

SCIENCE & HEALTH

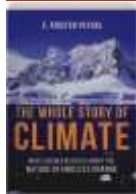
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Environment & Ecology



THE WHOLE STORY OF CLIMATE: What Science Reveals About the Nature of Endless Change By E. Kirsten Peters. This informative volume describes the important contributions that geology has made to our understanding of climate change, revealing that major climate shifts can be appallingly rapid. Essential reading for anyone looking to understand one of our most important

contemporary debates. 296 pages. Prometheus. Paperbound. Pub. at \$18.00

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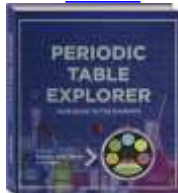
Chemistry & Physics



FANTASTIC NUMBERS AND WHERE TO FIND THEM: A Cosmic Quest from Zero to Infinity By Antonio Padilla. An irreverent cosmic tour of nine of the most extraordinary numbers in physics, offering a startling picture of how the universe works. A lively, entertaining, and even funny exploration of the most fundamental units of the universe. Illus. 340 pages. FSG. Pub. at \$30.00

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★PERIODIC TABLE EXPLORER: Your Guide to the Elements By Adrian Dingle. An ideal resource for students and those who want to learn more about the elements. In addition to the 128-page volume that discusses the history, properties, and practical uses of each element in detail, readers can use the included die-cut rotating wheel as a study aid, along with a removable full-color poster of the periodic table. Fully illus., many in color. 128 pages. Thunder Bay. 9½x10¼. Pub. at \$24.99

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Chemistry & Physics

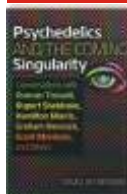


LARGE HADRON COLLIDER: Owners' Workshop Manual By Gemma Lavender. A comprehensive guide to the most famous, record-breaking physics experiment in the world, as it continues to capture the public imagination. Lavender explains in easily understood language the complex theories of particle physics and the discoveries that have been made using the particle accelerator, which have furthered our understanding of the origins, workings, and future of the universe. Fully illus. in color. 188 pages. Haynes. 8½x10¼. Pub. at \$36.95

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Social Science

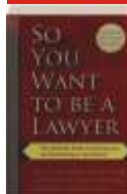


★PSYCHEDELICS AND THE COMING SINGULARITY By David Jay Brown. Leading minds discuss psychedelics, shamanism, human evolution, and the ecological crisis. Explores the possibility of human extinction, Simulation Theory, Virtual Reality and lucid dreaming, space migration, DMT research, and advanced robotics. Delves deep into the relationship between psychedelics and ecological awareness. Illus. 390 pages. Park Street. Paperbound. Pub. at \$29.99

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Education



SO YOU WANT TO BE A LAWYER: The Ultimate Guide to Getting into and Succeeding in Law School By Lisa Fairchild Jones et al. Takes you through the process of becoming a lawyer, examining each phase in a helpful and easy to understand narrative. Find out what practicing law is like before you step into your first law class. Practice solving legal problems as law students would in law school. Get tips on how to get into law school, and more. 319 pages. Skyhorse. Paperbound. Pub. at \$19.99

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Philosophy

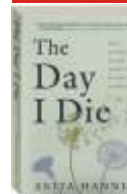


THE GERMAN IDEOLOGY Ed. by Tom Whyman. Written in 1846 and subsequently abandoned by Marx and Engels, only to be rescued in the 1930s by researchers in the USSR, this work is the high point of Marx's philosophical thought—a brilliantly insightful, still thrillingly radical work of materialist philosophical therapy. 235 pages. Repeater. Paperbound. Pub. at \$16.95

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Medical Science



★THE DAY I DIE: The Untold Story of Assisted Dying in America By Anita Hannig. The author brings us into the lives of ordinary Americans who go to extraordinary lengths to set the terms of their own death. Faced with a terminal diagnosis and unbearable suffering, they decide to seek medical assistance in dying, a legal option now available to one in five Americans.

297 pages. Sourcebooks. Pub. at \$27.99

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Business



WORKPLACE POKER: Are You Playing the Game, or Just Getting Played? By Dan Rust. Can help you understand and overcome your own blind spots as well as the obstructions and difficult people holding you back. Learn to accept full responsibility for your own career missteps and failures, then develop action plans to turn them around, and more. 286 pages. Harper. Pub. at \$25.99

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Fishing & Hunting



BUFFALO, ELEPHANT, & BONGO By Reinald von Meurers. Many people have been on safari but few have been on safari alone! The author has been on 25 self-guided hunts in the Cameroon; hunted from Lake Chad to the border of the Congo; and he has gone after elephant, bongo, buffalo, and a host of other animals over a period of nearly two decades. 64 pages of photos, some in color. 233 pages. Safari. Pub. at \$39.95

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Farm & Domesticated Animals



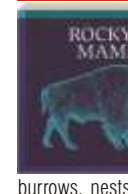
BLOOMS & DREAMS: Cultivating Wellness, Generosity & a Connection to the Land By Misha Gillingham. Travel writer Gillingham left the hustle and bustle of Los Angeles for a quaint island in the Pacific Northwest so she could get back in touch with what matters most. You, too, can cultivate a life of wellness, generosity, and connection to the land. Fully illus. in color.

200 pages. Gibbs Smith. 8½x10¼. Pub. at \$35.00

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Animals



★ROCKY MOUNTAIN MAMMAL FINDER: Identifying Mammals by Their Tracks, Skulls, and Other Signs By Ron Russo, illus. by B. Downs. This guide begins with introductions of various signs: animal tracks, burrows, nests, scat, scratch or chew marks, and skulls/jaws. Presenting more than 50 mammals, with range maps and descriptions. Fully illus. some in color. 133 pages. Nature Study Guild. 6x4. Paperbound. Pub. at \$7.95

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Animals



★ **PACIFIC COAST MAMMAL FINDER: Identifying Mammals by Their Tracks, Skulls, and Other Signs** By Ron Russo, illus. by P. Frazier. This guide begins with introductions of various signs: animal tracks, burrows, nests, scat, scratch or chew marks, and skulls/jaws. Presenting more than 50 mammals, with range maps and descriptions. Fully illus. some in color. 93 pages. Nature Study Guild. 6x4. Paperbound. Pub. at \$7.95
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Birds & Birding

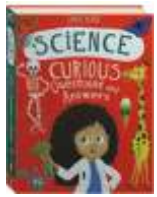


★ **BIRD FINDER: Identifying Common Birds of Eastern North America** By Roger J. Lederer. Perfect for beginning birders, this practical guide introduces almost 60 species of birds, presented in taxonomic order. Each entry includes such useful information as size, distinguishing features, habitat and behavior. Well illus. 61 pages. Nature Study Guild. Paperbound. Pub. at \$7.95
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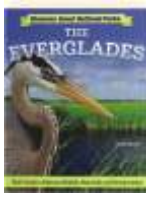
WHAT IS A BIRD? An Exploration of Anatomy, Physiology, Behavior, and Ecology Ed. by Tony D. Williams. In this absorbing and beautifully illustrated exploration of the natural history of birds, William integrates physiological adaptations with ecology and behavior and provides insights into our complex relationship with birds—from our enduring fascination with them to the threats they face and the challenges of conservation. 368 pages. Princeton. 8½x11¼. Pub. at \$35.00
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Science & Nature for Children



SCIENCE: Curious Questions and Answers By C. de la Bedoyere et al, illus. by P. Reeves et al. Takes a sideways look at all that's wild, wonderful and downright weird about science, including sections on animals, plants, and the human body. Quirky colorful illustrations and playful text reveal amazing answers to curious questions. Ages 5 & up. 140 pages. Miles Kelly. 8¾x11¼. Pub. at \$21.95
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Science & Nature for Children



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★ **THE EVERGLADES: Discover Great National Parks** By Tamra B. Orr. The Florida Everglades is in the most southern part of Florida where the peninsula breaks off into thousands of tiny mangrove islands. The blue heron, alligator, manatee, flamingo, and bobcat all make this place their home. Ages 8-12. Fully illus. in color. 48 pages. Curious Fox. Paperbound. Pub. at \$7.99
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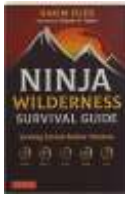
HOWL LIKE A WOLF: Learn about 13 Wild Animals and Explore Their Lives Through Creative Play and Activities By Kathleen Yale, illus. by K. McKean. Learn why your favorite animals do what they do and then transform yourself into one of the pack with creative-play activities and pop-out masks. Ages 4-7. Fully illus. in color. 72 pages. Storey. 8x10. Paperbound. Pub. at \$9.95
\$4.95

Essays on Nature



THE LIVING FOREST: A Visual Journey into the Heart of the Woods By Joan Maloof, photos by R. Llewellyn. Through Maloof's lyrical essays and the arresting photographs of Robert Llewellyn, this stunning volume brings to light some of nature's most remarkable feats: the astonishing science and fascinating interrelationships that make each forest a living, breathing, whole. 260 pages. Timber. 11½x11¼. Pub. at \$40.00
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More Works on Nature



NINJA WILDERNESS SURVIVAL GUIDE: Surviving Extreme Outdoor Situations By Hakim Isler. Presents modern day survival strategies based on the techniques of Japan's ancient ninja. A fundamental understanding of your surroundings can make the difference between life and death. The basis for ninja survival skills come from the Buddhist philosophy of the five elements—earth, water, fire, wind, and void. Well illus., some in color. 256 pages. Tuttle. Paperbound. Pub. at \$7.99
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More Works on Nature



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★ **EDIBLE WILD PLANTS FOR BEGINNERS** Provides profiles of common edible wild plants and includes information on dangerous look-alikes, the best time to harvest, where to find each type of wild plant, and how to cultivate your own garden. From natural remedies to delectable dishes, this work provides more than 95 ways for you to use these newfound ingredients. Illus. in color. 244 pages. Callisto. Paperbound. Pub. at \$15.99
\$11.95



★ **DESERT TREE FINDER: Identifying Trees and Tree-Like Cacti of the Desert Southwest** By M. Theilgaard & T. Watts. Learn to identify trees of the desert and dry desert hills. Simply answer basic questions about a tree's appearance and location. Identify about 70 species of trees and tree-like cacti. Fully illus. some in color. 61 pages. Nature Study Guild. 6x4. Paperbound. Pub. at \$7.95
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Nature Photography



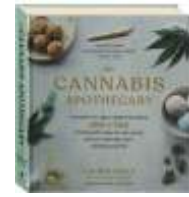
SWISS AND ALPINE ISLANDS By Farhad Vladi. Some of the most beautiful islands worldwide are situated in the Alps. Whether located in Switzerland or in Italy's lake district, each romantic property combines refined atmosphere with all the relaxing glories of nature. Including aerial shots that convey the rare beauty of these island retreats. Text in German, English, French and Italian. 143 pages. teNeues. 10¼x12¾. Pub. at \$12.95
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Exercise & Fitness



★ **EVEN THE STIFFEST PEOPLE CAN DO THE SPLITS** By Eiko. Whether you spend your days running marathons or slouching over a keyboard, you can benefit from stretching and the increased flexibility that comes along with it. With only 5 minutes of stretching a day, you will experience a host of health benefits such as better circulation, fewer joint injuries, improved balance, and more. Well illus. in color. 154 pages. Rodale. Pub. at \$18.99
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Beauty & Skin Care



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THE CANNABIS APOTHECARY By Laurie & Mary Wolf. Guides readers through the modern cannabis landscape, offering recipes for body balms and massage oils as well as birthday cakes and brownies, including interviews with leading marijuana experts. Fully illus. in color. 242 pages. Black Dog & Leventhal. Pub. at \$35.00
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Stress & Pain Management



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★ **THE TREATING ARTHRITIS EXERCISE BOOK** By Christine Horner with M. Hills. Gives stepped and manageable exercises that work to improve fitness and function in anyone experiencing inflammation or pain. 145 pages. Sheldon. Paperbound. Pub. at \$14.99
\$11.95

Complementary & Alternative Medicine



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HEALTHY AT HOME: Get Well and Stay Well Without Prescriptions By Tieraona Low Dog. The author, an expert in natural medicine, collects her favorite remedies and recipes—the ones she has used in her own home for years—and shares them, along with wise, practical advice on when to call the doctor and when to stay put and use your own resources to get healthy at home. 336 pages. National Geographic. Pub. at \$26.00
\$5.95

New Age Spirituality



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THE TRANSFORMATIONAL POWER OF DREAMING: Discovering the Wishes of the Soul By S. Larsen & T. Verner. Examining dream traditions from around the world and throughout history, and considering the approaches of psychology, neuroscience, and shamanism, this mind-expanding work offers techniques to help you turn your dreams into an alchemical cauldron for inspiration, healing, and discovery. Illus. in color. 338 pages. Inner Traditions. Paperbound. Pub. at \$19.95
\$5.95

New Age Spirituality



★ **WAKE, BAKE & MEDITATE: Take Your Spiritual Practice to a Higher Level with Cannabis** By Kerri Connor. A guide to using cannabis to enhance your sense of spirituality. Whether you want to use cannabis to have peak experience, find your bliss, send healing energy into your body, or make contact with the divine, Connor provides easy step by step instructions to show you how. 190 pages.

Llewellyn. Paperbound. Pub. at \$17.99

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Inspiration, Motivation & Self-Discovery

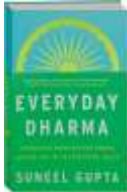


FEEL-GOOD PRODUCTIVITY: How to Do More of What Matters to You By Ali Abdaal. The secret to productivity isn't discipline. It's joy! Learn about hidden "energizers" that underpin enjoyable productivity, "blockers" we must overcome to beat procrastination and "sustainers" that prevent burnout and help us achieve lasting fulfillment. Discover an easier and happier

path to success. 296 pages. Celadon. Pub. at \$29.00

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EVERYDAY DHARMA: 8 Essential Practices for Finding Success and Joy in Everything You Do By Suneel Gupta. Bringing together ancient wisdom and modern science, this work delivers breakthrough habits, actionable tools, and unforgettable stories. Rediscover your calling, follow your wildest dreams, and finally find the fulfillment you've been searching for all along. Cover

includes gold foil stamping. 178 pages. Harper. Pub. at \$27.99

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Healing & the Mind



★ **HOW TO UNDERSTAND AND DEAL WITH DEPRESSION** By Wendy Green. Easy-to-read guide to help you understand and overcome depression, filled with helpful tips and actionable advice. Understand the science behind depression and equip yourself with practical steps to alleviate symptoms. Includes holistic remedies, medical treatments and therapies available to you.

124 pages. The Experiment. Paperbound. Pub. at \$9.95

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Facing Illness & Death



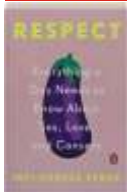
★ **LESSONS FROM THE LIGHT: What Near-Death Experiences Teach Us About Living in the Here and Now** By K. Ring & E.E. Valarino. While providing many remarkable accounts of near-death experiences (NDEs), this is much more than an inspiring collection of NDEs. Includes helpful guidance and practical exercises concerning how readers can make use of this knowledge to live with greater self-insight,

self-compassion and concern for others, as well as be better prepared for death, dying, and bereavement. 330 pages. New Page Books. Paperbound. Pub. at \$18.95

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Sexuality & Sexual Expression



RESPECT: Everything a Guy Needs to Know About Sex, Love, and Consent By Inti Chavez Perez. The first guide to sexual health and relationships built around consent. Perez draws on his vast experience as a sex educator to lay out how to build positive, respectful relationships with friends and partners, and how consent factors in at every stage from introducing yourself to having healthy sex with

others. 206 pages. Penguin. Paperbound. Pub. at \$16.00

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