
August 16, 2019

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- 16 -

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**2930641 FROM HERE TO ETERNITY: Traveling the World to Find the Good Death.** By Caitlin Doughty. A global journey that introduces how other cultures care for the dead with compelling, powerful rituals almost entirely unknown in America. Doughty contends that the American funeral industry sells a particular and peculiar set of “respectful” rites and argues that our expensive, impersonal system fosters a corrosive fear of death that hinders our ability to cope and mourn. Illus. 248 pages. Norton. Pub. at $24.95 $9.55

**6980304 MORE THAN SYMPATHY: Essential Advice on Funerals, Money, Family, and Grief After the Death of a Loved One.** By Steven D. Price. This go offers you everything you need to after a relative or friend dies, from arranging the funeral to dealing with the financial and emotional aftermath. Price provides straightforward and reassuring advice that is both practical and comforting this difficult time. 172 pages. Skyhorse. Paperback. Pub. at $14.95 $4.95

**2918420 THE LAST LECTURE.** By Randy Pausch with J. Zaslow. The author, a computer science professor at Carnegie Mellon, was asked to give a talk where he was to consider his demise and ruminate on what matters most. He didn’t have to imagine, since he had recently been diagnosed with terminal cancer. His inspiring speech has become a bestseller. Polymath. 280 pages. Hachette. Pub. at $22.00 $6.95

**2865939 DEATH: An Oral History.** By Casey Jarman. In this illuminating collection of oral history style interviews, Jarman talks to a funeral industry watchdog about the often shazy history of the death trade. In these moving, enlightening, and often funny conversations, the end is only the beginning. 329 pages. Skyhorse. Pub. at $22.99 $7.95
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**697466X** HEALTHY HEALING: A Guide to Working Out Grief Using the Power of Exercise and Endorphins. By Michelle Steinke-Baumgard. Offers a revolutionary solution to everyone struggling with loss. The author gives us a fitness and nutrition plan that empowers us to move forward during this difficult time. You’ll learn how to channel your pain into something productive and turn a tragedy into something you must all confront throughout our lives, and yet we have grown used to denying its existence, treating it as an enemy to be beaten back with medical advances. In this empowering work, Schillace shows how to talk about death, and the rituals associated with it, can help provide answers to our most painful questions. Illus. 266 pages. Pegasus. Paperbound. Pub. at $16.95

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- **297651X TALKING ACROSS THE DIVIDE: How to Communicate with People You Disagree with and Maybe Even Change the World** by Kim Chamberlain. This guide’s 1,000 conversation-starting topics offer easy ways to move away from traditional talking themes as well as the opportunity to develop and enhance spoken and written listening skills. 164 pages. Simon & Schuster. Hardcover. Pub. at $14.95

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