Illus. 229 pages. Norton. Pub. at \$26.95 **\$6.95**

★**9213848 MATERIAL WORLD: Six Raw Materials That Shape Modern Civilization.** By Ed Conway. 500 pages. Vintage. Paperbound. Pub. at \$21.00 **\$15.95**

9258558 MORE THAN MEETS THE EYE: Special Effects and the Fantastic Transmedia Franchise. By Bob Rehak. Photos. 233 pages. NYUP. Paperbound. Pub. at \$29.00 **PRICE CUT to \$3.95**

★**9154590 PHENOMENA: An Infographic Guide to Almost Everything.** By Camille Juzeau. Fully illus. in color. 124 pages. Thames & Hudson. Pub. at \$39.95 **PRICE CUT to \$19.95**

Insects



9154124 WINGS IN THE LIGHT: Wild Butterflies in North America. By David Lee Myers. This dazzling volume provides a comprehensive visual guide to the butterflies of North America, with stunning photography that captures these amazing insects in their natural habitats, offering a firsthand look at how butterflies appear in the wild. A valuable resource for both professional and amateur naturalists. 259 pages. Yale. 10¼x7¾. Pub. at \$35.00 **\$7.95**



9057870 THE LIVES OF BEETLES: A Natural History of Coleoptera. By Arthur V. Evans. Individual chapters cover beetles' structure and function; evolution, diversity, classification, and distribution; communication, reproduction, and development; feeding habits; uses in medicine, science, and technology; and study and conservation. Fully illus. in color. 288 pages. Princeton. Pub. at \$35.00 **\$7.95**



9145443 AN ILLUSTRATED GUIDE TO COCKROACHES. By Ekaterina Smirnova. An amusing celebration of those squirmy, resilient pests we all love to hate, with everything from profiles on the different common species, to interesting facts, fun activities, tips for eradication, and even recipes! 90 pages. Mark Batty. 5¼x7¼. Pub. at \$17.95 **\$4.95**

★**9273158 THE WONDER CABINET OF FABULOUS INSECTS.** By D. Richard & P.O. Maquart. Richly illustrated and written by eminent entomologists, this work unveils 50 insects—from among the million hopefuls—that depict the beauty and strangeness of this universe, their world so close and yet still so mysterious. 237 pages. Cernunnos. 8¾x11½. Pub. at \$40.00 **PRICE CUT to \$29.95**



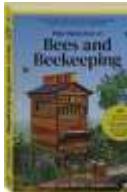
9019138 THE DANGEROUS WORLD OF BUTTERFLIES: The Startling Subculture of Criminals, Collectors, and Conservationists. By Peter Laufer. Laufer examines the allure of butterflies and recounts the constant role they have played throughout history and across cultures in mythology and art. But his research takes an unpredictable turn into the high-stake realms of organized crime, ecological devastation, species depletion, and integrity of museum collections, and chaos theory. 271 pages. Lyons. Paperbound. Pub. at \$16.95 **\$2.95**



9030077 BUGS & SLUGS: Falcon Pocket Guide. By Todd Telander. A field guide to 100 of the most common and sought after bug and slug species in North America. Anatomically correct illustrations and detailed descriptions about each insect's attributes and natural habitat make it easy to identify in the field. 116 pages. Falcon. Paperbound. Pub. at \$14.95 **\$2.95**



★**9243127 DRAGONFLIES AND DAMSELFLIES OF THE WORLD: A Guide to Their Diversity.** By Klaas-Douwe B. Dijkstra. A richly illustrated guide to the incredible diversity of dragonflies and damselflies around the world, which characterizes all families and major subgroups, explores how their unique features and behavior led to today's variety, and shows how we contribute to their popularization and protection. 256 pages. Princeton. Pub. at \$32.00 **\$25.95**



★**9370536 FLOW HIVE'S BOOK OF BEES AND BEEKEEPING.** By Cedar & Stuart Anderson. Transform your backyard into a thriving bee paradise with this comprehensive beekeeping guide from the father and son team behind the world's most successful beekeeping invention. Discusses complete beginner setup, year-round bee care, step-by-step honey harvesting, expert pest control, troubleshooting solutions, and much more! Illus. in color. 285 pages. Murdoch Books. Pub. at \$27.99 **\$21.95**



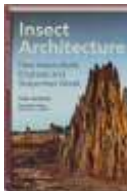
★**9253726 BUGS: A Photoclear Book.** By Mara Grunbaum, illus. by D. Kainen. Seeing is believing with the innovative and bestselling Photoclears, giving readers a fascinating view of insect behavior in living motion. Features eight incredible moving images, including a praying mantis striking and a crawling caterpillar. Provides information on each depicted species. Workman. Pub. at \$27.00 **\$21.95**



★**9234241 BUGWATCHING: The Art, Joy, and Importance of Observing Insects.** By Eric R. Eaton, illus. by S. Gallagher. This incisive field companion highlights the basic tools for watching insects with all of our senses, covers some best habitats and circumstances for seeing the most diversity, and shares tips for attracting desirable insects to your yard and garden. Fully illus. in color. 180 pages. Princeton. Paperbound. Pub. at \$22.95 **\$18.95**



★**9320954 THE WONDER OF INSECTS: Uncovering Their Hidden World—Illustrated with 70 Stunning Species.** By Ross Piper. Introduces 70 of the world's most dazzling, extraordinary, and at times, disturbing insects. In this richly illustrated and engaging title, you'll discover these insects' remarkable adaptations, intricate worlds, and the surprising ways they impact our own lives. 192 pages. Laurence King. Pub. at \$28.99 **\$23.95**



★**9266003 INSECT ARCHITECTURE: How Insects Build, Engineer, and Shape Their World.** By Tom Jackson. Takes readers inside the amazing structures that insects build, from the paper galleries of yellowjacket wasps to elaborate termite mounds. Each chapter focuses on a group of insect architects, describing the materials and methods they use while exploring the structures themselves in detail. Fully illus. in color. 175 pages. Princeton. 8½x10¼. Pub. at \$29.95 **PRICE CUT to \$19.95**



7973438 ICONOTYPES: A Compendium of Butterflies & Moths. Contains finely delineated paintings of more than 760 species of Lepidoptera, many of which is described for the first time, making a critical moment in the study of natural history. Includes a silk ribbon bookmark. 688 pages. Thames & Hudson. **PRICE CUT to \$24.95**

Insects

- 916880X BUTTERFLIES OF SOUTH AFRICA, SECOND EDITION: A Field Guide.** By Steve Woodhall. 464 pages. Bloomsbury. Paperbound. Pub. at \$35.00 **\$4.95**
- 9211691 THE SECRET LIFE OF FLIES.** By Erica McAllister. Color photos. 248 pages. Firefly. Paperbound. Pub. at \$24.95 **\$7.95**
- 9057706 ALIEN WORLDS: How Insects Conquered the Earth & Why Their Fate Will Determine Our Future.** By Steve Nicholls. 484 pages. Princeton. Pub. at \$39.95 **\$7.95**
- ★9265988 BUTTERFLIES OF THE WORLD: A Guide to Every Subfamily.** By B. Huertas & S. Nakahara. Fully illus. in color. 240 pages. Princeton. Pub. at \$32.00 **\$25.95**
- 1928546 TALES FROM THE ANT WORLD.** By Edward O. Wilson. 227 pages. Liveright. Pub. at \$26.95 **\$9.95**
- ★6198295 THE BEEKEEPER'S BIBLE: Bees, Honey, Recipes & Other Home Uses.** By R.A. Jones & S. Sweeney-Lynch. Fully illus. in color. 412 pages. Abrams. **\$33.95**
- ★9272879 INSECT ANATOMY: The Curious World of Bees, Beetles, Butterflies, and Bugs.** By J. Rothman & M. Hearst. 205 pages. Storey. Paperbound. Pub. at \$18.99 **\$13.95**
- ★1042491 VELVET ANTS OF NORTH AMERICA: Princeton Field Guides.** By Kevin A. Williams et al. Fully illus. most in color. 440 pages. Princeton. Paperbound. Pub. at \$35.00 **\$13.95**
- ★8180474 BEES: Social, Solitary, Hives, Anatomy.** By Tom Jackson. Fully illus. in color. 224 pages. Amber. Paperbound. Pub. at \$16.99 **\$12.95**
- ★9064265 THE INSECT EPIPHANY: How Our Six-Legged Allies Shape Human Culture.** By Barrett Klein. Well illus., in color. 367 pages. Timber. Pub. at \$35.00 **PRICE CUT to \$11.95**
- ★6999255 METAMORPHOSIS: How Insects Are Changing Our World.** By E. McAllister & A. Washbourne. 216 pages. Smithsonian. Pub. at \$29.95 **PRICE CUT to \$5.95**

Fishing & Hunting

- 9124888 SHOOTER'S BIBLE GUIDE TO RIFLE BALLISTICS, SECOND EDITION.** By Wayne van Zwoll. You'll learn not only why bullets behave the way they do, but what you can do to make bullets behave the way you want them to. Provides the engaging history of improvements in rifle design and accuracy that took place as rifles went from the battlefield to the hunting ground to the shooting range. Fully illus. in color. 251 pages. Skyhorse. 8x10½. Paperbound. Pub. at \$29.99 **\$6.95**
- 9240470 SHOOTER'S BIBLE GUIDE TO CONCEALED CARRY, 2ND EDITION.** By Brad Fitzpatrick. Delivers tips and provides valuable information with an updated and expanded firearms section, to familiarize you with firearms so you can gain the confidence you need to protect yourself in the worst of situations. Well illus. in color. 196 pages. Skyhorse. 8x10½. Paperbound. Pub. at \$19.99 **\$5.95**
- 9196250 THE COMPLETE GUIDE TO GUNSMITHING, SECOND REVISED EDITION: Gun Care and Repair.** By Charles Edward Chapel. Written by one of the most prolific firearms experts of all time, this guide is a highly detailed reference for gun enthusiasts and gunsmiths alike. It covers everything from the use of proper tools to how to get a gunsmithing job and everything in between. Illus. 480 pages. Skyhorse. Paperbound. Pub. at \$19.99 **\$6.95**
- 9229957 THE FUTURE OF THE GUN.** By Frank Miniter. The history of the American gun is intricately entwined with the history of America itself. Promising developments in gun technology could change not only America's future, but the future of the world. Originally published in 2014. 272 pages. Regnery. Pub. at \$27.99 **\$5.95**
- 9003436 MODERN TROUT FISHING: Advanced Tactics & Strategies for Today's Fly Fisher.** By Boots Allen. A fresh and up-close look at the latest and most successful methods of trout fishing used by anglers the world over. Fully illus. in color. 208 pages. Lyons. Paperbound. Pub. at \$24.95 **\$2.95**

- 9124896 SHOOTER'S BIBLE GUIDE TO SPORTING SHOTGUNS.** By Alex Brant. This will help new and experienced shooters make smart equipment purchases, including shotguns, optics, ammunition, and gear. Fully illus. in color. 231 pages. Skyhorse. 8x10½. Paperbound. Pub. at \$19.99 **\$2.95**



- 9030255 KNACK FISHING FOR EVERYONE: A Complete Illustrated Guide.** By Scott Bowen. Guides you to becoming a knowledgeable angler—one who, with a set of basic skills, starts catching fish and continues to do so, refining your techniques as you go. It presents all the essentials of fishing, using various kinds of tackle, for a variety of freshwater and saltwater species. Fully illus. in color. 244 pages. Knack. Paperbound. Pub. at \$19.95 **\$4.95**



- 900372X PRO TACTICS TURKEY HUNTING: Use the Secrets of the Pros to Bag More Birds.** By Bob Humphrey. You'll find advice on locating, setting up, and calling. Most important, you'll gain a much greater understanding of the wild turkey's behavior and learn how to modify and adapt basic techniques to fit particular situations. Fully illus. in color. 130 pages. Lyons. 8½x11. Paperbound. Pub. at \$19.95 **\$2.95**



- 9011730 THE PERFECT SHOT FOR DINOSAURS.** By Phil Massaro. Amusingly covers twenty dinosaur species, their habits and physiology, hunting methods, and the proper choice of firearm for each hunting scenario, and of course, there's a ghost view that exposes the vitals for each. Fully illus. in color. 192 pages. Safari. Paperbound. Pub. at \$14.95 **\$4.95**



- 913039X FLYTYING FOR BEGINNERS: Learn All the Basic Tying Skills Via 12 Popular International Fly Patterns.** By Barry Old Clarke. Exceptionally clear beginner's guide shows you exactly how to create 12 universal fishing flies, step-by-step. Includes the Zebra Midge; F-Fly; Pheasant Tail Nymph; Montana Nymph and more. Master the building blocks for which all successful fishing flies, even the most complex ones, are based. Fully illus. in color. 126 pages. Skyhorse. Paperbound. Pub. at \$19.99 **\$6.95**



- 9012230 GREAT HUNTERS, VOLUME 3: Their Trophy Rooms & Collections.** Whether it be castles, palaces, mansions, or museums, the finest of the finest in trophy-room designs and collections. Fully illus. in color. 208 pages. Safari. 9¼x12¼. Pub. at \$60.00 **\$9.95**



- ★9272488 MODERN KNIFEMAKING FOR BEGINNERS.** By Laura Zerra. From her experience in the wild, Zerra has learned what works and what doesn't, what steel will hold an edge, and what nuances in blade design will make or break a knife. This work shares knifemaking tips and tricks, including detailed instructions for both forging and stock removal. Fully illus. in color. 144 pages. New Shoe. Paperbound. Pub. at \$16.99 **\$12.95**



- 9367233 KNIFE THROWING LIKE THE PROS: Throwing Techniques, Knives & Axes, Rules, Mental Preparation & More.** By Peter Kramer. Features valuable tips for getting started in throwing and how to prepare for your first competition. Kramer covers throwing knives and axes, different throwing techniques, the basics of competition rules, the legal issues to understand, and the care of throwing knives and axes. Well illus. in color. 176 pages. Schiffer. Pub. at \$24.99 **\$9.95**



- 901196X BOWHUNTING FOR THE NORTH AMERICAN TWENTY-EIGHT.** By Gary Bogner with J. Van Norman. Bogner has had a remarkable career as a hunter. It must be admitted that hunting all North America big game with a bow has to be one of the most difficult things to go in the world of hunting. Fully illus. 250 pages. Safari. Pub. at \$29.95 **\$5.95**



- ★9084738 JAPANESE BLACKSMITHING: Traditional Forging Methods for Knives, Swords, and Tools.** By Rudolf Dick. Learn about the traditional methods used by Japanese tool, knife, and swordsmiths and get a rare and unique look inside their workshops. You'll find 10 typical forged products, ranging from straight razors to swords, illustrated with photographs that explain the techniques used to create classic Japanese forged pieces, and more. 158 pages. Schiffer. **\$21.95**

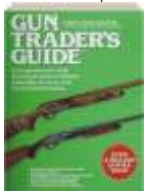
Fishing & Hunting

9336656 HUNTING: A Cultural History. By J.E. Dizard & M.Z. Stange. Traces the evolution of hunting, from Stone Age hunting and gathering to today's regulated sport hunting. 239 pages. MIT Press. Paperbound. Pub. at \$16.95

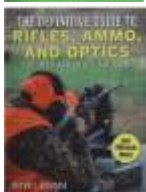


8 1/4 x 10 1/4. Paperbound. Pub. at \$37.99

***8155119 GUNSMITHING THE 1911: The Bench Manual.** By Patrick Sweeney. More than just a step by step manual, this insider's guide is chock full of insights on changing or replacing worn, broken or obsolete parts. Sweeney goes beyond basic repair and maintenance and provides project instructions and expert tips to install some of the most popular components. Well illus. 288 pages. Gun Digest Books. **\$28.95**

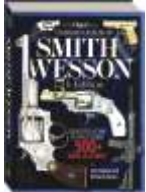


***9026371 GUN TRADER'S GUIDE, FORTY-SIXTH EDITION.** Ed. by Robert A. Sadowski. For more than 50 years this has been the standard reference for collectors, dealers, and gun enthusiasts. It's the definitive source for making informed firearms purchases and sales. Well illus. 607 pages. Skyhorse. Paperbound. Pub. at \$29.99 **\$17.95**



Skyhorse. 8x10 1/2. Paperbound. Pub. at \$29.99

***9325190 THE DEFINITIVE GUIDE TO RIFLES, AMMO, AND OPTICS: For Deer and Other Big Game.** By Peter J. Fiduccia. Packed with fascinating and useful firearm and cartridge insights for hunting a variety of big game species like moose, elk, and caribou. Also dives into rifles and ammo suited for hunting dangerous game animals like Cape buffalo, the great bears, bison, wild boar, and more. Well illus. in color. 203 pages. **\$22.95**



Digest Books. 8 1/2 x 11 1/4. Pub. at \$74.99

***9096957 STANDARD CATALOG OF SMITH & WESSON, 5TH EDITION.** By J. Supica & R. Nahas. From antiques to current models, the authors cover history, data and specifications of every iteration of Smith & Wesson firearms, along with real-world pricing across multiple categories. With listings organized to quickly identify firearms and nearly 1,000 models of Smith & Wesson guns and variants. Fully illus. in color. 591 pages. Gun **\$56.95**

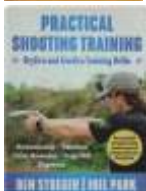


9019219 FIELD & STREAM HUNTING OPTICS HANDBOOK. By Thomas A. McIntyre. Takes all the guesswork out of choosing binoculars, rifle scopes, and range finders by explaining what kind of performance to look for in optics and how to choose an optic that will fulfill specific hunting needs. Well illus. 155 pages. Lyons. Paperbound. Pub. at \$19.95 **PRICE CUT to \$2.95**

912361X OF KNIVES AND MEN: Great Knife Crafters of the World and Their Works. By Francois-Xavier Salle. An invitation to take a journey, a world tour of the best fine art knifemakers of the last 30 years and their creations. Fully illus. in color. 240 pages. Firefly. 8 1/2 x 11 1/4. Pub. at \$35.00 **PRICE CUT to \$9.95**

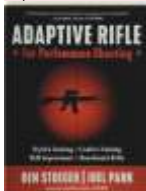


***902641X SHOOTER'S BIBLE, 116TH EDITION.** Ed. by Jennifer L.S. Pearsall. With a timely feature on the newest products on the market, and complete with color and black and white photographs featuring various makes and models of firearms and equipment, this is an essential guide for any beginner or experienced hunter, firearm collector, or gun enthusiast. 608 pages. Skyhorse. Paperbound. Pub. at \$29.99 **PRICE CUT to \$14.95**

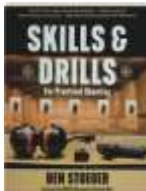


Paperbound. Pub. at \$29.99

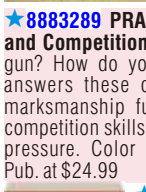
***9252258 PRACTICAL SHOOTING TRAINING: Dryfire and Livefire Training Drills.** By B. Stoeger & J. Park. Offers a layered approach to gun training; there are 4 levels with different mixes of drills, goals, and standards. Each level is a self-contained training manual on its own and allows every reader to be able to find where they fit in and begin working from that point. 285 pages. Skyhorse. 8 1/2 x 11. **PRICE CUT to \$19.95**



***9252169 ADAPTIVE RIFLE: For Performance Shooting.** By B. Stoeger & J. Park. Whether you're a novice exploring the world of shooting or a seasoned professional honing your skills, this is your indispensable guide to mastering modern training methods and cutting-edge techniques. Well illus., most in color. 129 pages. Skyhorse. 8 1/2 x 11. Paperbound. Pub. at \$24.99 **PRICE CUT to \$14.95**



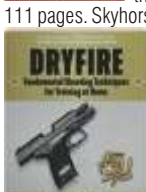
***9252290 SKILLS & DRILLS: For Practical Shooting.** By Ben Stoeger. Unlock the secrets to top-tier performance with this definitive livefire training guide. Drawing on his experience and success at the highest levels of competition, the author has meticulously refined his training methods into this groundbreaking manual. Well illus. 205 pages. Skyhorse. Paperbound. Pub. at \$29.99 **PRICE CUT to \$19.95**



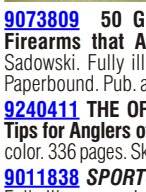
***8883289 PRACTICAL PISTOL: Fundamental Techniques and Competition Skills.** By Ben Stoeger. How do you hold the gun? How do you shoot fast? The knowledge provided here answers these questions and many more, spanning from marksmanship fundamentals to shooting on the move and competition skills such as stage breakdown and managing match pressure. Color photos. 311 pages. Skyhorse. Paperbound. Pub. at \$24.99 **PRICE CUT to \$14.95**



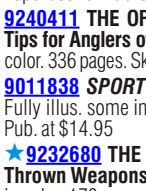
***8042128 BREAKTHROUGH MARKSMANSHIP: The Tools of Practical Shooting.** By Ben Stoeger. Provides the knowledge and guidance every shooter needs, containing proven techniques and refined drills together in a straightforward guide. Gives readers a better understanding of the ins and outs of practical shooting, allowing them to see their mistakes, fix them, and experience a breakthrough in their skills. 111 pages. Skyhorse. Paperbound. Pub. at \$15.99 **\$9.95**



***9252223 DRYFIRE: Fundamental Shooting Techniques for Training at Home.** By Ben Stoeger. An indispensable guide, meticulously crafted for practical shooting competitors who are ready to push their abilities to the next level. Contains a wealth of comprehensive drills that refine technique and sharpen precision. Well illus. 131 pages. Skyhorse. 8 1/2 x 11. Paperbound. Pub. at \$21.99 **\$16.95**



9073809 50 GUNS THAT CHANGED THE WORLD: Iconic Firearms that Altered the Course of History. By Robert A. Sadowski. Fully illus. most in color. 200 pages. Skyhorse. 8 1/2 x 11. Paperbound. Pub. at \$19.99 **\$6.95**



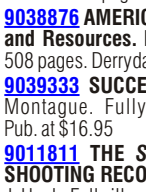
9240411 THE ORVIS GUIDE TO FLY FISHING: More Than 300 Tips for Anglers of All Levels. By Tom Rosenbauer et al. Well illus. in color. 336 pages. Skyhorse. 8 1/2 x 11. Paperbound. Pub. at \$19.95 **\$5.95**



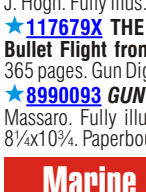
9011838 SPORTS ILLUSTRATED FLY FISHING. By Bill Mason. Fully illus. some in color. 255 pages. Sports Illustrated. Paperbound. Pub. at \$14.95 **\$2.95**



***9232680 THE ART OF THROWING: The Definitive Guide to Thrown Weapons Techniques.** By Amante P. Marinas, Sr. Well illus. in color. 178 pages. Tuttle. Paperbound. Pub. at \$19.95 **\$14.95**



9038876 AMERICAN WHITETAIL, REVISED: Deer Hunting Tips and Resources. By Terry F. Townsend. Fully illus. some in color. 508 pages. Derrydale. Paperbound. Pub. at \$29.95 **\$5.95**



9039333 SUCCESSFUL SHOTGUN SHOOTING. By Andrew A. Montague. Fully illus. 160 pages. Derrydale. Paperbound. Pub. at \$16.95 **\$4.95**



9011811 THE SPORTS AFIELD BOOK OF HUNTING AND SHOOTING RECORDS AND FACTS 2015. By Jens Erik Perto with J. Hogh. Fully illus. 333 pages. Safari. Pub. at \$39.95 **\$3.95**



***117679X THE BALLISTICS HANDBOOK: Factors Affecting Bullet Flight from Muzzle to Target.** By Philip P. Massaro. Illus. 365 pages. Gun Digest Books. Paperbound. Pub. at \$19.99 **\$14.95**



***8990093 GUN DIGEST 2025, 79TH EDITION.** Ed. by Philip P. Massaro. Fully illus. most in color. 605 pages. Gun Digest Books. 8 1/4 x 10 1/4. Paperbound. Pub. at \$39.99 **\$29.95**

Marine Mammals, Fish & Reptiles

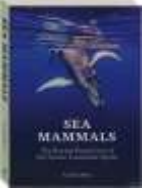


Blu-ray 9249621 SHARK WEEK 25TH ANNIVERSARY COLLECTION. Widescreen. Twenty-five years ago, a lone fin rose from the ocean's murky depths—and *Shark Week* was born. This apex predator quickly became one of the Discovery Channel viewers' favorites, including these programs—*Ultimate Air Jaws*; *Blood in the Water*; *Mythbusters: Shark Week Special*; and *Great White Shark: Uncaged*. English SDH. Over three hours. Discovery Channel. **\$4.95**

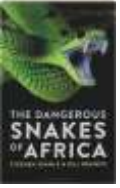


8798192 BIG MEG: The Story of the Largest and Most Mysterious Predator That Ever Lived. By Tim & Emma Flannery. Charts the evolution of the megalodon, its super-predator status for about fifteen million years, and its decline and extinction. Delves into the fossil record to answer questions about its behavior and role in shaping marine ecosystems as well as its impact on the human psyche. Color photos. 216 pages. Atlantic Monthly. Pub. at \$27.00 **\$6.95**

Marine Mammals, Fish & Reptiles



9181083 SEA MAMMALS: The Past and Present Lives of Our Oceans' Cornerstone Species. By Annalisa Berta. Features more than 50 individual species profiles and themed chapters on extinct species. Presents detailed accounts of these mammals' evolutionary path, anatomy, behavior, habitats, and conservation. Also offers insights into a broad variety of marine worlds today and in the future. Color photos. 224 pages. Princeton. Pub. at \$29.95 **\$6.95**



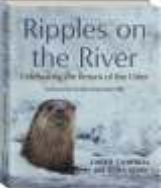
9258361 THE DANGEROUS SNAKES OF AFRICA. By S. Spawls & B. Branch. With several hundred species in total, Africa is a true hotspot for snake diversity; some have venom that can prove fatal. This is an indispensable guide to these reptiles, packed with information on the animals, their habitats, and advice on what to do should the worst happen. Fully illus. in color. 336 pages. Bloomsbury. Paperbound. **\$6.95**

927376X SLIPPERY BEAST: A True Crime Natural History, with Eels. By Ellen Ruppel Shell. A fascinating account of a deeply mysterious creature—the eel—mixing true crime, natural history, travel, and big business. Illus. Abrams. Pub. at \$28.00 **\$6.95**



9129898 CHASING SHADOWS: Unraveling the Mysteries of the Great White Shark. By Greg Skomal with R. Talbot. Dr. Greg Skomal, one of the leading great white shark experts in the United States, reveals the true nature of these mysterious apex predators, as well as the fascinating story behind their history and startling resurgence. 16 pages of photos. 354 pages. Morrow. Paperbound. Pub. at \$18.99 **\$5.95**

9183310 THE ALEWIVES' TALE: The Life History and Ecology of River Herring in the Northeast. By Barbara Brennessel. Describes the plight of alewives and blueback herring, two fish species with similar life histories that are difficult to distinguish by sight. Collectively referred to as river herring, they have been economically crucial since colonial times as food, fertilizer, and bait. Photos. 162 pages. UMaP Paperbound. Pub. at \$24.95 **\$5.95**



9184244 RIPPLES ON THE RIVER: Celebrating the Return of the Otter. By L. Campbell & A. Levin. Determined conservation efforts have resulted in an increased otter population in the United Kingdom, and a delighted public as the otters return to their former river systems. A lavish celebration of otters, their habitats, and the flora and fauna that exist alongside them. Color photos. 176 pages. Bloomsbury. 8½x10¼. Pub. at \$28.00 **\$6.95**



9229663 THE SECRET HISTORY OF SHARKS: The Rise of the Ocean's Most Fearsome Predators. By John Long. From ancient megalodons to Great Whites, sharks have been fighting for their lives for 500 million years, and today are under dire threat. This work tells the untold story of how sharks emerged as Earth's ultimate survivors, outlasting multiple mass extinction events that decimated life on the planet. Illus. 467 pages. Ballantine. Paperbound. Pub. at \$20.00 **\$14.95**



921481X SHAPESHIFTERS: The Wondrous World of Jellyfish. By Lisa-Ann Cershin. Captures nearly 100 species of jellyfish, from the ubiquitous *Aurelia* to the enigmatic *Velella*, along with astounding facts about these fascinating marine lifeforms. Some are splendid, some strange, some poisonous, some deadly, some carry surprising secrets, and some are barely known, but every one is remarkable. Well illus. in color. 224 pages. Abrams. 8½x11¼. Pub. at \$45.00 **\$23.95**



9130835 THE REAL JAWS: The Attacks That Inspired the Movies. By Rachel Lee Perez. A series of sensationalized shark attacks along the New Jersey shore in 1916 would establish our modern-day misconstrued perception of sharks as evil, man-eating monsters, later inspiring the film *Jaws*, which would perpetuate the same harmful narrative. Explore the attacks, why they occurred, and the possibility of them happening again. Illus. 199 pages. White Owl. Pub. at \$34.95 **\$26.95**

9197877 THE LIVES OF FROGS: A Natural History. By J. Labisko & R. Griffiths. Frogs are among the most diverse and adaptable animals on the planet. Explore their physiology, behavior, ecology, and evolution in this unique introductory guide. Fully illus. in color. 288 pages. Princeton. Pub. at \$35.00 **\$27.95**



9139230 SHARK: The Illustrated Biography. By D.C. Abel & S.A. Maycock. Brings together a wide array of species from habitats around the globe, examining the biology, ecology, and behavior of sharks and their cultural role in human history. Covers evolutionary history, distinguishing features, habitats, reproduction, and migration. Well illus. in color. 224 pages. Princeton. Pub. at \$29.95 **\$24.95**



9099662 THE WORLD BENEATH: The Life and Times of Unknown Sea Creatures and Coral Reefs. By Richard Smith. The wondrous creatures inside are charmers and tricksters. You'll learn what they eat, how they play, and how they care for one another, live on one another, and mimic others when they're afraid. Fully illus. in color. 350 pages. Apollo. 8½x10¼. Pub. at \$40.00 **\$27.95**



9107290 SEARCH FOR THE GREAT TURTLE MOTHER. By Jack Rudloe. Recounts how Rudloe's fascination with sea turtles led him to journey to Central America and Malaysia to investigate the theory that magnetic forces help guide sea turtles in their migration, and to explore the Turtle Mother legend that shaped the attitudes of other, more primitive cultures. Well illus. 263 pages. Great Outdoors. Paperbound. Pub. at \$14.95 **PRICE CUT to \$2.95**

9181067 THE LIVES OF SHARKS: A Natural History of Shark Life. By Daniel C. Abel & R. Dean Grubbs. Color photos. 288 pages. Princeton. Pub. at \$35.00 **\$7.95**

DVD 7975759 BLACKFISH. Widescreen. Magnolia. **PRICE CUT to \$1.95**

9183833 IGUANA IGUANA: Guide for Successful Captive Care. By Fredric L. Frye. Well illus., many in color. 178 pages. Krieger. 8½x11¼. Pub. at \$22.00 **PRICE CUT to \$1.95**

9132384 THE LIVES OF SNAKES: A Natural History of the World's Snakes. By Chris Mattison. 288 pages. Princeton. Pub. at \$35.00 **\$27.95**

9183604 THE ECOLOGY OF A SYMBIOTIC COMMUNITY, VOLUME 1. By Sam Rountree Telford Jr. Well illus. 125 pages. Krieger. 8½x11¼. **PRICE CUT to \$1.95**

9183612 THE ECOLOGY OF A SYMBIOTIC COMMUNITY, VOLUME 2. By Sam Rountree Telford Jr. 153 pages. Krieger. 8½x11¼. **PRICE CUT to \$1.95**

9185917 THE MARLIN'S FIERY EYE AND OTHER TALES FROM THE EXTRAORDINARY WORLD OF MARINE FISHES. By Joe E. Meisel. 370 pages. Comstock. Paperbound. Pub. at \$24.95 **PRICE CUT to \$14.95**

Horses & Horsemanship



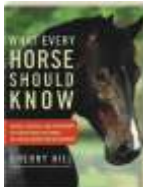
9250565 HORSE COLOR EXPLORED: Over 150 Breeds, Types, and Variations. By Vera Kurskaya. Provides a guide that aims to not only outline basic information about horse color appropriate for a general audience, but also explore the specifics of inheritance and recent color genetics research. A fascinating and valuable resource for the modern horse-person. Color photos. 136 pages. Trafalgar Square. Paperbound. Pub. at \$34.95 **\$13.95**



9057854 THE HORSE: A Natural History. By D. Busby & C. Rutland. A comprehensive introduction to the evolution, development, domestication, and behavior of the horse. Tells the story of horses, from their earliest ancestors to today. This account offers a detailed survey of how horses and humans have interacted since horses were domesticated. Well illus. many in color. 224 pages. Princeton. Pub. at \$29.95 **\$7.95**



907404X THE LITTLE BOOK OF LORE FOR HORSE LOVERS: A Round Up of Equine Facts, Myths, and History. By Mary Frances Budzik. Chock full of fun facts, trivia, and illustrations, this fun work will answer all the horse-related questions you could ever have. Such as: What should you keep in an equine first aid kit? Where did the word *Flibbertigibbet* come from? 144 pages. Skyhorse. Pub. at \$11.99 **\$6.95**



905412X WHAT EVERY HORSE SHOULD KNOW. By Cherry Hill. Hill explains how to help a horse overcome wariness of human touch and restraint, develop trust in a rider or handler, and learn respect and patience. Fully illus. in color. 179 pages. Storey. Paperbound. Pub. at \$19.95 **\$4.95**

Horses & Horsemanship



9036482 KING P-234: Cornerstone of an Industry. By Frank Holmes. King P-234 is the fountainhead of one of the American Quarter Horse Association's all-time greatest show and performance lines. His influence continues to be felt in the halter, cutting, reining, western pleasure and barrel racing segments of the industry. Fully illus. 272 pages. Loft Enterprises. 8 1/4 x 11. Paperbound. Pub. at \$21.95 **\$3.95**



9372717 THE ORIGINAL HORSE BIBLE, 2ND EDITION. By M.C. Reeve & S. Biggs. Provides everything you need to know about horses, including more than 210 breed profiles; more than 100 training & behavior tips; over 50 riding insights; 25 activities; 50+ grooming instructions, plus more than 50 health remedies for your horse. Fully illus. in color. 480 pages. CompanionHouse. Paperbound. Pub. at \$29.99 **\$22.95**



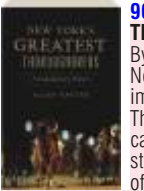
9171169 DYNASTIES: Great Thoroughbred Stallions. By Edward L. Bowen. Renowned racing historian Edward L. Bowen examines the exploits and legacies of twenty-four of the 20th century's most influential sires, including Northern Dancer, Fair Play, Hyperion, and Challenger II, and the people associated with them. Illus. 260 pages. Eclipse. 8 1/2 x 10 1/2. Paperbound. Pub. at \$26.95 **\$19.95**



9252347 UNWANTED: The Causes and Effects of America's Horse Population Crisis. By Christina Keim. Delivers a compassionate, fact-based investigation into one of the most complex and divisive issues facing the equine world today. With firsthand reporting, Keim takes readers to the front lines of the crisis: livestock auctions, rescue operations, and therapy centers where horses get a second chance. 464 pages. Trafalgar Square. Paperbound. Pub. at \$26.95 **\$21.95**



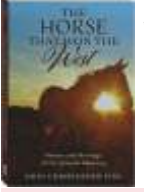
9210296 RACING'S RETURN FROM THE BRINK: The Incredible Comeback of Old Rosebud and American Horse Racing. By James C. Nicholson. A wave of antigambling legislation threatened to destroy the American horse racing industry until one extraordinary Thoroughbred gelding, dubbed the "Miracle Horse" by the media, helped steer it away from extinction. Nicholson tells the story of Old Rosebud, who set a track record when he won the 1914 Kentucky Derby by eight lengths. Photos. 182 pages. UPKy. Pub. at \$29.95 **\$24.95**



9007652 NEW YORK'S GREATEST THOROUGHBREDS: A Contemporary History. By Allan Carter. From Saratoga to Belmont Park, New York hosts some of horse racing's most important races, but many of the most successful Thoroughbreds of the past five decades also have called the state home. The author highlights the stories behind the greatest New York Thoroughbreds of the past half century. Well illus. 155 pages. History Press. Paperbound. Pub. at \$21.99 **PRICE CUT to \$1.95**



9223754 AMERICAN HORSE: Capturing a Proud Spirit. By D.A. Michaels. A stunning combination of poetry and photography, this provides a breathtaking glimpse into the equine world with raw imagery that stirs up the spirit of adventure and wonderment over their beauty, captured with verse and photos. KPT Publishing. Pub. at \$12.95 **PRICE CUT to \$3.95**



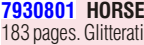
9192980 THE HORSE THAT WON THE WEST: History and Heritage of the Spanish Mustang. By John Christopher Fine. Discover the history of the Sorraia horse through this richly illustrated exploration of how this remarkable breed shaped the conquest of North America and continues to fight for survival amid modern challenges, as told through the unique lens of a horseman and rancher dedicated to its preservation. 249 pages. Lyons. Pub. at \$34.95 **PRICE CUT to \$21.95**



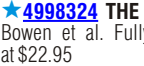
9076336 THE HORSE ENCYCLOPEDIA. By Elwyn Hartley Edwards. Fully illus. in color. 360 pages. Dorling Kindersley. 9 1/2 x 11 1/4. Pub. at \$40.00 **\$19.95**



9075828 101 DRESSAGE EXERCISES FOR HORSE & RIDER. By Jac Aristotle Ballou. Fully illus. 223 pages. Storey. 8 1/2 x 11. Paperbound. Pub. at \$29.99 **\$5.95**



7930801 HORSE/HUMAN: An Emotional Bond. By Bob Tabor. 183 pages. Glitterati. 14 1/4 x 11 1/4. Pub. at \$95.00 **PRICE CUT to \$14.95**



4998324 THE 10 BEST KENTUCKY DERBIES. By Edward L. Bowen et al. Fully illus. 212 pages. Eclipse. Paperbound. Pub. at \$22.95 **\$9.95**

6996094 SEATTLE SLEW: Racing's First Undeclared Triple Crown Winner. By Dan Mearns. Photos. 159 pages. Eclipse. Paperbound. Pub. at \$22.95 **\$17.95**

8894000 THE HORSE: A Galloping History of Humanity. By Timothy C. Winegard. Photos. 519 pages. Dutton. Pub. at \$35.00 **PRICE CUT to \$11.95**

7543042 SKY WATCH: Chasing an American Saddlebred Story. By Emma Hudelson. Illus. 245 pages. UPKy. Pub. at \$32.95 **PRICE CUT to \$14.95**

9269568 THE WILD HORSE EFFECT: Awe, Well-Being, and the Transformative Power of Nature. By Chad Hanson. 239 pages. Chronicle. 11 1/4 x 9 1/4. Pub. at \$29.95 **PRICE CUT to \$19.95**

9003894 THOROUGHBRED NATION: Making America at the Racetrack 1791-1900. By Natalie A. Zacek. Illus. 331 pages. LaSUP. Pub. at \$39.95 **\$29.95**

7530641 THE HISTORY OF THE KENTUCKY DERBY IN 75 OBJECTS. By J.K. Whitehead & Kentucky Derby Museum. Fully illus. most in color. 320 pages. UPKy. 8 3/4 x 11 1/4. Pub. at \$35.00 **PRICE CUT to \$14.95**

Farm & Domesticated Animals



9258744 KEEPING PET CHICKENS. By J. Paul & W. Windham. Provides essential information you need for a successful flock at home. Instructive captioned illustrations and down-to-earth language show prospective chicken owners exactly how to master every aspect of keeping and raising healthy and productive poultry. 96 pages. Barron's. Paperbound. Pub. at \$11.99 **\$4.95**



9103236 RAISING CHICKENS: The Essential Guide to Choosing and Keeping Happy, Healthy Hens. By Suzie Baldwin. A comprehensive, reassuring guide for both the beginner and more experienced chicken owner alike. Packed with tips, strategies and advice that will give you the confidence to look after your hens and avoid common problems, leaving you free to enjoy your chickens and your eggs! Fully illus. in color. 142 pages. Kyle Books. Paperbound. Pub. at \$19.99 **\$6.95**



9334416 THE BACKYARD HOMESTEAD GUIDE TO RAISING FARM ANIMALS. Ed. by Gail Damerow. Imagine the satisfaction of feeding your family wholesome eggs, milk, meat, and honey produced by animals raised organically and humanely in your own backyard. On as little as one-tenth of an acre, this guide will show you how to raise healthy, productive barnyard animals and take a big step toward food independence. Fully illus. Storey. Paperbound. Pub. at \$24.95 **\$7.95**

9074074 NATURAL PARASITE CONTROL FOR LIVESTOCK: Pasture Management, Chemical-Free Deworming, Growing Antiparasitics, and More. By Wendy Lombardi. Includes easy to follow scientific explanations, and provides research-based practices that really work. In this practical guide you'll learn about parasites, hosts and lifecycle; how to develop a working pasture rotation system; how to create healthy pastures and clean watering systems; and much more. Color photos. 91 pages. Skyhorse. Paperbound. Pub. at \$16.99 **\$6.95**



7797311 RAISING AND KEEPING DAIRY GOATS: A Practical Guide. By Katie Normet. Explores the daily challenges and rewards of life as a goat farmer. Normet's account covers: purchasing, housing, feeding, breeding, kidding, milking and diseases. Included are chapters on cheese making and soap making with many tips and recipes. Color photos. 192 pages. Firefly. Paperbound. Pub. at \$19.95 **\$3.95**



6077080 THE CHICKEN: A Natural History. By Joseph Barber et al. A comprehensive, science-based exploration of the world of the chicken. These fantastic fowl demonstrate unique abilities and talents that have made them an integral part of humans' lives for thousands of years. Fully illus. most in color. 224 pages. Princeton. Paperbound. Pub. at \$17.95 **\$5.95**



928883X THE LAMBING SEASON: Stories of Life on an Irish Family Farm. By John Connell. Like the flock that Connell shepherds, this work is both simple and profound, a meditation on the rituals of farming life and a primer on the lessons that nature can teach us. 176 pages. Pegasus. Pub. at \$26.95 **\$6.95**

Farm & Domesticated Animals

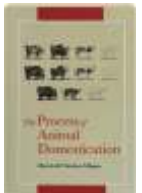


9057838 THE GOAT: A Natural & Cultural History. By Sue Weaver. Provides a comprehensive, illustrated introduction to the natural and cultural history of the goat, featuring clear and engaging text plus infographics, diagrams, and stunning color photographs. Weaver includes a photographic directory to forty-eight popular breeds. 224 pages. Princeton. Pub. at \$27.95 **\$5.95**

9054308 MINI GOATS: Everything You Need to Know to Keep Miniature Goats in the City, Country, or Suburbs. By Sue Weaver. Discover the adorable new sensation that has been exploding in popularity on small farms: mini goats! Here, a seasoned goat keeper shares her expertise and experience in a straightforward, reliable way, offering valuable information that every mini goat owner and potential owner should have. Fully illus. in color. 174 pages. CompanionHouse. Paperbound. Pub. at \$16.95 **\$5.95**



9334513 COMO TE LLAMAS? Everyday Llamas You Might Know. By Kristin Llamas. Artist Kristin Llamas (her real name) has been painting and drawing llamas for years. Inspired by a person's name, and her love for these delightful creatures, she pairs the two to create funny, charming portraits that capture the llamas' quirky inner lives as much as they do our own. Chronicle. Pub. at \$14.95 **\$6.95**



9292489 THE PROCESS OF ANIMAL DOMESTICATION. By Marcelo R. Sanchez-Villagra. The evolutionary history of domesticated animals has been significantly influenced by the numerous, complex, and diverse interactions with humans. Explore the rich biology behind the initial stages of domestication, and how the creation of breeds reflects the cultural and societal transformations that have impacted the biosphere. Well illus., some in color. 324 pages. Princeton. Paperbound. **\$14.95**

9155112 TEMPLE GRANDIN'S GUIDE TO WORKING WITH FARM ANIMALS. Fully illus. in color. 181 pages. Storey. 7 1/2 x 10 1/4. Pub. at \$29.95 **\$6.95**

9192751 HOW TO RAISE CHICKENS, THIRD EDITION: Everything You Need to Know. By Christine Heinrichs. Color photos. 216 pages. Voyageur. Paperbound. Pub. at \$19.99 **\$5.95**

9003215 IN PRAISE OF CHICKENS: A Compendium of Wisdom Fair and Fowl. By Jane S. Smith. 166 pages. Lyons. Pub. at \$14.95 **\$4.95**

9156860 FOR THE LOVE OF FARMING: Farmer Will's Guide to Life in the Fields. By Will Young. 223 pages. White Lion. Pub. at \$24.00 **\$5.95**

★ **9193162 THE LITTLE BOOK OF CHICKENS: An Illustrated Guide to the Extraordinary Lives of Chickens.** By Jessica Ford. 143 pages. William Collins. Pub. at \$16.99 **\$9.95**

★ **9197842 THE SALT STONES: Seasons of a Shepherd's Life.** By Helen Whybrow. 285 pages. Milkweed Editions. Pub. at \$26.00 **\$18.95**

Animals



9351973 MAMMALS OF SOUTH AMERICA. By Rexford D. Lord. Fully one-fourth of the world's mammals can be found on the South American continent. Lord provides the most vivid snapshot of South American fauna ever produced. With engaging descriptions of each of the mammal families found on the continent, the diversity of these incredible animals is revealed. Well illus. in color. 198 pages. Johns Hopkins. 8 1/2 x 10 1/4. Pub. at \$61.00 **\$6.95**



DVD 7793987 SERENGETI. Widescreen. A dramatized story based on the real lives of Africa's most iconic animals. Narrated by John Boyega. Collects all six episodes. English SDH. Six hours on 2 DVDs. BBC Earth. **\$5.95**



Blu-ray 8997802 YELLOWSTONE: Battle for Life. Widescreen. Join the charismatic cast of Yellowstone's wildlife as they turn to face extreme challenges of the seasons and discover what it takes to break temperatures 40 degrees below zero, to live through raging forest fires or to fight to the death for the right to breed. 150 minutes. BBC Earth. **\$4.95**



DVD 9233709 THE HUNT. Widescreen. From the producers of *Frozen Planet* and *Planet Earth*, this series reveals the most surprising and significant events in the natural world in astonishing detail. See the dramatic encounters of predator and prey in a new light. Narrated by David Attenborough. Collects all seven episodes. CC. Nearly 6 hours on two DVDs. BBC Earth. **\$5.95**



9085416 THE CHAMPIONS OF CAMOUFLAGE. By Jean-Philippe Noel. A fascinating exploration of the art of deception in the animal kingdom. A multiplicity of strategies, shapes and colors, all these tricks that evolution has patiently put in place. Fully illus. in color. 160 pages. Firefly. 8 1/2 x 11. Paperbound. Pub. at \$19.95 **\$3.95**



DVD 8993483 CHASED BY DINOSAURS. Widescreen. Get ready to be transported back more than 75 million years in this dinosaur triple feature. In *The Giant Claw*, amazing life-like computer animation brings the colossal Therizinosaurus thunderingly alive. In *Land of Giants*, travel to South Africa's Patagonia. Finally, *Allosaurus* follows a male Allosaurus from birth to death. English SDH. 90 minutes. BBC. **\$5.95**



DVD 9140166 REAL APES OF THE PLANET. Widescreen. In three fascinating episodes, you'll mingle and monkey around with some not so distant relatives: a colorful cast of primates whose behavior unlocks clues about our own. English SDH. Three hours. BBC Earth. **\$5.95**



9128816 MIND-BLOWING FACTS ABOUT THE PLANET'S STRANGEST ANIMALS. By Kylie Keen. This captivating collection of unusual animal facts transports you across countries and continents to learn about the little-known creatures that call our planet home. Discover a plethora of animal behaviors, diets, habitats and more with over 60 fuzzy, scaly and feathered friends. Well illus. in color. 160 pages. Page Street. Paperbound. Pub. at \$23.99 **\$6.95**



9057773 CAT WARS: The Devastating Consequences of a Cuddly Killer. By PP. Marra & C. Santella. Tells the story of the threats free-ranging cats pose to biodiversity and public health throughout the world, and sheds new light on the controversies surrounding the management of the explosion of these cat populations. Traces the historical and cultural ties between humans and cats. 16 pages of color photos. 212 pages. Princeton. Pub. at \$24.95 **\$5.95**



6077161 LOST ANIMALS: Extinction and the Photographic Record. By Errol Fuller. A unique photographic record of extinction, presented by a world authority on vanished animals. Collected together for the first time, these photographs provide a tangible link to animals that have now vanished forever, bringing the past to life while delivering a warning for the future. 256 pages. Princeton. Paperbound. Pub. at \$24.95 **\$9.95**

9168788 BEARS IN THE BACKYARD: Big Animals, Sprawling Suburbs, and the New Urban Jungle. By Edward R. Ricciuti. Explores cutting-edge research into why wildlife encroaches on human turf, how it impacts all of us, and how to deal with it on both societal and personal levels. Readers will learn how to protect against potential dangers even as hair-raising tales of real-life encounters thoroughly entertain them. Photos. 248 pages. Countryman. Paperbound. Pub. at \$14.95 **\$4.95**



★ **9124462 HOW TO READ A CHICKEN'S MIND: Understand How Chickens Learn, Perceive People, Express Emotions, and Pass Down Knowledge.** By Melissa Caughey. Caughey shares her years of experience and research about our feathered friends with this entertaining and informative exploration of what chickens think and feel. She offers insights into the range of feelings that chickens can express and their unexpected intelligence, personality types, and flock dynamics. Fully illus. in color. 128 pages. Storey. Paperbound. Pub. at \$18.99 **\$13.95**

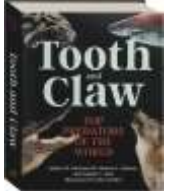
265198X CHICKEN WISDOM: 50 Inspirational Prints to Put You in a Fresh Frame of Mind. By Melissa Caughey. Sage sentiments meet delightful chicken photography on 50 individual cards, and with a pull-out table-top frame included, you can display your favorite card or easily swap it out for one that fits the mood or suits the moment. Storey. Paperbound. Pub. at \$14.95 **\$5.95**

Animals



9264299 EIGHT BEARS: Mythic Past and Imperiled Future. By Gloria Dickie. Today, most of the eight remaining bear species are threatened with extinction. Dickie embarks on a journey to explore each bear's story, delivering a clear warning for what we risk losing if we don't learn to live alongside the animals that have shaped our cultures, geographies, and stories. Illus. 250 pages. Norton. Pub. at \$30.00 **\$6.95**

9094156 BLOOD MEMORY: The Tragic Decline and Improbable Resurrection of the American Buffalo. By D. Duncan & K. Burns. The epic story of the buffalo in America, from prehistoric times to today. Well illus., some in color. 329 pages. Knopf. Pub. at \$40.00 **\$7.95**



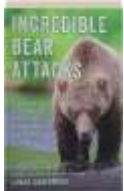
9057935 TOOTH AND CLAW: Top Predators of the World. By Robert M. Johnson III et al. A marvelously illustrated look at the most deadly predators on the planet—from big cats and wild dogs to sharks, reptiles and killer whales. Also describes the conservation successes and lays out some simple but crucial steps each of us can take to protect these magnificent beasts. 352 pages. Princeton. Pub. at \$45.00 **\$7.95**



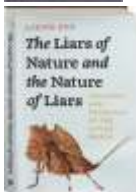
9169075 REPTILES & AMPHIBIANS OF NEW ZEALAND: A Field Guide. By Dylan van Winkel et al. Field guide to New Zealand's 123 species of reptiles and amphibians, featuring a comprehensive introduction to evolution, conservation, ecosystems and geographic history of these fascinating tetrapods. Packed with extraordinary full-color photographs! Color photos. 368 pages. Bloomsbury. Paperbound. Pub. at \$18.00 **\$4.95**



9197338 PREHISTORIC WORLD: Over 1,200 Incredible Mammals & Discoveries from the Mesozoic & Cenozoic. By Aaron Woodruff, illus. by J. Csotonyi. Profiles of over 1,200 prehistoric mammals, with information about their anatomy, diet, habitat, cool features, and unique characteristics. A list of the best prehistoric-mammal museums around the world, with bonus info about their most amazing specimens, and more. Includes a silk ribbon bookmark. Ages 8 & up. Fully illus. in color. 831 pages. Applesauce. 10¼x11¼. Pub. at \$45.00 **\$17.95**



9136797 INCREDIBLE BEAR ATTACKS: Terrifying Tales of Savage Encounters Between Bears and People. Ed. by Lamar Underwood. Features the nasty—and often fatal—encounters humans have had with all different kinds of bears! Bears are not to be trifled with: don't ever feed them, shout at them, or try to play with them. 274 pages. Lyons. Paperbound. Pub. at \$22.95 **\$17.95**



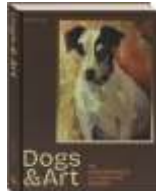
9191933 THE LIARS OF NATURE AND THE NATURE OF LIARS: Cheating and Deception in the Living World. By Lixing Sun. Nature is rife with cheating. Possums play possum, feigning death to cheat predators. Crows cry wolf to scare off rivals. Amphibians and reptiles are inveterate impostors. This volume explores the evolution of cheating in the natural world and in human society, revealing how dishonesty has given rise to wondrous diversity. Photos, most in color. 269 pages. Princeton. Pub. at \$29.95 **\$9.95**

9381260 MEET THE NEIGHBORS: Animal Minds and Life in a More-Than-Human World. By Brandon Keim. In a wonder-filled exploration of animals' inner lives, Keim takes us into courtrooms and wildlife hospitals, under backyard decks and into deserts, to meet the wild creatures who populate our communities and the philosophers, pest controllers, ecologists, wildlife doctors, and others who are reimagining our relationships to them. Illus. 355 pages. Norton. Pub. at \$29.99 **\$6.95**

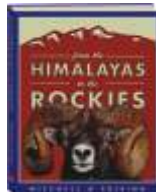


9002863 SEA TURTLES: The Watcher's Guide. By M. Timothy O'Keefe. Gives an overview of sea turtle life and also provides the specifics of appropriate personal conduct and behavior for human beings on turtle nesting beaches. Fully illus. 126 pages. Larsen's Outdoor. Paperbound. Pub. at \$17.95 **\$2.95**

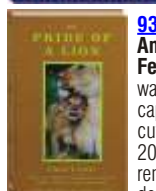
9236813 THE LITTLE BOOK OF DOG CARE: Expert Advice on Giving Your Dog Their Best Life. By Ace Tilton Ratcliff. An essential guide to caring for your dog, filled with expert-backed tips and nuggets of advice to help every dog owner understand what their canine companion needs to be happy and healthy. 199 pages. Little Simon. Pub. at \$21.99 **\$5.95**



9307710 DOGS & ART: 50 Masterpieces & Their Dog Breeds. By Susie Hodge. A celebration of some of the world's greatest dog paintings as well as an enlightening look at the history of dog breeds, this volume features fifty great paintings from throughout history, each depicting a different dog breed. 159 pages. Gemini. 6¼x7¼. Pub. at \$18.95 **\$14.95**



9012184 FROM THE HIMALAYAS TO THE ROCKIES. By R.M. Mitchell & M.R. Frisina. The authors classify every type of wild sheep of the New and the Old Worlds. Also included are hunting stories by Jack Atcheson Jr. and Sr., Soudy Golabchi, Robert Logan, and more. Fully illus. in color. 230 pages. Safari. 8½x11¼. Pub. at \$79.95 **\$5.95**



9314903 THE PRIDE OF A LION: What the Animal Kingdom Can Teach Us About Survival, Fear and Family. By R. Magill & G. Cote. K'wasi was born to Asha at Zoo Miami in late 2013 and captured the heart of the nation as an incredibly cute lion cub. Sadly, he was orphaned in March 2014 when his mother tragically died. K'wasi's remarkable journey takes him from the untimely death of his mother to the magnificent star of Lion Country Safari. 160 pages. Mango. Pub. at \$24.99 **\$6.95**



9154353 FOUR THOUSAND PAWS: Caring for the Dogs of the Idiratod—A Veterinarian's Story. By Lee Morgan. The first account from a trail veterinarian, chronicling the canines who brave the challenges of "The Last Great Race on Earth." An intimate look inside the animal mind, from huskies of Idiratods past to the intrepid dogs of today. Photos. 276 pages. Liveright. Paperbound. Pub. at \$18.99 **\$13.95**



9293736 THE GENIUS BAT: The Secret Life of the Only Flying Mammal. By Yossi Yovel. With nearly 1500 species, bats account for more than twenty percent of mammalian species. The author brings to vivid life these amazing creatures as well as the obsessive and sometimes eccentric people who study them: bat scientists. 309 pages. St. Martin's. Pub. at \$32.00 **\$23.95**



9313834 TIGERS BETWEEN EMPIRES: The Improbable Return of Great Cats to the Forests of Russia and China. By Jonathan C. Slight. Explore the thrilling saga of the great Amur tiger and the scientists who came together from around the world to save it. Within these pages, characters, both feline and human, come fully alive as we travel with them through the quiet and changing forests of Amur to discover the fate of a species that the history and politics of empires have shaped. 32 pages of color photos. 484 pages. FSG. Pub. at \$33.00 **\$24.95**

9301658 THE PENGUIN LESSONS: What I Learned from a Remarkable Bird. By Tom Michell. The extraordinary and inspiring true story about the surprising bond between a young teacher and the small penguin he rescued. Photos. 219 pages. Ballantine. Paperbound. Pub. at \$19.00 **\$14.95**



9301569 DINOSAURS: A Prehistoric History. By Rhys Charles, illus. by S. Storm. This delightful prehistoric dictionary defines more than 100 words and phrases alongside informative entries, phonetic spellings to help pronounce the names of these creatures, and detailed anatomical illustrations. 192 pages. Smithsonian. Pub. at \$24.95 **\$17.95**



9238220 THE SHORTEST HISTORY OF THE DINOSAURS: The 230-Million-Year Story of Their Time on Earth. By Riley Black. Tells the 230-million-year epic of the dinosaurs, covering their beginnings, spectacular golden periods, and stunning evolutionary success—before an unthinkable asteroid event brought everything to a screeching halt. This history digs deeper to show how we've gleaned so much about a long-lost world. Illus. 226 pages. Experiment. Paperbound. Pub. at \$16.95 **\$12.95**

929158X AMONG TIGERS: Fighting to Bring Back Asia's Big Cats. By K. Ullas Karanth. Karanth shares the adventurous real-life story of his quest to save a species and, along the way, the hopeful realization that tiger conservation is a battle that can be won. Illus., some in color. 240 pages. Chicago Review. Paperbound. Pub. at \$19.99 **\$15.95**

Animals



***9272534 WILD WONDERS: The Untamed and Enigmatic Animals that Inhabit Yellowstone National Park.** By Julia Cook. An awe-inspiring, photographic tour of the wildlife of Yellowstone National Park, compiling fascinating facts about the creatures and details about where they can be found in the park. Features animals such as red foxes, badgers, gray wolves, long-tailed weasels, and black bears. 207 pages. Epic Ink. 9 1/2 x 11 1/2. Pub. at \$35.00 **\$26.95**



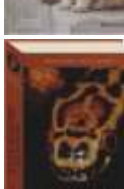
***9312498 THE BEAR AT THE BIRD FEEDER: Why We're Seeing More Wild Animals in Our Neighborhoods and How We Can Live in Harmony with Them.** By Randi Minetor. Minetor calls on naturalists, biologists, and state wildlife authorities to distill the best practices for creating a safe environment for humans and animals alike, and provides accounts of actual run-ins with wildlife as cautionary tales. Illus. 220 pages. Lyons. Paperbound. Pub. at \$24.95 **\$18.95**



9356622 TRAINING SCHOOL FOR ELEPHANTS: Retracing a Curious Episode in the European Grab for Africa. By Sophy Roberts. Out of a sidelined, colonial-era expedition in Africa comes a new history of cruelty, deception, and adventure, bringing to life a compelling cast of historic characters and modern voices from ivory dealers to Catholic nuns, set against rich descriptions of the landscapes travelled. Well illus. 412 pages. Grove. Pub. at \$30.00 **\$9.95**



***9288015 CITY CATS OF ISTANBUL.** By Marcel Heijnen. For cat lovers everywhere, these wonderful photographs highlight the felines who inhabit the streets of Istanbul, a city famous for its love of cats. 158 pages. Thames & Hudson. 6 x 7 3/4. Paperbound. Pub. at \$16.95 **\$12.95**



***9124802 SNAKES OF AUSTRALIA: Princeton Field Guides.** By Tie & Scott Eipper. Describes in detail all 240 of the continent's species and subspecies—from file snakes, pythons, colubrids, and natricids to elapids, marine elapids, homalopsids, and blind snakes. Presents information on habitat types, snakes in the environment, and snake-bite prevention and first-aid. Fully illus. in color. 368 pages. Princeton. Pub. at \$45.00 **\$35.95**



***9369171 MOTHS OF WESTERN NORTH AMERICA.** By Seabrooke Leckie. The first photographic field guide to present the moths of western North America as they are found in nature, making it easily accessible for novices and experts alike. Fully illus. in color. 681 pages. Princeton. Paperbound. **\$29.95**



8090734 PLATYPUS MATTERS: The Extraordinary Story of Australian Mammals. By Jack Ashby. Scientifically informed and funny, a firsthand account of Australia's wonderfully unique mammals and how our perceptions impact their future. This celebration of Australian wildlife will open eyes and change minds about how we contemplate and interact with the natural world—everywhere. Photos, most in color. 369 pages. William Collins. **PRICE CUT to \$3.95**



9275371 ANIMALS THAT MAKE ME SAY EWWW! By Dawn Cusick. From blood-squirting reptiles to blood-sweating mammals to nose-picking primates, learn about some of the ickiest creatures in the animal kingdom and the amazing purposes served by their gross behaviors. From cleanup to dinner-time to self-defense, each off-putting act is an aid to survival. 80 pages. Imagine!. 8 1/2 x 10 1/4. Pub. at \$16.99 **PRICE CUT to \$2.95**



9030069 BISON: Falcon Pocket Guide. By Jack Ballard. Presents readers with substantive, yet easily digestible, information on this majestic symbol of the American West. This handy field guide contains all you need to know to become familiar with these fascinating animals. Fully illus. in color. 85 pages. Falcon. 4 1/4 x 7. Paperbound. Pub. at \$12.95 **PRICE CUT to \$2.95**



***913638X MAMMALS OF WISCONSIN FIELD GUIDE, 2ND EDITION.** By Stan Tekiela. Organized by family and featuring full-color photographs and helpful information, this is your complete guide to mammals in Wisconsin! 336 pages. Adventure Publications. Paperbound. Pub. at \$16.95 **PRICE CUT to \$9.95**



***9136363 MAMMALS OF FLORIDA FIELD GUIDE, 2ND EDITION.** By Stan Tekiela. Organized by family and featuring full-color photographs and helpful information, this is your complete guide to mammals in Florida! 312 pages. Adventure Publications. Paperbound. Pub. at \$16.95 **\$12.95**



***7956274 OCEAN LIFE IN THE TIME OF DINOSAURS.** By Nathalie Bardet et al. During the Mesozoic era, 252 to 66 million years ago, dinosaurs ruled the land, but the ocean depths were roiling with equally spectacular reptiles—including giant predators. Introduces readers to the world of these marine animals, whose predecessors returned to the seas a few million years later. Fully illus. most in color. 208 pages. Princeton. 8 1/2 x 10 3/4. Pub. at \$29.95 **PRICE CUT to \$19.95**



***4995309 THE GREATEST HORSE STORIES EVER TOLD: Thirty Unforgettable Horse Tales.** Ed. by Steven D. Price. Heartwarming, adventurous, profound, and funny, this anthology is a treasure trove that includes favorite writers and little-known or long-forgotten gems, illuminating our fascination and captivation with horses. 257 pages. Lyons. Paperbound. Pub. at \$22.95 **PRICE CUT to \$13.95**

***9078983 THE LOST WORLD OF THE DINOSAURS: Uncovering the Secrets of the Prehistoric Age.** By Armin Schmitt. An enrapturing tale of the age of the dinosaurs, tracing their earliest origins, their astounding 200 million-year reign, and their infamous demise. Illus. 317 pages. Hanover Square. Pub. at \$32.99 **PRICE CUT to \$19.95**



9078428 HANDBOOK OF MAMMALS OF MADAGASCAR. By Nick Garbutt. Contains the description, identification, habitat, distribution and behavior of all 217 native species, including where to see them. Explore Madagascar's regions and habitats, threats to the mammals, conservation and protected areas, and important mammal-watching sites, and a section on extinct mammals. Fully illus. in color. 448 pages. Princeton. Pub. at \$49.95 **PRICE CUT to \$14.95**

***9214402 HOW ZOOLOGISTS ORGANIZE THINGS: The Art of Classification.** By David Bainbridge. Our compulsion to catalogue wildlife has played a key role in growing our understanding of the planet and ourselves, inspiring religious beliefs and evolving scientific theories. The book unveils wild truths and even wilder myths about animals, revealing how much more there is to learn and unlearn. Fully illus., most in color. 255 pages. Frances Lincoln. Paperbound. Pub. at \$25.00 **PRICE CUT to \$14.95**

***9185313 WILD ANIMALS: Strange, Dangerous & Wonderful.** By T. Jackson & B. Madden. Presents an in-depth look at the natural world's most deadly, endangered, or just plain strange creatures, from poisonous spiders to aggressive caimans and man-eating sharks. Color photos. 288 pages. Amber. Pub. at \$29.99 **PRICE CUT to \$17.95**



***9139214 THE LIVES OF BATS: A Natural History.** By DeeAnn M. Reeder. Features dozens of representative species profiles demonstrating the remarkable diversity and adaptability of the only mammals on Earth capable of powered flight. Covers key topics such as anatomy, echolocation, diet, thermoregulation, mating, diseases, immunity, and more. Fully illus. in color. 288 pages. Princeton. 7 1/4 x 10. Pub. at \$35.00 **PRICE CUT to \$19.95**

Blu-ray 9255257 THE HUNT. Widescreen. BBC Earth. **\$4.95**

9181776 TURTLES: The Animal Answer Guide. By W. Gibbons & J. Greene. Photos, many in color. 163 pages. Johns Hopkins. Paperbound. Pub. at \$24.95 **\$4.95**

1041207 A HANDFUL OF HAPPINESS: How a Prickly Creature Softened a Prickly Heart. By Massimo Vacchetta with A. Tomaselli. 16 pages of color photos. 184 pages. Rodale. Pub. at \$22.99 **\$2.95**

9191860 CRABS: A Global Natural History. By Peter J.F. Davie. Fully illus. in color. 224 pages. Princeton. Pub. at \$29.95 **\$9.95**

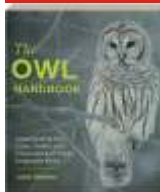
DVD 9152547 SNOW BEARS. Widescreen. BBC. **\$5.95**

9346104 EVERY LITTLE THING QUILL BE ALL RIGHT: Hedgehogs and Happiness for When Life Feels Prickly. By Audrianna Martin Del Campo. Color photos. 93 pages. Ink & Willow. Pub. at \$16.00 **\$4.95**

Animals

- 7962118 WILD FAMILY: Seven Stories of Extraordinary Animal Friendship.** By Bhagavan Doc Antle with J.M. Greene. 64 pages. Earth Aware. Pub. at \$16.99 **\$3.95**
- 9299262 MY PENGUIN YEAR: Life Among the Emperors.** By Lindsay McCrae. 32 pages of color photos. 292 pages. Morrow. Pub. at \$27.99 **\$5.95**
- 9212094 THE FIRST DOMESTICATION: How Wolves and Humans Coevolved.** By R. Pierotti & B.R. Fogg. Illus. 326 pages. Yale. Pub. at \$38.00 **\$9.95**
- 9030433 WILDERNESS PREDATORS OF THE ROCKIES: The Bond Between Predator and Prey.** By Mike Lapinski. 193 pages. Falcon. Paperbound. Pub. at \$17.95 **\$2.95**
- 9011986 BUFFALO COUNTRY: America's National Bison Range.** Photos by Donald M. Jones. 72 pages. Riverbend. Paperbound. Pub. at \$14.95 **\$5.95**
- 9184015 MAMMALS OF INDIANA, REVISED EDITION.** By J.O. Whitaker, Jr. & R.E. Mumford. Illus., some color. 661 pages. INUP. 8½x11¼. Pub. at \$75.00 **\$8.95**
- 9064001 ARCTIC FOX: Life at the Top of the World.** By Garry Hamilton, photos by N. Rosing. Color photos. 231 pages. Firefly. 8½x11. Paperbound. Pub. at \$29.95 **\$4.95**
- 7747861 DEER: The Animal Answer Guide.** By G.A. Feldhamer & W.J. McShea. 163 pages. Johns Hopkins. Paperbound. Pub. at \$24.95 **\$3.95**
- 9045678 LIFE IN THE DARK: Illuminating Biodiversity in the Shadowy Haunts of Planet Earth.** By Dante Fenolio. 317 pages. Johns Hopkins. 9½x11¼. Pub. at \$39.95 **\$7.95**
- 9297065 ANIMAL: The Definitive Visual Guide.** Ed. by Megan Douglass. 632 pages. Dorling Kindersley. 9½x11¼. **\$19.95**
- ★9307893 WHAT SHEEP THINK ABOUT THE WEATHER: How to Listen to What Animals Are Trying to Say.** By Amelia Thomas. 343 pages. Sourcebooks. Paperbound. Pub. at \$17.99 **\$13.95**
- ★9210105 DINOSAURS: New Visions of a Lost World.** By Michael J. Benton, illus. by B. Nicholls. 239 pages. Thames & Hudson. Paperbound. Pub. at \$24.95 **\$17.95**
- 9003541 NO BUDDY LEFT BEHIND: Bringing U.S. Troops' Dogs and Cats Safely Home from the Combat Zone.** By Terri Crisp with C. Hum. Illus. 246 pages. Paperbound. Pub. at \$14.95 **PRICE CUT to \$2.95**
- 9107193 NO BUDDY LEFT BEHIND: Bringing U.S. Troops' Dogs and Cats Safely Home from the Combat Zone.** By Terri Crisp with C. Hum. Illus. 250 pages. Lyons. Pub. at \$21.95 **PRICE CUT to \$2.95**
- 8090491 EXOTIC VETTING: What Treating Wild Animals Teaches You About Their Lives.** By Romain Pizzi. Illus. most in color. 408 pages. William Collins. Paperbound. **\$5.95**
- 7751699 PAWFECT LOVE: Life Is Best with a Love Like Yours.** Photos by Warren Photographic. 160 pages. Zondervan. Pub. at \$14.99 **\$4.95**
- ★DVD 9281045 LAST OF THE BIG TUSKERS.** Dreamscape Media. Pub. at \$17.95 **\$13.95**
- ★9285245 CAT TALES: A History.** By Jerry D. Moore. Well illus., many in color. 272 pages. Thames & Hudson. Pub. at \$34.95 **\$26.95**
- 9153969 ON THE BACKS OF TORTOISES: Darwin, the Galapagos, and the Fate of an Evolutionary Eden.** By Elizabeth Hennessy. Illus. 310 pages. Yale. Pub. at \$30.00 **\$5.95**
- ★9136924 ZOOBORNS: The Newest, Cutest Animals from the World's Zoos and Aquariums.** By A. Bleiman & C. Eastland. Fully illus. in color. 149 pages. S&S. Paperbound. Pub. at \$17.99 **\$12.95**
- ★9236643 LIVING NIGHT: On the Secret Wonders of Wildlife After Dark.** By Sophia Kimmig. Illus. 245 pages. The Experiment. Pub. at \$19.95 **\$14.95**
- 9194096 BECOMING WILD: How Animals Learn to be Animals.** By Carl Safina. Color photos. 368 pages. OneWorld. Paperbound. **PRICE CUT to \$2.95**
- ★6075819 SECRETS OF THE OCTOPUS.** By Sy Montgomery. Fully illus. in color. 190 pages. National Geographic. Pub. at \$30.00 **\$13.95**
- 9145044 A WORLD IN A SHELL: Snail Stories for a Time of Extinctions.** By Thom van Dooren. Photos, most in color. 273 pages. MIT Press. Pub. at \$29.95 **\$6.95**
- ★9136371 MAMMALS OF MINNESOTA FIELD GUIDE, 2ND EDITION.** By Stan Tekiela. 352 pages. Adventure Publications. Paperbound. Pub. at \$16.95 **PRICE CUT to \$7.95**
- ★9185755 THE BEARS OF GRAND TETON: A Natural and Cultural History.** By Sue Consolo-Murphy. Photos. 263 pages. Bison. Paperbound. Pub. at \$26.95 **PRICE CUT to \$13.95**
- ★9097058 FARM LIFE: A Collection of Animal Portraits.** Photos by Randal Ford. Fully illus. in color. 224 pages. Rizzoli. 8¾x11¼. Pub. at \$40.00 **\$31.95**
- ★4568605 MADIKWE GAME DRIVE.** By Ingrid van den Berg. HPH. Pub. at \$19.00 **\$6.95**
- 9143610 KINGDOM OF PLAY.** By David Toomey. 281 pages. Scribner. Pub. at \$29.00 **PRICE CUT to \$2.95**
- ★9268693 ANIMALIA: From the Royal Collection.** Ed. by Polly Fellows. Royal Collection. Pub. at \$15.00 **PRICE CUT to \$9.95**
- ★9043853 EAVESDROPPING ON ANIMALS: What We Can Learn from Wildlife Conversations.** By George Bumann. 259 pages. Greystone. Pub. at \$27.95 **\$9.95**
- ★6998291 FOWL PLAY: A History of the Chicken from Dinosaur to Dinner Plate.** By Sally Coulthard. Illus. 278 pages. Head of Zeus. Pub. at \$27.99 **\$7.95**
- ★9063668 THE WELL-CONNECTED ANIMAL: Social Networks and the Wondrous Complexity of Animal Societies.** By Lee Alan Dugatkin. Color photos. 217 pages. Univ of Chicago Press. Pub. at \$29.00 **PRICE CUT to \$11.95**
- ★9023976 GRIZZLY CONFIDENTIAL: An Astonishing Journey into the Secret Life of North America's Most Fearsome Predator.** By Kevin Grange. Photos. 259 pages. Harper. Pub. at \$29.99 **\$11.95**
- ★8871388 A FIELD GUIDE TO THE LARGER MAMMALS OF SOUTH AMERICA.** By R. Webb & J. Bincow. Well illus., in color. 488 pages. Princeton. Paperbound. Pub. at \$49.95 **\$19.95**
- ★9011013 GHOSTWALKER: Tracking a Mountain Lion's Soul Through Science and Story.** By Leslie Patten. Photos. 298 pages. Bison. Paperbound. Pub. at \$24.95 **\$13.95**
- ★7999208 THE ELEPHANTS OF THULA THULA.** By Françoise Malby-Anthony with K. Sidley. 16 pages of color photos. 310 pages. St. Martin's. Paperbound. Pub. at \$20.00 **PRICE CUT to \$4.95**
- ★9071849 VANISHING TREASURES: A Bestiary of Extraordinary Endangered Creatures.** By Katherine Rundell. Illus. 208 pages. Doubleday. Pub. at \$26.00 **PRICE CUT to \$9.95**
- ★6083331 THE PRINCETON FIELD GUIDE TO DINOSAURS, 3RD EDITION.** By Gregory S. Paul. 384 pages. Princeton. 8¾x11¼. Pub. at \$39.95 **PRICE CUT to \$29.95**
- ★9077375 WHAT'S WILD: A Half Century of Wisdom From the Woods and Rivers of New England.** By Eric Off. Illus. 165 pages. Peter E. Randall. Paperbound. Pub. at \$24.95 **PRICE CUT to \$9.95**
- ★1604295 THE INTERNET OF ANIMALS: Discovering the Collective Intelligence of Life on Earth.** By Martin Wikelski. Illus. some in color. 244 pages. Greystone. Pub. at \$28.95 **PRICE CUT to \$5.95**
- ★904115X PLAYING POSSUM: How Animals Understand Death.** By Susana Monso. Illus. 243 pages. Princeton. Pub. at \$29.95 **PRICE CUT to \$9.95**
- ★899918X DANGEROUS ANIMALS OF SOUTHERN AND EASTERN AFRICA.** By J. Williams & P. Goodwin. Well illus. in color. 333 pages. Whittles. Paperbound. Pub. at \$39.95 **\$14.95**
- ★8999376 WHY ANIMALS TALK: The New Science of Animal Communication.** By Arik Kershenbaum. Illus. 273 pages. Penguin. Pub. at \$30.00 **PRICE CUT to \$9.95**
- 9160329 THE RISE AND REIGN OF THE MAMMALS: A New History, from the Shadow of the Dinosaurs to Us.** By Steve Brusatte. **LARGE PRINT EDITION.** Photos. 700 pages. Harper. Paperbound. Pub. at \$31.99 **\$5.95**

Birds & Birding



LIMITED QUANTITY 9371842 THE OWL HANDBOOK: Investigating the Lives, Habits, and Importance of These Enigmatic Birds. By John Shewey. Shewey leads us through an exploration of owls' cultural impact as seen in folklore and mythology, while providing in-depth investigations of 19 owls of North America and a survey of 200 owls worldwide. Includes

advice on how to respectfully observe and protect these enigmatic birds and hundreds of full-color photos. 247 pages. Timber. 8x9. Paperbound. Pub. at \$24.99 **\$9.95**



Blu-ray 9215344 EARTHFLIGHT: The Complete Series. Widescreen. Feel your heart pound as you scramble with snow geese to escape the talons of a bald eagle above North America. Glide with cranes over Venice and the white cliffs of Dover. Sail over South American mountains, jungles, and waterfalls with hummingbirds and condors. Narrated by David Tennant. Over 6 hours on two Blu-rays. BBC. **\$5.95**



9195688 BIRDHOUSES OF THE WORLD. By Anne Schmauss. Offers a collection of more than 40 beautiful, whimsical, fantastical and amazing birdhouses created by designers and bird-lovers from around the world, including the United States, Canada, England, Denmark, the Netherlands, Germany, Egypt, Turkey, Lebanon, and Japan. Color photos. 139 pages. Stewart, Tabori & Chang. 7x8. Pub. at \$22.50 **\$4.95**

Birds & Birding



9316973 BIRDS, SEX, AND BEAUTY: The Extraordinary Implications of Charles Darwin's Strangest Idea. By Matt Ridley. Explores the scientific research into the evolution of bright colors, exotic ornaments, and elaborate displays in birds. Darwin thought the purpose of such displays was to "charm" females. Recent scientific research has proven him newly right—there is a powerful evolutionary force quite distinct from natural selection: mate choice. Well illus., some in color. 340 pages. Harper. Pub. at \$30.00 **\$6.95**



9246487 AROUND THE WORLD IN 80 BIRDS. By Mike Unwin, illus. by R. Miyake. With over 11,000 species, birds are the most diverse of all vertebrate classes. The aerial world they inhabit may feel very remote from our own, and yet their presence is woven into our lives in myriad ways. This celebrates the variety, beauty, and resilience of 80 birds from around the globe. Fully illus. in color. 224 pages. Laurence King. Pub. at \$24.99 **\$6.95**



907354X ALFIE & ME: What Owls Know, What Humans Believe. By Carl Safina. When Carl Safina and his wife, Patricia, took in a near-death baby owl, they expected her to be a temporary presence. Tells the story of the remarkable impact this little owl would have on their lives. Color photos. 363 pages. Norton. Paperbound. Pub. at \$19.99 **\$14.95**



5499399 A BIRD LOVER'S STICKER BOOK. Leana Fischer. An immersive celebration of birds, this collection contains more than 675 charming stickers, each lovingly hand-painted within breathtaking landscapes and each perfect for decorating a nature journal, a birder's diary, or the pages of a favorite birding guide. Fully illus. in color. Workman. Pub. at \$15.00 **\$11.95**



9105794 A FASCINATION WITH FALCONS: A Biologist's Adventures from Greenland to the Tropics. By Bill Burnham. The scientific investigation of falcons and their relationship with humans through falconry provides insight and experiences that contribute knowledge and understanding of our natural world, while also emphasizing the need for its conservation. Burnham combines information and experiences in this guide. 32 pages of color photos. 234 pages. Hancock House. Pub. at \$29.95 **\$2.95**



9057730 BIRDS OF BELIZE. By Steve N.G. Howell, illus. by D. Dyer. Covers all regularly occurring bird species found in the region and features facing-page plates and text that make field identification easy. Concise species accounts describe everything from size and distribution to voice, habitat, and status. 304 pages. Princeton. Paperbound. Pub. at \$35.00 **\$4.95**



DVD 914806X WINGED PLANET. Widescreen. In this stunning natural history film, featuring some of the most stunning footage from BBC's acclaimed *Earthflight* series, you can see what the birds see—snow geese dashing through Monument Valley, scarlet macaws racing through the Rain Forest, and vultures soaring miles above the earth. 94 minutes. BBC Earth. **\$5.95**



9247831 BIRDS & BLOOMS EVERYDAY BIRDWATCHING STORIES. Featuring gorgeous photography, sweet stories, and useful tips, this work invites readers to marvel at the wonderful world of birds. Discover articles that explain how to attract a variety of birds to your backyard and factual tidbits in every chapter about bird songs, species names, and more. 256 pages. RDA Enthusiast. 8 1/2 x 11. Pub. at \$29.99 **\$6.95**



9370919 BIRDS OF PREY OF THE WEST FIELD GUIDE. By Stan Tekiela. Identify predatory birds in the western United States with this easy-to-use field guide, organized by group and featuring full-color photographs and helpful information. 247 pages. Adventure Publications. Paperbound. Pub. at \$14.95 **\$11.95**



935462X THE VISUAL DICTIONARY OF BIRDS OF NORTH AMERICA: Discovering the Continent's Most Captivating Birds. Ed. by Liz Pasfield. With their enchanting songs and soaring flights, birds are a welcome source of joy in our hectic lives. This volume invites you to explore your fascination with these lovely creatures by learning about their distinctive features and habits, and collecting art and photos depicting them. 288 pages. Chartwell. 9x11 1/4. Pub. at \$29.99 **\$24.95**



9290567 BE MORE OWL: Life Lessons from Our Feathered Friends. By Alison Davies, illus. by E. Mayor. A celebration of the talents behind the talons and the many-feathered folklore that surrounds this most revered of birds. Lessons, exercises, and practical creative suggestions will all help you to find your wisdom and unleash your inner owl. Well illus. in color. 144 pages. Quadrille. Pub. at \$12.99 **\$9.95**



9293817 BIRDS OF THE GREAT LAKES. By Dexter Patterson. The Great Lakes region is teeming with scores of beautiful birds, and this easy-to-use guide will help you identify more than 100 commonly seen birds in the area. Fully illus. 362 pages. Timber. Paperbound. Pub. at \$18.99 **\$14.95**



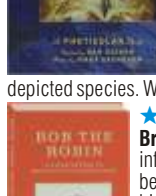
9220097 THE GREAT AUK: Its Extraordinary Life, Hideous Death and Mysterious Afterlife. By Tim Birkhead. The great auk was fat, flush with feathers, and easy to capture. Places like Funk Island, off northeast Newfoundland, became scenes of the unimaginable slaughter of millions of birds. Private collectors scrambled for specimens of the final few birds, beginning a bloody, unthinking destruction of one of the world's most extraordinary species. Illus. in color. 288 pages. Bloomsbury. Pub. at \$28.00 **\$21.95**



9287868 THE SOCIAL LIVES OF BIRDS: Flocks, Communes, and Families. By Joan E. Strassmann. Strassmann examines how birds are social creatures, from breeding to nesting to babysitting. With stories from around the world, this volume explores the various types of bird groups and what to look for when observing them. Above all, it reveals this fact: solitary life, it seems, is not for the birds. Illus. 291 pages. Tarcher. Pub. at \$31.00 **\$23.95**



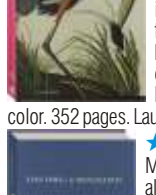
9253718 BIRDS: A Photocolor Book. By Mara Grunbaum, illus. by D. Kainen. Seeing is believing with the innovative and bestselling Photocolors, giving readers a fascinating view of bird behavior in living motion. Features eight incredible moving images, including penguins hopping and the blinking eyes of an owl. Provides information on each depicted species. Workman. 8 1/4 x 8 1/4. Pub. at \$27.00 **\$21.95**



936871X BOB THE ROBIN: A Love Letter to Britain's Favourite Bird. By Tony Putman. An informative title about the life of a robin, as well as a beautiful love letter to these spirited and lively birds—who offer us a connection with nature, a moment of contact, and a great source of comfort and joy. 16 pages of color photos. 243 pages. Gaia. Pub. at \$12.99 **\$9.95**



915339X THE BIRD: The Great Age of Avian Illustration. By Philip Kennedy. Explores the fascinating world of 18th and 19th century ornithological drawings through the lavish illustrations produced at that time. Each chapter focuses on a category of birds, from shorebirds to birds of prey. Features sections on key ornithological artists such as John James Audubon, Elizabeth Gould and Edward Lear. Fully illus. in color. 352 pages. Laurence King. 8 1/2 x 12 1/2. Pub. at \$60.00 **\$24.95**



9304770 THE OWL: A Biography. By Stephen Moss. Weaving together his insights as a naturalist along with international folklore and history, Moss takes us on a journey to discover the secret lives owls lead between twilight and dawn, from the moment they first hatch to their nightly hunts and how they raise the next generation. Includes decorative endpapers and ribbon bookmark. Illus., most in color. 200 pages. Square Peg. Pub. at \$28.99 **\$23.95**

SOLD OUT
See more titles at erhbc.com/995

Birds & Birding



9185232 TEN BIRDS THAT CHANGED THE WORLD. By Stephen Moss. Explore the gripping story of humankind's long and intimate relationship with birds through key species from all seven of the world's continents—from Odin's faithful raven companions to Darwin's finches, and from the wild turkey of the Americas to the emperor penguin as a potent symbol of the climate crisis. 408 pages. Basic. Pub. at \$30.00 **\$7.95**



★9285873 BIRD WATCHERS' FIELD GUIDE STICKER & LOGBOOK: Identify 75 North American Birds. A unique and essential bird-watching tool featuring stickers and logbook entries for each bird, an illustrated species catalog, and space for your notes. 191 pages. Chartwell. Paperbound. Pub. at \$16.99 **\$12.95**



★9062769 BIRDS OF THE MESOZOIC. By J. Benito & R. Olive. A must-have for bird lovers and anyone interested in paleontology. Covers more than 200 kinds of Mesozoic birds. Detailed fact files provide information about each species, including its name, location, size, period, habitat, and general characteristics. Fully illus. in color. 272 pages. Princeton. Paperbound. Pub. at \$27.95 **PRICE CUT to \$19.95**



918340X BIRDS OF CUBA: A Photographic Guide. By Arturo Kirkconnell et al. This comprehensive photographic guide covers every species on the Cuban list. The images have been carefully selected to show key features, while the concise text is designed to aid field identification, providing essential information on aging and sexing, voice, similar species, habitat, and behavior. 384 pages. Helm. Paperbound. Pub. at \$40.00 **PRICE CUT to \$7.95**



★9100113 HOW BIRDS FLY: The Science & Art of Avian Flight. By Peter Cavanagh. You'll explore the evolution of flight, the roles of bones, muscles, and feathers, and the crucial functions of wings, wing tips, and tails. A visual feast that perfectly captures the wonders of birds—with all their diversity, beauty, and ingenuity. Fully illus., most in color. 336 pages. Firefly. 9 1/2 x 11 1/4. Pub. at \$49.95 **PRICE CUT to \$29.95**



★9268324 BIRD-WATCHING: Press Pause and Admire the Avian World. By Andrea Debbink. A beginner-friendly and charmingly illustrated pocket guide to backyard birding. For amateur birdwatchers and aspiring ornithologists, this introductory work offers an easy way to delve into the awe-inspiring world of bird-watching, whether in a park, a forest, on a beach, or a front porch. 127 pages. Chronicle. Pub. at \$12.95 **PRICE CUT to \$6.95**



DVD 9084274 HUMMINGBIRDS—Magic in the Air: Nature. Questar. Pub. at \$19.99 **\$5.95**



DVD 9118632 EARTHFLIGHT: The Complete Series. Widescreen. BBC. **\$5.95**

8799296 THE GLITTER IN THE GREEN: In Search of Hummingbirds. By Jon Dunn. 16 pages of color photos. 332 pages. Basic. Pub. at \$30.00 **\$3.95**

8136386 THE HIDDEN LIVES OF OWLS: The Science and Spirit of Nature's Most Elusive Birds. By Leigh Calvez. Illus. 206 pages. Sasquatch. Paperbound. Pub. at \$18.95 **\$6.95**

9057722 THE BIRD NAME BOOK. By Susan Myers. 416 pages. Princeton. Pub. at \$39.95 **\$5.95**

9241345 FALCONRY: A Guide to Training Birds of Prey. By S.J. Manarin & K. Harris. Fully illus. in color. 224 pages. Amber. Pub. at \$29.99 **\$13.95**

9057757 BIRDS OF THE MASAI MARA. By Adam Scott Kennedy. Fully illus. in color. 176 pages. Paperbound. Pub. at \$27.95 **\$4.95**

★DVD 8876622 HUMMINGBIRDS & BIRDS OF THE BACKYARD. Total Content. Pub. at \$14.95 **\$5.95**

228751X BIRDS & BLOOMS EVERYDAY NATURE SECRETS 2023: Discover the Hidden World in Your Backyard. 256 pages. RDA. Paperbound. Pub. at \$24.99 **\$5.95**

9057749 FIELD GUIDE TO THE BIRDS OF THE DOMINICAN REPUBLIC & HAITI. By Steven Latta et al, illus. by D. Gardner. Fully illus. in color. 228 pages. Princeton. Paperbound. Pub. at \$24.95 **\$3.95**

★8201250 MAKING BIRD-FRIENDLY BIRDHOUSES: Instructions and Plans for 15 Specific Birds, Including Bluebirds, Wrens, Robins & Owls. By M. Toelner & M. Maguire. Fully illus. in color. 168 pages. Fox Chapel. 8 1/2 x 11. Paperbound. Pub. at \$19.99 **\$14.95**

9057765 BIRDS OF THE WEST INDIES. By Norman Arlott. 240 pages. Princeton. Paperbound. Pub. at \$24.95 **PRICE CUT to \$1.95**

★9136649 SEA BIRD: Exploring the Charming Oceanside Star of Our Shoreline Feathered Friends. By A.H. Vinet & J.H. Harrison. 128 pages. Epic Ink. Pub. at \$12.99 **PRICE CUT to \$4.95**

★699542X A LITTLE BOOK OF HUMMINGBIRDS. By Tara Austen Weaver, illus. by E. Poole. 144 pages. Sasquatch. Pub. at \$16.95 **PRICE CUT to \$9.95**

★9186026 STARLINGS: The Curious Odyssey of a Most Hated Bird. By Mike Stark. Photos. 238 pages. Bison. Paperbound. **\$21.95**
8584044 DUCKS, GEESE, AND SWANS OF NORTH AMERICA, REVISED. By Guy Baldassarre. Well illus., most in color. Johns Hopkins. 8 1/2 x 10 1/2. Pub. at \$69.95 **SOLD OUT**

★9142940 BIRDWATCHING GUIDE: Turn Yourself into a Birdwatching Expert. By Elissa Wolfson et al. Fully illus. in color. 160 pages. Dorling Kindersley. Pub. at \$19.99 **PRICE CUT to \$9.95**

★9198563 WHISTLING IN THE DARK: In Pursuit of the Nightingale. By Richard Mabey. Illus. 163 pages. Aurum. Pub. at \$15.99 **PRICE CUT to \$7.95**

★9141049 BIRDS OF COSTA RICA. By Michael & Patricia Fogden. 224 pages. Helm. Paperbound. Pub. at \$24.00 **PRICE CUT to \$11.95**

★9038175 THE STOKES FIELD GUIDE TO FINCHES OF THE UNITED STATES AND CANADA. By L. Stokes & M.A. Young. 329 pages. Little, Brown. Paperbound. Pub. at \$21.99 **\$11.95**

★7529201 ENDANGERED AND DISAPPEARING BIRDS OF APPALACHIA AND THE SOUTHEAST. By Matt Williams. 253 pages. UPKY. 8 x 10 1/4. Pub. at \$40.00 **\$17.95**

★9037497 ID HANDBOOK OF EUROPEAN BIRDS. By Nils van Duivendijk. Fully illus. in color. Princeton. 6 3/4 x 9 3/4. Pub. at \$107.00 **PRICE CUT to \$69.95**

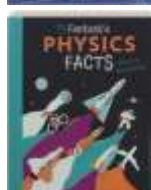
★9124063 THE BOOK OF FLACO: The World's Most Famous Bird. By David Gessner. 32 pages of photos. 236 pages. Blair. Pub. at \$24.95 **PRICE CUT to \$9.95**

★9063196 CUCKOO. By Cynthia Chris. Fully illus. most in color. 163 pages. Reaktion. Paperbound. Pub. at \$22.00 **PRICE CUT to \$5.95**

Science & Nature for Children



910058X 73 COOL SCIENCE TRICKS TO WOW YOUR FRIENDS. By Anna Claybourne. Discover the mind-bending, super-weird science that they don't dare teach in school! Packed with incredible optical illusions, cool experiments, sneaky hacks, hilarious pranks and science-based magic tricks that will blow your friends' socks off! Ages 8 & up. Fully illus. in color. 128 pages. Arcturus. Paperbound. Pub. at \$9.99 **\$5.95**



9325964 75 FANTASTIC PHYSICS FACTS EVERY KID SHOULD KNOW. By A. Rooney & N. Butterworth. From the mysteries of the Universe to the laws of motion, these jaw-dropping facts allow readers to rediscover subjects such as light and sound, machines, and forces in an entirely new light. Ages 8-12. Fully illus. in color. 128 pages. Arcturus. Paperbound. Pub. at \$9.99 **\$5.95**



9295763 FEATHERED DINOSAURS. By Brenda Z. Guiberson, illus. by W. Low. Scientists have found evidence that Anchiornis, Caudipteryx, Confuciusornis, and many more dinosaurs all had feathers. Discover these amazing ancient creatures—and the connection between feathered dinosaurs and modern-day birds! Ages 4-8. Fully illus. in color. Holt. 11 x 11 1/4. Pub. at \$17.99 **\$6.95**



9149120 DICTIONARY OF DINOSAURS. Ed. by Matthew G. Baron, illus. by D. Braun. From Aardonyx to Zuniceratops, read about when they lived, where they roamed, what they ate, how big they grew, and much more. Ages 4-12. Fully illus. in color. 179 pages. Wide Eyed. Paperbound. Pub. at \$15.99 **\$6.95**



★9375112 FATAL FORECAST: An Incredible True Story of Courage in a Savage Storm. By Michael J. Tougas. This true story of catastrophe and survival at sea is a vivid moment-by-moment account of seventy-two hours in the lives of eight men. Most amazing is the story of Ernie Hazard, who spent more than fifty terrifying hours in—and out of—a tiny life raft, careening in the monstrous waves. Ages 9-14. Photos. 262 pages. Little, Brown. Paperbound. Pub. at \$9.99 **\$7.95**

Science & Nature for Children



9334424 THE BOOK OF AMAZING TREES. By Nathalie Tordjman, illus. by I. Simler et al. Find out everything about the fascinating world of trees! Learn what a tree's roots and flowers do, which trees keep their leaves in the winter, what photosynthesis is, how trees communicate with one another, and more. Ages 8-12. Princeton Architectural. 9½x10. Pub. at \$19.95 **\$6.95**

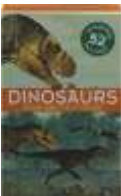
9357866 EVOLUTION: Extreme Facts. By Steffi Cavell-Clarke. With this series, you will be able to impress your friends with extreme facts on all things science. Discover mind-blowing statistics and hair-raising truths that will leave your friends and family amazed. Ages 5-11. Fully illus. in color. BookLife. Paperbound. Pub. at \$7.99 **\$4.95**



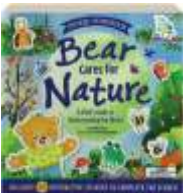
★1091743 RACCOONS: Kids' Backyard Safari. By Tammy Gagne. Come along on a backyard safari to learn fun and interesting facts about raccoons. Learn if raccoons can see better at night or during the day, why they're called "thieves," what their favorite foods are, and how fast they can run. Ages 4-8. Fully illus. in color. 32 pages. Curious Fox. Paperbound. **\$5.95**



★9330909 THE MAGNIFICENT BOOK OF EXTINCT ANIMALS. By Barbara Taylor, illus. by V. Walerczuk. Learn about 36 amazing animals that once shared our planet, such as the atlas bear, javan tiger, xerces blue butterfly, and quagga, in this beautifully illustrated reference that is filled with fascinating facts. Ages 8-12. 80 pages. Weldon Owen. 11x14¼. Pub. at \$19.99 **\$14.95**



920637X DINOSAURS: Book and Fact Cards. By Claudia Martin. Explore a 128-page guidebook that combines cutting-edge scientific knowledge with striking, photorealistic illustrations. Delve deeper into the ancient world with a deck of 52 cards containing a prehistoric profile, putting data about dinosaurs at your fingertips! Ages 8 & up. Arcturus. Paperbound. Pub. at \$16.99 **\$5.95**



9313982 BEAR CARES FOR NATURE: A Child's Guide to Understanding Our World. By Elena Ulyeva, illus. by P. Alekseenko. Follow along with Bear as he learns about caring for animals and the environment. Features fun facts about nature and 30 stickers that can be used to complete the scenes on each page. Ages 3-6. Fully illus. in color. 24 pages. Clever Publishing. Paperbound. Pub. at \$6.99 **\$4.95**

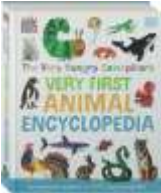
9247033 THE AMAZING WORLD OF ANIMALS: Turn this Book into a Wildlife Work of Art. By Moira Butterfield, illus. by S. Martin. Meet the world's most amazing animals in this illustrated book with press-out die-cut pages, which turn into a wildlife work of art. Ages 8-12. 62 pages. Welbeck. Pub. at \$19.95 **\$6.95**



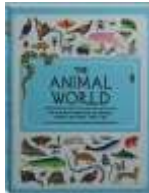
9326081 THE STORY OF SCIENCE: Radical Ideas and Extraordinary Discoveries. By Anne Rooney, illus. by P. Zambudio. From Ancient Egyptian medicine to green energy of the 21st century, this fully-illustrated title covers extraordinary discoveries and the trailblazing scientists who changed the world. Ages 8-12. 128 pages. Arcturus. 9x11¼. Pub. at \$16.99 **\$5.95**



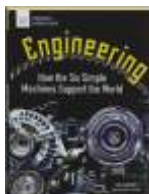
9313990 BECOMING A GOOD CREATURE. By Sy Montgomery, illus. by R. Green. School is not the only place to find a teacher. Learn the many surprising lessons animals have to teach us about friendship, compassion, and how to be a better creature in the world. Some have had fur, feathers, or hooves. But they've all had one thing in common: a lesson to share. Ages 4-8. Fully illus. in color. HMH. 9¼x9¼. Pub. at \$17.99 **\$5.95**



9295941 THE VERY HUNGRY CATERPILLAR'S VERY FIRST ANIMAL ENCYCLOPEDIA: An Introduction to Animals, for Very Hungry Young Minds. By Andrea Mills. Go on an amazing journey of discovery with the Very Hungry Caterpillar and learn fascinating facts about animals. Ages 3-7. Fully illus. in color. 224 pages. Dorling Kindersley. 8x10¼. Pub. at \$24.99 **\$11.95**

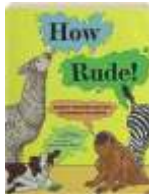


936000X THE ANIMAL WORLD: The Amazing Connections and Diversity Found in the Animal Family Tree. By Fay Evans et al, illus. by K. Oseid. Kids will love learning about how animals are related to each other, and the countless included illustrations bring the text to life in this enchanting look at the animal kingdom. Ages 7-10. 80 pages. Bonnier Books. 9¼x12¼. Pub. at \$23.99 **\$6.95**



★9358064 ENGINEERING: How the Six Simple Machines Support the World. By Carla Mooney. Explore the history of simple machines, from ancient times to the present day, and learn the math behind how they increase efficiency and productivity through mechanical advantage. Hands-on STEM activities encourage the use of the engineering design process: Build a miniature aqueduct, design and assemble a catapult, and more! Ages 12-15. Illus., most in color. 120 pages. Nomad. 8x10¼. Pub. at \$24.95 **\$18.95**

9328505 DINOSAUR DANCE! By Sandra Boynton. Join a lively prehistoric bunch as they get everyone's tails shaking and feet stomping when they perform a Dinosaur Dance! Ages 3 & under. Fully illus. in color. Boynton Books. Pub. at \$6.99 **\$4.95**



★9323325 HOW RUDE! Animals that Burp, Toot, Spit, and Screech to Survive. By Chana Stiefel, illus. by A.L. Oliver. Kids are expected to avoid rude behaviors, but in nature, spits, burps, and toots can happen for surprisingly strategic reasons. When animals exhibit every gross habit—from toxic sneezes to deadly farts—they're not aiming to act rude. They do what they can to survive. Ages 8-12. Well illus. in color. 95 pages. Union Square & Co. Paperbound. Pub. at \$11.99 **\$8.95**



9227350 MYSTERIES OF THE SEA: How Divers Explore the Ocean Depths. By Marianne Morrison. Dive deep into the unexplored mysteries of the oceans, and learn about the development and innovations of deep-sea diving. Ages 5-9. Fully illus. in color. 40 pages. National Geographic. Pub. at \$17.90 **\$4.95**



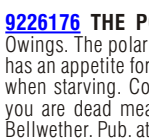
9227431 SERENGETI JOURNEY: On Safari in Africa. By Gare Thompson. Young readers will take a safari through the wilds of Africa, and learn how the animals of the Serengeti survive in their sun-scorched domain. Ages 6-9. Fully illus. in color. 40 pages. National Geographic. Pub. at \$17.90 **\$4.95**



9328335 AN ANTHOLOGY OF AQUATIC LIFE. By Sam Hume, illus. by A. Rizza, et al. Dive into the wondrous world of water and discover the stories of more than 100 incredible aquatic lifeforms, accompanied by full-color illustrations. Sprayed edges. Ages 7 & up. 224 pages. Dorling Kindersley. 8½x11. Pub. at \$24.99 **\$9.95**



9326111 VISUAL TIMELINES SCIENCE: Inventions and Discoveries Year by Year. By Anne Rooney, illus. by V. Tobacco. Young readers can take a thrilling ride through the history of science—a true-life tale full of twists and turns, unforgettable people, and unexpected revelations. Ages 8-12. Fully illus. in color. 128 pages. Arcturus. 9x11¼. Pub. at \$16.99 **\$5.95**

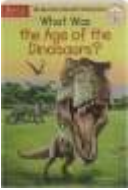


9226176 THE POLAR BEAR: Nature's Deadliest. By Lisa Owings. The polar bear is the largest meat-eater living on land. It has an appetite for seals, walrus, and whales, but it is not picky when starving. Come face-to-face with a hungry polar bear and you are dead meat! Ages 8-12. Fully illus. in color. 24 pages. Bellwether. Pub. at \$27.95 **\$5.95**



9225986 THE CAPE BUFFALO: Nature's Deadliest. By Lisa Owings. Unpredictability is dangerous! That is why the Cape buffalo is an animal to avoid at all costs. Though this buffalo may appear mellow and seem to be minding its own business, it can charge at any moment. Ages 8-12. Fully illus. in color. 24 pages. Bellwether. Pub. at \$27.95 **\$5.95**

Science & Nature for Children



9229299 WHAT WAS THE AGE OF THE DINOSAURS? By Megan Stine, illus. by G. Copeland. The Age of Dinosaurs began about 250 million years ago. In the beginning they were quite small, but over time they evolved into the varied and fascinating creatures that captivate our imaginations today. Ages 8-12. Fully illus. 107 pages. Penguin. Paperbound. **\$4.95**

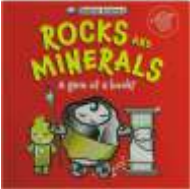


9337474 CREATURE FEATURES: Dinosaurs. Illus. by Natasha Burley. From wonderful wings to terrific teeth, this eclectic collection celebrates the diversity and similarities of the dinosaurs and other prehistoric creatures. Ages 3-7. Fully illus. in color. Candlewick. 9½x12. Pub. at \$18.99 **\$5.95**

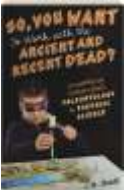
9337423 RIPLEY'S BELIEVE IT OR NOT! Brutal Beasts. By Camille de la Bedoyere. Gives a fantastic *Ripley's Believe It or Not!* twist on the world of deadly animals. Ages 7-10. Fully illus. in color. 48 pages. Ripley Entertainment Inc. 8¾x11¼. Pub. at \$12.95 **\$5.95**



9334610 TYRANNOSAURUS REX: Extinct. By Ben Garrod, illus. by G. Ugueto. Explore the story of life on Earth told through the mass extinctions—the most creative, yet most destructive force in nature. Ages 9-12. Well illus. in color. 114 pages. Zephyr. Paperbound. Pub. at \$15.99 **\$5.95**



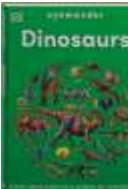
★922707 ROCKS AND MINERALS: Basher Science. By Dan Green. Unlock the mysteries of the ground beneath our feet, learn how the island of Surtsey was created from a volcanic eruption in just a few days, find out which mineral can be found on Mars, and learn how rocks and minerals form essential parts of our daily lives. Grades 6 & up. Well illus. in color. 128 pages. Kingfisher. Paperbound. Pub. at \$12.99 **\$9.95**



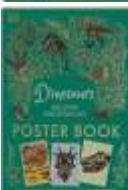
935512X SO, YOU WANT TO WORK WITH THE ANCIENT AND RECENT DEAD? Unearthing Careers from Paleontology to Forensic Science. By J.M. Bedell. Have you ever been excited by forensic science or psyched to dig up fossils? This comprehensive guide reveals a whole host of careers in the underrated world of the no-longer-living. Ages 8-13. 248 pages. Aladdin. Paperbound. Pub. at \$13.99 **\$4.95**



931489X OUR PLANET: Infographics for Discovering Planet Earth. Text by Cristina Banfi, illus. by G. De Amicis. Through intuitive infographic tables, charts, and facts, and super-powered illustrations designed to captivate attention, learn everything from what lies under the Earth's crust to all about our planet's different environments. Ages 10-14. Dragonfruit. 8¼x10¼. Pub. at \$19.99 **\$6.95**



★9279385 EYEWONDER DINOSAURS: Open Your Eyes to a World of Discovery. Ed. by Shannon Beatty. This reference guide will take young readers on a visual tour of the incredible world of dinosaurs. Learn about the vast universe and beyond, from the flying pterosaurs to the mighty T. rex. Ages 5-7. Fully illus. in color. 56 pages. Dorling Kindersley. Pub. at \$16.99 **\$12.95**



★9210148 DINOSAURS AND OTHER PREHISTORIC LIFE POSTER BOOK. Ed. by Becca Arlington. From dinosaurs and plesiosaurs to pterosaurs and fossils, there is a fascinating prehistoric creature for everyone to explore and marvel at. Enjoy thirty clearly labeled posters highlighting key features and facts, offering a perfectly curated look into the awe-inspiring world of dinosaurs. Ages 6-8. Fully illus. in color. Dorling Kindersley. 10¼x14½. Paperbound. Pub. at \$16.99 **\$12.95**

★9358137 WACKY CONTRAPTIONS: Gadgets That Whiz, Whoosh, Whirl, and Twist. By Laura Perdew. Learn about simple machines, mechanical advantage, forces, energy, motion, electricity, and other physical science concepts while creating fun and fascinating prototypes that do different kinds of work. Includes graphic-style illustrations, photographs, fun facts, sidebars, links to online resources, and more! Ages 9-12. 122 pages. Nomad. 8x10¼. Pub. at \$24.95 **\$18.95**



9303499 PET THAT DOG! A Handbook for Making Four-Legged Friends. By G. Kidd & R. Braunigan. A guide for young readers to befriend and care for dogs of all shapes, sizes, and personalities. Features tips for reading dog body language, and how to tell when a puppy wants to play, fascinating facts and stories of amazing dogs from history, and more! Ages 7-11. Illus. in color. 127 pages. Quirk. Paperbound. Pub. at \$14.99 **\$5.95**



9295933 UNDERWORLD: Exploring the Secret World Beneath Your Feet. By Jane Price, illus. by J.G. Hancock. With the intriguing idea of exploring what lies below the surface of the Earth as its broad theme, this fascinating work cleverly dices up the subject into small, more manageable pieces ready to be devoured by young readers. Ages 8-12. Fully illus. in color. 96 pages. Kids Can. 9¼x10½. Pub. at \$18.95 **\$5.95**



9083030 THE BOOK OF TERRIFYINGLY AWESOME TECHNOLOGY: 27 Cutting-Edge Experiments for Young Scientists and Engineers. By Sean Connolly. Here are 27 terrific experiments using basic stuff from around the house that will help kids understand the scary world of driverless cars, artificial intelligence, robots and androids, 3-D printing, test-tube meat, and more. Ages 9 & up. Fully illus. in color. 243 pages. Workman. 6x10¼. Paperbound. Pub. at \$16.99 **PRICE CUT to \$3.95**



9083049 THE BOOK OF TOTALLY IRRESPONSIBLE SCIENCE: 64 Daring Experiments for Young Scientists. By Sean Connolly. Here are 64 amazing experiments that snap, crackle, pop, ooze, crash, boom, and stink. Giant air cannons. Homemade lightning. Marshmallows on steroids. Matchbox microphones. There's even an introduction to alchemy. Ages 9 & up. Fully illus. in color. 217 pages. Workman. 6x10¼. Paperbound. Pub. at \$16.99 **\$5.95**



9275622 LOOK AT ME! How to Attract Attention in the Animal World. By S. Jenkins & R. Page. Focuses on the most unique and exciting animal displays in the natural world, used by creatures to stand out, whether it's to attract a mate, lure in prey, ward off predators, or beyond. Ages 4-7. Fully illus. in color. HMH. 9½x11¼. Pub. at \$17.99 **PRICE CUT to \$3.95**



9275843 TINY MONSTERS: The Strange Creatures That Live On Us, In Us, and Around Us. By S. Jenkins & R. Page. Did you know you share your home with monsters? Explore the menagerie of tiny and unusual creatures—arthropods (insects, mites, and spiders)—found in our lawns and gardens, our food, our beds, our clothes, and even our eyelashes. Ages 6-9. HMH. 10¼x10¼. Pub. at \$17.99 **\$5.95**

9078533 ANIMALS: Sticker Encyclopedia. By Andrea Pinnington. Fully illus. in color. 40 pages. Dorling Kindersley. 8½x11. Paperbound. Pub. at \$12.99 **\$5.95**

9105697 BIG HORSES, LITTLE HORSES: A Visual Guide to the World's Horses and Ponies. By Jim Medway. 32 pages. Firefly. 9x11. Paperbound. **\$4.95**

911789X GOD MADE THE DINOSAURS. By Michael & Caroline Carroll. Fully illus. in color. 64 pages. Zondervan. 10¼x8½. Paperbound. Pub. at \$14.99 **\$4.95**

1935038 DINOSAURS: Sticker Encyclopedia. By Douglass Dixon. Fully illus. in color. 64 pages. Dorling Kindersley. Paperbound. Pub. at \$12.99 **\$6.95**

9053522 ONE NIGHT IN THE EVERGLADES. By Laurel Larsen, illus. by J.M. Turley. Fully illus. in color. 30 pages. Moonlight. 10¼x9½. Pub. at \$15.95 **\$2.95**

9311254 A DINOSAUR FOR WASHINGTON: The True Story of Suciassaurus. By Kelly Milner Halls, illus. by R. Spears. Little Bigfoot. Pub. at \$18.99 **\$5.95**

9295585 WHO'S PLAYING ON THE FARM? By Eva Morales. Fully illus. in color. Flying Frog. Pub. at \$9.99 **\$4.95**

9255745 BIG WORDS FOR LITTLE PALEONTOLOGISTS: The Dino Dictionary Every Little Explorer Needs. By Lisa M. Gerry. Fully illus. in color. 31 pages. National Geographic. 9¼x11. Pub. at \$17.99 **\$5.95**

1038605 DINOSAURS OF THE UPPER JURASSIC. By David & Oliver West. 32 pages. Firefly. 8¼x11. Pub. at \$16.95 **\$3.95**

9346007 BRONTOSAURUS. By J.D. Forester, illus. by S. Rebar. Fully illus. in color. Grosset & Dunlap. Pub. at \$7.99 **\$4.95**

Science & Nature for Children

- ★ **9289801 ENGINEERING: How the Six Simple Machines Support the World.** By Carla Mooney, illus. by L. Cornell. Well illus. in color. 120 pages. Nomad Press. Paperbound. Pub. at \$19.95 **\$14.95**
- 9291148 OBSERVING THE ANIMALS OF THE FOREST WITH RED RIDING HOOD.** By Jana Sedlackova et al & illus. by L. Dao et al. Fully illus. in color. Albatross. 9¼x9¾. Pub. at \$15.95 **\$5.95**
- ★ **9181199 THE WORLD OF DINOSAURS STICKER POSTER.** Storey. Paperbound. Pub. at \$12.99 **PRICE CUT to \$7.95**
- 9226109 KILLER BEES: Nature's Deadliest.** Fully illus. in color. 24 pages. Bellwether. Pub. at \$27.95 **\$5.95**
- ★ **9246363 MAKE YOUR OWN STEGOSAURUS.** Ed. by Kayla Dugger. 30 pages. Dorling Kindersley. Pub. at \$24.99 **\$17.95**
- 9314032 THE BIG BOOK OF SCIENCE & SPACE.** Text by Amanda Ericson et al. Fully illus. in color. Kidsbooks. 8x10¾. Paperbound. Pub. at \$9.99 **\$4.95**
- ★ **922484X THE SCIENCE OF SOUND: Pitch, Volume, Music, and Noise.** By Andi Diehn, illus. by M. Rauch. Illus. in color. 106 pages. Nomad Press. Paperbound. Pub. at \$19.95 **\$14.95**
- 9163875 PLEASE DON'T BITE ME: Insects That Buzz, Bite, and Sting.** By Nazyz Pakpour, illus. by O. Davey. Fully illus. in color. 60 pages. Flying Eye. 9¼x11½. Pub. at \$20.99 **\$6.95**
- 9149430 MY FIRST HORSE AND PONY BOOK.** By Judith Draper. 48 pages. Kingfisher. 8¼x11. Pub. at \$15.99 **\$5.95**
- 8796874 DINOSAURS AND THE PREHISTORIC WORLD: Do You Know?** By Pascale Hedelin. Fully illus. in color. 94 pages. Twirl. Pub. at \$16.99 **\$6.95**
- ★ **9224920 DINOSAURS: First Fun Sticker Painting.** Illus. by Edward Miller. Fully illus. in color. 39 pages. Happy Fox. 9x9. Paperbound. Pub. at \$9.99 **PRICE CUT to \$5.95**
- ★ **9270728 DINOSAURS: My Little Wimmelbook.** By Max Walther. The Experiment. Pub. at \$9.95 **PRICE CUT to \$5.95**
- 9201386 POCKET PIGGIES: Christmas!** Photos by Richard Austin. Workman. Pub. at \$6.95 **PRICE CUT to \$1.95**
- ★ **9121757 FIRST PICTURE ENCYCLOPEDIA OF ANIMALS.** By Belinda Gallagher, illus. by L. Semple. Fully illus. in color. 96 pages. Arcturus. 9¼x11¼. Pub. at \$14.99 **PRICE CUT to \$6.95**
- 9172025 SERVICE DOGS ON THE JOB.** By Marne Ventura. Fully illus. in color. 24 pages. The Child's World. **PRICE CUT to \$3.95**
- 9171789 MILITARY DOGS ON THE JOB.** By Roxanne Troup. Fully illus. in color. 24 pages. The Child's World. **\$3.95**
- ★ **9132945 ADVENTURES IN BACKYARD GARDENING: Inspiring Young Gardeners to Grow Their Own Food.** By Ron Smith, illus. by L. Smith. Fully illus. in color. 156 pages. Schiffer. Pub. at \$19.99 **PRICE CUT to \$14.95**
- ★ **9272542 AN ANTHOLOGY OF FOSSILS: A Collection of Plant and Animal Fossils From Around the World.** By Dean Lomax. Fully illus. in color. 127 pages. Dorling Kindersley. Pub. at \$16.99 **PRICE CUT to \$9.95**
- ★ **9268677 WACKY CONTRAPTIONS: Gadgets That Whiz, Whoosh, Whirl, and Twist With Hands-On Engineering Activities for Kids.** By Laura Perdew, illus. by M. Rauch. Fully illus. in color. 122 pages. Nomad Press. Paperbound. Pub. at \$19.95 **PRICE CUT to \$11.95**
- ★ **9008896 DINOSAURS: Our World in Numbers.** By William Potter et al. Fully illus. in color. 192 pages. Dorling Kindersley. 8¼x11. Pub. at \$21.99 **PRICE CUT to \$9.95**
- ★ **9202048 SPACE ACTIVITIES FOR KIDS: 50 Cosmic Crafts, Games, and Puzzles!** By Kylee Larson. Fully illus. in color. 125 pages. Callisto. Paperbound. Pub. at \$14.99 **PRICE CUT to \$6.95**
- ★ **9210393 MYSTERIES OF THE HUMAN BODY: Weird and Wonderful Anatomy Explained.** By Azmain Chowdhury. Fully illus. in color. 48 pages. 9¼x11¼. Pub. at \$17.99 **PRICE CUT to \$9.95**

Essays on Nature



9336389 WILD DESIGN: Nature's Architects. By Kimberly Ridley. Reveals the wonders of the natural world as never seen before, through the stunning, extraordinary, and functional forms created by animals, plants, and other organisms all around us. Well illus., most in color. 111 pages. Princeton Architectural. Pub. at \$24.95 **\$7.95**



★ **9186042 THEODORE ROOSEVELT'S WILDERNESS WRITINGS.** Roosevelt was not only the most famous hunter in his generation, but among its best-informed and most popular outdoor writers. Collects his classic hunting and nature narratives, as well as his powerful writings on wilderness protection. 206 pages. Bison. Paperbound. Pub. at \$21.95 **PRICE CUT to \$14.95**



★ **9193987 GARY SNYDER: Essential Prose.** Prose writings of the "poet laureate of Deep Ecology," spanning his 70-year career. Collects writings on fire-spotting in the Washington state mountains, his time as an initiate in a Kyoto monastery, Native American religions and culture, a tour of South Asia with Allen Ginsberg, and more. Includes a silk ribbon bookmark. 679 pages. Library of America. Pub. at \$40.00 **PRICE CUT to \$24.95**

★ **9194452 CO-CREATING WITH NATURE: Healing the Wounds of Separation.** By Pam Montgomery. Photos. 336 pages. Bear & Company. Paperbound. Pub. at \$20.00 **PRICE CUT to \$9.95**

More Works on Nature



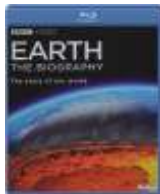
9339876 TOXIC FARTS: Brain-Eating Amoebas, Mosquito Assassins & More. Ed. by K. Norman & J. Sharaf. If you think the biggest threat to humanity is our fellow humans, think again. From flesh-eating fiends and parasitic pests to icicles just loose enough to impale from above, we as a species have innumerable enemies and not enough places to hide. Prepare yourself to fight Mother Nature with this guide. 256 pages. Media Lab Books. Paperbound. Pub. at \$14.99 **\$5.95**



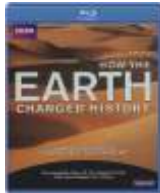
DVD 7989040 WILD DEEP. In this two-part Animal Planet program, a renowned diver and award-winning underwater photographer captures the most unique and beautiful aquatic life ever recorded on film. Also includes the hardcover book *Wild Deep: The Magic of the Big Blue*, packed with carefully selected photographs captured deep in the underwater realm. 170 minutes on two DVDs. Go Entertainment. Pub. at \$34.99 **\$5.95**



Blu-ray 9148035 WILD PACIFIC. Widescreen. Captures the amazing natural sights of the massive Pacific Ocean and its people in stunning detail—from erupting undersea volcanoes to jeweled tropical reefs; from tiger sharks catching albatross chicks to giant crabs opening coconuts; and more. English SDH. Nearly 6 hours on two DVDs. BBC. **\$4.95**



Blu-ray 8997608 EARTH: The Biography. Widescreen. Earth is an incredible, exceptional planet with an amazing life story. This landmark series uses breathtaking footage and specialist imaging to tell the story of the great forces that shape the planet—volcanoes, the ocean, the atmosphere and ice. English SDH. Over 3 hours on two Blu-rays. BBC Video. **\$4.95**



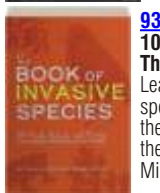
Blu-ray 922680X HOW THE EARTH CHANGED HISTORY. Widescreen. The series tells how the Earth has influenced human history, from the dawn of civilization to the modern age. It reveals for the first time on television how geology, geography, and climate have far more powerful influences on human history than has previously been acknowledged. Collects all five episodes. Five hours on 2 Blu-rays. BBC. **\$4.95**



9211713 WEATHER A-Z: A Dictionary of Weather Terms. By Royal Meteorological Society et al. From fire rainbows to ice storms, this is an A to Z guide to the Earth's spectacular weather phenomena. Provides precise scientific and geographic detail on all aspects of weather. Color photos. 127 pages. Firefly. Paperbound. Pub. at \$19.95 **\$6.95**



DVD 8992657 LIFE. Widescreen. Presents 130 incredible stories from the frontiers of the natural world, 54 of which have never been filmed before. Packed with revelation and entertainment, this 11-part blockbuster narrated by Oprah Winfrey, demonstrates the spectacular tactics animals and plants have developed to survive. Over 8 hours on four DVDs. BBC Earth. **\$5.95**



9368094 THE BOOK OF INVASIVE SPECIES: 100 Plants, Animals, and Microbes That Made Themselves at Home. By Kit & Aaron Carlson. Learn the identifying characteristics of each species, their habitats, how they have proliferated, the threats they pose to their ecosystems, and how they can be managed. Fully illus. 240 pages. Cider Mill. Paperbound. Pub. at \$16.99 **\$4.95**

More Works on Nature



Blu-ray 9233865 IMAX: Under the Sea. Widescreen. An underwater look at the diverse coastal regions of Southern Australia, New Guinea, and the Indo-Pacific areas, and the impact of global warming on the oceans. Narrated by Jim Carrey. English SDH. 41 minutes. Warner Bros. Enter. **\$4.95**



Blu-ray 9233857 THE LAST REEF: Cities Beneath the Sea. Widescreen. Shot on location in Palau, Vancouver Island, French Polynesia, Mexico, and the Bahamas, this program takes viewers on a global journey to explore the ocean's most complex ecosystems. English SDH. 44 minutes. Shout! Factory. Pub. at \$19.99 **\$4.95**

7716656 FORAGING FOR SURVIVAL: Edible Wild Plants of North America. By M. Hawke & D. Boudreau. Learn how to find tasty and eco-friendly food in the wild with the help of this guide. Whether you're a hiker taking a walk through your local wilderness or a chef looking for new ingredients to incorporate in your dishes, this reference is the resource for you. Illus. in color. 195 pages. Skyhorse. Paperbound. Pub. at \$17.99 **\$6.95**



9134530 PREPPER'S MEDICAL MANUAL: The Ultimate Readiness Guide for Medical Emergencies in Disaster Situations. By James C. Jones. Includes basic first aid subjects, such as bandaging, splinting, control of bleeding, and treatment of shock, along with those associated with true disasters and emergencies. Complete with multiple step by step response guides and checklists for stocking personal medical emergency kits. Fully

illus. in color. 213 pages. Skyhorse. Paperbound. Pub. at \$19.99 **\$7.95**



1992694 THE ULTIMATE BOOK OF SURVIVAL GEAR: A Beginner's Guide to Choosing the Products That Will Keep You Alive. By James C. Jones. Here you will find detailed descriptions of the following gear: sleeping bags, shovels and saws, stoves, clothing and footwear, advanced medical care equipment, communications and monitoring devices, biological and chemical survival equipment, and much more. Well illus. in color. 164 pages. Skyhorse. Paperbound. Pub. at \$12.99 **\$5.95**



9130411 THE GREEN BERET BUSHCRAFTING GUIDE: The Eight Pillars of Survival in Any Situation. By Brian M. Morris. Using Morris's eight pillar system, become an expert at finding food, water, shelter, security, establishing communication, maintaining your health, navigating and making fire utilizing the KISS methodology, "keep it simple, stupid", an acronym widely used to remind soldiers that the best solutions are often the simplest. Well

illus. in color. 184 pages. Skyhorse. Paperbound. Pub. at \$19.99 **\$6.95**



9074023 HAWKE'S GREEN BERET SURVIVAL MANUAL. By Mykel Hawke. Provides the most practical and accessible survival skills and information necessary for anyone to survive an unexpected situation in the outdoors. Providing essential and easy to apply information on shelter, water, fire, food, survival psychology, first aid, tools, navigation, signaling, and basic natural phenomena. Illus.

438 pages. Skyhorse. Paperbound. Pub. at \$19.99 **SOLD OUT**

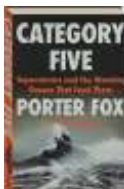


936143X FEN, BOG & SWAMP: A Short History of Peatland Destruction and Its Role in the Climate Crisis. By Annie Proulx. This riveting deep dive into the history of our wetlands and what their systematic destruction means for the planet is both an enchanting work of nature writing and a rousing call to action. 196 pages. Scribner. Paperbound. Pub. at \$17.99 **\$5.95**



★9375120 HOW TO FORAGE FOR MEDICINAL PLANTS WITHOUT DYING: An Absolute Beginner's Guide to Identifying 32 Healing Wild Herbs. By Brandon Ruiz. Medicinal plants are growing all around you! Inside, you'll find clear identifying information and practical guidance on making plant-based medicines. Learn to accurately recognize, safely harvest, and effectively use 32 of the most common healing

plants, from bee balm and Japanese knotweed to stinging nettle. Fully illus. in color. 256 pages. Storey. Paperbound. Pub. at \$16.99 **\$12.95**



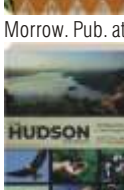
9182063 CATEGORY FIVE: Superstorms and the Warming Oceans That Feed Them. By Porter Fox. Superstorms, hurricanes, typhoons, and spiraling freak weather: the fall out of global warming is a real life natural thriller as captured in Fox's urgent and stunning story of chasing the world's most devastating storms. 270 pages. Little, Brown. Pub. at \$30.00 **\$6.95**



Blu-ray 7988877 FLORIDA'S STATE PARKS. Florida has one of the most diverse landscapes in America, from white sand beaches and spring-red rivers to mossy swamps and pine forests. Explore more than 15 of Florida's state parks, from Falling Waters State Park to John Pennekamp Coral Reef. Includes Blu-ray and DVD versions. 80 minutes. Topics Entertainment. **\$5.95**

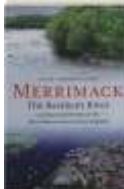


9354867 HOW TO SURVIVE AGAINST THE ODDS: Tales & Tips for Animal Attacks and Natural Disasters. By Sean Evans. Inspired by Wondery's hit podcast *Against the Odds*, learn how to survive whatever nature can throw at you through gut-twisting true stories of survival on the brink. Includes tips on how to endure being adrift at sea; mauled by a bear; buried by an earthquake; and much more. Illus. 290 pages. Morrow. Pub. at \$26.00 **\$6.95**



9103740 THE HUDSON, THIRD EDITION: An Illustrated Guide to the Living River. By Stephen P. Stanne et al. Since 1996, *The Hudson* has been an essential resource for understanding the full sweep of the great river's natural history and human heritage. Includes the latest information about the ongoing fight against pollution and environmental damage to the river, plus vibrant illustrations of the plants and wildlife that make this ecosystem so

special. 267 pages. Rutgers. 8 1/2 x 11. Paperbound. Pub. at \$36.95 **\$6.95**



930293X MERRIMACK, THE RESILIENT RIVER: An Illustrated Profile of the Most Historic River in New England. By Dyke Hendrickson. Highlights the dramatic life of the Merrimack River, from the colorful days of the Native Americans to its current status as one of the most scenic recreational waterways in New England. Well illus., most in color. 127 pages. America Through Time. Paperbound. Pub. at \$23.99 **\$7.95**



7871651 MISSISSIPPI RIVER TRAGEDIES: A Century of Unnatural Disaster. By C.A. Klein & S.B. Zellmer. Engineers have done astounding things to bend the Mississippi River to their will: transforming over a thousand miles of rolling current into a placid staircase of water; imprisoning the mighty flow behind the walls of levees; even forcing one of the tributaries to flow uphill. Illus. 258 pages. NYUP. Pub. at \$40.00 **\$7.95**

9185135 THE PLANTS OF THE APPALACHIAN TRAIL: A Hiker's Guide to 398 Species. By Kristen Wickert. Quickly find, identify, and learn about the amazing range of plants and fungi growing along the Appalachian Trail. Organized by type, color, and trail section. Fully illus. in color. 285 pages. Timber. Paperbound. Pub. at \$29.99 **\$5.95**



★9316841 EPIC EARTH: A Wild Ride Through the History of Life on Our Planet. By Lindsay Nikole. Hold on tight for a bold and fascinating journey through time packed with bizarre creatures, jaw-dropping facts, and all the chaotic drama Earth has to offer. Well illus., most in color. 271 pages. Wellfleet. Paperbound. Pub. at \$19.99 **\$14.95**



9217819 THE SCIENCE OF THE EARTH: The Secrets of Our Planet Revealed. By Philip Eales et al. This breathtakingly beautiful work reveals the unique wonders of our planet, from core to atmosphere. Illustrated with detailed images of fascinating objects, along with awe-inspiring landscape photography, it brings to life the story of Earth's past and the dynamic processes that shaped its present. 416 pages. Dorling Kindersley. 9 1/2 x 11 1/4. Pub. at \$50.00 **\$24.95**

9057781 COMMON BEES OF WESTERN NORTH AMERICA. By O.M. Carril & J.S. Wilson. Portable, full-color photographic guide to the most commonly seen species of the Western U.S. and Canada. Over 200 species are included, with multiple photographs, identification guides, and range maps for each. 415 pages. Princeton. Paperbound. Pub. at \$35.00 **\$5.95**

More Works on Nature



9249745 THE BATHYSPHERE BOOK: Effects of the Luminous Ocean Depths. By Brad Fox. A wide-ranging, philosophical, and sensual account of early deep-sea exploration and its afterlives. It begins with the first-ever voyage to the deep ocean and expands to explore the adventures and entanglements of its all-too-human participants at a time when the world still felt entirely new. Color photos. 336 pages. Astra House. Pub. at \$29.00 **\$6.95**



9181830 WORLD GUIDE TO TROPICAL DRIFT SEEDS AND FRUITS. By J.V. Dennis & C.R. Gunn. This guide is for amateurs and professionals who find pleasure and excitement in beachcombing for stranded sea-beans on beaches ranging from Norway and Holland to South America, Africa, Southeast Asia, the Pacific Islands, South Florida, and the west coast of the United States. Fully illus. 240 pages. Krieger. **\$4.95**



8125244 LAPIDARIUM: The Secret Lives of Stones. By Hettie Judah. Explores the unexpected stories behind 60 stones that have shaped and inspired human history, from Dorset fossil-hunters to Chinese philosophers. Catherine the Great to Michelangelo. Stone by stone, story by fascinating story, this work builds into a dazzling, epoch-spanning adventure through human culture, and beyond. Illus. in color. 336 pages. John Murray. Pub. at \$30.00 **\$9.95**



9372263 CLOUD WARRIORS: Deadly Storms, Climate Chaos—And the Pioneers Cheating a Revolution in Weather Forecasting. By Thomas E. Weber. The unprecedented inside story of the people pushing boundaries of science and technology to build better weather forecasts—providing life-saving warnings and crucial intelligence about nature's deadliest threats. 275 pages. St. Martin's. Pub. at \$27.00 **\$6.95**



9250778 WILD WISDOM: Primal Skills to Survive in Nature. By Donny Dust. Teaches readers to use situational awareness to avoid danger, problem-solve, prioritize, find shelter, and be able to pivot and improvise in any given situation. Focuses on essential gear, sheltering, building fire, staying hydrated, foraging, trapping, and more. Well illus. 321 pages. Simon Element. Pub. at \$28.99 **\$11.95**



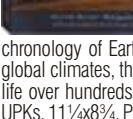
9335986 MUSHROOM HUNTING: Pocket Nature. By Emily & Gregory Han. Here is a guide to finding fungi, whether in your backyard, a local park, or the woods. Learn how to identify 15 common types of mushrooms and forage safely—not necessarily for consumption, but rather, as a practice in curiosity, mindfulness, and peaceful observation. Includes a ribbon bookmark. Illus. in color. 128 pages. Chronicle. Pub. at \$12.95 **\$6.95**



9321128 THE WHISPERS OF ROCK: The Stories That Stone Tells About Our World and Our Lives. By Anjana Khatwa. Through tales of planetary change, ancient wisdom, and contemporary creativity, this work offers the hope of reconnection with Earth. With Khatwa as your guide, you won't simply hear rocks speak—you, too, will feel the magic of deep time seep into your bones. Well illus. 320 pages. Basic. Pub. at \$30.00 **\$21.95**



9287442 KANSAS LANDSCAPES: A Photographic Tour of the Region's Geographical History. By Keith B. Miller, photos by S. Bean. Explore the beauty, diversity, and underlying history of the landscapes in which Kansans live. Each region of Kansas is situated within the long



chronology of Earth's history, encompassing changing sea levels and global climates, the uplift and erosion of mountains, and the evolution of life over hundreds of millions of years. Fully illus. in color. 131 pages. UPKs. 11 1/2 x 8 3/4. Pub. at \$44.99 **\$36.95**



9301372 METAMORPHOSIS: A Natural and Human History. By Oren Harman. A search for the meaning of one of nature's greatest riddles: why do so many creatures transform? Why must they go through massive destruction and remodeling to become who they are? Tracing a path from Aristotle to Darwin to cutting-edge science today, Harman explores that central mystery. Illus., many in color. 381 pages. Basic. Pub. at \$34.00 **\$26.95**



9324860 THE BREATH OF THE GODS: The History and Future of the Wind. By Simon Winchester. Explains how wind plays a part in our everyday lives, from airplane or car travel to the natural disasters that are becoming more frequent and regular. This is an urgently needed portrait across time of the unseen force that respects no national borders and no vessel or structure in its path. Illus. 386 pages. Harper. Pub. at \$35.00 **\$26.95**



9174249 BACKYARD GUIDE TO WILD EDIBLE PLANTS. By M.P. Hernandez & H.W. Buzzard. Forage more than 100 delicious edible plants from your backyard using this beautifully illustrated guide. Turn your backyard into a bounty with tips for identifying wild plants, advice for beginner and experienced harvesters, and more than 600 ideas and recipes to bring the wild into the kitchen. 285 pages. National Geographic. Paperbound. Pub. at \$24.99 **\$17.95**



918127X KING TYRANT: A Natural History of the Tyrannosaurus rex. By Mark P. Witton. Tyrannosaurus rex is the world's favorite dinosaur, adored by the public and the subject of intense study and debate by paleontologists. This stunningly illustrated work brings together everything we have learned about T. rex—the "King of the Tyrant Lizards"—since it was first given its famous name in 1905. 310 pages. Princeton. **\$31.95**

8 1/2 x 10 1/4. Pub. at \$39.95



9242104 CASCADES OF THE BIG SIOUX RIVER: A Natural & Cultural History. By Peter Carrels. Today's visitors of the Big Sioux River marvel that this rugged, dynamic setting survives in the heart of Sioux Falls, South Dakota. The author recounts the human activities that first disfigured and then later rescued this landmark, now known as Falls Park. Illus. 175 pages. History Press. Paperbound. Pub. at \$24.99 **\$17.95**



9312129 STORM: Chasing Nature's Wildest Weather. By Hank Schyma. Brings together the very best of Schyma's work, featuring dramatic photography, unforgettable stories from the road, and clear, engaging explanations of the science behind the storms. 256 pages. Dorling Kindersley. 9 1/2 x 11 1/4. Pub. at \$40.00 **\$31.95**



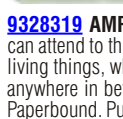
9225129 ROCKHOUNDING NEW YORK, SECOND EDITION: A Guide to the State's Best Rockhounding Sites. By Robert Beard. Complete guide to finding and collecting gems, minerals, and fossils throughout New York. Includes maps and detailed descriptions with directions, GPS coordinates for all sites, suggested tools and techniques, and information on nearby attractions. Well illus. in color. 297 pages. Falcon. Paperbound. Pub. at \$24.95 **\$17.95**



906883X BEAUTIFUL SHELLS. By Mark Carnali. Following an introduction exploring our fascination with shells and their impact on human history, culture and science, each of the 61 color plates is included alongside a description of notable shells and what is known of the mysterious organisms that make them. 183 pages. Bodleian Library. Pub. at \$40.00 **\$31.95**



9337032 EVERGREEN: The Trees That Shaped America. By Trent Preszler. A sweeping natural history of the humble trees that built nations, sparked wars, and became the world's most cherished holiday traditions. 207 pages. Algonquin. Pub. at \$29.00 **\$21.95**



9328319 AMPHIBIOUS SOUL. By Craig Foster. Reveals how we can attend to the earthly beauty around us and deepen our love for all living things, whether we make our homes in the country, the city, or anywhere in between. 16 pages of color photos. 316 pages. Harper. Paperbound. Pub. at \$18.99 **\$5.95**



9191836 BIG PACIFIC. By Rebecca Tansley. The Pacific Ocean covers one-third of Earth's surface and contains half of the world's water. Illustrated in full color, this guide blends a wealth of stunning images with spellbinding storytelling to take you into a realm teeming with exotic life rarely witnessed

up close. 239 pages. 12x9 1/2. Pub. at \$29.95 **PRICE CUT to \$7.95**

More Works on Nature

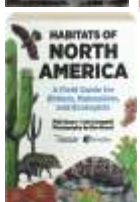


★9276963 MAMMALS OF MICHIGAN FIELD GUIDE, 2ND EDITION. By Stan Tekiela. Make mammal identification simple and informative! This handy guide contains all 66 species of Michigan's mammals, fascinating facts, sighting tips, track patterns, naturalist tidbits, and more. Organized by family and features full-color photos. 312 pages. Adventure Publications. Paperbound. Pub. at \$16.95 **PRICE CUT to \$9.95**

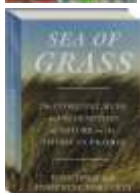
★7709528 THE MINERALS ENCYCLOPEDIA. By Rupert Hochleitner. The essential guide to rare and beautiful minerals. Identify over 700 minerals, gems and rocks using the proven classification: streak color, degree of hardness and origin. Color photos. 446 pages. Firefly. Paperbound. Pub. at \$29.95 **PRICE CUT to \$19.95**



★9093710 CHEROKEE NATIONAL FOREST: A History. By Marci Spencer. Created in 1920, the 650,000-acre Cherokee National Forest lies north and south of the Great Smoky Mountains National Park. It pays tribute to the heritage in its name and protects an ancient Indigenous burial cave and a portion of the Trail of Tears. Fully illus. some in color. 265 pages. History Press. Paperbound. Pub. at \$24.99 **PRICE CUT to \$14.95**



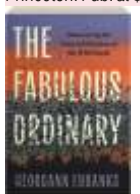
★9124756 HABITATS OF NORTH AMERICA: A Field Guide for Birders, Naturalists, and Ecologists. By P. Chaon & I. Campbell. Provides an unparalleled treatment of North America's wonderfully diverse habitats. Up-to-date descriptions cover each habitat's unique features, from geology and climate to soil and hydrology. Fully illus. in color. 376 pages. Princeton. Paperbound. Pub. at \$35.00 **PRICE CUT to \$19.95**



★9200681 SEA OF GRASS: The Conquest, Ruin, and Redemption of Nature on the American Prairie. By D. Hage & J. Marcotty. Reveals humanity's relationship with this incredible land, offering analysis of the difficult decisions and opportunities facing agricultural and Indigenous communities. Also, a vivid portrait of a miraculous ecosystem that makes clear why the future of this region is of essential concern far beyond the heartland. 377 pages. Random. Pub. at \$32.00 **PRICE CUT to \$14.95**



★9193731 LITTLE BEASTS: Art, Wonder, and the Natural World. Ed. by Alexandra Libby et al. Blending lively and informative essays with beautiful illustrations, this volume traces the connections between artists, naturalists, and collectors in an age of scientific discovery and broadening horizons, inviting readers to look with wonder at nature's variety. Includes gilded edges. 223 pages. Princeton. Pub. at \$50.00 **PRICE CUT to \$29.95**



★9185844 THE FABULOUS ORDINARY: Discovering the Natural Wonders of the Wild South. By Georgeann Eubanks. A tour of the seasonal joys found in Southeastern U.S. ecosystems. Explore purple martins in South Carolina, thirty acres of dimpled trout lilies in Georgia, glowing gnat larvae in Alabama, and much more in this lyrical account. Color photos. 244 pages. UNCP. Paperbound. Pub. at \$35.00 **PRICE CUT to \$9.95**

Blu-ray 9215972 WONDERS OF THE SEA. Widescreen. Screen Media Films. **\$5.95**

DVD 9119027 BBC ATLAS OF THE NATURAL WORLD. BBC Earth. **\$7.95**

Blu-ray 8992770 HOW THE EARTH WAS MADE: The Complete Season Two. Widescreen. Lionsgate. **\$5.95**

9303065 STORM CHASERS: The Stunning Skies of Tornado Alley. By Ron Stenz. Fully illus. in color. 96 pages. America Through Time. Paperbound. Pub. at \$24.99 **SOLD OUT**

9181091 SEAWEEDES OF THE WORLD: A Guide to Every Order. By John H. Bothwell. Fully illus., most in color. 240 pages. Princeton. Pub. at \$29.95 **\$6.95**

★9136525 TURQUOISE: Identifying and Collecting the Southwest's Iconic Gemstone. By Dan R. Lynch with B. Lynch. Fully illus. in color. 140 pages. Paperbound. Pub. at \$15.95 **\$11.95**

9334491 CLOSE TO HOME: The Wonders of Nature Just Outside Your Door. By Thor Hanson. Illus. 287 pages. Basic. Pub. at \$30.00 **\$7.95**

9206647 OUR ANCIENT LAKES: A Natural History. By Jeffrey McKinnon. Well illus. 315 pages. MIT Press. Pub. at \$29.95 **\$8.95**

9107258 THE REMARKABLE REEFS OF CUBA: Hopeful Stories from the Ocean Doctor. By David E. Guggenheim. Color photos. 240 pages. Prometheus. Pub. at \$27.95 **\$4.95**

9154078 STEPPES: The Plants and Ecology of the World's Semi-Arid Regions. By Michael Bone et al. Fully illus. in color. 360 pages. Timber. 8 3/4 x 10 1/4. Pub. at \$49.95 **\$13.95**

9123628 OUTDOOR LIFE HOW TO SURVIVE OFF THE GRID. With Tim MacWelch. Fully illus. in color. 215 pages. Weldon Owen. Paperbound. Pub. at \$29.00 **\$9.95**

9312722 HOW TO DRAG A BODY AND OTHER SAFETY TIPS YOU HOPE TO NEVER NEED. By Judith Matloff. Illus. 289 pages. Harper. Paperbound. Pub. at \$25.99 **\$5.95**

★9235604 KEW: The Psychedelic Garden—Mind-Alerting Plants in Folklore, Superstition and Popular Culture. By Sandra Lawrence. Fully illus. in color. 207 pages. Welbeck. Pub. at \$19.95 **\$14.95**

★914756X NATURE GUIDE TO ACADIA NATIONAL PARK. By Ann & Rob Simpson. 268 pages. Falcon. Paperbound. Pub. at \$24.95 **\$13.95**

★9058737 CABINET OF NATURAL CURIOSITIES: 1734-1765. By Albertus Seba. Fully illus. in color. 511 pages. Taschen. Pub. at \$30.00 **\$14.95**

★9063404 A LITTLE QUEER NATURAL HISTORY. By Josh L. Davis. 128 pages. Univ of Chicago Press. Paperbound. Pub. at \$16.00 **PRICE CUT to \$9.95**

★9197745 ROCK IDOLS: A Guide to Dartmoor in 28 Tors. By S. Pierce & A. Murdin. Fully illus., most in color. 207 pages. Wild Things. Paperbound. Pub. at \$22.99 **PRICE CUT to \$9.95**

★9175717 DR. FUN GUY'S PASSPORT TO KINGDOM FUNGI: A Scientist's Guide to the Wild and Wonderful World of Mushrooms, Molds, and More. By Gordon Walker. Well illus. 311 pages. Ten Speed. Paperbound. Pub. at \$26.99 **\$14.95**

9176152 RELICS: A History of the World Told in 133 Objects. By James B. Grove. Fully illus. in color. 304 pages. Weldon Owen. Pub. at \$30.00 **PRICE CUT to \$7.95**

★9064796 COLOR IN NATURE. By Justin Marshall et al. Fully illus. in color. 288 pages. Princeton. Pub. at \$35.00 **\$17.95**

★8998590 WEEDS OF THE NORTHEAST, SECOND EDITION REVISED. By Joseph C. Neal et al. 592 pages. Comstock. Paperbound. Pub. at \$32.95 **\$26.95**

★9204393 MAMMALS OF COLORADO FIELD GUIDE, 2ND EDITION. By Stan Tekiela. 372 pages. Adventure Publications. Paperbound. Pub. at \$18.95 **PRICE CUT to \$9.95**

★8095698 CLOUDSPOTTING FOR BEGINNERS. By Gavin Pretor-Pinney. Illus. by W. Grill. Fully illus. in color. Ten Speed. 8 1/4 x 10 3/4. Pub. at \$24.99 **\$14.95**

1247069 AN OAK SPRING HERBARIA: Herbs and Herbs from the Fourteenth to the Nineteenth Centuries. By L.T. Tomasi & T. Willis. 394 pages. Oak Spring Garden Library. 9 3/4 x 11 1/2. Pub. at \$80.00 **\$17.95**

★1995154 DEVoured: The Extraordinary Story of Kudzu the Vine That Ate the South. By Ayurella Horn-Muller. Color photos. 255 pages. LaSUP. Pub. at \$34.95 **PRICE CUT to \$12.95**

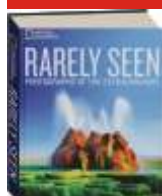
★9060790 INDIANA WILDLIFE ENCYCLOPEDIA: An Illustrated Guide to Birds, Fish, Mammals, Reptiles, and Amphibians. By Scott Shupe. 230 pages. Skyhorse. 8 3/4 x 11 1/4. Pub. at \$29.99 **PRICE CUT to \$9.95**

★9048383 FLINT: A Lithic Love Letter. By Joanne Bourne. Photos. 219 pages. Eye Books. Pub. at \$24.99 **PRICE CUT to \$7.95**

★6081592 ALASKA: Travellers' Wildlife Guides. By D. Paulson & L. Beletsky. Illus. in color. 426 pages. Interlink. Paperbound. Pub. at \$30.00 **\$14.95**

★9185909 A LITERARY FIELD GUIDE TO SOUTHERN APPALACHIA. Ed. by Rose McLarney et al. Well illus. 204 pages. UGaP. Paperbound. Pub. at \$21.95 **PRICE CUT to \$9.95**

Nature Photography



LIMITED QUANTITY 920668X RARELY SEEN: Photographs of the Extraordinary. By Susan Tyler Hitchcock. Volcanic lighting cuts through the night sky. A lone kangaroo skims the surface of a lake at sunset. A jeweled scarab from King Tut's tomb glitters in the darkness. In this dazzling collection of visual wonders, *National Geographic* reveals a hidden world rarely seen by humans. 400 pages. National Geographic. 6 1/4 x 7 1/2. Pub. at \$19.99 **\$9.95**



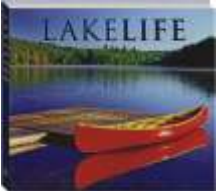
9123318 LITTLE BOOK OF WONDERS: Celebrating the Gifts of the Natural World. By Nadia Drake. Breathtaking photos capture rare sights from around the world, from Mexico's Cave of Crystals to an Indonesian volcano that burns bright blue. Each exquisite observation offers peace, contemplation, and inspiration: an unforgettable journey into the magic of our world. 126 pages. National Geographic. Pub. at \$12.95 **\$4.95**

unforgettable journey into the magic of our world. 126 pages. National Geographic. Pub. at \$12.95 **\$4.95**

Nature Photography



9346589 THE CHAMPIONS OF CAMOUFLAGE. By Jean-Philippe Noel, photos by Biosphoto. A fascinating exploration of the art of deception in the animal kingdom. Featuring spectacular images from Biosphoto, this volume addresses the different aspects of camouflage and, more broadly, mimicry in the animal world. 160 pages. Firefly. 9 1/2 x 12. Pub. at \$35.00 **\$5.95**



9378146 LAKELIFE. Transports readers from the workaday world to a joyously low-key but transformative lakeside destination that enriches lives and soothes souls. Fully illus. in color. 143 pages. Willow Creek. 8 1/2 x 7 1/4. Pub. at \$17.95 **\$5.95**



9270469 CELESTIAL REALM: The Yellow Mountains of China. By Wang Wusheng. A stunning pictorial of Mount Huangshan, also known as the Yellow Mountains. These are mist-shrouded, granite peaks emerging from an ever-changing veil of clouds, sculptural craggy rocks on lofty cliffs, and weathered, oddly-shaped pine trees, depicted in all seasons and at various times of day. 239 pages. Abbeville. 12 x 13. Pub. at \$55.00 **\$11.95**



9168001 INTO THE WOODS: Trees in Photography. By Martin Barnes. Surveying aesthetics, intent and approach, this beautiful volume explores the arboreal motif throughout the medium's history. Fully illus., some in color. 192 pages. Thames & Hudson. 8 x 10. Pub. at \$34.95 **\$9.95**

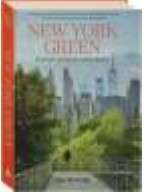


LIMITED QUANTITY 9324623 BY THE SEA: A Photographic Voyage Around the Blue Planet. By Peter Guttman. A dazzling survey of the magical aquatic wonders our planet offers. A definitive testament to the majestic drama and beauty of a diverse maritime world, this visual treasury is perfect for anyone with a love of salt air. SHOPWORN. Fully illus. in color. 256 pages. Skyhorse. 10 1/2 x 9 1/4. Pub. at \$35.00 **\$7.95**

9322167 LITERARY CHICKENS. By Beth Moon. Presents 52 black and white portraits of heritage breed chickens, paired with quotations from classic literature. The literary passages resonate with the startling range of emotions and personalities captured by Moon's intimate portraits. This work is sure to delight animal lovers and literary buffs alike. 136 pages. Abbeville. 9 1/2 x 11 1/2. Pub. at \$35.00 **\$9.95**



9338977 THE APPALACHIAN TRAIL: Four Seasons Along the Trail. By Raymond Salani III. A photographic collection showcasing the landscapes, seasons, and iconic scenes of the Appalachian Trail, accompanied by captions and an introduction conveying the author's personal experiences and insights. Schiffer. 9 1/2 x 8 1/2. Pub. at \$24.99 **\$19.95**



9137416 NEW YORK GREEN: Discovering the City's Most Treasured Parks and Gardens. By Ngoc Minh Ngo. From tiny corner lots to acres of old-growth forests, New York is filled with a wealth of beautiful green spaces—if you know where to look. This beautifully photographed guidebook celebrates New York City's most exceptional, and often overlooked, parks and gardens. Includes Wave Hill, the Met Cloisters, Pier 26 and much more! 247 pages. Artisan. Pub. at \$30.00 **\$7.95**



9167455 TALES FROM GOMBE. By A. Shah & F. Rogers. Drawn from years spent in the company of the world-famous chimpanzees of Tanzania's Gombe National Park, this volume gives us an unparalleled look into their world. Through endearing stories and stunningly intimate photography, we experience their lives: an epic saga of intrigue, love, suffering, ambition, surprises, and controversy. 324 pages. Firefly. 13 1/2 x 11 1/4. Pub. at \$69.95 **\$11.95**



9314946 THE CANADIAN LANDSCAPE. By J.A. Kraulis. Explore a collection of more than 125 sweeping images by internationally acclaimed photographer J.A. Kraulis. Each stunning picture tells the tale of a vast country and of a photographer's relationship with it. The text consists of a concise introduction and short, descriptive captions that accompany each photograph. 175 pages. Firefly. 10 1/2 x 10 1/2. Paperbound. Pub. at \$29.95 **\$24.95**



9289100 NATURE ANATOMY POSTERS: 28 Pull-Out Prints That Celebrate the Wonders of the Natural World. Each page in this collection of 10" x 12" pull-out posters invites nature enthusiasts to learn the unique features and names of the different types of trees, mosses, mushrooms, wildflowers, butterflies, snakes, backyard birds, freshwater fish, seashells, and much more. Fully illus. in color. Storey. 10 1/4 x 12 1/4. Paperbound. Pub. at \$19.99 **\$14.95**



9181164 NATURE AT NIGHT: Discover the Hidden World That Comes Alive After Dark. By Charles Hood. A new world awakens in the dark, filled with spectacular bioluminescence, moon-kissed flora, and diverse wildlife—all captured here in this spectacular photography work. Hood captures over 240 images revealing the lives of animals and plants, some photographed in the wild for the first time. 319 pages. Timber. Pub. at \$30.00 **\$17.95**



9364897 FEARLESS FEMALES: Mothers, Hunters and Teachers. By Mario Ludwig. Reveals the fierce, formidable, and fascinating antics of lionesses, elephants, and many other creatures, providing a refreshing reappraisal of "feminine" behavior and a long overdue emancipation of nature and wildlife photography. Text in English and German. 207 pages. teNeues. 9 1/2 x 12. Pub. at \$55.00 **\$24.95**



9247467 FUNGA OBSCURA: Photo Journeys Among Fungi. By Alison Pouliot. Recyclers, creators of soil, enablers of life, and food for many, fungi are as dynamic as they are diverse. As a scientist and photographer, Pouliot has led hundreds of forays through the forests of the Americas, Australia, and Europe. Join her on these explorations through stunning photographs and meditations on the landscape. Fully illus. in color. 183 pages. Univ of Chicago Press. 7 x 8 3/4. Pub. at \$28.00 **\$22.95**



9269312 EARTH FROM ABOVE, 25TH ANNIVERSARY EDITION. By Yann Arthus-Bertrand. Timed to the 25th anniversary of the groundbreaking international bestselling book *Earth from Above*, this updated version features new images and refreshed text that creates an unforgettable, inspiring portrait of our planet today. 431 pages. Abrams. 8 3/4 x 11 1/2. Pub. at \$65.00 **\$51.95**



9096337 LIVING WITH VOLCANOES. By Cris Toala Olivares. Toala Olivares visited 13 volcanoes, from Iceland to Indonesia, and stood literally on top of his giant subjects. He talked to residents who lived on or under a volcano, and who would never leave their beloved yet threatened homes. This collection documents the impact volcanoes have on people and their surroundings. Fully illus. in color. 319 pages. Terra. 10 x 13 3/4. Pub. at \$80.00 **PRICE CUT to \$6.95**

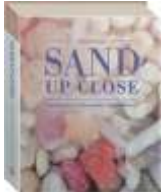


9200282 HUMAN NATURE: Planet Earth in Our Time. By Paul Nicklen et al. The United Nations has declared that nature is in more trouble now than at any other time in human history. Extinction looms over one million species of plants and animals. Here, twelve of the world's most influential nature and conservation photographers address the biggest questions of our time. Color photos. 300 pages. Chronicle. 8 3/4 x 11 1/4. Pub. at \$45.00 **PRICE CUT to \$11.95**



9272526 TINY NATURE: Discovering Nature's Hidden World Through the Lens of Macrophotography. By Jamie Rosengrants. Every leaf, pebble, and tiny inhabitant has a story of resilience, beauty, and the timeless dance of life. Be inspired as you enter the heart of the forest floor and see the sheer wonder of nature's design. Fully illus. in color. 255 pages. Wellfleet. 9 1/2 x 11 1/2. Pub. at \$35.00 **PRICE CUT to \$24.95**

Nature Photography



★9232540 SAND UP CLOSE: Aesthetics, Philosophy, and Science. By Oliver Lenzen. Explores microscopical pictures of sand grains worldwide, blending scientific rigor, personal anecdotes, and cultural insights. Richly illustrated, the book offers unique perspectives on sand's beauty and diverse landscapes. Includes over 700 color microphotographs showcasing the beauty of sand grains. 372 pages. Schiffer. 9 1/4 x 11 1/4. Pub. at \$39.99

PRICE CUT to \$31.95

931136X INVISIBLE WONDERS: Photographs of the Hidden World. By Anand Varma. 366 pages. National Geographic. 9 1/2 x 11 1/4. Pub. at \$45.00

\$14.95

DVD 9060154 SAVAGE PLANET: Deadly Skies/Extremes/Volcanic Killers/Storms of the Century. Fullscreen. MPI. Pub. at \$39.98

\$5.95

7805276 PORTRAIT OF SAN FRANCISCO. Text by P. Fish, photos by C. Haney. 120 pages. Farcountry. 10 1/4 x 10 1/4. Pub. at \$26.95

\$3.95

903627X THE CALIFORNIA COWBOY: In the Land of the Vaquero. By Text by H.M. Schacht et al, photos by David Stoecklein. Color photos. 252 pages. Stoecklein. 12 x 11. Pub. at \$60.00

\$5.95

910738X UNDER CAPE COD WATERS. By Ethan Daniels. Fully illus. in color. 151 pages. Union Park. 12 1/4 x 10 1/4. Pub. at \$35.00

\$3.95

7705824 WILD SPACES AND UNIQUE PLACES: Celebrating the Natural Wonders of Utah. By Ryan Jeffery. 192 pages. Gibbs Smith. 11 1/4 x 8 1/4. Pub. at \$35.00

\$5.95

9109609 POLAR BEARS: A Life Under Threat. By Michel Rawicki. Fully illus. in color. 239 pages. ACC Art Books. 12 x 9 1/4. Pub. at \$25.00

\$5.95

9036237 THE AMERICAN QUARTER HORSE. By David R. Stoecklein with B. Prunty. 304 pages. Stoecklein. 12 x 12. Pub. at \$60.00

PRICE CUT to \$3.95

7982569 THE ART OF THE COSMOS: Visions from the Frontier of Deep Space Exploration. By Jim Bell. 214 pages. Union Square & Co. 9 1/2 x 11 1/4. Pub. at \$35.00

\$11.95

9145311 DEVELOPING ANIMALS: Wildlife and Early American Photography. By Matthew Brower. Illus. 244 pages. UMN P. 6 x 9. Paperbound. Pub. at \$25.00

\$2.95

6081827 THE HUNT: The Outcome Is Never Certain. By A. Fothergill & H. Cordey. Fully illus. in color. 312 pages. Yale. 10 1/4 x 11 1/4. Pub. at \$48.00

PRICE CUT to \$14.95

★9034684 BIRD PHOTOGRAPHER OF THE YEAR, COLLECTION 9. Ed. by W. Nicholls & P. Sterry. 256 pages. Princeton. 11 1/2 x 9 1/4. Pub. at \$35.00

\$19.95

★6995381 THE COLORADO RIVER: Chasing Water. By Pete McBride. 224 pages. Rizzoli. 13 1/4 x 10 1/4. Pub. at \$60.00

\$22.95

★9114416 MISSION PENGUIN: A Photographic Quest from the Galapagos to Antarctica. By Ursula Clare Franklin. 240 pages. Bloomsbury. 10 x 11 1/4. Pub. at \$35.00

PRICE CUT to \$19.95

★9145680 THE MAINE COAST. By Michael Kahn. 125 pages. Schiffer. 8 1/4 x 8 1/4. Pub. at \$29.99

PRICE CUT to \$14.95

★4993829 WE ANIMALS. By Jo-Anne McArthur. Fully illus. most in color. 214 pages. Lantern Publishing. 10 x 8 1/2. Paperbound. Pub. at \$39.95

PRICE CUT to \$6.95

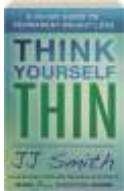
★9272615 THE RADIANT SEA: Color and Light in the Underwater World. By S. Haddock & S. Johnsen. 224 pages. Abrams. 10 1/4 x 12 1/4. Pub. at \$55.00

PRICE CUT to \$39.95

★6082297 THE PIPESTONE WOLVES: The Rise and Fall of a Wolf Family. text by G. Bloch, photos by J.E. Marriott. 223 pages. Rocky Mountain. 11 x 8 1/2. Paperbound. Pub. at \$35.00

PRICE CUT to \$14.95

Nutrition & Weight Management



9374264 THINK YOURSELF THIN: A 30-Day Guide to Permanent Weight Loss. By JJ Smith. Divided into four parts, Smith uncovers the five psychological stages required to lose weight and keep it off, plus she introduces the all-new SUCCESS System, detailing the mental habits and approaches necessary for permanent weight loss. Filled with inspiring, motivational success stories. 256 pages. S&S. Paperbound. Pub. at \$16.99

\$5.95

9353224 NET CARB COUNTER. By Sheila Buff. Whether you're on Atkins, South Beach, Weight Watchers, Sugar Busters!, the Zone, or any of today's most popular weight-loss programs, this helps take the guesswork out of shopping and meal planning by placing the essential net carb content information you need. Originally published in 2005. 293 pages. Avon. Paperbound. Pub. at \$8.99

\$4.95



LIMITED QUANTITY 935901X THE FAST: The History, Science, Philosophy, and Promise of Doing Without. By John Oakes. With fasting at an all-time high in popularity, here is an enlightening exploration into the history, science, and philosophy behind the practice—essential to many religions and wellness routines. 299 pages. Avid Reader. Pub. at \$30.00

\$6.95



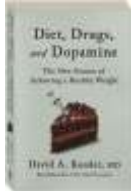
9000399 DR. ATKINS' NEW DIET REVOLUTION. By Robert C. Atkins. With this guide, you get everything you need: essential medical and nutritional information, a helpful carbohydrate gram counter, low-carb meal plans, and dozens of mouth-watering recipes for everything from appetizers to entrees to desserts. Start your new life today; become a healthier, fitter, happier you. 540 pages. Harper. Paperbound. Pub. at \$8.99

\$4.95



★9368663 THE CORTISOL RESET PLAN. By Marina Wright. A powerful guide to restoring body-mind health with holistic tools to heal our bodies through nervous system work, blood sugar regulation, and nutrient-dense foods. 358 pages. Harper. Paperbound. Pub. at \$22.00

\$16.95



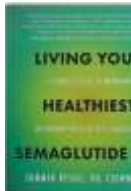
9360123 DIET, DRUGS, AND DOPAMINE: The New Science of Achieving a Healthy Weight. By David A. Kessler. An illuminating understanding of body weight, including the promise—and peril—of the latest weight loss drugs. 391 pages. Flatiron. Pub. at \$32.99

\$5.95



9237186 YOU CAN'T SCREW THIS UP. By Adam Bornstein. What if the healthiest diet included the foods that were enjoyable and respectful of our stressful, overbooked lives? You couldn't screw it up! Here's a can't-miss plan that will build unbreakable habits by incorporating mindset changes, easy restaurant options, and more. 320 pages. Morrow. Paperbound. Pub. at \$19.99

\$5.95



★9220372 LIVING YOUR HEALTHIEST SEMAGLUTIDE LIFE: A Complete Guide to Nutrition and Mindset While on GLP-1 Medications. By Summer Kessel. Ultimate nutrition and mindset guide for navigating the challenges of weight management with semaglutide and tirzepatide. From starting medication to the weight loss phase, through maintenance

and beyond, this life-changing guide covers it all. 224 pages. Fair Winds. Paperbound. Pub. at \$26.99

\$19.95



9300104 THE MET FLEX DIET: Burn Better Fuel, Burn More Fat. By Ian K. Smith. Burn fat better by harnessing the revolutionary power of metabolic flexibility. Complete with meal and exercise plans, as well as recipes, the Met Flex Diet provides readers with every tool they need to achieve their weight loss goals. 261 pages. Harper. Pub. at \$29.99

\$5.95

9291156 THE OLDEST CURE IN THE WORLD: Adventures in the Art and Science of Fasting. By Steve Hendricks. 438 pages. Abrams. Pub. at \$30.00

SOLD OUT

9240047 THE OZEMPIC REVOLUTION. By Alexandra Sowa. 235 pages. Harvest. Pub. at \$28.99

\$5.95

8991286 NUTRITION IN CRISIS: Flawed Studies, Misleading Advice, and the Real Science of Human Metabolism. By Richard David Feinman. Illus. 291 pages. Chelsea Green. Paperbound. Pub. at \$24.95

\$3.95

9218009 ZERO SUGAR ONE MONTH: Reduce Cravings, Reset Metabolism, Lose Weight, Control Blood Sugar. By Becky Gillaspay. 176 pages. Dorling Kindersley. Paperbound. Pub. at \$19.99

\$8.95

9045848 WEIGHT LOSS FOR LIFE: The Proven Plan for Success. By L.J. Cheskin & K.A. Gudzone. 380 pages. Johns Hopkins. 7 1/4 x 10 1/4. Pub. at \$29.95

\$5.95

8797498 HOW TO LOSE WEIGHT FOR THE LAST TIME: Brain-Based Solutions for Permanent Weight Loss. By Katrina Ubell. 293 pages. Balance. Pub. at \$29.00

\$3.95

9231188 URBAN REMEDY: The 4-Day Home Cleanse Retreat. By Neka Pasquale. Fully illus. in color. 175 pages. S&S. Paperbound. Pub. at \$24.95

PRICE CUT to \$3.95

Healthy Cooking & Special Diets



9094237 DR. KELLYANN'S BONE BROTH BREAKTHROUGH: Turn Back the Clock, Reset Your Scale, Replenish Your Power. By Kellyann Petrucci. The definitive guide to the healing benefits of bone broth on weight loss, wrinkles, digestion, fatigue, libido, and stress. Offers 35 easy to make broth-based recipes that are customized to mitigate these issues as well as advice for building a "happy plate" at every meal and more. 290 pages. Rodale. Pub. at \$27.00 **\$5.95**



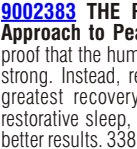
7957483 THE BONE-STRENGTH PLAN: How to Improve Bone Health for a Long, Active Life. By Jo Travers. You'll find out how your bones grow and why they lose density, and ways you can increase the strength of your skeleton through science and using exercise and nutrition. Includes healthy recipes. Illus. in color. 128 pages. Welbeck. Paperbound. Pub. at \$14.95 **\$5.95**



9233342 THE SWITCH: Ignite Your Metabolism with Intermittent Fasting, Protein Cycling, and Keto. By James W. Clement. Backed by a wealth of scientific data and featuring a gallery of guidelines to follow for lasting results, Clement decodes the science of autophagy (achieved during intermittent fasting) and teaches readers how to control it and maximize its profound impact on our health. 305 pages. Gallery. Pub. at \$26.99 **\$5.95**



9343113 THE FASTING FIX: Eat Smarter, Fast Better, Live Longer. By Andreas Michalsen. The author draws from his decades of medical practice and original, cutting-edge scientific research, along with his deep knowledge about the human body and evolutionary history, to distill the simple truth about what and how we should eat in order to live healthier, longer lives. 421 pages. Penguin. Paperbound. Pub. at \$18.00 **\$5.95**

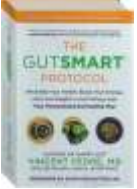


9002383 THE PLANT-BASED ATHLETE: A Game-Changing Approach to Peak Performance. By Matt Frazier et al. Reveals proof that the human body does not need meat, eggs, or dairy to be strong. Instead, research shows that a plant-based diet offers the greatest recovery times, cell oxidation, injury prevention, and restorative sleep, and allows athletes to train more effectively, with better results. 338 pages. Harper. Paperbound. Pub. at \$21.99 **\$5.95**



7899041 TWO MEALS A DAY: The Simple, Sustainable Strategy to Lose Fat, Reverse Aging, & Break Free from Diet Frustration Forever. By Mark Sisson with B. Kearns. You'll implement an eating style that's incredibly nourishing and easy to adhere to for a lifetime, dial-in a winning fitness routine, prioritize sleep and recovery, and learn powerful strategies for overcoming self-limiting beliefs and behavior patterns. 282 pages. Grand Central. Pub. at ~~\$20.00~~ **SOLD OUT**

9161856 GANDHI'S SEARCH FOR THE PERFECT DIET: Eating with the World in Mind. By Nico Slate. Choosing what to eat was intimately tied to Gandhi's beliefs, his core values of nonviolence, religious tolerance, and rural sustainability. Vegetarianism, limiting salt and sweets, avoiding processed food and fasting, anticipated 21st century food debates and the need to build healthier and more equitable global food systems. Photos. 237 pages. UWaP. Pub. at \$29.95 **\$4.95**



923506X THE GUTSMART PROTOCOL. By Vincent Pedre with Lee Holmes. Take back control of your health, starting with the foundation for ultimate well-being: your gut and its microbiome. Use the GutSMART Quiz to evaluate your gut-related wellness and get a personalized 14-day meal plan and food lists based on your GutSMART score. 16 pages of color photos. 319 pages. BenBella. Pub. at \$29.95 **\$6.95**



9105123 THE FULL-BODY FAT FIX. By Stephen Perrine. Discover a groundbreaking new way of eating that can reverse inflammation, heal your gut, and improve your overall health, fitness, and athletic performance—in just one week—while setting you on the path to easy, sustainable weight loss for life! 257 pages. St. Martin's. Pub. at \$30.00 **PRICE CUT to \$4.95**

★9091742 THE BLOOD SUGAR BALANCING HANDBOOK. By Autumn Enloe. A resource with strategies to optimize blood sugar levels all day long and prevent health complications in the future. You'll find practical solutions like dietary tips to regulate blood sugars, simple tools to balance your meals, helpful ways to improve energy and cravings, and more. 164 pages. Ulysses. Paperbound. Pub. at \$16.95 **PRICE CUT to \$9.95**

5879787 THE SUGAR DETOX DIET FOR 50+: A Complete Guide to Quitting Sugar, Boosting Energy, and Feeling Great. By Dana Elia. 255 pages. Ulysses. Paperbound. Pub. at \$16.95 **\$3.95**

9076166 EATING FOR ACID REFLUX: A Handbook and Cookbook for Those with Heartburn. By J. Sklar & A. Cohen. 273 pages. Da Capo. Paperbound. Pub. at \$16.95 **\$5.95**

9288708 THE POWER PLATE DIET: Discover the Ultimate Anti-Inflammatory Meals to Fat-Proof Your Body and Restore Your Health. By Erin Oprea. Illus. 312 pages. Rodale. Pub. at \$25.99 **\$5.95**

8889880 UNLOCKING THE KETO CODE: The Revolutionary New Science of Keto That Offers More Benefits Without Deprivation. By Steven R. Gundry. 262 pages. Harper Wave. Pub. at \$28.99 **\$6.95**

★9103678 HOW TO EAT: An Ancient Guide for Healthy Living. Selected by Claire Bubb. Illus. 242 pages. Princeton. Pub. at \$17.95 **\$6.95**

Exercise & Fitness



7845707 YOGA FOR INFLEXIBLE PEOPLE. By Max & Liz Lowenstein. Are you struggling with a limited range of motion? This guide demonstrates that with time and patience, anyone can increase their flexibility through yoga. Each pose is broken down into beginner, intermediate, and advanced stages and makes use of blocks and straps, as well as your unique anatomy to achieve amazing results. Fully illus. in color. 160 pages. Thunder Bay. Paperbound. Pub. at \$19.99 **\$6.95**



9329498 ULTIMATE GUIDE TO STRENGTH TRAINING. By Hollis Lieberman. Offers dozens of beginner, intermediate, and advanced exercises, suitable for all levels of physical fitness. Whether you're a seasoned athlete or simply looking to maintain a healthier lifestyle, this is the perfect resource for your next workout, complete with step-by-step instructions and detailed anatomical illustrations. 400 pages. Thunder Bay. 9½x11¼. Paperbound. Pub. at \$24.99 **\$8.95**



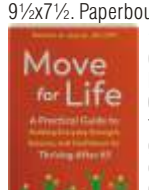
9255923 THE WOMEN'S HEALTH FITNESS FIX. By Jen Ator. You'll find all the tools you need for successful and lasting weight loss—no rigid, inflexible diet rules or demanding, time-consuming workout programs. These easy-to-follow strategies are practiced by the U.S.'s leading fitness experts, tested by the world's top researchers, and proven by everyday busy people across the U.S. Illus. 326 pages. Rodale. Paperbound. Pub. at \$18.99 **\$5.95**



★7976984 T'AI CHI CLASSICS: Illuminating the Ancient Teachings on the Art of Moving Meditation. By Waysun Liao. Exploring all the core aspects of T'ai Chi thought and practice, this guide explains how T'ai Chi exercises increase your inner vitality (ch'i), enliven energetic power (jing), and empower you to bring your energy to bear to overcome inner and outer obstacles in every sphere of life. Well illus. 210 pages. Shambhala. Paperbound. Pub. at \$21.95 **\$16.95**



9378235 QUANTUM YOGA: The Holistic Approach to Creating Your Ideal Practice. By Lara Baumann. Helps practitioners learn how to tap into the ancient approach to achieving union with the divine through the harmony of body and mind. Well illus. in color. 255 pages. Mandala. 9½x7½. Paperbound. Pub. at \$29.99 **\$7.95**



★9290095 MOVE FOR LIFE: A Practical Guide to Building Everyday Strength, Balance, and Confidence for Thriving After 65. By Damien A. Joyner. Certified personal trainer Joyner not only explodes the myth that growing older means growing weaker—he offers expert guidance and safe, simple, effective exercises to empower you to regain and maintain your strength and autonomy. Illus. in color. 190 pages. North Atlantic. Paperbound. Pub. at \$26.95 **\$19.95**



★9370714 WALKING YOUR WAY TO VITALITY: Integrating Walking, Breathwork, and Mindfulness into Your Daily Exercise. By J. MoraMarco & Y. Kim. Taps into the growing trends of mindful movement, breathwork, and holistic wellness. Whether you're a casual walker or a dedicated health enthusiast, learn how to invigorate your daily routine, improve your physical health, and calm your mind. 270 pages. Skyhorse. Paperbound. Pub. at \$18.00 **\$13.95**

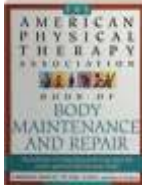
Exercise & Fitness



9378405 THE YOGI ASSIGNMENT: A 30-Day Program for Bringing Yoga Practice and Wisdom to Your Everyday Life. By Kino MacGregor. A 30-day introduction to life-affirming and simple yet revolutionary principles. Led by MacGregor, this journey will challenge and uplift your body, mind, and spirit. Fully illus. in color. 228 pages. Shambhala. Paperbound. Pub. at \$24.95 **\$6.95**



782663X RESISTANCE BAND WORKOUTS FOR SENIORS: Strength Training at Home or on the Go. By Karina Inkster. This is an invaluable resource for older adults looking to improve their strength and body composition without having to purchase a gym membership. You'll learn how to choose resistance bands, how to use them at home with a door anchor, and how to use them safely. Color photos. 173 pages. Skyhorse. Paperbound. Pub. at \$17.99 **\$7.95**



★7892012 BOOK OF BODY MAINTENANCE AND REPAIR: The American Physical Therapy Association. By M. Moffat & S. Vickery. This work offers illustrated descriptions of the structure and mechanics of each major body part, explaining what can go wrong and how to properly care for that area. A middle section provides general information on posture, body mechanics, weight control, aerobic conditioning, and maintenance programs. Adults only. 288 pages. Holt. 8½x10¼. Paperbound. Pub. at \$41.99 **\$31.95**



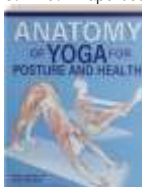
★9154485 YOGA FOR OSTEOPOROSIS, REVISED: The Complete Guide. By Loren Fishman with C. Ardman. Study after study has shown that low-impact, bone-strengthening exercises are the best treatment for osteoporosis, with yoga being ideal. A thoroughly illustrated guide for beginners and experts alike. 383 pages. Norton. Paperbound. Pub. at \$29.99 **\$17.95**



★9371249 PUSH: Unlock the Science of Fitness Motivation to Embrace Health and Longevity. By Jordan D. Metzler with M. Zimmerman. Low fitness is as big a health risk as diabetes and smoking. This work illustrates the impact of fitness motivation on your long-term health and delivers a mental and physical plan to help you push back against unhealthy motivation, create a sustainable exercise blueprint, and rekindle your love of movement. Photos. 227 pages. Rodale. Paperbound. Pub. at \$21.00 **\$15.95**



9353453 THE WELLNESS GUIDE: Embrace 100 Expressions of Positive Self-Care, from Meditation to Yoga, Superfoods to Journaling. Ed. by R. Newcombe & C. Martin. Teaches how to enhance your physical, mental, emotional, and social well-being, to help support your wider wellness journey. Educates on how to nurture your body through gentle exercise, food, and rest, and how to understand meditative techniques to help boost your mental health. Fully illus. in color. 303 pages. Thunder Bay. 8½x10¼. Paperbound. Pub. at \$24.99 **\$7.95**



★9372482 ANATOMY OF YOGA FOR POSTURE AND HEALTH. By N. Jenkins & L. Brandon. Focuses on the benefits of yoga for improving posture and general health, and introduces the reader to a range of techniques chosen with these goals in mind. Fully illus. 144 pages. IMM Lifestyle Books. 8½x10½. Paperbound. Pub. at \$24.99 **\$18.95**

★9375457 THE PILATES BODY, REVISED. By Brooke Siler. The definitive guide to mat-based Pilates—now with a new chapter of matwork-enhancing strategies and sixteen variations on classic exercises. Fully illus. 231 pages. Harmony. Paperbound. Pub. at \$19.99 **\$14.95**



9169482 FIT FOR LIFE: Boost Your Health and Wellbeing with Practical Fitness Plans. By Anna Blewett et al. You'll learn the importance of raising your heart rate with exercises that get you moving, like running, cycling, and swimming. You'll also find out why it is crucial to balance this with strength training, which is beneficial for muscles and bones. Includes diet tips and yoga poses! 128 pages. Sirius. Paperbound. Pub. at \$12.99 **PRICE CUT to \$3.95**



9312595 THE COMPLETE BOOK OF PILATES FOR MEN: The Lifetime Plan for Strength, Power, and Peak Performance. By Daniel Lyon Jr. Aims to break the preconception that Pilates is only for women. Offers a comprehensive, take-anywhere exercise program designed to improve men's strength, flexibility, balance, and posture. Well illus. 338 pages. Harper. Paperbound. Pub. at \$21.99 **PRICE CUT to \$4.95**

9240233 FOAM ROLLING: 50 Exercises for Massage, Injury Prevention, and Core Strength. By Karina Inkster. Color photos. 170 pages. Skyhorse. Paperbound. Pub. at \$14.99 **\$4.95**

9011846 SPORTS ILLUSTRATED STRENGTH TRAINING: Your Ultimate Weight Conditioning Program. By John Garhammer. Fully illus. 204 pages. Sports Illustrated. Paperbound. Pub. at \$16.95 **\$4.95**

9314849 FUNCTIONAL TRAINING AND BEYOND: Building the Ultimate Superfunctional Body and Mind. By Adam Sinicki. Illus. 384 pages. Mango. Paperbound. Pub. at \$18.95 **\$5.95**

★DVD 9021191 SIT AND BE FIT: Ready, Set & Move! Workouts for Seniors. Total Content. Pub. at \$14.95 **\$7.95**

★9272933 STRONGER: 10 Exercises for a Longer, Healthier Life. By David Vaux. 217 pages. Short Books. Paperbound. Pub. at \$12.99 **\$9.95**

★7796137 SIMPLE EXERCISES TO STIMULATE THE VAGUS NERVE. By Lars Lienhard et al. Well illus., in color. 320 pages. Healing Arts. Paperbound. Pub. at \$19.99 **\$14.95**

9346821 YOGA FOR WEIGHT LOSS: The Complete Guide. By Loren Fishman with C. Ardman. Well illus. 159 pages. Norton. Paperbound. Pub. at \$20.00 **\$5.95**

★9193464 WALK YOURSELF WELL: Step Into a Healthier, Happier You. By Nina Barough. Illus., some in color. 190 pages. Dorling Kindersley. Paperbound. Pub. at \$21.99 **\$16.95**

★9136339 I KNOW I SHOULD EXERCISE BUT... 44 Reasons We Don't Move & How to Get Over Them. By D. Hill & K. Bowman. 239 pages. Uphill. Paperbound. Pub. at \$19.95 **PRICE CUT to \$11.95**

★9067469 ANATOMY OF EXERCISE FOR 50+, SECOND EDITION. By Hollis Lance Liebman. Fully illus. in color. 192 pages. Firefly. 8½x11. Paperbound. Pub. at \$24.95 **\$16.95**

★9123938 THE YOGI'S WAY: Transform Your Mind, Health, and Reality. By Reema Datta. Illus. 281 pages. New World Library. Paperbound. Pub. at \$19.95 **PRICE CUT to \$6.95**

★8898979 MOVEMENT FOR EVERY BODY: An Inclusive Fitness Guide for Better Movement. By Marcia Dernie. Well illus. in color. 144 pages. North Atlantic. Paperbound. Pub. at \$22.95 **PRICE CUT to \$5.95**

8996911 B.K.S. IYENGAR YOGA: The Path to Holistic Health. Fully illus. in color. 432 pages. Dorling Kindersley. 8½x11. Pub. at \$40.00 **\$9.95**

Beauty & Skin Care



9334645 FACE FITNESS: Simple Exercises and Rituals for Toned, Glowing Skin. By Patricia San Pedro. Take your skin care to the next level with this guide to toning, sculpting, and strengthening your skin using simple, natural techniques. Features facial stretches, massage, exercises, meditative affirmations, and clean beauty tips that will rejuvenate your complexion. Well illus. in color. 191 pages. Chronicle. Pub. at \$19.95 **\$8.95**

9190023 HAPPY SKIN KITCHEN: Over 100 Plant-Based Recipes to Nourish Your Skin from the Inside Out. By Elisa Rossi. Well illus. in color. 303 pages. Harvest. Pub. at \$35.00 **\$6.95**

★9071814 EXPOSING BAD PLASTIC SURGERY AND THE SECRET TO AVOIDING IT. By Thomas J. Francel. Illus. 255 pages. Morgan James. Paperbound. Pub. at \$19.95 **PRICE CUT to \$6.95**

Health & Medical References

LIMITED QUANTITY 9342303 THE SECRETS OF PEOPLE WHO NEVER GET SICK. By Gene Stone. Tells the stories of twenty-five people who each possess a different secret of excellent health: a secret that makes sense and has a proven scientific underpinning. Includes food secrets, exercise secrets, environmental secrets, emotional secrets, and physical secrets. 212 pages. Workman. Paperbound. Pub. at \$14.95 **\$6.95**



9267336 THE 150 MOST EFFECTIVE WAYS TO BOOST YOUR ENERGY. By Jonny Bowden. Presents small changes anyone can implement up front for big energy, such as what to eat for all-day endurance, when to time a workout for the biggest brain boost, or how working with—or against—natural light cycles can make your sleep restorative or slump-inducing. Illus. in color. 301 pages. Crestline. 8½x10¼. Pub. at \$15.99 **\$7.95**

Health & Medical References

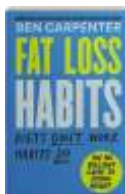


9167412 THE SECRET LANGUAGE OF DOCTORS. By Brian Goldman. Pulls back the curtain to reveal some of modern medicine's darkest secrets, and decodes the colorful and clandestine expressions doctors employ to describe difficult patients, situations, and medical conditions—and sometimes even other colleagues. 351 pages. Triumph. Paperbound. Pub. at \$16.95 **\$4.95**

9326014 DR. COLBERT'S HEALTHY GUT ZONE. By Don Colbert. Join Dr. Colbert as he helps you unlearn everything medical experts have been teaching about healthy eating for the last three decades and reveals the true path to digestive health through proper diet supported by nutritional supplements. 245 pages. Siloam. Paperbound. Pub. at \$19.99 **\$6.95**



9206108 MEDICAL POLITICS: How to Protect Yourself from Bad Doctors, Insurance Companies, and Big Government. By Stephen Soloway with D. Lister. Takes readers inside Soloway's fight against Big Pharma and Big Insurance in search of better care for his patients. These pages chart a path for Americans to better advocate for themselves and receive better care. 208 pages. Skyhorse. Pub. at \$24.99 **\$6.95**



9351272 FAT LOSS HABITS: The No Bullsh*t Guide to Losing Weight. By Ben Carpenter. A myth-busting, action-focused guide that will transform your relationship with food for good. Let's say goodbye to specific diet plans and products, and hello to implementing sustainable fat loss habits, based on our own personal preferences. 297 pages. Balance. Paperbound. Pub. at \$19.99 **\$5.95**

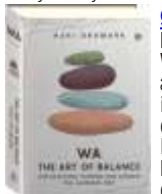


9348050 THE TOXIN SOLUTION. By Joseph Pizzorno. Provides an eight-week program to detox your life. You will learn how to repair the liver, gut, and kidneys to function at maximum capacity by avoiding toxins in food, cleaning products, cosmetics, and more, by replacing these products with safe alternatives. 280 pages. HarperOne. Paperbound. Pub. at \$15.99 **\$6.95**

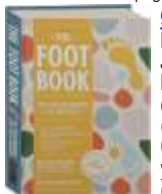
★9232788 THE OFFICIAL POCKET GUIDE TO DIABETES FOOD CHOICES, 6TH EDITION. By American Diabetes Association. This work provides basic nutritional values for evaluating the consumption of common foods relating to blood glucose management and overall health and wellness for people living with diabetes. 93 pages. American Diabetes Assoc. Paperbound. Pub. at \$9.95 **\$7.95**



9317090 COMPLETE GUIDE TO SLEEP CARE: Best Practices for a Restful and Happier You. By Kiki Ely. Getting good sleep improves every area of our lives, giving us more energy, increased cognitive function, and better moods all day long. This work will help you understand the importance of sleep, overcome stressful experiences, conquer negative emotions, develop positive thinking, and cultivate a healthy lifestyle. Fully illus. in color. 167 pages. Chartwell. Pub. at \$16.99 **\$6.95**

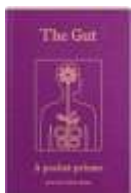


9037942 WA: The Art of Balance—Live Healthier, Happier and Longer the Japanese Way. By Kaki Okumura. Create a long, meaningful, and joyful life the Japanese way. This beautifully illustrated guide provides four simple and easy-to-adopt practices based on the Japanese lifestyle: Nourish, Move, Rest and Socialize. Revolutionize how you care for yourself and experience greater peace, fulfillment and contentment. 246 pages. Watkins. Pub. at \$19.95 **\$5.95**

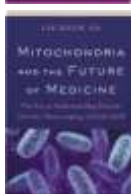


9186115 THE FOOT BOOK: The Care and Keeping of Your Feet. By T. Brennan & L. Johnston. The authors have gathered their knowledge from over 20 years of combined experience to help you understand the most common foot problems podiatrists treat. Chapters include topics such as: taking care of your feet, bunions, hammertoe, corns and calluses, gout, heel pain, arthritis and much more! Illus. in color. 240 pages. Cider Mill. Pub. at \$19.95 **\$6.95**

★8894132 MEDICAL TERMINOLOGY FOR EVERYONE: Easily Learn, Memorize, and Pronounce Medical Terms. By John Louis Temple. When it comes to communicating with your doctor, mastering healthcare terminology you might hear from them is essential. Knowing what these words mean can help you ask the right questions and better understand your body, medical conditions, and any health guidance you receive. 156 pages. Rockridge. Paperbound. Pub. at \$14.99 **\$11.95**



LIMITED QUANTITY ★9369481 THE GUT: A Pocket Primer. By Amy Fleming. A succinct, vibrant, accessible exploration of the least-understood organ in the human body, broken down into 60 bite-sized relevant topics, including microbiomes, the large and small intestines, and intestinal bloat. Fully illus., most in color. 127 pages. Hoxton. Paperbound. Pub. at \$12.95 **\$9.95**



★9220445 MITOCHONDRIA AND THE FUTURE OF MEDICINE. By Lee Know. The author tells the epic story of mitochondria—the often overlooked powerhouses of our cells—and the vital role they play in medicine and the fight against disease. He offers cutting-edge information on supplementation and lifestyle changes for mitochondrial optimization and how to implement their use successfully. 257 pages. Chelsea Green. Paperbound. Pub. at \$24.95 **\$17.95**



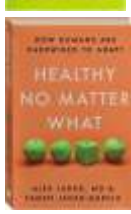
9288481 THE LONG COVID SURVIVAL GUIDE: How to Take Care of Yourself and What Comes Next. Ed. by Fiona Lowenstein. For people living with Long COVID, navigating the uncharted territory of this new chronic illness can be challenging. This patient-to-patient guide for people provides expert advice on getting diagnosed, dealing with symptoms, accessing resources and accommodations, and more. 295 pages. The Experiment. Paperbound. Pub. at \$18.95 **\$5.95**



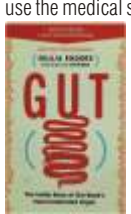
★8217858 MAYO CLINIC GUIDE TO HOME REMEDIES: Self-Care Solutions for Everyday Health Concerns. Ed. by C.A. Kermott & G.M. Boriel. You'll find information on more than 130 common health concerns. The information is straightforward and easy to find, with topics arranged in alphabetical order. The guide doesn't replace the advice of a healthcare professional, but it can help you manage problems safely at home, and it may prevent disease or injury. 344 pages. Mayo Clinic. Pub. at \$29.99 **\$21.95**



9336184 REST: Why You Get More Done When You Work Less. By Alex Soojung-Kim Pang. For the average person, overworking has become the new normal, and rest is something to do when the important things are done—but they are never done. This title spotlights escaping the drudgery of overwork and finding excellence and happiness by doing less. 322 pages. Basic. Paperbound. Pub. at \$19.99 **\$5.95**



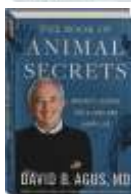
9171665 HEALTHY NO MATTER WHAT: How Humans Are Hardwired to Adapt. By A. Jadad & T. Jadad-Garcia. Provocative manifesto that teaches you how to take control of your health, no matter your age or circumstances, from an innovative doctor and his philosopher daughter. Illustrates how your natural gift of adaptability equips you to overcome any obstacle, provides actionable pointers, and shows how and when to use the medical system. 237 pages. Crown. Pub. at \$28.00 **\$5.95**



★9368930 GUT: The Inside Story of Our Body's Most Underrated Organ. By Giulia Enders, illus. by J. Enders. Transform your understanding of the human gut via an enlightening journey through the most underrated organ, with Dr. Enders's groundbreaking exploration of digestive health, microbial connections, and whole-body wellness. Photos. 293 pages. HarperOne. Paperbound. Pub. at \$19.99 **\$14.95**



9353143 MAGIC PILL: The Extraordinary Benefits and Disturbing Risks of the New Weight-Loss Drugs. By Johann Hari. The author shares a revelatory look at the new drugs transforming weight loss as we know it—from his personal experience on Ozempic to our ability to heal our society's dysfunctional relationship with food, weight, and our bodies. 288 pages. Crown. Pub. at \$30.00 **\$6.95**



9295976 THE BOOK OF ANIMAL SECRETS: Nature's Lessons for a Long and Happy Life. By David B. Agus with K. Loberg. A physician and biomedical researcher explores the ways that we can harness the wonders of the animal kingdom in our very own human lives. Teeming with lively storytelling and astonishing practical takeaways, this revelatory guide will have you rethinking what's possible for your health and well-being—now and for years to come. Illus. 370 pages. S&S. Pub. at \$29.99 **\$6.95**

Health & Medical References



★9291644 EVERY BODY SHOULD KNOW THIS: The Science of Eating for a Lifetime of Health. By Frederica Amati. Are you overwhelmed by conflicting nutritional advice? Do you struggle with making healthier food choices? This study uncovers the science behind maintaining good health at every stage of life. 308 pages. Penguin. Paperbound. Pub. at \$21.99 **\$17.95**



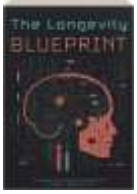
★9279350 BIOLOGICAL RHYTHMS. By Daniel B. Forger. The human body runs on rhythms—all more knowable now than ever, thanks to wearables. Making sense and making use of these signals is something else, and this is precisely what Forger explains in this study. 237 pages. MIT Press. Paperbound. Pub. at \$16.95 **\$12.95**



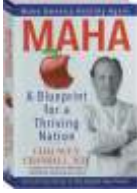
★9220437 KETO FOR CANCER: Ketogenic Metabolic Therapy as a Targeted Nutritional Strategy. By Miriam Kalamian. The author has drawn on a decade of experience to lay out comprehensive guidelines on how to adopt the ketogenic diet as a metabolic therapy for cancer. Kalamian addresses the nuts and bolts of the diet, making it an invaluable resource for beginners, seasoned users, and health-care professionals. 373 pages. Chelsea Green. Paperbound. Pub. at \$29.95 **\$21.95**



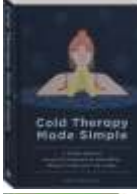
★9328247 CHECK ENGINE LIGHT: Tuning Your Body and Mind for Performance Longevity. By Rob Wilson. The author's culmination of years of working with warriors, athletes, executives, and laypeople who just want to stay healthy and live long, this title is complete with a self-guided workbook that will inspire you to hop back in the driver's seat of your health with the confidence to go the distance. 416 pages. Victory Belt. Paperbound. Pub. at \$24.95 **\$17.95**



★9357769 THE LONGEVITY BLUEPRINT. Ed. by Joanne O'Sullivan. Learn how to improve cognitive health, increase focus, improve physical wellness, and boost happiness. It's about doing the things we already know to keep us healthy: eating right, exercising body and mind, reducing stress, and getting more rest, but it's how we go about these things that determines success. Illus. in color. 192 pages. Chartwell. Paperbound. Pub. at \$16.99 **\$12.95**



★9311475 MAHA: A Blueprint for a Thriving Nation. By Chauncey Crandall. The path to making America healthy again requires a holistic approach that integrates individual responsibility with comprehensive policy changes. By embracing the principles of preventive care, prioritizing mental well-being, and promoting equitable access to health, we can lay the foundation for a thriving, resilient nation. 245 pages. Humanix. Pub. at \$27.99 **\$21.95**



★937535X COLD THERAPY MADE SIMPLE: A 5-Step Guide to Using Cold Exposure to Heal Better, Recover Faster, and Live Longer. By Chris Peterson. Unlock the life-changing power of cold with this science-backed guide to healing, supporting, and improving the body through cold exposure. Illus. 160 pages. Fair Winds. Pub. at \$19.99 **\$14.95**



9335935 THE LONGEVITY IMPERATIVE: How to Build a Healthier and More Productive Society to Support Our Longer Lives. By Andrew J. Scott. A manifesto to guide the longevity revolution for individuals, institutions, and society to adapt to the reality of living longer lives. 320 pages. Basic. Pub. at \$32.00 **\$7.95**



9167110 THE COMPLETE WELLBEING MANUAL: Your Guide to an Optimally Healthy Mind and Body. Ed. by E.V. Hinsbergh & F. Forster. A modern-day guide to ultimate health and happiness. If you're looking to get a better night's sleep, balance your hormones, boost your immunity, or banish health concerns, this is the manual for you. Fully illus. in color. 256 pages. Sirius. 9 3/4 x 8 3/4. Paperbound. Pub. at \$24.99 **PRICE CUT to \$7.95**



9266968 THE FOOD COUNTER'S POCKET COMPANION, 5TH EDITION. By J. Stephenson & R. Lindberg. Knowing what's in your food and making sure to consume a balanced diet are keys to a healthy life. It can be tough to keep track of the nutritional content of each meal and snack; this work supplies authoritative data on the nutritional values of foods in a form that's quick and easy to reference. 174 pages. The Experiment. Paperbound. Pub. at \$8.95 **PRICE CUT to \$3.95**



★9179976 THE FOOD COUNTER'S POCKET COMPANION, SIXTH EDITION. By J. Stephenson & R. Lindberg. Healthy eating is easier than ever, with data on 12 essential nutrient values—for over 4,500 foods—right in your pocket! Find your fresh, frozen, and prepared foods, including 100s of brands and 32 popular chain restaurants under quick-reference categories from A-Z. 187 pages. The Experiment. 5x6 1/2. Paperbound. Pub. at \$9.95 **\$7.95**



★9089845 THE LONGEVITY FORMULA: Ayurvedic Principles to Reduce Inflammation, Increase Cellular Repair & Live with Vitality. By Avanti Kumar-Singh. These accessible yet potent practices help support your memory and mood; reduce chronic pain; strengthen muscle and bone; remove toxins that contribute to chronic disease; align with your body's internal clock; and nourish your body, mind and soul. Illus. 211 pages. Sounds True. Paperbound. Pub. at \$19.99 **PRICE CUT to \$11.95**

9224025 THE HEALING POWERS OF HONEY. By Cal Orey. 394 pages. Kensington. Paperbound. Pub. at \$8.99 **\$4.95**

9151664 THE INTEGRATIVE GUIDE TO GOOD HEALTH: Home Remedies Meet Alternative Therapies to Transform Well-Being. By Brent A. Bauer et al. Well illus. in color. 416 pages. Mayo Clinic. 8x10. Paperbound. Pub. at \$26.99 **\$5.95**

9119582 GUT HEALTH HACKS: 200 Ways to Balance Your Gut Microbiome and Improve Your Health! By Lindsay Boyers. 223 pages. Adams Media. Paperbound. Pub. at \$16.99 **\$5.95**

★7779186 TOXIC SUPERFOODS: How Oxalate Overload Is Making You Sick—and How to Get Better. By Sally K. Norton. Illus. 368 pages. Rodale. Paperbound. Pub. at \$20.00 **\$12.95**

9250379 THE BIGGER BOOK OF 30-DAY CHALLENGES. By R. Casper & A. Thueson. Illus. 239 pages. Ulysses. Paperbound. Pub. at \$24.95 **\$6.95**

9328211 NO GUTS, NO GLORY: Gut Solution—The Core of Your Total Wellness. By S. Lamm & S. Stevens. 168 pages. Basic Health. Paperbound. Pub. at \$18.95 **\$5.95**

★9067507 THE COMPLETE LYMPHEDEMA MANAGEMENT AND NUTRITION GUIDE. By J. LaMantia & A. Dimenna. Illus. 288 pages. Robert Rose. Paperbound. Pub. at \$24.95 **\$19.95**

775728X WHAT'S WRONG WITH YOU? An Insider's Guide to Your Insides. By Sarah Holper. 294 pages. Hardie Grant. Paperbound. Pub. at \$19.99 **\$7.95**

★9235639 THE VITAMIN CURE, REVISED 2ND EDITION. By Monte Lai. 538 pages. Humanix. Paperbound. Pub. at \$29.99 **\$21.95**

★1027395 THE ALKALINE LIFE: New Science to Rebalance Your Body, Reverse Aging, and Prevent Disease. By Ross Bridgford. 328 pages. Hay House. Paperbound. Pub. at \$18.99 **\$13.95**

★8875235 HEALING THROUGH THE VAGUS NERVE. By Amanda Armstrong. 160 pages. Fair Winds. Paperbound. Pub. at \$22.99 **\$17.95**

★922898 DEATH BY ASTONISHMENT: Confronting the Mystery of the World's Strangest Drug. By Andrew R. Gallimore. 302 pages. St. Martin's. Pub. at \$30.00 **\$21.95**

★9124071 THE CAVEMAN WAY TO GET HEALTHY-ER: A Neanderthal Guide for Regaining Health Naturally. By David Kolbaba. 265 pages. Morgan James. Paperbound. Pub. at \$22.95 **\$7.95**

9171436 THE ART AND SCIENCE OF CONNECTION: Why Social Health Is the Missing Key to Living Longer, Healthier, and Happier. By Kasley Killam. 278 pages. Harper. Pub. at \$28.99 **PRICE CUT to \$2.95**

9172076 STRIVE: 8 Steps to Find Your Awesome. By Venus Williams with M. Murphy. 243 pages. Amistad. Pub. at \$29.99 **PRICE CUT to \$4.95**

★9149821 THE CIRCADIAN DIABETES CODE. By Satchin Panda. 293 pages. Rodale. Paperbound. Pub. at \$17.99 **PRICE CUT to \$9.95**

★9099638 VAX FACTS: What to Consider Before Vaccinating at All Ages & All Stages of Life. By P. Thomas & D. Hoover. Illus. 360 pages. Morgan James. Paperbound. Pub. at \$24.95 **PRICE CUT to \$14.95**

★9193480 THE EVERYTHING GUIDE TO GLP-1S: Lose Weight, Build Healthy Eating Habits, and Achieve Lifelong Weight Management. By Kayley George. 239 pages. Adams Media. Paperbound. Pub. at \$18.99 **\$9.95**

★9198121 BASIC ILLUSTRATED WILDERNESS FIRST AID, Third Edition. By William W. Forgey. Illus. in color. 108 pages. Falcon. Paperbound. Pub. at \$19.95 **PRICE CUT to \$9.95**


this is the manual for you. Fully illus. in color. 256 pages. Sirius. 9 3/4 x 8 3/4. Paperbound. Pub. at \$24.99

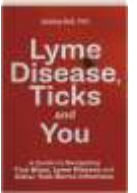
PRICE CUT to \$7.95

Health & Medical References

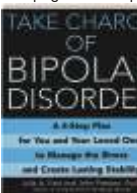
- ★ **109324X** **THE SECRET LANGUAGE OF THE BODY: Regulate Your Nervous System, Heal Your Body, Free Your Mind.** By J. Mann & K. Rabin. Illus. 340 pages. Harper. Paperbound. Pub. at \$19.99 **\$9.95**
- ★ **9161015** **REINVENTING COOL: How to Make Cool Your Best Ally Against Inflammation, Pain, and Aging.** By M. Ensabella & A. Getzoff. 113 pages. Paperbound. Pub. at \$14.95 **PRICE CUT to \$7.95**
- ★ **8998957** **GETTING HEALTHY IN TOXIC TIMES: An Ecological Doctor's Prescription for Healing Your Body and the Planet.** By Jenny Goodman. 259 pages. Chelsea Green. Paperbound. Pub. at \$24.95 **PRICE CUT to \$9.95**
- ★ **9204415** **THE MAYO CLINIC DIET: Weight-Loss Medications Edition.** By Donald D. Hensrud et al. Well illus. in color. 383 pages. Mayo Clinic. Paperbound. Pub. at \$24.99 **PRICE CUT to \$9.95**
- ★ **9107460** **CHRIS SHELTON'S EASY GUIDE TO EMOTIONAL WELL-BEING WITH QIGONG, THIRD EDITION.** Illus. 182 pages. Radius. Paperbound. Pub. at \$19.00 **PRICE CUT to \$6.95**
- ★ **9091750** **THE BOOK OF ANIMAL SECRETS: Nature's Lessons for a Long and Happy Life.** By David B. Agus. Illus. 388 pages. S&S. Paperbound. Pub. at \$19.99 **PRICE CUT to \$6.95**
- ★ **9017119** **DIAGNOSED: An Insider's Guide for Your Healthcare Journey.** By C. Ross & E. Marx. 205 pages. Mayo Clinic. Paperbound. Pub. at \$24.99 **PRICE CUT to \$4.95**


Diseases & Disorders


-  **9209840** **TRAVELERS TO UNIMAGINABLE LANDS: Stories of Dementia, the Caregiver, and the Human Brain.** By Dasha Kiper. Dementia disorders transform the minds of those with the disease *and* the minds of those who care for them. Reveals the neurological obstacles to caregiving, not only enumerating the terrible pressures the disease exerts on our closest relationships but also offering solace and perspective. 233 pages. Random. Pub. at \$28.00 **\$5.95**

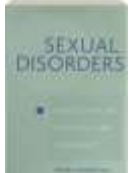
-  **9202986** **LYME DISEASE, TICKS AND YOU: A Guide to Navigating Tick Bites, Lyme Disease and Other Tick-Borne Infections.** By Shelley Ball. Ball's exhaustive research into Lyme and her experience of advocating for her own health. This guide clearly explains the complicated science of Lyme disease and why diagnosis and treatment can be so hard to access. Color photos. 160 pages. Firefly. Paperbound. Pub. at \$19.95 **\$5.95**

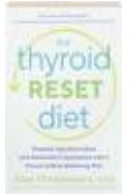
-  **9267069** **WHEN A LOVED ONE HAS DEMENTIA: A Comforting Companion for Family and Friends.** By Eveline Helmink. As you navigate finding professional caregivers and adapting to your loved one's behavioral challenges, learn to identify healthy and unhealthy coping mechanisms, work through feelings of denial, grief, guilt, shame, and fear, make decisions in your loved one's best interest, and live in the present. 217 pages. The Experiment. Pub. at \$21.95 **\$5.95**


-  **9296999** **TAKE CHARGE OF BIPOLAR DISORDER: A 4-Step Plan for You and Your Loved Ones to Manage the Illness and Create Lasting Stability.** By J.A. Fast & J. Preston. Readers will learn how to understand the behaviors caused by bipolar disorder, work with doctors to find the right medications, develop a bipolar-friendly diet and exercise program, as well as recognize the triggers and signs of major bipolar disorder symptoms to stop mood swings before they go too far. 290 pages. Grand Central. Paperbound. Pub. at \$19.00 **\$5.95**


-  **9201505** **52 WAYS TO BEAT DIABETES: Simple, Easy Tips to Stay Happy and Healthy.** By Eds. of Bottom Line Inc. Whether you're hoping to live better with diabetes, or you're facing the first shock of a diagnosis, the authors are here to help you start your journey toward tackling it. 145 pages. Sourcebooks. Paperbound. Pub. at \$9.99 **\$4.95**

-  **4260902** **PREVENTING LYME & OTHER TICK-BORNE DISEASES.** By Alexis Chesney. Take a proactive approach to defending your health from the rise of Lyme disease and other tick-borne illnesses, with this essential reference. Learn strategies for preventing tick bites; six steps after you've been bitten; symptoms, testing, and treatment; and how to identify ticks and rashes. Illus. 191 pages. Storey. Paperbound. Pub. at \$16.95 **\$5.95**

-  **9352023** **SEXUAL DISORDERS: Perspective on Diagnosis and Treatment.** By Peter J. Fagan. Using an approach pioneered at the Johns Hopkins Medical Institutions, Fagan applies the four "perspectives of psychiatry" (disease, dimension, behavior, and life story) to the diagnosis and treatment of sexual disorders. 151 pages. Johns Hopkins. Paperbound. Pub. at \$28.00 **\$6.95**

-  **925496X** **THE THYROID RESET DIET: Reverse Hypothyroidism and Hashimoto's Symptoms with a Proven Iodine-Balancing Plan.** By Alan Christianson. An estimated twenty million Americans have some form of thyroid disease, and up to 60 percent of them are unaware of their condition. The author's cutting-edge research and clear results, coupled with an easy-to-follow diet plan, will help anyone struggling with thyroid disease. 286 pages. Rodale. Paperbound. Pub. at \$17.99 **\$13.95**

-  **9230432** **US AGAINST ALZHEIMER'S: Stories of Family, Love, and Faith.** Ed. by Marita Golden. This groundbreaking anthology presents forty narratives, both nonfiction and fiction, that capture the impact and complexity of Alzheimer's and other dementias on not only patients, but also their caregivers and family. 292 pages. Arcade. Pub. at \$25.99 **\$5.95**

-  **934134X** **UNAVOIDABLY UNSAFE FOR ADULTS: A Physician's Guide to Vaccine Safety, Effectiveness, and Your Right to Choose.** By E. Geehr & J. Barke. Examines the safety, effectiveness, and regulatory oversight of adult vaccines, empowering readers to make informed decisions about their health. 239 pages. Skyhorse. Pub. at \$32.99 **\$24.95**

- 9316914** **50 DIABETES MYTHS THAT CAN RUIN YOUR LIFE: And the 50 Diabetes Truths That Can Save It.** By Riva Greenberg. 316 pages. Da Capo. Paperbound. Pub. at \$16.99 **\$5.95**

- 9256768** **52 WAYS TO BEAT DIABETES: Simple, Easy Tips to Stay Happy and Healthy.** By Eds. of Bottom Line Inc. 145 pages. Sourcebooks. Paperbound. Pub. at \$9.99 **\$4.95**

- 9224130** **NO MORE HEARTBURN: The Safe, Effective Way to Prevent and Heal Chronic Gastrointestinal Disorders.** By Sherry A. Rogers. 247 pages. Citadel. Paperbound. Pub. at \$15.95 **\$4.95**

- 9029389** **THE EVERYTHING GUIDE TO LYME DISEASE.** By Rafal Tokarz. 256 pages. Adams Media. Paperbound. Pub. at \$18.99 **\$2.95**

- 1999192** **TAKE CONTROL OF YOUR DIABETES: Prevention, Diagnosis, and Treatment.** By Rosemary Walker. Well illus. in color. 208 pages. Dorling Kindersley. Paperbound. Pub. at \$19.99 **\$9.95**

- ★ **9193545** **THE AUTOIMMUNE CURE: Healing the Trauma and Other Triggers That Have Turned Your Body Against You.** By Sara Szal Gottfried. 282 pages. Harvest. Paperbound. Pub. at \$17.99 **\$12.95**

- ★ **909315X** **RETHINKING DIABETES: What Science Reveals About Diet, Insulin, and Successful Treatments.** By Gary Taubes. 495 pages. Vintage. Paperbound. Pub. at \$20.00 **\$14.95**

- ★ **7852053** **THE URIC ACID HANDBOOK: A Beginner's Guide to Overcoming Hyperuricemia.** By U. Guha & S. Sen. 144 pages. Ulysses. Paperbound. Pub. at \$15.95 **\$11.95**

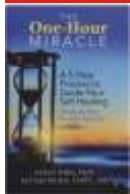
- ★ **6078486** **POSTDIABETIC: An Easy-to-Follow 9-Week Guide to Reversing Prediabetes and Type 2 Diabetes.** By E. Edmeades & R. Ruiz. 199 pages. Hay House. Pub. at \$25.99 **PRICE CUT to \$14.95**

- ★ **9117237** **UNDERSTAND ALZHEIMER'S: A First-Time Caregiver's Plan to Understand & Prepare for Alzheimer's & Dementia.** 131 pages. Calistoga. Paperbound. Pub. at \$11.99 **\$7.95**

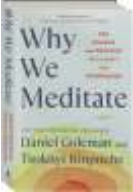
- ★ **899661X** **BEFORE DEMENTIA: 20 Questions You Need to Ask About Preventing, Preparing, Coping.** By Kate Gregorevic. 313 pages. Health Communications. Paperbound. Pub. at \$16.95 **\$9.95**

- ★ **6994652** **THE BACK STORY ON SPINE CARE.** By Drew Bednar. 300 pages. ECW Press. Paperbound. Pub. at \$21.95 **PRICE CUT to \$7.95**

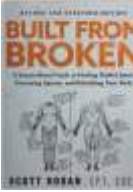
Stress & Pain Management

-  **9313710** **THE ONE-HOUR MIRACLE: A 5-Step Process to Guide Your Self-Healing.** By A. Hahn & J. Beckett. Life is fraught with challenges; some are mundane while others are debilitating. We're often left feeling helpless, mired in repeated suffering or chronic malaise. Life-Centered Therapy (LCT) is a revolutionary healing framework that serves as the blueprint for transforming most problems and releasing blocks to create the life you desire. 288 pages. Health Communications. Paperbound. Pub. at \$16.95 **\$4.95**

Stress & Pain Management



9375015 WHY WE MEDITATE: The Science and Practice of Clarity and Passion. By D. Goleman & T. Rinpoche. Based on groundbreaking neuroscience, this guidebook will help you not only break free from negative patterns of thought and behavior but radically embrace your very being. Revolutionize your health, relationships, and soul. Perfect for both serious meditators and those new to the practice. 212 pages. Atria. Pub. at \$27.99 **\$6.95**



★9370633 BUILT FROM BROKEN, REVISED EDITION. By Scott Hogan. Groundbreaking guide that shows you how to heal painful joints and rebuild your body from the ground up. But it's not just about recovery. A blueprint for turning pain, injuries, and setbacks into strength and resilience. Illus. 336 pages. Authors Equity. 8½x10¾. Paperbound. Pub. at \$20.00 **\$14.95**



9377530 HELP IN A HURRY: Simple Tips for Finding Peace when You're Overwhelmed, Anxious, or Stressed. By Caroline Leaf. With evidence-based strategies to address our most common challenges, this practical guide offers the tools you need to prevent a descent into chaos and instead find strength amid the turmoil of daily life. Discover strategies that will help you cope in the moment, manage a chaotic mind, and start living each day with intention and inner peace. 230 pages. Baker Books. Pub. at \$26.99 **\$5.95**



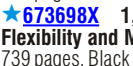
★9265708 8 STEPS TO A PAIN-FREE BACK, SECOND EDITION: Move Like You Are Meant To. By Esther Gokhale with S. Adams. Presents the surprising root cause of most back pain and teaches readers step-by-step techniques to address it by providing better ways to sit, sleep, stand, walk, and bend in the way that humans are meant to. In relearning how to position your body, you can reclaim your posture and your life. Fully illus. in color. 233 pages. Pendo. 8½x11. Paperbound. Pub. at \$29.95 **\$24.95**



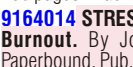
★9244131 POWERFUL HABITS FOR OVERCOMING ANXIETY: Strategies for Inner Calm. Anxiety can take over your life. Uncover your anxiety issues and create daily habits for managing your anxious thoughts and feelings. Through engaging exercises, you'll explore the underlying causes, identify triggers, and learn how to effectively cope with your emotions. 159 pages. Fair Winds. Pub. at \$16.99 **\$12.95**



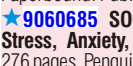
9240187 BREATH PERCEPTION: A Daily Guide to Stress Relief, Mindfulness, and Inner Peace. By Barbara Ann Kipter. 306 pages. Helios. Paperbound. Pub. at \$14.95 **\$4.95**



★673698X 1,500 STRETCHES: The Complete Guide to Flexibility and Movement. By Hollis Liebman. Fully illus. in color. 739 pages. Black Dog & Leventhal. 8½x10. Pub. at \$40.00 **\$26.95**

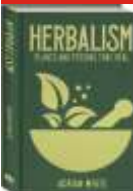


9164014 STRESS FRACTURE: Your Ultimate Guide to Beating Burnout. By Jonathan Hoover. 190 pages. Bethany House. Paperbound. Pub. at \$18.99 **PRICE CUT to \$3.95**



★9060685 SOOTHE: Restoring Your Nervous System from Stress, Anxiety, Burnout, and Trauma. By Nahid de Belgeonne. 276 pages. Penguin. Paperbound. Pub. at \$19.00 **PRICE CUT to \$9.95**

Complementary & Alternative Medicine



9214690 HERBALISM: Plants and Potions That Heal. By Adrian White. Covers the fascinating history of herbalism in different cultures around the world and how plant medicines have been integrated into modern medicine. Learn to identify plants and their uses in teas, infused oils, salves, and balms. Includes a foil-stamped embossed cover and gilded page edges. Illus. 208 pages. Arcturus. **\$8.95**



9360255 HEAL: Discover Your Unlimited Potential and Awaken the Powerful Healer Within. By Kelly Noonan Gores. Takes us on a journey through which we learn how our thoughts, beliefs, and emotions affect our health and ability to heal. Exploring cutting-edge science and ancient medicine with experts, you'll discover that you have far more control over your well-being and life than we have been taught to believe. Sprayed edges. 248 pages. Atria. Paperbound. Pub. at \$18.99 **\$5.95**



9180362 GEMMOTHERAPY: The Science of Healing with Plant Stem Cells. By Roger Halfon. Gemmotherapy is the medical use of plant buds and young shoots that harness the healing power of trees and shrubs at the peak of energetic activity in their annual cycle. This guide describes the gemmotherapeutic uses and healing properties of 34 trees and plants, and includes a resource section, remedy protocols, and more. 120 pages. Healing Arts. Paperbound. Pub. at \$14.95 **\$2.95**



9378014 CHI HEALTH CYCLE: The 24-Hour Plan to Restore Health Through Energy Flow. By Jost Sauer. Based on the ancient health secrets of traditional Chinese medicine, this work shows you how to align your exercise, diet, and daily activities to the 24-hour cycle of chi—your vital life force—through twelve key organs in your body. 160 pages. Welbeck. Paperbound. Pub. at \$16.95 **\$5.95**



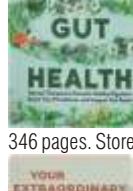
9063048 MISSOURI'S EARLY HOME REMEDIES. By Betty Hams. So, be it Aloe Vera plants in the window sills of Missouri or skunk oil rubbed on unwilling chests, the home remedies of the Show-Me state did their work. Fully illus. 181 pages. Quixote. Paperbound. Pub. at \$9.95 **\$2.95**



★9099506 OPIUM FOR THE MASSES: Harvesting Nature's Best Pain Medication. By Jim Hogshire. First published in 1994. Using this guide, Americans can learn how to supplement their own medicine chest with natural pain medicine without costly and difficult trips to doctors hamstrung by pernicious laws to prescribe proper pain relief. Illus. 193 pages. Feral House. Paperbound. Pub. at \$18.95 **\$13.95**



9181547 PAINTING THE ENERGY BODY: Signs and Symbols for Vibrational Healing. By P. Neumayer & R. Stark. The authors explore simple methods for working with symbols for physical, emotional, and spiritual healing and illustrate the key symbols used in New Homeopathy. They combine traditional Chinese medicine, quantum physics, dowsing, and homeopathy to harness the power of symbols to initiate healing. Illus. 148 pages. Healing Arts. Paperbound. Pub. at \$16.95 **\$2.95**



★9368736 HERBAL GUT HEALTH: Natural Therapies to Promote Healthy Digestion, Boost Your Microbiome, and Support Gut Repair. By Maria Noel Groves. Offers a comprehensive guide to the best herbs and natural practices to boost your gut microbiome, decrease your risk of chronic disease, and alleviate conditions like SIBO, leaky gut, irritable bowel syndrome, and GERD. Illus. in color. 346 pages. Storey. Paperbound. Pub. at \$24.99 **\$18.95**



9359842 YOUR EXTRAORDINARY MIND: Psychedelics in the 21st Century and How to Use Them. By Zach Leary. Offers a necessary overview of psychedelics today, particularly LSD, psilocybin, MDMA, and ayahuasca, including what they are, how to use them safely, and crucially, how to integrate mind and spirit-altering experiences into the rest of our lives. 235 pages. Sounds True. Paperbound. Pub. at \$19.99 **\$5.95**



★9371168 THE INFLAMMATION CODE: Unlock Your True Healing Potential with the Power of Ayurvedic Superfoods and Elemental Design. By Shivani Gupta. Combines ancient wisdom with modern scientific research to provide a holistic, customizable approach to addressing inflammation, the root cause of numerous health issues, through the power of "super herbs," diet and lifestyle modifications, and mind-body practices. 347 pages. Hay House. Paperbound. Pub. at \$19.99 **\$14.95**

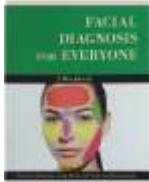


★9372563 A COMPENDIUM OF ORIENTAL HEALING: Chinese Herbal Medicine, Manipulation & Acupuncture, Yoga & Meditation. Compiled by W. Craig Dodd. This pocket-sized, illustrated volume explores the foundations of Chinese medicine, the philosophy of Yin and Yang, and the vital energy of Qi. 95 pages. IMM Lifestyle Books. Pub. at \$9.99 **\$7.95**

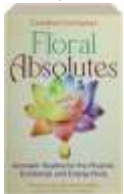


9231110 SACRED MASSAGE: The Magic and Ritual of Soothing Touch. By Debra DeAngelo. Discover how meditation and deity worship can help establish a spiritual session paired with herbs, crystals, essential oils, and candles to elevate the experience. Culminating in a full-body massage, this provides everything needed to create a magical massage experience for readers and loved ones. Illus. 265 pages. Llewellyn. Paperbound. Pub. at \$24.99 **\$7.95**

Complementary & Alternative Medicine



★**9197710** **FACIAL DIAGNOSIS FOR EVERYONE: Practical Solutions Using Herbs, Cell Salts and Homeopathy-A Workbook.** By David R. Card. A guide to help people identify possible health issues in themselves and others from key facial indicators, and then to give them practical methods for addressing these issues, using homeopathic remedies, cell salts, and herbs. Also references other bodily signs to provide further tools. Illus. in color. 106 pages. Kalindi. 8½x11. Paperbound. Pub. at \$24.95 **\$15.95**



★**9305408** **FLORAL ABSOLUTES: Aromatic Healing for the Physical, Emotional, and Energy Body.** By Candice Covington. Covington provides profiles for dozens of absolutes, exploring their physical and emotional healing properties as well as myths, poems, and stories that evoke the experience of these concentrated forms of fragrance. Recipes are included for creating absolute blends tailored to specific conditions and to express specific feelings. 369 pages. Healing Arts. Paperbound. Pub. at \$29.99 **\$24.95**



★**9165320** **CURES OF IRELAND: A Treasury of Irish Folk Remedies.** By Cecily Gilligan. Though the Ireland of the 21st century is developing at lightning speed, these remarkable traditions continue to offer a glimpse into the country's rich cultural heritage. Given the tradition is largely an oral one, Gilligan has interviewed those who possess these miracle cures, and those who have benefited from their gifts. Illus. 303 pages. Pub. at \$29.95 **PRICE CUT to \$13.95**

9168826 **CROSSING INTO MEDICINE COUNTRY: A Journey in Native American Healing.** By David Carson. 304 pages. Council Oak. Paperbound. Pub. at \$16.95 **\$4.95**

9167056 **BREATHWORK FOR SELF-TRANSFORMATION: Harness Your Vital Energy for Health and Happiness.** By Konstantinos Tselios. 127 pages. Sirius. Pub. at \$12.99 **\$5.95**

7801440 **THE COMPLETE REFLEXOLOGY TUTOR: Everything You Need to Achieve Professional Expertise.** By Ann Gillanders. Fully illus. in color. 256 pages. Gaia. Paperbound. Pub. at \$26.99 **\$7.95**

9155015 **PSILOCYBIN THERAPY: Understanding How to Use Nature's Psychedelics for Mental Health.** By JJ Pursell. 239 pages. Timber. Pub. at \$32.00 **PRICE CUT to \$5.95**

8096813 **PRESS HERE! Ayurvedic Head Massage for Beginners.** By Hillary Arrieta. Fully illus. in color. 128 pages. Fair Winds Press. Pub. at \$16.99 **\$4.95**

★**9132376** **MEDICINAL LICHENS: Indigenous Wisdom and Modern Pharmacology.** By Robert Dale Rogers. Fully illus. in color. 372 pages. Healing Arts. Paperbound. Pub. at \$29.99 **\$24.95**

★**9111689** **AYURVEDA FOR OBESITY AND GUT HEALTH: The Natural Way to Overcome Weight Imbalances for Your Body Type.** By L. Eduardo Cardona-Sanclemente. Illus. 370 pages. Healing Arts. Paperbound. Pub. at \$24.99 **PRICE CUT to \$14.95**

★**905023X** **PANIC PROOF: The New Holistic Solution to End Your Anxiety Forever.** By Nicole Cain. Illus. 405 pages. Rodale. Paperbound. Pub. at \$19.99 **\$6.95**

★**9075763** **ESSENCE AND EMBER: Gathering and Preparing Herbal, Resin, and Wood Incense.** By Katja Peters. Fully illus. in color. 128 pages. Schiffer. Pub. at \$24.99 **PRICE CUT to \$9.95**

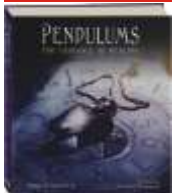
Eastern Traditions and Practices



★**937258X** **FENG SHUI: The Secrets of Harmony.** By Sonya Hwang. Bring balance, beauty, and positive energy into your life with this easy introduction to the timeless Chinese practice of feng shui. 63 pages. IMM Lifestyle Books. Pub. at \$9.99 **\$7.95**

9091882 **CLEAR YOUR CLUTTER WITH FENG SHUI.** By Karen Kingston. 179 pages. Three Rivers. Paperbound. Pub. at \$12.99 **\$5.95**

New Age Spirituality



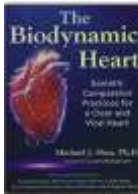
9290435 **PENDULUMS FOR GUIDANCE & HEALING.** By Maggie & Nigel Percy. Takes readers through the background and basics of pendulums: discover the history and methodology of using pendulums, how they are used today, why they work, and how to choose your pendulum. Fully illus. in color. 128 pages. Flame Tree. Pub. at \$15.99 **\$6.95**



9378464 **A LITTLE BIT OF PENDULUMS.** By Dani Bryant. Get the most out of your pendulum and seek the answers that are within with the help of this easy-to-follow and comprehensive guide. Bryant also includes fifteen circle charts that you can use to ask your pendulum simple questions. 116 pages. Sterling. Pub. at \$9.95 **\$4.95**



9303774 **THE SHADOW WORK TRILOGY.** By Keila Shaheen. Unlock your potential as never before with this boxed set collection of three interactive journals, featuring neuroscience-based prompts. Therapeutic and insightful, these journals will help you overcome the obstacles holding you back from achieving your true potential and genuine happiness. Atria. Paperbound. Pub. at \$65.99 **\$19.95**



★**925319X** **THE BIODYNAMIC HEART: Somatic Compassion Practices for a Clear and Vital Heart.** By Michael J. Shea. Providing techniques to directly address heart trauma, Shea explores in depth his contemplative system of Biodynamic Cardiovascular Therapy, sharing multiple hands-on tools and practices rooted in Eastern and Western traditions to help heal the heart at a spiritual level. Well illus., 503 pages. Bear & Company. 8½x11. Paperbound. Pub. at \$60.00 **\$47.95**

★**9223045** **THE ULTIMATE GUIDE TO AURAS: How to Read, Cleanse, and Shift Color Energy to Change Your Life.** By Eileen Lee. Well illus. in color. 207 pages. Running Press. Pub. at \$20.00 **\$14.95**

★**9212698** **MANIFESTING: A Beginner's Guide.** By Nicole Weiss. 223 pages. Leaping Hare. Pub. at \$25.00 **\$17.95**

★**9111662** **ACTIVATING OUR 12-STRANDED DNA: Secrets of Dodecahedral DNA for Completing Our Human Evolution.** By Ruslana Remennikova. Color photos. 272 pages. Park Street. Paperbound. Pub. at \$24.99 **\$19.95**

★**8792496** **SPIRITUAL GUIDEBOOK: Mastering Psychic Development and Healing Techniques.** By Anna Comerford. Illus. 296 pages. Rockpool. Paperbound. Pub. at \$21.95 **\$11.95**

★**9194568** **SACRED FOREST BATHING: The Healing Power of Ancient Trees & Wild Places.** By Ellen Dee Davidson. 210 pages. Bear & Company. Paperbound. Pub. at \$20.00 **PRICE CUT to \$9.95**

★**9194584** **YOUR HEART KNOWS HOW TO HEAL YOU: The Sacred Medicine of the Four Chambers of the Heart.** By Cissi Williams. 254 pages. Findhorn. Paperbound. Pub. at \$19.99 **PRICE CUT to \$9.95**

★**9197699** **ACCESSING YOUR INNER SECRETS: Mastering the Art of Emotional Wellness With Empowered Tapping.** By Leonie Blackwell. 199 pages. Animal Dreaming. Paperbound. Pub. at \$22.95 **PRICE CUT to \$11.95**

★**9194495** **MANIFESTATION PERFECTED: Six Steps to Embody Your Soul Purpose.** By Baptist de Pape. 254 pages. Findhorn. Paperbound. Pub. at \$19.99 **PRICE CUT to \$12.95**

★**904521X** **EARTH WISDOM TEACHINGS: Practical Guidance from the Eight Directions of the Medicine Wheel.** By Carlos Philip Glover. 239 pages. Findhorn. Paperbound. Pub. at \$19.99 **PRICE CUT to \$7.95**

★**9194460** **ENDING UNNECESSARY SUFFERING: How to Create a Powerful, Complete, and Peaceful Life.** By Peter Ralston. 246 pages. Park Street. Paperbound. Pub. at \$19.99 **PRICE CUT to \$11.95**

★**919455X** **RETURN WITH ELIXIR: Four Maps for the Soul's Pilgrimage Through Death and Rebirth.** By Miles Neale. 414 pages. Inner Traditions. Paperbound. Pub. at \$29.99 **PRICE CUT to \$14.95**

★**9194541** **THE PSYCHEDELIC SHAMAN: The Wisdom Warrior's Path to Transformation.** By Tom Soloway Pinkson. Color photos. 182 pages. Bear & Company. Paperbound. Pub. at \$18.00 **PRICE CUT to \$6.95**

★**9194525** **THE PRENATAL SHADOW: Healing the Traumas Experienced Before and at Birth.** By Cherionna Menzam-Sills. Illus. 224 pages. Park Street. Paperbound. Pub. at \$22.99 **PRICE CUT to \$9.95**

Inspiration, Motivation & Self-Discovery

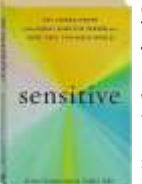


9259198 **WISDOM OF WOLVES: Leadership Lessons from Nature.** By Twyman Towery. "Respect the elders, teach the young, and cooperate with the pack." A professional speaker and consultant who studies the lessons of leadership in nature has captured them in this little volume of simple truths, sharing the parallels between humans and wolves. Illus. in color. 104 pages. Simple Truths. Pub. at \$15.95 **\$4.95**

Inspiration, Motivation & Self-Discovery

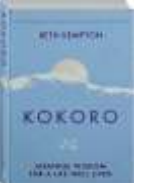


937485X BE HAPPIER NOW: 100 Simple Ways to Become Instantly Happier. By Jacob Sager Weinstein, illus. by L. Radley. Decades of research show that happiness isn't about what you have or what you look like, but what you do. With a life-changing tip on every page, flip to any page in this instant, browsable guide to learn a new healthy skill. Includes helpful habit trackers! Well illus. in color. 135 pages. Odd Dot. Paperbound. Pub. at \$17.99 **\$5.95**



9364498 SENSITIVE: The Hidden Power of the Highly Sensitive Person in a Loud, Fast, Too-Much World. By R. Granneman & A. Solo. A powerfully validating, destigmatizing, and practical work that plants a gently fluttering flag in the ground for sensitive people everywhere. This inspiring title has the power to change, once and for all, how we see sensitive people—and how they see themselves. 260 pages. Harmony. Pub. at \$28.99 **\$5.95**

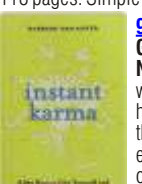
9314865 HOW TO IKIGAI: Lessons for Finding Happiness and Living Your Life's Purpose. By Tim Tamashiro. Tamashiro draws on ancient wisdom and practical exercises to show you how to discover your purpose, live your life with intention, and find inspiration in everyday moments. Discover how Ikigai can help you do what you love, do what you're good at, do what the world needs, and do what you can be rewarded for. 197 pages. Mango. Paperbound. Pub. at \$16.99 **\$5.95**



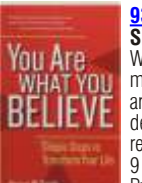
9274944 KOKORO: Japanese Wisdom for a Life Well Lived. By Beth Kempton. Invites readers to cultivate stillness and contentment in an ever-changing, uncertain world by drawing on a thousand years of Japanese literature, culture, and philosophical ideas to explore the true nature of time and what it means to be human. 251 pages. Storey. Pub. at \$27.00 **\$6.95**



9360166 FORGIVE YOUR DAMN SELF: Rewire Your Negative Relationship with Yourself for More Positive Outcomes. By Georgia Murch. Teaches you how to handle feedback without losing yourself in self-criticism. Feedback isn't just about accepting your flaws, your inadequacies, the things you hide—it's understanding where they come from and recognizing how you see yourself, so you can live your goals. 118 pages. Simple Truths. Paperbound. Pub. at \$12.99 **\$5.95**



9359141 INSTANT KARMA: 8,879 Ways to Give Yourself and Other Good Fortune Right Now. By Barbara Ann Kiefer. Inspired by the wisdom of the East and its emphasis on awareness, harmony, right thought, and right action, here are thousands of simple, immediate suggestions for enlivening and enlightening your life and the lives of those around you. 419 pages. Workman. Paperbound. Pub. at \$9.95 **\$4.95**



9353062 YOU ARE WHAT YOU BELIEVE: Simple Steps to Transform Your Life. By Hyrum W. Smith. Reveals through a clear and simple model, how we get to the point where our behaviors aren't resulting in our needs being met, and then describes the steps we must take to identify and rectify the beliefs leading to our painful behavior. 95 pages. Berrett-Koehler. Paperbound. Pub. at \$14.95 **\$4.95**



LIMITED QUANTITY 9374205 MY POCKET GUIDE TO MANIFESTATION: Anytime Activities to Set Intentions, Visualize Goals, and Create the Life You Want. By Kelsey Aida Roulades. Wherever you are and at whatever time of day, this guide will help bring your desired reality to life. Features more than 90 illuminating and effective activities to help you visualize your intentions, realize your goals, and overcome obstacles and resistance. 176 pages. Adams Media. Paperbound. Pub. at \$14.99 **\$5.95**



★ 7886063 THE LAW OF ATTRACTION: The Power of Thought to Manifest Your Best Life. By William Walker Atkinson. Introduces the paradigm shifting concept of the Law of Attraction. This "one great law" governs the universe and the world we experience. It simply states that whatever the focus of our thoughts and expectations—whatever we desire or fear—is exactly what we receive. Atkinson shows readers how to harness this radical power to create a life of abundance and happiness. 89 pages. St. Martin's. Paperbound. Pub. at \$18.00 **\$12.95**



7961499 THE DOG WHO TOOK ME UP A MOUNTAIN: How Emme the Australian Terrier Changed My Life When I Needed it Most. By R. Crandall & J. Cosgriff. Fearing that his future was headed downhill, Crandall's fortunes change with a move to Colorado, a new marriage, and his wife Pamela's fortuitous suggestion: "Let's get a dog." So begins the friendship of Rick and Emme, a pint-sized Australian terrier. With an irrepressible spirit and joy for life, Emme shows Rick that passion is the key to fulfillment. 16 pages of color photos. 228 pages. Health Communications. Paperbound. Pub. at \$15.95 **\$3.95**



9323481 THE JOURNEY: Big Panda and Tiny Dragon. By James Norbury. Although content in their temple high in the mountains, Tiny Dragon and Big Panda decide to make a journey together to new and distant lands. As they encounter dangers and challenges, they learn that everything they need is already inside them and that change is possible, and, with patience, can lead to better things. Includes ribbon bookmark. 159 pages. Mandala. Pub. at \$21.99 **\$6.95**



9377077 88 DAYS TO ANY GOAL: How to Create Crazy Success Fast. By Rollan Roberts. From starting a new business to losing weight, you can achieve any goal as long as you face your challenges with 100% focus, purpose, and passion. When you are fully committed, that's when the magic happens. Well illus. in color. 99 pages. Simple Truths. Pub. at \$16.99 **\$5.95**



9360204 GET YOUR SH*T TOGETHER. By Sarah Knight. Introduces readers to the joys of mental decluttering. This guide takes you one step further in work and in life—organizing the f*cks you want and need to give, and cutting through the bullshit cycle of self-sabotage to get happy and, importantly, stay that way. 286 pages. Voracious. Pub. at \$25.00 **\$5.95**



9299912 TIMEBOXING: The Power of Doing One Thing at a Time. By Mark Zao-Sanders. A comprehensive guide to carefully and intentionally selecting what to do, specifying start and finish times, focusing solely on that single activity, and getting it done to an acceptable standard within that timeframe. 310 pages. St. Martin's. Paperbound. Pub. at \$16.00 **\$4.95**



9228306 CONSCIOUS LUCK: Eight Secrets to Intentionally Change Your Fortune. By G. Hendricks & C. Kline. Shares eight secrets that will allow you to intentionally change your fortune. You'll learn how to take control of your destiny and create the dazzling life of your dreams with this powerful step-by-step program. 180 pages. St. Martin's. Pub. at \$19.99 **\$5.95**



9062114 IT WORKS: The Famous Little Red Book That Makes Your Dreams Come True. By R.H. Jarrett. Explore a life-changing plan for achieving your deepest held ambitions and your loftiest dreams. With three short rules and a concrete plan of action, it is a compact, practical guide to change in every area of your life. Includes a powerful bonus book: *The Magic Story* by Frederick Van Rensselaer Dey. 80 pages. St. Martin's. Paperbound. Pub. at \$11.00 **\$4.95**

9300929 INNER EXCELLENCE: Train Your Mind for Extraordinary Performance and the Best Possible Life. By Jim Murphy. A step-by-step manual for mastering your inner mind for peak performance and living your life to the fullest. 326 pages. Grand Central. Paperbound. Pub. at \$19.99 **\$5.95**



9369619 BOUNCE BACK: 12 Warrior Principles to Reclaim & Recalibrate Your Life. By Travis Mills. We all have those moments, the ones where we are set adrift by a life-changing event. Yet we often lack the ability to parse these moments, understand how to respond, and move beyond them. Mill's message, that we cannot control what happens to us, we can only focus on how we react and move forward, will inspire survivors everywhere. 201 pages. Hachette. Pub. at \$28.00 **\$6.95**

9337334 52 WAYS TO LIVE A KICK-ASS LIFE: BS-Free Wisdom to Ignite Your Inner Badass and Live the Life You Deserve. By Andrea Owen. An updated kick in the butt for people everywhere, this collection of challenges will help you discover your inner badass and create the happy life you've always wanted. 255 pages. Adams Media. Paperbound. Pub. at \$17.99 **\$5.95**

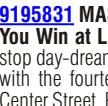
Inspiration, Motivation & Self-Discovery



903787X HOW TO BE HIGHLY SENSITIVE & EMPOWERED: A Revolutionary Healing Guide for Empaths. By Jane Novak. The most emotionally perceptive and sensitive people, known as empaths, have a gift: they connect with others deeply, and they can understand and channel the energy around them. This work will take you on a transformational journey to reclaim your sensitivity as a superpower, and unlock a sense of freedom in all areas of your life. 159 pages. Watkins. Paperbound. Pub. at \$16.95 **\$3.95**



2091631 DON'T WORRY: 48 Lessons on Relieving Anxiety from a Zen Buddhist Monk. By Shunmyo Masuno. Think of a time when you were worried about something, but then you suddenly realized how insignificant it was. Isn't it amazing how much lighter you felt? The key is to focus only on the here and now. By doing so, you free yourself from unnecessary anxiety, and your mind will be at peace. 208 pages. Penguin. Pub. at \$22.00 **\$5.95**



9195831 MASTER WHAT MATTERS: 12 Value Choices to Help You Win at Life. By John C. Maxwell. Move past what used to be, stop day-dreaming about what could be, and make the most of today with the fourteen values that help leaders win at life. 202 pages. Center Street. Paperbound. Pub. at \$15.99 **\$4.95**



934800X THE STOIC CAPITALIST: Advice for the Exceptionally Ambitious. By Robert Rosenkranz. The Stoic ideal of a well-lived life has been around since 300BC, but what can we learn from it 2,300 years later? This work shows how its teachings can lead to a life of accomplishment, fulfillment, and impact. 262 pages. Bloomsbury. Pub. at \$28.00 **\$6.95**



★1923676 MASTERY. By Robert Greene. The author of *The 48 Laws of Power*; *The 33 Strategies of War*; and *The Art of Seduction* here argues convincingly that the potential for Mastery lies within each of us, and guides us along the secret paths you must follow. He also profiles such Masters as Charles Darwin, Benjamin Franklin, Henry Ford, Carl Jung, and Albert Einstein. 336 pages. Penguin. Paperbound. Pub. at \$25.00 **\$11.95**



905331X HARD SENSE IN SOFT WORDS: Sayings from the Great Oral Tradition of Ireland. By C.B. Ryan. A collection of sayings and stories on a multitude of subjects. Each chapter embraces unique Irish wisdom on a different topic, including such classic Irish themes as friendship, money, trust, romance, faith, blarney, gossip, and luck. 131 pages. M. Evans. Pub. at \$17.95 **\$2.95**



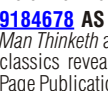
9374051 THE 369 JOURNAL: Neuroscience-Based Journaling—Your Key to Unlocking Limitless Potential with Numerology. By Keila Shaheen. At its core, the 369 method combines numerical patterns with the power of your mind to help you manifest your biggest dreams and transform your life. Whether you're looking to manifest abundance, attract love and happiness, or achieve any other goal, this journal can help you stay focused, motivated, and on track. 207 pages. Atria. Paperbound. Pub. at \$21.99 **\$5.95**



9264957 LIFE WORTH LIVING: A Guide to What Matters Most. By Miroslav Volf et al. What makes a good life? This question is inherent to the human condition, asked by people across generations, professions, and social classes. The authors provide readers with jumping-off points, road maps, and habits of reflection for determining where their lives hold meaning and where things need to change. 315 pages. Open Field. Pub. at \$29.00 **\$5.95**



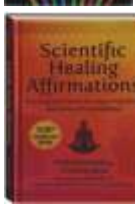
9105689 BE MORE JANE: Bring Out Your Inner Austen to Meet Life's Challenges. By Sophie Andrews. Address life with more sense and less prejudice, taking useful lessons from the novels and letters of Jane Austen, one of the world's best-loved writers. Learn the importance of being yourself and the danger of allowing others to influence you unduly, understand how to wait for love, and how to recognize it when it comes and more. Well illus. in color. 64 pages. CICO Books. Pub. at \$9.95 **\$4.95**



9184678 AS A MAN THINKETH. By James Allen. Collects *As a Man Thinketh* and *From Power to Poverty*. This combination of literary classics reveals how thought can shape your destiny. 150 pages. Page Publications. Paperbound. Pub. at \$13.99 **\$3.95**



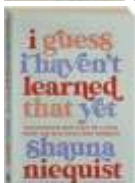
★9210202 THE CREATIVE'S MIND: How Exceptional Artists Think, Make, and Perform. By Jim Afremow with P. White. In every creator's journey, there comes a stage where mental challenges are bigger than artistic ones, and it can be hard to know where to turn. This insightful guide offers a rich source of mental strategies, resilience tips, and practical advice tailored specifically for creatives. 236 pages. BenBella. Paperbound. Pub. at \$21.95 **\$16.95**



★9003940 SCIENTIFIC HEALING AFFIRMATIONS: The Original Classic for Improving One's Mental and Physical State. By Paramhansa Yogananda. First published in 1924. Describes the pathway to achieve wellness and clarity through a series of time-honored affirmations derived from Eastern spiritual philosophy. Far ahead of its time, it was the one of the first to highlight the scientific correlations between positivity and bolstering your mental, physical, and spiritual health. 111 pages. Clydesdale. Pub. at \$12.99 **\$6.95**



9365214 THE MAGIC OF KNOWING WHAT YOU WANT: A Practical Guide to Unearthing the Wisdom of Your Desires. By Tracey Gee. Through interactive exercises, relatable case studies, and thoughtful questions, Gee helps you discover what you truly want in and from life, teaches you how to turn those desires into action, and shows you that a thriving, abundant existence is closer than you think. 238 pages. Revell. Paperbound. Pub. at \$18.99 **\$5.95**



9319085 I GUESS I HAVEN'T LEARNED THAT YET: Discovering New Ways of Living When the Old Ways Stop Working. By Shauna Niequist. When everything we've been clinging to falls apart, how do we know what to keep and what to let go of? This work provides a clear-eyed look at where we go from here—and how we can transform our lives along the way. 220 pages. Zondervan. Pub. at \$26.99 **\$6.95**



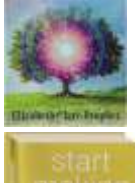
7857209 THE LITTLE BOOK OF BOB: Life Lessons from a Streetwise Cat. By James Bowen. In *Bob the Cat*, Bowen found a model for friendship, steadfastness, balance, and joy that we can all apply to our own lives. Here are heartfelt and wholesome thoughts about how to be kinder to ourselves and kinder to the world around us. 166 pages. St. Martin's. Pub. at \$24.99 **\$3.95**



9367675 GET HONEST OR DIE LYING: Why Small Talk Sucks. By Charlamagne The God. Fame, money, social media, politics, hip-hop culture, marriage, and fatherhood—Charlamagne takes it all on here. This master of seeing through the B.S. even calls it on himself, as he delivers his most insightful and heartfelt work yet—his call to stop the insanity while we still can. 213 pages. Atria. Pub. at \$28.99 **\$5.95**



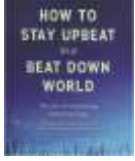
9307907 ABUNDANT EVER AFTER: Tools for Creating a Life of Prosperity and Ease. By Cathy Heller. A powerful guide for anyone ready to embrace abundance, unleash their most authentic self, and transform their life. 261 pages. S&S. Pub. at \$28.99 **\$6.95**



★9302425 THE ALCHEMY OF DIVINE WEALTH: Unlock the Power of Your Spiritual Reality. By Elizabeth Clare Prophet. Feeling stuck in everyday life? Burned out on vision boards, affirmations, and trying to manifest? There is a reason the law of attraction isn't working for you, and it's not your fault. You'll discover that wealth isn't something you attract—it's something you become. Illus. in color. 256 pages. Summit. Paperbound. Pub. at \$18.95 **\$14.95**



929905X START MAKING SENSE: How Existential Psychology Can Help Us Build Meaningful Lives in Absurd Times. By Steven J. Heine. A deep, thoughtful investigation into the science of why we crave meaning—and how we can pursue it in this age of anxiety while providing a blueprint for building a better life. 335 pages. Basic. Pub. at \$32.00 **\$7.95**



9267468 HOW TO STAY UPBEAT IN A BEAT DOWN WORLD: The Art of Cultivating Enduring Hope. By Sue Patton Thoele. Reevaluate self-doubt to change it into the motivation you need to achieve happiness. With insightful advice for finding and practicing positive change, you too can rediscover peace of mind during difficult times. 223 pages. Books That Save Lives. Paperbound. Pub. at \$19.99 **\$5.95**

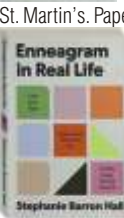
Inspiration, Motivation & Self-Discovery



9336397 YOU HAVE THE MAGIC: Harness the Power of Your Mind to Transform Your Reality. By Haley Hoffman Smith. Empowers you to embrace the potential within your own mind to unlock magical change in your world and manifest the life you deserve. 226 pages. Running Press. Pub. at \$27.00 **\$6.95**



***931380X MAGNETIC: The Secret to Manifesting Health, Wealth, Love, and Happiness.** By Rochelle Fox. Be guided through the secrets of magnetism, equipping you with the ultimate law of attraction toolkit for mastering your subconscious mind and directing your attention and energy toward turning your dream life into reality. Learn to tap into the three pillars of magnetism: Mindset, Meditation, and Manifesting. 338 pages. St. Martin's. Paperbound. Pub. at \$20.00 **\$14.95**



9379487 ENNEAGRAM IN REAL LIFE: Find Your Type, Understand Who You Are, & Take Steps Toward Growth. By Stephanie Barron Hall. Shows you how to use the Enneagram as a tool for self-discovery and a practical way to achieve growth. Includes relatable stories from real clients, tangible growth practices, frameworks, and actionable advice you can use to incorporate the Enneagram's transformative power into all aspects of life. 304 pages. Harper. Pub. at \$24.99 **\$5.95**



9377603 THE KARMA OF SUCCESS: Spiritual Strategies to Free Your Inner Genius. By Liz Tran. Tran will teach you the Four Pillars of Spiritual Strategy: inquiring inward, manifesting mindfully, enriching your energy, and becoming brilliant. You will also be guided by stories of business leaders, tech visionaries, and regular people who have learned to access their intuition to unlock their full potential. 118 pages. Portfolio. Pub. at \$28.00 **\$5.95**

9361286 ANATOMY OF A BREAKTHROUGH: How to Get Unstuck When It Matters Most. By Adam Alter. A groundbreaking guide to breaking free from the thoughts, habits, jobs, relationships, and even business models that prevent us from achieving our full potential. 289 pages. S&S. Pub. at \$28.99 **\$5.95**



9360085 CLAIM YOUR CONFIDENCE: Unlock Your Superpower and Create the Life You Want. By Lydia Fenet. From building up the courage to do what scares you the most to persisting when all you want to do is give up, get ready to claim and utilize your inner confidence and get the life you want. 279 pages. Gallery. Paperbound. Pub. at \$18.99 **\$5.95**



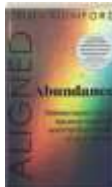
***930875X YOSHUKU: The Japanese Art of Manifesting.** By Azumi Uchitani. A beautifully illustrated guide to the ancient Japanese art of manifesting and pre-celebration, providing practical advice on how to slow down, tune into the rhythms of the universe, and achieve your goals. 217 pages. HarperOne. Paperbound. Pub. at \$18.99 **\$14.95**

9296565 MAKE MAGIC: The Book of Inspiration You Didn't Know You Needed. By Brad Meltzer. Meltzer uses magic as allegory, sharing the secret that there are only four types of magic tricks: you make something appear, you make something disappear, you make two things switch places, and you turn one thing into something else—the hardest trick of all, transformation. 96 pages. Morrow. Pub. at \$14.99 **\$5.95**



9102086 EAT YOUR WAY TO A SIX PACK: The Ultimate 75 Day Transformation Plan. By Scott Harrison. The author's life-changing program *The Six Pack Revolution* has helped a community of tens of thousands of people across 57 countries gain confidence and achieve the best shape of their lives. This work puts it in print, with tailored recipes and meal planning, fitness challenges that are fun and empowering, and transformative mindset coaching. Well illus. in color. 208 pages. Dorling Kindersley. Paperbound. Pub. at \$24.99 **\$7.95**

***9201890 MONEY LOVES ME: The Spiritual Guide to Manifesting Abundance.** By Farah Orths. Learn to manifest prosperity by aligning with the spiritual energy of money. Transform scarcity and self-doubt into natural abundance. 220 pages. Hay House. Paperbound. Pub. at \$19.99 **\$14.95**



***9174222 ALIGNED ABUNDANCE: Release Expectations, Become Magnetic and Manifest the Life of Your Dreams.** By Emma Mumford. This brand-new alignment-based approach to manifestation is all you need to unlock the abundant life you deserve. It debunks the myths that overcomplicate the manifesting process and shows you how to align with your desires from a place of embodiment, flow, and joy. 230 pages. Watkins. Paperbound. Pub. at \$19.95 **\$14.95**



9361553 HUMAN DESIGN MADE SIMPLE: Unlock Your Strengths and Discover Your True Purpose. By Emma Dunwoody. Providing journal prompts, future-visioning, and actionable tips on applying new self-knowledge, this is your personalized toolkit to take your life in the direction you want to go. 296 pages. Penguin. Paperbound. Pub. at \$20.00 **\$5.95**



***9358153 ATTRACT IT ALL: The Real Secret to Manifestation.** By Tsikki Thau. The author unveils the secret to attracting your heart's desires, offering a magical blend of ancient and modern techniques. Featuring Thau's powerful original exercises and real success stories, this transformative work provides the tools to revolutionize your life, manifest wealth, receive love, and cultivate lasting happiness. 278 pages. Llewellyn. Paperbound. Pub. at \$17.99 **\$12.95**



9360158 FINISH STRONG: Amazing Stories of Courage and Inspiration. By Dan Green. Through dozens of timeless examples of people who have embraced finishing strong personally, professionally, and spiritually, this work will teach you how to commit to yourself and unlock a higher level of accomplishment. Illus. in color. 108 pages. Simple Truths. Pub. at \$16.99 **\$5.95**



9359540 MACHIAVELLI FOR WOMEN: Defend Your Worth, Grow Your Ambition, and Win the Workplace. By Stacey Vanek Smith. An accessible, funny, clear-eyed, and practical guide for how women can apply the principles of 16th-century philosopher Niccolò Machiavelli to their work lives and finally shatter the glass ceiling. 271 pages. Gallery. Paperbound. Pub. at \$18.99 **\$5.95**

9336540 CRUNCH TIME: How to Be Your Best When It Matters Most. By R. Peterson & J. Hoekstra. An MLB pitching coach and a leadership expert share six strategies to help you handle pressure like elite athletes. 175 pages. Berrett-Koehler. Paperbound. Pub. at \$19.95 **\$5.95**



***9375805 DEEP MEANINGFUL CONVERSATIONS WITH MYSELF.** By V. King & Kaushal. This six-month daily journal gives you the tools to find your truth and discover your authentic self. With space to share your daily affirmations, release everything on your mind, and answer thought-provoking questions, you'll be able to refine your core values, explore your boundaries, and make mindful choices. 437 pages. Bluebird. Pub. at \$24.99 **\$18.95**



9374973 THE ONLY CONSTANT: A Guide to Embracing Change and Leading an Authentic Life. By Najwa Zebian. Zebian guides you through the changes we must make and those we must endure in life, offering support, stabilizing practices, and step-by-step guidance to navigate uncertainty. The author shares stories of change from her own life, such as the loss of a loved one, and accepting the changes required to manage chronic illness. 252 pages. Harmony. Pub. at \$24.99 **\$6.95**



***9337326 BEST-LAID PLANS: A Simple Planning System for Living a Life That You Love.** By Sarah Hart-Unger. Instead of greeting each day in a scramble to keep up, create a clearly laid-out plan, complete with breathing room for rest and fun. This volume offers an intuitive planning method for setting audacious goals, working with the natural rhythms of your life in every season, and bringing a sense of peace and joy back to your daily life. 213 pages. Sourcebooks. Paperbound. Pub. at \$17.99 **\$13.95**

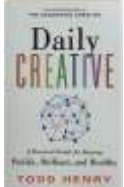
***9301305 DISRUPT EVERYTHING—AND WIN: Take Control of Your Future.** By James Patterson & P.Leddin. Every day, we are confronted with sudden pivots at our workplace and in the job market, rule-changing technology such as AI, unexpected crises, a culture of chaos, and the sinking feeling that we are losing control of our lives. This work is about taking back control. 370 pages. Little, Brown. Pub. at \$32.50 **\$24.95**

Inspiration, Motivation & Self-Discovery

9374078 ALPHA KINGS. By Nick Adams. The roadmap for every young man to unlock their full potential. Makes the case for traditional masculinity, tackling the culture wars, sports, and politics. 91 pages. BookBaby. Paperbound. **\$5.95**



9312811 LESSONS FROM LUCY: The Simple Joys of an Old, Happy Dog. By Dave Barry. As Barry turns seventy—not happily—he realizes that his dog, Lucy, is dealing with old age far better than he is. Equal parts ridiculous and wise, this is a witty and affable guide to joyous living at any age. 225 pages. S&S. Paperbound. Pub. at \$17.99 **PRICE CUT to \$4.95**



9245960 DAILY CREATIVE: A Practical Guide for Staying Prolific, Brilliant, and Healthy. By Todd Henry. An inspirational guide that helps professionals spark creativity day in and day out. Avoid burnout and inspire your creativity with this daily reader that pushes you to feel energized and ready for innovation! 382 pages. Simple Truths. Paperbound. Pub. at \$17.99 **PRICE CUT to \$3.95**

9312684 GET OUT OF YOUR OWN WAY: Overcoming Self-Defeating Behavior. By M. Goulston & P. Goldberg. Explains why we sabotage ourselves, tracing back to the childhood origins of various behaviors, and offers practical lessons for overcoming negative behaviors such as procrastination, envy, obsession, and anger. 177 pages. Perigee. Paperbound. Pub. at \$19.00 **PRICE CUT to \$4.95**



9353518 YOU ARE WHAT YOU THINK: Using Positive Self-Talk to Change Your Life. By David Stoop. Shows you how to use self-talk to make positive changes in your attitude and belief to choose healthy positive thoughts; respond rather than react to circumstances; overcome guilt, anger, anxiety, and stress; release the power of faith; and more. 203 pages. Revell. Paperbound. Pub. at \$13.99 **PRICE CUT to \$3.95**



9194010 ON CHARACTER: Choices that Define a Life. By Stanley McChrystal. Draws from the retired four-star general's experiences to explore the discipline required to live up to our deeply held beliefs. A challenge to the reader to reflect on how we can embody our principles in every aspect of our lives. 284 pages. Portfolio. Pub. at \$30.00 **PRICE CUT to \$14.95**

922839X LIVE LIKE A GUIDE DOG. By M. Hingson & K.W. Kent. 275 pages. Tyndale. Paperbound. Pub. at \$29.99 **\$5.95**

1127713 HOW TO TALK WITH YOUR ANGELS. By Kim O'Neill. 216 pages. Avon. Paperbound. Pub. at \$9.99 **\$6.95**

9314792 UNCOMMON: Simple Principles for an Extraordinary Life. By Mark Divine. 279 pages. St. Martin's. Pub. at \$29.00 **\$5.95**

4619439 THE MIRACLE POWER OF YOUR MIND: The Joseph Murphy Treasury. 929 pages. Tarcher/Penguin. 8 1/2 x 10 1/2. Paperbound. Pub. at \$35.00 **\$17.95**

916149X THE IMAGINATION MUSCLE: Where Good Ideas Come from (and How to Have More of Them). By Albert Read. Illus. 308 pages. Union Square & Co. Paperbound. Pub. at \$18.99 **\$5.95**

9318038 SPEECH THERAPY: 65 Pick-Me-Ups to Get You Through Many of Life's What-the-F*cks. By Kyle Creek. 143 pages. Harper. Pub. at \$22.00 **\$5.95**

9328734 HEAVILY MEDITATED: The Fast Path to Remove Your Triggers, Dissolve Stress, and Activate Inner Peace. By Dave Asprey. 342 pages. Harper. Pub. at \$32.00 **\$6.95**

9300325 THE BOOK OF SHADOW WORK: Unlock the True You—The Must-Have Guide to Inner Healing and Authenticity. By Keila Shaheen. 233 pages. Atria. Pub. at \$28.99 **\$6.95**

9278893 THE ART OF NON-CONFORMITY: Set Your Own Rules, Live the Life You Want, and Change the World. By Chris Guillbeau. 242 pages. Tarcher. Paperbound. Pub. at \$17.00 **\$5.95**

9225684 THE PROSPEROUS POWER OF YOUR SUBCONSCIOUS MIND. By Joseph Murphy. 260 pages. St. Martin's. Paperbound. Pub. at \$19.00 **\$13.95**

7933789 ANGELS AND THE MIRACULOUS: Chicken Soup for the Soul. Ed. by Amy Newmark. 351 pages. Chicken Soup for the Soul. Paperbound. Pub. at \$16.95 **\$12.95**

9235973 KIDDING: Childlike Solutions to Bullsh*t Adult Problems. By Laura Jane Williams. 200 pages. Running Press. Pub. at \$17.00 **\$4.95**

9084169 HIGH ON LIFE: How to Naturally Harness the Power of Six Key Hormones and Revolutionize Yourself. By David J.P. Phillips. 254 pages. Pegasus. Pub. at \$24.95 **\$6.95**

9153462 CREATIVITY BEGINS WITH YOU: 31 Practical Workshops to Explore Your Creative Potential. By A. Neal & D. Star. Well illus. in color. 240 pages. Laurence King. Paperbound. Pub. at \$24.99 **PRICE CUT to \$3.95**

9153861 FORGED IN DARKNESS: The Many Paths of Personal Transformation. By Joanna LaPrade. Illus. 314 pages. Watkins. Paperbound. Pub. at \$19.95 **\$5.95**

9251014 HEAR YOURSELF: How to Find Peace in a Noisy World. By Prem Rawat. 260 pages. Harper. Pub. at \$26.99 **PRICE CUT to \$4.95**

9239928 INSPIRE: The Universal Path for Leading Yourself and Others. By Adam Galinsky. Photos. 294 pages. Harper. Pub. at \$32.00 **PRICE CUT to \$3.95**

9207651 BEYOND THE SURFACE: A Gold Medalist's Guide to Finding and Loving Yourself. By Jessica Long. 167 pages. Sounds True. Pub. at \$25.99 **PRICE CUT to \$3.95**

9125876 A NEW EARTH: Awakening to Your Life's Purpose. By Eckhart Tolle. 313 pages. Penguin. Paperbound. Pub. at \$18.00 **\$9.95**

9245138 IMPOSTER NO MORE: Overcome Self-Doubt and Imposterism to Cultivate a Successful Career. By Jill Stoddard. 258 pages. Balance. Pub. at \$29.00 **PRICE CUT to \$3.95**

9203664 THE ADMIRAL'S BOOKSHELF. By James G. Stavridis. 209 pages. Naval Institute. Pub. at \$26.95 **\$14.95**

9165614 THE ENNEAGRAM OF THE SOUL: A 40-Day Spiritual Companion for the 9 Types. By Nhien Vuong. 215 pages. Hampton Roads. Paperbound. Pub. at \$18.95 **PRICE CUT to \$9.95**

9192492 THE ENNEAGRAM LETTERS: A Poetic Exploration of Who You Thought You Had to Be. By Sarajane Case. 202 pages. Andrews McMeel. Pub. at \$18.99 **PRICE CUT to \$2.95**

9149759 THE SEED OF DREAMS: A Practical Guide to Growing Bold Visions in the Garden of Your Life. By Chip Richards. 191 pages. Blue Gaia. Paperbound. Pub. at \$23.95 **PRICE CUT to \$9.95**

8792097 HEALING THROUGH INDIGENOUS WISDOM: A 52-Week Guide. By Valerie Ringland. 298 pages. Rockpool. Paperbound. Pub. at \$18.95 **PRICE CUT to \$5.95**

9034633 ORDINARY MYSTICISM: Your Life as Sacred Ground. By Mirabai Starr. 219 pages. HarperOne. Pub. at \$26.99 **PRICE CUT to \$4.95**



9361367 DAMAGED BUT NOT DESTROYED: From Trauma to Triumph. By Michael Todd. **LARGE PRINT EDITION.** Provides tools to identify the impact of your damage, see yourself the way God sees you, and realize that healing is all about progression, not perfection. You may be damaged, but you are not destroyed—it's time to turn that pain into power! 208 pages. Random. Paperbound. Pub. at \$29.00 **\$6.95**

9164286 LIFE'S GOLDEN TICKET: A Story About Second Chances. By Brendon Burchard. **LARGE PRINT EDITION.** 295 pages. HarperLuxe. Paperbound. Pub. at \$19.99 **\$7.95**

Healing & the Mind

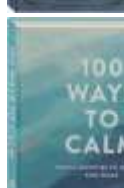
7989490 5-MINUTE FOCUS: Exercises to Reduce Distraction, Improve Concentration, and Increase Performance. By Tiffany Shelton Marlotte. Shows you smart, neuroscience based exercises so you can flex your focus and get more done. Get 75 quick, easy, scientifically proven tips and tricks you can use to tackle stress at home, at work, in relationships, and beyond. 162 pages. Rockridge. Paperbound. Pub. at \$12.99 **\$2.95**



9351310 HEALING THE MODERN BRAIN: Nine Tenets to Build Mental Fitness and Revitalize Your Mind. By Drew Ramsey. This essential guide explores the ten tenets vital to cultivating mental fitness and provides direct, actionable techniques to improve brain function and emotional health. 217 pages. Harper. Pub. at \$32.00 **\$6.95**



9314172 DREAMS: Your Personal Guide. By Angela Mogridge. What are dreams, and what do they mean? This guide presents scientific and spiritual theories, along with a comprehensive dictionary of dream symbols and situations, and their corresponding interpretations. Illus. 144 pages. Wellfleet. Pub. at \$19.99 **\$5.95**



9374043 100 WAYS TO CALM: Simple Activities to Help You Find Peace. Bring peace, serenity, and tranquility to your life with these 100 activities and exercises to stay calm no matter what comes your way. From simple breathing exercises to walking or journaling, this practical guide offers a recommended method for everyone! 175 pages. Adams Media. Pub. at \$14.99 **\$5.95**

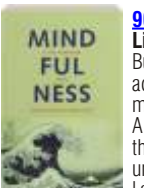
Healing & the Mind



9337938 STOP OVERTHINKING: A Workbook to Calm Your Busy Mind. By Molly Burford. Learn to manage stress in healthier, more productive ways, with over 120 exercises to help you break out of the overthinking spiral and redirect your thoughts. 175 pages. Adams Media. Paperbound. Pub. at \$17.99 **\$5.95**



9366857 CONCUSSION RESCUE: A Comprehensive Program to Heal Traumatic Brain Injury. By Kabran Chapek. Dr. Chapek describes in detail the programs and protocols he uses at the Amen Clinics to put patients on a pathway to recovery. For anyone struggling with the effects of a concussion, this guides you through strategies from the cutting edge of brain science. 254 pages. Citadel. Paperbound. Pub. at \$16.95 **\$4.95**



9087036 MINDFULNESS: In the Maelstrom of Life. By Edel Maex. Mindfulness finds its origins in Buddhist meditation techniques. Instead of trying to achieve goals that lie far ahead in the future, mindfulness teaches you to be present in the moment. A clear, concise and heartfelt guide to mindfulness that will help you to deal differently with the unavoidable agitations of life. Illus. 233 pages. Lannoo. Paperbound. Pub. at \$9.95 **\$4.95**



9374175 THE LITTLE BOOK OF SELF-HEALING: 150+ Practices for Healing Your Mind, Body, and Soul. By Nneka M. Okona. Self-healing helps you tune into the needs of your mind, body, and spirit to fully understand what you need for optimal health and wellness. Discover 200 practices that will help you learn to recognize the signs your body gives you and achieve the right balance for your mental and physical needs. 191 pages. Adams Media. Pub. at \$14.99 **\$5.95**



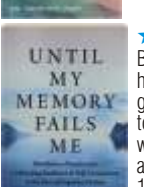
9346902 CREATING SANCTUARY: Sacred Garden Spaces, Plant-Based Medicine, and Daily Practices to Achieve Happiness and Well-Being. By Jessi Bloom. This stunning volume helps you discover the places, plants, and practices that can soothe and restore you every day, in your own backyard. Part inspiration and part how-to, this engaging guide will help you create a 14-day plan to bring you closer to nature. Fully illus. in color. 235 pages. Timber. Paperbound. Pub. at \$24.95 **\$7.95**



9267476 INSOMNIA DOC'S GUIDE TO RESTFUL SLEEP: Remedies for Insomnia and Tips for Good Sleep Health. By Kristen Casey. Mental wellness can greatly affect our quality of sleep; anxiety, depression, and fatigue may cause struggles with making choices that promote healthy sleep hygiene. Dr. Casey teaches you how to improve your mental health through better sleep for more restful nights. 248 pages. Mango. Paperbound. Pub. at \$19.99 **\$5.95**



9337830 OVERCOMING RELATIONSHIP ANXIETY. By Courtney Pare. From constantly doubting your partner's interest to overanalyzing every interaction, persistent relationship anxiety is a significant challenge. Discover a unique, personalized path to heal unhealthy habits and reclaim happiness. 240 pages. Adams Media. Paperbound. Pub. at \$17.99 **\$5.95**



★9212906 UNTIL MY MEMORY FAILS ME. By Sharon Lukert. A Buddhist chaplain shares hard-won wisdom for anyone standing at the gateway of cognitive decline. Learn specific ways to build emotional resilience as the mind falters, as well as medication practices and frank advice about medical care and shifting relationships. 194 pages. Shambhala. Paperbound. Pub. at \$19.95 **\$14.95**



9369570 THE ANXIETY RESET METHOD: Master Your Anxious Mind in 12 Weeks. By Georgie Collinson. Designed to combat high-functioning anxiety, this 12-week program uses holistic solutions that address both the psychological and physical factors behind anxiety. Merging science with the spiritual, and good health with good sense, you'll address both the mind and the body to change your relationship with anxiety forever. 251 pages. Hachette. Pub. at \$26.00 **\$5.95**

9378480 MANTRA MEDITATION: The Life-Changing Secret of Connection, Joy and Calm. By Radhika Das. Guides you through Vedic chants that can be practiced in solitude or with community and explores how these powerful tools can be integrated into your everyday life as you tap into a state of joy, clarity, and boundless love. Features practical exercises like simple postures, breathing techniques, and meditations. 203 pages. Sterling. Pub. at \$16.99 **\$5.95**



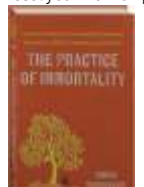
9343172 HOLISTIC HABITS: Build Your Best Life One Small Change at a Time. By E. Rushton & J. de Kwant. From building a better bedtime routine to getting outside into nature more and reconnecting with those around you, learn through 365 simple and practical prompts how to change your life for the better, one day at a time. Well illus. in color. 222 pages. Leaping Hare. Paperbound. Pub. at \$20.00 **\$5.95**



9247114 BRAVE NEW YOU: Strategies, Tools, and Neurohacks to Live More Courageously Every Day. By Mary Poffenroth. Combines the latest research in biology and psychology to help readers identify the hidden sources of struggle while teaching them to use neurohacks that will give them all the tools and strategies they need to live a fuller, happier life. 246 pages. Workman. Pub. at \$28.00 **\$6.95**



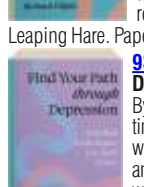
937888X THIS IS HOW YOU GROW AFTER TRAUMA: Simple Strategies for Resilience, Confidence, Healing and Hope. By Olivia Remes. Guide for navigating life's challenges, offering everyday techniques and exercises to overcome setbacks and achieve positive change. Whether you're dealing with job uncertainty, ill health, relationship problems, financial or mental health struggles, or the loss of a loved one, find meaning amidst the chaos and reset your life. 194 pages. Sourcebooks. Pub. at \$22.99 **\$5.95**



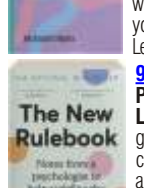
9371885 THE PRACTICE OF IMMORTALITY. By Ishan Shivanand. Grounded in the traditions of yoga, meditation, martial arts, storytelling, and herbal medicine, Shivanand developed the Yoga of Immortals (YOI) protocol, designed to combat stress, anxiety, and depression and to create healthy individuals and communities. The author shares these lessons and encourages us to take a step back. 266 pages. Balance. Pub. at \$28.00 **\$6.95**



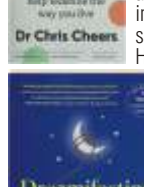
9364005 FIND YOUR PATH THROUGH ANXIETY: Mindful Techniques to Help You Find Ease. By Richard Gilpin. We all go through unnerving times, but when anxiety strikes, it can be hard to know what to do. Written by an experienced psychotherapist, this guide offers tips on how to use mindfulness and meditation to support you as well as help you regain your composure, build your resilience, and trust your inner wisdom. 143 pages. Leaping Hare. Paperbound. Pub. at \$10.99 **\$5.95**



9364013 FIND YOUR PATH THROUGH DEPRESSION: Mindful Techniques for Dark Times. By Richard Gilpin. We all go through dark and difficult times, but when depression strikes it can be hard to know what to do. This approachable, friendly guide written by an experienced psychotherapist, will help you explore what is bothering you, so that you can make adjustments you need to live a lighter, happier life. 142 pages. Leaping Hare. Paperbound. Pub. at \$10.99 **\$5.95**



9359621 THE NEW RULEBOOK: Notes from a Psychologist to Help Redefine the Way You Live. By Chris Cheers. A practical, game-changing guide to embracing the uncertainties of life. It compassionately asks you to re-examine five key areas: self-care, emotions, work, body, and love—the important stuff—and offers radical, evidence-based solutions to improve your wellbeing. 190 pages. Harper. Paperbound. Pub. at \$19.99 **\$5.95**



★9290664 DREAMIFESTING: Harnessing the Power of Your Dreams to Create the Life You Desire. By Kelly Sullivan Walden. Discover your authentic, soulful desires and create a life inspired by your wildest dreams, filled with the passion and purpose to become the best version of yourself. 344 pages. St. Martin's. Paperbound. Pub. at \$20.00 **\$14.95**



★9272909 MIND MANUAL: Your Complete Mental Fitness Toolkit. By Alex George. This work is broken down into four parts, with each one building on the last. The goal is to help readers establish a baseline, to know what peace feels like to you—and then to offer advice and tools to help maintain that as much as possible. 276 pages. Short Books. Paperbound. Pub. at \$12.99 **\$9.95**

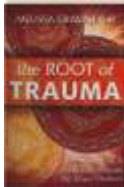
Healing & the Mind



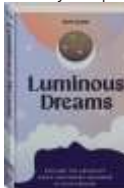
★9277145 OVERCOMING PANIC AND PANIC ATTACKS. By Phil Lane. Discusses where panic comes from, how it manifests, and what you can do about it. Written by a therapist who specializes in anxiety and went through his own journey with panic attacks, this volume describes how to employ evidence-based strategies such as grounding techniques, breathwork, cognitive behavioral approaches, and more. 160 pages. Sheldon. Paperbound. Pub. at \$18.99 **\$14.95**



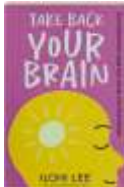
★9382364 HOW TO CHANGE: A Practical Guide to CBT. By E.I. Foreman & C. Pollard. Provides activities and experiments to explore and challenge, stories and exercises to provide perspective, and a clear framework to encourage and guide you, using the same tools employed by Cognitive Behavioral Therapy practitioners. Manage recurrences of negative thinking and behaviors, and develop strong coping strategies. 238 pages. Icon. Paperbound. Pub. at \$16.99 **\$13.95**



★935817X THE ROOT OF TRAUMA: Resolving Pain & Addiction Through the Lower Chakras. By Melissa Grabau. Childhood trauma creates imbalances in the root, sacral, and solar plexus chakras, blocking the higher chakras and stunting an individual's development. Grabau explains how each chakra aligns with a Western psychological diagnosis, then offers client stories that help you understand how to heal it. 289 pages. Llewellyn. Paperbound. Pub. at \$21.99 **\$16.95**



9328904 LUMINOUS DREAMS: Explore the Abundant Magic and Hidden Meanings in Your Dreams. By Katie Huang. This enchanting volume teaches you intuitive dream interpretation, the art of connection with the power and knowledge of your dreaming mind. In these pages, you'll discover a range of tools and wellness practices that empower you to tune in to the meaning behind your dreams. 191 pages. Chronicle. Pub. at \$19.95 **\$6.95**



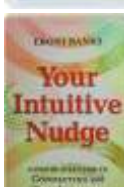
★9302670 TAKE BACK YOUR BRAIN. By Ilchi Lee. In a world overwhelmed by constant distractions and digital overload, we risk losing touch with our most valuable asset—our brain. This work offers a compelling guide to regaining control of your mind and living with clarity, purpose, and authenticity. 225 pages. Best Life Media. Paperbound. Pub. at \$19.95 **\$15.95**



★9118489 THE DOSE EFFECT: Optimize Your Brain and Body by Boosting Your Dopamine, Oxytocin, Serotonin, and Endorphins. By T.J. Power. Drawing on cutting-edge science, Power explores how biohacking your brain can enhance cognitive performance and improve the aspects of your life that ultimately control a happier, healthier, and more productive lifestyle. Well illus. 304 pages. Dey Street. Pub. at \$27.00 **\$17.95**



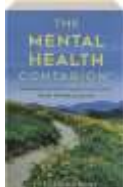
9374167 THE LITTLE BOOK OF REST: 100+ Ways to Relax and Restore Your Mind, Body, and Soul. By Stephanie Thomas. Take your self-care and healing to the next level by redefining rest with these accessible, practical approaches that go beyond sleep and focus on other physical, mental, spiritual, and emotional aspects of the self. 191 pages. Adams Media. Pub. at \$14.99 **\$5.95**



★9358188 YOUR INTUITIVE NUDGE: A Step-by-Step Guide to Connecting with Your Intuition. By Eboni Banks. Everyone has intuition, but using it requires an open mind and enhanced awareness. Designed to cater to your unique journey, this highly personalized volume will help you recognize, trust, and use your intuition in everyday life—without biases clouding your decisions. 199 pages. Llewellyn. Paperbound. Pub. at \$16.99 **\$12.95**



★9363165 WILD CREATURE MIND: Transform Anxiety and Live a Fiercely Loving Life. By Steve Biddulph. In a world grappling with unprecedented mental health challenges, Biddulph shows you how to awaken your dormant mind through poignant anecdotes and practical exercises. Learn to embrace your body's wisdom, trust your instincts, heal trauma, navigate life's complexities with newfound clarity, and profound transformation. 310 pages. Bluebird. Paperbound. Pub. at \$19.99 **\$14.95**



★9338543 THE MENTAL HEALTH CONTAGION: Navigating Yourself Through a Loved One's Mental Well-Being Decline. By Yvette Murray. Guides people in challenging relationships with someone suffering from a mental problem, disorder, or crisis, helping readers avoid the contagion through proper self-care. Provides an in-depth look at what we can do to prevent our own mental well-being decline while we care for our loved ones. 159 pages. Prometheus. Paperbound. Pub. at \$22.95 **\$17.95**

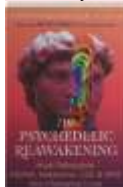


9372075 YOUR PAIN HAS A NAME. By Monica DiCristina. This self-guided introduction to therapy provides practical information and strategies to help you separate who you are from the stories your pain has told about you. You'll learn to honor, define, and release the stories that aren't yours to carry—allowing you to embrace your whole self. 215 pages. Worthy. Paperbound. Pub. at \$19.99 **\$5.95**



9167854 WALKING THROUGH DARKNESS: A Nature-Based Path to Navigating Suffering and Loss. By S. Ingerman & L. Roberts. Through teachings from the land, the sky, the sea, and the spiritual world, this sensitive and empowering guide opens us to our spiritual light so that we can face our greatest challenges with courage and love—no matter what they are. Illus. 186 pages. Sterling. Paperbound. Pub. at \$16.99 **PRICE CUT to \$3.95**

★9190686 BRAIN: An Owner's Guide. By Elizabeth R. Ricker. This work answers every question about the most complex organ in the human body. Learn how to maximize your cognitive, emotional, and social health and uncover how your brain changes throughout your life. Well illus. in color. 207 pages. Dorling Kindersley. Pub. at \$19.99 **PRICE CUT to \$9.95**



★9194533 THE PSYCHEDELIC REAWAKENING: How Psilocybin, MDMA, Ketamine, LSD, & DMT Are Changing Lives. By Anton Gomez-Esolar. Provides levelheaded, science-based information on various psychedelics, their risks and benefits, harm-reduction strategies, and the neural pathways each affects. Ideal for therapists, other health practitioners, and anyone curious about the healing power of psychedelics. Photos, some in color. 288 pages. Park Street. Paperbound. Pub. at \$24.99 **PRICE CUT to \$14.95**

★9170650 THE EXHAUSTED BRAIN: The Origins of Our Mental Energy and Why It Dwindles. By Michael Nehls. We live in a chronically exhausted society, but it doesn't have to be that way. Revitalize your brain and reclaim your mental energy with the revelatory techniques in this guide. 271 pages. Skyhorse. Pub. at \$32.99 **PRICE CUT to \$14.95**



★9338462 THE CONSPIRACY AGAINST LITHIUM: The Suppressed Essential Nutrient and Its Benefits for Mental Health. By Michael Nehls. Reveals that lithium, long dismissed as a psychiatric drug, is an essential trace element—vital for brain health, emotional stability, and social cohesion. And yet, most people today are chronically deficient in this crucial element. 341 pages. Skyhorse. Pub. at \$32.99 **\$24.95**

9350969 ALL THE LITTLE MONSTERS: How I Learned to Live with Anxiety. By David A. Robertson. 256 pages. Harper. Paperbound. **\$5.95**

9349588 CHAKRA HEALING: In Focus Workbook. By Deanna Gabriel Vierck. Illus. in color. 160 pages. Wellfleet. 8 1/2 x 10 3/4. Paperbound. Pub. at \$16.99 **SOLD OUT**

903790X THE MANDALA WAY: A Creative Journey into Healing and Self-Empowerment. By Eitan Kedmy. Well illus., most in color. 199 pages. Watkins. Paperbound. Pub. at \$24.95 **\$2.95**

★9270302 UNDERSTANDING AUTOIMMUNE DISEASE: A Therapist's Guide to Invisible Illness. By Nicoletta C. Skoufalos. 130 pages. Hatherleigh. Paperbound. Pub. at \$16.95 **\$12.95**

8166412 SAVE YOUR BRAIN. By Ginni Mansberg. 274 pages. Murdoch Books. Paperbound. Pub. at \$25.00 **\$5.95**

★9244271 THE POISONED ARROW: A Toltec Guide to Overcoming Fear. By Don Miguel Ruiz. 228 pages. Hierophant. Paperbound. Pub. at \$19.99 **\$14.95**

★9165827 PARANOIA: A Journey into Extreme Mistrust and Anxiety. By Daniel Freeman. 307 pages. William Collins. Paperbound. Pub. at \$19.99 **\$14.95**

9221778 BEAUTIFUL TRAUMA: An Explosion, an Obsession, and a New Lease on Life. By Rebecca Fogg. 260 pages. Avery. Pub. at \$26.00 **PRICE CUT to \$3.95**

★912473X THE BALANCED BRAIN: The Science of Mental Health. By Camilla Nord. 270 pages. Princeton. Paperbound. Pub. at \$19.95 **\$12.95**

Healing & the Mind

9239898 HOW TO BE SANE: A Groundbreaking Mental Wellness Guide. By Theresa Lawn. 143 pages. Andrews McMeel. Paperbound. Pub. at \$16.99 **PRICE CUT to \$3.95**

★9174303 MANIFEST YOUR TRUE ESSENCE: Clear Your Blocks, Find Your Joy, Live Your Truth. By Estelle Bingham. Illus. 270 pages. Hay House. Paperbound. Pub. at \$17.99 **PRICE CUT to \$7.95**

★9071725 DREAM WISE: Unlocking the Meaning of Your Dreams. By Lisa Marchiano et al. 335 pages. Sounds True. Pub. at \$29.99 **PRICE CUT to \$11.95**

★9244034 UNDERSTANDING DREAMS: How to Influence, Record and Interpret Your Dreams. By Paul Roland. 158 pages. Godsfield. Pub. at \$19.99 **PRICE CUT to \$11.95**

Facing Illness & Death



9221093 FINAL WISHES: A Journal for Reflections on Life and Guidance for Settling Your Affairs. By Amy Levine. Step-by-step guide to creating a plan for your last days and sharing your intentions with loved ones. Guidance on preparing key documents and other considerations is offered, including sharing key contact information, financial planning, health and well-being directives, funeral plans, last wishes, and more. 159 pages. Rock Point. 7½x10. Pub. at \$16.99 **\$5.95**



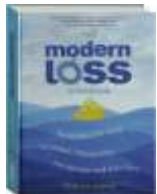
7797273 DEATH: The Scientific Facts to Help Us Understand It Better. By R. Beliveau & D. Gingras. Sprinkled with humor and the wisdom of great thinkers, this work reflects on our philosophical, scientific and spiritual understanding of death. Chapters cover diverse topics such as consciousness and the soul; terminal illness and dying slowly; how the body dies; murder and execution; and more. Well illus., many in color. 264 pages. Firefly. Paperbound. Pub. at \$29.95 **\$3.95**



9079556 IS THERE LIFE AFTER DEATH? The Extraordinary Science of What Happens When We Die. By Anthony Peake. Life is not what it seems. This work proposes a simply amazing theory, based upon solid scientific evidence: a theory that states that personal death is a scientific impossibility. Using the latest findings of neurology, quantum physics, and consciousness studies, Peake suggest that we never die. 416 pages. Sirius. Paperbound. Pub. at \$16.99 **\$6.95**



9264280 DO I HAVE TO WEAR BLACK TO A FUNERAL? 112 Etiquette Guidelines for the New Rules of Death. By Florence Isaacs. Answers questions about grief, funerals, different religious ceremonies, and more, offering practical guidelines for modern situations, and, yes, advice on what to wear. Offers fresh insights, plus an etiquette map of the right things to do and say. 176 pages. Countryman. Paperbound. Pub. at \$14.95 **\$4.95**



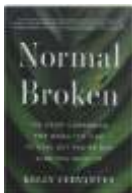
9298983 THE MODERN LOSS HANDBOOK: An Interactive Guide to Moving Through Grief and Building Your Resilience. By Rebecca Soffer. Offers candid, practical, and witty advice for confronting a future without your person, honoring their memory, dealing with trigger days, managing your professional life, and navigating new and existing relationships. 234 pages. Running Press. Pub. at \$22.00 **\$5.95**



★9360964 99 WAYS TO DIE: And How to Avoid Them. By Ashely Alker. An illuminating, hilarious, and practical guide to 99 of the most terrifying ways to die and how to avoid them, from an emergency medicine doctor. 365 pages. St. Martin's. Pub. at \$30.00 **\$22.95**



9359729 STAND BY ME: A Guide to Navigating Modern, Meaningful Caregiving. By Allison J. Applebaum. Draws on more than a decade of clinical and research experience and Dr. Applebaum's personal journey as the primary caregiver for her own father, legendary musician Stanley Applebaum. Offering critical insight and takeaways, this is a rich resource of invaluable information and expert advice for caregivers. 333 pages. S&S. Paperbound. Pub. at \$19.99 **\$5.95**



9306056 NORMAL BROKEN: The Grief Companion For When It's Time to Heal But You're Not Sure You Want To. By Kelly Cervantes. Cervantes isn't trying to tell you what to do, how to feel, or flinging sunny thoughts and prayers at you. After losing her daughter, she knows that grief is many things. It's weird. It sucks. It's all-encompassing. With chapters that can be read in any order, divided into "moments" of grief, you choose what you need at any given time. 211 pages. BenBella. Paperbound. Pub. at \$19.95 **\$5.95**



9246932 TOUCHING TWO WORLDS: A Guide for Finding Hope in the Landscape of Loss. By Sherry Walling. A trauma psychologist explores the inner workings of her grief and leaves an invaluable guide for those seeking hope in the aftermath of loss. Whether your loss is recent or old, the author delivers wise, tender guidance to help you carry the weight of grief while finding your path forward. 270 pages. Sounds True. Paperbound. Pub. at \$17.99 **\$5.95**



8996407 WILL THE CIRCLE BE UNBROKEN? Reflections on Death, Rebirth, and Hunger for a Faith. By Studs Terkel. Explores with unrivaled compassion and wisdom the indelible reactions of a wide variety of people to mortality, the experience of death, and the possibility of life afterward. 407 pages. New Press. Paperbound. Pub. at \$18.95 **\$5.95**



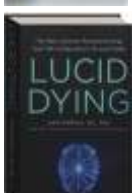
9307028 GRIEF IS FOR PEOPLE. By Sloane Crosley. How do we live without the ones we love? After the pain and confusion of losing her closest friend to suicide, Crosley looks for answers in philosophy and art, hoping for a framework more useful than the unavoidable stages of grief. 191 pages. Picador. Paperbound. Pub. at \$18.00 **\$5.95**



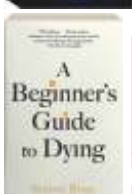
9300198 ALWAYS A SIBLING: The Forgotten Mourner's Guide to Grief. By Annie Sklaver Orenstein. A practical, compassionate guide to sibling loss, with research, stories, and strategies for "forgotten mourners" as they move through the stages of grief towards finding meaning. 355 pages. Hachette. Pub. at \$30.00 **\$6.95**



★9311653 THE ETERNAL BOND: Daughters Honor Their Mothers on the Other Side. By Janet Lynn Roseman. Grief is not limited to ordinary dimensions. Exploring physical, emotional, and spiritual components, this work fills a void in grief publications and sheds light on the sacred bond between mothers and their adult daughters. 335 pages. Llewellyn. Paperbound. Pub. at \$19.99 **\$14.95**



★8995702 LUCID DYING: The New Science Revolutionizing How We Understand Life and Death. By Sam Parnia. Parnia shows that the entity we refer to as consciousness—our Self—does not seem to become annihilated when we die. In fact, during death, our consciousness vastly expands and leads to a vivid experience that follows a very specific narrative arc. 342 pages. Hachette. Pub. at \$32.00 **PRICE CUT to \$14.95**



★9242287 A BEGINNER'S GUIDE TO DYING. By Simon Boas. In his mid-40s, aid worker Simon Boas was diagnosed with incurable cancer—it had been caught too late and spread throughout his body, ultimately claiming him. He was determined to die as he had learned to live—optimistically, thinking the best of people, and prioritizing what matters in life. 141 pages. Vintage. Paperbound. Pub. at \$17.00 **PRICE CUT to \$9.95**

★9242325 INFINITE LIFE, INFINITE LESSONS: Wisdom from the Spirit World on Living, Dying, and the In-Between. By Susan Grau. 255 pages. Hay House. Paperbound. Pub. at \$18.99 **\$13.95**

★9116370 DEATH: Friend or Enemy? Views From the Other Side. By Ann Merivale. 400 pages. 6th Books. Paperbound. Pub. at \$22.95 **\$11.95**

★7990154 GRIEF: A Philosophical Guide. By Michael Cholbi. 222 pages. Princeton. Paperbound. Pub. at \$16.95 **PRICE CUT to \$2.95**

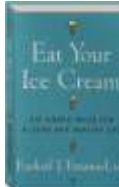
★7904665 SPONTANEOUS CONTACTS WITH THE DECEASED. By Evelyn Elsaesser. 321 pages. Iff Books. Paperbound. Pub. at \$19.95 **PRICE CUT to \$4.95**

Aging



9029982 THE AGELESS SPIRIT: Reflections on Living Life to the Fullest in Midlife and Years Beyond. Ed. by Connie Goldman. People over the age of 70 talk about how they remain vital. The result is a treasure of humor and profundity by some of the most fascinating and gifted men and women of our time. Well illus. 339 pages. Fairview. Paperbound. Pub. at \$14.95 **\$2.95**

★9285997 LIVE TO 100 AND LOVE IT: An Easy Road Map to Longevity. By Stacey Colino & the eds. of *Prevention*. This user-friendly guide includes strategies for disease prevention and long-lasting brain health, making aging well a realistic goal no matter your age. Fully illus. in color. 175 pages. Hearst. Pub. at \$25.00 **\$18.95**

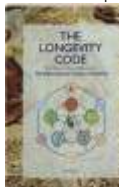


★9370102 EAT YOUR ICE CREAM: Six Simple Rules for a Long and Healthy Life. By Ezekiel J. Emanuel. Pairing common sense with wisdom, learn which lifestyle changes are worth making and how to implement them for longer, healthier, and happier lives. Gain greater clarity and a deeper understanding of what really matters for well-being—connection, purpose, and sustainable choices backed by rigorous science. 240 pages. Norton. Pub. at \$28.99 **\$21.95**



9305823 AGELESS: The Naked Truth About Bioidentical Hormones. By Suzanne Somers. Learn how anti-aging medicine and bioidentical hormone replacement can help combat the environmental assault that is making us sick. Other topics, such as menopause, hysterectomies, birth control pills, the importance of sleep, and the healing work that nature does during this time, are also discussed. 427 pages. Three Rivers. Paperbound. Pub. at \$16.00 **\$5.95**

★9289070 LONGEVITY: The Definitive Guide to a Long, Healthy and Happy Life. By Susannah Marriott. The desire for a long, healthy, and happy life is a universal one, yet society has a deep fear of aging. This work offers an all-encompassing, holistic look at how the body ages and what we can all do to age better. 301 pages. Godsfield. Paperbound. Pub. at \$12.99 **\$9.95**



★9356223 THE LONGEVITY CODE: The Ways of Five Elements in *The Yellow Emperor's Classic of Medicine*. By Yang Li. A beautifully illustrated, practical wellness guide that encourages us to live in harmony with nature's cycles, fostering both physical and mental health for a long and fulfilling life. Every wellness enthusiast will find inspiration and support within its pages. 138 pages. Shanghai Press. Paperbound. Pub. at \$24.95 **\$19.95**



★9337075 UNAPOLOGETIC AGING: How to Mend and Nourish Your Relationship with Your Body. By Deb Benfield. Unravels the toxic messages of anti-aging and diet culture, helping you let go of rigid rules and tune into what truly nourishes and delights you. When you stop fighting your body, you make room for vitality, self-trust, and joy. 311 pages. Sheldon. Paperbound. Pub. at \$21.99 **\$16.95**



★9369511 THE MYTH OF AGING: A Prescription for Emotional and Physical Well-Being. By Arnold Gilberg with J. Land. Dr. Gilberg offers a prescription for finding and keeping happiness and emotional well-being throughout a person's life, aimed mostly at those enjoying what should be the happiest years of their lives, but written so that his advice is accessible to people of any age. 220 pages. Post Hill. Paperbound. Pub. at \$18.99 **\$14.95**



★9093109 GROW A NEW BRAIN: How Spirit and Power Plants Can Protect and Upgrade Your Brain. By Alberto Villoldo. Growing older is inevitable, but aging can be prevented, even reversed—but only when you upgrade your brain, using both ancient and modern science, to create psychosomatic health. 199 pages. Hay House. Pub. at \$25.99 **PRICE CUT to \$14.95**

★9363513 GROW A NEW BRAIN. By Alberto Villoldo. Growing older is inevitable, but aging can be prevented, even reversed, when you upgrade your brain, using ancient and modern science and proven anti-aging techniques, to create psychosomatic and brain health. 199 pages. Hay House. Paperbound. Pub. at \$18.99 **\$14.95**

★9196471 AGE STRONGER: Prevent Pain, Preserve Mobility, Age Resiliently. By Matt Wiest. Looking to feel stronger and more flexible as you age? This guide is your program for doing just that, complete with photo-illustrated step-by-step instructions. 175 pages. Fair Winds. Paperbound. Pub. at \$26.99 **PRICE CUT to \$11.95**

9171487 THE BLUE ZONES SECRETS FOR LIVING LONGER: Lessons From the Healthiest Places on Earth. By Dan Buettner. 285 pages. National Geographic. Pub. at \$32.50 **\$6.95**

9235426 EAT YOUR AGE: Feel Younger, Be Happier, Live Longer. By Ian K. Smith. 374 pages. Harvest. Pub. at \$30.00 **\$6.95**

9278974 TRUE AGE: Cutting-Edge Research to Help Turn Back the Clock. By Morgan Levine. 294 pages. Avery. Paperbound. Pub. at \$18.00 **\$5.95**

9003517 NEVER TOO LATE: A 90-Year-Old's Pursuit of a Whirlwind Life. By Roy Rowan. 228 pages. Lyons. Pub. at \$19.95 **\$2.95**

★9188231 HOW WE AGE: The Science of Longevity. By Coleen T. Murphy. 440 pages. Princeton. Paperbound. Pub. at \$22.95 **\$18.95**

★9232036 GROW HEALTHIER AS YOU GROW OLDER BY THE FATHER OF AEROBICS. By Kenneth H. Cooper. 16 pages of photos, most in color. 302 pages. Savio Republic. Pub. at \$28.99 **\$21.95**

★928513X AGELESS AGING: A Woman's Guide to Increasing Healthspan, Brainspan, and Lifespan. By Maddy Dychtwald. 353 pages. Mayo Clinic. Paperbound. Pub. at \$18.99 **\$13.95**

★9038779 THE SCIENCE AND TECHNOLOGY OF GROWING YOUNG. By Sergey Young. 269 pages. BenBella. Paperbound. Pub. at \$18.95 **PRICE CUT to \$4.95**

★909167X SPIRITUAL AGING: Weekly Reflections for Embracing Life. By Carol Orsborn. 364 pages. Park Street. Paperbound. Pub. at \$19.99 **PRICE CUT to \$6.95**

Communication Skills



6898882 UNLOCKING SECRETS: How to Get People to Tell You Everything. By David Craig. Craig has simplified the psychological methods by criminal investigators and covert operatives to persuade others to reveal their secrets. These methods could be used to assist people working with patients, clients, children, or friends who carry a difficult secret. 150 pages. Skyhorse. Paperbound. Pub. at \$14.99 **\$3.95**



9300473 DON'T SAY UM: How to Communicate Effectively to Live a Better Life. By Michael Chad Hoepfner. Communicate with confidence and improve your presentation skills with this essential guide—because delivery matters. Photos. 269 pages. Hachette. Pub. at \$30.00 **\$5.95**



9058885 MASTERING THE ART OF PUBLIC SPEAKING. By Michael J. Gelb. Learn to clarify and shape your message so that your audience, no matter how big or small, in person or virtual, will care about it. Once the message is clear, you'll be able to convey it in memorable, creative and effective ways. Rediscover your natural gift for communication while strengthening confidence and presence! 216 pages. New World Library. Paperbound. Pub. at \$17.95 **\$3.95**



9303766 SAY IT WELL: Find Your Voice, Speak Your Mind, Inspire Any Audience. By Terry Szuplat. One of Barack Obama's longest-serving speechwriters reveals the public speaking lessons that will help you become a more confident and compelling communicator and leader. 329 pages. Harper. Pub. at \$32.00 **\$5.95**

9296492 LIKE, LITERALLY, DUDE: Arguing for the Good in Bad English. By Valerie Fridland. A lively linguistic exploration of the speech habits we love to hate—and why our “like”s and “literally”s actually make us better communicators. 321 pages. Viking. Pub. at \$30.00 **\$5.95**



★9375538 TELL ME EVERYTHING. By Brad Beeler. Whether you're a leader, negotiator, salesperson, or parent, this helpful work equips you with the tools to create meaningful connections, navigate conflicts, and achieve better outcomes in every interaction. 254 pages. Matt Holt. Pub. at \$30.00 **\$22.95**

9114645 DON'T TAKE THE BAIT TO ESCALATE: Conflict is Inevitable, Being a Jerk is Optional. By Jay Payleitner. 180 pages. Salem Books. Paperbound. Pub. at \$14.99 **\$4.95**

9296190 THE SECRET TO GETTING ALONG (AND WHY IT'S EASIER THAN YOU THINK). By Gabrielle Hartley. 264 pages. Sourcebooks. Paperbound. Pub. at \$16.99 **\$OLD OUT**

9320598 SETTING BOUNDARIES. By Krystal Mazzola Wood. 240 pages. Adams Media. Paperbound. Pub. at \$16.99 **\$5.95**

9267514 NO WILL SET YOU FREE. By Michael J. Tougas. 211 pages. Mango. Pub. at \$24.95 **\$6.95**

Relationships



9342966 THE ART OF FALLING IN LOVE. By Joe Beam. The culmination of years of research that reveals a tried-and-true process for finding genuine, lasting love. Consisting of four steps that anyone can follow, those who walk this path will fall in love whether they intend to or not, and those who stray from it won't find true love no matter how hard they try. Photos. 226 pages. Howard. Paperbound. Pub. at \$17.99 **\$5.95**



9330445 HOW TO BE DATEABLE: The Essential Guide to Finding Your Person and Falling in Love. By J. Krafchick & Y. Xu. Does dating feel like an endless maze with no way out? Find your person with this actionable, compassionate guide that will help you break free from the traps of modern dating and change your approach to love. 293 pages. S&S. Pub. at \$28.99 **\$5.95**



★1924028 THE ART OF SEDUCTION. By Robert Greene. By the author of *The 48 Laws of Power*, the rules of a timeless amoral game expressed in 24 maneuvers and strategies, selections from the classic literature of seduction, and the philosophies of some of civilization's greatest seducers, from Cleopatra to JFK. 467 pages. Penguin. Paperbound. Pub. at \$26.00 **\$18.95**



9374876 THE BOOK YOU WANT EVERYONE YOU LOVE TO READ. By Philippa Perry. Life is all about relationships and the quality of those connections, whether that's with family, partners, friends, colleagues, or, most importantly, yourself. If you can get those relationships in balance with compassion, then the other tricky stuff that life throws your way becomes easier to manage. 200 pages. Balance. Pub. at \$29.00 **\$5.95**



9374221 RED FLAGS, GREEN FLAGS: Modern Psychology for Everyday Drama. By Ali Fenwick. Crack the behavioral code behind everyday drama. From gaslighting crushes and pushy parents to bosses that take credit for your work, this guide will transform how you interpret and handle any situation, leading you straight into a fuss-free existence. 395 pages. Michael Joseph. Paperbound. **\$6.95**

9353097 IN DEFENSE OF LOVE: An Argument. By Ron Rosenbaum. More than an examination of the intersection of love with literature and science, this work is a celebration of the persistence of a mysterious and uncanny phenomenon: the inexorable power of love. 245 pages. Doubleday. Pub. at \$27.00 **\$5.95**



★9309500 MAGICAL EVER AFTER: Manifesting Your Fairy-Tale Romance with Angels, Mermaids and Faeries. By Erica Rose. You are the main character and the author of your own love story, and the fairy-tale romance of your dreams is possible. It's time to remember your magic, reclaim your ability to manifest, and shape your story. Like any fairy-tale hero, you'll need a bit of help from magical guides. 211 pages. Muse Oracle Press. Pub. at \$24.95 **\$17.95**

9304967 HERE TO MAKE FRIENDS: How to Make Friends as an Adult. By Hope Kelaher. 248 pages. Ulysses. Paperbound. Pub. at \$14.95 **\$5.95**

9235981 LABOR OF LOVE: The Invention of Dating. By Moira Weigel. 292 pages. FSG. Pub. at \$26.00 **PRICE CUT to \$2.95**

★9223037 THE KEYS TO A HAPPY AND HEALTHY MARRIAGE. By Joyce Meyer. 172 pages. FaithWords. Pub. at \$12.00 **\$8.95**

Sexuality & Sexual Expression

9352015 SERPENT IN THE GARDEN: Amish Sexuality in a Changing World. By James A. Cates. The first examination of the complexity of sexual identity, philosophy, and behavior in Amish culture. 204 pages. Johns Hopkins. Pub. at \$42.00 **\$5.95**



9229892 EROTIC MASSAGE FOR COUPLES: Head to Toe Techniques to Arouse and Gratify Your Partner. By Sylvia Patterson. This comprehensive manual is an invitation to discover the secrets of erotic massage for couples. It will teach you step by step how to unleash new sensual pleasures on your partner. Includes recipes for massage oils. Adults only. 188 pages. Skyhorse. Pub. at \$24.95 **\$5.95**



9235914 FUTURE SEX. By Emily Witt. A funny, fresh, and moving antidote to conventional attitudes about sex and the single woman that explores Internet dating, pornography, polyamory, and avant-garde sexual subcultures as sites of possibility. The results are an open-minded, honest account of the contemporary pursuit of connection and pleasure. 210 pages. FSG. Paperbound. Pub. at \$15.00 **\$4.95**



9255966 SEX POT: The Marijuana Lover's Guide to Gettin' It On. By Mamakind. Mamakind deftly helps her readers negotiate those sticky situations in which, with a little help from marijuana, desire and rage collude to make sex an ecstatic event. Illus. in color. 154 pages. Quick American. Paperbound. Pub. at \$14.95 **\$4.95**



903143X SLUT EVER: Dispatches from a Sexually Autonomous Woman in a Post-Shame World. By Karley Sciortino. Here *Vogue* columnist Sciortino is on a mission to reclaim the world "slut" to represent a person who seek out visceral experiences through sex, and who isn't ashamed of it. Sluts are special, and radical. And sluts are skilled at time management, because they can handle multiple partners and work life balance. 280 pages. Grand Central. Paperbound. Pub. at \$16.99 **\$4.95**



777169X SATISFACTION GUARANTEED: 350 Best Sex Tips Ever. By Lisa Sussman. A frank, practical, and humorous guide for the woman who demands concise and insightful advice about her sex life. This manual will tell you everything you need to keep sex sizzling. Whether you're interested in a marathon session or a spontaneous quickie, get ready for an action packed ride. Adults only. Well illus. in color. Carlton. Pub. at \$16.95 **\$4.95**

9283501 DRAWN TO SEX: The Basics. By E. Moen & M. Nolan. Explores the practical side of sex, from the basics of what defines sex, to barriers and testing, masturbation, and the ins and outs of having sex with other people. Adults only. Fully illus. in color. 160 pages. Limerence. Paperbound. Pub. at \$19.99 **\$5.95**



★9014764 AWESOME ORAL: The Erotic Couples Playbook. Text by Jessica O'Reilly. Oral play is one of the core competencies of sex. It is also a technique that many feel intimidated by. However, with this sexy little guide, hotter oral sex is right at your lips and fingertips! Learn how to tease and please multiple hot spots and give your partner amazing orgasms. Adults only. Illus. 128 pages. Fair Winds. Pub. at \$12.99 **\$9.95**



7848684 WOMEN ON TOP OF THE WORLD: What Women Think About When They're Having Sex. Ed. by Lucy-Anne Holmes. Fifty-one women, from all walks of life and from all over the world, reveal their most intimate and private thoughts about sex. This work pushes boundaries and explores female sexuality in new, honest, and exciting ways. Adults only. Well illus. in color. 224 pages. Running Press. Pub. at \$22.00 **\$6.95**



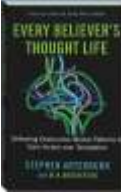
9374132 GOOD SEX: Stories, Science, and Strategies for Sexual Liberation. By Candice Nicole Hargons. Revolutionize your sexual menu in a way that works well for you, including intimacy, fun, pleasure, and connection. Each chapter offers more than just theory and science. Hargons outlines action steps to understand, define, and practice sexual liberation in your personalized way. 215 pages. Row House. Pub. at \$27.99 **\$6.95**



7950977 BEEN THERE, DONE THAT: A Rousing History of Sex. By Rachel Feltman. In this kaleidoscopic compendium of centuries-old erotica, science writer Feltman shows how much sex has changed, and how much it hasn't. With unstoppable curiosity, she debunks myths, breaks down stigma, and uses the long, outlandish history of sex to dissect present-day practices and taboos. 328 pages. Bold Type. Pub. at \$27.00 **\$6.95**

★5392543 JUICE: A History of Female Ejaculation. By Stephanie Haerdle. For over 2000 years, vulval sex fluids were understood to be a natural part of female pleasure, only to become disputed or categorically erased in the twentieth century. Restores female gushes to their rightful place in our collective understanding so that they can once again be recognized, named, and experienced. Adults only. 219 pages. MIT Press. Paperbound. Pub. at \$19.95 **\$14.95**

Sexuality & Sexual Expression



9216774 EVERY BELIEVER'S THOUGHT LIFE: Defeating Destructive Mental Patterns to Gain Victory Over Temptation. By S. Arterburn & M.N. Brotherton. How can you live a life of integrity in the midst of a sexual onslaught? This work helps all Christians—men and women alike—understand how to live a life of sexual integrity by taking every thought captive. 198 pages. Salem Books. Pub. at \$26.99 **\$5.95**



9252266 QUICKIES: One Hundred Little Lessons for Living Sexily Ever After in Midlife. By Heather Bartos. A bold manifesto to reclaim your desires, reignite intimacy, and celebrate the sacred power of midlife sexuality—unapologetically. Packed with 100 empowering, bite-sized lessons, this volume challenges outdated notions about aging and intimacy. 375 pages. Empress Editions. Paperbound. Pub. at \$17.99 **\$13.95**



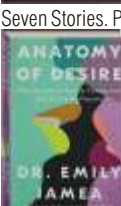
9230254 PLEASURE FROM THE MISTER: Sex Secrets for Unbridled Passion Inspired by the Bestselling Novel. By Marisa Bennett. This playful guide will ease readers into the hot, naughty, and irresistible methods of giving your love sessions a lesson. Crack a whip, test your knot knowledge, tease with feather ticklers, and make your move with sex secrets for the quick, the lengthy, and the electric ways to love. Adults only. Photos. 159 pages. Racehorse. Pub. at \$14.99 **\$5.95**



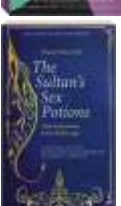
9240160 101 THINGS TO DO WITH A VIBRATOR. By Marisa Bennett. From small buzzing eggs to full-size, humming, swiveling, and tickling vibrators, this volume explores not just the kinds of sex toy options but all of the sexy, sweet, and naughty things to do once you have them! There are 101 tantalizing tips and tricks, including a seductive short story to inspire you. Adults only. Illus. in color. 165 pages. Skyhorse. Paperbound. Pub. at \$19.99 **\$4.95**



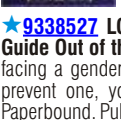
9363521 THE HITE REPORT: A Nationwide Study of Female Sexuality. By Shere Hite. A reproduction of the classic text with a new introduction by the author. Published in 1976, it was a sexual revolution in 600 pages. To answer sensitive questions dealing with the most intimate details of women's sexuality, Hite's innovation was simple—she asked women, a lot of them, everything—and published the results. 509 pages. Seven Stories. Paperbound. Pub. at \$29.95 **\$22.95**



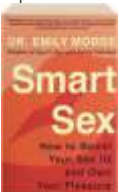
9238352 ANATOMY OF DESIRE: Five Secrets to Create Connection and Cultivate Passion. By Emily Jamea. Combining over fifteen years of clinical experience with groundbreaking research into the science of flow, this study delivers a fresh perspective on the untapped potential of our sex lives, intimate partner connections, and personal wellbeing. 291 pages. Flatiron. Pub. at \$28.99 **\$6.95**



9370935 THE SULTAN'S SEX POTIONS: Arab Aphrodisiacs in the Middle Ages. By Nasir al-Din al-Tusi. Part of a group of works devoted to aphrodisiacs as well as sexual practices and positions, this volume includes a critical edition of three Arabic manuscripts—Berlin, Cairo, and Glasgow—accompanied by an English translation as well as an introduction to Arabic erotic literature. 241 pages. Saqi Books. Paperbound. Pub. at \$29.95 **\$21.95**



9338527 LOST IN TRANS NATION: A Child Psychiatrist's Guide Out of the Madness. By Miriam Grossman. Whether you're facing a gender identity battle in your home right now or want to prevent one, you need this to guide you. 324 pages. Skyhorse. Paperbound. Pub. at \$18.00 **\$13.95**



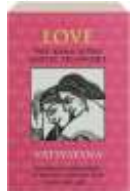
9120858 SMART SEX: How to Boost Your Sex IQ and Own Your Pleasure. By Emily Morse. Drawing from science, research, and lived experience, and written in a voice that's entertaining and inclusive, this work will help you radically improve your sex life, your confidence, and your relationships, including your relationship with yourself. Illus. 299 pages. Park Row. Paperbound. Pub. at \$21.99 **\$14.95**



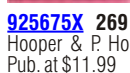
9373713 TURN YOURSELF ON: 8 Simple Principles to Find Your Power in the Bedroom and Beyond. By Anna Hushlak with B. Quinlan. Provides eight life-changing principles to help women get confident, discover pleasure, and ignite their inner strength, both in the bedroom and in day-to-day life. 348 pages. Countryman. Paperbound. Pub. at \$21.99 **\$16.95**



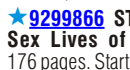
9370110 GENDER EXPLAINED: A New Understanding of Identity in a Gender Creative World. By D. Ehrensaft & M. Jurkiewicz. A world-leading expert and clinical psychologist team up to explain everything you may know about gender: what it is, where it came from, and why it's changing. With clear, expert guidance, this volume is a safeguard against political vitriol and offers urgent protection for those among us who are transgender and/or nonbinary. 213 pages. The Experiment. Paperbound. Pub. at \$17.95 **\$13.95**



9184007 LOVE: The 'Kama Sutra' Erotic Technique. By Vatsyayana. In the quest for understanding and mystery of love between a man and woman, Vatsyayana is the supreme guide. Presents his stimulating insights clearly and eloquently. Adults only. 95 pages. Profile. Paperbound. **PRICE CUT to \$1.95**



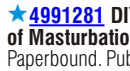
925675X 269 AMAZING SEX TIPS & TRICKS FOR HIM. By A. Hooper & P. Hodson. Illus. 151 pages. Sourcebooks. Paperbound. Pub. at \$11.99 **\$5.95**



9299866 STRICTLY ANONYMOUS CONFESSIONS: Secret Sex Lives of Total Strangers. By Kathy Kay. Adults only. 176 pages. Start. Paperbound. Pub. at \$18.95 **\$13.95**



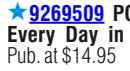
9186328 THE BONDAGE PLAYBOOK: 31 Must-Know Knots and Ties for Bondage Beginners. Adults only. 127 pages. Fair Winds. Pub. at \$16.99 **\$12.95**



4991281 DIY: The Wonderfully Weird History and Science of Masturbation. By Eric Sprankle. 240 pages. Union Square & Co. Paperbound. Pub. at \$17.99 **\$12.95**



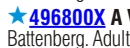
9235442 FEEL IT ALL: A Therapist's Guide to Reimagining Your Relationship with Sex. By Casey Tanner. 235 pages. Harper. Pub. at \$30.00 **\$5.95**



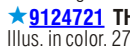
9269509 POSITION OF THE DAY, REVISED EDITION: Sex Every Day in Every Way. Fully illus. Chronicle. Paperbound. Pub. at \$14.95 **\$11.95**



3992055 A VISUAL HISTORY OF ORAL PLEASURE. By Richard Battenberg. Adults only. 256 pages. Goliath. Pub. at \$54.99 **\$35.95**



496800X A VISUAL HISTORY OF MASTURBATION. By Richard Battenberg. Adults only. 256 pages. Goliath. Pub. at \$48.99 **\$29.95**



9124721 THE MODERN GUIDE TO SEX. By Georgia Grace. Illus. in color. 271 pages. Harper. Pub. at \$29.99 **\$17.95**

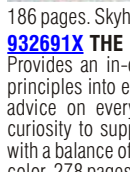


9127526 COME TOGETHER: The Science (and Art!) of Creating Lasting Sexual Connections. By Emily Nagoski. 344 pages. Ballantine. Paperbound. Pub. at \$20.00 **\$9.95**

Pregnancy, Childbirth & Parenting



9230017 HOW TO PREPARE FOR HOME BIRTH: The Joy of Having Babies at Home for Health and Well-Being. By Shantel Silbernagel. With an exciting collection of personal narratives, this informative work sheds light on the varied, fascinating experiences of women choosing home birth. Anyone remotely interested in home birth will want to pull up a chair and witness one of the most intimate moments in each family's life. 186 pages. Skyhorse. Paperbound. Pub. at \$17.99 **\$5.95**



932691X THE MONTESSORI CHILD. By S. Davies & J. Uzodike. Provides an in-depth, practical guide to incorporating Montessori principles into everyday life for children aged 3 to 12 years, offering advice on everything from setting up your home to encourage curiosity to supporting your child's social and moral development with a balance of limit-setting and age-appropriate freedoms. Illus. in color. 278 pages. Workman. Paperbound. Pub. at \$19.99 **\$6.95**



934327X LOVE DOES NOT CONQUER ALL: And Other Surprising Lessons I Learned as a Foster Dad to More Than 40 Kids. By Peter Mutabazi. Mutabazi shares lessons he has learned during his unique parenting adventure, including how to parent children for who they are rather than for who you want them to be, look beyond problem behaviors to find their root causes, and understand your own scars and turn them into understanding and healing for your children. 205 pages. Baker Books. Paperbound. Pub. at \$19.99 **\$5.95**



9198458 THE #1 DAD BOOK: Be the Best Dad You Can Be in 1 Hour! By James Patterson. The ideas in this short, accessible book will inspire you to become a better dad, no matter your age or the ages of your children. 177 pages. Little, Brown. Pub. at \$25.00 **\$13.95**

Pregnancy, Childbirth & Parenting

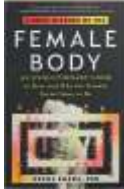


9371869 PLEASE YELL AT MY KIDS. By Marina Lopes. Lopes travels the world to learn how diverse cultures embrace communal parenting, bringing home practical strategies for American parents on how to stop doing it all, reimagine their communities, and build their own village. 269 pages. Balance. Pub. at \$30.00 **\$6.95**

9235450 THE FERTILITY DOCTOR'S GUIDE TO OVERCOMING INFERTILITY. By Mark P. Trollice. 216 pages. Harvard Common. Paperbound. Pub. at \$24.99 **PRICE CUT to \$3.95**

Women's Health & Self-Help

9064060 YOUR VAGINA: Everything You Need to Know! By Odile Bagot. A fully illustrated guide to help you discover all the major functions of the female genital system as well as common disorders and ailments. 126 pages. Firefly. Paperbound. Pub. at \$19.95 **\$3.95**



9190937 A BRIEF HISTORY OF THE FEMALE BODY: An Evolutionary Look at How and Why the Female Form Came to Be. By Deena Emera. Draws on Emera's vast expertise as a biologist, mother of four children, and her love of teaching to look far into our evolutionary past, illuminating how and why the female form has transformed over millions of years. Illus. 359 pages. Sourcebooks. Paperbound. Pub. at \$18.99 **\$7.95**



9217363 BREASTS: An Owner's Guide. By Philippa Kaye. Every question answered about our most mythologized body part. Offers straightforward advice, explaining every what, why, and how of your mammaries, helping you improve your self-care routine both today and tomorrow. Illus. in color. 208 pages. Dorling Kindersley. Pub. at \$19.99 **\$7.95**

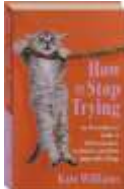
9307958 BLOOD: The Science, Medicine, and Mythology of Menstruation. By Jen Gunter. Fights myths and fearmongering with real science, inclusive facts, and shame-free advice on the topic that impacts more than 72 million Americans every month: menstruation. 462 pages. Citadel. Pub. at \$30.00 **\$6.95**



9266895 THE WOMAN'S BOOK OF COURAGE: Meditations for Empowerment & Peace of Mind. By Sue Thoele. Loving reflections provide wisdom and encouragement to help overcome anxiety, gain self-esteem, and improve relationships. Women dealing with transition or recovery, or those wishing to enhance personal power, will find themselves turning to these meditations over and over again. 271 pages. Conari Press. Paperbound. Pub. at \$18.95 **\$5.95**



9366547 ALL THE RULES: Time-Tested Secrets for Capturing the Heart of Mr. Right. By E. Fein & S. Schneider. A simple set of dos and don'ts, this guide will lead you to where you want to be: in a healthy, committed relationship. It recognizes that men are either attracted to you or not—and that they want a challenge, not an easy victory. The goal? Marriage, in the shortest time possible. Collects *The Rules* and *The Rules II*. 380 pages. Grand Central. Paperbound. Pub. at \$10.99 **\$4.95**



9360301 HOW TO STOP TRYING: An Overachiever's Guide to Self-Acceptance, Letting Go, and Other Impossible Things. By Kate Williams. An unflinchingly honest and sometimes hilarious look at hustle culture, exploring the forces that have shaped a generation of overachieving women who now find themselves in search of a better way forward. 254 pages. Flatiron. Pub. at \$28.99 **\$5.95**



9321594 SECRETS OF THE ICEWOMEN: The Power of Cold and Breathwork to Balance Hormones, Bolster Health, and Unlock Inner Potential. By Isabelle & Laura Hof. Become happier, healthier, and stronger with this essential guide, which explores the unique benefits that cold water therapy, combined with breathing and mindset exercises, can offer women. 254 pages. Harper. Pub. at \$32.00 **\$6.95**

9001549 A BOOB'S LIFE: How America's Obsession Shaped Me...and You. By Leslie Lehr. Explores the surprising truth about women's most popular body part with vulnerable, witty frankness and true nuggets of American culture. Also explores both the joys and hazards inherent to living in a woman's body. Lehr deftly blends her personal narrative with national history. 371 pages. Pegasus. Paperbound. Pub. at \$17.95 **PRICE CUT to \$3.95**



9237585 I'M SO EFFING TIRED: A Proven Plan to Beat Burnout, Boost Your Energy, and Reclaim Your Life. By Amy Shah. Women of all ages are suffering from an epidemic of fatigue and burnout. Shah has created this program so readers can regain energy and reclaim their lives. The key is tapping into the powerful energy trifecta: the complex relationship between your gut, your immune system, and your hormones. 325 pages. Mariner. Paperbound. Pub. at \$16.99 **PRICE CUT to \$3.95**

923327X IT AIN'T OVER TILL IT'S OVER: Reinvigorating Your Life and Realizing Your Dreams Anytime, at Any Age. By Marlo Thomas. 375 pages. Atria. Paperbound. Pub. at \$24.99 **\$5.95**

7998473 HOW TO STOP FEELING LIKE SH*T: 14 Habits That Are Holding You Back from Happiness. By Andrea Owen. 227 pages. Seal. Paperbound. Pub. at \$17.99 **\$5.95**

★9198636 THE VAGINA BUSINESS: The Innovative Breakthroughs That Could Change Everything in Women's Health. By Marina Gerner. 410 pages. Sourcebooks. Paperbound. Pub. at \$17.99 **PRICE CUT to \$7.95**

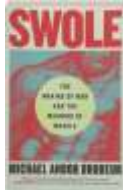
★9286101 THE BEAT OF YOUR OWN DRUM. By Sophie Messenger. 227 pages. Womancraft. Paperbound. Pub. at \$18.95 **PRICE CUT to \$9.95**

Men's Health & Self-Help



★7912536 THE ULTIMATE GUIDE TO MALE SEXUAL HEALTH, SECOND EDITION: How to Stay Vital at Any Age. By Dudley Seth Danoff. Uses straightforward, easy to understand terms to explain every aspect of men's sexual health. You'll discover the facts about BPH and prostate cancer, sexually transmitted diseases, male menopause, steroid use, and penile enhancement as well as the truth about "blue pills" and other cures for erectile dysfunction. Illus. 229 pages. Beyond Words. Paperbound. Pub. at \$18.99 **\$11.95**

★8874867 WIKIPENIS: Dr. Nicola's Penis Book. By N. Mondaini & P. Prezioso. A taboo-breaking guide to the male sexual and urinary system, raising awareness of anatomy, upkeep, and the emergencies that can occur throughout a lifetime. Illus. 209 pages. Open Road. Paperbound. Pub. at \$18.99 **\$12.95**



★9200703 SWOLE: The Making of Men and the Meaning of Muscle. By Michael Andor Brodeur. Takes us into the unique culture centered around men's bodies, probing its limitations and the promise beyond: how men can love themselves while rejecting the aggression, objectification, and misogyny that have for so long accompanied the quest to become swole. 246 pages. Beacon. Paperbound. Pub. at \$18.95 **\$13.95**

General Health & Self-Help

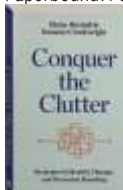


9307109 HOW TO STOP WORRYING AND START LIVING: Time-Tested Methods for Conquering Worry. By Dale Carnegie. With Carnegie's expert advice, you'll learn the proven, time-tested principles for breaking free of worry and anxiety so that you can start living your best life today. 298 pages. Pocket. Paperbound. Pub. at \$19.99 **\$5.95**



9314121 COSY: The British Art of Comfort. By Laura Weir. Weir celebrates the simple joys that can bring us happiness when the world feels overwhelming. With trademark English cheekiness, she sings the praises of socks, embraces the joys of open fires, and extols the virtues of a quiet walk. Illus. 162 pages. HarperOne. Pub. at \$19.99 **\$5.95**

1041223 HOW TO CONTROL YOUR ANXIETY BEFORE IT CONTROLS YOU. By Albert Ellis. Using the easy to master, proven precepts of Rational Emotive Behavior Therapy (REBT), this work not only helps you distinguish between healthy and unhealthy anxiety, but teaches you how to understand and dispute the irrational beliefs that make you anxious. 244 pages. Citadel. Paperbound. Pub. at \$15.95 **\$3.95**



9045554 CONQUER THE CLUTTER: Strategies to Identify, Manage, and Overcome Hoarding. By E. Birchall & S. Cronkright. Offers hope to anyone affected by hoarding disorder. Real life vignettes, combined with easy to use assessment and intervention tools, support those who hoard, and those who care about them. Includes numerous worksheets to assist individuals in determining the scope of their hoarding disorder and tackling the problem. 273 pages. Johns Hopkins. 7x10 1/4. Pub. at \$57.00 **\$5.95**

General Health & Self-Help



9151311 EMILY POST'S ETIQUETTE, THE CENTENNIAL EDITION. By L. Post & D.P. Senning. Provides guidance on entertaining, table manners and using titles and pronouns, to personal and professional communication etiquette. Rooted in a foundation of consideration and respect, this edition continues the legacy of upholding traditions while moving forward with the times. 408 pages. Ten Speed. Pub. at \$35.00 **\$11.95**



9359168 THE LIFE-CHANGING MAGIC OF QUITTING ALCOHOL. By Sharon Hartley. Inspires you to challenge the assumption that life is best lived with a drink in hand. With understanding and empathy, she invites you to commit to 100 days without alcohol, the turning point where many people report feeling generally happier as they discover healthier ways to unwind and manage stress. 247 pages. Aurum. Paperbound. Pub. at \$15.99 **\$5.95**



9359079 GOOD GIRLS: The Story and Study of Anorexia. By Hadley Freeman. An incisive work that details Freeman's experiences with anorexia and how she overcame it. She interviews doctors to learn how treatment for the illness has changed since she was hospitalized in 1995 and what discoveries have been made about the illness, including its connection to autism, OCD, and metabolic rate. 271 pages. S&S. Pub. at \$27.99 **\$5.95**



9359850 YOUR NAME IS NOT ANXIOUS: A Very Personal Guide to Putting Anxiety in Its Place. By Stephanie Dowrick. Based on a rare depth of research and insight, this work offers an informed, compassionate perspective to help readers facing the loss of confidence and resilience that comes with chronic or acute anxiety. Even in the most difficult circumstances, immediate and positive change is possible. 289 pages. St. Martin's. Paperbound. Pub. at \$20.00 **\$5.95**



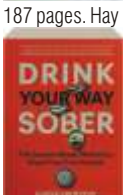
9356940 EMOTION HACKS: 50 Ways to Feel Better Fast. By Ryan Martin. Master your emotions and learn to be happy through 50 science-backed and highly accessible strategies from Dr. Martin. Small changes to lifestyle, diet, sleep, and ways of thinking will create real and beneficial changes in the way you experience fear, sadness, anger, happiness, and other emotions. 218 pages. Watkins. Paperbound. Pub. at \$16.95 **\$12.95**



9037888 HOW TO DEAL WITH ANGRY PEOPLE: 10 Strategies for Facing Anger at Home, at Work and in the Street. By Ryan Martin. Drawing on real-life examples, current research and practical exercises, this guide helps you understand the angry people in your life and interact with them in a way that protects you from their toxicity and encourages positive communications. 218 pages. Watkins. Paperbound. Pub. at \$16.95 **\$4.95**



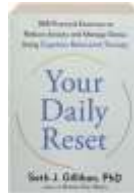
9290257 MY BOSS IS A MORON: Strategies to Manage Up and Thrive in Any Workplace. By Ben Askins. Hilarious and genuinely helpful guide to navigating bad management with your sanity and career intact. It meets you exactly where you are: stuck under leadership that's clueless, careless, or downright toxic. Get real-life strategies for managing up, recognizing dysfunction, setting boundaries, advocating for yourself, and more. 187 pages. Hay House. Paperbound. Pub. at \$18.99 **\$13.95**



9305483 DRINK YOUR WAY SOBER: The Science-Based Method to Break Free from Alcohol. By Katie Herzog. Discover a revolutionary and evidence-based method to treat alcohol use disorder that does not require abstinence. Herzog dives into the science and history of addiction treatment to discover why we treat alcohol use disorder the way we do and why abstinence-based programs like Alcoholics Anonymous don't always BenBella. Paperbound. Pub. at \$19.95 **\$14.95**



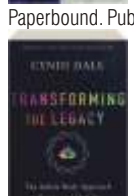
9360026 THE ASSET MINDSET: A Special Forces Perspective for Achieving Success. By Daniel Fielding. A personal development work that can change your life and help you obtain elite levels of success. 153 pages. Gallery. Pub. at \$25.99 **\$5.95**



9309888 YOUR DAILY RESET: 366 Practical Exercises to Reduce Anxiety and Manage Stress Using Cognitive Behavioral Therapy. By Seth J. Gillihan. Reflect, rebalance, and recharge with this essential guide for finding peace and calm when life feels like too much, with practices for every day of the year. 270 pages. Tarcher. Paperbound. Pub. at \$20.00 **\$14.95**



9289097 MY PARENT THE PEACOCK: Discovery and Recovery from Narcissistic Parenting. By Kathleen Saxton. The scars inflicted on childhood by a parent with narcissistic tendencies are lasting, but they don't have to define your future. This is a compassionate, insightful, and clear-eyed guide to recovery that validates your lived experience while offering practical steps towards healing and freedom. 269 pages. Sheldon. Paperbound. Pub. at \$18.99 **\$13.95**



9359788 TRANSFORMING THE LEGACY: The Subtle Body Approach to Honor and Heal Your Inherited Lineage. By Cyndi Dale. Discover the underlying energy that's inherent in you, get grounded in your lineage, connect to your experiences across time, and access and heal your history. It's time to alter what has been to stand entirely in the present, reconnect with your true self, and create your best path forward. 273 pages. Sounds True. Paperbound. Pub. at \$20.99 **\$6.95**



9288236 THE REHAB PLAYBOOK: Demystifying Addiction Treatment. By Jaime Welsh Vinck. Helps both individuals struggling with addiction and the community of people—family, friends, therapists, and physicians—who care about them by providing a deeper understanding of the treatment process as well as how to find the right program. 259 pages. Regalo. Paperbound. Pub. at \$18.99 **\$14.95**



9064974 DON'T BELIEVE EVERYTHING YOU THINK: Why Your Thinking is the Beginning & End of Suffering. By Joseph Nguyen. Guides readers to a profound understanding of how destructive thinking patterns form, and how to break them for good. The result? The ability to become emotionally resilient and free from anxiety at any moment. 171 pages. Authors Equity. Pub. at \$22.00 **PRICE CUT to \$14.95**

9295038 ALLERGIC: Our Irritated Bodies in a Changing World. By Theresa MacPhail. 344 pages. Random. Pub. at \$28.99 **\$5.95**

4998375 BECOMING BULLETPROOF: Life Lessons from a Secret Service Agent. By Evy Poupouras. Illus. 330 pages. Atria. Paperbound. Pub. at \$18.99 **\$13.95**

9351051 BREAKING GENERATIONAL SILENCE: A Guide to Disrupt Unhealthy Family Patterns and Heal Inherited Trauma. By Nicole Russell-Wharton. 255 pages. Sounds True. Paperbound. Pub. at \$20.99 **\$4.95**

9079823 THE LITTLE BOOK OF RESILIENCE. By Cheryl Rickman. Well illus. in color. 96 pages. Gaia. 4 1/2x6. Paperbound. Pub. at \$9.99 **PRICE CUT to \$1.95**

608172X THE TOXIC MOLD SOLUTION: A Comprehensive Guide to Healing Your Home and Body from Mold. By Laura Linn Knight. 177 pages. Ulysses. Paperbound. Pub. at \$16.95 **PRICE CUT to \$9.95**

9188576 THE DRAMA FREE WORKBOOK: Practical Exercises for Managing Unhealthy Family Relationships. By Nedra Glover Tawwab. 194 pages. TarcherPerigee. Paperbound. Pub. at \$20.00 **\$5.95**

9181288 ACTIVATE YOUR FUTURE SELF: The Secret of Effortlessly Becoming the Happiest, Healthiest and Wealthiest You. By Mimi Bouchard. 215 pages. Hay House. Paperbound. Pub. at \$17.99 **\$12.95**

7937903 SH!T YOU NEED TO KNOW THAT NOBODY BOTHERED TO TELL YOU: A Perpetual Guide to Life for Everyone. By Clark Merrill. 172 pages. G&D Media. Paperbound. Pub. at \$19.95 **\$9.95**

9267506 THE MINDFULNESS FOR WARRIORS HANDBOOK: Stress Reduction, Trauma Recovery, and Resilience Building for First Responders. By Kim Colegrove. 223 pages. Mango. Paperbound. Pub. at \$19.99 **PRICE CUT to \$2.95**

8182760 THE COMPLETE GUIDE TO ALLERGIES: Recognizing and Treating Today's Most Common and Unusual Allergens. By Catherine Quequet. 239 pages. Skyhorse. Pub. at \$32.99 **\$14.95**

9254463 HELP! I'M DYING AGAIN: Overcoming Health Anxiety with CBT. By Britney Chesworth. 307 pages. Sheldon. Paperbound. Pub. at \$18.99 **PRICE CUT to \$11.95**

9235736 COPING WITH BLUSHING. By Robert J. Edelmann. Illus. 98 pages. Sheldon. Paperbound. Pub. at \$14.99 **PRICE CUT to \$2.95**

PRSRT STD
U.S. Postage Paid
Edward R. Hamilton

C9954

Edward R. Hamilton Bookseller Company
PO Box 15 • Falls Village, CT 06031-0015

Science & Health Bargain Books

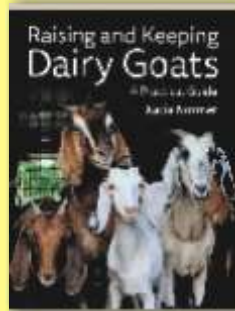
*Astronomy & Space Travel – Exercise
Chemistry & Physics – Engineering
Mathematics – Economics – Nature
Animals – Nutrition – Healthy Cooking*

Scan Here
to 
Shop Now

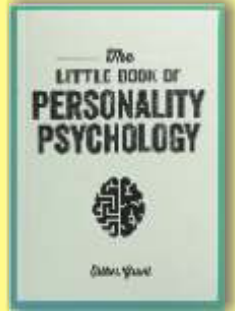


Current titles are marked with a ★.

©2026 Edward R. Hamilton Bookseller Company



Page 38 **\$3.95**

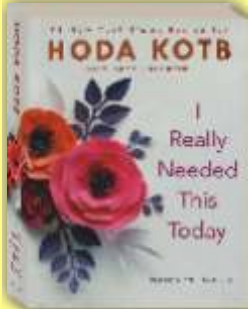


Page 15 **\$8.95**

Great Books at Great Prices!



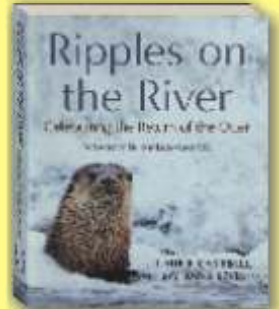
Page 39 **\$5.95**



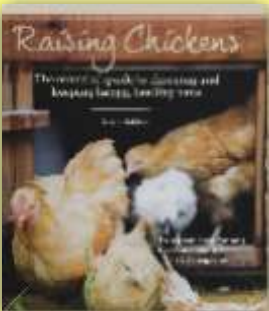
Page 16 **\$6.95**



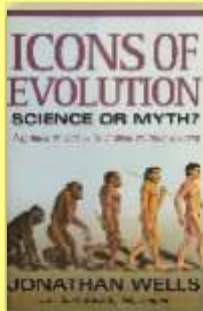
Page 4 **\$6.95**



Page 37 **\$6.95**



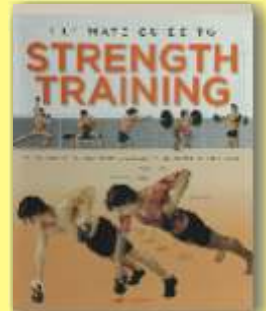
Page 38 **\$6.95**



Page 7 **\$4.95**



Page 36 **\$6.95**



Page 53 **\$8.95**

Order all you want for one low \$5.00 Postage & Handling charge.

To allow the lowest prices, we do no billing and do not accept credit cards. However, the same items may be obtained online from www.HamiltonBook.com using MasterCard, VISA, or PayPal.

You can print out extra order forms at EdwardRHamilton.com/9954